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Magnetic Resonance Imaging of Recurrent Adult Granulosa Cell Tumor of the Ovary: A Retrospective Analysis of 11 Cases

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Objective: The aim of the study was to characterize magnetic resonance imaging findings in patients with recurrent ovarian adult granulosa cell tumors (AGCTs).

Methods: Clinical and magnetic resonance imaging manifestations of recurrent AGCTs were evaluated in 11 patients.

Results: Initial recurrences of AGCT were diagnosed between 13 months and 30 years (mean, 11.3 years). Recurrent tumors were located in the pelvic peritoneum, the abdominal peritoneum, the retroperitoneum, and bone. The number of recurrent tumors varied from 1 to 5. Tumors varied in morphology and all margins were well circumscribed. The internal structures noted were as follows: multilocular cystic and solid and cystic. Furthermore, internal hemorrhage and sponge-like multicystic components were identified.

Conclusions: Ovarian AGCTs recurred in the pelvic peritoneum, abdominal peritoneum, and the retroperitoneal lymph nodes. Large recurrent AGCTs were commonly well circumscribed, round or lobulated, and multilocular cystic or solid and cystic. Moreover, they frequently included internal hemorrhage and sponge-like multicystic components.

Key Words: adult granulosa cell tumor, ovary, recurrence, MR imaging

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Adult granulosa cell tumors (AGCTs) of the ovary are low-grade malignant sex cord-stromal tumors. Clinically, they are well-known estrogen-producing tumors.¹ They are usually diagnosed at stage I disease and have a relatively favorable prognosis with 10-year survival rates of 84% to 95% for stage I tumors.^{2–4} It should be noted, however, that AGCTs exhibit an unpredictable tendency to reoccur later in life, even in cases where the disease was identified and treated in the early stages.⁴ Patients often forget or misremember previous medical diagnoses, which makes it difficult for clinicians to make an accurate diagnosis before surgery.⁵ Therefore, imaging plays an important role in accurate diagnosis. To our knowledge, there are a limited number of studies that report the imaging of recurrent AGCTs⁶ and there are no previous articles that describe the magnetic resonance imaging (MRI) characteristics of recurrent tumors. In the present report, the MRI findings of recurrent AGCTs were reviewed, and characteristics were discussed.

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MATERIALS AND METHODS

Eleven patients with a histologically recurrent ovarian AGCT diagnosed from September 2002 to October 2018 were reviewed. Each patient's medical records were reviewed and clinical characteristics, including the following: age, initial International Federation of Gynecology and Obstetrics (FIGO) stage, initial surgery, disease-free interval to first recurrence, clinical presentation at recurrence, total number of surgeries for recurrence, and current status after the surgery of first recurrence were noted. The study was approved by the local research ethics committee.

Abdominal and pelvic computed tomography (CT) scanning was conducted using Xvigor (Toshiba Medical Systems, Otawara, Japan), Aquilion PRIME (Canon Medical Systems, Otawara, Japan), or Discovery CT750 HD (GE Healthcare, Milwaukee, Wis). Unenhanced CT scans were examined in 5 patients and contrast-enhanced CT scans were examined in 6 patients. Contrast-enhanced CT scanning was performed after an intravenous injection of 100 to 150 mL of iodinated ionic contrast agents (Iopamidol [Iopamiron 300 mgI/mL, Bayer, Germany], Iomeprol [Iomeron 300 mgI/mL; Bracco-Eisai, Tokyo, Japan]). Each CT scan was reconstructed at a section thickness of 5 to 7 mm and at intervals of 5 to 7 mm.

Magnetic resonance imaging scanning was conducted using 1.5-T MR scanners (Signa HD xt; GE Healthcare, Milwaukee, Wis, or Intera Achieva, Philips Healthcare, Best, the Netherlands). T1-weighted spin-echo (SE) or fast SE (FSE) axial images and T2-weighted FSE images in axial and sagittal or coronal planes were acquired with phased-array coils. The scanning parameters for T1-weighted SE or FSE images were as follows: repetition time range/echo time range, 400 to 519/10 to 14 ms; slice thickness, 5 mm; interslice gap, 0 mm; matrix, 512 × 512; field of view, 25 to 42 cm. The scanning parameters for T2-weighted FSE images were as follows: repetition time range/echo time range, 3000 to 4918/80 to 108 ms; slice thickness, 5 mm; interslice gap, 0 mm; matrix, 384 × 384 to 512 × 512; field of view, 25 to 42 cm.

