SURVEY AND SUMMARY

Roles of non-canonical structures of nucleic acids in cancer and neurodegenerative diseases

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ABSTRACT

Cancer and neurodegenerative diseases are caused by genetic and environmental factors. Expression of tumour suppressor genes is suppressed by mutations or epigenetic silencing, whereas for neurodegenerative disease-related genes, nucleic acidbased effects may be presented through loss of protein function due to erroneous protein sequences or gain of toxic function from extended repeat transcripts or toxic peptide production. These diseases are triggered by damaged genes and proteins due to lifestyle and exposure to radiation. Recent studies have indicated that transient, noncanonical structural changes in nucleic acids in response to the environment can regulate the expression of disease-related genes. Non-canonical structures are involved in many cellular functions, such as regulation of gene expression through transcription and translation, epigenetic regulation of chromatin, and DNA recombination. Transcripts generated from repeat sequences of neurodegenerative disease-related genes form non-canonical structures that are involved in protein transport and toxic aggregate formation. Intracellular phase separation promotes transcription and protein assembly, which are controlled by the nucleic acid structure and can influence cancer and neurodegenerative disease progression. These findings may aid in elucidating the underlying disease mechanisms. Here, we review the influence of non-canonical nucleic acid structures in disease-related genes on disease onset and progression.

INTRODUCTION

Under normal conditions, the number of cells in the body remains constant via the tight regulation of cell division and proliferation. However, genetic mutations can cause a cell population to grow uncontrollably. When this cell population grows invasively beyond the boundaries of normal tissues and/or shows metastasis, it forms malignant tumours (1). Mutations of genes are often observed in malignant tumour cells. According to the central dogma of biology, genetic information in DNA is transferred to RNA via transcription and then translated into proteins. Producing the appropriate amount of protein within cells is essential to maintain normal cell conditions. However, genetic mutations interfere with the proper production of proteins. External environmental factors such as chemical substances dispersed in the abiotic and biotic environments, lifestyle choices such as eating, drinking and smoking habits, and psychological factors like stress have been reported to induce gene mutations (2-4). Further, the structure of nucleic acids plays a role in cancer development by perturbing the processes of the central dogma. For example, in many human cancers, *c*-*MYC* transcriptional abnormalities are observed; however, the mechanism underlying c-MYC oncogene regulation of gene expression remains to be determined (5). Non-canonical structure formation in the c-*MYC* promoter and coding regions regulates transcription activity (6). In addition, the formation of non-canonical structures in several oncogenes inhibits transcription and translation. Interestingly, formation of such non-canonical structures strongly depends on the surrounding environment (7). Thus, the roles of nucleic acid structures in cancer cells have also attracted substantial research attention. Novel mechanisms for transcriptional dysregulation by c-MYC and other oncogenes have been illustrated by the discovery of phase separation with transcription factors. In-

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deed, phase separation formation may be critical for the regulation of transcription in cancer cells (8). Biomolecules related to cancer progression frequently undergo phase separation in cells and organisms and are thought to be involved in many complex human cancers (9).

Phase separations are important not only for cancers, but also for the progression of neurodegenerative diseases (10), which involve a gradual damage to specific nerve cells that are subsequently eliminated from the brain and the spinal cord. Neurodegenerative disease is a disorder that occurs in the central nervous system and is characterised by a decrease in the number of certain neurons and the accumulation and aggregation of fibrous material inside and outside the neurons (11). Accumulation and aggregation are thought to be caused by aberrant phase separation of protein-protein or protein-RNA interactions, abnormalities in protein folding, or the dysfunction of key proteolytic mechanisms in the cell. Abnormal aggregation and aggregates containing these proteins are thought to be the main cause of dysfunction and death in neurons, which are hallmarks of neurodegenerative diseases (12,13). Diseases with these characteristics are often referred to as 'proteopathies' and include diseases such as Parkinson's disease (14), amyotrophic lateral sclerosis (ALS) (15,16), and Huntington's disease (HD) (17–20). Examples of aggregation of peptides or proteins via solid-liquid phase separations include the cytoplasmic inclusions of the RNA-binding protein, TAR-DNA-binding protein and fused in sarcoma (FUS) in ALS and frontotemporal dementia (FTD), and polyglutamine aggregates in HD (21). Recently, the RNA transcripts of these neurodegenerative disease-related genes were demonstrated to form non-canonical structures and induce liquidliquid phase separation (10). Thus, evidence for the association of aberrant phase separation with various diseases such as cancer and neurodegeneration has been accumulating. It is noteworthy that the speed and efficiency of phase separation depends on the higher-order structure of the RNA, such as hairpin or G-quadruplexes (22,23), suggesting that the structure of nucleic acids may play an important role in cancer and neurodegenerative diseases.

This review describes the non-canonical structures of nucleic acids and their functions in gene expression during disease progression and how nucleic acid structures are associated with phase separation along with their roles in the onset and progression of cancer and neurodegeneration.

Structural polymorphisms of nucleic acids

The canonical structure of nucleic acids is a duplex (24), which comprises two strands of nucleic acids linked in an antiparallel formation via Watson–Crick (W–C) base pairs between A and T (or U) and between G and C (Figure 1A). Interestingly, nucleic acids can also form noncanonical structures such as triplexes (25,26), tetraplexes of G-quadruplexes (27) and i-motifs (28), and junctions. Triplexes and G-quadruplexes are most commonly observed in disease-related genes and are considered to play important roles in disease onset and progression (29).

Triplexes are formed by the binding of a third strand, the triplex-forming oligonucleotide (TFO), to a duplex from the major groove side via Hoogsteen (H) base pairs (Figure 1B).



Figure 1. Nucleic acids structures of (A) B-form duplex and Watson–Crick base pairs, (B) triplex and triads, and (C) G-quadruplex and G-quartet. Hydrogen bonds are shown in dashed line (green). The bases of A, C, G and T in the duplex, triplex and quadruplex structures are shown in red, pink, green and light blue, respectively.

