

Community-Acquired *Legionella pneumophila* Pneumonia

A Single-Center Experience With 214 Hospitalized Sporadic Cases Over 15 Years

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Abstract: *Legionella pneumophila* has been increasingly recognized as a cause of community-acquired pneumonia (CAP) and an important public health problem worldwide. We conducted the present study to assess trends in epidemiology, diagnosis, clinical features, treatment, and outcomes of sporadic community-acquired *L. pneumophila* pneumonia requiring hospitalization at a university hospital over a 15-year period (1995–2010). Among 3934 nonimmunosuppressed hospitalized patients with CAP, 214 (5.4%) had *L. pneumophila* pneumonia (16 cases were categorized as travel-associated pneumonia, and 21 were part of small clusters). Since the introduction of the urinary antigen test, the diagnosis of *L. pneumophila* using this method remained stable over the years ($p = 0.42$); however, diagnosis by means of seroconversion and culture decreased ($p < 0.001$ and $p = 0.001$, respectively).

The median age of patients with *L. pneumophila* pneumonia was 58.2 years (SD 13.8), and 76.4% were male. At least 1 comorbid condition was present in 119 (55.6%) patients with *L. pneumophila* pneumonia, mainly chronic heart disease, diabetes mellitus, and chronic pulmonary disease. The frequency of older patients (aged >65 yr) and comorbidities among patients with *L. pneumophila* pneumonia increased over the years ($p = 0.06$ and $p = 0.02$, respectively). In addition, 100 (46.9%) patients were classified into high-risk classes according to the Pneumonia Severity Index (groups IV–V). Twenty-four (11.2%) patients with *L. pneumophila* pneumonia received inappropriate empirical antibiotic therapy at hospital admission. Compared with patients who received appropriate empirical antibiotic, patients who received inappropriate therapy more frequently had acute onset of illness ($p = 0.004$), pleuritic chest pain ($p = 0.03$), and pleural effusion ($p = 0.05$). The number of patients who received macrolides decreased over the study period ($p < 0.001$), whereas the number of patients who received levofloxacin increased ($p < 0.001$). No significant difference was found in the outcomes between patients who received erythromycin and clarithromycin. However, compared with macrolide use during

hospital admission, levofloxacin therapy was associated with a trend toward a shorter time to reach clinical stability (median, 3 vs. 5 d; $p = 0.09$) and a shorter length of hospital stay (median, 7 vs. 10 d; $p < 0.001$).

Regarding outcomes, 38 (17.8%) patients required intensive care unit (ICU) admission, and the inhospital case-fatality rate was 6.1% (13 of 214 patients). The frequency of ICU admission ($p = 0.34$) and the need for mechanical ventilation ($p = 0.57$) remained stable over the study period, but the inhospital case-fatality rate decreased ($p = 0.04$). In the logistic regression analysis, independent factors associated with severe disease (ICU admission and death) were current/former smoker (odds ratio [OR], 2.96; 95% confidence interval [CI], 1.01–8.62), macrolide use (OR, 2.40; 95% CI, 1.03–5.56), initial inappropriate therapy (OR, 2.97; 95% CI, 1.01–8.74), and high-risk Pneumonia Severity Index classes (OR, 9.1; 95% CI, 3.52–23.4).

In conclusion, *L. pneumophila* is a relatively frequent causative pathogen among hospitalized patients with CAP and is associated with high morbidity. The annual number of *L. pneumophila* cases remained stable over the study period. In recent years, there have been significant changes in diagnosis and treatment, and the inhospital case-fatality rate of *L. pneumophila* pneumonia has decreased.

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Abbreviations: AUC = area under curve, CAP = community-acquired pneumonia, CI = confidence interval, EWGLI = European Working Group for *Legionella* Infections, ICU = intensive care unit, IQR = interquartile range, IV = intravenous, OR = odds ratio, PSI = Pneumonia Severity Index, PCR = polymerase chain reaction, ROC = receiver operating characteristic, SD = standard deviation.

INTRODUCTION

Legionella species cause 2 clinical syndromes, known as Legionnaires disease and Pontiac fever. Legionnaires disease is an acute, serious, and sometimes lethal pneumonia, whereas Pontiac fever is generally a self-limited, nonpneumonic, influenza-like condition. Since the original description of Legionnaires disease in 1977, *Legionella pneumophila* has been increasingly recognized as a cause of sporadic and epidemic community-acquired pneumonia (CAP) in all age groups and in both healthy and immunosuppressed hosts.^{4,6,16,22–24} *L. pneumophila* is particularly frequent among patients with CAP who require admission to an intensive care unit (ICU).^{31,37} Therefore, *L. pneumophila* continues to be an important public health problem worldwide.

Prospective studies have reported major differences in the frequencies of *L. pneumophila* causing CAP. These differences may be due to variances in the locations studied, the specific patient populations included, and the extent and nature of the microbiologic techniques used. Similarly, seasonal variations in the incidence of Legionnaires disease have been

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described.^{1,23,25,36} In addition, in recent years, new diagnostic tests (urinary antigen test and polymerase chain reaction) and antibiotic therapies (third-generation fluoroquinolones and newer macrolides) for *Legionella* pneumonia have become available. Although their use may have had an impact on identifying cases and on case-fatality rates, comprehensive clinical studies analyzing the issue are scarce. Most data regarding trends in Legionnaires disease are from passive surveillance systems.^{1,23} Therefore, new information is required for a better understanding of the disease burden.

We conducted the present study to assess trends in epidemiology, diagnosis, clinical features, treatment, and outcomes of sporadic community-acquired *L. pneumophila* pneumonia cases in a large prospective cohort of nonimmunosuppressed patients requiring hospitalization at a university hospital over a 15-year period (1995–2010).

PATIENTS AND METHODS

Setting, Patients, and Study Design

This observational study was conducted at an 800-bed tertiary teaching hospital for adults in Barcelona, Spain. The hospital serves an urban area of 900,000 inhabitants. Non-immunosuppressed patients admitted to the hospital with CAP from February 13, 1995, through December 31, 2010, were prospectively recruited and followed. Patients with CAP were identified at the emergency department by the attending physicians and/or the study investigators. Clinical and laboratory data on all patients were prospectively recorded using a computer-assisted protocol. Patients with neutropenia, solid organ transplantation, chemotherapy, acquired immunodeficiency syndrome (AIDS) or current corticosteroid therapy (≥ 20 mg prednisone/d or equivalent) at admission were excluded. This observational study was approved by the institutional review board, and all patients included gave informed consent.

