

## Supplementary Material

### **An optimized method for $^{15}\text{N}$ $R_1$ relaxation rate measurements in non-deuterated proteins**

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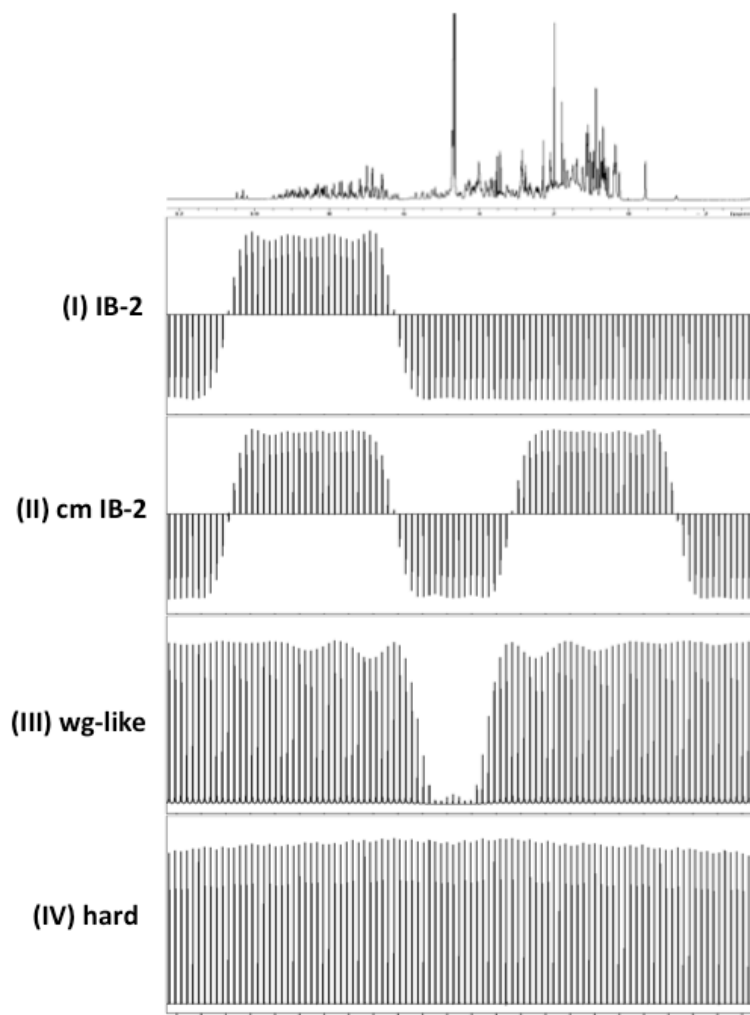
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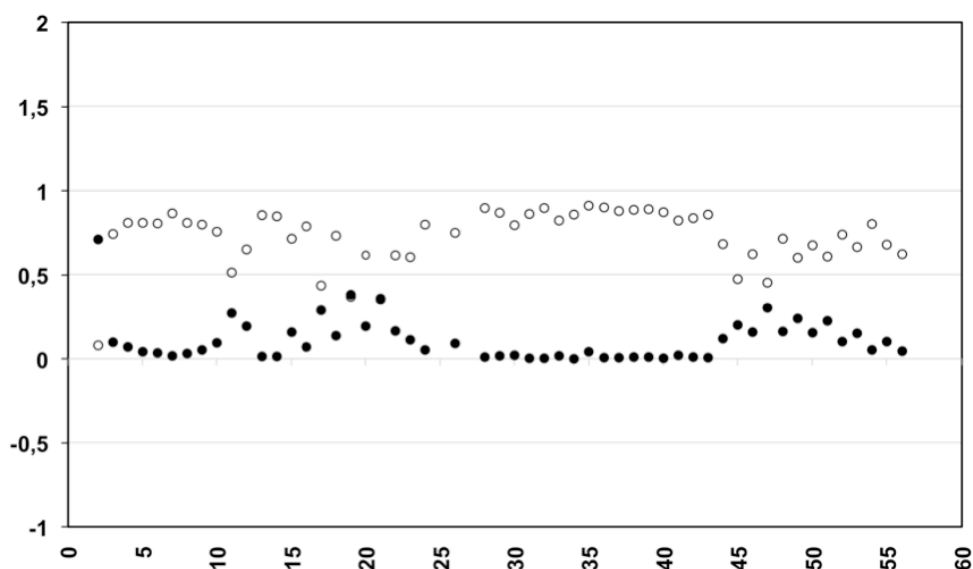
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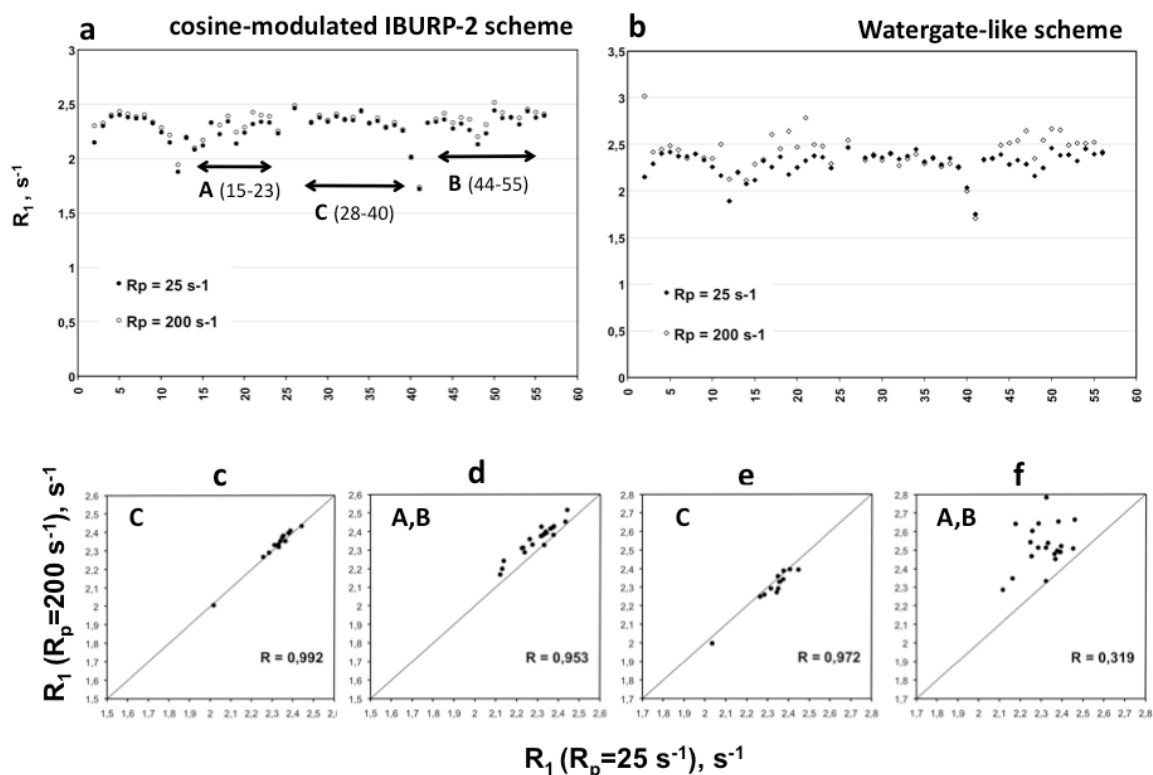
## Figures



