STUDY PROTOCOL



The MODIFY Study Protocol: An Open-Label, Single-Arm, Multicenter, Prospective Pragmatic Study of Ixazomib-Based Triple-Drug Therapy in Chinese Patients with Multiple Myeloma

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ABSTRACT

Background: Although the bortezomib-based triple-drug therapy is considered as a front-line therapy for multiple myeloma (MM) in Chinese patients, increased level of toxicity leads to treatment dissatisfaction. Treatment with ixazomib, an oral proteasome inhibitor, has demonstrated better efficacy and safety profile without increasing the toxicity. In this study, we investigate the safety and clinical outcomes of Chinese patients with newly diagnosed MM (NDMM) who transitioned from a bortezomib-based triple-drug therapy in a real-world clinical setting.

Methods: This will be an open-label, singlearm, multicenter, prospective, observational study will recruit Chinese patients (aged \geq 18 years) diagnosed with NDMM using International Myeloma Working Group (IMWG) criteria and who have received a

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bortezomib-based triple-drug therapy for more than two cycles as initial therapy. The previous bortezomib-based triple-drug therapy may include bortezomib, cyclophosphamide, and dexamethasone or lenalidomide, bortezomib, and dexamethasone or bortezomib, doxorubicin, and dexamethasone or bortezomib, thalidomide, and dexamethasone. At the time of enrollment, patients must have achieved at least partial response as defined by IMWG criteria. Approximately 320 eligible patients at 15 top MM hospitals in China will be treated with ixazomib triple-drug therapy and followed up once every 3 months for 24 months, unless specified. The primary endpoint is to assess progression-free survival at 2 years for Chinese patients with NDMM who have transitioned from a bortezomib-based triple-drug therapy to ixazomib-based triple-drug therapy. The clinical effectiveness, safety and tolerability, patient-reported outcomes, and health economic/resource utilization will be evaluated as secondary endpoints.

Planned Outcomes: The results from this study may provide evidence to verify the benefits of transitioning from bortezomib-based tripledrug therapy to ixazomib-based triple-drug therapy in Chinese patients with NDMM in a real-world clinical setting.

Trial Registration: The study has been registered at clinicalTrials.gov (NCT05013190).

Keywords: Bortezomib; Ixazomib; Multiple myeloma; Observational; Quality-of-life

Key Summary Points

Long-term, parenteral administration, bortezomib-based triple-drug therapy is first-line treatment of Chinese patients with MM associated with higher incidence of adverse events.

Oral administration of the drug over parenteral administration is convenient, with ixazomib-based therapy providing beneficial results in previous trials.

This study will assess the effectiveness and safety of ixazomib in patients who transitioned from a bortezomib-based triple-drug therapy to an ixazomib-based triple-drug therapy in a real-world clinical setting.

This study findings may indicate potential for a reduced economic and disease burden among Chinese patients with MM.

INTRODUCTION

Background

Multiple myeloma (MM) accounts for 1% of all malignant cancers and nearly 13% of hematological malignancies [1, 2]. In the USA alone, it is estimated that there will be 34,920 new cases and 12,410 deaths in 2021 [3]. Most frequently, myeloma is diagnosed among people aged 65–74 years with a median age of 69 years [4]. The incidence of MM in China, although lower than in Western countries, has been increasing in recent years. According to the latest statistics, the incidence of MM in China is 1.6/10,00,00 per person-years [5], with an estimated 21,116 new cases and 16,182 deaths per year [6]. In addition, the mean age of patients diagnosed in China is 58 years, which is 10 years younger than that of Caucasian population [5].

With the advent of autologous stem-cell transplantation and with the introduction of novel targeted drugs such as the proteasome inhibitor (PI) bortezomib and immunomodulatory drug thalidomide, the median overall survival (OS) in patients with MM has been improving significantly in recent years [1, 7, 8]. More recently, the treatment landscape has been further expanded with the use of newergeneration PIs, including ixazomib and carfilzomib, histone deacetvlase inhibitors, monoclonal antibodies such as daratumumab and elotuzumab [9], chimeric antigen receptor T-cell therapy [10], and bispecific T-cell engagers [11]. Despite improvements from these treatment strategies, the disease remains incurable with signs of relapse and need for multiple lines of therapy.

