



Research article

The impact of body mass index on the prognostic performance of the Simplified Acute Physiology Score 3: A prospective cohort study



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ABSTRACT

Objective: To assess the Simplified Acute Physiology Score 3 (SAPS3) prognostic score performance across different body mass index categories.

Methods: A retrospective cohort study in a general ICU in Brazil. A secondary analysis of medical records was performed with clinical and epidemiological data. Patients were stratified according to their body mass index (BMI) category, and a binary logistic regression was then performed to identify factors independently associated with mortality. SAPS3 accuracy was determined using the area under the receiver operating characteristics curve and the Hosmer-Lemeshow test. A modified Kaplan-Meier plot was employed to evaluate death probability according to BMI. ICU mortality was evaluated as the primary outcome.

Results: A total of 2,179 patients (mean age of 67.9 years and female predominance (53.1%)) were enrolled. SAPS3 was found accurate in all groups except in the underweight (AUC: 0.694 95% CI 0.616–0.773; HL = 0.042). The patients in the underweight group tended to be older, have longer hospital stay, have worse functional status, and have a higher value on prognostic scores. After the adjustments, no statistically significant difference between the BMI groups was noted in relation to mortality, except for the low weight that presented a likelihood of death of 3.50 (95% CI, 1.43–8.58, $p = 0.006$).

Conclusion: This research showed that SAPS3 had poor accuracy in predicting ICU mortality in underweight patients. This group was shown to be an independent risk factor for worse clinical outcomes.

1. Introduction

Healthcare, a dynamically evolving field, involves a broad range of complex variables, as patients characteristics and therapeutic and diagnostic tools change over time. Thus, prognostic scores need to be reassessed frequently to ensure their optimal functionality [1]. Body weight

is commonly used in the composition of scores, but the body composition of the population has been changing over recent years; the prevalence of obesity almost tripled between 1975 and 2016 [2].

The World Health Organization (WHO) has reported that obesity is the abnormal or excessive accumulation of body fat that can affect health. The Body mass index (BMI) is one of the recommended tools for its

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diagnosis [2]. Following the global trend of increasing obesity rates, data collected in Brazil, from 2018 onwards, reveal that 55.7% of the country's adult population is overweight and 19.8% is obese, while the corresponding values in 2006 were 42.6% and 11.8%, respectively [3]. Excess body fat has a well-established association with increased morbidity and mortality in long-term follow-up of out-of-hospital populations. In addition, the increase in the prevalence of obesity in the general population and the burden of comorbidities associated with this disease resulted in an increase in the number of hospitalizations of obese people in intensive care units (ICU) [4].

Despite the obesity epidemic, developing countries present a double burden, in which the obese coexist with a significant population of underweight individuals [5, 6]. Several studies have demonstrated the association of low BMI with all-cause mortality and underlying pathologies in an advanced stage. However, this condition is not considered by most prognostic scores and is not widely studied in the context of ICU [7]. The Simplified Acute Physiology Score 3 (SAPS3) was developed from a multinational database of general ICU patients and is commonly used in Brazilian ICUs, as it has shown good calibration and discrimination in low- and middle-income countries [1, 8]. However, as the country's epidemiological scenario has changed over the years, this study seeks to assess the accuracy of the score in a large cohort of critically ill patients, emphasizing the differences between BMI strata.

2. Methods

2.1. Clinical study design

An observational, analytical cohort study was conducted from August 2015 through July 2018 in a general ICU at *Hospital da Cidade* in Salvador, Bahia, Brazil. A secondary analysis of admission data stored in the Epimed Monitor system was performed. All patients consecutively admitted to the ICU with the length of stay >24 h were included. Patients <18 years or those with missing data were excluded.

Covariates included were age, weight, height, sex, comorbidities, functional capacity, admission diagnosis, length of ICU and hospital stay, physiological and laboratorial data within the first six hours of admission, complications, use of supportive therapy in the ICU, Modified

Frailty Index (MFI) [9], the SAPS3 [8], the Charlson Comorbidity Index (CCI) [10]. The patients were stratified based on their BMI values obtained at ICU admission into underweight (BMI <18.5 kg/m²), normal weight (BMI range, 18.5–24.9 kg/m²), overweight (BMI 25–29.9 kg/m²), obese grade I (BMI, 30–34.9 kg/m²) or obese grade II/III (BMI >35 kg/m²) [2]. Our primary outcome was ICU death.

2.2. Ethics statement

This article was ethically approved by the Research Ethics Committee of Hospital Ana Nery under number 2,571,265 and CAAE 52892315.1.0000.0045. This same ethics committee approved the waiver of consent to participate in accordance with the regulatory standards of the national health council (N° 466/12), which addresses observational, analytical, or descriptive studies that use the information available in medical records; in which data is analyzed anonymously. The present study was conducted in accordance with the Declaration of Helsinki.

2.3. Data analysis

Categorical variables were expressed as frequencies and percentages and analyzed by Fisher's exact test and Z-test. Continuous variables with normal distribution were expressed as means (standard deviation, SD) and means between groups were compared with the one-way analysis of variance (ANOVA) and Tukey's HSD test. Non-normal continuous variables were expressed as median (interquartile range, IQR) and compared with the Mann-Whitney U test and the Kruskal-Wallis test. Normality was assessed by the d'Agostino-Pearson test. All tests results were two-tailed and considered statistically significant for $p < 0.05$. A binary logistic regression, the backward stepwise method, was used to identify characteristics independently associated with ICU mortality. Finally, the area under the receiver operating characteristic curve (ROC) was determined to assess the discriminative capacity of SAPS3. AUC >0.8 was considered satisfactory. Calibration was assessed using Hosmer-Lemeshow goodness-of-fit test.

The data were analyzed with Microsoft Excel suite Office 365, GraphPad Prism version 6.01, and Statistical Package for the Social Sciences, SPSS version 25.0 (IBM, SPSS, USA).

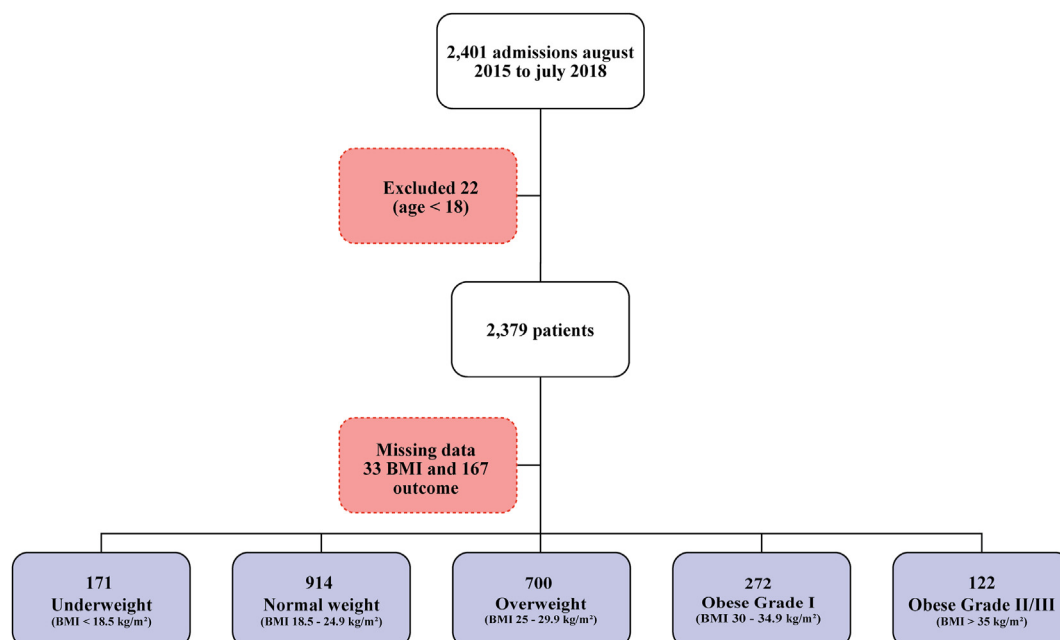


Figure 1. Study flowchart.

3. Results

During the study period, 2401 patients were admitted to the ICU. Two hundred and twenty-two subjects were excluded due to missing height, weight, or outcome data or because they did not meet the study inclusion criteria. Finally, 2179 patients were divided into five groups according to their BMI categories (Figure 1). General patient characteristics are provided in Table 1.

When comparing the BMI groups, the underweight participants had significantly different characteristics. They were older and had a longer length of stay prior to ICU admission and lower mean arterial pressure. A third of this group had an infection as the main diagnosis, in addition to a higher prevalence of comorbidities such as cancer, stroke, and dementia. In contrast, overweight and obese patients had a higher frequency of admissions for surgery and cardiovascular pathologies. No significant difference was observed regarding the need

Table 1. Characteristics of the study population.