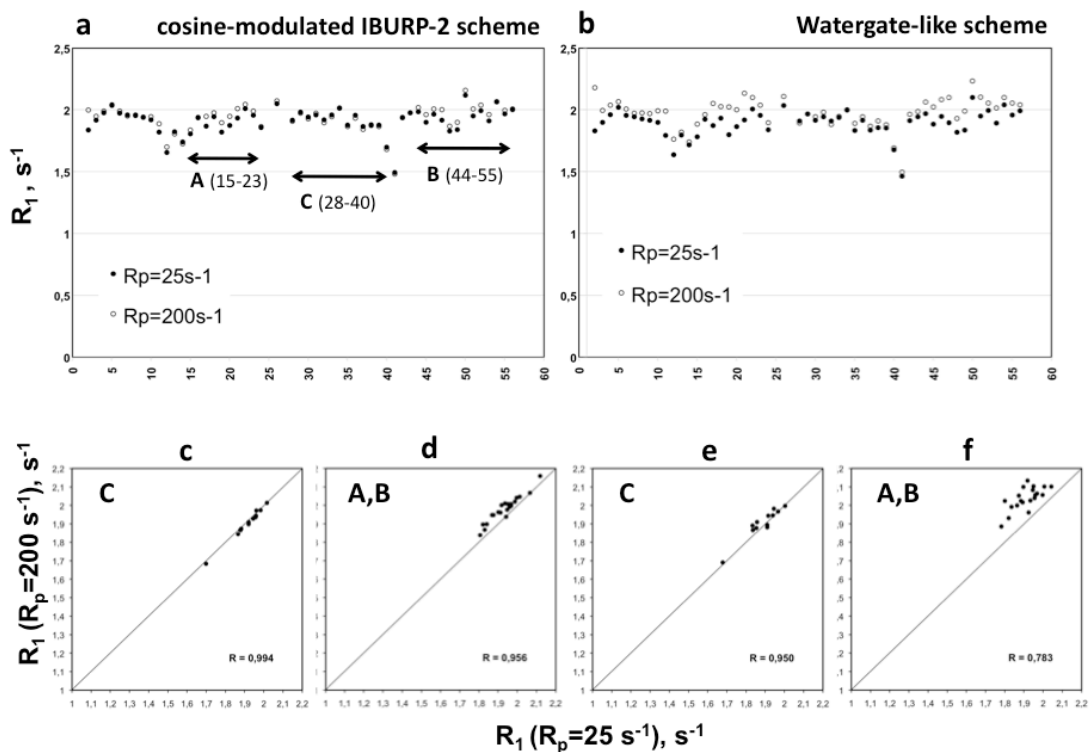
**Figure S1.**  $^1\text{H}$  spectrum of  $^{15}\text{N}$ -GB3 and experimental excitation profiles at 600 MHz for several types of proton inversion elements used to cancel CC during  $^{15}\text{N}$  relaxation period T: **(I) IB-2:** amide-selective IBURP-2 pulse (1.9 ms, offset 2400 Hz from water frequency); **(II) cm IB-2:** cosine-modulated IBURP-2 pulse (1.9 ms, offset  $\pm$  2400 Hz from water frequency); **(III) wg-like:** watergate-like pulses: water-selective  $90^\circ_{\text{-x}}$  pulse (1 ms, Square) – hard  $180^\circ_{\text{x}}$  pulse (21  $\mu\text{s}$ ) – water-selective  $90^\circ_{\text{-x}}$  pulse (1 ms, Square); **(IV) hard:** non-selective hard  $180^\circ$  pulse (21  $\mu\text{s}$ ). Excitation profiles for I, II and IV were measured with a pulse program consisting of the selective  $180^\circ$  pulse, followed by a pulsed field gradient and a final short readout pulse, while profile for III was obtained using a pulse program consisting of an initial  $90^\circ$  pulse, followed by a  $90^\circ_{\text{sel}}\text{-}180^\circ_{\text{hard}}\text{-}90^\circ_{\text{sel}}$  block inserted in a pulsed field gradient echo and a final short readout pulse. Each spectrum was acquired with a single scan and the offsets vary along 10000 Hz in 100 Hz-steps. A  $\text{CuSO}_4$ -doped water sample in  $\text{D}_2\text{O}$  was used.



