

Article

Application of Deep Eutectic Solvents for the Extraction of Rutin and Rosmarinic Acid from *Satureja montana* L. and Evaluation of the Extracts Antiradical Activity

Martina Jakovljević¹, Jelena Vladić² , Senka Vidović², Kristian Pastor², Stela Jokić¹, Maja Molnar¹ and Igor Jerković^{3,*} 

¹ Faculty of Food Technology Osijek, Josip Juraj Strossmayer University of Osijek, Franje Kuhača 20, 31000 Osijek, Croatia; mjakovljevic@ptfos.hr (M.J.); sjokic@ptfos.hr (S.J.); mmolnar@ptfos.hr (M.M.)

² Faculty of Technology, University of Novi Sad, Bulevar cara Lazara 1, 21000 Novi Sad, Serbia; vladicjelena@gmail.com (J.V.); senka.vidovic@uns.ac.rs (S.V.); herr.pastor.kristian@gmail.com (K.P.)

³ Faculty of Chemistry and Technology, University of Split, Ruđera Boškovića 35, 21000 Split, Croatia

* Correspondence: igor@ktf-split.hr; Tel.: +385-21-329-434

Received: 22 December 2019; Accepted: 23 January 2020; Published: 26 January 2020



Abstract: *Satureja montana* L. was used in the current research as the plant exhibits numerous health-promoting benefits due to its specific chemical composition. The extraction method based on deep eutectic solvents (DESs) was used for the extraction of rutin and rosmarinic acid from this plant. Five different choline chloride-based DESs with different volumes of water (10%, 30%, and 50% (v/v)) were used for the extraction at different temperatures (30, 50, and 70 °C) to investigate the influence on rosmarinic acid and rutin content obtained by high-performance liquid chromatography with diode-array detector (HPLC-DAD) in the obtained extracts. A principal component analysis was employed to explore and visualize the influence of applied parameters on the efficiency of the extraction procedure of rutin and rosmarinic acid. Among the tested DESs, choline chloride:lactic acid (mole ratio 1:2) and choline chloride:levulinic acid (mole ratio 1:2) were the most suitable for the extraction of rutin, while for rosmarinic acid choline chloride:urea (mole ratio 1:2) was the most effective solvent. The extract showing the best antiradical activity was obtained with choline chloride:urea (mole ratio 1:1) at 30 °C and 50% H₂O (v/v).

Keywords: deep eutectic solvents; extraction; rutin; rosmarinic acid; *Satureja montana* L.; principal component analysis

1. Introduction

In recent decades, the growth of the pharmaceutical industry, particularly in the field of products rich in bioactive components for maintaining health, has led to the rapid development of extraction and isolation methods [1]. This development is directed towards modern extraction methods, which are not only faster but also more efficient, providing greater yields and better quality of the extracts without the use of flammable and toxic organic solvents [2].

Among these extraction methods, deep eutectic solvents (DESs) were presented by Abbott et al. [3,4] as a continuation of ionic liquids, despite a significant difference in starting material and in the way they are synthesized with respect to ionic liquids. DESs are a mix between the hydrogen bond acceptor (HBA) and a hydrogen bond donor (HBD) with a lower melting point relative to the melting point of the individual starting components. DESs have been popular in recent years due to the low price of starting materials and easy preparation of the solvent, as well as biodegradability,

low toxicity [5], and tunable properties [6–8]. They have been used in various fields, including biotechnology and the chemical industry, since they present promising solvents for extraction and separation processes. The application of DES for extraction and isolation has been successfully applied in several fields, such as biodiesel, bioactive components, metals, and aromatic hydrocarbons [1].

Since there are numerous different combinations of starting materials and mole ratios, DESs can actually be considered as tunable solvents with different functionality and solubility for various compounds. In addition, this brings the possibility of increasing the solubility and extraction efficiency of DESs by selecting the appropriate combination of HBD and HBA, as well as their mole ratios. Choline chloride, as one of the commonly used compounds as HBA (acceptable price, non-toxic influence, and the possibility of biodegradation), can form DESs with a range of different components, including carboxylic acids, sugars, sugar alcohols, and amines as HBDs [3,4]. During the last years, DESs have become extensively used as solvents for the extraction of phenolic compounds, such as phenolic acids, anthocyanins, flavonoids, furanocoumarins, and stilbenes [9–12].

Satureja montana L. has long been present in traditional medicine. Its common use as a traditional remedy in the therapy of different digestive, respiratory, and urinary ailments represented the basis and reason behind conducting numerous scientific studies on this plant. Those studies confirmed numerous biological activities of *S. montana*, such as cardioprotective (through angiotensin-converting enzyme (ACE) inhibition), diuretic, antimicrobial, antidiarrheal, hepatoprotective, cytotoxic, and antioxidative [13–21]. Additionally, *S. montana* could be considered for the treatment of premature ejaculation [22]. Carvacrol and thymol are the most dominant components of its essential oil. A large number of published studies focused on the investigation of its essential oil and lipophilic components. The most applied methods for obtaining volatile compounds of *S. montana* were hydro distillation and Soxhlet extraction [23–29]. However, with the development of green modern extraction technologies, which overcome the shortcomings of classical extraction techniques, studies were conducted to obtain lipophilic extracts of *S. montana* by applying green extraction methods, such as supercritical carbon dioxide extraction [25,27,30,31], microwave-assisted hydro distillation [32], and subcritical water extraction [20]. Apart from lipophilic extracts, *S. montana* represents a source of hydro soluble antioxidants, such as rutin, quercetin, caffeic, rosmarinic, *p*-coumaric, ellagic, protocatechuic, rosmarinic, and syringic acid [21,27,33,34].

Rutin (30,40,5,7-tetrahydroxy-flavone-3-rutinoside), flavonol glycoside, is a bioactive compound with reported clinically relevant activities, such as antioxidant, anti-inflammatory, antimicrobial, anti-tumor, and anti-asthma [35]. Today, it is found in more than 70 plant species, and given its many health effects, it is a component that is often extracted while trying to find optimal extraction conditions. Extraction methods for rutin include a wide range of different techniques such as the Soxhlet extraction [35], ultrasound-assisted extraction [36], microwave-assisted extraction [37], infrared assisted solvent extraction [38], pressurized liquid extraction [39], the mechanochemical method [40], and supercritical fluids [41], as well as deep eutectic solvents [42,43]. On the other hand, rosmarinic acid, which is known as labiatic acid and consists of an ester of caffeic acid and 3,4-dihydroxyphenyllactic acid, is a phytochemical with numerous pharmacological activities including photoprotective, anticancer, antidepressive agent, as well as agent in inhibition of angiogenesis and in the prevention of neurodegenerative disease [44]. Because of its attractiveness, rosmarinic acid is extracted by a variety of techniques including conventional (maceration, heat reflux, Soxhlet extraction) and innovative extraction techniques (ultrasound- and microwave-assisted extraction, supercritical fluid extraction, pressurized liquid extraction) [45].

Therefore, *S. montana* deserves increased scientific attention due to its chemical composition and health-promoting benefits. Moreover, there is a constant demand for the development of new products based on natural materials through the application of new, convenient, rapid, and eco-friendly technologies.