Ixazomib is an orally bioavailable, reversible PI. Ixazomib in combination with lenalidomide and dexamethasone (IRd) is indicated for the treatment of patients with MM who have received at least one prior therapy. In an early phase I/II study, IRd regimen showed promising efficacy and manageable adverse events in patients with newly diagnosed MM (NDMM) [12]. A further phase 3 randomized trial confirmed the efficacy of this combination in patients with refractory or relapsed MM [13].

Bortezomib-containing triplets are the standard of care for the first-line treatment of patients with MM in China. Unfortunately, long-term treatment with this regimen was associated with higher incidence of adverse events such as peripheral neuropathy (PN) (5–11%) [14–17] and frequent need to visit the clinic due to parenteral administration [18, 19]. As a result, there is an increasing impact on economy and health due to bortezomib-based triple-drug therapy in China. In contrast to bortezomib-based triple-drug therapy, the phase 3 TOURMALINE-MM1 trial with ixazomibbased triple-drug therapy showed evidence of better safety profile without evidence of accumulating toxicity [13]. Oral regimens offer convenience to the patients, especially in China, because of the scarcity of top-tier MM centers and lack of well-established community healthcare service systems. Hence, frequent commuting between home and hospital is a burden for patients and their family. The feasibility of the in-class transition from a bortezomib-based induction to an all-oral ixazomib regimen has previously been demonstrated [20]. Overall good partial response (PR) rates and a tolerable safety profile make it possible to transition from a bortezomib-based induction regimen to an ixazomib-based triple-drug therapy in Chinese patients with MM. Post-marketing studies and clinical trials assessing the relative effectiveness of transitioning from bortezomibbased triple-drug therapy to ixazomib-based triple-drug therapy from a real-world clinical practice are lacking in China. There remains an unmet need to investigate and assess the safety and clinical outcomes of transitioning from bortezomib-based triple-drug therapy to ixazomib-based triple-drug therapy among Chinese patients with NDMM. Herein, we report the study design and protocol for assessing the effectiveness and safety of ixazomib in patients who transitioned from a bortezomib-based triple-drug therapy to an ixazomib-based tripledrug therapy in a real-world clinical setting.

Study Objectives

The primary objective of the study is to determine the progression-free survival (PFS) at 2 years in Chinese patients with NDMM who had transitioned from a bortezomib-based triple-drug therapy to an ixazomib-based tripledrug therapy. Secondary objectives of the study are to evaluate the clinical effectiveness of the drug as denoted by the rates and duration of complete response (CR), time to next therapy, duration of therapy and overall survival (OS), safety and tolerability, and patient-reported outcomes (PRO), as well as to understand health economic/resource utilization in Chinese patients with NDMM when transitioning from bortezomib triple-drug therapy to ixazomib triple-drug therapy. Exploratory objectives will also be attempted to explore minimal residual disease (MRD) negative rate and sustain MRD negativity of Chinese patients with NDMM who switch from a bortezomib-based triple-drug therapy to ixazomib-based triple-drug therapy. It will also explore influence on medication adherence and the impact factors for clinical outcome along with response rate, PFS, and safety in a defined subgroup among Chinese patients with NDMM who switch from a bortezomib-based triple-drug therapy to ixazomib-based triple-drug therapy. The study endpoints for each objective are described in detail in Fig. 1.

METHODS

Trial Design

This is a national, multicenter, single-arm, openlabel, prospective, pragmatic study among Chipatients with MM. Patients nese (aged > 18 years), first diagnosed with multiple myeloma (newly diagnosed multiple myeloma, NDMM) using International Myeloma Working Group (IMWG) criteria (please refer to the Supplementary Material for definition) and who received a bortezomib-based triple-drug regimen for more than two cycles as initial therapy, including bortezomib + cyclophosphamide + dexamethasone (VCD) or bortezomib + lenalidomide + dexamethasone (VRD) or bortezomib + doxorubicin + dexamethasone (PAD) or bortezomib + thalidomide + dexamethasone (VTD). Considering the risk of PN with increasing cumulative doses of bortezomib, the patients received fewer than four to six cycles of bortezomib-based triple-drug regimen as initial therapy. At the time of enrollment, patients must have achieved a minimum of a PR as defined by IMWG criteria. Patients who are transplant ineligible, and those who are eligible but are not expected to undergo transplantation for a minimum of 24 months, will be included. The estimated enrollment period will be 24 months. Approximately 320 patients from 15 top-tier hospitals in China will be recruited. Patient enrollment in the participating centers will be based on the physicians' judgment of eligibility for treatment with ixazomib-based triple therapy. Institutional ethical approval and written informed consent will be obtained from all the patients before participation. Consecutive patients who fulfill the inclusion criteria and are willing to participate will be considered (Table 1).