For the purposes of the study, we analyzed data from confirmed cases of sporadic community-acquired *L. pneumophila* pneumonia, diagnosed with 1 or more of the following methods: urine antigen test, isolation of *Legionella* in sputum, transthoracic needle aspiration specimen, or pleural fluid, and/or a fourfold increase in the antibody titer in serologic methods. Cases of community-acquired *L. pneumophila* pneumonia were defined as travel associated if the patient had stayed at or visited an accommodation site during the disease incubation period (15 d before symptom onset), in accordance with the criteria of the European Legionnaires Disease Surveillance Network.

Clinical Assessment, Antibiotic Therapy, and Follow-Up

Patients were seen daily during their hospital stay by 1 or more of the investigators. Data were collected on epidemiology, demographic characteristics, comorbidities, causative organisms, antibiotic susceptibilities, biochemical analysis, empirical antibiotic therapy, and outcomes, including mortality. A long-term follow-up visit took place 1 month after discharge. To stratify patients according to risk, we used the Pneumonia Severity Index (PSI).¹¹ Clinical stability was considered as described elsewhere.¹⁵

Antibiotic therapy was initiated in the emergency department in accordance with the hospital guidelines, which recommended the administration of a β -lactam (either ceftriaxone sodium 1 g IV once/d or amoxicillin/clavulanate potassium 1 g IV 3 times/d) with or without a macrolide; from 1998 onward, levofloxacin (500 mg IV once/d) was also allowed. Combination therapy was recommended for patients with clinical suspicion of a *Legionella*

species or an atypical pathogen, or in the absence of a demonstrative finding on sputum Gram stain results. Patients with a urine antigen test result positive for *Legionella* at admission were treated with macrolide (with or without rifampin, at the discretion of the physician) or levofloxacin (500 mg IV once/d). Patients initially treated with other antibiotics were switched to appropriate therapy. Combined amoxicillin/clavulanate was recommended for patients with clinical suspicion of aspiration pneumonia in order to provide adequate antianaerobic coverage, as described elsewhere.²⁰

Definitions

Pneumonia was defined as an acute illness associated with 1 or more of the following signs and symptoms: new cough with or without sputum production, pleuritic chest pain, dyspnea, fever or hypothermia, altered breath sounds on auscultation, leukocytosis, plus the presence of a new infiltrate on a chest radiograph. Pneumococcal pneumonia was diagnosed in patients with 1 or more cultures positive for *Streptococcus pneumoniae* obtained from blood, normally sterile fluids, or sputum, and/or positive urinary antigen test detection. Only good quality samples of sputum (<10 squamous epithelial cells and >25 leukocytes per field) were accepted for processing.

Tobacco smoking was recorded when a patient had smoked more than 10 cigarettes per day for at least 1 year. Alcohol abuse was considered if alcohol intake was more than 3 standard drinks per day. Vaccinated patients included all individuals who had received pneumococcal vaccine in the previous 5 years or influenza vaccine in the previous year. The diagnosis of septic shock was based on a systolic blood pressure of less than 90 mm Hg and peripheral hypoperfusion with the need for vasopressors.³ Empirical antibiotic therapy was defined as antibiotics received on the first day of therapy for pneumonia. Initial inappropriate therapy was defined as the absence of antimicrobial agents directed at a specific type of organism or administration of an antibiotic to which the organism was resistant, according to susceptibility test criteria for lower respiratory tract pathogens. Initial inappropriate therapy was considered in patients with *Legionella* pneumonia who did not receive macrolides, levofloxacin, or tetracyclines at hospital admission. Patients with aspiration pneumonia who had not received anaerobic coverage (that is, amoxicillin-clavulanate) were considered to have received inappropriate empirical antibiotic therapy.

Complications were defined as any untoward circumstances occurring during hospitalization. The composite outcome of ICU admission or death was used to evaluate severe disease. In-hospital case-fatality rate was defined as death from any cause during hospitalization.

Microbiologic Studies and Etiologic Diagnosis

Pathogens in blood, normally sterile fluids, sputum, and other samples were investigated using standard microbiologic procedures. Isolation of *Legionella* species was attempted in sputum samples and other samples by the selective medium buffered charcoal yeast extract- α . *L. pneumophila* serogroup 1 antigen in urine was detected by an immunochromatographic method (NOW *Legionella* Urinary Antigen Test; Binax Inc., Portland, ME) or enzyme-linked immunosorbent assay (ELISA-Bartels, Bartels, Trinity Biotech, Wicklow, Ireland). The *S. pneumoniae* antigen in urine was detected by a rapid immunochromatographic assay (NOW Assay, Binax Inc.). Standard serologic methods were used to determine antibodies against atypical agents. Enzyme immunoassay was used to detect antibodies against *L. pneumophila* serogroups 1–6. Microbiologic studies

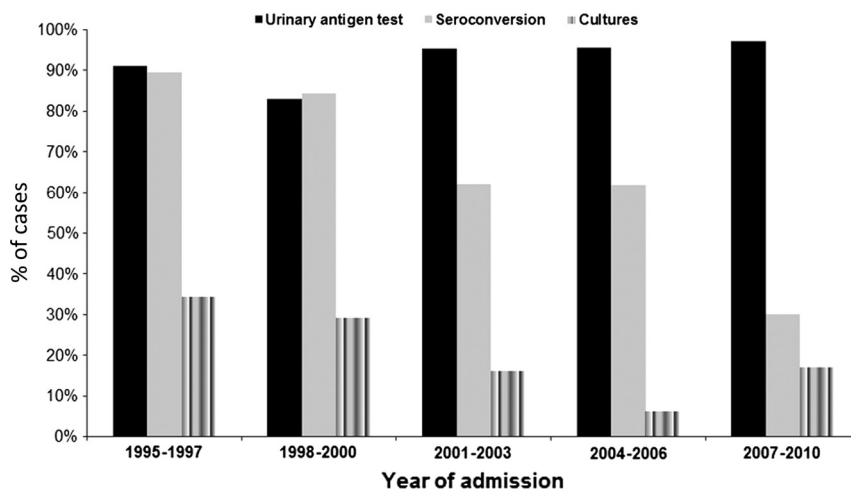


FIGURE 1. Tests used to diagnose community-acquired *L. pneumophila* pneumonia over the study period.

were performed at the discretion of the physicians. Antimicrobial susceptibility was tested by the microdilution method, following methods and criteria of the Clinical and Laboratory Standards Institute.

