

β -amyloid expression in age-related cataract lens epithelia and the effect of β -amyloid on oxidative damage in human lens epithelial cells

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Purpose: To evaluate the changes in β -amyloid (A β) expression in age-related cataract (ARC) lens epithelia and the effect of A β on oxidative damage in human lens epithelial cells (HLECs).

Methods: Specimens of lens epithelia and aqueous humor were obtained from 255 cataract surgery patients and 48 healthy donor eyes. The ARC samples were divided into four groups according to the Lens Opacities Classification System III, with increasing severity from Group I to Group IV. The HLECs were cultured under healthy or oxidative conditions with or without A β pretreatment. Western blot, immunofluorescence, real-time PCR, and enzyme-linked immunosorbent assay were performed to detect A β and β -amyloid precursor protein (APP) expression. β -secretase activity was analyzed in lens epithelia and HLECs. The effect of A β on the viability of HLECs under oxidative conditions was investigated using a cell viability assay.

Results: Compared with the healthy group, the A β 1–42 expression levels in lens epithelia and A β 1–40 expression levels in aqueous humor decreased in Groups I, II, and III ($p < 0.05$) but were unchanged in Group IV. In contrast, APP expression levels increased in Groups I, II, and III ($p < 0.05$) compared with those in the healthy group but were unchanged in Group IV. H₂O₂-treated HLECs exhibited decreased amounts of A β 1–42 and increased amounts of APP. β -secretase activity decreased in the lens epithelia of all four subgroups of ARCs compared with that in the lens epithelia of healthy subjects and decreased in H₂O₂-treated HLECs. Furthermore, treatment with nanomolar concentrations (0.2 nM to 10 nM) of A β could protect cell viability from oxidative damage.

Conclusions: A β and APP expression levels exhibited differential changes during the development of ARC, indicating active feedback of this protein processing. Decreased expression of physiologically generated A β in the early and mid-stages of ARC development might be one of the potential mechanisms accelerating oxidative stress in HLECs during cataractogenesis.

β -amyloid (A β) is generated from amyloid- β precursor protein (APP) through sequential cleavages by β - and γ -secretase [1]. There are two major C-terminal variants of A β , “long-tailed” A β 1–42 and “short-tailed” A β 1–40, with Ala-42 and Val-40 as C-terminal residues, respectively [2]. Abnormal A β aggregation in the brain is an important characteristic of Alzheimer disease (AD) [3]. Previous studies have suggested that A β might also be associated with cataract formation in patients with AD [4]. When Goldstein et al. stained the lenses of patients with AD with Congo Red (a common method for detecting amyloid deposition), they observed enhanced amyloid immunoreactivity in the same supranuclear regions in which cataracts were identified with slit-lamp examinations, suggesting that A β played a role in

supranuclear cataract formation in patients with AD [4]. In addition, cataracts manifest in the A β -transgenic AD mouse model [5]. Furthermore, Moncaster et al. confirmed A β as a key pathogenic determinant linking lens and brain pathology in AD and Down syndrome (DS) [6]. Characteristic lens pathology is regarded as a distinctive early onset ocular phenotype in patients with DS that may be clinically detectable early in life [7–9]. Researchers identified a DS-related pathogenic pathway associating progressive age-dependent A β accumulation in the lens and supranuclear cataracts with corresponding cerebral A β accumulation and neuropathology in the brain [6]. In addition, positive APP and A β staining has also been reported in the cataract lens epithelia of subjects without AD or DS [10]. The fact that the single layer of lens epithelia is essential for maintaining the metabolic homeostasis and transparency of the lens has been well acknowledged [11,12]. Oxidative damage to lens epithelia results in cell apoptosis, DNA damage, and protein degradation and ultimately induces ARC [11–15]. Of note, A β has also been

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strongly associated with oxidative stress [16-18], which is considered a significant contributor to the pathogenesis of AD [19-21]. Therefore, A β may play a role in cataract formation through the oxidative stress response pathway.

However, studies on the relationship between A β and oxidative stress in AD pathogenesis have obtained controversial results [17,22,23]. According to the classic amyloid cascade hypothesis, A β might be the main pathogenic factor accelerating oxidative damage in the development of AD [22,24-27]. The consequences of increased A β in the brain include enhanced oxidative stress, neuronal death, neurofibrillary tangles of hyperphosphorylated tau, amyloid plaque formation, and the onset and advancement of AD [22]. However, researchers have demonstrated that a proper amount of A β may be beneficial to various cellular functions; for example, A β could function as an antioxidant against metal-induced oxidative damage [28] and exhibits increased expression in response to various cellular injuries [29-31]. The absence of endogenous A β causes neuronal cell death, which can be prevented by the introduction of picomolar to nanomolar concentrations of A β [32]. Other evidence for the beneficial role of A β includes the production of A β in healthy brain tissue during normal neuronal activity, with physiologically important functions in learning and memory [33-35]. Additionally, several clinical trials seeking to treat AD by reducing A β have failed [29,36,37]. Therefore, the roles played by A β under different physiologic and pathological conditions need to be studied.

To investigate the possible role played by A β in ARC development, the current study evaluated the expression of A β and APP in the lens epithelia and aqueous humor of healthy subjects and patients with ARC. We also explored the expression pattern of A β and APP in cultured human lens epithelial cells (HLECs) under oxidative conditions. Finally, we investigated the effect of the introduction of A β at nanomolar concentrations on the viability of HLECs under oxidative stress.

METHODS

This study was approved by the Ethics Committee of the EYE and ENT Hospital of Fudan University in accordance with the Declaration of Helsinki and the ARVO statement on human subjects. Written informed consent was obtained from all participants.

