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Overcoming challenges en route to polio eradication

Contrary to claims by T Jacob John and Dhanya Dharmapalan,¹ research demonstrates that poliovirus transmission predominantly follows the oral-faecal route,² particularly in areas with poor sanitation, as is the case in many polio-affected countries. Either way, a full course of oral polio vaccine (OPV) is proven to effectively protect children from the virus.

Transitioning to exclusive use of inactivated polio vaccine (IPV) in settings with active transmission is not feasible given epidemiological and operational realities. While IPV provides strong individual protection, OPV can stop person-to-person transmission³ and is easier to administer in hard-to-access areas. These unique benefits outweigh the extremely rare chance of variant polioviruses.⁴ Thanks to OPV, the number of polio cases worldwide has been reduced by more than 99% since 1988—we cannot finish the job without it.

After achieving global eradication, use of OPV for routine immunisation will be stopped—a process that continues to be guided by independent global expert groups, including the Strategic Advisory Group of Experts on Immunization and the Global Commission for the Certification of Eradication of Poliomyelitis.

While previous deadlines have come and gone, the Global Polio Eradication Initiative's 2022–2026 strategy⁵ has sharpened its approach to overcoming the remaining hurdles to eradication in the highest risk communities around the world. It is imperative that the programme receives the political and financial support it urgently needs to ensure that no child is ever again paralysed by this preventable disease.

I am WHO Director of Polio Eradication and Chair of the Global Polio Eradication Initiative Strategy Committee.

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- 1 John TJ, Dharmapalan D. Challenges en route to polio eradication. *Lancet* 2022; **400**: 428–29.
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Evolutionary consequences of delaying intervention for monkeypox

Since May, 2022, clusters of monkeypox infections have caused global concern. At present, this concern has been tempered by the fact that, even when uncontrolled, the number of infections is growing slowly, indicating a reproductive number (R) not much larger than unity. However, the effect of R on the probability of evolution might not be obvious. We suggest that, compared with zoonotic pathogens with large R values, those pathogens with R values just above 1, such as monkeypox virus, have a higher probability of evolution during the timeframe in which the number of cases remains low. Waiting until the number of cases is high would give monkeypox virus—or any emerging pathogen—the opportunity to adapt substantially to humans.

Population growth, ecological degradation, and climate change have increased the frequency of contact between humans and other animals, wild and domestic alike. The consequences include greater opportunities for pathogens to cross

species barriers. Recent high-profile cases include Ebola virus (from bats), MERS coronavirus (bats or camels), SARS-CoV-1 and SARS-CoV-2 (bats), and monkeypox (rodents). After a zoonosis spills over into humans, subsequent evolution of the virus results in higher transmission, making control more difficult, and causing unpredictable changes in disease severity, as seen with different variants in the ongoing SARS-CoV-2 pandemic.

By definition, a zoonosis primarily infects non-humans. Any such pathogen is unlikely to be optimised for growth and transmission in humans, and substantial fitness increases are therefore possible. Retrospective phylogenetic analysis of the large Ebola outbreak from 2013 to 2016 revealed a small number of amino acid changes associated with increases in in-vitro growth in cell culture and transmission in the population.¹ The delta and omicron variants of SARS-CoV-2 contain extensive mutations, as illustrated in NextStrain,² and are associated with increases in effective R.³ Similarly, the current monkeypox infections found both geographically and mutationally distant from the probable origin in Nigeria are consistent with adaptation by the pathogen for greater human-to-human transmission.⁴

These examples notwithstanding, gathering data on the evolution of newly emerging pathogens is challenging because it is harder to detect a small early-stage outbreak than a bigger later-stage outbreak. Advances in technologies such as wastewater sampling and the plummeting cost of sequencing pathogen genomes offer a promising way forward, but sampling still requires substantial public health resources. Is the use of these resources worth the effort?

