



Evaluation of the VE1 Antibody in Thyroid Cytology Using Ex Vivo Papillary Thyroid Carcinoma Specimens

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Background: Recently, VE1, a monoclonal antibody against the *BRAFV600E* mutant protein, has been investigated in terms of its detection of the *BRAFV600E* mutation. Although VE1 immunostaining and molecular methods used to assess papillary thyroid carcinoma in surgical specimens are in good agreement, evaluation of VE1 in thyroid cytology samples is rarely performed, and its diagnostic value in cytology has not been well established. In present study, we explored VE1 immunostaining in cytology samples from ex vivo papillary thyroid carcinoma specimens in order to minimize limitations of low cellularity and sampling/targeting errors originated from thyroid fine-needle aspiration and compared our results with those obtained using the corresponding papillary thyroid carcinoma tissues. **Methods:** The VE1 antibody was evaluated in 21 cases of thyroid cytology obtained directly from ex vivo thyroid specimens. VE1 immunostaining was performed using liquid-based cytology, and the results were compared with those obtained using the corresponding tissues. **Results:** Of 21 cases, 19 classic papillary thyroid carcinomas had *BRAFV600E* mutations, whereas two follicular variants expressed wild-type *BRAF*. VE1 immunostaining varied according to specimen type. In detection of the *BRAFV600E* mutation, VE1 immunostaining of the surgical specimen exhibited 100% sensitivity and 100% specificity, whereas VE1 immunostaining of the cytology specimen exhibited only 94.7% sensitivity and 0% specificity. **Conclusions:** Our data suggest that VE1 immunostaining of a cytology specimen is less specific than that of a surgical specimen for detection of the *BRAFV600E* mutation, and that VE1 immunostaining of a cytology specimen should be further evaluated and optimized for clinical use.

Key Words: Thyroid gland; Biopsy, fine-needle; Cytology; *BRAF* mutation; Immunohistochemistry

BRAF, a serine/threonine kinase and the v-*RAF* murine sarcoma viral oncogene homolog B1, is an activator of the mitogen-activated protein kinase (MAPK) pathway.¹ Mutations in *BRAF* constitutively activate the MAPK pathway, allowing human cancers to develop and progress.^{1,2} Of the various *BRAF* mutations, *BRAFV600E*, a valine to glutamic acid substitution at codon 600, is the most common.^{1,3} In clinical practice, the *BRAFV600E* mutation is of major interest because it is considered a critical diagnostic, prognostic, and predictive biomarker of many types of cancer.³⁻⁶ Among the many endocrine malignancies, the *BRAFV600E* mutation is a reliable diagnostic marker of papillary thyroid carcinoma (PTC), as it is detected in 40%–80% of PTCs but virtually never in benign tumors.^{3,7} Currently, the *BRAFV600E* mutation in PTC is typically identified using DNA-based methods such as direct sequencing, allele-specific polymerase chain reaction (PCR), or real-time PCR.^{7,8} Although these methods all afford high sensitivity and specificity, expensive equipment and rigorous quality control

are required.⁸⁻¹⁰

Recently, the VE1 antibody, a monoclonal antibody against the *BRAFV600E* mutant protein, was investigated in terms of its detection of the *BRAFV600E* mutation.⁹ Although VE1 immunostaining revealed a high concordance rate with molecular methods in surgical specimens of PTC,¹⁰⁻¹² evaluation of VE1 in thyroid cytology samples is rarely performed, and its diagnostic value in cytology has not been well established.¹³⁻¹⁶ In the present study, we evaluated the use of the VE1 antibody in cytology samples from ex vivo thyroid PTC specimens in order to overcome the drawbacks of fine-needle aspiration (FNA) including low cellularity and sampling/targeting errors,^{13,15,16} and the results were compared to the data from corresponding PTC tissues.

MATERIALS AND METHODS

This study was approved by the Ajou University Hospital In-

stitutional Review Board (AJIRB-BMR-OBS-13-342). Cytology samples were obtained from fresh *ex vivo* PTC tissues immediately following surgical resection in cases that provided informed consent. After gross examination of fresh PTC specimens, cytology samples were obtained by scraping representative cancerous areas. Smear slides were prepared and stained with hematoxylin and eosin to explore the adequacy of liquid-based cytology (LBC). In later evaluations, LBC slides were prepared using the BD SurePath method employing CytoRich Red (TriPath Inc., Burlington, NC, USA). PTC tissues were fixed in 4% buffered formalin and, after embedding in paraffin, processed for histology and ancillary tests.