Variable	General (n = 2179)	Non-survivors (n = 343)	Survivors (n = 1836)	p-value
Age (years)	68 ± 18	77 ± 15	66 ± 18	<0.0001
Gender, female	1158 (53.1)	172 (50.1)	986 (53.7)	0.239
BMI	25.6 ± 5.7	23.1 ± 5.5	26.0 ± 5.6	<0.0001
Eutrophic	914 (41.9)	172 (50.1)	742 (40.4)	0.001
Underweight	171 (7.8)	64 (18.7)	107 (5.8)	<0.0001
Overweight	700 (32.1)	76 (22.2)	624 (34.0)	<0.0001
Obese Grade I	272 (12.5)	21 (6.1)	251 (13.7)	<0.0001
Obese Grade II/III	122 (5.6)	10 (2.9)	112 (6.1)	0.015
Congestive heart failure	132 (6.1)	16 (4.7)	116 (6.3)	0.268
Chronic renal failure	251 (11.5)	45 (13.1)	206 (11.2)	0.311
Cirrhosis	28 (1.3)	6 (1.7)	22 (1.2)	0.430
Cancer	302 (13.9)	71 (20.7)	231 (12.6)	<0.0001
Immune deficiency	27 (1.2)	7 (2.0)	20 (1.1)	0.177
Diabetes	817 (37.5)	132 (38.5)	685 (37.3)	0.716
Coronary Artery Disease	241 (11.1)	31 (9.0)	210 (11.4)	0.223
Chronic Atrial Fibrillation	137 (6.3)	32 (9.3)	105 (5.7)	0.015
Stroke	340 (15.6)	77 (22.4)	263 (14.3)	<0.0001
Dementia	125 (5.7)	48 (14.0)	77 (4.2)	<0.0001
Tobacco	164 (7.5)	19 (5.5)	145 (7.9)	0.147
Alcoholism	119 (5.5)	22 (6.4)	97 (5.3)	0.436
Psychiatric disease	169 (7.8)	23 (6.7)	146 (8.0)	0.509
Dyslipidemias	201 (9.2)	24 (7.0)	177 (9.6)	0.128
Systolic arterial pressure (mmHg)	138 ± 29	130 ± 30	139 ± 28	0.846
Diastolic Blood Pressure (mmHg)	79 ± 20	75 ± 21	80 ± 20	<0.0001
Mean Arterial Pressure (mmHg)	99 ± 21	93 ± 22	100 ± 20	<0.0001
HR (bpm)	86 ± 20	94 ± 22	84 ± 20	<0.0001
RR (bpm)	20 ± 4	21 ± 5	20 ± 4	<0.0001
Temperature (°C)	36 ± 1	36 ± 1	36 ± 1	0.692
Urea (mmol/L)	57 ± 47	86 ± 64	51 ± 42	<0.0001
Creatinine (mg/dL)	1.44 ± 2	1.86 ± 2	1.36 ± 2	<0.0001
Platelets (x10 ³)	235 ± 113	230 ± 130	236 ± 109	0.420
Hematocrit (%)	34 ± 7	32 ± 8	35 ± 7	<0.0001
Leukocytes total (x10 ³ ; /uL)	11 ± 11	13 ± 7	11 ± 11	0.011
Bands (/uL)	176.1 ± 511.6	304.6 ± 666.5	152.1 ± 473.5	<0.0001
Segmented (x10 ³ ; /uL)	9.26 ± 5.74	11.05 ± 6.40	8.92 ± 5.54	<0.0001
Eosinophils (/uL)	123.5 ± 246.5	112.6 ± 286.0	125.5 ± 238.4	0.404
Basophils (/uL)	18.6 ± 48.7	8.58 ± 27.55	20.47 ± 51.55	<0.0001
Lymphocytes (x10 ³ ; /uL)	1.69 ± 8.84	1.27 ± 1.04	1.77 ± 9.61	0.360
Atypical (/uL)	9.78 ± 172.8	28.58 ± 390.26	6.26 ± 83.38	0.034
Monocytes (/uL)	562.6 ± 390.2	521.38 ± 410.73	570.34 ± 385.85	0.040
Na (mEq/L)	139.3 ± 7.11	138.86 ± 9.56	139.4 ± 6.53	0.211
K (mEq/L)	4.32 ± 0.85	4.56 ± 1.07	4.28 ± 0.79	<0.0001
Use of vasoactive drug	201 (9.2)	93 (27.1)	108 (5.9)	<0.0001
Use of mechanical ventilation	347 (15.9)	149 (43.4)	198 (10.8)	<0.0001
C-reactive Protein (mg/L)	84.64 ± 69.73	136.75 ± 63.45	74.37 ± 66.25	<0.0001
Length of stay prior to ICU admission (days)	2.37 ± 11.31	4.12 ± 11.20	2.05 ± 11.30	0.002
ICU Duration (days)	8.04 ± 13.30	16.08 ± 24.20	6.54 ± 9.31	<0.0001
ICU readmission	200 (9.2)	49 (2.2)	151 (8.2)	<0.0001

Results expressed by number (%), mean ± standard deviation (SD). MAP = Mean arterial pressure; HR = heart rate; RR = Respiratory rate.

for organic support in ICU (Table 2). There were 343 (15.7%) deaths reported in the ICU during the study period. Especially among the underweight group, there was a higher mortality rate, accompanied by higher scores on the modified Frailty Index (MFI), CCI, and SAPS3 (Table 2). Multiple comparisons between each BMI group are represented in Tables 3 and 4.

The ability of SAPS3 to predict intra-unit mortality was assessed for each BMI group. Its accuracy was excellent in all groups except in the underweight group, with an AUC of 0.69 (95% CI 0.61–0.77; $p < 0.001$), reflecting a significantly decreased sensitivity in its performance and Hosmer-Lemeshow goodness of fit test significance of 0.042 (Figure 2). A model including BMI and SAPS3 showed an association of the two variables with mortality, however, with poor goodness-of-fit (Hosmer-Lemeshow p -value: 0.102), suggesting incompleteness of the model (Table 5).

Univariable analysis showed a significantly higher probability of death (OR 3.71; 95% CI 2.65–5.18), for underweight patients, in contrast

to overweight, obese, and obese II/III (Figure 3). A binary regression model was performed to assess factors that could confound the assessment of mortality. The highest chance of death persisted in the underweight group, with an OR of 3.50 (95% CI 1.43–8.58, $p = 0.006$), while the overweight and obese groups were no longer associated with mortality. The need for mechanical ventilation or vasopressors on admission (OR 3.11 [95% CI, 4.90–8.24, $p < 0.0001$] and OR 2.69 [95% CI, 1.74–4.18, $p < 0.0001$], respectively), were the variables that represented the highest independent risk in our model (Figure 3). Greater dependence on performing daily activities was also an independent predictor of mortality in our population (OR: 2.84 [95%CI: 1.76–4.57]). The model presented good fit with a Hosmer-Lemeshow goodness-of-fit p -value of 0.102. No difference was observed between the BMI groups for the use of these supports. Moreover, when evaluated as a continuous variable, the BMI presented statistical significance on both the univariate and multivariate analysis with a decrease of 0.04% in the odds of mortality for each additional 1 kg/m² (Figure 4).

Table 2. Comparison between BMI groups.

Characteristics	Underweight (n = 171)	Normal weight (n = 914)	Overweight (n = 700)	Obese Grade I (n = 272)	Obese Grade II/III (n = 122)	p-value
Age (years; mean, SD)	76.06 ± 16.39	69.48 ± 18.51	66.10 ± 16.73	64.67 ± 16.19	62.40 ± 18.78	<0.0001
Gender, female (n, %)	98 (57.3)	438 (47.9)	356 (50.9)	176 (64.7)	90 (73.8)	<0.0001
SAPS3 (mean, SD)	54.06 ± 11.49	48.52 ± 12.68	44.63 ± 11.49	43.01 ± 11.87	44.02 ± 12.39	<0.0001
CCI (mean, SD)	2.06 ± 1.90	1.75 ± 1.84	1.55 ± 1.68	1.28 ± 1.63	1.24 ± 1.50	<0.0001
MFI (mean, SD)	1.94 ± 1.30	1.62 ± 1.30	1.68 ± 1.21	1.67 ± 1.06	1.75 ± 1.08	0.040
Admission Diagnosis (n, %)						<0.0001
Cardiovascular	25 (14.6)	152 (16.6)	160 (22.9)	81 (29.8)	34 (27.9)	
Respiratory	13 (7.6)	55 (6.0)	40 (5.7)	13 (4.8)	5 (4.1)	
Neurological	22 (12.9)	171 (18.7)	115 (16.4)	41 (15.1)	11 (9.0)	
Infectious	57 (33.3)	184 (20.1)	96 (13.7)	30 (11.0)	25 (20.5)	
Surgical	10 (5.8)	141 (15.4)	143 (20.4)	65 (23.9)	21 (17.2)	
Other	44 (25.7)	211 (23.1)	146 (20.9)	42 (15.4)	26 (21.3)	
Use of VAD (n, %)	21 (12.3)	86 (9.4)	60 (8.6)	27 (9.9)	7 (5.7)	0.375
Use of MV (n, %)	32 (18.7)	157 (17.2)	110 (15.7)	38 (14.0)	10 (8.2)	0.081
Length of stay prior to ICU (days)	4.95 ± 16.70	2.95 ± 14.58	1.65 ± 6.28	1.22 ± 4.77	1.08 ± 3.47	0.001
ICU length of stay (days)	9.77 ± 12.86	9.34 ± 15.85	6.84 ± 10.74	6.79 ± 12.07	5.58 ± 5.51	<0.0001
Congestive Heart Failure (n, %)	11 (6.4)	59 (6.5)	44 (6.3)	13 (4.8)	5 (4.1)	0.257
Chronic Kidney Disease (n, %)	17 (9.9)	119 (13.0)	82 (11.7)	26 (9.6)	7 (5.7)	0.021
Cirrhosis (n, %)	1 (0.6)	9 (1.0)	14 (2.0)	3 (1.1)	1 (0.8)	0.453
Cancer (n, %)	29 (17.0)	149 (16.3)	90 (12.9)	23 (8.5)	11 (9.0)	0.004
Immunodeficiency (n, %)	2 (1.2)	17 (1.9)	4 (0.6)	3 (1.1)	1 (0.8)	0.056
Diabetes Mellitus (n, %)	61 (35.7)	315 (34.5)	277 (39.6)	108 (39.7)	56 (45.9)	0.003
Coronary Artery Disease (n, %)	12 (7.0)	86 (9.4)	106 (15.1)	23 (8.5)	14 (11.5)	0.098
Stroke (n, %)	41 (24.0)	157 (17.2)	96 (13.7)	35 (12.9)	11 (9.0)	0.002
Dementia (n, %)	29 (17.0)	60 (6.6)	25 (3.6)	7 (2.6)	4 (3.3)	<0.0001
Performance status (n, %)						<0.0001
Completely independent	113 (66.1)	778 (85.1)	641 (91.6)	245 (90.1)	109 (89.3)	
Partially independent	18 (10.5)	65 (7.1)	39 (5.6)	18 (6.6)	8 (6.6)	
Fully dependent	40 (23.4)	71 (7.8)	20 (2.9)	9 (3.3)	5 (4.1)	
Clinical and Laboratory (mean, SD)						
Mean arterial pressure (mmHg)	91.88 ± 21.22	97.45 ± 20.80	99.73 ± 20.22	102.45 ± 20.71	101.32 ± 21.53	<0.0001
Heart rate (bpm)	89.70 ± 21.04	86.31 ± 20.83	84.46 ± 19.55	82.57 ± 19.17	87.90 ± 21.52	0.001
Respiratory rate (ipm)	21.21 ± 4.98	20.10 ± 4.43	20.23 ± 4.34	19.83 ± 4.55	20.45 ± 4.21	0.021
Creatinine (mg/dL)	1.40 ± 2.27	1.49 ± 2.28	1.52 ± 2.63	1.26 ± 1.82	1.08 ± 1.10	0.249
Platelets (x10 ³)	252.5 ± 136.0	239.7 ± 113.7	227.3 ± 110.3	221.1 ± 76.0	259.8 ± 149.3	0.001
Hematocrit (%)	32.34 ± 6.75	34.17 ± 7.58	35.20 ± 7.38	36.75 ± 6.65	36.10 ± 5.94	<0.0001
Na (mEq/L)	140.2 ± 8.87	138.7 ± 7.68	139.7 ± 6.25	140.0 ± 6.48	139.1 ± 5.40	0.014
C Reactive Protein (mg/dL)	96.77 ± 64.73	91.38 ± 70.15	79.53 ± 70.15	72.48 ± 67.35	73.09 ± 68.99	<0.0001
ICU deaths (n, %)	64 (37.4)	172 (18.8)	76 (10.9)	21 (7.7)	10 (8.2)	<0.0001

Results expressed by number (%), mean ± standard deviation (SD). CCI = Charlson Comorbidity Index, MFI = Modified Frailty Index, ICU = Intensive care unit; VAD = Vasoactive drug; MV = Mechanical ventilation; bpm = beats per minute; incursions per minute.

