

Optical Coherence Tomography Morphological Features Following Modified Internal Limiting Membrane Surgical Technique In Traumatic Macular Holes

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Objective: To describe the optical coherence tomography (OCT) findings in terms of macular hole closure and ellipsoid zone (EZ) recovery following modified internal limiting membrane (ILM) surgical technique in traumatic macular holes (TMH).

Methods: The study was a retrospective case series that recruited 16 consecutive patients with TMH. Following vitrectomy (PPV), we performed modified ILM surgical technique (IFT) in which ILM peel was stopped at the edges of the hole forming a floating ILM flap. Primary outcome measures were pattern of TMH closure and recovery of EZ. Student's *T*-test and Pearson's correlation coefficient were used for statistical analysis.

Results: The study had 16 eyes of 16 patients. Mean baseline minimum linear diameter (MLD) was 562 μ . Mean baseline best-corrected visual acuity (BCVA) was 1.4 logMAR. U-pattern closure occurred in 50% of eyes, V-pattern closure occurred in 31.2% of eyes, whereas W-pattern closure occurred in 18.7% of eyes. Mean BCVA improvement was 5 lines (p 0.02). Failure of recovery of EZ was detected in 75% of eyes. In the present series, neither pre-operative MLD nor time lapse prior to surgery were significant factors in determining the closure pattern of TMH, the grade of EZ recovery or final BCVA.

Conclusion: Modified IFT is effective in promoting macular hole closure and improving visual acuity in patients with TMH. The technique does not promote recovery of EZ.

Keywords: modified ILM surgical technique, traumatic FTMH, ILM peel adjuvants, ILM blue-assisted ILM peel, ellipsoid zone recovery

Introduction

Traumatic macular holes (TMH) constitute 9% of all macular holes.¹ The pathogenetic mechanisms underlying development of TMH inflict multiple challenges for favorable anatomical and functional outcomes despite advances in modern macular hole surgery. Different types of ocular trauma converge on a common track that ends in tissue loss in the macular area. TMH could develop immediately due to direct rupture following penetrating ocular trauma, sudden anteroposterior compression of the globe in a blunt trauma; the so-called trampoline effect, or indirectly through a shock wave of Nd:YAG laser or chorioretinitis sclopetaria. Delayed TMH formation could develop subsequent to tissue degeneration following commotio-retina.²⁻⁶ The visual outcome of surgery is even aggravated by several co-morbidities inherent to the inciting trauma, including frequent large hole size, associated

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atrophy of the retinal pigment epithelium (RPE), sub-retinal hemorrhage or choroidal rupture.⁷ A reasonable surgical approach for TMH would be a technique that combines stimulus for glial cell proliferation to close the full-thickness defect while avoiding inflicting further damage to the RPE at the base of the hole that is already compromised by trauma.⁸ Recently, Casini et al,⁹ described a modified inverted internal limiting membrane (ILM) flap technique for large idiopathic macular holes that evaded any manipulation of the ILM as massaging the flap to cover the hole or tucking it inside the hole. The technique consisted of peeling off the ILM from the entire circumference of the hole without removing it entirely from the retinal surface, rather it was left attached at the hole edges. This technique had several advantages. Firstly, it eliminated the ILM template on which glial cells would proliferate and perpetuate hole opening through tangential traction, while the attached edges of the ILM provided a stimulus that re-directed the glial cell proliferation into bridging the full-thickness defect. Secondly, it defrayed any manipulation that might inflict further damage to the RPE at the base of the hole. The aim of the present study is to explore the outcome of the modified inverted ILM flap technique in TMH in terms of closure pattern and EZ recovery.

Patients And Methods

The study constituted a retrospective data analysis of all patients with TMH who were treated in a retina tertiary care center; Magrabi Eye Hospital (Tanta branch), Egypt, during the past 3 years. All recruited patients did not have prior surgical intervention. Baseline assessment included age, sex, laterality, nature of blunt ocular trauma and time lapse between sustaining trauma and first presentation. Baseline BCVA was recorded in decimal notation and converted to logMAR value for statistical analysis. Clinical examination included slit-lamp biomicroscopy and peripheral retinal examination using indirect ophthalmoscopy with 360° – scleral indentation. On OCT examination, recruited patients had to have full-thickness macular hole (FTMH) that involved the entire neurosensory retina. The minimum linear diameter (MLD) of the hole was measured at baseline.¹⁰ OCT scan was performed using one of two spectral-domain OCT (SD-OCT) versions, Cirrus HD-OCT 4000 (Carl Zeiss Meditech, Inc. Dublin, California, USA), or Heidelberg Spectralis (Heidelberg Engineering, Inc., Heidelberg, Germany), so that same OCT machine was used for pre-operative and