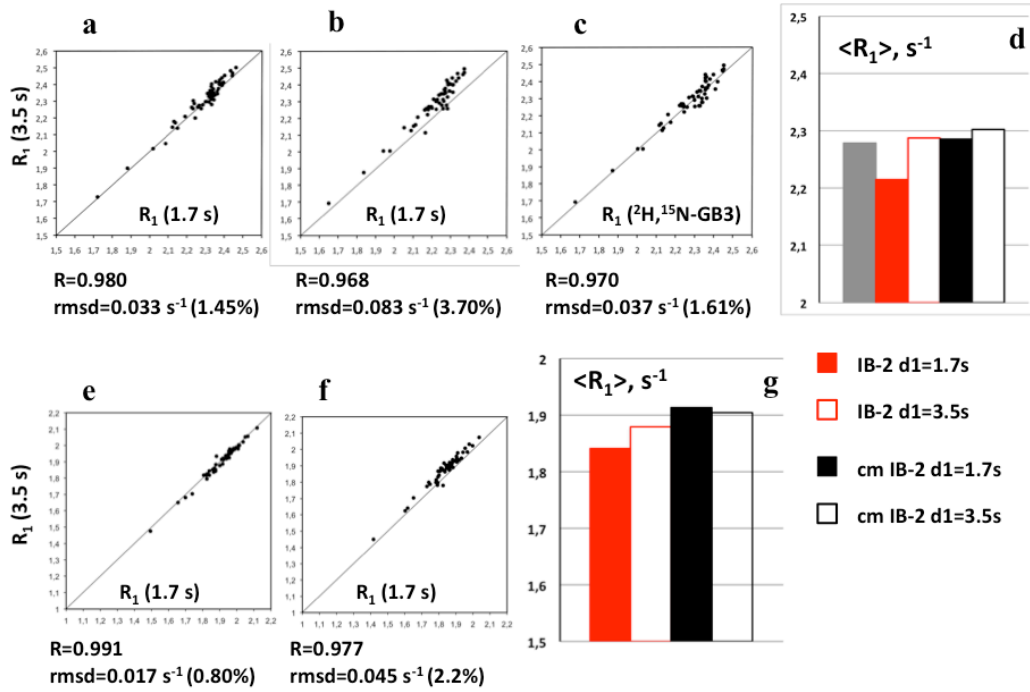
**Figure S2.** Fractional increase on  $^{15}\text{N}$   $R_1$  rates,  $[R_1(\text{IV}) - R_1(\text{II})]/R_1(\text{II})$ , at 800 MHz, along GB3 aa sequence, is represented with black spheres.  $R_1(\text{IV})$  were measured with hard  $180^\circ$  proton pulses to cancel CC during the  $^{15}\text{N}$  relaxation period T, while cosine-modulated IBURP-2  $180^\circ$  proton pulses were used on  $R_1(\text{II})$  measurements. In both cases  $R_p = 25 \text{ s}^{-1}$ . The degree of saturation  $I_{\text{sat}}/I_0$ , represented with open spheres, was obtained by comparing amide signal intensities resulting from two  $^1\text{H}$ - $^{15}\text{N}$  HSQC experiments, one acquired with water presaturation during relaxation delay ( $I_{\text{sat}}$ ) and one measured without presaturation ( $I_0$ ). Then, amide residues less affected by exchange saturation transfer from water protons are those showing  $I_{\text{sat}}/I_0$  close to 1, while this value significantly deviates from 1 when saturation transfer is important, the stronger the effect the lower the  $I_{\text{sat}}/I_0$  value. A clear correlation is observed between residues yielding lower  $I_{\text{sat}}/I_0$  ratios and those presenting significant  $R_1$  deviations.