Subjects: A total of 255 cataract patients (128 males, 127 females, 61.8 ± 4.2 years) operated in the EYE and ENT Hospital of Fudan University and 48 normal donor eyes (23 males, 25 females, 60.6 ± 4.5 years) obtained from the eye bank of the EYE and ENT Hospital of Fudan University

were recruited in the present study. A diagnosis of ARC was defined as a cataract in a patient aged 50 to 70, with no other accompanying systemic (including AD), corneal, or retinal disease and with no history of corneal or intraocular surgery. The axial lengths of the patients with ARC who were included in this study were within the normal range (22–25 mm). Cataract diagnosis was performed via slit-lamp examination of the eyes. To avoid introducing other pathogenic factors, certain classes of cataracts were divided into separate groups, including posterior subcapsular cataract (PSC), cataract with myopia (defined by an axial length longer than 26 mm), and cataract with diabetes. The cortical (C), nuclear (N), or posterior subcapsular (P) opacity of the cataract was classified with the Lens Opacities Classification System III (LOCS III). A healthy lens, without any ocular or systemic diseases, had less than C2, N2, and P2 opacity. The specimens that met the inclusion criteria were divided into the following eight groups: Group I, ARC of C2–3N1–2; Group II, ARC of C3–4N2–3; Group III, ARC of C4–5N3–4; Group IV, ARC of C4–5N4–5; Group V, PSC (P2–P4, with C<2 and n<2); Group VI, cataract with myopia; Group VII, cataract with diabetes; and a healthy group as a control.

Tissue preparation: Anterior lens epithelia samples (approximately 5 mm in diameter) were obtained from 234 consenting patients (aged 50 to 70) with cataracts by continuous curvilinear capsulorhexis during cataract surgery by the same surgeon (YL). Aqueous humor samples were aspirated from 42 patients with cataracts before surgery by corneal paracentesis, which was performed by inserting a 26-gauge needle into the anterior chamber. Forty-five healthy lens epithelia samples were obtained from the Eye Bank of the EYE and ENT Hospital of Fudan University (donor eyes were from individuals aged 50 to 70 who had no diagnosed ocular or systemic diseases, with less than C2, N2, and P2 opacity). Aqueous humor samples of healthy controls from the eye bank were aspirated by inserting a 26-gauge needle into the anterior chamber from the limbus. All specimens were stored at -80°C until analysis. Tissues from three lens epithelia were combined as one sample for the western blot and β -secretase activity analyses. Four lens epithelia were combined as one sample for real-time PCR (RT-PCR) experiments.

Cell culture: The human lens epithelial cell line (SRA01/04) was obtained from the Cancer Institute of the Chinese Academy of Medical Science (Beijing, China). Authentication testing of the SRA01/04 cell line was performed by Shanghai Biowing Applied Biotechnology Co. Ltd via short tandem repeat (STR) profiling (Appendix 1). Cells were maintained in RPMI-1640 (11,875; Gibco, Thermo Fisher Scientific Inc., Waltham, MA) supplemented with 15% fetal bovine serum

(10100; Gibco, Thermo Fisher Scientific Inc.) and seeded at a density of 1×10^5 cells/ml 1 day before the experiments. To induce oxidative stress, the cells were exposed to 200 μ M H_2O_2 in cell culture medium and then incubated for 24 h before harvesting. To investigate the effect of A β , cells were pretreated with various concentrations of A β 1–42 (A9810; Sigma-Aldrich, St. Louis, MO) or A β 1–40 (A1075; Sigma-Aldrich) 24 h before oxidative shock induced by H_2O_2 . A β 1–42 and A β 1–40 were solubilized in dimethyl sulfoxide (DMSO) and PBS (1X; 154 mM NaCl, 5.6 mM Na_2HPO_4 , 1 mM KH_2PO_4 ; PH 7.2), respectively, and then added to cultured HLECs to a final concentration of 0.2, 0.5, 1.0, and 10 nM without incubation. Unlike incubated A β , which contains many oligomers, this freshly dissolved A β contains mostly monomers, especially when the concentrations of A β we applied were low [23,28,38].

Western blot analysis: Protein sample preparation and immunoblotting were performed according to our previous work [39]. The primary antibodies used for western blot were APP (1:1,000; SIG-39320, Biolegend, San Diego, CA) and anti-A β 1–42 (1:1,000; ab10148, Abcam, Cambridge, UK). Three independent experiments were performed.

Immunofluorescence: Lens epithelia specimens were fixed in 4% paraformaldehyde and permeabilized in 0.1% Triton X for 10 min before blocking in 1% serum and 0.1% bovine serum albumin (BSA) for 30 min at 21 °C. The antibodies included APP (1:80; MAB348, EMD Millipore, Billerica, MA) and A β 1–42 (1:100; ab10148, Abcam). Alexa Fluor® 488 goat polyclonal to mouse immunoglobulin G (IgG) and Alexa Fluor® 488 goat polyclonal to rabbit Ig were used as the secondary antibody, respectively. Fluorescent images were obtained and analyzed using a confocal laser microscope (TCSSP8, Leica Microsystems GmbH, Wetzlar, Germany).

RT-PCR experiments: Total cellular RNA was isolated from the lens epithelia using a RNA Extraction Kit (CW0584, CWBIO, Beijing, China). After treatment with RNase-free DNase for 15 min, total RNA was reverse transcribed using oligo d(T) primers. APP expression relative to β -actin was determined using a Power SYBR Green Reagents Kit (Applied Biosystems, Foster City, CA). PCR was performed in a final volume of 20 μ l containing 2 μ l of cDNA and 10 μ M primers with the ABI ViiATM7 system (Applied Biosystems). The following conditions were used: initial denaturation of 95 °C for 10 min and 40 cycles of 95 °C for 15 s and 60 °C for 1 min. The relative gene expression was calculated with the $\Delta\Delta Ct$ method. The following primers were used: APP (forward

(F), 5'-CCG ACC GAG GAC TGA CCA CT-3', reverse (R) 5'-TGA CGA TCA CTG TCG CTA TG-3'); β -actin (forward (F) 5'-AAG GTG ACA GCA GTC GGT T-3', reverse (R) 5'-TGT GTG GAC TTG GGA GAG G-3').

Enzyme-linked immunosorbent assay: The A β 1–42 and A β 1–40 expression levels in aqueous humor were determined using human A β 1–42 enzyme-linked immunosorbent assay (ELISA) kits (KHB3441; Invitrogen, Life Technologies) and human A β 1–40 ELISA kits (KHB3482; Invitrogen, Life Technologies), respectively, according to the manufacturer's instructions. Optical density was read at 450 nm within 30 min on a microplate spectrophotometer. Concentrations were calculated according to the standard curve. The experiment was repeated three times.

β -secretase activity assays: A β -secretase assay kit (k360–100; BioVision, San Francisco, CA) was used to measure β -secretase activity in the soluble fraction of the pooled lens epithelia and cultured HLEC homogenates according to the manufacturer's instructions. In brief, soluble protein fractions at the final concentration of 1 μ g/ μ l were incubated at 37 °C for 1 h with β -secretase-specific substrate peptides conjugated to the fluorescent reporter molecules. After incubation, light emitted at 510 nm was detected in a fluorescent plate reader after excitation at 350 nm. All experiments were performed three times.