Immunohistochemistry and immunocytochemistry

Formalin-fixed, paraffin-embedded tissue blocks that included the cytology-sampled lesion were sectioned at a 4- μ m slice thickness and deparaffinized for immunohistochemistry (IHC). VE1 immunostaining was performed using the aid of a Benchmark XT automated IHC platform (Ventana Medical Systems, Tucson, AZ, USA), as described previously.¹⁶ Briefly, after cell conditioning (conditioner 1) for 64 minutes and inhibition of the preprimary peroxidase, slides were incubated with the VE1 antibody (1:50, Spring Bioscience, Pleasant, CA, USA) at 37°C for 32 minutes. Primary antibodies were detected using an OptiView DAB IHC Detection kit (Ventana Medical Systems) following incubation with hematoxylin and a bluing reagent (4 minutes each). For immunocytochemistry (ICC), unstained LBC slides were fixed in 95% ethyl alcohol for a minimum of 30 minutes. The ICC protocol was identical to that of IHC, except that the cells were not conditioned.

Two pathologists (J.-H.K. and Y.H.K), blinded to the molecular findings, assessed all IHC and ICC data independently; any difference in the interpretation was resolved by consensus. The extent of VE1 staining was graded from 0 to 3: 0, negative; 1, VE1 staining in < 30% of cells; 2, VE1 staining in 30%–80% of cells; and 3, VE1 staining in > 80% of cells. In terms of cytoplasmic staining of follicular cells, intensity was also graded from 0 to 3: 0, negative; 1, weak; 2, moderate; and 3, strong. In defining *BRAFV600E* mutation, VE1 immunostaining was considered positive if the intensity of cytoplasmic staining was grade 2 or 3, regardless of the overall extent of staining.^{13,16}

In cases of discrepancy between immunostaining and molecular results, we repeated immunostaining with a different method, the Ultravision LP Detection System (Thermo Fisher Scientific, Fremont, CA, USA), and re-evaluated the results.

Detection of the *BRAFV600E* mutation

For genomic DNA isolation, formalin-fixed, paraffin-embedded tissue blocks were sectioned at 10- μ m thickness. Genomic DNA was extracted from manually microdissected tumor areas from each tissue section using the QIAamp DNA FFPE Tissue Kit (Qiagen, Hilden, Germany) according to the manufacturer's instructions. To detect the *BRAFV600E* mutation, mutant enrichments with 3'-modified oligonucleotide sequencing were performed to confirm the presence or absence of the *BRAFV600E* mutation, employing primers and PCR conditions as described previously.⁷ Results were analyzed using Sequencher 4.10 software (Gene Codes, Ann Arbor, MI, USA).

In cases of discrepancy between immunostaining and molecular results, we repeated molecular testing with a different method, the PNAclamp Technology (Panagene, Daejeon, Korea), and re-evaluated the results.

RESULTS

VE1 immunostaining of LBC material and formalin-fixed, paraffin-embedded tissue sections of the corresponding areas was performed in 21 *ex vivo* PTC specimens. Clinicopathological characteristics of the 21 cases are summarized in Table 1. Of these, 19 were classic PTC cases, and two were follicular variants of PTC. The results of VE1 immunostaining according to *BRAFV600E* mutation status are shown in Table 2. Of the 21 cases, VE1 IHC of the 19 classic PTC cases exhibited diffuse immunoeexpression with moderate or strong intensity, whereas staining in the two follicular variants was weak. Upon VE1 ICC, however, only 11 PTC cases (52.4%) exhibited diffuse immunoeexpression (Table 3). The remaining cases yielded focal (2 cases, 9.5%) or multifocal (8 cases, 38.1%) immunostaining patterns (Fig. 1). Of the 21 cases with VE1 ICC, only 11 (52.4%) exhibited immunostaining intensity as strong as that of the corresponding VE1 IHC staining. In six cases (28.6%), immunostaining intensity was weaker than VE1 IHC staining, and in four cases (19.4%), VE1 immunostaining intensity was stronger than VE1 IHC staining (Table 4). VE1 immunostaining was interpreted as positive in 19 IHC and 20 ICC specimens (Table 5). We varied the molecular and immunohistochemical methods in cases of discrepancy between VE1 immunostaining and molecular results, but the results were similar (Appendices 1–3). In terms of the *BRAFV600E* mutation, VE1 immunostaining exhibited 100% sensitivity and 100% specificity with IHC but 94.7% sensitivity and 0% specificity with ICC.