Considering all the aforementioned advantages of the application of DESs and their determined extraction potential on different samples, the objectives of this study were focused on the

possibilities of the application of these green and sustainable solvents for the extraction of targeted bioactive components (rutin and rosmarinic acid) from *S. montana*. The influence of parameters (temperature and water content) on the number of bioactive components in the extracts and their antiradical activity was investigated. Principal component analysis (PCA) was utilized to reveal the relationships between the extraction parameters and extraction efficiency of targeted compounds. A literature search showed that there is no available data on the extraction with DESs and its optimization for rosmarinic acid and rutin extraction from *S. montana*. To the authors' best knowledge, this is the first study of DESs extraction of the bioactive components from *S. montana* and the antiradical activity of these extracts. The antiradical activity of the extracts was determined by a DPPH (2,2-diphenyl-1-picrylhydrazyl) assay as it represents the most frequently employed method for the determination of antiradical capacity. The reason for its wide application lies in its simplicity and efficiency in terms of cost and time [46]. Furthermore, given its application and frequency of use, it is easier to compare the obtained results with those obtained in other studies.

2. Results

Given that DESs are different (different components are used as HBDs which affect the physicochemical properties of the solvent itself) as well as their ability to dissolve and extract different components, it is hard to estimate the suitability of DESs for the extraction of the highest amount of desired components. That is the reason why, in this research, five different DESs and different extraction parameters were evaluated for the extraction of targeted bioactive components from *S. montana*.

PCA is used as a tool able to provide an overview of the interrelationships that exist in the data sets. This method is generally used for revealing relations between variables and between samples (e.g., patterns), detecting outliers, finding and quantifying patterns and trends, extracting and compressing multivariate data sets, among other applications [47].

2.1. Comparison of the Possibility of Extraction by DESs

As can be seen from Table S1 and Figures 1–3, DESs differ in their ability to extract rutin and rosmarinic acid from *S. montana*. The results showed that not only the type of HBD affected the extraction efficiency but also the extraction parameters. In this study, the amount of H₂O added and temperature were varied parameters since they affect the physicochemical properties of DESs and also influence the amount of extracted compounds [48]. The viscosity of DESs represents one of the biggest drawbacks due to a slow mass transfer, but viscosity can be reduced just by adding H₂O or increasing the extraction temperature [49]. Apart from reducing viscosity, the addition of water and an increase in temperature can affect pH [50], enabling the extraction of compounds over a wider pH range.

Although the addition of H₂O can change the physicochemical properties of DESs, making them even more tunable solvents, an excessive amount of H₂O can decrease the interaction between components of DESs, as well as the interaction between DESs and the extracted components, [9] reducing their extraction efficiency. Because of all the aforementioned, the range of temperature and H₂O addition were investigated to make an adequate conclusion about the parameters required for efficient extraction.

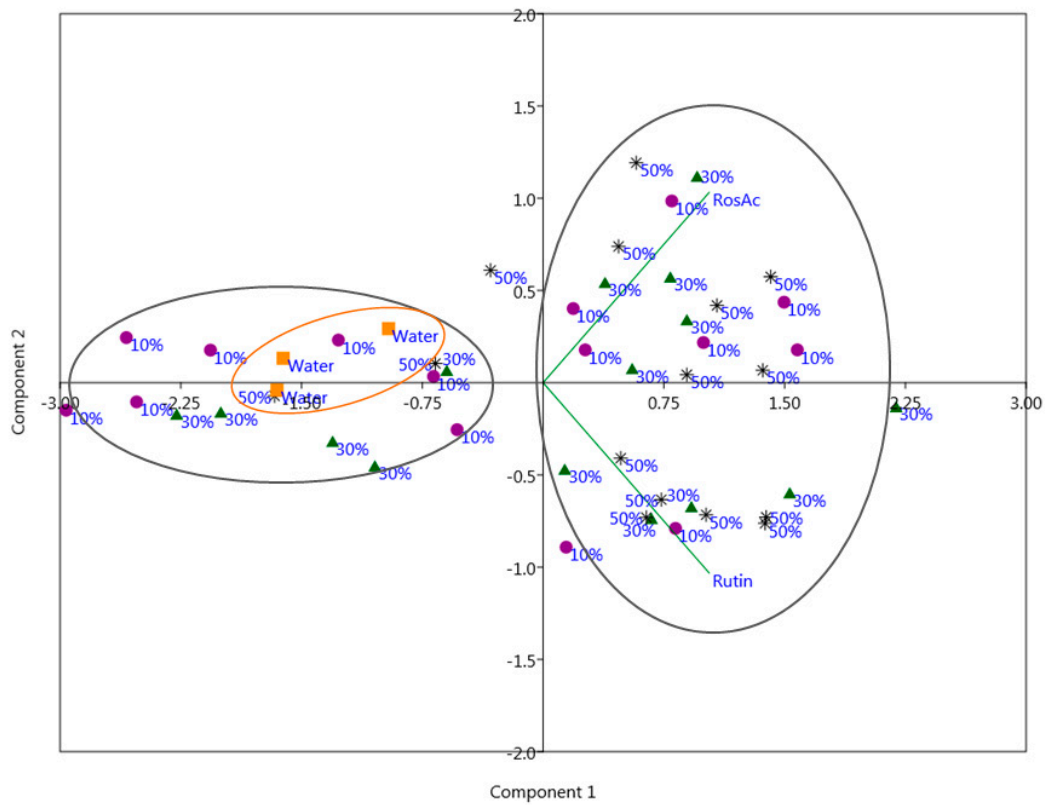


Figure 1. Principal component analysis (PCA) biplot of the extracts with scores representing various H₂O content (10%, 30%, and 50% (v/v)) and pure water utilized in the extraction procedure.

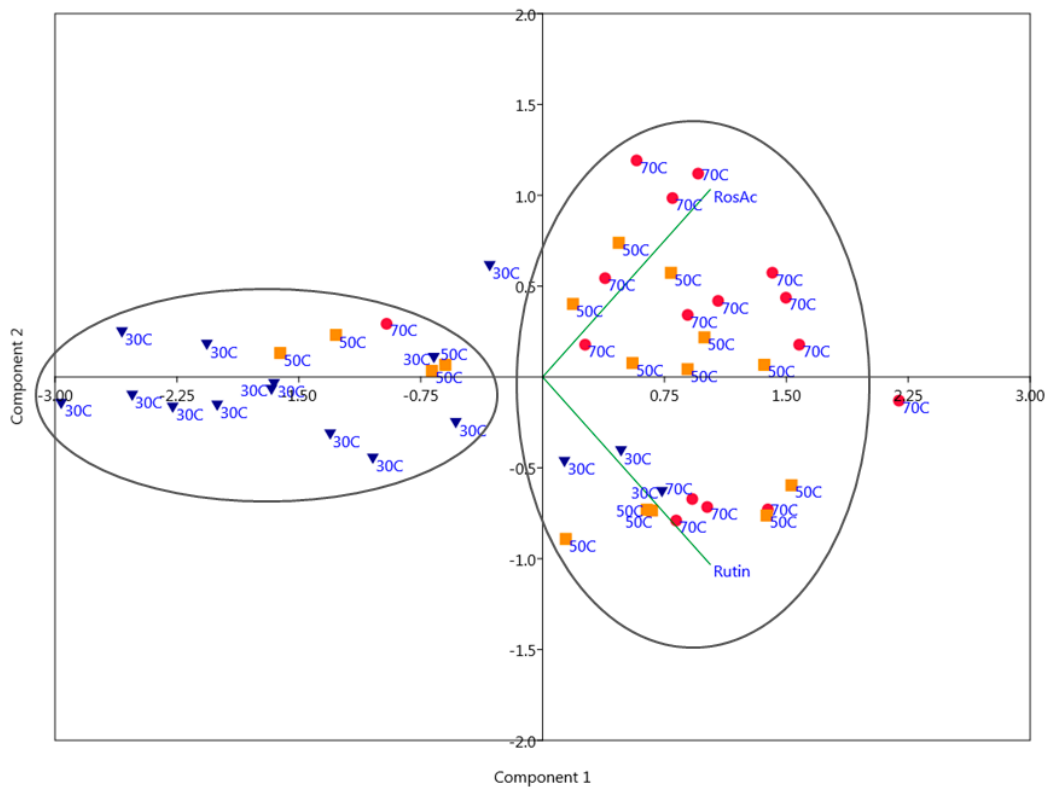


Figure 2. Biplot of the extracts with scores representing various temperatures (30, 50, and 70 °C) utilized in the extraction procedure.

