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Corowa-kun: A messenger app chatbot delivers COVID-19 vaccine information, Japan 2021



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ABSTRACT

Background: There is a long history in Japan of public concerns about vaccine adverse events. Few studies have assessed how mobile messenger apps affect COVID-19 vaccine hesitancy.

Methods: Corowa-kun, a free chatbot, was created on February 6, 2021 in LINE, the most popular messenger app in Japan. Corowa-kun provides instant, automated answers to 70 frequently asked COVID-19 vaccine questions. A cross-sectional survey with 21 questions was performed within Corowa-kun during April 5–12, 2021.

Results: A total of 59,676 persons used Corowa-kun during February–April 2021. Of them, 10,192 users (17%) participated in the survey. Median age was 55 years (range 16–97), and most were female (74%). COVID-19 vaccine hesitancy reported by survey respondents decreased from 41% to 20% after using Corowa-kun. Of the 20% who remained hesitant, 16% (1,675) were unsure, and 4% (364) did not intend to be vaccinated. Factors associated with vaccine hesitancy were: age 16–34 (odds ratio [OR] = 3.7; 95% confidential interval [CI]: 3.0–4.6, compared to age ≥ 65), female sex (OR = 2.4; CI: 2.1–2.8), and history of a previous vaccine side-effect (OR = 2.5; CI: 2.2–2.9). Being a physician (OR = 0.2; CI: 0.1–0.4) and having received a flu vaccine the prior season (OR = 0.4; CI: 0.3–0.4) were protective.

Conclusions: A substantial number of people used the chatbot in a short period. Mobile messenger apps could be leveraged to provide accurate vaccine information and to investigate vaccine intention and risk factors for vaccine hesitancy.

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1. Introduction

Background

In 2020, A global coronavirus disease-2019 (COVID-19) pandemic emerged, caused by the SARS-CoV-2 virus. [1] According to the World Health Organization, there have been 516 million confirmed cases of COVID-19, including 6 million deaths (as of May 11, 2022). [2] Multiple COVID-19 vaccines are highly effective

at preventing symptomatic disease. [3] Most developed countries have already vaccinated large proportions of their populations. However, many individuals choose not to be vaccinated, often citing safety concerns. Early in the pandemic, studies revealed high levels of COVID-19 vaccine hesitancy, ranging from 20 – 40% of the surveyed populations. [4–8] Vaccine hesitancy differs depending on sociodemographic factors, such as race and educational level, as well as attitudes and beliefs. [9–13] Understanding peoples' concerns about COVID-19 vaccines is necessary to increase vaccine uptake among those hesitant.

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Japan has one of the highest vaccine hesitancy rates in the world regarding vaccines in general. According to a study published before the COVID-19 pandemic, <30% of people in Japan strongly agreed that vaccines were safe, important, or effective. [14] Moreover, Japan has a long history of public concerns about vaccine adverse events. The measles, mumps, and rubella (MMR) vaccine was introduced into the national immunization program in 1989. However, because of reports of aseptic meningitis following the MMR vaccine, the Japanese government withdrew its recommendation for the MMR vaccine in 1993. [15] Human papillomavirus (HPV) vaccination for girls ages 12–16 was first licensed in Japan in October 2009. Acceptance initially reached over 70%, but it fell to <1% after extensive media reports of possible adverse events. [16] Ultimately, the Japanese government suspended its recommendation for the vaccine in June 2013. [17].

Social media are popular in Japan, allowing for circulation of user-generated content and social interaction. Using social media is an integral part of daily life for many people. Leveraging social media platforms to promote vaccines has been investigated. One study revealed that mothers presented with vaccine information on social media during their pregnancy were more likely to vaccinate their infants on time. [18] However, there is a paucity of studies assessing the effect of messenger apps on COVID-19 vaccine acceptance.

We created a chatbot in an already existing popular messenger app in Japan to provide people with COVID-19 vaccine information via text messages. We assessed the impact of chatbot text messages on COVID-19 vaccine hesitancy by conducting a cross-sectional survey among chatbot users. This study was performed when COVID-19 vaccine coverage was low (<2%).

2. Methods

2.1. Corowa-kun: A chatbot with COVID-19 vaccine information in LINE

LINE is a free messenger app available for use in electronic devices, such as smartphones, tablets, and personal computers. LINE users can exchange texts, images, video, and audio. LINE is the most popular messenger app in Japan; about 86 million people in Japan (roughly two-thirds of the population) use this messenger app. [19].

We created a chatbot in LINE called Corowa-kun's Consultation Room (Corowa-kun) (Fig. 1) to answer COVID-19 vaccine frequently asked questions (FAQs) via text messages. Corowa-kun is free, and anyone using LINE can access it. Corowa-kun works as follows: [1] users select the question that they would like to know the answer for; [2] the chatbot responds with several detailed questions; [3] users choose the specific item that they would like to know more about; and, [4] the chatbot provides detailed information. To create Corowa-kun, we first searched for COVID-19 vaccine FAQs using Japanese government websites and the United States Centers for Disease Control and Prevention website. [20–22] Fifty questions that we thought were important were selected. We then composed our own corresponding answers to these fifty questions and used them as the initial content for Corowa-kun. Corowa-kun went live in LINE on February 6, 2021. Users have the option to enter free-text questions, and twenty additional FAQs with answers were added based on users' free-text questions entered by April 5, 2021. The public was made aware of Corowa-kun using mass media e.g. television, radio, newspapers]. [22].

2.2. Corowa-kun users and frequently accessed FAQs

We tracked the total number of users who accessed and used Corowa-kun from February 6 to April 12, 2021. We analyzed how frequently each FAQ was accessed from April 5 to 12, 2021 (the same time period when the cross-sectional survey was done; details below). We did not examine the frequency of FAQ access before April 5 because new FAQ messages were added prior to then, and the total number of FAQs changed from the initial content in February.

