

The use of intravenous indocyanine green in minimally invasive segmental lung resections: a systematic review

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Background: To identify intersegmental planes (ISPs) in video/robot-assisted thoracoscopic segmentectomies, indocyanine green (ICG) is commonly used. The aim of this systematic review is to evaluate the efficacy of intravenous ICG in the identification of ISP.

Methods: A systematic search was performed. Studies evaluating patients who underwent a video/robot-assisted thoracoscopic segmentectomy using intravenous ICG were included. The primary outcome measure was the frequency and percentage of patients in whom the ISP was adequately visualized. Secondary outcomes encompassed the ICG dose, time to visualization, time to maximum ICG visualization, time to disappearance of ICG effect and adverse reactions to ICG.

Results: Eighteen studies were included for systematic review, enrolling a total of 1,090 patients. Irrespective of the injected dose, intravenous ICG identified the ISP in 94% of the cases (range, 30–100%). Overall, there was a considerable amount of heterogeneity regarding the injected dose of ICG (range, 5–25 mg or 0.05–0.5 mg/kg). The mean time before first effect of ICG was visible ranged from 10 to 40 seconds. The mean total time of ICG visibility ranged from 90 to 140 seconds after a bolus injection and was 170 seconds after continuous infusion. No adverse reactions were reported.

Conclusions: After administration of intravenous ICG, visualization of the ISP is successful in up to 94% of cases, even after administration of a low dose (0.05 mg/kg) of ICG. The use of intravenous ICG is safe with no reported adverse effects in the immediate peri-operative period.

Keywords: Near-infrared (NIR); indocyanine green (ICG); lung segmentectomy

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Introduction

To date, lung cancer is the leading cause of cancer death (1). Since the emergence of a screening program for early detection of lung cancer, there has been an increased

incidence of early-stage lung cancer and decreased incidence of advanced-stage lung cancer (2). Until recently, lobectomy was considered as the gold standard for treatment of earlystage non-small cell lung cancer (NSCLC), while sublobar

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resections were only considered among patients with limited pulmonary function (3-5). However, from a recent meta-analysis by Winckelmans *et al.* [2020], it became apparent that there are no significant differences in oncological outcomes after segmentectomy compared to lobectomy for stage I NSCLC <2 cm (6). A more recent randomized trial (JCOG0802/WJOG4607L) by Saji *et al.* [2022] even demonstrated superior overall survival after segmentectomy compared to patients who underwent a lobectomy for small-peripheral NSCLC (i.e., equal to or smaller than 2 cm) (7).

One of the surgical key steps in performing an anatomical segmentectomy is recognition of the intersegmental plane (ISP). A careful division of the ISP is mandatory in terms of functional lung preservation, prevention/avoidance of complications, adequate tumor margins for providing best oncological outcome in terms of disease-free survival and recurrence (8). Conventional methods to delineate the ISP include the inflation-deflation method (9).

In the past decade, more advanced techniques have been developed, which are more suitable for minimally invasive procedures. The procedure involves isolating and dividing the artery of the target segment. Subsequently, indocyanine green (ICG) is injected into a peripheral vein, allowing it to perfuse the entire parenchyma, except for the isolated segment. With the use of a near-infrared camera (NIR), all structures except for the targeted segment will 'light up' through fluorescence, allowing delineation of the ISP (10).

The use of ICG has been known for many years but

Highlight box

Key findings

After administration of intravenous indocyanine green (ICG), visualization of the intersegmental plane (ISP) is successful in up to 94% of cases, even after administration of a low dose (0.05 mg/kg) of ICG. The use of intravenous ICG is safe with no reported adverse effects in the immediate peri-operative period.

What is known and what is new?

 Multiple studies have established that the intravenous administration of ICG for delineating the ISP is a secure and viable technique. This systematic review comprehensively examines all findings pertaining to the effectiveness of intravenous ICG in demarcating the intersegmental line.

What is the implication, and what should change now?

 The significance of this systematic review lies in demonstrating that by combining all the available data on intravenous ICG usage, it shows that the intersegmental line can be visualized in 94% of cases. has gained popularity for lung surgery only during the last decade. The initial indications in oncological surgery consisted of sentinel lymph node mapping, intraoperative identification of solid tumors, and angiography during reconstructive surgery (11).

