



## Evaluation the cytotoxic effect of Fe<sub>3</sub>O<sub>4</sub>@Glu-Gingerol on lung adenocarcinoma cell line (A549) with biological mechanisms

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### ABSTRACT

The use of nanotechnology products with supermagnetic properties for targeted delivery of drugs has gained attention recently. Due to the anticancer features of Gingerol, the major phenolic compound from Ginger, this study aims to prepare Fe<sub>3</sub>O<sub>4</sub>@Glucose-Gingerol nanoparticles (NPs) and investigate their anticancer potential in a lung adenocarcinoma cell line. The physical and chemical features of the nanoparticles were investigated by FT-IR, XRD, zeta potential, DLS, EDS mapping, VSM, and electron microscope imaging. Cytotoxic effects of the nanoparticles for the A549 (lung adenocarcinoma) and MRC-5 (normal) cell lines was investigated by MTT assay. Furthermore, the effects of Fe<sub>3</sub>O<sub>4</sub>@Glucose-Gingerol nanoparticles on the expression of the *CASP8*, *BAX*, and *BCL2* genes and the activity of Caspase 3 were characterized. The flow cytometry assay (annexin V/PI) was employed to find out the percentage of apoptotic cells. The Fe<sub>3</sub>O<sub>4</sub>@Glu-Gingerol NPs were spherical (42–67 nm), without elemental impurity, and with surface charge, DLS size, and magnetic saturation of −47.7 mV, 154 nm, and 35 emu/g, respectively. Fe<sub>3</sub>O<sub>4</sub>@Glu-Gingerol NPs showed a remarkable greater toxicity in the A549 cells than normal cell line with the 50 % inhibition concentration (IC<sub>50</sub>) of 190 and 554 μg/mL, respectively. Treatment of lung adenocarcinoma cells with the Fe<sub>3</sub>O<sub>4</sub>@Glu-Gingerol NPs led to an increase in cell apoptosis from 4.6 to 39.48 %. Also, the *CASP8* and *BAX* genes were upregulated by 2.49 and 2.8 folds, respectively, while a downregulation by 0.75 folds was noticed for the *BCL2*. Moreover, apoptotic features were observed in Fe<sub>3</sub>O<sub>4</sub>@Glu-Gingerol NPs treated cells by Hoechst staining, and activation of Caspase 3 by 2.8 folds. This study revealed that the Fe<sub>3</sub>O<sub>4</sub>@Glu-Gingerol NPs have antiproliferative effects on the lung adenocarcinoma cell line by activation of intrinsic and extrinsic apoptosis that is a promising feature in cancer treatment.

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## 1. Introduction

Lung cancer is the second most frequent cancer which causes more than 2,200,000 annual new cases in the human population. This disease is the most fatal cancer in both genders and is associated with one-fifth of cancer-associated death. According to the statistics, the disease is responsible for almost annual 1,800,000 deaths [1]. The large mortality of lung cancer indicates the poor diagnosis approaches and the absence of effective medicinal compounds. Therefore, many studies aim to find novel anticancer agents to be used against lung cancer.

Many nanotechnology products have been explored in cancer diagnosis, prevention, and treatment. Owing to the large surface area and small size, these particles could distribute to the host body and reach their target site. However, the low efficacy and specificity of such compounds result in undesirable effects which could limit their applications in disease diagnosis and treatment [2]. Therefore, recent studies aim to provide modified NPs to improve their biocompatibility, therapeutic efficacy, and reduce their unwanted features.

Iron oxide ( $\text{Fe}_3\text{O}_4$ ) NPs have received considerable attention in biomedical fields. These compounds are biocompatible, biodegradable, and potentially non-toxic to the human [3,4]. In addition, owing to their supermagnetic property, these NPs could be magnetized when an external magnetic field is applied [3]. This feature enables  $\text{Fe}_3\text{O}_4$  NPs to be used for site directed delivery which significantly increases the efficacy and reduces undesirable side-effect of the therapeutic molecules. Therefore,  $\text{Fe}_3\text{O}_4$  nanoparticles can be a platform for the design and development of multi-agent anticancer drugs. Functionalization of  $\text{Fe}_3\text{O}_4$  NPs with small molecules or polymers can enhance the biodistribution of the particles and lead to longer circulation time and more efficient uptake. Newly, carbohydrates, as biomimetic functional molecules, have gained interests to be used for surface functionalization nanoparticles. Functionalization with glucose may facilitate nanoparticle internalization via specific cellular receptors. By modulating oxidative stress and cellular uptake, functionalization of  $\text{Fe}_3\text{O}_4$  with Glucose can improve their biocompatibility and anticancer potential [5,6].

Phytochemical compounds that are naturally found in medicinal plants have gained interests to prevent and treat diseases. Gingerols are the bioactive compounds found in the root of Ginger that show antioxidant, anti-inflammation, and antitumor activities [7, 8].

According to the literature, multiple mechanisms are involved in the anticancer effect of gingerol, including increasing the expression of some proapoptotic genes such as NAG-1 and inhibiting cell cycle progression by attenuation of cyclin D1 [9]. Furthermore, down-regulation of the expression of Akt and up-regulation of the expression of *BAX/BCL-2* have been associated with the inhibitory effect of gingerol on cancer cells [10]. Moreover, the caspase-dependent apoptogenic properties of gingerol and inhibition of cell proliferation through inhibiting the MAPK/AP-1 signaling have been described in the literature [11].

Due to the biomedical properties of gingerol, in this study, gingerol was conjugated to  $\text{Fe}_3\text{O}_4$  NPs via glucose functionalization, and the anticancer effect of the  $\text{Fe}_3\text{O}_4$ @Glu-Gingerol nanoparticles on a lung adenocarcinoma cell line and their effect on the expression of *CASP8*, *BAX*, and *Bcl2* cells were studied.

## 2. materials and methods

### 2.1. Synthesis of $\text{Fe}_3\text{O}_4$ nanoparticles

At first, 5.75 g  $\text{FeCl}_3 \cdot 6\text{H}_2\text{O}$  and 3.17 g  $\text{FeCl}_2 \cdot 4\text{H}_2\text{O}$  were suspended in distilled water and maintained at 80 °C for 60 min and then, an  $\text{NH}_3$  solution was added. After maintaining the mixture at 80 °C for 180 min, the pellet was collected, washed with ethanol and distilled water, and dried [12].

