

ORIGINAL RESEARCH

# Nanoparticulated docetaxel exerts enhanced anticancer efficacy and overcomes existing limitations of traditional drugs

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bioavailability that leads to increased stability, better efficacy, and reduced toxicity of drugs. Docetaxel (DTX), under the trade name Taxotere<sup>TM</sup>, is one of the representative anticancer chemotherapeutic agents of this era. However, this highly lipophilic and insoluble drug has many adverse effects. Our novel and widely applicable nanoparticulation using fat and supercritical fluid (NUFS<sup>TM</sup>) technology enabled successful nanoscale particulation of DTX (Nufs-DTX). Nufs-DTX showed enhanced dissolution rate and increased aqueous stability in water. After confirming the preserved mechanism of action of DTX, which targets microtubules, we showed that Nufs-DTX exhibited similar effects in proliferation and clonogenic assays using A549 cells. Interestingly, we observed that Nufs-DTX had a greater in vivo tumor growth delay effect on an A549 xenograft model than Taxotere<sup>TM</sup>, which was in agreement with the improved drug accumulation in tumors according to the biodistribution result, and was caused by the enhanced permeability and retention (EPR) effect. Although both Nufs-DTX and Taxotere<sup>TM</sup> showed negative results for our administration dose in the hematologic toxicity test, Nufs-DTX showed much less toxicity than Taxotere<sup>TM</sup> in edema, paralysis, and paw-withdrawal latency on a hot plate analysis that are regarded as indicators of fluid retention, peripheral neuropathy, and thermal threshold, respectively, for toxicological tests. In summary, compared with Taxotere<sup>TM</sup>, Nufs-DTX, which was generated by our new platform technology using lipid, supercritical fluid, and carbon dioxide (CO<sub>3</sub>), maintained its biochemical properties as a cytotoxic agent and had better tumor targeting ability, better in vivo therapeutic effect, and less toxicity, thereby overcoming the current hurdles of traditional drugs.

Abstract: Nanoparticulation of insoluble drugs improves dissolution rate, resulting in increased

Keywords: Nufs-DTX, docetaxel, anticancer efficacy, toxicity

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#### Introduction

The application of nanotechnology to drug delivery has resulted in many significant advantages in pharmaceutical and biotechnology industries, such as improved delivery efficacy of slightly water-soluble drugs, greater stability and biocompatibility of drug products, extended route of administration, reduced toxicity, and effective targeted delivery to disease site. 1,2 Engineered nanoparticles that are composed mainly of biological origin materials like lipids, phospholipids, chitosan, and dextran, or chemical materials like polymers, carbon, silica, and metals are the representative tools that have been proposed as effective carriers in this field. In addition, pure drugs themselves can be nanoparticulated to become carrier-free.<sup>1,3</sup>

Unlike engineered nanoparticles, which are generated as drug carriers and have a limitation, that is, secondary toxicity, nanoparticulation consisting of carrier-free, pure drug and minimal quantities of surface-stabilizing agents offers enhanced bioavailability, resulting in reduced toxicity and increased aqueous stability.<sup>3</sup> Several nanoparticle engineering methods available in the pharmaceutical industry have been introduced and are being used commercially.4 Although conventional processes including wet milling and high pressure homogenization have been used for many years, several concerns still exist, such as contamination, batch variation, downstream processing difficulties, and compromised stability from long processing and high-energy milling.4 Alternatively, using supercritical fluids for nanoparticle formation have reduced the whole process to a single step. However, the supercritical fluid techniques have several limitations such as dependence on the efficiency of atomization of the solution.<sup>4</sup> On the other hand, the spray-drying process, which is an alternative for nanoparticle formation, often needs organic solvent for the dissolution of drugs.5

Taxanes including paclitaxel (Taxol<sup>TM</sup>) and docetaxel (DTX; Taxotere<sup>TM</sup>) are remarkable cytotoxic compounds and are the representative chemotherapeutic anticancer drugs that are clinically well established.<sup>6</sup> DTX, as well as paclitaxel, binds to microtubules and consequently stabilizes microtubules by enhancing the rates of nucleation, growth, and elongation phases of polymerization, leading to mitotic arrest, inhibition of cell proliferation, and stimulation of cell death.7 Taxanes are largely insoluble in water. DTX, which is a brown-yellow solution, is mixed in polysorbate 80 at a concentration of 40 g/L. This concentrate is first diluted in solvent (13% w/v ethanol) followed by dilution in saline or dextrose saline.8 The high ratio of excipient in this commercialized DTX (DTX:excipient =1:33.8) leads to various toxicities. The toxicity of taxanes is a well-known side effect and is broadly reported in taxane-treated patients. The most common toxic effects are hematopoietic suppression in bone marrow and neutropenia, which are regarded as common chemotherapy side effects. In particular, DTX leads to a high incidence of neurologic toxicities like peripheral nerve paralysis and fluid retention like peripheral edema.9

Nanoparticulation of soluble drugs with poor solubility using fat and supercritical fluid offers controlled size distribution and drug release, increased bioavailability, and reduction in toxicity. Our nanoparticulation method using fat and supercritical fluid (NUFS<sup>TM</sup>) technology utilizes supercritical CO<sub>2</sub> as the extracting solvent. Supercritical fluid extraction process is widely used in industrial scales either to remove unwanted materials from a product or to collect desired extracts. These simple and straightforward processes allow mass production of nano-sized particles

up to a scale of several tons. Our NUFS<sup>TM</sup> technology provides optimized delivery solution for poorly soluble drugs, such as smaller dosage, safer and more patient-compliant formulation, and avoidance of harsh excipients. Furthermore, unlike other pure drug-conjugated engineered nanoparticles with polymer, silica, and other metals, the problems of secondary toxicities caused by the materials of nanoparticles could be excluded with our technology. <sup>10–12</sup> With enhanced dissolution rate and stability, it promises that more compounds can be evaluated for preclinical efficacy and safety. Additionally, this technology suggests increased cost-effectiveness and yield in early stage of development process.

