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## Evaluation of Factors Associated With Response to Hepatitis B Vaccination in Patients With Inflammatory Bowel Disease

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Abstract: It is recommended to investigate the serology of hepatitis B virus (HBV) and vaccinate seronegative patients at the time of diagnosis in inflammatory bowel diseases (IBD). This study aimed to investigate the efficacy of HBV vaccine and factors affecting the response.

In this retrospective, observational study, HBV-seronegative IBD patients were administered 3 doses (at months 0, 1, and 6) recombinant 20 µg HbsAg. Patients' demographics, IBD attributes, and treatment methods were investigated as the factors with potential impacts on vaccination outcomes.

One hundred twenty-five patients with IBD were evaluated. The number of patients with Anti-HBs >10 IU/L was 71 (56.8%), and the number of patients with anti-HBs >100 IU/L was 50 (40%). Age, disease activity, Crohn disease subtype, and immunosuppressive treatment (IST) were found to have significant effects on immune response (P = 0.011, P < 0.001, P = 0.003, and P < 0.001, respectively). With multivariate analysis, age < 45 years (OR 3.1, 95% CI 1.2-8.3, P = 0.020), vaccination during remission (OR 5.6, 95% CI 2.3-14, P < 0.001), and non-IST (OR 11.1, 95% CI 2.9-43.2, P = 0.001) had favorable effects on the occurrence of adequate vaccine response.

The likelihood of achieving adequate immune response with standard HBV vaccination protocol in IBD is low. Selecting vaccination protocols with more potent immunogenicity is a better approach to achieve effective vaccine response in patients with multiple unfavorable factors.

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Abbreviations: AZA = azathioprine, CD = Crohn disease, CI = confidence interval, HBV = hepatitis B virus, IBD = inflammatory bowel diseases, ID = intradermal, IST = immunosuppressive treatment, OR = odds ratio, TNF = tumor necrosis factor, UC = Ulcerative colitis.

#### INTRODUCTION

ore than half of the patients with inflammatory bowel disease (IBD) have at least 1 risk factor for transmitting

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hepatitis B virus (HBV) (including endoscopic procedures, surgical interventions, and blood transfusions).<sup>1,2</sup> Furthermore, it has been reported that HBV infection may be associated with poor prognosis in IBD patients, particularly in those receiving immunosuppressive therapy, and that this could even result in fulminant hepatic failure or death.<sup>3,4</sup>

Recently published guidelines on IBD and opportunistic infections recommended evaluating HBV serology for all IBD patients at the time of diagnosis and vaccinating seronegative patients.<sup>5,6</sup> Relevant studies, however, demonstrate that very few IBD patients requiring HBV vaccination are actually appropriately vaccinated and have received adequate immunization.<sup>7,8</sup> The leading reason for this is that, unfortunately, physicians dealing with IBD do not make conscious decisions on and are not informed well enough about HBV vaccination.<sup>9</sup>

The success rate in achieving protective antibody levels with standard HBV vaccination protocols in IBD is very low compared to the general population.<sup>10,11</sup> Although several factors have been suggested to explain this, IBD itself and the increasingly popular use of immunosuppressive treatments (ISTs) are considered the major reasons.  $^{12-14}$ 

There are currently very few studies in the literature evaluating the factors that affect the outcomes of HBV vaccination in IBD. Furthermore, the algorithms to be followed in cases of failed immunizations with standard vaccination schemes have not been established. The present study aims to evaluate the factors that may affect the outcomes of standard HBV vaccinations and vaccine response in IBD.

#### **METHODS**

#### **Patients**

The study included IBD patients who received HBV vaccination and were followed up for ulcerative colitis (UC) and Crohn disease (CD) in the IBD unit of the Gastroenterology Department of Izmir Ataturk Training and Research Hospital.

Inclusion criteria: IBD patients older than 17 years who are seronegativite for antibodies against hepatitis B core protein (anti-HBc), antibodies against hepatitis surface antigen (anti-HBs), and hepatitis B surface antigen (HBsAg).

Exclusion criteria: Patients with HBV infection diagnosis or treatment history, patients vaccinated for HBV before being diagnosed with IBD, patients with chronic renal failure or hepatic cirrhosis, pregnant women, patients who did not complete the vaccination scheme, and postvaccination serologic controls were excluded.

#### **Study Design**

In this retrospective, observational study, HBV seronegative IBD patients were administered 3 doses (at months 0, 1, and 6) of recombinant 20 µg HBsAg intramuscularly (deltoid

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muscle region), and their anti-HBs levels 1 month after the last vaccine administration were determined.

Anti-HBs levels >10 IU/L were considered as adequate, and anti-HBs levels >100 IU/L were considered as an effective antibody response.

