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Thermosensitive Liposomes Encapsulating Nedaplatin and Picoplatin Demonstrate Enhanced Cytotoxicity against Breast Cancer Cells

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**ABSTRACT:** Thermosensitive liposomes (TSL) have been used for localized temperature-responsive release of chemotherapeutics into solid cancers, with a minimum of one invention currently in clinical trials (phase III). In this study, TSL was designed using a lipid blend comprising 1,2-dipalmitoyl-*sn*-glycero-3-phosphocholine (DPPC), 1,2-distearoyl-*sn*-glycero-3-phosphocholine (DSPC), cholesterol, and 1,2-distearoyl-*sn*-glycero-3-phosphoethanolamine-*N*-[maleimide(polyethylene glycol)-2000] (DSPE-PEG-2000) (molar ratio of 88:9:2.8:0.2). Either nedaplatin (ND) or *p*-sulfonatocalix[4] arene-nedaplatin was encapsulated in the aqueous inner layer of TSL to form (ND-TSL) or *p*-SC4-ND-TSL, respectively. The hydrophobic platinum-based drug picoplatin (P) was loaded into the external lipid bilayer of the TSL to develop P-TSL. The three nanosystems were studied in terms of size, PDI, surface charge, and on-shelf stability. Moreover, the entrapment efficiency (EE%) and release % at 37 and 40 °C were evaluated. In a 30 min in vitro release study, the maximum release of ND, *p*-SC4-ND, and picoplatin at 40 °C reached 74, 79, and 75%, respectively, compared to approximately 10% at 37 °C. This demonstrated temperature-triggered drug release from the TSL in all three developed systems. The designed TSL exhibited significant in vitro anticancer activity at 40 °C when tested on human mammary gland/breast adenocarcinoma cells (MDA-MB-231). The cytotoxicity of ND-TSL, *p*-SC4-ND-TSL, and P-TSL at 40 °C was approximately twice those observed at 37 °C. This study suggests that TSL is a promising nanoplatform for the temperature-triggered release of platinum-based drugs into cancer cells.

# INTRODUCTION

More than 50% of cancer patients treated with chemotherapeutics receive platinum-based drugs (PBDs).<sup>1</sup> The antitumor activity of cisplatin was first discovered unintentionally by Barnett Rosenberg in 1965, and was approved by the U.S. Food and Drug Administration in 1978.<sup>2</sup> Since its approval, several other PBDs have been developed, such as oxaliplatin,<sup>3</sup> carboplatin,<sup>4</sup> and satraplatin,<sup>5</sup> aiming to improve anticancer activity and reduce the systemic adverse effects of cisplatin. These include ND and P, with the former being a water-soluble second-generation platinum-based drug, with remarkable antineoplastic effects as compared to cisplatin in numerous clinical trials conducted on lung, neck, head, cervical, and testicular cancer<sup>6</sup> and has been approved for use in Japan since 1995. Picoplatin is designed to overcome intrinsic resistance caused by high levels of thiols in cancer cells and demonstrated anticancer activity when tested against colorectal, refractory prostate, ovarian, lung, and small and nonsmall cell lung cancers. Picoplatin is hydrophobic and hence shows significant bioavailability upon oral administration<sup>7</sup> and is currently in phase III clinical trials.<sup>3</sup> Systemic

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adverse effects, such as the potential risk of nephrotoxicity, present significant hurdles to the global acceptance of ND and picoplatin.