DISCUSSION

Clinical applications of VE1 immunostaining in terms of thy-

roid cytology evaluation are of great interest because PTC diagnosis in daily clinical practice is generally based on thyroid FNA cytology; immunostaining is simple, inexpensive, and routinely

Table 1. Clinicopathological characteristics of 21 cases of papillary thyroid carcinoma

Case No.	Sex	Age (yr)	Histological type	Tumor diameter (cm)	T stage	N stage	<i>BRAFV600E</i> mutation
1	F	49	Classic	1	T3	N1a	Present
2	F	51	Classic	1.2	T3	N0	Present
3	M	43	Classic	0.7	T3	N1a	Present
4	F	30	Classic	0.9	T3	N0	Present
5	F	35	Classic	1.2	T3	N1a	Present
6	M	48	Classic	0.9	T1a	N0	Present
7	F	30	Classic	1.2	T3	N1a	Present
8	M	26	FVPTC	1.4	T3	N1a	Absent
9	F	60	Classic	1.8	T3	N1a	Present
10	F	56	Classic	1	T3	N1a	Present
11	F	63	Classic	0.8	T3	N1b	Present
12	M	69	Classic	1.3	T3	N1a	Present
13	F	48	Classic	0.8	T3	N0	Present
14	F	59	Classic	1	T3	N0	Present
15	F	46	Classic	1.5	T1b	N1a	Present
16	F	62	Classic	1.2	T1b	N0	Present
17	F	54	Classic	1	T3	N0	Present
18	F	63	Classic	3.3	T3	N1a	Present
19	F	42	Classic	0.7	T1a	N1a	Present
20	M	69	Classic	0.8	T1a	N0	Present
21	F	52	FVPTC	1.2	T3	N0	Absent

FVPTC, follicular variant papillary thyroid carcinoma.

Table 2. VE1 immunoeexpression and mutation status (*BRAFV600E*) in 21 cases of papillary thyroid carcinoma

Case No.	Liquid-based cytology		Histology		<i>BRAFV600E</i> mutation
	Distribution	Intensity	Distribution	Intensity	
1	2+	3+	3+	3+	Present
2	2+	2+	3+	3+	Present
3	1+	1+	3+	3+	Present
4	2+	2+	3+	3+	Present
5	3+	3+	3+	3+	Present
6	1+	2+	3+	2+	Present
7	2+	3+	3+	3+	Present
8	2+	2+	3+	1+	Absent
9	2+	3+	3+	3+	Present
10	2+	2+	3+	3+	Present
11	3+	3+	3+	2+	Present
12	3+	3+	3+	2+	Present
13	3+	3+	3+	3+	Present
14	3+	3+	3+	3+	Present
15	3+	3+	3+	3+	Present
16	3+	3+	3+	3+	Present
17	3+	3+	3+	3+	Present
18	3+	3+	3+	3+	Present
19	3+	2+	3+	3+	Present
20	3+	2+	3+	3+	Present
21	2+	2+	3+	1+	Absent

Distributions of VE1-positive cells: 0+, 0%; 1+, <30%; 2+, 30%–80%; and 3+, >80%. Intensities of VE1-positive cells: 0+, none; 1+, weak; 2+, moderate; and 3+, strong.

performed in most pathology laboratories. Moreover, VE1 immunostaining is not dependent on DNA quality or the proportion of tumor cells in a FNA sample and allows for *in situ* assessment of tumor cells expressing the *BRAFV600E* mutant protein at a single-cell level.^{13,16}

In the present study, we evaluated the VE1 antibody in thyroid cytology using LBC specimens obtained directly from surgical-

Table 3. Distribution of VE1 expression evaluated via ICC and IHC

Distribution of VE1	ICC		
	<30%	30–80%	>80%
IHC			
<30%	-	-	-
30%–80%	-	-	-
>80%	2	8	11

ICC, immunocytochemistry; IHC, immunohistochemistry.

Table 4. Intensities of VE1 expression evaluated via ICC and IHC

Intensity of VE1	ICC		
	Weak	Moderate	Strong
IHC			
Weak	-	2	-
Moderate	-	1	2
Strong	1	5	10

ICC, immunocytochemistry; IHC, immunohistochemistry.

