

# Oridonin Attenuates $A\beta_{1-42}$ -Induced Neuroinflammation and Inhibits NF- $\kappa$ B Pathway



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#### **Abstract**

Neuroinflammation induced by beta-amyloid (A $\beta$ ) plays a critical role in the pathogenesis of Alzheimer's disease (AD), and inhibiting A $\beta$ -induced neuroinflammation serves as a potential strategy for the treatment of AD. Oridonin (Ori), a compound of Rabdosia rubescens, has been shown to exert anti-inflammatory effects. In this study, we demonstrated that Ori inhibited glial activation and decreased the release of inflammatory cytokines in the hippocampus of A $\beta_{1-42}$ -induced AD mice. In addition, Ori inhibited the NF- $\kappa$ B pathway and A $\beta_{1-42}$ -induced apoptosis. Furthermore, Ori could attenuate memory deficits in A $\beta_{1-42}$ -induced AD mice. In conclusion, our study demonstrated that Ori inhibited the neuroinflammation and attenuated memory deficits induced by A $\beta_{1-42}$ , suggesting that Ori might be a promising candidate for AD treatment.

Citation: Wang S, Yang H, Yu L, Jin J, Qian L, et al. (2014) Oridonin Attenuates  $A\beta_{1-42}$ -Induced Neuroinflammation and Inhibits NF-κB Pathway. PLoS ONE 9(8): e104745. doi:10.1371/journal.pone.0104745

Editor: Zhongcong Xie, Massachusetts General Hospital, United States of America

Received April 8, 2014; Accepted July 11, 2014; Published August 14, 2014

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**Data Availability:** The authors confirm that all data underlying the findings are fully available without restriction. All relevant data are within the paper and its Supporting Information files.

**Funding:** This study was supported by the National Nature Science Foundation of China (81200839, 81230026, and 81171085), the Natural Science Foundation (BL2012013) and the Bureau of Health (LJ201101) of the Jiangsu Province of China. The funders had no role in study design, data collection and analysis, decision to publish, or preparation of the manuscript.

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Competing Interests: The authors have declared that no competing interests exist.

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#### Introduction

Alzheimer's disease (AD), as the major cause of dementia, is an irreversible neurodegenerative disorder with progressive cognitive dysfunction, memory impairment and behavioral damage. According to the World Alzheimer Report 2012, there are 36 million people suffering from dementia worldwide in 2010 [1]. The pathological features of AD compose of beta-amyloid (AB) plaques (accumulation of extracellular Aβ) and neurofibrillary tangles (NFTs, deposition of intracellular hyperphosphorylated tau protein) [2,3]. Although the exact mechanism of AD still remains unclear, evidence from experimental models and human brain studies indicates that A\beta-mediated neuroinflammation is associated with the development of AD [4,5]. The clinical trials also demonstrate that the levels of pro-inflammatory cytokines are significantly increased in the cerebrospinal fluid (CSF) of AD patients [6], and anti-inflammatory drugs including nonsteroidals have shown great benefits in the treatment of AD [7].

Emerging evidence suggests that Aβ plays important roles in the induction of neuroinflammation in AD [8]. The depositions of Aβ activates the astrocytes and microglia [9], which would release a series of proinflammatory and cytotoxic factors, such as inducible nitric oxide synthase (iNOS), interleukin-1β (IL-1β), cyclooxygenase-2 (COX-2) and tumor necrosis factor alpha (TNF-α) [10]. These cytokines contribute to neuronal damage and eventually cellular death [11]. Nuclear factor-κB (NF-κB) regulates the process of inflammation by targeting the downstream genes, such as TNF-α, IL-1β, iNOS, and COX-2 [12]. Reports have indicated that activation of NF-κB pathway, which subsequently results in

the secretion of proinflammatory cytokines, is involved in the degeneration of neurons in AD patients [13,14]. Inhibition of NF- $\kappa$ B signaling can ameliorate neurodegeneration and memory impairment [15]. These results indicate that suppression of neuroinflammation and NF- $\kappa$ B pathway may be a beneficial therapy for AD.

Oridonin (Ori), a diterpenoid originated from Chinese herb of Rabdosia rubescens, exhibits a diverse of biological activities, such as anti-inflammation, anti-tumor and anti-oxidation [16–18]. Recent studies have demonstrated that Ori inhibits the release of proinflammatory mediators through modulating the functions of microglia [19]. In addition, Ori inhibits the NF- $\kappa$ B activity in TNF- $\alpha$ -induced HepG2 cells [20]. In the current study, we investigated whether Ori could inhibit  $A\beta_{1-42}$ -induced inflammation and attenuate memory deficits in  $A\beta_{1-42}$  induced AD mice.