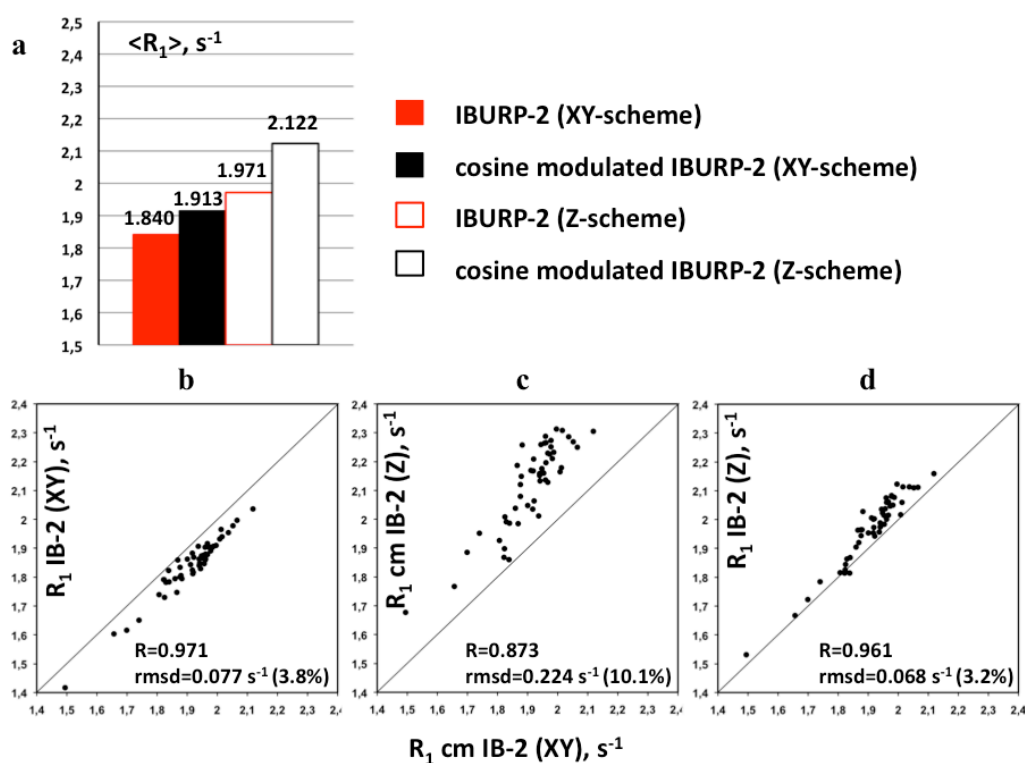
**Figure S3.** Effect of proton pulsing rate  $R_p$  to cancel CC during  $^{15}\text{N}$  relaxation delay  $T$ , on  $R_1$  relaxation rates measured for non-deuterated  $^{15}\text{N}$ -GB3 at 600 MHz. **a**,  $R_1$  values at slow ( $25\text{ s}^{-1}$ ) and fast ( $200\text{ s}^{-1}$ ) proton pulsing rates obtained with cosine-modulated IBURP-2 pulses (II); **b**,  $R_1$  values at slow ( $25\text{ s}^{-1}$ ) and fast ( $200\text{ s}^{-1}$ ) proton pulsing rates measured using Watergate-like pulses (III); **c-d**, correlation plots of  $R_1$  rates measured with cosine-modulated IBURP-2 pulses applied at  $R_p=25\text{ s}^{-1}$  and  $R_p=200\text{ s}^{-1}$  for several protein regions: C region (residues 28-40), A,B regions (residues 15-23 and residues 44-55); **e-f**, correlation plots of  $R_1$  rates measured with Watergate-like pulses applied at  $R_p=25\text{ s}^{-1}$  and  $R_p=200\text{ s}^{-1}$  for C region (residues 28-40) and for A,B regions (residues 15-23 and residues 44-55).