### 2.2. Preparation of $\text{Fe}_3\text{O}_4$ @Glu-Gingerol

At first, a suspension containing  $\text{Fe}_3\text{O}_4$  (1.6 %) and 0.5 g D-glucose (0.8 %) was prepared in distilled water, sonicated for 30 min, and then, autoclaved at 180 °C for 3 h. After centrifugation at 6000 rpm, the pellet was washed three times and finally, dried at 60 °C.



To prepare conjugated NPs, 1 g of  $\text{Fe}_3\text{O}_4$ @Glu and 100 mg of gingerol were dispersed in distilled water and shaken for 24h. After centrifugation at 6000 rpm, the  $\text{Fe}_3\text{O}_4$ @Glu-Gingerol NPs were harvested, dried, and lyophilized (steps 1–2 and 2-2 are shown in the following formula).

### 2.3. Physical and chemical characteristics of the synthesized NPs

Characterization of the nanoparticles was performed by FT-IR, XRD, TEM, SEM, EDS-mapping, DLS, and Zeta potential analyses. FT-IR assay was performed by a PerkinElmer FT-IR spectrophotometer (USA) in a range of 400–4000  $\text{cm}^{-1}$ . The crystalline structure of

NPs was evaluated by XRD analysis at  $k = 1.79 \text{ \AA}$  (Philips, PW1730, Netherland). Electron microscopy was performed by TESCAN Mira3 SEM (Czech Republic) and Zeiss EM-900 TEM (Germany) microscopes. The elemental composition was assayed by EDS-mapping (TESCAN Mira3, Czech Republic) and magnetization level of  $\text{Fe}_3\text{O}_4$ @Glu-Gingerol was studied by a magnetometer (Meghnatis Daghigh Kavir Co., Kashan, Iran). Finally, the DLS size and zeta-potential of  $\text{Fe}_3\text{O}_4$ @Glu-Gingerol were determined by a HORIBA Scientific SZ-100 Zeta sizer (Japan).

#### 2.4. Cytotoxic effect of $\text{Fe}_3\text{O}_4$ @Glu-Gingerol

To determine the cytotoxicity of  $\text{Fe}_3\text{O}_4$ @Glu-Gingerol and  $\text{Fe}_3\text{O}_4$  NPs, lung adenocarcinoma cell line (A549) and human normal cell line (MRC-5) were grown in DMEM (Dulbecco's modified Eagle medium) medium. Also, the cytotoxic activity of gingerol on the A549 cell line was determined. After cell propagation in 96-well plates ( $1 \times 10^4$ ), different concentrations of  $\text{Fe}_3\text{O}_4$ @Glu-Gingerol, gingerol and  $\text{Fe}_3\text{O}_4$  NPs (62.5–1000  $\mu\text{g}/\text{mL}$ ) were added to the wells and incubated at  $37^\circ\text{C}$  for 24 h, cell viability level was evaluated using the 2-(4,5-dimethylthiazol-2-yl) –2,5-diphenyltetrazolium bromide (MTT) assay. In brief, 0.2 mL of MTT solution was added to the wells and incubated for 4h. Then, the wells were emptied and 0.1 mL of dimethyl sulfoxide (DMSO) was added. After shaking the plate for 30 min at room temperature, the  $\text{OD}_{570}$  of the wells was recorded (Bio-Rad plate reader, Hercules, CA, USA) [13]. The percentage of inhibition was calculated by the following formula [14]. The inhibitory potential of the nanoparticles was calculated as follows:

$$\text{Inhibition (\%)} = \frac{\text{Abs of control} - \text{Abs of Test}}{\text{Abs of control}} \times 100$$

#### 2.5. Flow cytometry assay

To evaluate the frequency of cell apoptotic in  $\text{Fe}_3\text{O}_4$ @Glu-Gingerol and control cells a flow cytometry analysis was conducted. Monolayers of cancer cells ( $1 \times 10^6$ ) were prepared and treated with the NPs. Then, the cells were harvested, washed with phosphate buffered saline, and subjected to the propidium iodide and Annexin V (Roche, Germany) staining. Finally, apoptosis level in the control and nanoparticle-treated cells was evaluated by a flow cytometry device (BIO-RAD, USA).

#### 2.6. Expression of *CASP8*, *BAX*, and *BCL2* genes

Real-time PCR assay was used to find out the effect of  $\text{Fe}_3\text{O}_4$ @Glu-Gingerol and  $\text{Fe}_3\text{O}_4$  NPs on the expression of the pro- and anti-apoptotic genes, including *CASP8*, *BAX*, and *BCL2*. At first, lung adenocarcinoma cells ( $5 \times 10^5$ ) were treated with the NPs (at  $\text{IC}_{50}$ ) for 24 h and then, their RNA content was extracted (TriZol, Sigma-Aldrich, USA). After characterization of the quality of RNA samples using Nanodrop spectrophotometry (NanoDrop™ 2000/2000c, Thermo Scientific, USA), cDNA molecules were synthesized using a Yekta Tajhiz cDNA synthesis Kit (Iran). Finally, qPCR assay was performed using the primers presented in Table 1 to find out the expression level of the *CASP8*, *BAX*, and *BCL2* genes under treatment of  $\text{Fe}_3\text{O}_4$ @Glu-Gingerol and  $\text{Fe}_3\text{O}_4$  NPs. The *GAPDH* gene was used as a control gene and the gene expression level was calculated by the  $2^{-\Delta\Delta\text{Ct}}$  method [15].

#### 2.7. Caspase 3 activity assay

Caspase 3 activity under treatment of  $\text{Fe}_3\text{O}_4$ @Glu-Gingerol and  $\text{Fe}_3\text{O}_4$  NPs on cancer and control cells ( $1 \times 10^6$ ) was assayed [13]. At first, the cells were treated with the nanoparticles for 24h, and then, were washed with PBS, and lysed. Finally, the supernatant was treated with DEVD-pNA (Sigma-Aldrich, CASP3C) and optical density at 405 nm was measured.