#### **Materials and Methods**

#### $A\beta_{1-42}$ induced AD mice model and Ori treatment

The  $A\beta_{1-42}$  (Millipore, CA, USA) was dissolved in 1%  $NH_3 \cdot H_2O$  at a concentration of 1  $\mu g/\mu l$  and incubated at 37°C for 5 days to allow for fibril formation. Ori (Chengdu Must Bio-Technology Co., Ltd, Sichuan, China, purity more than 98% measured by reverse phase high-performance liquid chromatography) was dissolved in DMSO at a concentration of 20 mg/ml and diluted to the desired concentration in saline.  $A\beta_{1-42}$  (4  $\mu g$ ) was injected into the bilateral hippocampus of male C57BL/6 (B6) mice by infusion cannulae as described previously [21]. Mice were

divided into three groups: the control mice with saline,  $A\beta_{1-42}$ -induced AD mice with saline, and  $A\beta_{1-42}$ -induced AD mice with Ori (10 mg/kg/day, i.p. for 15 days). Our preliminary data has shown that Ori did not attenuate the memory impairment in  $A\beta_{1-42}$ -induced AD mice at higher dose (20–50 mg/kg/day) (data not shown). After Ori treatment, the mice were trained and tested in Morris water maze for 6 days, and then sacrificed for the following experiments. All experimental procedures were approved by Animal Care Committee of Nanjing University.

#### Real-time PCR

As described previously [22], total RNA of the hippocampus was isolated using Trizol (Invitrogen, USA) and reversed transcribed to cDNA using a reverse transcriptase kit (Takara, Dalian, China). Quantitative PCR was performed using ABI 7500 system (Applied Biosystems, USA) by a SYBR green kit (Takara, Dalian, China). The primers (Invitrogen, USA) are as follows:

IL-1β: F: AAGCCTCGTGCTGTCGGACC, R: TGAGGCC-CAAGGCCACAGGT;

IL-6: F: GCTGGTGACAACCACGGCCT, R: AGCCTCC-GACTTGTGAAGTGGT;

IL-10: F: GGCATGAGGATCAGCAGGGGC, R TGGCTGAAGGCAGTCCGCAG;

iNOS: F: CAGCTGGGCTGTACAAACCTT, R: CATTGGAAGTGAAGCGTTTCG;

COX-2: F: GATGACTGCCCAACTCCC, R: AACCCAGGTCCTCGCTTA;

TNF- $\alpha$ : F: CAAGGGACAAGGCTGCCCCG, R: GCAGGGGCTCTTGACGGCAG;

MCP-1: F: CCAGCACCAGCACCAGCCAA, R: TGGATGCTCCAGCCGGCAAC;

GAPDH: F: GCCAAGGCTGTGGGCAAGGT, R: TCTCCAGGCGGCACGTCAGA.

#### Western blotting

Western blotting analysis was performed as previously [23]. Briefly, cytoplasmic and nuclear proteins of the hippocampus were collected using cytoplasmic and nuclear protein extraction kit (Thermo, USA) according to the manufacturer's instruction. The proteins were separated by SDS-PAGE and electrophoretically transferred onto polyvinylidene fluoride membranes. Membranes were blocked with 5% skimmed milk for 1 h and incubated overnight at 4°C with anti-COX-2 (1:1000, Santa Cruz, USA), anti-iNOS (1:500, Bioworld, USA), anti-NF-κB p65 (1:1000, Cell Signaling, USA), anti-IκBα (1:1000, Cell Signaling, USA), anti-p-IκBα (1:1000, Cell Signaling, USA), anti-Bcl-2 (1:2000, Bioworld, USA), anti-Bax (1:1000, Cell Signaling, USA), anti-cytochrome  $\boldsymbol{c}$ (1:500, Abcam, USA), anti-VDAC1 (1:500, Bioworld, USA), anti-Histone (1:1000, Epitomics, USA) or anti-β-actin (1:5000, Bioworld, USA). β-actin was used as a loading control. Subsequently, the membranes were incubated with the corresponding secondary antibodies and the reaction was visualized with chemiluminescence reagents provided with an ECL kit (Bioworld) and exposed to a film. The intensity of the blots was quantified with densitometry.