To date, a number of studies introducing encapsulated taxanes, including Abraxane®, which improve water solubility and delivery ability, have been reported.<sup>7,13–15</sup> In this study, we formulated Nufs-DTX with a reduced ratio of DTX to excipient (DTX:excipient =1:0.95) compared with Taxotere<sup>™</sup> and evaluated the antitumor effects of Nufs-DTX in vitro and in vivo. We observed dramatically increased dissolution rate and in vitro stability of Nufs-DTX in water. We also confirmed that the biochemical properties of Nufs-DTX on A549 cells as a cytotoxic agent were preserved. In addition, Nufs-DTX showed improved tumor accumulation in biodistribution studies and less toxicity than Taxotere<sup>TM</sup> in edema, paralysis, and paw-withdrawal latency that are regarded as fluid retention, peripheral neuropathy, and thermal threshold indicators, respectively, as toxicological tests.

#### Materials and methods

# Preparation of DTX nanoparticle powder (Nufs-DTX powder)

Docetaxel trihydrate (Shanghai Jinhe Bio-Technology Co., Ltd., Shanghai, People's Republic of China), polyvinylpyrrolidone (K17), and myristyl alcohol (BASF) were charged in a flask in the ratio of 1:0.8:10, and then melted by slowly heating to 100°C. After the mixture was completely melted, it was cooled down at room temperature to obtain solid product.

The resulting solid product was charged in a pressure-resistant reaction vessel. Then, while maintaining the temperature within the reaction vessel between 15°C and 20°C, CO<sub>2</sub> was added to elevate the pressure inside the reaction vessel to 60–90 atm. Under the temperature and pressure stated earlier, myristyl alcohol in the solid product was removed with flowing CO<sub>2</sub> by controlling a vent valve of the vessel. Ultimately, the mixture powder

of DTX and polyvinylpyrrolidone (K17) was obtained (Figure 1A).

The content of DTX in the mixture powder (ie, Nufs-DTX powder) was measured as 53.94%±1%. It was 1.62% lower than the theoretical value of 55.56%. Based on this result, it was speculated that docetaxel trihydrate was changed to an anhydrous form during the melting and cooling process.

# Preparation of dispersion solution of DTX nanoparticles at 5 mg/mL (Nufs-DTX dispersion solution)

In all, 36 mg of Nufs-DTX powder was charged in a 10 mL vial and 3.7 mL of deionized water was added. The dispersion solution was then sonicated for 5 minutes at 40°C using bath type sonicator. Then, 200  $\mu$ L of poloxamer 188 solution (1%, w/v; BASF SE, Ludwigshafen, Germany) and 100  $\mu$ L of polyoxyethylene 40 stearate solution (1%, w/v; Croda Europe Limited, East Yorkshire, UK) were added to the above dispersion solution. The resulting dispersion solution was

then sonicated again for 15 minutes at 50°C. The prepared Nufs-DTX dispersion solution was kept at room temperature until it was used in other experiments (Figure 1B).

# High-performance liquid chromatography analysis of DTX

DTX concentration was measured at 230 nm by the high-performance liquid chromatography (HPLC) method (1525 Binary HPLC Pump and 2487 Dual Lambda Absorbance Detector; Waters Corporation, Milford, MA, USA). Samples were chromatographed on a 3.9×250 mm reversed-phase stainless steel column packed with 5 µm particles (XTerra RP18 Column, 5 µm, 3.9×150 mm; Waters Corporation) and eluted with a mobile phase consisting of water/methanol/acetonitrile (42:32:26, v/v) at a flow rate of 0.9 mL/min. The column temperature was maintained at room temperature. The samples were properly diluted with acetonitrile and directly injected (20 µL) into the HPLC system without further treatment. The calibration curve of peak area against

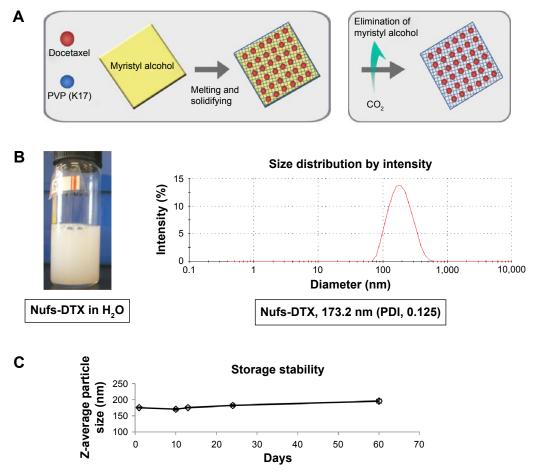


Figure I Physiochemical characterization of Nufs-DTX.