#### 2.8. Hoechst staining

Nuclear morphological alterations caused by  $\text{Fe}_3\text{O}_4$ @Glu-Gingerol were investigated by Hoechst nuclear staining. After incubating cancer cells with the nanoparticles, the cells were washed, stained with the Hoechst 33,258, and examined under a fluorescent microscope [13].

**Table 1**

Sequence of the primers used in this work.

Primer	Sequence (5'-3')	Product size (bp)	Reference
<i>Bax-forward</i>	TTGCTTCAGGGTTTCATCCA	113	[16]
<i>Bax-reverse</i>	AGACACTCGCTCAGCTTCTTG		
<i>CASP8-forward</i>	GACTGGATTGCTGATTACCTACCTAA	143	[17]
<i>CASP8-reverse</i>	CCTCAATTCTGATCTGCTCACTTCT		
<i>Bcl2-forward</i>	TGGCCAGGGTCAGAGTTAAA	147	[16]
<i>Bcl2-reverse</i>	TGGCTCTCTTGC GGAGTA		
<i>GAPDH-forward</i>	CCCCTCTCTCCACTTTGAC	75	[17]
<i>GAPDH-reverse</i>	CATACCAGGAAATGAGCTTGACAA		

## 2.9. Statistical analyses

The SPSS. 16.0 software and one-way ANOVA analysis were used to evaluate the statistical difference between the NPs treated and control cells. The assays were performed in three replicates and the  $p$ -value  $< 0.05$  was considered significant.

## 3. results

### 3.1. Physiochemical characteristics of nanoparticles

Investigation of functional groups of  $\text{Fe}_3\text{O}_4$ @Glu-Gingerol revealed absorption peaks at 420, 580, and 624 nm that are associated with the Fe–O bonds and related to the  $\text{Fe}^{+2}$  and  $\text{Fe}^{+3}$  atoms at their tetragonal phase and  $\text{Fe}^{+3}$  atom at its octagonal phase that present the formation of  $\text{Fe}_3\text{O}_4$  structure. Also, the peaks at 598, 815, 902, and 1034 nm are related to the C–C, C–H, =CH, and C–O of the gingerol molecule. In addition, the peak at 1401 nm is associated with the C–C bond of the benzene ring. Furthermore, the peaks at 1641, 2904, and 3406 nm are related to the C=C and OH bonds. The FT-IR spectrogram reveals the proper synthesis of  $\text{Fe}_3\text{O}_4$ @Glu-Gingerol (Fig. 1).

Based on the XRD pattern, the diffraction peaks at 30, 35, 43, 57, and 63° correspond to the  $\text{Fe}_3\text{O}_4$  particles (JCPDS card no: 03–0863). Also, the peaks at 10–20° could be associated with the amorphous structures of gingerol. According to Scherrer formula, the average size of crystals was 7.07 nm. Fig. 2 presents the XRD analysis of  $\text{Fe}_3\text{O}_4$ @Glu-Gingerol NPs.

According to the SEM (Fig. 3a and d) and TEM (Fig. 3c and b) images the  $\text{Fe}_3\text{O}_4$ @Glu-Gingerol particles were spherical and were in a size range of 42–67 nm. The surface charge and DLS size of  $\text{Fe}_3\text{O}_4$ @Glu-Gingerol were  $-47.7$  mv and 154 nm, respectively (Fig. 4a and c). Meanwhile, the surface charge and DLS size of  $\text{Fe}_3\text{O}_4$  NPs were measured  $-11.9$  mv and 96 nm, respectively (Fig. 4b and d). The more negative surface charge of  $\text{Fe}_3\text{O}_4$ @Glu-Gingerol provides sufficient repulsive force to reduce particle aggregation. According to the EDS and mapping results, the NPs contained Fe, C, and O molecules (Fig. 5a and b). The VSM analysis revealed the magnetic feature of the synthesized NPs. The maximum magnetization saturation of  $\text{Fe}_3\text{O}_4$ @Glu-Gingerol NPs was measured 35 Emu/g, which was displayed in Fig. 6.

### 3.2. Cytotoxicity of $\text{Fe}_3\text{O}_4$ @Glu-Gingerol NPs

According to the results, the nanoparticles had significant toxic effects on cancer cells which reduced the viability of the cells by 15–85 %, depending on the exposure dose. Calculating the  $\text{IC}_{50}$  of  $\text{Fe}_3\text{O}_4$ @Glu-Gingerol NPs for lung cancer and normal human cells showed that the nanoparticles were significantly more toxic for cancer cells ( $\text{IC}_{50} = 190$ ) than normal cells ( $\text{IC}_{50} = 554$   $\mu\text{g}/\text{mL}$ ) (Fig. 7a, b). Also, the  $\text{IC}_{50}$  of Gingerol and  $\text{Fe}_3\text{O}_4$  NPs for A549 cell line was 248  $\mu\text{g}/\text{mL}$  and 531  $\mu\text{g}/\text{mL}$ , respectively (Fig. 7c,d).

### 3.3. Flow cytometry analysis

The results revealed that the nanoparticles considerably increase cell apoptosis among treated cells. The percentage of the early and late apoptosis in nanoparticle-treated cells was 4.33 and 35.15 %, respectively. In contrast, the early and late apoptosis in control cells were 0.28 and 0.18 %, respectively. The results were presented in Fig. 8a and b.

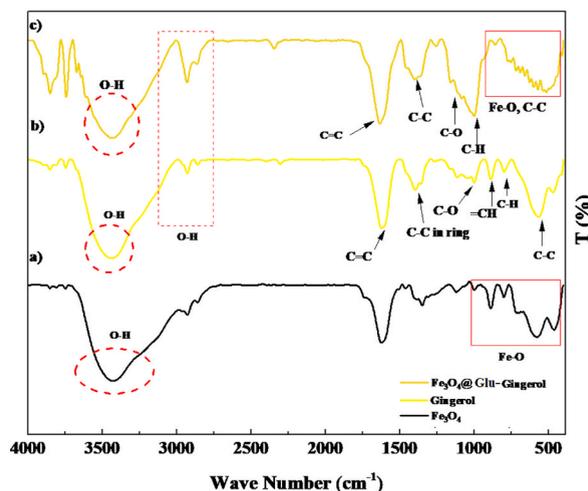


Fig. 1. FT-IR analysis of  $\text{Fe}_3\text{O}_4$ @Glu-Gingerol NPs.