TFOs are composed of a pyrimidine base and a purine base bound in antiparallel and parallel to the duplex (30). Thus, the triplex structure consists of triads in which pyrimidine (Y) bases are bound to W-C base pairs of pyrimidine and purine (R) via H base pairs (Y-R*Y, where dash and star denote Watson-Crick and Hoogsteen base pairs, respectively), or triads in which purine bases are bound to Y-R base pairs (Y-R*R) (Figure 1B) (31). The TFO also interacts with the neighbouring bases via stacking interactions and stabilize the structures. Hence, the formation of triplexes generally requires a continuous homopurine-homopyrimidine run of 10 base pairs or more (32,33). Another characteristic of triplexes is that, unlike duplexes, their stability varies greatly with pH in solution. The width of the major groove in the duplex favours binding to the pyrimidine strand over the purine strand. Hence, the parallel triplex with three triads of $C-G^*C^+$ and $T-A^*T$ is more stable than the antiparallel triplex with three triads of C-G*G and T-A*A even under normal conditions (34,35). However, the Y-R*Y triplex is



Figure 2. Image of the molecular crowding condition in cells. A cell exhibits a crowded environment comprising various organelles such as the nucleus, endoplasmic reticulum, mitochondria and Golgi apparatus, along with soluble and insoluble proteins, mRNAs, cytoskeletons and sugars filling the spaces between the organelles.

formed mainly under acidic conditions because protonation of N3 of cytosine stabilises the $C-G^*C^+$ triad in TFO (36).

G-quadruplexes are formed by hydrogen bonding of the four guanines of G-rich strands (H-bond) (Figure 1C). When four guanines are joined by hydrogen bonds between the H1 of the nitrogen and O6 of the carbonyl group and between the H2 of amine and N7, the four guanines are called G-quartet (Figure 1C) (37-39). Two Gquartets stacked with a cation in the middle, which is coordinated by O6 oxygen molecules in eight guanines between two G-quartets, rendering the G-quadruplexes highly stable. The order of the ability of monovalent cations to stabilise G-quadruplexes is $K^+ > NH_4^+ > Na^+ > Li^+$ (40,41), as the stability of G-quartets is changed depending on the ionic radius and dehydration of the cation. Gquadruplex-forming sequences can be retrieved by the algorithm $d(G_{3+}N_{1-7}G_{3+}N_{1-7}G_{3+}N_{1-7}G_{3+})$, wherein N refers to any base that may form G-quadruplexes (42,43). This algorithm can identify stable G-quadruplex sequences with three or more G-quartets. However, recent studies have shown that even sequences such as those forming two G-quartets or long loops (N number > 7) can form a G-quadruplex (44). An assay based on genome-wide sequences showed that there are more than 700,000 sites with G-quadruplex-forming sequences in the human genome (44). It was also reported that only 10 000 of the 700 000 G-quadruplex-forming sequences have been discovered by chromatin immunoprecipitation-sequencing using a Gquadruplex-binding antibody (45,46).

Nucleic acid structural changes based on the surrounding environment

The intracellular environment comprises diverse biomolecules that are intermingled (Figure 2). For example, in the nucleus, DNA is packed by chromatin with high density, while the cytoplasm contains macromolecules such as organelles, cytoskeleton, soluble and insoluble proteins, and low-molecular weight compounds such as osmoregulatory molecules and metabolites (Figure 2). These biomolecules occupy 20–40% of the cell volume, and their concentration can reach 300–400 mg/ml, thereby crowding the intracellular environment, which is referred to

as molecular crowding (Figure 2). Meanwhile, an aqueous solution containing 100–150 mM NaCl or KCl has been used *in vitro* experiments to analyse the behaviour and function of biomolecules in cells. However, such standard solutions often do not reflect cell physiology. Therefore, the molecular environment in the cell is important for determining the behaviour and function of biomolecules.

To evaluate the effect of the molecular environment in the cell, cell-mimicking solutions have been constructed in *vitro* to reproduce the molecular crowding environment by the addition of co-solutes to a standard aqueous solution. Molecular crowding studies use large or small molecules as co-solutes. For example, polyethylene glycol, polymers of sugars (ex. dextran, ficoll), proteins such as bovine serum albumin, and nucleic acids such as tRNA are used as crowding agents to mimic molecular crowding conditions. In solutions with such high-molecular-weight crowding molecules, the volume occupied by the biomolecules is reduced owing to the steric hindrance created by the crowding molecules, and hence, molecular motion and structure are restricted (47). In addition, the activity of the biomolecules increases owing to the limitation of the volume in which they exist. Such molecular crowding conditions change the chemical potential and activity coefficients of the biomolecules (48). Furthermore, the physical properties (ex. osmotic pressure, dielectric constant, surface tension, viscosity, etc.) of crowded solutions are very different from those of dilute solutions (7). These physical properties changes also affect the behaviour of biomolecules (7). For example, Minton et al. found that amyloid fibrillation and fibrinogen aggregation were enhanced in a molecular crowding environment (47,48). Furthermore, Winter et al. found that tubulin multimerisation was enhanced by the addition of ficoll (49). Bloomfield et al. had analysed the effect of molecular crowding on enzymatic reactions as well as aggregation and reported that in a molecular crowding environment, the affinity between the restriction enzyme EcoRV and DNA is increased, while the cleavage rate is decreased (50).

Focusing on nucleic acids, the stability and structure of nucleic acids are determined by five key interactions for hydrogen bonding, base stacking, conformational entropy, hydration, and cation binding (51-54). The hydration and cation binding are particularly important under molecular crowding conditions (55-60).

The excluded volume effect of the addition of a large cosolute has a small effect on the thermal stability of the structure formed by the short oligonucleotide (61). The reason for this is that the formation of nucleic acid structures involves binding with water molecules; hence, a reduction in water activity due to the addition of co-solutes has a pronounced effect on the stability formed by short oligonucleotides (7). The decrease in water activity is unfavourable for the formation of nucleic acid structures with hydration but favourable for the formation of nucleic acid structures with dehydration. The hydration and dehydration during structure formation of nucleic acids can be calculated by the osmotic pressure method. Duplex formation results in the uptake or a slight release of water molecules, thereby destabilising the structure under molecular crowding conditions (61-63). On the other hand, the formation of non-canonical structures such as triplexes, G-quadruplexes and cruciforms

involves the release of water thereby stabilizing the structures under crowding conditions (57,64–66). Chalikian *et al.* used volumetric measurements to analyse the hydration structure of nucleic acids. Volumetric measurements have suggested that duplex formation is associated with changes in hydration around duplex structures (67). Molecular dynamic simulations have also shown that the ordered water network around a DNA duplex is disrupted in a solution containing co-solutes (68). Moreover, G-quadruplexes release water molecules (69,70). This change in the stability of the non-canonical structure anticipates that it may play a key role in gene regulation in response to disease-induced environmental changes.