Notes: (A) A simple schematic of generation of Nufs-DTX. (B) The Nufs-DTX dispersion solution in DI water and size distribution by Zetasizer. (C) The physical stability of Nufs-DTX for 2 months at room temperature.

Abbreviations: DI, deionized; DTX, docetaxel; Nufs, nanoparticulation using fat and supercritical fluid; PVP, polyvinylpyrrolidone; PDI, polydispersity index.

concentration of DTX was A =1,926.8C +3,272.5 for the concentration range between 240 and 360  $\mu$ g/mL ( $R^2$ =0.9991, where A indicates peak area and C indicates DTX indicates concentration).

# Characterization of Nufs-DTX dispersion solution

The Z-average particle size and polydispersity index were determined by dynamic light scattering (Zetasizer Nano ZS, Malvern Instruments, Malvern, UK). All measurements were performed in at least triplicates at 25°C. The Z-average diameter of Taxotere<sup>TM</sup> in the Nufs-DTX dispersion was measured as 170±10 nm (Figure 1B).

# Cell culture and development of mouse models

A549 (ATCC, Manassas, VA, USA) was cultured and maintained in F12K nutrient mixture (Kaighn's modification; Thermo Fisher Scientific, Waltham, MA, USA) containing 10% fetal bovine serum plus 100 units/mL penicillin and 100  $\mu$ g/mL streptomycin. Male Balb/c nude mice (5 weeks old) were purchased from SLC (Shizuoka, Japan) and were used to generate subcutaneous (sc) tumor mouse model as described in previous studies. All experiments were performed following the protocol approved by the Institutional Animal Care and Use Committee of ASAN Institute for Life Science. To generate an sc tumor mouse model,  $1\times10^6$  A549 cells in 50  $\mu$ L of phosphate-buffered saline (PBS) were injected into sc tissues of the hind limb of each Balb/c nude mouse.

# Alpha-tubulin staining

A549 cells were seeded on 10 mm round slide glasses and treated with Nufs-DTX or Taxotere<sup>TM</sup> (as DTX; Sanofi S.A., Paris, France) at two different concentrations: 5 and 50 nM. After 2 and 16 hours of treatment, the slide glasses were washed with PBS (pH 7.5) and fixed in 4% (w/v) paraformaldehyde. The fixed cells were permeabilized with 1:40 diluted Triton X-100 solution and incubated with anti-alpha-tubulin (1:100; no. 2125; Cell Signaling Technology, Inc., Danvers, MA, USA) for 2 hours at 37°C, and Alexa Fluor® 488 donkey anti-rabbit secondary antibody (Jackson ImmunoResearch Laboratories, Inc., West Grove, PA, USA) for 1 hour at 37°C. Vectashield mounting media with 4′,6-diamidino-2-phenylindole (DAPI; Vector Laboratories, Burlingame, CA, USA) was used for mounting and counterstaining.

### Propidium iodide staining

A549 cells were plated on a 100 mm tissue culture dish at a density of  $5\times10^5$  and incubated overnight. After 24 hours

of treatment with Nufs-DTX or Taxotere<sup>TM</sup> at the IC50 concentration of 14.46 nM, the cells were collected and fixed by suspension in 70% (v/v) ethanol. The fixed cells were stained with propidium iodide, and then cell cycle distribution was analyzed by flow cytometry. This experiment was performed in triplicates.

#### Ki-67 staining

A549 cells were cultured in a six-well plate coated with 0.1% gelatin. When cells were 80% confluent, they were treated with different concentrations of Taxotere<sup>TM</sup> or Nufs-DTX and incubated for 5 hours. Then, the cells were washed with PBS and incubated for 24 hours with new fresh media. After fixation with 4% paraformaldehyde, Ki-67 antibody (Abcam, Cambridge, MA, USA) was applied. Alexa Fluor® 488 donkey anti-rabbit antibody (Jackson ImmunoResearch Laboratories, Inc.) was used as a secondary antibody. The fraction of proliferating cells was based on a count of cells in five random images taken from each case. The Ki-67 values were expressed as the percentage of positive cells in each case. This experiment was performed in triplicates.

### Clonogenic assay

A549 cells were seeded into six-well plate at concentrations of 200–500 cells per well depending on the dose of Taxotere<sup>TM</sup> or Nufs-DTX. A549 cells were treated with Taxotere<sup>TM</sup> or Nufs-DTX at the concentrations of 0.01, 0.05, or 0.1 ng/mL. The cells were incubated for 10 days to allow for colony formation. The colonies composed of more than 50 cells were counted. Plating efficiency was defined from control cells as (mean colonies counted)/(cells plated). Survival fraction was calculated as (mean colonies counted)/([cells plated] × [plating efficiency]). The assay was duplicated.

#### In vivo distribution

The A549 xenograft mouse model was grouped according to time of tumor mass harvest. Nufs-DTX or Taxotere<sup>TM</sup> was administered intravenously (iv) through the tail vein at 60 mg/kg for each mouse. Each group had three mice (n=3 per group). Whole blood, heart, lungs, liver, spleen, kidneys, and tumors were collected at each time point and kept in ice after weighing. All tissues were homogenized with 1 mL PBS and frozen until analysis. The Korea Clinical Research Center Co., Ltd. (Anyang, Korea) was requested to perform pharmacokinetic analyses for all the samples.