#### **Immunostaining**

Mice were anesthetized and transcardially perfused with 0.9% saline, then perfused with paraformaldehyde. The brains were removed and cut into consecutive frozen sections and then incubated overnight with anti-ionized calcium-binding adaptor molecule 1 (Iba1) (1:400, Abcam, USA) and anti-glial fibrillary acidic protein (GFAP) (1:100, BD, USA) at 4°C. The secondary antibody (1:200, Invitrogen) was applied to the sections for 1 h at

room temperature. The images were performed by a fluorescent microscope (Olympus, Japan). All images were analyzed by Image J for counting of automatically recognized cells. The means were calculated from 5 randomly selected fields in the hippocampus and 5 consecutive sections were analyzed for each brain. All counting procedures were conducted in a randomized and blinded manner.

#### Morris water maze text

The Morris water maze text was prepared as previously described [21]. Briefly, mice were trained to find a platform in an open circular pool 2 cm under the water surface in the middle of one quadrant. Four training trials per day were conducted for five consecutive days. In each trial, the latency to escape onto the platform was recorded up to 1 min. If a mouse could found the platform, it was allowed to remain on the platform for 5 s, and then returned to the home cage. If the mouse failed to find the platform within 1 min, it was picked up and placed on the platform for 10 s, and the latency was recorded for 1 min. On the 6th day, a probe trial was given for memory retention by removing the platform from the pool, and each mouse was allowed to swim freely for 1 min, the numbers of crossings of the platform were recorded. All data were collected using a computerized video system.

#### Statistical analysis

The results were expressed as means  $\pm$  SEM. The data were subjected to statistical analysis using SPSS version 13.0 (SPSS, Chicago, IL, USA). Group differences in the escape latency and swimming distance during the MWM test were analyzed by two-way analysis of variance (ANOVA) with repeated measures followed by Bonferroni multiple comparison test with day and treatment as the sources of variation. All other data were analyzed with a one-way ANOVA followed by Bonferroni's post hoc. P<0.05 were considered statistically significant.

#### **Results**

## Ori Inhibits the Release of Pro-inflammatory Factors in the Hippocampus of $A\beta_{1-42}$ -induced AD Mice

To examine the effects of Ori on  $A\beta_{1-42}$ -induced inflammation *in vivo*, the relative mRNA levels of IL-1 $\beta$ , IL-6, IL-10, COX-2, iNOS, TNF- $\alpha$ , and MCP-1, and the relative protein levels of iNOS and COX-2 in the hippocampus of mice were tested. The results showed that  $A\beta_{1-42}$  could significantly increase the expression of inflammatory factors (IL-1 $\beta$ : P<0.05, IL-6: P<0.01, iNOS: P<0.01, COX-2: P<0.01, TNF- $\alpha$ : P<0.01, MCP-1: P<0.01 versus control group, Figure 1A–F). However, Ori could significantly decrease the levels of these pro-inflammatory cytokines induced by  $A\beta_{1-42}$  (IL-1 $\beta$ : P<0.05, IL-6: P<0.01, iNOS: P<0.01, COX-2: P<0.05, TNF- $\alpha$ : P<0.05, MCP-1: P<0.05 versus  $A\beta$  group). Meanwhile, the mRNA level of IL-10 was decreased in AD group, and it was upregulated by Ori treatment (Figure 1G). In addition, Ori attenuated the protein levels of iNOS and COX-2 in the hippocampus of AD mice (Figure 2).

#### Ori Ameliorates Microglia and Astrocytes Activation in the Hippocampus of AD Mice

To verify whether Ori could inhibit  $A\beta_{1\rightarrow2}$  stimulated activation of microglia and astrocytes, Iba-1 and GFAP staining was performed. Iba-1 and GFAP were specific markers of activated microglia and astrocytes respectively. As shown in Figure 3, the expression of Iba-1 was significantly increased in the hippocampus of  $A\beta_{1\rightarrow2}$ -induced AD mice (P<0.01), while treatment with Ori