2.3. Cross-sectional survey and the impact of Corowa-kun

A cross-sectional survey was conducted using Corowa-kun during April 5–12, 2021. All persons who accessed Corowa-kun by April 12, 2021 were invited within Corowa-kun to participate in the survey. We did not use any incentives, and the survey was completely voluntary. The survey started with three screening questions: [1] "Are you 16 years old or older?"; [2] "Have you received a COVID-19 vaccine?"; and, [3] "Do you agree to participate?". We included persons ages 16 years old and older who had not received a COVID-19 vaccine. Those who agreed to participate received a link to a Google form. Each LINE account could only answer the survey once.

Since we aimed to investigate the impact of Corowa-kun on COVID-19 vaccine hesitancy, we asked whether there was any change in intent to be vaccinated before and after using Corowa-kun. Specifically, we asked: "Did your view on COVID-19 vaccines change after you used Corowa-kun?". The survey was written in Japanese and consisted of 21 questions. To examine attitudes and beliefs regarding COVID-19 vaccines, we included survey items used in similar studies and added our own questions (supplemental document 1). [4] We also asked for age, sex, geographic location, educational attainment, employment status, occupation, marriage status, pregnancy status, household members < 16 or > 64 years old, household size, annual household income, presence of chronic diseases identified as risk factors for severe COVID-19 [21], smoking status, history of influenza vaccine in the previous season, self-rated overall health (scale from 1 to 9, with 9 being best), history of COVID-19, whether they would like to get COVID-19 vaccination once available ("I would like to get the vaccine" = Yes, "I am not sure" = Unsure, and "I do not want to get the vaccine" = No). Geographic locations were combined using the following categories: Hokkaido, Tohoku, Kanto (e.g., Tokyo), Chubu, Kansai (e.g., Osaka), Kinki, Chugoku, Shikoku, Kyushu regions, and outside of Japan. [23] We asked why they did or did not want to get COVID-19 vaccines using pre-defined answers with a free-text comment (supplemental document 1; respondents could choose multiple answers).

2.4. Statistical analysis

Participant characteristics were summarized using frequencies and percentages. For two group comparisons, the Chi-squared test was used for categorical variables and the U-Mann Whitney test was used for continuous variables. For three group comparisons, the Chi-squared test was used for categorical variables. To identify risk factors for vaccine hesitancy, those responding "No" and "Unsure" were combined (vaccine hesitant) and compared to those responding "Yes". We fit separate univariate logistic regression models for each exposure, limited to groups with 4 or more persons. We also constructed a multivariate logistic regression model

How does Corowa-kun work?