## Tumor growth delay

Taxotere<sup>TM</sup> or Nufs-DTX was administered iv through the tail vein into the A549 xenograft mouse at a concentration of

10 mg/kg. A control group was treated with a concentration of 10% of dextrose solution, and an excipient group was treated with a concentration of 10 mg/kg of PVP K17. When the tumor volume reached 50 mm³, each agent was applied three times every 2 days. Sodium chloride solution (0.9%) was injected into a control group of animals. Numerical values of tumor size were recorded prior to each treatment. Each group had five mice (n=5 per group). Tumor volume was measured regularly and calculated using the following formula:

V = (longest dimension) 
$$\times$$
 (short dimension)<sup>2</sup>  $\times$ 0.5 (1)

#### In vivo toxicity test

The numbers of white blood cells (WBCs), platelets, or neutrophils were counted for the evaluation of hematologic toxicity, whereas aspartate transaminase (AST) and alanine transaminase (ALT) were measured for the evaluation of hepatotoxicity. To evaluate the function of the kidneys, blood urea nitrogen (BUN) and creatinine were measured. Rats (5 weeks old) were given a single injection of Taxotere<sup>TM</sup> or Nufs-DTX (10 mg/kg). At 1, 4, or 7 days after administration, samples of blood were taken from the abdominal vein. Blood was collected in Vacutainer blood collection tubes containing ethylenediaminetetraacetic acid (EDTA; Becton, Dickinson and Company, Franklin Lakes, NJ, USA) and stored in ice until hematologic analysis. This experiment was performed in triplicates.

For neurotoxicity and edema tests, male ICR mice (17–22 g, 4 weeks old) were purchased from Samtaco (Osan, Korea). The mice were acclimated in our animal facilities for 1 week and maintained in a temperature-controlled (20°C–26°C) and light-controlled room (12-hour light–dark cycle). Mice were handled in accordance with the Guidelines of the Care and Use of Laboratory Animals, Duksung Women's University. Taxotere<sup>TM</sup> was used as a control drug. Nufs-DTX and Taxotere<sup>TM</sup> (5 mg/mL) were diluted in sterile distilled water just before administration. Nufs-DTX and Taxotere<sup>TM</sup> (10, 15, 20, 25, and 30 mg/kg) were iv injected once a day for 5 consecutive days. The animals' conditions (behavior, breath, hair, skin, and feces) were recorded and body weights were measured daily during toxicity test.

Thermal nociceptive threshold was defined as the time required to lick the hind paw. This experiment was modified from previous studies. <sup>18,19</sup> Briefly, the temperature was maintained at 48°C, and the animals were placed on a hot plate (Ugo Basile, Varese, Italy). The cut-off time was 60 seconds. <sup>20</sup>

Paw edema was measured by an Ugo Basile plethysmometer (model 7140). The volume of paw was recorded just before the administration of Taxotere<sup>TM</sup> or Nufs-DTX as

initial volume (Vo) in each mouse. Taxotere<sup>™</sup>, Nufs-DTX (12.5, 25, 50, and 75 mg/kg), or saline (as control group) was iv injected at the same volume. After 30 minutes, the volume of paw (Vt) was measured. Edema (%) was calculated by the following formula:<sup>21</sup>

Edema (%) = 
$$\frac{\text{Vt (drug)} - \text{Vo (drug)}}{\text{Vt (control)} - \text{Vo (control)}} \times 100 \quad (2)$$

#### Statistical analysis

All data were expressed as mean  $\pm$  SD to represent at least three different experiments. Statistical analysis was performed by a Student's *t*-test or one-way analysis of variance using Prism statistical software (GraphPad Software, La Jolla, CA, USA). *P*-values less than 0.05 were considered statistically significant.

#### Results

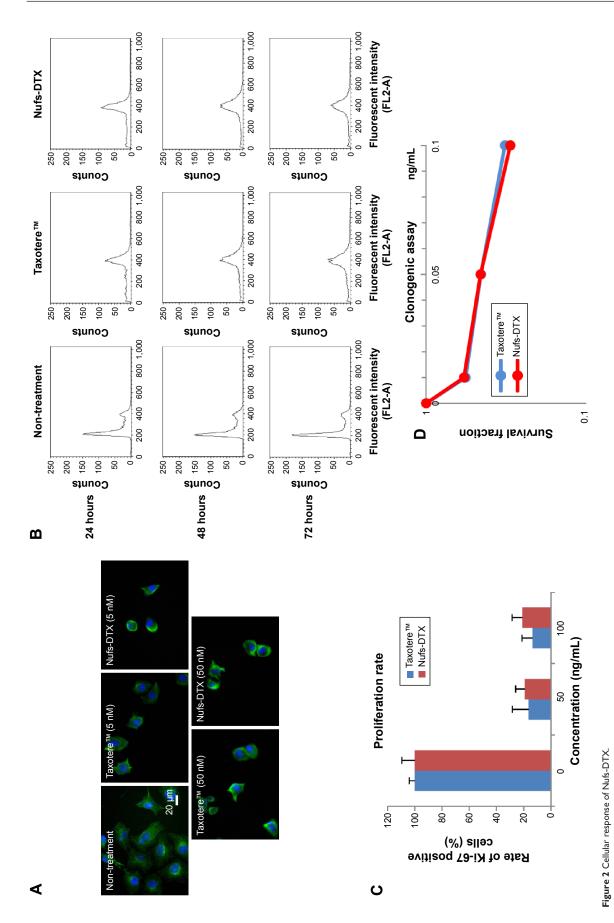
#### Stability of Nufs-DTX dispersion solution