Five chosen DESs showed the ability to extract rutin and rosmarinic acid. Although it is possible to extract rosmarinic acid and rutin with all of the applied DESs, ChCl-Lac (choline chloride:lactic acid (mole ratio 1:2)) and ChCl-LeA (choline chloride:levulinic acid (mole ratio 1:2)) were the most suitable for the extraction of rutin while for rosmarinic acid similar amount was obtained with all tested DESs although ChCl-U (choline chloride:urea (mole ratio 1:2)) stood out as the most effective solvent. It is noticeable from Figures 1–3 that the amount of rutin depended on temperature and H₂O addition as well as on DES used since the highest amount of rutin was not obtained in all DESs under the same extraction parameters. In most cases, an increased amount of rutin was achieved at higher temperatures with more added H₂O, probably due to lower viscosity and faster mass transfer. Since higher H₂O content contributes to better extraction efficiency, the extraction with H₂O was carried out in the same manner, during 60 min and at the same temperatures as in DESs extraction. In the extraction with H₂O as a solvent, 4.75 ± 0.28 – 6.72 ± 0.29 $\mu\text{g mg}^{-1}$ of rutin and 2.30 ± 0.56 – 3.81 ± 0.54 $\mu\text{g mg}^{-1}$ of rosmarinic acid were extracted, depending on applied temperature. According to the results, the mixture of DESs and H₂O in a different ratio, especially 30% and 50% (*v/v*), is an excellent option for the extraction of rutin and rosmarinic acid from *S. montana*.

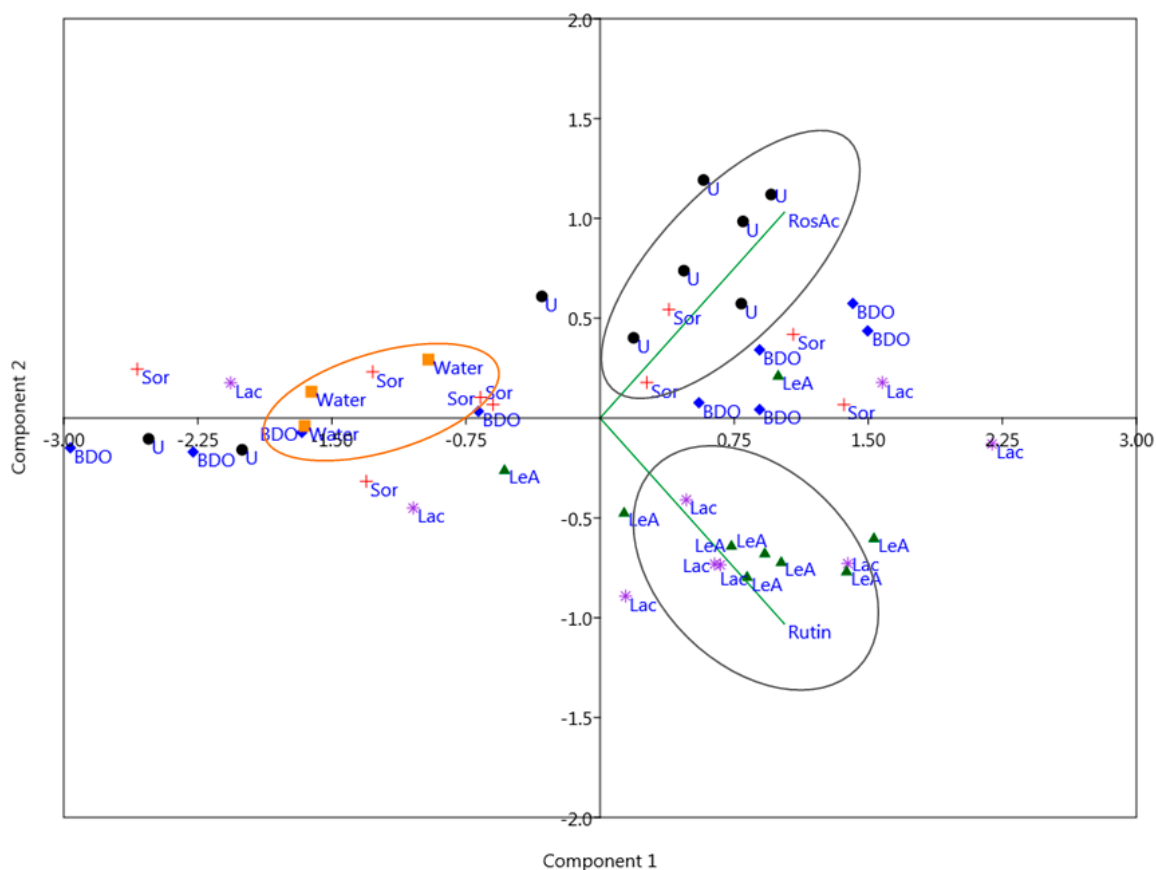


Figure 3. PCA biplot of the extracts with scores representing various solvent types (ChCl-U, ChCl-Sor, ChCl-BDO, ChCl-Lac, ChCl-LeA, and pure H₂O) utilized in the extraction procedure.

2.2. Principal Component Analysis

Figure 1 shows the PCA biplot of the extracts with scores representing various solvent shares used for the extraction process of rutin and rosmarinic acid. Both rutin and rosmarinic acid correlate significantly with PC1 in a positive manner while less significantly with PC2—rosmarinic acid in positive, and rutin in a negative manner. The scores of extracts with H₂O amount of 30% and 50% (*v/v*) (represented as green triangles and black stars) are mainly positioned on the right side of the PCA diagram, thus also exhibiting positive correlations with PC1. On the other hand, the extracts with the

lower H₂O amount of 10% (*v/v*) (purple dots) and pure H₂O (orange squares) are positioned on the left side of the PCA diagram, indicating a negative correlation with both rutin and rosmarinic acid. Figure 1 suggests that increasing H₂O content in the extraction procedure improves the extraction efficiency while decreasing H₂O content or using pure H₂O showed a negative impact on the extraction procedure.

Figure 2 shows the PCA biplot of the extracts with scores representing various temperatures used for the extraction process of rutin and rosmarinic acid. The extracts obtained under higher temperatures (50 and 70 °C; orange squares and red dots) correlate in a positive manner with PC1, along with the extracted components—rutin and rosmarinic acid. Thus, these points are located on the right side of the PCA diagram, close to the extracted components. The extracts obtained using lower temperatures (10 °C; blue triangles) correlate negatively with PC1 and are thus located on the left side of the PCA diagram. Figure 2 indicates that higher temperatures used in the extraction procedure can positively influence the extraction of both rutin and rosmarinic acid from investigated plant material.