Cell viability assays: The HLECs were plated in 96-well plates at a density of 1×10^4 cells/100 μ l/well and treated as described in detail above. Next, 10 μ l of Cell Counting Kits-8 (CCK-8; DOJINDO, Kyushu, Japan) was added to each well, and the cells were incubated for 2 h. Absorbance was measured at a wavelength of 450 nm. Three independent experiments were performed.

Statistical analysis: Statistical analysis was performed using SPSS 22.0 (IBM Corp., Armonk, NY). All data are presented as the means \pm standard deviations. The chi-square test was used to examine differences in sex distribution. One-way ANOVA and least significant difference (LSD) tests were used to detect differences in age distribution, to compare the A β and APP expression and β -secretase activity in the human samples between healthy subjects and subgroups of ARCs with different severities, and to compare cell viability among different interventions. The independent samples *t* test was used to compare the A β and APP expression and the β -secretase activity between untreated HLECs and H_2O_2 -treated HLECs. Differences were considered statistically significant when $p < 0.05$.

RESULTS

Demographic data: The demographic characteristics of the study subjects are presented in Table 1. There were no statistically significant differences among the groups in terms of age or sex (all $p > 0.05$, ANOVA and least significant difference (LSD) tests for age; chi-square tests for sex).

$A\beta$ and APP expression in ARC and healthy eye tissues: Lens epithelia and aqueous humor samples were collected from cataract surgery patients and the Eye Bank, and categorized into seven cataract groups and a healthy group. Samples from Groups I to IV were collected from cataract surgery patients with increasing severity of cataract, the Group V samples were from PSCs, the Group VI samples were from cataracts with myopia, and the Group VII samples were from diabetic cataracts. The western blot and immunofluorescence results indicated that the $A\beta$ 1–42 protein expression levels decreased in Groups I, II, and III in the ARC lens epithelia compared with those in the healthy tissue specimens ($p < 0.05$ compared with healthy subjects; Figure 1A), but there was no statistically significant difference in Group IV ($p > 0.05$ compared with healthy subjects; Figure 1A). Additionally, $A\beta$ 1–42 staining was mainly localized to the cell nucleus in healthy tissues but transferred more to the cytoplasm in the ARC tissues (Figure 1B). The $A\beta$ 1–42 expression levels were lower in the PSC (Group V), cataract with myopia (Group VI), and diabetic cataract (Group VII) groups than those in the healthy tissues (Figure 1A). However, the concentrations of $A\beta$ 1–42 were low in aqueous humor when examined with ELISA, showing no statistically significant differences among all eight groups (Appendix 2). We further detected the $A\beta$ 1–40 expression levels in aqueous humor using specific ELISA kits. The results showed that the $A\beta$ 1–40 concentration was much higher than that of $A\beta$ 1–42, suggesting $A\beta$ 1–40 is the major form in aqueous humor. Similar to the changing tendency of $A\beta$ 1–42 expression levels in the lens epithelia, the $A\beta$ 1–40 expression levels decreased in Groups I, II, and III in ARC aqueous humor compared with those in the healthy tissue specimens ($p < 0.05$ compared with healthy subjects; Figure 1C) but increased to healthy levels in Group IV ($p > 0.05$ compared with healthy subjects; Figure 1C). Lower $A\beta$ 1–40 expression levels were detected in the PSC (Group V), cataract with myopia (Group VI), and diabetic cataract (Group VII) groups than those in healthy tissues (Figure 1C).

In contrast, the RT–PCR, western blot, and immunofluorescence analyses showed the lowest mRNA and protein expression levels in healthy lens epithelia, which were increased in Groups I, II, and III ($p < 0.05$ compared with healthy subjects; Figure 2A,B) but showed no statistically

significant difference in Group IV ($p > 0.05$ compared with the healthy subjects Figure 2B). The APP expression levels in the PSC, diabetic cataract, and cataract with myopia groups were all higher than those in healthy tissues (Figure 2B).

β -secretase activity in ARC and healthy eye tissues: To explore the underlying mechanism of the reversal of $A\beta$ and APP expression levels, β -secretase activity was further detected in ARC and healthy eye tissues. The results demonstrated that the activity of β -secretase decreased by 27.3%, 34.0%, 27.8%, and 26.1% of the healthy group in Groups I, II, III, and IV, respectively (all $p < 0.05$ compared with healthy subjects, Figure 3). No statistically significant differences were seen among the four ARC subgroups.

$A\beta$ and APP expression and β -secretase activity in H_2O_2 -treated HLECs: To investigate the changes in the $A\beta$ system in cultured HLECs under oxidative stress (a significant contributor to the pathogenesis of ARC), $A\beta$ 1–42 and APP expression levels and β -secretase activity were measured in H_2O_2 -treated HLECs. After a 200 μ M H_2O_2 treatment for 24 h, western blot analysis showed that $A\beta$ 1–42 expression decreased ($p < 0.05$, Figure 4A) and APP expression increased ($p < 0.05$, Figure 4B) in H_2O_2 -treated HLECs. H_2O_2 treatment also reduced β -secretase activity by 25.3% in cultured HLECs ($p < 0.01$, Figure 4C).

The protective effect of $A\beta$ in cultured HLECs under oxidative conditions: First, to test whether nanomolar concentrations (0.2 nM to 10 nM) of $A\beta$ were toxic, we monitored the viability of the cultured HLECs using the CCK-8 assay, observing no substantial change when cells were exposed to 0.2 nM to 10 nM synthetic $A\beta$ 1–42 or $A\beta$ 1–40 peptides for as long as 24 h ($p > 0.05$, Figure 5). Then the effect of $A\beta$ 1–42 or 1–40 on oxidative damage in cultured HLECs was investigated. The cell viability of HLECs was measured after incubation with 200 μ M H_2O_2 , with or without various concentrations of $A\beta$ pretreatment. The investigation of cell morphology using an inverted microscope revealed that cells in the healthy control group were regular hexagonal or round cells with relatively high cell density (Figure 6A), while cell granularization, shrinkage, and an apparent cell density reduction were induced in the H_2O_2 - and H_2O_2 + vehicle-treated groups, with cell viability decreased about 65.9% to 72.1% of the healthy control group (Figure 6A–C). $A\beta$ 1–40 pretreatment protected the HLECs against the morphology changes induced by H_2O_2 treatment in a concentration-dependent manner (Figure 6A). Accordingly, cell viability was increased to 75.6%, 82.3%, 87.2%, and 77.1% by $A\beta$ 1–40 pretreatment with concentrations of 0.2, 0.5, 1.0, and 10 nM, respectively (all $p < 0.05$ compared with the vehicle control, Figure 6C), corroborating the morphological study.