Table 5. Comparison between *BRAFV600E* mutation and VE1 expression statuses evaluated via ICC and IHC

<i>BRAFV600E</i> mutation	VE1 ICC		VE1 IHC	
	Negative	Positive	Negative	Positive
Absence	0	2	2	0
Presence	1	18	0	19

ICC, immunocytochemistry; IHC, immunohistochemistry.

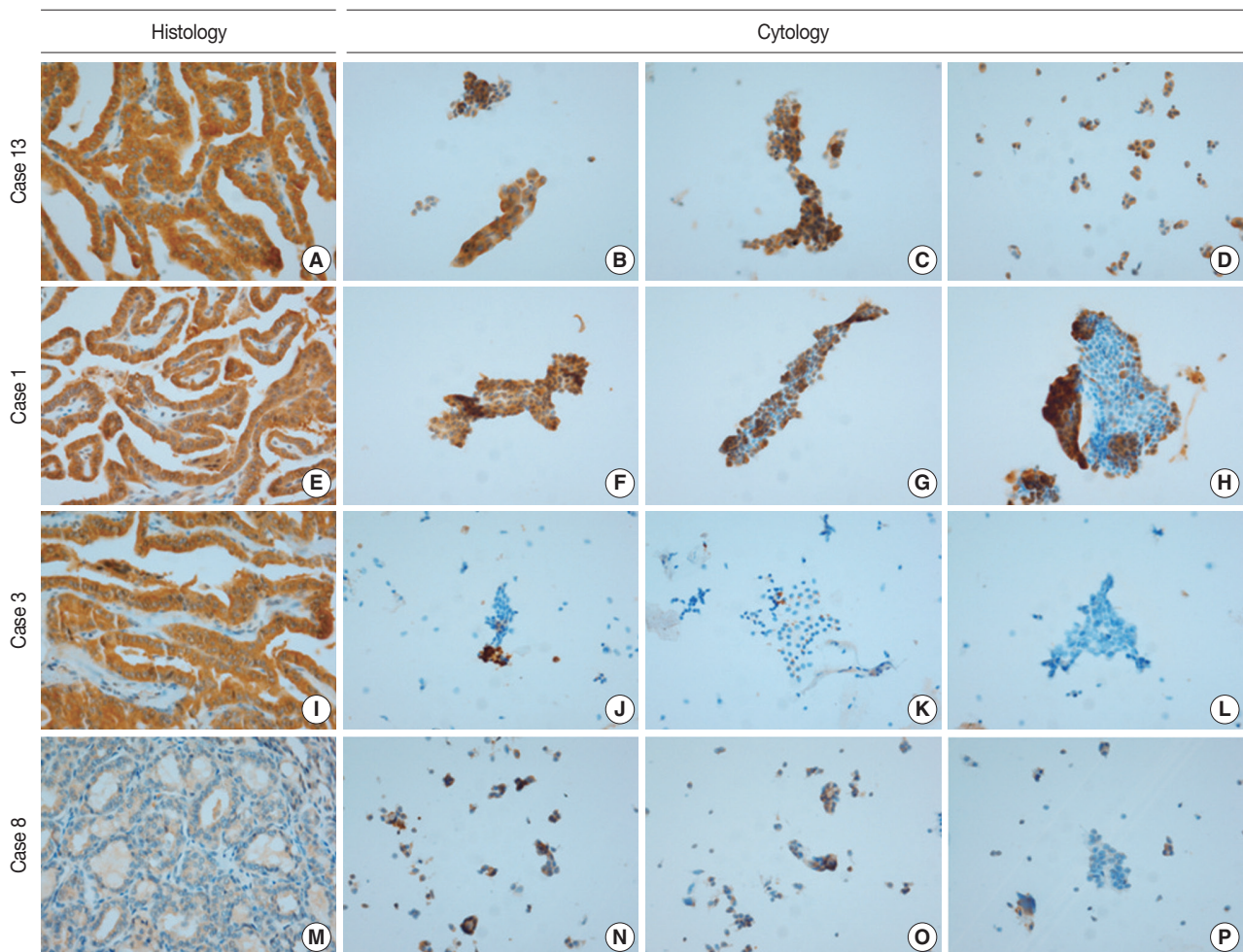


Fig. 1. The extent of VE1 immunoeexpression in representative cases evaluated histologically (A, E, I, M) and cytologically (B–D, F–H, J–L, N–P). (A, E, I) Diffuse VE1 positivity in classic papillary thyroid carcinomas. (M) VE1 negativity in follicular variant papillary thyroid carcinoma. (B–D) Diffuse VE1 positivity in corresponding cytology. (F–H) Multifocal VE1 positivity in corresponding cytology. (J–L) Focal VE1 positivity in corresponding cytology. (N–P) Multifocal VE1 positivity in corresponding cytology.