Table 3. Multiple comparisons between BMI categories.

Variable	BMI Reference category	BMI comparison group	Mean difference (95% CI)	Error ²	p-value
Age	Underweight	Normal weight	6,58 (2,48; 10,69)	1.46	0.001
		Overweight	9,97 (5,77; 14,17)	1.5	0.001
		Obese grade I	11,39 (6,58; 16,2)	1.71	0.001
		Obese grade II/III	13,66 (7,82; 19,5)	2.08	0.001
	Normal weight	Underweight	-6,58 (-10,69; -2,48)	1.46	0.001
		Overweight	3,39 (0,91; 5,86)	0.88	0.001
		Obese grade I	4,81 (1,41; 8,21)	1.21	0.001
		Obese grade II/III	7,08 (2,33; 11,83)	1.69	0.001
	Overweight	Underweight	-9,97 (-14,17; -5,77)	1.5	0.001
		Normal weight	-3,39 (-5,86; -0,91)	0.88	0.001
		Obese grade I	1,42 (-2,1; 4,94)	1.25	0.787
		Obese grade II/III	3,7 (-1,14; 8,53)	1.72	0.2
	Obese grade I	Underweight	-11,39 (-16,2; -6,58)	1.71	0.001
		Normal weight	-4,81 (-8,21; -1,41)	1.21	0.001
		Overweight	-1,42 (-4,94; 2,1)	1.25	0.787
		Obese grade II/III	2,27 (-3,1; 7,64)	1.91	0.758
	Obese grade II/III	Underweight	-13,66 (-19,5; -7,82)	2.08	0.001
		Normal weight	-7,08 (-11,83; -2,33)	1.69	0.001
		Overweight	-3,7 (-8,53; 1,14)	1.72	0.2
		Obese grade I	-2,27 (-7,64; 3,1)	1.91	0.758
	SAPS3	Underweight	Normal weight	5,55 (2,71; 8,38)	1.01
Overweight			9,43 (6,53; 12,33)	1.03	0.001
Obese grade I			10,96 (7,64; 14,28)	1.18	0.001
Obese grade II/III			10,04 (6,01; 14,07)	1.43	0.001
Normal weight		Underweight	-5,55 (-8,38; -2,71)	1.01	0.001
		Overweight	3,88 (2,18; 5,59)	0.61	0.001
		Obese grade I	5,42 (3,07; 7,77)	0.84	0.001
		Obese grade II/III	4,5 (1,22; 7,77)	1.17	0.001
Overweight		Underweight	-9,43 (-12,33; -6,53)	1.03	0.001
		Normal weight	-3,88 (-5,59; -2,18)	0.61	0.001
		Obese grade I	1,53 (-0,9; 3,96)	0.87	0.39
		Obese grade II/III	0,61 (-2,72; 3,95)	1.19	0.986
Obese grade I		Underweight	-10,96 (-14,28; -7,64)	1.18	0.001
		Normal weight	-5,42 (-7,77; -3,07)	0.84	0.001
		Overweight	-1,53 (-3,96; 0,9)	0.87	0.39
		Obese grade II/III	-0,92 (-4,63; 2,78)	1.32	0.957
Obese grade II/III		Underweight	-10,04 (-14,07; -6,01)	1.43	0.001
		Normal weight	-4,5 (-7,77; -1,22)	1.17	0.001
		Overweight	-0,61 (-3,95; 2,72)	1.19	0.986
		Obese grade I	0,92 (-2,78; 4,63)	1.32	0.957
CCI		Underweight	Normal weight	0,31 (-0,1; 0,72)	0.15
	Overweight		0,51 (0,09; 0,93)	0.15	0.006
	Obese grade I		0,78 (0,29; 1,26)	0.17	0.001
	Obese grade II/III		0,82 (0,24; 1,4)	0.21	0.001
	Normal weight	Underweight	-0,31 (-0,72; 0,1)	0.15	0.205
		Overweight	0,2 (-0,05; 0,45)	0.09	0.153
		Obese grade I	0,46 (0,12; 0,8)	0.12	0.001
		Obese grade II/III	0,51 (0,03; 0,98)	0.17	0.022
	Overweight	Underweight	-0,51 (-0,93; -0,09)	0.15	0.006
		Normal weight	-0,2 (-0,45; 0,05)	0.09	0.153
		Obese grade I	0,26 (-0,09; 0,61)	0.13	0.222
		Obese grade II/III	0,31 (-0,18; 0,79)	0.17	0.38
	Obese grade I	Underweight	-0,78 (-1,26; -0,29)	0.17	0.001
		Normal weight	-0,46 (-0,8; -0,12)	0.12	0.001
		Overweight	-0,26 (-0,61; 0,09)	0.13	0.222
		Obese grade II/III	0,05 (-0,49; 0,58)	0.19	0.999
	Obese grade II/III	Underweight	-0,82 (-1,4; -0,24)	0.21	0.001
		Normal weight	-0,51 (-0,98; -0,03)	0.17	0.022

(continued on next page)

Table 3 (continued)

Variable	BMI Reference category	BMI comparison group	Mean difference (95% CI)	Error ²	p-value	
MFI	Underweight	Overweight	-0,31 (-0,79; 0,18)	0.17	0.38	
		Obese grade I	-0,05 (-0,58; 0,49)	0.19	0.999	
		Normal weight	0,32 (0,03; 0,61)	0.01	0.016	
		Overweight	0,26 (-0,03; 0,56)	0.01	0.091	
	Normal weight	Obese grade I	0,27 (-0,07; 0,61)	0.01	0.168	
		Obese grade II/III	0,2 (-0,22; 0,61)	0.01	0.665	
		Underweight	-0,32 (-0,61; -0,03)	0.01	0.016	
		Overweight	-0,06 (-0,23; 0,12)	0.01	0.893	
		Obese grade I	-0,05 (-0,29; 0,19)	0.01	0.976	
		Obese grade II/III	-0,12 (-0,46; 0,21)	0.01	0.839	
		Overweight	Underweight	-0,26 (-0,56; 0,03)	0.01	0.091
		Normal weight	0,06 (-0,12; 0,23)	0.01	0.893	
	Obese grade I	Obese grade I	0,01 (-0,24; 0,25)	0.01	1	
		Obese grade II/III	-0,07 (-0,41; 0,27)	0.01	0.982	
		Underweight	-0,27 (-0,61; 0,07)	0.01	0.168	
		Normal weight	0,05 (-0,19; 0,29)	0.01	0.976	
		Overweight	-0,01 (-0,25; 0,24)	0.01	1	
		Obese grade II/III	-0,07 (-0,45; 0,3)	0.01	0.983	
		Obese grade II/III	Underweight	-0,2 (-0,61; 0,22)	0.01	0.665
		Normal weight	0,12 (-0,21; 0,46)	0.01	0.839	
Length of stay prior to ICU	Underweight	Overweight	0,07 (-0,27; 0,41)	0.01	0.982	
		Obese grade I	0,07 (-0,3; 0,45)	0.01	0.983	
		Normal weight	0,43 (-2,67; 3,54)	0.94	0.211	
		Overweight	2,93 (-0,24; 6,11)	0.96	0.006	
	Normal weight	Obese grade I	2,98 (-0,65; 6,61)	1.1	0.007	
		Obese grade II/III	4,19 (-0,22; 8,6)	1.34	0.031	
		Underweight	-0,43 (-3,54; 2,67)	0.94	0.211	
		Overweight	2,5 (0,63; 4,37)	0.57	0.15	
		Obese grade I	2,55 (-0,02; 5,12)	0.79	0.179	
		Obese grade II/III	3,76 (0,17; 7,34)	1.09	0.422	
		Overweight	Underweight	-2,93 (-6,11; 0,24)	0.96	0.006
		Normal weight	-2,5 (-4,37; -0,63)	0.57	0.15	
	Obese grade I	Obese grade I	0,05 (-2,61; 2,71)	0.81	0.985	
		Obese grade II/III	1,26 (-2,4; 4,91)	1.11	0.986	
		Underweight	-2,98 (-6,61; 0,65)	1.1	0.007	
		Normal weight	-2,55 (-5,12; 0,02)	0.79	0.179	
		Overweight	-0,05 (-2,71; 2,61)	0.81	0.985	
		Obese grade II/III	1,21 (-2,85; 5,26)	1.23	1	
		Obese grade II/III	Underweight	-4,19 (-8,6; 0,22)	1.34	0.031
		Normal weight	-3,76 (-7,34; -0,17)	1.09	0.422	
ICU length of stay	Underweight	Overweight	-1,26 (-4,91; 2,4)	1.11	0.986	
		Obese grade I	-1,21 (-5,26; 2,85)	1.23	1	
		Normal weight	2 (-0,65; 4,64)	1.1	0.995	
		Overweight	3,3 (0,59; 6)	1.13	0.071	
	Normal weight	Obese grade I	3,72 (0,62; 6,82)	1.29	0.143	
		Obese grade II/III	3,87 (0,11; 7,62)	1.57	0.059	
		Underweight	-2 (-4,64; 0,65)	1.1	0.995	
		Overweight	1,3 (-0,3; 2,9)	0.67	0.002	
		Obese grade I	1,73 (-0,48; 3,93)	0.92	0.043	
		Obese grade II/III	1,87 (-1,19; 4,93)	1.28	0.027	
		Overweight	Underweight	-3,3 (-6; -0,59)	1.13	0.071
		Normal weight	-1,3 (-2,9; 0,3)	0.67	0.002	
	Obese grade I	Obese grade I	0,43 (-1,85; 2,7)	0.95	1	
		Obese grade II/III	0,57 (-2,54; 3,68)	1.3	0.87	
		Underweight	-3,72 (-6,82; -0,62)	1.29	0.143	
		Normal weight	-1,73 (-3,93; 0,48)	0.92	0.043	
		Overweight	-0,43 (-2,7; 1,85)	0.95	1	
		Obese grade II/III	0,14 (-3,32; 3,6)	1.44	0.919	
		Obese grade II/III	Underweight	-3,87 (-7,62; -0,11)	1.57	0.059

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Table 3 (continued)