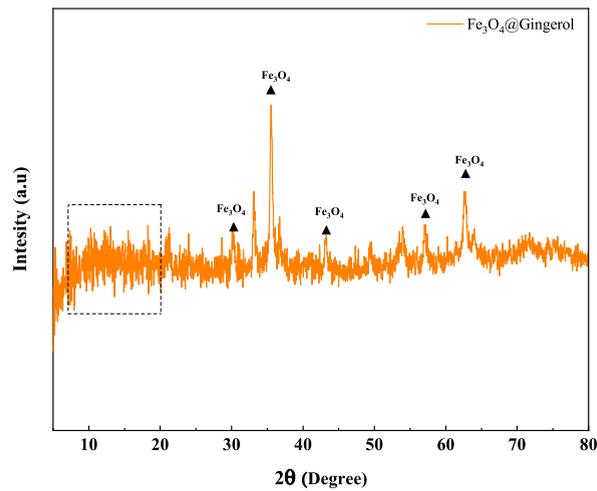


Fig. 2. XRD pattern of  $\text{Fe}_3\text{O}_4$ @Glu-Gingerol NPs.

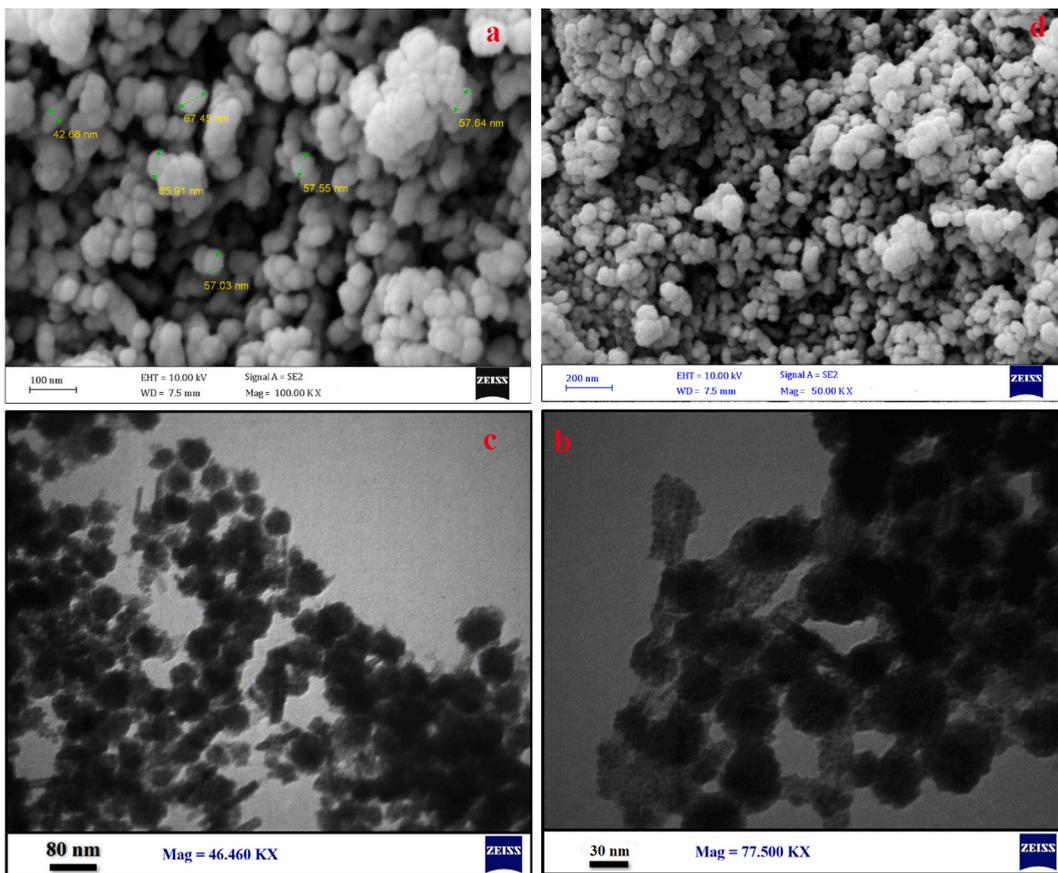
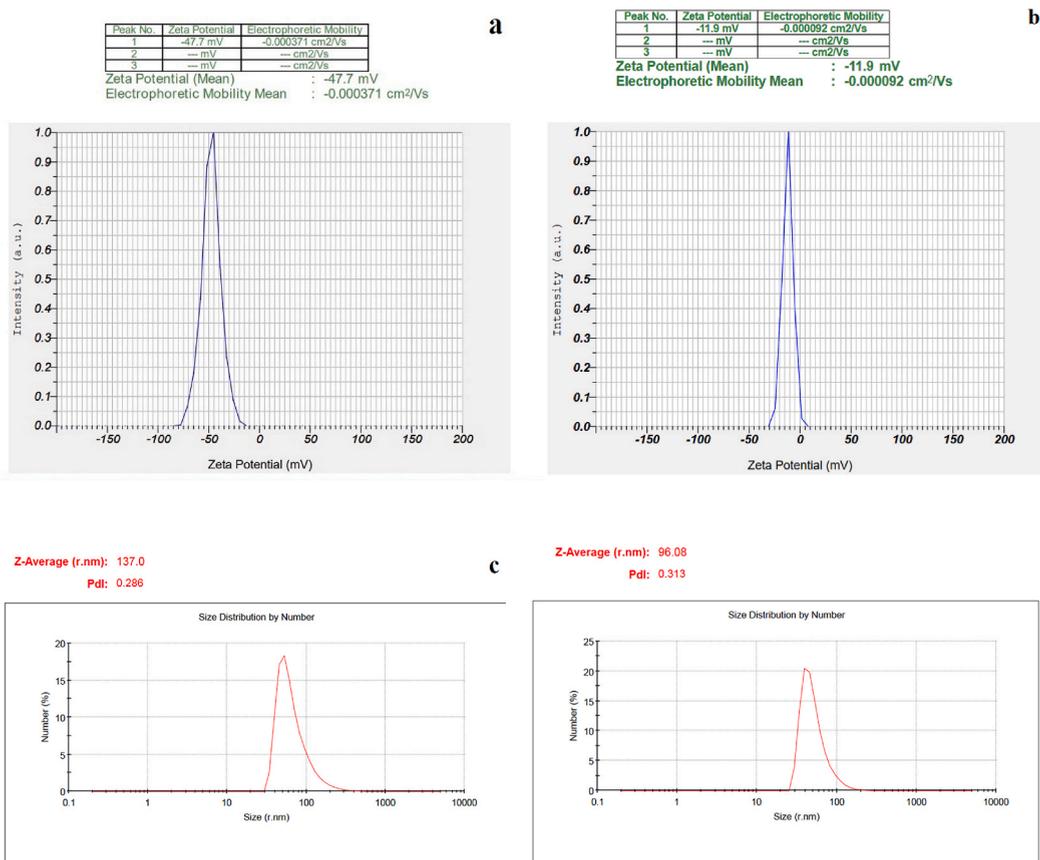


