

RESEARCH ARTICLE

Aggregation of A $\beta_{40/42}$ chains in the presence of cyclic neuropeptides investigated by molecular dynamics simulations

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Abstract

Alzheimer's disease is associated with the formation of toxic aggregates of amyloid beta (A β) peptides. Despite tremendous efforts, our understanding of the molecular mechanisms of aggregation, as well as cofactors that might influence it, remains incomplete. The small cyclic neuropeptide somatostatin-14 (SST₁₄) was recently found to be the most selectively enriched protein in human frontal lobe extracts that binds A β_{42} aggregates. Furthermore, SST₁₄'s presence was also found to promote the formation of toxic A β_{42} oligomers *in vitro*. In order to elucidate how SST₁₄ influences the onset of A β oligomerization, we performed all-atom molecular dynamics simulations of model mixtures of A β_{42} or A β_{40} peptides with SST₁₄ molecules and analyzed the structure and dynamics of early-stage aggregates. For comparison we also analyzed the aggregation of A β_{42} in the presence of arginine vasopressin (AVP), a different cyclic neuropeptide. We observed the formation of self-assembled aggregates containing the A β chains and small cyclic peptides in all mixtures of A β_{42} -SST₁₄, A β_{42} -AVP, and A β_{40} -SST₁₄. The A β_{42} -SST₁₄ mixtures were found to develop compact, dynamically stable, but small aggregates with the highest exposure of hydrophobic residues to the solvent. Differences in the morphology and dynamics of aggregates that comprise SST₁₄ or AVP appear to reflect distinct (1) regions of the A β chains they interact with; (2) propensities to engage in hydrogen bonds with A β peptides; and (3) solvent exposures of hydrophilic and hydrophobic groups. The presence of SST₁₄ was found to impede aggregation in the A β_{42} -SST₁₄ system despite a high hydrophobicity, producing a stronger "sticky surface" effect in the aggregates at the onset of A β_{42} -SST₁₄ oligomerization.

Author summary

Improper folding of proteins causes disorders known as protein misfolding diseases. Under normal conditions most proteins adopt particular folds, which allow them

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functioning properly. However, for reasons that are not yet fully understood, proteins may misfold and aggregate, forming deposits known as amyloid fibrils, which accumulate in the brain or other tissues. This process affects functioning of the nervous system, gradually causing loss of cognitive abilities. Alzheimer's disease is one of the most common diseases from this group. A better understanding of the aggregation of peptides implicated in Alzheimer's disease, known as amyloid beta (A β) peptides, may facilitate the development of treatments that ameliorate or prevent the disease. We use detailed molecular dynamics simulations to investigate the influence of somatostatin-14 (SST₁₄), a cyclic neuropeptide that might be involved in the amyloidogenic aggregation of A β , on molecular processes occurring at the onset of A β aggregation. Results of these simulations explain how the presence of SST₁₄ might alter pathways of aggregation of A β , shedding light upon the possible role of extrinsic factors in the aggregation at a molecular level.

Introduction

Alzheimer's disease (AD) is one of the most devastating neurodegenerative disorders of our time due to its high prevalence in the aging population, the challenges of early diagnosis and the lack of efficient therapeutics. AD is associated with the misfolding and formation of toxic aggregates of the amyloid β (A β) peptide [1,2]. It is believed that misfolding in spontaneously formed aggregates of A β chains eventually leads to a cascade of self-replicating misfolding events producing β -sheet rich amyloid deposits in the brain. However, mounting evidence suggests that relatively small prefibrillary oligomers rather than mature amyloid fibrils may be the primary toxic assemblies underlying the pathogenesis of the disease [2,3]. Insights into the molecular mechanisms of misfolding and aggregation, as well as co-factors that might influence these processes, remain incomplete.

Contributing to this status quo is a high level of heterogeneity in regards to both the building blocks and the architecture of early oligomeric assemblies. First, the A β peptide itself exists in multiple alloforms. A β ₄₂ comprises two C-terminal residues, I41 and A42, not present in A β ₄₀. Although the A β ₄₀ variant is more abundant than A β ₄₂, the latter is believed to be more pathogenic, primarily on the grounds of a relative increase in A β ₄₂ in the brain of AD patients, and higher rates of fibrillization *in-vitro* [4–6]. Second, A β oligomers are an ensemble of highly dynamic assemblies [7,8]. Experiments indicate that the initial small aggregates tend to adopt a largely unstructured morphology [9–11]. Quaternary structures without pronounced alignments of peptide chains were also predicted by molecular dynamics (MD) simulations for dimers of A β ₄₀ and A β ₄₂ [12–14] and larger multimeric A β aggregates [15,16]. Characterizations by a variety of biophysical methods *in vitro* suggest that initially unstructured oligomers may either undergo a transition into more ordered β -sheet-rich conformations, or mediate formation of β -sheet-rich assemblies [9–12]. However, the majority of early non-fibrillary aggregates dissociate into monomers rather than convert into fibrils [7,8], albeit they are potentially toxic [8,11]. Neither the detailed molecular mechanisms of aggregation, nor the accompanying misfolding or the specific structures and morphologies of the various non-fibrillary and pre-fibrillary assemblies are sufficiently understood. On theoretical grounds, it has been inferred that the aggregation process is driven by a competition of hydrophobic collapse and hydrogen bonding, with the former favoring unstructured conformations, and the latter giving rise to β -sheets [17–19]. The toxicity of non-fibrillary and pre-fibrillary oligomeric assemblies has been hypothetically linked to the exposure of hydrophobic groups and unpaired β -strands at their surfaces [9,20], often referred to as a “sticky surface” effect. Recent modeling

studies [21,22] indicate that accumulation of subtle structural perturbations of early aggregates at the onset of the oligomerization process may result in distinct aggregation pathways at later, more advanced stages of A β oligomerization. Altogether, both experimental and theoretical evidence suggests that molecular events occurring early in the process of aggregation play a key role in determining both the structure and toxicity of A β oligomers [14].

The potential role of extrinsic factors in the aggregation and amyloidogenic conversion is a relatively under-explored aspect of immense importance for both the basic understanding of the aggregation process and the rational design of therapeutic strategies [23,24]. In particular, toxic A β *56 complexes have been hypothesized to require unknown cofactors for their assembly [25]. The cyclic neuropeptide somatostatin-14 (SST₁₄) was reported to promote the proteolytic degradation of A β through neprilysin induction [26]. The level of SST₁₄ in the brain decreases with ageing [26] and an accelerated decline is found in AD patients [27], potentially leading to an increase in steady-state A β levels. Recent experiments indicate that the cyclic neuropeptide somatostatin-14 (SST₁₄) is the most selectively enriched peptide in human frontal lobe extracts that binds oligomeric A β ₄₂ aggregates [28]. Moreover, SST₁₄'s presence was found to inhibit fibrillization of A β ₄₂ *in vitro*, while promoting formation of smaller oligomers, reminiscent of toxic A β *56 complexes [28,29]. Interestingly, A β ₄₂ but not A β ₄₀ peptides were prone to delayed fibrillization under the influence of SST₁₄. This effect was also not observed upon replacement of SST₁₄ with other cyclic neuropeptides, such as arginine vasopressin (AVP) [29]. Another recent biochemical study [30] investigated binding of SST₁₄ to a specific membrane-associated A β ₄₂ tetramer, termed β PFO_{A β (1-42)}. This report validated the ability of SST₁₄ to selectively interact only with oligomeric assemblies of A β ₄₂. Consistent with previous data gathered with soluble A β ₄₂ oligomers [29], the authors reported that the binding interface between SST₁₄ with β PFO_{A β (1-42)} may involve a central tryptophan (W8) within SST₁₄. Whereas prior experiments [29] with soluble A β ₄₂ oligomers had pointed toward a contribution of the N-terminal half to the SST₁₄ binding, the interactions with the membrane-associated β PFO_{A β (1-42)} oligomer seems to primarily rely on residues 18–20 within the C-terminal half of A β ₄₂. Although at first glance these results may seem contradictory, the N-terminal half of A β ₄₂ is required for the formation of β PFO_{A β (1-42)}, an observation that would have precluded the ability to detect binding of SST₁₄ in assays that relied on truncated A β ₁₈₋₄₂ in prior binding studies. Both studies agreed that binding occurs predominantly to A β ₄₂ oligomers and is not observed with oligomers formed from A β ₄₀. Because analyses of [30] were restricted to a highly purified membrane-associated β PFO_{A β (1-42)}, it remains unclear whether an alternative binding pose or binding stoichiometry would be available in soluble A β ₄₂ oligomers. Consistent with such a scenario, the binding constant for binding of SST₁₄ to β PFO_{A β (1-42)} was approximately threefold higher than the previously observed K_d for binding of SST₁₄ to soluble A β ₄₂ oligomers.

In order to elucidate how SST₁₄ might influence the onset of A β oligomerization, we have performed all-atom molecular dynamics (MD) simulations of model systems containing mixtures of A β ₄₂ or A β ₄₀ monomeric peptides and SST₁₄ molecules in explicit water. We also performed similar simulations for mixtures of A β ₄₂ peptides and AVP molecules as negative controls. We investigated early stages of aggregation in each system, and analyzed the structure and dynamics of the early self-assembled aggregates. For this purpose, we combined well-established structural analysis tools with a novel essential collective dynamics (ECD) method developed in our group [14,16], which allows to accurately identify persistent correlations of motion (dynamics) in a molecule or supramolecular system without exhaustive conformational sampling, based on an original fundamental concept [31,32]. The method allows analyzing dynamics correlations between selected pairs of atoms; characterising main-chain flexibilities; and identifying domains of correlated motion within the same framework. The

presence of SST₁₄ was found to impede the aggregation in the A β ₄₂-SST₁₄ mixtures despite having a high hydrophobicity. We attribute differences in the structures and dynamics of the A β ₄₂-SST₁₄, A β ₄₂-AVP and A β ₄₀-SST₁₄ systems to distinct tendencies of SST₁₄ and AVP to (1) interact with specific regions of the A β chains; (2) develop hydrogen bonds with A β peptides; and (3) expose hydrophilic or hydrophobic groups to the solvent.

Results

Aggregation of A β peptides in the presence of small cyclic peptides

Initially, eight A β ₄₂ or A β ₄₀ chains and eight SST₁₄ or AVP molecules were placed in the simulation box in random positions, as outlined in the Methods section. In each system, the A β peptide chains are labelled A, B, C, . . . H, and the small cyclic peptides are labelled I, J, K, . . . P. Three independent 500 ns long MD simulations were conducted for each of the A β ₄₂-SST₁₄, A β ₄₂-AVP and A β ₄₀-SST₁₄ systems in explicit OPC water. To distinguish between the three trajectories, each of them were numbered by I, II, and III. Unless otherwise stated, the examples displayed below originate from trajectories A β ₄₂-SST₁₄-I, A β ₄₂-AVP-II, and A β ₄₀-SST₁₄-II. These trajectories were selected as representative examples of leading trends for each of the systems. Fig 1 shows the configurations for the three representative systems after the equilibration (see Methods), and after 500 ns production MD simulations. Additional details on the structures obtained in these trajectories can be found in S1 and S2 Figs in the Supporting Information. Table 1 summarizes the aggregation status in all nine systems after 500 ns MD simulations.