TABLE 1. DEMOGRAPHIC DATA FOR ALL PARTICIPANTS.

Group	n	Age (mean ± SD, y)	Gender (males/females)
I (ARC of C2-3N1-2)	48	61.4±4.4	24/24
II (ARC of C3-4N2-3)	48	62.0±4.1	25/23
III (ARC of C4-5N3-4)	48	62.2±4.2	25/23
IV (ARC of C4-5N4-5)	48	62.3±4.0	22/26
V (Posterior Subcapsular Cataract, P2-P4, with C<2 and n<2)	21	62.1±4.8	11/10
VI (Cataract with Myopia)	21	60.7±4.2	9/12
VII (Cataract with Diabetes)	21	61.0±4.4	12/9
Normal	48	60.6±4.5	23/25

ARC=age-related cataract, C=cortical, n=nuclear, p=posterior subcapsular, SD=standard deviation. Group I to IV were divided according to the Lens Opacities Classification System III with increasing cataract severity.

In addition, cell viability was increased to 76.0%, 87.7%, 89.1%, and 76.6% of the healthy control group by Aβ 1–42 pretreatment with concentrations of 0.2, 0.5, 1.0, and 10 nM, respectively (all $p < 0.05$ compared with the vehicle control, Figure 6B). The protective effect peaked with an Aβ concentration of 1 nM (all $p < 0.05$ compared with other concentrations of Aβ, except 0.5 nM Aβ 1–42). Despite the higher mean cell viability by Aβ 1–42 pretreatment with concentrations of 1 nM, no statistically significant difference was seen between the 1 nM and 0.5 nM Aβ 1–42 pretreatments.

DISCUSSION

Accumulated evidence has indicated that Aβ plays a role in the pathogenesis of AD and cataracts [3-5,10]. Although the function of Aβ in AD remains controversial, Aβ is still the most well-known causative factor for the disease and a drug target in AD research. However, the relationship between ARC and Aβ has not been clarified.

To understand the functional role of Aβ in ARC, we designed experiments to evaluate three aspects of this issue: 1) the expression pattern of Aβ and APP in ARC and healthy samples (including lens epithelia and aqueous humor); 2) the