Misaki et al. [2010] was the first to describe the technique in a case series of eight patients. They demonstrated that the target segment was easy to identify and that the use of ICG was safe and feasible and especially useful in minimally invasive techniques and in cases of severe emphysema (12). The recently published expert consensus recommendations of the European Society of Thoracic Surgeons (ESTS) stated that ISP delineation can preferably be performed by systemic ICG (13). The aim of this systematic review is to evaluate the efficacy of intravenous ICG to clearly visualize the ISP while performing video/robot-assisted thoracoscopic segmentectomies. We present this article in accordance with the PRISMA reporting checklist (14) (available at https://tlcr.amegroups.com/article/view/10.21037/tlcr-23-807/rc).

Methods

Prior to initiation, a review protocol was drafted and submitted to the PROSPERO registry (CRD42022328771).

Eligibility criteria

Types of participants

All patients who underwent a video/robot-assisted thoracoscopic invasive segmentectomy of the lung were considered for inclusion.

Types of interventions

All studies evaluating patients, who underwent a segmentectomy of the lung through uniportal or multiportal video-assisted thoracoscopic surgery (uVATS or mVATS respectively) and/or robot-assisted thoracoscopic surgery (RATS), using intravenous ICG to visualize the ISP were considered. Alternative techniques and interventions, such as endobronchial ICG were excluded.

Outcome measures

The primary outcome was the frequency and percentage of patients in whom the ISP was adequately visualized with the use of intravenous ICG such that a segmentectomy could be performed, including calculation of a weighted mean. Secondary outcomes were ICG dose, time to visualization, time to maximum ICG visualization, time to disappearance

of ICG effect and the adverse reactions to ICG. Studies not reporting on the primary outcome were excluded.

Types of studies

Case reports were excluded. In the case of overlapping patient cohorts being described by different studies, the study describing the largest sample size was evaluated. Studies evaluating less than 10 participants were also excluded.

Search and study selection

Potentially eligible papers were identified by searching the electronic PubMed, Embase, Web of Science, the Cochrane Library and CINAHL databases. In addition, the PROSPERO, WHO-ICTRP, and ClinicalTrials.gov registries were systematically searched. Details are listed in supplementary materials. A manual cross-reference and related article search were conducted to identify articles that were not found through the prior search. Articles published in English, French and Dutch were evaluated for inclusion. No publication date restrictions were imposed. All searches were performed by a trained researcher. The last search was run on November 19th, 2021. Studies were screened for eligibility based on their title and abstract. Subsequently, full texts of potentially eligible reports were comprehensively assessed according to the predefined eligibility criteria. Studies adhering to these criteria were included for review and if possible, for meta-analysis. Studies in Dutch, English and French were included. Two independent reviewers (M.P., Y.J.) performed the process of study selection in a nonblinded standardized manner. Potential inter-reviewer disagreements were resolved by consultation of the senior author (E.R.d.L.).

Data collection

Data were extracted by one independent reviewer (M.P.), while its correctness was validated by a second reviewer (Y.J.). Inter-reviewer disagreements were, as foregoing, resolved by consultation of the senior author (E.R.d.L.). Studies reporting continuous variables as mean and standard deviation (SD) were extracted as such, while those reported in any other way were first converted applying the methods by Wan *et al.* (15). For studies reporting individual patient data, the mean and SD were calculated. Data was extracted from each included paper on: (I) general study characteristics: study design, institution,

country and enrollment period; (II) characteristics of participants: number of included participants, sex, and age; (III) characteristics of the procedure: surgical technique (mVATS, uVATS or RATS); (IV) characteristics of the ICG usage: dose, number of uses; time until ICG becomes visible (in seconds); time until maximum effect (in seconds); time until ICG totally disappeared (in seconds), frequency and percentage of patients in whom the ISP is adequately visualized, adverse reaction to ICG.