After equilibration of the A β ₄₂-SST₁₄ system, A β chains were still relatively sparsely positioned, as shown in Fig 1A. After the 500 ns long production MD simulations, all three trajectories for this A β ₄₂-SST₁₄ system developed self-assembled aggregates. Most aggregates contained two or three A β ₄₂ chains and one or two SST₁₄ molecules, as illustrated in Figs 1B and S2A for system A β ₄₂-SST₁₄-I. Somewhat larger aggregates were observed occasionally along with dimers and trimers. In system A β ₄₂-SST₁₄-II four A β ₄₂ chains and five SST₁₄ molecules formed an aggregate, and in system A β ₄₂-SST₁₄-III five A β ₄₂ chains and three SST₁₄ molecules formed an aggregate (Table 1). The SST molecules tend to attach to the surface of the A β ₄₂ oligomers such that their N- and C- terminal arms face the solvent.

When the eight SST₁₄ molecules were replaced by AVP molecules, the starting configurations for the A β ₄₂-AVP system after equilibration also exhibited sparse positioning of the chains (Fig 1C). However, the final structures from the three trajectories comprise large aggregates composed of mixed A β ₄₂ and AVP (Table 1). The final configuration for system A β ₄₂-AVP-II is shown in Figs 1D and S2B. In this case, the largest aggregate is an octamer containing all eight A β ₄₂ chains and eight AVP molecules. In each of the other two A β ₄₂-AVP trajectories A β ₄₂ peptides formed a hexamer and a dimer. The hexamers contained 6 or 7 AVP molecules and at least one AVP was bound to each of the A β ₄₂ dimers.

For the A β ₄₀-SST₁₄ system containing eight A β ₄₀ chains and eight SST₁₄ molecules, all three trajectories developed aggregates composed of seven A β peptides and six SST₁₄ chains. One A β ₄₀ chain remained free in each of the trajectories (Table 1). Fig 1E shows a representative configuration in system A β ₄₀-SST₁₄-II after the equilibration, and Figs 1F and S2C depict this system after 500 ns of MD simulation. In this case, seven A β ₄₀ and six SST₁₄ chains formed a curved semi-hollow structured oligomer. Six SST₁₄ molecules are inserted inside the aggregate, whereas two SST₁₄ are attached to the remaining free A β ₄₀ chain preventing its attachment to the larger aggregate.

Due to the putative importance of the C-terminal residues in defining the aggregation behaviour of A β peptides [4,19], the locations of the A β ₄₂ and A β ₄₀ C-termini are marked,

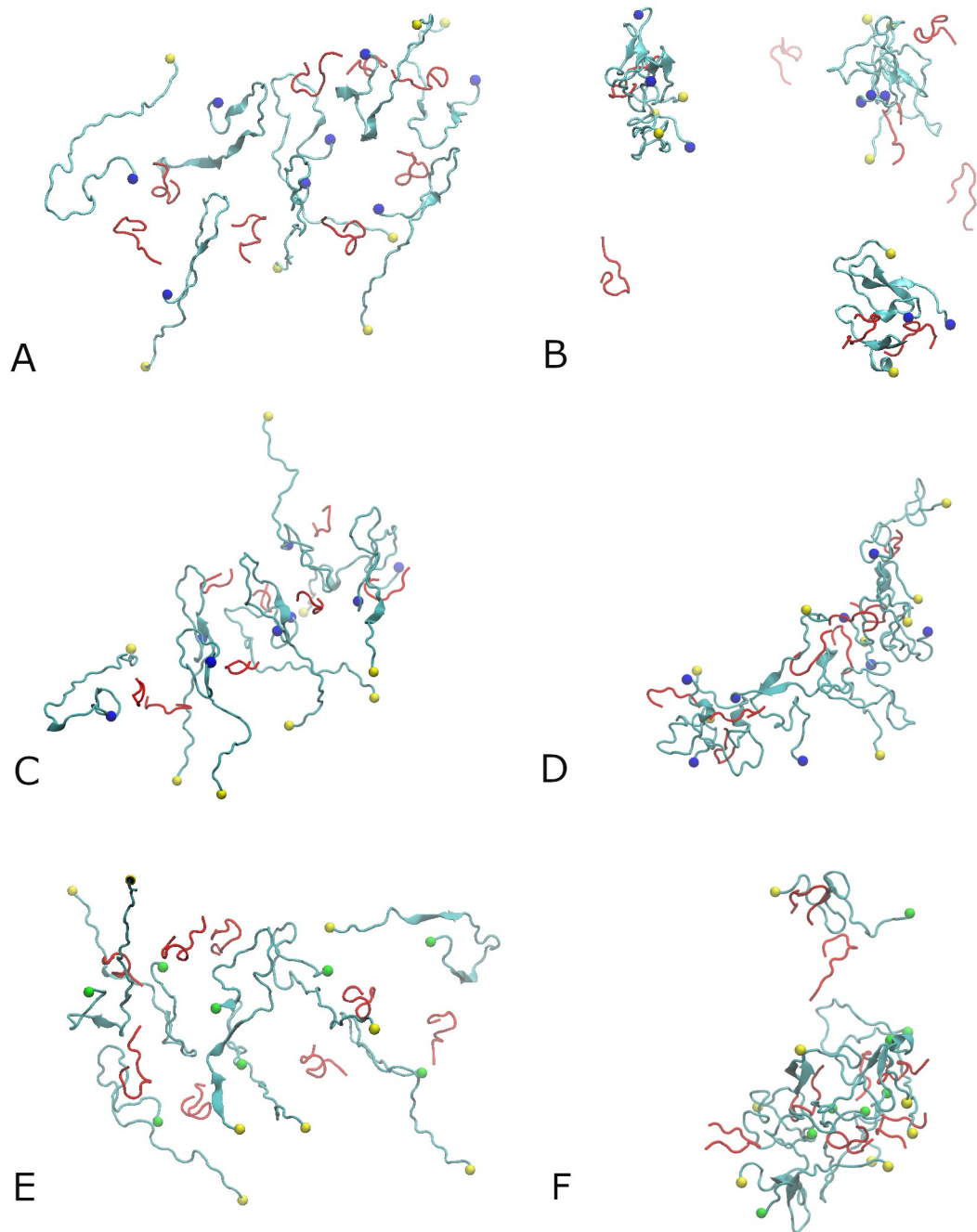


Fig 1. Eight A β ₄₂ monomers and eight SST₁₄ molecules in water after equilibration (A), and the aggregates formed after 500 ns of MD simulation for system A β ₄₂-SST₁₄-I (B). Eight A β ₄₂ monomers and eight AVP molecules in water after equilibration (C), and the octamer formed after 500 ns of MD simulation for system A β ₄₂-AVP-II (D). Eight A β ₄₀ monomers and SST₁₄ molecules in water after equilibration (E), and the heptamer formed after 500 ns of MD simulation for system A β ₄₀-SST₁₄-II (F). A β ₄₂ and A β ₄₀ chains are colored cyan, SST₁₄ and AVP molecules are colored red. The C-termini of the A β ₄₂ chains are indicated by blue spheres and those of A β ₄₀ chains are shown as green spheres. The N-termini of A β ₄₂ and A β ₄₀ chains are indicated by yellow spheres.

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Table 1. Aggregation status in all trajectories after 500 ns MD simulations.

System	A β_{42} -SST $_{14}$	A β_{42} -AVP	A β_{40} -SST $_{14}$
I	3A β_{42} +2SST $_{14}$; 3A β_{42} +1SST $_{14}$; 2A β_{42} +2SST $_{14}$; 3 free SST $_{14}$.	6A β_{42} +6AVP; 2A β_{42} +2AVP.	7A β_{40} +6SST $_{14}$; 1A β_{40} +1SST $_{14}$; 1 free SST $_{14}$.
II	4A β_{42} +5SST $_{14}$; 3A β_{42} +2SST $_{14}$; 1 free A β_{42} ; 1 free SST $_{14}$.	8A β_{42} +8AVP.	7A β_{40} +6SST $_{14}$; 1A β_{40} +2SST $_{14}$.
III	5A β_{42} +3SST $_{14}$; 3A β_{42} +3SST $_{14}$; 2 free SST $_{14}$.	6A β_{42} +7AVP; 2A β_{42} +1AVP.	7A β_{40} +6SST $_{14}$; 1 free A β_{40} ; 1 free SST $_{14}$.

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respectively, by blue and green spheres in Fig 1. From Fig 1B and 1D it appears that the C-termini of A β_{42} peptides (blue spheres) tend to remain at the surface of the self-assembled aggregates in both the A β_{42} -SST $_{14}$ -I and A β_{42} -AVP-II systems. In the A β_{40} -SST $_{14}$ -II system, the C-termini of several A β_{40} chains were buried inside the aggregate (Fig 1F). The N-termini of both A β_{42} and A β_{40} chains tend to remain at the surface of the oligomers in all systems.

The aggregation process is accompanied by a build-up of hydrogen bonds (HBs) in each system. Fig 2 shows the numbers of hydrogen bonds between and across all chains as functions of MD simulation time in systems A β_{42} -SST $_{14}$ -I, A β_{42} -AVP-II, and A β_{40} -SST $_{14}$ -II. Additional details can be found in S1 Table, which lists average numbers of bonds in all 9 systems during the first and the last 20 ns of the 500 ns long simulations. In Fig 2 the black lines show how the total number of HBs between all chains evolved during the MD simulations. An increase in total HB number is observed in all systems. Overall, most HBs are formed over the first 200–250 ns of production MD simulations in all systems considered. An initial stage of fast build-up of hydrogen bonding ends at approximately 150–200 ns of the production MD simulation; then the build-up slows down although the number of HBs fluctuates considerably during subsequent simulations. In the system A β_{42} -AVP-II a persistent increase in the total number of HBs continued throughout the entire simulation. By 500 ns this system developed more HBs than the other two systems, presumably due to the large size of the aggregate. As can be seen in S1 Table, the average number of HBs over three A β_{42} -AVP trajectories at the end of the simulations was greater than similar averages in the other two systems as well.

In order to provide more detailed information on the hydrogen bonding, we analyzed the number of HBs between and across A β chains and the small cyclic peptides separately. In Fig 2, red lines represent the evolution of the number of HBs between A β chains in the three representative systems. As is evident from the figure, A β -A β bonds contribute a significant portion (60–80%) of the total number of HBs, and their time dependencies resemble those of the total number of HBs. According to S1 Table, at the beginning of the simulations the average numbers of A β -A β bonds were close in A β_{42} -SST $_{14}$ and A β_{42} -AVP systems (49 and 52, respectively), and slightly above than in the A β_{40} -SST $_{14}$ system (44). In the course of the simulations, the average numbers of A β -A β bonds increased approximately twice in each of the systems.