The preparation of Nufs-DTX powder is described in the Materials and Methods section (Figure 1A). The prepared Nufs-DTX powder was dispersed in deionized water by a protocol described in the Materials and Methods section, and the Nufs-DTX solution was kept at room temperature (Figure 1B). The physical stability of the Nufs-DTX dispersion solution was evaluated at 25°C±2°C. The changes in particle size were measured over a period of 2 months (Figure 1C). During this storage period, the particle size was not significantly changed, indicating that the Nufs-DTX dispersion solution is stable for at least 2 months. This indicates that Nufs-DTX with reduced excipient volume enhances water stability of insoluble drugs without any aggregation and size changes for a fairly long period in vitro. This promises convenience, ease of storage, and reduction in toxicities caused by harsh solvents such as polysorbate 80 and ethanol, which are used for hydrophobic Taxotere<sup>TM</sup> in clinics.

## Cellular response to Nufs-DTX

We first evaluated the potential cytotoxic effects of Nufs-DTX in vitro. Taxotere<sup>TM</sup> was used as a positive control in all the experiments of this study. A549 cells were incubated with Nufs-DTX or Taxotere<sup>TM</sup> for 16 hours and stained with alpha-tubulin to verify excessive polymerization of microtubules. Similarly to Taxotere<sup>TM</sup>, Nufs-DTX-treated A549 cells showed enhanced polymerization of the tubulin into microtubules and thereby induced formation of microtubule bundles (Figure 2A). Additionally, as taxanes are known

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Notes: (A) Polymerization of alpha-tubulin after drug treatment. After treatment of A549 cells with Nufs-DTX for 16 hours, excess polymerization of microtubules (green fluorescence) was observed in the cytoplasm, as observed with Taxoterer or at least 72 hours by flow cytometry Taxoterer or Nufs-DTX showed G2/M arrest for at least 72 hours by flow cytometry analysis. (C) The proliferation rate after drug treatment for an acute response. There was no difference in the percentage of Ki-67-positive cells at the same concentrations between Taxoterer managed cells and Nufs-DTX-treated cells. (D) Clonogenic assay after drug treatment for a chronic response. There was no difference in the survival fraction at the same concentrations between Taxotere TM-treated cells and Nufs-DTX-treated cells. Abbreviations: DAPI, 4'6-diamidino-2-phenylindole; DTX, docetaxel; Nufs, nanoparticulation using fat and supercritical fluid.

as mitotic inhibitors, we also observed that both the agents induced G2/M arrest in cells that were treated with the drugs (Figure 2B). This G2/M arrest was maintained for 72 hours. In order to confirm their cytotoxicity, we performed a Ki-67 assay for the short-term effect and a clonogenic assay for the long-term effect. The proliferation rate displayed by Ki-67 staining showed similar results in A549 cells treated with both the agents (Figure 2C). The proliferation rate of the Nufs-DTX-treated A549 cells was remarkably reduced at the concentration of 50 ng/mL, and the reduction in proliferation rate was almost the same as that of the Taxotere<sup>TM</sup>-treated A549 cells. In addition, both the agents showed similar effects in clonogenic assay (Figure 2D). Taken together, we confirmed that the mechanism of the cytotoxic effect of Nufs-DTX was same as that of Taxotere<sup>TM</sup>. In other words, Nufs-DTX preserves the pharmacologic action of DTX, which is known as a mitotic inhibitor that binds to tubulin and stabilizes microtubules.

# In vivo distribution and tumor growth delay of Nufs-DTX

Biodistribution study is a routine strategy to check for improved drug efficacy and is performed at the earliest stages of new drug or drug delivery development. After tail vein injection of each agent at a concentration of 60 mg/kg into A549 sc xenograft mouse models, every important organ was collected and prepared for LC/MS analysis. Figure 3A shows the concentration of DTX residue in each organ at each collection time point. Based on our liquid chromatographymass spectrometry result, DTX was mainly detected in the lungs for at least 24 hours after administration, while small quantities were also detected in the liver, spleen, kidneys, and heart after Taxotere<sup>TM</sup> administration. Unfortunately, we did not observe any noticeable concentration of DTX in the tumors (Figure 3B) treated with Taxotere<sup>TM</sup>. On the other hand, DTX was mainly detected in the liver for a short-term after administration and also in small quantities in the spleen, kidneys, and heart in the group treated with Nufs-DTX. Interestingly, we observed that DTX showed a faster clearance from the main organs in the group treated with Nufs-DTX (Figure 3A). Both the agents were rapidly cleared from the serum (Figure 3B).

In order to verify the in vivo therapeutic effect of Nufs-DTX, we explored its potential in tumor growth delay using an A549 sc xenograft mouse model. After treating the mice with each agent three times every other day, we observed that Nufs-DTX was the most effective drug for tumor growth delay compared with other groups (Figure 3C).