Risk of bias across studies

Randomized controlled trials were evaluated by the 5-point Jadad scale that assesses randomization (2 points), blinding (2 points) and accountability (1 point). Randomized controlled trials that scored 3–5 points were of high methodological quality (16). The risk of bias in non-randomized studies was assessed by the MINORS (methodological index for non-randomized studies) criteria. For the MINORS criteria, eight items were scored for non-comparative studies and 12 items for comparative studies, with a maximum of 2 points to be awarded per item. The maximum item score is 2, the ideal global score would be 16 for the non-comparative studies and 24 for comparative studies (17). All articles were scored by two reviewers (M.P. and Y.J.). Inter-reviewer disagreements were resolved by consultation of the senior author (E.R.d.L.).

Results

Study selection

A cumulative number of 640 records were retrieved through PubMed (n=221), Embase (n=351), Cochrane Library (n=31), CINAHL (n=29), and Web of Science (n=8) (*Figure 1*). After removing duplicates (n=155) and screening of the articles' titles and abstracts, the full text of 105 studies were evaluated. Eventually, 18 articles met the predefined inclusion criteria. The reasons for exclusion were the use of other techniques for the visualization of ISPs including endobronchial ICG use (n=37), alternative study design including case reports (n=30) and review articles (n=9) or articles in a foreign language (n=11).

Study characteristics

Study methods

Most of the papers (14/18) described single-center studies (18-31) and 11 studies were retrospective cohort studies

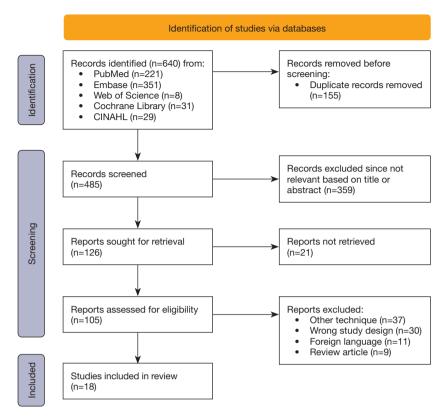


Figure 1 PRISMA flow diagram (14).

(18,20-22,25-30,32). The studies of Misaki *et al.* [2020] (33), Liu *et al.* [2020] (28) and Sun *et al.* [2021] (27) were comparative trials comparing: bolus versus continuous administration of ICG, ICG versus inflation-deflation method or ICG versus modified inflation-deflation method respectively. No randomized controlled trials were identified. All studies were published between 2014 and 2021 while they enrolled patients between October 2008 and August 2020. A detailed description of the included studies is found in *Table 1*.

Participants and intervention

A total of 1,090 unique patients underwent 1,094 surgical procedures for 1,097 sublobar anatomic resections with the use of intravenous ICG. In the study of Pischik *et al.* [2018], 86 patients underwent 90 segmentectomies; one patient underwent two consecutive segmentectomies for bilateral arteriovenous malformations. Three other patients required re-operation for a new solitary lung metastasis (20). In the study of Iizuka *et al.* [2016], 71 patients underwent segmentectomy of total of 74 segments or subsegments without specifying for what reason they may have

undergone multiple (sub)segment resections (34). Study and participant characteristics are illustrated in *Table 2*. Mean age of the groups ranged from 50.6 to 75.4 years. The number of male patients ranged from 32% to 70%. The most common minimally invasive technique was mVATS (n=13 studies) (18-25,29-31,33,34) (*Table 2*).

Outcome

The percentage of ISP visualization per study is provided in *Table 2*. The weighted mean of ISP visualization was 94% and ranged from 30% to 100%. The dose of ICG administered was unique and greatly differing for almost all studies (*Table 2*). Several (n=8) used fixed doses while others systematically used a weight-based dose (n=10). A bolus of ICG was administered in all but one study, in which a subgroup of patients received a continuous perfusion of ICG. In eight of the eighteen studies, the ISP was visible after a bolus injection in 100% of those cases (19,23-26,31,32,35). Twelve studies reported that only a single shot ICG was administered (18,20-22,24-26,28,29,32,33,35), and four studies did not report whether one or multiple doses were given (19,30,31,34).