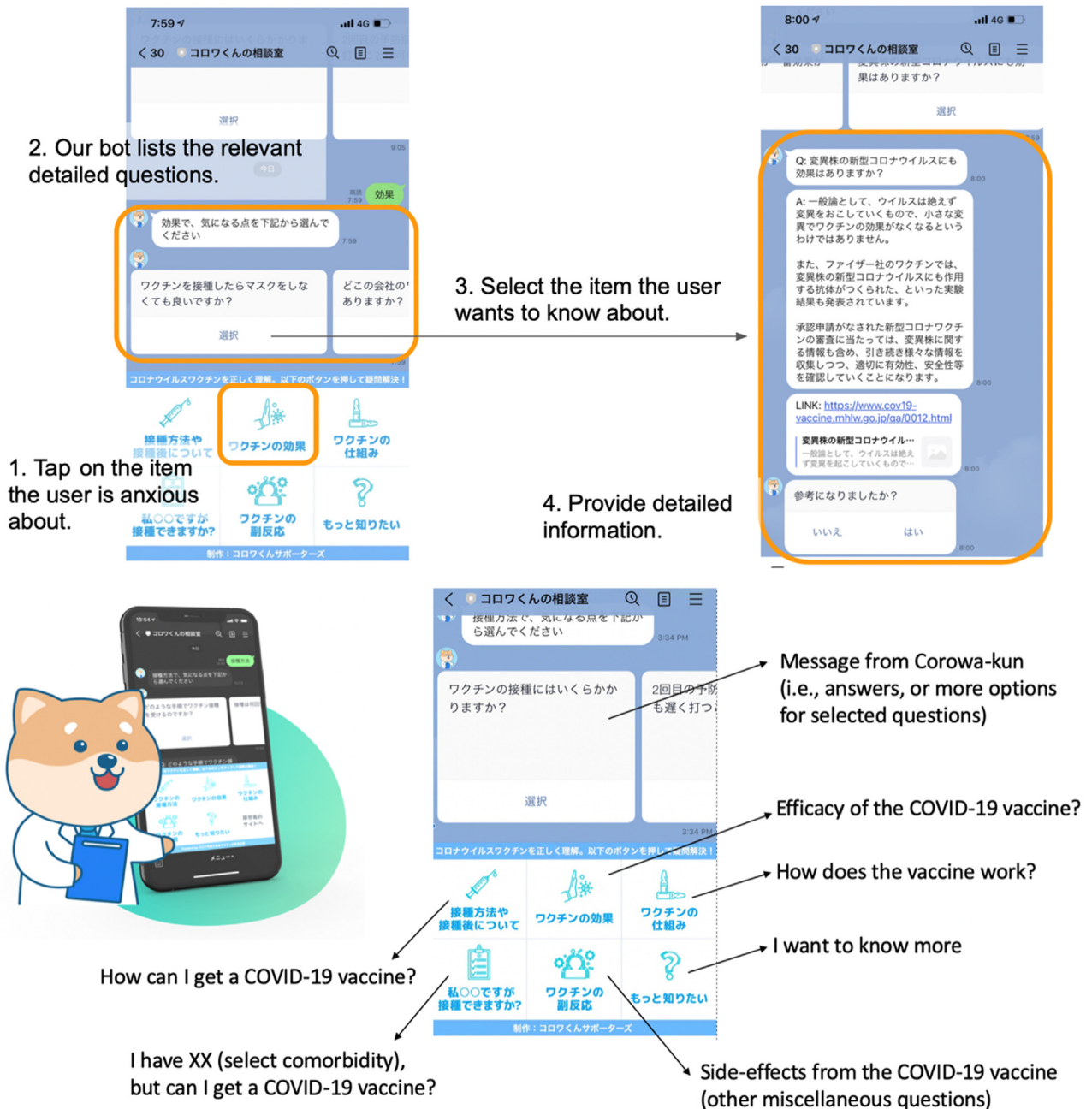


Fig. 1. Corowa-kun's Consultation Room: a free messenger app chatbot, Japan 2021 Corowa-kun is the mascot of an online chatbot. This chatbot in LINE is used to answer COVID-19 vaccine frequently asked questions (FAQs) via text messages. As of May 10th, 70 FAQs are available.

that included variables that we considered clinically important. We used SAS (version 9, Carey, NC) for statistical analysis. A p-value of 0.05 was considered statistically significant. This study was approved by the institutional review board of Kanto Central Hospital.

3. Results

A total of 59,676 persons used Corowa-kun between February 6 and April 12, 2021. During the cross-sectional survey period (April 5–12, 2021), a total of 14,240 FAQ text messages were used. The

most commonly accessed message categories were: “I have (select comorbidity), can I get a COVID-19 vaccine?” (23%); followed by questions on adverse reactions (22%), and how the vaccine works (20%).

Of 59,676 users, 2,472 had the LINE option to block surveys turned on or had an inactive account, and 57,235 received the survey invitation. Of those who received it, 10,331 (18.1%) responded to the screening questions. Of those who responded, 139 users were excluded: 26 users were age < 16, and 113 users had already received a COVID-19 vaccine. A total of 10,192 (17.1%) were included in the survey analysis. Median age was 55 years (range

Table 1
Characteristics of the COVID-19 vaccine survey participants, Japan, 2021 (n = 10,192).

