Arginase inhibition by rhaponticin increases L-arginine concentration that contributes to Ca^{2+} -dependent eNOS activation

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Although arginase primarily participates in the last reaction of the urea cycle, we have previously demonstrated that arginase II is an important cytosolic calcium regulator through spermine production in a p32-dependent manner. Here, we demonstrated that rhaponticin (RPT) is a novel medicinal-plant arginase inhibitor and investigated its mechanism of action on Ca²⁺-dependent endothelial nitric oxide synthase (eNOS) activation. RPT was uncompetitively inhibited for both arginases I and II prepared from mouse liver and kidney. It also inhibited arginase activity in both aorta and human umbilical vein endothelial cells (HUVECs). Using both microscope and FACS analyses, RPT treatments induced increases in cytosolic Ca²⁺ levels using Fluo-4 AM as a calcium indicator. Increased cytosolic Ca²⁺ elicited the phosphorylations of both CaMKII and eNOS Ser1177 in a time-dependent manner. RPT incubations also increased intracellular L-arginine (L-Arg) levels and activated the CaMKII/AMPK/Akt/eNOS signaling cascade in HUVECs. Treatment of L-Arg and ABH, arginase inhibitor, increased intracellular Ca2+ concentrations and activated CaMKII-dependent eNOS activation in ECs of WT mice, but, the effects were not observed in ECs of inositol triphosphate receptor type 1 knockout (IP3R1^{-/-}) mice. In the aortic endothelium of WT mice, RPT also augmented nitric oxide (NO) production and attenuated reactive oxygen species (ROS) generation. In a vascular tension assay using RPT-treated aortic tissue, cumulative vasorelaxant responses to acetylcholine (Ach) were enhanced, and phenylephrine (PE)-dependent vasoconstrictive responses were retarded, although sodium nitroprusside and KCl responses were not different. In this study, we present a novel mechanism for RPT,

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as an arginase inhibitor, to increase cytosolic Ca2+ concentration in a L-Arg-dependent manner and enhance endothelial function through eNOS activation. [BMB Reports 2021; 54(10): 516-521]

INTRODUCTION

For ammonia detoxification, arginase acts in the last reaction of the urea cycle by catalyzing the lysis of L-arginine (L-Arg) to L-ornithine and urea. The production of L-ornithine, a polyamine-synthesis precursor, has been shown to be important for inducing both cell proliferation and differentiation (1, 2). Arginase II (ArgII), the extra-hepatic isoform, is targeted to mitochondria and is mainly expressed in aortic endothelial cells (AECs) in both humans and mice. The upregulation of ArgII upregulation has been demonstrated in vascular disorders related to ageing (3), ischemia/reperfusion (4, 5), hypertension (6, 7), balloon injury (8), and atherosclerosis (9). This upregulation may also contribute to decreased nitric oxide (NO) bioavailability (3, 9, 10). In the reciprocally regulated mechanism of ArgII-dependent NO production, ArgII translocation to the cytosol causes a reduction in L-Arg and inactivation of endothelial NO synthase (eNOS). This has been demonstrated in studies with L-Arg as the common substrate for both ArgII and eNOS (11). We have previously reported that ArgII also regulates Ca²⁺ translocation from the cytosol to mitochondria and the cytosolic Ca²⁺ concentration ([Ca²⁺]c) in p32-dependent manner (10). Accordingly, Argll-dependent Ca²⁺ regulation has also been shown to participate in the activation of the CaMKII/ AMPK/Akt/eNOS Ser1177 phosphorylation signaling cascade (12). These findings suggest that ArgII plays a crucial role in intracellular Ca²⁺ regulation and its signaling cascade, although ArgII primarily participated in the urea cycle to detoxification of ammonia. Therefore, ArgII downregulation contributed to activation of Ca²⁺ signaling cascade in physiological conditions such as cardiovascular, neuronal, muscular system.

For the maintenance of vascular homeostasis, NO generated from eNOS plays important roles in the modulation of vascular tone and in the proliferation and migration of vascular smooth muscle cells. Although its activity can be regulated by a variety

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of factors, $[Ca^{2+}]c$ is known to be an important regulator of eNOS activity. The activation of calmodulin (Ca²⁺/CaM) by increased $[Ca^{2+}]c$ promotes the alignment of the reductase and oxygenase domains, and prevents the phosphorylation of eNOS Thr495 through direct binding to the CaM-binding domain in eNOS, leading to efficient NO synthesis. Ca²⁺/CaM also induces Ca²⁺/CaM-dependent protein kinase II (CaMKII) activation, which phosphorylates eNOS Ser1177 to enhance NO production (13, 14).