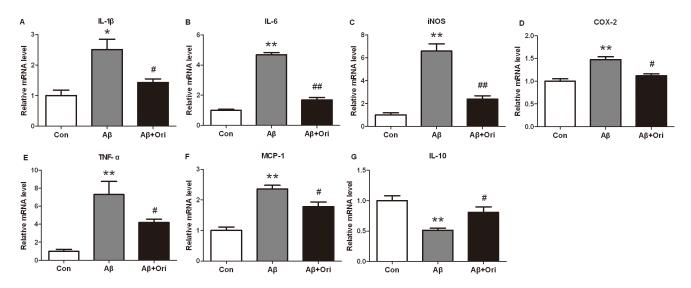


Figure 1. Ori reduces the inflammatory factors in  $Aβ_{1-42}$  induced AD mice. The mRNA levels of IL-1β (A), IL-6 (B), iNOS (C), COX-2 (D), TNF-α (E), MCP-1 (F) and IL-10 (G) were measured in each group by Real-time PCR. GAPDH was used as an internal control. n = 6 mice per group. \*P<0.05, \*\*P<0.01 vs. control group; #P<0.05, ##P<0.01 vs.  $Aβ_{1-42}$  induced AD mice. doi:10.1371/journal.pone.0104745.q001

significantly suppressed Iba-1 expression (P<0.05). Ori also reduced the GFAP expression in the hippocampus of AD mice (P<0.05).

### Ori Inhibits $A\beta_{1-42}$ -induced Activation of NF- $\kappa$ B p65 Signaling Pathway *in vivo*

NF- $\kappa$ Bp65 signaling pathway is one of the most important pathways in modulating inflammation in AD. Therefore, we explored the role of Ori in A $\beta_{1-42}$ -induced activation of NF- $\kappa$ B p65 signaling pathway in vivo. As shown in Figure 4, A $\beta_{1-42}$  treatment significantly increased the phosphorylation of I $\kappa$ B $\alpha$  (P< 0.01). However, Ori treatment could decreased the phosphorylation of I $\kappa$ B $\alpha$  in the hippocampus of AD mice (P<0.01). In addition, Ori inhibited the A $\beta_{1-42}$ -induced degradation of I $\kappa$ B $\alpha$  (P<0.05) and translocation of NF- $\kappa$ B p65 (P<0.01).

### Ori Decreases Mitochondrial Injury in the Hippocampus of AD Mice

Since emerging evidence suggested that A $\beta$ -induced inflammation may contribute to neuronal apoptosis in AD, we investigated the mitochondrial functions in the hippocampus of Ori-treated AD mice. As shown in Figure 5, Ori treatment inhibited the release of cytochrome c from the mitochondria to the cytoplasm (P<0.01). In addition, A $\beta_{1-42}$  increased the expression of Bax (P<0.01) and decreased the expression of Bcl-2 (P<0.01). However, Ori treatment could decrease the level of Bax (P<0.05) and increased the level of Bcl-2 (P<0.01), which indicated that Ori could attenuate the mitochondrial dysfunction induced by A $\beta_{1-42}$ .

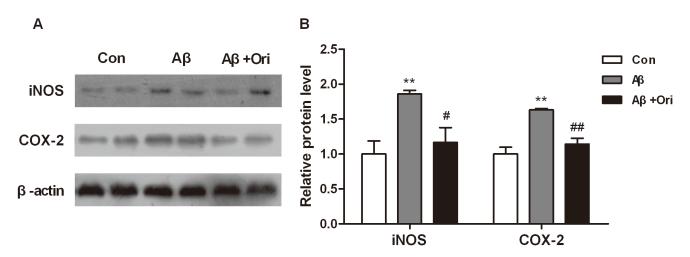


Figure 2. Effects of Ori on the protein levels of iNOS and COX-2 in  $A\beta_{1-42}$  induced AD mice. (A) Representative images of western blotting showing Ori inhibited the expression of iNOS and COX-2 in  $A\beta_{1-42}$  induced AD mice. (B) Quantitative analysis of iNOS and COX-2 expression. n=3 mice per group. \*P<0.05, \*\*P<0.01 vs. control group; #P<0.05, ##P<0.01 vs.  $A\beta_{1-42}$  induced AD mice. doi:10.1371/journal.pone.0104745.g002