Nucleic acid structures may control the formation of a phase separation

Phase separation is among the most important intracellular phenomena (71,72). These phase separations form membrane-less compartments in cells that are often termed as membrane-less organelles, condensates, granules, or droplets to distinguish them from compartments of organelles that are surrounded by membranes such as the nucleus and Golgi apparatus. For example, membrane-less compartments are the nucleolus (73) and Cajal body in the nucleus and centrosomes (74), and P-bodies and germ granules in the cytoplasm. These membrane-less organelles are formed by the phase separation of specific groups of molecules such as RNA and proteins with low-complexity regions. Importantly, the membrane-less organelles can selectively enrich certain biomolecules while excluding others and can regulate biological reactions (75) because of the diffusion property of the molecules in the membraneless organelles. Various other functions have been proposed for membrane-less organelles, including the formation of molecular filters that can dissociate DNA duplexes (76), suggesting that these molecular filters may be associated with gene regulation. Moreover, the evolutionarily tuned response of stress-triggered phase separation (77) forms the stress granule, which marks stress onset. The stress granule is transiently formed in the cytoplasm in response to stresses such as heat, oxidation, hyperosmotic pressure and UV irradiation. The stress granule is involved in translation and RNA metabolism and is linked to diseases, including neurodevelopmental disorders and cancer (78). Moreover, the condensates of signalling molecules promote T cell receptor signal transduction (79), and the competing protein-RNA interaction networks control multiphase intracellular organisation (80).

The diverse growth factor signalling pathways are hyperactive in cancer cells (81,82), although it remains unknown whether these signalling pathways are constitutively active. Recently, the role of droplet formation in regulating cellular signalling was reported. Cyclic GMP-AMP synthase (cGAS), a DNA sensing and binding protein of an exogenous DNA in the cytoplasm that activates a type-I interferon response, induces droplet formation and the innate immune response (83). Thus, phase separation plays an important role in cancer through signalling and other mechanisms.

DNA in the nucleus is under a molecular crowding environment denselv folded into histone proteins. The surrounding environment can drastically change. Transcription factors that control transcription initiation form densely concentrated droplets, which when containing DNA, lead to an increase in the transcriptional activity (84). The FUS protein induces ALS by forming rigid amyloid fibres; notably, the FUS protein forms droplets and is concentrated to form fibres (85). It has been reported that when the reversibility of the droplets is lost, precipitation occurs as amyloid fibres (85). The droplets have high reversibility and fluidity, and hence, they can move inside the cell while concentrating liquid inclusions. Therefore, in an intracellular molecular crowding environment, droplets may accumulate transcription factors and amyloid-forming proteins and host several reactions. For example, the intrinsically disordered domain of prions prevents abnormal protein aggregation (irreversible denaturation) by forming droplets (86) mitigated by RNA (87). The primary component of droplets has been thought to be proteins (or peptides); however, it has been recently reported that RNA molecules transcribed from genes of triplet repeat disorders also form droplets and are found in droplets. Recently, there have been some important reports on RNA structures that affect droplet formation (10). Droplet properties change depending on the structure of the RNAs. The rCAG and rCUG repeats that form hairpins were reported to form spherical droplets. In contrast, the rGGGCC repeats in the C9orf72, which is the most frequent mutation observed in ALS/FTD, form a G-quadruplex structure, and were shown to form cohesive droplets, with little or no RNA movement within them (10). Other studies have also shown that the formation of RNA G-quadruplexes promotes droplet formation (22,23). As these RNAs also interact with peptides that are cytotoxic in neurodegenerative diseases, the relationship between RNA phase separation and cytotoxicity has attracted attention (10,88-89). Thus, phase separation might be regulated by the RNA structure, which influences disease progression.

The mechanism of phase separation can be explained by intermolecular force interactions (e.g. dipole-dipole, ionion and hydrogen bonds) that determine the solvent properties of the coexisting phases. (90). As described earlier, the molecular crowding in cells significantly influences the regulation of the behaviour and function of biomolecules. In recent years, liquid-liquid phase separation has been considered to play a role in reducing fluctuations in protein concentration because of the constraints on concentration inside and outside the droplet (90). If the total concentration of protein changes, the droplet number and size will also change; however, the concentration outside the droplets may be unaffected by these changes (91). Concentration noise of proteins in cells is reduced in the presence of droplets; therefore, the phase separation may also affect the structure of nucleic acids by controlling molecular crowding.

Nucleic acids involved in cancer mechanisms

In normal cells, tumour suppressor genes maintain normal functions. Tumour suppressor genes encode proteins that

suppress the development of cancer (tumour suppressor proteins) (92). A few well-known tumour suppressor genes include *P53*, *Rb* and *BRCA1*. Oncogenesis is thought to occur when tumour suppressor proteins are not produced, or when abnormal tumour suppressor proteins from damaged genes interfere with the function of normal tumour suppressor proteins.

In contrast, an oncogene is a normal gene that has been modified to cause abnormalities in protein expression, structure, and function, resulting in the transformation of normal cells to cancerous cells (93). In this case, the gene before modification is referred to as the proto-oncogene. Cancer cells can proliferate indefinitely and exhibit abnormalities in apoptosis control mechanisms. Additionally, the cells can invade and metastasise (93). Oncogenes include genes that regulate cell proliferation and growth, such as platelet-derived growth factor (PDGF), and the vascular endothelial growth factor receptor (VEGF). Low-molecular weight G proteins regulate cell proliferation, differentiation, gene expression and cell adhesion, and are encoded by the HRAS, KRAS and NRAS genes. Genes such as those of the *MYC* family encode transcription factors that activate cancer-related genes, and many malignant cancers overexpress MYC family genes (94). A potent oncoprotein encoded by BCL-2 has functions as an inhibitor of cell apoptosis and has been found to be aberrantly overexpressed in a wide range of human tumours (93). Hence, controlling the activation or inactivation of these cancer-related genes is an important factor in determining cancer progression. Moreover, the telomere synthase enzyme telomerase is activated in cancer cells and continues to elongate the telomeres. When telomeres are shortened, cells do not divide; however, in cancer cells, the length of the telomere chain is maintained, enabling cancer cells to divide indefinitely (39).