Fig. 3. SEM (a, d), and TEM (b, c) images of  $\text{Fe}_3\text{O}_4$ @Glu-Gingerol NPs.

### 3.4. Expression of apoptosis signaling genes

Studying the effect of  $\text{Fe}_3\text{O}_4$ @Glu-Gingerol on the expression of the *CASP8*, *BAX*, and *BCL2* genes showed that treatment of the  $\text{Fe}_3\text{O}_4$ @Glu-Gingerol significantly up-regulated the *BAX* and *CASP8* genes, and attenuated the *BCL2* gene. According to the results, the *BAX* and *CASP8* were upregulated by 2.8 and 2.49 folds, respectively. In contrast, the *BCL2* gene was attenuated by 0.75 folds. Meanwhile, the relative expression of the *BAX* and *CASP8* in  $\text{Fe}_3\text{O}_4$  treated cells was up-regulated by 1.4 and 1.38 folds, respectively. In



**Fig. 4.** Surface charge and DLS analyses of Fe<sub>3</sub>O<sub>4</sub>@Glu-Gingerol and Fe<sub>3</sub>O<sub>4</sub> NPs. (a): Zeta potential of Fe<sub>3</sub>O<sub>4</sub>@Glu-Gingerol, (b): Zeta potential of Fe<sub>3</sub>O<sub>4</sub> NP, (c): DLS analysis of Fe<sub>3</sub>O<sub>4</sub>@Glu-Gingerol and (d): DLS analysis of Fe<sub>3</sub>O<sub>4</sub> NP.

contrast, the *BCL2* gene in Fe<sub>3</sub>O<sub>4</sub> NPs treatment group had a reduced expression by 0.91 folds (Fig. 9).

### 3.5. Caspase 3 activity and hoechst staining

We observed that the Fe<sub>3</sub>O<sub>4</sub>@Glu-Gingerol increased the activity of the caspase 3 by 2.8 folds (Fig. 10a) and Fe<sub>3</sub>O<sub>4</sub> NPs increased the activity by 1.38 folds (Fig. 10b). According to the Hoechst staining, treating lung adenocarcinoma cells with Fe<sub>3</sub>O<sub>4</sub>@Glu-Gingerol caused morphological nuclear alterations associated with cell apoptosis, including chromatin fragmentation, the presence of apoptotic bodies, and chromatin condensation (Fig. 11a and b).

## 4. discussion

The frequency of Lung cancer associated mortality has been increasing which indicates the inefficiency of current diagnosis and therapeutic approaches. After the emergence of nanotechnology, many researchers seek novel nanotechnology products for cancer diagnosis and treatment. For this purpose, the development of supermagnetic NPs for site-directed delivery of drugs has been considered. Owing to the good biocompatibility, minor side effects, and supermagnetic feature, the use of Fe<sub>3</sub>O<sub>4</sub> in biomedicine has gained considerable interest. Therefore, we aimed to design Fe<sub>3</sub>O<sub>4</sub> NPs functionalized with glucose and conjugated with gingerol, as a therapeutic component.

Characterization of the synthesized nanoparticles suggests that gingerol was properly conjugated with Fe<sub>3</sub>O<sub>4</sub> NPs after functionalization with glucose. The nanoparticles were synthesized at the nanoscale and had spherical morphology which may improve their biological activities by increasing the efficiency of their penetration into the cell. Moreover, regarding their magnetic properties, the nanoparticles can be employed for targeted therapy using an external magnetic field. Furthermore, the negative surface charge of the particles provides sufficient repulsive force between the particles to reduce particle agglomeration, which is an essential characteristic required for their biomedical applications.

In addition to the supermagnetic property, the cytotoxic potential of Fe<sub>3</sub>O<sub>4</sub> NPs for several cancer cells has been reported. The anticancer activity of Fe<sub>3</sub>O<sub>4</sub> NPs contributes to the generation of reactive oxygen species (ROS). Due to the strong oxidation potential,