The perennial herb *Rheum undulatum* L has traditionally been used as a purgative, laxative, anti-inflammatory, and antiblood stagnation agent in eastern Asia (including Korea). Among the useful components isolated from this herb, rhaponticin (RPT; 3'5-dihydroxy-4'-methoxystilbene 3-O- β -D-glucopyranoside, Fig. 1A) has been shown to have beneficial effects, including anti-allergic, anti-diabetic, and anti-thrombotic activities (15, 16). Furthermore, RPT has been shown to effectively alleviate colitis, pulmonary fibrosis, and liver steatosis (17-19). However, RPT's influence on regulating vascular function, its molecular target, and mechanism of action, have not yet been identified.

In the present study, we identified RPT as an arginase inhibitor and demonstrated a molecular mechanism associated with Ca²⁺-dependent eNOS activation through increased L-Arg levels. In addition, mouse vascular-function assay was used to demonstrate that RPT increased NO production and reduced ROS generation in isolated aortic endothelium.

RESULTS

RPT inhibited arginase activity in an uncompetitive manner RPT (Fig. 1A) inhibited arginase I (liver lysate, Fig. 1B) and II activity (kidney lysate, Fig. 1C) in a concentration-dependent manner. The residual activities of arginase I and II with 40 μ M



Fig. 1. Rhaponticin (RPT) inhibited arginase activity in an uncompetitive manner. (A) Structure of RPT. RPT inhibited arginase activity in liver (B) and in kidney (C) lysates in a dose-dependent manner. Lineweaver-Burk plots showed RPT as uncompetitive inhibitor of arginase I and II prepared from liver (D) and kidney (E) lysates. (F) RPT treatment (50 μ M) of aortic vessels and HUVECs for 12 h decreased arginase activity. n = 3 experiments. * vs. untreated control, P < 0.05.

RPT were 74.0 \pm 2.73% and 74.4 \pm 3.57%, respectively. To test the biochemical properties of RPT on arginase inhibition, we performed Lineweaver-Burk plots at different RPT concentrations (25 and 50 μ M). The RPT data showed the same slopes, but different y-intercepts for arginase I (Fig. 1D) and II (Fig. 1E). We, therefore, defined RPT as an uncompetitive inhibitor against arginase I and II. In addition, RPT treatments in isolated aortas and HUVECs decreased arginase activity (Fig. 1F). These data indicated that RPT inhibited arginase activity from molecule to tissue level.

RPT increased [Ca²⁺]c, resulting in eNOS Ser1177 phosphorylation

We previously reported that arginase inhibition activated eNOS in a Ca²⁺-dependent manner (10). So, we first measured [Ca²⁺]c. RPT incubation with HUVECs significantly increased [Ca²⁺]c examined for Fluo-4 signal both under a microscope (Fig. 2A, untreated vs. RPT, 10.04 \pm 2.07 vs. 16.15 \pm 2.45 fluorescence intensity, P < 0.05) and using FACS (Fig. 2B, untreated vs. RPT, 1.01 \pm 0.26 vs. 1.68 \pm 0.11 fluorescence intensity, P < 0.05). The increased [Ca²⁺]c by RPT incubation caused eNOS activation through the signaling cascade of CaMKII/AMPK/Akt/eNOS Ser1177 phosphorylation (Fig. 2C, * vs. untreated, P < 0.05), but prevented eNOS Thr495 phosphorylation.



Fig. 2. Arginase inhibition by RPT increased $[Ca^{2+}]c$ and induced eNOS Ser1177 phosphorylation in a Ca^{2+} -dependent manner. RPT incubation (50 μ M) for 6 h elevated $[Ca^{2+}]c$ in HUVECs assessed using Fluo-4 by microscope (A) and by FACS (B). (C) RPT treatment activated the CaMKII/AMPK/Akt/eNOS Ser 1177 phosphorylation signaling cascade. n = 3 experiments. * vs. untreated control, P < 0.05.

Increased L-arginine levels induces Ca^{2+} -dependent eNOS activation Bon-Hyeock Koo, et al.