Models provide a means to investigate this question by integrating pathogen epidemiological and



Published Online
September 29, 2022
[https://doi.org/10.1016/S0140-6736\(22\)01880-3](https://doi.org/10.1016/S0140-6736(22)01880-3)



Published Online
September 21, 2022
[https://doi.org/10.1016/S0140-6736\(22\)01789-5](https://doi.org/10.1016/S0140-6736(22)01789-5)

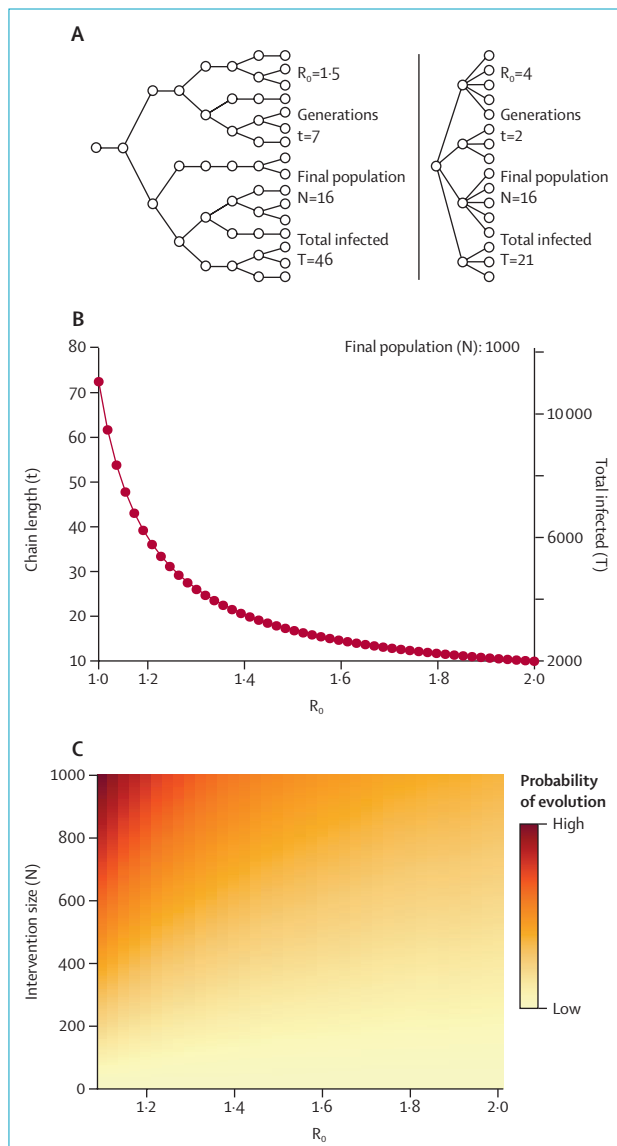


Figure: R_0 affects a pathogen's evolutionary potential

(A) When waiting until an epidemic affects $N=16$ people simultaneously, $R_0=1.5$ has longer chains of transmission affecting more individuals in total than $R_0=4$. (B) These patterns hold in general when waiting until N simultaneous infections, with lower R_0 being worse. (C) Evolution depends on mutations, which depend on the transmission chain length and total number of infected individuals, so, when waiting for a given N before intervening, lower R_0 has greater probability of evolving. R_0 =basic reproductive number in humans before evolution.

evolutionary dynamics. Such models of emerging pathogens have focused on zoonoses with an initial human basic reproductive number (R_0) less than 1, where the initial cases give rise to stuttering chains of transmission ending in disease extinction, unless the pathogen evolves to increase R_0 above 1. In this scenario, the

probability of evolution rescuing the pathogen from extinction increases enormously as R_0 approaches 1,⁵ suggesting that particular attention should be paid to monitoring and controlling zoonoses with R_0 close to 1. But what happens when R_0 exceeds 1? Monkeypox appears to be in this category, although only R , and not R_0 , can be directly observed due to lingering cross-immunity against smallpox. The decline in this cross-immunity after the discontinuation of smallpox vaccination has led to an increase in the transmission of monkeypox since the 1970s.⁶ Further adaptive evolution threatens to hamper control efforts through additional increases in R_0 , changes in the route of transmission, or shifts to presymptomatic or asymptomatic transmission. For most emerging zoonotic infections, the primary constraint on adaptive evolution will be the availability of suitable mutations in the pathogen population, which increase as a function of time.

R_0 substantially affects the amount of time available for evolution before an epidemic reaches a critical size. A pathogen with a lower R_0 has both longer chains of transmission and a greater number of total infections before reaching a given number of simultaneous infections than a pathogen with higher R_0 (figure A). More generally, the length of the chain of transmission necessary to reach a threshold number of simultaneous infections (N) decreases with increasing R_0 as $\log_{R_0}(N)$, and a qualitatively similar relationship exists between total infections and R_0 as $(R_0N-1)/(R_0-1)$ (figure 1B).