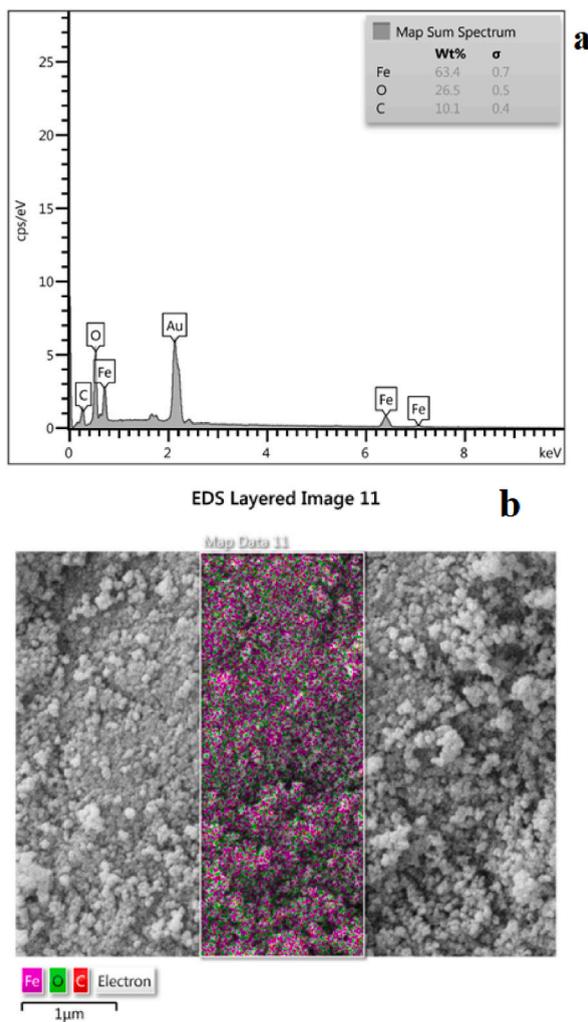


Fig. 5. EDS (a) and mapping (b) of  $\text{Fe}_3\text{O}_4$ @Glu-Gingerol NPs.

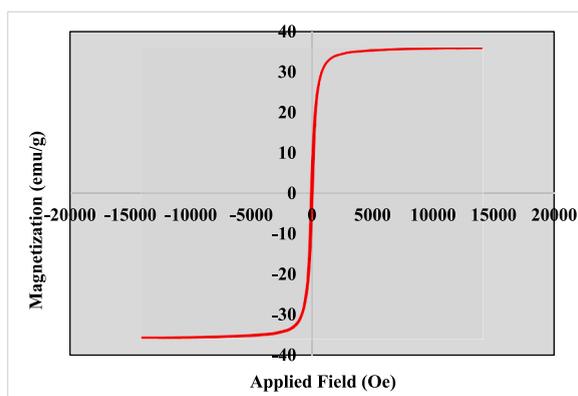
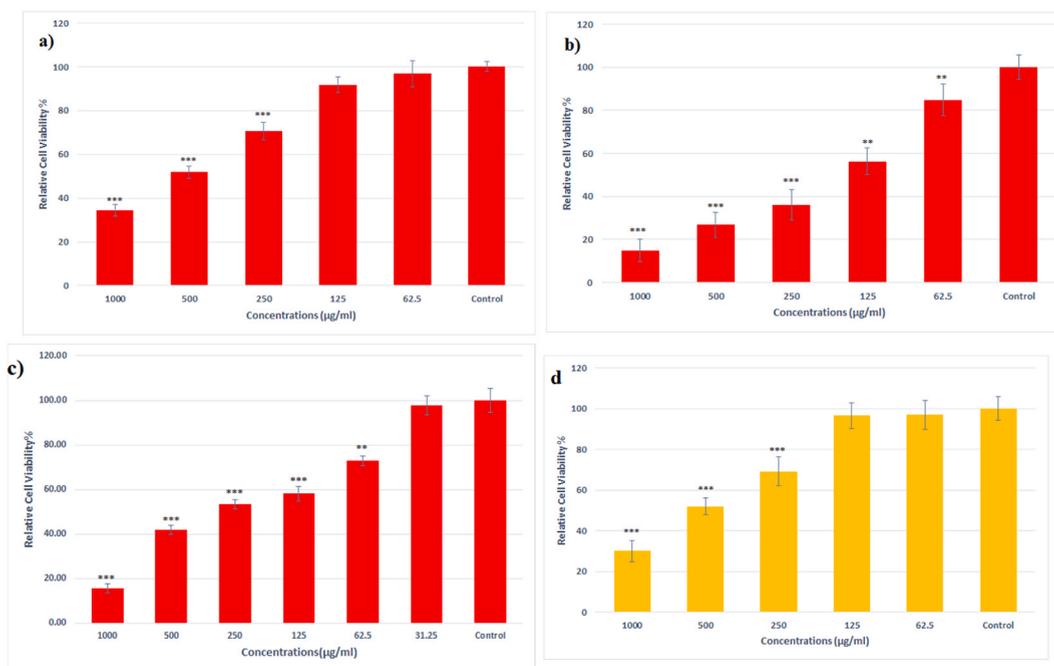
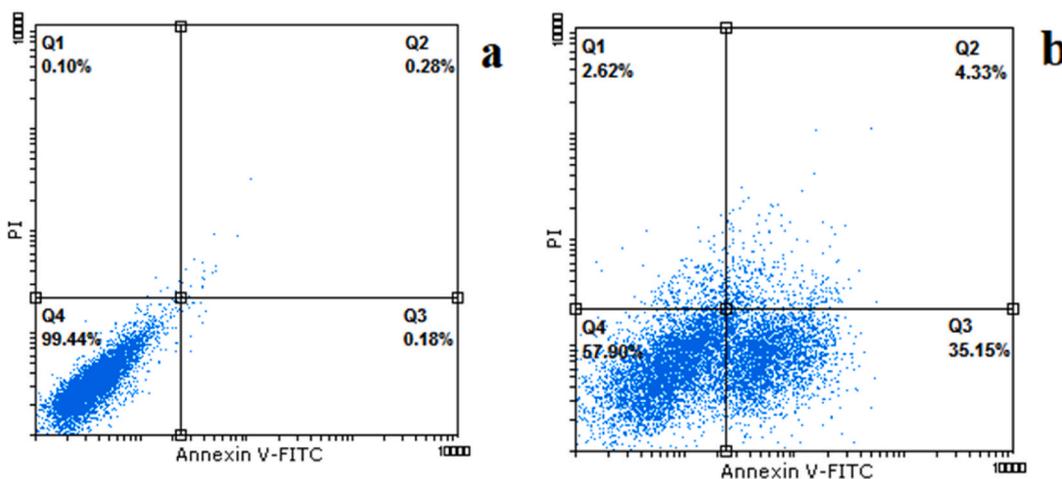


Fig. 6. Magnetic saturation curve of  $\text{Fe}_3\text{O}_4$ @Glu-Gingerol NPs.

the generation of ROS can damage cell structures leading to protein oxidative carbonylation, lipid peroxidation, nucleic acid breakage, and destruction of membrane structure [18,19]. Moreover, the ROS molecule could damage the cell membrane which in turn, could increase the penetration of the drugs into the cancer cell.