Statistical Analysis

We used the chi-square test for trend analysis to account for multiple comparisons to determine whether the slope of the trend line differed from 0. To detect significant differences between

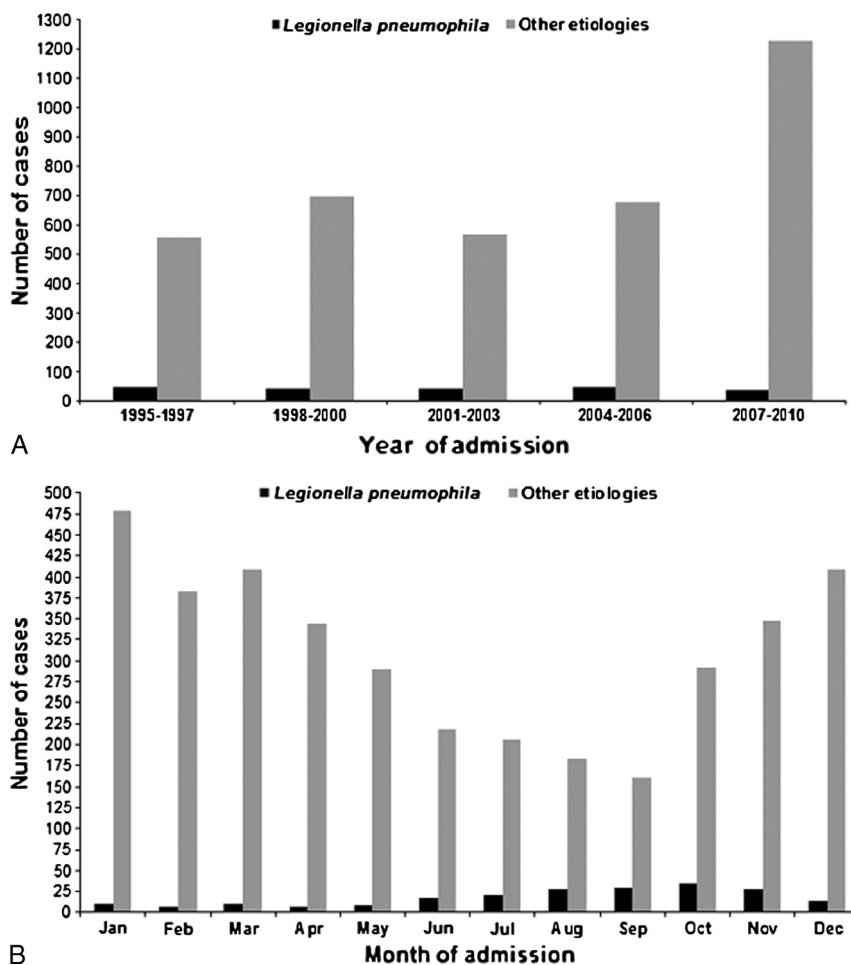


FIGURE 2. Number of community-acquired *L. pneumophila* pneumonia cases by year (A) and by month (B) over the study period, in relation to number of CAP cases from other etiologies.

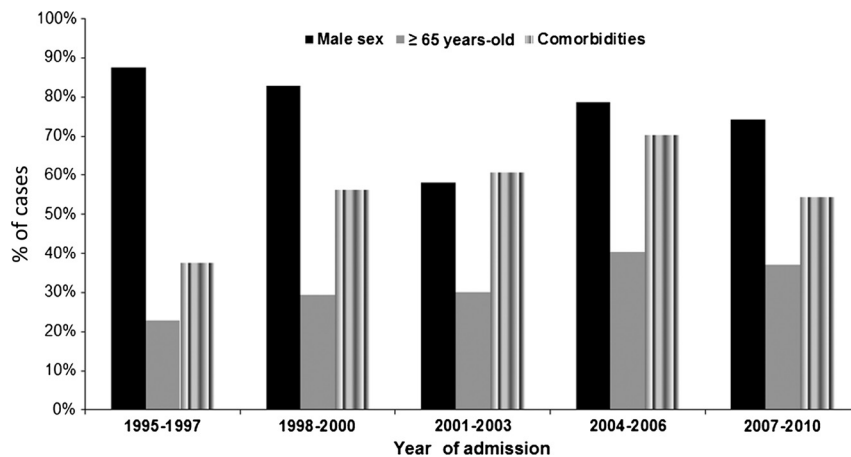


FIGURE 3. Demographic data for patients with community-acquired *L. pneumophila* pneumonia.

Legionella and pneumococcal pneumonia, we used the chi-square test or Fisher exact test for categorical variables and the t test or Mann-Whitney U test for continuous variables, depending on the results of the Kolmogorov-Smirnov normality test. A logistic regression analysis was carried out to evaluate associations between independent variables and severe disease. Significant ($p < 0.10$) and clinically important variables (age >70 yr, male sex, comorbidities, tobacco smoking, alcohol abuse, and high-risk PSI classes) were included in the multivariate analysis. High-risk PSI classes were chosen as a marker of severity to avoid collinearity with other variables already included in this score and due to the low number of patients who had severe disease. The relative risks were expressed as odds ratios (OR) and 95% confidence intervals (CI). The goodness-of-fit of the model was evaluated by the Hosmer-Lemeshow test. In addition, a receiver operating characteristic (ROC) curve and an area under curve (AUC) were used to evaluate the discriminatory power and predictive value of the PSI for identifying severe *L. pneumophila* pneumonia. P values ≤ 0.05 were considered statistically significant. All reported p values are 2-tailed. Data were analyzed using SPSS statistical software (v. 15.0, SPSS Inc., Chicago, IL).