Table 1 Overview of the study characteristics of the included 18 publications

References	Year of publication	Single or multi center	Start enrollment period	End enrollment period	Institution	Type of study Retrospective cohort		
Tarumi et al. (18)	2014	Single	Oct-08	Sep-11	Kagawa University, Japan			
lizuka <i>et al.</i> (34)	2016	Multi	Jun-13	Apr-15	Aichi Cancer Center Hospital and Innovative Clinical Research Center (Kanazawa University), Japan	Prospective cohort		
Pischik et al. (20)	2018	Single	Sep-15	Dec-17	Saint Petersburg State University, Russia	Retrospective cohort		
Bédat et al. (21)	2018	Single	Nov-14	Nov-17	University Hospital of Geneva, Switzerland	Retrospective cohort		
Kuroda et al. (19)	2018	Single	Mar-15	Mar-16	Aichi Cancer Center Hospital, Japan	Prospective cohort		
Mehta <i>et al.</i> (35)	2019	Multi	Sep-16	May-18	McMaster University, Canada; University of Toronto, Canada	Prospective cohort		
Matsuura et al. (22)	2019	Single	Jan-13	Dec-17	Cancer Institute Hospital of Japanese Foundation for Cancer research, Japan	Retrospective cohort		
Chen <i>et al.</i> (23)	2019	Single	Jul-17	Dec-17	General Hospital of PLA, China	Prospective cohort		
Zhang et al. (24)	2019	Single	Jan-18	B Apr-18 Guandong General Hospital. The Second Affiliated Hospital or Guangzhou University of Chines Medicine, Guangzhou		Prospective cohort		
Jin et al. (25)	2019	Single	Apr-18	Oct-18	Changzheng Hospital, China	Retrospective cohort		
Sun et al. (26)	2019	Single	Mar-19	Jul-19	Nanjing Medical University, China	Retrospective cohort		
Yajima et al. (30)	2019	Single	Sep-18	Dec-18	Gunma University Hospital, Japan	Retrospective cohort		
Kim et al. (32)	2020	Multi	Mar-16	Jul-19	Georgia Institute of Technology, USA; Korea University Guro Hospital, Korea University college of Medicine, Korea	Retrospective cohort		
Misaki et al. (33)	2020	Multi	Apr-17	Aug-19	Takamatsu Muncipal Hospital, Japan	Prospective comparative		
Liu <i>et al.</i> (28)	2020	Single	Sep-17	Aug-19	Nanjing Medical University, China	Retrospective comparative		
Matsui et al. (31)	2021	Single	Oct-15	Oct-17	Aichi Cancer Center Hospital, Japan	Prospective cohort		
Yotsukura et al. (29)	2021	Single	Sep-18	Dec-19	Nation Cancer Hospital, Japan	Retrospective cohort		
Sun et al. (27)	2021	Single	Feb-18	Aug-20	Nanjing Medical University, China	Retrospective comparative		

Table 2 Patient-, intervention- and ICG characteristics of the 18 publications included in this review

References	No. of surgical procedures	Operation	Male, n (%)	Age, years	Dose ICG	No. of injections		Mean total time (s)	ISP visible	AE
Tarumi et al. (18)	13	mVATS	6 (46%)	70.2±2.6	3 mg/kg	1	NR	NR	84.6%	NR
lizuka et al. (34)	71*	mVATS	34 (48%)	66.4±10.8	5 mg	NR	NR	NR	98.6%	NR
Pischik et al. (20)	90**	mVATS	34 (40%)	55.2±18.1	0.15 mg/kg	1	10 to 25	NR	95.6%	0
Bédat et al. (21)	67	mVATS	28 (42%)	66±10	12.5 mg	1	NR	NR	88.0%	0
Kuroda <i>et al.</i> (19)	29	mVATS	16 (55%)	70±10.9	0.05-0.1 mg/kg	NR	NR	NR	100.0%	NR
Mehta <i>et al.</i> (35)	31	RATS	17 (55%)	67.6±8.3	15–20 mg	1	NR	NR	100.0%	0
Matsuura et al. (22)	149	mVATS	75 (50%)	65.4±10.8	0.25 mg/kg	1	NR	NR	98.0%	0
Chen et al. (23)	19	mVATS	9 (47%)	56.4±4.9	25 mg	1 (1×2)	NR	NR	100.0%	0
Zhang <i>et al.</i> (24)	11	mVATS	5 (45%)	56±11.61	0.25–0.5 mg	1	NR	NR	100.0%	NR
Jin et al. (25)	21	mVATS	12 (57%)	53.7±8.4	0.5 mg/kg	1	NR	NR	100.0%	0
Sun et al. (26)	19	uVATS	6 (32%)	50.6±13.7	5 mg	1	NR	NR	100.0%	0
Yajima et al. (30)	16	mVATS	11 (69%)	71.6±5.4	0.5 mg/kg	NR	NR	NR	88%	0
Kim et al. (32)	31	22 uVATS; 9 RATS	17 (55%)	63.2±9.8	0.3–0.5 mg/kg	1	NR	NR	100.0%	NR
Misaki <i>et al.</i> (33)	10	mVATS	7 (70%)	72±11.2	0.09±0.009 mg/kg	1	36±13	170±23	30.0%	NR
	10	mVATS	7 (70%)	75.4±10.3	0.11±0.04 mg/kg, 300 mL/h, max 0.3 mg/kg	Constant	40±29	140±54	90.0%	NR
Liu et al. (28)	92	uVATS	43 (47%)	69.8±5.2	15–20 mg	1	15	NR	91.4%	NR
Matsui et al. (31)	106	mVATS	51 (48%)	67.4±9.3	0.05–0.1 mg/kg	NR	NR	NR	100%	0
Yotsukura et al. (29)	209	mVATS	87 (42%)	67.9±11.6	0.25 mg/kg	1	16±10	99±77	88.0%	0
Sun et al. (27)	100	uVATS	43 (43%)	59.8±10.5	5 mg (max 25 mg)	1 or more	24±4	NR	98.0%	0