Through reformulation, considerable efforts have been made to improve chemotherapeutic drugs, including PBDs. These efforts aim to provide delivery systems that increase drug targeting and accumulation in cancer cells while reducing side effects. Such drug delivery systems may revive interest in chemotherapeutic drugs with limited acceptance such as ND and picoplatin.<sup>8</sup> Several nanoplatforms have been reported to accommodate chemotherapeutic agents such as polymeric nanocapsules, dendritic nanosystems, macromolecules, and nanovesicles (niosomes and liposomes).<sup>8,9</sup> Recently, supramolecular host molecules, including *p*-sulfonatocalix[4]arine (p-SC4), have exhibited a significant influence on the targeted delivery of chemotherapeutics.<sup>10</sup>P-SC4 is biodegradable, hydrophilic, and at doses up to  $10^5 \ \mu g/kg$  is compatible with human cells.<sup>10–12</sup> Considerable efforts have also been devoted to developing intelligent liposomal nanosystems that selectively release their cargo into cancer cells upon exposure to a particular stimulus, such as hyperthermia, ultrasound, or pH change.<sup>13-15</sup> Thermosensitive liposomes (TSL) have been used for the localized temperature-responsive release of chemotherapeutics into solid cancers. ThermoDox is a TSL loaded with doxorubicin (DOX) and comprised of 1,2dipalmitoyl-sn-glycero-3-phosphocholine (DPPC), 1-stearoyl-2-hydroxy-sn-glycero-3-phosphatidylcholine (MSPC), and N-(carbonylmethoxypolyethylene glycol2000)-1,2-distearoyl-snglycero-3-phosphoethanolamine (mPEG<sub>2000</sub>-DSPE) at a molar ratio of 86:10:4. ThermoDox has reached phase III clinical trials against hepatocellular carcinoma (HCC); however, it was declared unsuccessful in reaching its principal end point in terms of progression-free survival. The failure of this formulation might be attributed to the choice of chemotherapeutic drug, doxorubicin (DOX), which is known to have modest anticancer activity against HCC, as well as the scarcity of previous preclinical data on DOX against HCC.<sup>16</sup> We believe the formulations suggested here might have more successful due to the fact that ND and picoplatin are both typically more effective against breast cancer cells (MDA-MB-231). In addition, our liposomal formulations have shown better encapsulation capacity than ThermoDoX, which allows for more drug payload. Finally, our use of supramolecular complexing agents such as p-SC4 has shown a significant increase in overall anticancer activity, most likely due to the increased solubility of the complexes formed. Previous studies reported augmentation of the anticancer effects of chemotherapeutics when combined with local hyperthermia (39-41 °C).<sup>17</sup> This is achieved by increasing the accumulation of TSL loaded with drugs onto cancer cells by improving the permeability of the loaded drugs through loose cancer blood vessels.<sup>18,19'</sup> Also, when TSL is exposed to slight hyperthermia (39-42 °C), a phase transition of the liposomal lipid bilayer from a solid gel organized phase  $(L_{\beta})$  to a fluid scrambled stage  $(L_{\alpha})$  takes place. This increases the permeability of the liposomal membranes, enabling selectively triggered diffusion of the loaded drug.<sup>19-21</sup> Several studies have reported the temperature-responsive liposomal delivery of chemotherapeutic agents, including paclitaxel, DOX, cisplatin, and methotrexate.<sup>22-26</sup> Thermosensitive polymers, such as chitosan, gelatin, poly(N-isopropylacrylamide), and poly(N-vinylalkylamides), are also employed to create TSL. Thermosensitive polymers are water-soluble at body temperature, and upon

application of the triggering temperature, they are converted into a hydrophobic state. Consequently, disruption of the liposomal membranes occurs, leading to cargo release.<sup>2'</sup> Radiolabeled liposomes also show considerable potential for cancer therapy and diagnosis. The incorporation of  $\alpha$ - or  $\beta$ emitting radionuclides into liposomal lipid bilayers or their entrapment in liposomal inner aqueous cavities has been previously reported for their potential use in cancer therapy.<sup>31</sup>  $\beta$ -Emitters have been reported to allow much higher penetration into cancer tissues than  $\alpha$ -emitters.<sup>32</sup> Despite this fact,  $\alpha$ -emitters have been proven effective in inducing DNS double-strand breaks in different cancer cells, where significant cytotoxic activity against leukemia cells resistant to anticancer drugs and  $\beta$ -emitters has been reported.<sup>33–35</sup> The use of radionuclides is promising in cancer therapy and diagnosis; however, their in vivo behavior has not been thoroughly investigated.<sup>36</sup>

In this study, we reformulated some members of the newer generation PBDs, being ND and P (nedaplatin and picoplatin) using thermosensitive liposomes to revitalize interest in these promising chemotherapeutics by improving their anticancer activities while minimizing the off-target toxic effects. In this context, the first TSL formulations loaded with either ND, *p*-sulfonatocalix[4]arine-nedaplatin (*p*-SC4-ND) complex, or picoplatin were prepared. The physicochemical properties and entrapment efficiencies of these systems are presented. Controlled release of the drugs and improved cytotoxic activities in human mammary gland/breast adenocarcinoma cells (MDA-MB-231) were observed at physiological body temperature and at 40  $^{\circ}$ C.

## MATERIALS AND METHODS

**Materials.** 1,2-Dipalmitoyl-*sn*-glycero-3-phosphocholine (DPPC), 1,2-distearoyl-*sn*-glycero-3-hosphocholine (DSPC) (Lipoid GmbH, Germany), 1,2-distearoyl-*sn*-glycero-3-phosphoe-thanolamine-*N*-[maleimide(polyethylene glycol)-2000] (ammonium salt) (DSPE-PEG-2000), and cholesterol were obtained from Avanti Polar Lipids, Inc., USA. Polycarbonate membranes were obtained from Nuclepore (Whatman, United Kingdom). ND and picoplatin were purchased from BIOZOL Diagnostica Vertrieb GmbH, Germany, and Abcam, Germany, respectively. *p*-SC4 was purchased from Sigma-Aldrich (Germany). All other analytical-grade chemicals were obtained from AppliChem GmbH (Darmstadt, Germany) and Sigma-Aldrich (Germany).

