



# Therapeutic angiogenesis for patients with no-option critical limb ischemia by adipose-derived regenerative cells: TACT-ADRC multicenter trial

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## Abstract

**Background** Patients with critical limb ischemia (CLI) still have a high rate of lower limb amputation, which is associated with not only a decrease in quality of life but also poor life prognosis. Implantation of adipose-derived regenerative cells (ADRCs) has an angiogenic potential for patients with limb ischemia.

**Objectives** We investigated safety, feasibility, and efficacy of therapeutic angiogenesis by cell transplantation (TACT) of ADRCs for those patients in multicenter clinical trial in Japan.

**Methods** The TACT-ADRC multicenter trial is a prospective, interventional, open-labeled study. Patients with CLI (Fontaine class III–IV) who have no other option for standard revascularization therapy were enrolled in this study. Thirty-four target ischemic limbs of 29 patients were received freshly isolated autologous ADRCs implantation.

**Results** The overall survival rate at a post-operative period and at 6 months follow-up was 100% at any time points. As a primary endpoint for efficacy evaluation, 32 limbs out of 34 (94.1%) were free from major amputation for 6 months. Numerical rating scale (from 6 to 1) as QOL score, ulcer size (from 317 mm<sup>2</sup> at to 109 mm<sup>2</sup>), and 6-min walking distance (from 255 to 369 m) improved in 90.6%, 83.3%, and 72.2% patients, respectively.

**Conclusions** Implantation of autologous ADRCs could be safe and effective for the achievement of therapeutic angiogenesis in the multicenter settings, as a result in no major adverse event, optimal survival rate, and limb salvage for patients with no-conventional option against critical limb ischemia.

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**Keywords** Adipose-derived regenerative cells · Therapeutic angiogenesis · Critical limb ischemia · Multicenter clinical trial

## Abbreviations

ABI Ankle-brachial pressure index  
ADRC Adipose-derived regenerative cell  
ASO Arterio-sclerosis obliterans

CLI Critical limb ischemia  
CTD Connective tissue disease  
NRS Numerical rating scale  
SPP Skin perfusion pressure  
TAO Thromboangiitis obliterans  
QOL Quality of life

The members of the TACT-ADRC multicenter trial Group are listed in the Acknowledgements section.

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## Introduction

Critical limb ischemia (CLI) is the most severe stage of ischemic limbs. Although multidisciplinary treatment including lifestyle modification, pharmacotherapy, and

revascularization is indicated for CLI, it is still an intractable disease that often leads to limb amputations [1]. Patients with CLI who undergo amputation not only have a significantly reduced quality of life (QOL), but also have an increased mortality rate due to cardiovascular complications [1].

Ever since the therapeutic angiogenesis using cell transplantation (TACT) trial with bone marrow mononuclear cells (BM-MNCs) was first reported in 2002 [2], therapeutic angiogenesis by cell transplantation has demonstrated efficacy against various ischemic diseases over the world [3–5]. Initial results of the bone marrow TACT trial revealed that the estimated time to walk on a treadmill for CLI patients increased from 1.3 to 3.6 min, and resting pain was relieved in 80% of patients during a 6-month follow-up period [2]. However, subsequent examination of the long-term analysis revealed that the existence of certain non-responder group was evident [6–8]. In addition, the protocol of collecting about 1000 mL of autologous bone marrow was an invasive procedure for these patients although the residual red blood cells were re-infused.

To overcome these issues, we have been working on the development of therapeutic angiogenesis using additional novel cell source. The human subcutaneous adipose tissue contains mesenchymal stem cells (MSCs) with properties similar to those of BM-mesenchymal stem cells (BM-MSCs) [9]. These cells, called adipose-derived stem/regenerative cells (ADSCs or ADRCs), can differentiate into multiple-lineage cells [9] and which have prompted us to use ADRCs as a new cell source for TACT in patients with critical limb ischemia [10–13]. It is possible to obtain large numbers of ADRCs as either primary cells or multiple passage cells in culture. In addition, harvesting subcutaneous adipose tissue can be performed with established techniques such as liposuction under local or general anesthesia and is considered a less invasive procedure than bone marrow harvesting.

Previous three pilot studies have demonstrated that therapeutic angiogenesis with ADRC implantation for CLI might be safe in limited conditions of small sample size and single-center trials [14–16]. However, there have been no trials that resolved clinical concerns about whether autologous ADRC implantation would be safe, feasible, and effective for CLI patients in a setting of multicenter trial. Around 2015, when this clinical study began, the concept of chronic limb-threatening ischemia (CLTI) was not yet common, and CLI was initially used to define a severe case of limb ischemia in contemporary practice. Recently, as a novel concept, the new term CLTI has been proposed to include a broader and more heterogeneous group of patients with varying degrees of ischemia that can often delay wound healing and increase amputation risk [1].

Accordingly, the TACT-ADRC multicenter trial was conducted to test the safety, feasibility and potential efficacies

of the treatment with autologous freshly isolated ADRC implantation in CLI (or CLTI) patients in eight hospitals in different regions in Japan.