Figure 3 shows the PCA biplot of the extract samples with scores representing various solvent types (ChCl-U, ChCl-Sor, ChCl-BDO, ChCl-Lac, ChCl-LeA, and pure H₂O) utilized in the extraction procedure. Most scores of the extracts obtained using solvents ChCl-U (represented as black dots) and few scores of ChCl-Sor (red plus) are located close to the rosmarinic acid variable, and almost all scores of the extracts obtained using ChCl-LeA (green triangles) and ChCl-Lac (purple stars) are located close to the rutin variable, thus suggesting that these solvents stimulate the extraction of components they correlate intensively with. However, the majority of scores of the extracts obtained using ChCl-BDO (blue diamonds) do not have a strong correlation with any of the extracted compounds. Scores of the extracts obtained using pure H₂O (orange squares) correlate negatively with PC1 and are thus located on the left side of the PCA diagram, suggesting that pure H₂O could not be used to efficiently extract rutin and rosmarinic acid from analyzed plant material under the conditions used.

2.3. Antioxidant Activity

DPPH inhibition in percent for all the samples concentrations of 1 mgmL⁻¹ is presented in Figure 4, ranging from 13.07% ± 1.35%–94.00% ± 0.25 %.

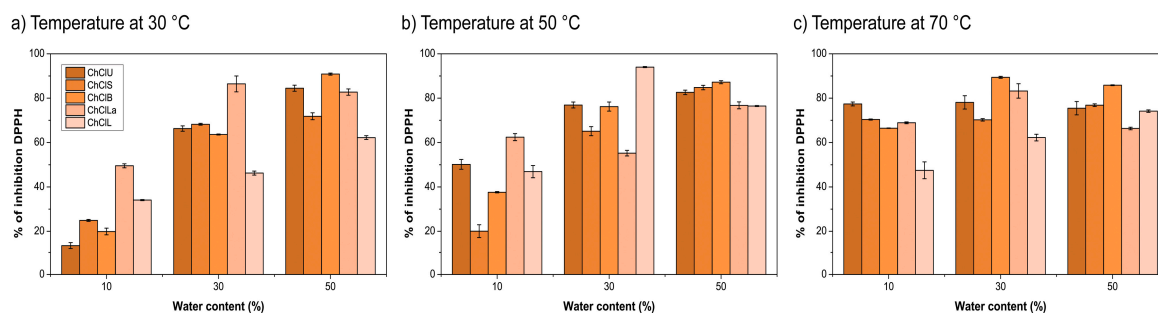


Figure 4. The antiradical activity of the samples shown as percentage inhibition of DPPH (a-temperature at 30 °C; b a-temperature at 50 °C; c-temperature at 70 °C).

For each DES, the sample showing the highest percentage of DPPH inhibition was selected, and EC₅₀ was determined (Table 1). According to EC₅₀, the solvents with provided the extracts with the best antiradical activity were ChCl-U and ChCl-La at 30 °C and with the addition of 50% and 30% H₂O (*v/v*), respectively.

Table 1. EC₅₀ values of extracts with the highest percentage inhibition of DPPH.

| Solvent | Parameters | EC ₅₀ (µg mL ⁻¹) |
|----------|-------------------------------|---|
| ChCl-U | 30 °C 50% H ₂ O | 100.64 ± 15.74 |
| ChCl-Sor | 50 °C 50% H ₂ O | 568.05 ± 21.51 |
| ChCl-BDO | 30 °C 50% H ₂ O | 497.96 ± 2.82 |
| ChCL-Lac | 30 °C 30% H ₂ O | 207.03 ± 6.76 |
| ChCL-LeA | 50 °C 30% H ₂ O | 459.01 ± 8.83 |

3. Discussion

3.1. Comparison of the Possibility of Extraction by DESs

According to the literature [42,43], rutin is extracted from different plants with DESs, especially with acidic DESs, such as choline chloride: citric acid (mole ratio 2:1) or proline:2,3-diaminosuccinic acid, which is in agreement with our results. For the analysis of rutin, which is one of the frequently extracted components using DESs, the COSMO-RS program (COSMOConfX16 software; SCM Software for Chemistry and Materials, Amsterdam, The Netherlands) was used to analyze 126 DESs, showing that the most effective solvents were cyclic. According to this research, the most adequate for the rutin extraction was the use of carboxylic acids with two carboxyl groups and a main chain consisting of two methylene groups with two amino substituents. Since rutin has acidic properties, the presence of basic sites on the components of the DESs could be the reason for the improved extraction. In the case of the preparation of DESs with carboxylic acids as HBDs for extraction of rutin, the high acidity of the carboxylic acid component of the DESs and a large number of highly basic centers is important, which was also confirmed by our results [43].

The quantities of extracted rutin ranged from 1.40 ± 0.03 to 17.29 ± 0.64 µg mg⁻¹ of the plant, depending on applied parameters and DESs. The amount was much higher in comparison with the results obtained in the paper by Kremer et al. [51], where the extracts were prepared by ultrasonication of powdered material with 80% ethanol and methanol. In methanolic and ethanolic extracts of *S. montana* the amount of rutin was 0.07%–0.15%, while in current research, the amount was 0.14%–1.67%, depending on the applied parameters and solvents. In our study, by comparing the results of classical solvents and DESs, we also determined that a smaller amount of rutin was extracted with classical solvents. The amounts of extracted rutin ranged from 1.18 to 10.45 µg mg⁻¹ of the plant, depending on the parameters applied and solvent, which is less compared with DESs. The highest amount of rutin was extracted with 50% ethanol at 70 °C (Table S1). An increasing number of studies have shown that DESs are more suitable solvents for the extraction of rutin with much greater extraction efficiency in comparison to H₂O and organic solvents [46].

In the case of rosmarinic acid, only a few papers focused on extraction using different solvents, showing that the extraction capacity of ChCl-based DESs was markedly higher than that of Bet- and Pro-based DESs. In addition, amides-based DES showed the highest efficiency compared to the other three types of HBDs. This part has been added to the manuscript.

In the case of rosmarinic acid, the influence of parameters was different. An increased amount of rosmarinic acid was obtained with a higher addition of H₂O, but increased temperature showed an important influence only in the experiment with 10% of H₂O (*v/v*) probably due to lower viscosity at higher temperatures. This was also determined with alcohol-based deep eutectic solvents, where 40% of H₂O provided the highest yield of rosmarinic acid, but the yield was higher at higher temperatures in all experiments [52]. In a paper by Duan et al. [53], DESs with different HBAs were prepared for

polyphenol extraction, and ChCl-based DESs proved to be more suitable for rosmarinic acid extraction than Bet- and Pro-based DESs. In addition, the highest extraction capacity is shown by amides-based DES relative to other HBDs, which is consistent with our results.

The quantities of extracted rosmarinic acid ranged from 0.21 ± 0.01 to $7.85 \pm 0.32 \mu\text{g mg}^{-1}$ of the plant, depending on applied parameters and solvents. Unlike the amount of rutin, the amount of extracted rosmarinic acid was lower than in prepared methanol and ethanol extracts by Kremer et al. [51]. In Reference [51], the obtained amount of rosmarinic acid was 0.77%–1.44% and 1.11%–1.58% in methanolic and ethanolic extracts, respectively, while in the present study, it was 0.02%–0.78%. In the paper by El Tawab et al. [33], rutin and rosmarinic acid were also the main components but in smaller quantities compared to present results (the amount of rosmarinic acid was about $0.365 \mu\text{g mg}^{-1}$ while rutin concentration was about $1.135 \mu\text{g mg}^{-1}$). According to our results, the amount of rosmarinic acid extracted with conventional solvents was 0.33 ± 0.11 – $7.44 \pm 0.03 \mu\text{g mg}^{-1}$, which is similar to the results obtained using DESs. The highest amount of rosemary acid was extracted using 50% ethanol at 70 °C (Table S1).