There were no changes in body weight in all the groups (data not shown).

Furthermore, we observed that DTX was accumulated in xenograft tumors at a relatively higher concentration after Nufs-DTX treatment compared with tumors from mice treated with Taxotere<sup>TM</sup> (Figure 3A and B). This phenomenon may be explained by the EPR effect, which is a property that tumor tissues obtain due to abundant newly generated abnormal blood vessels;<sup>22,23</sup> nanoparticulated macromolecular drugs with large molecular weight have advantages in circulation time and accumulation in solid tumors.24 Anatomical abnormalities including extensive angiogenesis, high vascular density, defective vascular structure, slow venous return, and generation of permeability-enhancing factors, including vascular endothelial growth factors, bradykinin, peroxynitrite, prostaglandins, and matrix metalloproteinases, in solid tumor tissues lead to accentuated EPR effect resulting in increased accumulation of nanoparticulated drugs such as Nufs-DTX.<sup>24</sup> Interestingly, we observed that there was no difference between Taxotere™ and Nufs-DTX in their serum concentrations of DTX at different time points (Figure 3B). In parallel to the distribution test results, Nufs-DTX reduced the speed of tumor growth more effectively than Taxotere<sup>TM</sup> and control (Figure 3C).

### In vivo toxicity of Nufs-DTX

Engineered nanoparticles that are generated to improve the delivery of free drugs to target sites in human body have raised a number of concerns regarding the toxicity provoked by the nanoparticle materials. Alternatively, nanoparticulation of free drugs themselves reduces the toxicity caused by carrier materials. Therefore, we confirmed the feasibility of Nufs-DTX as an antitumor chemotherapeutic agent via in vivo toxicity assay. First of all, we evaluated the complete blood count for septicemia from blood samples of rats treated with each agent. We collected the blood samples at 1, 4, or 7 days posttreatment. When compared with a negative control, blood samples from mice that were treated with either Taxotere™ or Nufs-DTX showed slightly lower numbers of WBCs, neutrophils, or platelets. However, these variations were either within the normal range or did not excessively exceed the normal range (Figure 4A). This result reflects our previous observations, which showed a fast clearance of both Nufs-DTX and Taxotere<sup>TM</sup>. We additionally performed AST and ALT tests for hepatotoxicity and BUN and creatinine tests for nephrotoxicity. All the values from the groups treated with each agent were within the normal range for our experimental concentrations (Figure 4B). Interestingly, we did not Choi et al Dovepress

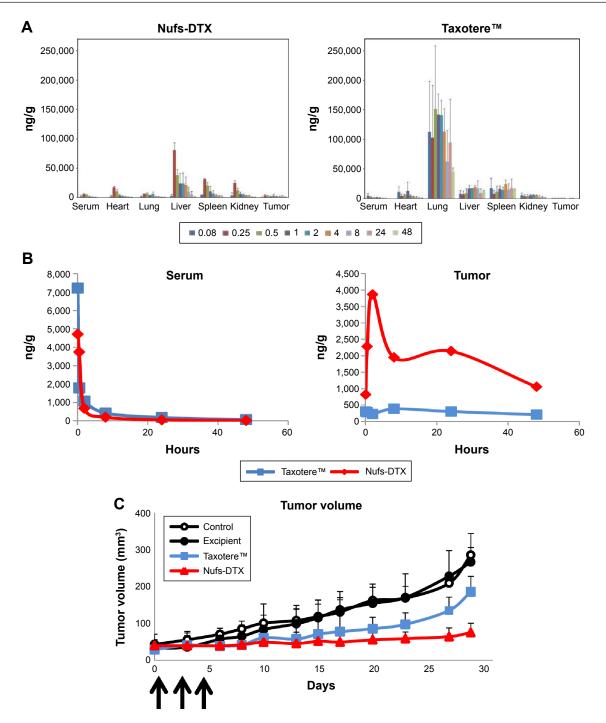


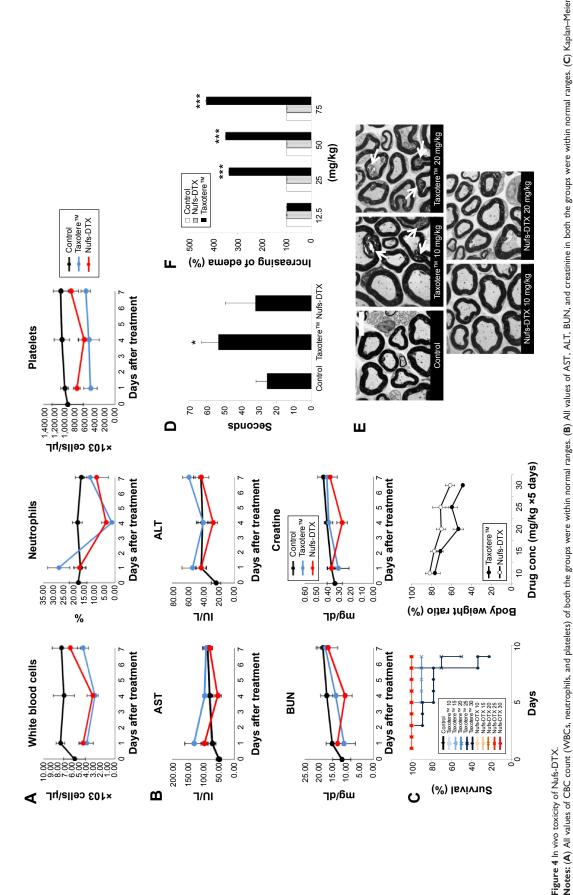
Figure 3 In vivo distribution and tumor growth delay of Nufs-DTX.