## Patients and methods

### Study patients

We performed a multicenter, prospective, interventional, single-arm, open-label, phase 2 trial at 8 hospitals in Japan [17]. This study was initially planned to enroll patients from November 2015 to June 2020 for up to 40 patients. Patients with CLI (Fontaine class III–IV) caused by atherosclerotic peripheral artery disease (PAD), Buerger's disease, or connective tissue disease (CTD) who have no other option for standard revascularization therapy were judged eligible if they were aged 25–79 years. Combined treatment team of cardiologists and vascular surgeons at each institute jointly reviewed the PAD/CLI stage, and a consensus is reached based on the history interview, objective physical findings, and various laboratory findings. We excluded patients if they had (1) an insufficient amount of adipose tissue to isolate, (2) withholding informed consent, (3) comorbidities with a life expectancy <1 year, (4) previous (within 5 years) or current history of neoplasm or clinically significant abnormality on prescreening examination, (5) ischemic heart disease without revascularization, (6) untreated diabetic retinopathy, (7) severe infection, (8) severe liver and/or renal dysfunction (except for patients under hemodialysis), (9) severe hematologic disease, (10) pregnancy, and (11) physician considers patient to be unsuitable for trial inclusion. Audits were periodically conducted by the monitoring committee members to ensure that these diagnostic and implementation criteria were in proper compliance with the protocol.

After passing all pre-screening examinations, candidates finally be able to receive therapeutic angiogenesis with autologous ADRCs transplantation. Details of the screening assessment required before enrolment and follow-up are provided in the protocol manuscript [17].

### TACT-ADRC procedures

The TACT-ADRC procedures were performed as previously described in the protocol paper [17]. Briefly, about 300 mL volume of adipose tissue was harvested during standard manual liposuction using an aspiration syringe and cannula from the subcutaneous abdominal, breech and/or femoral regions under general or partial anesthesia [16]. ADRCs were separated and extracted from adipose tissue following the fully automated isolation steps using the Celution Systems (Cytori Therapeutics, Inc., Austin, TX, USA) [16] [18, 19]. The total cell number and their viability were

measured using an automated cell counter (NucleoCounter NC-100, M&S TechnoSystems, Inc., Osaka, Japan) [16]. Subsequently, freshly isolated ADRCs were diluted with lactated Ringer's solution up to a total volume of 50 mL, and the remaining 90% of the cells excluding 10% for the specimen storage were implanted into the ischemic muscles of the target limb using needle and syringe (Supplemental Fig. 1).

## Endpoint measures

We assessed overall survival rate at several post-operative periods and at 6 months' follow-up, any adverse events at post-operative period of ADRCs implantation procedure, development of malignant neoplasm during 6 months' follow-up after the ADRCs implantation, and exacerbation of proliferative retinopathy or arthritis during 6 months' follow-up after ADRCs implantation as the primary endpoints for the safety assessment [2]. In addition, the major amputation-free survival rate after 6 months' follow-up following ADRC implantation was also evaluated for efficacy assessment [2] [16]. We also evaluated ischemic skin ulcer size, Quality of life (QOL) score using numerical rating scale (NRS), ankle-brachial pressure index (ABI), skin perfusion pressure (SPP), angiogenesis as assessed by digital subtraction angiography (DSA), 6-min walking distance as the secondary endpoints [16].

This study was performed in accordance with the ethical standards as laid down in the 1964 Declaration of Helsinki and its later amendments or comparable ethical standards, domestic ethics guidelines issued by the Ministry of Health, Labour and Welfare in Japan, and the Clinical Trials Act in Japan.

All protocols were approved by the Nagoya University certified committee for regenerative medicine (#NA8150011) and the Tokai-Hokuriku Regional Bureau of Health and Welfare, Japan. This clinical trial is registered in the UMIN Clinical Trials Registry (#UMIN000010143) and the Japan Registry of Clinical Trials (#jRCTb040190118). All adverse events were reported to the committee based on the Japan Clinical Trial Registry (#jRCTb040190118) for verification of causality and discussion and approval of whether or not to continue the study.

## Statistical analysis

Results are all expressed as mean  $\pm$  SEM unless otherwise specified. The Shapiro–Wilk normality test was performed to evaluate data distribution. Homogeneity of variance was evaluated by a *F* test. Normally distributed data with 1 variable were analyzed by the paired Student's *t*-test. The GraphPad Prism software version 8.0 (GraphPad Software Inc) was used. Values of  $p < 0.05$  were considered statistically significant [20].

## Results

From June 8, 2016 through May 8, 2020, total of 34 CLI patients were registered into the study. Two patients who didn't meet inclusion criteria (Age = > 80, current smoker), two patients who were found to have silent malignant diseases by the screening examination protocols, and one who had an insufficient amount of adipose tissue, were excluded. The remaining 29 patients with 34 target ischemic limbs were enrolled and received the TACT-ADRC procedures in 6 hospitals finally (Fig. 1). The average age was 57.9 years old, and male patients were 15 (51%). Mean BMI was 21.7 (minimum 14.1), indicating that this treatment was not necessarily administered only to obese patients. In terms of risk factors, the prevalence of hypertension, dyslipidemia, diabetes mellitus, and CKD was 41%, 52%, 31%, and 21%, respectively. Five patients (17%) were on dialysis due to end-stage renal disease. The details of the past history of conventional treatment and current medications are shown in Table 1.

The breakdown of the underlying diseases that led to the ischemic limb was 7 patients (24%) in atherosclerotic PAD, 6 (21%) in TAO, and 16 (55%) in CTD (Fig. 2A). This treatment was administered to 11 upper limbs and 23 lower limbs (Fig. 2B). In the Fontaine class classification, 4 patients had 3rd degree and 25 patients had 4th degree (Fig. 2C). As a result of procedures, mean volume of harvested adipose tissue was 254 mL. The average total number of ADRCs was  $6.96 \times 10^7$ , cell viability was 87.3% (Fig. 3).