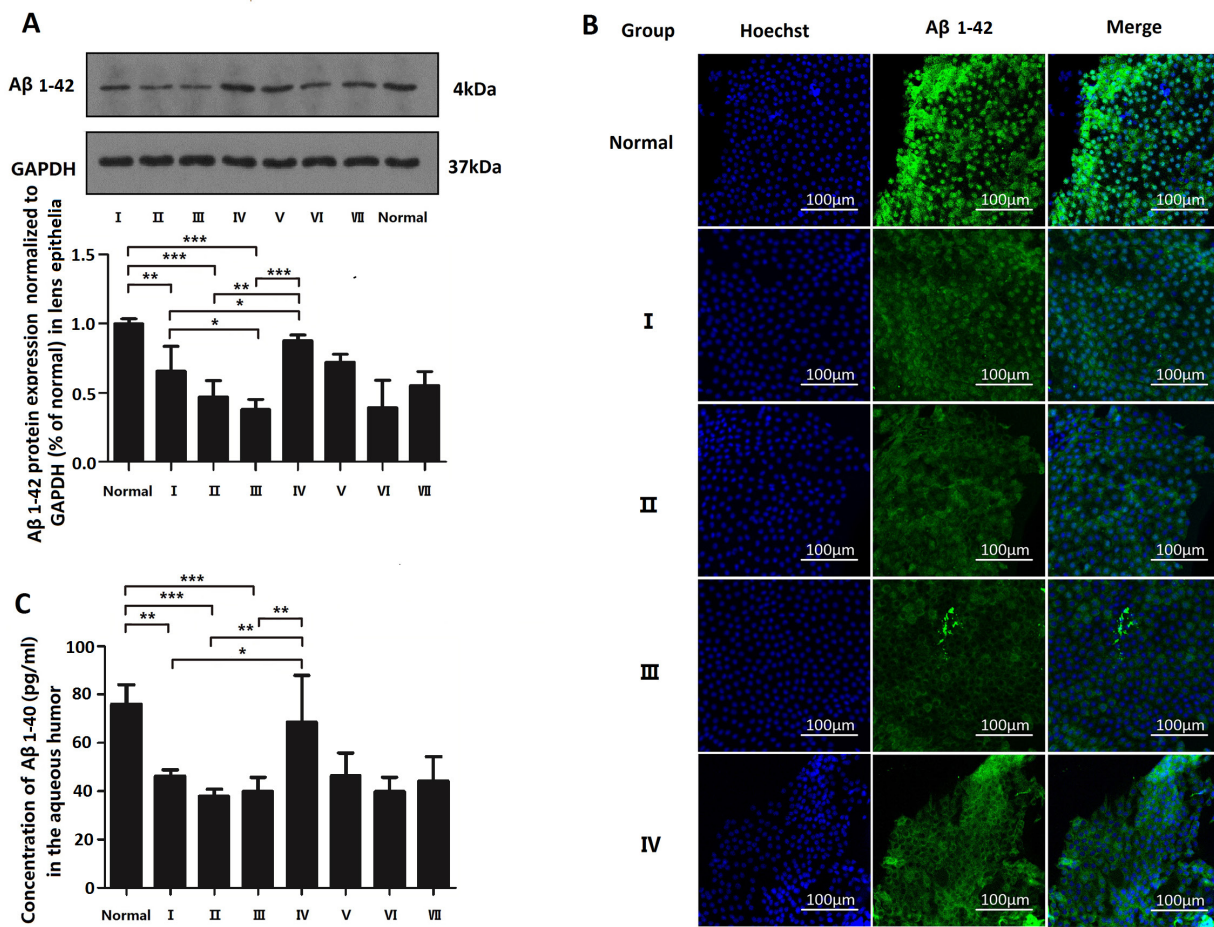


Figure 1. Aβ expression levels in lens epithelia and aqueous humor of healthy and cataract eyes. **A:** Western blot analysis of β-amyloid (Aβ) 1–42 in lens epithelia. **B:** Immunofluorescence of Aβ 1–42 and Hoechst nuclear staining in lens epithelia. **C:** Enzyme-linked immunosorbent assay (ELISA) of Aβ 1–40 in the aqueous humor. The cortical (C), nuclear (N), or posterior subcapsular (P) opacity of the cataract was classified with the Lens Opacities Classification System III (LOCS III), with an increasing cataract severity from Group I to Group IV. Group I: C2–3N1–2; Group II, C3–4N2–3; Group III, C4–5N3–4; Group IV, C4–5N4–5; Group V, posterior subcapsular senile cataract (P2–P4, with C<2 and n<2); Group VI, cataract with myopia; Group VII, cataract with diabetes; and the healthy group, healthy tissue samples. In each group, three independent experiments were performed. The data are the means ± standard deviation (SD). * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$, with one-way ANOVA and least significant difference (LSD) tests among Groups I to IV and the healthy group. Healthy samples were used as normal controls. Aβ 1–42 protein expression (% of healthy) in the lens epithelia was normalized to GAPDH.

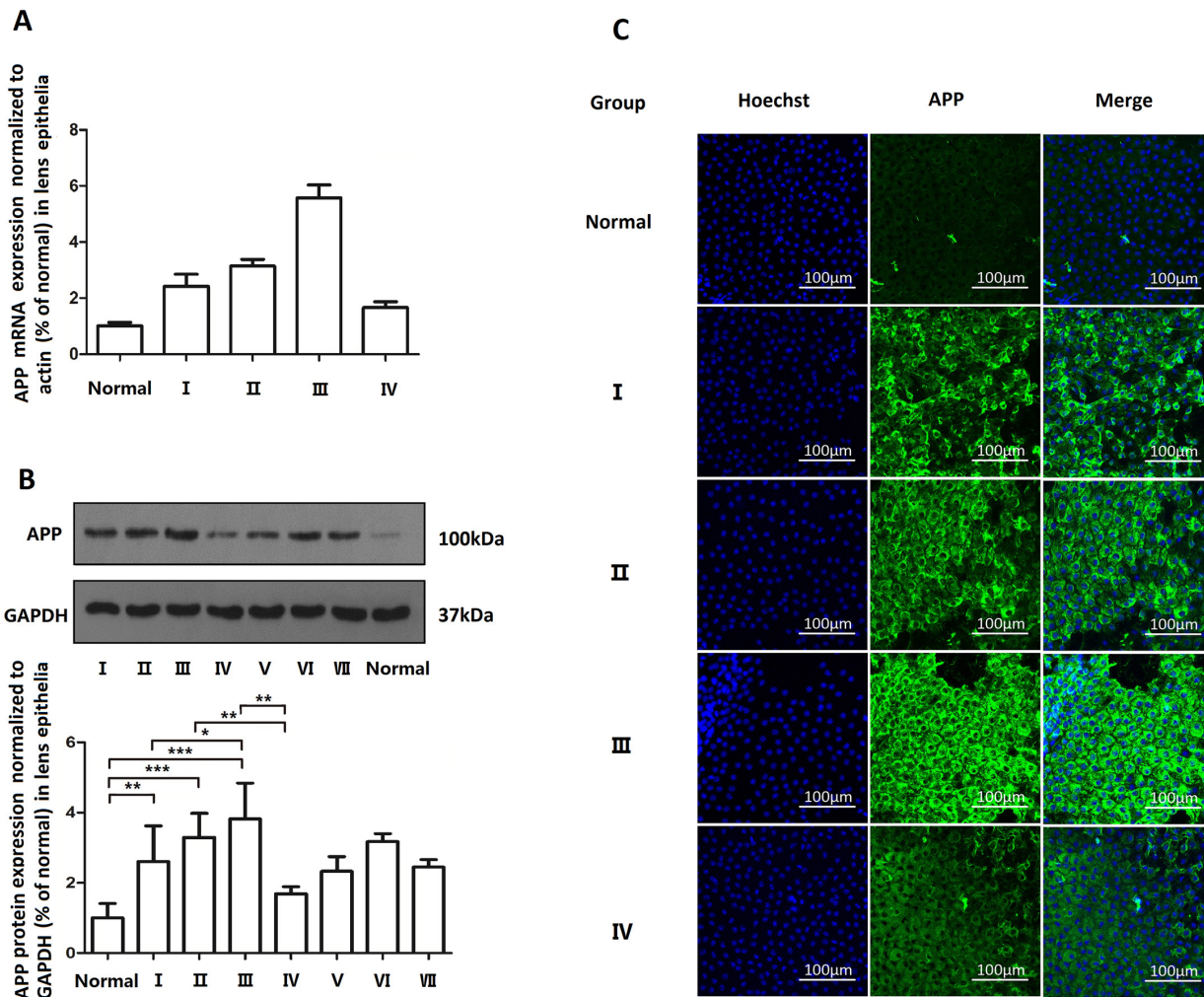


Figure 2. APP expression levels in lens epithelia of healthy and cataract eyes. **A**: Real-time PCR analysis of amyloid- β precursor protein (APP) in lens epithelia. **B**: Western blot analysis of APP in lens epithelia. **C**: Immunofluorescence of APP and Hoechst nuclear staining in lens epithelia. The cortical (C), nuclear (N), or posterior subcapsular (P) opacity of the cataract was classified with the Lens Opacities Classification System III (LOCS III), with increasing cataract severity from Group I to IV. Group I: C2–3N1–2; Group II, C3–4N2–3; Group III, C4–5N3–4; Group IV, C4–5N4–5; Group V, posterior subcapsular senile cataract (P2–P4, with C<2 and n<2); Group VI, cataract with myopia; Group VII, cataract with diabetes; and the healthy group, healthy tissue samples. In each group, three independent experiments were performed. The data are the means \pm standard deviation (SD). * p <0.05, ** p <0.01, *** p <0.001, by one-way ANOVA and least significant difference (LSD) tests among Groups I to IV and the healthy group. Significant differences between the $\Delta\Delta$ Ct values of each group in Figure 2A were found with one-way ANOVA (p <0.001) and LSD tests (p <0.05). Healthy samples were used as normal controls. The APP mRNA and protein expression levels (% of healthy) were normalized to actin and GAPDH, respectively.

expression pattern of A β and APP in HLECs under oxidative stress, and 3) the effect of various concentrations of A β on HLECs under oxidative stress.

