Developmental Switch of the Serotonergic Role in the Induction of Synaptic Long-term Potentiation in the Rat Visual Cortex

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Synaptic long-term potentiation (LTP) and long-term depression (LTD) have been studied as mechanisms of ocular dominance plasticity in the rat visual cortex. Serotonin (5-hydroxytryptamine, 5-HT) inhibits the induction of LTP and LTD during the critical period of the rat visual cortex (postnatal $3 \sim 5$ weeks). However, in adult rats, the increase in 5-HT level in the brain by the administration of the selective serotonin reuptake inhibitor (SSRI) fluoxetine reinstates ocular dominance plasticity and LTP in the visual cortex. Here, we investigated the effect of 5-HT on the induction of LTP in the visual cortex obtained from 3- to 10-week-old rats. Field potentials in layer 2/3, evoked by the stimulation of underlying layer 4, was potentiated by theta-burst stimulation (TBS) in 3- and 5-week-old rats, then declined to the baseline level with aging to 10 weeks. Whereas 5-HT inhibited the induction of LTP in 5-week-old rats, it reinstated the induction of N-methyl-D-aspartate receptor (NMDA)-dependent LTP in 8- and 10-week-old rats. Moreover, the selective SSRI citalopram reinstated LTP. The potentiating effect of 5-HT at 8 weeks of age was mediated by the activation of 5-HT₂ receptors, but not by the activation of LTP switches from inhibitory in young rats to facilitatory in adult rats.

Key Words: 5-HT, SSRI, Citalopram, 5-HT₂ receptor, Para-chloroamphetamine

INTRODUCTION

Neuromodulators regulate a vast array of brain functions. Serotonin (5-hydroxytryptamine, 5-HT), one of the most important neuromodulators, is involved in higher brain functions, such as cognition and emotional states [1]. Also, 5-HT is involved in the induction of long-term synaptic plasticity, which is a cellular and molecular mechanism of various brain functions such as learning, memory and sensory development [2]. The rat visual cortex receives a huge input of extensively ramified 5-HT fibers from midbrain raphe nuclei [3]. Since 5-HT has enhanced the induction of synaptic long-term potentiation (LTP) and long-term depression (LTD) in the visual cortex of cats [4], 5-HT is proposed as an enabling factor for long-term synaptic plasticity [5]. Because LTP and LTD have been proposed as a mechanism for ocular dominance plasticity in

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This is an Open Access article distributed under the terms of the Creative Commons Attribution Non-Commercial License (http:// creativecommons.org/licenses/by-nc/3.0) which permits unrestricted non-commercial use, distribution, and reproduction in any medium, provided the original work is properly cited. the visual cortex [6,7], despite some controversies [8,9], 5-HT appears to be an important neuromodulator involved in ocular dominance plasticity [10].

In contrast to its effect on cats, 5-HT appears to inhibit the induction of LTP and LTD during the critical period in the visual cortex of rats [11-15]. In rats, 5-HT also inhibits the induction of LTP in various brain regions such as the hippocampus [16], the amygdala [17], and the prefrontal cortex [18]. Since the 5-HT content in the visual cortex increases during the critical period [11,13], the inhibitory effect of 5-HT on the induction of LTP in the visual cortex has been suggested as one of molecular mechanisms for the closure of critical period and a decrease in ocular dominance plasticity of rats [11,12]. However, in recent studies, chronic administration of the selective serotonin reuptake inhibitor (SSRI) fluoxetine has reinstated ocular dominance plasticity and LTP in the visual cortex of adult rats [19,20]. Since the expression patterns of 5-HT receptor subtypes change during postnatal development [4,21], the effect of 5-HT on the induction of LTP and ocular dominance plasticity might differ between young and adult rats. However, comprehensive studies on the effect of 5-HT in

ABBREVIATIONS: LTP, long-term potentiation; LTD, long-term depression; 5-HT, 5-hydroxytryptamine; SSRI, selective serotonin reuptake inhibitor; TBS, theta-burst stimulation; NMDA, N-methyl-D-aspartate; ACSF, artificial cerebrospinal fluid; BDNF, brain-derived neurotrophic factor; D-AP5, D-aminopentanoate; FP, field potential; GABA, gamma-aminobutyric acid; PCA, *para*-chloroamphetamine.

the induction of LTP from young to adult rats are not available yet.