post-operative evaluation for any given patient. The selected scanning protocols were 5-line raster and 3-dimensional 512 × 128 cube centered onto the fovea. Eligible patients had to have 1 month observation period after trauma to allow for spontaneous hole closure. After the observation period, patients underwent surgery if OCT examination revealed persistent open hole, or increased MLD of the hole compared to baseline measurement. Any patient with a history of previous macular hole surgery or signs of other complications attributed to the initial inciting trauma and that could have altered OCT morphological features as retinal detachment, choroidal rupture bisecting the fovea, or could have a negative impact on final BCVA as associated optic nerve pathology was excluded from the study. Similarly, the study excluded patients who did not complete at least 4-month follow-up period. Surgical intervention for all patients included standard pars plana vitrectomy (PPV) along with modified ILM flap surgical technique. Patients with concomitant cataract that was deemed dense enough to preclude adequate ILM surgery had phacoemulsification and foldable intra-ocular lens (IOL) implantation within the capsular bag before proceeding to vitreous surgery. Primary outcome measures were detection of pattern of TMH closure whether U, V or W,¹¹ and grade of EZ recovery. Secondary outcome measure was exploring whether pre-operative MLD and time interval between onset of trauma and surgery influenced the pattern of hole closure and BCVA achieved after surgery. The institutional review board of Magrabi Eye hospital approved this study. The review board required that patients undertaking diagnostic tests or surgical procedures received thorough explanation about their disease condition, the nature of diagnostic tests performed and the outcome of surgical intervention, and provided their consent as first person or via a legal custodian including incognito procession of their data for research purposes as per the hospital's data protection policy. All participants provided the required written informed consent. The study acted in accordance with the tenets of the Declaration of Helsinki (2013 revision). All surgical procedures described herein were undertaken by an experienced retina surgeon (HG).

Surgical Technique

The surgical technique used in the present study was described in detail in a previous publication.¹² Briefly the technique consisted of standard 3-port 23-gauge PPV and posterior hyaloid dissection (PHD), followed by modified

ILM flap technique (IFT). We routinely used intravitreal triamcinolone acetonide (IVTA) for identification of the posterior hyaloid followed by induction of posterior vitreous detachment (PVD) by applying active aspiration using the vitreous cutter over the ONH. An aspiration pressure of approximately 300 mmHg usually was sufficient to induce PVD. Dissection of the posterior hyaloid was then continued as far as the equator. By default, we used IVTA for identification of the ILM. In cases of difficult visualization, we resorted to ILM-blue stain (D.O.R.C. Dutch Ophthalmic Research Center (International) B.V., The Netherlands) under air for 2 mins. We used the direct pinching technique using 23-gauge Eckardt's end-gripping forceps (D.O.R.C. Dutch Ophthalmic Research Center (International) B.V., The Netherlands), and then continued the ILM maculorrhexis for an area of at least 2 disc diameters (DD) around the hole. ILM was not completely lifted off the retinal surface, rather peeling was stopped at the edges of the hole creating a free-floating flap that was left attached all around the edges of the hole. No further manipulation of the flap was attempted. That was followed by fluid-air exchange and finally air/hexafluoroethane (C2F6) exchange in a nonexpansile concentration (14%). ([Supplemental digital content, video 1](#) demonstrates the modified IFT using ILM-Blue stain). After surgery, we asked the patient to

maintain face-down position whenever possible for 1 week or until half of the gas bubble was absorbed.

Post-Operative Follow-Up

Follow-up scheme during the post-operative period included 1st post-operative day, 1 week, 1 month, then 3-monthly visits thereafter. We categorized patients into subgroups according to the pattern of hole closure and grade of recovery of EZ and outer retinal layers including the external limiting membrane (ELM) and the inner segment/outer segment (IS/OS) photoreceptors junction layers. BCVA was assessed in each visit and post-operative complications secondary to surgical intervention were recorded for later correlation between these parameters.

Pattern Of Hole Closure

Group 1, U-pattern closure (closed hole with normal foveal contour). Group 2, V-pattern closure (closed hole with steep foveal contour). Group 3, W-pattern closure (edges of macular hole were flattened against the RPE, though with persistent full-thickness defect in the neurosensory retina).¹¹

Grade Of EZ, ELM And IS/OS Layers Recovery

Group 1, grade 1, fully recovered EZ with uninterrupted ELM and IS/OS layers. Group 2, grade 2, disrupted EZ with interrupted ELM or IS/OS layers or both. Group 3, grade 3, included patients who had W-pattern closure.

Table 1 Baseline Patients' Data

SN	A	G	L	Pre-BCVA (Decimal)	Pre-MLD (μ)	MH Stage	DUS (Mo.)	FUP (Mo.)	Post-operative Foveal Microstructure	Closure Type	Post-BCVA (Decimal)	Complications
1	15	M	OS	0.05	542	IV	1.5	6	Unrestored	U	0.2	Cataract
2	24	M	OD	0.01	502	IV	6	12	Unrestored	V	0.2	-
3	7	M	OS	0.01	473	IV	1.5	10	Unrestored	U	0.05	Cataract
4	20	M	OS	0.1	413	IV	1	5	Unrestored	U	0.63	-
5	16	M	OS	0.05	808	IV	12	6	Unrestored	U	0.25	-
6	11	M	OD	0.125	590	IV	8	9	Unrestored	V	0.125	-
7	30	M	OD	0.01	667	IV	12	10	-	W	0.125	Cataract
8	16	M	OS	0.25	225	II	2	9	Fully Restored	U	0.25	-
9	28	M	OS	0.25	467	IV	1.5	7	-	W	0.2	-
10	24	M	OS	0.01	509	IV	4	8	Unrestored	V	0.2	-
11	14	M	OD	0.05	725	IV	1.5	5	Unrestored	V	0.4	-
12	13	M	OS	0.05	433	IV	12	7	Unrestored	U	0.25	-
13	11	M	OS	0.03	725	IV	2.5	4.5	-	W	0.01	Cataract
14	16	M	OS	0.01	250	II	2	4	Unrestored	U	0.05	-
15	15	M	OS	0.1	833	IV	1	7	Unrestored	V	0.25	-
16	10	M	OD	0.05	825	IV	12	4	Unrestored	U	0.125	-

Abbreviations: A, Age; DUS mo., Duration prior to surgery in months; FUP mo., Follow-up in months; G, Gender; L, Laterality; μ , micron; OD, Oculus dexter; OS, Oculus sinister; Post-BCVA, Post-operative best-corrected visual acuity; Pre-BCVA, Pre-operative best-corrected visual acuity; Pre-MLD, Pre-operative minimum linear diameter; SN, serial number.