Previous studies identified A β 1–42 and A β 1–40 in the lens [4]. As the A β 1–42 peptide was more widely investigated in Alzheimer disease (AD) studies, we mainly assessed

A β 1–42 expression in lens epithelia and aqueous humor. However, we found that the concentrations of A β 1–42 were low in aqueous humor. Then we further detected the A β 1–40 expression levels in aqueous humor, showing that the A β 1–40 concentration was much higher than the A β 1–42 concentration. Consistently, Goldstein et al. and Prakasam et al. identified A β 1–40 as the predominant soluble species in

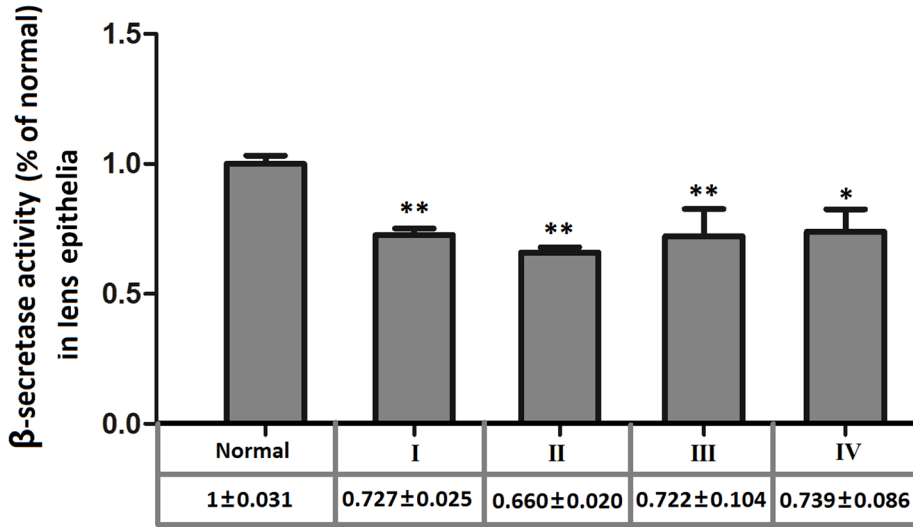


Figure 3. β -secretase activity assay in lens epithelia of healthy and cataract eyes. The cortical (C) and nuclear (N) opacity of the cataract was classified with the Lens Opacities Classification System III (LOCS III), with increasing cataract severity from Groups I to IV. Group I: C2–3N1–2; Group II, C3–4N2–3; Group III, C4–5N3–4; and Group IV, C4–5N4–5. The data are the means \pm standard deviation (SD). The experiment was repeated three times in each group. * $p < 0.01$, ** $p < 0.001$, with one-way ANOVA and least significant difference

(LSD) tests. No statistically significant differences among the four subgroups of age-related cataracts (ARCs; from Group I to Group IV) were found ($p > 0.05$).

aqueous humor [4,40]. Previous studies even demonstrated that $A\beta$ 1–40 was the major species secreted from cultured cells and found in biologic fluids [2,41].

Consistent with previous reports demonstrating reduced $A\beta$ activity in different tissues of patients with AD and AD rats [42–44], the present results showed lower $A\beta$ 1–42 expression levels in lens epithelia and lower $A\beta$ 1–40 expression levels in aqueous humor in the early and mid-stages

(Groups I to III) of ARC compared with those in healthy samples. We also found a statistically significant decrease in the activity of β -secretase in all four ARC lens epithelia subgroups and HLECs cultured under oxidative stress, which is a well-accepted contributor to ARC [11–13]. Therefore, we speculated that the reduced $A\beta$ expression observed in the early and mid-stages of ARC formation was due to a reduction in β -secretase activity under oxidative stress,

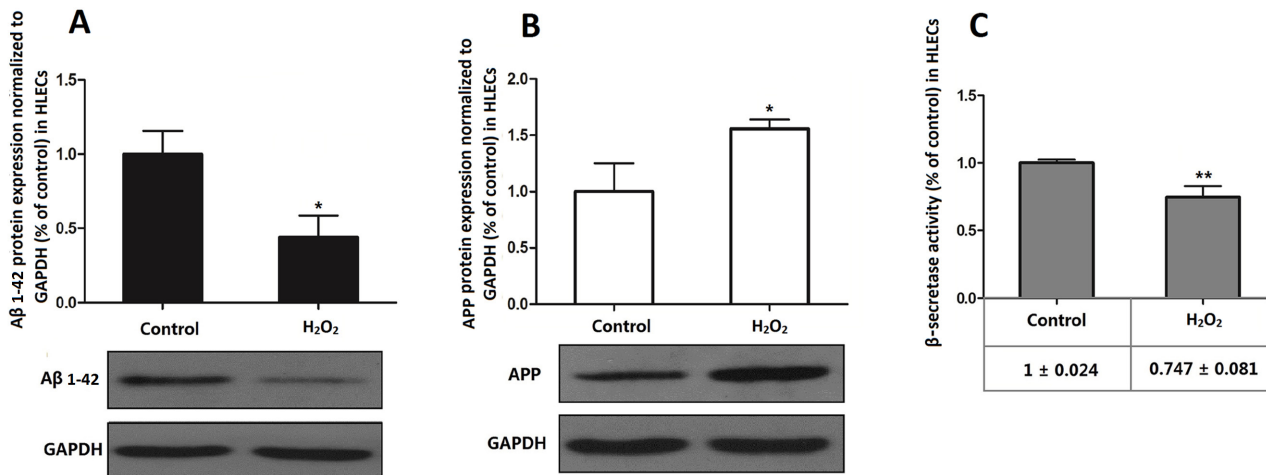


Figure 4. $A\beta$ 1–42 and APP expression levels and β -secretase enzyme activity in H₂O₂-treated HLECs. **A:** Western blot analysis of β -amyloid ($A\beta$) 1–42 in cultured human lens epithelial cells (HLECs). **B:** Western blot analysis of amyloid- β precursor protein (APP) in cultured HLECs. **C:** β -secretase activity analysis in cultured HLECs. The concentration of H₂O₂ was 200 μ M. The data are the means \pm standard deviation (SD). Three independent tests were performed in each group for each experiment. * $p < 0.05$, ** $p < 0.01$ with the independent samples t test.

