

# MicroRNA-590-5p antagonizes the inhibitory effect of high glucose on osteoblast differentiation by suppressing Smad7 in MC3T3-E1 cells

Yinan Chen<sup>1,2</sup>, Changhui Sun<sup>2</sup>, Jiong Lu<sup>2</sup>,  
Ling Zou<sup>2</sup>, Minwei Hu<sup>2</sup>, Zeyu Yang<sup>2</sup> and  
Yaozeng Xu<sup>1</sup> 

## Abstract

**Objective:** MicroRNA-590-5p (miR-590-5p) has been reported to stimulate osteoblast differentiation; however, its effect in diabetic osteoporosis remains unknown. This study investigated the effect of miR-590-5p on high glucose (HG)-suppressed osteoblast differentiation.

**Methods:** The effect of HG on MC3T3-E1 cell survival was assessed using the MTT assay. The expression levels and activities of osteoblastic proteins were evaluated by quantitative reverse transcription polymerase chain reaction (qRT-PCR), alkaline phosphatase (ALP) assay, and immunoblotting assay. Tumor growth factor- $\beta$  (TGF- $\beta$ ) signaling in MC3T3-E1 cells was assessed using luciferase assay, qRT-PCR, and immunoblotting. Mineralized nodule formation in MC3T3-E1 cells was examined by using the mineralization assay.

**Results:** When MC3T3-E1 cells were exposed to HG conditions, there was significant down-regulation of miR-590-5p and osteoblastic proteins (e.g., collagen I, Runx2, and ALP); in contrast, Smad7 was upregulated. Furthermore, miR-590-5p targeted Smad7 and inhibited its expression. Additionally, overexpression of miR-590-5p significantly promoted osteoblast growth and differentiation by upregulating TGF- $\beta$  signaling in HG-treated MC3T3-E1 cells.

**Conclusions:** Collectively, the results showed that miR-590-5p was involved in osteogenesis; moreover, miR-590-5p may represent a potential target for the treatment of diabetic osteoporosis.

<sup>1</sup>Department of Orthopaedics, The First Affiliated Hospital of Soochow University, Suzhou, China

<sup>2</sup>Department of Orthopaedics, Rui Jin Hospital Luwan Branch, Shanghai Jiao Tong University School of Medicine, Shanghai, China

## Corresponding author:

Yaozeng Xu, No. 899, Pinghai Road, Pingjiang District, Suzhou 215123, Jiangsu, China.

Email: yaozengxu@yeah.net



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MicroRNA-590-5p, high glucose, osteoblast differentiation, MC3T3-E1, Smad7, tumor growth factor- $\beta$ , alkaline phosphatase, osteoporosis, diabetes

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## Introduction

Osteoporosis is a bone disease characterized by reduced bone quantity and quality or increased fragility.<sup>1</sup> Complications from debilitated bone, such as reduced bone mineral density (BMD), bone quality, and strength, can contribute to an increased risk of fragility fractures.<sup>2</sup> Diabetes mellitus (DM) is a chronic medical disease that may impact osteoporosis, and may cause long-term microvascular and macrovascular complications.<sup>3</sup> DM reportedly patients tend to exhibit an increased incidence of osteoporosis, such that high glucose (HG) could inhibit osteogenic differentiation.<sup>4</sup> Recent studies have shown that, in HG conditions, reduced tumor growth factor- $\beta$  (TGF- $\beta$ ) signaling in bone tissue is critical in the reduction of bone mass and fragility of diabetic osteoporosis (DO).<sup>5</sup> TGF- $\beta$  signaling can activate two serine threonine kinase receptors (type I and type II), which phosphorylate intracellular Smad proteins.<sup>5</sup> Receptor Smads (e.g., Smad1, 2, 3, 5, and 8) can bind to Smad4 and undergo nuclear translocation, to initiate target gene transcription.<sup>5</sup> Conversely, TGF- $\beta$  signaling can be inhibited by Smad6 and Smad7.