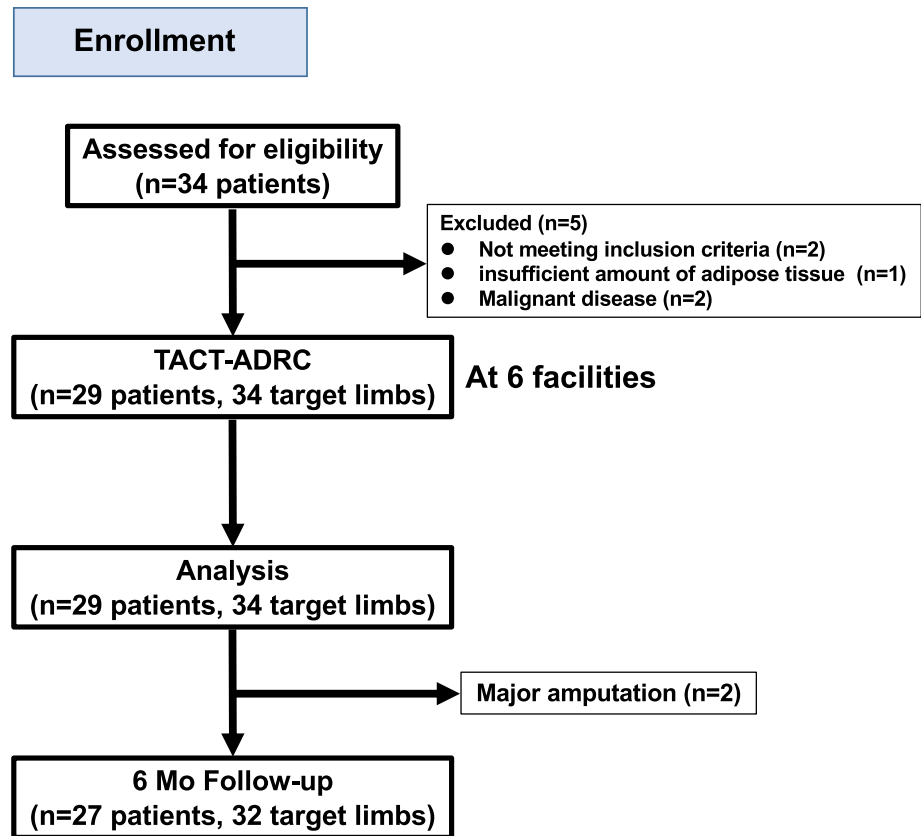
## Outcomes measures

Twenty-seven patients (93%) except for 2 patients with major amputation, 32 target limbs (94%) completed the 6-month follow-up (Fig. 1). Although adverse events were observed in 5 cases; 2 anemias with blood transfusion, 1 relative adrenal crisis, 1 renal cancer, and 1 cerebral hemorrhage, all events were judged not to be associated with the TACT-ADRC procedure by the accreditation committee of an external organization.

## Primary endpoint

As a primary endpoint, the overall survival rate at a post-operative period and at 6 months follow-up was 100% at any time points (Fig. 4A). No adverse events at the operative procedures of ADRCs implantation were observed, and neither exacerbation of proliferative retinopathy nor arthritis was observed for 6 months. Although 1 case was observed the development of a malignant neoplasm (renal cancer) during 6 months follow-up, that was adjudicated not to be

**Fig. 1** Trial profile. TACT: therapeutic angiogenesis by cell transplantation, ADRC: adipose-derived regenerative cell



associated with the TACT-ADRC procedure by the accreditation committee.

As a primary endpoint for efficacy evaluation, 32 limbs out of 34 (94.1%) were free from major amputation for 6 months (Fig. 4B). Six of the patients with refractory ulcers or gangrene underwent debridement or minor toe amputation at the time of cell transplantation. Kaplan–Meier curve of freedom rate from death, major limb amputation, and major adverse cardiac and cerebrovascular event (MACCE) are shown in Fig. 4C.

### Secondary endpoints

As the secondary endpoint for efficacy evaluation, the rest pain scale improved from 6 at the baseline to 1 at 6 months after the treatment in NRS (Fig. 5A). The responder rate was 90.6% for those patients (29 lesions out of 32). Ulcer size regressed 317 mm<sup>2</sup> at baseline to 109 mm<sup>2</sup> at 6 months (Fig. 5B). The representative images show a case of striking healing of ulcers after the ADRC implantation and the blood perfusion recovery (Figs. 6A and 7). The responder rate was 83.3% for those patients (20 lesions out of 24). The 6-min walking distance (6MWD) in patients having lower limb ischemia improved from 255 m at baseline to 369 m at 6 months after the treatment. The responder rate as judged by > 10 m increase in the 6MWD was 72.2% for

patients with lower limb critical ischemia (13 limbs out of 18) (Fig. 5C). Although we could not confirm the improvement in the parameter of the Ankle-Brachial Index (ABI) at 6 months after the treatment (0.93 at baseline and 0.94 at 6 months) (Fig. 5D), SPP had a trend to be improved in those patients (38.8 at baseline and 46.1 at 6 months) ( $p=0.0822$ ) (Fig. 5E). When we analyzed only severe cases in SPP at baseline, such as < 40 mmHg, the TACT-ADRC protocol seemed to be effective to improve SPP ( $p=0.0025$ ) (Fig. 5F). Representative results of angiography in a case who had unhealed ulcer at baseline but had healed ulcer at 6 months of ADRC implantation are shown in Fig. 6B and Supplemental Fig. 2.