Non-canonical DNA and RNA structures perturb the expression of cancer-related genes, and these changes in expression may influence cancer progression

In recent years, the relationship between nucleic acid structure and cancer has attracted attention. Several examples implicating non-canonical DNA structures such as triplexes and G-quadruplexes have been described in the transcription of cancer-related genes (Figure 3 and Table 1). Sequences capable of forming intramolecular triplexes and Gquadruplexes are abundant in mammalian genomes. These sequences often correspond to sites of increased susceptibility to chromosomal translocations such as translocations involving the c-MYC oncogene. For example, a DNA triplex formation in the c-MYC promoter interferes with transcription (95) and induces anti-proliferative activity in breast cancer (5). More recently, the unexpected stability of certain long non-coding RNAs (lncRNA) involved in cancer, including metastasis-associated lung adenocarcinoma transcript 1 (96) and multiple endocrine neoplasia- β RNAs (97), was found to be the result of intramolecular RNA triplex formation near their 3' ends. Furthermore, RNA in nuclear can bind to specific promoters of DNA duplex to form triplex structures (RNA/DNA triplex), which can inhibit transcription. For example, the lncRNA of MIR100HG binds to the p27 gene to form RNA/DNA

triplex structures (98). The RNA/DNA triplex structures are also involved in cancer, targeting specific sequences in DNA and regulating transcription (98). Moreover, the lncRNA PARTICLE has been shown to repress the tumour suppressor gene *MAT2A* via RNA/DNA triplex formation (99). The lncRNA MEG3 binds to GA-rich sequences in the chromatin through RNA-DNA triplex formation and regulates the TGF-beta pathway (100). Thus, triplex structures in the gene can downregulate gene expression in cancer.

The formation of G-quadruplexes in cancer related genes is considered to play important roles in cancer progression by altering the transcription and translation of cancerrelated genes. The promoter region of the gene within 1 kb upstream of the transcription start site is significantly richer in G-quadruplex-forming sequences than the remainder of the genome (101). The structures of these G-quadruplexforming sequences have been previously identified. For example, several G-quadruplex forming sequences such as those in c-*MYC* (102), c-*KIT* (103,104), *KRAS* (105), *VEGF* (106), *PDGF-A* (107) and *BCL-2* (108) have been reported to form G-quadruplexes. As described above, these genes promote the progression of cancer, and the G-quadruplexes in their promoters may be involved in gene regulation.

The effect of non-canonical structures, especially of Gquadruplexes, on gene expression have been previously examined (Table 1). It has been reported that the Gquadruplex formation in the insulin-binding polymorphic region at upstream of the insulin gene promotes transcription (109). However, most G-quadruplexes inhibit transcription activity. For example, expression of the oncogene c-*MYC* which leads to enhanced cell proliferation (110), c-*KIT* which encodes a receptor tyrosine kinase, that when activated triggers signals (103,104). Interestingly, the Gquadruplex formations in the c-*MYC* and c-*KIT* promoter inhibit their transcriptional activation (102–104).

Recently, the role of G-quadruplex in response to changes in the chemical environment during tumour progression was elucidated in living cancer cells. The formation of the G-quadruplex is greatly influenced by the surrounding environment, especially K⁺ concentration (111). Because of overexpression of K⁺ channel, K⁺ concentration is decreased probably in malignant cancer cells compared with that in normal cells (112-114). In normal cells, the production of RNA transcribed from template DNA with Gquadruplexes is suppressed because the G-quadruplexes are stable. More transcripts are produced from the template with G-quadruplex ability in highly metastatic breast cancer cells than in milder cancer cells. This suggests that in normal cells, K⁺ ions repress the transcription of certain oncogenes by stabilising the G-quadruplex structure (115). In addition, tRNAs are highly expressed in malignant cancer cells. The 5' untranslated region (UTR) mRNAs of oncogenes containing G-quadruplex-forming sequences are structurally altered by tRNAs from G-quadruplex to hairpin structure, and such alterations promote translation (116).

Conversely, transcriptional activity is controlled by the phase separation of transcription factors and DNA (117). The efficiency of formation of phase separation was determined using the highly ordered structures of nucleic acids (22,23). As the binding affinity of proteins with nucleic acids is determined by the structures of the nucleic acids,