All CT and MRI images were retrospectively reviewed by 2 experienced abdominal radiologists (with 9 and 28 years of experience). Recurrent tumors were identified using both CT and MR images. The location and number of recurrent masses were examined, and the maximum diameter of the mass was measured on CT images. The locations were divided as follows: pelvic peritoneum, abdominal peritoneum, retroperitoneum and other.

The MRI findings of the largest recurrent masses (maximum diameter of 3 cm or above) were examined in individual location of each patient. The factors investigated included the following: morphologic appearance of the mass, the margin, internal structure, and the presence or absence of internal hemorrhage, and sponge-like multicystic components. Internal cysts with a signal intensity higher than that of skeletal muscle on T1-weighted images or fluid-fluid level in the cyst on T2-weighted images were

TABLE 1. Clinical Data for 11 Patients With Recurrent AGCT

Case	Age	Initial FIGO Stage	Initial Surgery	Disease-Free Interval to First Recurrence	Clinical Presentation at Recurrence	Total No. Surgery for Recurrence	Follow-up Interval After the Surgery of First Recurrence and Current Status
1	32	IA	USO	26 y	Abdominal pain	1	14 y, NED
2	32	IC	USO	4 y	Abdominal pain	4	10 y, MR, PD, DOD
3	33	IA	USO	4 y	Irregular menstruation	1	4 y, MR, LTF
4	34	IA	USO	19 y	Right buttock pain	1	1 y, NED
5	39	IA	USO	11 y	Abdominal pain	1	2 y, MR, PD
6	40	IA	TAH BSO	30 y	Incidentally discovered, on Chest CT images	1	4 y, MR, LTF
7	41	IA	USO	1 y	Discovered by follow-up imaging	3	4 y, PD, DOD
8	42	IA	USO	12 y	Discovered by follow-up imaging	6	12 y, MR, PD, DOD
9	42	IC	USO	5 y	Irregular menstruation	1	5 y, MR, NED
10	46	IC	USO	5 y	Amenorrhea	4	17 y, PD,
11	67	IA	TAH BSO	4 y	Abdominal pain	1	3 y, MR, PD, DOD

BSO, bilateral salpingo-oophorectomy; DOD, died of disease; LTF, lost to follow-up; MR, multiple recurrences; NED, no evidence of disease; PD, progressive disease; TAH, total abdominal hysterectomy; USO, unilateral salpingo-oophorectomy.

TABLE 2. Locations, Numbers, and Sizes of Recurrent AGCT on Imaging

Locations, Numbers, and Size of Recurrent AGCT on Imaging							Maximum Diameter of the recurrent tumors, cm
Case	Pelvic Peritoneum	Abdominal Peritoneum	Retroperitoneum	Others	Total Number		
1	0	0	1	0	1		10.4
2	0	2	0	0	2		5.9–7.4
3	>5	5	0	0	>5		0.7–3.7
4	0	0	0	1 (bone)	1		5.8
5	2	1	0	0	3		1.0–6.7
6	0	4	0	0	4		1.9–6.2
7	1	0	0	0	1		5.5
8	3	0	0	0	3		1.8–4.7
9	4	1	1	0	>5		2.0–15.4
10	1	0	0	0	1		3.7
11	2	1	0	0	3		0.5–6.8