**Fig. 7.** Cytotoxicity of  $\text{Fe}_3\text{O}_4@Glu-Gingerol$  on a) MRC-5 cell line, b) A549 cell line, c) Gingerol on A549 cancer cell line and d)  $\text{Fe}_3\text{O}_4$  NPs on A549 cancer cell line. Data are stated as mean  $\pm$  SD. Asterisks (\*) show a significant difference with control group (\*\*\*)  $P < 0.001$ , \*\*  $P < 0.01$ , \*  $P < 0.05$ .



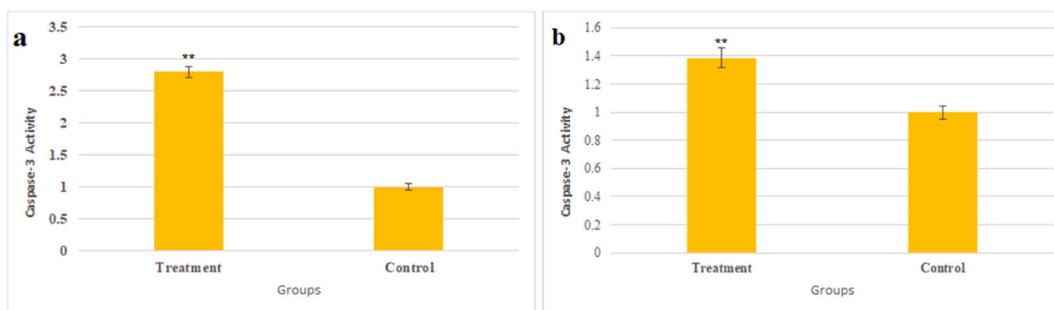
**Fig. 8.** Flow cytometry analysis of a) control, and b) treated cells.

Several studies reported the anticancer activity of gingerol for several cancer cells [20]. It was found that gingerol is able to bind nuclear DNA, avoiding the operation of the enzymes responsible for DNA replication and transcription, which may in turn cause cell cycle arrest and apoptosis induction [20]. In addition, it was found that gingerol could arrest the cell cycle and induce apoptosis through the activation of Caspase 3, 7, 8, and 9 [21]. Several studies showed that the activity of caspase-8 increases during apoptosis. Drug-induced activation of caspase-8 may occur through the both death receptor and mitochondrial pathways. Caspase-8 can be triggered after activation of caspase-9, and through the activity of caspases-3 and -6 [22].

Comparison of the cytotoxic activity of  $\text{Fe}_3\text{O}_4@Glu-Gingerol$  for lung adenocarcinoma and healthy human cells we found that the prepared NPs had a considerably greater toxic effects on cancer cells than normal cell line. The higher susceptibility of cancer cells may be related to their high metabolic rate and nutrient demand which increase their membrane permeability to the extracellular compounds. Glucose is considered the most preferred and major carbon source for human cells, and cancer cells naturally have higher glucose intake and consumption than normal cells [23]. The synthesized NPs contain glucose molecules which may facilitate their

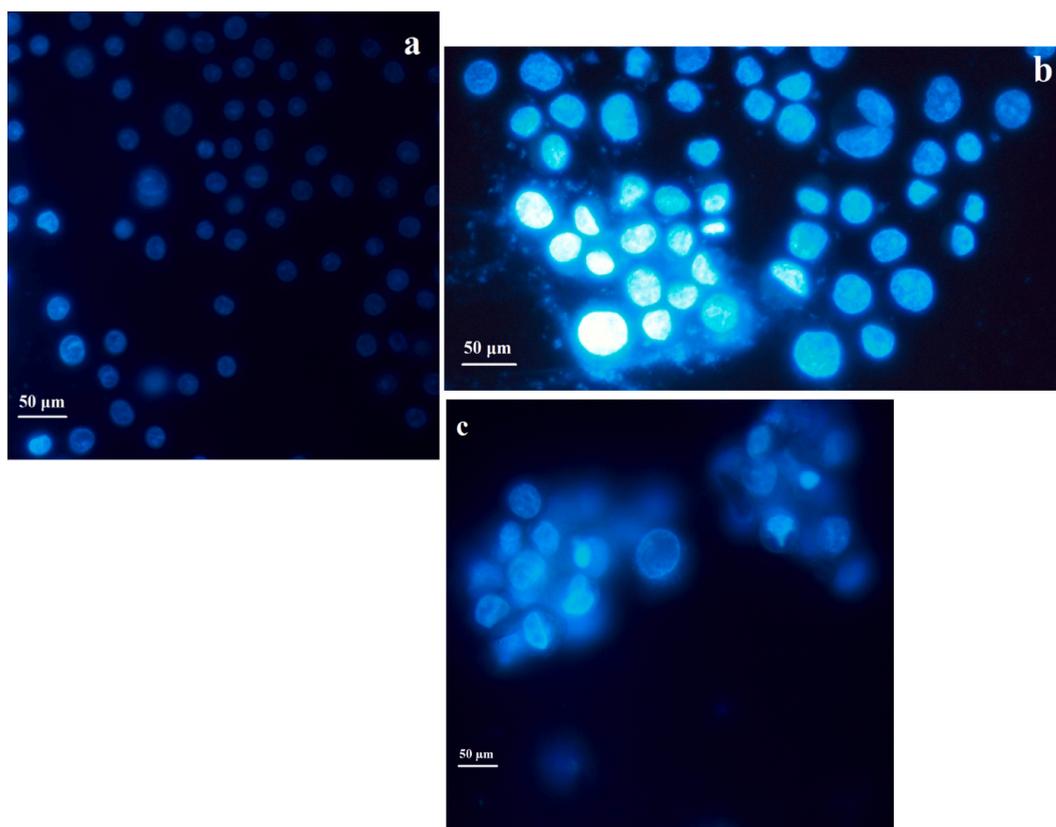


**Fig. 9.** The effect of Fe<sub>3</sub>O<sub>4</sub>@Glu-Gingerol and Fe<sub>3</sub>O<sub>4</sub> NPs on expression of CASP8, BCL2, and BAX genes in lung adenocarcinoma cells. Data are stated as mean ± SD. Asterisks (\*) show a significant difference with control group (\*\*\* = P < 0.001, \*\* = P < 0.01, \* = P < 0.05).