### Discussion

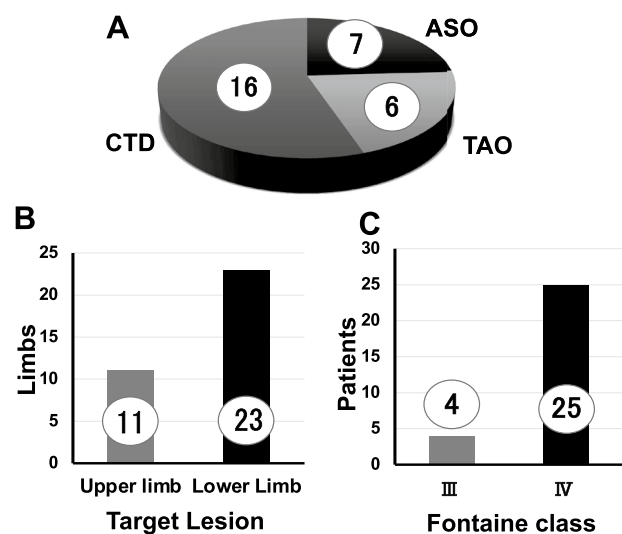
Critical limb ischemia (CLI) is one of the most severe forms of peripheral artery disease with symptoms of rest pain, unhealed skin ulcers, and gangrene of the extremities [21]. The rate of lower limb amputation in the first six months after diagnosis of CLI is as high as 10–40%, and limb amputation is associated with not only a decrease in quality of life but also poor life prognosis since the survival rate was reported to be estimated to 80% at 6 months, 50% at 5 years for those patients [22] [23] [24]. Although surgical

**Table 1** Patient characteristics at treatment

	Available data	All (n=29)
Age, years	29	57.9 (26–77)
Male, n (%)	29	15 (51.7)
Body mass index, kg/m <sup>2</sup>	29	21.7 (14.1–35.0)
Risk factors, n (%)	29	12 (41.4)
HT		
DL	29	15 (51.7)
DM	29	9 (31.0)
insulin	29	4 (13.8)
CKD	29	6 (20.7)
HD	29	5 (17.2)
ex-smoke	29	17 (58.6)
Complications, n (%)	29	6 (20.7)
IHD		
CVD	29	4 (13.8)
other vascular complication	29	4 (13.8)
Past therapy, n (%) medication	29	29 (100)
bypass	29	6 (20.7)
EVT	29	11 (37.9)
Drugs, n (%)	29	24 (82.8)
Antiplatelet drugs		
Peripheral vasodilator	29	20 (70.0)
Antihypertensive agent	29	12 (41.4)
statin	29	14 (48.3)
Oral hypoglycemic agent	29	5 (17.2)

Data are presented as median (interquartile range) or number (percentage).

HT hypertension; DL dyslipidemia; DM diabetes mellitus; CKD chronic kidney disease; HD hemodialysis; IHD ischemic heart disease; CVD cerebrovascular disease; EVT endovascular treatment



**Fig. 2** Patients' characteristics (A) etiologies of critical limb ischemia and (B) target limbs, and (C) breakdown of the Fontaine class in participants