Primary Endpoints

PFS at 12 and 24 months after enrollment using IMWG 2016 Response Criteria

Secondary Endpoints

Clinical effectiveness

- TTNT (Defined as the time from the date of first administration of ixazomib therapy to first dose of new treatment given after changing the therapy)
- The proportion of patients achieving VGPR, CR, sCR within 6,12,24 months after enrollment, assessed according to IMWG 2016 Response Criteria
- DOT (Defined as the time from the date of first administration of ixazomib triplet therapy to the date of last administration of ixazomib therapy)
- Duration of CR (Defined as time from first documented CR to the date of partial disease (PD).
- OS (Defined as the time from enrollment to death from any cause).

Patient-Reported Outcomes

- Quality of life questionnaires: EORTC QLQ-MY20, EORTC QLQ-C30, EQ-5D-5L
- Patient satisfaction questionnaire: TSQM-9

Healthcare resource utilization (Defined by outpatient visits to the study site, overnight hospital admissions, emergency department visits, and hospice care)

Safety and tolerability

- Reason for dose reduction, interruption and discontinuation of Ixazomib therapy
- RDI for each study drug (Defined as 100*(Total amount of dose taken) /(Total prescribed dose of treated cycles), where total prescribed dose equals (dose prescribed at enrollment * number of prescribed doses per cycle * the number of treated cycles).
- All AEs and occurrence of SPM

Exploratory Endpoints

- MRD negative rate at 12, 24 months after enrollment
- Sustain MRD negative rate
- Impact factors for clinical outcome
- Influence of medication adherence
- * Response rate in defined subgroup
- PFS in defined subgroup
- Safety in defined subgroup

Fig. 1 Study endpoints for MODIFY. Abbreviations: AE adverse events; CR complete response, DOT duration of ixazomib therapy, IMWG International Myeloma Working Group, MRD minimal residual disease, OS overall survival, PD partial disease, PFS progression-free survival,

All patients will be followed up once every 3 months for 24 months except in cases of withdrawal of their informed consent or death or loss to follow-up or termination of the study by the sponsor, whichever occurs first. The selected patients need to strictly follow the medication label for the dosage, route, frequency, and duration of treatment. This study will be conducted in accordance with the protocol, the current version of the Declaration of Helsinki, Good Pharmacoepidemiology Practices (GPP), ISPE GPP guideline, and any local regulations. The study *RDI* relative dose intensity, *sCR* stringent complete response, *SPM* secondary primary malignancies, *TTNT* time to next treatment, *VGPR* very good partial response

has been registered at clinicalTrials.gov (NCT05013190).

Data Collection

For all the included patients, specific data will be collected at baseline, every 3 months for 24 months and at end of follow-up. Baseline data and disease characteristics, relevant medical history, and all initial and subsequent treatments for MM will be collected from

Inclusion criteria	Exclusion criteria				
Male or female adult patients aged \geq 18 years	Patient received a bortezomib-based triple-drug therapy initial therapy < 2 cycles				
Patients first diagnosed with MM using IMWG 2016 criteria	Patients with failure to fully recover from the reversible effects of prior chemotherapy				
Patients diagnosed with MM who are not transplant eligible and patients who are transplant eligible but not expected to undergo transplant for at least 24 months after study entry	с				
Patients who received bortezomib-based triple-drug regimens as front-line treatment, including VCD, VRD, PAD, and VTD	Patient has \geq grade 2 PN, or grade 1 with pain on clinical examination				
Patient must achieve PR as defined by IMWG 2016 criteria after bortezomib-based initial therapy	Patients with previously treated ixazomib therapy or participated in such trial				
Patients with ECOG 0-2	Patient with GI disease or GI-related treatment				
Negative pregnancy tests among females	Patients with an active systemic infection, active hepatitis B or C virus infection, or known human immunodeficiency virus positivity				
Patient having sound understanding of the study and willing to sign inform consent form	Patient currently participating in other interventional clinical studies				