Thus, in the present study we studied the acute effect of 5-HT on the induction of LTP in visual cortex slices during development in young and adult rats. We found that, in contrast to the inhibitory effect of 5-HT on the induction of LTP in young rats, 5-HT facilitated the induction of LTP in adult rats at 8 and 10 weeks of age. Thus, the switching effect of 5-HT on the induction of LTP during postnatal development provides new insight on the role of 5-HT in the brain.

METHODS

Animal care and slice preparation

Sprague-Dawley rats of both sexes (postnatal 3 to 10 weeks, Orientbio Inc., Korea) were maintained and raised under standard conditions (23±1°C, 12/12 hours light/dark cycle). Animal care and surgical procedures were approved by the Ethics Committee of the Catholic University of Korea and were consistent with the National Institutes of Health Guide for the Care and Use of Laboratory Animals. Visual cortex slices were prepared from 3- to 10-week-old rat as previously described [11]. Briefly, the brains were quickly removed after anesthetization with chloral hydrate (400 mg/kg, i.p.), and were submerged in ice-cold dissection medium. Coronal sections of the occipital cortex (400 μ m in thickness) were prepared on a vibrotome (Campden Instruments, Leica, UK) and were allowed to recover in a storage chamber for 40 min at 37°C. The slices were maintained at room temperature prior to recording. The dissection and storage medium consisted of 125 mM NaCl, 2.5 mM KCl, 1 mM CaCl₂, 2 mM MgSO₄, 1.25 mM NaH₂PO₄, 25 mM NaHCO₃, and 10 mM D-glucose, bubbled with 95% $O_2/5\%$ CO₂. The slices were transferred to the submerging chamber for recording and superfused continuously with artificial cerebrospinal fluid (ACSF, 1.5~2 ml/min) containing 125 mM NaCl, 2.5 mM KCl, 2 mM CaCl₂, 1 mM MgSO₄, 1.25 mM NaH₂PO₄, 25 mM NaHCO₃, and 10 mM D-glucose, bubbled with 95% $O_2/5\%$ CO_2 at $32 \sim 33^{\circ}C$. In some experiments, the slices were incubated with para-chloroamphetamine (PCA, 10 μ M) for 2 hr to deplete endogenous 5-HT. Under these experimental conditions, PCA (10 μ M) was also included in ACSF throughout the recording.

Electrophysiological recording

The recording electrode pulled from a glass pipette was filled with ACSF $(1 \sim 3 \text{ M}\Omega)$ and positioned in layer 2/3 of the primary visual cortex. Field potential (FP) was elicited by a rectangular current pulse (0.2 ms) at a site in the middle of the cortex, by means of a concentric bipolar stimulating electrode (100 μ m in diameter, SNE-100, David Kopf). The baseline response was obtained at 30-s intervals for 10 min with a stimulus intensity that yielded half-maximal FP amplitude. Theta-burst stimulation (TBS, 5 bursts at 5 Hz of 10 pulses at 100 Hz) was applied 5 times at 10-s intervals to induce LTP. The FP was recorded for 50 min after the application of TBS. The signals were amplified 1.000-fold, filtered between 0.1 and 3 kHz, and saved to a Pentium PC using the LTP program (v2.3, www.ltp-program.com). The peak amplitude of the FP from the baseline was calculated and used for analysis of the effect of the conditioning stimulation.

Chemicals

D-AP5, NAN-190, 2-methyl-5-hydroxytryptamine (2-me-5-HT), and (±)-2,5-dimethoxy-4-iodoamphetamine (DOI) were purchased from Tocris (Bristol, UK). PCA, 5-HT, (±)-8-hydroxy-2-dipropylaminotetralin (8-OH-DPAT), mesulergine and other chemicals were purchased from Sigma (St. Louis, MO, USA).

Statistical analysis

Data were expressed as the mean±SE. Group comparisons were performed using either paired or unpaired two-tailed Student's *t*-tests. The level of significance was set at $p \le 0.05$.