Patients' demographics (age, gender), IBD attributes (disease type and duration, IBD location, type of CD, and disease activity), and treatment methods (mesalamine, steroid, thiopurine, and anti-tumor necrosis factor [TNF] agent) were evaluated as the factors with potential impact on the outcomes of HBV vaccination.

Montreal criteria were considered in determining IBD disease location and CD subtype.<sup>15</sup> In determining IBD disease activity, CD activity index (remission <150, active  $\geq$ 150) was used for CD and Mayo Clinic score (remission  $\leq$  2, active  $\geq$  3) for UC.<sup>16,17</sup>

Patients receiving prednisolone more than 20 mg/day for at least 2 weeks overlapping the vaccination period and/or patients receiving thiopurine and/or anti-TNF therapy during the vaccination were evaluated as the IST group.

#### Laboratory Tests

HBsAg, anti-HBc, and anti-HBs serology were determined using chemiluminescent enzyme immunoassay. Advia Centaur HBSII kits (Siemens Healthcare Diagnostics, Bayswater Victoria, Australia) were studied on an Advia Centaur XP immunoassay system (Siemens Healthcare Diagnostics, Dublin, Ireland) autoanalyzer.

#### **Statistical Analysis**

All statistical analyses were performed using SPSS 15.0 statistical package program. Continuous variables were expressed as mean and standard deviation or median and min-max values; categorical variables were expressed as frequencies and percentages. ROC analysis and Youden Index Method were performed to determine the optimal cut-off value of age. The chi-square test was used for categorical variables, and the Mann–Whitney test was used for continuous variables to identify the univariate impacts on immune response. Logistic regression analysis was performed to identify predictors of immune response. Risks were expressed as odds ratio (OR) with a 95% confidence interval (CI). P value of <0.05 was set for statistical significance.

#### **Ethical Considerations**

The Ethics Committee of Katip Çelebi University Faculty of Medicine, Izmir, Turkey approved this study.

#### RESULTS

#### **Patient Characteristics**

One hundred twenty-five patients with IBD were evaluated 65 (52%) with UC and 60 (48%) with CD. Their mean age was  $39.8 \pm 12.5$  years, 69 (55.2%) of them were males, and median IBD disease duration was 4 years. Of the patients, 52 (41.6%) were in the active period and 73 (58.4%) were in the remission period. The number of patients who received immunosuppressive therapy (IST) was 86 (68.8%), and patients that did not receive immunosuppressive therapy (non-IST) were 39 (31.2%). Demographics of patients together with UC and CD localizations, CD subtypes, and treatment features are provided in Table 1.

TABLE 1.	Demographics and Clinical Variables of IBD Patients
(n = 125)	

(n = 125)		
Age		
Mean, SD	39.8	12.5
Gender (n, %)		
Male	69	55.2
Female	56	44.8
Disease type (n, %)		
UC	65	52.0
CD	60	48.0
Disease duration (years)		
Median, min-max	4	1-24
Disease activity (n, %)		
Active	52	41.6
Remission	73	58.4
UC localization (n, %)		
Proctitis	8	12.3
Left-sided	20	30.8
Extensive	37	56.9
CD localization (n, %)		
Ileal	23	38.3
Colonic	12	20.0
Ileocolonic	25	41.7
CD type (n, %)		
Inflammatory	35	58.3
Stricturing	14	23.3
Penetrating	11	18.3
Treatment (n, %)		
5-ASA	39	31.2
AZA	25	20.0
Steroid	18	14.4
Anti-TNF	22	17.6
AZA + anti-TNF	21	16.8

ASA = aminosaliylic acid, AZA = azathioprine, CD = Crohn disease, SD = standard deviation, TNF = tumor necrosis factor, UC = ulcerative colitis.

#### **Response Rates to HBV Vaccination**

When HBV vaccine response was examined in the whole patient group, the number of patients with adequate immune response (anti-HBs >10 IU/L) was 71 (56.8%), and effective immune response (anti-HBs >100 IU/L) was 50 (40%). The median anti-HBs titer in patients with adequate immune response was 280 (12.8–1000) IU/L.

# Factors Effecting the Response to HBV Vaccination

The univariate analysis evaluating the effect of the studied variables on HBV vaccine response demonstrated statistically significant effects of age, disease activity, CD subtype, and IST on immune response (P = 0.011, P < 0.001, P = 0.003, and P < 0.001, respectively). Gender, IBD type, disease duration, UC, and CD location had no statistically significant effect on HBV vaccine response (Tables 2 and 3).

The analysis of 2 distinct anti-TNF agents (28 infliximab, 15 adalimumab) demonstrated no statistically significant difference in HBV vaccine response with different anti-TNFs (P > 0.05).

In UC, disease extension inversely effected the response but did not reach a statistical significance (P = 0.06).