**Preparation of Stealth Thermosensitive Liposomes (TSL)**. *Drug Solutions*. A  $4.3 \times 10^{-3}$  M solution of *p*-SC4-ND was prepared in a molar ratio of 1:1 in  $20 \times 10^{-3}$  M HEPES buffer (pH 7.4), according to our previously reported method.<sup>37</sup>

Lipid Composition. The lipid composition is a critical factor in designing optimal thermosensitive liposomes. Temperatureresponsive release of the loaded drugs improves their efficiency while minimizing their potential adverse effects on healthy cells.<sup>22</sup> The liposomal lipid bilayer undergoes structural deformations at temperatures equal to or lower than the melting phase transition temperature ( $T_m$ ) of lipids and hence controls the release of loaded drugs outside the TSL membranes at the target organ.<sup>22</sup> DPPC has a  $T_m$  of approximately 41 °C that is marginally higher than average body temperature; hence, it is utilized in designing TSL systems. However, DPPC was reported to obstruct drug release at the site of action and may lead to instability of



Figure 1. Schematic diagram summarizing the steps employed in preparing (A) ND-TSL, (B) p-SC4-ND-TSL, and (C) P-TSL.

liposomal membranes.<sup>38</sup> Thus, in this study, DSPC, cholesterol, and DSPE-PEG-2000 were also used with DPPC at predetermined molar ratios to overcome the shortcomings of DPPC and improve the physicochemical properties of TSL. In this regard, DSPC with a  $T_{\rm m}$  = 55 °C was used to prevent premature drug leakage at physiological body temperature.<sup>22</sup> Cholesterol is involved in improving liposomal membrane stability and reducing drug diffusion across the lipid bilayer.<sup>39</sup> In addition, DSPE-PEG-2000 was included to extend the residence time of the liposomes in systemic circulation by decreasing liposomal uptake by the reticuloendothelial system by generating steric hindrance around the liposomal membranes. DSPE-PEG-2000 was also reported to improve drug diffusion at the tumor site when exposed to local hyperthermia.<sup>40,41</sup>

In this study, TSL formulations were loaded with either ND, *p*-SC4-ND-TSL, or picoplatin to study the effect of this liposomal system on improving the cytotoxic activity of different PBDs. Either ND or *p*-SC4-ND-TSL was encapsulated in the aqueous inner layer of TSL to form ND-TSL or *p*-SC4-ND-TSL, respectively. The hydrophobic PBD picoplatin was loaded into the external lipid bilayer of the TSL to develop P-TSL. The physicochemical properties, entrapment efficiency, in vitro release, and cytotoxicity of the three systems were studied.

Preparation of ND-TSL and p-SC4-ND-TSL. ND-TSL and p-SC4-ND-TSL were produced using the thin-film hydration technique followed by extrusion as described elsewhere<sup>42-45</sup> with some modifications (Figure 1, panels A and B). Briefly, a

lipid mixture comprising DPPC, DSPC, cholesterol, and DSPE-PEG-2000 was utilized in a molar ratio of 88:9:2.8:0.2, which is considered optimal for fabricating efficient TSL, and dissolved in a methanol/chloroform mixture (1:2, v/v). The obtained solutions were evaporated under reduced pressure for 1 h at 50 °C, which is close to the lipid transition temperature,  $T_{\rm m}$ , employing a Laborota 4000 rotary evaporator (Heidolph Instruments, Schwabach, Germany) equipped with a vacuum pump (KNF Neuberger GmbH, Freiburg, Germany), to form a thin lipid film. The produced thin film was hydrated using a  $20 \times 10^{-3}$  M HEPES buffer (pH 7.4) containing either 2 mg/mL ND or *p*-SC4-ND solution in a rotary evaporator under normal pressure for 1 h at 50 °C to reach a final TSL concentration of 10 mg/mL. The obtained suspensions (multilamellar liposomes) were sonicated for 2 min using a bath sonicator (Elmasonic P30 H, Elma Hans Schmidbauer, Singen, Germany) and then were extruded through a 100 nm pore size polycarbonate membrane for 15 cycles at 50 °C (AvantiMini-Extruder (Avanti Polar Lipids, Inc., USA) to generate monodispersed liposomes. Unentrapped ND and p-SC4-ND were removed via size-exclusion chromatography as described below. The same procedure was employed to prepare void liposomes, where 20 mM HEPES buffer (pH 7.4) were used instead of ND and p-SC4-ND solutions. The prepared thermosensitive liposomes were stored at 4 °C until further studies.

