

# **Molecular Targets of Manganese-Induced Neurotoxicity: A Five-Year Update**

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Abstract: Understanding of the immediate mechanisms of Mn-induced neurotoxicity is rapidly evolving. We seek to provide a summary of recent findings in the field, with an emphasis to clarify existing gaps and future research directions. We provide, here, a brief review of pertinent discoveries related to Mn-induced neurotoxicity research from the last five years. Significant progress was achieved in understanding the role of Mn transporters, such as SLC39A14, SLC39A8, and SLC30A10, in the regulation of systemic and brain manganese handling. Genetic analysis identified multiple metabolic pathways that could be considered as Mn neurotoxicity targets, including oxidative stress, endoplasmic reticulum stress, apoptosis, neuroinflammation, cell signaling pathways, and interference with neurotransmitter metabolism, to name a few. Recent findings have also demonstrated the impact of Mn exposure on transcriptional regulation of these pathways. There is a significant role of autophagy as a protective mechanism against cytotoxic Mn neurotoxicity, yet also a role for Mn to induce autophagic flux itself and autophagic dysfunction under conditions of decreased Mn bioavailability. This ambivalent role may be at the crossroad of mitochondrial dysfunction, endoplasmic reticulum stress, and apoptosis. Yet very recent evidence suggests Mn can have toxic impacts below the no observed adverse effect of Mn-induced mitochondrial dysfunction. The impact of Mn exposure on supramolecular complexes SNARE and NLRP3 inflammasome greatly contributes to Mn-induced synaptic dysfunction and neuroinflammation, respectively. The aforementioned effects might be at least partially mediated by the impact of Mn on  $\alpha$ -synuclein accumulation. In addition to Mn-induced synaptic dysfunction, impaired neurotransmission is shown to be mediated by the



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8

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**Copyright:** © 2021 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). effects of Mn on neurotransmitter systems and their complex interplay. Although multiple novel mechanisms have been highlighted, additional studies are required to identify the critical targets of Mn-induced neurotoxicity.

Keywords: manganese; neurotoxicity; neuroinflammation; apoptosis; cell signaling

## 1. Introduction

Manganese (Mn) is an essential metal that is involved in a variety of physiological processes [1]. Mn naturally occurs in the Earth's crust, predominantly as the <sup>55</sup>Mn isotope, although a total of 18 isotopes have been described [2]. In biological systems, Mn exists in two oxidation states Mn<sup>2+</sup> and Mn<sup>3+</sup> that mediate redox cycling of Mn, which is involved in biological effects of the metal, including the Fenton reaction, transferrin-mediated transport, interference, as well as interference with other divalent metals ( $Mg^{2+}$ ,  $Fe^{2+}$ ), to name a few [3]. At the same time, in the environment Mn may exist in other positive  $(4^+, 5^+, \text{ and } 6^+)$  and even negative  $(3^-)$  oxidation states. Due to its chemistry Mn exists in multiple inorganic and organic species. The most common inorganic species include oxides (dioxide,  $MnO_2$ , and tetraoxide,  $Mn_3O_4$ ), chloride ( $MnCl_2$ ), sulfate ( $MnSO_4$ ), manganese phosphate ( $MnPO_4$ ), carbonate ( $MnCO_3$ ), silicate ( $MnSiO_3$ ), etc. [4]. Among organic Mn species, methylcyclopentadienyl Mn tricarbonyl (MMT) as a gasoline additive, and Maneb and Mancozeb as pesticides/fungicides may be considered as significant health hazard due to high risk of overexposure [5]. In addition to anthropogenic sources of Mn into the environment, natural sources including soil erosion may also contribute to Mn emissions [4].

In addition to regulation of redox homeostasis, energy metabolism, and regulation of urea cycle [1], Mn is also known to play a significant role in regulation of neuronal development [6]. Alteration of these processes, under Mn deficiency or excess conditions, may result in severe metabolic dysfunction. However, the case for dietary Mn deficiency appears to be extremely rare in humans due to high levels of Mn in dietary products [7,8]. In contrast, Mn overexposure, which is far more common, may cause brain-associated disorders [9]. Studies on neurological outcomes have been carried out in populations living in areas near industrial activities, including former and active Mn alloys plants, and Mn ore processing plants [10–13], among others.

Mn exposure was shown to be associated with a number of adverse neurological effects [14]. Multiple. Multiple studies have demonstrated significant association between Mn exposure and neurodegenerative diseases [15]. Specifically, a recent meta-analysis demonstrated a significantly higher circulating Mn levels in patients with Parkinson's disease [16]. Elevation of Mn levels was also observed in amyotrophic lateral sclerosis [17], whereas the association between Mn overexposure and Alzheimer's disease appears to be inverse [18]. However, the time of assessment may have a significant impact on the outcome of such studies due to Mn excretion from the organism.

Mn neurotoxicity is also known to affect neurodevelopment [19]. Specifically, maternal or early-life Mn exposure was shown to be associated with poorer cognitive and behavioral performance in children under six years old [20]. However, in view of the essentiality of physiological Mn levels and its toxicity upon overexposure [21], the association between Mn and adverse neurodevelopmental outcome may be U-shaped [22]. The potential contribution of Mn exposure to attention deficit hyperactivity disorder (ADHD) was also demonstrated [23].

In view of the significant neurological effects of Mn exposure, the mechanisms of Mn-induced neurotoxicity have been extensively studied. Key mechanisms include neuroinflammation, impaired calcium homeostasis [24], dysregulation of mitochondrial function and redox homeostasis [25], altered proteostasis [26], impaired microRNAs (miRNA) function [27], and altered neurotransmitter metabolism [28], to name a few. Addition-

ally, reports suggest that Mn homeostasis is affected by low dose cadmium feeding [29]. However, the understanding of the intimate mechanisms of Mn neurotoxicity is rapidly evolving in view of the new data obtained.

Despite the presence of numerous outstanding reviews on Mn neurotoxicity, the summary of recent findings in the field is of particular interest in order to clarify the existing gaps and further research directions. Previous updates were provided in 2015 [30], 2016 [31], and 2018 [32]. In view of the significant progress in the field, in this paper we provide a brief review of pertinent discoveries in Mn-induced neurotoxicity research during the last five years.

# 2. Manganese Transporters

Regulation of brain Mn homeostasis is a critical mechanism for supporting the balance between Mn essentiality and toxicity [33]. Although not representing molecular targets of Mn neurotoxicity, recent data on Mn transporters are briefly reviewed herein due to their importance in regulating brain Mn levels.

# 2.1. SLC39A14 (ZIP14)

It has been proposed that modulation of ZIP14 may be involved in prevention of Mn-induced neurotoxicity [34]. A study in intestine-specific ZIP14-KO demonstrated that intestinal ZIP14 deficiency is responsible for systemic and brain Mn accumulation upon overexposure and cannot be compensated by hepatobiliary metal excretion [35]. ZIP14 deficiency in ZIP14 knock-out (KO) mice resulted in reduced Mn excretion after subcutaneous Mn administration as well as increased cerebral Mn accumulation with subsequent motor dysfunction [34]. The primary localization of Mn deposits in brain was observed in the pons and basal ganglia, including globus pallidus [36]. Mn<sup>2+</sup> exposure was shown to down-regulate ZIP14 expression in HepaRG cells and subsequent Mn transport, indicative of the involvement of ZIP14 in a cytoprotective response upon Mn overexposure [37].

Clinical findings also support the role of ZIP14 in regulation of brain Mn homeostasis. A novel missense variant (c.311G > T; p.Ser104Ile) in the *SLC39A14* gene was found to be associated with acute dystonia and motor regression. Clinical symptoms were also associated with pallidal Mn accumulation and a predominant accumulation of the metal in cerebrospinal fluid (CSF) as compared to peripheral blood [38]. A missense variant c.1136.T in exon 7 of *SLC39A14* gene was clinically characterized by hypermanganesemia, dystonia, and iron deficiency anemia [39].