Increased L-Arg levels caused by RPT treatment induced Ca²⁺-dependent eNOS phosphorylation

We next determined how arginase inhibition could increase [Ca²⁺]c by measuring L-Arg concentration using HPLC. Intracellular L-Arg concentrations were increased in RPT-treated HUVECs (Fig. 3A, untreated vs. L-Arg, 0.36 \pm 0.04 vs. 0.50 \pm 0.03 mM, P < 0.01). HUVECs incubation with L-Arg enhanced their [Ca²⁺]c using both microscope assay (Fig. 3B, untreated vs. L-Arg, 9.52 ± 2.43 vs. 18.79 ± 1.26 fluorescence intensity, P < 0.01) and a FACS assay (Fig. 3C, untreated vs. L-Arg, 1.00 ± 0.15 vs. 1.63 ± 0.11 relative fluorescence intensity, P < 0.01). Consistently, L-Arg treatment induced eNOS activation through the CaMKII/AMPK/Akt/eNOS phosphorylation pathway (Fig. 3D, * vs. untreated, P < 0.05) and dephosphorylation of eNOS Thr495. To confirm the L-Arg effect, we further tested that L-Arg and ABH, arginase inhibitor, have the influence the Ca²⁺ levels and the signaling cascade in ECs of inositol triphosphate receptor type 1 knockout (IP3R1^{-/-}) mice. In intracellular Ca2+ measurement using FACS (Fig. 3E) and microscope (Fig. 3F), L-Arg and ABH treatments increased Ca² levels in ECs of WT mice (Fig. 3E, untreated vs. L-Arg, 1.00 \pm 0.19 vs. 1.66 \pm 0.13, untreated vs. ABH, 1.00 \pm 0.19 vs. 1.64 \pm



Fig. 3. L-Arg increased [Ca²⁺]c, resulting in eNOS Ser1177 phosphorylation. (A) HPLC analysis showing that RPT incubation increased the intracellular concentration of L-Arg. The microscope (B) and FACS (C) assessments demonstrated that L-Arg treatment increased [Ca²⁺]c. (D) L-Arg incubation also activated the Ca/KII/AMPK/ Akt/eNOS Ser 1177 signaling pathway of. n = 3 experiments, P < 0.05. In L-Arg and ABH-treated ECS from WT and IP3R1 KO mice, cytosolic Ca²⁺ levels were measured using FACS (E) and microscope (F). n = 3 experiments. * vs. untreated control, P < 0.05. ns, not significant. (G) L-Arg and ABH induced Ca/KII and eNOS activations in WT mice, but not in IP3R1 KO mice. n = 3 experiments. * vs. untreated control, P < 0.05; # vs. untreated control of WT mice, P < 0.05.

0.13 relative fluorescence intensity, P < 0.05; Fig. 3F, untreated vs. L-Arg, 9.37 \pm 1.96 vs. 16.91 \pm 2.99, untreated vs. ABH, 9.37 \pm 1.96 vs. 18.80 \pm 2.36 relative fluorescence intensity, P < 0.05), but, the effect was not observed in ECs of IP3R1^{-/-} mice. CaMKII-dependent eNOS activation was elicited by L-Arg and ABH in WT mice, but, the signaling cascade was significantly blunted in IP3R1^{-/-} mice (Fig. 3G). Therefore, these results indicated that increased intracellular L-Arg level, L-Arg supplement and arginase inhibition, induced Ca²⁺-dependent eNOS activation through facilitated IP3R1-dependent Ca²⁺ release.

RPT enhanced vascular function in a NO-dependent manner In the endothelium of isolated aortas, incubation with RPT enhanced NO production (Fig. 4A, untreated vs. RPT, 0.72 \pm 0.06 vs. 1.15 \pm 0.12 intensity/s, P < 0.01; L-NAME = 0.07 \pm 0.03 intensity/s) and attenuated ROS generation (Fig. 4B, untreated vs. RPT, 0.29 \pm 0.05 vs. 0.11 \pm 0.02 intensity/s, P < 0.01; MnTBAP = 0.006 ± 0.005 intensity/s). Using a vasculartension assay, RPT induced augmentation of Ach-dependent vasorelaxant responses (Fig. 4C, logEC50; untreated vs. RPT, -6.85 ± 0.07 vs. -7.09 ± 0.05 M, P < 0.05; Emax, untreated vs. RPT, 83.53 \pm 2.29% vs. 98.37 \pm 1.70%, P < 0.01) and reduced PE-dependent vasoconstrictive responses (Fig. 4D, logEC50; untreated vs. RPT, -6.63 ± 0.05 vs. -6.87 ± 0.10 M, P < 0.05; Emax, untreated vs. RPT, 243.8 \pm 6.0% vs. 160.2 \pm 6.6%, P < 0.01). However, sodium nitroprusside (SNP; an endothelium-independent relaxant as a NO donor, Fig. 4E) and KCl responses (endothelium-independent vessel constrictor, Fig. 4F) were not different between groups. These results, RPT



Fig. 3. Continued.