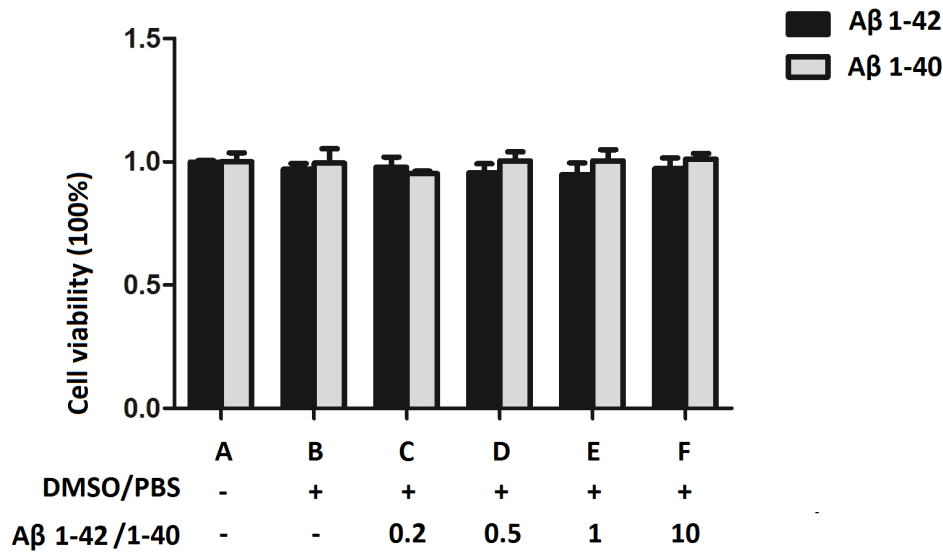
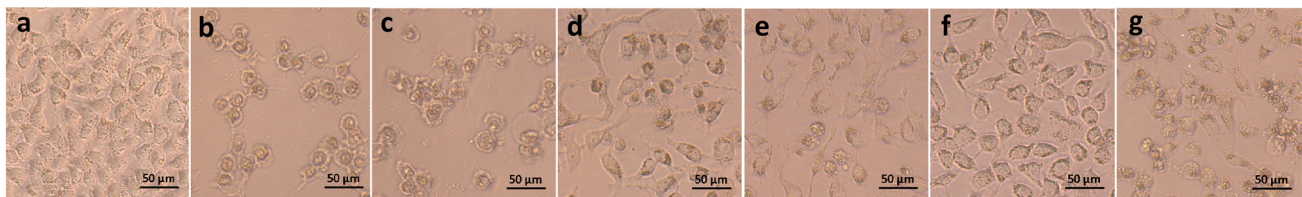
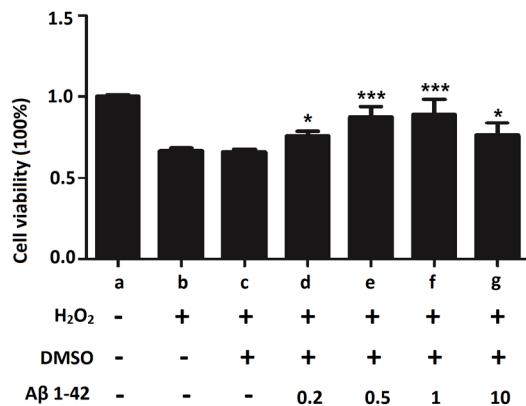


Figure 5. HLEC viability assay with intervention of β -amyloid (A β) peptide alone. A treatment with nanomolar concentrations (0.2 nM to 10 nM) of A β 1–42 or A β 1–40 peptides alone for 24 h incubation left cell viability unimpaired. The data are the means \pm standard deviation (SD). In each group, three independent tests were performed. No statistically significant differences were found comparing the A β treatment groups with the untreated control group, with one-way ANOVA and least significant difference (LSD) tests ($p > 0.05$).

A



B



C

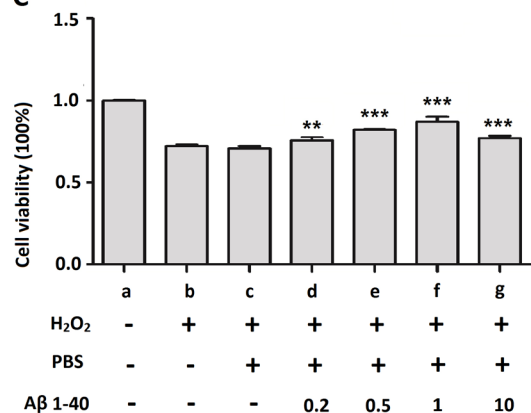


Figure 6. HLEC viability assay with or without A β intervention under oxidative stress. **A**: Inverted microscope investigation of cell morphology with or without β -amyloid (A β) 1–40 pretreatment under oxidative stress. **B**: Human lens epithelial cell (HLEC) viability assay with or without A β 1–42 pretreatment under oxidative stress. **C**: HLEC viability assay with or without A β 1–40 pretreatment under oxidative stress. The concentration of H₂O₂ was 200 μ M. A β concentrations were 0.2 nM to 10 nM as listed in (**B**) and (**C**). The data are the means \pm standard deviation (SD). In each group, three independent tests were performed. * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$ comparing the A β intervention groups with the vehicle control group, with one-way ANOVA and least significant difference (LSD) tests.

which is in agreement with a previous study demonstrating the association between decreased β -secretase activity and another age-related disease, frontotemporal dementia [45]. In contrast, in a lens study, Nagai et al. observed increased A β expression in the lens epithelia of UPL rats (a hereditary model for cataracts) [46]. We attribute these discrepancies to the different specimens examined in these studies. Nagai et al. used a hereditary cataract rat model that exhibits changes in the biologic and pathological characteristics of the lenses that do not entirely correspond to those of human ARC.

