

Article

# Scutellarin Mitigates Aβ-Induced Neurotoxicity and Improves Behavior Impairments in AD Mice

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**Abstract:** Alzheimer's disease (AD) is pathologically characterized by excessive accumulation of amyloid-beta (A $\beta$ ) within extracellular spaces of the brain. Aggregation of A $\beta$  has been shown to trigger oxidative stress, inflammation, and neurotoxicity resulting in cognitive dysfunction. In this study, we use models of cerebral A $\beta$  amyloidosis to investigate anti-amyloidogenic effects of scutellarin in vitro and in vivo. Our results show that scutellarin, through binding to A $\beta$ 42, efficiently inhibits oligomerization as well as fibril formation and reduces A $\beta$  oligomer-induced neuronal toxicity in cell line SH-SY5Y. After nine months of treatment in APP/PS1 double-transgenic mice, scutellarin significantly improves behavior, reduces soluble and insoluble A $\beta$  levels in the brain and plasma, decreases A $\beta$  plaque associated gliosis and levels of proinflammatory cytokines TNF- $\alpha$  and IL-6, attenuates neuroinflammation, displays anti-amyloidogenic effects, and highlights the beneficial effects of intervention on development or progression of AD-like neuropathology.

Keywords: Alzheimer's disease (AD); scutellarin; Aβ-amyloid neurotoxicity; APP/PS1 transgenic mice

# 1. Introduction

Alzheimer diseases (AD) is the most common kind of neurodegeneration disease in the elderly, characterized by deterioration of cognitive functions, extracellular A $\beta$  deposits and intracellular neurofibrillary tangles, other pathology features include the cholinergic neurons and synaptic degeneration/loss, cerebral amyloid angiopathy (CAA), neuroinflammation, and oxidative damage [1,2].

AD is so chronic and complex disease. To date, there is no current disease-modifying therapy available for the treatment of this disorder. In spite of extensive academic, pharmaceutical, and medicinal research, numerous drug candidates targeting A $\beta$  or  $\beta$ -secretase have failed in clinical trials. This means drugs with single targets have less therapeutic effects or cause side effects when used to prevent or treat AD. Therefore, the new strategy towards development of safe agents with multiple targets, natural polyphenols are likely to comply with these requirements due to the advantages of multi-target effects and fewer side effects.

Flavonoids are the largest group of polyphenols available from dietary fruits and vegetables and have been found to play a neuroprotective role by inhibiting or modifying the self-assembly of the amyloid- $\beta$  (A $\beta$ ) peptide into oligomers and fibrils, which are linked to the pathogenesis of Alzheimer's disease [3]. Scutellarin is a flavonoid found in the traditional Chinese herbal medicine Erigeron breviscapus (vant.), and has been widely used in clinical to treat cardiovascular diseases and



cerebrovascular injury [4]). Recently, scutellarin has been proven to: promote neuroprotective effects by inhibition of microglia inflammatory activation [5], attenuate the neurotoxicity of A $\beta$  and protects against A $\beta$ -induced learning and memory deficits in rats [6], exert potential neuroprotective effects on AD. However, up until now the long term multiple antiamyloidogenic and fibril-destabilizing effects have not been studied. In this research, we report that scutellarin efficiently inhibits oligomerization and fibril formation through binding to A $\beta$ 42. In the meantime, scutellarin mitigates amyloid pathology and related cognitive deficits after nine months of treatment in APP/PS1 transgenic mice. This research reveals scutellarin is a potential multi-targeting agent against AD.

#### 2. Materials and Methods

# 2.1. AB Disaggregation Assay

# 2.1.1. Aβ Preparation

Synthetic A $\beta$ 42 peptide corresponding to the human sequence was purchased from Tocris Bioscience, which was dissolved in HFIP at a concentration of 1 mg/mL and was separated into aliquots in sterile Eppendorf Tube (100 µg/tube), followed by incubation at room temperature for 24 h in the fume hood to form clear peptide film, the resulting peptide films were dried under vacuum overnight and stored at -20 °C before assaying [7].