Notes: (A) Tissue distribution of Nufs-DTX after intravenous injection. Unlike Taxotere™ that was accumulated mainly in the lungs after intravenous administration, Nufs-DTX was observed mainly in the liver. Taxotere™ was detected in the main organs including the lungs, liver, spleen, and kidneys over the collecting time points (hour), while Nufs-DTX was well cleared from each organ. (B) In serum, both the drugs showed similar pattern in distribution and clearance over a period of time. In tumors, a relatively large amount of accumulated Nufs-DTX was observed compared with Taxotere™. (C) Tumor growth delay after injecting three times every other day. Nufs-DTX showed effective tumor growth delay compared with other controls, including Taxotere™-treated group. Arrows indicate time of injections.

Abbreviations: DTX, docetaxel; Nufs, nanoparticulation using fat and supercritical fluid.

observe any hepatotoxicity in spite of the high accumulation of DTX in the liver, as shown by the distribution results of the Nufs-DTX-treated group (Figure 3A). This supposedly indicates that Nufs-DTX was not sufficiently solubilized in the liver to display any efficacy or toxicity.

DTX-induced peripheral neuropathy was frequently reported.<sup>25,26</sup> Hence, we used our Nufs-DTX to investigate whether DTX-induced neuropathy is attenuated. We used high doses in order to compare the toxicities of Nufs-DTX with Taxotere<sup>TM</sup>. As a result, the mice in the Taxotere<sup>TM</sup>-treated



plot (n=10), right panel shows changes in body weight (P<0.001, Student's t-test between the Taxotere<sup>TM</sup> group and the Nufs-DTX group). While there was no event of death observed in the Nufs-DTX-treated group, only 20% survival rate was observed in the Taxotere<sup>TM</sup> 30 mg/kg group. A significant loss of body weight was observed in a Taxotere<sup>TM</sup> -treated group. (D) Paw withdrawal latency time (n=5). Taxotere<sup>TM</sup> significantly increased thermal threshold (\*P<0.05, Student's fetest between the Taxotere <sup>™</sup> group and the control group). (E) An electron microscopic analysis of neuropathological changes in the sciatic nerve after Nufs-DTX treatment. While there were no or minor myelin shape changes in the Nufs-DTX-treated group, (F) DTX-induced edema (n=5). Accumulative injections of Taxotere <sup>™</sup>-treated group, collapsed or irregular axons and abnormally condensed myelin sheaths (white arrows) were observed in a Taxotere <sup>™</sup>-treated group, (F) DTX-induced edema (n=5). Accumulative injections of Taxotere <sup>™</sup>-treated group, (F) DTX-induced edema (n=5). ALN, alanine transaminase; AST, aspartate transaminase; BUN, blood urea nitrogen; CBC, complete blood count; DTX, docetaxel; Nufs, nanoparticulation using fat and supercritical fluid; WBCs, white blood cells. induced paw edema. However, no changes were observed in the in Nufs-DTX-treated group (\*\*\*P<0.001, Student's t-test between the Taxotere™ group and the control group).

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Table I Paralysis and survival rate after Nufs-DTX or Taxotere™ treatment

Dose (mg/kg/day)	Paralysis (%)		Survival (%)	
	Taxotere	Nufs-DTX	Taxotere	Nufs-DTX
0	0	0	100	100
10	0	0	100	100
15	0	0	100	100
20	33.4	0	90	100
25	60	0	50	100
30	100	0	20	100

**Abbreviations:** DTX, docetaxel; Nufs, nanoparticulation using fat and supercritical fluid

group (30 mg/kg/day) started to die from day 3, and the group's survival rate was 20% by day 10 (Table 1 and Figure 4C). On the other hand, no mice died in the Nufs-DTX-treated group as in the control group. The body weight was significantly decreased in the Taxotere™ group compared with the Nufs-DTX-treated group (Figure 4C). Moreover, motility was significantly reduced (data not shown) and waist-down paralysis was observed in the Taxotere<sup>TM</sup>-treated group (20 mg/kg/day) (Table 1). Additionally, piloerection, hair loss, and reduction in food intake were observed in the Taxotere<sup>TM</sup>-treated group (20 mg/kg/day). These toxicities were also observed in the Nufs-DTX-treated group (only 30 mg/kg/day) but to a lesser extent than that observed in the Taxotere<sup>TM</sup>-treated group, indicating that Nufs-DTX had diminished DTX-induced toxicity (data not shown). In a thermal threshold test, we utilized a lower dose (10 mg/kg/day) to exclude general toxicity. Referring to a previous study, <sup>27</sup> Nufs-DTX or Taxotere<sup>TM</sup> was used five times every day and then paw withdrawal latency time was measured at day 8. Taxotere<sup>TM</sup> induced a significant increase (53.2 seconds) in thermal threshold compared with the control (25.5 seconds) (Figure 4D), while the increase in withdrawal latency in the Nufs-DTX-treated group was insignificant. This result suggests that Nufs-DTX reduces Taxotere<sup>TM</sup>-induced hypoalgesia. To assess DTX-induced peripheral neuropathy, thermal threshold was examined among several experimental models.<sup>28</sup> Taxotere<sup>TM</sup> showed abnormal algesia compared with the control from radiant heat (Figure 4D). We also performed an electron microscopic analysis for the observation of neuropathological changes in the sciatic nerve after iv injection of agents five times every day at a concentration of 10 or 20 mg/kg. Normal myelinated fibers were observed in the control group (Figure 4E), while the sciatic nerve of mice treated with 10 or 20 mg/kg of Taxotere<sup>TM</sup> revealed collapsed axons (white arrow, Figure 4E) surrounded by abnormal condensed multilamellar myelin sheaths and irregular shape of axons rather than the usual