RESULTS

General Features of the Study Population

During the 15-year prospective study period, 3934 non-immunosuppressed patients with CAP required hospitalization. The median age was 70 years (interquartile range [IQR], 50–79); 2691 (68.4%) patients were male, and 2989 (76%) had at least 1 comorbidity, mainly chronic pulmonary disease (28%), chronic heart disease (23.5%), and diabetes mellitus (20.9%). Septic shock and altered mental state at hospital admission were diagnosed in 288 (7.3%) and 574 (14.6%) patients, respectively. Chest X-ray with multilobar pneumonia was evidenced in 1289 (32.8%) patients. A total of 2312 (58.8%) patients were classified into high-risk classes according to the PSI (groups IV–V). Overall, *S. pneumoniae* (1346 cases) was the most frequent causative pathogen, followed by aspiration pneumonia (287 cases), *Legionella* species (215 cases), and *Haemophilus influenzae* (205 cases). Three hundred fifty-nine (9.1%) patients required ICU admission, and 305 (7.8%) patients died within 30 days of hospitalization.

Diagnosis and Epidemiology of Community-Acquired *L. pneumophila* Pneumonia

Among the 215 patients with community-acquired *Legionella* species pneumonia, 1 patient had *L. longbeachae* pneumonia and 214 patients had *L. pneumophila* pneumonia. All patients had *L. pneumophila* serogroup 1. Sixteen (7.4%) cases were categorized as travel-associated *L. pneumophila* pneumonia, and 21 (9.8%) were part of small clusters (15 patients in 2002 and 6 patients in 2004). No epidemics occurred in our hospital area during the study period.

The diagnosis of the 214 *L. pneumophila* pneumonia cases was established using 1 or more of the following methods: urinary antigen test ($n = 194$), seroconversion ($n = 95$), sputum culture ($n = 37$), transthoracic needle aspiration specimen culture ($n = 9$), and pleural fluid culture ($n = 3$). As shown in Figure 1, the diagnosis of *L. pneumophila* with the urinary antigen test remained stable over the years; however, the diagnosis using seroconversion and cultures decreased ($p = 0.42$, $p < 0.001$, and $p = 0.001$, respectively).

The median annual number of *L. pneumophila* pneumonia cases was 14 (range, 3–20). As shown in Figure 2A, although the number of annual *L. pneumophila* pneumonia cases remained stable over the years, the percentage of annual *L. pneumophila* pneumonia cases in relation to the number of hospitalized patients with CAP decreased in recent years (from 9.2% in 2005 to 1.5% in 2010; $p < 0.001$). Moreover, 171 (79.9%) cases occurred during summer and fall (from June to December) (Figure 2B).

Demographic and Clinical Features of Patients With Community-Acquired *L. pneumophila* Pneumonia

The mean age of patients with *L. pneumophila* pneumonia was 58.2 years (SD 13.8). *L. pneumophila* pneumonia occurred more commonly in patients aged 50–69 years, and in male patients (76.4%). Patients aged <70 years comprised 78.2% of the total *L. pneumophila* pneumonia cases. At least 1 comorbid condition was present in 119 (55.6%) patients with *L. pneumophila* pneumonia, mainly chronic heart disease, diabetes mellitus, and chronic pulmonary disease. The frequency of male sex remained stable over the study period ($p = 0.11$). However, the frequency of older patients (aged >65 yr) and comorbidities increased ($p = 0.06$ and $p = 0.02$, respectively) (Figure 3). Most patients with *L. pneumophila* pneumonia were current/former smokers (72.8%).

In addition, 100 (46.9%) patients were classified into high-risk classes according to the PSI (groups IV–V), identifying 78% of patients with severe disease (ICU admission or death). Area under ROC curve to predict severe disease for PSI was 0.76 (95% CI, 0.68–0.85).

Demographic and clinical features were compared in patients with *L. pneumophila* pneumonia and patients with pneumococcal pneumonia (Table 1). Patients with *L. pneumophila* pneumonia had higher axillary temperature at hospital admission (95% CI of mean difference, 0.5–0.9 °C) and were younger (95% CI of mean difference, 6.1–10.2 yr). By contrast, patients with pneumococcal pneumonia were more likely to have comorbidities, mainly chronic pulmonary disease, chronic liver disease, and chronic cognitive deficit. Patients with pneumococcal pneumonia had more frequently received prior seasonal influenza and pneumococcal vaccine. Conversely, alcohol abuse and current/former smoking were more common in patients with *L. pneumophila* pneumonia. Significantly, patients with *L. pneumophila* pneumonia more frequently had received prior outpatient β -lactam treatment (medication was administered from symptoms onset to hospitalization) and had a history of previous travel. Regarding clinical features, patients with *L. pneumophila* pneumonia were less likely to have cough, purulent sputum, pleuritic chest pain, pleural effusion, and septic shock at hospital admission. Conversely, they more commonly had headache, arthralgia/myalgia, hyponatremia, and multilobar pneumonia, and had higher transaminase values.

Antimicrobial Treatment and Outcome of Community-Acquired *L. pneumophila* Pneumonia

Twenty-four (11.2%) patients with *L. pneumophila* pneumonia received inappropriate empirical antibiotic therapy at hospital admission. The frequency of patients who received inappropriate empirical antibiotic therapy at hospital admission was stable over the years ($p = 0.67$). Compared with patients who received appropriate empirical antibiotic, patients who received inappropriate therapy more frequently had acute onset of illness ($p = 0.004$), pleuritic chest pain ($p = 0.03$), and pleural effusion ($p = 0.05$).

Among 190 patients who received appropriate empirical antibiotic, 111 received levofloxacin; 74, macrolides (48 erythromycin 500 mg IV every 6 h, 24 clarithromycin 500 mg IV once/d, 1 azithromycin, and 1 roxithromycin); 3 received combination therapy with levofloxacin and macrolides; 1, doxycycline; and 1, clindamycin. Combination therapy with rifampicin was administered to 50 patients (in 2 patients with levofloxacin). The median duration of intravenous macrolide and levofloxacin therapy was 5 days (IQR, 3–7) and 4 days (IQR, 3–7), respectively. The total duration of macrolide therapy was 25 days (IQR, 21–28) and of levofloxacin therapy was 14 days (IQR, 11–19) ($p < 0.001$). The number of patients who received macrolides decreased over the years ($p < 0.001$), whereas the number of patients who received levofloxacin increased ($p < 0.001$) (Figure 4). Levofloxacin was administered more frequently to patients whose diagnosis was made with the urinary antigen test than in patients whose diagnosis was made with culture or serology (61.3% vs. 30%; $p = 0.007$). Compared with macrolide use during hospital admission, levofloxacin use was associated with a trend toward a shorter time to reach clinical stability (median, 3 vs. 5 d; $p = 0.09$) and shorter length of hospital stay (median, 7 vs. 10 d; $p < 0.001$).