Characteristics	Total N = 10,192	Intend to get vaccinated N = 8,153	Do not intend to get vaccinated N = 364	Unsure N = 1,675
Sociodemographic				
Age				
Mean (SD)	54 (12)	54.6 (12.4)	48.6 (12.8)	50.6 (11.4)
Age category				
16–34	798 (7.8%)	569 (7.0%)	61 (16.8%)	168 (10.0%)
35–49	2694 (26.4%)	2046 (25.1%)	122 (33.5%)	526 (31.4%)
50–64	4562 (44.8%)	3609 (44.3%)	143 (39.3%)	810 (48.4%)
≥65	2138 (21.0%)	1929 (23.7%)	38 (10.4%)	171 (10.2%)
Sex				
Male	2556 (25.1%)	2778 (27.9%)	62 (17.0%)	216 (12.9%)
Female	7543 (74.0%)	5816 (71.3%)	292 (80.2%)	1435 (85.7%)
Other	17 (0.2%)	14 (0.2%)	1 (0.3%)	2 (0.1%)
No answer	76 (0.8%)	45 (0.6%)	9 (2.5%)	22 (1.3%)
Region				
Hokkaido	270 (2.7%)	198 (2.4%)	15 (4.1%)	57 (3.4%)
Tohoku	315 (3.1%)	236 (2.9%)	11 (3.0%)	68 (4.1%)
Kanto	3203 (31.4%)	2606 (32.0%)	118 (32.4%)	479 (28.6%)
Chubu	1091 (10.7%)	868 (10.7%)	38 (10.4%)	185 (11.0%)
Kansai	4325 (42.4%)	3497 (42.9%)	125 (34.3%)	703 (42.0%)
Chugoku	271 (2.7%)	214 (2.6%)	14 (3.9%)	43 (2.6%)
Shikoku	156 (1.5%)	109 (1.3%)	9 (2.5%)	38 (2.3%)
Kyusyu	527 (5.2%)	399 (4.9%)	31 (8.5%)	97 (5.8%)
Abroad	34 (0.3%)	26 (0.3%)	3 (0.8%)	5 (0.3%)
Educational attainment				
Elementary or junior high school	208 (2.0%)	151 (1.9%)	10 (2.8%)	47 (2.8%)
High school	2688 (26.2%)	2008 (24.6%)	119 (32.7%)	541 (32.3%)
College or professional school	3365 (33.0%)	2635 (32.3%)	121 (33.2%)	609 (36.4%)
Undergraduate school	3502 (34.4%)	2966 (36.4%)	100 (27.5%)	436 (26.0%)
Postgraduate school	449 (4.4%)	393 (4.8%)	14 (3.9%)	42 (2.5%)
Employment status				
Full-time	3866 (37.9%)	3142 (38.5%)	142 (39.0%)	582 (34.8%)
Part-time	2728 (26.8%)	2097 (25.7%)	114 (31.3%)	517 (30.9%)
Student	100 (1.0%)	73 (0.9%)	3 (0.8%)	24 (1.4%)
Retired	740 (7.3%)	681 (8.4%)	9 (2.5%)	50 (3.0%)
Homemaker	1992 (19.5%)	1555 (19.1%)	69 (19.0%)	368 (22.0%)
Unemployed due to COVID-19	128 (1.3%)	91 (1.1%)	6 (1.7%)	31 (1.9%)
Unemployed irrelevant to COVID-19	638 (6.3%)	514 (6.3%)	21 (5.8%)	103 (6.2%)
Healthcare worker				
Physician	171 (1.7%)	164 (2.0%)	3 (0.8%)	4 (0.2%)
Yes, other than physician	1723 (16.9%)	1400 (17.2%)	75 (20.6%)	248 (14.8%)
No	8298 (81.4%)	6589 (80.8%)	286 (78.6%)	1423 (85.0%)
Marriage status				
Married	7412 (72.7%)	6038 (74.1%)	218 (59.9%)	1156 (69.0%)
Never married	1841 (18.1%)	1409 (17.3%)	94 (25.8%)	338 (20.2%)
Divorced	939 (9.2%)	706 (8.7%)	52 (14.3%)	181 (10.8%)
Living with persons at age < 16	1958 (19.2%)	1506 (18.5%)	81 (22.3%)	371 (22.2%)
Living with persons at age ≥ 65	3641 (35.7%)	2994 (36.7%)	112 (30.8%)	535 (31.9%)
Household size				
1	1499 (14.8%)	1199 (14.8%)	65 (18.2%)	235 (14.2%)
2	3685 (36.5%)	3025 (37.4%)	119 (33.3%)	541 (32.6%)
3	2577 (25.5%)	2009 (24.8%)	88 (24.7%)	480 (29.0%)
4	1576 (15.6%)	1266 (15.7%)	52 (14.6%)	258 (15.6%)
5	500 (5.0%)	383 (4.7%)	21 (5.9%)	96 (5.8%)
≥6	265 (2.6%)	205 (2.5%)	12 (3.4%)	48 (2.9%)
Annual household income				
Less than JPY 2 million	4592 (45.1%)	3503 (43.0%)	160 (44.0%)	929 (55.5%)
JPY 200 million < JPY 400 million	2823 (27.7%)	2286 (28.0%)	110 (30.2%)	427 (25.5%)
JPY 400 million < JPY 600 million	1449 (14.2%)	1214 (14.9%)	56 (15.4%)	179 (10.7%)
JPY 600 million < JPY 800 million	664 (6.5%)	560 (6.9%)	21 (5.8%)	83 (5.0%)
JPY 800 million or higher	664 (6.5%)	590 (7.2%)	17 (4.7%)	57 (3.4%)
Health status				
Chronic respiratory disease	795 (7.8%)	588 (7.2%)	41 (11.3%)	166 (9.9%)
Chronic heart disease	1419 (13.9%)	1190 (14.6%)	31 (8.5%)	198 (11.8%)
Chronic kidney disease	152 (1.5%)	130 (1.6%)	6 (1.7%)	16 (1.0%)
Chronic liver disease	84 (0.8%)	70 (0.9%)	2 (0.6%)	12 (0.7%)
Diabetes mellitus	529 (5.2%)	439 (5.4%)	15 (4.1%)	75 (4.5%)
Blood disease except for anaemia	154 (1.5%)	119 (1.5%)	9 (2.5%)	26 (1.6%)
Malignancy	216 (2.1%)	149 (1.8%)	17 (4.7%)	50 (3.0%)
Receiving immunosuppressant	309 (3.0%)	224 (2.8%)	14 (3.9%)	71 (4.2%)
Neurological or neuromuscular disease due to immune deficiency	60 (0.6%)	36 (0.4%)	5 (1.4%)	19 (1.1%)
Physical decline associated with a neurological disease or a neuromuscular disease	34 (0.3%)	23 (0.3%)	1 (0.3%)	10 (0.6%)

(continued on next page)

Table 1 (continued)

Characteristics	Total N = 10,192	Intend to get vaccinated N = 8,153	Do not intend to get vaccinated N = 364	Unsure N = 1,675
Chromosomal abnormality	14 (0.1%)	11 (0.1%)	1 (0.3%)	2 (0.1%)
Severe psychosomatic disorder	7 (0.07%)	3 (0.04%)	2 (0.6%)	2 (0.1%)
Sleep apnoea	271 (2.7%)	224 (2.8%)	11 (3.0%)	36 (2.2%)
Obesity	936 (9.2%)	704 (8.6%)	24 (6.6%)	208 (12.4%)
No underlying health condition	5862 (57.5%)	4767 (58.5%)	219 (60.2%)	876 (52.3%)
Smoking status				
Active smoker	922 (9.1%)	690 (8.5%)	47 (12.9%)	185 (11.0%)
Former smoker	2435 (23.9%)	1987 (24.4%)	83 (22.8%)	365 (21.8%)
Only electronic cigarettes	278 (2.7%)	237 (2.9%)	8 (2.2%)	33 (2.0%)
Never smoker	6557 (64.3%)	5239 (64.3%)	226 (62.1%)	1092 (65.2%)
Have you had a flu shot within the past year?	7037 (69.0%)	5998 (73.6%)	131 (36.0%)	908 (54.2%)
Self-reported history of COVID-19				
Yes (I tested positive)	58 (0.6%)	48 (0.6%)	3 (0.8%)	7 (0.4%)
Yes (I had the symptoms but did not receive a positive test)	83 (0.8%)	60 (0.7%)	5 (1.4%)	18 (1.1%)
No	10,051 (98.6%)	8045 (98.7%)	356 (97.8%)	1650 (98.5%)
Have you had any vaccine side-effects?				
Yes	975 (9.6%)	644 (7.9%)	85 (23.4%)	246 (14.7%)
No	8475 (83.2%)	7051 (86.5%)	238 (65.4%)	1186 (70.8%)
Unsure	742 (7.3%)	458 (5.6%)	41 (11.3%)	243 (14.5%)
Self-reported overall health				
1–3	116 (1.1%)	76 (0.9%)	11 (3.0%)	29 (1.7%)
4–6	5430 (53.3%)	4144 (50.8%)	222 (61.0%)	1064 (63.5%)
7–9	4646 (45.6%)	3933 (48.2%)	131 (36.0%)	582 (34.8%)
Pregnancy status				
Pregnant	67 (0.7%)	36 (0.4%)	5 (1.4%)	26 (1.6%)
Not pregnant	5159 (50.6%)	4087 (50.1%)	176 (48.4%)	896 (53.5%)
Desire to be pregnant	228 (2.2%)	144 (1.8%)	26 (7.1%)	58 (3.5%)
Not applicable	4738 (46.5%)	3886 (47.7%)	157 (43.1%)	695 (41.5%)

