



## Interhemispheric connectivity and hemispheric specialization in schizophrenia patients and their unaffected siblings

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### ABSTRACT

Hemispheric integration and specialization are two prominent organizational principles for macroscopic brain function. Impairments of interhemispheric cooperation have been reported in schizophrenia patients, but whether such abnormalities should be attributed to effects of illness or familial risk remains inconclusive. Moreover, it is unclear how abnormalities in interhemispheric connectivity impact hemispheric specialization. To address these questions, we performed magnetic resonance imaging (MRI) in a large cohort of 253 participants, including 84 schizophrenia patients, 106 of their unaffected siblings and 63 healthy controls. Interhemispheric connectivity and hemispheric specialization were calculated from resting-state functional connectivity, and compared across groups. Results showed that schizophrenia patients exhibit lower interhemispheric connectivity as compared to controls and siblings. In addition, patients showed higher levels of hemispheric specialization as compared to siblings. Level of interhemispheric connectivity and hemispheric specialization correlated with duration of illness in patients. No significant alterations were identified in siblings relative to controls on both measurements. Furthermore, alterations in interhemispheric connectivity correlated with changes in hemispheric specialization in patients relative to controls and siblings. Taken together, these results suggest that lower interhemispheric connectivity and associated abnormalities in hemispheric specialization are features of established illness, rather than an expression of preexistent familial risk for schizophrenia.

### 1. Introduction

Two prominent features of macroscopic brain organization are hemispheric integration, characterized as a high level of collaboration between bilateral brain regions, and hemispheric specialization, referring to the association of behavioral traits with a particular side of brain (Hervé et al., 2013; Serrien et al., 2006). Proper integration and segregation of the two cerebral hemispheres are crucial for a broad repertoire of cognitive functions including language, visuospatial attention, and manual preference (Cai et al., 2013; Gotts et al., 2013; Liu et al., 2009). Conversely, disturbances of hemispheric coordination may impact cognitive and behavioral functioning (Gazzaniga, 1995; Toga and Thompson, 2003) and contribute to neuropsychiatric disorders including schizophrenia (Bleich-Cohen et al., 2012; Crow, 1998; Ribolsi et al., 2009).

Multiple lines of evidence suggest that schizophrenia may involve

abnormalities in interhemispheric connectivity and cooperation, which may contribute to central features of the illness such as auditory verbal hallucinations (Chang et al., 2015) and cognitive deficits (Liu et al., 2018). Behavioral studies indicate that a bilateral processing advantage that is normally present during language tasks is compromised in schizophrenia patients (Lohr et al., 2006; Mohr et al., 2000) and studies using event-related potentials (ERP) show evidence of impaired information transfer between the hemispheres during cognitive tasks in schizophrenia (Barnett and Kirk, 2005; Endrass et al., 2002; Mohr et al., 2008). Moreover, structural neuroimaging studies report that schizophrenia patients have decreased volume and fiber integrity of the corpus callosum, the major fiber bundle connecting the two hemispheres (Hulshoff Pol et al., 2004; Knöchel et al., 2012; Kubicki et al., 2008; Patel et al., 2011), and fMRI studies show impaired levels of functional synchronization between homotopic brain regions (i.e., corresponding areas in the left and right hemisphere) at rest (Hoptman

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**Table 1**Demographic and clinical information of the three groups of participants (controls, siblings, schizophrenia  $N = 63, 106, 84$ ).

|                                       | Controls       | Siblings       | Patients       | Statistics <sup>a</sup>         |
|---------------------------------------|----------------|----------------|----------------|---------------------------------|
| Age                                   | 29.16 ± 7.59   | 29.50 ± 7.65   | 29.86 ± 5.27   | $F(2,250) = 0.18, p = .83$      |
| Sex (M / F)                           | 29/34          | 49 / 57        | 70/14          | $\chi^2(2)^2 = 31.95, p < .001$ |
| IQ                                    | 113.76 ± 15.66 | 105.96 ± 17.10 | 95.99 ± 15.21  | $F(2,250) = 20.54, p < .001$    |
| Handedness (right / left / mixed)     | 44/8/1         | 94/6/6         | 70/5/4         | $\chi^2(2)^2 = 5.63, p = .23$   |
| Scanner (#1 / #2)                     | 28 / 28        | 59 / 47        | 49 / 33        | $\chi^2(2)^2 = 1.28, p = .53$   |
| Illness duration (years) <sup>b</sup> | –              | –              | 5.91 (4.12)    | –                               |
| Chlorpromazine dosage (mg/day)        | –              | –              | 300 (200, 600) | –                               |
| PANSS total                           | –              | –              | 48.38 ± 14.89  | –                               |
| PANSS positive                        | –              | –              | 11.58 ± 5.42   | –                               |
| PANSS negative                        | –              | –              | 12.23 ± 4.35   | –                               |
| PANSS general psychopathology         | –              | –              | 24.57 ± 7.05   | –                               |

<sup>a</sup> Group comparison of continuous variables (Age, IQ) are tested with one-way analysis of variance (ANOVA). Nominal variables (sex, handedness, scanner) were compared using chi-square statistics.

<sup>b</sup> Distribution of illness duration and medication is skewed, therefore median and inter-quartile range was reported.

et al., 2012; Li et al., 2015).

However, important open questions regarding interhemispheric connectivity in schizophrenia remain. First, it is unclear whether interhemispheric connectivity deficits are primarily related to the effects of the illness or a reflection of (genetic) risk for the disorder (Boos et al., 2012; MacDonald et al., 2009). Unaffected first-degree relatives of schizophrenia patients are a valuable population to study this question as they share the genetic predisposition and environmental factors for the illness, but are not clinically affected. Previous studies have reported abnormalities in unaffected relatives in large-scale brain regional interactions during tasks (Whitfield-Gabrieli et al., 2009; Woodward et al., 2009) and rest (Collin et al., 2011; Oertel-Knöchel et al., 2013; Oertel-Knöchel et al., 2014; Repovš et al., 2011), and a limited number of studies have shown subtle abnormalities in functional (Guo et al., 2014), and structural (Knöchel et al., 2012) connectivity between homotopic brain regions in patients and relatives. In the current study, we examine homotopic interhemispheric functional connectivity in a large cohort of schizophrenia patients and their non-psychotic siblings to assess how interhemispheric connectivity alterations relate to risk for schizophrenia.

