DOI: 10.1002/emp2.12717

IMAGES IN EMERGENCY MEDICINE

Gastroenterology

Man with chest discomfort

Molly Hartrich MD, MPH¹ Wesley Eilbert MD¹ Amy Eisenberg DO²

¹Department of Emergency Medicine, University of Illinois at Chicago Hospital and Health Sciences System, Chicago, Illinois, USA ²Combined Emergency Medicine/Internal Medicine Residency, University of Illinois at Chicago Hospital and Health Sciences System, Chicago, Illinois, USA

Correspondence

Molly Hartrich, MD, MPH, Department of Emergency Medicine, University of Illinois at Chicago Hospital and Health Sciences System, 808 S Wood St MC 724, Suite 470, Chicago, IL 60612, USA. Email: Mhartr2@uic.edu

1 | CASE PRESENTATION

A 76-year-old man presented to the emergency department complaining of intermittent chest tightness during the preceding day that had resolved "after passing gas." His physical examination was unremarkable, and his electrocardiogram (ECG) showed no acute ischemic changes. Standard posterior-anterior and lateral radiographs of the chest were obtained (Figures 1 and 2).



FIGURE 1 Posterior-anterior view of the chest showing interposition of a segment of the large colon between the liver and the diaphragm



JACEP OPEN

WILFY

FIGURE 2 Lateral view of the chest showing interposition of a segment of the large colon between the liver and the diaphragm

2 | DIAGNOSIS

2.1 | Chilaiditi syndrome

Chilaiditi sign describes the radiographic findings of interposition of a segment of large or small bowel between the liver and the diaphragm.

This is an open access article under the terms of the Creative Commons Attribution-NonCommercial-NoDerivs License, which permits use and distribution in any medium, provided the original work is properly cited, the use is non-commercial and no modifications or adaptations are made. © 2022 The Authors. JACEP Open published by Wiley Periodicals LLC on behalf of American College of Emergency Physicians.

Anatomic variations that lead to this condition include the absence or laxity of the suspensory ligaments of the transverse colon or falciform ligament. Chilaiditi sign is rare with an incidence of 0.025% to 0.28% and a male to female ratio of 4:1.¹ The diagnosis of Chilaiditi sign is made based on the following radiologic findings: the right hemidiaphragm is elevated above the liver by the intestine, the interposed bowel segment is distended by air mimicking pseudopneumoperitoneum, and the superior margin of the liver is depressed below the level of the left hemidiaphragm.² Chilaiditi sign may be misinterpreted as a diaphragmatic hernia or pneumoperitoneum, resulting in unnecessary surgical intervention.^{3,4} The presence of plicae circulares or haustral markings under the diaphragm can help rule out free intraperitoneal air.

Chilaiditi sign is typically asymptomatic and requires no intervention. Chilaiditi syndrome is the result of complications from Chilaiditi sign, manifesting as abdominal pain, vomiting, or constipation, although there are reports of respiratory symptoms and chest pain.³ Complications of the syndrome include internal herniation, colonic volvulus, bowel obstruction, and perforation.^{1,3,5}

ORCID

Molly Hartrich MD, MPH D https://orcid.org/0000-0001-6657-8110

REFERENCES

- 1. Kumar A, Mehta D. Chilaiditi Syndrome. Treasure Island, FL: StatsPearls; 2021.
- Lekkas CN, Lentino W. Symptom-producing interposition of the colon. Clinical syndrome in mentally deficient adults. JAMA. 1978;240(8):747-750.
- 3. Moaven O, Hodin RA. Chilaiditi syndrome: a rare entity with important differential diagnosis. *Gastroenterol Hepatol (NY)*. 2012;8(4):276-278.
- 4. Saber AA, Boros MJ. Chilaiditi's syndrome: what should every surgeon know? *Am Surg.* 2005;71(3):261-263.
- Aldoss IT, Abuzetun JY, Nusair M, et al. Chilaiditi syndrome complicated by cecal perforation. South Med J. 2009;102(8):841-843.

How to cite this article: Hartrich M, Eilbert W, Eisenberg A. Man with chest discomfort. *JACEP Open*. 2022;3:e12717. https://doi.org/10.1002/emp2.12717