# 2.2. SLC30A10 (ZNT10)

The role of SLC30A10 as Mn transporter was verified in *SLC30A10*-knocked down worms, *Caenorhabditis elegans.* which were characterized by increased survival in response to Mn exposure [40]. Our recent studies using tissue-specific *SLC30A10* knockout mice demonstrated enterocytic *SLC30A10* expression, being indicative of the role of both liver and gastrointestinal tract in regulation of brain Mn levels in physiological conditions, whereas at higher Mn exposure brain SLC30A10 is responsible for neuroprotection [41]. Correspondingly, mice with hepatic and intestinal SLC30A10 deficiency were characterized by less severe Mn overload as compared to whole-body deficient animals thus underlining involvement of other tissues in regulation of Mn accumulation [42]. Cases of familiar mutations in *SLC30A10* or *SLC39A14* genes are characterized by systemic and cerebral Mn overload and severe neurotoxicity [43]. Specifically, a homozygous missense mutation in *SLC30A10* was characterized by increased whole blood and basal ganglia Mn levels, dystonia, polycythemia, and cirrhosis [44].

## 2.3. SLC39A8 (ZIP8)

ZIP8 along with ZIP14 have been considered as the most significant regulators of Mn uptake in brain microvascular capillary endothelial cells as compared to DMT-1 and endocytic uptake, the latter being responsible for both apical and basal transmembrane  $Mn^{2+}$  transport in blood-brain barrier cells [45]. Comparative analysis of total and liverspecific ZIP8-knockout mice demonstrated that hepatic ZIP8 plays a key role in regulation of systemic Mn homeostasis with subsequent modulation of Mn-dependent arginase and  $\beta$ -1,4-galactosyltransferase, as well as protein N-glycosylation [46]. Correspondingly, a mutant *SLC39A8* variant was shown to be associated with systemic cerebral atrophy, developmental delay, dystonia, Mn deficiency, as well as impaired hepatic electron transport chain complexes that may be mediated by reduced activity of the Mn-dependent  $\beta$ -galactosyltransferase and MnSOD [47]. Although SLC39A8 is considered as multiple metal transporter, a common *SLC39A8* missense (A391T) mutation was characterized by significantly reduced levels of serum Mn, but not other metals (Co, Cu, Zn) [48]. Along with Mn-dependent disorders, SLC39A8 deficiency is associated with birth defects, lipid disorders, cardiovascular diseases, neurological and neurodegenerative diseases, as well as inflammatory disorders [49].

#### 3. Mn-Induced Alterations in Subcellular and Multicellular Biology

# 3.1. Gene Expression

Several studies have focused on genetic networks affected by Mn. specifically, evaluation of shared microarray data from Mn-treated neurons and intact cells revealed 140 upregulated and 267 down-regulated genes. Gene ontology function analysis demonstrated that the differentially expressed genes were involved mainly in chemotaxis, intercellular signaling, regulation of metabolism, and response to wounding. In turn, KEGG pathway analysis characterized cytokine-cytokine receptor interaction, apoptosis, oxidative phosphorylation, Toll-like receptor signaling pathway, and insulin signaling pathway genes as the most affected. Of these gene networks, INSR, VEGFA, PRKACB, DLG4, and BCL2 could be considered as candidate genes associated with Mn-induced Alzheimer's disease [50]. In another study, genome-wide sequencing of striatal samples from Mn-exposed rats  $(25 \text{ mg/kg MnCl}_2 \cdot 4H_2 \text{O i.p. every 48 h for a month})$  revealed seven down-regulated and 10 up-regulated genes. Specifically, genes involved in redox metabolism, dopamine synthesis, apoptosis, and neuronal survival including Sgk1, HCRTr1, HspB1, Rem2, Oprd1, ATF5, and TRHr may determine susceptibility to Mn toxicity [51]. Our earlier study demonstrated that Mn exposure (50 mg/kg MnCl<sub>2</sub>·4H<sub>2</sub>O s.c. twice a week for 20 weeks) may differentially affect genetic networks in the wild-type mice and a genetic model of Huntington's disease (YAC128). Specifically, Mn exposure in wild-type mice affected metabolic pathways tightly linked to brain-derived neurotrophic factor (BDNF), whereas the targets of Mn exposure in YAC128 were focused upon the *Htt* gene involved in cell growth and proliferation [52]. A transcriptomic approach was used to unravel differentially expressed genes in Mn-exposed (100 µM Mn (sublethal) for 30 days) and control SH-SY5Y cells. Microarray and subsequent cluster analysis demonstrated that 1057 differentially-expressed transcripts, being predominantly involved in regulation of neuronal differentiation and development, apoptosis, and synaptic transmission [53]. Correspondingly, using zebrafish slc39a14<sup>U801-/-</sup> mutants exposed to Mn (50 µM for 72 h) for analysis of differentially-expressed genes demonstrated that the genes associated with Mn neurotoxicity are associated with mitochondrial dysfunction, oxidative stress, apoptosis, lysosomal dysfunction, altered proteostasis and unfolded protein response, Ca<sup>2+</sup> dyshomeostasis, as well as impaired visual phototransduction [54]. In parallel with the identified gene networks differentially expressed following acute Mn exposure (50 mM for 30 min), metal overload was also found to be associated with modulation of endoplasmic reticulum related genes and lipocalin-related (lpr) family members, thus indicating additional targets for Mn toxicity [55].

Exposure of dopaminergic neurons to Mn (150  $\mu$ M for 48 h) and the Parkinson's disease model toxin, 1-methyl-4-phenylpyridinium ion (MPP<sup>+</sup>), led to 694 and 603 upregulated, and 428 and 255 down-regulated genes, respectively. The differentially expressed genes were related to mitochondrial dysfunction, neuroinflammation, apoptosis, altered synaptic plasticity, impaired neurotransmission, and cytoskeleton abnormalities. However, the impact of Mn and MPP<sup>+</sup> on pathways of neurogenesis and neurite outgrowth was quite different, being indicative of differences in pathogenesis of Mn- and MPP<sup>+</sup>-associated Parkinson's disease [56].

Correspondingly, complex analysis of pathways affected by Mn exposure using metallomics, proteomics, gene expression, and bioinformatics demonstrated that irrespective of speciation, Mn exposure alters proteostasis, cell metabolism and signaling, immunity and inflammation, cell cycle, and neurodegeneration-associated pathways. In turn, altered neurotransmission pathways were found to be characteristic only for inorganic MnCl<sub>2</sub> (1.5 mg Mn/kg i.v. for four days) but not maneb ([[2-[(dithiocarboxy) amino] ethyl]-carbamodithioato]](2-)-kS,kS']manganese. It is proposed that the variance in effects between the studied Mn species may occur due to differences in post-translational modification of target proteins, being more pronounced in the case of maneb [57]. Metabolomics analysis revealed the impact of Mn on amino acid, glutathione, glucose, fatty acid, and purine/pyrimidine metabolism both in vivo [58] and in vitro [59], thus corresponding to the genetic analysis of the affected pathways.

Metabolomics also revealed biphasic effects of Mn exposure on metabolic pathways. Specifically, exposure to low-dose Mn (10  $\mu$ M for 5 h) resulted in a significant modulation of neurotransmitter, energy, fatty acid, and amino acid metabolism with an increase in neuroprotective amino acid metabolites including creatine, phosphocreatine, phosphoserine, whereas exposure to the toxic dose (100  $\mu$ M for 5 h) disrupted energy and fatty acid metabolism along with induction of cell death [60]. Correspondingly, transcriptomic analysis from the same research group demonstrated a dose-dependent change in differentially-expressed genes in response to physiological and toxic Mn exposures. Low-dose Mn exposure (10  $\mu$ M Mn for 5 h) resulted in a significant increase in Golgi-residing proteins (BET1, ADAM10, ARFGAP3) gene expression, whereas high dose Mn (100  $\mu$ M Mn for 5 h) exposure was shown to alter oxidative phosphorylation pathway and energy metabolism genes including *ATP6V1H*, *NDUFAF5*, and *FABP5* prior to induction of cell death [61].