# 2.1.2. Thioflavin T Fluorescence Assay

Thioflavin T (Th. T) dye fluorescence is used regularly to quantify the formation and inhibition of amyloid fibrils in the presence of anti-amyloidogenic compounds such as polyphenols [8]. To investigate the disaggregation effect of scutellarin on preformed A $\beta$  fibril, 100 µg A $\beta$ 42 oligomer was pre-incubated in DMEM at 37 °C for 10 days to form A $\beta$  fibril. Following incubation, A $\beta$  alone, or in the presence of the concentration gradient of scutellarin (purity > 98.5%, Yunnan Plant Pharmaceutical, Yunnan, China, Figure 1) for an additional three days at 37 °C, 5 µM Thioflavin T solution was added to the samples. Emission spectra were recorded at 482 nm upon excitation at 450 nm (SpectraMax M2, Molecular Devices). Measurement was repeated three times.



Figure 1. Molecular structure of scutellarin.

#### 2.1.3. Electron Microscopy (EM) Assay

In brief, copper grids were preplaced on the bottom of wells in a 24-well plate where 100  $\mu$ g A $\beta$ 42 monomer were incubated with or without scutellarin at a concentration gradient for seven days at 37 °C. Following, a drop of the solution was placed on a 150 mesh Formvar coated grid for 30 s. After drying, the grid was stained with 2% (wt/vol) aqueous phosphotungstic acid for 20 min. The observations were performed on a Hitachi7650 TEM equipped with MegaView 3 Digital Camera (Hitachi, Tokyo, Japan).

#### 2.2. SH-SY5Y Cell Culture and Viability Assay

The SH-SY5Y cell line was obtained from BeNa Culture Collection (Shanghai, China). Cells were plated in 96-well plates containing complete medium and cultured for 24 h at 37 °C and then, the cells were treated with 1  $\mu$ M A $\beta$ 42, Scutellarin (2.5, 5, or 10  $\mu$ M) or 1  $\mu$ M A $\beta$ 42 with Scutellarin (2.5, 5, or 10  $\mu$ M) for another 24 h, followed by incubation with MTT (0.5 mg/mL) for 4 h and 10% SDS solution for another 15 min at 37 °C. The absorbance was measured at 560 nm with a microplate reader (Spectra Max M2, Molecular Devices, San Jose, CA, USA).

# 2.3. Animals

APP/PS1 transgenic mice and age-matching non-transgenic (WT) mice were purchased from Nanjing Biomedical Research Institute of Nanjing University and were bred in the Kunming Medical University animal house. Five or six mice were housed in each cage with free access to standard food and water and were maintained under standard laboratory conditions. The APP/PS1 transgenic mice were constructed on a C57BL/6 background and bear a chimeric mouse/human (Mo/Hu) APP695 with mutations linked to familial AD (KM 593/594 NL) and human PS1 carrying the exon-9-deleted variant associated with familial AD (PS1dE9) in one locus under control of a brain- and neuron-specific murine Thy-1 promoter element [9]. Genotypes of the offspring were determined by PCR analysis of tail DNA.

#### 2.4. Diet Treatment

A total of 24 transgenic mice and 12 wild type littermates (C57BL/6 mice, half male and half female) were used: the transgenic mice were randomly divided into Scutellarin Tg group (N = 12, half males and half females), control Tg group (N = 12, half males and half females) and wild-type mice group (N = 12, half males and half females). The scutellarin (Tg) group were treated with scutellarin mixed food (50 mg/kg) [10]. Control (Tg) and wild-type mice group were fed with standard commercial food (Beijing KeaoXieli Feed Company, Beijing, China). Beginning at three months of age, the mice consumed both diets ad libitum for nine months. This study was carried out in strict compliance with the Guidelines for the Animal Care and Use of China. The protocols were approved by the Animal Ethics Committee of Kunming Medical University.