TABLE 3. Magnetic Resonance Imaging Characteristics of Largest Recurrent AGCT

MRI Characteristics							
Case	Location	Maximum Diameter, cm	Morphologic Appearance	Margin	Internal Structure	Internal Hemorrhage	Sponge-Like Multicystic Component
1	Retroperitoneum	10.4	Oval	Well circumscribed	Multilocular cystic	+	+
2	Abdominal peritoneum	7.4	Round	Well circumscribed	Multilocular cystic	+	+
3	Pelvic peritoneum	3.7	Round	Well circumscribed	Solid	–	–
4	Bone	5.8	Round	Well circumscribed	Solid and cystic	+	+
5	Pelvic peritoneum	6.7	Lobulated	Well circumscribed	Multilocular cystic	–	+
6	Abdominal peritoneum	6.2	Lobulated	Well circumscribed	Multilocular cystic	+	+
7	Pelvic peritoneum	5.5	Round	Well circumscribed	Multilocular cystic	+	–
8	Pelvic peritoneum	4.7	Round	Well circumscribed	Solid and cystic	+	–
9	Pelvic peritoneum	5.8	Round	Well circumscribed	Multilocular cystic	+	+
	Retroperitoneum	15.4	Lobulated	Well circumscribed	Multilocular cystic	–	+
	Abdominal peritoneum	9.8	Cresent	Well circumscribed	Multilocular cystic	+	+
10	Pelvic peritoneum	3.7	Round	Well circumscribed	Multilocular cystic	–	–
11	Pelvic peritoneum	6.8	Lobulated	Well circumscribed	Solid and cystic	+	+

defined as internal hemorrhage. Clusters of small cysts in the mass were defined as a sponge-like multicystic component.

RESULTS

The clinical data for 11 patients is summarized in Table 1. The age at the time of diagnosis of primary AGCT was 32 to 67 years (mean, 40.7 years). The initial FIGO stage was stage IA in 8 patients and IC in 3 patients. A unilateral salpingo-oophorectomy was performed in 9 patients, and total abdominal hysterectomy and bilateral salpingo-oophorectomy were performed in 2 patients. The first recurrence of AGCT was diagnosed from 14 months to 30 years (mean, 11.3 years) after the initial surgery. At the time of recurrence, 4 patients presented with abdominal pain, 3 patients presented with irregular menstruation or amenorrhea, and 1 patient presented with buttock pain. In 2 patients, reoccurrence was discovered by imaging examination during follow-ups, and in 1 patient, reoccurrence was incidentally discovered on CT images of the lung.

Seven patients experienced 1 episode of recurrence and the remaining 4 patients experienced 3 to 6 (mean, 2.2) episodes of recurrences, which required repeated surgical resections during the course of their disease. Four of the 11 patients died as a result of disease progression. The mean survival was 7.8 years in 4 alive patients. The remaining 2 patients were lost to follow-up.

The locations, number, and size of recurrent masses found through imaging are summarized in Table 2. The recurrent masses were located in the pelvic peritoneum only in 3 patients, in the abdominal and pelvic peritoneum in 3 patients, in the abdominal peritoneum only in 2 patients, in the retroperitoneum only in 1 patient, in the abdominal peritoneum, pelvic peritoneum, and retroperitoneum in 1 patient, and bone in 1 patient. The number of recurrent masses identified on the images at first recurrence was 1 in 4 patients, 2 in 1 patient, 3 in 3 patients, 4 in 1 patient, and more than 5 in 2 patients.

The MRI characteristics of the 13 largest masses are summarized in Table 3. The morphologic appearance was round in 7 masses, lobulated in 4 masses, oval in 1 mass, and crescent in 1 mass (Figs. 1–4). The margins were all well circumscribed. The internal structure was multilocular cystic in 9 masses, solid and cystic in 3 masses, and solid in 1 mass. Internal hemorrhage and sponge-like multicystic components were found in 9 masses (69.2%; Figs. 1–4).

DISCUSSION

Granulosa cell tumor of the ovary is a rare malignant tumor of the sex cord-stromal tumor, which accounts for 2% to 5% of