# 3.2. Epigenetics

In parallel with direct effects of Mn exposure on genetic apparatus, the most recent studies have also characterized the epigenetic effects of this metal. Specifically, analysis of gene methylation in Mn-exposed SH-SY5Y cells (100 µM for 30 days) revealed differential methylation of 10,213 genes. Clustering using Database for Annotation, Visualization and Integrated Discovery (DAVID) demonstrated that hypermethylated genes are involved in metal ion binding, regulation of cytoskeleton, chromatin modification, regulation of transcription, apoptosis, and iron binding, whereas hypomethylated genes may be responsible for signal transduction, transcription, neuron differentiation and development, synaptic transmission, and MAPK signaling. It is noteworthy that certain differentially methylated genes are implicated in Parkinson's disease pathogenesis [62]. Genome-wide analysis demonstrated that Mn exposure in mice (5 mg/kg i.p. twice a week for six weeks) resulted in altered DNA methylation in the promoter region of 226 genes involved in mitochondrial functioning, cell cycle, DNA damage repair, and ion transport, DMOG [N-(2-methoxy-2-oxoacetyl) glycine was capable of restoring methylation of certain genes [63].

In utero Mn exposure was also shown to alter placental DNA methylation of 731 CpG loci with five most affected involved in neurodevelopment, fetal development, and carcinogenesis [64]. Finally, in welders exposed to metal-containing fumes, Mn overload was associated with iNOS gene methylation and parkinsonism [65].

Mn was also shown to affect epigenetic regulation of histone acetylation. Specifically, exposure to 300  $\mu$ M MnCl<sub>2</sub> for 3, 6, 12, or 24 h was shown to suppress histone H3 and H4 acetylation in PC12 cells and SHSY5Y cells through up-regulation of histone deacetylases (HDAC) and inhibition of histone acetyltransferase (HAT) expression [66].

It is notable that epigenetic effects of Mn exposure may be mediated by its influence on  $\alpha$ -synuclein overexpression and aggregation [67].

## 3.3. Cell Signaling

Mn is an essential co-factor for many kinases and phosphatases that play critical roles in cell signaling pathways. A role for alteration of cell signaling activity under conditions of Mn neurotoxicity have been reported for p53, insulin and insulin growth factor signaling, as well as AKT and mTOR signaling. Specifically, our previous study in C. elegans demonstrated that loss-of-function mutations in AKT1/2 and serum and glucocorticoidregulated kinase (SGK-1) are associated with increased resistance to Mn exposure at doses of 2.5–100 mM for 1 h, being indicative of the role of these pathways in Mn toxicity [68]. At the same time, it is proposed that PI3K may mediate the effects of 200  $\mu$ M Mn on AKT and mTOR and downstream signaling, also acting as Mn "sensor" [69]. Mn  $(1-10 \,\mu\text{M} \text{ for } 24 \,\text{h})$ was also shown to modulate insulin-IGF signaling network through increasing IGF1 and insulin levels that may mediate modulatory effects of Mn exposure on AKT. In particular, Mn<sup>2+</sup> exposure was shown to potentiate p-IGFR/IR-dependent AKT phosphorylation both under physiological and supraphysiological levels, being responsible for more than 70% of Mn-induced Akt signaling in cellular models of Huntington's disease [70]. Given the role of these pathways in cell signaling, Mn-induced modulation of PI3K/AKT/mTOR may underlie the effects of Mn (50–200  $\mu$ M) on downstream signaling targets including p53. In addition, Mn was shown to activate ataxia telangiectasia mutated (ATM) kinase being responsible for p53 phosphorylation [71].

## 3.4. Neurogenesis

Environmentally relevant Mn exposure (500–800  $\mu$ M for 24 h) is known to induce cytoskeletal reorganization in neurons with inhibition of neuronal differentiation and neurite outgrowth [72].

In rat hippocampal dentate gyrus exposure to 6 mg Mn/kg (5 days/week) for four weeks resulted in a significant decrease of proliferating cells, reduced cellular survival, impaired differentiation, and neurite outgrowth. In addition, impaired migration of the neuroblasts from the subgranular zone to the granule cell was also revealed [73]. Although Mn exposure was shown to reduce cell survival and neurogenesis in the olfactory bulb, although in brain subventricular zone it induced an initial increase in cell proliferation [74]. Correspondingly, in subventricular zone and rostral migratory stream exposure to 6 mg Mn/kg as MnCl<sub>2</sub> once daily for four weeks significantly increased neurogenesis as evidenced by elevated number of bromodeoxyuridine-positive cells, increased GFAP-positive astrocytic stem cells, and doublecortin-positive neuroblasts. However, the observed cellular Mn overaccumulation due to Mn-induced increase in DMT1 mRNA expression was also associated with a reduction in Cu levels, thus disrupting normal neurogenesis [75].

It has also expression of antioxidant enzymes and been demonstrated that dietary (800 ppm in diet for 56 days) Mn-induced decrease of granule cell BDNF signaling through alteration of c-Fos-mediated neuronal plasticity may result in  $\gamma$ -aminobutyric acid (GABA)-ergic interneuron loss altogether leading to disrupted neurogenesis [76].

# 3.5. Neuroinflammation

Neuroinflammation is known to be one of the leading mechanisms of Mn-induced neurotoxicity [77] (Figure 1). Astrocytes, and particularly astrocyte activation (astrogliosis), are considered as the mediator of neurotoxic and proinflammatory effect of manganese [78]. Particularly, in mixed glial cultures Mn-induced (0–100  $\mu$ M Mn for 24 h) up-regulation of proinflammatory gene expression was shown to be associated with expression of astrocyte-specific genes and especially Ccl2, being indicative of the key role of astrocytes in Mn-induced neuroinflammation [79]. At the same time, Mn-induced NF- $\kappa$ B activation in microglia exposed to the same metal doses significantly enhanced astrocyte activation and neuroinflammatory response [80], indicative of the important role of microglia-astrocyte interplay in Mn-associated neuroinflammation. The critical role of NF- $\kappa$ B pathway in Mn-induced neuroinflammation was also confirmed in mouse (50 mg/kg/day p.o. for

30 days) studies with the knockout of astrocyte-specific IkB kinase 2 that prevented the neuroinflammatory reaction [81].

Activation of NF- $\kappa$ B may be mediated by Mn-induced I $\kappa$ B- $\alpha$  degradation in BV2 microglia [82]. Up-regulation of JAK2-STAT3 signaling in microglia may be also responsible for microglial TNF- $\alpha$  and IL-1 $\beta$  secretion in response to Mn<sup>2+</sup> exposure in mice (2, 5, 10 mg/kg MnCl<sub>2</sub> i.g. for 30 days) [83]. In a C57/BL mouse model (100 mg/kg Mn i.p. once in three days for two weeks) LRRK2 was also shown to play a significant role in up-regulating microglial activation and increased IL-1 $\beta$  and TNF- $\alpha$  expression, being also associated with microglial autophagy dysfunction as demonstrated by elevated Atg5 and Beclin-1 levels [84]. The observed Mn-induced (100  $\mu$ M Mn for 24 h) increase in proinflammatory cytokine secretion is also dependent on mitochondrial dysfunction and down-regulation of mitofusin 2 (Mfn2), whereas mitochondrial protection with Mitoapocynin significantly ameliorated the proinflammatory effects of the metal [85].

Recent studies demonstrated that proinflammatory effect of Mn in brain tissues may be mediated by inflammasome expression and activation. Particularly, Mn exposure in rats  $(2, 5, 10 \text{ mg/kg MnCl}_2 \text{ i.g. for 30 days})$  resulted in striatal NF- $\kappa$ B activation leading to the formation of NLRP3 inflammasome complex and the consequent ROS-mediated activation with subsequent IL-1 $\beta$  and IL-18 secretion by microglia [86]. Mn-induced activation of NLRP3-CASP1 (caspase 1) inflammasome pathway in Mn-exposed rats (100 mg/kg Mn s.c. 3 times a week) and BV2 cells (100  $\mu$ M Mn for 6 h) may also be associated with autophagy-lysosomal dysfunction, whereas release of lysosomal CTSB (cathepsin B) plays a significant role in Mn-induced NLRP3-CASP1 inflammasome activation [87]. In turn, PAS-Na treatment prevented Mn-induced expression of NLRP3, CASP1, IL-1 $\beta$ , and IL-18 in BV2 microglia cells exposed to 200 µmol/L MnCl<sub>2</sub> for 24-48 h [88]. Correspondingly, paraaminosalicylic acid in Mn-exposed Sprague-Dawley rats (5, 10, 20 mg/kg Mn i.p. 5 days per week for eight weeks) was shown to reduce Mn-induced NLRP3 inflammasome dependent pyroptosis through inhibition of NF-κB signaling, that may occur due to decreased p65 and IkB-α phosphorylation and ROS production [89]. Moreover, alternative mechanism of NLRP3 inflammasome pathway activation may involve Mn-induced release and cell-to-cell transfer of inflammasome adaptor protein ASC-containing exosomes, as demonstrated in primary microglial cells (100  $\mu$ M Mn for 6–24 h) [90].