*Preparation of P-TSL*. The design of the P-TSL followed the same protocol as described above (see Figure 1, panel C). However, 0.2 mg/mL picoplatin was dissolved in methanol

formula	hydrodynamic diameter (nm)	PDI	$\zeta$ -potential (mV) ± SD	entrapment efficiency (%) $\pm$ SD
void TSL	$114.39 \pm 0.94$	$0.09 \pm 0.03$	$-3.86 \pm 0.70$	
ND-TSL	$112.84 \pm 2.14$	$0.15 \pm 0.04$	$-3.68 \pm 0.59$	$74.19 \pm 0.49$
p-SC4-ND TSL	$122.93 \pm 1.96$	$0.16 \pm 0.01$	$-15.46 \pm 0.37$	$91.32 \pm 0.63$
P-TSL	$120.73 \pm 1.33$	$0.18 \pm 0.02$	$-5.11 \pm 0.15$	$95.75 \pm 0.49$

Table 1. Hydrodynamic Diameter, PDI, ζ-Potential, and Entrapment Efficiency of Void TSL, ND-TSL, *p*-SC4-ND-TSL, and P-TSL

(2% of the total lipid concentration) before its addition to the lipid mixture,<sup>46</sup> and the hydration step was performed using 20  $\times 10^{-3}$  M HEPES buffer (pH 7.4), to obtain a final concentration of TSL of 10 mg/mL. The hydrophobic drug picoplatin has been reported to be incorporated within liposomal bilayers by binding to their hydrophobic tails.<sup>47</sup>

Determination of Average Particle Size, Polydispersity Index (PDI), and Zeta-Potential. The different average particle size of the liposomal systems, PDIs, and zeta potentials were studied using dynamic scattering employing Zetasizer Nano ZS (Malvern Instruments Herrenberg, Germany) at 25 °C.<sup>48</sup>

**Entrapment Efficiency.** The Entrapment Efficiency of ND-TSL and p-SC4-ND TSL. Size-exclusion chromatography was used to separate free ND and p-SC4-ND from previously reported liposomal formulations, with slight modifications.<sup>49</sup> A Sephadex filled chromatographic column C10/20 G-25 Superfine (Amersham Biosciences, Sweden) was used in this study. Each liposomal formulation (500  $\mu$ L) was separated from the unloaded drug by using isotonic HEPES (pH 7.4) as the eluent. The ND and p-SC4-ND concentrations were spectrophotometrically quantified at 283 nm using a UV/vis spectrophotometer-1240 mini, SHIMADZU after hydrolyzing the liposomes with Triton X-100 (10% w/v).

Entrapment Efficiency of P-TSL. To determine the entrapment efficiency, EE, of P-TSL, 500  $\mu$ L of P-TSL formulation was centrifuged for 2 h at 14,000 rpm using an Eppendorf Centrifuge 5418 (Eppendorf GmbH, Wesseling-Berzdorf, Germany). The obtained residue was diluted in 300  $\mu$ L of methanol and 300  $\mu$ L of HEPES buffer (pH 7.4), and 300  $\mu$ L of the supernatant was diluted with 300  $\mu$ L of methanol.<sup>50</sup> The concentration of picoplatin in both samples was determined spectrophotometrically at 291 nm.

Calculating the Entrapment Efficiency of TSL Systems. The entrapment efficiencies were computed using eq 1, as follows:

entrapment efficiency% = 
$$\frac{\text{total amount of drug entrapped}}{\text{total amount of drug}} \times 100$$
(1)

Morphology. Surface analysis of the prepared TSL formulations, diluted 1:10 with deionized water, was carried out using atomic force microscopy (AFM) utilizing a Nanowizard 3 Nanoscience AFM (JPK Instruments, Berlin, Germany) in intermittent contact mode with an aluminum-coated silicon nitride probe (HQ: NSC14/Al BS,  $\mu$ masch, Tallinn, Estonia) at scan rates between 0.5 and 1 Hz.<sup>51</sup> The JPKSPM data processing software (JPK Instruments) was used to process the generated raw images.

In Vitro Temperature-Triggered Drug Release from TSL. The % drug released was evaluated at 37 and 40 °C, respectively. Briefly, 500  $\mu$ L of each formulation was inserted into seperate 2 mL Eppendorf tubes and heated in a water bath at 37 and 40 °C, respectively, for predetermined time intervals, ranging from 0 to 30 min. At each time interval, the tubes were removed and immediately centrifuged using an Eppendorf centrifuge 5418 (Eppendorf GmbH, Wesseling-Berzdorf, Germany).<sup>45</sup> The drug concentration for each liposomal formulation was determined spectrophotometrically as described previously.