Another open question is what the consequence of reduced interhemispheric connectivity may be for hemispheric specialization characterized by intrinsic connectivity. Traditionally, hemispheric specialization studies have focused on functional or anatomical asymmetry of homotopic brain regions (Ocklenburg et al., 2013; Oertel-Knöchel and Linden, 2011; Sommer et al., 2001). More recently, studies have extended the concept of hemispheric specialization to include connectivity asymmetry, by investigating functional interaction patterns of brain regions in the two hemispheres (Ribolsi et al., 2014; Stephan et al., 2007). One such measurement is the hemispheric autonomy index (Wang et al., 2014), which calculates the difference in connectivity strength of a brain region with ipsilateral areas versus contralateral areas during rest. Studies have shown that regions with high autonomy values (i.e. preferably connecting to ipsilateral areas) in the left hemisphere overlap with regions showing asymmetrical activation during language tasks (Wang et al., 2014), and that regional autonomy index values correlate with verbal and visuospatial behavioral scores in healthy subjects (Gotts et al., 2013). We hypothesize that impaired interhemispheric connectivity may cause the two hemispheres to function more autonomously, favoring within over between-hemisphere interregional cooperation. To test this hypothesis, we examine how interhemispheric connectivity deficits in schizophrenia patients and their unaffected siblings relate to hemispheric specialization as quantified by the hemispheric autonomy index (Gotts et al., 2013; Mueller et al., 2015; Wang et al., 2014).

## 2. Material and methods

### 2.1. Participants

A total of 253 participants, including 84 schizophrenia patients, 106 of their unaffected siblings and 63 healthy controls, were recruited at the University Medical Center Utrecht between September 2004 and April 2008, as part of the Genetic Risk and Outcome of Psychosis (GROUP) study (Korver et al., 2012). The GROUP study was conducted by four university psychiatric centers and their affiliated mental health care institutions in the Netherlands. The medical ethics committee of the University Medical Center Utrecht approved the current study. All subjects provided written informed consent prior to participation.

For all participants, presence or absence of current and lifetime psychopathology was established using the Comprehensive Assessment of Symptoms and History (CASH) (Andreasen et al., 1992). This semi-structured interview is designed to obtain comprehensive information on current and past signs and symptoms of major psychiatric disorders, premorbid functioning, sociodemographic status, treatment, and course of illness. Patients were included if they met Diagnostic and Statistical Manual of Mental Disorders fourth edition (DSM-IV) criteria for schizophrenia or schizoaffective disorder. Symptom severity was assessed using the Positive and Negative Syndrome Scale (PANSS) (Kay et al., 1987). The dosage of antipsychotic medication patients were taking at the time of scanning were converted to a chlorpromazine equivalent dosage (Kroken et al., 2009).

Patients and siblings originated from 120 unique families and included 48 patient-sibling pairs or triplets. The control group comprised 63 subjects from 57 families. A family identification code (family ID) was assigned to every subject to keep track of their pedigrees. Siblings and healthy controls were excluded for any current or previous psychotic disorder. In addition, controls were examined with the Family Interview for Genetic Studies (Maxwell, 1992), to exclude a family history of psychotic disorders (in first- or second-degree relatives). Exclusion criteria for all participants included a history of head trauma or major medical or neurological illness. All participants were between 18 and 60 years of age at the time of inclusion. Demographics and clinical information are described in Table 1.

### 2.2. Data acquisition

MRI scans were acquired on two 1.5 T Philips Achieva scanners at the University Medical Center Utrecht, with the same acquisition protocol. The scanner information was included as a covariate in further group-comparisons. For each subject, resting-state functional magnetic resonance imaging (fMRI) time series were acquired with a three dimensional (3D) echo shifting with a train of observations (PRESTO) acquisition scheme (Liu et al., 1993). The PRESTO protocol combines

the echo shifting technique with multiple gradient echoes per excitation to allow for a repetition time shorter than echo time. The acquisition parameters were: TR / TE = 21.1 / 31.1 ms; flip angle = 90°; field of view = 256 × 256 mm<sup>2</sup>, voxel size = 4 × 4 × 4 mm<sup>3</sup>, 900 time frames, consisting of 32 slices covering whole brain. In addition, a T1-weighted scan was collected as anatomical reference with the following scanning parameters: TR/TE = 30/4.6 ms; flip angle = 30°; field of view = 256 × 256 mm<sup>2</sup>, voxel size = 1 × 1 × 1.2 mm<sup>3</sup>.

### 2.3. Data preprocessing

Resting-state fMRI data were preprocessed using the Data Processing and Analysis for Brain Imaging (DPABI) toolbox (Yan et al., 2016) on MATLAB v. R2016a (Mathworks). For every subject, the first 10 functional volumes were removed to allow for signal stabilization. The rest of the functional images were realigned, co-registered with their individual anatomic image, and corrected for nuisance variables (six rigid realignment parameters, signal drift, averaged signal from white matter and cerebrospinal fluid) using a linear regression model. Band-pass filtering (0.01–0.1 Hz) was applied to fMRI time-series to reduce effects of low-frequency drifts and high-frequency noise. Subsequently, the functional scans were spatially normalized to MNI space using a symmetric group-specific T1 template, and resampled to 3 × 3 × 3 mm<sup>3</sup> voxels. Spatial smoothing was applied to normalized images with a 4 mm full-width half-maximum (FWHM) Gaussian kernel. In view of recent findings on the influence of in-scanner head motion on fMRI signals (Power et al., 2012; Satterthwaite et al., 2013; Yan et al., 2013), images with excessive movement (frame-wise displacement > 0.5 mm) and 1 backward and 2 forward scans relative to the marked frame, were scrubbed (Power et al., 2012). The scrubbing procedure negated group-differences in head motion (before scrubbing  $\chi(2)^2 = 6.20$ ,  $p = .04$  and after scrubbing  $\chi(2)^2 = 4.09$ ,  $p = .13$ , Supplementary Table 1), and did not lead to differences on the number of images rejected among the three subject groups ( $\chi(2)^2 = 3.54$ ,  $p = .17$ ).

The Harvard-Oxford atlas (Goldstein et al., 2007; Makris et al., 2006) was applied to whole-brain functional data in order to parcellate the brain into 112 bilateral regions (48 cortical and 8 subcortical regions per hemisphere). Region names, abbreviations, anatomic classification (frontal, temporal, parietal, occipital lobe, cingulate cortex and subcortical regions) and functional hierarchy (primary sensorimotor regions, unimodal, heteromodal association areas, (para)limbic and subcortical regions) are referenced in Supplementary Table 2. The functional hierarchy subdivision scheme is based on previous studies (Bassett et al., 2008; Mesulam, 1998; Stark et al., 2008). Regional time-series were averaged across voxels, and cross-correlated for each pair of brain regions using Pearson's correlation. Correlation coefficients were converted to  $z$  scores using Fisher's  $z$  transformation, serving as a measure of functional connectivity strength between two regions.