Many studies have extensively assessed the regulation of osteoblast differentiation by microRNAs (miRNAs) to evaluate their therapeutic potential in osteoporosis.<sup>6</sup> Notably, miRNAs target specific mRNAs involved in mediating multiple biological processes and pathologies, such as cell proliferation, differentiation, growth, and development.<sup>7,8</sup> microRNA-590-5p (miR-590-5p) has been

reported to stimulate osteoblast differentiation by indirectly protecting and stabilizing the runt-related transcription factor 2 (Runx2) protein through targeting of Smad7.<sup>9</sup> However, whether miR-590-5p mediates osteoblast growth and differentiation under diabetic conditions (e.g., HG conditions) remains unknown. In this study, we examined the expression levels of miR-590-5p in MC3T3-E1 osteoblasts exposed to HG conditions, and investigated the effects of miR-590-5p on osteoblast growth and differentiation, as well as the underlying mechanisms mediating these effects, in MC3T3-E1 osteoblasts exposed to HG conditions.

## Materials and methods

### Cells and chemicals

Mouse osteoblastic cell line MC3T3-E1 was purchased from American Type Culture Collection (Manassas, VA, USA). Cells were cultured in  $\alpha$ -minimum essential medium (MEM) supplemented with 10% fetal bovine serum (FBS), and 1% penicillin/streptomycin (Beyotime, Nantong, China) in 5% CO<sub>2</sub> at 37°C. Glucose was purchased from Sigma-Aldrich (St. Louis, MO, USA).

### Cell viability

MC3T3-E1 cells were seeded into 96-well plates and incubated for 24 hours. Cells were subsequently starved overnight with 0.5% FBS, then cultured in 10% FBS containing normal glucose (5.5 mM) or HG

(25.5 mM). Fourteen days later, cells were examined by MTT assay, in accordance with the manufacturer's instructions.

### Quantitative reverse transcription polymerase chain reaction (qRT-PCR)

Total RNA was extracted using RNAiso Plus (Takara Bio Inc., Kusatsu, Japan), and cDNA was synthesized from equal quantities of total RNA using the PrimeScript™ RT reagent Kit (Takara Bio Inc.). To determine mRNA levels, qRT-PCR was performed using the SYBR Green qPCR Master Mix (Takara Bio Inc.). The primers used were as follows: *collagenI* sense: 5'-CATGGCCAAGAAG ACATCC-3', anti-sense: 5'-CTCGGGTTT CCACGTCTC-3'; *Runx2* sense: 5'-CCT TCCAGACCAGCAG CAG-3', antisense: 5'-TCCGTCAGCGTCA ACACCA-3'; *Smad7* sense: 5'-TAGCCGAC TCTGCGA ACTA-3', antisense: 5'-AGAT AATTCGT TCCCCCTGT-3'; and *Gapdh* sense: 5'-GCACCGTCAGGCTGAGAAC-3', antisense: 5'-ATGGTGGTGAAGACGC CAG T-3'.

For evaluation of mature miRNA, miRNA was extracted using the MiRNeasy Mini Kit (Qiagen, Hilden, Germany), and the miRNA bulge-loop was reverse transcribed with a micro Script II RT kit (Qiagen). The primers used were as follows: *miR-590-5p* sense: 5'- TAGCCAGTCAGA AATGAGCTT-3', antisense: 5'-TGCTG CATGTTTCAATCAGAGA-3'; and *U6* sense: 5'- CTCGCTTCGGCAGCACA-3', antisense: 5'-AACGCTTACGAATTTGC GT-3'.

### Immunoblotting

Immunoblotting was performed as described previously.<sup>10</sup> Whole-cell lysates were extracted by using RIPA lysis buffer (Beyotime). Equal amounts of total proteins were subjected to SDS-PAGE separation, followed by immunoblotting with specific

antibodies. Anti-Collagen I and Runx2 antibodies were purchased from Cell Signaling Technology (Danvers, MA, USA). Anti-Smad7, p-Smad2/3, Smad2/3, and GAPDH antibodies were purchased from Santa Cruz Biotechnology (Dallas, TX, USA). Anti-Myc tag antibody was purchased from Sigma-Aldrich.

### Alkaline phosphatase (ALP) assay

The activity of ALP in culture supernatants was detected by examination of hydrolysis of p-nitrophenyl phosphate, in accordance with the manufacturer's instructions (Beyotime).