Statistical Methodology

Bartlett's test for homogeneity of variances revealed that the assumption of equal variances in the data submitted for analysis was true. Statistical analysis was performed for all determinations including calculation of the mean, standard deviation (SD), standard error (SE) and t-value at level $p < 0.05$. The Student's *T*-Test compared means for two groups of variables, whereas Pearson's correlation coefficient checked the correlation between the variables tested. The value "r" was checked on "r" table to find out statistical significance.

Results

Demographic Data

We examined 16 eyes of 16 consecutive patients with TMH. All patients were males. At the time of

Table 2 Baseline Patients' Characteristics

Baseline Characteristic	N = 16
Age (years)	
Mean	17
<10	1 (6%)
10–20	11 (69%)
>20	4 (25%)
Gender	
Male	16 (100%)
BCVA (logMAR)	
Mean	1.4
>1	11 (69%)
1–0.7	3 (18.7%)
<0.7	2 (12.5%)
MLD (μ)	
Mean	562
<400	2 (12.5%)
400–600	8 (50%)
601–800	3 (18.7%)
>800	3 (18.7%)
Disease duration (months)	
Mean	5
1–3	9 (56%)
>3–6	2 (12.5%)
>6–12	5 (31%)
Follow-up (months)	
Mean	7
4–6	7 (44%)
>6–12	9 (56%)

Abbreviations: BCVA, best-corrected visual acuity; logMAR, logarithm of the minimum angle of resolution; μ , micron; MLD, minimum linear diameter; N, number.

enrollment in the study, average patient age was 17 years (range 7–30; SE 1.6), average MLD was 562 μ (range 225–833; SE 47.5), mean BCVA was 1.4 logMAR (range 2–0.6; SE 0.1). Mean time interval between trauma and surgery was 5 months (range 1–12; SE 1.1). At the conclusion of the study, all participants completed the required minimum follow-up period, mean follow-up duration was 7 months (range 4–12; SE 0.6). Baseline patients' data and characteristics are summarized in [Tables 1 and 2](#).

Surgical Outcome

Closure Pattern Of TMH And EZ Recovery

In terms of pattern of hole closure, group 1 (U-pattern) included 8 eyes (50%). Group 2 (V-pattern) included 5 eyes (31.2%). Group 3 (W-pattern) included 3 eyes (18.7%). [Figures 1–4](#). In terms of EZ recovery, group 1 (fully recovered EZ) included 1 eye (6%). Group 2 (disrupted EZ) included 12 eyes (75%).

Visual Acuity

Twelve patients (75%) had improved BCVA, 2 patients (12.5%) remained stable and 2 patients (12.5%) experienced vision deterioration. Only one patient achieved final BCVA ≤ 0.3 logMAR. Mean BCVA was 0.8 logMAR (range 2–0.2; SE 0.1). Mean improvement was 5 lines ($p < 0.02$).

Complications

Four eyes (25%) developed cataract that eventually required phacoemulsification. [Table 3](#) summarizes the surgical outcome.

Correlation Between Baseline MLD And Duration Of TMH Versus Pattern Of Closure And Recovery Of EZ

Neither baseline MLD nor duration of TMH were significant factors in determining pattern of hole closure or grade of EZ recovery.

Correlation Between Baseline MLD, Duration Of TMH Versus Final BCVA

Neither baseline MLD nor duration of TMH were significant parameters in determining final BCVA.

Discussion

In this series, we employed the modified IFT technique in the treatment of TMH. We detected U-, V- and