The most dramatic differences were observed for hydrogen bonding across A β chains and small cyclic peptides (blue lines in Fig 2), and between small cyclic peptides (green lines in Fig 2). After equilibration and early into the production runs A β -A β , SST $_{14}$ -SST $_{14}$, and AVP-AVP bonds were almost exclusively intra-molecular, due to distances between the chains in the initial structures. Examples illustrating this can be found in S1 Fig. During the first 20 ns after equilibrations, approximately 20 SST $_{14}$ -SST $_{14}$ bonds in average were formed for each of two somatostatin-containing systems (S1 Table). In striking contrast, only ~9 AVP-AVP bonds have developed. In the course of the simulations the number of SST $_{14}$ -SST $_{14}$ bonds changed only slightly adopting average values of 23 (for A β_{42} -SST $_{14}$ system) and 17 (for A β_{40} -SST $_{14}$ system) over the last 20 ns. At the same time, the average number of AVP-AVP bonds decreased

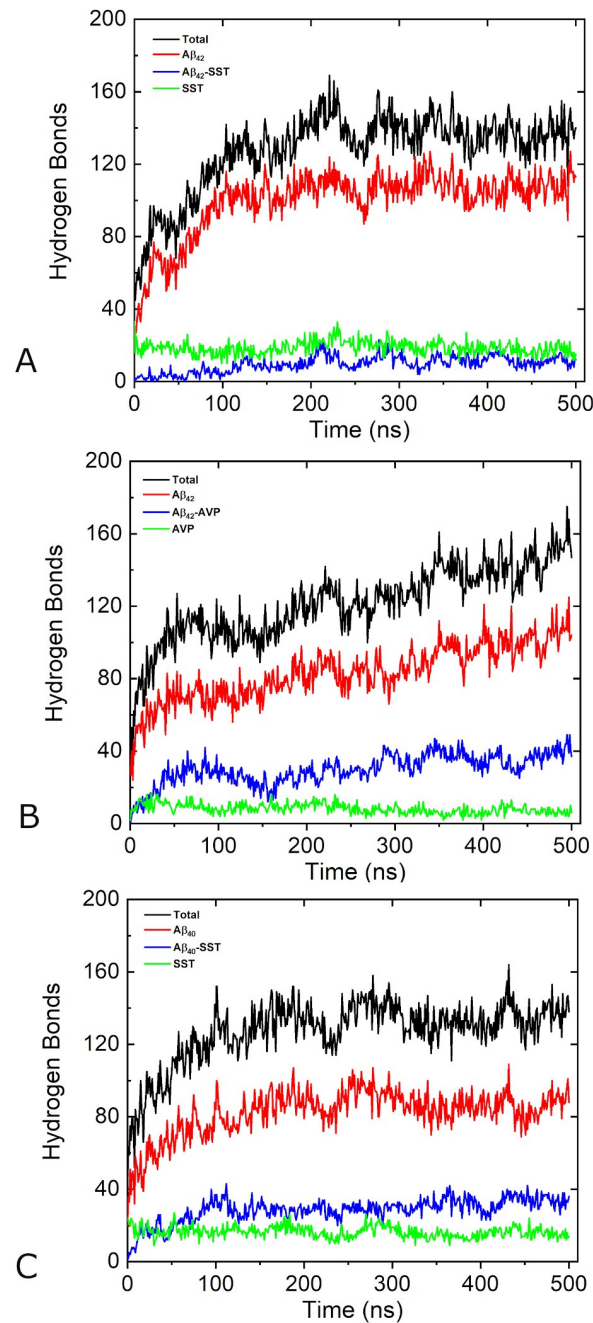


Fig 2. Number of hydrogen bonds for systems A β ₄₂-SST₁₄-I (A), A β ₄₂-AVP-II (B), and A β ₄₀-SST₁₄-II (C) during 500 ns production MD simulations. Hydrogen bonds between and across all chains are shown by black lines, hydrogen bonds between A β chains are shown by red lines, hydrogen bonds across A β chains and small cyclic peptides (SST₁₄ or AVP) are shown by blue lines, and those between small cyclic peptides are shown by green lines.

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barely remaining above ~ 7 over the last 20 ns. Such a large difference cannot be explained by different numbers of HB acceptor sites in SST₁₄ and AVP (which are 24 and 16, respectively) and rather indicates differences in bonding behaviours of SST₁₄ and AVP. As can be seen in [S1 Table](#), during the first 20 ns of production simulations when the small cyclic peptides just started binding to A β chains, the average values of cross-species hydrogen bonds were in the

proportion of A β_{42} -AVP > A β_{40} -SST $_{14}$ > A β_{42} -SST $_{14}$. More specifically, the greatest average number of 12 cross-species bonds was found in A β_{42} -AVP system, and the smallest average number of 5 cross-species bonds was observed in A β_{42} -SST $_{14}$ system. During the simulations the number of cross-species bonds increased by 3–5 times in each simulation, and exhibited a significant variability across individual trajectories (S1 Table and S3A Fig). However, the average number of A β_{42} -AVP bonds remained approximately 2.4 times greater than the number of A β_{42} -SST $_{14}$ bonds. Similarly to the other two systems, the number of A β_{40} -SST $_{14}$ bonds varied across trajectories. In system A β_{40} -SST $_{14}$ -II, for instance, the number of cross-species bonds is close to that in system A β_{42} -AVP-II over significant parts of the two trajectories (S3B Fig). However, the average number of A β_{40} -SST $_{14}$ bonds is less than that of A β_{42} -AVP (S1 Table and S3A Fig). Overall, regardless of the size and morphology of these aggregates, SST and A β tend forming less HBs than AVP and A β . This explains the large total number of hydrogen bonds in AVP-containing systems.

In order to better understand how fluctuations in the number of hydrogen bonds relate to the morphologies, we examined the structures adopted by the three representative systems at several local maxima and minima of the cross-species HBs' dependencies on time. These time dependencies are shown by blue lines in Fig 2. In addition, S3B Fig depicts the three time dependencies in one plot with solid dots indicating where the snapshots were taken. The corresponding structures are presented in Fig 3. The four snapshots for system A β_{42} -SST $_{14}$ -I in Fig 3A illustrate an overall trend towards a greater compactness of several small aggregates. This is accompanied by transient detachment-adsorption of individual A β_{42} and SST $_{14}$ chains, which appears to contribute to the observed fluctuations of the hydrogen bonding. For example, the structure at local minimum of 98 ns exhibits a monomeric ("free") A β_{42} chain, three free SST $_{14}$ molecules, and one SST $_{14}$ molecule semi-detached from a small aggregate. Clearly there are more free chains than for 293 ns, where a maximum of HBs is observed. However, the local maximum of hydrogen bonding at 79 ns seems to exhibit a sparser morphology than the local minimum at 454 ns. We attribute this to the dynamic nature of the small aggregates and their propensity to restructure, which emerged as another factor contributing to the fluctuations. In the A β_{42} -AVP system (Fig 3B) small aggregates self-assembled early in the simulations. The local maximum of hydrogen bonding at 86 ns already exhibits four aggregates and only one free AVP molecule. This is followed by a local minimum at 157 ns, where we observe a large but sparse aggregate, two smaller ones, and one free AVP. A significant decrease in the number of HBs can be attributed to the ongoing change in the aggregation status. Two aggregates observed at 346 ns are significantly more compact, and they exhibit a pronounced increase in hydrogen bonding. By 442 ns the two aggregates have merged into one C-shaped oligomer; however, the accompanying restructuring resulted in a loss in hydrogen bonding. The system A β_{40} -SST $_{14}$ -II (Fig 3C) quickly developed two aggregates without any free chains resulting in a maximum in HB at 113 ns. Although the gross aggregation status was retained throughout the course of the simulation, the subsequent ups and downs of the hydrogen bonding suggest continuing restructuring of the aggregates.

After the 500 ns long MD simulations, the secondary structure of the self-assembled aggregates contains predominantly random coils and turns, as depicted in Fig 1. However, stable β -sheets are also observed. S4 Fig shows the secondary structure evolution over the 500 ns of three representative trajectories, and Table 2 lists percentages of stable β -sheet content in all 9 trajectories. The corresponding time dependencies of β -sheet content are given in S5 Fig. The greatest β -sheet content is found in two SST $_{14}$ -containing systems with a proportion of A β_{40} -SST $_{14}$ > A β_{42} -SST $_{14}$ > A β_{42} -AVP in average over each set of three simulations (Table 2). In most cases we observe anti-parallel, intramolecular β -sheets in a hairpin conformation of the chain, often involving A β C-terminal residues 37–40 (in A β_{42} systems) or 36–39 (in A β_{40}

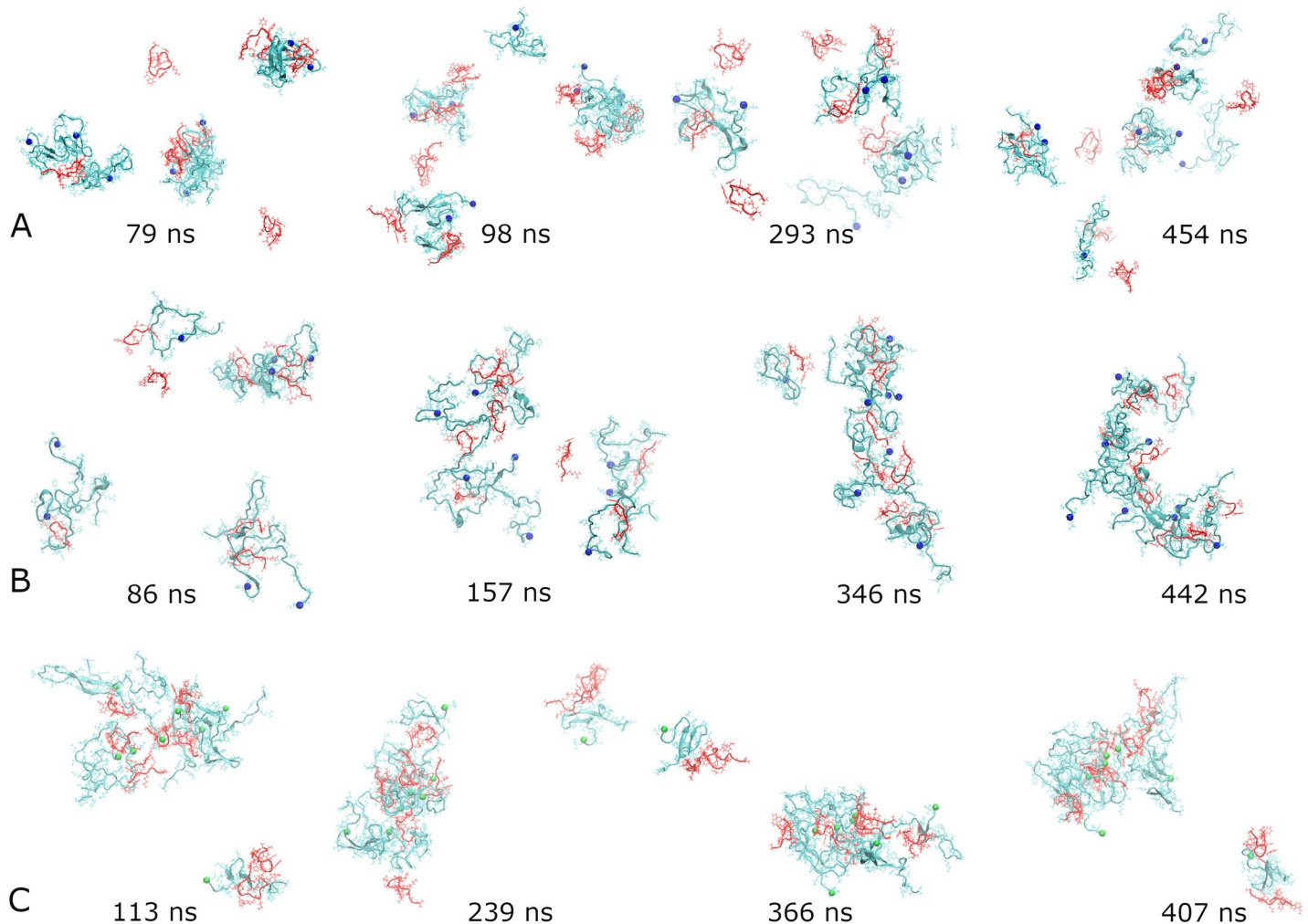


Fig 3. Snapshots of representative systems A β_{42} -SST $_{14}$ -I (A), A β_{42} -AVP-II (B), and A β_{40} -SST $_{14}$ -II (C) corresponding to maxima or minima of the number of hydrogen bonds across A β chains and small cyclic peptides. In (A) maxima occur at 79 ns and 293 ns, and minima occur at 98 ns and 454 ns; in (B) maxima occur at 86 ns and 346 ns, and minima occur at 157 ns and 442 ns; and in (C) maxima occur at 113 ns and 366 ns, and minima occur at 239 ns and 407 ns, as illustrated in S3B Fig. The color code for peptides and small cyclic peptides is as in Fig 1. C-termini of A $\beta_{42/40}$ chains are indicated by blue/green spheres.