#### 2.5. Behavioral Procedures

The effect of scutellarin treatment on spatial learning and memory was assessed by Morris water maze (MWM) testing at the age of 12 months, a circular plastic pool (height 40 cm, diameter 120 cm) was filled with water (plus white dye) maintained at  $22 \pm 1$  °C. An escape platform (11 cm in diameter) 1 cm below the water surface was used. The acquisition task consisted of six consecutive days of testing with four trials per day. In each trial, the animal was put into the water at one of four starting positions of non-platform quadrants respectively, and was given 60 s to find the hidden platform. If a mouse failed to find the platform within 60 s, the training was terminated, a maximum score of 60 s was assigned, and the mouse was manually guided to the hidden platform. The escape latency, path length and swim speed were recorded semi-automatically by a video tracking system (Stoelting Co., Wood Dale, IL, USA) and analyzed by image analyzing software. On the sixth day, a probe trial was performed, and mice were placed and released opposite the site where the platform had been located, the time spent in each quadrant and target annulus crossings were recorded [11].

#### 2.6. AD Type Pathology and Bioanalysis

#### 2.6.1. Tissue Processing

The mice were executed after behavioral test, the mice were deeply anesthetized, the blood was collected from the retro orbital sinus and was centrifuged immediately at  $1300 \times g$  for 8 min, the supernatant from these samples was collected for future biochemical detection.

The brain was perfused intracardially with chilled 0.1 M phosphate buffered saline (PBS) through the heart using a syringe and was quickly removed and placed on an ice-cold glass dish and bisected sagittally. The left-hemisphere were routinely fixed in 4% paraformaldehyde (pH 7.4) for 24 h and incubated in 30% sucrose at 4 °C for 36 h, the coronal sections were cut on a frozen microtome in 35  $\mu$ m thick sections for staining. The right hemisphere was rapidly frozen in liquid nitrogen and kept at -80 °C until analysis.

#### 2.6.2. Histological Staining and Imagine Analysis

The basic immunohistochemical staining was carried out following IHC kit instruction (Slide Kit Chemical international, Inc., Millipore, Burlington, MA, USA). Five sections each 210  $\mu$ m apart starting from septal hippocampus were randomly selected and stained with A $\beta$  protein deposits (Biotin-conjugated mouse anti-A $\beta$  antibody (6E10, Serotec, Oxfordshire, UK), activated microglia (rat monoclonal anti-CD45 Chemicon, Temecula, CA, USA), and astrocyte (rabbit poly-clonal anti-glial fibrillary acidic protein, Dako, Glostrup, Denmark)). Pretreatments were: incubation in a 3% H<sub>2</sub>O<sub>2</sub> solution in distilled water for 20 min to block endogenous peroxidase; incubation in 70% formic acid for 15 min for antigen retrieval, sections were incubated with the primary antibodies overnight at +4 °C, followed by incubation with biotinylated secondary antibodies and visualization using the diaminobenzidine as chromogen. The reaction was stopped with phosphate buffer and sections were then mounted, cleared in xylene, and cover slipped with neutralized resin.

The region of neocortex and hippocampus manually was selected for analysis A $\beta$ , microgliosis and astrocytosis burden. Stained specimens were analyzed with Olympus BX-51 microscope equipped with an Olympus DP-73 camera (Olympus, Tokyo, Japan). Images were collected at 4× magnification. Measurements were performed for a percentage of the area covered by the DAB staining.

#### 2.6.3. ELISA Assay for Soluble and Insoluble $A\beta$

The levels of soluble and insoluble  $A\beta$  in the brain of APP/PS1 mice were quantified according to the procedures previously described [12]. Frozen brain was homogenized and sonicated in water containing 2% sodium dodecyl sulphate (SDS) and protease inhibitors (Roche, Basel, Switzerland). Homogenates were centrifuged at  $100,000 \times g$  for 1 h at 4 °C, the resultant supernatant was collected, representing the TBS-soluble fraction (A $\beta$ -TBS). The resultant pellet was suspended and sonicated in water containing 2% sodium dodecyl sulfate (SDS) and centrifuged at  $100,000 \times g$  for 1 h at 4 °C, the resultant supernatant was collected, representing the SDS-soluble fraction (A $\beta$ -SDS). The resultant pellet was extracted with 70% formic acid (FA) and the supernatant was collected, representing the SDS-insoluble fraction (A $\beta$ -FA). Before ELISA assay, formic acid extracts were neutralized by 1:20 dilution into 1 M Trisphosphate buffer, pH 11, and then diluted in sample buffer. Then, ELISA kits were used to determine A $\beta$ 40 and A $\beta$ 42 levels in the brain and serum samples (Millipore, Burlington, MA, USA). The concentration of A $\beta$  was expressed as picograms per milliliter (pg/mL). The concentration values of the samples fell within the linear section of the standard curve.