Table 1 Inclusion and exclusion criteria of the study

ECOG Eastern Cooperative Oncology Group, *GI* gastrointestinal, *MM* multiple myeloma, *IMWG* International Myeloma Working Group, *PN* peripheral neuropathy, *VCD* bortezomib + cyclophosphamide + dexamethasone, *VRD* bortezomib + lenalidomide + dexamethasone, *PAD* bortezomib + doxorubicin + dexamethasone, *VTD* bortezomib + thalidomide + dexamethasone

patients after signing the informed consent form. Apart from routine demographic data, Charlson comorbidity index, the simplified frailty score [21], post-progression therapeutic management, and reasons for discontinuation of the study regimens will also be collected. Treatment discontinuation will include the date and reason for discontinuation of each agent in the study regimen. All agents in the treatment regimen may not be discontinued at the same time. The physician will make this decision on the basis of patient response to treatment. All these data will be recorded in an electronic case report form (eCRF), with each study site able to access data only from their own center.

Eligible patients will be evaluated for demographic information and medical history along with physical examinations including height, weight, body mass index (BMI), and vital signs (BP and heart rate) (Table 2). Further, ECOG performance status, 12-lead electrocardiogram (ECG), hematological, and biochemical evaluation, urine analysis, thyroid testing, radiographic disease assessment, β2-microglobulin, M-protein measurements by serum or urine protein electrophoresis, Ig quantification, serum-free light chain assay, immunofixation of serum and urine, bone marrow aspiration, biopsy for disease assessment, and MRD assessment will also be assessed. Cytogenetic data will also be collected, depending on availability.

Activity	Consent/ enrollment	Ixazomib-based therapy treatment	EOF assessment ^a	Follow-up period	
		period 28-Day cycles Every 3 months		PFS ^b Every 3 months	OS ^c Every 6 months
		24 months			
Informed consent	•				
Inclusion/exclusion criteria ^d	•				
Document induction therapy	•				
Confirmation of MM diagnosis	•				
Demographics and medical history	•				
Medication history	•	As per SOC	•		
Physical examination	•	As per SOC			
Vital signs	•	As per SOC	•		
Frailty score	•	As per SOC	•		
Height ^e weight	•	As per SOC	•		
ECOG performance status	•	As per SOC	•		
Pregnancy test ^f	•	As per SOC	•		
12-Lead ECG	•	As per SOC	•		
Hematology laboratory evaluations ^h	•	As per SOC	•		
Chemistry laboratory ^h	•	As per SOC	•		
Urinalysis	•	As per SOC	•		
Thyroid testing ⁱ	•	As per SOC	•		
Skeletal-related events		Continuous from the start of study drug administration until death or termination of the study by the sponsor			
New primary malignancy assessment		Continuous from the start of study drug administration until death or termination of the study by the sponsor			
Radiographic disease assessment ^j	•	As per SOC		•	
β2-Microglobulin	•	As per SOC		•	•
M-protein measurements (SPEP)	•	Day 1 of every cycle		•	•
M-protein measurements [UPEP (24 h urine collection)]	•	Day 1 of every cycle		•	•
Ig quantification	•	Day 1 of every cycle		•	•
Serum-free light-chain assay	•	Day 1 of every cycle		•	•
Immunofixation—serum and urine	•	Day 1 of every cycle		•	•
Bone marrow aspiration and biopsy for disease assessment ^k	•	As per SOC		•	

Table 2 Study data collection

Activity	Consent/ enrollment	Ixazomib-based therapy treatment period	EOF assessment ^a	Follow-up period	
		28-Day cycles Every 3 months		PFS ^b Every 3 months	OS ^c Every 6 months
		24 months		5 months	0 months
MRD assessment ^g	•	As per SOC		•	
PRO assessments ⁱ	•	Day 1 of every month		•	
Patient-reported medication adherence ^m	•	Daily			
Healthcare resource utilization (HRU)		•		•	
Survival					
Adverse event reporting	•	•		•	•
Concomitant medications/procedures	•	•		•	•