all ovarian cancers.⁷ Granulosa cell tumors are divided into adult type and juvenile type, representing 95% and 5% of tumors, respectively.⁸ Adult granulosa cell tumors occur more often in middle-aged and postmenopausal women, with a peak incidence from 50 to 55 years of age.⁹ Adult granulosa cell tumors characteristically produce estradiol, inhibin B, and antimullerian hormone, which are used as diagnostic serum markers.^{10,11} Hyperestrogenism often causes irregular vaginal bleeding. Moreover, endometrial hyperplasia was found in 29.2% of the patients, and endometrial cancer occurred in 7.5% of the patients.¹ Tumors are usually between 5 and 15 cm in size and more than 95% are unilateral.⁸ The gross appearance of these tumors is typically solid and cystic. The cysts are often blood filled, and some tumors are markedly hemorrhagic. These tumors are often entirely solid; however, they can also be entirely cystic.¹² The histopathological characteristics include cells with a coffee bean-like longitudinal nuclear groove and a microfollicular structure termed the Call-Exner body. Immunohistochemical markers for AGCTs are α -inhibin and calretinin. The primary standard surgery carried out to treat these tumors is a hysterectomy and a bilateral salpingo-oophorectomy. Adjunctive chemotherapy is needed for advanced stages. Fertility-preserving surgery with unilateral salpingo-oophorectomy is an option in young patients with stage I AGCTs.¹³ They are usually diagnosed at stage I disease and have a relatively favorable prognosis with 10-year survival rates of 84% to 95% for stage I tumors.^{2–4} These tumors have a propensity for late recurrence; 20% to 25% of patients experienced long-term recurrence, with a median recurrence time of 4 to 6 years after the initial treatment; recurrence has been reported as much as 40 years after the initial treatment.⁴ High-risk features may include the following: large tumor size (>10 cm), poorly differentiated tumor, high mitotic index, tumor rupture, and stage IC as these factors are associated with a higher risk of recurrence.¹⁴ CD56, which is a pathogen recognition receptor on natural killer cells, is known to be expressed in primary and recurrent AGCTs.¹⁵ SMAD proteins transduce signals from transforming growth factor β superfamily ligands to regulate cell proliferation, differentiation, and death through the activation of receptor serine/threonine kinases. It was reported that a high expression of CD56 or SMAD3 showed a significant prediction of recurrence.¹⁶ It was recently reported that recurrence may be detected noninvasively from circulating plasma cell free DNA in patients with clinical disease via a liquid biopsy for the *FOXL2* mutation.¹⁷

Adult granulosa cell tumors were found to reoccur locally in the pelvic peritoneum and metastasize in the abdominal peritoneum

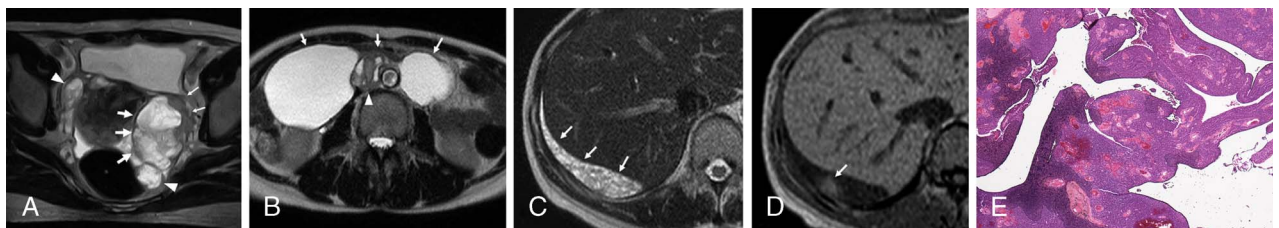


FIGURE 1. Recurrent adult granulosa cell tumors in the pelvic peritoneum, abdominal peritoneum, and retroperitoneum of a 51-year-old woman who underwent a right salpingo-oophorectomy for a stage IC tumor 5 years ago (case 10). A, T2-weighted image shows a round tumor and a multilocular cystic mass (arrows) with a partial thickened wall (small arrows) in the left pelvic peritoneum. A sponge-like cystic appearance is demonstrated by the mass. Moreover, 2 multilocular cystic masses (arrowheads) are demonstrated behind the previously mentioned mass and right pelvic peritoneum. B, T2-weighted image shows a lobulated and multilocular cystic mass (arrows) in the retroperitoneum. A sponge-like cystic appearance (arrowhead) is shown between the large cysts (asterisks). C, T2-weighted image shows a crescent-shaped mass and a multilocular cystic mass with a sponge-like cystic appearance (arrows) in right subphrenic space. D, T1-weighted image shows a region of high intensity (arrow), which is a suspected hemorrhagic focus. E, Histological sections of right subphrenic tumor, stained with hematoxylin and eosin ($\times 40$) show a multicystic lesion lined with granulosa cells.