3.2. Antiradical Activity

DPPH assay, which is one of the most commonly used methods, was used to determine antiradical activity (DPPH inhibition in percentage ranged from 13.07% to 94.00%). With the increase in H₂O content, percentage DPPH increases, but with the increase in temperature, the increase in percentage DPPH is observed only in cases where the H₂O content is lower. This may be due to a decrease in viscosity at higher temperatures and, thus a better mass transfer and more efficient extraction of phenolic components.

The powerful antioxidant capacity of both components was demonstrated by different antioxidant assays [35,44,45], meaning that both components, as well as other unexplored components in the sample, influence the DPPH assay results. This can also be seen by the correlation between these components and antiradical activity, which for rutin and rosmarinic acid were 0.54 and 0.73, respectively. From this, it can be observed that rosmarinic acid has a greater effect on antiradical activity and other components, and their synergism potentially affects the activity of the extract as well.

Since EC₅₀ was obtained for the samples showing the highest percentage of DPPH inhibition, it is possible to compare the obtained results with the literature data. According to EC₅₀, the sample having the best antiradical activity of $100.64 \pm 15.74 \mu\text{g mL}^{-1}$ can be compared with methanolic extract of *S. montana* where EC₅₀ was $116.36 \pm 12.83 \mu\text{g mL}^{-1}$ [54].

4. Materials and Methods

Satureja montana L. was collected at the Institute of Field and Vegetable Crops, Backi Petrovac, Republic of Serbia. The collected plant material was air-dried, milled, and mean particle size (0.301 mm) was determined by sieves set (Erweka, Germany).

4.1. Preparation of DESs

The choline chloride-based DESs were prepared, as described in our previous paper [42]. In this study, five different DESs were prepared using available and inexpensive components, as shown in Table 2.

Table 2. List of prepared deep eutectic solvents (DESs) for the extraction.

| | Components | | Mole Ratio (HBA:HBD) | Appearance |
|----------|---------------------------------|--------------------------------|-------------------------|---|
| | Hydrogen Bond Acceptor (HBA) | Hydrogen Bond Donors (HBDs) | | |
| ChCl-U | Choline chloride | Urea | 1:2 | Clear and in liquid state at 80 °C |
| ChCl-Sor | | Sorbitol | 1:1 | Clear, viscous and in liquid state at 80 °C |
| ChCl-BDO | | Butane-1,4-diol | 1:2 | Clear and in liquid state at 80 °C |
| ChCL-Lac | | Lactic acid | 1:2 | Clear and in liquid state at 80 °C |
| ChCL-LeA | | Levulinic acid | 1:2 | Clear and in liquid state at 80 °C |

4.2. DESs Extraction of Bioactive Components

Ground *S. montana* L. dried leaves (50 mg) were mixed with 1 mL of selected solvent which was a mixture of DESs and ultrapure H₂O (Millipore Simplicity 185, Darmstadt, Germany). DESs and ultrapure water were mixed in different proportions (10%, 30%, 50% of water (*v/v*)) to reduce the viscosity of the solvent itself, and the solvents prepared in this way were used to extract *S. montana* dried leaves. To compare the results, extracts were also obtained with conventional solvents (30%, 50%, and 70% ethanol (*v/v*) and methanol) in the same manner.

Prepared samples were stirred at 1500 rpm in an aluminum block (Stuart SHB) on a magnetic stirrer at a specified temperature (30, 50, or 70 °C) for 60 min. After the extraction, the mixture was centrifuged for 15 min and then decanted. The supernatant liquid was diluted with methanol, filtered through a PTFE 0.45 µm filter, and subjected to HPLC analysis.

4.3. Chemical Characterization of the Extracts

HPLC analysis was performed on an Agilent 1260 Infinity II (Analytical Instruments, CA, USA), and chromatographic separation was obtained on a ZORBAX Eclipse Plus C18 (Agilent, Santa Clara, United States) column (100 × 4.6 mm, 5 µm). The separation of analyzed compounds was performed with gradient elution for 47 minutes where acetonitrile was used as phase B and 0.1% CH₃COOH (in Millipore water) as phase A, in accordance with the following profile: 2%–4% B (10 min), 4%–5% B (5 min), 5% B (5 min), 5%–45% B (17 min), and 45% to 2% B (10 min). The flow rate was 1.0 mL/min, the injection volume was 20 µL, and the UV detection wavelength was 260 and 330 nm. The chromatography was performed at room temperature (22 °C). Standard stock solutions for rutin and rosmarinic acid were prepared in a solvent, and calibration was obtained at eight concentrations (concentration range 20.0, 30.00, 50.0, 75.0, 100.0, 150.00, 200.0, mg L⁻¹). The linearity of the calibration curve was confirmed by R² = 0.99537 for rutin and R² = 0.99856 for rosmarinic acid.

4.4. Antiradical Activity

The DPPH (2,2-diphenyl-1-picrylhydrazyl) method was performed to determine the antiradical activity of the extracts according to the method previously described [55]. Methanol solution of DPPH (0.3 mM) was prepared daily and kept in a dark place. Before the measurements, the absorbance of the DPPH solution was determined at the same conditions. Prepared solutions of the extracts at a concentration of 1 mg mL⁻¹ (1.2 mL) with added DPPH solution (0.5 mL) were stored in the dark for 30 min. The absorbance was determined after 30 min at 517 nm using a spectrophotometer (Helios γ;

Thermo Spectronic, Cambridge, Great Britain). All measurements were done in triplicate, compared with control blank and the DPPH activity was calculated using the following equation:

$$\text{DPPH activity (\%)} = (((A_{\text{DPPH}+ A_S} - A_S)/A_{\text{DPPH}}) \times 100 \quad (1)$$

For the samples showing a significantly higher inhibition, EC_{50} was determined to compare the results with the literature data where different methods and solvents were used [54]. EC_{50} represents one of the most commonly determined parameters by DPPH assay for the determination of not only the antiradical capacity but also for the comparison of the activities of different components or extracts, and it refers to the concentration of extract required to reduce the absorbance of DPPH by 50% [56].

The samples obtained by five different DESs, showing the best percentage inhibition of DPPH radical prepared in different concentrations, were used for calculating EC_{50} values by preparing the curves from the obtained relative scavenging capacity values.

4.5. Data Processing

The HPLC results were further subjected to principal component analysis (PCA) to reveal the correlations between considered extract samples and variables in the data sets [57]. In general, the main objectives of multivariate methods, and thus PCA as an essential one, include data reduction, grouping and the classification of observations, and the modeling of relationships that may exist between variables [58]. In this specific case, PCA was utilized to investigate the potential influence of employed parameters on the efficiency of a green extraction procedure in obtaining bioactive compounds—rutin and rosmarinic acid (RosAc)—from *S. montana* plant material. Simultaneous comparison of the score and loading plots gives an insight into the relationship between samples—obtained extracts, and variables observed—extracted bioactive compounds. The obtained correlation matrix PCA biplots showed both loadings (rutin and rosmarinic acid) and scores (employed extraction parameters: water addition, temperature, and solvent type used) divided into three separate PCA diagrams, thus enabling the observation of the influence of every parameter individually. Considering the bivariate nature of the input data, the first two principal components, constituting a two-dimensional space (PC1 vs. PC2), explained a total variance of analyzed input data—100%. All calculations were performed using freely available PAST 3.15 software [59].