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system) as part of the β -sheets. Regardless of the system, most inter-chain β -sheets involve A β residues from the central region between positions 23 and 35, although specific locations of β -strands may vary. In several simulations (A β_{42} -SST $_{14}$ -II and III, and A β_{40} -SST $_{14}$ -II and III) β -

Table 2. Stable β -sheet percentages in all trajectories averaged over the last 20 ns of the 500 ns MD simulations, their averages over three trajectories for each system, and standard deviations of the data.

System	A β_{42} -SST $_{14}$	A β_{42} -AVP	A β_{40} -SST $_{14}$
I	11.54	8.16	2.25
II	4.53	2.12	12.00
III	4.39	4.70	8.83
Average	6.82	5.00	7.69
Standard Deviation	4.09	3.03	4.97

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strands from this region formed β -sheets with N-terminal residues of a different A β chain. The smaller SST₁₄ and AVP molecules appeared less prone to contribute to the stable β -sheet content (see S4 Fig), although we have observed β -sheets involving them in eight out of nine trajectories. Populations of β -bridges and α -helices in all 9 trajectories are illustrated in S5 Fig. The corresponding averages are listed in S2 and S3 Tables. During the last 20 ns of the simulations, β -bridges are observed with average populations of approximately 4%, and α -/ β - π -helices are observed with average populations of 1.5–3%.

ECD correlations of motion in self-assembled aggregates

To probe collective motions of the A β ₄₂-SST₁₄, A β ₄₂-AVP and A β ₄₀-SST₁₄ systems, essential collective dynamics analyses (ECD) [16,31–35] have been performed. In the ECD method, principal eigenvectors of the covariance matrix calculated from MD trajectories are employed to characterize correlations of motion (dynamics) between atoms, as outlined in the Methods. Importantly, the method allows to reliably identify stable dynamical correlations without requiring exhaustive conformational sampling or convergence to equilibrium [31,32]. Fig 4 depicts ECD pair correlation maps [16,33,35] calculated for C α atoms of all the chains from multiple 0.2 ns long segments of the MD trajectories and averaged over the last 20 ns of the simulations. To clarify the relation between pair correlations and morphologies, S6 Fig illustrates the three systems with all A β annotated similarly as in Fig 4.

For the system A β ₄₂-SST₁₄-I, A β chains that exhibit strong inter-chain correlations in Fig 4A are involved in three oligomers: a dimer composed of A β chains A and C, which also contains SST₁₄ molecules L and M; a trimer composed of A β chains B, D, and H, and SST₁₄ molecules I and J; and a trimer composed of A β chains E, F, and G, and SST₁₄ molecule N. Two pairs of A β chains, B-H and F-G, developed anti-parallel inter-chain β -sheets, whereas chains A, C, and F each developed intra-chain anti-parallel β -sheets. In addition, extensive regions of A β chains E, F, and G have wrapped around SST₁₄ chain N and developed strong inter-molecular correlations with it. However, this interaction was not accompanied by a buildup of β -sheets (S6A Fig). The pair correlation map of the A β ₄₂-AVP-II system is shown in Fig 4B. Consistent with the structure depicted in S6B Fig, most A β chains are involved in strong inter-chain correlations of motion. The exceptions are semi-detached chains B and H, large parts of which exhibit a relatively independent motion from other A β units. The strongest inter-chain correlations are observed across A β chains A-E-G and D-F, which form two sides of a dumbbell-shaped aggregate. In addition, chain E is strongly correlated with C. These two chains connect two sides of the aggregate, and form a parallel inter-chain β -sheet in the region of the connection (S6B Fig). Each AVP molecule shows pronounced correlations with several A β chains, inter-connecting A β units in the aggregate. Fig 4C shows a pair correlation map for the A β ₄₀-SST₁₄-II system. In this case, strong correlations are observed across six A β chains A, B, D, E, G, and H which have formed a large aggregate. The seventh chain, C, is correlated with the other six only through its N-terminal part due to its location at the periphery of the aggregate (S6C Fig). The C-terminus of chain B developed an inter-chain anti-parallel β -sheet with chain A, whereas the N-terminus of chain B formed an intra-chain anti-parallel β -sheet with its central region. Six SST₁₄ molecules K, L, M, N, O and P are strongly correlated with the entire aggregate. Remarkably, these A β and SST₁₄ chains exhibit inter-molecular correlations regardless of their proximity within the tertiary structure. The other two SST₁₄ molecules, I and J, are correlated with the single detached chain F.

The dynamics correlations identified in the ECD framework can also be visualized in the form of domains of correlated motion [16,31,32], which represent relatively rigid parts of the system consisting of atoms moving coherently. Fig 5 shows the largest domains of correlated

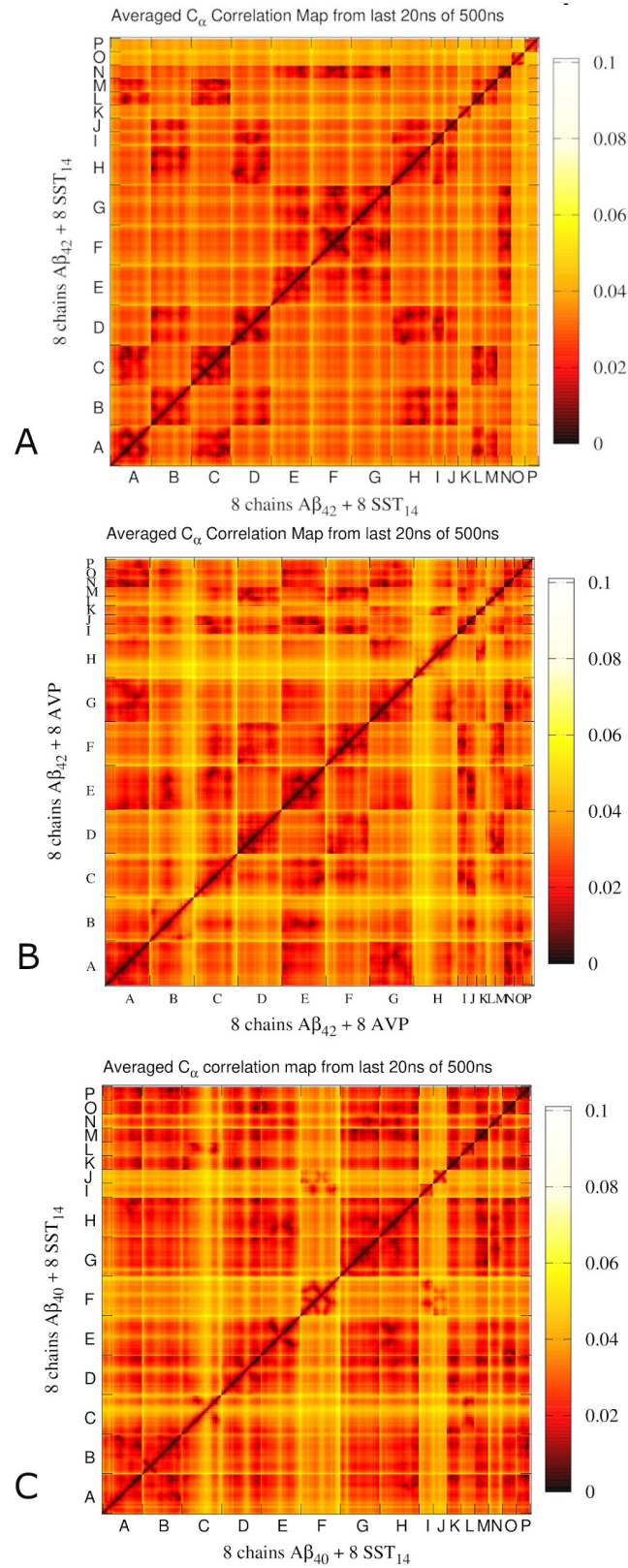


Fig 4. ECD C $_{\alpha}$ pair correlation maps for systems A β_{42} -SST $_{14}$ -I (A), A β_{42} -AVP-II (B) and A β_{40} -SST $_{14}$ -II (C) averaged over the last 20 ns of 500 ns long MD trajectories. Stronger correlations of motion between C $_{\alpha}$ atoms are shown gradually by black, red, and orange colors, and weaker correlations are shown with white and yellow colors.

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motion color-mapped onto the secondary structure of self-assembled aggregates in the three systems. The domains are colored blue, red, green, yellow, etc. in the order of decreasing size. In the A β_{42} -SST $_{14}$ -I system shown in Fig 5A, the three largest domains of correlated motion colored blue, red, and green are located in central parts of the three aggregates. These domains include both A β and SST $_{14}$ chains that are strongly inter-correlated in Fig 4A, and contain most of the β -structure. Peripheral regions, which often include termini, tend to exhibit relatively independent dynamics. In the case of the A β_{42} -AVP-II system shown in Fig 5B we observe three large domains as well; however, all three are included in a single dumbbell-shaped aggregate. The domain colored blue contains A β chains A and G and AVP chains N and O, whereas the domain colored green consists mainly of A β chain F and AVP chain I. These two domains are located at the core of two sides of the “dumbbell”, which are held together through the mediation of the third domain (colored red), which includes parts of A β chains C and E along with AVP molecule J. In the A β_{40} -SST $_{14}$ -II system depicted in Fig 5C, the largest domain of correlated motion (colored blue) is located in the aggregate and consists primarily of A β chains A, B, E, G, and H; SST $_{14}$ chains M, N, O, and P; and parts of several other chains. This domain contains most β -sheets of the aggregate. The second largest domain (colored red) contains the C-terminus of A β chain C and a part of SST $_{14}$ chain L.

Main-chain flexibility profiles

Within the same ECD framework, main-chain flexibility profiles [16,33–35] can be calculated for all the peptides in each system. High levels of the flexibility descriptor usually correspond to flexible loops and termini, whereas minima indicate more restrained regions. The main-chain flexibility profiles averaged over the first and the last 20 ns of the MD simulations for the A β_{42} -SST $_{14}$, A β_{42} -AVP and A β_{40} -SST $_{14}$ systems are shown in Fig 6.