RESULTS

5-HT inhibits the induction of LTP in young rats

In our previous study, the duration of the stimulation pulse was important for the recruitment of inhibitory circuits and the induction of long-term synaptic plasticity in the supragranular layer of the rat visual cortex [22]. To investigate the inhibitory effect of 5-HT on the induction of LTP in the pathway from layer 4 to layer 2/3 in the present study, we induced LTP in layer 2/3 using a 0.2-ms stimulus pulse, which stably induced LTP during the critical period (postnatal 3~5 weeks in rats). In accordance with our previous study, TBS evoked LTP in slices from 3-(125.6± 7.8% of the baseline FP amplitude, n=8, p<0.05) and 5week-old rats (133.8±3.7% of the baseline FP amplitude, n=10, p<0.001) (Fig. 1A and C). However, although TBS induced a small LTP in 5-week-old rats in the presence of 5-HT (10 μ M) (111.6±1.8% of the baseline FP amplitude, n=10, p<0.001), 5-HT significantly inhibited the induction of LTP at this age (p < 0.001, compared with control) (Fig. 1C). The magnitudes of LTP and the inhibition by 5-HT were similar to those in our previous studies [11,22]. Thus, we confirmed the inhibitory effect of 5-HT on the induction of LTP, which was induced by the stimulation recruiting less inhibitory circuits, in the pathway from layer 4 to layer 2/3 in the visual cortex of young rats.

5-HT facilitates NMDA receptor-dependent LTP in adult rats

In contrast with young rats, the magnitude of LTP in the pathway from layer 4 to layer 2/3 declined with age to 106.7 \pm 2.8% (n=12) of the baseline FP amplitude for 8-week-old rats (p<0.05) and to 99.4 \pm 8.0% (n=5) of the baseline FP amplitude for 10-week-old rats (p=0.94) (Fig. 1B and C). Although it is known that LTP and LTD in the pathway from layer 4 to layer 2/3 is constantly elicited regardless of aging [23], our experimental conditions exhibited an age-dependent decline in the induction of LTP and LTD in this pathway, which might have resulted from the recruitment of a substantial amount of inhibitory components and their postnatal development [22,24]. However, the application of 5-HT into the bath solution reinstated the induction of LTP in 8-(131.1 \pm 5.9% of the baseline FP amplitude, n=12, p< 0.001) and 10-week-old rats (128.5 \pm 5.2% of the baseline FP



Fig. 1. Switching effect of 5-HT on the induction of LTP in the rat visual cortex. (A) The effect of the TBS of layer 4 (indicated with arrow) on layer 2/3 FP in control slices (open circle, n=10) and in 5-HT-perfused slices (closed circle, n=10) from 5-week-old rats. The right panel shows the representative average traces in a slice marked with corresponding symbols, which were taken at the time period indicated with corresponding numbers. Scales represent 0.4 mV and 2 ms, respectively. (B) The effect of the TBS of layer 4 (indicated with arrow) on layer 2/3 FP in control slices (open circle, n=11) and in 5-HT-perfused slices (closed circle, n=12) from 8-week-old rats. The right panel shows the representative average traces in a slice marked with corresponding symbols, which were taken at the time period indicated with corresponding numbers. Scales represent 0.4 mV and 2 ms, respectively. (C) Age-dependent inhibition and facilitation of layer 2/3 LTP induction induced by TBS to layer 4 in the rat visual cortex. Numbers of the experiments are from 5 to 12. **p<0.01 and ***p<0.001 compared with the corresponding control.

amplitude, n=7, p < 0.01) (Fig. 1C). Thus, these results showed that 5-HT exerts a facilitating effect on the induction of LTP in the pathway from layer 4 to layer 2/3 in the visual cortex of adult rats.

In our previous study, 5-HT specifically inhibited NMDA receptor-dependent LTP in young rats, but not metabotropic glutamate receptor (mGluR)-dependent LTP [11]. We investigated whether the reinstated LTP was dependent on the activation of NMDA receptors. Bath application of the NMDA receptor antagonist D-AP5 (50 μ M) in the presence of 5-HT abolished the induction of LTP in 8-week-old rats



Fig. 2. Effect of endogenous 5-HT on the induction of LTP in 8-week-old rats. (A) Average response to TBS applied at the indicated time (arrow) in PCA-incubated (open circle, n=5) and citalopramtreated slices (closed circle, n=6). Insets show the average FP recording taken from a representative experiment at the indicated time period with corresponding numbers. Scales represent 0.4 mV and 2 ms, respectively. (B) Summary plot of the LTP induction in PCA- and citalopram-treated slices from 8-week-old rats (n=5 and n=6, respectively). *p<0.05 compared with the baseline.