4.6. Statistical Analysis

The experiments were carried out in triplicate, and the results were expressed as mean value \pm standard deviation and considered significantly different when $p \leq 0.05$. One-way ANOVA was conducted to test the influence of individual factors on the observed property, and Tukey's HSD post hoc test was used to determine the differences between the mean values (STATISTICA v. 13 free trial).

5. Conclusions

In this study, the determination of suitable DES for the extraction of rutin and rosmarinic acid from *S. montana* was investigated. The obtained amount of rutin was 1.40 to 17.29 $\mu\text{g mg}^{-1}$ of the plant and of rosmarinic acid 0.21 to 7.84 $\mu\text{g mg}^{-1}$, depending on the applied parameters and solvents. Among five different solvents, choline chloride:lactic acid (mole ratio 1:2) and choline chloride:levulinic acid (mole ratio 1:2) were the most appropriate for the extraction of rutin while for rosmarinic acid choline chloride:urea (mol ratio 1:2) was the most suitable solvent. The results of PCA suggest that increasing the extraction temperature and decreasing the H_2O amount can increase the extraction of bioactive components. Furthermore, ChCl-U solvent demonstrated to be the most efficient in the extraction of rosmarinic acid, while the solvents ChCl-LeA and ChCl-Lac stimulate the extraction of rutin from *S. montana*. The percentage of DPPH inhibition in all samples ranged from 13.07 to 94.0, and the sample with the best antioxidant activity ($EC_{50} = 100.64 \pm 15.74 \mu\text{g mL}^{-1}$) was the one with choline chloride:urea (mol ratio 1:2) made at 30 °C with 50% H_2O addition (*v/v*). Compared to the extracts

obtained with organic solvents, the amounts of extracted rutin and antiradical activity are higher in the extracts obtained using DESs, while the amount of rosmarinic acid is lower than in the extracts obtained with organic solvents. DESs are a greener alternative to organic solvents, and because of their design capabilities and tunable properties, they can be customized further for the extraction of desired components as well as for use in various sectors, such as pharmaceutical, cosmetic and food industry. Given that the area of DESs application is relatively new, further research is needed to find the optimal solvent for certain components as well as for groups of bioactive components.

Supplementary Materials: The following are available online at <http://www.mdpi.com/2223-7747/9/2/153/s1>, Table S1. Content of rutin and rosmarinic acid in extracts obtained with different solvents and under different conditions.

Author Contributions: Conceptualization, M.J. and J.V.; methodology, M.J., J.V., M.M.; software, K.P.; validation, M.M., S.J., S.V.; formal analysis, K.P., J.V., M.J., I.J.; investigation, M.J., J.V.; resources, M.M., S.J.; data curation, J.V., K.P.; writing—original draft preparation, M.M., J.V.; writing—review and editing, I.J., M.M., S.J., S.V.; visualization, J.V.; supervision, J.V., M.M., S.J., S.V.; project administration, M.M., S.J., S.V., I.J.; funding acquisition, I.J. All authors have read and agreed to the published version of the manuscript.

Funding: This research was funded by the Serbian Ministry of Education and Science, Project No. TR 31013 and by the Ministry of Science and Education of the Republic Croatia (research institutional funding).

Conflicts of Interest: The authors declare no conflict of interest.

References

1. Zainal-Abidin, M.H.; Hayyan, M.; Hayyan, A.; Jayakumar, N.S. New horizons in the extraction of bioactive compounds using deep eutectic solvents: A review. *Anal. Chim. Acta* **2017**, *979*, 1–23. [[CrossRef](#)] [[PubMed](#)]
2. Bakirtzi, C.; Triantafyllidou, K.; Makris, D.P. Novel lactic acid-based natural deep eutectic solvents: Efficiency in the ultrasound-assisted extraction of antioxidant polyphenols from common native Greek medicinal plants. *J. Appl. Res. Med. Aromat. Plants* **2016**, *3*, 120–127. [[CrossRef](#)]
3. Abbott, A.P.; Capper, G.; Davies, D.L.; Rasheed, R.K.; Tambyrajah, V. Novel solvent properties of choline chloride/urea mixtures. *Chem. Commun.* **2003**, 70–71. [[CrossRef](#)] [[PubMed](#)]
4. Abbott, A.P.; Boothby, D.; Capper, G.; Davies, D.L.; Rasheed, R.K. Deep eutectic solvents formed between choline chloride and carboxylic acids: Versatile alternatives to ionic liquids. *J. Am. Chem. Soc.* **2004**, *126*, 9142–9147. [[CrossRef](#)] [[PubMed](#)]
5. Radošević, K.; Ćurko, N.; Gaurina Srček, V.; Cvjetko Bubalo, M.; Tomašević, M.; Kovačević Ganić, K.; Radojčić Redovniković, I. Natural deep eutectic solvents as beneficial extractants for enhancement of plant extracts bioactivity. *LWT- Food Sci. Technol.* **2016**, *73*, 45–51. [[CrossRef](#)]
6. Yang, D.; Hou, M.; Ning, H.; Zhang, J.; Ma, J.; Yang, G.; Han, B. Efficient SO₂ absorption by renewable choline chloride–glycerol deep eutectic solvents. *Green Chem.* **2013**, *15*, 2261–2265. [[CrossRef](#)]
7. Jeong, K.M.; Lee, M.S.; Nam, M.W.; Zhao, J.; Jin, Y.; Lee, D.K.; Kwon, S.W.; Jeong, J.H.; Lee, J. Tailoring and recycling of deep eutectic solvents as sustainable and efficient extraction media. *J. Chromatogr. A* **2015**, *1424*, 10–17. [[CrossRef](#)]
8. Min, W.N.; Jing, Z.; Min, S.L.; Ji, H.J.; Lee, J. Enhanced extraction of bioactive natural products using tailor-made deep eutectic solvents: application to flavonoid extraction from *Flos sophorae*. *Green Chem.* **2015**, *17*, 1718–1727. [[CrossRef](#)]
9. Bi, W.; Tian, M.; Row, K.H. Evaluation of alcohol-based deep eutectic solvent in extraction and determination of flavonoids with response surface methodology optimization. *J. Chromatogr. A* **2013**, *1285*, 22–30. [[CrossRef](#)]
10. Dai, Y.; Rozema, E.; Verpoorte, R.; Choi, Y.H. Application of natural deep eutectic solvents to the extraction of anthocyanins from *Catharanthus roseus* with high extractability and stability replacing conventional organic solvents. *J. Chromatogr. A* **2016**, *1434*, 50–56. [[CrossRef](#)]
11. Ruesgas-Ramón, M.; Figueroa-Espinoza, M.C.; Erwann, D. Application of Deep Eutectic Solvents (DES) for Phenolic Compounds Extraction: Overview, Challenges, and Opportunities. *J. Agric. Food Chem.* **2017**, *65*, 3591–3601. [[CrossRef](#)] [[PubMed](#)]
12. Alañón, M.E.; Ivanović, M.; Gómez-Caravaca, A.M.; Arráez-Román, D.; Segura-Carretero, A. Choline chloride derivative-based deep eutectic liquids as novel green alternative solvents for extraction of phenolic compounds from olive leaf. *Arab. J. Chem.* **2020**, in press. [[CrossRef](#)]