In the A β_{42} -SST $_{14}$ system, most A β chains show a decreased flexibility at the last 20 ns of production MD simulation compared to the first 20 ns (Fig 6A), as one could expect since oligomerization limits mobility of the chains. The flexibility profiles of individual A β chains tend to adopt oscillating shapes with several maxima and minima. Although by the end of the simulations N- and C-terminal ends of the chains remain flexible, deep minima developed within 10–12 residues from one or both of the termini in most chains. This is especially the case for chains B, D, and H, which have formed a trimeric self-assembled aggregate (S6A Fig). In central regions of the A β chains the flexibility profiles are often M-shaped with two maxima separated by a minimum (chains B, C, and E). However in chains A, D, and G the central regions exhibit flexible loops located at the periphery of the respective aggregates. Minima of main-chain flexibility often coincide with locations of stable β -strands. In particular, this is the case for the flexibility minima in chains A, B, C, F, G and H, where stable β -strands are found (see S6A Fig). However, not all flexibility minima are necessarily associated with the presence of β -structure. For example, we do not observe stable β -sheet content in chains D and E, which exhibit pronounced minima of main-chain flexibility. A trend of adopting lower main-chain flexibility in central regions in comparison to the N- and C-termini is observed in most SST molecules in the A β_{42} -SST $_{14}$ system. Moreover, at the end of the simulation the central regions of the SST molecules I, J, L, and M exhibit comparable flexibilities with parts of the A β chains B, D, H, A, and C, with which they directly interact. Interestingly, the SST molecules K, O, and P adopted a higher flexibility during the last 20 ns in comparison to the beginning of the

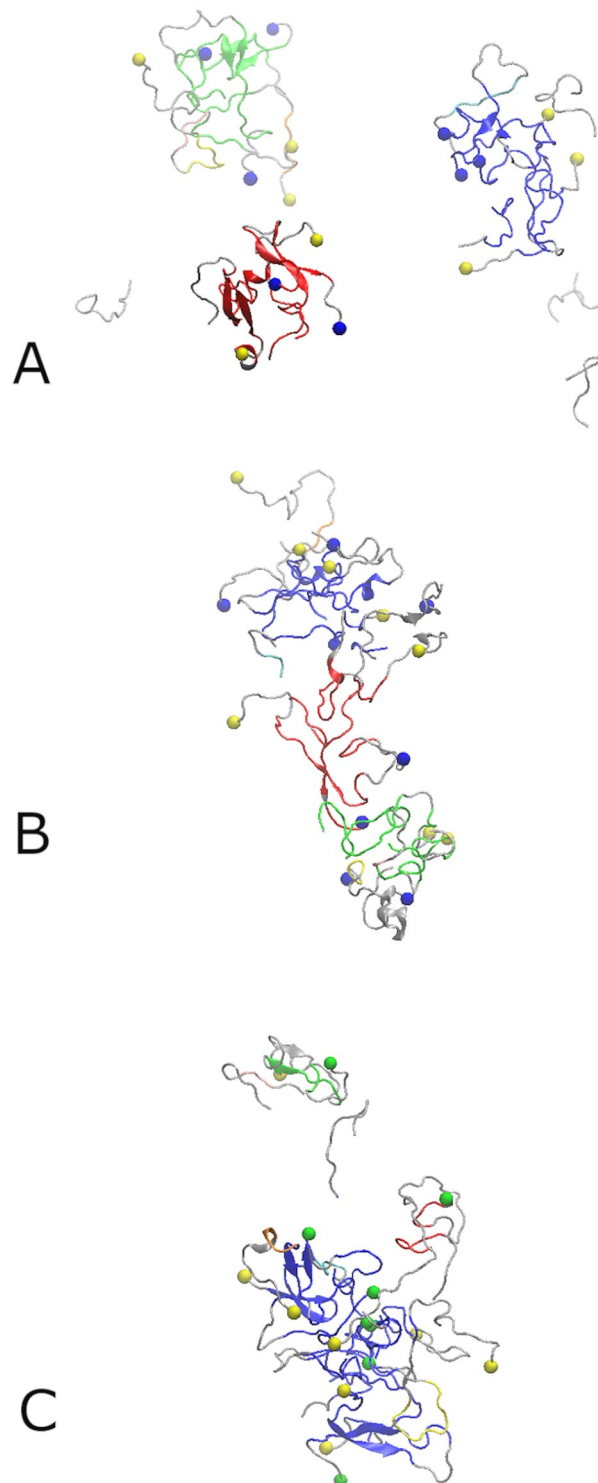


Fig 5. The largest ECD domains of correlated motion identified in the aggregates formed by the A β_{42} -SST $_{14}$ -I system (A), the A β_{42} -AVP-II system (B), and the A β_{40} -SST $_{14}$ -II system (C). The dynamics domains are colored blue, red, green, yellow, cyan, orange, and pink in the order of decreasing size. Off-domain regions are colored gray. Blue and green spheres denote the C-termini of A β_{42} and A β_{40} chains, respectively. Yellow spheres denote the N-termini of the A β chains.

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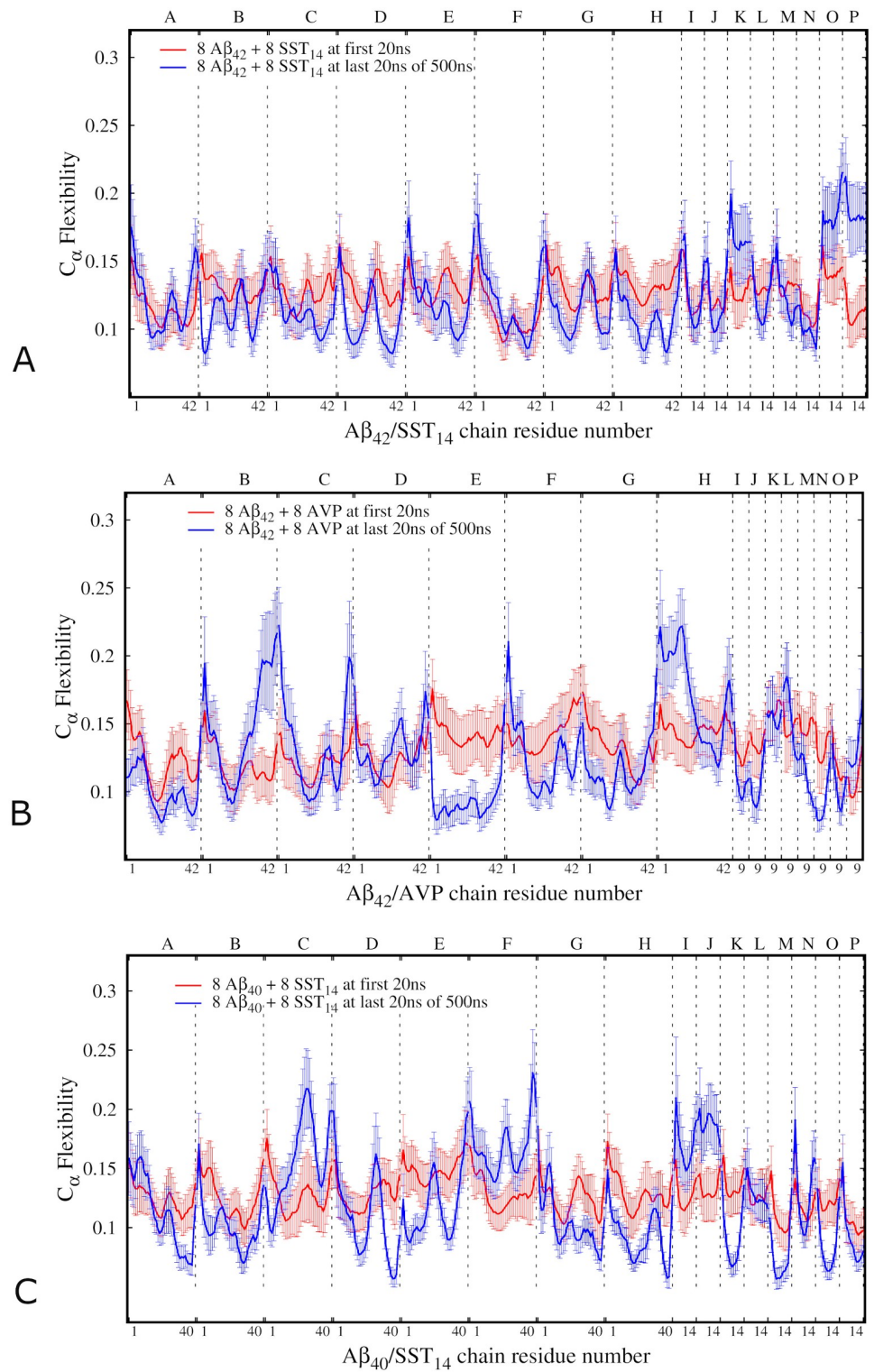


Fig 6. ECD main chain flexibility profiles of the A β ₄₂-SST₁₄-I system (A), A β ₄₂-AVP-II system (B) and A β ₄₀-SST₁₄-II system (C). Red and blue lines indicate, respectively, the average flexibilities for the first 20 ns and the last 20 ns of the

production MD simulations. The labels on top of the horizontal axis denote the chains, and those at the bottom of the horizontal axis denote the residue numbers for each chain.

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simulation. An analysis of the trajectory indicated that initially these molecules were surrounded by neighbouring A β_{42} chains (S1A Fig), which somewhat limited their motion. By the end of the simulations the A β_{42} chains and other SST $_{14}$ molecules formed three aggregates, whereas the molecules K, O, and P remained free. Eventually, remaining in solution resulted in a less constrained motion for these SST molecules by the end of the simulation.

Fig 6B depicts the main-chain flexibility profile for the A β_{42} -AVP system. After the equilibration most chains exhibit relatively uniform flexibility patterns, whereas by the end of the simulation pronounced differences emerged across the various chains. Both termini of chains B and C, as well as the N-terminus of chain F, and the C-terminus of chain G adopted higher flexibility levels in the course of the simulation, which can be explained by their location at the periphery of the self-assembled aggregate. In contrast, extensive regions of chains A, E, F, and G, which are located at the core of the three domains of correlated motion (Figs 5 and S6B), exhibited low flexibility. Flexibilities of AVP molecules tended to follow those of the A β chains with which they interacted over the last 20 ns of the simulation.

The main-chain flexibility profile of the A β_{40} -SST $_{14}$ system is shown in Fig 6C. Extensive regions of A β chains A, B, D, G and H, which are located in the interior regions of the aggregate, developed a decrease in flexibility during MD simulation. In contrast, chain F and most of chain C adopted relatively high flexibilities due to their less constrained positions. Central regions of SST $_{14}$ molecules K, M, O, and P exhibited relatively low main-chain flexibility over the last 20 ns of the MD simulation. These chains were actively involved in the oligomerization process, which resulted in their insertion inside the self-assembled aggregate where they became a part of the largest domain of correlated motion (see also Figs 5C and S6C). SST $_{14}$ molecules I and M, which attached to the free A β chain F, exhibited high flexibility during last 20 ns of the simulations.

Table 3 lists the main-chain flexibility of the A β_{42} or A β_{40} C-termini averaged over eight A β chains in each of the three MD trajectories in each system. The table also lists the results of averaging over the three MD trajectories for each system. Further details of C-terminal flexibilities in individual A β chains can be found in S4 Table in the Supporting Information. As Table 3 illustrates, the average flexibility of the C-termini is greater in the AVP-containing systems than in the SST-containing systems. AVP-containing systems also exhibit the greatest variation of C-terminal flexibility across individual trajectories. Interestingly, the average flexibility of the C-termini in the A β_{40} -SST $_{14}$ system is very close to that in the A β_{42} -SST $_{14}$ system (Table 3), despite the absence of two hydrophobic residues at the C-terminus of A β_{40} and the fact that the A β_{40} C-termini are often buried inside the A β_{40} -SST $_{14}$ aggregates.

Table 3. ECD main-chain flexibilities of the C-termini averaged over eight A β_{42} or A β_{40} chains in each trajectory over the last 20 ns of MD simulations, their averages over three trajectories for each system, and standard deviations of the data.