 $(106.4\pm7.6\%$ of the baseline FP amplitude, n=8, p=0.43). Thus, 5-HT specifically facilitated the induction of NMDA receptor-dependent LTP in adult rats.

Endogenous 5-HT facilitates the induction of LTP in adult rats

In the next experiment, we tested the effect of pharmacological manipulation of endogenous 5-HT in adult rats. Initially, endogenous 5-HT was depleted by the incubation of slices from 8-week-old rats with PCA (10 μ M, 2 hr) [11]. TBS did not induce LTP in 5-HT-depleted slices (104.6± 2.8% of the baseline FP amplitude, n=5, p=0.17) (Fig. 2). The SSRI citalopram was used in order to determine the effect of an increased tone of serotonin in the slices [25] on LTP induction. Bath application of citalopram (10 μ M) mimicked the effect of 5-HT on the induction of LTP in 8-week-old rats (132.5±10.5% of the baseline FP amplitude, n=6, p<0.05) (Fig. 2). These results suggest that endogenously released 5-HT could facilitate the induction of LTP in the visual cortex of aged rats.

Effect of specific 5-HT receptor agonists and antagonists on the induction of LTP

Membrane receptors for 5-HT comprise at least 14 subtypes from 5-HT₁ to 5-HT₇ receptors [26], among which 5-HT_{1A}, 5-HT₂ and 5-HT₃ receptors are reportedly expressed in the rat visual cortex [21,25,27]. Thus, in the following experiment we tested which 5-HT receptor subtypes are involved in the facilitation of LTP in adult rats using specific antagonists (Fig. 3A and C) and agonists (Fig. 3B and D) for 5-HT1A, 5-HT2 and 5-HT3 receptors. Co-application of the specific 5-HT_{1A} receptor antagonist NAN-190 (10 μ M) with 5-HT did not inhibit the induction of LTP (129.5 \pm 11.8% of the baseline FP amplitude, n=7, p<0.05). The specific 5-HT₃ receptor antagonist Y-25130 (10 μ M) did not change the magnitude of LTP facilitated by 5-HT $(122.9\pm2.6\%$ of the baseline FP amplitude, n=5, p<0.001). In contrast, co-application of the 5-HT₂ receptor antagonist mesulergine (10 μ M) with 5-HT abolished the induction of



Fig. 3. Effect of 5-HT receptor antagonists and agonists on the induction of LTP in 8-week-old rats. (A) The effect of 5-HT receptor antagonists on layer 2/3 LTP induced by TBS to layer 4 (indicated with arrow) in 8-week-old rats. NAN-190 (10 μ M, n=7, open triangle), mesulergine (10 μ M, n=6, closed circle) and Y-25130 (10 μ M, n=5, open square) were co-applied into the bath with 5-HT (10 μ M). The right panel shows the representative average traces in a slice marked with corresponding symbols, which were taken at the time period indicated with corresponding numbers. Scales represent 0.4 mV and 2 ms, respectively. (B) The effect of 5-HT receptor agonists on layer 2/3 LTP induced by TBS to layer 4 (indicated with arrow) in 8-week-old rats. 8-OH-DPAT (10 $\,\mu\mathrm{M},$ n=7, open triangle), DOI (10 μ M, n=7, closed circle) and 2-me-5-HT (10 μ M, n=7, open square) were applied into the bath throughout the experiment. The right panel shows the representative average traces in a slice marked with corresponding symbols, which were taken at the time period indicated with corresponding numbers. Scales represent 0.4 mV and 2 ms, respectively. (C) Summary plot of the effect of antagonists for 5-HT receptor subtypes. *p $\!<\!0.05$ and ***p $\!<\!0.001$ compared with the baseline. (D) Summary plot of the effect of agonists for 5-HT receptor subtypes. *p<0.05 compared with the baseline.