^{*,} in the study of lizuka *et al.* [2016], 71 patients underwent 74 segments or subsegments; **, in the study of Pischik *et al.* [2018], 86 patients underwent 90 segmentectomies. Mean time: mean time before clearly visible, presented as mean ± standard deviation or range. Mean total time: mean total time ICG is still visible, presented as mean ± standard deviation. ICG, indocyanine green; ISP, intersegmental plane; AE, adverse events; mVATS, multiportal video-assisted thoracoscopic surgery; NR, not reported; RATS, robot-assisted thoracoscopic surgery; uVATS, uniportal video-assisted thoracoscopic surgery.

Two studies explored the use of an additional ICG bolus to enhance ISP visibility. In the study of Chen *et al.* [2019], one patient received a second dose of ICG because the ISP

was not adequately visible. After the second dose this was clearly visible (23). In the study of Sun *et al.* [2021] it was reported that some patients received multiple doses but did

not specify the total number of patients, nor the effect on ISP visibility (27).

The study of Misaki *et al.* [2020] compared a bolus injection (10 patients with a bolus of ICG of 0.09 mg/kg) to a constant infusion (10 patients at constant infusion rate with a mean dose of 0.11 mg/kg of 300 mL/h with a maximum of 0.3 mg/kg). They concluded that the ISP was identified in more cases following a constant infusion rate versus a bolus injection with an ISP identification of 90% and 30% respectively (P=0.0003) (33).

Several studies explored additional techniques to enhance visibility. In the study of Yajima *et al.* [2019], a group of 16 patients underwent an upper lobe segmentectomy. Nine patients underwent segmentectomy with identification of the intersegmental border by using the interlobar pulmonary artery compression method. In this method, the interlobar pulmonary artery is compressed while ICG is administered intravenous so that there is an increase in blood supply to the upper lobe. In all cases (n=9/9) the intersegmental line was clearly visible. The other 7 patients underwent segmentectomy with the conventional method. In two cases the intersegmental line was not visible; in two cases the intersegmental line was only partially visible (n=2/7) (30).

Eleven studies reported on potential adverse effects of ICG. Regardless of the ICG dose, no adverse reactions were reported in these studies (20-23,25-27,29-31,35). The mean time before the first effect of the ICG administration was visible ranged from 10 to 40 seconds. The mean total time of the ICG visibility ranged from 90 to 140 seconds after a bolus injection and was 170 seconds after a constant infusion rate (20,27-29,33).

Risk of bias across studies

All articles are scored following the MINORS criteria (Table S1). There were 15 non-comparative studies and 3 comparative studies. The minor score for the non-comparative study scored low to moderate with scores ranging from 4 to 11 of a maximum of 16 (19-26,29-32,34,35). The comparative studies all scored moderate, ranging from 14 to 18 of a maximum of 24 (27,28,33). In most studies, the main limiting factors were the fact that study endpoint was not clear before start of the study and that there was lacking information on loss to follow-up.