### Luciferase assay

MC3T3-E1 cells were co-transfected with TGF- $\beta$ -specific luciferase reporters (CAGA-Luc) and renilla plasmids by Lipofectamine® 2000 (Invitrogen, Carlsbad, CA, USA), in accordance with the manufacturer's instructions. Then, cells were prepared for luciferase assay using the Dual-Luciferase® Reporter Assay System, in accordance with the manufacturer's instructions (Promega, Madison, WI, USA).

The predicted binding sites of miR-590-5p in the 3'UTR of Smad7 mRNA were identified by using *microRNA.org* and *Pictar*; fragments containing predicted miR-590-5p binding sites or mutants were amplified and subcloned into the pGL3 vector. Then, these plasmids were transfected into MC3T3-E1 cells along with pre-miR-590-5p or pre-con, using the Lipofectamine® 2000 Reagent (Invitrogen) in accordance with the manufacturer's instructions, followed by luciferase assay.

### Plasmid construction and gene transfection

The mouse *Smad7* gene was amplified by PCR and cloned into the pcDNA3.1 vector with a Myc tag, as previously described.<sup>11</sup> The primers for *Smad7* amplification were

as follows: forward, 5'-ATGTTTCAGGACC AAACGATCTGC-3'; reverse, 5'-CTACCG GCTGTTGAAGATGACCTC-3'. The plasmids were transfected into MC3T3-E1 cells by using Lipofectamine® 2000 (Invitrogen), in accordance with the manufacturer's instructions.

The miR-590-5p mimic and a negative control (miR-NC) were purchased from Ambion (Carlsbad, CA, USA). miRNAs were transfected into MC3T3-E1 cells by Lipofectamine RNAiMAX Reagent (Invitrogen) in Opti-MEM (Invitrogen), in accordance with the manufacturer's instructions.

### Mineralization assay

Mineralized nodule formation was measured by using Alizarin Red staining, as described previously.<sup>9</sup> In brief, cells were rinsed twice with phosphate-buffered saline, then fixed with 4% paraformaldehyde for 30 minutes at room temperature. Subsequently, cells were stained with 2% Alizarin Red-S (Sigma-Aldrich) for 20 minutes, then extensively rinsed with distilled water.

### Statistical analysis

Data are recorded as mean  $\pm$  standard deviation of at least three independent experiments. All statistical analyses were conducted with Prism 7.0 (GraphPad, La Jolla, CA, USA). Differences between groups were examined by using Student's t-test; differences with  $p < 0.05$  were considered to be statistically significant.

## Results

### *miR-590-5p is downregulated in MC3T3-E1 osteoblasts in HG conditions*

To investigate the effect of HG on cell survival and osteoblastic differentiation in MC3T3-E1 cells, cells were cultured in

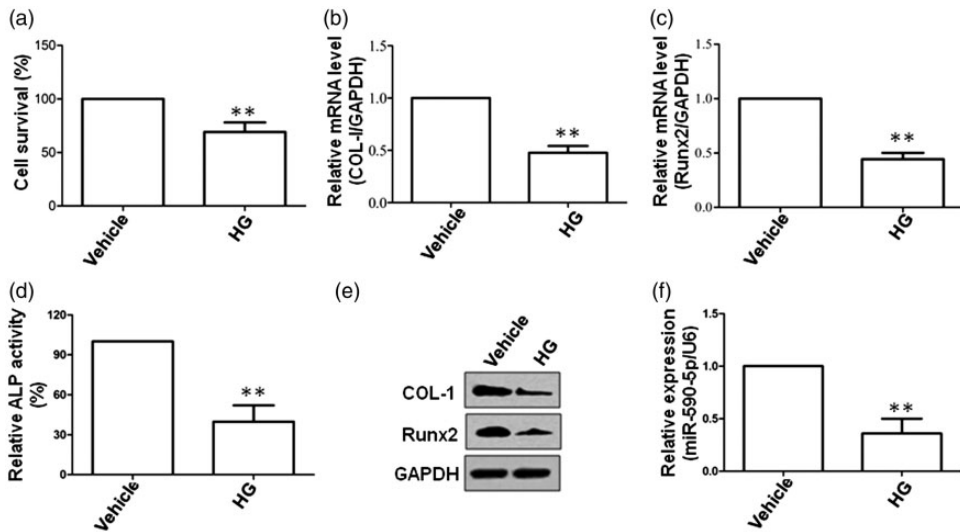
HG conditions or normal medium for 14 days. As shown in Figure 1a, the survival of MC3T3-E1 cells was remarkably reduced when cells were cultured in HG conditions ( $p < 0.01$ ). Concurrently, expression levels and activities of osteoblastic proteins (e.g., Collagen I, Runx2, and ALP) were down-regulated in HG-treated cells ( $p < 0.01$ ), which indicated that HG suppressed cell differentiation in MC3T3-E1 cells (Figure 1b–1e). In addition, miR-590-5p was prominently reduced in MC3T3-E1 cells cultured in HG conditions ( $p < 0.01$ ) (Figure 1f).