#### 2.6.4. Quantification of Inflammatory Cytokines in the Mouse Plasma by ELISA

Plasma cytokine levels were measured using commercial assay kits according to the manufacturer's directions (Thermo Scientific, Waltham, MA, USA). The concentration of inflammatory cytokines was presented as pg/mL.

#### 2.7. Statistical Analysis

Results for experimental groups are presented as the mean  $\pm$  SEM. In cases of equal variance, statistical differences were determined using one-way analysis of variance (ANOVA) followed by post-hoc (Tukey's) tests for comparisons between groups. If homogeneity of variances was rejected, the ANOVA followed with the Dunnett's test. The threshold for statistical significance was set to p < 0.05. All statistical analyses were performed using the SPSS 20.0 software (IBM, Chicago, IL, USA)

# 3. Results

# 3.1. Protective Effect of Scutellarin on the Cytotoxicity of $A\beta 42$

Some research conclusions indicate that scutellarin is an effective compound for the prevention of AD-like neuropathology. Here, we used MTT assay to test if scutellarin can reduce cytotoxicity induced by A $\beta$ 42 in human neuroblastoma cell line (SH-SY5Y). Our results indicated the A $\beta$ -neurotoxicity in the presence of scutellarin tended to be lower than A $\beta$  in the absence of the drug, scutellarin at 10 uM exhibited significant protective effect against A $\beta$ -induced cytotoxicity (p < 0.05, Figure 2). Furthermore, cell viability did not decrease after exposure to different concentrations Scutellarin (2.5, 5, 10 uM), which suggests a good safety profile (Figure 2A).



**Figure 2.** Scutellarin alleviates the toxic effect of A $\beta$ 42 in SH-SY5Y cells. MTT assay of cell viability of SH-SY5Y cells treated with (**A**) various doses of Scutellarin for 24 h or (**B**) 1  $\mu$ M A $\beta$ 42 with various doses of Scutellarin (F = 129.553, *p* < 0.01, \* *p* < 0.05, \*\* *p* < 0.01).

## 3.2. Effects of the Scutellarin On Aβ42 Oligomerization and Fibrillation

Thioflavin T (Th. T) dye fluorescence is used regularly to quantify the formation and inhibition of amyloid fibrils in the presence of anti-amyloidogenic compounds such as polyphenols [8]. Here, we used this dyeing method to detect whether scutellarin promotes the disaggregation of preformed A $\beta$  fibrils. We have found that when scutellarin was incubated with preformed A $\beta$ 42 fibrils, the fluorescence intensity of preformed A $\beta$ 42 fibrils was dose-dependently reduced (F = 157.16, *p* < 0.05, Figure 3E). Moreover, transmission electron microscopy (TEM) assays visually confirmed that scutellarin promotes amyloid fibril conversion by reducing the pre-fibrillar/oligomeric species of A $\beta$ , resulting in a reduced neurotoxicity induced by A $\beta$  (Figure 3A–D).



**Figure 3.** EM images and quantitative analyses A $\beta$  formation in the presence or absence of scutellarin. (**A**,**B**) A $\beta$ 42 was incubated alone at 37 °C. The red arrows in (**A**) indicate the oligomers. The red arrows in (**B**) indicate the prefibrillars; (**C**,**D**) Scutellarin was incubated with A $\beta$ 42 aggregates (1:5) at 37 °C for an additional 3 d. Scutellarin promoted conversion of A $\beta$ 42 to amyloid fibrils (**C**) and disturbed fibril structure and induced the formation of scutellarin-bound amorphous aggregates (**D**). The arrows in (**C**) indicate the fibrils and the arrows in (**D**) indicate amorphous aggregates. Scale bar, 500 nm. (**E**) Th. T fluorescence assays for effect of Scutellarin disaggregation of preformed A $\beta$  fibrils (*n* = 3 per assay, \* *p* < 0.05).