If substantial public health resources are deployed only towards pathogens that have achieved high visibility by infecting a large number of people (ie, a threshold number of infections), then we will miss a crucial window of opportunity to control low- R_0 emerging pathogens. Because

time constrains evolution, lower R_0 (but still >1) pathogens have more opportunities to acquire advantageous mutations before an epidemic reaches a size at which the world becomes widely aware of the danger (figure 1C, top left corner).

For decades, monkeypox has been well known as an emerging infection with an R less than 1.⁷ Now its R is probably higher, which could be the result either of evolution within the animal reservoir population or within humans. Regardless, now is the time—probably past the time—to put resources into controlling outbreaks before they grow larger and have time to evolve further. For the current outbreak of monkeypox virus, the rapid use of ring vaccination, where index cases, traced contacts (of the index case), and contacts of those contacts are all vaccinated with the licensed MVA-BN vaccine (known as imvanex), could help to ensure that this epidemic does not get out of control. This vaccine plus unlicensed monkeypox vaccines could be randomly tested for efficacy in ring vaccination. Such a vaccination strategy led to the eradication of smallpox and could be quite effective in the still-early phase of the monkeypox outbreak.

In general, our analysis from first principles highlights the benefits of rapid intervention even for mild emerging pathogens. In summary, just because a disease like monkeypox appears to be controllable does not mean it will stay controllable. Currently, monkeypox incidence is starting to decrease in Europe and North America. This reduction might be due to behavioural changes in at-risk populations and increased use of vaccines, but the epidemic is far from over and continued drive towards elimination is essential.⁸ By reducing the chance of evolution, rapid and sustained intervention benefits not only local communities but also the world. That said, we considered the

evolutionary implications of delaying intervention without addressing trade-offs that arise due to the inherent scarcity of public health resources. Future research might need to account for both factors to find a balance between minimising delay to prevent virus evolution and increasing delay to ensure optimal resource allocation.

CTB received consulting fees from Color Health and honoraria from Novartis Oncology. All other authors declare no competing interests. This

Correspondence was supported in part by the Swiss National Science Foundation (grant number 31003A_179170 to RRR) and the US National Institutes of Health (grant numbers U01 AI 150747 and U01 AI 144616 to RA).

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Monkeypox and pregnancy: time for global surveillance and prevention strategies

We read with interest the guidelines suggested by Pradith Dashraath and colleagues.¹ We wish to highlight the potential for this monkeypox epidemic to encourage the introduction of global surveillance and prevention strategies. The monkeypox outbreak is of particular concern for pregnant women because infection could affect not only the mothers, but also their babies, by either prenatal vertical transmission or direct transmission after birth. Emerging paediatric cases are a cause for concern because pregnant women, young children, and people who are immunocompromised are considered at highest risk of severe monkeypox.

The fact that monkeypox was first identified in Africa in 1970, with thousands of suspected cases and deaths in the past decade, yet so little is known about its effects on pregnant women or pregnancy outcomes,² the risk of vertical transmission, or the safety and effectiveness of vaccination in pregnant women, is an indictment of the international medical community. Several decades of opportunity to understand the prevention, surveillance, investigation, and management of monkeypox have been lost. Had appropriate attention been paid by international funding bodies and medical journals, pregnant populations in the endemic low and middle-income countries (LMICs) would have greatly benefited, and

high-income countries would have been better prepared for the current outbreak.

Lessons must be learned: infectious diseases are likely to spread globally, so should be given appropriate medical focus at an early stage, to benefit both endemic LMICs and those high-income countries that will inevitably be affected sooner or later, ensuring maternal health-care equity.

AK and PO'B are members of the Royal College of Obstetricians and Gynaecologists' group developing guidance on monkeypox in pregnancy. PO'B is Vice President of The Royal College of Obstetricians and Gynaecologists. All other authors declare no competing interests.

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Protecting patients during a shortage of thrombolytic agents

Pulmonary embolism is a major cause of global death and disability.¹ Pulmonary embolism with haemodynamic instability, defined by European Society of Cardiology