Regarding outcomes, 38 (17.8%) patients required ICU admission, and 13 (6.1%) patients died during hospitalization. Among the 13 patients with *L. pneumophila* pneumonia who died, causes of death were respiratory failure (7 patients), multiorgan

TABLE 1. Characteristics of Patients With *L. pneumophila* and *S. pneumoniae* Pneumonia

Category, characteristic	<i>L. pneumophila</i> Pneumonia (n=214)*	<i>S. pneumoniae</i> Pneumonia (n=1346)*	P
Demographic data			
Age, mean (SD), yr	58.2 (13.8)	66.4 (16.9)	<0.001
Male sex	164 (76.6)	882 (65.6)	0.001
Current/former smoker	155 (72.8)	762 (56.9)	<0.001
Alcohol abuse	84 (39.3)	248 (18.5)	<0.001
Influenza vaccine (season)	51 (26)	591 (48.8)	<0.001
Pneumococcal vaccine (5 yr)	18 (9.2)	205 (17.4)	0.004
Previous travel (15 d)	16 (7.4)	18 (1.4)	<0.001
Previous beta-lactam therapy	75 (35)	83 (6.2)	<0.001
Comorbid conditions			
COPD	119 (55.6)	1028 (76.4)	<0.001
Chronic heart disease	25 (11.7)	402 (29.9)	<0.001
Chronic renal failure	41 (19.2)	281 (20.9)	0.56
Diabetes mellitus	41 (19.2)	274 (20.4)	0.68
Chronic liver failure	9 (4.2)	86 (6.4)	0.21
Chronic cognitive deficit	10 (4.7)	108 (8)	0.08
Clinical features			
Temperature, mean (SD), °C	38.5 (1.5)	37.8 (1)	<0.001
Tachycardia (≥ 100 beats·min ⁻¹)	107 (53.5)	684 (56.1)	0.49
Tachypnea (≥ 30 breaths·min ⁻¹)	91 (46.2)	604 (50.6)	0.24
Headache	87 (40.7)	187 (13.9)	<0.001
Arthralgia/myalgia	92 (43)	224 (16.7)	<0.001
Cough	141 (66.2)	1187 (88.5)	<0.001
Impaired consciousness	36 (16.8)	211 (15.7)	0.67
Septic shock at presentation	5 (2.4)	167 (12.4)	<0.001
Purulent sputum	52 (40)	739 (60.4)	<0.001
Pleuritic chest pain	51 (23.9)	720 (53.7)	<0.001
Laboratory and radiographic findings			
Respiratory failure†	131 (61.2)	860 (63.9)	0.45
Leukocytosis (leukocytes $\geq 12 \times 10^9$ /L)	105 (49.1)	914 (68)	<0.001
AST (≥ 40 UI)	127 (71.3)	361 (35.1)	<0.001
ALT (≥ 40 UI)	134 (65.7)	344 (27.5)	<0.001
Hypoalbuminemia (albumin < 30 g/L)	124 (61.4)	644 (52.9)	0.02
Hyponatremia (sodium < 130 mEq/L)	55 (26.7)	119 (10.4)	<0.001
Multilobar pneumonia	87 (40.4)	447 (33.2)	0.03
Pleural effusion	31 (14.6)	278 (20.7)	0.03
High-risk PSI classes‡	100 (46.9)	856 (63.8)	<0.001

Abbreviations: ALT = alanine aminotransferase, AST = aspartate aminotransferase, COPD = chronic obstructive pulmonary disease.

*Data are given as numbers (percentage from available data) except where otherwise indicated.

†PaO₂/FiO₂ <300 or PaO₂ <60 mm Hg.

‡Patients were stratified into the following risk classes according to the PSI score: low risk (≤ 90 points, classes I, II, and III) and high risk (> 90 points, classes IV and V).

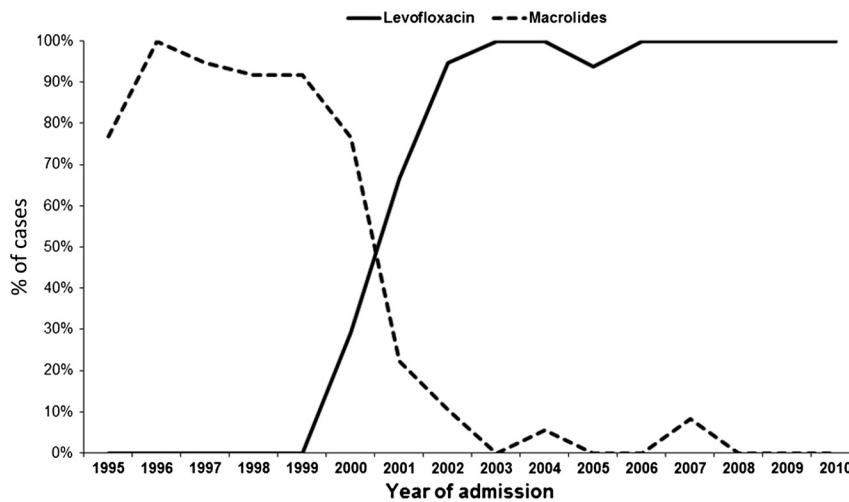


FIGURE 4. Antibiotic therapy in patients with community-acquired *L. pneumophila* pneumonia.

failure (3 patients), acute cardiac event (1 patient), and renal failure (1 patient). No cause of death was established for 1 patient. The frequency of ICU admission ($p = 0.34$) and the need for mechanical ventilation ($p = 0.57$) remained stable over the years. By contrast, the in-hospital case-fatality rate decreased ($p = 0.04$) (Figure 5).

Compared with patients with pneumococcal pneumonia, patients with *L. pneumophila* pneumonia more frequently received inappropriate empirical antibiotic therapy and were more likely to require ICU admission. No significant differences were found in time to reach clinical stability and length of hospital stay. However, in-hospital case-fatality rate was lower in patients with *L. pneumophila* pneumonia (Table 2).