The % release of ND, *p*-SC4-ND, and picoplatin was determined using eq 2.

 $\% \text{ release} = \frac{\text{amount of drug released at specific temperature}}{\text{total amount of drug entrapped in TSL}}$ 

× 100 (2)

Effect of Storage on the TSL Systems. The effect of storage on the TSL systems was evaluated where their average particle sizes and PDIs were measured after 1, 7, 14, 21, and 28 days of storage at  $4 \, {}^{\circ}C.^{52}$ 

*Cell Culture.* Human mammary gland/breast adenocarcinoma cells (MDA-MB-231) derived from metastatic sites were obtained from the American Type Culture Collection (ATCC, Manassas, VA). MDA-MB-231 cells were cultivated at 37 °C and 7% CO<sub>2</sub> under humid conditions in Dulbecco's modified Eagle's medium supplemented with 10% fetal bovine serum, exposed to  $\gamma$  irradiation (Capricorn Scientific, Ebsdorfergrund, Germany). Cells were grown as monolayers and passaged upon reaching 80–90% confluence.

Cytotoxicity Assay of ND-TSL, p-SC4-ND-TSL, and P-TSL Systems. To investigate the in vitro antineoplastic activity of void TSL, p-SC4, ND-TSL, p-SC4-ND-TSL, P-TSL, and free ND, MDA-MB-231 cells were exposed to varying concentrations of loaded liposomal systems, free drug solutions, void liposomes, and p-SC4 solutions in triplicate. The viability of MDA-MB-231 cells was evaluated via MTT assay at 37 and 40 °C using our previously reported method.<sup>30</sup>

Statistical Analysis. All experiments were performed in triplicate, and the results are expressed as mean  $\pm$  standard deviation. A two-tailed *t*-test was performed, and statistical significance was set at p < 0.05.

### RESULTS AND DISCUSSION

**Particle Size, Polydispersity Index (PDI), ζ-Potential, And Entrapment Efficiency.** The average particle size and PDI of the TSL systems were determined by dynamic light scattering. Table 1 shows that the average particle size of ND-TSL was close to that of the void liposomes at 112.84 ± 2.14 nm (PDI = 0.155 ± 0.039). The average sizes of *p*-SC4-ND-TSL and P-TSL were 122.93 ± 1.96 nm (PDI = 0.16 ± 0.01) and 120.73 nm ± 1.33 nm (PDI = 0.18 ± 0.02), respectively. The incorporation of either the *p*-SC4-ND complex inside the aqueous inner layer of liposomes or the of picoplatin in the outer lipid bilayer was accompanied by an increase in the average particle size. These results are in line with those of previously reported studies.<sup>40,46</sup> The presented data also suggested the formation of monodispersed unilamellar liposomes with sizes of 112–123 nm for all formulations



Figure 2. AFM images of (A) ND-TSL, (B) p-SC4-ND-TSL, and (C) P-TSL show near spherical shapes for all liposomal systems.



Figure 3. In vitro temperature-triggered drug release at 37 and 40 °C for (A) ND-TSL, (B) p-SC4-ND-TSL, and (C) P-TSL.

produced here. As illustrated in Figure 2 all liposomal formulations showed spherical shapes and homogeneous size distribution. The size of the TSL, together with its lipid composition, play an essential role in controlling drug release. TSL formulations with average sizes ranging from 50 to 200 nm were previously reported to be ideal for temperature-triggered cancer therapy and the bioavailability of encapsulated drugs.<sup>22,41</sup> Liposomal membrane permeability is increased by decreasing the membrane size owing to the high membrane curvatures, which typically leads to more structural defects.<sup>41</sup>

The zeta potential of the liposomal system was measured by laser Doppler velocimetry. As presented in Table 1, the  $\zeta$ potential values for void liposomes, ND-TSL, and P-TSL bear a lower negative charge at  $-13.86 \pm 0.70$ ,  $-10.31 \pm 4.01$ , and  $-5.11 \pm 0.15$  mV, respectively relative to  $-16.03 \pm 1.15$  mV for*p*-SC4-ND-TSL. This was attributed to the presence of *p*-SC4 in the complex, which has a highly negative charge.<sup>40</sup> The negative charge on all systems imparts high stability. The lipid composition also contributes to liposomal stability, thus cholesterol has been used to improve TSL stability and reduce drug permeability across the lipid bilayer.<sup>39</sup>