16–97), and most were women (74%, Table 1). The most common respondent regions were Kansai (42.4%) and Kanto (31.4%, supplemental Fig. 1). Almost all participants (98%) had a high school diploma or more advanced education. Healthcare workers represented 18% of participants: 171 (1.7%) were physicians and 1,723 (16.9%) were healthcare workers other than physicians. Sixty-six participants (0.7%) were pregnant. Participants who lived with someone age ≤ 16 comprised 19.2% of the study population, and those who lived with someone age ≥ 65 were 35.7%. The most common household size was three (25.5%).

Fig. 2 displays intent to be vaccinated before and after use of Corowa-kun. Participants who intended to be vaccinated increased after using Corowa-kun (p < 0.01). Overall, after use of Corowa-kun, 80.0% of participants intended to be vaccinated (an increase from 59% before use), 16.4% were not sure, and 3.6% did not intend to be vaccinated.

Participants who did not intend to be vaccinated or were not sure were combined (vaccine hesitant; n = 2,039) and compared to participants who intended to be vaccinated (n = 8,153). Table 2 summarizes the factors associated with vaccine hesitancy: Age 16 to 34 (odds ratio [OR] = 3.7, 95% confidential interval [CI]: 3.0–4.6, compared to age ≥ 65), female sex (OR = 2.4, CI: 2.1–2.8), pregnancy (OR = 3.3, CI: 2.0–5.3), and history of vaccine side-effects (OR = 2.5, CI: 2.2–2.9). Being a physician (OR = 0.2, CI: 0.1–0.4, compared to non-healthcare workers) and receiving a flu vaccine in the last influenza season (OR = 0.4, CI: 0.3–0.4) were protective. A multivariable analysis with several clinically relevant variables yielded similar odds ratios as the univariable analysis did (supplemental Table 1).

Fig. 3 summarizes the reported reasons for vaccine hesitancy or acceptance. The most common reasons for vaccine hesitancy were: “I am worried about vaccine side-effects and/or allergic reactions” (79.7%); followed by, “Many things are not understood about COVID-19 vaccines” (61.8%); and, “I do not think COVID-19 vaccines are safe” (22.2%). The most common reasons for vaccine accep-

tance were: “I do not want to get infected by COVID-19” (76.0%); followed by, “I do not want to be contagious to others” (74.2%); and, “If I catch COVID-19, I hope that I may only have mild symptoms” (72.5%).

4. Discussion

We created a chatbot to answer COVID-19 vaccine FAQs using the most popular messenger app in Japan. Within two months, nearly 60,000 people accessed Corowa-kun. One-fifth of survey participants were COVID-19 vaccine hesitant. The top risk factors for vaccine hesitancy were younger age, female sex, pregnancy or desire for pregnancy, and previous history of a vaccine side-effect. Protective factors included being a physician and a history of having received a flu vaccine the previous season. Survey participants reported increased vaccine acceptance after using Corowa-kun. Corowa-kun, a messenger app chatbot, reached the public with COVID-19 vaccine information, helped assess COVID-19 vaccine attitudes, and reassured users with vaccine concerns.

Besides serving as a socialization platform, social media can help reach those in need of health information. Vaccine content is already widely available across social media platforms. [24] However, there is conflicting data regarding the impact of social media on COVID-19 vaccine hesitancy. Wilson et al. revealed that foreign disinformation campaigns are associated with a drop in mean vaccine coverage over time and an increase in negative discussions of vaccines. [24] On the other hand, Ahmed et al. found that people who utilize Twitter and Facebook as sources of health information were more likely to be vaccinated. [25] Furthermore, Ortiz et al. revealed that adolescents who fully engaged with social media health platforms improved their health knowledge, and many were likely to have discussions with others about what they learned. [26] Our cross-sectional survey demonstrated increased vaccine acceptance after using Corowa-kun. Direct communication