ly resected *ex vivo* PTC specimens, because previous studies have suggested that the lower sensitivity and specificity of VE1 ICC compared to those of VE1 IHC might be related to the limitations of thyroid FNA cytology such as the extent of cellularity and the representative nature of the obtained thyroid tissue.^{13,15,16} In the present study, all 21 LBC samples contained predominantly tumor cells, representing the cancerous area of each PTC specimen, and had an optimal cellularity for evaluation with VE1 ICC. Our data showed that the VE1 antibody had a higher sensitivity (94.7%) than that afforded by FNA cytology. Rossi *et al.*¹⁵ and Lee *et al.*¹³ reported sensitivities of 82.0% and 88.8%, respectively, when the VE1 antibody was evaluated in LBC samples. Wobker *et al.*¹⁴ evaluated the VE1 antibody using smears of thyroid FNA material, but the detection sensitivity (63.6%) was less than that afforded by LBC samples.

Although the cytology specimen in the present study was more representative of the corresponding histology than the cytology of FNA samples, the VE1 immunostaining patterns in ICC differed from those in IHC. All PTCs with *BRAFV600E* mutation showed diffuse positivity in VE1 IHC, as in previous studies,^{10,12,17} suggesting that the *BRAFV600E* mutation represents a clonal event during PTC development.¹⁷ Using ICC, however, only 11 PTCs (57.9%) with the *BRAFV600E* mutation revealed diffuse positivity; other cases exhibited focal or multifocal positivity. Variations in the intensities and proportions of VE1-positive tumor cells in the same samples were also noted in earlier studies using FNA material.¹⁴⁻¹⁶ Staining variability can be influenced by storage duration, technical problems, or fixation type.^{14,15,18} In the present study, ICC on LBC was performed within 48 hours after sampling. In an attempt to eliminate technical problems, VE1 ICC was performed using different methods, but the results were similar (Appendix 1). It has been suggested that ethanol-based fixation destabilizes proteins not only in histology,¹⁹ but also in cytology.¹⁸ We used a methanol- and isopropanol-based preservative (CytoRich Red) containing 1% formalin as a fixative, which is known to be more compatible with ICC than an ethanol-based fixative.¹⁸ Nonetheless, we found that VE1 ICC was less sensitive than IHC in detecting *BRAFV600E* mutation. Previous studies found that the extent of disagreement between ICC and IHC was 7.2%–34.7% and suggested that differences in fixation methods might explain the observed discrepancies.¹⁴⁻¹⁶ Our results also indicate that differences in fixation between ICC and IHC are a major contributing factor resulting in different VE1 immunorepression in the same tissue samples.

Upon IHC, VE1 was detected with high specificity, but the

ICC specificity was 0% because one PTC harboring the *BRAFV600E* mutation was negative for VE1, while two follicular variant PTCs lacking the *BRAFV600E* mutation were positive for VE1 immunostaining. We varied the molecular and immunohistochemical methods used, but the results were similar (Appendices 2, 3). To evaluate the specificity, the number of wild-type PTC samples in the present study was too small. Nonetheless, false positivity of VE1 in thyroid cytology should not be underestimated. Nonspecific staining of colloids, macrophages, and follicles containing colloids or stroma has been suggested to hamper the interpretation of VE1 ICC.¹³⁻¹⁶ One recent study showed that the VE1 antibody cross-reacted with certain ciliary structural proteins, inducing VE1 false positivity.²⁰ Some proteins expressed in endocrine organs, including α -ketoglutarate-dependent dioxygenase alk-B homolog 7, eukaryotic translation initiation factor 2- α kinase 4, polo-like kinase-1 δ , potassium channel tetramerization domain-containing 4, and solute carrier family 4 (anion exchanger) member 3, also share sequence similarities with the peptide immunogen used to generate the VE1 antibody.²⁰ Such cross-reactivities might possibly explain the nonspecific staining of, or false-positivity for, VE1 in thyroid PTC samples.