#### 3.3. Scutellarin Improves Behavioral Impairment after Nine Months of Treatment

Morris water maze is a widely used tool to assess the spatial learning and memory capacities. After nine months of treatment, we evaluated the preventive effects of scutellarin on cognitive deficits in APP/PS1 mice. The results of the behavioral performance are shown in Figure 4. Overall, a time-dependent acquisition of platform location was observed in all groups, as evident in the reduced latency to find the platform with each successive training day in all groups (ANOVA F = 7.518, p < 0.05; Figure 4A). In addition, a significant effect of the treatment group was observed (p < 0.05). The scutellarin-treated APP/PS1 mice showed significantly shorter latencies than Tg control mice on day 2 (p < 0.05) and day 5 of training (p < 0.05, Figure 4B). Treatment with scutellarin at 50 mg/kg significantly reduced the latency to find platform (ANOVA F = 6.860, p < 0.05, Figure 4D). The effect could not be attributed to a change in swim speed because all APP/PS1 mice swam slower than the wt control group during the probe trial regardless of treatment (Dunnett's post hoc APP/PS1 vs. wt: p < 0.05; Figure 4C)



**Figure 4.** Scutellarin improves behavioral performances of APP/PS1 mice on spatial memory measures in MWM. (**A**) No significant differences are observed in path length among the groups (\* p > 0.05); (**B**) Significant differences in escape latency among the groups (ANOVA with Bonferroni post hoc \* p < 0.05); (**C**) WT control group swam significantly faster than other two groups (ANOVA with Dunnett's post hoc: \* p < 0.05); (**D**) Scutellarin reduced the latency to find platform in the probe test (ANOVA with Bonferroni post hoc \* p < 0.05 vs. APP/PS1 control mice, p \* > 0.05 vs. WT control mice).

#### 3.4. Scutellarin Reduces AB Burden in APP/PS1 Mice

In order to study the histopathological changes after the treatment, the A $\beta$  plaques in the brain were stained with immunohistochemical (IHC) staining (biotin conjugated mouse anti-A $\beta$  antibody 6E10, Serotec, USA). The statistical results show APP/PS1 mice treated with scutellarin significantly decreased 63% A $\beta$  deposits in the brain compared to the Tg Control group (ANOVA F = 12.105, p < 0.001) (Figure 5).



**Figure 5.** Cutellarin reduced A $\beta$  burden in the scutellarin treated APP/PS1 mice. (**A**–**D**) A $\beta$  plaques in cortex and hippocampus of control transgenic mice; (**B**–**E**) APP/PS1 transgenic mice treated with scutellarin diet; (**C**) Comparison of A $\beta$  plaque area fraction in neocortex and hippocampus between groups. \* *p* < 0.05 versus APP/PS1 control mice. Scale bar = 0.5 mm. Original magnification, 4×.

Following, the levels of soluble and insoluble A $\beta$ 1-40 and A $\beta$ 1-42 in the brain homogeneates were measured by ELISA kit. Figure 6B, C show scutellarin treatment group separately reduced soluble A $\beta$ 42 and insoluble A $\beta$ 42 66% and 56% (p < 0.05), reduced the levels of soluble A $\beta$ 40 37% and insoluble A $\beta$ 40 36% when comparing with untreated Tg mice (p < 0.05). ELISA assay also showed that the scutellarin treatment group had significantly decreased levels of total A $\beta$  52.2% and 53% in the brain homogenates and in the serum separately (p < 0.05, Figure 6A,D). These results indicate that scutellarin is effective at reducing both cerebral parenchymal deposition of the A $\beta$  peptide levels in the brain and the plasma, possesses the ability clearance of A $\beta$  from brain to periphery.