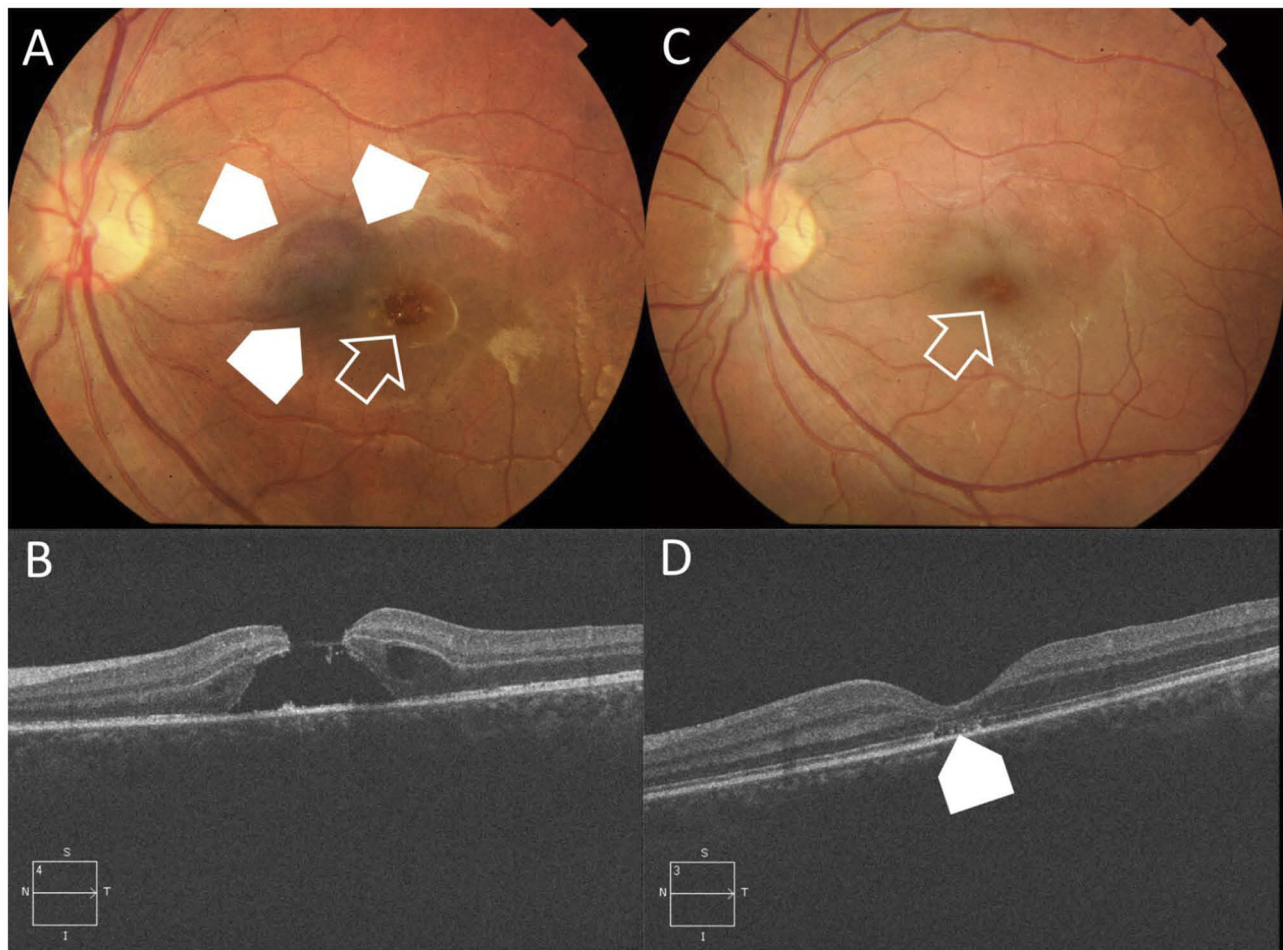


Figure 1 Case # 1. (A) Color photo of the left eye of a 15-year-old male patient. The patient sustained blunt trauma to the left eye by a belt buckle approximately 45 days earlier. His BCVA was 0.05 decimal. The posterior pole showed a FTMH $< 1/3$ DD (white arrow). The hole was surrounded by sub-macular hemorrhage (white arrow-heads). (B) High-definition 5-line raster OCT image of the same eye showed FTMH with MLD 542 μ . Note the cystic thickening at the edges of the hole. (C) Color photo of the same eye 6 months after PPV and modified IFT, showed successful hole closure (white arrow). Note resolution of previously noted sub-macular hemorrhage. His final BCVA was 0.2 decimal. (D) High-definition 5-line raster OCT image post-operatively showed U-type closure. The ELM and IS/OS were not restored (white arrow-head).

W-patterns of closure in 50%, 31.2% and 18.7% of eyes, respectively. In terms of improved BCVA, though the majority of our patients (93.7%) did not achieve BCVA ≤ 0.4 logMAR (decimal equivalent ≥ 0.4), the overall mean visual gain was 5 lines compared to baseline. The fore-mentioned limited BCVA score could be attributed to failure of recovery of EZ and W-type closures that collectively occurred in 15 out of 16 patients (93.7%), or to concomitant involvement of the macula by diffuse RPE changes secondary to trauma. In comparison, García-Arumí et al,¹³ achieved macular hole closure in 92.8% of 14 eyes with TMH. BCVA improved by ≥ 4 lines. In addition to PPV and PHD, the authors used platelet concentrate as adjuvant to promote hole closure. No OCT assessment was included

in their study. Kuhn et al,¹⁴ achieved hole closure in all 17 eyes with TMH included in their series following PPV and ILM peel. BCVA improved ≥ 2 lines in 94% of eyes. In comparison with the present series in which the mean baseline MLD was 562 μ , Kuhn et al¹⁴, operated exclusively on stage 2 or 3 TMH. Moreover, Kuhn et al¹⁴, defined macular hole closure as disappearance of sub-retinal fluid and flattening of the hole edges. In the absence of OCT assessment of macular hole closure type, the authors might have included W-type closure in their successful cases. In addition, the absence of assessment of foveal microstructure restoration is an important factor to consider given that their mean final BCVA did not exceed 20/80, and whether that visual outcome could be attributed solely to trauma-related