### 2.4. Interhemispheric connectivity

The level of functional connectivity between 56 regions in one hemisphere and their corresponding areas in the other hemisphere is used here as the measure of interhemispheric connectivity. Interhemispheric connections between homotopic regions are among the strongest functional associations in cortical-cortical interactions (Stark et al., 2008) and have reliably been identified in both healthy and clinical populations (Anderson et al., 2011; Guo et al., 2013; Wei et al., 2014; Zhou et al., 2013). As a supplementary analysis, group-differences in heterotopic interhemispheric connectivity and left and right intrahemispheric connectivity were examined in the same manner as homotopic interhemispheric connectivity. Moreover, to assess the consistency of interhemispheric connectivity measurements between studies, we performed an additional analysis examining the correlation in regional interhemispheric connectivity in controls between this study

and the study of Stark et al. (2008).

### 2.5. Hemispheric specialization

Hemispheric specialization is calculated here as the difference in connectivity strength between intrahemispheric and heterotopic interhemispheric connections of each brain region. Homotopic interhemispheric connections were not used in the calculation of hemispheric specialization so that we could examine relationship between hemispheric specialization and interhemispheric connectivity in the following analysis. A positive value of hemispheric specialization indicates that a region or hemisphere is preferentially connected to other regions within its own hemisphere, whereas a negative value suggests that a region or hemisphere is more strongly connected to regions in the contralateral hemisphere. The method used to compute hemispheric specialization using intrinsic functional connectivity has been described in previous studies using a voxel-based analysis (Mueller et al., 2015; Wang et al., 2014).

### 2.6. Statistical analysis

Effects of group and covariates on interhemispheric connectivity and hemispheric specialization were assessed using linear-mixed effect models. For interhemispheric connectivity, fixed-effects include: group status (controls, siblings, patients), age, sex, handedness (right / left / mixed), scanner (#1 / #2) and head motion. To control for potential group-differences in global connectivity, mean connectivity strength of all non-homotopic connections (i.e., all intrahemispheric and heterotopic interhemispheric connections) was included as a fixed-effect term (global FC). Family ID, encoding the subjects' pedigree information, was included as random-effect term to control for family ties between subjects (Eq. (1)). The model has 237 observations (number of subjects with complete information), and 10 fixed term predictors (constant, group\_sibling, group\_patient, age, gender\_female, handedness\_left, handedness\_mixed, scanner\_#2, motion, global FC), leaving = 237–10 = 227 residual degrees of freedom.

Equation 1:

$$\begin{aligned} \text{Interhemispheric connectivity}_{i \sim 1} &+ \beta_1 \times \text{Group}_i + \beta_2 \times \text{Age}_i + \beta_3 \times \text{Sex}_i \\ &+ \beta_4 \times \text{Handedness}_i + \beta_5 \times \text{Scanner}_i + \beta_6 \times \text{Motion}_i + \beta_7 \times \text{GlobalFC}_i \\ &+ (1 | \text{FamilyID}_i) + \varepsilon_i \end{aligned} \quad (1)$$

For hemispheric specialization, group status, age, sex, handedness, scanner and head motion were again included as fixed-effect terms. Additionally, we included hemisphere as a fixed factor to examine potential differences in connectivity patterns between the two hemispheres. Random effect terms include family ID and subject ID nested within family ID. The number of fixed term predictors is 10 (constant, group\_sibling, group\_patient, age, gender\_female, handedness\_left, handedness\_mixed, scanner\_#2, motion, hemisphere\_RH), and residual degrees of freedom is 237 × 2 (hemisphere) – 10 = 464.

Equation 2:

$$\begin{aligned} \text{Hemispheric specialization}_{i \sim 1} &+ \beta_1 \times \text{Group}_i + \beta_2 \times \text{Age}_i + \beta_3 \times \text{Sex}_i \\ &+ \beta_4 \times \text{Handedness}_i + \beta_5 \times \text{Scanner}_i + \beta_6 \times \text{Motion}_i \\ &+ \beta_7 \times \text{Hemisphere}_i + (1 | \text{FamilyID}_i) + (1 | \text{SubjectID}_i: \text{FamilyID}_i) + \varepsilon_i \end{aligned} \quad (2)$$

Linear-mixed effects analysis was first applied to overall interhemispheric connectivity and hemispheric specialization ( $p < .05$ ), and then to each of 56 regional measurements, controlling for multiple comparisons ( $p < .05$ , Bonferroni corrected). Overall and regional measurements with significant group effects were subjected to post-hoc bivariate comparisons between each pair of subject groups ( $p < .05$ ).

## 2.7. Relationship between interhemispheric connectivity and hemispheric specialization

To test whether schizophrenia-related changes in interhemispheric connectivity co-vary with alterations in hemispheric specialization, we calculated the mean difference between controls and patients on both measurements for each brain region. Pearson's correlation analysis was performed on group-differences of interhemispheric connectivity and hemispheric specialization across regions ( $p < .05$ ). The same analysis was performed for siblings as compared to patients, and for controls compared to siblings.

## 2.8. Correlation between connectivity alteration and clinical factors

To examine the potential clinical relevance of connectivity changes in patients, the level of interhemispheric connectivity and hemispheric specialization were correlated with illness duration and PANSS total scores in patients ( $p < .05$ ). Moreover, antipsychotic medication was examined as a potential confounder of functional connectivity measurements by correlating daily medication in chlorpromazine equivalent dose with interhemispheric connectivity and hemispheric specialization.

## 3. Results

### 3.1. Interhemispheric connectivity

Group mean homotopic interhemispheric connectivity strength was plotted on a brain surface for each subject group (Fig. 1). Regional variation in interhemispheric connectivity indicated higher bilateral synchrony in primary sensorimotor, auditory cortex and midline

regions as compared to heteromodal association cortex. Regional interhemispheric connectivity in healthy controls correlated with values reported in a previous study (Stark et al., 2008) in healthy subjects ( $r = 0.41$ ,  $p = .002$ , Supplementary Fig. 1).