	<10	<10 IU/L ≥1		-HBs IU/L = 71)	<b>P</b> *
Age (mean, SD)	43.2	12.0	37.3	12.4	0.011
Gender (n, %)					
Male	30	55.6	39	56.5	0.944
Female	24	44.4	32	57.1	
Disease type (n, %	5)				
UC	23	42.6	42	59.2	0.066
CD	31	57.4	29	40.8	
Disease duration, y	years				
(Mean, SD)	5.9	5.6	5.1	4.1	0.870
Disease activity (n	, %)				
Active	70.4	73.1	14	19.7	< 0.001
Remission	29.6	21.9	57	80.3	
UC localization (n	, %)				
Proctitis	0	0.0	8	19.0	0.060
Left-sided	7	30.4	13	31.0	
Extensive	16	69.6	21	50.0	
CD localization (n	, %)				
Ileal	11	35.5	12	41.4	0.845
Colonic	6	19.3	6	20.7	
Ileocolonic	14	45.2	11	37.9	
CD type (n, %)					
Inflammatory	12	38.7	23	79.3	0.003
Stricturing	12	38.7	2	6.9	
Penetrating	7	22.6	4	13.8	

**TABLE 2.** Factors Associated with Response to Hepatitis B Vaccination (Univariate Analysis)

CD = Crohn disease, SD = standard deviation, UC = ulcerative colitis.

\* Mann-Whitney U test and Chi-square test.

ROC analysis revealed a positive correlation between age and immune response (AUC = 0.633, P = 0.011). Cut-off analysis for age  $\geq$ 45 with Youden index showed 74.6% sensitivity, 48.1% specificity, and 63.2% accuracy.

With the post hoc analysis of CD subtypes affecting HBV vaccine response, immune response to vaccination in

<b>TABLE 3.</b> The Effect of Treatment Methods and Immunosup-
pressive Therapy on Immune Response

	$\begin{array}{llllllllllllllllllllllllllllllllllll$		<b>P</b> *		
Treatment (n, %)					
5-ASA	3	5.5	36	50.7	< 0.001
AZA	8	14.8	17	24.0	
Steroid	15	27.8	3	4.2	
Anti-TNF	9	16.7	13	18.3	
AZA + anti-TNF	19	35.2	2	2.8	
IS treatment (n, %)					
YES	51	94.4	35	49.3	< 0.001
NO	3	5.6	36	50.7	

ASA = aminosalicylic acid, AZA = azathioprine, IS = immunosuppressive, TNF = tumor necrosis factor. \* Chi-square Test. <sup>300%</sup> p<0.001 92.3% 5% 5% 40.7% 40.7% 24.4% 24.4% 24.4% AntiHBS≥10 IU/I AntiHBS≥10 IU/I

**FIGURE 1.** The effect of immunosuppressive therapy on adequate and effective immune response.

inflammatory type CD was significantly greater compared to stricturing CD (P = 0.001). Other paired comparisons among CD subtypes did not demonstrate any significant immune response differences (P > 0.05).

With the post hoc analysis of treatment subgroups, no significant differences in vaccine immune response were found between "Steroid versus azathioprine (AZA) + anti-TNF combination" and "AZA monotherapy versus anti-TNF monotherapy" (P > 0.05). With all other paired comparisons, treatment methods caused significant differences in immune response (P < 0.05).

The negative effect of IST on adequate immune response was also observed. Anti-HBs was >100 IU/L in 24.4% of the patients receiving IST and in 74.4% of the non-IST patients (P < 0.001) (Figure 1).

With the logistic regression analysis of the variables found to be effective in achieving immune response to HBV vaccine with the univariate analysis, age, disease activity, and IST were significantly involved in the model. In terms of achieving adequate immune response, age < 45 years (OR 3.1, 95% CI 1.2–8.3, P = 0.020), vaccination during remission (OR 5.6, 95% CI 2.3– 14, P < 0.001), and non-IST IBD treatment (OR 11.1, 95% CI 2.9–43.2, P = 0.001) had favorable effects (Table 4). Although a significant difference was found in the immune response between CD subtypes with univariate analysis, CD subtypes were not studied as a part of the multivariate analysis considering that it would not represent an accurate effect for all patients.

#### DISCUSSION

We evaluated the factors that may affect the outcomes of standard HBV vaccinations and the immune response resulting

TABLE 4.	Multivariate	Analysis	of F	actors	Affecting	Immune
Response	(Logistic Reg	ression)			•	

	В	Р	OR (95% CI)
Age <45 years Remission	1.1 1.7	0.020 <0.001	3.1 (1.2–8.3) 5.6 (2.3–14.0)
Non-IST	2.4	0.001	11.1 (2.9–43.2)

B = regression coefficient, CI = confidence interval, IST = immunosuppressive treatment, OR = odds ratio. from vaccination in IBD patients. The proportion of patients achieving adequate immune response (anti-HBs >10 IU/L) was 56.8% and effective immune response (anti-HBs >100 IU/L) was 40%. Immune response rates obtained with HBV vaccination in IBD are known to be lower compared with healthy populations, but different results were reported from a few studies on this subject (Altunöz 76%, Gisbert 41%, and Cossio-Gil 50%).<sup>14,18,19</sup> These different results may be explained by the different characteristics of the patient groups across studies with regards to factors that are influential on immune response including immunosuppressive therapy (IST) and disease activity.