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Fig. 4. RPT enhanced NO production and Ach-induced vasorelaxation. NO production in the aortic endothelium of WT mice was enhanced after incubation with RPT (A) and ROS generation was prevented (B). L-NAME and MnTBAP were used as negative controls. n=6 from three mice. Isolated aortic vessels incubated with RPT showed enhanced Ach-dependent vasorelaxation responses (C) and retarded PE-dependent vasoconstrictive responses (D). The SNP (E) and KCI (F) responses were not different between groups. * vs. untreated control, P < 0.05. n=9 from three mice. (G) Schematic representation. Increased L-arginine levels induced Ca^{2+}-dependent eNOS activation.

incubation enhanced NO-dependent vasorelaxtion, confirmed again in the tissue level.

DISCUSSION

The present results demonstrate that RPT inhibited both arginase I and II activities uncompetitively, induced increases in cytosolic Ca²⁺ levels, and increased the intracellular concentration of L-Arg. This increase in cytosolic Ca²⁺ induced by RPT elicited the activation of the CaMKII/AMPK/Akt/eNOS signaling cascade; a result mimicked by incubation with L-Arg in IP3R1dependent manner. In the endothelium of WT mouse aortas, RPT augmented NO production and attenuated ROS generation. Using a vascular-tension assay consisting of RPT-treated aortic tissue, the cumulative responses to Ach (as a vasorelaxant) were enhanced and PE-dependent vasoconstrictive responses were retarded.

Arginase inhibition increased the concentration of cytosolic Ca^{2+} both here and in our previous study that was not due to an extracellular Ca^{2+} source (10). Accordingly, it is known that cellular Ca^{2+} homeostasis can be regulated both by the endoplasmic reticulum and by mitochondria. In our previous study,

we demonstrated that arginase II played an important role in the regulation of Ca²⁺ concentration between mitochondria and the cytosol in a p32-dependent manner (10). In addition, both arginase inhibition and knockdown has been shown to increase cytosolic Ca²⁺ levels that resulted in eNOS activation through CaMKII/AMPK/Akt/eNOS Ser1177 phosphorylation (12), and this signaling cascade was not dependent on NO as shown in eNOS^{-/-} mice (10). Therefore, increased L-Arg levels due to downregulation of arginase may be involved in Ca²⁺dependent eNOS activation through IP3R1.

The concept of an L-Arg paradox exists in mammal whereby L-Arg concentrations far exceed the Km value of eNOS. As a consequence of this, additional L-Arg should not augment NO production. However, increasing plasma concentrations of L-Arg in vivo have repeatedly been reported to augment NO generation. The three L-Arg pools existing within cells are: (1) a pool that is easily exchangeable by extracellular L-Arg (pool I), transported by a cationic transporter (CAT-1), and can be exhausted by exchanging the pool with the cationic amino acid such as L-lysine; (2) the second pool that is non-exchangeable with extracellular L-Arg (pool II) and that cannot be exhausted by L-lysine; and (3) an extracellular L-Arg pool (pool III) exists in endothelial cells and mitochondria in which arginase II controls NO production via a non-exchangeable L-Arg pool (20). According to latest research, pool II (non-exchangeable L-Arg) has two microdomains in cytosol. The main function of the pool IIA microdomain seems to be the result of L-citrulline recycling and conversion to L-Arg by sequential reactions of argininosuccinate synthetase and argininosuccinate lyase that can be depleted by neutral amino acids such as histidine (21). The remaining microdomain (pool IIB) is mainly used by mitochondria and is composed of L-Arg resulting from protein lysis and cannot be exhausted by a neutral amino acid such as histidine. In the present study, we have shown that RPT is an arginase inhibitor, and that L-Arg supplementation augmented the Ca^{2+} -dependent signaling cascade for eNOS activation. This effect may be attributed to both pool I and pool IIA increases in L-Arg levels.