Variable	BMI Reference category	BMI comparison group	Mean difference (95% CI)	Error ²	p-value	
		Normal weight	-1,87 (-4,93; 1,19)	1.28	0.027	
		Overweight	-0,57 (-3,68; 2,54)	1.3	0.87	
		Obese grade I	-0,14 (-3,6; 3,32)	1.44	0.919	
Hospital length of stay	Underweight	Normal weight	1,33 (-3,63; 6,29)	1.77	0.944	
		Overweight	6,5 (1,42; 11,58)	1.81	0.003	
		Obese grade I	7,95 (2,14; 13,76)	2.07	0.001	
			Obese grade II/III	7,58 (0,53; 14,64)	2.51	0.022
	Normal weight	Underweight	-1,33 (-6,29; 3,63)	1.77	0.944	
		Overweight	5,17 (2,18; 8,16)	1.06	0.001	
		Obese grade I	6,62 (2,51; 10,74)	1.46	0.001	
			Obese grade II/III	6,25 (0,51; 11,99)	2.04	0.019
	Overweight	Underweight	-6,5 (-11,58; -1,42)	1.81	0.003	
		Normal weight	-5,17 (-8,16; -2,18)	1.06	0.001	
		Obese grade I	1,45 (-2,8; 5,71)	1.51	0.873	
			Obese grade II/III	1,08 (-4,76; 6,92)	2.08	0.985
	Obese grade I	Underweight	-7,95 (-13,76; -2,14)	2.07	0.001	
		Normal weight	-6,62 (-10,74; -2,51)	1.46	0.001	
		Overweight	-1,45 (-5,71; 2,8)	1.51	0.873	
			Obese grade II/III	-0,37 (-6,86; 6,11)	2.31	1
	Obese grade II/III	Underweight	-7,58 (-14,64; -0,53)	2.51	0.022	
		Normal weight	-6,25 (-11,99; -0,51)	2.04	0.019	
Overweight		-1,08 (-6,92; 4,76)	2.08	0.985		
		Obese grade I	0,37 (-6,11; 6,86)	2.31	1	
Mean arterial pressure	Underweight	Normal weight	-5,57 (-10,41; -0,72)	1.72	0.011	
		Overweight	-7,85 (-12,81; -2,89)	1.77	0.001	
		Obese grade I	-10,56 (-16,24; -4,89)	2.02	0.001	
			Obese grade II/III	-9,44 (-16,34; -2,53)	2.46	0.001
	Normal weight	Underweight	5,57 (0,72; 10,41)	1.72	0.011	
		Overweight	-2,28 (-5,21; 0,65)	1.04	0.185	
		Obese grade I	-5 (-9,01; -0,98)	1.43	0.004	
			Obese grade II/III	-3,87 (-9,49; 1,76)	2	0.3
	Overweight	Underweight	7,85 (2,89; 12,81)	1.77	0.001	
		Normal weight	2,28 (-0,65; 5,21)	1.04	0.185	
		Obese grade I	-2,72 (-6,87; 1,44)	1.48	0.353	
			Obese grade II/III	-1,59 (-7,31; 4,14)	2.04	0.936
	Obese grade I	Underweight	10,56 (4,89; 16,24)	2.02	0.001	
		Normal weight	5 (0,98; 9,01)	1.43	0.004	
		Overweight	2,72 (-1,44; 6,87)	1.48	0.353	
			Obese grade II/III	1,13 (-5,23; 7,48)	2.26	0.988
	Obese grade II/III	Underweight	9,44 (2,53; 16,34)	2.46	0.001	
		Normal weight	3,87 (-1,76; 9,49)	2	0.3	
Overweight		1,59 (-4,14; 7,31)	2.04	0.936		
		Obese grade I	-1,13 (-7,48; 5,23)	2.26	0.988	
Heart rate	Underweight	Normal weight	3,39 (-1,36; 8,14)	1.69	0.262	
		Overweight	5,24 (0,38; 10,11)	1.73	0.021	
		Obese grade I	7,14 (1,57; 12,7)	1.98	0.003	
			Obese grade II/III	1,8 (-4,97; 8,57)	2.41	0.945
	Normal weight	Underweight	-3,39 (-8,14; 1,36)	1.69	0.262	
		Overweight	1,85 (-1,02; 4,71)	1.02	0.368	
		Obese grade I	3,74 (-0,2; 7,68)	1.4	0.059	
			Obese grade II/III	-1,59 (-7,11; 3,92)	1.96	0.927
	Overweight	Underweight	-5,24 (-10,11; -0,38)	1.73	0.021	
		Normal weight	-1,85 (-4,71; 1,02)	1.02	0.368	
		Obese grade I	1,9 (-2,18; 5,97)	1.45	0.687	
			Obese grade II/III	-3,44 (-9,05; 2,17)	2	0.421
	Obese grade I	Underweight	-7,14 (-12,7; -1,57)	1.98	0.003	
		Normal weight	-3,74 (-7,68; 0,2)	1.4	0.059	
		Overweight	-1,9 (-5,97; 2,18)	1.45	0.687	
			Obese grade II/III	-5,34 (-11,56; 0,89)	2.22	0.114

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Table 3 (continued)

Variable	BMI Reference category	BMI comparison group	Mean difference (95% CI)	Error ²	p-value	
Respiratory rate	Obese grade II/III	Underweight	-1,8 (-8,57; 4,97)	2.41	0.945	
		Normal weight	1,59 (-3,92; 7,11)	1.96	0.927	
		Overweight	3,44 (-2,17; 9,05)	2	0.421	
	Underweight	Obese grade I	Obese grade I	5,34 (-0,89; 11,56)	2.22	0.114
			Normal weight	1,12 (0,07; 2,16)	0.37	0.023
			Overweight	0,98 (-0,08; 2,05)	0.38	0.073
		Normal weight	Obese grade I	1,38 (0,16; 2,61)	0.44	0.013
			Obese grade II/III	0,76 (-0,73; 2,25)	0.53	0.606
			Underweight	-1,12 (-2,16; -0,07)	0.37	0.023
	Overweight	Obese grade I	Overweight	-0,13 (-0,76; 0,5)	0.22	0.977
			Obese grade I	0,27 (-0,6; 1,13)	0.31	0.907
			Obese grade II/III	-0,36 (-1,57; 0,86)	0.43	0.925
Obese grade I		Underweight	-0,98 (-2,05; 0,08)	0.38	0.073	
		Normal weight	0,13 (-0,5; 0,76)	0.22	0.977	
		Obese grade I	0,4 (-0,5; 1,29)	0.32	0.72	
Obese grade I	Obese grade II/III	Obese grade II/III	-0,22 (-1,46; 1,01)	0.44	0.987	
		Underweight	-1,38 (-2,61; -0,16)	0.44	0.013	
		Normal weight	-0,27 (-1,13; 0,6)	0.31	0.907	
	Obese grade II/III	Overweight	-0,4 (-1,29; 0,5)	0.32	0.72	
		Obese grade II/III	-0,62 (-2; 0,75)	0.49	0.707	
		Underweight	-0,76 (-2,25; 0,73)	0.53	0.606	
Temperature	Underweight	Normal weight	0,36 (-0,86; 1,57)	0.43	0.925	
		Overweight	0,22 (-1,01; 1,46)	0.44	0.987	
		Obese grade I	0,62 (-0,75; 2)	0.49	0.707	
	Normal weight	Obese grade I	Underweight	-0,13 (-0,38; 0,12)	0.09	0.598
			Overweight	-0,11 (-0,37; 0,15)	0.09	0.755
			Obese grade I	-0,14 (-0,44; 0,15)	0.1	0.64
		Obese grade II/III	Obese grade II/III	-0,11 (-0,46; 0,25)	0.13	0.917
			Underweight	0,13 (-0,12; 0,38)	0.09	0.598
			Overweight	0,02 (-0,13; 0,17)	0.05	0.996
	Overweight	Obese grade I	Obese grade I	-0,02 (-0,22; 0,19)	0.07	1
			Obese grade II/III	0,02 (-0,27; 0,31)	0.1	1
			Underweight	0,11 (-0,15; 0,37)	0.09	0.755
Obese grade I		Normal weight	-0,02 (-0,17; 0,13)	0.05	0.996	
		Obese grade I	-0,03 (-0,25; 0,18)	0.08	0.991	
		Obese grade II/III	0 (-0,29; 0,3)	0.1	1	
Obese grade II/III	Obese grade I	Underweight	0,14 (-0,15; 0,44)	0.1	0.64	
		Normal weight	0,02 (-0,19; 0,22)	0.07	1	
		Overweight	0,03 (-0,18; 0,25)	0.08	0.991	
	Obese grade II/III	Obese grade II/III	0,04 (-0,29; 0,36)	0.12	0.998	
		Underweight	0,11 (-0,25; 0,46)	0.13	0.917	
		Normal weight	-0,02 (-0,31; 0,27)	0.1	1	
Creatinine	Underweight	Overweight	0 (-0,3; 0,29)	0.1	1	
		Obese grade I	-0,04 (-0,36; 0,29)	0.12	0.998	
		Normal weight	-0,08 (-0,65; 0,49)	0.2	0.994	
	Normal weight	Obese grade I	Overweight	-0,11 (-0,7; 0,47)	0.21	0.983
			Obese grade I	0,14 (-0,52; 0,81)	0.24	0.974
			Obese grade II/III	0,32 (-0,48; 1,12)	0.28	0.793
		Obese grade I	Underweight	0,08 (-0,49; 0,65)	0.2	0.994
			Overweight	-0,03 (-0,37; 0,31)	0.12	0.999
			Obese grade I	0,23 (-0,24; 0,69)	0.17	0.646
	Overweight	Obese grade II/III	Obese grade II/III	0,4 (-0,24; 1,04)	0.23	0.393
			Underweight	0,11 (-0,47; 0,7)	0.21	0.983
			Normal weight	0,03 (-0,31; 0,37)	0.12	0.999
Obese grade I		Obese grade I	0,26 (-0,23; 0,74)	0.17	0.565	
		Obese grade II/III	0,43 (-0,22; 1,09)	0.23	0.339	
		Underweight	-0,14 (-0,81; 0,52)	0.24	0.974	
Obese grade I	Normal weight	-0,23 (-0,69; 0,24)	0.17	0.646		
	Overweight	-0,26 (-0,74; 0,23)	0.17	0.565		

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Table 3 (continued)