round shape found in control group (Figure 4E), as shown in a previous study.<sup>29</sup> On the other hand, Nufs-DTX had attenuated DTX-induced neuropathy without any adjuvants (Figure 4E). These results indicate that Taxotere<sup>TM</sup> induced paralysis and hypoalgesia via axonopathy, but Nufs-DTX had reduced axonopathy-induced side effects.

Severe edema is one of the DTX-induced complications<sup>26</sup> and affects the patients' quality of life.<sup>30</sup> Clinical cases<sup>30</sup> and indirect measurements<sup>31</sup> were reported regarding DTX-induced edema. However, no animal models have been reported for the evaluation of edema. In this study, we established a DTX-induced edema model by repeatedly injecting agents at a high dose. This model could be a good evaluation tool as it uses the same administration routine as in clinic. As expected, edema was increased by 33.5%, 35.0%, and 42.8% in the Taxotere<sup>TM</sup>-treated groups (25, 50, and 75 mg/kg, respectively) compared with the control groups that were treated with the same volume of saline (Figure 4F). Surprisingly, no significant differences were observed in the Nufs-DTX-treated groups compared with the control groups.

Taken together, there were no observable toxicities in the blood samples of the Nufs-DTX- and Taxotere<sup>TM</sup>-treated groups at a given dose (10 mg/kg, single treatment in rats) (Figure 4A and B). However, we were able to observe distinguishable toxicity responses such as reduced motility, waist-down paralysis, loss of body weight, abnormal algesia, degeneration of sciatic nerve, severe edema, and decreased survival rate after repeated treatments with high concentrations of drugs, whereas relatively low toxicity responses were observed in the Nufs-DTX-treated group (Figure 4C–F). Overall, these results indicate that nanoparticulated Nufs-DTX has significant therapeutic potential with no or less toxicity, relative to Taxotere<sup>TM</sup>, with an efficient accumulation of drug in solid tumor tissues.

#### **Discussion**

It is known that solid nanosuspensions that are iv injected are mainly captured in the lungs, liver, and spleen via the reticuloendothelial system, followed by sustained release. From our biodistribution study results, we noticed that Nufs-DTX is mainly accumulated in the liver after injection and rapidly cleared within 30 minutes post-injection unlike Taxotere<sup>TM</sup>, which is mostly accumulated in the lungs and shows sustained release. Several studies suggested that the differences among main captured organs in biodistribution study might be dependent on the type of surface and size of nanosuspensions.<sup>32–34</sup> We are further investigating to solve the cause for differences of captured site using tracking and imaging system for Nufs-DTX.

We also observed higher accumulation of DTX in the tumors of the Nufs-DTX-treated group compared with the Taxotere<sup>TM</sup>-treated group (Figure 3A and B). However, the tumor growth inhibition efficiency did not meet our expectations. This might be caused by insufficient solubilization of Nufs-DTX in the tumors. Our next question is "How Nufs-DTX is solubilized in vivo and when Nufs-DTX solubilization occurs with the most effective efficacy"? We are currently focusing on solving these problematic issues.

In spite of several additional studies, Nufs-DTX produced by NUFS<sup>TM</sup> technology has remarkably improved aqueous dissolution rate, resulting in increased aqueous stability and bioavailability.

#### **Conclusion**

NUFS<sup>TM</sup> technology, which uses solid lipids as a solvent for active pharmaceutical ingredients and CO2 as a supercritical fluid for extracting lipids from solid mixtures, is an improved method that generates optimized delivery solution for poorly soluble drugs. In the perspective of biomedicine, this technology suggests not only a costeffective and simple but efficient and effective process in a manufacturer's perspective, but also a wide applicability and safety using environmentally friendly materials such as lipids and CO<sub>2</sub>. In this study, NUFS<sup>TM</sup> technology was successfully applied to generate homogenous nanoparticulated DTX with an average diameter of 170 nm. We showed that homogenous Nufs-DTX in water possessed a number of significant advantages such as increased aqueous stability and bioavailability, increased tumor targeting and accumulation, and reduced toxicity with the preserved biochemical mechanism of Taxotere<sup>TM</sup>. With extended screenings of other insoluble compounds, there is no doubt that NUFS<sup>TM</sup> technology will provide lots of opportunities and challenges to the clinical and pharmaceutical industry.

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#### **Disclosure**

The authors report no conflicts of interest in this work.

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