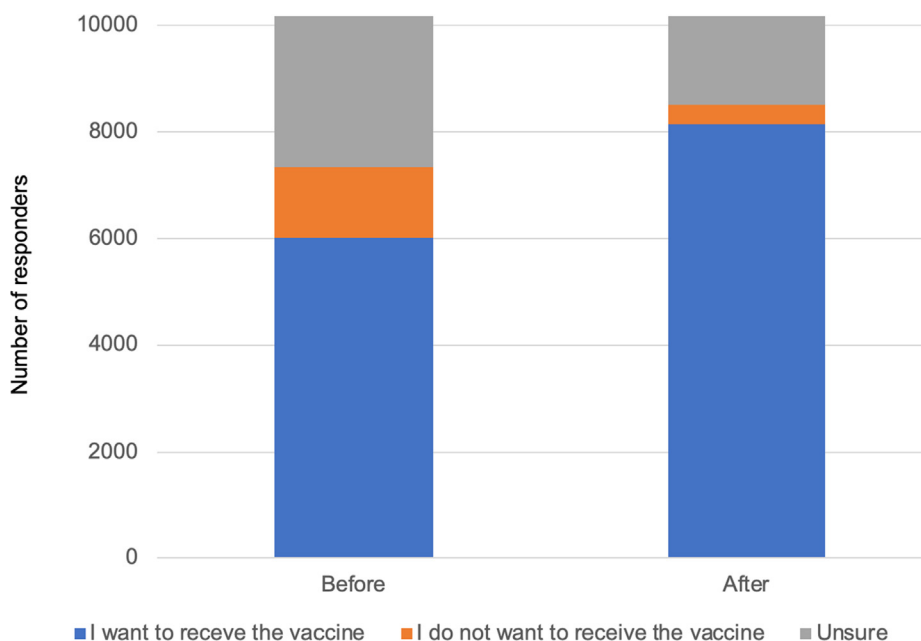


Fig. 2. Reported COVID-19 vaccine acceptance during a Cross Sectional Survey using Corowa-kun, Japan, April 5th–12th 2021 (n = 10,192) *There was a statistically significant difference in vaccine hesitancy between before and after using Corowa-kun (p < 0.01, Chi-square test).

between healthcare providers and patients is known to reduce vaccine concerns and improve overall uptake. [27] Public trust in doctors and nurses is relatively high in Japan; 26% reported “a lot of trust”, and 67% reported “some trust”. [28] Though there was no direct, real-time communication in Corowa-kun, the content was created by ten physicians, and FAQs were added in response to newly-asked questions by users in the free-text section, which might have contributed to the observed positive change. Healthcare providers may need to become more acquainted with social media and utilize these platforms to reduce vaccine hesitancy with more communication between providers and the public. [29].

Our study found relatively higher rates of COVID-19 vaccine acceptance (80%) compared to previously published studies in Japan. Yoda et al. conducted a cross-sectional study in September 2020 and gathered that 66% of participants were willing to be vaccinated against COVID-19 once a vaccine became available. [30] Another survey performed by Machida et al. in January 2021 noted that 62% of respondents were willing to receive a COVID-19 vaccine. [31] The U.S. CDC reported that intent to receive a COVID-19 vaccine increased from 39% in September 2020 to 49% in December 2020. [32] Our survey was conducted in the middle of the COVID-19 fourth wave in Japan (February to April 2021), and the increased incidence during the fourth wave may have contributed to the increasing trend of vaccine acceptance. As of May 2022, the vaccine coverage is ~ 82% in Japan, and this matches the vaccine acceptance captured during our cross-sectional survey conducted more than one year prior. A previous study postulated that women may be more hesitant about COVID-19 vaccines. [33] This could be related to the initial absence of vaccine safety and efficacy data for pregnant women. However, a U.S. study early in the pandemic showed that among people who received at least one dose of a COVID-19 vaccine, 63% were female. [34] This discrepancy could be because healthcare workers were offered the vaccine first in the U.S., and women account for three-fourths of healthcare workers. Newer evidence suggesting that COVID-19 vaccines are safe in pregnancy may help decrease hesitancy. [20].

Understanding more about vaccine hesitancy could inform public health efforts. Similar to other studies [4 33], we found lower vaccine acceptance among younger people, those with lower income and education attainment, active smokers, those with a

history of a vaccine side-effect, and those with poor self-reported health. We also found that non-physician healthcare workers were more vaccine hesitant than physicians were and had similar hesitancy levels to non-healthcare workers. Shekhar et al. revealed that only 8% of healthcare workers did not plan to get a vaccine. [35] However, 80% of their responders were providers (e.g., physicians, nurse practitioners), which might have influenced the high acceptance in their study. Healthcare workers other than physicians may have a greater COVID-19 risk than physicians do: nurses and respiratory therapists often have more direct and prolonged patient contact. Special attention to non-physician healthcare workers may be needed, and efforts to understand and address their concerns are critical. Furthermore, people unemployed due to COVID-19 had low vaccine acceptance. Though not common, 12% of vaccine hesitant respondents mentioned distrust of the government or municipal authorities. Japan has a lower level of public trust in the national government compared to other countries: only 4% reported that they had “a lot” of trust in the government. [28] Because of the known association between low vaccine uptake and government distrust [36], authorities may need to adapt their public health responses and messaging to enhance trustworthiness.

Our study has limitations. Due to the study design—cross-sectional survey—the study results are subject to biases e.g., recall bias). With a one-time cross-sectional survey, we could not confirm if Corowa-kun use directly decreased vaccine hesitancy. A hypothetical question (“Would you like to receive a COVID-19 vaccine when possible?”) was used because the COVID-19 vaccine was only available for healthcare professionals and for elderly people in a very limited area at the time that the survey was conducted. The survey answers may not translate into real-world actions by respondents due to other competing priorities and varying epidemiologic and societal conditions at the time a vaccine is available to them. [37 39] Only 17% of users responded to the survey, leading to selection bias. It is possible that vaccine hesitancy was more common amongst the 83% of users who did not respond to the survey. Only users of the most popular social media/messenger app in Japan (“LINE”) could access Corowa-kun. Our results are not representative of those not using this platform or without access to the internet. Approximately three-fourths of participants were

Table 2
Univariable logistic regression models of factors associated with COVID-19 vaccine hesitancy, Japan, 2021 (n = 10,192).