### *HG suppresses TGF- $\beta$ signaling by upregulating Smad7 expression in MC3T3-E1 osteoblasts*

As shown in Figure 2a, a construct of signaling pathway-selective TGF- $\beta$  firefly luciferase (CAGA-Luc) was made and transfected into MC3T3-E1 cells, which then underwent HG treatment. The luciferase assay showed that HG significantly suppressed TGF- $\beta$  reporter activity ( $p < 0.01$ ) (Figure 2a). Furthermore, an immunoblotting assay was performed to examine the expression levels of related proteins in the TGF- $\beta$  signaling pathway. As shown in Figure 2b, the phosphorylation of Smad2/3 was significantly inhibited in HG-treated cells. However, Smad7, a negative mediator of TGF- $\beta$  signaling, showed upregulated protein and mRNA levels in HG-treated cells ( $p < 0.01$ ) (Figure 2b, 2c). Finally, the effect of Smad7 on TGF- $\beta$  signaling inhibition was confirmed by immunoblotting and luciferase assay ( $p < 0.01$ ) (Figure 2d, 2e).

### *miR-590-5p targets Smad7 and regulates TGF- $\beta$ signaling in MC3T3-E1 osteoblasts*

As stated above, HG downregulated miR-590-5p, but upregulated Smad7 in MC3T3-E1 cells. Thus, we evaluated whether a



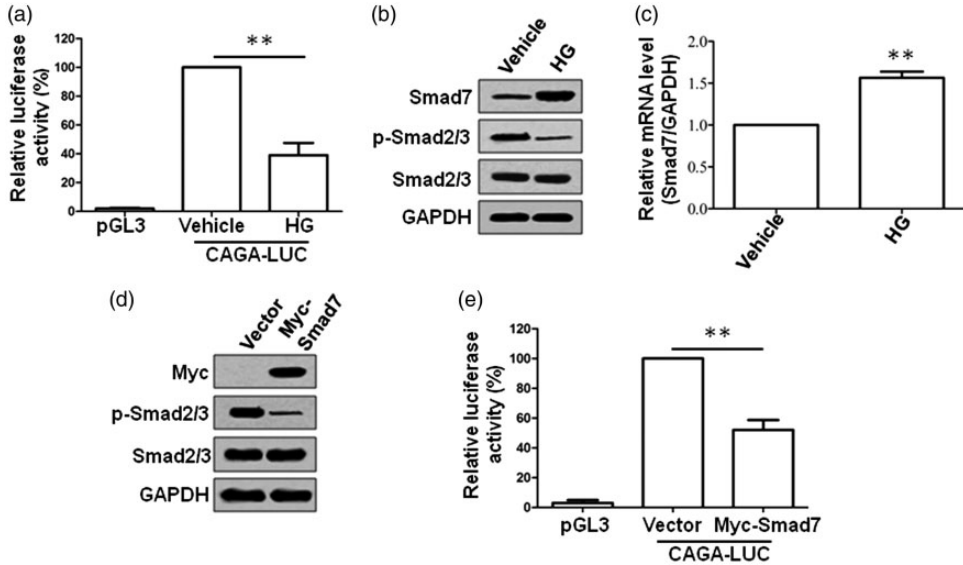
**Figure 1.** miR-590-5p is downregulated in MC3T3-E1 osteoblasts in high glucose conditions. (a) MC3T3-E1 cells were cultured in high glucose (HG) conditions (25.5 mM glucose) or normal medium (5.5 mM glucose) for 14 days, followed by MTT assay. (b, c) qRT-PCR was performed to evaluate expression of osteoblastic genes, including (B) collagen I (*COL-1*), and (C) runt-related transcription factor 2 (*Runx2*). (d) Culture supernatants of the above cells were prepared for ALP assay. (e) The above cells were lysed for immunoblotting against COL-1, Runx2, and GAPDH. (f) The indicated cells were prepared for qRT-PCR against miR-590-5p. *U6* was used as an internal control. \*\* $p < 0.01$ .