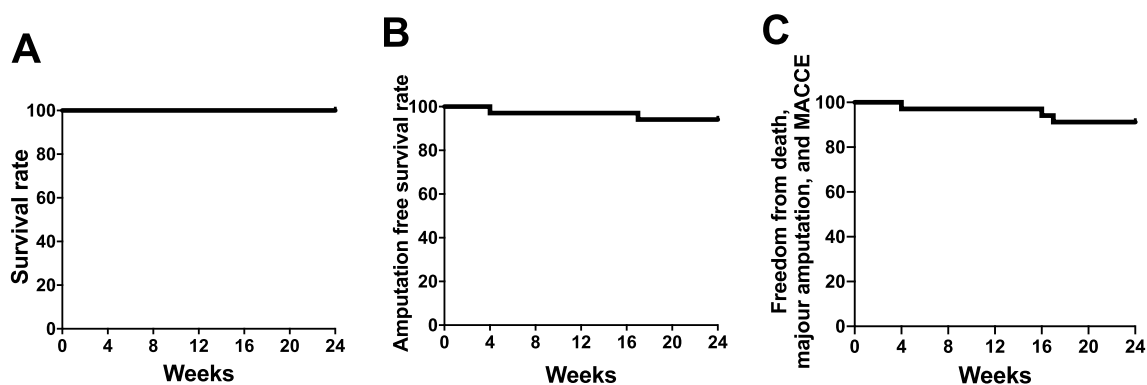
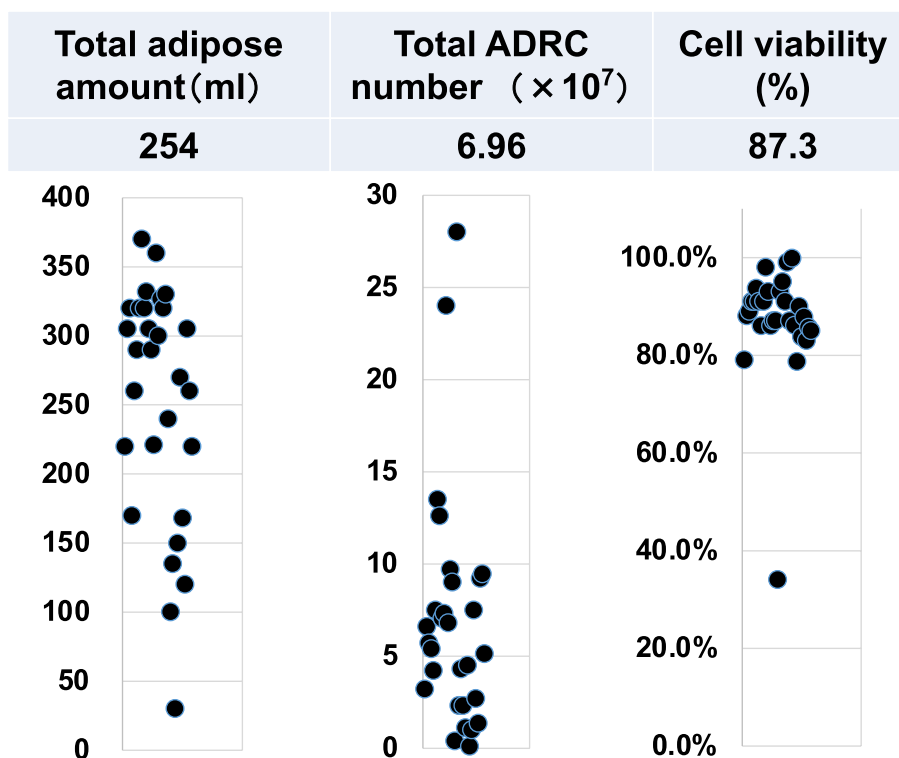
or percutaneous catheter-mediated revascularization is the first-line treatment according to the guidelines [25, 26], it is often not effective in cases with peripheral lesions at below the knee, highly calcified lesions, or long lesion morphology. In cases to whom revascularization is impossible, lower limb amputation would be considered as a final strategy to save life.

The SPINACH trial [27], a landmark historical study, showed that the major amputation-free survival rate was 85% at 6 months after revascularization in patients with critical limb ischemia. In addition, less than 77% of patients were free from lower limb amputation and/or other interventions during the same period, suggesting that the number of patients who responded well to the treatment was very limited. Furthermore, the survival rate at 6 months after the treatment was less than 90%. In the present TACT-ADRC study, we have recruited more severe CLI cases as compared to those who were recruited in the SPINACH trial because our patients had no further option for the conventional revascularization therapy. Despite severer clinical background, the TACT-ADRC patients showed 94.1% in the major amputation-free rate at 6 months, and 100% of the survival rate at 6 months after the treatment. Since patients' age and/or disease status might be different, we cannot make a direct comparison between the SPINACH and the TACT-ADRC trials. However, we strongly believe that our present study demonstrates a great potential as a novel additional therapy for CLI patients with no-option for revascularization.

Our study demonstrated a good survival rate as compared to past clinical studies. It is not clear, however, whether this treatment truly leads to an improvement in the total mortality or not. We believe that the life prognosis might be increased due to the avoidance of the amputation of lower limbs and thereby an increase in the level of daily activity such as walking. Previously, we reported that the TACT-bone marrow (BM) trial [2], that was an initial landmark study of therapeutic angiogenesis using autologous BM mononuclear cells, demonstrated a total mortality rate of 4% (2 deaths out of 47) in patients receiving autologous BM mononuclear cells (MNCs) implantation with the toe amputation salvage rate of 75% (15 out of 20 patients). More recently, the JUVENTAS trial [28], in which BM-MNCs were administered trans-arterially to the ischemic limb, reported that the 6-month total mortality rate in the intervention group was 5%, and the major amputation-free rate was 81%. Therefore, as comparing the past results of cell-based therapeutic angiogenesis, the total mortality rate of 0% at 6 months and the major limb amputation-free rate of 94.1% in the TACT-ADRC procedure would be a promising treatment strategy for CLI patients in the future.

In 2001, Zuk et al. reported that human subcutaneous adipose tissues contain progenitor cells with properties similar to those of BM-derived mesenchymal stem cells

**Fig. 3** Procedural results. Figures indicate the quantity of total adipose tissue collection, the total cell number of ADRCs, and the cell viability rate, respectively, for all individuals