#### 3.5. Scutellarin Decreases Reactive Gliosis and Proinflammatory Cytokines in APP/PS1mice

Activated astrocytes and microglia facilitate A $\beta$  clearance, but also mediate inflammation via cytokine production proinflammatory cytokines and immunostimulatory molecules [13]. Immunohistochemical staining for the microgliasis and astrogliosis in neocortical and hippocampal regions revealed that scutellarin treated group (Tg) had a significant lower level of microgliosis 76% and astrocytesis 66% compared to control Tg group (Figures 7 and 8). In addition, plasma levels of proinflammatory cytokines TNF- $\alpha$  and IL-6 were significantly decreased 42% and 64% separately when compared with control Tg group mice, but concentrations of IL-1 $\beta$  and IFN- $\gamma$  from plasma of

scutellarin treated Tg mice did not show significant differences compared to the control Tg group (ANOVA, IL- $\beta$ , F = 1.407, *p* > 0.05, IFN- $\gamma$ , F = 0.297, *p* > 0.05, Figure 9).



**Figure 6.** Effects of scutellarin consumption on A $\beta$  levels in the brain of APP/PS1 transgenic mice. (**A**) A $\beta$  peptide concentration in the brain and serum of each animal; (**B**) Comparison of total A $\beta$ 40, A $\beta$ 40-SDS, and A $\beta$ 40-FA; (**C**) Comparison of total A $\beta$ 42, A $\beta$ 42-SDS, and A $\beta$ 42-FA; (**D**) Comparison of total A $\beta$ , A $\beta$ 40, and A $\beta$ 42 in serum, and denote \* *p* < 0.05 versus APP/PS1control mice.



**Figure 7.** Scutellarin decreases microgliosis in the brain. (A) Microgliosis in neocortex of APP/PS1 control mice; (B) Scutellarin treated APP/PS1 transgenic mice; (C) Wild-type control mice; (D) Comparison of CD45 area fraction in neocortex and hippocampus among groups. Scutellarin significantly decreased the number of microgliosis in the brain of treated mice. \* p < 0.05 versus APP/PS1 transgenic mice. Scalebar = 0.5 mm. Original magnification,  $4 \times$ .



**Figure 8.** Scutellarin decreases astrogliosis in the brain. (A) Astrogliosis in neocortex of APP/PS1 control mice; (**B**) Scutellarin treated APP/PS1 transgenic mice; (**C**) Wild-type control mice; (**D**) Comparison of GFAP area fraction in neocortex and hippocampus among groups. Scutellarin significant decreased the number of astrogliosis in the brain of scutellarin treated mice. \* p < 0.05 versus APP/PS1 transgenic mice. Scale bar = 0.5 mm. Original magnification, 4×.



**Figure 9.** Effects of scutellarin on plasma levels of TNF- $\alpha$ , IL-1 $\beta$ , IL-6, and IFN- $\gamma$ . Plasma levels of TNF- $\alpha$  and IL-6 were significantly decreased in the scutellarin treated APP/PS1 mice, \* *p* < 0.05 versus APP/PS1 control mice. No significant differences are observed in plasma levels of IL-1 $\beta$  and IFN- $\gamma$  among the groups, *p* > 0.05 versus APP/PS1 control mice.

## 4. Discussion

A $\beta$  is believed to play a critical role in the AD pathology process. A $\beta$  peptides subsequently aggregate from monomers to oligomers, protofibrils, and fibrils, inducing cognitive deficits and a series of the deleterious cascades that exacerbate neuronal injury [14], which consequently means they have been considered as a primary toxic species in AD [15]. Therefore, developing multi-target drugs to antagonize the aggregation of various amyloid proteins and interfere with the pathological process becomes an attractive therapeutic strategy.

Here, we used a series of techniques to investigate anti-amyloidogenic effects of scutellarin on AD pathology. In vitro, we determined the effects of scutellarin on the destabilization of A $\beta$ fibrils by thioflavin T fluorescence spectroscopy and electron microscopy. Our results present that scutellarin dependently destabilized preformed A $\beta$ ; altered the A $\beta$  aggregation pathway to yield non-toxic, unstructured A $\beta$  aggregates; and displayed anti-aggregation effects on A $\beta$ . In the cell culture experiment, cell growth was remarkably inhibited by A $\beta$  oligomers treatment. However, scutellarin reduced the A $\beta$ -induced cytotoxicity and exerted a neuroprotective effect in the SH-SY5Y cell culture model.