relationship existed between miR-590-5p and Smad7. As shown in Figure 3a and 3b, we confirmed that Smad7 was a target of miR-590-5p. In HG conditions, mRNA and protein levels of elevated Smad7 were significantly attenuated by overexpression of miR-590-5p in MC3T3-E1 cells ( $p < 0.01$ ) (Figure 3c, 3d). In addition, immunoblotting and luciferase assays clearly showed that overexpression of miR-590-5p enhanced the activity of the TGF- $\beta$  signaling pathway in HG-treated MC3T3-E1 cells ( $p < 0.01$ ) (Figure 3d, 3e).

#### *miR-590-5p attenuates the inhibitory effect of HG on osteoblast growth and differentiation in MC3T3-E1 osteoblasts*

miR-NC or miR-590-5p mimic constructs were used to detect whether miR-590-5p affected osteoblast growth and differentiation

in HG-treated MC3T3-E1 osteoblasts. As shown in Figure 4a, overexpression of miR-590-5p attenuated the inhibitory effect of HG on osteoblast growth in MC3T3-E1 osteoblasts ( $p < 0.01$ ). In addition, Alizarin Red staining clearly showed that HG suppressed the formation of mineralized nodules in MC3T3-E1 osteoblasts; however, the cells exhibited an increased number of nodules after overexpression of miR-590-5p ( $p < 0.01$ ) (Figure 4b, 4c). Thus, we examined the expression levels of osteogenic genes to evaluate the status of osteoblast differentiation in MC3T3-E1 cells. As shown in Figure 4d and 4e, ALP assay and qRT-PCR revealed that overexpression of miR-590-5p attenuated the inhibitory effect of HG on ALP activity and Runx2 expression ( $p < 0.01$ ); this indicated that miR-590-5p promoted osteoblast differentiation in HG-treated MC3T3-E1 cells.