Of note, in the severe stage (Group IV) of ARC, A β 1–42 and A β 1–40 expression levels increased compared with those in the early and mid-stages (Groups I to III) of ARC, representing the restoration of the healthy levels. One potential explanation is the feedback effect; the decrease in A β in the early and mid-stages of ARC could induce a compensatory increase in the expression of its precursor protein, APP. In turn, this upregulation of APP may lead to an increase in A β during the severe stage (Group IV) of ARC, which conversely weakened the feedback loop and resulted in reduced APP. This hypothesis is consistent with AD studies that proposed that the overproduction of A β in AD is the result of a compensatory effect [31,42]. However, the current study did not include subjects at the terminal stage of cataract, the hypermature cataract, which is rarely seen in the clinic currently; thus, whether the production of A β would continue to increase from Group IV to hypermature cataract, becoming higher than that in the healthy group and leading to abnormal A β aggregation, which is observed in AD [47-49], is unknown.

In the present study, we found nanomolar concentrations (0.2 nM to 10 nM) of A β exhibit no toxicity on cultured HLECs, consistent with previous studies in SH-SY5Y cells [50,51]. Furthermore, we found that A β 1–42 and A β 1–40 at low nanomolar concentrations (0.2 nM to 10 nM) reduced oxidative damage in HLECs. A β pretreatment could protect HLECs against the morphology changes and cell viability reduction induced by H₂O₂ treatment in a concentration-dependent manner. Consistently, previous studies have demonstrated that low concentrations of A β (10 pM to 1 nM) could play a protective role against the toxicity caused by the inhibition of A β production in neuronal cells [32]. Kontush et al. also suggested that A β may well function as a physiologic antioxidant for cerebrospinal fluid (CSF) lipoproteins at the concentrations of 0.1–1 nM [23]. Decreased CSF concentration of A β frequently detected in AD along with a positive correlation between the A β level and CSF resistance to oxidation are in line with these findings [23,44]. One possible mechanism of this protective function could involve the gene

regulatory role of A β . As presented in Figure 1B, A β was highly expressed in HLEC nuclei in healthy subjects and accumulated more in the cytoplasm in severe ARC samples, indicating that A β might be more active in gene regulation in healthy lenses. In agreement with this hypothesis, a previous study demonstrated the nuclear localization of the internalized A β peptide [50]. A β likely contains a helix–loop–helix structure, which is common in certain transcription factors [50,52]. In addition, chromatin immunoprecipitation (ChIP) experiments have confirmed that A β is a regulator of gene expression [50]. Another recent microarray analysis identified changes in the expression levels of 225 genes in response to A β treatment, including upregulation of *insulin-like growth factor binding protein-3/5* (*IGFBP3/5*) [51], which has a known antioxidative effect [53,54]. Therefore, we speculated that the decreased expression of physiologically generated A β in the early and mid-stages of ARC development might be one of the mechanisms accelerating the oxidative damage in HLECs in cataractogenesis. The mechanism by which nanomolar concentrations of A β protect HLECs against oxidative damage merits additional investigations.

In contrast, other studies have shown that A β at micromolar concentrations (5, 10, and 25 μ M) can increase the apoptosis rate in neuronal cells, together with decreased cell viability, increased reactive oxygen species levels, and mitochondrial defects [55-57]. In addition, A β at concentrations of 20 μ g/ml (equal to 5 μ M) and 0.2 μ M was observed to induce the apoptosis and degeneration of LECs and lens opacity [10,18]. Another example of the dosage-dependent bilateral role of A β is that high concentrations of A β are detrimental to cognition, whereas low concentrations of A β play a positive, modulatory role in neurotransmission and memory [35]. The opposing roles of A β could be attributed to the conformational changes in A β at different concentrations and conditions. High levels of incubated A β were used in these studies to identify toxic actions of A β . After incubation, increased A β accumulation leads to the formation of oligomers, followed by fibrils, and ultimately, plaques [28,58,59]. Consistently, Zou et al. proposed a novel concept that the biologic action of A β is dualistic. A β monomer functions as an antioxidant molecule, preventing the generation of oxygen radicals, whereas oligomerized or aggregated A β not only loses its antioxidant activity but also promotes the generation of oxygen radicals, disrupts lipid homeostasis, and ultimately, exhibits neurotoxicity [28]. Zou et al. assumed that oxygen radicals generated in an age-dependent manner contributed to generation of A β in patients with AD, which may protect neurons against oxygen radical toxicity. However, with the increasing amount of A β serving as an antioxidant, A β aggregates in extracellular local fluid with longer incubation

periods and in turn, exhibits neurotoxicity [28]. Giuffrida et al. even raised a “loss-of-function” hypothesis, suggesting that the pathological aggregation of A β may induce neurodegeneration by depriving neurons of the protective activity of A β monomers [60]. However, few studies on the protection of A β monomers against oxidative stress on HLECs have been conducted. Further studies are needed to determine whether the monomer and polymer forms of A β exert different influences on cell functions of HLECs.

The limitation of the present study was that we did not include a group with an increasing severity than Group IV (the last stage of cataract), including the cataracts of N6 and hypermature cataracts, which were rarely seen in our clinic, due to the earlier timing of the current cataract surgeries. The lack of investigation of the last stage of cataract limits the full understanding of the changing tendency of A β and APP during the progress of cataract. Further studies comparing A β and APP expression at all stages of ARC should be conducted, based on a continuous and long-term collection of specimens.

In summary, A β and APP expression levels exhibited differential changes during the development of ARC, indicating active feedback of this protein processing. The decreased expression of physiologically generated A β in the early and mid-stages of ARC development might be one of the mechanisms accelerating the oxidative damage in HLECs during cataractogenesis.

APPENDIX 1. STR ANALYSIS.

To access the data, click or select the words “[Appendix 1](#)”

APPENDIX 2. B-AMYLOID (AB) 1-42 EXPRESSION LEVELS IN AQUEOUS HUMOR OF HEALTHY AND CATARACT EYES.

The cortical (C), nuclear (N) or posterior subcapsular (P) opacity of the cataract was classified with the Lens Opacities Classification System III (LOCS III), with an increasing cataract severity from Group I to Group IV. Group I: C2-3N1-2; Group II, C3-4N2-3; Group III, C4-5N3-4; Group IV, C4-5N4-5; Group V, posterior subcapsular senile cataract (P2-P4, with C<2 and N<2); Group VI, cataract with myopia; Group VII, cataract with diabetes; and the healthy Group, healthy tissue samples. In each group, three independent experiments were performed. The data are the means \pm standard deviation (SD). No significant differences among all eight groups were seen, by one-way ANOVA and least significant difference (LSD) tests ($p>0.05$). Healthy samples were used as normal controls. To access the data, click or select the words “[Appendix 2](#)”

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