We, therefore, believe that IP3R1 as a target molecules associated with Ca²⁺ release due to increased L-Arg concentrations may be clues for explaining the L-Arg paradox, although the present studies focused on a common substrate (L-Arg) bioavailability to explain the L-Arg paradox.

In conclusion, ArgII inhibition with RPT or ABH and L-Arg supplementation increased cytosolic L-Arg level. Increased cytosolic L-Arg could induced Ca²⁺ release through IP3R1 of ER and then activated CaMKII/AMPK/Akt/eNOS signaling cascade. The enhanced NO production improved endothelial function (Fig. 4G).

MATERIALS AND METHODS

Materials

Rhaponticin (RPT, Cat. No. 155-58-8), was purchased from Sigma-Aldrich (St Louis, MO). N^{G} -nitro-L-arginine methyl ester (L-NAME,

Increased L-arginine levels induces Ca^{2+} -dependent eNOS activation Bon-Hyeock Koo, et al.

Cat. No. 15190-44-0), manganese (III) tetrakis (4-benzoic acid) porphyrin chloride (MnTBAP, Cat. No. 55266-18-7), and 2(S)-amino-6-boronohexanoic acid (ABH, Cat. No. 194656-75-2) were purchased from Calbiochem (Darmstadt, Germany). Antisera against eNOS (Cat. No. 610297) and phospho-eNOS (Ser1177, Cat. No. 612392 and Thr495, Cat. No. 612707) were obtained from BD Biosciences (San Jose, CA). phospho-CaMKII (Thr286, Cat. No. #12716), CaMKII (Cat. No. #3362), phospho-Akt (Ser473, Cat. No. #9271) and Thr308, Cat. No. #9275), Akt (Cat. No. #9272), phospho-AMPK α (Thr172, Cat No. #2531), AMPK α (Cat No. #2532) and pan-actin (Cat. No. #4968) were obtained from Cell Signaling Technology (Beverly, MA).

Cell culture and animals

HUVECs were purchased from Cascade Biologics (Cat. No. C0035C, Portland, OR) and were maintained according to the supplier's instructions. Ten-week old male C57BL/6J WT mice were fed a normal diet (ND; Cat. No. 38057133-27, Nara Biotech Co. Seoul, Korea). IP3R1^{-/-} mice was generated from mating of IP3R1^{+/-} mice. Isolation of ECs from mice aortas was conducted using collagenase type 2 incubation. All mice were maintained at the Kangwon National University Animal Services Facility. This study was approved in accordance with the Guide for the Care and Use of Laboratory Animals (Approval No. KIACUC-09-0134). This investigation conformed to the principles outlined in the Declaration of Helsinki.

Arginase activity measurements

After mouse kidneys, livers, and aortas were isolated, enzyme extracts were prepared. Tissues were homogenized for 2 min, sonicated for 25 s, centrifuged 12,000 rpm at 4°C for 20 min, and the supernatants used as enzyme extracts. For aorta samples, 1.5 cm tissue samples were first cut into 2 mm pieces, pulverized by homogenization for 30 min, centrifuged 12,000 rpm at 4°C for 20 min) and then supernatant was used as the enzyme extracts. The enzyme extracts and RPT were then reacted (37°C, 1 h) at the indicated concentrations using Tris-HCl (pH 7.5) and L-Arg (0.1 M). Enzyme reactions were stopped by adding acidic solution (10% H_2SO_4 , 30% H_2PO_4 in distilled water) and 9% α -isonitrosopropiophenone in ethanol (Sigma-Aldrich). The absorbance of reaction solution was measured at 550 nm.

High performance liquid chromatography

After HUVEC lysis, samples were centrifuged 12,000 rpm at 4°C for 20 min and the supernatants removed. Methanol (100 μ l) was added, and the mixtures sonicated five times. After centrifugation 12,000 rpm at 4°C for 20 min, the supernatants were collected. Then, each supernatant was mixed 1:1 with OPT solution (phthaldialdehyde 5.4 mg/ml in 0.5 M borate buffer, pH 8.4, 0.4% β-mercaptoethanol) and reacted for 1 minute to obtain 50 μ l for the column (4.6 \times 150 mm, 5 μ m, Eclipe XDB-C18). The mobile phase was degassed with 0.1 M phosphate buffer (0.2 M Na₂HPO₄, pH 4.0, DW: methanol = 1:1) at a flow rate of 1.5 ml/min, and an excitation wavelength

of 340 nm and an emission wavelength of 455 nm were used.