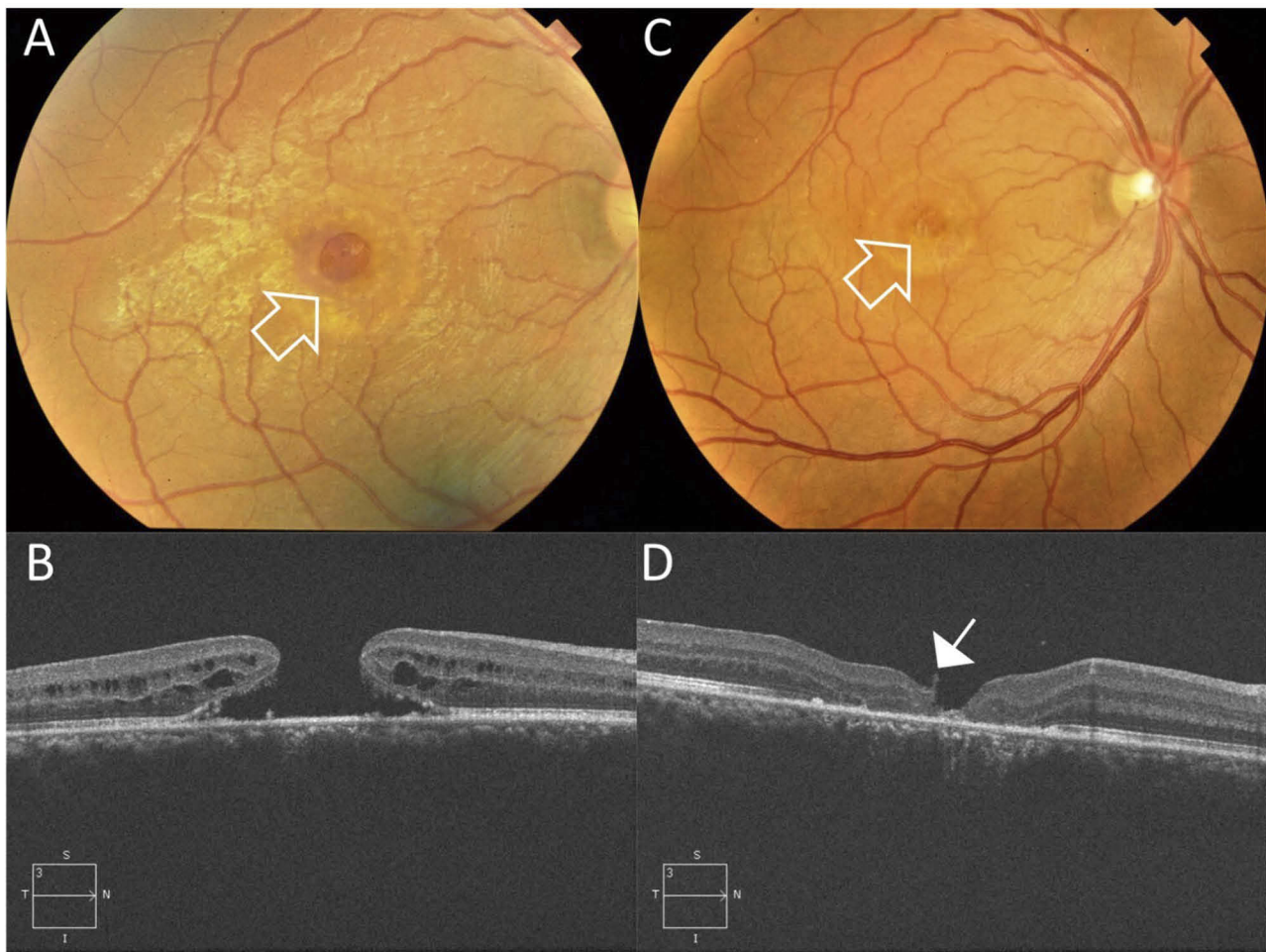


Figure 2 Case # 7. (A) Color photo of the right eye of a 30-year-old male patient. The patient sustained blunt trauma to the right eye by a donkey's kick since 12 months. His BCVA was 0.01 decimal. The posterior pole showed a large FTMH 1/3 - 1/2 DD (white arrow). (B) High-definition 5-line raster OCT image of the same eye showed FTMH with MLD 667 μ . Note the cystic thickening at the edges of the hole. (C) Color photo of the same eye 10 months after PPV and modified IFT, showed successful hole closure (white arrow). His final BCVA was 0.125 decimal. (D) High-definition 5-line raster OCT image post-operatively showed W-type closure. Note the edge of the ILM flap (white arrow).