Variable	BMI Reference category	BMI comparison group	Mean difference (95% CI)	Error ²	p-value
		Obese grade II/III	0,18 (-0,55; 0,9)	0.26	0.96
	Obese grade II/III	Underweight	-0,32 (-1,12; 0,48)	0.28	0.793
		Normal weight	-0,4 (-1,04; 0,24)	0.23	0.393
		Overweight	-0,43 (-1,09; 0,22)	0.23	0.339
		Obese grade I	-0,18 (-0,9; 0,55)	0.26	0.96
Platelets	Underweight	Normal weight	12,75 (-14,8; 40,29)	9.8	0.691
		Overweight	25,15 (-3,07; 53,38)	10.04	0.09
		Obese grade I	31,41 (-0,81; 63,62)	11.46	0.049
		Obese grade II/III	-7,35 (-46,3; 31,59)	13.86	0.984
	Normal weight	Underweight	-12,75 (-40,29; 14,8)	9.8	0.691
		Overweight	12,41 (-4,11; 28,92)	5.88	0.216
		Obese grade I	18,66 (-4,01; 41,33)	8.07	0.141
		Obese grade II/III	-20,1 (-51,61; 11,41)	11.21	0.378
	Overweight	Underweight	-25,15 (-53,38; 3,07)	10.04	0.09
		Normal weight	-12,41 (-28,92; 4,11)	5.88	0.216
		Obese grade I	6,26 (-17,23; 29,75)	8.36	0.945
		Obese grade II/III	-32,51 (-64,61; -0,4)	11.43	0.036
	Obese grade I	Underweight	-31,41 (-63,62; 0,81)	11.46	0.049
		Normal weight	-18,66 (-41,33; 4,01)	8.07	0.141
		Overweight	-6,26 (-29,75; 17,23)	8.36	0.945
		Obese grade II/III	-38,76 (-74,42; -3,1)	12.69	0.019
	Obese grade II/III	Underweight	7,35 (-31,59; 46,3)	13.86	0.984
		Normal weight	20,1 (-11,41; 51,61)	11.21	0.378
		Overweight	32,51 (0,4; 64,61)	11.43	0.036
		Obese grade I	38,76 (3,1; 74,42)	12.69	0.019
Hematocrit	Underweight	Normal weight	-1,83 (-3,6; -0,06)	0.63	0.031
		Overweight	-2,86 (-4,68; -1,04)	0.65	0.001
		Obese grade I	-4,41 (-6,48; -2,34)	0.74	0.001
		Obese grade II/III	-3,75 (-6,26; -1,25)	0.89	0.001
	Normal weight	Underweight	1,83 (0,06; 3,6)	0.63	0.031
		Overweight	-1,03 (-2,09; 0,03)	0.38	0.051
		Obese grade I	-2,58 (-4,04; -1,12)	0.52	0.001
		Obese grade II/III	-1,92 (-3,95; 0,1)	0.72	0.059
	Overweight	Underweight	2,86 (1,04; 4,68)	0.65	0.001
		Normal weight	1,03 (-0,03; 2,09)	0.38	0.051
		Obese grade I	-1,55 (-3,06; -0,04)	0.54	0.032
		Obese grade II/III	-0,89 (-2,96; 1,17)	0.74	0.742
	Obese grade I	Underweight	4,41 (2,34; 6,48)	0.74	0.001
		Normal weight	2,58 (1,12; 4,04)	0.52	0.001
		Overweight	1,55 (0,04; 3,06)	0.54	0.032
		Obese grade II/III	0,66 (-1,64; 2,95)	0.82	0.929
	Obese grade II/III	Underweight	3,75 (1,25; 6,26)	0.89	0.001
		Normal weight	1,92 (-0,1; 3,95)	0.72	0.059
		Overweight	0,89 (-1,17; 2,96)	0.74	0.742
		Obese grade I	-0,66 (-2,95; 1,64)	0.82	0.929
Leukocytes	Underweight	Normal weight	0,55 (-2,18; 3,28)	0.97	0.98
		Overweight	0,53 (-2,27; 3,32)	0.99	0.984
		Obese grade I	0,84 (-2,35; 4,03)	1.14	0.946
		Obese grade II/III	-0,48 (-4,34; 3,37)	1.37	0.997
	Normal weight	Underweight	-0,55 (-3,28; 2,18)	0.97	0.98
		Overweight	-0,02 (-1,66; 1,62)	0.58	1
		Obese grade I	0,3 (-1,95; 2,54)	0.8	0.996
		Obese grade II/III	-1,03 (-4,15; 2,09)	1.11	0.886
	Overweight	Underweight	-0,53 (-3,32; 2,27)	0.99	0.984
		Normal weight	0,02 (-1,62; 1,66)	0.58	1
		Obese grade I	0,32 (-2,01; 2,64)	0.83	0.996
		Obese grade II/III	-1,01 (-4,19; 2,17)	1.13	0.899
	Obese grade I	Underweight	-0,84 (-4,03; 2,35)	1.14	0.946
		Normal weight	-0,3 (-2,54; 1,95)	0.8	0.996

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Table 3 (continued)

Variable	BMI Reference category	BMI comparison group	Mean difference (95% CI)	Error ²	p-value
	Obese grade II/III	Overweight	-0,32 (-2,64; 2,01)	0.83	0.996
		Obese grade II/III	-1,33 (-4,86; 2,21)	1.26	0.829
		Underweight	0,48 (-3,37; 4,34)	1.37	0.997
		Normal weight	1,03 (-2,09; 4,15)	1.11	0.886
		Overweight	1,01 (-2,17; 4,19)	1.13	0.899
	Obese grade I	Obese grade I	1,33 (-2,21; 4,86)	1.26	0.829
		Underweight	498,96 (-898,42; 1896,34)	497.27	0.854
		Overweight	1178,21 (-253,81; 2610,23)	509.59	0.141
		Obese grade I	1036,11 (-597,74; 2669,96)	581.42	0.384
		Obese grade II/III	-244,51 (-2219,86; 1730,84)	702.94	0.997
Segmented neutrophils	Normal weight	Underweight	-498,96 (-1896,34; 898,42)	497.27	0.854
		Overweight	679,25 (-159,73; 1518,23)	298.56	0.153
		Obese grade I	537,15 (-612,92; 1687,22)	409.26	0.683
		Obese grade II/III	-743,47 (-2341,97; 855,02)	568.84	0.687
		Overweight	-1178,21 (-2610,23; 253,81)	509.59	0.141
	Overweight	Normal weight	-679,25 (-1518,23; 159,73)	298.56	0.153
		Obese grade I	-142,1 (-1334,02; 1049,82)	424.15	0.997
		Obese grade II/III	-1422,72 (-3051,59; 206,14)	579.64	0.102
		Underweight	-1036,11 (-2669,96; 597,74)	581.42	0.384
		Normal weight	-537,15 (-1687,22; 612,92)	409.26	0.683
	Obese grade I	Overweight	142,1 (-1049,82; 1334,02)	424.15	0.997
		Obese grade II/III	-1280,62 (-3089,49; 528,24)	643.7	0.271
		Underweight	244,51 (-1730,84; 2219,86)	702.94	0.997
		Normal weight	743,47 (-855,02; 2341,97)	568.84	0.687
		Overweight	1422,72 (-206,14; 3051,59)	579.64	0.102
	Obese grade II/III	Obese grade I	1280,62 (-528,24; 3089,49)	643.7	0.271
		Underweight	75,96 (-48,73; 200,65)	44.37	0.427
		Overweight	105,63 (-22,15; 233,41)	45.47	0.138
		Obese grade I	140,73 (-5,06; 286,52)	51.88	0.052
		Obese grade II/III	66,52 (-109,75; 242,78)	62.72	0.827
Band neutrophils	Normal weight	Underweight	-75,96 (-200,65; 48,73)	44.37	0.427
		Overweight	29,67 (-45,19; 104,54)	26.64	0.799
		Obese grade I	64,77 (-37,85; 167,39)	36.52	0.389
		Obese grade II/III	-9,44 (-152,08; 133,19)	50.76	1
		Overweight	-105,63 (-233,41; 22,15)	45.47	0.138
	Overweight	Normal weight	-29,67 (-104,54; 45,19)	26.64	0.799
		Obese grade I	35,1 (-71,26; 141,45)	37.85	0.886
		Obese grade II/III	-39,12 (-184,46; 106,23)	51.72	0.943
		Underweight	-140,73 (-286,52; 5,06)	51.88	0.052
		Normal weight	-64,77 (-167,39; 37,85)	36.52	0.389
	Obese grade I	Overweight	-35,1 (-141,45; 71,26)	37.85	0.886
		Obese grade II/III	-74,21 (-235,62; 87,19)	57.44	0.696
		Underweight	-66,52 (-242,78; 109,75)	62.72	0.827
		Normal weight	9,44 (-133,19; 152,08)	50.76	1
		Overweight	39,12 (-106,23; 184,46)	51.72	0.943
	Obese grade II/III	Obese grade I	74,21 (-87,19; 235,62)	57.44	0.696
		Underweight	-28,93 (-2185,57; 2127,71)	767.45	1
		Overweight	-796,2 (-3006,3; 1413,9)	786.48	0.85
		Obese grade I	-360,33 (-2881,92; 2161,25)	897.32	0.995
		Obese grade II/III	-274,81 (-3323,44; 2773,83)	1084.88	0.999
Lymphocytes	Normal weight	Underweight	28,93 (-2127,71; 2185,57)	767.45	1
		Overweight	-767,27 (-2062,09; 527,56)	460.77	0.456
		Obese grade I	-331,4 (-2106,35; 1443,55)	631.63	0.985
		Obese grade II/III	-245,88 (-2712,9; 2221,15)	877.91	0.999
		Overweight	796,2 (-1413,9; 3006,3)	786.48	0.85
	Overweight	Normal weight	767,27 (-527,56; 2062,09)	460.77	0.456
		Obese grade I	435,87 (-1403,67; 2275,4)	654.61	0.964
		Obese grade II/III	521,39 (-1992,5; 3035,29)	894.59	0.978
		Underweight	360,33 (-2161,25; 2881,92)	897.32	0.995

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Table 3 (continued)