Factors Associated With Severe Community-Acquired *L. pneumophila* Pneumonia

Forty-one (19.1%) patients with *L. pneumophila* pneumonia developed severe disease (ICU admission or death). Risk factors related with severe disease in this group of patients are detailed in Table 3. No significant differences were found regarding age, sex, and comorbidities. By contrast, altered mental state, septic shock, tachypnea, respiratory failure, high-risk PSI classes, hypoalbuminemia, multilobar pneumonia in

chest X-rays, inappropriate empirical antibiotic therapy, and the use of macrolides during hospital admission were more frequent in patients with severe *L. pneumophila* pneumonia. In the logistic regression analysis, independent factors associated with severe disease were current/former smoker (OR, 2.96; 95% CI, 1.01–8.62), macrolide use (OR, 2.40; 95% CI, 1.03–5.56), initial inappropriate therapy (OR, 2.97; 95% CI, 1.01–8.74), and high-risk PSI classes (OR, 9.1; 95% CI, 3.52–23.4). The goodness-of-fit of the model was 0.20.

DISCUSSION

In the current 15-year prospective study of a large cohort of nonimmunosuppressed patients with CAP requiring hospitalization, we document the following findings: 1) *L. pneumophila* is a frequent causative pathogen; 2) the annual number of sporadic *L. pneumophila* pneumonia cases remained stable over the years of the study; 3) *L. pneumophila* pneumonia is associated with high morbidity, as evidenced by the high proportion of patients requiring ICU admission; 4) changes have occurred in the diagnosis (the use of the urinary antigen test remained stable, but the use of serology and culture decreased), treatment (levofloxacin has progressively replaced macrolides), and prognosis (the in-hospital case-fatality rate decreased) of *L. pneumophila*

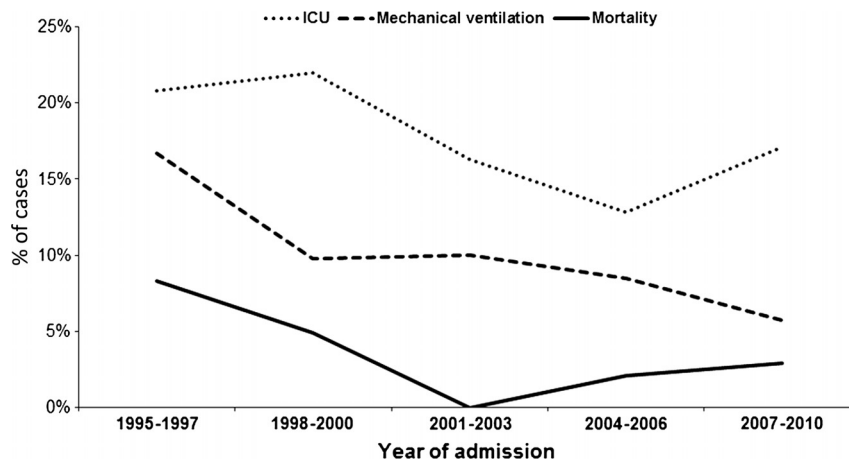


FIGURE 5. Outcomes of patients with community-acquired *L. pneumophila* pneumonia.

TABLE 2. Therapy and Outcomes of Patients With *L. pneumophila* and *S. pneumoniae* Pneumonia

Therapy and Outcome	<i>L. pneumophila</i> Pneumonia (n=214)*	<i>S. pneumoniae</i> Pneumonia (n=1346)*	P
Inappropriate antibiotic therapy	24 (11.2)	8 (0.6)	<0.001
Inhospital complications	74 (34.6)	460 (34.3)	0.92
ICU admission	38 (17.8)	151 (11.2)	0.007
Need for mechanical ventilation	26 (12.4)	122 (9.2)	0.14
Time to clinical stability, median (IQR), d	3.5 (2–5)	4 (2.6)	0.85
Length of hospital stay, median (IQR), d	9 (6–13)	8 (6–12)	0.14
Length of intravenous therapy, median (IQR), d	4 (2–6)	5 (3–7)	<0.001
Inhospital case-fatality rate	13 (6.1)	103 (7.8)	0.38

*Data are given as numbers (percentage from available data) except where otherwise indicated.

pneumonia in recent years, 5) levofloxacin use was associated with a shorter time to reach clinical stability and shorter length of hospital stay in patients with *L. pneumophila* pneumonia, and 6) independent factors associated with poor prognosis (ICU admission or death) among patients with *Legionella* pneumonia were current/former smoker, macrolide use, initial inappropriate therapy, and high-risk PSI classes.

Legionella species have been increasingly recognized as a cause of both sporadic and epidemic CAP requiring hospitalization. In Europe and the United States, *L. pneumophila* is responsible for 95% of cases of Legionnaires disease.⁴⁰ In a 2008 report³⁹ applying sophisticated diagnostic tools in patients with

CAP, *L. pneumophila* was diagnosed in 3.8% of hospitalized patients. In the present study carried out in Barcelona, Spain, *L. pneumophila* accounted for 5.4% of all cases of CAP (the third most frequent causative pathogen). However, studies testing for *Legionella* urinary antigen test, specialized cultures for *Legionella*, and the *Legionella* serologic test reported an incidence of Legionnaires disease between 12.5% and 14%.^{36,41} Table 4 shows the frequency of *Legionella* pneumonia in patients with CAP and the diagnostic tests used.

In the present study, 16 (7.4%) patients were categorized as having travel-associated *L. pneumophila* pneumonia. An analysis of Legionnaires disease cases between 1980 and 1998 in the United States showed that an average of 20% of legionellosis cases were travel associated.¹ The European Working Group for *Legionella* Infections (EWGLI) and the United States Centers for Disease Control and Prevention have identified numerous cases of travel-associated Legionnaires disease; the most commonly identified source of infection has been contaminated water in hotels.¹⁴ Surveillance programs are critical for the detection of travel-associated Legionnaires disease to implement timely preventive actions.