Table 1. Endogenous non-canonic	al structures related cancer and their ro	oles		
Target gene (or RNA)	Where	Expected structure	Roles during cancer progression	Refs.
c–MYC	Promoter in <i>c-MYC</i>	DNA Triplex	Inhibition of expression of mRNA c - Myc Promotion of anti-proliferative activity in hreast cancer	(95)
Metastasis-associated lung adenocarcinoma transcript l	MALATI (IncRNA)	RNA Triplex	Increase the levels of an intronless β-globin reporter RNA via stabilization of MALAT1	(96)
Multiple endocrine meonlasia-B (MFNB) R NA	MENB RNA	RNA Triplex	Increase the levels of an intronless β-globin renorter R NA via stabilization of MFNR R NA	(67)
p27	Promoter in $p27$ and lncRNA (MIR100HG)	RNA/DNA Triplex	Change for expression of $p27$ gene and the cell cycle, the progression of triple-negative breast	(98)
MAT2A	Promoter <i>in MAT2A</i> and lncRNA (PARTICLE)	RNA/DNA Triplex	cancer the ability of MALAT1 and MENβ sequences containing the predicted nuclear retention element and A-rich tract to increase the levels of on introvlass (a othin resorter DNA	(66)
TGF-beta pathway	Promoter <i>p27</i> and IncRNA (MEG3)	RNA/DNA Triplex	or an introntees p-groun reported with a Regulation of thGF-beta pathway	(100)
c-MYC	Promoter in c - MYC	Antiparallel stranded DNA	Decrease in transcript Promotion of cell	(102)
r-KIT	Promoter in c-KIT	G-quadruplex Parallel stranded DNA	migration Decrease in transcrint Promotion of cell	(103-104)
		G-quadruplex	proliferation.	
KRAS	Promoter in KRAS	Parallel stranded DNA	Promotion of signal transduction pathways	(105)
VEGF	Promoter in VEGF	O-quautuptes Parallel stranded DNA	Promotion of tumor survival, growth and	(106,111)
PDGF-A	Promoter in PDGF-A	G-quadruplex Parallel stranded DNA DNA	metastasis Transcriptional regulation	(107)
BCL-2	Promoter in <i>BCL-2</i>	G-quadruplex Parallel stranded DNA DNA	Transcrintional regulation	(108)
insulin	Upstream of the insulin	G-quadruplex DNA G-quadruplex	Increase in transcript levels	(109)
-MAC	gene Codino region in /-MYC	Parallel stranded DNA	Increase and decrease in transcript levels in	(115
		G-quadruplex	response to G-quadruplex stability	
Human Zic-1 zinc-finger	5'-UTR of transcript	Parallel stranded RNA	Promotion of cell migration, invasion, cellular	(127)
protein Transforming growth factor $\beta 2 (TGF\beta 2)$	5'-UTR of transcript	G-quadruplex Parallel stranded RNA G-quadruplex	development, and immunomodulation Promotion of transforming growth factor BCell migration, invasion, cellular development and immunomodulation	(128)
			ucvolopinente, and annualemented	



Figure 3. Roles of non-canonical structures in cancer cells. Non-canonical structures control gene expression. Formation of a non-canonical structure in the promoter region inhibits polymerase binding. Formation of non-canonical structures in the coding regions of DNA and mRNA inhibits transcription and translation, respectively.

the structures of cancer-related genes may be involved in the formation of phase separation. Therefore, DNA noncanonical structures may regulate oncogene expression either directly or indirectly through phase separation.

G-quadruplexes are also present in transcribed RNA (37); for example, there are 4141 G-quadruplex-forming sequences in the 5'-UTR of human cancer-related genes (118,119) such as FGF-2 (120), NRAS (121), zinc-finger protein of the cerebellum 1 (Zic-1) (122), BCL2 (123), TRF-2 (124), VEGF (125) and ADAM-10 (126). Such Gquadruplexes of RNA in the 5'-UTR repress gene expression at the translational level. For example, the RNA Gquadruplex in Zic-1, which is overexpressed in medulloblastoma and is involved in cerebellar development, is reported to regulate translation (127). The G-quadruplex-forming sequence in the UTR was reported to reduce Zic-1 expression (122). Although it has been shown that some Gquadruplexes can augment translation, most of the wellcharacterised G-quadruplexes act as inhibitors. In vitro studies have demonstrated that 5'-UTR G-quadruplexes have regulatory functions, while in vivo studies have demonstrated the existence of G-quadruplex structures and their alteration in cancer tissues The translation of transforming growth factor $\beta 2 (TGF\beta 2)$ regulates cytokines and plays an important role in cell migration, invasion, and development and immune regulation (128). The formation of Gquadruplexes in the 5'-UTR of $TGF\beta2$ mRNA enhances translational activity (128). Moreover, it has been reported that loss of the RNA G-quadruplex helicases DHX36 and DHX9 reduces translation of the coding regions of transcripts comprising proto-oncogenes, transcription factors, and epigenetic regulators through interaction between the helicases and the RNA G-quadruplex (129). Cancer is considered a multifactorial disease caused by a combination of genetic and environmental factors. Recently, whole genome sequencing of cancers has been used to identify mutations in cancer patients that overlap with those in potential RNA G-quadruplexes in the 5'-UTR. The results suggest that mutations in the G-quadruplex may act as cancer-promoting or suppressive mutations (130).

Recent studies have suggested that phase separation is critical for the regulation of transcription in an oncogene. For instance, the carboxy-terminal domain (CTD) in RNA polymerase II induces phase separation, and the RNA polymerase II forms clusters at the active genes via the interactions between the CTDs and activators (117). It is also reported that transcription factors activate genes via the phase-separation of mediator and activation domains (131). The transcription factors and RNA polymerase II are colocalised in stable clusters, which are associated with chromatins, have phase-separated condensate properties, and are sensitive to transcriptional inhibitors (132). Moreover, transcriptional coactivator proteins form droplets at super enhancers, which regulate genes, thereby influencing cell identity and function (133), especially in cancer-related genes including those related to diffuse large B cell lymphoma (134,135). The *in vitro* phase separation reconstitutes the super enhancer-enriched key components of the transcriptional machinery such as the mediator complex, suggesting that condensate formation near super enhancers may be associated with gene activation. Furthermore, malignancies occur due to chromosomal translocations resulting in new fusion proteins in which a DNA- or chromatinbinding domain is connected to the intrinsically disordered regions of a different protein, such as the fusion between the intrinsically disordered regions of the proteins in Ewing's sarcoma (136) or between the IDR of FUS and DNAbinding domains in certain types of liposarcoma (137). Phase separation drives aberrant expression programs of cancer-related genes. The relationship between nucleic acid structure and phase separation during cancer progression remains unclear; however, nucleic acid structures are also involved in biological reactions, hence, may relate also to the formation or dissociation of phase separations.

Nucleic acids involved in neurodegenerative diseases

Expansion of tandem repeats in cording or non-cording regions is associated with several neurodegenerative diseases. A typical hereditary neurodegenerative disease is the triplet repeat disease (138), which is caused by an abnormal extension of the triplet repeats. The association between repeat region expansion and neurodegenerative diseases was first reported in 1991 (139). The expansion of repeat length in triplet diseases leads to the expression of extended tandem repeat RNAs (140) and such repeat RNA leads to pathological conditions by loss of protein and RNA function. Moreover, protein and peptide aggregation translated from the expanded tandem repeats due to solid–liquid phase separation is also a major underlying cause of several neurodegenerative diseases (138).