Variable	BMI Reference category	BMI comparison group	Mean difference (95% CI)	Error ²	p-value	
		Normal weight	331,4 (-1443,55; 2106,35)	631.63	0.985	
		Overweight	-435,87 (-2275,4; 1403,67)	654.61	0.964	
		Obese grade II/III	85,53 (-2706,16; 2877,22)	993.44	1	
		Underweight	274,81 (-2773,83; 3323,44)	1084.88	0.999	
		Normal weight	245,88 (-2221,15; 2712,9)	877.91	0.999	
		Overweight	-521,39 (-3035,29; 1992,5)	894.59	0.978	
		Obese grade I	-85,53 (-2877,22; 2706,16)	993.44	1	
		Underweight				
		Normal weight				
		Overweight				
Atypical lymphocytes	Underweight	Normal weight	-4,12 (-46,25; 38,01)	14.99	0.999	
		Overweight	-3,93 (-47,11; 39,25)	15.37	0.999	
		Obese grade I	-33,62 (-82,87; 15,64)	17.53	0.308	
		Obese grade II/III	0,12 (-59,43; 59,67)	21.19	1	
	Normal weight	Underweight	4,12 (-38,01; 46,25)	14.99	0.999	
		Overweight	0,19 (-25,12; 25,51)	9.01	1	
		Obese grade I	-29,5 (-64,17; 5,18)	12.34	0.118	
		Obese grade II/III	4,24 (-43,95; 52,43)	17.15	0.999	
	Overweight	Underweight	3,93 (-39,25; 47,11)	15.37	0.999	
		Normal weight	-0,19 (-25,51; 25,12)	9.01	1	
		Obese grade I	-29,69 (-65,63; 6,25)	12.79	0.138	
		Obese grade II/III	4,05 (-45,07; 53,16)	17.48	0.999	
	Obese grade I	Underweight	33,62 (-15,64; 82,87)	17.53	0.308	
		Normal weight	29,5 (-5,18; 64,17)	12.34	0.118	
		Overweight	29,69 (-6,25; 65,63)	12.79	0.138	
		Obese grade II/III	33,74 (-20,8; 88,27)	19.41	0.41	
	Obese grade II/III	Underweight	-0,12 (-59,67; 59,43)	21.19	1	
		Normal weight	-4,24 (-52,43; 43,95)	17.15	0.999	
		Overweight	-4,05 (-53,16; 45,07)	17.48	0.999	
		Obese grade I	-33,74 (-88,27; 20,8)	19.41	0.41	
Monocytes	Underweight	Normal weight	-47,81 (-142,96; 47,33)	33.86	0.62	
		Overweight	-16,02 (-113,52; 81,48)	34.7	0.991	
		Obese grade I	-40,29 (-151,53; 70,96)	39.59	0.847	
		Obese grade II/III	-96,22 (-230,71; 38,28)	47.86	0.261	
	Normal weight	Underweight	47,81 (-47,33; 142,96)	33.86	0.62	
		Overweight	31,8 (-25,33; 88,92)	20.33	0.521	
		Obese grade I	7,53 (-70,77; 85,83)	27.86	0.999	
		Obese grade II/III	-48,4 (-157,24; 60,43)	38.73	0.722	
	Overweight	Underweight	16,02 (-81,48; 113,52)	34.7	0.991	
		Normal weight	-31,8 (-88,92; 25,33)	20.33	0.521	
		Obese grade I	-24,27 (-105,42; 56,89)	28.88	0.918	
		Obese grade II/III	-80,2 (-191,1; 30,7)	39.47	0.251	
	Obese grade I	Underweight	40,29 (-70,96; 151,53)	39.59	0.847	
		Normal weight	-7,53 (-85,83; 70,77)	27.86	0.999	
		Overweight	24,27 (-56,89; 105,42)	28.88	0.918	
		Obese grade II/III	-55,93 (-179,09; 67,23)	43.83	0.706	
	Obese grade II/III	Underweight	96,22 (-38,28; 230,71)	47.86	0.261	
		Normal weight	48,4 (-60,43; 157,24)	38.73	0.722	
		Overweight	80,2 (-30,7; 191,1)	39.47	0.251	
		Obese grade I	55,93 (-67,23; 179,09)	43.83	0.706	
Basophils	Underweight	Normal weight	-1,16 (-13,03; 10,71)	4.22	0.999	
		Overweight	-9 (-21,16; 3,17)	4.33	0.23	
		Obese grade I	-6,38 (-20,26; 7,5)	4.94	0.697	
		Obese grade II/III	-9,9 (-26,68; 6,88)	5.97	0.46	
	Normal weight	Underweight	1,16 (-10,71; 13,03)	4.22	0.999	
		Overweight	-7,84 (-14,96; -0,71)	2.54	0.017	
		Obese grade I	-5,21 (-14,98; 4,56)	3.48	0.563	
		Obese grade II/III	-8,74 (-22,32; 4,84)	4.83	0.369	
	Overweight	Underweight	9 (-3,17; 21,16)	4.33	0.23	
		Normal weight	7,84 (0,71; 14,96)	2.54	0.017	
		Obese grade I	2,62 (-7,5; 12,75)	3.6	0.95	
		Obese grade II/III	-0,9 (-14,74; 12,94)	4.92	1	

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Table 3 (continued)

Variable	BMI Reference category	BMI comparison group	Mean difference (95% CI)	Error ²	p-value		
	Obese grade I	Underweight	6,38 (-7,5; 20,26)	4.94	0.697		
		Normal weight	5,21 (-4,56; 14,98)	3.48	0.563		
		Overweight	-2,62 (-12,75; 7,5)	3.6	0.95		
	Obese grade II/III	Obese grade II/III	Underweight	-3,53 (-18,89; 11,84)	5.47	0.968	
			Normal weight	9,9 (-6,88; 26,68)	5.97	0.46	
			Overweight	8,74 (-4,84; 22,32)	4.83	0.369	
		Obese grade I	Underweight	0,9 (-12,94; 14,74)	4.92	1	
			Normal weight	3,53 (-11,84; 18,89)	5.47	0.968	
			Overweight	42,95 (-17,15; 103,05)	21.39	0.262	
	Eosinophils	Underweight	Normal weight	35,87 (-25,72; 97,46)	21.92	0.474	
			Obese grade I	54,64 (-15,63; 124,91)	25.01	0.186	
			Obese grade II/III	69,19 (-15,77; 154,14)	30.23	0.149	
Normal weight			Underweight	-42,95 (-103,05; 17,15)	21.39	0.262	
			Overweight	-7,08 (-43,16; 29,01)	12.84	0.982	
			Obese grade I	11,68 (-37,78; 61,15)	17.6	0.964	
Overweight		Obese grade II/III	Underweight	26,23 (-42,52; 94,98)	24.47	0.821	
			Normal weight	-35,87 (-97,46; 25,72)	21.92	0.474	
			Obese grade I	7,08 (-29,01; 43,16)	12.84	0.982	
		Obese grade I	Underweight	18,76 (-32,5; 70,03)	18.24	0.842	
			Obese grade II/III	33,31 (-36,75; 103,37)	24.93	0.669	
			Normal weight	-54,64 (-124,91; 15,63)	25.01	0.186	
Obese grade II/III		Underweight	Normal weight	-11,68 (-61,15; 37,78)	17.6	0.964	
			Overweight	-18,76 (-70,03; 32,5)	18.24	0.842	
			Obese grade II/III	14,55 (-63,25; 92,35)	27.68	0.985	
		Normal weight	Underweight	-69,19 (-154,14; 15,77)	30.23	0.149	
			Normal weight	-26,23 (-94,98; 42,52)	24.47	0.821	
			Overweight	-33,31 (-103,37; 36,75)	24.93	0.669	
		Obese grade I	Underweight	-14,55 (-92,35; 63,25)	27.68	0.985	
			Normal weight	1,47 (-0,28; 3,22)	0.62	0.128	
			Overweight	0,47 (-1,32; 2,26)	0.64	0.948	
		Na	Underweight	Obese grade I	0,2 (-1,86; 2,25)	0.73	0.999
				Obese grade II/III	1,04 (-1,43; 3,51)	0.88	0.761
				Normal weight	Underweight	-1,47 (-3,22; 0,28)	0.62
Overweight	-1 (-2,05; 0,05)				0.37	0.056	
Obese grade I	-1,27 (-2,72; 0,18)				0.52	0.099	
Overweight	Obese grade II/III			Underweight	-0,43 (-2,42; 1,56)	0.71	0.974
			Normal weight	-0,47 (-2,26; 1,32)	0.64	0.948	
			Obese grade I	1 (-0,05; 2,05)	0.37	0.056	
	Obese grade I		Obese grade II/III	-0,27 (-1,77; 1,23)	0.53	0.987	
			Obese grade II/III	0,57 (-1,46; 2,6)	0.72	0.934	
			Underweight	-0,2 (-2,25; 1,86)	0.73	0.999	
Obese grade II/III	Normal weight		Underweight	1,27 (-0,18; 2,72)	0.52	0.099	
			Overweight	0,27 (-1,23; 1,77)	0.53	0.987	
			Obese grade II/III	0,84 (-1,42; 3,1)	0.81	0.835	
	Underweight		Underweight	-1,04 (-3,51; 1,43)	0.88	0.761	
			Normal weight	0,43 (-1,56; 2,42)	0.71	0.974	
			Overweight	-0,57 (-2,6; 1,46)	0.72	0.934	
	Obese grade I		Obese grade I	-0,84 (-3,1; 1,42)	0.81	0.835	
			Normal weight	0,01 (-0,2; 0,22)	0.08	1	
			Overweight	0,05 (-0,17; 0,27)	0.08	0.966	
	K		Underweight	Obese grade I	0,11 (-0,14; 0,36)	0.09	0.707
				Obese grade II/III	-0,03 (-0,33; 0,27)	0.11	0.998
				Normal weight	Underweight	-0,01 (-0,22; 0,2)	0.08
Overweight					0,04 (-0,08; 0,17)	0.04	0.881
Obese grade I		0,1 (-0,07; 0,28)	0.06		0.444		
Overweight		Obese grade II/III	Underweight	-0,04 (-0,28; 0,2)	0.09	0.99	
			Overweight	-0,05 (-0,27; 0,17)	0.08	0.966	
			Normal weight	-0,04 (-0,17; 0,08)	0.04	0.881	
		Obese grade I	Normal weight	0,06 (-0,12; 0,24)	0.06	0.869	
			Obese grade I	0,06 (-0,12; 0,24)	0.06	0.869	

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Table 3 (continued)

Variable	BMI Reference category	BMI comparison group	Mean difference (95% CI)	Error ²	p-value
		Obese grade II/III	-0,08 (-0,33; 0,16)	0.09	0.879
	Obese grade I	Underweight	-0,11 (-0,36; 0,14)	0.09	0.707
		Normal weight	-0,1 (-0,28; 0,07)	0.06	0.444
		Overweight	-0,06 (-0,24; 0,12)	0.06	0.869
		Obese grade II/III	-0,14 (-0,42; 0,13)	0.1	0.569
	Obese grade II/III	Underweight	0,03 (-0,27; 0,33)	0.11	0.998
		Normal weight	0,04 (-0,2; 0,28)	0.09	0.99
		Overweight	0,08 (-0,16; 0,33)	0.09	0.879
		Obese grade I	0,14 (-0,13; 0,42)	0.1	0.569
C Reactive Protein	Underweight	Normal weight	5,4 (-11,94; 22,74)	6.17	0.906
		Overweight	17,24 (-0,54; 35,02)	6.33	0.051
		Obese grade I	24,29 (4,09; 44,49)	7.19	0.007
		Obese grade II/III	23,69 (-1,14; 48,52)	8.84	0.057
	Normal weight	Underweight	-5,4 (-22,74; 11,94)	6.17	0.906
		Overweight	11,84 (1,49; 22,19)	3.68	0.012
		Obese grade I	18,89 (4,79; 33)	5.02	0.002
		Obese grade II/III	18,29 (-1,9; 38,48)	7.18	0.081
	Overweight	Underweight	-17,24 (-35,02; 0,54)	6.33	0.051
		Normal weight	-11,84 (-22,19; -1,49)	3.68	0.012
		Obese grade I	7,05 (-7,59; 21,69)	5.21	0.657
		Obese grade II/III	6,45 (-14,12; 27,01)	7.32	0.904
	Obese grade I	Underweight	-24,29 (-44,49; -4,09)	7.19	0.007
		Normal weight	-18,89 (-33; -4,79)	5.02	0.002
		Overweight	-7,05 (-21,69; 7,59)	5.21	0.657
		Obese grade II/III	-0,61 (-23,29; 22,08)	8.07	1
	Obese grade II/III	Underweight	-23,69 (-48,52; 1,14)	8.84	0.057
		Normal weight	-18,29 (-38,48; 1,9)	7.18	0.081
		Overweight	-6,45 (-27,01; 14,12)	7.32	0.904
		Obese grade I	0,61 (-22,08; 23,29)	8.07	1

Bonferroni post hoc analysis was used, after ANOVA, to compare the study variables between each BMI category. In bold are the variables with statistical significance (p < 0.05).