Table 2 continued

^aEnd of follow-up (EOF) assessment to be performed up to 30 days post-last treatment

^bPatients will be treated with ixazomib-based therapy and treatment therapy, dosage, route, frequency, and duration must strictly follow the ixazomib label. According to ixazomib label, patients should be treated with ixazomib-based therapy until progression or unacceptable toxicity leading to a discontinuation or change in therapy, for a maximum of 26 cycles (24 months). If a patient discontinues treatment with ixazomib before disease progression, they will enter the PFS follow-up period of the study until they experience disease progression, have been lost to follow-up, or die, whichever occurs first. However, patients may continue to receive their ixazomib-based therapy after their EOT assessment at the treating physician's discretion

^cAfter disease progression, all patients will be followed for survival in the OS follow-up period. Patients will be contacted every 6 months from the start of the OS follow-up period until death, loss to follow-up, or termination of the study by the sponsor, whichever occurs first

^dPatient eligibility will be evaluated by the Takeda Medical Monitor on the basis of inclusion/exclusion information captured in electronic data capture system (EDC)

^eHeight assessed at screening only

^fPregnancy tests • Consent/enrollment/on treatment/EOT: females of childbearing potential (FCBP) must have negative pregnancy tests that meet the pregnancy test requirement

^gTo be performed at the discretion of the principal investigator. Sensitivity of MRD test is at least 10⁻⁴ used Next Generation Sequencing (NGS) or Flow Cytometry (FCM). For patients, sequential MRD testing method needs to be consistent with baseline

^hClinical laboratory evaluations will be performed by a local laboratory. Hematology and chemistry panels may be collected up to 3 days before day 1 dosing and 24 h before days 8, 15, and 22 dosing of cycle 1, where required. Local laboratory evaluations may be done more frequently at the investigator's discretion, that is, for acute toxicity management

ⁱThyroid testing recommended every three cycles on treatment

^jPatients with extramedullary disease must have radiographic disease assessments [computed tomography (CT)/positron emission tomography (PET)–CT/magnetic resonance imaging (MRI)] documented at time of enrollment

^kBone marrow aspiration and biopsy at time of diagnosis must have been completed and documented within 6 months from the time of enrollment

¹PRO assessments include the EORTC QLQ-C30 (version 3), EORTC QLQ-MY20, EQ5D-5L, and TSQM-9 questionnaires. The PRO questionnaires will be assessed at every cycle

^mPatient-reported medication adherence will be collected daily by patient-self management application during the ixazomib-based therapy treatment phase. This study proposes a patient-reported approach to collecting medication adherence from a daily diary electronic question regarding medication adherence to an all-oral therapy



Fig. 2 Treatment flowchart. Abbreviations: *CR* complete response, *DOT* duration of ixazomib therapy, *IMWG* International Myeloma Working Group, *HRU* healthcare resource utilization, *MM* multiple myeloma, *MRD* minimal residual disease, *ORR* objective response rate, *OS* overall survival, *PAD* bortezomib + doxorubicin +

Hematology and biochemistry samples will be collected up to 3 days before day 1 dosing and 24 h before days 8, 15, and 22 of cycle 1, as required. PRO will be assessed every month through ePRO system through the EORTC QLQ-C30 (version 3), EORTC QLQ-MY20, EQ5D-5L, and TSQM-9 questionnaires. All the patients will be trained in filling up the ePRO system at baseline. If the electronic system is inoperative or the patient finds it difficult to understand how to use the ePRO system, the principal investigator or sub-principal investigator will contact the patients by telephone or ask them to visit the hospital to collect PRO data, which will be then entered by the staff into the system. Patient-reported medication adherence will be collected daily by patient-self management application during the ixazomib-based tripledrug therapy phase and until disease progression. Healthcare resource utilization and safety will also be assessed (Table 2).