Figure 1. Neuroinflammatory effects of Mn exposure. NF-KB activation through a number of mechanisms

plays a key role in proinflammatory effects of Mn [81]. Specifically, Mn overload significantly increased IkBα degradation ultimately resulting in NF-κB activation [82]. In addition, Mn-induced mitochondrial dysfunction and ROS overproduction also contributes to activation of redox-active NF-κB. Mn was also shown to activate JAK2/STAT3 pathway [83]. Both of these mechanisms may underlie Mn-induced proinflammatory cytokine overproduction. Recent studies have also clarified the particular role of NLRP3 inflammasome activation in Mn-induced neuroinflammation and pyroptosis. Activation of NLRP3 inflammasome under Mn exposure may result not only from NF-κBinduced NLRP3 expression, but also due to exosomal transport of ACS protein from other exposed cells [90]. Mn overexposure and oxidative stress provide significant damage to lysosomes with subsequent increase in membrane permeability and cathepsin B release. The latter also up-regulates NLRP3-inflammasome activation [91].

Therefore, key pathways mediating neuroinflammatory effect of Mn exposure appear to involve NF-κB, JAK2/STAT3, and NLRP3 inflammasome activation (Figure 1).

## 3.6. Mitochondrial Dysfunction and Oxidative Stress

Although prooxidant effects of Mn have been reported and extensively studied through the decades, investigations performed in recent years have clarified the mechanisms underlying the impact of Mn on mitochondrial ROS generation, as well as transcriptional regulation of redox homeostasis, and its relationship to mitochondrial dysfunction [92].

Mn-induced mitochondrial dysfunction was shown to be among the leading mechanisms of prooxidant effect of the metal (Figure 2A). Specifically, in neuronal cultures Mn exposure (1, 3, 5 mM Mn for 24–48 h) resulted in elevation of mitochondrial ROS generation [91] and reduction of mitochondrial membrane potential (MMP) [93]. Using rat heart mitochondria, it has been demonstrated that  $Mn^{2+}$  exposure (5–500  $\mu M$  Mn 0–20 min) increases ROS production at respiratory chain complex II, increases superoxide dismutation, promotes the loss of low-molecular weight antioxidants via mitochondrial permeability transition pores, as well as increases ROS production by flavin-containing oxidoreductases of the Krebs cycle [94]. Generally, the role of complex II as a target for Mn toxicity corroborates our findings on different modes of prooxidant effect of Mn (0–200 μM Mn for 24 h) and rotenone, a specific electron transport chain (ETC) complex I inhibitor, in human-induced pluripotent stem cell-derived postmitotic mesencephalic dopamine neurons [95]. However, our recent findings demonstrate that mitochondrial dysfunction is observed only at cytotoxic exposure doses (0–300  $\mu$ M for 24 h), being indicative that there are neurotoxic insults not associated with acute cell death that are independent of mitochondria dysfunction [96].

Mn was also shown to increase adrenaline oxidation to adrenochrome with subsequent ROS generation, oxidative DNA damage, and alteration of RNA synthesis in T7 RNA polymerase-driven transcription [97] (Figure 2B).

A significant progress was achieved in the studies of the interplay between Mn and Nrf2, being the key transcriptional regulator of antioxidant system and redox homeostasis (Figure 2C). It has been found that Mn exposure (1  $\mu$ M–200  $\mu$ M for 24 h or two weeks) down-regulates Nrf2 signaling through alteration of Keap1 expression altogether resulting in reduced expression of antioxidant enzymes and heat shock proteins [98]. However, the effect of Mn on the Keap1–Nrf2–ARE signaling pathway was found to be biphasic. Thus, intraperitoneal exposure to 12.5 mg/kg Mn for two weeks was found to increase Nrf2 and reduce Keap1 expression in rat striatum as compared to controls, whereas exposure to higher doses (25 and 50 mg/kg) resulted in opposite effects. Similar trend was observed for heme oxygenase (HO-1) and NAD(P)H quinone dehydrogenase 1 (NQO1) expression. However, the negative impact of Mn exposure on  $\gamma$ -glutamylcysteine synthetase, GPX, GST, and GR was found to be dose-dependent [99]. It has been also demonstrated that histone hypoacetylation may result in inhibition of Mn-induced Nrf2/HO-1 pathway in PC12 cells, thus promoting Mn-induced ROS generation in PC12 cells exposed to 0–300  $\mu$ M

Mn for 24 h [100]. An additional mechanism of Mn-induced alteration in Nrf2 signaling may involve activation of GSK-3 $\beta$  [101] which is known to possess modulatory effects on Nrf2 [102]. Generally, the existing data demonstrate that lower toxic Mn exposure may activate Nrf2 signaling as a compensatory response to Mn-induced oxidative stress, whereas at high-dose exposure Nrf2 will be inhibited, thus reducing resistance to Mn-induced oxidative stress and toxicity.



**Figure 2.** The potential mechanisms of Mn-induced oxidative stress. (**A**) Mn overexposure increases electron leakage and superoxide generation at electron transport chain complex II and increases MnSOD-dependent hydrogen peroxide formation [94,95]. Depression of antioxidant enzymes and loss of low-molecular weight antioxidants in response to Mn exposure also contribute to increased ROS accumulation [94]. (**B**) Mn increases adrenaline oxidation to adrenochrome with subsequent overproduction of superoxide [97]. (**C**) The impact of Mn on redox homeostasis may also be regulated at transcriptional level. Specifically, Mn-induced sirtuin down-regulation [98] results in increased acetylation of FOXO3a and PGC1 $\alpha$ . Increased PGC1a acetylation is associated with reduced Nrf2 expression and down-regulation of Nrf2 target genes including  $\gamma$ -glutamylcysteine synthetase ( $\gamma$ -GCS), glutathione peroxidase (GPX), glutathione reductase (GR), glutathione synthetase (GS), NAD(P)H Quinone Dehydrogenase 1 (NQO-1), heme oxygenase 1 (HO-1) [98]. Mn exposure may also affect Nrf2 signaling through alterations of Keap1 expression [98]. In turn, increased FOXO3a acetylation results in decreased SOD and catalase expression that are up-regulated by deacetylated form, as well as promotes proapoptotic signaling through Bim and PUMA [103].

The impact of Mn on redox metabolism may be mediated through its interference with sirtuin (SIRT) signaling, being considered as the key regulator of antioxidant system through regulation of Nrf2 (Figure 2C). Specifically, it has been demonstrated that down-regulation of SIRT1 under Mn exposure (0–1000  $\mu$ M Mn for 24 h) is associated with proapoptotic signaling and FOXO3a activation [103]. In Mn-exposed primary cultured neurons (100, 200  $\mu$ M Mn for 24 h) up-regulation of SIRT3 expression was shown to be involved in protective effects of resveratrol against Mn-induced mitochondrial dysfunc-

tion [104] which may be at least partially mediated by the role of SIRT3 in regulation of Mn-SOD activity [105].