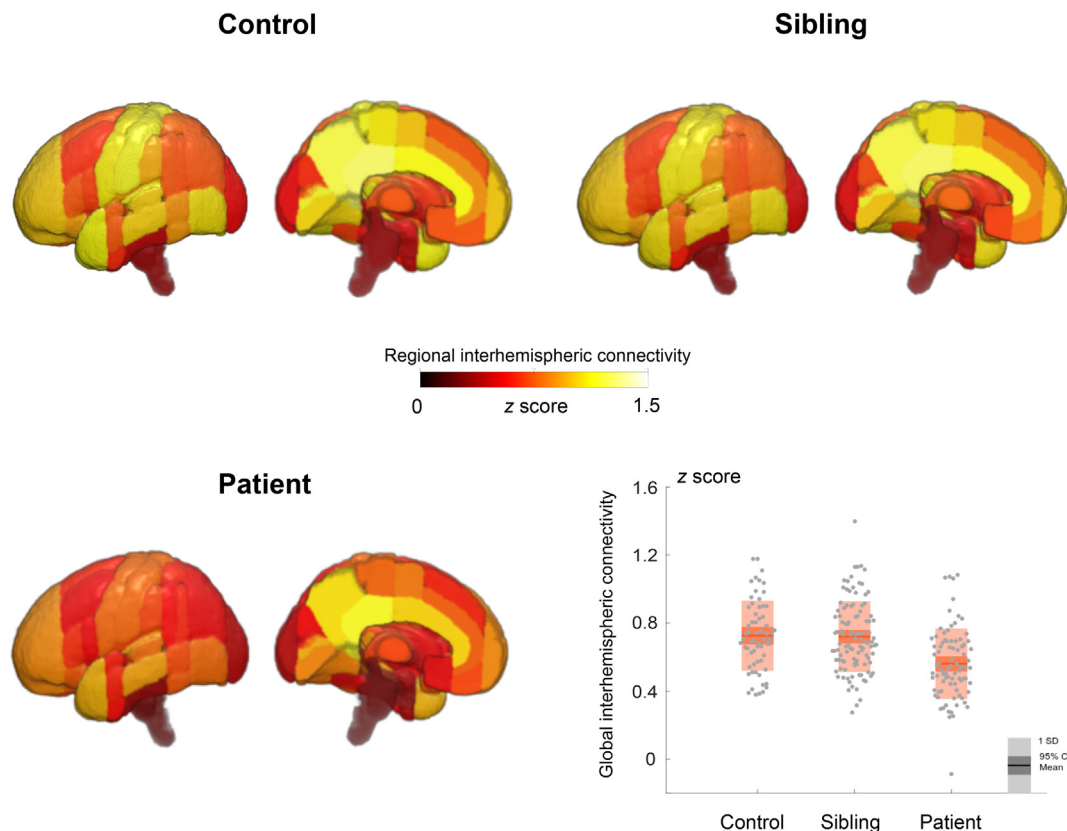
Linear mixed-effects analysis showed a significant main effect of group on homotopic interhemispheric connectivity ( $F(2,227) = 4.31$ ,  $p = .01$ , Fig. 1), such that interhemispheric connectivity was lower in patients as compared to both controls ( $t(227) = 2.03$ ,  $p = .04$ ) and siblings ( $t(227) = 2.90$ ,  $p = .004$ ). Group-differences for heterotopic interhemispheric connectivity or left and right intra-hemispheric functional connectivity was not significant after controlling for global connectivity differences ( $F(2,227) = 0.61, 0.11, 0.14$ ,  $p = 0.54, 0.89, 0.87$  respectively, Supplementary Fig. 2).

Regional homotopic interhemispheric connectivity showed a significant group-effect in pre- and postcentral gyrus, subcallosal cortex and anterior supramarginal gyrus ( $p < .05$ , Bonferroni corrected, Fig. 2). Post-hoc analyses revealed significant reductions in interhemispheric connectivity in patients relative to both controls and siblings for all these regions ( $p < .05$ , detailed statistics are provided in the Supplementary Table 3). There were no significant group-differences in regional interhemispheric connectivity between controls and siblings.

### 3.2. Hemispheric specialization: group effects

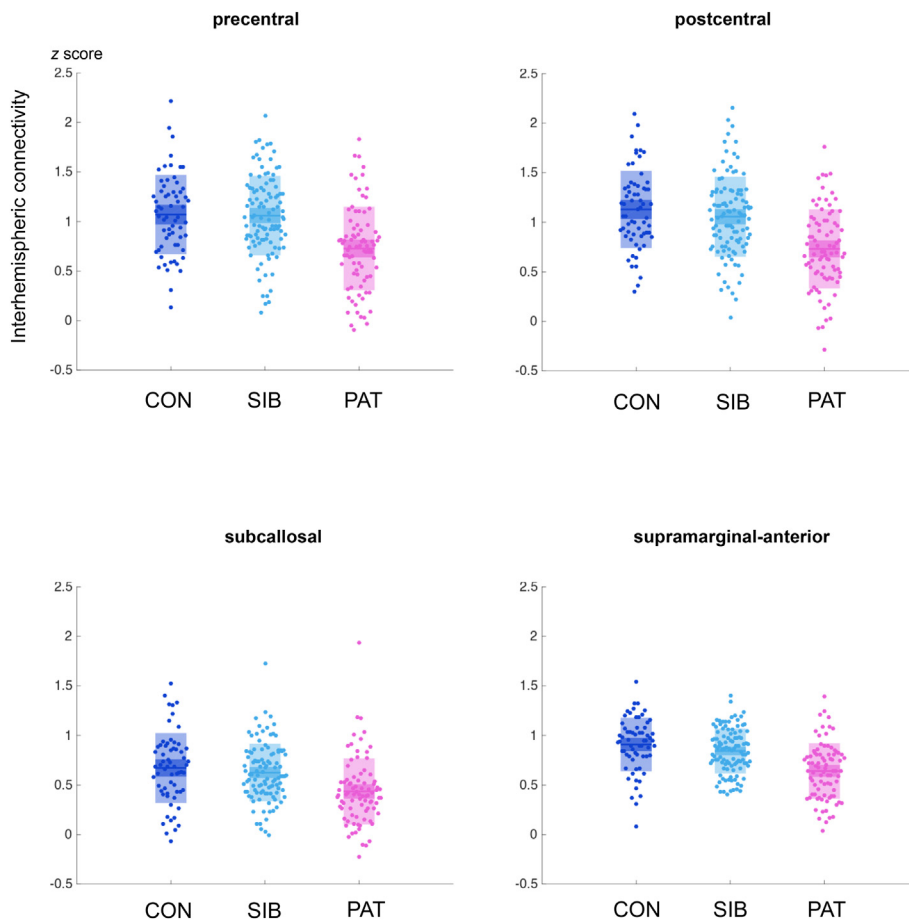
Regional variation of hemispheric specialization showed a distinct pattern from interhemispheric connectivity (Fig. 3). Heteromodal regions showed higher levels of hemispheric specialization than primary sensorimotor areas, indicating a tendency of heteromodal regions to interact preferentially with ipsilateral brain areas.

There was a significant main effect of group on global hemispheric specialization ( $F(2,464) = 3.73$ ,  $p = .02$ ). Post-hoc comparisons



**Fig. 1.** Regional homotopic interhemispheric connectivity strength (z score) were plotted on brain volume for the three subject groups. The lower right boxplot depicts global interhemispheric connectivity for every subject. Patients had lower interhemispheric connectivity strength than controls ( $p = .04$ ) and siblings ( $p = .004$ ).