**Figure S4.** Effect of proton pulsing rate  $R_p$  to cancel CC during  $^{15}\text{N}$  relaxation delay  $T$ , on  $R_1$  relaxation rates measured for non-deuterated  $^{15}\text{N}$ -GB3 at 800 MHz. **a**,  $R_1$  values at slow ( $25 \text{ s}^{-1}$ ) and fast ( $200 \text{ s}^{-1}$ ) proton pulsing rates obtained with cosine-modulated IBURP-2 pulses (II); **b**,  $R_1$  values at slow ( $25 \text{ s}^{-1}$ ) and fast ( $200 \text{ s}^{-1}$ ) proton pulsing rates measured using watergate-like pulses (III); **c-d**, correlation plots of  $R_1$  rates measured with cosine-modulated IBURP-2 pulses applied at  $R_p = 25 \text{ s}^{-1}$  and  $R_p = 200 \text{ s}^{-1}$  for several protein regions: C region (residues 28-40), A,B regions (residues 15-23 and residues 44-55); **e-f**, correlation plots of  $R_1$  rates measured with watergate-like pulses applied at  $R_p = 25 \text{ s}^{-1}$  and  $R_p = 200 \text{ s}^{-1}$  for C region (residues 28-40) and for A,B regions (residues 15-23 and residues 44-55).