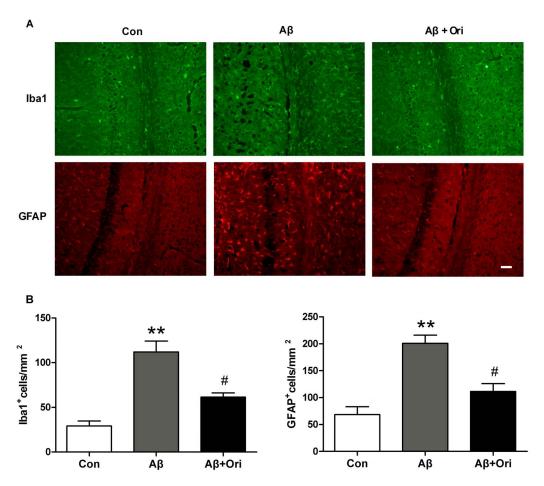
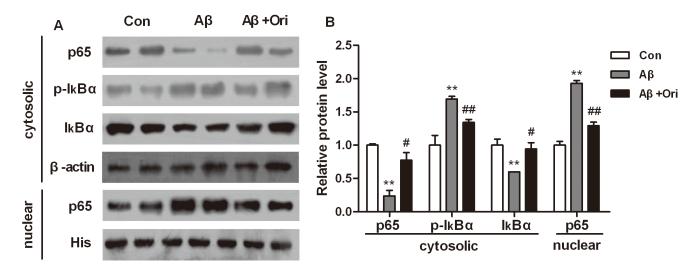


Figure 3. Ori suppresses glial activation in A $\beta_{1-42}$  induced AD mice. (A) Immunostaining for Iba1 and GFAP in the hippocampus of mice. (B) Quantitative analysis of Iba1 and GFAP staining. n=6 mice per group. Scale bar =50  $\mu$ m. \*P<0.05, \*\*P<0.01 vs. control group; #P<0.05, ##P<0.05, ##P<0.05, \*\*P<0.05, \*\*P<



**Figure 4. Ori inhibits Aβ**<sub>1-42</sub> **induced activation of NF**-κ**B in Aβ**<sub>1-42</sub> **induced AD mice.** (A) Representative image of western blotting of p65, p-lκβα, lκβα in the cytosolic and p65 in nuclear. (B) Quantitative analysis of Figure 4A. n = 6 mice per group. \*P<0.05, \*\*P<0.01 vs. control group; #P<0.05, ##P<0.01 vs. Aβ<sub>1-42</sub> induced AD mice. doi:10.1371/journal.pone.0104745.g004

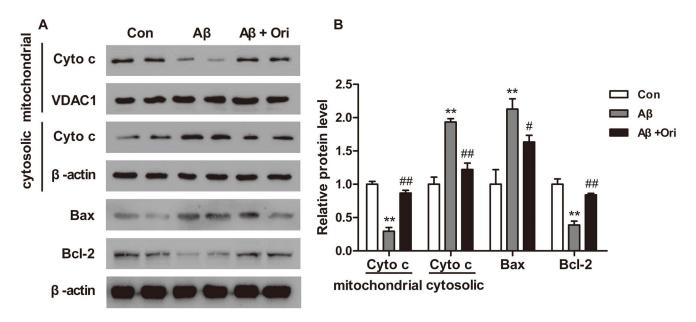


Figure 5. Ori decreases mitochondrial dysfunction in the hippocampus of A $\beta_{1-42}$  induced AD mice. (A) Representative images of western blotting of cytochrome c, Bax and Bcl-2. (B) Quantitative analysis of Figure 5A. n = 6 mice per group. \*P<0.05, \*\*P<0.01 vs. control group; #P<0.05, ##P<0.01 vs. A $\beta_{1-42}$  induced AD mice. doi:10.1371/journal.pone.0104745.g005

### Ori Improves Cognitive Impairment in $A\beta_{1\text{--}42}\text{-}induced AD}$ Mice

To explore whether Ori could improve cognitive impairment in  $A\beta_{1-42}$ - induced AD mice, Morris water maze test was performed. As shown in Figure 6A, the mean escape latency of  $A\beta_{1-42}$  induced AD mice was significantly increased compared with control group (P<0.01), while Ori-treated AD mice showed significant improvements compared with AD mice after the training periods (P<0.01). The searching distance by the Ori-treated AD mice was significantly decreased compared with that of AD mice (P<0.01, Figure 6B). Moreover, on the 6th day, the platform was removed and the probe trail was conducted. The number of platform crossings by the Ori-treated AD mice was significantly higher than that of AD mice (P<0.01, Figure 6C). In addition, there were no differences for swimming speed among these three groups (Figure 6D).

#### Discussion

AD is characterized by neurodegeneration and is the most common type of dementia. The  $A\beta$  deposition and formation of plaques in the brain have been thought as key events during the progression of AD [24]. In the present study, we demonstrated that Ori attenuated memory impairment in  $A\beta_{1-42}$ -induced AD mice. Furthermore, Ori could suppress the inflammatory response, and the underlying mechanism might be associated with the inhibition of NF- $\kappa$ B pathway.