System	A β_{42} -SST $_{14}$	A β_{42} -AVP	A β_{40} -SST $_{14}$
I	0.150	0.152	0.153
II	0.155	0.170	0.147
III	0.146	0.164	0.141
Average	0.150	0.162	0.147
Standard Deviation	0.005	0.009	0.006

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Intermolecular interactions in self-assembled aggregates

In order to elucidate the molecular mechanisms behind the influence of the small cyclic peptides onto the self-assembled aggregates, we identified the SST₁₄ and AVP molecules that exhibited the strongest inter-molecular dynamics correlations by averaging over the last 20 ns, in each MD trajectory and for all the A β ₄₂-SST₁₄, A β ₄₂-AVP and A β ₄₀-SST₁₄ systems. Fig 7 depicts close-ups of the identified highest correlated regions involving small cyclic peptides and A β chains.

Fig 7A and 7B illustrate, respectively, the interactions between an A β dimer (A+C) and the SST chains L and M attached to it, and between A β chains F+G and the SST chain N in system A β ₄₂-SST₁₄-I. Fig 7C shows the interactions between A β chains G and B and SST chain P, and Fig 7D illustrates the interactions between A β chain F and SST chain J in system A β ₄₂-SST₁₄-II. In these examples, the strongest inter-molecular correlations involve pairs of residues: K16-F7, G33-T10, and V40-W8, (Fig 7A), G33-T12 and M35-T10 (Fig 7B), I32-N5 and V40-K4 (Fig 7C), and K28-N5 (Fig 7D). Remarkably, the SST residues involved in strong correlations with A β ₄₂ are often hydrophobic (F7, W8), or carry a long hydrocarbon side chain (K4), and/or have hydrophobic neighbors such as F6 or F11. Similarly, the pairing A β residues often carry hydrophobic groups (M35, V40) and/or have hydrophobic neighbors (L17, I31, I32, L34, I41). These hydrophobicity-driven interactions of side chains are accompanied by backbone-backbone hydrogen bonding, for example L16-F7, G33-T10 (Fig 7A), L34-T12 and V36-T10 (Fig 7B), or I41-K4 (Fig 7C). Complementary to hydrophobic interactions and hydrogen bonding, we also detected π - π interactions between residue F20 of A β ₄₂ and F7 of SST₁₄ (Fig 7D).

Next, Fig 7E and 7F depict the strongest interactions between A β ₄₂ and AVP molecules identified in systems A β ₄₂-AVP-I and A β ₄₂-AVP-II. In the first system illustrated by Fig 7E, AVP residue R8 from chain N developed strong dynamics correlations with D23 of the A β ₄₂ chain E. Moreover, residue C1 developed contacts with residue F20 located nearby, although this interaction is somewhat weaker. In this case, both AVP residues have formed hydrogen bonds with their A β ₄₂ counterparts resulting in formation of a cross-species β -sheet (Fig 7E). Fig 7F illustrates the strongly correlated pair consisting of A β ₄₂ residue K16 (chain G) and AVP residue Y2 along with a weaker interaction of closely positioned pair of E22 (chain A) and Q4. Despite an involvement of hydrophobic contacts between Y2 and a hydrocarbon group of K16, electrostatic forces rather than hydrophobicity appear to play a role in this interaction.

Interactions between A β ₄₀ chains and SST₁₄ molecules are illustrated with examples from system A β ₄₀-SST₁₄-I (Fig 7G) and system A β ₄₀-SST₁₄-II (Fig 7H). In system A β ₄₀-SST₁₄-I, the strongest dynamics correlations involve residues M35, V36, and G37 from A β chain F and residues T10 and T11 from SST chain J. Backbones of residues M35 and G37 developed hydrogen bonds with F11 and T10, respectively, whereas residue V38 formed a hydrogen bond with T10 as well as hydrophobic interaction with F11. In system A β ₄₀-SST₁₄-II, A β residues V40 (chain A) and K28 (chain B) exhibit strong dynamic correlations with residues T10 and F11 from SST chain P, respectively. All these interactions involve hydrogen bonding (Fig 7H). Strong correlations that involve hydrophobic contacts are less frequent in the A β ₄₀-SST₁₄ system than in the A β ₄₂-SST₁₄ system, evidently due to the lack of two C-terminal residues I41 and A42 in A β ₄₀.

Solvent accessibility of the aggregates

The solvent accessible surface area (SASA) is an important quantitative indicator of the oligomerization process. Fig 8 shows the evolution of total SASAs for A β chains and small cyclic

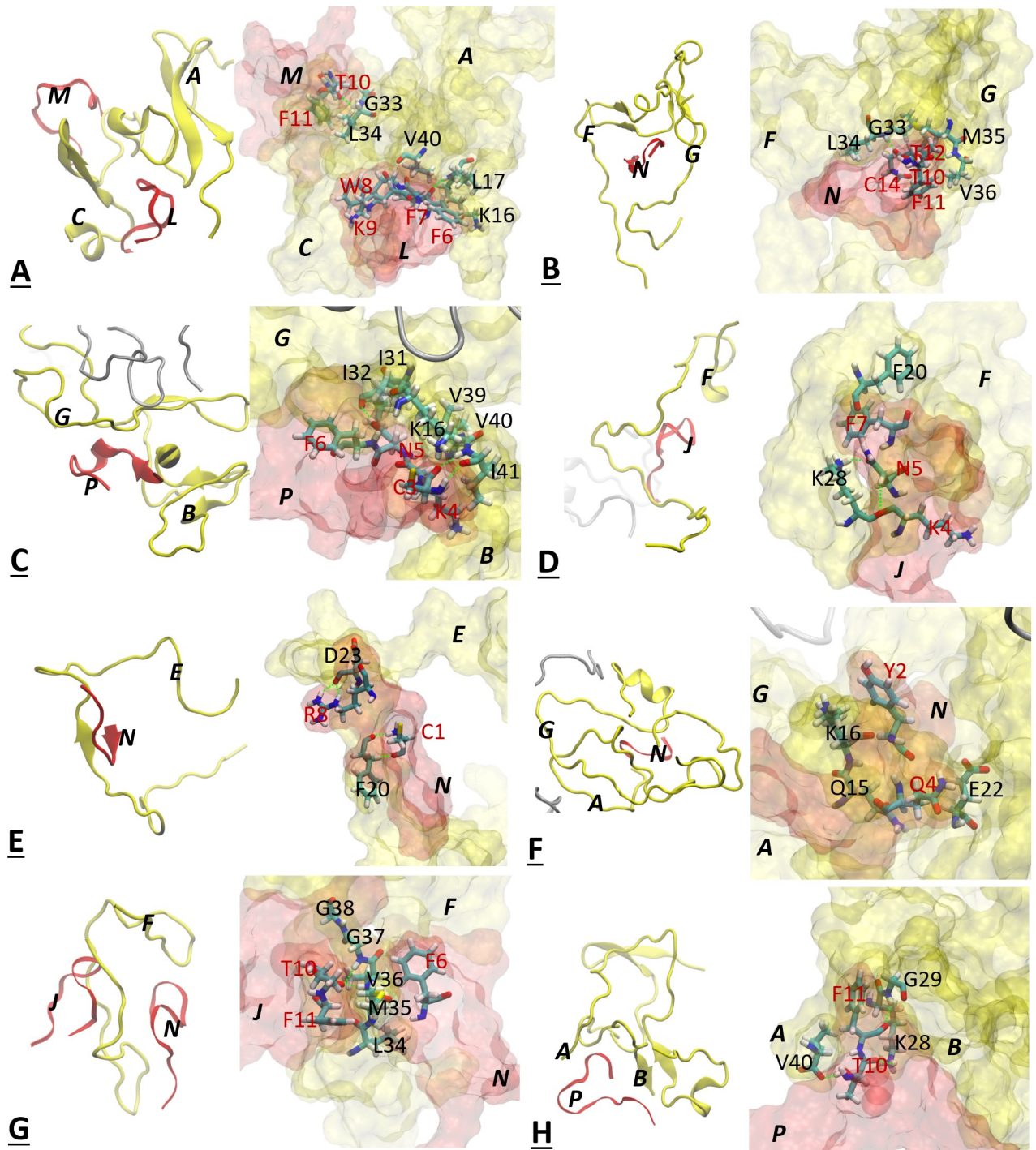


Fig 7. Close-ups of interactions between A β chains and small cyclic peptides in systems A β ₄₂-SST₁₄-I (A,B), A β ₄₂-SST₁₄-II (C,D), A β ₄₂-AVP-I (E), A β ₄₂-AVP-II (F), A β ₄₀-SST₁₄-I (G) and A β ₄₀-SST₁₄-II (H). A β ₄₂ or A β ₄₀ chains are colored yellow, and SST₁₄ or AVP molecules are colored red. A β residues are annotated with black letters and small cyclic peptide residues are annotated with red letters. Hydrogen bonds are depicted by green dashed lines. The close-ups illustrate interactions resulting in the strongest ECD pair correlations averaged over the last 20 ns of 500 ns long MD trajectories (Fig 4).

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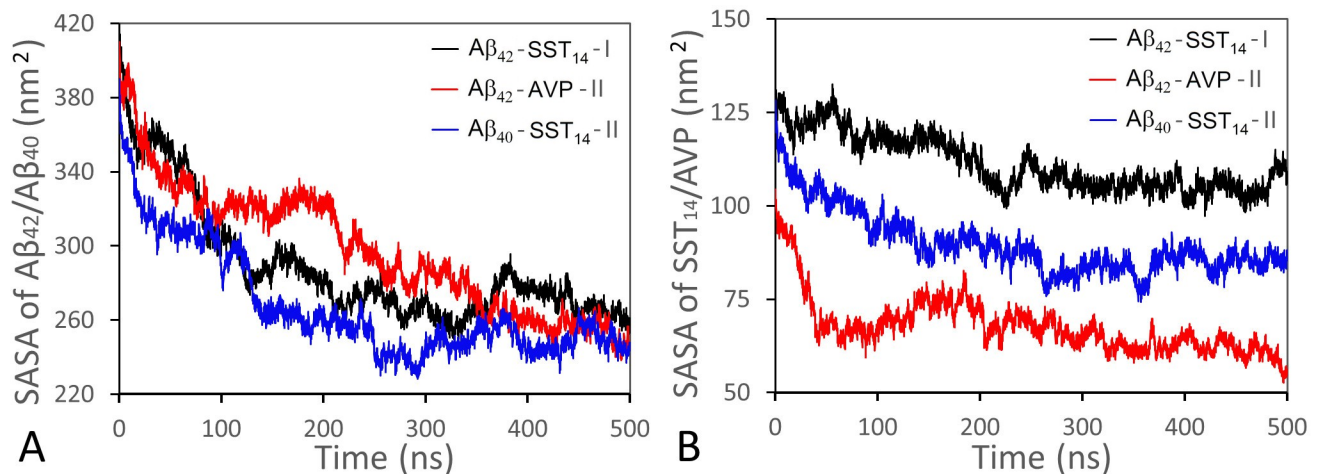


Fig 8. Total SASA of A β chains (A) and small cyclic peptides (B) for systems A β ₄₂-SST₁₄-I (black lines), A β ₄₂-AVP-II (red lines), and A β ₄₀-SST₁₄-II (blue lines) during 500 ns production MD simulations.