Follow-up data for PFS will be collected during the routine care visits every 3 months until progression is documented, and then follow-up data for OS will be collected every 6 months for 24 months post-enrollment. The data collected will include patient status, disease management assessments, response to treatment with ixazomib, quality of life, and any other medications and safety assessments. Reporting of adverse events and concomitant medications will be monitored throughout the study period and at follow-up visits. The current Standard Coding Instructions for coding of medical history, concomitant illness (MedDRA),

concomitant medication (WHO-Drug), and adverse events/reactions (MedDRA) will be followed. The ADR monitoring will follow six levels, that is, related, possibly related, suspected to be related, possibly not related, not related, and unevaluable. The detailed data to be collected during each visit are provided in Table 2.

dexamethasone, PFS progression-free survival, PR partial

response, PRO patient-reported outcomes, RDI relative

dose intensity, VGPR very good partial response, VCD/

CyBorD bortezomib + cyclophosphamide + dexametha-

sone, VRD bortezomib + lenalidomide + dexamethasone

Ixazomib-Based Triple-Drug Therapy

Patients will be treated with ixazomib tripledrug therapy [ixazomib, 4 mg; lenalidomide, 25 mg; dexamethasone, 40 mg (20 mg if over 75 years of age)] where the treatment schedule, dosage, route, frequency, and duration will be strictly followed through the ixazomib label (Fig. 2). According to ixazomib label, patients should be treated with ixazomib-based tripledrug therapy until progression or unacceptable toxicity leading to a discontinuation or change in therapy, for a maximum of 26 cycles (24 months). If a patient discontinues treatment with ixazomib before disease progression, they will enter the PFS follow-up period of the study until they experience disease progression, are lost to follow-up, or die, whichever occurs first. However, patients may continue to receive their ixazomib-based triple-drug therapy after their end of follow-up assessment at the treating physician's discretion. Ixazomib will be administered on days 1, 8, and 15 of each 28-day cycle, while lenalidomide will be administered from days 1 to 21 and

dexamethasone on days 1, 8, 15, and 22 of each cycle, respectively.

Statistical Analysis

All data obtained in this study and recorded in the eCRF will be listed and summarized with statistics or frequency tables as appropriate. Continuous variables will be summarized by descriptive statistics, while categorical variables will be summarized using frequency and percentages. Descriptive analysis will be presented for the whole sample and for subgroup of patients after stratification of demographic and clinicopathological factors (i.e., stage of disease, gender, age, etc.). PR, very good partial response (VGPR), complete response (CR), stringent complete response (sCR), objective response rate (ORR), PFS, and OS will be calculated. Survival analysis will be assessed using the Kaplan-Meier (KM) method, and the median survival with corresponding 95% confidence intervals will be derived from respective KM curves. Safety will be evaluated by the incidence of adverse events (AEs), severity, and type of AEs, and through change from baseline in the patient's vital signs, weight, and clinical laboratory results in the safety population. Exposure to ixazomib and reasons for discontinuation will be tabulated. Treatment-emergent adverse events that occur after administration of the first dose of ixazomib and through 30 days after the last dose of ixazomib will be tabulated. Data that are potentially spurious or erroneous will be examined according to standard data management operating procedures. AEs will be tabulated according to the MedDRA. For assessing healthcare resource utilization, outpatient visits to the study site, overnight hospital admissions, and emergency department visits will be analyzed. Healthcare resource utilization data will be entered via ePRO system. If for any reason ePRO is not used, then the data related to PROs will be administered either via telephone interview or the patients will visit the hospital to complete a paper version of the PROs. The principal investigator or sub-principal investigator and their staff will then capture this information into the electronic system.

Sample Size

Since this is a descriptive study, no statistical hypothesis will be generated. The sample size has been determined on the basis of practical considerations including the typical volume of patients with MM treated with ixazomib-based triple-drug therapy at participating investigative sites and cost. On the basis of the collected information and an assumed dropout rate of 10–15%, the expected sample size is approximately 320 for this study.

Interim Analysis

Three interim analyses will be performed as follows. The first interim analysis will be carried out when 100% of patients have been enrolled and will aim to describe the baseline characteristics to guide further study conduct. A second interim analysis will be conducted to describe clinical efficacy and safety after the completion of study drug regimen by the last patient. A third analysis will be performed to describe clinical efficacy and safety after 50% of the patients will complete a minimum of 12 months of follow up. Both the second and third interim analysis will also describe the outcomes related to PRO and health resource utilization.