Western-blot analysis

SDS sample buffer (62.5 mM Tris-HCl pH 6.8, 2% SDS, 10% glycerol, 50 mM DTT, 0.01% bromophenol blue) was added to each 60 mm culture dish and collected after mixing. After sample boiling (105°C, 10 min) proteins were separated using SDS-PAGE and transferred to polyvinylidene fluoride (PVDF) membranes (Millipore, Burlington, MA, 4°C, 12 h). Membranes were blocked with 5% skim milk, incubated with primary antibodies (4°C, 12 h, 1:1000 dilutions), and then incubated with secondary antibodies (24°C, 2 h). The PVDF membranes were then activated for chemiluminescence and X-ray film was exposed. Band intensities were analyzed using NIH Imagel software.

$[\text{Ca}^{2+}]_{\rm c}$ measurement using confocal microscopy and flow cytometry

 $[Ca^{2+}]_c$ was monitored using Fluo-4 AM (Cat. No. F14201, 100 nM, 1 h, Thermo Fisher Scientific, Waltham, MA) using an epifluorescence microscope (Olympus BX51) with appropriate filters (494 nm excitation, 506 nm emission). Intensity values were normalized to initial fluorescence values after background subtraction using Metamorph software (Molecular Probes, San Jose, CA). $[Ca^{2+}]_c$ was also determined using flow cytometry (FACSCalibur, BD Biosciences), and a fluorescence intensity value for each sample was determined using Cell Quest software (BD Biosciences).

Measurements of NO and ROS

Aortic rings isolated from 10-week old male WT mice were labeled for NO with 5 μ M 4-amino-5-methylamino-2´,7´-difluorofluorescein diacetate (Cat. No. 254109-22-3, DAF-FM DA) for 5 min at 30 sec intervals. For the ROS measurements, the rings were labeled with 1 μ M dihydroethidine (Cat. No. 104821-25-2, DHE) for 5 min at 30 sec intervals. Images were acquired using an Olympus BX51 epifluorescence microscope. Fluorescence intensity was measured using Metamorph software.

Vascular tension assay

Heparin was administered 1 h before mice were sacrificed. Mice were anesthetized using isoflurane, and each thoracic aorta (from the aortic root to the bifurcation of the iliac arteries) was rapidly isolated and cut into 1.5-mm rings. The aortic rings were placed in ice-cold oxygenated Krebs-Ringer bicarbonate buffer (118.3 mM NaCl, 4.7 mM KCl, 1.2 mM MgSO₄, 1.6 mM CaCl₂, 25 mM NaHCO₃, 11.1 mM glucose, pH 7.4) and suspended between two wire stirrups (150 mm) in a myograph (Multi Myograph System, DMT-620, Hinnerup, Denmark) containing 10 ml of Krebs-Ringer (95% O₂-5% CO₂, pH 7.4, 37° C). One stirrup was connected to a three-dimensional micromanipulator, and the other to a force transducer. The aortic rings were passively stretched at 10 min intervals in increments of 100 mg to reach an optimal tone of 600 mg.

After stretching to this 600 mg value, its contractile response to 60 mM KCl was determined. This response to a maximal KCl does was used to normalize the responses to agonists across vessel rings. Dose-responses to the vasoconstrictor phenylephrine (PE; Cat. No. 59-42-7, 10^{-9} - 10^{-5} M) were assessed, and responses to the vasodilators acetylcholine (Ach; Cat. No. 60-31-1, 10^{-9} - 10^{-5} M) and sodium nitroprusside (SNP; Cat. No. 13755-38-9, 10^{-10} - 10^{-6} M) were assessed after pre-constriction with PE (10^{-5} M).

Statistical methods

All experiments were performed using 3-4 biological replicates, with the specific number of replicates reported for each experiment. Student's t-tests and a two-way ANOVA were performed as appropriate (GraphPad Prism, GraphPad Software, San Diego, CA). Values were determined as mean \pm standard error of the mean (SE). Significance was assessed using P < 0.05 considered statistically significant.

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CONFLICTS OF INTEREST

The authors have no conflicting interests.

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Increased L-arginine levels induces Ca2+-dependent eNOS activation

Bon-Hyeock Koo, et al.

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