This study has several limitations, mostly stemming from its small number of cases. Nonetheless, the results from the present study suggest that VE1 ICC is less specific than VE1 IHC in detecting the *BRAFV600E* mutation. For clinical application of the VE1 antibody in thyroid cytology, further evaluation and optimization of VE1 immunostaining in cytology specimens are essential.

Conflicts of Interest

No potential conflict of interest relevant to this article was reported.

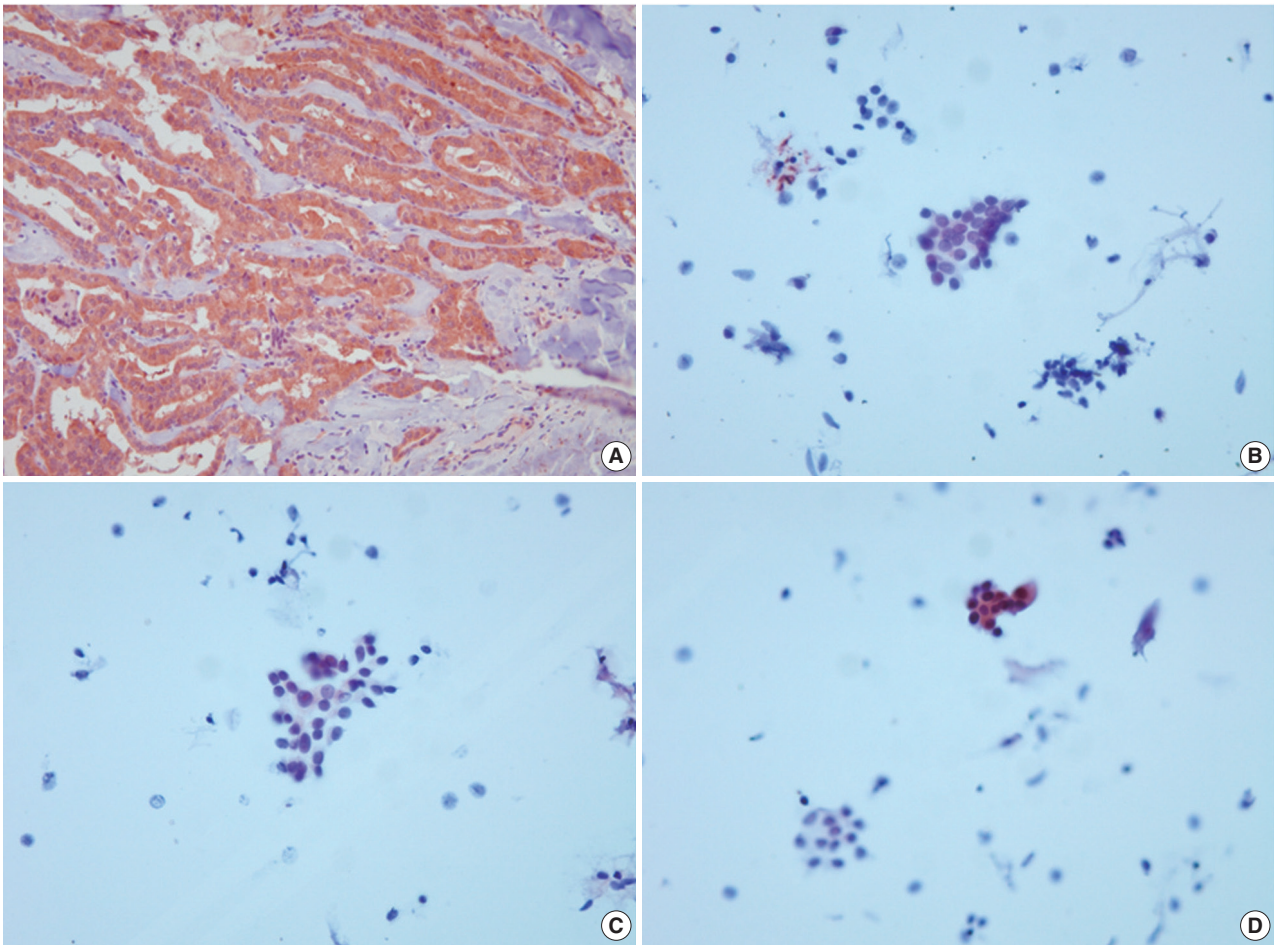
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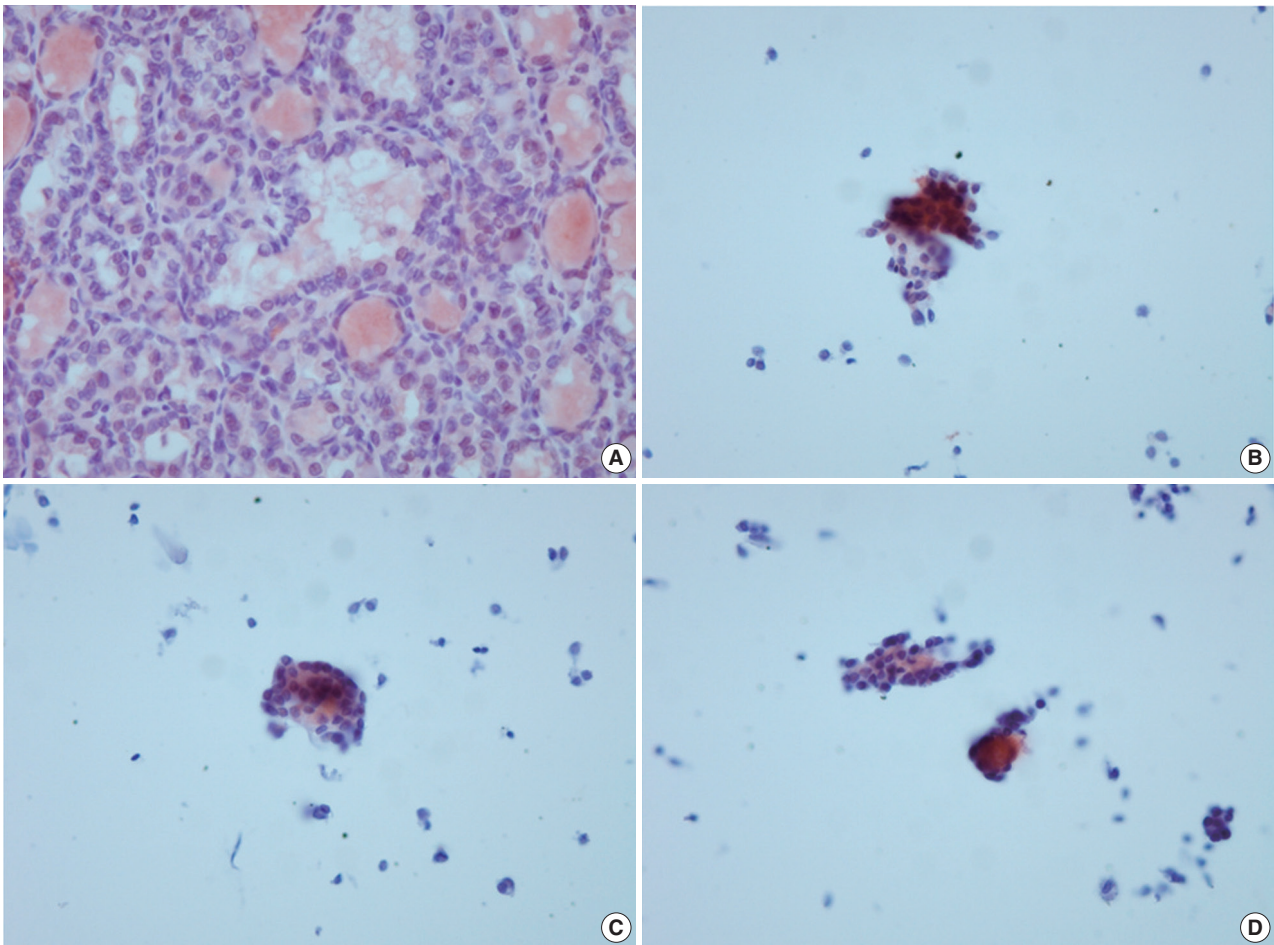
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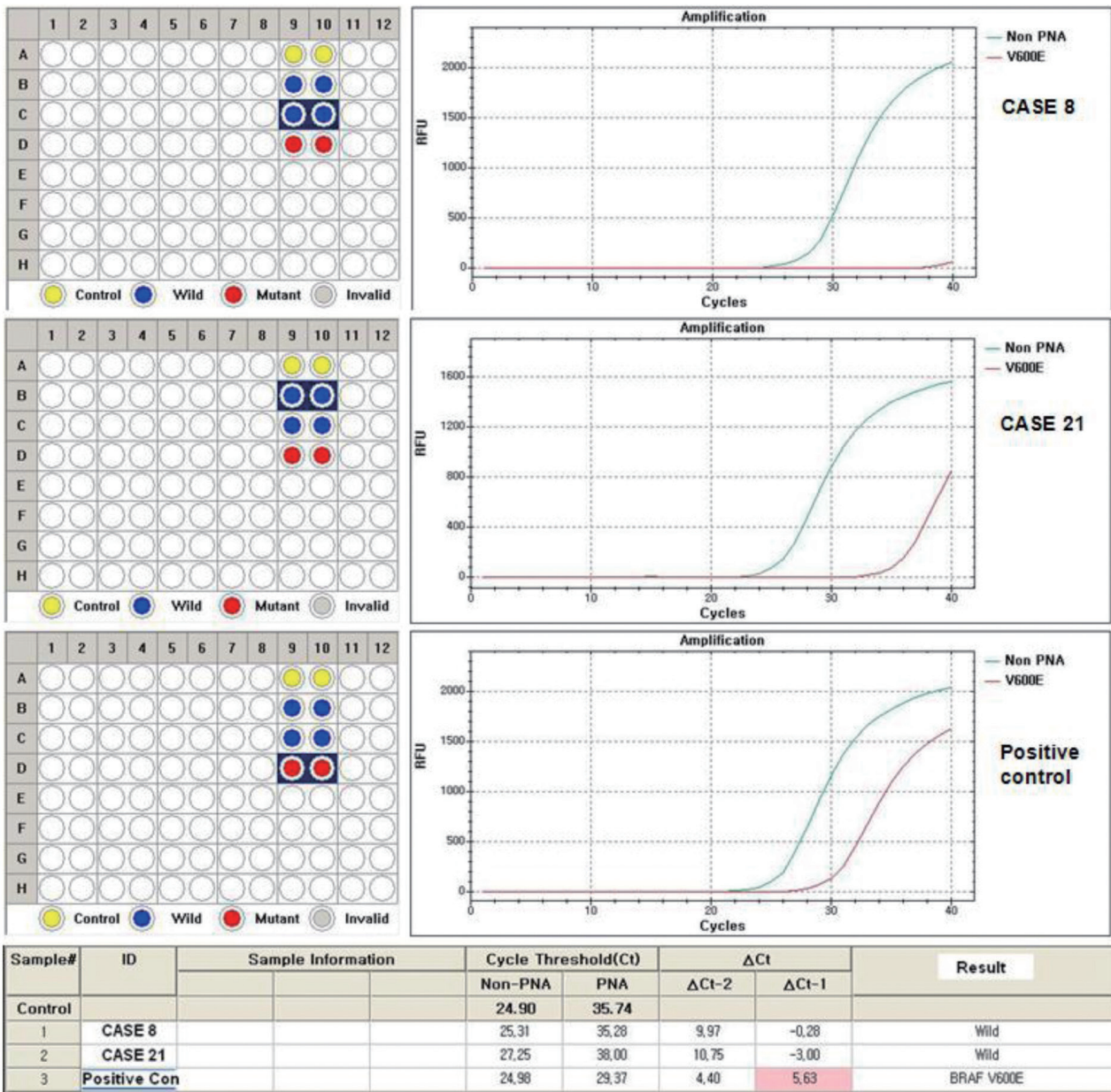
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Appendix 1. VE1 immunorexpression in histology and cytology of case 3 with manual method using the Ultravision LP Detection System (Thermo Fisher Scientific). (A) Diffuse and strong VE1 expression in histology of case 3. (B–D) Focal VE1 expression in corresponding cytology.



Appendix 2. VE1 immunoperoxidase expression in histology and cytology of case 8 with manual method using the Ultravision LP Detection System (Thermo Fisher Scientific). (A) Negative VE1 expression in histology of case 8. (B–D) Multifocal VE1 expression in corresponding cytology.



Appendix 3. No BRAFV600E mutation in case 8 and case 21 by peptide nucleic acid clamping method.