Discussion

This systematic review aimed to evaluate the efficacy

of intravenous ICG to clearly visualize the ISP while performing segmentectomies. The weighted mean for ISP visualization was 94% of the cases (range, 30-100%). This review revealed notable diversity in ICG administration protocols between studies, with variable fixed or weightbased doses applied once or multiple times, or even by continuous perfusion. Despite these variations, no related adverse events were reported, revealing the safety of ICG for this purpose. The range of ISP visualization was highly discordant in this review due to the lowermost value of 30% in a patient arm of the study by Misaki et al. [2020]. All other studies had an ISP visualization score of 84.6% or higher. The work of Misaki et al. [2020] provided valuable insights since they compared the impact of bolus injection to continuous infusion on ISP identification. They reported a higher identification rate (90%) and fluorescence intensity following continuous infusion compared to a bolus injection (30%), highlighting the potential benefits of this alternative administration techniques. In contrast to a bolus injection, administering ICG at a constant rate ensures the steady and appropriate maintenance of blood concentrations. It is important to note that for this comparative study a small patient group was used with 10 patients in each arm (bolus vs. constant infusion) (33).

The administered dose between studies ranged from a fixed dose of 5 to 25 mg and weight-based dose of 0.05 to 3 mg/kg. This variable weight-based dose will, for instance in a patient weighing 70 kg, result in an ICG bolus of 3.5 to 210 mg, respectively. In eight studies, the ISP visualization was clearly visible in 100% of the cases. In these eight studies, both weight-based dose (0.05 to 0.5 mg/kg) as fixed dose (5 to 25 mg) was used. Contra-intuitive, in the study with the highest dose, 3 mg/kg, the ISP was visible in only 84.6% of the cases. Therefore, one may question whether an optimal dosage can effectively be advised given the large heterogeneity of results with generally good ISP visualization. This suggests that other factors than dose influence the efficacy of ICG. Moreover, the study of Misaki et al. [2020] applied 0.09 mg/kg of bolus ICG in one study arm, which is comparable to the dose of 0.05-0.1 mg/kg used in the study of Matsui et al. [2021], though both studies reported different outcome, with 30% and 100%, respectively (31,33).

Repeated doses of ICG (respectively 25 and 5 mg) until ISP was shown clearly, were used in the trials of Chen *et al.* [2019] and Sun *et al.* [2021], leading to adequate ISP identifications in 98% and 100% respectively (23,27). Given the limited data on the effect of administration of

multiple doses of ICG, no conclusions can be drawn on the usefulness of repetitive doses to improve visualization of the ISP. Furthermore, several other variables could influence the formation of an adequate ISP. Iizuka et al. [2016] demonstrated that a Smoking Index (SI) >800 and low attenuation area (LAA) on computed tomography >1%. were correlated with a worse visibility since the tissue density of emphysematous and bullous lung tissues is lower than that of normal lung tissue. They also reported that ICG visualization was challenging in individuals with extensive anthracosis in contrast to those with mild-tomoderate anthracosis, although this observation was drawn from expert opinions. Examination of a lung specimen from a smoker under transmitted light revealed increased brightness only around a bronchiole, indicating reduced light permeability within intrapulmonary structures affected by anthracosis (34). This could be an argument for the low visibility in the trial by Misaki et al. [2020] with adequate ISP visualization in only 30% of the cases (n=10). It is important to realize that in the other remaining cases, the ISP was judged as thin, mottled or badly visible due to and early washed-out of the ICG. Furthermore, the population in this trial contained the highest percentage of smokers and the lowest percentage of forced expiratory volume in the first second (FEV1). In emphysematous lungs, which are less perfused, the ISP could be less visible or the identified ISP misleading or confusing following ICG injection (33). Therefore, taking all factors into account, we cannot confidently state that administering ICG through continuous infusion reliably improves the visualization of the ISP.

A noteworthy secondary outcome remains to the safety of ICG administration. Eleven of the eighteen studies reported that there were no adverse reactions to ICG. Speich *et al.* [1988] showed in a prior study that the frequency of allergic reactions with ICG doses below 0.5 mg/kg was reported at 0.003%, but significantly increased if the dose exceeded 5 mg/kg (36). In none of the included trials, the doses exceeded 5 mg/kg.