Although the frequency of the *L. pneumophila* urinary antigen test among patients with pneumonia increased over the study period (from 20.4% in 1995–1997 to 42.9% in 2006–2010; $p < 0.001$), the annual number of *L. pneumophila* cases remained stable during the study, with a predominance of cases in the summer and fall. Correspondingly, the EWGLI reported that the number of annual cases during 2007–2008 was similar to the number during 2005–2006 for 36 European countries.¹⁸ By contrast, Neil et al²³ found an increase in reported legionellosis cases in the United States, mainly during 2003–2005. Factors that might have contributed to the increase in reported legionellosis cases include an increasing population of persons at risk for infection, improved diagnosis and reporting, and increased use of urine antigen testing. Ng et al²⁶ documented a recent decrease in legionellosis incidence in Ontario, Canada. Notably, however, investigators found no evidence that changes

TABLE 3. Factors Associated With Severe Disease (ICU Admission and Death) in Patients With *L. pneumophila* Pneumonia: Multivariate Analysis

Characteristic	Nonsevere <i>L. pneumophila</i> Pneumonia (n=173)*	Severe <i>L. pneumophila</i> Pneumonia (n=41)*	P	OR (95% CI)
Age, mean ± SD, yr	58.6 (13.3)	56.3 (15.8)	0.33	0.47 (0.16–1.30)
Male sex	134 (77.5)	30 (73.2)	0.56	2.28 (0.88–5.88)
Current/former smoker	122 (70.5)	33 (82.5)	0.12	2.96 (1.01–8.62)
Alcohol abuse	65 (37.6)	19 (46.3)	0.30	0.82 (0.33–2.01)
Comorbid conditions	97 (56.1)	22 (53.7)	0.78	0.66 (0.27–1.61)
Tachypnea	58 (36.7)	33 (84.6)	<0.001	
Altered mental status	20 (11.6)	16 (39)	<0.001	
Septic shock at presentation	1 (0.6)	4 (9.8)	<0.001	
Multilobar pneumonia	62 (35.8)	25 (61)	0.003	
Respiratory failure	98 (56.6)	33 (80.5)	0.005	
Hyponatremia	43 (25.9)	12 (30)	0.59	
Hypoalbuminemia	94 (57.3)	30 (78.9)	0.01	
High-risk PSI classes†	68 (39.5)	32 (78)	<0.001	9.10 (3.52–23.4)
Macrolide use during admission	62 (35.8)	23 (56.1)	0.01	2.40 (1.03–5.56)
Levofloxacin use during admission	105 (60.7)	20 (48.8)	0.16	
Inappropriate antibiotic therapy	16 (9.2)	8 (19.5)	0.06	2.97 (1.01–8.74)

*Data are given as numbers (percentage from available data) except where otherwise indicated.

†High-risk classes for PSI score: >90 points, classes IV and V.

TABLE 4. Frequency of Legionella Pneumonia in Hospitalized Adult Patients With CAP

Study First Author (ref) Year	Study Location	Patients With CAP No.	Patients With Legionella Pneumonia No. (%)	Patients Identified by Diagnostic Tests No.
Sopena ³⁶ 1999	Spain	392	49 (12.5)	Culture: 3 Serologic test: 35 Urinary antigen test: 23
Vergis ³⁸ 2000	United States	145	20 (14)	NR*. Culture, serologic test, urinary antigen test
Lim ¹⁹ 2001	United Kingdom	267	9 (3)	Culture: 0 Serologic test: 8 Urinary antigen test: 7
Ngeow ²⁷ 2005	Asia	926	61 (6.6)	PCR: NR Serologic test: 57 Urinary antigen test: 25
Sohn ³⁵ 2006	Korea	202	3 (2.4)	Serologic test: 3 Urinary antigen test: 0
Diaz ⁸ 2007	Chile	176	4 (2.3)	Urinary antigen test: 4
von Baum ³⁹ 2008	Germany	2503	94 (3.8)	Culture: 3 PCR: 52 Urinary antigen test: 48
Johansson ¹⁷ 2010	Sweden	184	3 (1)	Culture and/or PCR: 1 Urinary antigen test: 2
Cillóniz ⁵ 2011	Spain	1302	108 (8)	NR*. Culture, serologic test, urinary antigen test

Abbreviations: PCR = polymerase chain reaction.

*NR: Number of patients identified by each diagnostic test was not reported.

in diagnostic testing were responsible for the increases and decreases in cases, respectively.^{23,26} These data highlight the differences in the frequencies of *L. pneumophila* causing CAP due to the variances in the locations studied and the specific patient populations included in the reports.

In other geographic areas (Australia, New Zealand, and Japan), *L. longbeachae* infection occurs as often as *L. pneumophila* infection.⁴⁰ In addition, some studies have documented that *L. longbeachae*-derived Legionnaires disease has increased worldwide. In the Netherlands between 2000 and 2004, the first 5 cases of *L. longbeachae* pneumonia were reported.^{7,40} In the current study, in 2009, 1 patient had *L. longbeachae* pneumonia. Another report found that 10% of *Legionella* infections were caused by species other than *L. pneumophila*.³⁹ Risk factors for and clinical presentation of *L. longbeachae* pneumonia are similar to those of other legionellosis. However, gardening activities and use of potting mixes are risk factors that are so far unique to *L. longbeachae* infection.⁴⁰ Significantly, although the urinary antigen test can be used to diagnose infections with *L. pneumophila* serotype 1, it is not sensitive for diagnosis of infections caused by other *Legionella* species. The widespread application of the urinary antigen test may lead to underrecognition of other *Legionella* species.⁴¹ Interestingly, we found that the diagnosis of *Legionella* using cultures has decreased over the years. In this regard, it should be noted that although patients with Legionnaires disease frequently have nonpurulent or insufficient sputum, these samples can often yield the microorganism in culture.⁴¹

Regarding the demographic features of patients with *L. pneumophila* pneumonia, we found that the highest number of cases occurred in persons aged 40–69 years, and that males accounted for more than 70% of cases. However, we noted a trend toward a higher number of cases in older

ages (aged >65 yr) over the 15-year study (from 22.9% in 1995–1997 to 37.1% in 2007–2010). We also found that the prevalence of comorbid conditions among patients with *L. pneumophila* pneumonia increased (from 37.5% in 1995–1997 to 54.3% in 2007–2010). Additionally, a large proportion of patients with *L. pneumophila* pneumonia were current/former smokers and heavy drinkers. Significantly, previous studies have demonstrated a strong association between *Legionella* infection and these demographic features.⁶