The role of Mn in regulation of redox homeostasis, especially in mitochondria, is also mediated by mitochondrial MnSOD [106]. However, data on the association between Mn exposure and MnSOD activity are highly variable. Interestingly, along with increased ROS production and depression of other antioxidant enzymes, Mn exposure in rats (100 mg/kg Mn i.p. for 7 days) significantly reduced brain mitochondrial MnSOD levels [107]. At the same time, in SH-SY5Y cells Mn exposure (0–100  $\mu$ M Mn for 5 h) resulted in an increase in cellular oxygen consumption rate, SOD2 activity, and H<sub>2</sub>O<sub>2</sub> production without a significant elevation of superoxide production observed over entire physiological to pathological range [108]. These findings contradict our observations of lack of Mn-induced mitochondrial H<sub>2</sub>O<sub>2</sub> production at exposure ranges lower than cytotoxic [96]. Given this inconsistency one could propose the physiological regulatory role of Mn-induced mitochondrial H<sub>2</sub>O<sub>2</sub> production at nearly physiological exposure ranges. A detailed in vitro study demonstrated 500  $\mu$ M Mn-induced up-regulation of MnSOD mRNA and protein levels that was found to be dependent on protein tyrosine kinase (PTK) or protein kinase C (PKC) signaling [109]. The association between systemic Mn levels and MnSOD is still unclear.

## 3.7. Endoplasmic Reticulum Stress

A role of Mn exposure in endoplasmic reticulum stress and its contribution to apoptosis and neurotoxicity has been demonstrated earlier [110]. Recent studies have confirmed earlier observations and highlighted additional mechanisms underlying this association. Mn exposure (5–30 mg/kg Mn i.p. for 3–4 weeks) induced a dose-dependent increase in CHOP, GRP78, and caspase 12 [111], GADD34, XBP-1 [112], ATF-6 $\alpha$ , PERK, Sigma-1R, as well as proapoptotic protein expression in rat striatum [113]. It has also been demonstrated that Mn-induced  $\alpha$ -synuclein accumulation and toxicity may be mediated through ERS and apoptosis [114].

At the same time, a recent study demonstrated that the impact of Mn on endoplasmic reticulum may differentially modulate apoptosis. Although prolonged ERS due to Mn exposure is shown to up-regulate apoptosis, unfolded protein response following Mn exposure in SH-SY5Y cells (0–100  $\mu$ M for 24 h) induced autophagy as a protective response to metal toxicity through inositol requiring enzyme 1 (IRE1) signaling. The latter was shown to stimulate ASK1-TRAF2 complex formation with subsequent JNK activation and Beclin-1 mRNA expression [115]. Another mechanism of ERS-associated autophagy may include activation of PERK/eIF2 $\alpha$ /ATF4 signaling pathway as demonstrated in SH-SY5Y cells exposed to 100  $\mu$ M Mn for 6–24 h [116]. ERS-induced autophagy was also shown to be protective against Mn-induced  $\alpha$ -synuclein oligomerization [117].

## 3.8. Autophagy

Autophagy is considered as a compensatory response to Mn toxicity in neuronal cells [118], whereas dysregulation of autophagy is considered as the potential mechanism linking perturbations in Mn metabolism and neurodegeneration [119].

The impact of Mn exposure on autophagy was shown to be time dependent in BV-2 microglial cells with complete functional autophagy of cellular compartments damaged by Mn toxicity at low-to-moderate Mn exposure (250–750  $\mu$ M Mn for 24 h). In contrast, the high rate of Mn-induced damage results in lysosomal membrane permeabilization, cathepsin release, and dysregulated autophagy, altogether leading to cell death [120]. In parallel with lysosomal membrane permeabilization, another mechanism of Mn-induced regulated necrosis revealed at similar exposure doses in microglia involves complex events including DNA damage, AIF nuclear translocation, mitochondrial membrane permeabilization, and poly (ADP-ribose) polymerase 1 (PARP1)-dependent cell death, altogether referring to "parathanatos" [121]. Oppositely, in a range of 6.25–100  $\mu$ M Mn was shown to induce autophagic flux in Huntington's disease cell models resulting in autophagic sequestration of huntingtin (Htt) aggregates, thus possessing protective effect [122].

The observed effects of different Mn exposure times on autophagy [120] corroborate earlier data demonstrating time-dependent S-nitrosylation of the key proteins being involved in autophagy. Specifically, long-term Mn exposure (400  $\mu$ M Mn for 24 h) upregulated inducible NOS activity and NO production with subsequent JNK and Bcl2 S-nitrosylation resulting in autophagy inhibition [123]. A later study by this research group demonstrated that IKK $\beta$  S-nitrosylation may also affect autophagy through reduction of AMPK phosphorylation and subsequent mTOR pathway activation [124]. Dysregulation of autophagy in response to Mn exposure (200 $\mu$ M Mn for 0–100) may be at least partially mediated by reduced nuclear localization and activity of TFEB, a key regulator of autophagy, thus leading to the accumulation of dysfunctional mitochondria [125]. Mn-induced  $\alpha$ -synuclein overproduction was also shown to disrupt HMGB1-dependent autophagy affecting HMGB1-Beclin1 interaction and promoting Beclin1-Bcl2 binding in exposed SH-SY5Y cells (50–200  $\mu$ M for 24 h) [126]. Up-regulation of autophagy is considered as a potential protective mechanism of spermine against Mn-induced degeneration of dopaminergic neurons exposed to 300 and 600  $\mu$ M for 24 h [127].

Recent studies demonstrated that mitophagy may occur as the particular mechanism of Mn-induced autophagy [118]. Specifically, Mn exposure (250  $\mu$ M MnCl<sub>2</sub> for 2–24 h) resulted in ROS-dependent mitochondrial dysfunction and subsequent mitophagy as evidenced by increased LC3-II/LC3-I, Beclin-1, PINK1, and P-parkin expression. Increased nuclear FOXO3 translocation under Mn treatment and reduced mitochondrial autophagy in FOXO3 KO cells demonstrate that Mn-induced mitophagy may be at least partially mediated by FOXO3 signaling [128]. Correspondingly PINK1/Parkin-mediated mitophagy was shown to be essential for apoptotic resistance under Mn exposure (250–2000  $\mu$ M for 24–48 h) in dopaminergic neuronal cells [129].

# 3.9. Arginase

Ureohydrolases arginase and agmatinase are Mn-dependent enzymes containing two Mn<sup>2+</sup> atoms in the active center, although only one of them promotes catalysis and another one enhances enzyme activity [130]. A recent study proposed that active site Mn<sup>2+</sup> cation is not directly involved in the charge-transfer process during reaction, being involved in stabilization of the nucleophile and intermediates [131].

Recent studies demonstrated the role of arginase as a physiological target of Mn in a number of pathologies. Specifically, overexpression of arginase I, but not arginase II, may possess neuroprotective effects in cortical injury through reducing contusion volume, abnormal neuronal morphology, and improvement in NO metabolism [132]. In a model of Huntington's disease, altered urea cycle and the underlying decrease in arginase II activity, but not its expression, was noted, indicative of reduced bioavailable Mn. In turn, Mn supplementation (50 mg/kg s.c. at days 0, 3, and 6) resulted in an increased enzyme activity thus supporting the association between Mn deficiency and striatal pathology [133]. These findings, although being relatively sparse, may be indicative of the physiological role of Mn in neuronal health that may be observed only at physiological levels.

#### 3.10. Apoptosis

Apoptosis is considered as one of the key cellular events underlying Mn-induced neurodegeneration. The most recent research in the field revealed the intimate mechanisms of Mn-associated proapoptotic signaling (Figure 3). In addition to the clearly demonstrated activation of caspase 3 following mitochondrial dysfunction and cytochrome c leakage, it has been observed that alteration of mitofusin 2 (Mfn2) expression in rat striatum and PC12 cells may also contribute to caspase 3 activation upon Mn exposure (2–25 mg/kg Mn i.p. for 30 days) [134]. Mn-induced ROS overproduction was shown to activate MEK/ERK5 signaling pathway resulting in ERK5-dependent Bcl-2 phosphorylation with subsequent inhibition, thus promoting proapoptotic signaling in MN9D cells (200–2000  $\mu$ M for 24–48 h) [135] (Figure 3). In turn, Mn-induced apoptosis was shown to mediate alterations in spatial learning and memory deficits in metal-exposed animals (30 mg/kg Mn p.o. for 35 days) [136].