	Vaccine hesitancy N = 2,039		Vaccine acceptance N = 8,153		Odds ratio
Age					
16–34	229	11.2%	569	7.0%	3.7 (3.0–4.6)
35–49	648	31.8%	2046	25.1%	2.9 (2.5–3.5)
50–64	953	46.7%	3609	44.3%	2.4 (2.1–2.9)
≥65	209	10.3%	1929	23.7%	Ref
Sex					
Male	278	13.63%	2278	27.9%	Ref
Female	1727	84.7%	5816	71.3%	2.4 (2.1–2.8)
Other	3	0.2%	14	0.2%	NA
No answer	31	1.5%	45	0.6%	5.6 (3.5–9.1)
Region					
Hokkaido	72	3.5%	198	2.4%	1.6 (1.2–2.1)
Tohoku	79	3.9%	236	2.9%	1.5 (1.1–1.9)
Kanto	597	29.3%	2606	32.0%	Ref
Chubu	223	10.9%	868	10.7%	1.1 (0.9–1.3)
Kansai	828	40.6%	3497	42.9%	1.0 (0.9–1.2)
Chugoku	57	2.8%	214	2.6%	1.2 (0.9–1.6)
Shikoku	47	2.3%	109	1.3%	1.8 (1.3–2.6)
Kyusyu	128	6.3%	399	1.9%	1.4 (1.1–1.7)
Abroad	8	0.4%	26	0.3%	1.3 (0.6–3.0)
Educational attainment					
Elementary or junior high school	57	2.8%	151	1.9%	1.4 (1.0–1.9)
High school	660	32.4%	2008	24.6%	1.2 (1.1–1.3)
College or professional school	730	35.8%	2635	32.3%	Ref
Undergraduate school	536	26.3%	2966	36.4%	0.7 (0.6–0.7)
Postgraduate school	56	2.8%	393	4.8%	0.5 (0.4–0.7)
Employment status					
Full-time	724	35.5%	3142	38.5%	Ref
Part-time	631	31.0%	2097	25.7%	1.3 (1.2–1.5)
Student	27	1.3%	73	0.9%	1.6 (1.0–2.5)
Retired	59	2.9%	681	8.4%	0.4 (0.3–0.5)
Homemaker	437	21.4%	1555	19.1%	1.2 (1.1–1.4)
Unemployed due to COVID-19	37	1.8%	91	1.1%	1.8 (1.2–2.6)
Unemployed irrelevant to COVID-19	124	6.1%	514	6.3%	1.0 (0.8–1.3)
Healthcare worker					
Physician	7	0.3%	164	2.0%	0.2 (0.1–0.4)
Yes, but not physician	323	15.8%	1400	17.2%	0.9 (0.8–1.01)
No	1709	83.8%	6589	80.8%	Ref
Marriage status					
Married	1374	67.4%	6038	47.1%	Ref
Never married	432	21.2%	1409	17.3%	1.3 (1.2–1.5)
Divorced	233	11.4%	706	8.7%	1.5 (1.2–1.7)
Living with persons at age < 16	452	22.2%	1506	18.5%	1.3 (1.1–1.4)
Living with persons at age ≥ 65	647	31.8%	2994	36.7%	0.8 (0.7–0.9)
Household size					
1	300	14.9%	1199	14.8%	Ref
2	660	32.8%	3025	37.4%	0.9 (0.7–1.0)
3	568	28.2%	2009	24.8%	1.1 (1.0–1.3)
4	310	15.4%	1266	15.7%	1.0 (0.8–1.2)
5	117	5.8%	383	4.8%	1.2 (1.0–1.6)
≥6	60	3.0%	205	2.5%	1.2 (0.9–1.6)
Annual household income					
Less than JPY 2 million	1089	53.4%	3503	43.0%	1.6 (1.4–1.9)
JPY 200 million < JPY 400 million	537	26.3%	2286	28.0%	1.2 (1.0–1.4)
JPY 400 million < JPY 600 million	235	11.5%	1214	14.9%	Ref
JPY 600 million < JPY 800 million	104	5.1%	560	6.9%	1.0 (0.7–1.2)
JPY 800 million or higher	74	3.6%	590	7.2%	0.7 (0.5–0.9)
Chronic respiratory disease	207	10.2%	588	7.2%	1.5 (1.2–1.7)
Chronic heart disease	229	11.2%	1190	14.6%	0.7 (0.6–0.9)
Chronic kidney disease	22	1.1%	130	1.6%	0.7 (0.4–1.1)
Chronic liver disease	14	0.7%	70	0.9%	0.8 (0.4–1.4)
Diabetes mellitus	90	4.4%	439	5.4%	0.8 (0.6–1.0)
Blood disease except for anaemia	35	1.7%	119	1.5%	1.2 (0.8–1.7)
Malignancy	67	3.3%	149	1.8%	1.8 (1.4–2.4)
Receiving immunosuppressant	85	4.2%	224	2.3%	1.5 (1.2–2.0)
Neurological or neuromuscular disease due to immune deficiency	24	1.2%	36	0.4%	2.7 (1.6–4.5)
Physical decline associated with a neurological disease or a neuromuscular disease	11	0.5%	23	0.3%	1.9 (0.9–3.9)
Chromosomal abnormality	3	0.2%	11	0.1%	NA
Severe psychosomatic disorder	4	0.2%	3	0.04%	NA
Sleep apnoea	47	2.3%	224	2.8%	0.8 (0.6–1.1)
Obesity	232	11.4%	704	8.6%	1.4 (1.2–1.6)
No underlying health condition	1095	53.7%	4767	58.5%	0.8 (0.7–0.9)

Table 2 (continued)