Through an in vivo study, the neuroprotective effects of a scutellarin diet have been tested in APP/PS1 transgenic mouse model. Our data showed that scutellarin significantly improved behavioral impairment, decreased A $\beta$  levels in the brain and the serum, exhibited strong cleaning capacity in the Tg mice brain and the periphery, and did not cause side effects.

Brain inflammation is one of the hallmarks of AD and originates in the central nervous system. Microglia and astrocytes are arguably the major sources of cytokines in AD. A $\beta$  complexes interact with microglial and astrocytic expressed pattern recognition receptors that initiate innate immunity [16]. This process leads to the production of toxic and inflammatory mediators such as hydrogen peroxide, nitric oxide, and cytokines—including interleukin (IL)-1 $\beta$ , IL-6, TNF-a, and IFN- $\gamma$  etc.—that can recruit further microglia and astrocytes to the inflammatory site [17]. The passage of cytokines through the blood–brain barrier allows for the ability to peripherally measure them. In the present study, we found scutellarin reduced neuroinflammation including A $\beta$  plaque-associated microgliosis and activated astrocytes, cytokines levels of TNF- $\alpha$  and IL-6, and exerted anti-inflammatory properties through downregulation of pro-inflammatory cytokine expression, thereby contributing to improved cognition and decreased A $\beta$  concentrations.

Obviously, these beneficial effects can be attributed to its structure of phenol, which enables it to penetrate the blood-brain barrier and helps to re-establish the redox regulation of proteins, transcription factors, and signaling cascade; successfully protects neuronal cells from oxidative damage; and potentially alleviates neuroinflammation of AD [18,19]. In addition, the interaction of scutellarin with A $\beta$  induces conformational and structural changes in A $\beta$  oligomers, disrupts hydrophobic and  $\pi$ - $\pi$  interactions of A $\beta$  peptides and prevents A $\beta$  aggregation and toxicity. In turn, the Aß oligomer-scutellarin interaction results in delayed fibril formation, reduces amyloid plaque load, and attenuates behavior deficits in APP/PS1 mice. A published paper has discussed the molecular mechanism of scutellarin prevention of AD pathology [20]. Yuan et al. suggest that scutellarin regulates the activation of microglia via the Notch pathway and concurrently induces morphological and functional changes in activated microglia [21]. Xu et al. propose that scutellarin can effectively upregulate the synthesis and release of NGF, glial cell line-derived neurotrophic factor (GDNF), and brain-derived neurotrophic factor (BDNF) [22]. Chai et al. put forward that scutellarin can induce the expression of neurotrophin messenger RNAs and proteins through cyclic adenosine monophosphate response, element-binding protein (P-CREB), and p-Akt signaling and inhibit NO production in early stages of neuronal damage [23]. These conclusions indicate that scutellarin can slow down the progression of AD-like neuropathology via anti-inflammation, anti-oxidation, anti-amyloidogenic properties, consistent with ferulic acid and fisetin which have shown effects on improving behavioral impairment and Alzheimer-like pathology in transgenic mice [24,25]. Although scutellarin exerts multiple beneficial functions in mouse models of AD, the key question remains unanswered: can scutellarin's beneficial actions on animal models be translated to the human condition? In addition, due to its poor solubility and weak oral absorption, the clinical use of scutellarin is limited [26]. In further research, we need to identify bioactive metabolites and dissect their targets in AD modification.

# 5. Conclusions

In conclusion, our studies have proven that scutellarin alleviates Alzheimer's-like pathology and cognitive decline by reducing A $\beta$  levels in the brain and plasma, decreasing A $\beta$  plaque associated gliosis and levels of proinflammatory cytokines TNF- $\alpha$  and IL-6, and attenuating neuroinflammation. Our results suggest that scutellarin has potential for use as a therapeutic candidate for AD.

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Sample Availability: Samples of the compounds are available from the authors.



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