**Figure S5.** Effect of recycle delay (d1) on  $R_1$  relaxation rates measured for non-deuterated  $^{15}\text{N}$ -GB3 using cosine-modulated IBURP-2 or amide-selective IBURP-2 pulses ( $R_p=25 \text{ s}^{-1}$ ) at 600 MHz (**a-d**) and 800 MHz (**e-g**). **a**, correlation plots of  $R_1$  rates measured with cosine-modulated IBURP-2 pulses at 1.7 s and 3.5 s of recycle delay; **b**, correlation plots of  $R_1$  rates measured with amide-selective IBURP-2 pulses at 1.7 s and 3.5 s of recycle delay; **c**, correlation plots of  $R_1$  rates measured with deuterated GB3 (Lakomek and Bax 2012) and with non-deuterated GB3 using IBURP-2 pulses at a recycle delay of 3.5 s; **d**, average  $R_1$  relaxation rates at 600 MHz (the column in gray corresponds to the average  $R_1$  rate for deuterated GB3 protein, reported by Lakomek and Bax, 2012); **e**, correlation plots of  $R_1$  rates measured with cosine-modulated IBURP-2 pulses at 1.7 s and 3.5 s of recycle delay; **f**, correlation plots of  $R_1$  rates measured with amide-selective IBURP-2 pulses at 1.7 s and 3.5 s of recycle delay; **g**, average  $R_1$  relaxation rates at 800 MHz



**Figure S6.** **a**, Average  $^{15}\text{N}$   $R_1$  relaxation rates measured at 800 MHz for non-deuterated  $^{15}\text{N}$ -GB3 using XY- and Z-pulse schemes (see Fig. 4), and CC-suppressing schemes based on amide-selective IBURP-2 pulses or cosine-modulated IBURP-2 pulses ( $R_p=25 \text{ s}^{-1}$ ), applied during the variable  $^{15}\text{N}$  relaxation delay (T). **b**, correlation plot of  $R_1$  rates measured using the XY-pulse sequence with cosine modulated IBURP-2 pulses and IBURP-2 pulses; **c**, correlation plot of  $R_1$  rates measured using cosine-modulated IBURP-2 pulses to cancel CC, with the XY-sequence and the Z-sequence; **d**, correlation plot of  $R_1$  rates measured with the XY-pulse program using cosine-modulated IBURP-2 pulses and with the Z-pulse sequence using IBURP-2 pulses.