foveal damage and not to failed foveal microstructure restoration. Johnson et al², studied retrospectively 25 eyes with TMH. The authors achieved an overall closure rate of 96%. Mean visual gain in 84% of their cases was ≥ 2 lines. The majority of eyes (84%) included in that series had stage 2 or 3 holes. The authors did not have standard surgical approach in all cases, with only 3 eyes having ILM peel and almost half of the cases had application of autologous serum as an adjuvant to enhance closure of the hole. The study did not include OCT evaluation. Accordingly, there were no means to assess the type of hole closure in their successful cases and the reason why their mean final BCVA did not exceed 20/80. Ou et al⁵, reported closure rate of 75% in 4 infants operated for TMH. The cause of trauma was shaken baby syndrome (SBS) in all cases with

associated vitreous and retinal hemorrhages. The mean macular hole diameter was 700 μ . Weichel and Colyer³, performed PPV, PHD without ILM peel on 12 eyes with TMH secondary to combat ocular trauma. The authors achieved closure rate of 67%. OCT assessment was not included in their study, accordingly, they did not provide information neither on baseline hole diameter nor on post-operative foveal microstructure status. Ghoraba et al¹⁵, studied retrospectively 22 eyes with TMH. The authors performed PPV and ILM peel for all cases while using 2 different tamponades (perfluoropropane gas; C3F8 vs silicone oil) to compare the anatomic and visual outcome between both types in 2 subgroups (13 and 9 eyes, respectively). The authors had initial overall closure rate of 81.8% and 90.9% after second operation. Visual gain was significantly better in the

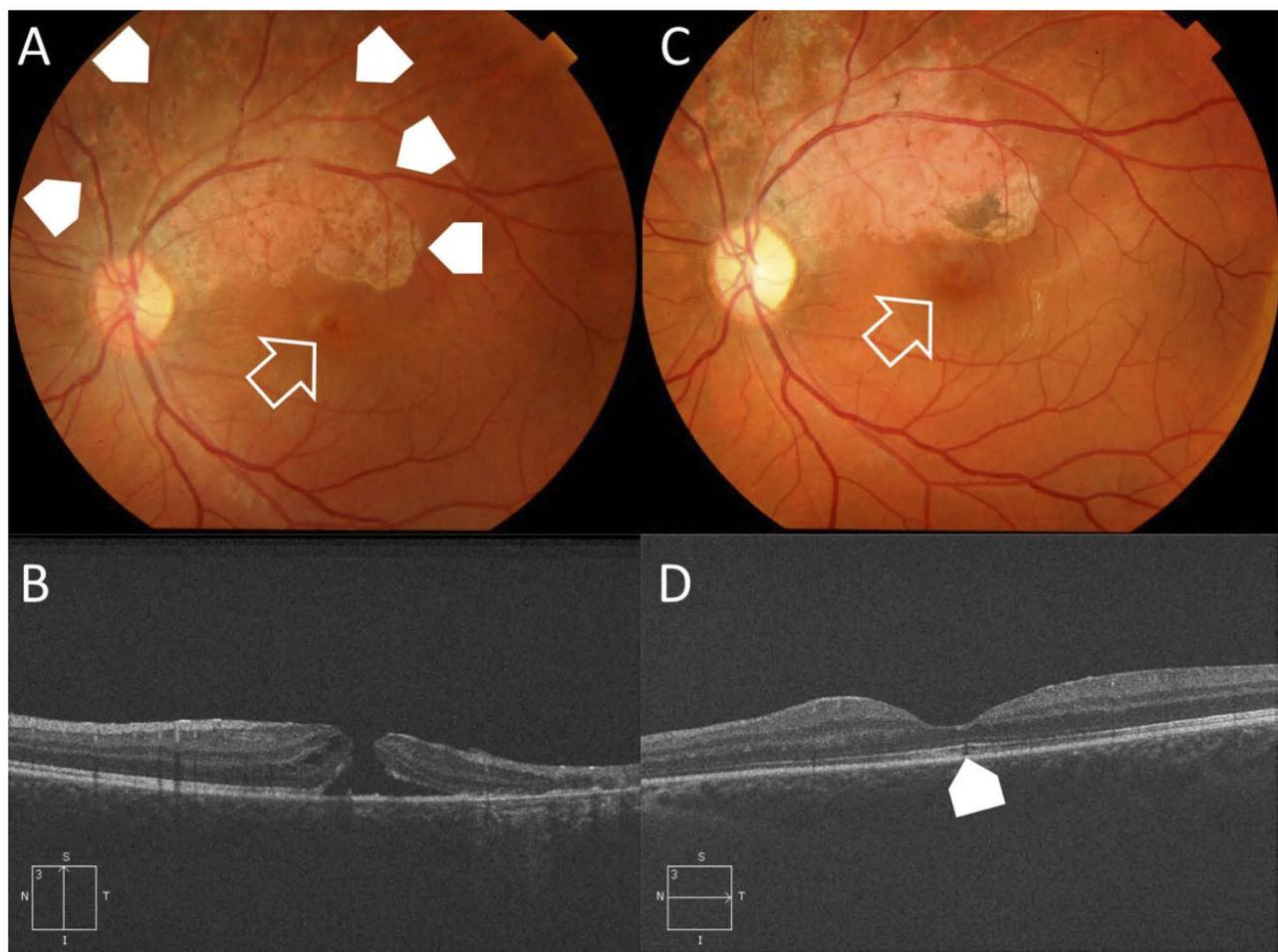


Figure 3 Case # 8. (A) Color photo of the left eye of a 16-year-old male patient. The patient sustained blunt trauma to the left eye by a stick approximately 2 months earlier. His BCVA was 0.25 decimal. The posterior pole showed a small FTMH (white arrow). Note, the area of diffuse RPE mottling in the superior vicinity of the hole denoting the chronic course (white arrow-heads). (B) High-definition 5-line raster OCT image of the same eye showed FTMH with MLD 225 μ m. Note the cystic thickening at the edges of the hole. (C) Color photo of the same eye 9 months after PPV and modified IFT, showed successful hole closure (white arrow). His final BCVA was unchanged. (D) High-definition 5-line raster OCT image post-operatively showed U-type closure. The ELM and IS/OS showed sub-foveal dehiscence (white arrow-head).