4. Discussion

While SAPS3 performed well in the obese, overweight, and normal weight groups, there was a significant lack of accuracy in underweight patients. Similarly, Deliberato et al. demonstrated that the performance of others severity scores was inconsistent across BMI categories [11]. We

assume that the clinical differences observed between the groups may impact the performance of the score; therefore, it should be accessed and readjusted.

We found clinically significant differences between the BMI groups in our study that may be compromising SAPS3 predictive performance in patients with low weight. These patients were older and had a higher

Table 4. Differences in proportions between each BMI category.

Variables		Underweight	Normal weight	Overweight	Obese grade I	Obese grade II/III
Gender	Female	98a, b (57, 31%)	438b (47, 92%)	356b (50, 86%)	176a, c (64, 71%)	90c (73, 77%)
	Male	73a, b (42, 69%)	476b (52, 08%)	344b (49, 14%)	96a, c (35, 29%)	32c (26, 23%)
Admission Diagnosis	Cardiovascular	25a, b (14, 62%)	152b (16, 63%)	160a, c (22, 86%)	81c (29, 78%)	34a, c (27, 87%)
	Respiratory	13a (7, 6%)	55a (6, 02%)	40a (5, 71%)	13a (4, 78%)	5a (4, 1%)
Neurological	Neurological	22a (12, 87%)	171a (18, 71%)	115a (16, 43%)	41a (15, 07%)	11a (9, 02%)
	Infectious	57a (33, 33%)	184b (20, 13%)	96c (13, 71%)	30c (11, 03%)	25a, b, c (20, 49%)
	Surgical	10a (5, 85%)	141b (15, 43%)	143b, c (20, 43%)	65c (23, 9%)	21b, c (17, 21%)
	Other	44a (25, 73%)	211a (23, 09%)	146a (20, 86%)	42a (15, 44%)	26a (21, 31%)
Use of VAD	Yes	21a (12, 28%)	86a (9, 41%)	60a (8, 57%)	27a (9, 93%)	7a (5, 74%)
	No	150a (87, 72%)	828a (90, 59%)	640a (91, 43%)	245a (90, 07%)	115a (94, 26%)
Use of MV	Yes	32a (18, 71%)	157a (17, 18%)	110a (15, 71%)	38a (13, 97%)	10a (8, 2%)
	No	139a (81, 29%)	757a (82, 82%)	590a (84, 29%)	234a (86, 03%)	112a (91, 8%)
Congestive Heart Failure	Yes	11a (6, 43%)	59a (6, 46%)	44a (6, 29%)	13a (4, 78%)	5a (4, 1%)
	No	160a (93, 57%)	855a (93, 54%)	656a (93, 71%)	259a (95, 22%)	117a (95, 9%)
Chronic Renal Failure	Yes	17a (9, 94%)	119a (13, 02%)	82a (11, 71%)	26a (9, 56%)	7a (5, 74%)
	No	154a (90, 06%)	795a (86, 98%)	618a (88, 29%)	246a (90, 44%)	115a (94, 26%)

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Table 4 (continued)

Variables		Underweight	Normal weight	Overweight	Obese grade I	Obese grade II/III
Cirrhosis	Yes	1a (0, 58%)	9a (0, 98%)	14a (2%)	3a (1, 1%)	1a (0, 82%)
	No	170a (99, 42%)	905a (99, 02%)	686a (98%)	269a (98, 9%)	121a (99, 18%)
Cancer	Yes	29a, b (16, 96%)	149b (16, 3%)	90a, b (12, 86%)	23a (8, 46%)	11a, b (9, 02%)
	No	142a, b (83, 04%)	765b (83, 7%)	610a, b (87, 14%)	249a (91, 54%)	111a, b (90, 98%)
Immunodeficient	Yes	2a (1, 17%)	17a (1, 86%)	4a (0, 57%)	3a (1, 1%)	1a (0, 82%)
	No	169a (98, 83%)	897a (98, 14%)	696a (99, 43%)	269a (98, 9%)	121a (99, 18%)
Diabetes Mellitus	Yes	61a (35, 67%)	315a (34, 46%)	277a (39, 57%)	108a (39, 71%)	56a (45, 9%)
	No	110a (64, 33%)	599a (65, 54%)	423a (60, 43%)	164a (60, 29%)	66a (54, 1%)
Coronary Artery Disease	Yes	12a, b (7, 02%)	86b (9, 41%)	106a (15, 14%)	23a, b (8, 46%)	14a, b (11, 48%)
	No	159a, b (92, 98%)	828b (90, 59%)	594a (84, 86%)	249a, b (91, 54%)	108a, b (88, 52%)
Stroke	Yes	41a (23, 98%)	157a, b (17, 18%)	96b (13, 71%)	35b (12, 87%)	11b (9, 02%)
	No	130a (76, 02%)	757a, b (82, 82%)	604b (86, 29%)	237b (87, 13%)	111b (90, 98%)
Dementia	Yes	29a (16, 96%)	60b (6, 56%)	25b (3, 57%)	7b (2, 57%)	4b (3, 28%)
	No	142a (83, 04%)	854b (93, 44%)	675b (96, 43%)	265b (97, 43%)	118b (96, 72%)
Performance status	Completely independent	113a (66, 08%)	778b (85, 12%)	641c (91, 57%)	245b, c (90, 07%)	109b, c (89, 34%)
	Partially independent	18a (10, 53%)	65a (7, 11%)	39a (5, 57%)	18a (6, 62%)	8a (6, 56%)
	Fully dependent	40a (23, 39%)	71b (7, 77%)	20c (2, 86%)	9b, c (3, 31%)	5b, c (4, 1%)
ICU deaths	Yes	64a (37, 43%)	172b (18, 82%)	76c (10, 86%)	21c (7, 72%)	10c (8, 2%)
	No	107a (62, 57%)	742b (81, 18%)	624c (89, 14%)	251c (92, 28%)	112c (91, 8%)
ICU readmission	Yes	20a, b (11, 7%)	105b (11, 49%)	51a (7, 29%)	14a (5, 15%)	10a, b (8, 2%)
	No	151a, b (88, 3%)	809b (88, 51%)	649a (92, 71%)	258a (94, 85%)	112a, b (91, 8%)

Z-test with Bonferroni correction of clinical and epidemiological characteristics between BMI groups. In Bold, variables with significant difference ($p < 0.05$). Each subscript letter denotes a subset whose columns proportions do not differ significantly from each other.

burden of comorbidities that were independently associated with worse outcomes. Overweight and obese patients had a higher prevalence of diabetes and a lower mean SAPS3 score. The absence of significance between the creatinine values according to BMI groups may be associated with the presence of acute kidney injury at admission in underweight patients, since a lower proportion of lean mass is expected in this group [12]. In earlier studies, even after adjusting for significant comorbidities, low weight showed an association with mortality [13, 14, 15, 16]. However, in the current study, obese and overweight patients showed no protective factors, despite findings on previous research [17, 18, 19].

Studies exploring the effect of BMI on ICU outcomes have reported controversial results. Three meta-analyses have already demonstrated a J-shaped relationship between BMI and mortality, with overweight and

moderate obesity being protective when compared to a normal BMI [18, 19]. This remains poorly understood, but some hypotheses are currently being discussed. Obese patients tend to be younger at the time of ICU admission, a population generally at lower risk of mortality [20]. This was evident in our findings with a lower mean age amongst those with higher BMI. Alternatively, medical staff, anticipating possible risks and complications, may admit obese patients earlier to the ICU in relatively stable condition to initiate aggressive interventions [4]. In support of this hypothesis, obese subjects in our study were admitted with lower SAPS3 and CCI while underweight patients presented higher mean SAPS3 and MFI scores (Table 2), albeit with poor predictive performance. Despite our study was not specifically designed for this purpose, others have suggested that obese individuals have a greater nutritional reserve, thereby offering protection against hypercatabolic states experienced during critical illness

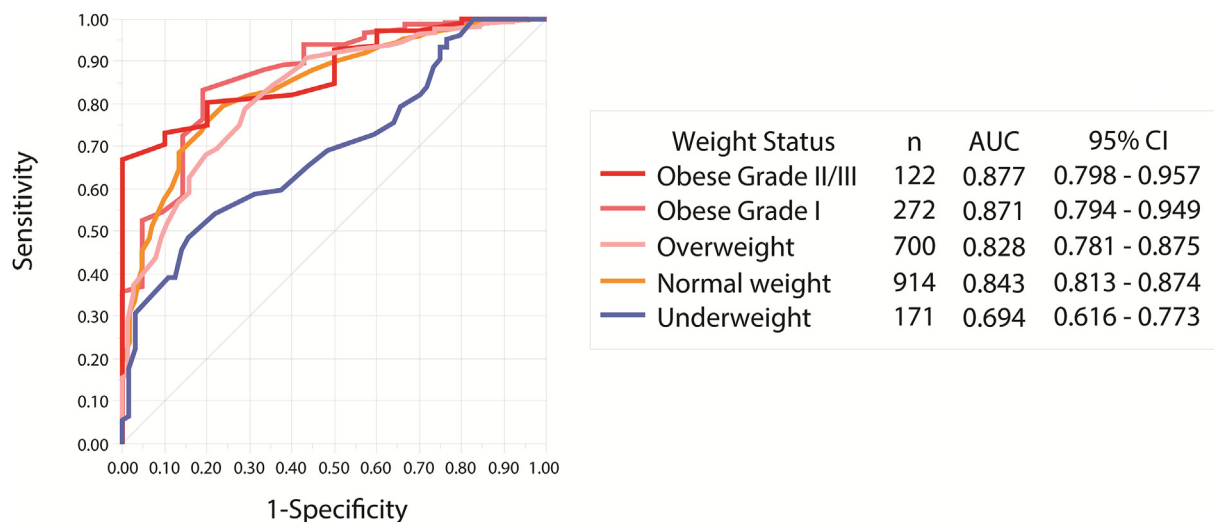


Figure 2. Performance of Saps3 Mortality Prediction According to BMI Category. The area under the receiver operating characteristics curve was calculated for each BMI stratum. Saps3 performance was adequate in all BMI groups except for the underweight group, in which a significantly poor discriminant function was observed. P-value for all curves <0.001.