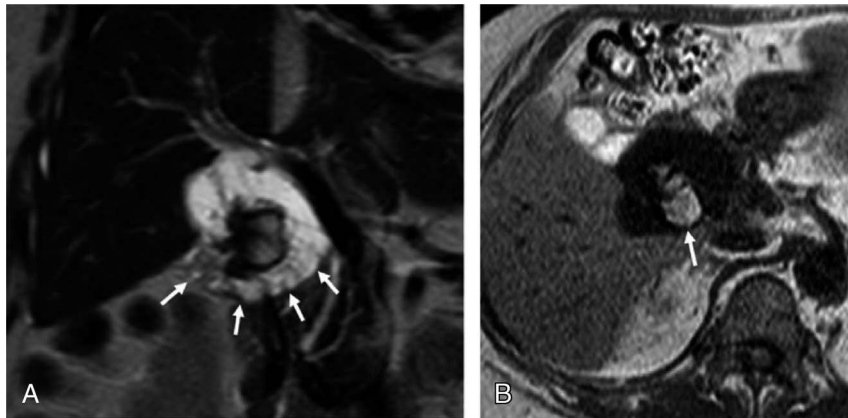


FIGURE 2. Recurrent adult granulosa cell tumors in the abdominal peritoneum of a 70-year-old woman who underwent a total abdominal hysterectomy and bilateral salpingo-oophorectomy for a stage IA tumor 30 years ago (case 6). A, T2-weighted image shows a lobulated and multilocular cystic mass with central low-signal intensity at the hepatic hilus, which accompanies a sponge-like multicystic appearance (arrows). B, T1-weighted image shows a region of high intensity (arrow) in the cysts, which is a suspected internal hemorrhage.

or in the retroperitoneal lymph nodes. Local pelvic recurrence is reported in 70% of cases, pelvic and abdominal recurrence is reported in 9% of cases, and retroperitoneal recurrence is reported in 6% of cases. In addition, recurrence was recorded in the pelvis and retroperitoneum in 6% of cases and in the pelvis, abdomen, and retroperitoneum in 3% of cases.¹⁸ In rare cases, AGCTs may reoccur in the lung, bone, and abdominal wall. Complete resection combined with postoperative adjuvant chemotherapy may improve the prognosis of recurrent tumors.

Imaging of primary AGCTs shows a spectrum of imaging manifestations because of various histologic appearances and various arrangements of tumor cells.^{19–23} They can show the appearance of entirely solid masses, masses with hemorrhagic or fibrotic changes, multilocular cystic masses, or entirely cystic masses.^{19–24} Magnetic resonance imaging characteristics are reported to be hemorrhagic foci or cysts^{19–24} and sponge-like multicystic components in the mass.^{19,22,24}

To our knowledge, few studies report the imaging features of recurrent AGCTs.⁶ Currently, there are no studies available that have investigated MRI imaging of recurrent AGCTs. On images, a large recurrent tumor can mimic a primary tumor originating from the liver, spleen and small intestine, or a primary

retroperitoneal tumor.^{25–28} Rha et al⁶ reported that recurrent tumors are characterized as a relatively small number of discrete peritoneal or retroperitoneal tumors with an imaging appearance, which can vary from solid to cystic tumors. This study found that 7 of the 11 patients had 2 or more recurrent tumors. It was noteworthy in the article by Rha et al⁶ that all of 11 patients had large recurrent tumor measuring 3 cm or more. In this study, MRI findings of large recurrent tumors are commonly well circumscribed, round or lobulated, and multilocular cystic or solid and cystic in appearance. Moreover, they frequently included internal hemorrhage and sponge-like multicystic components, which are similar to those of primary AGCTs of the ovary.^{19–24}

CONCLUSIONS

The possibility of a recurrent ovarian AGCT should be considered when multilocular or solid masses with internal hemorrhagic and sponge-like multicystic components are identified on MRI images of the peritoneum or retroperitoneum. The patient's past history should be thoroughly investigated along with the presence of other discrete disseminated tumors located in the pelvis and abdomen on the images.

