	Study Period					
	Enrollment	Allocation	Post-allocation			
TIMEPOINT	-t1	t0	t1	t2	t3	t4
ENROLLMENT:						
Eligibility screen	х					
Informed consent	х					
Allocation		х				
INTERVENTIONS:						
Intervention group		х	-			<b>→</b>
Control group		х	<b>←</b>			<b>→</b>
ASSESSMENTS:						
baseline variables	х	х				
outcome variables		х	х	х	х	х