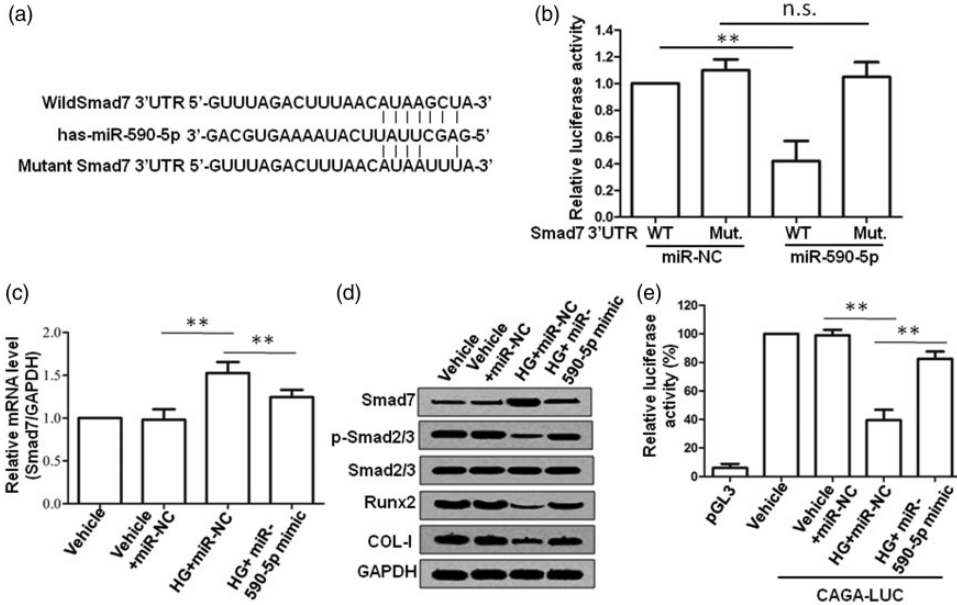


**Figure 2.** High glucose exposure suppressed TGF- $\beta$  signaling by upregulating Smad7 expression in MC3T3-E1 osteoblasts. (a) Luciferase constructs of signaling pathway-selective tumor growth factor- $\beta$  (TGF- $\beta$ ) (CAGA-Luc) or empty vector (PGL3-Luc) were transfected into MC3T3-E1 cells for 24 hours under normal or high glucose (HG) conditions, followed by luciferase assay. (b) MC3T3-E1 cells were cultured in HG or normal conditions for 14 days, followed by immunoblotting against Smad7, p-Smad2/3, Smad2/3, and GAPDH. (c) The above cells were prepared for qRT-PCR against *Smad7*. *GAPDH* was used as an internal control. (d) Myc-Smad7 or empty vector plasmids were transfected into MC3T3-E1 cells for 48 hours, followed by immunoblotting against Myc, p-Smad2/3, Smad2/3, and GAPDH. (e) CAGA-Luc or PGL3-Luc, along with empty vector or Myc-Smad7, were transfected into MC3T3-E1 cells for 48 hours, followed by luciferase assay. \*\* $p < 0.01$ .

## Discussion

DM and osteoporosis are prevalent metabolic diseases, and an increasing number of individuals have been diagnosed with diabetic osteoporosis in the past several years.<sup>12</sup> Osteoblasts exert vital influence on bone formation, including synthesis and secretion of bone matrix.<sup>13,14</sup> Increasing evidence indicates that ALP plays an important role in the development of calcification *in vivo*; moreover, its activity can reflect osteoblast maturity.<sup>15,16</sup> In this study, to imitate the process that occurs in diabetic osteoporosis, HG was added during osteogenic differentiation of MC3T3-E1 osteoblastic cells. We found that ALP activity, as well as expression of various osteogenic genes, were reduced

when MC3T3-E1 osteoblastic cells were cultured in HG conditions, indicating that osteoblast function was reduced. miR-590-5p has been shown to promote progression of several types of cancers (e.g., breast and cervical cancers); furthermore, TGF $\beta$ R2 and collagen I are known target genes of miR-590-5p.<sup>17</sup> However, the expression level of miR-590-5p in the presence of HG is not yet known. In the present study, HG was used to stimulate MC3T3-E1 osteoblastic cells, which resulted in reduction of miR-590-5p; this suggested that, in HG conditions, miR-590-5p may play an important role in osteoblast function. In addition, TGF- $\beta$  signaling and expression of Smad7 were downregulated in MC3T3-E1 osteoblastic cells exposed to HG. To identify