DISCUSSION

Despite availability of therapeutic options for the treatment of MM, the effectiveness and patient outcomes are not similar for different treatment options in the real-world setting compared with a controlled clinical trial. Although clinical trials are essential for determining the efficacy and safety of treatment for MM, real-world studies are becoming an absolute necessity that can help clinicians make informed decisions in improving patient care and quality of life [22, 23]. The reason for such discrepancies are several, including rigorous selection of patients excluding those with comorbidities and elderly [22], limitations in routine clinical practice due to toxicity and comorbidity burden, cost, patient and physician motivation, and differences in clinical care between treatment centers [23]. These differences might contribute to the gaps of efficacy and effectiveness between clinical trial and realworld outcomes.

Given that most patients become refractory to the existing standard therapies, ixazomib provides an opportunity to further explore the value of PIs in the treatment of NDMM. Although Asians, including Chinese, show a relatively lower incidence of MM than Caucasians, the actual incidence of MM in Asia is still higher because of the huge population [5]. A real-world study with 85 patients with NDMM in China, treated with first-line ixazomib tripledrug therapy showed high effectiveness in patients with MM with well-acceptable toxicity [24]. Similarly, other recently published studies demonstrated the efficacy of IRd regimen in Chinese patients with NDMM [25, 26]. However, since ixazomib was introduced in China only in 2018, real-world studies in China are limited. Furthermore, these studies are restricted by the limited sample size, shorter duration of follow-up, and absence of comprehensive evaluation of treatment outcomes by incorporating the patient's perspective. This trial has been designed with an approach to systematically and prospectively collect integrative data including detailed clinical, biochemical, and laboratory data, imaging, treatment, quality of life, patient adherence to medication, and health utilization. The intended follow-up of this cohort for 2 years will give us a unique opportunity to integrate this large variety of data in the context of real-life myeloma care. Considering the inclusion of patients who are transplant ineligible and eligible, but who are not receiving stem cell transplant (SCT) in the front-line setting, we aim to recruit a broad and well-characterized patient cohort to meet our study objectives.

This is the first, large, real-world, cohortbased study in China that reflects the situation of transitioning from a bortezomib-based tripledrug therapy to ixazomib based triple-drug therapy. The results of this study may provide evidence to support the benefits of transitioning from bortezomib-based induction therapy to ixazomib-based therapy in Chinese patients with NDMM in a real-world clinical setting. We believe that the study could provide treatment information to help make informed decisions in clinical practice to ensure clinical effectiveness while reducing the burden of the disease and toxicity, which will ultimately guide in achieving the goals of maximal benefit with long-term treatment in patients with MM.

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LIMITATIONS

This study may be limited by the nature of the design as an observational study, in comparison with randomized controlled trials, which can commonly provide stronger evidence on the efficacy of therapies.

CONCLUSION

The new study findings may provide comprehensive insights into patient and disease characteristics, outcomes, treatment patterns, patients' health-related quality of life, and safety of treatment transition from bortezomibto ixazomib-based treatment of Chinese patients with NDMM. These data will be of substantial importance to the MM community as well as to the patients who frequently relapse to standard treatments. We hope this will eventually reduce the economic and disease burden among the Chinese population who have this disease.

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Compliance with Ethics Guidelines. Approval will be obtained from all ethics committees before the study commences, and written informed consent will be obtained from all the patients before participation. This study will be conducted in accordance with the protocol, the current version of the Declaration of Helsinki, Good Pharmacoepidemiology Practices (GPP), ISPE GPP guideline and any local regulations. The study protocol itself was approved by the ethics review boards and committees of Beijing Chao-Yang Hospital, Tianjin Medical University General Hospital, The First Affiliated Hospital of Soochow University, the First Affiliated Hospital of Zhengzhou University, the Anhui oncology hospital, Beijing Jishuitan Hospital, the West China Hospital of Sichuan University, the Shengjing Hospital of China Medical University, Qingdao Municipal Hospital, Henan Provincial People's Hospital, the First Affiliated Hospital of Nanchang University, and the Affiliated Hospital of Inner Mongolia Medical University.

Data Availability. The datasets, including the redacted study protocol, redacted statistical analysis plan, and individual participants' data supporting the results reported in this article, will be made available within three months from initial request, to researchers who provide a methodologically sound proposal. The data will be provided after its de-identification, in compliance with applicable privacy laws, data protection and requirements for consent and anonymization.

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