Growing data from basic and clinical studies indicate that inflammation induced by  $A\beta$  is involved in neuronal degeneration in AD [25,26]. It has been reported that the levels of proinflammatory cytokines are significantly elevated in brains of AD patients, which suggests that inflammation might contribute to the pathogenesis of AD [27]. The deposition of  $A\beta$  can activate glial cells which will release a wide spectrum inflammatory cytokines, such as IL-6 and TNF- $\alpha$  [28].  $A\beta$ -induced overproduction of cytokines could lead to neuronal dysfunction and eventually death in AD. Therefore, inhibiting the activation of glial cells and

production of proinflammatory cytokines may contribute to neuroprotection. Previous study indicated that Iba-1 and GFAP was increased in the brain of AD patients [29,30]. In the present study, the levels of Iba-1 and GFAP were significantly decreased in the Ori-treated mice compared with AD mice, which suggested that Ori suppressed the activation of microglia and astrocytes. Consistently, the results indicated that Ori could inhibit the mRNA levels of IL-1 $\beta$ , IL-6, COX-2, iNOS, TNF- $\alpha$ , and MCP-1 induced by A $\beta$ , and it also up-regulated the expression of IL-10. Collectively, the current findings suggested that Ori modulated inflammatory response by inhibiting the activation of glial cells, which ameliorated the cognitive impairment of A $\beta$ <sub>1-42</sub>-induced AD mice.

NF-κB has been regarded as the key regulator of inflammatory processes, and many studies have showed that suppression of NF- $\kappa B$  pathway ameliorates the neuroinflammation [31,32]. NF- $\kappa B$  is activated in brains of patients with AD and activated NF-κB is also detected in Aß surrounding areas [33,34]. In the resting cells, NFκB family composed of five members, p65 (RelA), RelB, c-Rel, p50/p105 and p52 which bound to the inhibitory proteins IkB, thereby maintaining NF-κB in an inactive form in the cytoplasm. Upon stimuli, IκB is phosphorylated by IKK (IκB kinase), which then is ubiquitinated and subsequent degraded, leading to translocation of NF-kB to the nucleus and binding to specific target genes, and increased the expression of proinflammatory factors [35]. Hydrogen sulfide inhibits neuroinflammation via suppressing NF-κB pathway and attenuates neuronal death in the hippocampus of Aβ-induced AD rats [36]. Moreover, experimental studies show that suppressing NF-κB could decrease production of Aβ [37,38]. This study demonstrated that Ori significantly inhibited NF-κB p65 nuclear translocation by attenuating Aβ<sub>1-42</sub>induced  $I\kappa B\alpha$  phosphorylation and degradation in vivo.

In summary, the present study shows that Ori, a typical compound of Rabdosia rubescens, attenuates cognitive impairment and inhibits inflammatory response in  $A\beta_{1-42}$ -induced AD mice. In addition, the anti-inflammatory effects of Ori might be

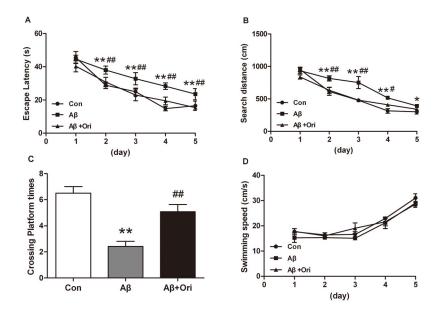


Figure 6. Ori attenuates learning and memory impairment in A $\beta_{1-42}$  induced AD mice in the Morris water maze test. (A) Escape latency for escape to a submerged platform in the training trails. \*\*P<0.01 vs. control group; ##P<0.01 vs. Ori-treated AD mice. (B) Searching distance for escape to a submerged platform in the training trails. \*\*P<0.01 vs. control group; #P<0.05, ##P<0.01 vs. Ori-treated AD mice. (C) Crossing platform times in the probe trail. \*\*P<0.01 vs. control group; ##P<0.01 vs. A $\beta_{1-42}$  induced AD mice. (D) Swimming speed in the training trails. n = 6 mice per group.

doi:10.1371/journal.pone.0104745.g006

due to inhibiting the NF- $\kappa$ B pathway. These findings suggest that Ori might be a potential agent for AD treatment.

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#### **Author Contributions**

Conceived and designed the experiments: YX XLZ SLW. Performed the experiments: SLW HY LJY JLJ. Analyzed the data: SLW LQ HZ. Contributed reagents/materials/analysis tools: SLW HY LJY. Contributed to the writing of the manuscript: SLW HY LJY XLZ.

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