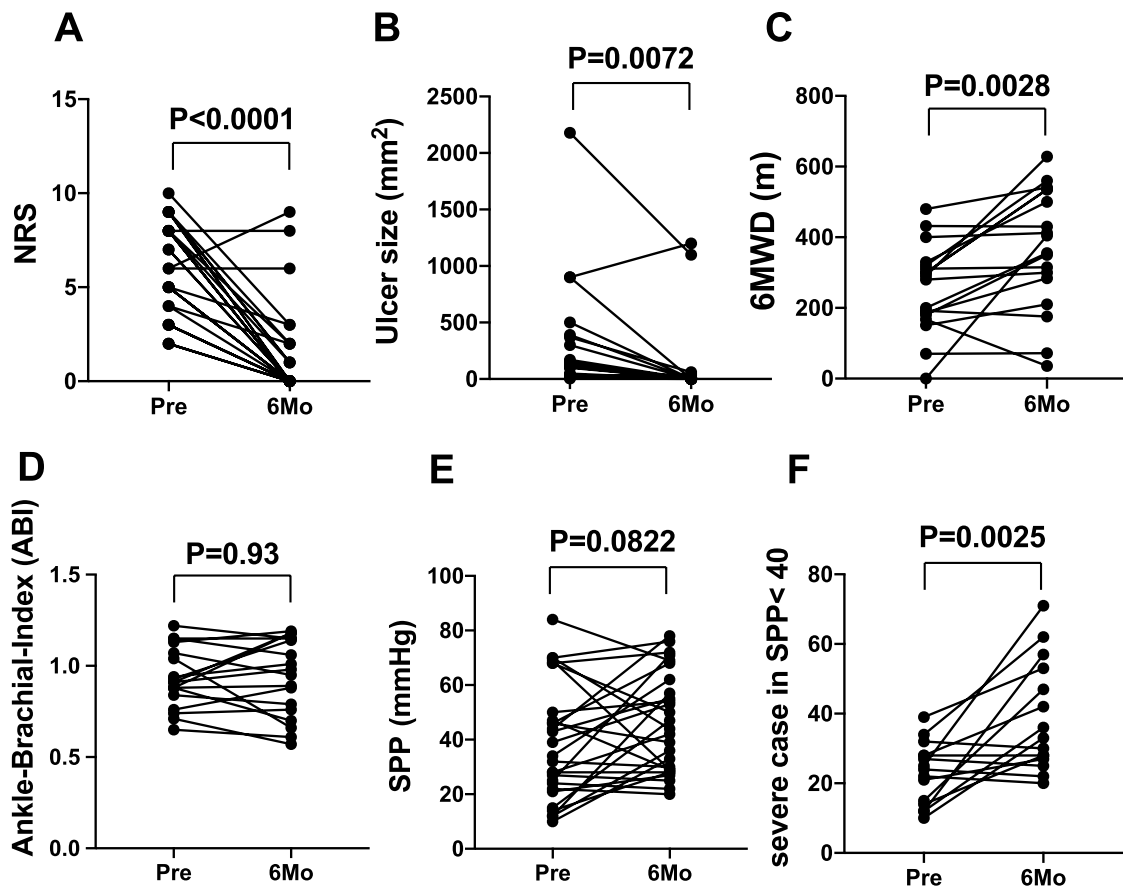


**Fig. 4** Primary outcomes in terms of safety evaluation for the TACT-ADRC procedure. Figures indicate (A) survival rate from all-cause death, (B) evasion rate of major limb amputation, and (C) the com-

position of survival, the evasion of major limb amputation, and the freedom from MACCE. MACCE: major adverse cardiac and cerebrovascular events

(MSCs), which were termed adipose-derived stem cells of ADRCs having an ability to differentiate into multiple cell types [9]. Subsequent studies demonstrated that ADRC can secrete multiple growth factors and chemokines such as VEGF, SDF-1, HGF, etc., promoting tissue regeneration in injured organs by a paracrine mechanism [10, 11, 13]. In addition, harvesting subcutaneous adipose tissue can be performed with established techniques such as liposuction under local or general anesthesia, and is considered to be a less invasive than bone marrow isolation in the clinical

settings. Therefore, ADRCs are now expected to be a new source of somatic stem cells instead of bone marrow in the field of regenerative medicine. Furthermore, compared to embryonic stem (ES) cell [29] and induced pluripotent stem (iPS) cells [30], autologous cell transplantation is considered more feasible because these somatic stem cells have less ethical problems, and are less infectious and allergic, with free of immune rejection. These ADRCs are currently used in various regenerative medicine such as breast reconstruction, skin burns, and radiation skin injuries, urinary



**Fig. 5** Secondary outcomes of the TACT-ADRC procedure. **A** Pain scale evaluated as per the NRS at the baseline and 6 months after ADRC implantation, **(B)** ulcer size was calculated as the grand total of major axis length times the minor axis length at the baseline and 6 months after ADRC implantation, **(C)** walking distance covered in 6-min for the patients with lower limb ischemia at the baseline and