## Tables

<i>Comparison of <math>^{15}\text{N}</math> <math>R_1</math> rates measured at 600 MHz</i>						
	$R_p = 25 \text{ s}^{-1}$			$R_p = 200 \text{ s}^{-1}$		
	<i>average <math>R_1</math> (<math>\text{s}^{-1}</math>)</i>	<i>rmsd<sup>a</sup> (<math>\text{s}^{-1}</math> (%))</i>	<i>R<sup>b</sup></i>	<i>average <math>R_1</math> (<math>\text{s}^{-1}</math>)</i>	<i>rmsd<sup>a</sup> (<math>\text{s}^{-1}</math> (%))</i>	<i>R<sup>b</sup></i>
(I) IB-2	2.215	0.075 (3.15%)	0.986	2.255	0.071 (2.90%)	0.990
<b>(II) cm IB-2</b>	<b>2.286</b>	<b>0</b>	<b>1</b>	<b>2.323</b>	<b>0</b>	<b>1</b>
(III) wg-like	2.298	0.018 (0.74%)	0.995	2.411	0.166 (5.48%)	0.686
(IV) hard	2.523	0.428 (10.23%)	0.156	2.485	0.349 (8.32%)	0.398
<i>Comparison of <math>^{15}\text{N}</math> <math>R_1</math> rates measured at 800 MHz</i>						
	$R_p = 25 \text{ s}^{-1}$			$R_p = 200 \text{ s}^{-1}$		
	<i>average <math>R_1</math> (<math>\text{s}^{-1}</math>)</i>	<i>rmsd<sup>a</sup> (<math>\text{s}^{-1}</math> (%))</i>	<i>R<sup>b</sup></i>	<i>average <math>R_1</math> (<math>\text{s}^{-1}</math>)</i>	<i>rmsd<sup>a</sup> (<math>\text{s}^{-1}</math> (%))</i>	<i>R<sup>b</sup></i>
(I) IB-2	1.841	0.077 (3.76%)	0.971	1.874	0.067 (3.22%)	0.968
<b>(II) cm IB-2</b>	<b>1.913</b>	<b>0</b>	<b>1</b>	<b>1.935</b>	<b>0</b>	<b>1</b>
(III) wg-like	1.895	0.020 (0.97%)	0.996	1.977	0.052 (2.34%)	0.950
(IV) hard	2.116	0.266 (8.46%)	0.331	2.215	0.353 (8.58%)	0.480

**Table 1 SM** Comparison of  $^{15}\text{N}$   $R_1$  rates measurements in non-deuterated GB3, performed with different CC- suppressing conditions during the variable  $^{15}\text{N}$  relaxation period T. <sup>a</sup>Average pairwise root mean square deviations (rmsd) resulting from comparison of rates measured with schemes (I), (III) and (IV) relative to rates obtained with scheme (II). <sup>b</sup>Correlation coefficients (R) of  $R_1$  are calculated for schemes (I), (III) and (IV) relative to (II). Comparison is done independently for each proton pulsing rate  $R_p$  and for each magnetic field. Average rmsd values for identical  $R_1$  measurements performed to test experimental reproducibility were lower than  $0.030 \text{ s}^{-1}$  (1.2%).



<b>Effect of <math>R_p</math> on <math>R_1</math> rates at 600 MHz</b>								
<i>Regions</i>	<b>(II) <i>cm IB-2</i></b>				<b>(III) <i>wg-like</i></b>			
	<b>Average <math>R_1</math> (<math>s^{-1}</math>)</b>		<b><math>rmsd^a</math> <math>s^{-1}</math> (%)</b>	<b><math>R^b</math></b>	<b>Average <math>R_1</math> (<math>s^{-1}</math>)</b>		<b><math>rmsd</math> <math>s^{-1}</math> (%)</b>	<b><math>R</math></b>
	<b>25 <math>s^{-1}</math></b>	<b>200 <math>s^{-1}</math></b>			<b>25 <math>s^{-1}</math></b>	<b>200 <math>s^{-1}</math></b>		
All <sup>c</sup>	2.286	2.323	0.050 (2.0%)	0.970	2.298	2.411	0.203 (8.2%)	0.516
C <sup>d</sup>	2.318	2.329	0.017 (0.7%)	0.992	2.328	2.301	0.035 (1.4%)	0.972
A+B <sup>e</sup>	2.296	2.355	0.065 (2.7%)	0.953	2.313	2.521	0.239 (9.7%)	0.319
<b>Effect of <math>R_p</math> on <math>R_1</math> rates at 800 MHz</b>								
<i>Regions</i>	<b>(II) <i>cm IB-2</i></b>				<b>(III) <i>wg-like</i></b>			
	<b>Average <math>R_1</math> (<math>s^{-1}</math>)</b>		<b><math>rmsd^a</math> <math>s^{-1}</math> (%)</b>	<b><math>R^b</math></b>	<b>Average <math>R_1</math> (<math>s^{-1}</math>)</b>		<b><math>rmsd</math> <math>s^{-1}</math> (%)</b>	<b><math>R</math></b>
	<b>25 <math>s^{-1}</math></b>	<b>200 <math>s^{-1}</math></b>			<b>25 <math>s^{-1}</math></b>	<b>200 <math>s^{-1}</math></b>		
All <sup>c</sup>	1.913	1.935	0.042 (2.0%)	0.943	1.895	1.977	0.108 (5.1%)	0.821
C <sup>d</sup>	1.912	1.901	0.014 (0.7%)	0.994	1.890	1.907	0.030 (1.5%)	0.950
A+B <sup>e</sup>	1.931	1.977	0.052 (2.4%)	0.956	1.918	2.043	0.134 (6.4%)	0.783