C3F8 group compared to the silicone oil group (4 lines and 3 lines, respectively). Similarly, closure rates were significantly higher in the C3F8 group. Though OCT examination was included in their study, there was no mention on the baseline hole diameter or the correlation between the reported visual outcome and the foveal microstructure Table 4. In the present study, we adopted Casini modification⁹ of the classic inverted ILM flap technique described by Michalewska.¹⁶ To our knowledge, this is the first report on the outcome of modified IFT in TMH. Our results demonstrated that modified IFT was effective in promoting macular hole closure and in promoting significant improvement of mean final BCVA. Failure of restoration of EZ remained a major pathological feature that was not rectified by

modified IFT. Whether, the trauma sustained by the macula is a significant contributing factor to failed restoration of EZ is yet to be elucidated by histopathological studies. In our hands, we found that modified IFT was easier to execute and less traumatic as it avoided any manipulation that might inflict further trauma to the macular area during ILM massage at the margins of the hole or to the RPE at the base of the hole while attempting to fold the ILM flap inside it as described by Michalewska.¹⁶ We did not attempt to perform directional fluid-air exchange as described by Casini to allow the air to press on one side of the residual ILM flap to cover the hole.⁹ We consider this maneuver unnecessary as the ILM flap in our cases crumbled on itself and inside the hole on its own during