An alternative approach employing ICG for ISP visualization involves the endobronchial administration of the dye. In this technique, diluted ICG is introduced into each intended target segmental or subsegmental bronchus. This method offers the advantage of not requiring lung inflation, which conserves space during minimally invasive thoracoscopic surgeries. However, a drawback of this approach is the potential for the dye to retrograde from the target bronchus, spreading within the bronchial tree and

potentially compromising ISP identification. Moreover, the presence of a bronchoscopy-experienced medical professional is essential for this technique's successful execution (8,37). No trials comparing intravenous ICG to endobronchial ICG were identified.

An alternative method for the identification of ISP is the inflation-deflation technique where respectively the target segment is inflated or deflated during the procedure. This technique has the advantage of requiring no specialized preoperative preparations and is the most straightforward to execute during surgical intervention. Nevertheless, it presents certain limitations, including impaired surgical visualization, particularly evident in minimally invasive procedures, and potential complications related to collateral ventilation, particularly when the target bronchus has been previously ligated or excised (9). When looking at the outcome of inflation and deflation compared to ICG, the retrospective study of Sun et al. [2021] already highlighted that time to ISP visualization was significantly faster after ICG injection than after the use of the inflation-deflation method with visualization time respectively of 23.59 (SD 4.47) vs. 1,026.80 (SD 318.34) seconds (P<0.001) (27). Thus, based on this data, ICG provides fast yet only short-term visualization of the ISP. In the reviewed literature there were two retrospective cohort studies, and both indicated a better development of intersegmental lines, shorter operation time and less prolonged air leaks when ICG was used compared to the inflation-deflation method (27,28). So the use of ICG, in comparison to deflation-inflation, is more user-friendly and with a faster visualization of the ISP without impacting the working space.

Furthermore, hardly any side effects have been described in literature and the dose can be repeated in case of reduced visualization. In the consensus-based guideline from the ESTS in 2023, they recommended defining the ISPs preferably by using near-infrared imaging (NIRI) after systemic injection of ICG (13). The only drawback of this technique, however, is that an infrared camera must be available, and this may cause a considerable additional cost. However, based on these findings, one could speculate that the use of ICG may also potentially result in cost savings. The use of ICG could shorten operation time, leading to cost savings in terms of surgical planning. Additionally, ICG usage might contribute to reduced occurrences of prolonged air leakage, presenting another potential option for cost savings. However, it is essential to note that these considerations are currently hypothetical, and there is insufficient empirical evidence to definitively establish

the cost-effectiveness of ICG in these aspects. So, at this moment based on the published data, it is not possible to make an adequate cost-benefit analysis. One of the major limitations of this systematic review is that the discussed studies were performed in small cohorts of patients. No randomized controlled trials were identified. Overall, it is apparent that there is a considerable heterogeneity regarding the injected dose of ICG and the reported outcome measures. In general, the quality of all the published evidence is low.

Perhaps the most important limitation is that the primary endpoint, adequate visualization of the ISP, is not a clearly objectively measurable primary endpoint. The visualization is obviously subjective and is co-determined by the surgeon's interpretation, the NIR camera used, the darkening in the operating theatre, etc. In the future, dose-escalation studies may be interesting to determine the most appropriate dose at which a maximum effect can be obtained. Further, a randomized controlled trials comparing the inflation-deflation technique or intrabronchial ICG to intravenous ICG, to identify differences in ISP identification efficacy, clinical outcome, and cost might be interesting.

Conclusions

The use of intravenous ICG is a safe and effective technique, demonstrating clear ISP visualization in up to 94% of cases. While there is variability in dosing strategies, even low doses (0.05 mg/kg) can achieve good visualization. It is considered safe to administer ICG once or multiple times, as supported by the literature reporting minimal side effects. Currently, ICG stands out as a preferred technique for ISP visualization based on the available guidelines.

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Footnote

Reporting Checklist: The authors have completed the PRISMA reporting checklist. Available at https://tlcr.amegroups.com/article/view/10.21037/tlcr-23-807/rc

Peer Review File: Available at https://tlcr.amegroups.com/article/view/10.21037/tlcr-23-807/prf

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