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peptides for three representative systems A β ₄₂-SST₁₄-I, A β ₄₂-AVP-II, and A β ₄₀-SST₁₄-II during 500 ns production MD simulations. Consistent with the ongoing aggregation in these systems, total SASAs of A β chains decrease significantly in the course of the simulations (Fig 8A). Although the greatest decrease occurs over the first 200–250 ns, a tendency of continuing collapse persists over the entire 500 ns interval. Total SASAs of small cyclic peptides also exhibit a steady decrease (Fig 8B). At the beginning of the simulations SASAs of SST₁₄ are close across the A β ₄₂-SST₁₄-I and A β ₄₀-SST₁₄-II systems; however subsequently SST₁₄ tends to exhibit a greater SASA in the A β ₄₂-SST₁₄-I system than in the A β ₄₀-SST₁₄-II system. There are two reasons for that. First, one or more SST₁₄ molecules always remain free in the A β ₄₂-SST₁₄-I system. Second, from our analysis of the trajectories it follows that the SST₁₄ molecules tend to occupy peripheral regions of aggregates in A β ₄₂-SST₁₄ system, whereas in A β ₄₀-SST₁₄ system, they are often found in the interior of aggregates. The total SASA of AVP is less than that of SST₁₄ in either system due to smaller size of the AVP molecules.

Table 4 lists average hydrophobic and hydrophilic SASAs for all the peptides in each of the three systems A β ₄₂-SST₁₄, A β ₄₂-AVP and A β ₄₀-SST₁₄ during the first and the last 5 ns of 500 ns long MD simulations, and S5 Table provides similar data for SST₁₄ and AVP molecules separately. Additional details of the SASAs in individual trajectories are given in S6 Table. As one could expect, the hydrophobic SASA is less than the hydrophilic counterpart in all systems at all stages of the production MD simulations, since the aggregation process facilitates burying of hydrophobic groups. As Table 4 indicates, exposures of both hydrophobic and hydrophilic groups to the solvent have decreased considerably in the course of the simulations. The relative decrease amounts to approximately 28–37% of the initial SASA's values in each of the three systems. Upon averaging over three trajectories for each of the systems A β ₄₂-SST₁₄, A β ₄₂-AVP

Table 4. Hydrophobic and hydrophilic SASA in each system averaged over three trajectories during the first and the last 5 ns of MD simulations.

Systems	First 5 ns (nm ²)		Last 5 ns (nm ²)		Difference (%)	
	Hydrophobic	Hydrophilic	Hydrophobic	Hydrophilic	Hydrophobic	Hydrophilic
A β ₄₂ -SST ₁₄	220.4 (±8.3)	290.7 (±6.8)	147.9 (±5.8)	210.7 (±16.9)	33	28
A β ₄₂ -AVP	187.0 (±8.2)	296.6 (±6.3)	118.7 (±9.2)	186.3 (±17.6)	37	37
A β ₄₀ -SST ₁₄	205.6 (±5.5)	288.1 (±4.2)	130.5 (±2.0)	205.1 (±13.9)	37	29

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and A β_{40} -SST $_{14}$, the total hydrophilic SASAs are quite uniform across all three systems during the first 5 ns of MD simulations, with a slightly increased contribution of hydrophilic residues in A β_{42} -AVP (Table 4). In contrast, the initial hydrophobic SASAs of the three systems exhibit diverging trends across the three systems. At the beginning of MD simulations, total hydrophobic SASAs in all A β_{42} -SST $_{14}$ trajectories are higher than in any of A β_{40} -SST $_{14}$ trajectories (S6 Table), which can be explained by the presence of the two hydrophobic C-terminal residues in A β_{42} . On the other hand, the initial hydrophobic SASAs in both SST $_{14}$ containing systems are pronouncedly higher than in all A β_{42} -AVP trajectories (Tables 4 and S6), which we attribute to the larger hydrophobic SASA of SST $_{14}$ molecules compared to AVP molecules (S5 Table).

In the course of the MD simulations, the A β_{42} -SST $_{14}$ system exhibited the smallest relative decrease in hydrophobic SASA (33%), consistent with a smaller size of aggregates and greater solvent exposure of A β chains and SST $_{14}$ molecules in these systems (Table 4). The reduction in hydrophobic SASA in both A β_{42} -AVP and A β_{40} -SST $_{14}$ systems is approximately 37% despite a relatively weak hydrophobicity of AVP. Together with a pronounced reduction in exposure of hydrophilic residues in A β_{42} -AVP, this may suggest more efficient collapse in A β_{42} -AVP system in comparison to A β_{40} -SST $_{14}$ system.

Average hydrophobic and hydrophilic SASAs calculated for SST $_{14}$ alone (S5 Table) exhibit consistent trends with those in Table 4. Initially, SST $_{14}$'s hydrophobic and hydrophilic SASAs are close in both systems. In the course of the subsequent simulations, the decrease in both hydrophilic and hydrophobic SASA of SST $_{14}$ is less pronounced in A β_{42} -SST $_{14}$ system than in A β_{40} -SST $_{14}$ system. In the case of AVP, the relative decrease in hydrophobic and hydrophilic SASA of 49% and 43%, respectively, is the greatest of all systems. In addition, the high initial hydrophilicity in AVP results in a three times greater absolute reduction of hydrophilic SASA in comparison to the hydrophobic one.

Summarising, the greater initial hydrophobicity of the A β_{42} -SST $_{14}$ system might result in substantial hydrophobic collapse; however, the observed decrease in solvent exposure of hydrophobic residues in the A β_{42} -SST $_{14}$ system was relatively weak. Contrary to the expectations, a higher decrease of hydrophobic SASA during the MD simulations was observed in A β_{40} -SST $_{14}$ system instead. The A β_{42} -AVP system exhibited the strongest reduction in solvent exposure of hydrophilic residues, suggesting a more important role of electrostatic interactions in the course of aggregation in these systems.

Discussion

We have conducted all-atom MD simulations of early aggregation events at the onset of oligomerization in mixtures of A β peptides and small cyclic peptides, A β_{42} -SST $_{14}$, A β_{42} -AVP, and A β_{40} -SST $_{14}$ in water. Initially, the A β peptides and small cyclic peptides were sparsely positioned with respect to each other. Aggregation of the A β peptides, accompanied by a pronounced decrease in solvent exposure of both hydrophobic and hydrophilic groups, went on throughout the 500 ns long MD runs. In the course of the simulations, all systems developed self-assembled aggregates containing A β chains and small cyclic peptides. Consistent with published experiments [10,11] and MD simulations [15,16] of A β aggregation in the absence of small cyclic peptides, the self-assembled aggregates observed in this study exhibit largely unstructured morphologies without pronounced alignment of the chains. Although such unstructured morphologies indicate a considerable influence of hydrophobic collapse onto the oligomerization, the observed build-up of hydrogen bonding accompanied by development of stable β -sheet content also suggests a potential tendency toward β -conversion.

Overall, self-assembled A β_{42} -SST $_{14}$ aggregates are compact and well-correlated dynamically. However, they tend to be smaller in size than aggregates formed in the other systems; their hydrophobic groups exhibit the highest solvent accessibilities in average by the end of the 500 ns simulation; and they develop less hydrogen bonds across A β_{42} peptides and SST $_{14}$ molecules in comparison to the other systems. The replacement of SST $_{14}$ with AVP molecules produced larger aggregates. In addition, the A β_{42} -AVP system tended to develop more hydrogen bonds than the other systems, which is especially true for cross-species hydrogen bonding. In the course of the 500 ns simulations, the AVP molecules developed almost 3 times more HBs with A β_{42} than the SST $_{14}$ molecules did. Both hydrophobic and hydrophilic SASA are the lowest in the A β_{42} -AVP systems in average after 500 ns simulations. The two A β_{42} -containing systems exhibited similar tendencies of A β 's C-termini to remain at the aggregate's surface, although C-terminal flexibility tended to be greater in AVP-containing systems than in SST $_{14}$ -containing systems. The most pronounced differences between the A β_{42} -SST $_{14}$ and A β_{40} -SST $_{14}$ systems concern the morphologies of the self-assembled aggregates. Unlike the A β_{42} -SST $_{14}$ system, the A β_{40} -SST $_{14}$ system formed large aggregates that contained a domain of correlated motion surrounded by relatively weakly correlated parts. In the A β_{40} -SST $_{14}$ system the C-termini are buried more often than in the other two systems, and they exhibit the lowest average C-terminal flexibility. According to a recent report [21], such morphological differences may lead to different pathways at later stages of oligomerization.

Our examination of inter-molecular contacts that exhibited the strongest dynamics correlations in average over the last 20 ns of the simulations revealed differences in the interactions of SST $_{14}$ and AVP molecules with A β peptides. In A β_{42} -SST $_{14}$ aggregates, highly correlated regions tended to involve residues K4, N5, F7, W8, and T10 of SST $_{14}$, in agreement with biochemical observations [28]. These residues were found to interact primarily with the residues 28–35 of A β_{42} , although contacts with its C-terminus were also detected (K4-V40 and W8-V40). The interactions tended to involve hydrophobic contacts, although backbone-backbone hydrogen bonds were also present. In the A β_{42} -AVP aggregates, strong correlations involved predominantly contacts between N-terminal AVP residues C1, Y2, and Q4, and residues 20–23 of A β_{42} . In the A β_{40} -SST $_{14}$ aggregates, T10 and F11 of SST $_{14}$ were found to interact with C-terminal residues 35–40 of A β_{40} . Hydrogen bonds are found frequently between strongly correlated residues in systems A β_{42} -AVP and A β_{40} -SST $_{14}$.

At a coarser level, we observe a tendency of SST $_{14}$ molecules to develop hydrophobic contacts with surfaces of A β_{42} aggregates such that both N- and C-terminal arms of SST $_{14}$ face the solvent. This may prevent hydrophobicity-driven coalescence of the A β_{42} aggregates, explaining the relatively small size of aggregates in the A β_{42} -SST $_{14}$ system. Distinct from SST $_{14}$, AVP molecules tend to penetrate inside the A β_{42} aggregates, where they develop extensive hydrogen bonding with central regions of A β_{42} peptides. When SST $_{14}$ interacts with small A β_{40} aggregates, the morphologies resemble those of A β_{42} -SST $_{14}$, whereas large A β_{40} aggregates tend to incorporate SST $_{14}$ molecules resembling the interaction of AVP with A β_{42} aggregates.

Based on the results obtained in this study, the experimentally observed differences in the aggregation behaviours of A β_{42} -SST $_{14}$, A β_{42} -AVP, and A β_{40} -SST $_{14}$ mixtures [28,29] may be attributed to the different interaction of the small cyclic peptides with each of the A β peptides and the solvent.

First, the tendency of SST $_{14}$ to develop predominantly hydrophobic contacts with residues 28–35 and the C-terminus of A β_{42} favors morphologies where several A β_{42} chains form small aggregates compacted by A β -A β hydrogen bonding, and carrying SST $_{14}$ molecules attached to their surfaces. This surface attachment prevents the coalescence of small A β_{42} aggregates into bigger structures. Within the time regimes of the present MD study, this results in a prevalence of multiple small A β_{42} aggregates. The resulting delay in hydrophobicity-driven coalescence

may explain the extended lag phase of A β_{42} aggregation observed experimentally [28]. In contrast, AVP molecules preferentially bind to central regions of A β_{42} peptides, and are prone to develop extensive inter-species hydrogen bonding. As a result, large A β_{42} aggregates self-assemble quickly and contain inserted AVP molecules that strengthen connections within the aggregates. The binding of SST₁₄ to A β_{40} tended to rely on strong connections with the C-terminal region of the A β_{40} chains. Combined with the propensity of the A β_{40} -SST₁₄ system to develop inter-species hydrogen bonding, this facilitated insertion of SST₁₄ into the interior of A β_{40} aggregates.