13. Stanic, G.; Samarzija, I. Diuretic activity of *Satureja montana* subsp. *montana* extracts and oil in rats. *Phytother. Res.* **1993**, *7*, 363–366. [[CrossRef](#)]
14. Skočibušić, M.; Bezić, N. Chemical composition and antidiarrhoeal activities of winter savory (*Satureja montana* L.) essential oil. *Pharm. Biol.* **2003**, *41*, 622–626. [[CrossRef](#)]
15. Cavar, S.; Maksimovic, M.; Solic, M.E.; Jerkovic-Mujkic, A.; Besta, R. Chemical composition and antioxidant and antimicrobial activity of two *Satureja* essential oils. *Food Chem.* **2008**, *111*, 648–653. [[CrossRef](#)]
16. Serrano, C.; Matos, O.; Teixeira, B.; Ramos, C.; Neng, N.; Nogueira, J.; Nunes, M.L.; Marques, A. Antioxidant and antimicrobial activity of *Satureja montana* L. extracts. *J. Sci. Food Agric.* **2011**, *91*, 1554–1560. [[CrossRef](#)]
17. Vidovic, S.S.; Vlastic, J.Z.; Vastag, Z.G.; Zekovic, Z.P.; Popovic, L.M. Maltodextrin as a carrier of health benefit compounds in *Satureja montana* dry powder extract obtained by spray drying technique. *Powder Technol.* **2014**, *258*, 209–215. [[CrossRef](#)]
18. Elgndi, M.A.; Filip, S.; Pavlic, B.; Vlastic, J.; Stanojkovic, T.; Zizak, Z.; Zekovic, Z. Antioxidative and cytotoxic activity of essential oils and extracts of *Satureja montana* L., *Coriandrum sativum* L. and *Ocimum basilicum* L. obtained by supercritical fluid extraction. *J. Supercrit. Fluid.* **2017**, *128*, 128–137. [[CrossRef](#)]
19. Vlastic, J.; Vidović, S.; Aćimović, M.; Gavarić, A.; Jokić, S. *Satureja montana*: Cultivation, Production and Uses. In *Medicinal Plants: Production, Cultivation and Uses*; Matthias, A., Laisné, N., Eds.; Nova Science Publishers: New York, NY, USA, 2017; pp. 27–57.
20. Vlastic, J.; Canli, O.; Pavlic, B.; Zeković, Z.; Vidović, S.; Kaplan, M. Optimization of *Satureja montana* subcritical water extraction process and chemical characterization of volatile fraction of extracts. *J. Supercrit. Fluid.* **2017**, *120*, 86–94. [[CrossRef](#)]
21. Zekovic, Z.; Gavarić, A.; Pavlic, B.; Vidovic, S.; Vlastic, J. Optimization: Microwave irradiation effect on polyphenolic compounds extraction from winter savory (*Satureja montana* L.). *Sep. Sci. Technol.* **2017**, *52*, 1377–1386. [[CrossRef](#)]
22. Zavatti, M.; Zanolì, P.; Benelli, A.; Rivasi, M.; Baraldi, C.; Baraldi, M. Experimental study on *Satureja montana* as a treatment for premature ejaculation. *J. Ethnopharmacol.* **2011**, *133*, 629–633. [[CrossRef](#)] [[PubMed](#)]
23. Mastelic, J.; Jerkovic, I. Gas chromatography–mass spectrometry analysis of free and glycoconjugated aroma compounds of seasonally collected *Satureja montana* L. *Food Chem.* **2003**, *80*, 135–140. [[CrossRef](#)]
24. Prieto, J.M.; Iacopini, P.; Cioni, P.; Chericoni, S. In vitro activity of the essential oils of *Origanum vulgare*, *Satureja montana* and their main constituents in peroxynitrite-induced oxidative processes. *Food Chem.* **2007**, *104*, 889–895. [[CrossRef](#)]
25. Grosso, C.; Figueiredo, A.C.; Burillo, J.; Mainar, A.M.; Urieta, J.S.; Barroso, J.G.; Coelho, J.; Palavra, A.M. Enrichment of the thymoquinone content in volatile oil from *Satureja montana* using supercritical fluid extraction. *J. Sep. Sci.* **2009**, *32*, 328–334. [[CrossRef](#)]
26. Grosso, C.; Oliveira, A.C.; Mainar, A.M.; Urieta, J.S.; Barroso, J.G.; Palavra, A.M.F. Antioxidant activities of the supercritical and conventional *Satureja montana* extracts. *J. Food Sci.* **2009**, *74*, 713–717. [[CrossRef](#)]
27. Silva, F.V.; Martins, A.; Salta, J.; Neng, N.R.; Nogueira, J.M.; Mira, D.; Gaspar, N.; Justino, J.; Grosso, C.; Urieta, J.S.; et al. Phytochemical profile and anticholinesterase and antimicrobial activities of supercritical versus conventional extracts of *Satureja montana*. *J. Agric. Food Chem.* **2009**, *57*, 11557–11563. [[CrossRef](#)]
28. Miladi, H.; Ben Slama, R.; Mili, D.; Zouari, S.; Bakhrouf, A.; Ammar, E. Chemical composition and cytotoxic and antioxidant activities of *Satureja montana* L. essential oil and its antibacterial potential against *Salmonella* spp. strains. *J. Chem.* **2013**, *2013*, 275698. [[CrossRef](#)]
29. Haloci, E.; Toska, V.; Baldisserotto, A.; Goci, E.; Vertuani, S.; Manfredini, S. Evaluation of antifungal activity of *Satureja montana* essential oil before and after inclusion in beta-cyclodextrine. *Int. J. Pharm. Pharm. Sci.* **2014**, *6*, 189–191.
30. Vidovic, S.; Zekovic, Z.; Marosanovic, B.; Todorovic, M.P.; Vlastic, J. Influence of pre-treatments on yield, chemical composition and antioxidant activity of *Satureja montana* extracts obtained by supercritical carbon dioxide. *J. Supercrit. Fluid.* **2014**, *95*, 468–473. [[CrossRef](#)]
31. Vlastic, J.; Zekovic, Z.; Jokic, S.; Svilovic, S.; Kovacevic, S.; Vidovic, S. Winter savory: Supercritical carbon dioxide extraction and mathematical modeling of extraction process. *J. Supercrit. Fluid.* **2016**, *117*, 89–97. [[CrossRef](#)]
32. Rezvanpanah, S.; Rezaei, K.; Razavi, S.H.; Moini, S. Use of microwave-assisted hydrodistillation to extract the essential oils from *Satureja hortensis* and *Satureja montana*. *Food Sci. Technol. Res.* **2008**, *14*, 311–314. [[CrossRef](#)]