As shown in the entrapment studies summarized in Table 1, the entrapment efficiency of p-SC4-ND-TSL was higher than that of ND-TSL. This is partially because p-SC4 has a high hydrophobic interior cavity and significantly higher hydrophilicity and stability upon forming inclusion complexes with ND. These factors partially favor the entrapment of p-SC4 into the aqueous core of the TSL, hence the higher EE% which include encapsulated and surface-immobilized drugs. The formation of the inclusion complexes (between p-SC4 and ND) may also significantly reduce the leakage of ND outside the liposomal membranes, which results in the observed higher EE%.<sup>37,40,53</sup> The interactions between ND, ND-TSL, or p-SC4-ND and lipid membranes are not well investigated and may include electrostatic attraction, hydrogen bonding, chargeassisted hydrogen bonding, and electron-donor-acceptor interactions. The high EE% of ND in both ND-TSL and p-SC4-ND TSL is possibly partially attributed to the electrostatic interactions between the cationic aquated ND species, formed by the aquation of ND in solution, and the anionic liposomal system. Previous studies reported the critical role of such electrostatic interactions in binding the cationic drugs with negatively charged liposomal surface.<sup>54</sup> Moreover, the presence of DSPC,  $T_{\rm m}$  = 55 °C, and cholesterol in the TSL most likely hindered the premature drug leakage across the lipid bilayer and enhanced the liposomal membrane stability under physiological temperature.<sup>39</sup> The entrapment efficiency of P-TSL (>95%) was higher than that of ND-TSL and *p*-SC4-ND-TSL, which is consistent with previous studies.<sup>47</sup> This is because of the hydrophobic nature of picoplatin, which stimulates its interaction with the phospholipid bilayer via hydrophobic interactions.<sup>5</sup>

In Vitro Temperature-Triggered Drug Release from TSL. The release patterns of ND from ND-TSL and *p*-SC4-ND-TSL as well as of picoplatin from P-TSL, all at 37 and 40 °C are shown in Figure 3 (panels A, B, and C, respectively). At 37 °C, being below the lipid  $T_{\rm m}$ , only 10% of ND, *p*-SC4-ND, and picoplatin were released within 30 min from the TSL systems. On the other hand, at 40 °C, the maximum release of ND, *p*-SC4-ND, and picoplatin at 30 min were 74, 79, and 75%, respectively. Thus, the release of the drugs was accelerated significantly when the temperature was increased

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Figure 4. Average size and PDI of ND-TSL, p-SC4-ND-TSL, and P-TSL after 7, 14, 21, and 28 days at 4 °C.



Figure 5. Assessing cytotoxicity of ND-TSL and free ND at various concentrations  $(12.5-36.5 \ \mu g/mL)$  utilizing MTT assay and MDA-MB-231 cells at (A) 37 °C and (B) 40 °C for 24 h. An overall statistically significant decrease in cell viability was observed with ND-TSL compared to ND. Untreated cells were used as negative control and considered as 100%. All experiments were carried out in triplicate, and the mean values were calculated. Error bars represent ± standard deviation.

to 40 °C, being above the lipid  $T_{\rm m}$ . These values align with our previous study that reported the ability of TSL to release more than 40% of its content in 30 min at 40 °C.<sup>56</sup> At this temperature, the lipid bilayer is transformed from the solid gel assembled phase to a liquid disassembled phase, increasing the liposomal lipid bilayer permeability and fluidity. This leads to the temperature-triggered release of the loaded hydrophilic and hydrophobic drugs.<sup>57</sup> Additionally, DSPE-PEG-2000 enhanced drug diffusion upon exposure to local hyperthermia.<sup>40,41</sup>

**Storage Study.** Figure 4 shows that all three systems did not significantly increase in size or PDI within the test period. The sizes of ND-TSL, *p*-SC4-ND-TSL, and P-TSL were observed to increase, compared to their initial sizes, by about 15, 35, and 4 nm, respectively. These size increases are modest for ND-TSL and *p*-SC4-ND-TSL and nearly negligible for the

P-TSL formulation. This may be attributed to a greater amount of surface-immobilized ND in the first two formulations relative to the corresponding surface-immobilized picoplatin in the P-TSL formulation. Surface-immobilized drugs may, in turn, interact with the water molecules in the solvent, thus increasing the effective hydrodynamic sizes as measured by dynamic light scattering. Picoplatin, on the other hand, is well settled inside the lipid bilayer due to its hydrophobic nature and its formulations has shown insignificant size changes. These findings show acceptable stability of the prepared TSL upon storage for up to 28 days.