	Vaccine hesitancy N = 2,039		Vaccine acceptance N = 8,153		Odds ratio
Age					
Smoking status					
Active smoker	232	11.4%	690	8.5%	1.3 (1.1–1.6)
Former smoker	448	22.0%	1987	24.4%	0.9 (0.8–1.0)
Only electronic cigarettes	41	2.0%	237	2.9%	0.7 (0.5–1.0)
Never smoker	1318	64.6%	5239	64.3%	
Have you had a flu shot within the past year?	1039	51%	5998	73.6%	0.4 (0.3–0.4)
Self-reported history of COVID-19					
Yes (I tested positive)	48	0.6%	10	0.5%	0.8 (0.4–1.7)
Yes (I had the symptoms but did not receive a positive test)	60	0.7%	23	1.1%	1.5 (0.9–2.5)
No	8045	80%	2006	98.4%	Ref
Have you had any vaccine side-effects?					
Yes	331	16.2%	644	7.9%	2.5 (2.2–2.9)
No	1424	69.8%	7051	86.5%	Ref
Unsure	284	13.9%	458	5.6%	3.1 (2.6–3.6)
Self-reported overall health					
1–3	40	2.0%	76	0.9%	1.7 (1.2–2.5)
4–6	1286	63.1%	4144	50.8%	Ref
7–9	713	35.0%	3933	48.2%	0.6 (0.5–0.6)
Pregnancy status					
Pregnant	31	1.5%	36	0.4%	3.3 (2.0–5.3)
Not pregnant	1072	52.57 %	4087	50.1%	Ref
Desire to be pregnant	84	4.1%	144	1.8%	2.2 (1.7–2.9)
Not applicable	852	41.8%	3886	47.7%	0.8 (0.8–0.9)

Ref: reference.

NA: Logistic regression was not performed due to too small number (n ≤ 3).

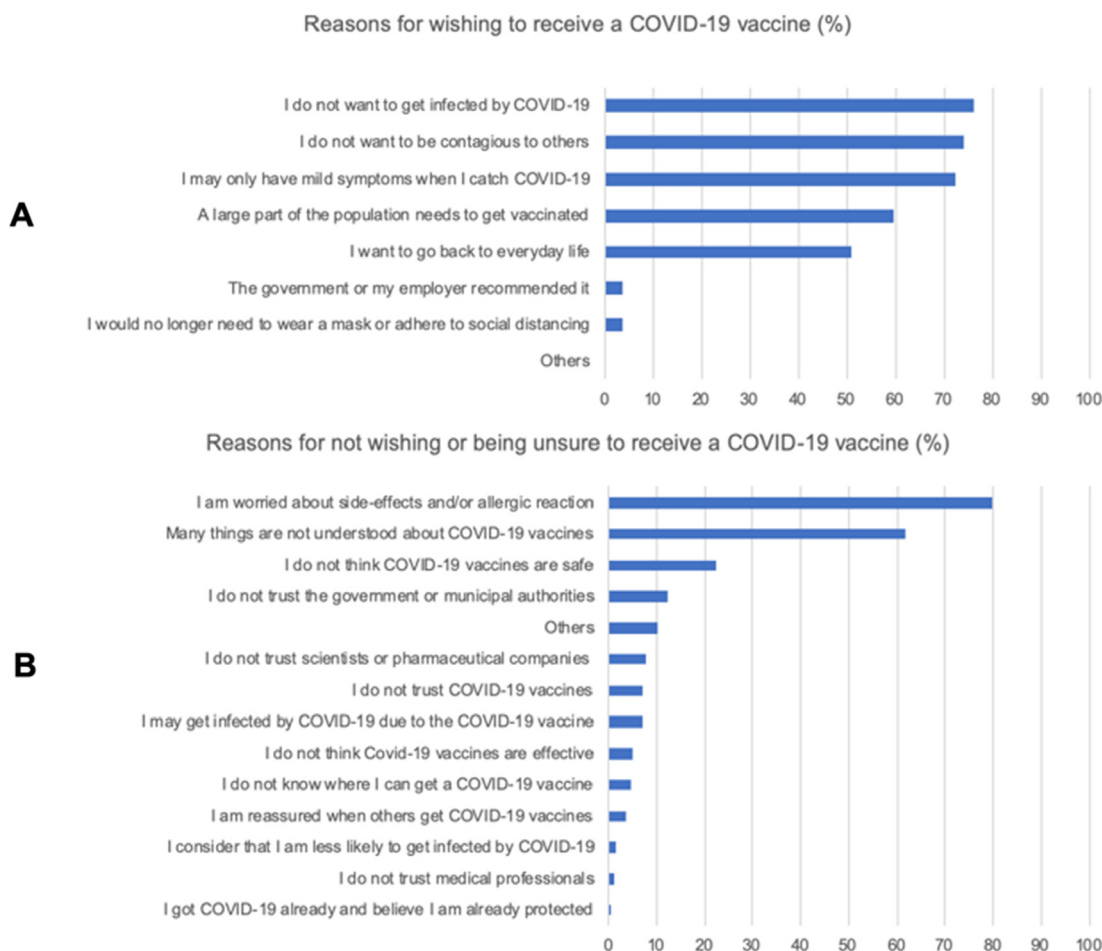


Fig. 3. Reasons provided for COVID-19 hesitancy (A) and acceptance (B), COVID-19 vaccine survey, Japan, 2021.

women. Only persons with Japanese literacy could answer the survey. Corowa-kun was advertised using multiple mass media, however we did not track when and where exactly those took place.

5. Conclusions

We created Corowa-kun, a free chatbot, to answer COVID-19 vaccine FAQs using the most popular messenger app in Japan. The chatbot was popular, and nearly 10,000 people participated in a cross-sectional survey that helped us identify vaccine hesitancy risk factors and investigate vaccine intention. Vaccine hesitancy decreased among Corowa-kun users during the study period, although causality needs further prospective evaluation. Messenger app chatbots may help the general public obtain appropriate COVID-19 vaccine information in a timely and effective manner.

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Declaration of Competing Interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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