Second, differences in hydrophobicity of the three systems result in different surface reactivities of the aggregates. Clearly, the presence of SST₁₄ imparts the aggregates with a greater hydrophobicity. The resulting “sticky surface” effect is enhanced even more due to the location of both SST₁₄ molecules and hydrophobic C-termini, preferentially at the surface of the aggregates. In the A β_{42} -AVP system hydrophobic C-termini are also exposed and flexible. However, the “sticky surface” effect is lessened by a lower hydrophobicity of AVP and a lesser surface area due to the larger size of the aggregates. In the A β_{40} -SST₁₄ system, the insertion of SST₁₄ molecules into the interior of the aggregates combined with the reduced number of exposed hydrophobic C-terminal residues plays a role.

Summarising, our observations suggest that mixtures of A β_{42} and SST₁₄, although pronouncedly more hydrophobic than their A β_{42} -AVP and A β_{40} -SST₁₄ counterparts, tend to aggregate slower than the other two mixtures retaining extensive “sticky surface” areas exposed for longer times. This may explain the increased pathogenicity of A β_{42} , but not A β_{40} peptides, in the presence of SST₁₄, but not AVP molecules.

Methods

Modeling structures

Each system investigated in this study contained eight randomly positioned monomeric A β_{42} or A β_{40} peptides and eight randomly positioned small cyclic peptides, somatostatin-14 (SST₁₄) or arginine vasopressin (AVP), as listed in Table 5. For A β_{42} peptides, the sequence ₁DAEFRHDSGYEVHHQKLVFFAEDVGSNKGAIIGLMVGGVVIA₄₂ was used, and for A β_{40} peptides the two C-terminal residues were excluded. The sequences ₁AGCKNFFWKTFTSC₁₄ and ₁CYFENCPRG₉-NH₂ were used for SST₁₄ and AVP, respectively, to match the conditions of the experiments [28,29]. As starting coordinates for these monomeric units, we used the coordinates of chains A–F of the NMR-derived A β_{1-42} hexamer from PDB ID 2NAO [36] and the coordinates of chains A–H of the A β_{1-40} nanomer from PDB ID 2M4J [37], which were equilibrated before modeling. For small cyclic peptides, we used the coordinates of chain A of somatostatin-14 with S-S bond from PDB ID 2MI1 [38], and coordinates of chain B of vasopressin from PDB ID 1YF4 [39]. Using the Accelrys VS [40] and VMD [41] packages, we built the starting systems to contain eight monomeric A $\beta_{1-40/42}$ units from 2M4J/2NAO.pdb, and

Table 5. List of the systems studied.

System	Details of preparation	Number of MD trajectories
A β_{42} -SST ₁₄ -I/III	Eight A β_{1-42} chains 2NAO [36], pre-equilibrated and mixed with eight SST ₁₄ chains 2MI1 [38]; then equilibrated again.	3
A β_{42} -AVP-I/III control	Eight A β_{1-42} chains 2NAO [36], pre-equilibrated and mixed with eight AVP chains 1YF4 [39]; then equilibrated again.	3
A β_{40} -SST ₁₄ -I/III	Eight A β_{1-40} chains 2M4J [37], pre-equilibrated and mixed with eight SST ₁₄ chains 2MI1 [38]; then equilibrated again.	3

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eight SST14/AVP molecules by randomly rotating and shifting the units against each other. All peptides were randomly placed in the simulation box such that distances between their surfaces were longer than 4 Å. This resulted in sparsely positioned units with a concentration of approximately 4 mM for A β , SST₁₄, and AVP each.

Minimizations, equilibrations, and production MD simulations were carried out using the GROMACS v5.0.7 package [42]. The AMBER99SB-ILDN forcefield [43] was used for protein atoms. Then, we minimized each set of 16 randomly positioned units using a steepest descent algorithm for energy in vacuum, and added the solvent using the optimized general-purpose 4-point OPC water model [44], as well as counterions Na⁺/Cl⁻ to electro-neutralize the systems. Subsequent solvent minimizations involved decreasing position restraints on non-hydrogen protein atoms, as well as heating with the Berendsen thermostats. NVT-equilibrations were performed on all the systems. To collect sufficient statistics on the systems' dynamics, we ran independent MD trajectories for each of the systems, as listed in Table 5. The same sets of starting coordinates of atoms were used in each of the trajectories, whereas the seed numbers were varied when generating the initial Maxwell distributions of atom velocities. The three MD trajectories were labeled as "I", "II" and "III".

Molecular dynamics simulations

The production MD simulations, as well as the last equilibration step, were conducted at a temperature of 310 K and a pressure of 1 atm using isotropic pressure coupling (NPT ensemble), the Verlet cut-off scheme for neighbour searching, the Particle-Mesh Ewald treatment of electrostatics, a twin-range cut-off for van der Waals interactions, and bond lengths restrained through the linear constant solver (LINCS) algorithm with a fourth order of expansion. A V-rescale scheme was used for temperature coupling, and the Parrinello-Rahman algorithm was employed for pressure coupling applying the scaling to the center of mass of reference coordinates. Production MD simulations were performed for 100 ns for 9 systems containing 16 chains each (see Table 5). 2 fs time steps were used, and snapshots were saved every 20 fs in order to analyze the essential collective dynamics of the systems.

Structural analysis of the trajectories, including assessment of the secondary structure, the number of hydrogen bonds, and solvent accessible areas, has been done using the GROMACS scripts [42] and the VMD package [41]. For graphical representation, the VMD and Accelrys VS packages were utilized.

Essential collective dynamics analysis

To analyze the dynamics of the aggregates in greater depth we employed the novel essential collective dynamics (ECD) method [16,31–35], which stemmed from a recently developed statistical-mechanical framework [31,32]. In this framework, a macromolecule or supramolecular complex is described by generalized Langevin equations with a set of essential collective coordinates identified as principal eigenvectors of a covariance matrix, which in turn is calculated by applying the principal component analysis (PCA) on MD trajectories. It has been demonstrated [31,32] that persistent correlations between atoms' motion (dynamics) can be calculated from a projected all-atom image of the system in a multi-dimensional space of the essential collective coordinates, as described in details elsewhere [16,31–33]. A suite of dynamics descriptors has been derived within this framework, including pair correlation maps [16,33,35], dynamics domains of correlated motion [16,31,33,34], and main-chain flexibilities [16,33–35]. The method has been validated extensively against NMR [31–34,45] and X-ray [33,46] structural data, and the corresponding descriptors were demonstrated to predict accurately the persistent dynamics trends from short fragments of MD trajectories without

exhaustive conformational sampling [31,32]. In this study, we applied the ECD method with a set of 10 principal eigenvectors, which were sufficient to sample more than 95% of the total displacement in the systems considered. The ECD descriptors were calculated from multiple 0.2 ns long segments of the MD trajectories, and averaged over pertinent segments of production MD simulations, as specified in Results and Discussion. The pair correlation descriptors displayed in Fig 4 have been derived from the projected images of C α atoms in the respective aggregates as specified earlier [16,33,34,45]. The dynamics domains of correlation motion, which represent relatively rigid parts of the aggregate composed of atoms moving coherently (Fig 5) were identified by applying the clustering technique described in earlier reports [31,33,34,45] with a threshold of 0.008 to the projected all-atom images of all systems. The main-chain flexibility profiles (Fig 6) illustrate the level of dynamic coupling of main-chain atoms with the entire aggregate, which in turn is represented by the centroid of the projected all-atom images of the aggregate.

Supporting information

S1 Fig. Close-ups after equilibration at the beginning of production MD simulations illustrated by examples from representative trajectories A β ₄₂-SST₁₄-I (A), A β ₄₂-AVP-II (B), and A β ₄₀-SST₁₄ II (C). All main-chains are shown as ribbons. The C-terminal residues 36-40/42 are colored blue. SST₁₄ molecules (A,C) and AVP molecules (B) are depicted in atomic details and colored red. Hydrophobicity of all chains is color-mapped onto solvent accessible surfaces, where blue indicates hydrophobic residues and red indicates hydrophilic residues.
(TIF)

S2 Fig. Self-assembled aggregates in trajectories A β ₄₂-SST₁₄-I (A); A β ₄₂-AVP-II (B); and A β ₄₀-SST₁₄-II (C) after 500 ns simulations. In A β ₄₂ and A β ₄₀ chains, random coils are colored white, β -strands are colored yellow, turns are colored cyan, and α helices are colored purple; the C-terminal residues 36-40/42 of A β peptides are colored blue. The SST₁₄ molecules (A,C) and AVP molecules (B) are depicted in atomic detail and colored red.
(TIF)

S3 Fig. The number of hydrogen bonds across A β chains and small cyclic peptides during 500 ns production simulations. (A)–the numbers of hetero-molecular bonds as functions of time in all nine trajectories. A β ₄₂-SST₁₄ systems are shown with shades of red, A β ₄₂-AVP–with shades of blue, and A β ₄₀-SST₁₄ –with shades of green. (B)–the dependencies for A β ₄₂-SST₁₄-I (red line), A β ₄₂-AVP-II (blue line), and A β ₄₀-SST₁₄-II (green line) with solid dots indicating local maxima and minima where the snapshots presented in Fig 3 were taken.
(TIF)

S4 Fig. Secondary structure evolution for trajectories A β ₄₂-SST₁₄-I (A), A β ₄₂-AVP-II (B) and A β ₄₀-SST₁₄-II (C) during the 500 ns long production MD simulations. β -sheets/bridges are shown with yellow/dark yellow color, α /3- π -helices–with purple/blue, turns–with green, and random coils–with white. The Y-axis represents residues in chains A-P.
(TIF)

S5 Fig. Percentages of β -sheet (top row), β -bridge (middle row), and α /3- π -helix (bottom row) content in each of the three MD trajectories for systems A β ₄₂-SST₁₄, A β ₄₂-AVP, and A β ₄₀-SST₁₄ as functions of time.
(TIF)

S6 Fig. Aggregates observed in systems A β ₄₂-SST₁₄-I (A), A β ₄₂-AVP-II (B) and A β ₄₀-SST₁₄-II (C) after 500 ns of simulations. In (A), chains A, B and E are colored yellow;

chains C, D and F are colored cyan; and chains G and H are colored purple. In (B) and (C), chains A to H are colored yellow, cyan, purple, lime, mauve, ochre, iceblue and black, respectively. All SST₁₄ and AVP molecules are colored red.

(TIF)

S1 Table. Number of hydrogen bonds between and across A β chains and small cyclic peptides (SCP), and total number of hydrogen bonds in each system in average over the first and the last 20 nanoseconds of 500 ns long MD runs.

(XLSX)

S2 Table. Population of β -bridges in all trajectories averaged over the last 20 ns of the 500 ns long MD simulations, their averages over three trajectories for each system, the averages over the entire 500 ns simulations, and standard deviations of the data. The data are given in % of occupied A β residues.

(XLSX)

S3 Table. Population of α -helices and 3- π -helices in all trajectories averaged over the last 20 ns of the 500 ns long MD simulations, their averages over three trajectories for each system, the averages over the entire 500 ns simulations, and standard deviations of the data.

The data are given in % of occupied A β residues.

(XLSX)

S4 Table. ECD main-chain flexibility of C-terminus in each A β ₄₂ or A β ₄₀ chain in average over the last 20 ns of each MD trajectory.

(XLSX)

S5 Table. Hydrophobic and hydrophilic SASA of the small cyclic peptides in each system averaged over three trajectories, during the first and the last 5 ns of MD simulations, and the corresponding differences.

(XLSX)

S6 Table. Hydrophobic and hydrophilic SASA in average over the first and the last 5 ns of MD simulations, and the corresponding differences, for all the systems.

(XLSX)

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