**Fig. 2.** Regions showing a significant group effect on interhemispheric connectivity ( $p < .05$ , Bonferroni corrected). Post-hoc analyses revealed significant reductions in interhemispheric connectivity in patients relative to both controls and siblings for all these regions ( $p < .05$ , detailed statistics were provided in the Supplementary Table 3). Abbreviation: CON, healthy controls; SIB, unaffected siblings; PAT, schizophrenia patients.

showed that hemispheric specialization is higher in patients as compared to siblings ( $t(464) = 2.73$ ,  $p = .01$ ), indicating that functional connectivity in schizophrenia patients is more confined within their own hemispheres.

Ten out of 56 whole-brain areas showed significant group effects of regional hemispheric specialization ( $p < .05$ , Bonferroni corrected), including parietal, temporal and occipital association cortices, sensorimotor regions and limbic areas, mainly belonging to unimodal and heteromodal association cortices (Fig. 4A). In these regions, hemispheric specialization was increased in patients as compared to both controls and siblings ( $p < .05$ , Supplementary Table 4). The only exception was the posterior supramarginal gyrus which showed marginally higher hemispheric specialization in patients relative to controls ( $t(464) = 1.90$ ,  $p = .058$ ), but lower hemispheric specialization in siblings relative to controls ( $t(464) = -1.73$ ,  $p = .084$ ). There were no significant group-differences between siblings and controls in hemispheric specialization.

### 3.3. Hemispheric specialization: hemispheric effects

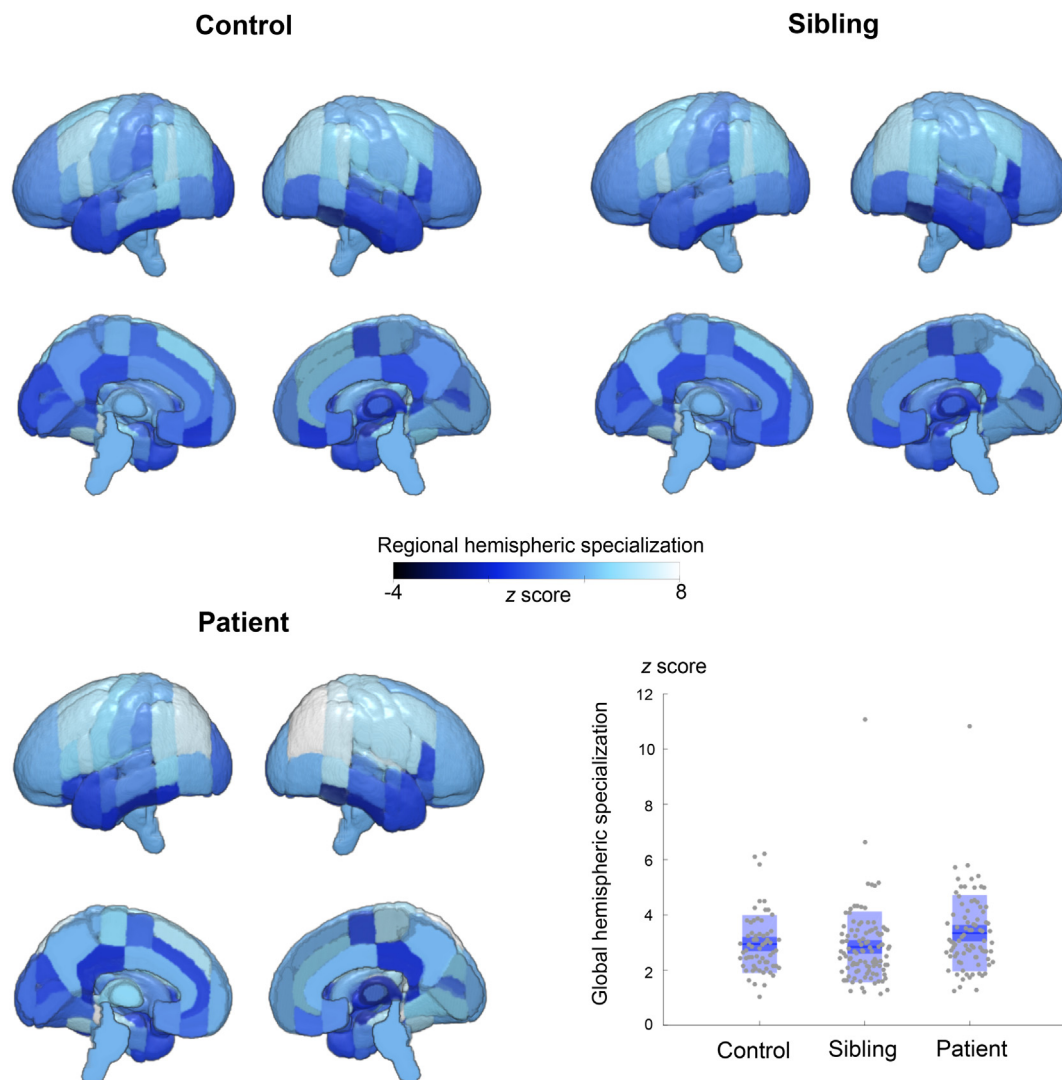
There were no significant hemispheric effects of global hemispheric specialization ( $F(1,464) = 0.02$ ,  $p = .89$ ). On the regional level, significant main effects of hemisphere were observed for a range of cortical and subcortical brain ( $p < .05$ , Bonferroni corrected, Fig. 4B). Higher left-hemispheric specialization was found predominantly in superior/inferior frontal and inferior/middle temporal gyrus, as well as subcortical regions and posterior cingulate cortex. Regions with higher right-hemispheric specialization included parietal and occipital areas, central opercular cortex, heschls gyrus, planum temporale, caudate nucleus and accumbens, anterior and paracingulate gyrus (Supplementary Table 5).

### 3.4. Relationship between interhemispheric connectivity and hemispheric specialization

Comparing patients to controls, group-differences in regional interhemispheric connectivity correlated with changes of regional hemispheric specialization averaged for the left and right hemisphere ( $r = -0.54$ ,  $p < .001$ , Fig. 5). Co-variation of group-differences in the two measurements was also significant for the sibling-patient comparison ( $r = -0.54$ ,  $p < .001$ ), and marginally significant for the control-sibling comparison ( $r = -0.26$ ,  $p = .053$ ). These correlations indicate that regions showing a larger decrease in interhemispheric connectivity in patients as compared to controls or siblings show higher level of hemispheric specialization, indicating that they are preferentially collaborating with regions within the same hemisphere.