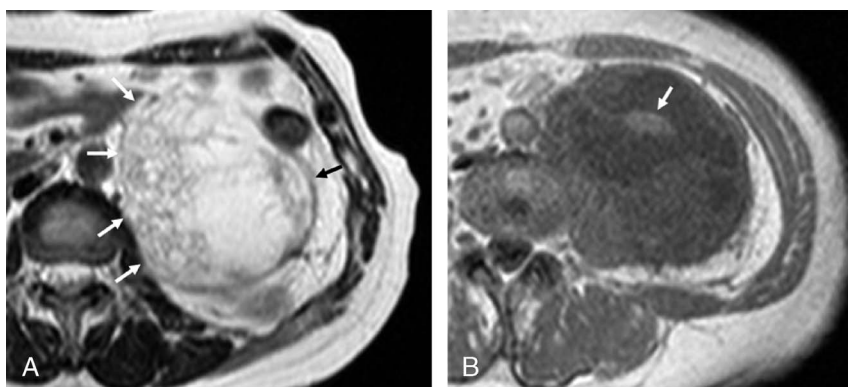


FIGURE 3. Recurrent adult granulosa cell tumor in the retroperitoneum of a 58-year-old woman who underwent a left salpingo-oophorectomy for a stage IA tumor 26 years ago (case 1). A, T2-weighted image shows an oval-shaped, multilocular cystic mass in the left retroperitoneum, which accompanies a sponge-like multicystic appearance (arrows). B, T1-weighted image shows a central region of high intensity (arrow) in the mass, which is suspected an internal hemorrhage.

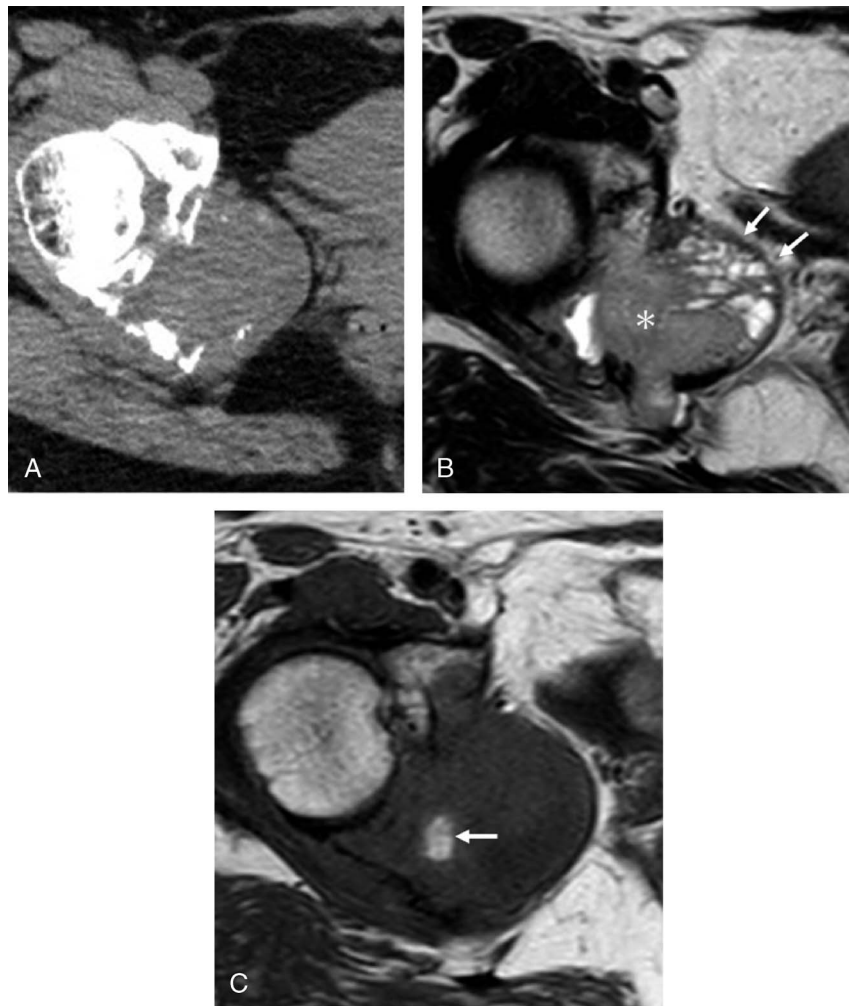


FIGURE 4. Recurrent adult granulosa cell tumor in the bone of a 53-year-old woman who underwent a right salpingo-oophorectomy for a stage IA tumor 19 years ago (case 4). A, Unenhanced CT shows a destructive expansile mass (arrows) in right ischium. B, T2-weighted image shows a round-shaped, solid, and cystic mass with sponge-like cystic appearance (arrows). C, T1-weighted image shows a region of high intensity (arrow) in the mass, which is a suspected internal hemorrhage.

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