Alteration of cAMP/PKA/MAPK/CREB pathway was also shown to play a significant role in Mn-induced apoptosis in PC12 cell line (0–600  $\mu$ M Mn for 24 h) through down-regulation of BDNF expression and Bcl-2 levels [137]. This pathway may be also modulated by alterations of intracellular Ca<sup>2+</sup> levels and subsequent increase in MAPK and CREB phosphorylation in response to an increase in Ca<sup>2+</sup> levels induced by Mn exposure in PC12 cells (0–500  $\mu$ M for 0–24 h) [138]. Impaired Ras/MAPK and PI3/Akt signaling in cortical neurons following Mn exposure (0–400  $\mu$ M for 4–24 h) may be mediated by interruption of NT3/TrkC signaling altogether being associated with apoptosis, whereas treatment with hNT3 ameliorated Mn-induced proapoptotic events, thus being indicative of the role of NT3/TrkC pathway in Mn neurotoxicity and apoptosis [139].



**Figure 3.** Mechanisms of Mn-induced apoptosis. Mn exposure results in mitochondrial dysfunction and Bax-associated cytochrome c leakage with subsequent caspase 9 and 3 activation resulting in apoptosis. Mn-induced apoptosis may be aggravated by stimulatory effects of manganese on p53 protein as well as down-regulation of murine double minute 2 (Mdm2) homolog and wild-type p53-induced phosphatase 1 (Wip1) protein, both having inhibitory influence on p53 [140]. The impact of Mn on p53 signaling may be also mediated by Mn-dependent modulation of ataxia telangiectasia mutated (ATM) kinase [71]. In turn, Mn may decrease anti-apoptotic effects of Bcl2 and BDNF through inhibiting CREB phosphorylation and subsequent down-regulation of Bcl2 and BDNF expression [137]. It has been also demonstrated that mitochondrial pathway of apoptosis may be also aggravated by Mn-induced alteration of mitofusin 2 (Mfn2) expression, a protein involved in mitochondrial fusion and functioning [134].

Recent studies have unraveled multiple regulators that could be considered as candidate targets for Mn-induced neuronal apoptosis. Specifically, p53 activation in Mn-exposed cells (0–1000  $\mu$ M for 24 h) was found to be associated with downregulation of wild-type p53-induced phosphatase 1 (Wip1) protein expression and a subsequent inhibition of murine double minute 2 (Mdm2) homolog in rat striatum [140]. Mn exposure (300  $\mu$ M Mn for 6–24) was also shown to depress p73 mRNA expression in an N27 dopaminergic neuronal model thus increasing susceptibility of neuronal cells to apoptosis [141]. Mninduced apoptosis may be at least partially dependent on K-homology splicing regulator protein (KHSRP) up-regulation that was found to be overexpressed in association with proapoptotic genes and colocalized with active caspase-3 in PC12 cells exposed to Mn (0–1000  $\mu$ M for 1–24 h) [142].

# 4. Neurodegeneration

In parallel with epidemiological studies demonstrating the association between Mn exposure levels and neurodegeneration, recent studies have deepened the understanding of the interference between Mn exposure and amyloid  $\beta$ , tau protein, and  $\alpha$ -synuclein accumulation. Mn has been implicated in the etiology of several neurodegenerative disorders, which will be discussed below.

# 4.1. Amyloid $\beta$ and Tau

Mn exposure was found to be a risk factor for Alzheimer's disease through upregulation of Amyloid  $\beta$  accumulation [143]. However, the existing data on the impact of Mn exposure on amyloidogenesis are still insufficient. Despite evidence on direct interaction between  $Mn^{2+}$  ion and amyloid, metal binding to  $A\beta_{1-40}$  N-terminal part was found to be weak and unlikely to have significant effect on protein aggregation into amyloid fibrils [144], being indicative of the role of Mn-induced modulation of amyloidogenesis rather than direct Mn-A $\beta$  interaction in amyloid pathology. Specifically, a recent study demonstrated that Mn exposure (0–500  $\mu$ M MnCl<sub>2</sub> for 24 h) increased A $\beta_{1-42}$  secretion through up-regulation of  $\beta$ -secretase 1 (BACE1), APP, and presenilin (PS1) expression in APPsw-N2a cells only in the presence of microglia or microglia-conditioned medium. Mn-induced microglia activation with IL-1 $\beta$  and TNF $\alpha$  secretion may further aggravate the process [145]. Correspondingly, Mn exposure in SN56 basal forebrain cholinergic neurons (25-300 for 24 h and 14 days) resulted in a significant increase in A $\beta$  and tau protein accumulation that may be mediated by heat shock protein and proteasome dysfunction [146]. In addition, L-NAME pretreatment significantly increased the protective effects of naringerin upon A $\beta_{1-B}$  and Mn<sup>2+</sup> exposure in rats (0.8 mg/kg Mn intranasal for 21 days), indicative of a role for iNOS in the pathogenesis of Mn and amyloid beta neurotoxicity [147].

Tau, another Alzheimer's disease-related protein, was also affected by Mn exposure. Specifically, accumulation of hyperphosphorylated tau under Mn exposure (500–1000  $\mu$ M for 24 h) was also shown to be associated with demethylation of protein phosphatase 2 A (PP2A) that is known to be one of the key tau phosphatases [148]. Correspondingly, reversal of PP2A demethylation was associated with reduction of pTau levels, reduced oxidative stress, apoptosis, and improvement in cell viability [149]. In addition, Mn nanoparticles were shown to induce a shift to a more packed tau structure associated with proapoptotic signaling as evidenced by caspase-3 and caspase-9 activation, as well as Bax/Bcl-2 ratio elevation in the exposed SH-SY5Y cells (1–200 $\mu$ g/mL Mn for 24 h) [150].

#### 4.2. Synuclein

Although earlier studies demonstrated poor affinity of  $\alpha$ -synuclein ( $\alpha$ -syn) for Mn<sup>2+</sup> [151], a recent study revealed potential binding sites and a shift to a more compacted  $\alpha$ -syn structure upon Mn binding which may also affect protein folding and its cytotoxic properties [152]. In addition, in brain slices exposed to 400  $\mu$ M Mn for 24 h,  $\alpha$ -syn oligomerization was shown to be calpain-1-dependent [153]. In turn, a recent study demonstrated that  $\alpha$ -syn overexpression results in increased cellular Mn release without altering metal transporter genes, indicative of the role of  $\alpha$ -syn in Mn storage [154].

In parallel with data on direct interaction between Mn and  $\alpha$ -syn, recent findings demonstrated the role of Mn exposure in aggravation of  $\alpha$ -syn neurotoxicity. Mn (100  $\mu$ M for 24 h) exposure-induced increase in  $\alpha$ -syn expression was also found to interact with TrkB receptors, inhibit BDNF/TrkB signaling, and affect Fyn-mediated phosphorylation of GluN2B subunit thus resulting in impaired NMDAR signaling [155]. Mn-induced modulation of GABA receptors with up-regulation of GABABR and down-regulation of GABAAR may also contribute to  $\alpha$ -syn accumulation with subsequent down-regulation of

CREB signaling and BDNF levels as demonstrated in Mn-exposed rats (6.55 mg/kg Mn for 4–12 weeks) and SH-SY5Y neuroblastoma cells (250–1000  $\mu$ M for 24 h) [156].

Mn also potentiates neuroinflammatory effects of  $\alpha$ -syn through a shift to the proinflammatory M1 microglial phenotype characterized by proinflammatory molecules overexpression (IL-6, IL-12b, IFN- $\beta$ , IL-1 $\alpha$ , and IL-1 $\beta$  CXCL2, CXCL3, CXCL10, CCL5-R, and Nos2), as well as NLRP3 inflammasome activation [157].  $\alpha$ -syn was also shown to be involved in dysregulation of Mn-induced autophagy, thus promoting neuronal injury in exposed  $\alpha$ -Syn gene knockout and wild-type mice (50–200 µmol/kg i.p. 5 days/week for six weeks) [158]. It is also notable that Atp13a2 deficiency increases susceptibility to Mn overload (5 mg/kg i.p. for 30 days) resulting in increased brain Mn and insoluble  $\alpha$ -syn accumulation [159].