In this study, the effects of age, disease activity, CD subtype, and IST on immune response following HBV vaccination were significant. Gender, IBD type, disease duration, UC, and CD locations had no significant effect on vaccine response. It is possible to observe the effect of age on immune response when examining the outcomes of HBV vaccination in both in healthy populations and IBD groups.<sup>12,20</sup> Population-based studies generally indicate <40 years age group as the age group with better vaccine responses, while in an IBD study, the average age was 41 years in the group with vaccine response.<sup>21,22</sup> In our series, the average age of the group with vaccine response. Data from studies on IBD and other immune-mediated inflammatory disorders suggest that IST had a general unfavorable effect on immune response obtained with vaccination.<sup>14,18,23</sup>

Initiating vaccination during the active period affected the immune response to vaccination. During the period in which the disease was active, vaccination may not result in adequate immune response due to increased inflammatory cytokines and disturbances in cellular and humoral immunity. In a study by Altunöz et al,<sup>14</sup> vaccine response was significantly lower in IBD patients during the active phase.

The subgroup analysis of vaccine response according to treatment demonstrated that the poorest immune response was in the group treated with AZA and anti-TNF combination and in the group receiving steroid treatment in our study. There is not adequate data on the effect of combination treatments with AZA and anti-TNFs on immune response. On the other hand, earlier studies demonstrated negative effects of steroids on T lymphocyte functions and immunoglobulin production.<sup>24,25</sup> Although it has been described that steroid use in more than 1 vaccination session was associated with poor response to HBV vaccination.<sup>12</sup>

Two diseases do not seem to differ with respect to immune response to HBV vaccine both in our study and other studies.<sup>14,19,21</sup> IBD disease location had no significant effect on immune response to HBV in our study. There was no relationship between disease location and immune response in CD, but there was a significant difference between CD subtypes. The best response to HBV vaccine was in the inflammatory type CD group, and the worst was in stricturing type disease. There are not any studies reporting a significant difference in vaccine response between CD subtypes. This may be explained by the fact that patients with stricturing disease have a higher mean age and disease duration. On the other hand, transforming growth factor- $\beta$  is known to have a significant involvement in the pathogenesis of stricturing a better immunological response to HBV vaccination if the vaccine is combined with inhibition of TGF- $\beta$ .<sup>28,29</sup>

All patients should be screened and vaccinated if seronegative for HBV during the initial diagnosis of IBD regardless of whether they have or not risk factors such as being a healthcare worker, using intravenous drugs, having HIV. European Crohn's and Colitis Organisation guidelines recommend administrations of accelerated double-dose at 0, 1, 2 months followed by revaccination (0, 1, and 2 months) at a double dose if there is not an adequate response in IBD. However, even the double-dose schedule that seems more effective than the standard one has little impact on seroconversion, thus the need for a more effective vaccination alternatives such as intradermal (ID) route rather than intramuscular (IM) route in patients with renal disease are investigated and much higher efficacy of ID than IM in dialysis patients occurred despite a lower vaccine dose administrated by ID route.<sup>30</sup> However, there are not related studies with IBD patients.

The serological response should be assessed 1 to 2 months after the last dose. Levels of anti-HBs at least 100 IU/L are advisable to achieve adequate seroprotection particularly if anti-TNF treatment is planned because most of the patients will lose seroprotection after vaccination (18% per patient-year).<sup>31</sup> The response rate to HBV vaccine can potentially be significantly lower among patients who are being treated with IS so the vaccination should preferably administered at least 14 days prior to IS treatment.<sup>14</sup> On the other hand, HBV vaccination can be effectively administered even after IS has been already initiated.<sup>32</sup> The frequency of monitoring is not well decided, but controls for anti-HBs yearly or every 2 years are reasonable especially in countries with intermediate and high endemicity.<sup>5</sup>

Finally, we can emphasize that there are few limitations in our study. Obesity, smoking, and nutritional factors such as low albumin levels were not evaluated, which might be cofactors for unsuccessful vaccine response.

In conclusion, the success rate in achieving adequate immune response with standard HBV vaccination protocols in IBD is very low. Older age, disease flare, and IS treatment seem to play a pivotal role in vaccine response. Effective immune response (anti-HBs >100 IU/L) should be targeted in IBD by vaccines with more potent immunogenicity.

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