As a typical example of repeat expansion disorders, the number of dCAG repeats in healthy individuals is ~ 20 , whereas HD patients have >40 repeats (Table 2) (141,142). The dCAG repeats produce a large number of abnormally elongated glutamine chains, called polyglutamine (poly-Q), and when poly-Q accumulates in neurons, it causes neuronal dysfunction and cell death (Figure 4) (143). In poly-Q related disease, with each generation, the repeat sequences are duplicated and lengthened. As the severity of the disease is usually proportional to the length of the repeat expansion, HD usually develops in middle-aged and older adults. Poly-Q disease can also induce abnormal gene expression, generally due to the loss of function of proteins that bind to aggregates and regulate transcription and translation. When huntingtin protein, the gene product responsible for HD, interacts with abnormally elongated poly-Q chains, fibres and aggregates are formed. Oculopharyngeal muscular dystrophy is caused by dGCG expansions in the PABP2 gene (144). Pathological expansion of polyalanine may result in accumulation of mutated PABP2 oligomers as filamentous inclusions in the nucleus (144). Huntington's disease-like 2 (HDL2), a neurodegenerative disease caused by the elongation of dCTG repeat sequences, involves symptoms that are very similar to those found in HD patients. JPH3, the gene responsible for HDL2, produces RNA with rCUG repeats and proteins with polyalanine and polyleucine (140). These RNAs are thought to be cytotoxic because of the abnormal aggregation of peptides encoded by them.

In the case of repetition expansion disorder, when the DNA of a repetitive sequence forms a stable hairpin, the DNA strand 'slips' during replication, repair, and recombination, causing the repetitive sequence to elongate. Once the repeat sequence expands, the repeat sequence forms abnormal structures in multiple locations. RNA transcribed from the repeat region also forms an unusual structure. In these structure changes of DNA and RNA in the repeat region cause the disease to gradually increase with age and in subsequent generations (145).

Non-canonical structures of DNA and RNA in genes associated with neurodegenerative diseases

As shown above, the expansion of tandem repeats is closely related to neurodegenerative diseases (138). The detailed sequences related to neurodegenerative diseases are shown in Table 2. In repeat diseases, not only triplet repeats but also diseases involving sequences of five or six repeats have been reported (11,146). For example, the expansion of hexanucleotide dGGGGCC repeats in the first intron of C90RF72 is the most common genetic cause of ALS and frontotemporal dementia (C9-ALS/FTD) (147). These repeat sequences form not only standard duplexes, but also hairpin, triplex, and G-quadruplex structures (Figure 5), such as the formation of hairpin structures, which are prevalent in dCNG, dGNC, dANT or dTNA repeat sequences (N = dA, dC, dG or dT) (148). The stem in the hairpin structures is composed of Watson-Crick base pairs and N-N mismatches (149). The dGAA repeats form a triplex (150) and dAGG and dTGG repeats form G-quadruplexes (151). Such noncanonical structures may cause repeat regions to elongate during DNA replication. For example, the dCTG triplet repeat sequence has been shown to self-expand during DNA replication when dCTG triplet repeat sequence forms hairpin structures (Figure 4) (152).

Triplet repeat diseases exhibit occasionally different pathogenic mechanisms depending on the location of the repeat region in the gene sequence (Table 2 and Figures 5 and 6). If this repeat region is in an open reading frame (ORF), the polypeptide is translated. These polypeptides accumulate in the cell as a collection of toxic peptides and proteins, resulting in gain-of-function mutations. However, the expansion of these triplet repeats can also occur in regions other than the ORF (untranslated regions). As these regions generally do not produce proteins, triplet repeat diseases caused by repeats in untranslated regions are different from those caused by repeats in the ORF, such as poly-Q disease.

Meanwhile, repeat sequences in introns reduce the expression levels of mRNAs. Such a decrease in the expression levels of mRNAs leads to loss-of-function type mutations in proteins. In addition, repeat expansion in non-coding regions such as introns and UTRs can also lead to gain-offunction of the repeated RNA, forming toxic foci in the cell. In recessive hereditary fragile X syndrome and Friedreich schizophrenia, an increased number of rCGG repeats in the 5'-UTR and rGAA repeats in the intron form a hairpin and triplex structure, respectively (Figure 5) (153), and consequently, inhibit transcription, thereby significantly decreasing the levels of gene products (loss of function) (154). Fragile X-associated tremor and ataxia syndrome (FXTAS) is a genetic disorder characterised by cerebellar ataxia and cognitive dysfunction. The extended rCGG repeat of the fragile X syndrome gene (FMR1) induces RAN translation, which is a translation reaction independent of AUGinitiation. This RAN translation has been shown to generate polyglycine (polyG) FMR1 protein, which accumulates

Table 2. Repeat ex	pansions involved	in neurodegenerative disease	s and their roles				
Related gene	Where	Repeat sequence	Expected DNA structure	Translation product	Objective	Disease	Refs.
ATNI ATXNI	CDS	dCAG	Hairpin	Poly-Q	Aggregation of peptide and protein	DRPLA SCA1	(141), (143)
ATXN2 ATXN3 CACNAIA ATXN7 ATXN8 AR DRPLA HTT PTB		rCAG	Cruciform			SCA 2 SCA3(MJD) SCA6 SCA6 SCA7 SCA8 SBMA DRPLA HD SCA17 SCA17	
PABP2	CDS	dGCG	Hairpin	Poly-A	Agregation of peptide and protein	OPMD	(144)
JPH3	CDS	dCTG	Hairpin	Poly-L	Aggregation of RNA (rCUG repeats), peptide and protein	HDL2	(152)
FMRI	5'UTR	dCGG rCGG	Hairpin G-omadrunley		Transcription inhibition Loss of gene function	SETAS FXTAS	(155)
PPP2R2B	5'UTR	dCAG	Hairpin		Transcription inhibition Loss of gene function	SCA12	(143)
FXN	intron	dGAA rGAA	Triplex Hairpin		Transcription inhibition Loss of gene function	FRDA	(153)
SCA10	intron	dATTCT	Triplex		RNA foci increases stress in the nucleus	SCA10	(156)
C9orf72	intron	rAUUCU dGGGGCC	Hairpin	(RAN translation)	Aggregation of RNA (rGGGGCC reneats) neutide and motein	ALS/FTD	(147)
		rGGGGCC	G-quadruplex	Poly-GP Poly-GP Poly-GR Poly-PA Poly-PA			
DMPK	3'UTR	dCTG	Hairpin		Induce the multisystemic dominantly inherited disorder	DMI	(158)
CNBP	intron	rCUG dCCTG rCCUG			Aggregation of RNA	DM2	(159)

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Figure 4. Roles of non-canonical structures in neurodegenerative cells. Non-canonical structures control repeat expansion, gene expression, gene methylation, local translation and toxic accumulation.