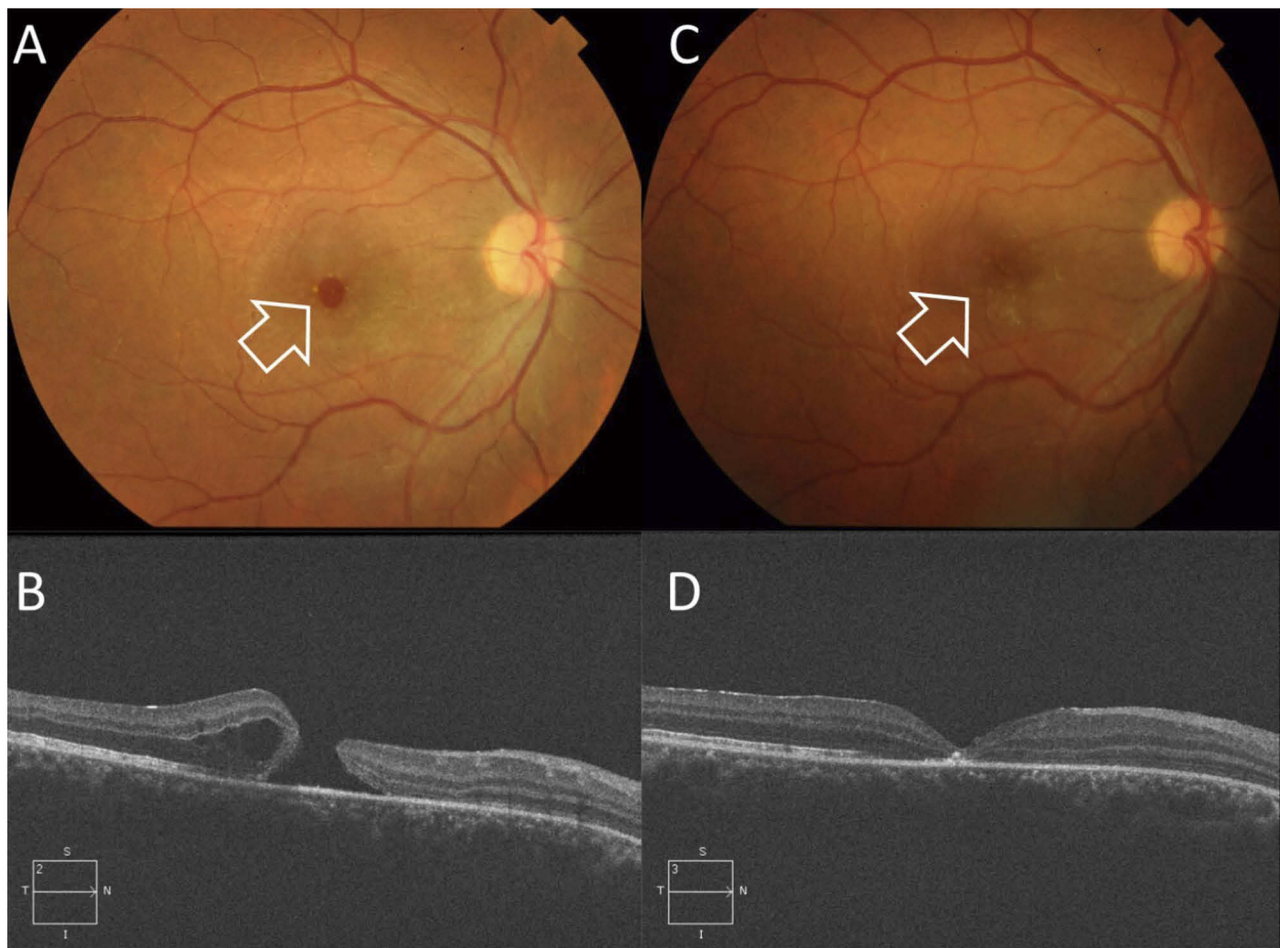


Figure 4 Case # 10. **(A)** Color photo of the left eye of a 24-year-old male patient. The patient sustained blunt trauma to the left eye by an air hose since 4 months. His BCVA was 0.01 decimal. The posterior pole showed a FTMH < 1/3 DD (white arrow). **(B)** High-definition 5-line raster OCT image of the same eye showed FTMH with MLD 509 μ . Note the cystic thickening at the edges of the hole. **(C)** Color photo of the same eye 8 months after PPV and modified IFT, showed successful hole closure (white arrow). His final BCVA was 0.2 decimal. **(D)** High-definition 5-line raster OCT image post-operatively showed V-type closure.

the post-operative period in most of the cases. Similar finding was reported by Yamashiro et al,¹⁷ who found that remnants of the ILM might get adsorbed into the depth of the hole after surgery while the RPE pumps out fluid from the cuff of neurosensory detachment around the hole edges. The present study corroborates the hypotheses from other studies that shearing of the foot plates of the Müller cells during ILM peel and incomplete lifting of the ILM flap that remained anchored to the hole edges would provide an adequate stimulus to initiate the healing process.^{8,9,17–19} Attempts to manipulate the flap as folding it over the hole or tucking inside the hole are unnecessary and might induce further trauma to the RPE.^{9,19} In a previously published comparative study, we reported our findings on the outcomes of comparing the modified IFT and conventional ILM peel in TMH. We found that modified IFT yielded

Table 3 Post-Operative Anatomical And Functional Outcome

Post-Operative Outcome	N = 16
Closure type	
U-type	8 (50%)
V-type	5 (31.2%)
W-type	3 (18.7%)
Foveal microstructure	
Fully restored	1 (6%)
Not restored	12 (75%)
Flat hole (Persistent NS defect)	3 (18.7%)
BCVA (logMAR)	
Mean	0.8
>1	3 (18.7%)
1–0.4	12 (75%)
<0.4	1 (6%)
Cataract formation	4 (25%)

Abbreviations: BCVA, best-corrected visual acuity; logMAR, logarithm of the minimum angle of resolution; N, number.

Table 4 Review Of Studies On PPV With And Without ILM Peel For Traumatic Macular Hole

Author	No. Of Eyes	Surgical Technique	Anatomical Closure (%)	Functional Outcome (Mean Final BCVA)
García-Arumí et al, 1997 [13]	14	PPV – platelet concentrate SF6	92.8	≥4 lines
Kuhn et al, 2001 [14]	17	PPV – ILM peel SF6	100	6 lines
Johnson et al, 2001 [2]	25	PPV – ILM peel (3 cases) C3F8 Autologous serum (12 cases)	96	≥2 lines in 84% of cases
Ou et al, 2006 [5]	4	PPV ILM peel (4 cases) SO, Air, C3F8, no tamponade (1 case)	75	Poor visual outcome
Weichel and Colyer, 2009 [3]	12	PPV SO, C3F8, SF6	67	Insignificant improvement between cases with and without hole closure
Ghoraba et al, 2012 [15]	22	PPV – ILM peel – SO (9 cases) PPV – ILM peel C3F8 (13 cases)	81.8% primary closure 90.9% after re-operation	3 lines (SO group), 4 lines (C3F8 group)
Ghoraba et al, 2019 [12]	40	PPV - ILM peel – C2F6 (28 cases) PPV – modified IFT – C2F6 (12 cases)	75% 92%	2.5 lines 5 lines
Current study, 2019	16	PPV – modified IFT – C2F6	U-pattern (50%), V-pattern (31.2%), W-pattern (18.7%)	5 lines

Abbreviations: BCVA, best-corrected visual acuity; C2F6, hexafluoroethane; C3F8, perfluoropropane; IFT, ILM flap technique; ILM, internal limiting membrane; No., number; PPV, pars plana vitrectomy; SF6, sulfurhexafluoride; SO, silicone oil.

superior hole closure rate (92% vs 75%), and better final BCVA (5 lines gain vs 2.5 lines gain) than conventional ILM peel approach.¹² We acknowledge the limitations of the present study that included its retrospective design, which caused inhomogeneity of the baseline characteristics of recruited patients in terms of baseline MLD, time lapse prior to surgery, and duration of follow-up. The relatively small sample size, and lack of concurrent comparison group using other techniques for treating TMH were other important limitations.

Conclusion

Modified IFT is effective in promoting macular hole closure and improving visual acuity in patients with TMH, but not in promoting recovery of the EZ and outer retinal layers. This is a relatively undemanding surgical maneuver

particularly when compared to other more complex approaches, though its efficacy needs to be consolidated through further studies comparing modified IFT to other surgical techniques for TMH.

Data Availability

The statistical data used to support the findings of this study were included within the article. The data collected from history taking and clinical examination of patients recruited in the current study are confidential. Access to these data is restricted by Magrabi Eye Hospital, Tanta, Egypt, in accordance with the hospital's patients' data protection policy. Data are available for researchers who meet the criteria for access to confidential data through contacting the hospital's medical director Professor Hammouda Ghoraba (hghoraba@email.com).

Disclosure

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