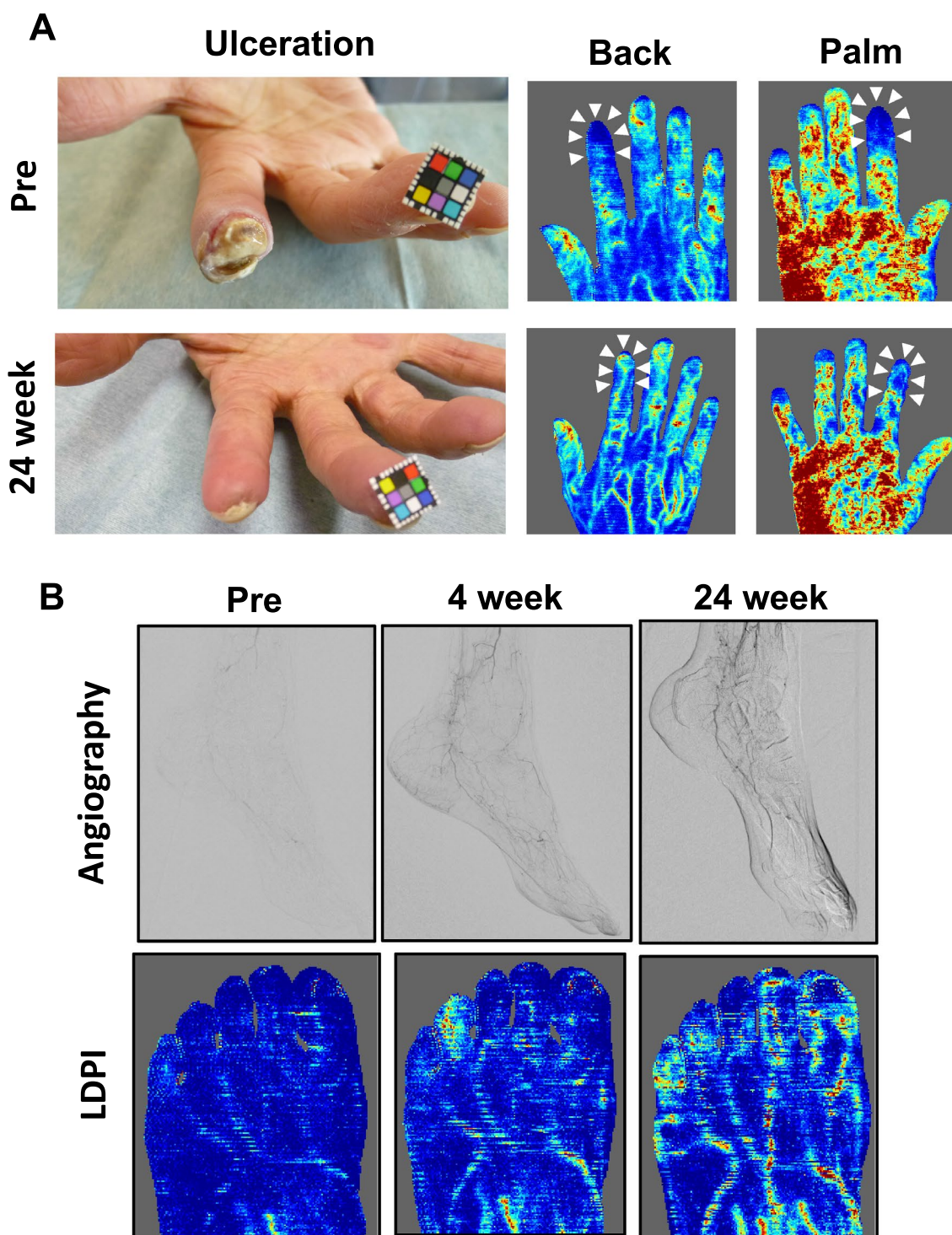
6 months after ADRC implantation, **(D)** Tissue blood perfusion indicated by ABI, and **(E)** SPP in all cases, **(F)** SPP results only in severe cases as less than 40 mmHg at baseline. *NRS* numerical rating scale, 6 min walking distance: 6MWD, *ABI* ankle-brachial index, and *SPP* skin perfusion pressure

incontinence, osteoarthritis, and cardiac diseases. For example, three studies [14, 15] [16] have demonstrated that the therapeutic angiogenesis with ADRC implantation was safe and potentially effective for CLI patients. Two studies used cultured ADRCs for 15 and 7 CLI patients in a single center, respectively [14, 15]. Another pilot study from our group referred same protocol as the current TACT-ADRC trial to test initial 5 cases as a phase 1 trial [16]. Now, the present study demonstrated safety, feasibility, and efficacy with the freshly isolated ADRC to those patients in the 6 multicenter studies.

Since cell-based therapeutic angiogenesis may promote angiogenesis in not only ischemic limbs but also potential tumor-associated nutritional vessels [31], a systemic patient screening was performed in all cases before the TACT-ADRC. In addition, at 6 months after the ADRC treatment, the similar systemic screening tests were performed to examine whether any adverse events, including new malignancies

or worsening of retinopathy, had occurred or not. As a result, we detected one new case of renal cancer during the 6-month post-treatment observation period. We consulted this case to the Accreditation Committee, and they determined that this event was unlikely to be related to the provision of regenerative strategy. In addition, our recent basic study has demonstrated that ADRC transplantation for a hind limb ischemia model in mice does not augment tumor-related angiogenesis or lymphangiogenesis for distant tumors, nor does it exacerbate tumor growth or metastasis [32]. Therefore, we consider that additional systemic screening tests for potential tumors will not be necessary for the TACT-ADRC protocols in the future.

There are several limitations in our current study. First, during the enrollment period, the pandemic of COVID-19 spread around the world [33], and the number of cases (which did not reach the original target of 40 patients) ended up being 29 patients and 34 target limbs. Second, although