**Cytotoxicity Assay.** ND-TSL and p-SC4-ND-TSL. The cytotoxic effects of ND compared to void TSL, p-SC4, ND-TSL, and p-SC4-ND-TSL were examined individually against MDA-MB-231 cells using MTT assay at 37 and 40 °C. Void



**Figure 6.** Assessing cytotoxicity of *p*-SC4-ND-TSL and free ND at various concentrations ( $12.5-36.5 \mu g/mL$ ) using MTT assay and MDA-MB-231 cells at (A) 37 and (B) 40 °C for 24 h. An overall statistically significant decrease in cell viability was observed with *p*-SC4-ND-TSL compared to ND. Untreated cells were used as the negative control and considered as 100%. All experiments were conducted in triplicate, and the mean values were calculated. Error bars represent ± standard deviation.



**Figure 7.** Assessing cytotoxicity of P-TSL and free P at various concentrations (4 to 14  $\mu$ g/mL) utilizing MTT assay and MDA-MB-231 cells at (A) 37 °C and (B) 40 °C for 24 h. An overall statistically significant decrease in cell viability was observed with P-TSL compared to P. Untreated cells were used as the negative control and considered as 100%. All experiments were conducted in triplicate, and the mean values were calculated. Error bars represent ± standard deviation.

liposomes and *p*-SC4 were used as vehicle control and showed no significant decrease in cell viability (Figure S1). Figures 5 and 6 demonstrate the significance of triggering mild local hyperthermia in increasing the cytotoxic effects of both systems. Panels A in Figure 5 and Figure 6 show that, at 37 °C, the cytotoxicity of free ND is higher than ND-TSL and *p*-SC4-ND-TSL at all concentrations from 12.5–36.5  $\mu$ g/mL. This strongly suggests that the TSL did not release its content at this physiological temperature. However, it was shown that the cytotoxicity of ND-TSL and *p*-SC4-ND-TSL at 40 °C were approximately twice that observed at 37 °C. This is likely due to the TSL releasing its content at that temperature, above the  $T_m$  of the lipids, as presented in panel B in Figures 5 and 6<sup>58</sup>.

Figure 5 (panel B) shows the cytotoxicity of the thermosensitive liposomal formulation ND-TSL at 12.5  $\mu$ g/mL, being the lowest concentration tested, at 40 °C was nearly twice that of an equivalent concentration of the free drug. Cell

viability decreased as the concentrations of either the thermosensitive liposomal formulation or free drug increased, reaching 32.5 and 33.7%, respectively, at a maximum concentration of 36.5  $\mu$ g/mL. Encapsulation of ND in TSL also permitted the anticancer effect of the drug to be exerted at a lower concentration than that of the free drug. These findings support previous studies showing the ability of liposomes to augment the cytotoxic activity of encapsulated anticancer drugs.<sup>59</sup>

The hybrid *p*-SC4-ND-TSL exhibited a notable cytotoxic activity compared to free ND and ND-TSL at 40 °C (Figure 6, panel B). The cytotoxicity of *p*-SC4-ND-TSL at 12.5  $\mu$ g/mL, the lowest concentration tested, was nearly twice that of an equivalent free drug concentration and 1.5-fold higher than that of ND-TSL. The cell viability decreased as the concentrations of either the hybrid system or free drug increased, reaching 27.3 and 33.2%, respectively at the

maximum concentration of 36.5  $\mu$ g/mL. The increased anticancer activity of the hybrid p-SC4-ND system compared to that of free ND and ND-TSL may be partially attributed to the enhanced water solubility of ND upon complexation with p-SC4, thereby improving its bioavailability.<sup>37,60,61</sup> Selective release of ND from p-SC4 in a controlled manner in a typical acidic extracellular fluid of cancer cells is consistent with previous reports.<sup>62</sup> The observed cytotoxic activity of *p*-SC4-ND-TSL at a concentration of 12.5  $\mu$ g/mL was nearly the same as that of the free drug at a concentration of 36.5  $\mu$ g/mL, suggesting that the designed novel hybrid system can be used to reduce the therapeutic dose of ND and its systemic adverse effects. Notably, incorporating ND into the p-SC4 host molecule or thermosensitive liposomes loaded with these complexes remarkably enhanced their anticancer activity. However, loading the p-SC4-ND complexes inside liposomes led to an additional increase in the anticancer effect compared with free ND.

