The Linear-No-Threshold Line for Cancer Excess Relative Risk Based on Lagging Low Radiation Doses is Misleading

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Keywords

radiation, cancer, risk assessment, LNT, hormesis, threshold

The linear-no-threshold (LNT) model¹ is currently used in low-dose-radiation cancer risk assessment and this practice is supported by organizations that include the Environmental Protection Agency and the Nuclear Regulatory Commission. Lagging low radiation doses has been used in epidemiologic studies² and this helps to justify reliance on an LNT function for excess relative risk (ERR) for cancer incidence. Some of the low dose is discarded (lagging of dose) with the remaining even smaller dose then treated as relevant for cancer induction.² This presumed-relevant smaller dose can be expressed mathematically as D-L where D is the assigned total absorbed dose and L (\leq D) is the discarded amount. Excess relative risk (evaluated as the product k[D-L], with the lagged dose D-L treated as the independent variable) is then the positive-slope (k used here) LNT function to be generated in the epidemiologic study for a given cancer type. The predetermined conclusion of such studies is that any amount of radiation no matter how small is carcinogenic. Interestingly, for a future group exposed to a low dose D of the same type of radiation under similar circumstances, ERR (evaluated as the product kD with slope k based on lagged dose) is then used in *predicting* cancer risk. This leads to inflation of LNT-based ERR by a factor 1/(1-f) where f is the fraction of D that was discarded when previously estimating k. The ERR inflation promotes radiation phobia and this can lead to detrimental outcomes including the loss of many lives as occurred among evacuees after the Fukushima nuclear accident in March 2011.³ The phobia can also lead to refusals by millions of individuals worldwide of potentially lifesaving and health-enhancing, low-dose-radiation therapy⁴ for health problems that may include cancer, Alz-heimer's disease, and COVID-19-related pneumonia.

Because a low dose (eg, 10 mGy) is highly unlikely to cause cancer but may with high probability stimulate the body's natural anticancer defenses,⁵ there is no well-founded scientific justification for radiation dose lagging in epidemio-logic studies of cancer risk after exposure to low-dose radiation or for use of an LNT risk model. Lagging low doses and using other misinforming procedures (MisPros) in epidemiologic studies to make the LNT model appear acceptable is misleading.⁶ For low radiation doses and an appropriate null hypothesis of no radiation-induced cancers,⁷ blaming all observed cancers on very small doses (a dose-lagging consequence) rather than other risk factors is unscientific.

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