### 3.5. Correlation between connectivity alterations and clinical factors

Duration of illness was negatively correlated with interhemispheric connectivity ( $r = -0.26$ ,  $p = .03$ ), and marginally associated with hemispheric specialization ( $r = 0.24$ ,  $p = .049$ ) in patients (Fig. 6). With longer course of illness, patients have more reduced interhemispheric connectivity and a higher level of segregation between the hemispheres. These connectivity alterations are not likely to be attributable to age, as for controls and siblings, we found no correlations between age and interhemispheric connectivity (controls:  $r = -0.05$ ,  $p = .69$ , siblings:  $r = -0.07$ ,  $p = .50$ ) or between age and hemispheric specialization (controls:  $r = -0.03$ ,  $p = .84$ , siblings:  $r = 0.04$ ,  $p = .70$ ). We found no correlations between PANSS total scores and connectivity measurements in patients (interhemispheric connectivity:  $r = 0.12$ ,  $p = .34$ , hemispheric specialization  $r = -0.07$ ,  $p = .60$ ). Dosage of antipsychotic medication did not show significant



**Fig. 3.** The color of brain volume represents regional hemispheric specialization (z score) in the three subject groups. The boxplot shows individual global hemispheric specialization. Patients with schizophrenia had higher global hemispheric specialization than siblings ( $p = .01$ ).

associations with interhemispheric connectivity ( $r = -0.05$ ,  $p = .70$ ) or hemispheric specialization ( $r = 0.09$ ,  $p = .49$ ).

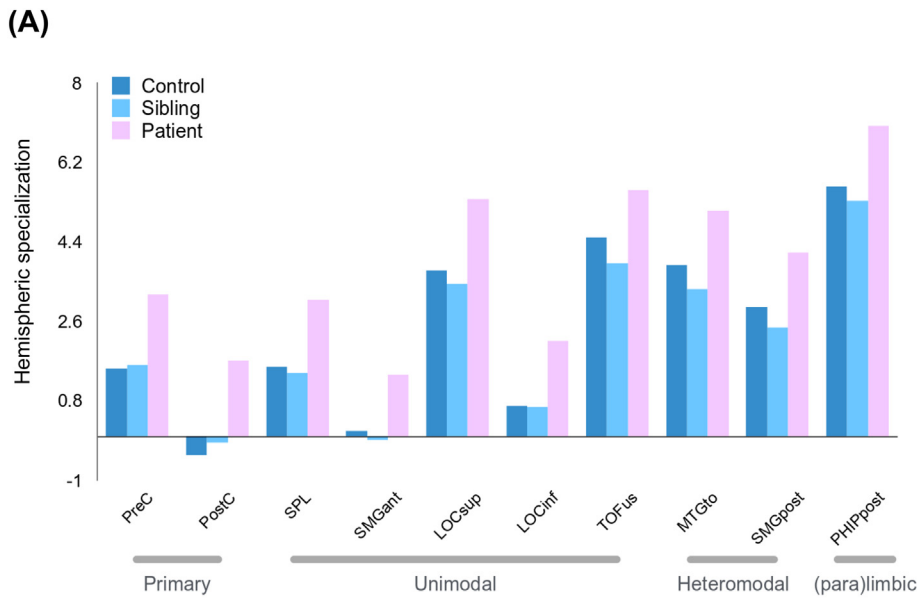
#### 4. Discussion

The current study examined interhemispheric connectivity and hemispheric specialization in a large cohort of schizophrenia patients, their unaffected siblings, and healthy controls. Compared to controls and siblings, patients showed marked decreases in interhemispheric connectivity, as well as increased hemispheric specialization on a global and regional level. No major deficits in interhemispheric connectivity or hemispheric specialization were found in unaffected siblings of patients. Moreover, interhemispheric connectivity and hemispheric specialization were found to correlate with duration of illness in patients. Taken together, our study shows impaired interhemispheric connectivity and a more segregated hemispheric connectivity profile in schizophrenia patients and suggests that these abnormalities are likely to be characteristics of established disease, rather than an expression of preexistent risk for the disorder.

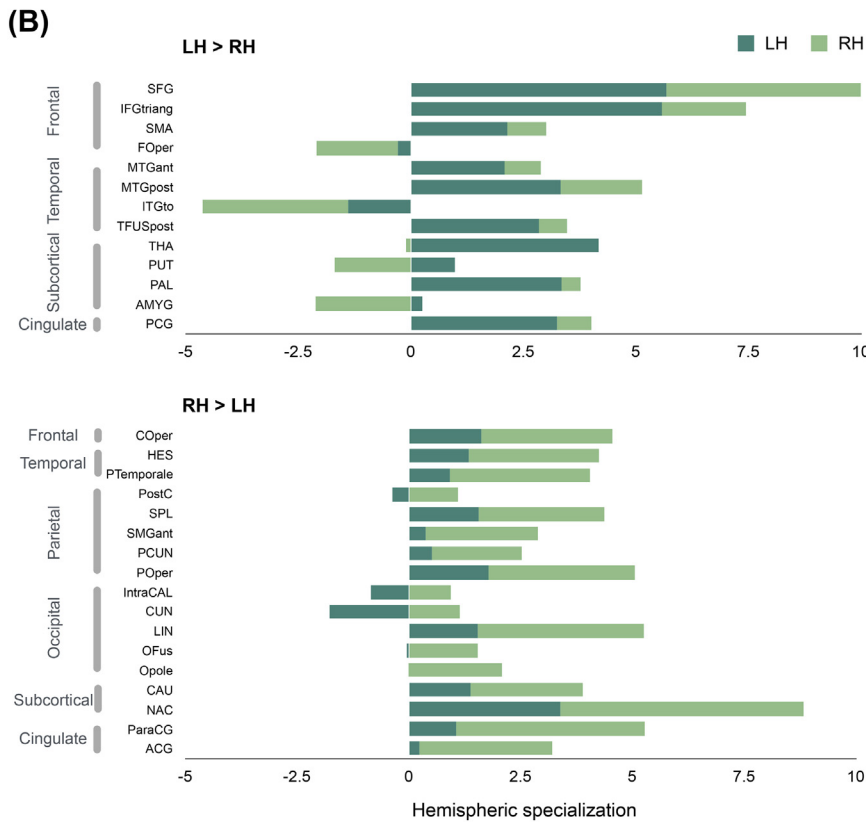
The first question we set out to answer is whether impairments in interhemispheric connectivity are present in patients with schizophrenia and, if so, whether these impairments relate to preexistent familial risk for the illness. To answer this question, we examined a group

of unaffected siblings of schizophrenia patients, who share 50% of their genetic information with affected probands on average. In contrast to a previous study reporting a subtle decline of regional interhemispheric connectivity strength in siblings as compared to controls (Guo et al., 2014), our current study does not find significant reductions in interhemispheric connectivity in unaffected siblings, suggesting that interhemispheric connectivity impairments may be an overt clinical phenotype of schizophrenia. Alternatively, interhemispheric connectivity impairments may be present from a young age in patients and siblings, but normalize with development in unaffected siblings due to a compensatory mechanism, as has been shown for siblings of childhood-onset schizophrenia patients (Moran et al., 2013; Ordóñez et al., 2016; Zalesky et al., 2015).