Figure 5. Structures of repeat expansion DNAs involved in neurodegenerative diseases. Repeat sequences of dCAT, dATG, dCTG, dCTA, dTAG, dCAG, dTTA, dCGG or dCGG form hairpins, dGAA forms triplexes, and dAGG or dTGG form G-quadruplexes.



Figure 6. Structures of repeat expansion RNAs involved in neurodegenerative diseases. Among the repeats, rCCA, rAAG, rCAA, rUUG, rCUU, rUAA and rCCU do not form any higher-order structures; rCAU, rCCG, rCUA, rCUG, rUUA, rCAG, rAUG, rCGG and rUAG form hairpins; rAGG and rUGG repeats form G-quadruplexes.

in ubiquitin-positive inclusion bodies and causes toxicity. In myotonic dystrophy type 1 (DM1), there is an extended repeat in the 3' UTR of the transcript, resulting in an abnormally long mRNA length. As this expansion becomes progressively longer in one allele, the pathogenesis of the disease also becomes more severe. The gain-of-function form of DM1 is unable to perform its normal function of splicing a particular gene family, as a result of inhibition of the activity of the rCUG-binding protein induced by the RNA repeats (155). Spinocerebellar ataxia type 10 (SCA10), which is an autosomal dominant genetic disorder, causes cerebellar ataxia and seizures. SCA10 patients exhibit expansion of a pentanucleotide (dATTCT) repeat in intron 9 of the ATXN10 gene. However, expanded dATTCT repeats are not passed from parent to child. Therefore, an inverse correlation between the length of dATTCT repeats and age of onset has been observed, which is unusual for a repeat disease (156). A dCTG expansion located in the 3'-UTR of a kinase gene causes DM1 (157). In addition, expansion of dCCTG causes a disease state similar to myotonic dystrophy type 2 (DM2). The behaviour of dCTC and dCCCTG expansions has shown that both DM1 and DM2 mutations are pathogenic at the RNA level (158). The finding that the accumulation of RNAs and peptides caused by repeat expansion of RNAs alters cellular functions indicates the existence of a new category of diseases.

In other genes associated with neurological diseases, the importance of non-canonical structures has been suggested. The transcriptional regulator, alpha-thalassemia/mental retardation syndrome X-linked (ATRX), binds G-rich tandem repeat sequences in both telomeres and euchromatin, and the binding affects nuclear processes (159). Moreover, ATRX also binds to the G-quadruplex of the CpG island of the Xlr3b gene and enhances its expression by recruiting DNA methyltransferases (160) (Figure 4). Specific neuronal mRNAs are transported to axons in nerve cells and dendrites and locally translated at synapses. Interestingly, bioinformatics analysis has shown that approximately 30% of the dendritic mRNAs have G-quadruplex-forming sequences in the 3'-UTR (161). Fragile X mental retardation protein uses its arginine-glycine-glycine (RGG) box to bind to the G-quadruplex located at the 5'-UTRs of the MAP1B, APP and PP2Ac mRNAs, and the binding induces translational repression (162) (Figure 4). The protein level correlates with the stability of G-quadruplexes in an mRNA (163). Such accumulating evidence illustrates the importance of the structure of nucleic acids, indicating that transcript RNAs may be important contributors to neurodegenerative diseases.

RNA structures affect cytotoxicity via phase separation in neurodegenerative diseases

How repeat expansion sequences that do not produce abnormal proteins or peptides can cause disease development is still unknown. Past studies have treated DNA structural abnormalities in repeat extension sequences and toxicity from expression of mutated proteins as the primary causes of neurodegeneration. However, the breakthrough in this field came from an RNA pathophysiology study in myotonic dystrophy (DM), wherein it was demonstrated that the extended dCTG repeat transcribes the rCUG RNA repeat, but the rCUG RNA repeat is not translated (164). The rCUG repeats undergo toxic gain-of-function and form droplets called rCUG RNA foci, which cause protein dysregulation and gene silencing in the nucleus (164). Such RNA foci are characteristically observed in DM (165), and the accumulation of RNA foci has been observed not only in cells but also in tissues. Moreover, transcripts of the extended dATTCT sequence were observed in a SCA10 patient (166). Furthermore, rAUUCU forms RNA foci in SCA10 lymphoblasts as well as in DM. Localisation of the foci in the nucleus and their co-localisation with some RNA-binding proteins were also clarified. In general, when RNA foci are formed, stress in the nucleus is increased (167,168), and RNA binding proteins are sequestered (169). As a result, nucleocytoplasmic transport is inhibited (167), which is thought to cause a variety of neurodegenerative symptoms. The repeat RNA sequences form several unique structures. The detail structures of repeat RNA sequences have been investigated because RNA structures are important in the formation of foci and binding to proteins. For example, the RNA repeat sequence of rCMG, rGMC, rAMU or rUMA (where M = rA, rC, rG or rU) also form hairpins. The rAGG and rUGG repeats fold into G-quadruplexes (Figure 6) (170). Moreover, rGGGGCC repeats can form the both of hairpins and parallel G-quadruplexes responsive to the solution conditions (171). Recently, the transcripts from repeat expansions have been reported to form RNA gels using phase-separation analysis (10). The rCAG repeats exhibit liquid-like properties in the solution containing polyvalent cations, whereas when the rGGGGCC repeats form predominantly G-quadruplexes, the repeats exhibit gel-like properties. These findings suggest that the secondary structure of the repeat RNA sequences during RNA gelation be one of a key factor in the pathogenesis because phase separation of the repeat RNA sequences may affect aggregate formation of cytotoxic peptides and proteins