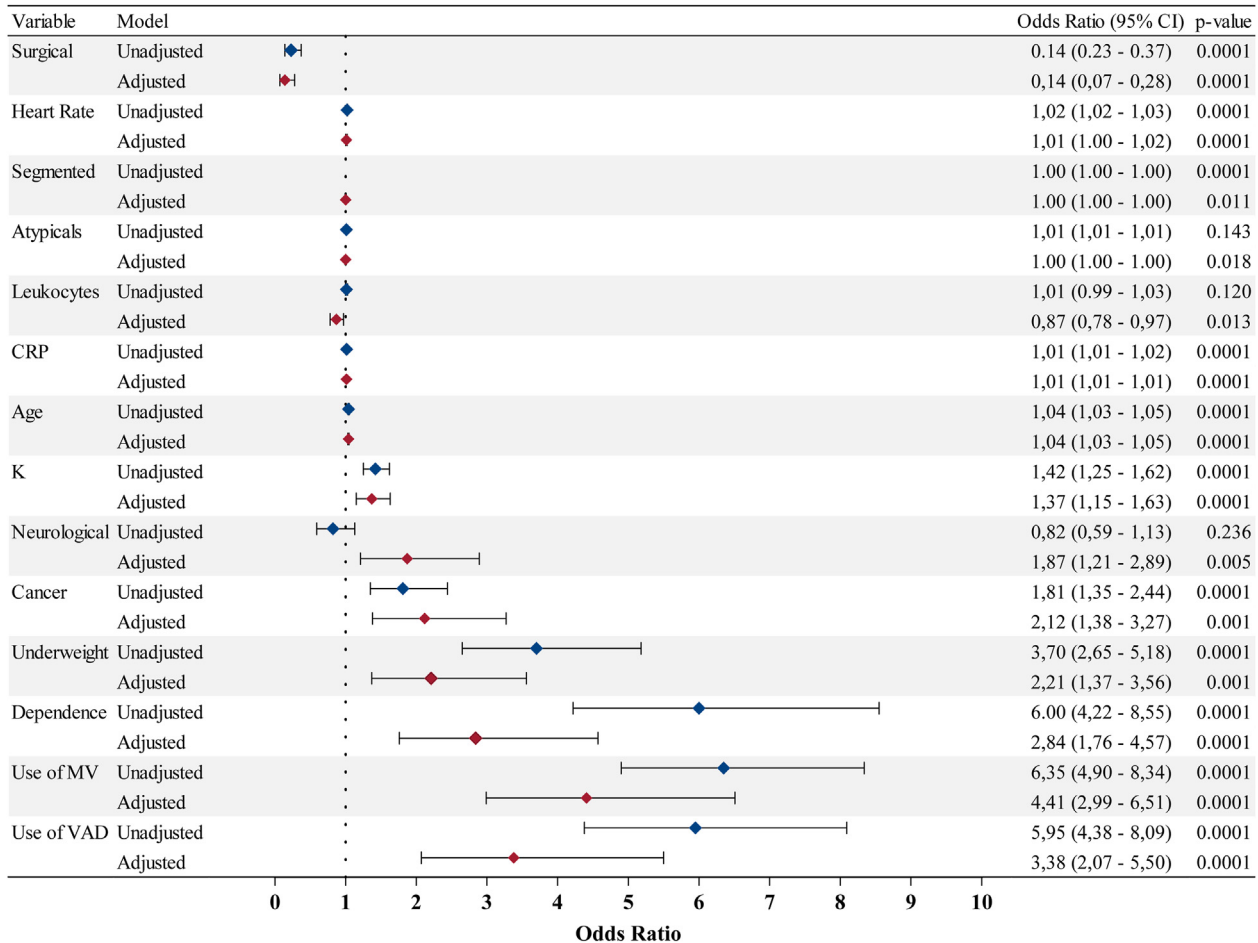


Figure 3. Risk assessment model for intra-unit mortality. The white prism represents the OR in the univariate analysis, while the black prism represents the OR after adjustment in the binary logistic regression. The variables that presented statistical significance at the end of the binary logistic regression were represented. CRP (C-reactive protein); K (potassium level); MV (mechanical ventilation); VAD (vasopressor drug).

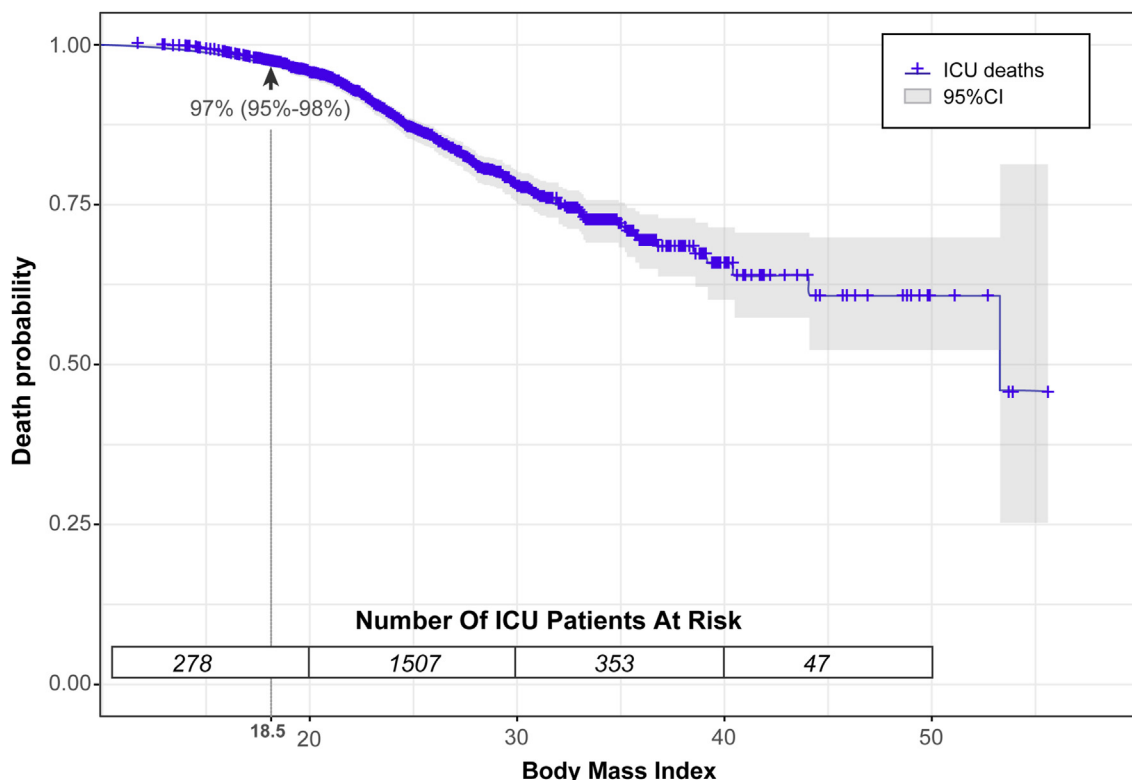


Figure 4. Death Probability According to BMI. A modified Kaplan-Meier curve to estimate the probability of death by BMI level. For every 1 additional kg/m², there is a 0.04% reduction in the probability of death.

Table 5. Binary logistic regression of BMI and SAPS3 association with mortality.

Parameters	B	S.E.	Exp (B)	95% C.I. for EXP(B)	P-value
Saps3Points	0,117	0,007	1,124	(1,109–1,14)	0,0001
BMI	-0,07	0,014	0,932	(0,908–0,958)	0,0001
Constant	-6,036	0,514	0,002		

as compared to their underweight counterparts [4, 13]. Still, others hypothesize that the adipokine profile in obese patients may modulate and dampen the immunological response to severe acute illness which may be absent in the underweight population [4]. While we did not confirm obesity as a protective factor when adjusting for comorbidities, the mortality risk for underweight critically ill patients found in our study supports prior findings from the developed world [13, 14, 15, 16].

Our study has certain limitations. First, as a single-center study, there may be unmeasured local confounders that could impact the analyses performed. Also, in this study, only variables obtained at admission of patients were considered. The use of BMI as a parameter for obesity diagnosis, while useful at the population level, does not distinguish between lean mass and fat mass, thus being less precise in elderly and muscular individuals [21]. Moreover, BMI may not accurately assess visceral fat, a risk factor for disease independent of total body fat [22]. Future studies using BMI together with accurate methods of assessing body fat are suggested to address this limitation.

5. Conclusion

Overall, the SAPS3 is inaccurate for predicting mortality in critically ill underweight patients, even with this group presenting a greater chance of death. Recalibration of this tool may aid in the clinical management of these patients.

Declarations

Author contribution statement

Isabella B B Ferreira and Rodrigo C Menezes: Conceived and designed the experiments; Performed the experiments; Analyzed and interpreted the data; Wrote the paper.

Kevan M Akrami: Conceived and designed the experiments; Analyzed and interpreted the data; Wrote the paper.

Nivaldo Filgueiras Filho: Conceived and designed the experiments; Contributed reagents, materials, analysis tools or data; Wrote the paper.

Bruno B Andrade: Conceived and designed the experiments; Analyzed and interpreted the data; Contributed reagents, materials, analysis tools or data; Wrote the paper.

Matheus L Otero: Performed the experiments; Wrote the paper.

Thomas A Carmo: Performed the experiments; Analyzed and interpreted the data; Wrote the paper.

Gabriel A Agareno, Gabriel P Telles and Bruno V B Fabel: Performed the experiments.

María B Arriaga and Kiyoshi F Fukutani: Analyzed and interpreted the data.

Licurgo Pamplona Neto and Sydney Agareno: Contributed reagents, materials, analysis tools or data.

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(CNPq), Brazil. The funders had no role in study design, data collection, and analysis, decision to publish, or preparation of the manuscript.

Data availability statement

Data will be made available on request.

Declaration of interests statement

The authors declare no conflict of interest.

Additional information

No additional information is available for this paper.

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