Another interest of the current study was to examine disturbances of interhemispheric connectivity in relation to putative abnormalities in hemispheric specialization. We find that schizophrenia patients exhibit increased hemispheric specialization in several unimodal and heteromodal association regions, as well as sensorimotor cortex and limbic areas (Fig. 4A), indicating an excessive reduction in cross-hemisphere connectivity relative to within-hemisphere connectivity in these brain regions. The unimodal and heteromodal association cortices have reciprocal connectivity with lower level brain regions, and are involved in the integration of sensory information from multiple modalities



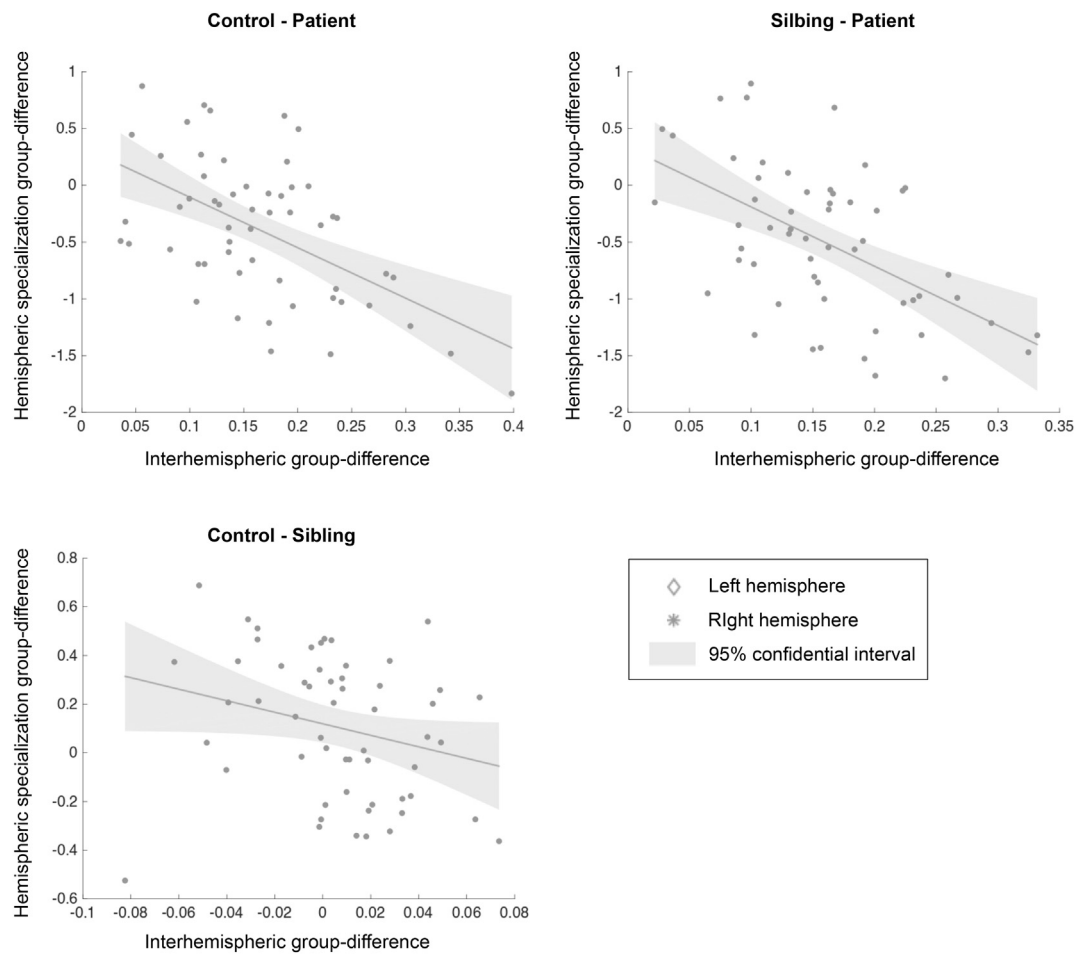
**Fig. 4.** Regional hemispheric specialization showing significant (A) group differences; (B) hemispheric effects ( $p < .05$ , Bonferroni corrected, Supplementary Tables 4, 5). For group effects (A), patients exhibited increased hemispheric specialization in unimodal and heteromodal association cortices, sensorimotor cortices and limbic areas. The hemispheric effects (B) indicate higher specialization in frontal and temporal regions and subcortical structures in the left hemisphere, whereas higher specialization was observed in the right hemisphere for parietal, occipital, auditory, subcortical and anterior cingulate cortex. For illustration purpose, regional hemispheric specialization values were averaged over the two hemispheres (A) and over the three groups (B). Abbreviation: LH, left hemisphere; RH, right hemisphere; brain regional abbreviation and classification please refer to Supplementary Table 2.



(Mesulam, 1998). Previous studies have shown that the cortical network of multimodal brain regions is disproportionately affected in schizophrenia (Bassett et al., 2008; Pearson et al., 1996; van den Heuvel et al., 2013) and abnormalities in association cortices such as reduced cortical thickness and fiber integrity have been found in schizophrenia patients (Cannon et al., 2002; Sprouten et al., 2013; Zalesky et al., 2011). Extending previous findings, we suggest that unimodal and heteromodal areas more preferentially connected to ipsilateral brain areas in schizophrenia, at the expense of facilitating cross-hemisphere interactions with a broader range of brain regions.

In terms of the relationship between interhemispheric connectivity

and hemispheric specialization, we find a significant correlation between lower interhemispheric connectivity and higher hemispheric specialization index in patients as compared to both controls and siblings (Fig. 5). These connectivity abnormalities may relate to reduced lateralization in schizophrenia. Previous studies have found that schizophrenia patients exhibit a loss of asymmetry in the auditory cortex in task-induced activation (Bleich-Cohen et al., 2009; Oertel et al., 2010; Spaniel et al., 2007), and its functional connectivity with other regions (Ke et al., 2010; Oertel-Knöchel et al., 2013; Oertel-Knöchel et al., 2014; Rotarska-Jagiela et al., 2010). In addition, reduced asymmetry in brain morphology (Barta et al., 1997; Bilder et al., 1994) and white



**Fig. 5.** Correlation between group-differences in homotopic interhemispheric connectivity and differences in hemispheric specialization. Decreased regional interhemispheric connectivity is negatively correlated with increased hemispheric specialization in patients as compared to controls ( $r = -0.54$ ,  $p < .001$ ) and siblings ( $r = -0.54$ ,  $p < .001$ ). For the control-sibling comparison, co-variation of group-differences in the two connectivity measurements is marginally significant ( $r = -0.26$ ,  $p = .053$ ).