Nevertheless, the specific reason for RNA repeat toxicity has yet to be explained. The RNA repeat sequences form condensed liquid or gel-like states (droplets) or aggregates as previously described (Figure 4). The rGGGGCC repeats are phase-separated depending on the repeat length and the structure of the repeat region (89). The length of rGGGGCC repeat has been associated with the aetiology of C9-ALS/FTD (147), and cells from some C9-ALS/FTD patients are positive for cytoplasmic foci of rGGGGGCC (172). Importantly, the gelation of these RNAs is regulated by the RNA structures; RNA G-quadruplexes facilitate RNA accumulation in G-rich repeat expansions (22). The effects of RNA toxicity are thought to have mechanisms similar to those of protein-induced toxicity. For example, there may be changes in transcript levels, changes in the interactions of proteins that bind to mRNA, abnormalities in mRNA splicing and processing, abnormalities in translation or product mutation, abnormalities in protein quality control pathways, and abnormalities in signalling cascades (173). Overall, aberrant phase separations are associated with neurodegenerative diseases (72).



Figure 7. Possibilities for effects of structural changes in nucleic acids on disease onset and progression. First, the structures of DNA and RNA change in response to environmental changes in the cell. These structural changes repress or promote related gene expression and, therefore, subsequent transcription and translation. Thus, the progression of cancer and neurodegenerative diseases may be altered.

CONCLUSIONS, CHALLENGES AND PERSPEC-TIVES

Herein, we described the effects of nucleic acid structures on cancer and neurodegenerative diseases. Cancer and neurodegenerative diseases are completely different entities, but have some overlap, in which aberrant nucleic acid structures induce a topology change to control gene expression and biological reactions that contribute to disease onset (Figure 7). Specifically, transcription and translation are inhibited or promoted when non-canonical structures are formed from the canonical duplex structure in the gene and the mRNA (29). Moreover, various types of droplets and aggregates are formed in the cytoplasm and the nucleus by phase separation in the cells of patients with cancer and neurological diseases owing to liquid-liquid phase separation and liquid-solid phase separation. These droplets and aggregates encapsulate intracellular nucleic acids and proteins and promote or suppress various biological reactions, contributing to the progression of cancer and neurodegenerative diseases. Importantly, the non-canonical structures change the efficiency of liquid-liquid phase separation and liquid-solid phase separation. For example, droplets are triggered by the naturally denatured domains of proteins and the π - π stacking and cation- π interactions of nucleic acids (174). Droplet formation is also promoted by G-quadruplexes with an exposed π -plane, as this structure is favourable for interacting with droplet-forming proteins and peptides (22,23). In contrast, the structures of duplexes render them unfavourable for uptake within droplets (175). Thus, even for nucleic acids having the same sequences, their interactions with droplet-constituting biomolecules differ depending on their structures.

From a physicochemical point of view, the mechanism of nucleic acid structure formation is primarily regulated by binding with cations and water, leading to the formation of hydrogen bonds and stacking interactions. The nucleic acid structures can be predicted by considering the interactions between the surrounding environment and the nucleic acids, as the mechanism is the same in cells during any dis-

ease; precisely, nucleic acids bind to cations to reduce electrostatic repulsion due to the negative charge of the phosphate groups. In particular, non-canonical structures are stabilised by the binding of specific ions; for example, increasing the H⁺ and Mg²⁺ content in a solution stabilises the triplexes (31,36). In addition, increasing the number of K⁺ ions specifically stabilises G-quadruplexes. Interestingly, in diseased cells such as those of cancer and neurodegenerative diseases, the concentration of ions (e.g. K⁺, H⁺, Na⁺, Mg^{2+}) is typically changed by an overexpression (or inactivation) of disease-specific 'ion channel' proteins. Moreover, the overexpression of certain proteins due to a disease may reduce the water activity of the solution, which in turn, stabilises the non-canonical structures. Thus, clarification of the mechanisms underlying the control of biological reactions by nucleic acid structures can provide new perspectives and insights into the mechanisms underlying disease onset.

It is important to develop methods to regulate the structures and stabilities of nucleic acids in disease-associated genes for therapeutic applications (176,177). As the formation of the G-quadruplex regulates the expression of oncogenes, small molecules that stabilise the G-quadruplex structure have been evaluated for their effectiveness as anticancer agents (178). The G-quadruplex has a structure in which the large π -plane of the G-quartet is exposed, and many small molecules that bind specifically to the G-quadruplex recognize this π -plane and bind to the Gquadruplex through stacking interactions (179). Recently, small molecules with structural specificity for the RNA Gquadruplex of rGGGGCC repeats have been developed to tackle C9FTD/ALS. TMPyP4 (5,10,15,20-tetra(N-methyl-4-pyridyl) porphyrin), is a cationic porphyrin known to bind to the G-quadruplex. When TMPyP4 binds to the rGGGGCC repeats of C9orf72, it distorts the structure of the repeats and interferes with their interactions with hn-RNPA1 or ASF/SF2. As a result, either the sequestration of proteins and/or their translation into toxic dipeptides is inhibited (180). Similarly, a small molecule was identified and shown to reduce RAN translation of C9orf72 and RNA

aggregation in both cells and neurons from patients with expanded repeats (181). Moreover, antisense oligonucleotides (ASOs) targeting the G-quadruplex-forming rGGGGCC repeats in *C9orf72* RNA have been reported to reduce toxicity (182). ASO has been utilized to normalize proteins that exhibit cytotoxicity and loss of function in other neurode-generative diseases characterized by gain-of-function mechanisms that do not involve the G-quadruplex (183,184). These studies indicate that targeting RNA repeats using small molecules and oligonucleotides is an effective therapeutic strategy. Thus, the physicochemical insights into nucleic acid structures involved in cancer and neurodegenerative diseases summarised in this review are essential for the rational design of therapeutic materials.

DATA AVAILABILITY

Data sharing not applicable to this article as no datasets were generated or analysed during the current study.

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