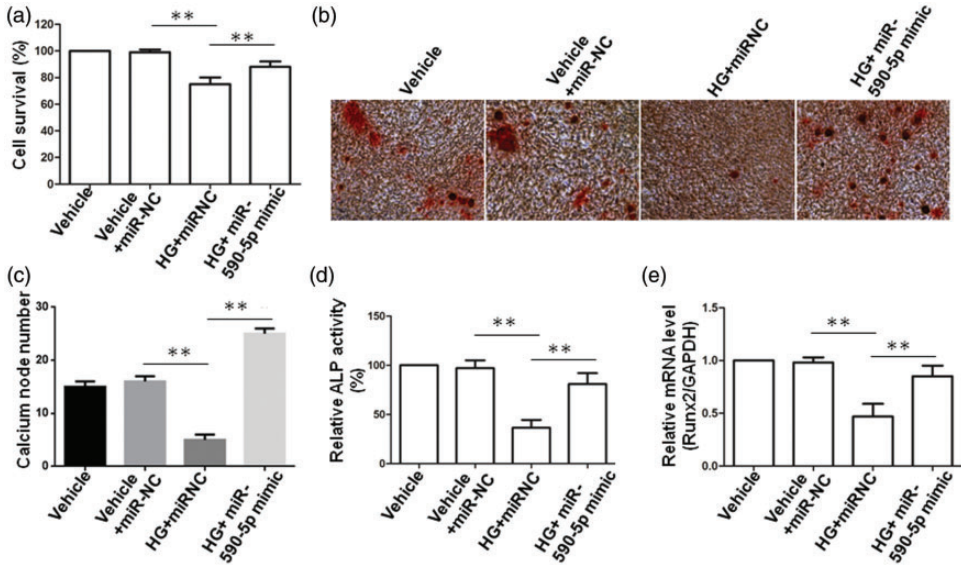
**Figure 3.** miR-590-5p targets Smad7 and regulates TGF- $\beta$  signaling in MC3T3-E1 osteoblasts. (a) Predicted binding sites of miR-590-5p in the 3'UTR of *Smad7* mRNA. (b) miR-590-5p or mock vector (miR-NC), along with wild-type (WT) or mutant (Mut.) *Smad7* 3'UTR were co-transfected into MC3T3-E1 cells, followed by luciferase assay. (c) miR-NC and miR-590-5p mimic were transfected into MC3T3-E1 cells for 24 hours in high glucose (HG) conditions, followed by qRT-PCR against *Smad7*. *GAPDH* was used as an internal control. (d) The above cells were prepared for immunoblotting against *Smad7*, p-Smad2/3, Smad2/3, Runx2, Collagen I (COL-I), and *GAPDH*. (e) CAGA-Luc or PGL3-Luc, along with miR-NC or miR-590-5p mimic, were transfected into MC3T3-E1 cells for 48 hours, followed by luciferase assay. \*\* $p < 0.01$ .

the potential molecular mechanism by which miR-590-5p mediates osteogenic differentiation in HG conditions, the relationship between miR-590-5p and Smad7 was examined. The present study confirmed that miR-590-5p targeted Smad7 and regulated TGF- $\beta$  signaling in MC3T3-E1 osteoblastic cells, which was consistent with the findings of previous studies.<sup>9,17</sup>

Runx2 is an important marker for early differentiation of osteoblasts, and is primarily expressed in osteogenic and multi-differentiated interstitial cells.<sup>18</sup> Smad7 is known to inhibit osteoblast differentiation via Smurf2-mediated Runx2 degradation.<sup>9</sup> Collagen I is another crucial indicator in the primary stages of osteoblast

differentiation, which can also be regulated by Runx2.<sup>19</sup> In the present study, Runx2 and Collagen I were significantly reduced while Smad7 was increased in HG conditions; however, these expression patterns were reversed upon the addition of miR-590-5p mimic. Further studies demonstrated that miR-590-5p attenuated the inhibitory effect of HG on osteoblast growth and differentiation in MC3T3-E1 osteoblastic cells.

Collectively, the results of this study indicated that miR-590-5p attenuated the inhibitory effect of HG on osteoblast differentiation by suppressing the expression of Smad7 in MC3T3-E1 osteoblastic cells. This constitutes a novel insight into



**Figure 4.** miRNA-590-5p attenuates the inhibitory effect of high glucose on osteoblast growth and differentiation in MC3T3-E1 osteoblasts. (a) MC3T3-E1 cells were cultured in high glucose (HG) conditions or normal medium for 14 days after the transfection of miR-NC or miR-590-5p mimic, followed by MTT assay. (b) MC3T3-E1 cells transfected with miR-NC or miR-590-5p mimic were cultured in HG for 21 days; then, mineralization of osteoblasts was depicted by Alizarin Red staining. (c) Statistical analysis of the data shown in (b). (d) MC3T3-E1 cells transfected with miR-NC or miR-590-5p mimic were cultured in HG conditions or normal medium for 14 days; then, culture supernatants were prepared for ALP assay. (e) The above cells were prepared for qRT-PCR against *Runx2*. *GAPDH* was used as an internal control. \*\* $p < 0.01$ .

the function of upregulated miR-590-5p in the prevention and treatment of diabetic osteoporosis.

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### Declaration of conflicting interest

The authors declare that there is no conflict of interest.

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### ORCID iD

Yaozeng Xu  <http://orcid.org/0000-0002-7807-8604>

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