Significant progress was achieved in understanding the role of exosomes in interactive neurotoxic effects of Mn and  $\alpha$ -syn. Specifically, Mn exposure (300  $\mu$ M MnCl<sub>2</sub> for 24 h) in  $\alpha$ -syn-expressing cells increased expression of Rab27a protein, thus promoting the release of exosomes containing miRNA that are involved in regulation of protein aggregation, autophagy, inflammation, and hypoxia [160]. Correspondingly, in cultured dopaminergic neuronal cells Mn exposure (300  $\mu$ M Mn for 24 h) resulted not only in misfolded  $\alpha$ -synuclein accumulation, but also induced secretion of  $\alpha$ -syn-containing exosomes into the extracellular medium with their subsequent microglial endocytosis and propagation of neuroinflammatory response [161].

Another mechanism of the interaction between Mn exposure and  $\alpha$ -syn may involve modulation of miRNAs expression. Specifically, in human neuroblastoma SH-SY5Y Mn exposure (100  $\mu$ M for 24 h) resulted in a significant reduction in miR-7 and miR-433 expression with subsequent increase in molecular targets  $\alpha$ -syn and fibroblast growth factor 20 mRNA expression [162].

However, the effects of  $\alpha$ -syn in terms of Mn neurotoxicity were found to be non-linear. Particularly, physiological  $\alpha$ -syn expression was significantly reduced Mn-induced neuronal apoptosis through down-regulation of cytochrome c release, caspase 3 and 9 activity, pro-apoptotic PKC $\delta$  activation, although prolonged Mn exposure (300  $\mu$ M for 24 h) resulted in  $\alpha$ -syn overexpression and aggregation [163]. These findings generally corroborate our earlier data on the protective effects of  $\alpha$ -Syn against Mn accumulation and oxidative stress in *C. elegans* exposed to 0–10 mM Mn [164].

#### 5. Neurotransmission

Recent studies have demonstrated a significant impact of Mn exposure in mice (25–100 µmol/kg i.p. for 24 days) on synaptic vesicle fusion through alteration of SNARE complex formation through calpain-dependent SNAP-25 cleavage [165]. It has been also demonstrated in SH-SY5Y cells exposed to 0–200 µM Mn for 0–24 h, that Mn-induced  $\alpha$ -syn overexpression may also contribute to this mechanism [166]. In addition, Mn exposure (100 µM for 0–24 h) may be also responsible for down-regulation of SNAP-25 expression as well as impairment of SNARE-associated protein interaction in cultured neurons [167]. Impairment of synaptic vesicle fusion under Mn exposure (100 µM for 24h) was shown to be mediated by the interference of  $\alpha$ -syn accumulation with synaptotagmin/Rab3-GAP and Rab3A-GTP/Rab3-GAP signaling [168]. Taken together, these mechanisms may underlie Mn-induced alterations of neurotransmitter release. At the same time, recent studies have also unraveled the interference between Mn exposure and neurotransmitter metabolism [28].

#### 5.1. Glutamate

Regulation of glutamate transporters by Mn is considered as one of the key mechanisms of Mn impact on glutamatergic system [169] (Figure 4). Recent studies have confirmed earlier data and generated new data on Mn-dependent transcriptional epigenetics and translational regulation of glutamate transporters [170]. Mn exposure (30 mg/kg intranasal for 21 days) was shown to decrease EAAT1 (GLAST) and EAAT2 (GLT-1) promotor activities, as well as mRNA and protein levels resulting in reduced glutamate uptake in human astrocyte H4 cells as well as murine brain, being associated with neurobehavioral deficiency, reduced tyrosine hydroxylase mRNA and protein levels, as well as reduced histone H3 and H4 acetylation [171], all being reversed by valproic acid and sodium butyrate [172]. Our previous data from both in vitro (exposure to 250 µM Mn for 6 h) [173,174] and in vivo (exposure to 30 mg/kg intranasal for 21 days) [175] studies demonstrate that activation of Yin Yang 1 (YY1) transcription factor plays a significant role in GLAST and GLT-1 expression, whereas YY1 knockout significantly attenuated Mn-induced motor dysfunction, glutamate transporter reduction, tyrosine hydroxylase activity, as well as histone deacetylation [176]. At the same time, it has been demonstrated that a time- and dosedependent increase in GLAST activity in chick cerebellar Bergmann glia cells in response to acute but non-toxic Mn exposure (200 µM for 30 min) may be associated with increased transporter affinity for [<sup>3</sup>H]-d-aspartate [177]. Using fluoxetine as an ephrin-A3 inhibitor it has been demonstrated that alterations in glutamate transporters and metabolism in Mn-exposed Kinming mice (50 mg/kg MnCl<sub>2</sub> s.c. for two weeks) and cultured primary astrocytes (500 µM for 24 h) may be ephrin-A3-dependent [178].

Mn-induced decrease in GLAST and GLT-1 mRNA expression along with inhibition of glutamine synthetase and up-regulation of phosphate-activated glutaminase resulted in a significant increase of Glu and decline in Gln levels in hippocampus, thalamus, striatum, and globus pallidus of Mn-exposed (15 mg/kg i.p. for four weeks) rats [179]. However, an in vitro study using brain-derived mitochondrial fractions demonstrated that Mn is capable of inhibiting phosphate-activated glutaminase with IC50 = 2317  $\mu$ M in a dose-dependent manner analogous to ammonia [180]. Inhibition of astrocytic glutamine synthetase in response to 100  $\mu$ M exposure for 24 h may be mediated by microglial activation and its impact on astrocyte reactivity [181]. Another enzyme of glutamate catabolism, glutamate dehydrogenase, was found to be inhibited by Mn<sup>2+</sup> exposure with the second isoenzyme (GDH2) showing greater sensitivity to metal-induced inhibition as compared to GDH1 [182].



**Figure 4.** The impact of manganese overexposure on glutamate-glutamine cycle. Manganese exposure results in a significant increase in glutamate levels through down-regulation of glutamine synthetase (GS) [179] and glutamate dehydrogenase (GDH) [182] along with up-regulation of glutaminase [179]. These effects result in reduced glutamate-to-glutamine conversion as well as glutamate catabolism in Krebs cycle through the formation of *α*-ketoglutarate. Mn-induced inhibition of astrocyte glutamate uptake results from inhibition of glutamine transporters (GLT1 and GLAST). Recent studies demonstrated that this inhibitory effect may be mediated through NF-κB-dependent activation of Yin Yang 1 (YY1) transcription factor [173] and ephrin A3 [178]. It is also notable that Mn-induced NF-κB signaling also plays a significant role in astrocyte activation associated with reduced glutamine synthetase activity [181].

Mn exposure (0–30 mg/kg i.p. for three weeks) resulted in a significant decrease of hippocampal mRNA and protein expression of NMDA receptor subunits (NR1, NR2A, and NR2B), as well as CREB and BDNF in newborn Sprague–Dawley rats [183].

# 5.2. γ-Aminobutyric Acid (GABA)

In welders, thalamic GABA levels were found to be associated with Mn deposition and the rate of Mn exposure, being the highest values observed at high exposure with air Mn levels of  $0.23 \pm 0.18 \text{ mg/m}^3$  [184]. Specifically, thalamic GABA levels in welders significantly correlated with air Mn concentrations and cumulative exposure for the last three and 12 months [185]. However, another study did not observe any association between thalamic and striatal GABA levels and blood Mn or airborne metal exposure levels in welders [186]. This inconsistency may be explained by non-linear association between Mn exposure and brain GABA alterations, with the latter being undetectable at lower doses and periods of exposure [187].