33. El Tawab, A.M.A.; Shahin, N.N.; Abdel Mohsen, M.M. Protective effect of *Satureja montana* extract on cyclophosphamide-induced testicular injury in rats. *Chem. Biol. Interact.* **2014**, *224*, 196–205. [[CrossRef](#)] [[PubMed](#)]
34. Vlastic, J.; Zekovic, Z.; Cvejic, A.; Adamovic, D.; Vidovic, S.S. Optimization of *Satureja montana* extraction process considering phenolic antioxidants and antioxidant activity. *Sep. Sci. Technol.* **2014**, *49*, 2066–2072. [[CrossRef](#)]
35. Chua, L.S. A review on plant-based rutin extraction methods and its pharmacological activities. *J. Ethnopharmacol.* **2013**, *150*, 805–817. [[CrossRef](#)]
36. Deng, J.; Xu, Z.; Xiang, C.; Liu, J.; Zhou, L.; Li, T.; Yang, Z.; Ding, C. Comparative evaluation of maceration and ultrasonic-assisted extraction of phenolic compounds from fresh olives. *Ultrason. Sonochem.* **2017**, *37*, 328–334. [[CrossRef](#)]
37. Gu, H.; Chen, F.; Zhang, Q.; Zang, J. Application of ionic liquids in vacuum microwave-assisted extraction followed by macroporous resin isolation of three flavonoids rutin, hyperoside and hesperidin from *Sorbus tianschanica* leaves. *J. Chromatogr. B* **2016**, *1014*, 45–55. [[CrossRef](#)]
38. Gan, Z.; Chen, Q.; Fu, Y.; Chen, G. Determination of bioactive constituents in *Flos sophorae immaturus* and *Cortex fraxini* by capillary electrophoresis in combination with far infrared-assisted solvent extraction. *Food Chem.* **2012**, *130*, 1122–1126. [[CrossRef](#)]
39. Kraujalis, P.; Venskutonisa, P.R.; Ibañez, E.; Herrero, M. Optimization of rutin isolation from *Amaranthus paniculatus* leaves by high pressure extraction and fractionation techniques. *J. Supercrit. Fluid.* **2015**, *104*, 234–242. [[CrossRef](#)]
40. Xie, J.; Shi, L.; Zhu, X.; Wang, P.; Zhao, Y.; Su, W. Mechanochemical-assisted efficient extraction of rutin from *Hibiscus mutabilis* L. *Innov. Food Sci. Emerg. Technol.* **2011**, *12*, 146–152. [[CrossRef](#)]
41. Solana, L.M.; Boschiero, I.; Dall'Acqua, S.; Bertucco, A. A comparison between supercritical fluid and pressurized liquid extraction methods for obtaining phenolic compounds from *Asparagus officinalis* L. *J. Supercrit. Fluid.* **2015**, *100*, 201–208. [[CrossRef](#)]
42. Molnar, M.; Jakovljević, M.; Jokić, S. Optimization of the process conditions for the extraction of rutin from *Ruta graveolens* L. by choline chloride based deep eutectic solvents. *Solvent Extr. Res. Dev.* **2018**, *25*, 109–116. [[CrossRef](#)]
43. Jeliński, T.; Cysewski, P. Application of a computational model of natural deep eutectic solvents utilizing the COSMO-RS approach for screening of solvents with high solubility of rutin. *J. Mol. Model.* **2018**, *24*, 180. [[CrossRef](#)] [[PubMed](#)]
44. Bhatt, R.; Mishra, N.; Kumar Bansal, P. Phytochemical, pharmacological and pharmacokinetics effects of rosmarinic acid. *J. Pharm. Sci. Innov.* **2013**, *2*, 28–34. [[CrossRef](#)]
45. Ngo, Y.L.; Lau, C.H.; Chua, L.S. Review on rosmarinic acid extraction, fractionation and its anti-diabetic potential. *Food Chem. Toxicol.* **2018**, *121*, 687–700. [[CrossRef](#)]
46. Akar, Z.; Küçük, M.; Doğan, H. A new colorimetric DPPH• scavenging activity method with no need for a spectrophotometer applied on synthetic and natural antioxidants and medicinal herbs. *J. Enzyme Inhib. Med. Chem.* **2017**, *32*, 640–647. [[CrossRef](#)]
47. Cozzolino, D.; Power, A.; Chapman, J. Interpreting and reporting principal component analysis in food science analysis and beyond. *Food Anal. Methods.* **2019**, *12*, 2469–2473. [[CrossRef](#)]
48. Dai, Y.; Witkamp, G.J.; Verpoorte, R.; Choi, Y.H. Tailoring properties of natural deep eutectic solvents with water to facilitate their applications. *Food Chem.* **2015**, *187*, 14–19. [[CrossRef](#)]
49. Dai, Y.; Witkamp, G.J.; Verpoorte, R.; Choi, Y.H. Natural deep eutectic solvents as a new extraction media for phenolic metabolites in *Carthamus tinctorius* L. *Anal. Chem.* **2013**, *85*, 6272–6278. [[CrossRef](#)]
50. Mitar, A.; Panić, M.; Prlić Kardum, J.; Halambek, J.; Sander, A.; Zagajski Kučan, K.; Radojčić Redovniković, I.; Radošević, K. Physicochemical Properties, Cytotoxicity, and Antioxidative Activity of Natural Deep Eutectic Solvents Containing Organic Acid. *Chem. Biochem. Eng. Q.* **2019**, *33*, 1–18. [[CrossRef](#)]
51. Kremer, D.; Košir, I.J.; Končić, M.Z.; Čerenak, A.; Potočnik, T.; Srećec, S.; Randić, M.; Kosalec, I. Antimicrobial and antioxidant properties of *Satureja montana* L. and *S. subspicata* Vis. (Lamiaceae). *Curr. Drug Targets* **2015**, *16*, 1623–1633. [[CrossRef](#)]
52. Xia, B.; Yan, D.; Bai, Y.; Xie, J.; Cao, Y.; Liao, D.; Lin, L. Determination of phenolic acids in *Prunella vulgaris* L.: a safe and green extraction method using alcohol-based deep eutectic solvents. *Anal. Methods* **2015**, *7*, 9354–9364. [[CrossRef](#)]

53. Duan, L.; Dou, L.-L.; Guo, L.; Li, P.; Liu, E.-H. Comprehensive evaluation of deep eutectic solvents in extraction of bioactive natural products. *ACS Sustainable Chem. Eng.* **2016**, *4*, 2405–2411. [[CrossRef](#)]
54. López-Cobo, A.; Gómez-Caravaca, A.M.; Švarc-Gajic, J.; Segura-Carretero, A.; Fernández-Gutiérrez, A. Determination of phenolic compounds and antioxidant activity of a Mediterranean plant: The case of *Satureja montana* subsp. *kitaibelii*. *J. Funct. Foods* **2015**, *18*, 1167–1178. [[CrossRef](#)]
55. Banožić, M.; Banjari, I.; Jakovljević, M.; Šubarić, D.; Tomas, S.; Babić, J.; Jokić, S. Optimization of Ultrasound-Assisted Extraction of Some Bioactive Compounds from Tobacco Waste. *Molecules* **2019**, *24*, 1611. [[CrossRef](#)]
56. Antolovic, M.; Prenzler, P.D.; Patsalides, E.; McDonald, S.; Robards, K. Methods for testing antioxidant activity. *R. Soc. Chem.* **2002**, *127*, 183–198. [[CrossRef](#)]
57. Bro, R.; Smilde, A.K. Principal component analysis. *Anal. Methods-UK* **2014**, *6*, 2812–2831. [[CrossRef](#)]
58. Cordella, C.B. PCA: the basic building block of chemometrics. In *Analytical Chemistry*; Krull, S.I., Ed.; Intech Open Limited: London, UK, 2012; p. 154.
59. Hammer, Ø.; Harper, D.A.; Ryan, P.D. PAST: paleontological statistics software package for education and data analysis. *Palaeontol. Electron.* **2001**, *4*, 1–9.



© 2020 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (<http://creativecommons.org/licenses/by/4.0/>).