*P-TSL*. The antineoplastic activity of picoplatin compared to P-TSL was studied individually against MDA-MB-231 cells using MTT assay at 37 and 40 °C. Figure 7 shows the effect of the triggering temperature on enhancing the anticancer activity of the P-TSL formulation. Figure 7 (panel A) shows that at 37 °C the cytotoxicity of free picoplatin was higher than P-TSL at all tested concentrations (4–14  $\mu$ g/mL). This is most likely because TSLs do not release their content at this temperature. However, it was shown that the cytotoxicity of P-TSL at 40 °C was approximately twice that at 37 °C. This is possibly because TSL releases its content at 40  $^{\circ}$ C, a temperature above the  $T_{\rm m}$ of the lipids, as shown in Figure 7 (panel B). The cytotoxicity of the thermosensitive liposomal formulation at 4  $\mu$ g/mL, which was the lowest concentration tested, was nearly twice that of the equivalent concentration of the free drug. The cell viabilities decreased as the concentrations of either the TSL formulation or free drug increased, reaching 27.6 and 41.7%, respectively, at a maximum concentration of 14  $\mu$ g/mL.

PBDs, including nedaplatin and picoplatin, exert their anticancer activity by first being bioactivated intracellularly through the aquation step forming highly activated cationic platinum species.<sup>63,64</sup> These activated species exert their cytotoxic actions by binding the cancerous cells' DNA forming thermodynamically stable platinum-DNA adducts that collapse the DNA structure via unwinding, bending, and destabilizing the DNA double helix. On the other hand, these cationic species are highly reactive toward healthy cells and blood components, leading to several undesired toxic side effects.<sup>63,64</sup> Thus, in this work, we engineered the first reported triggerable thermosensitive liposomal nanoplatforms that can release PBDs at the target tumor cells in response to local mild hyperthermia.

As compared to individual chemotherapy, several studies reported synergistic anticancer effects when using local hyperthermia in combination with chemotherapeutics.<sup>65,66</sup> The combination of local hyperthermia with TSL loaded with PBD is reported to enhance the anticancer activity via accumulation into the cancer cells through the enhanced permeability and retention effect. In addition, TSL increases the intravascular selective drug release at the tumor site upon exposure to a temperature above the  $T_{\rm m}$  of the lipids.<sup>66</sup> Furthermore, local hyperthermia has direct cytotoxic effects on tumor cells via stimulating apoptotic pathways and interfering with DNA repair mechanisms. Additionally, it was found that the cancer cells are more vulnerable to the cytotoxic effects of

local hyperthermia than healthy cells because they are more stressed by the acidic environment, hypoxia, and lack of nutrients and hence will be more susceptible to the additional hyperthermia stress.<sup>66</sup>

### CONCLUSIONS

In the present study, we engineered and characterized novel thermosensitive liposomes loaded with two members of the newer generation of PBDs . All systems produced here, showed good physicochemical properties and entrapment efficiency. The in vitro temperature-triggered drug release investigations of the prepared TSL have shown a significant increase in their release of their cargo upon reaching a temperature of 40 °C. Additionally, anticancer evaluation of TSL encapsulating ND, *p*-SC4-ND, or P demonstrated significantly higher cytotoxicity than the corresponding free drugs. This may reduce the offtarget toxicity of platinum-based drugs under normal physiological conditions. Thus, we developed PBD delivery systems that selectively reach cancer cells, the fabricated thermosensitive liposomal nanoplatforms can protect the loaded PBDs from nonintended side reactions, which cause their deactivation while simultaneously increasing their targeting to the site of action. Thus, thermosensensitive liposomes loaded with PBDs and combined with local hyperthermia represent a promising approach for treating breast cancer.

### ASSOCIATED CONTENT

### **Supporting Information**

The Supporting Information is available free of charge at https://pubs.acs.org/doi/10.1021/acsomega.2c04525.

Average cell viability of MDA-MB-231 cells at 37 and 40 °C after treatment with void thermosensitive liposomes and *p*-SC4 for all runs for 24 h (Figure S1) (PDF)

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### Notes

The authors declare no competing financial interest.

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# ABBREVIATIONS

PBDs	platinum-based drugs
ND	nedaplatin
p-SC4	<i>p</i> -sulfonatocalix[4]arene
TSL	thermosensitive liposomes
p-SC4-ND	<i>p</i> -sulfonatocalix[4]arene-nedaplatin
DPPC	1,2-dipalmitoyl-sn-glycero-3-phosphocho
	line
DSPC	1,2-distearoyl-sn-glycero-3-phosphocholine
DSPE-PEG-2000	1,2-distearoyl-sn-glycero-3-phosphoethanol
	amine-N-[maleimide(polyethylene glycol)
	2000] (ammonium salt)
p-SC4-ND-TSL	<i>p</i> -sulfonatocalix[4]arine-nedaplatin TSL
Tm	melting phase transition temperature
Chol	cholesterol
ND-TSL	nedaplatin TSL
<i>p</i> -SC4-ND-TSL	<i>p</i> -sulfonatocalix[4]arine-nedaplatin TSL
P-TSL	picoplatin TSL
PDI	polydispersity index
SEC	size exclusion chromatography
AFM	atomic force microscopy

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