**Table 2 SM** Effect of proton pulsing rate ( $R_p$ ) to cancel CC during the variable  $^{15}\text{N}$  relaxation delay T on  $^{15}\text{N}$   $R_1$  rates measured in non-deuterated GB3. <sup>a</sup>Average pairwise root mean square differences resulting from comparison of  $R_1$  rates at  $R_p=25\text{ s}^{-1}$  and  $R_p=200\text{ s}^{-1}$ ; <sup>b</sup>Correlation coefficients of  $R_1$  values calculated at  $R_p=25\text{ s}^{-1}$  and  $R_p=200\text{ s}^{-1}$ ; <sup>c</sup> $R_1$  average values, rmsd and R are calculated considering all residues of GB3 amino acid sequence; <sup>d</sup> only residues 28-40 (C region) are considered; <sup>e</sup> only residues 15-23 (A region) and residues 44-55 (B region) are considered (see Fig. S3 and S4)

	point (i) (before T)		CC scheme	T period	point (ii) (after T)		Point (iii) $\Delta = 1.7$ s	
	H <sup>R</sup>	H <sup>N</sup>			H <sup>R</sup>	H <sup>N</sup>	H <sup>R</sup>	H <sup>N</sup>
<i>XY-pulse program</i>	0%	0%	IB-2	80 ms	9%	0%	89%	90%
				800 ms	57%	11%	92%	94%
			cos mod	80 ms	0%	3%	88%	85%
			IB-2	800 ms	0%	3%	88%	85%
<i>Z-pulse program</i>	76%	0%	IB-2	80 ms	80%	5%	94%	93%
				800 ms	76%	1%	93%	90%
			cos mod	80 ms	52%	10%	93%	91%
			IB-2	800 ms	3%	0%	88%	87%

**Table 3 SM** Evaluation of the amount of aliphatic protons (H<sup>R</sup>) and amide protons (H<sup>N</sup>) magnetization present at points (i), (ii) and (iii) of the XY- and Z-pulse programs shown in Fig. 4 of the manuscript. <sup>1</sup>H spectra of GB3 were measured at 800 MHz just before the <sup>15</sup>N relaxation period T (point i), immediately after the application of a train of amide-selective IBURP-2 pulses or cosine-modulated IBURP-2 pulses (with 40 ms inter-pulse spacing) for relaxation periods T of 80 ms and 800 ms (point ii), and also after a delay  $\Delta=1.7$ s to evaluate magnetization present at the start of the sequence (point iii). The aliphatic region between 2.25 ppm and 0.25 ppm and the amide region between 9.55 ppm and 7.25 ppm are integrated in each spectrum respect to the amount of the equilibrium H<sup>R</sup> or H<sup>N</sup> polarization, respectively, measured at point (iii) for  $\Delta=3.5$  s in the corresponding sequence.