Serum GABA levels were found to be reduced in association with circulating Gln and thyroid hormone levels in response to subacute Mn exposure (7.5–30 mg/kg i.p. five days/week for four weeks) in rats [188]. Another study demonstrated that Mn exposure (6.55 mg/kg Mn i.p. five days/week for 12 weeks) significantly decreased basal ganglia GABA levels, glutamate-to-GABA ratio, as well as affected GAD and GABA-T activity, and GAT-1 and GABAA mRNA expression in rats [189,190]. Reduced hypothalamic GABAA receptor subunits protein expression in response to Mn exposure (2.5–10 mg/kg oral for 11 days) was associated with increasing NO production through amelioration of inhibitory effect of GABA on NO synthase, altogether leading to aberrant gonadotropin-releasing hormone (GnRH) production [191].

## 5.3. Dopamine

Manganese is known to interfere with dopamine signaling being the leading pathogenetic mechanism of Parkinson's disease [192]. Dopaminergic neurons are considered as one of the main targets for Mn toxicity with predominant accumulation of the metal in substantia nigra pars reticulata and pars compacta and its localization adjacent to the nucleus [193]. In turn, Mn-induced dopaminergic neuron loss associated with motor activity deficits in rats intraperitoneally injected with Mn (1–5 mg/kg every 10 days for 150 days) [194]. At the same time, our earlier study in *C. elegans* demonstrated that Mn exposure (15–45 mM for 4 h) resulted in a significant decline in dopamine levels without loss of dopaminergic neurons [195]. A study using Mn-exposed (5–6.7 mg/kg Mn for 25–80 weeks) non-human primates demonstrated a significant decrease in dopamine release in the frontal cortex in 4 of 6 animals [196].

Interference between dopamine signaling and Mn may be mediated by its influence on tyrosine hydroxylase. Specifically, Mn exposure (10 mg/kg/day i.g. for 30 days) intensified striatal dopamine and nigral tyrosine hydroxylase loss in MitoPark mouse. These alterations were also associated with Mn-induced mitochondrial dysfunction, oxidative stress, microglia activation and neuroinflammation, as well as PD-associated protein oligomerization [197].

However, the impact of Mn exposure on tyrosine hydroxylase and dopamine metabolism was found to be not similar through a lifespan. Specifically, shortly after early-life Mn exposure (5–20 mg/kg i.p. for four days) in rats a significant increase in striatal TH protein levels and TH phosphorylation at Ser19, Ser31, and Ser40 was observed. At the same time, in adulthood TH levels were found to be reduced in a dose-dependent manner in association with increased phosphorylation at Ser19 and Ser40 [198]. Nearly similar age-dependent effect on TH activity was observed in zebrafish larvae exposed to 0.1–0.5 mM for five days [199].

Certain studies have highlighted the mechanisms of transcriptional regulation of tyrosine hydroxylase under Mn exposure. Transcription factor RE1-silencing transcription factor (REST) was shown to overwhelm Mn-induced alterations in TH activity through up-regulation of mRNA and protein transcription in dopaminergic neuronal cells, as well as ameliorated other toxic effects of Mn exposure (250  $\mu$ M for 12 h) including apoptosis, inflammation, and oxidative stress [120]. Kumasaka et al. (2017) demonstrated that a decline TH expression in TGW cells may be mediated by Mn (30–100  $\mu$ M for 24 h) exposure-induced down-regulation of mRNA and protein transcription, as well as increased degradation of c-RET kinase [200,201].

In addition, in vivo Mn exposure (0–50 mg/kg i.p. for 2 weeks) was shown to cause reduction in striatal dopamine D1 receptor and N-methyl-D-aspartate receptor subunits (NR1 and NR2) mRNA and protein expression, as well as inhibition of DR1 and NMDAR interaction, being associated with altered spatial learning and memory in mice [202]. Examination of workers with clinical parkinsonism exposed to 2.6 mg Mn/m<sup>3</sup>-years revealed increased nigral D2R non-displaceable binding potential, being also associated with duration of occupational Mn exposure and motor dysfunction [203].

#### 5.4. Catecholamines

Catecholaminergic neurotransmission was also found to be affected by Mn exposure. In parallel with markers of dopaminergic dysfunction, Mn exposure in rats (0–50 mg/kg i.g. for 21–100 days) resulted in a significant decrease in norepinephrine levels, evoked norepinephrine release, resulting in medial prefrontal cortex catecholaminergic dysfunction and being associated with impaired attention, motor dysfunction, and altered impulse control [204]. Reversal of Mn-induced alterations of motor functions with methylphenidate treatment in Mn-exposed (0–50 mg/kg i.g. for 145 days) rats underlines the role of prefrontal cortex and striatal catecholaminergic dysfunction in Mn-associated motor impairment [205]. Correspondingly, although Mn exposure (0–50 mg/kg i.g. for 21–500 days) resulted in a significant reduction of potassium-stimulated extracellular norepinephrine, dopamine, and serotonin levels, as well as striatal dopamine levels, the observed alterations of attention and fine motor function are indicative of the role of Mn-induced catecholaminergic dysfunction in neurobehavioral disorders [206].

## 5.5. Acetylcholine

Mn exposure (25–300 for 24 h and 14 days) was shown to disrupt cholinergic neurotransmission in basal forebrain cholinergic neurons through up-regulation of AChE mRNA expression and protein activity in parallel with inhibition of cholineacetyltransferase activity and down-regulation of high-affinity choline transporter mRNA, as well as cholinergic neuron death, altogether resulting in reduced acetylcholine levels [146].

The observed increase in hypothalamic, cerebral, and cerebellar AChE activity in Mntreated (15 mg/kg i.g. for 45 days) rats was also associated with increased ROS production and depletion of the antioxidant system in these brain regions, as well as locomotor and motor deficits [207]. These findings are in agreement with the observation of Mn (30 mg/kg Mn p.o. for 35 days) exposure-induced increase in striatal and hippocampal acetylcholinesterase activity in rats and its reversal by rutin treatment [136].

Mn exposure (10–50 mM for 30 min) during L1 larval stage in *C. elegans* also resulted in a significant increase in AChE mRNA expression as well as dose-dependent cholinergic neurodegeneration, both being aggravated when co-exposed to Mn and methylmercury (MeHg) [208].

# 6. Conclusions

Recent findings have shed light and broadened our understanding on the mechanisms associated with the earlier observed neurotoxic effects of Mn. Significant progress was achieved in understanding the role of Mn transporters SLC39A14 (ZIP14), SLC39A8 (ZIP8), SLC30A10 (ZNT10) in regulation of systemic and brain manganese handling. Genetic analysis identified multiple metabolic pathways that could be considered targets for Mn neurotoxicity, although these pathways may be also affected by epigenetic effects of Mn exposure. Corroborating earlier data as well as (epi) genomic and metabolomic profiling,

the key mechanisms involved in Mn neurotoxicity include oxidative stress, endoplasmic reticulum stress, apoptosis, neuroinflammation, and interference with neurotransmitter metabolism, to name a few. However, recent findings have demonstrated the impact of Mn exposure on transcriptional regulation of these pathways such as those inherent to oxidative stress via Mn-induced modulation of sirtuin and Keap1-Nrf2 signaling. A significant role of autophagy as a protective mechanism against Mn neurotoxicity at the crossroad of mitochondrial dysfunction, endoplasmic reticulum stress, and apoptosis was also demonstrated. The impact of Mn exposure on supramolecular complexes SNARE and NLRP3 inflammasome significantly contributes to Mn-induced synaptic dysfunction and neuroinflammation, respectively. The abovementioned effects may be at least partially mediated by the impact of Mn on  $\alpha$ -syn accumulation. In addition to Mn-induced synaptic dysfunction, impaired neurotransmission is shown to be mediated by the effects of Mn on neurotransmitter systems and their complex interplay. Although recent findings demonstrated the potential targets for Mn neurotoxicity, multiple in vitro studies have investigated the effects of Mn at concentrations far exceeding the physiologically-relevant range of  $60.1-158.4 \mu M$ Mn that is known to correspond to brain levels under Mn overexposure [209]. Similarly, certain in vivo studies also used animal models exposed to physiologically and environmentally irrelevant Mn doses. Therefore, despite multiple novel mechanisms have been highlighted, additional studies are required to identify the critical targets of Mn-induced neurotoxicity and testify to their relevance to human diseases.

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