**Fig. 10.** The effect of (a) Fe<sub>3</sub>O<sub>4</sub>@Glu-Gingerol and (b) Fe<sub>3</sub>O<sub>4</sub> NPs on activity of Caspase 3 protein in control and treated cells. Data are stated as mean ± SD. Asterisks (\*) specify a significant difference in comparison to control group (\*\*\* = P < 0.001, \*\* = P < 0.01, \* = P < 0.05).

internalization into the cancer cells which may result in a higher susceptibility of lung cancer cells than MRC-5 cells. Compared with gingerol, Fe<sub>3</sub>O<sub>4</sub>@Glu-Gingerol NPs had a stronger anti-cancer effect on lung cancer cells that indicates the effect of Iron oxide nanoparticles on improving the effectiveness of gingerol, which can probably be explained by strengthening the penetration rate of



**Fig. 11.** The Hoechst staining of control cells (a), and the cells treated with  $\text{Fe}_3\text{O}_4$ @Glu-Gingerol (b) and  $\text{Fe}_3\text{O}_4$  NPs (c).

gingerol into the cell by Iron oxide nanoparticles.

Flow cytometry analysis showed that treatment with the nanoparticles can significantly increase cell apoptotic. In other words, it seems that treating with  $\text{Fe}_3\text{O}_4$ @Glu-Gingerol triggered apoptotic pathways in lung cancer cells. Cell apoptosis occurs through two main pathways, including the extrinsic or cytoplasmic pathway and the intrinsic or mitochondrial pathway. The extrinsic pathway is triggered through the Fas death receptor, which activates the initiator caspases –8 and –10. In contrast, the intrinsic pathway causes cytochrome-c release from the mitochondrial membrane and activating the initiator caspase-9. Both pathways lead to the activation of the caspase cascade resulting in the cleavage of regulatory and structural molecules and cell death [24].

Based on this study,  $\text{Fe}_3\text{O}_4$ @Glu-Gingerol remarkably promoted the expression of the proapoptotic genes, *CASP8* and *BAX*. As described above, caspase 8 is an initiator caspase that contributes to the activation of extrinsic apoptosis pathways in response to extracellular stimuli. Therefore, the upregulation of the *CASP8* gene suggests the activation of extrinsic apoptosis in  $\text{Fe}_3\text{O}_4$ @Glu-Gingerol cells. Furthermore, there is a close association between these two apoptotic pathways so that the protein Bid, which is activated by caspase 8 can be transferred to the mitochondria leading to the release of cytochrome c from the mitochondrial membrane through the activity of the proapoptotic proteins such as the BAX and BAK, while the anti-apoptotic proteins such as the Bcl-2, are usually inhibited. Therefore, triggering the extrinsic apoptosis leads to the initiation of the intrinsic pathway as well [25].

The BAX is a pro-apoptotic protein that is involved in activating of the intrinsic apoptosis through the increase of mitochondrial outer membrane permeabilization, while BCL2 is a BAX inhibitor protein [26]. As was observed in this work, treating lung adenocarcinoma cells with  $\text{Fe}_3\text{O}_4$ @Glu-Gingerol led to upregulation of the *CASP8* and *BAX* genes, while it down-regulated the *BCL2* gene. Therefore, it can be concluded that treating lung adenocarcinoma cells with  $\text{Fe}_3\text{O}_4$ @Glu-Gingerol can activate of the extrinsic apoptosis pathway and subsequently triggers the intrinsic pathway as well.

Caspases are a group of proteases that play a crucial role in the programmed cell death. Activated caspase 8 can interact with cell death receptors and initiates extrinsic apoptotic signaling pathways [27]. The activity of Caspase-3 in nanoparticle treatment group considerably increased which is in agreement with the upregulation of the *BAX* and *CASP8* genes that suggests the activation of intrinsic and extrinsic apoptosis by  $\text{Fe}_3\text{O}_4$ @Glu-Gingerol.

A significantly increased activity of Caspase 3 was also noticed in nanoparticle treatment group, suggesting the activation of caspase-dependent apoptosis initiation. Previous studies showed that gingerol could induce autophagy and caspase 3-dependent apoptosis, which is in agreement with our results [21]. Moreover, the Hoechst staining revealed the apoptosis associated alterations in treated cells that are in agreement with other findings.

## 5. Conclusions

This study showed that Fe<sub>3</sub>O<sub>4</sub>@Glu-Gingerol has considerable antiproliferative effects on lung adenocarcinoma cell line through activating the intrinsic and extrinsic apoptosis pathways. Due to the considerable anticancer potential of gingerol and supermagnetic properties of iron oxide nanoparticles, Fe<sub>3</sub>O<sub>4</sub>@Glu-Gingerol is a promising anticancer agent that can be further evaluated at in-vivo experiments to be used in lung cancer treatment.

### Ethics approval and consent to participate

Not applicable.

### Consent for publication

The authors give the publisher the permission to publish this work.

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### Data availability statement

Data will be made available on request.

### CRediT authorship contribution statement

**Tabarek Abdulrazaq Alkinani:** Resources, Methodology, Formal analysis, Conceptualization. **Fahimeh Abedini Bajgiran:** Writing - original draft, Resources. **Mohammad Rezaei:** Resources. **Ali Motamedi Maivan:** Resources, Investigation, Formal analysis. **Fatemeh Jafari Golrokh:** Resources. **Mona Bejarbaneh:** Writing - original draft, Resources. **Sara Rezaei Mojdehi:** Writing - original draft, Resources. **Sahar Gorji:** Writing - original draft, Resources. **Reza Ghasemian:** Resources. **Mohammad Dashtban Jalil Pustini Sarai:** Writing - original draft, Resources. **Fatemeh Akbari:** Writing - original draft, Resources. **Somayeh Dehghan:** Writing - original draft, Resources. **Fatemeh Mirzaee:** Resources, Investigation, Formal analysis. **Noor Hussein Abdulrahman:** Resources. **Ali Salehzadeh:** Writing - review & editing, Supervision, Methodology, Investigation, Formal analysis, Conceptualization.

### Declaration of Competing interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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