LTP (103.8 \pm 3.8% of the baseline FP amplitude, n=6, p=0.36). These results suggest that the activation of 5-HT₂ receptors might be involved in the facilitation of LTP in the visual cortex of aged rats.

In another set of experiments, DOI (10 μ M), a specific



Fig. 4. Effect of 5-HT₂ receptor antagonists and a agonist on the 5-HT facilitation of LTP induction in 8-week-old rats. (A) The effect of 5-HT₂ receptor antagonists and agonists on layer 2/3 LTP induced by TBS to layer 4 (indicated with arrow) in 8-week-old rats. MDL 11939 (10 μ M, n=5, closed circle), MDL 11939 (10 nM, n=11, open circle), and SB 242084 (5 μ M, n=5, closed square) were co-applied into the bath with 5-HT (10 μ M). WAY 161503 (10 μ M, n=8, gray triangle) was applied without 5-HT into the bath. The right panel shows the representative average traces in a slice marked with corresponding symbols, which were taken at the time period indicated with corresponding numbers. Scales represent 0.4 mV and 2 ms, respectively. (B) Summary plot of the effect of antagonists and a agonist for 5-HT₂ receptors. *p<0.05 and ***p<0.001 compared with the baseline.

5-HT₂ receptor agonist, mimicked the induction of LTP facilitated by the application of 5-HT in 8-week-old rats (128.4±8.1% of the baseline FP amplitude, n=7, p<0.05), while 8-OH-DPAT (10 μ M), a specific 5-HT_{1A} receptor agonist (103.3±2.4% of the baseline FP amplitude, n=7, p=0.21), or 2-me-5-HT, a specific 5-HT₃ receptor agonist (106.2±3.4% of the baseline FP amplitude, n=7, p=0.12), failed to induce LTP (Fig. 3B). These results also support the hypothesis that the activation of the 5-HT₂ receptor might be involved in the 5-HT facilitation of the induction of LTP in adult rats.

Effect of specific 5-HT₂ receptor antagonists on the facilitated induction of LTP

Both 5-HT_{2A} and 5-HT_{2C} receptors are expressed in pyramidal neurons in the neocortex of the rat [21,28]. Thus, we further investigated the involvement of these receptor subtypes in the 5-HT facilitation of LTP (Fig. 4). Co-application of the specific 5-HT_{2A/C} receptor blocker MDL 11939 at a high concentration (10 μ M) consistently abolished LTP facilitated by 5-HT (107.2±3.9% of the baseline FP amplitude, n=5, p=0.14). However, MDL 11939 as a selective 5-HT_{2A} receptor antagonist at a low concentration (10 nM) did not inhibit the facilitation of LTP by 5-HT application (130.0±5.3% of the baseline FP amplitude, n=11, p<0.001). The application of the selective 5-HT_{2C} receptor antagonist SB 242084 (5 μ M) did not inhibit the facilitation of LTP (135.9±11.4% of the baseline FP amplitude, n=5, p<0.05). In addition, we tested the effect of another specific 5-HT_{2C} receptor agonist, WAY 161503 (10 μ M), which consistently evoked LTP in 8-week-old rats (134.3±10.6% of the baseline FP amplitude, n=8, p<0.05). These results suggest that the activation of either 5-HT_{2C} or 5-HT_{2C} might be sufficient for the 5-HT facilitation of LTP in adult rats.

DISCUSSION

Here we showed that, in contrast to the inhibitory effect of 5-HT on the induction of LTP in young rats ($3 \sim 5$ weeks old), 5-HT facilitated the induction of NMDA receptor-dependent LTP in adult rats ($8 \sim 10$ weeks old). The LTP in adult rats was inhibited by the application of 5-HT₂ receptor antagonists and mimicked by the application of 5-HT₂ receptor agonists. Our results demonstrate a switching role of 5-HT in the induction of LTP during postnatal development after adolescence in the rat visual cortex.