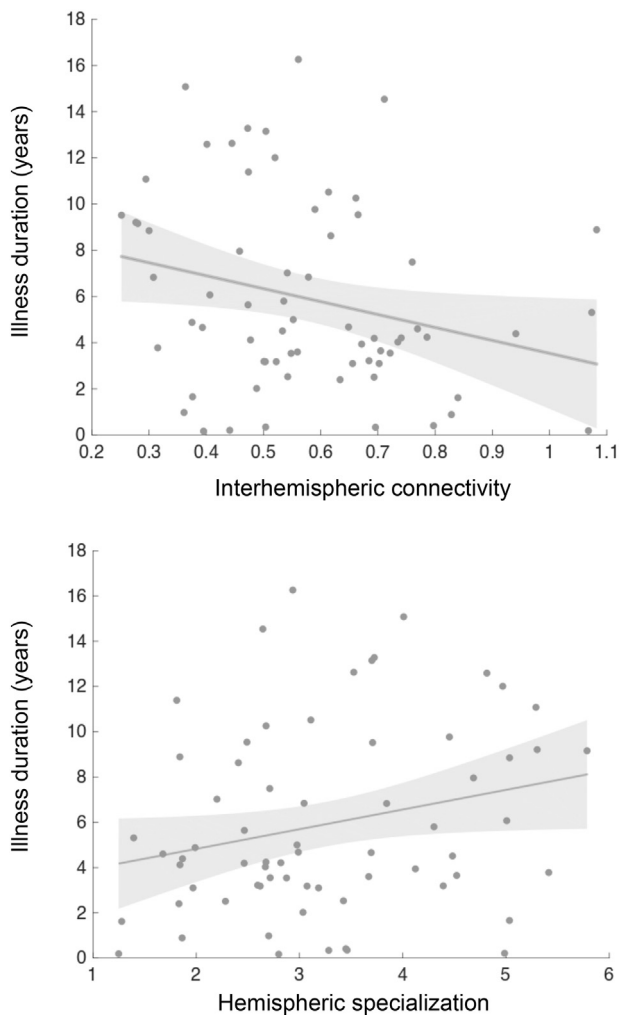
matter connectivity (Kubicki et al., 2002; Miyata et al., 2012) have also been reported (for review and meta-analysis please refer to Ocklenburg et al., 2013; Oertel-Knöchel and Linden, 2011; Ribolsi et al., 2014; Sommer et al., 2001). The identified abnormalities of intrinsic interhemispheric connectivity and hemispheric specialization suggest impairments of synchronization between the two hemispheres, and a preference of intra- versus inter-hemispheric connectivity in patients, which is consistent with a lack of efficient lateralized processing in the dominant hemisphere during tasks (Bleich-Cohen et al., 2012; Innocenti et al., 2003; Ribolsi et al., 2014).

A strong main effect of hemisphere was found for hemispheric autonomy of many cortical and subcortical regions (Fig. 4B). Higher hemispheric specialization in the left hemisphere was found predominately in language-related regions, as well as subcortical regions and posterior cingulate cortex. Regions with higher autonomy in the right hemisphere mainly included parietal and occipital areas, as well as a few frontal, temporal, cingulate, and subcortical regions. This lateralization pattern is consistent with previous findings of a dissociation between left hemisphere specialization in language areas and a right hemisphere dominance in visuospatial and attentional areas (Cai et al., 2013; Gotts et al., 2013; Wang et al., 2014). Interestingly, we found that the hemispheric specialization of Heschl's gyrus and the temporal plane is lower in the left than the right hemispheric regions, indicating that in these primary auditory cortices, left hemispheric regions are more bilaterally connected (low hemispheric specialization), whereas right-sided regions are more ipsilaterally connected (high hemispheric

specialization). This connectivity profile may indicate a more important role of the left primary auditory cortex in integration and processing of auditory information (Tervaniemi and Hugdahl, 2003). Connectivity of the caudate nucleus tends to be more ipsilateral in the right hemisphere as compared to the left hemisphere, which is different from the results of a previous study (Mueller et al., 2015), but is consistent with a right-over-left dopamine receptor availability in this region in healthy subjects (Laakso, 2000; Vernaleken et al., 2007). Other subcortical regions such as thalamus, putamen, pallidum, and amygdala were all found to exhibit higher hemispheric autonomy for the right hemisphere, in line with previous findings of a more bilaterally connected pattern in the right hemisphere (Gotts et al., 2013; Iturria-Medina et al., 2011; Zhong et al., 2017).

Several points need to be taken into consideration when interpreting our results. First, we performed region-based rather than voxel-based analyses of interhemispheric connectivity and hemispheric specialization. Hence, our definition of hemispheric specialization is different from a previous study based on voxel-wise measurements (Mueller et al., 2015). Region-based and voxel-based approaches each have their benefits and limitations (Hayasaka and Laurienti, 2010; Joliot et al., 2015). We adopted a region-based approach for better sensitivity and interpretability of the results, and to allow us to correlate measurements of interhemispheric connectivity and hemispheric specialization across brain regions. Second, the proportion of male and female subjects are not balanced across groups. To address this issue, we included sex as a covariate when performing group-comparisons.





**Fig. 6.** Duration of illness is negatively correlated with global homotopic connectivity ( $r = -0.26$ ,  $p = .03$ ) and marginally associated with hemispheric specialization ( $r = 0.24$ ,  $p = .049$ ) in the patient group.

Previous studies have produced mixed results in terms of the effects of sex on interhemispheric connectivity strength (Gracia-Tabuenca et al., 2018; Guo et al., 2014; Zuo et al., 2010). Future studies with a balanced sex distribution would be better suited to examine potential sex differences on interhemispheric connectivity and hemispheric specialization in schizophrenia. Third, we did not find a significant correlation between regional interhemispheric disconnectivity and symptom severity in patients as some previous studies have reported (Hoptman et al., 2012; Li et al., 2015). A possible reason for the lack of association may be that the patients recruited in this study were relatively stable at the time of participation (PANSS total scores  $48.38 \pm 14.89$ , see Table 1). Therefore, we cannot rule out the possibility that an association exists between disconnectivity and symptoms in patients with more pronounced clinical symptoms.

## 5. Conclusion

This study explored interhemispheric connectivity and hemispheric specialization in a large cohort of schizophrenia patients, their unaffected siblings and healthy controls. Our results indicate that patients exhibit decreased interhemispheric connectivity as compared to both healthy controls and unaffected siblings, and these impairments were found to correlate with increases in the level of hemispheric specialization. These connectivity alterations appear to be primarily related to illness manifestation, as siblings did not show significant changes

compared to controls, and connectivity changes in patients correlated with duration of illness. In summary, the current study suggests that decreased interhemispheric connectivity and associated abnormalities in hemispheric specialization are features of established schizophrenia rather than an expression of preexistent risk for the disorder.

Supplementary data to this article can be found online at <https://doi.org/10.1016/j.nicl.2019.101656>.

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## Conflict of interest

All authors declare no conflict of interest.

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