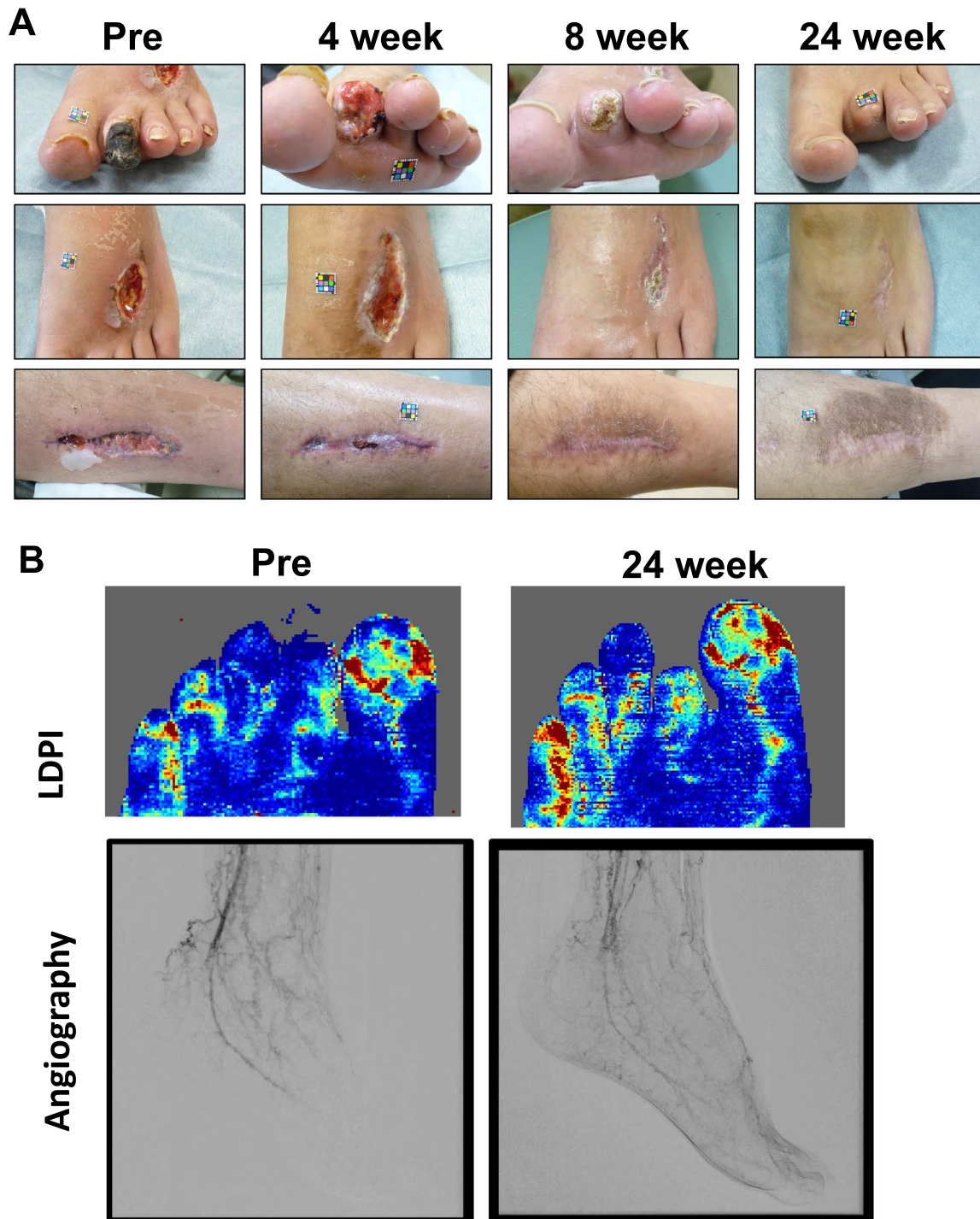


**Fig. 6** Time courses after ADRC implantation (A) improvements in non-healing ulcer and blood perfusion recovery in a case of the 63 years' upper limb ischemia patient. **B** Laser Doppler blood perfusion analysis and angiography in the 74-years-old CLI patient due to CTD

past cell therapies have suggested that treatment response may vary by disease, the small number of cases in this study alone does not allow comparison of the treatment outcomes by underlying disease (PAD, TAO and CTD). Future phase-3 trial would be warranted.

In conclusion, the TACT-ADRC multicenter clinical trial demonstrated the safety, feasibility, and effectiveness of autologous ADRCs implantation for therapeutic angiogenesis, resulting in an improvement in major





**Fig. 7** The case of toe necrosis with multiple non-healing operative scars in a patient of TAO. All non-healing scars were completely healed (A), following the recovery of blood perfusion and angiographical improvement (B) at 24 weeks after ADRC implantation

amputation-free survival rates in no-option CLI patients in the multicenter settings.

### Appendix

Toyoaki Murohara supervises the TACT-ADRC multicenter trial as the principal investigator.

## The Study Monitoring Board

Kazumasa Unno from Japanese Red Cross Nagoya Daini Hospital, Nagoya, Japan.

**Supplementary Information** The online version contains supplementary material available at <https://doi.org/10.1007/s10456-022-09844-7>.

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**Author contributions** All authors contributed to the study conception and design. Material preparation, data collection and analysis were performed by YS, RH, K-iS, MO, OI, S-IT, MS, TN, and YY. The first draft of the manuscript was written by YS and TM and all authors commented on previous versions of the manuscript. All authors read and approved the final manuscript.

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**Data availability** The datasets generated during and/or analysed during the current study are available from the corresponding author on reasonable request.

## Declarations

**Competing interests** All authors certify that they have no affiliations with or involvement in any organization or entity with any financial interest or non-financial interest in the subject matter or materials discussed in this manuscript.

**Ethical approval** All procedures performed in studies involving human participants were in accordance with the ethical standards of the institutional and/or national research committee and with the 1964 Helsinki Declaration and its later amendments or comparable ethical standards. The study was approved by the Bioethics Committee of the Nagoya University (No. NA8150011).

**Consent to participate** Informed consent was obtained from all individual participants included in the study.


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