Heightened neuronal plasticity during a certain period of postnatal development as critical period has received much attention because long-term synaptic plasticity is involved in sensory cortical development, which is shaped by sensory experience [6,29]. Because the critical period is a very complex phenomenon, many mechanisms are suggested for its closure during postnatal development. Among them, age-dependent decline in the induction of long-term synaptic plasticity [7] and late maturation of inhibitory circuits [30,31] have been extensively studied. In the present study, layer-2/3 LTP evoked by the stimulation of layer 4 declined to the baseline level at the ages of 8 and 10 weeks. However, it is known that layer-2/3 LTP evoked by the stimulation of layer 4 is less affected by age, in contrast to the age-dependent decline of layer 2/3 LTP evoked by the stimulation of white matter [23,32]. However, LTP and LTD decreased during postnatal development in the pathway from layer 4 to layer 2/3 in our previous studies [11,22], which might have been a result of the recruitment of inhibitory circuits using a short-duration (0.1 ms), high-intensity stimulation pulse [22]. In the present study, we used stimulation with a longer-duration (0.2 ms), low-intensity stimulation pulse to decrease the inhibitory components in FP, by which LTP in the pathway from layer 4 to layer 2/3 was induced in 5-week-old rats, consistent with our previous study [22]. In the present study, this LTP also declined to the baseline at 8 weeks of age (Fig. 1). The discrepancy might have resulted from the inclusion of large inhibitory components in our experiments, as shown in our previous study [22]. Because the proportion of inhibitory components in the FP was critical in the induction of LTP and LTD, late maturation of intracortical inhibitory circuits might inhibit the induction of LTP in this pathway in aged rats [24].

The induction of LTP and LTD in the visual cortex is modulated by various neuromodulators including acetylcholine (ACh), norepinephrine (NE) and 5-HT [10,33-36], which convey information on the behavioral state of the animal. These neuromodulators appear to act as enabling factors for long-term synaptic plasticity [36,37] and ocular dominance plasticity [5,38,39]. However, in contrast to the con-

sistent effect of ACh and NE, 5-HT exhibits a dissimilar effect on the induction of LTP/LTD depending on the species (cats vs. rats) and the age of animals (young vs. adult). Furthermore, 5-HT facilitates the induction of either LTP or LTD in cat visual cortex depending on the expression of 5-HT₂ receptors [4]. Whereas increasing the content of 5-HT in the visual cortex inhibits the induction of LTP and LTD during critical period in rats [11-13], 5-HT facilitates the induction of LTP and reinstates ocular dominance plasticity in adult rats [19,20]. In the present study, we found that acute treatment of 5-HT facilitated the induction of NMDA receptor-dependent LTP in slices from adult rats at the ages of 8 and 10 weeks, which contrasted with the 5-HT inhibition in the induction of LTP in young rats. The results of experiments with 5-HT-depleted slices and the increase in endogenous 5-HT by citalopram have consistently supported these results. This switching role of 5-HT between young and adult rats might be explained by the expression of 5-HT receptor changes with postnatal development in the neocortex [4,21]. Levels of expression and localization of 5-HT receptor subtypes are critical in the induction of LTP [4] and in modulation of cellular excitability [28,40]. Thus, cellular expression of 5-HT receptor subtypes in excitatory and inhibitory neurons during postnatal development remains to be studied.

In addition, 5-HT exerts a trophic function by increasing BDNF levels in the adult brain [41]. Chronic administration of the SSRI fluoxetine or local infusion of 5-HT restores susceptibility to monocular deprivation in adulthood and increases the expression of BDNF [19.20]. In the present study, we demonstrated that the acute administration of 5-HT also facilitated the induction of LTP. Whereas 5-HT_{1A} receptors were involved in the chronic effect of 5-HT and increased expression of BDNF [20], the acute facilitating effect was mediated by the activation of 5-HT_2 receptors in the present study. Phospholipase C is coupled to $5 \cdot HT_2$ receptors, which might increase the intracellular calcium level by the release from IP₃-sensitive stores [40,42] and could exert additive effects on the activation of NMDA receptors for LTP induction. In contrast, in young rats, enhanced GABA_Aergic synaptic currents by 5-HT₂ receptor activation in layer 2/3 pyramidal neurons might inhibit the induction of LTP [40]. Since balance between excitation and inhibition (E/I) is critical in the induction of long-term synaptic plasticity [22,43], serotonergic fine tuning of the E/I balance [25] might also play a critical role in the induction of LTP.

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