Although there is no single clinical manifestation that distinguishes Legionnaires disease from other types of pneumonia, it has been suggested that there is a clinical profile that increases the likelihood of the diagnosis. Compared with patients with pneumococcal pneumonia, we found that patients with *L. pneumophila* pneumonia more frequently received prior outpatient β -lactam treatment and were less likely to have cough, purulent sputum, pleuritic chest pain, pleural effusion, and septic shock at hospital admission. By contrast, they more frequently had a history of previous travel and were more likely to have headache, arthralgia/myalgia, hyponatremia, and multilobar pneumonia. Similarly, they had higher transaminase values. Thus, certain clinical features may allow recognition of *Legionella* pneumonia, and physicians should consider them when evaluating patients with CAP in the emergency department. However, it appears that it is difficult to express a reliable scoring system, and there are no convincing data in favor of a syndromic approach to the management of this infection.^{10,13,21}

In the present study, the number of patients who received macrolides decreased over the years, while the number of patients who received levofloxacin increased. Compared with macrolide use during hospital admission, levofloxacin use was associated with a trend toward a shorter time to reach clinical stability and shorter length of hospital stay. By contrast, the use

of macrolides during hospital admission was independently associated with poor prognosis. It is important to note that no significant difference on outcomes was found between patients who received erythromycin and clarithromycin. Observational studies^{2,22,33} comparing levofloxacin with older macrolides in the treatment of Legionnaires disease reported that levofloxacin was associated with faster resolution of pneumonia symptoms, more rapid achievement of clinical stability, and shorter length of hospital stay compared with older macrolides. In addition, treatment failures with erythromycin have been reported.²⁹ Nevertheless, it should be emphasized that none of these studies was a randomized trial. Levofloxacin has been shown to be superior to erythromycin in inhibiting the intracellular growth of *L. pneumophila* in both in vitro and animal models.^{12,29} Moreover, observational studies^{9,28,30} have demonstrated the safety and efficacy of azithromycin for the treatment of hospitalized patients with Legionnaires disease. In a prospective, open-label, noncomparative study,³⁰ azithromycin was well tolerated and efficacious in the treatment of 25 hospitalized patients with community-acquired *Legionella* pneumonia. The overall cure rate among clinically evaluable patients was 95% at 10–14 days after therapy and 96% at 4–6 weeks after therapy. Although in vitro and in vivo studies have demonstrated that the efficacy of azithromycin is comparable to that of quinolones, to our knowledge no comparative clinical studies have been performed.

Twenty-four (11.2%) patients with *L. pneumophila* pneumonia received inappropriate empirical antibiotic therapy at hospital admission. Patients who received inappropriate therapy more frequently had acute onset of illness, pleuritic chest pain, and pleural effusion. The frequency of patients who received inappropriate therapy at hospital admission remained stable over the years. However, inappropriate empirical antibiotic therapy was independently associated with poor prognosis. In 2008, a large study³⁹ in Germany also found a high rate of discordant initial antimicrobial treatment (30%) in patients with *Legionella* pneumonia. In that study, most patients receiving a discordant initial treatment were given aminopenicillins plus β -lactamase inhibitors or cephalosporins. Significantly, inappropriate empirical antibiotic therapy has been associated with early failure and higher mortality in patients with CAP. In this regard, *L. pneumophila* was the pathogen most frequently associated with discordant therapy in a report by our group.³² Since *Legionella* pneumonia is difficult to diagnose clinically, and universal broad-spectrum antibiotic therapy may not be the answer, some authors have recommended the use of the urinary antigen test for all patients with CAP who require hospitalization.⁴¹ A sequential approach is currently performed at our institution: *Legionella* urinary antigen test and specific *Legionella* cultures are reserved for patients with high-risk pneumonia for whom demonstrative results of sputum Gram staining are not available (poor-quality samples and/or samples in which predominant morphotypes were not detected), and who have negative pneumococcal urinary antigen test.

To our knowledge, no prior study has evaluated the usefulness of CAP-specific scores on patients with *L. pneumophila* pneumonia. We found that high-risk PSI classes identify nearly 80% of patients with severe disease (ICU admission or death), and the accuracy of this score is good as demonstrated by the statistical analysis (AUC, 0.76). AUC obtained from PSI score in our study was close to those obtained in other studies aimed at predicting mortality or severe disease in patients with CAP.³⁴

Factors associated with poor prognosis in hospitalized patients with *Legionella* pneumonia are not well defined. In the current study, independent factors associated with severe disease

were current/former smoker, macrolide use, initial inappropriate therapy, and high-risk PSI classes. The frequency of ICU admission and the need for mechanical ventilation remained stable over the years. By contrast, there was a decrease in the inhospital case-fatality rate. A previous study¹ also reported a substantial fall in the rate of mortality due to *Legionella* pneumonia. Investigators considered that because the urine antigen test is more sensitive than culture or serologic testing, it is possible that its use led to the detection of disease in patients with milder forms of legionellosis, in whom case-fatality rates are lower. In addition, it is probable that these patients were administered treatment more quickly. Interestingly, the frequency of patients with *L. pneumophila* pneumonia and high-risk PSI score at hospital admission remained stable over the 15-year study period (from 56.3% in 1995–1997 to 48.6% in 2007–2010; $p = 0.34$). Similarly, in the present study no significant difference in time from hospital admission to antibiotic administration was found between patients who had the urinary antigen test and those who had culture performed (data not shown). However, another reason for the decrease in mortality may be the changes in empirical antibiotic treatment of hospitalized patients with CAP.

The strengths of the current study include its prospective nature, the large cohort of consecutive hospitalized patients with community-acquired *L. pneumophila* pneumonia, and the comprehensive clinical data collection. In addition, the *L. pneumophila* pneumonia cases were sporadic, and no bias occurred due to epidemics during the study period. Nevertheless, several limitations should be acknowledged. The study was performed at a single institution, and so variances in the locations and specific patient populations should be taken into account. In addition, microbiologic tests for *Legionella* species were not performed in all hospitalized patients. Similarly, other tests used to identify *L. pneumophila* in patients with pneumonia, such as polymerase chain reaction, were not performed. Finally, the low number of patients with *Legionella* pneumonia who died in the present study limits our conclusions regarding this topic.

In conclusion, *L. pneumophila* is a relatively frequent causative pathogen among hospitalized patients with CAP and is associated with high morbidity. The annual number of *L. pneumophila* cases remained stable over the 15 years of the study. During the last years, significant changes have occurred in diagnosis and treatment, and the inhospital case-fatality rate of *L. pneumophila* pneumonia has decreased.

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