

# Primary Gastrointestinal Lymphoma

## A Retrospective Multicenter Clinical Study of 415 Cases in Chinese Province of Guangdong and a Systematic Review Containing 5075 Chinese Patients

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**Abstract:** Primary gastrointestinal lymphoma (PGIL) is a rare malignant tumor without standard diagnosis and treatment methods. This study is aimed to systematically analyze its clinical characteristics and draw out an appropriate flow chart of diagnosis and treatment process for PGIL in China.

This study retrospectively analyzed the clinicopathological characteristics, diagnostic approaches, prognostic factors, and therapeutic modalities in 415 cases of PGIL in Chinese province of Guangdong. A systematic review was conducted in 118 studies containing 5075 patients to further identify clinical manifestations and mortalities of therapeutic modalities.

Editor: Huitao Fan.

Received: August 25, 2015; revised: October 10, 2015; accepted: October 27, 2015.

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This work was supported by National Natural Science Foundation of China (Grant No. 81302140, 81572396, 81502503), National Natural Science Foundation of Guangdong, China (Grant No. 2014A030313050), and Specialized Research Fund for the Doctoral Program of Higher Education (Grant No. 20130171120093). Grant [2013]163 from Key Laboratory of Malignant Tumor Molecular Mechanism and Translational Medicine of Guangzhou Bureau of Science and Information Technology; Grant KLB09001 from the Key Laboratory of Malignant Tumor Gene Regulation and Target Therapy of Guangdong Higher Education Institutes were acknowledged.

The authors have no conflicts of interest to disclose.

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ISSN: 0025-7974  
DOI: 10.1097/MD.0000000000002119

The most common clinical presentations were abdominal pain and bloody stools. Endoscopic biopsy was an important diagnostic means, and usually more than once to make a definite diagnosis. Retrospective multicenter clinical study showed that younger onset age (<60 years), female, one region involved, one lesion, early stage, International Prognostic Index (IPI  $\leq 1$ ), normal lactate dehydrogenase (LDH), normal albumin, and nonemergency operation were significant prognostic factors for B-cell lymphoma; non-B symptom, tumor restricted to gastric or ileocecal region, one lesion, performance status (PS  $\leq 1$ ), normal LDH, and nonsurgery alone were significant prognostic factors for T-cell lymphoma. Site of origin and IPI were independent prognostic factors for B-cell lymphoma; PS was the independent prognostic factor for T-cell lymphoma. And T-cell lymphoma had worse overall survival (OS) and progression-free survival (PFS) than B-cell lymphoma. Among different therapeutic modalities, chemotherapy alone or combined with surgery showed better OS and PFS than surgery alone for diffuse large B-cell lymphoma (DLBCL) of stage I/II E and T-cell lymphoma. For DLBCL of stage III E/IV and mucosa-associated lymphoid tissue lymphoma, OS and PFS did not differ among different therapeutic groups. In meta-analysis, surgery plus chemotherapy showed lowest mortality.

Chemotherapy alone or combined with surgery may be the first-line treatment for DLBCL of stage I/II E and T-cell lymphoma. A flow chart of diagnosis and treatment process for PGIL was approximately drew out.

(*Medicine* 94(47):e2119)

**Abbreviations:** DLBCL = diffuse large B-cell lymphoma, EATL = enteropathy-associated T-cell lymphoma, IPI = International Prognostic Index, MALT = mucosa-associated lymphoid tissue, OS = overall survival, PFS = progression-free survival, PGIL = primary gastrointestinal lymphoma, PS = performance status.

## INTRODUCTION

Primary gastrointestinal lymphoma (PGIL) is a tumor of gastrointestinal (GI) tract, as its primary lesion might invade the lymph nodes of the related drainage area, excluding tumors involving the liver, spleen, or lymphomas in patients who exhibit GI symptoms, and palpable lymph nodes.<sup>1,2</sup> PGIL is a rare malignant tumor with an incidence of about 1505 per 100,000.<sup>3</sup> However, PGIL is the most common type of extranodal lymphomas, accounting for 30% to 40% of extranodal lymphomas and 1% to 4% of the malignant tumors in GI tract.<sup>1,4</sup> World Health Organization (WHO) classifications of 2008 have become widely accepted, and therapeutic modalities concerning immunophenotypes, involving site, are becoming increasingly popular.<sup>5-7</sup> *Helicobacter pylori* eradication therapy is the first-line treatment of gastric mucosa-associated lymphoid tissue

(MALT) lymphoma; involved-field radiotherapy or surgery is recommended for patients of nongastric MALT with an early stage (I/II E); and R-CHOP regimen (rituximab, cyclophosphamide, doxorubicin, vincristine, and prednisolone) is recommended for gastric diffuse large B-cell lymphoma (DLBCL).<sup>6,7</sup> However, treatments on primary intestinal lymphoma are still controversial.<sup>8,9</sup> Furthermore, whether surgery should be a first-line therapy of PGIL has been debated for several years.<sup>3,10–14</sup> Therefore, the optimal treatment strategy for PGIL is still not established.<sup>7,14,15</sup>

A great many clinical studies about PGIL have been published, but the sample size is usually small.<sup>7,14,16</sup> There has been no diagnosis or treatment guideline for PGIL in China based on a large number of epidemiological investigations. To learn about the characteristics of PGIL, find out the prognostic factors for B-cell lymphoma and T-cell lymphoma, and evaluate the efficacy of different therapeutic modalities on the prognosis, we perform a retrospective multicenter clinical analysis of PGIL containing 415 cases of PGIL patients in Guangdong province of China and a systematic review containing 5075 Chinese PGIL patients.

## METHODS

### Patients

This study was subject to approval by the Research Ethics Committee of Sun Yat-Sen Memorial Hospital (IRB number: [2014] 56). PGIL cases were collected from four medical centers in Guangdong province of China from October 1998 to October 2013. The diagnosis of PGIL was based on the 2008 WHO classification.<sup>5,6</sup> Patients <18 years of age were excluded from this study.<sup>17</sup> Data concerning demographic, clinical, endoscopic features, biological and histological features, as well as treatments and clinical outcomes were recorded. A total of 415 patients were enrolled, and observed until death. All the patients but one (Manchu) was of the Han nationality. The follow-up data, including endpoint of collection, reasons for ending, and living status, were collected. The median follow-up after diagnosis was 14 months (range, 0.25–185 months).

### Histopathological Examination

Based on the immunohistochemical results, 355 cases were identified as B-cell phenotype and 60 cases as T-cell phenotype. Subsequently, B-cell lymphomas were classified as follows: MALT lymphoma, DLBCL, follicular lymphoma, mantle cell lymphoma, and Burkitt lymphoma. T-cell lymphomas were classified into 3 groups: enteropathy-associated T-cell lymphoma (EATL), NK/T-cell lymphoma (nasal type), and other T-cell types including anaplastic large-cell lymphoma.<sup>1</sup>

### Staging and Clinical Manifestations

The staging workup comprised physical examination (inspection of Waldeyer's ring), hematological and biochemical routine investigations (full blood count, lactate dehydrogenase [LDH], albumin, beta2 microglobulin levels), endoscopy, x-rays (chest, small intestine), CT scan (thorax, abdomen, pelvic cavity), and bone marrow biopsy. The stage was defined according to the Ann Arbor staging system.<sup>16,18</sup> The macroscopic types of lymphoma were classified as follows: superficial, mass-forming, diffuse infiltrating, and unclassified.<sup>4</sup> B symptoms were defined as fever (>38°C) lasting >3 days without explanation, weight loss (>10% within 6 months), and night sweat.<sup>8</sup>

### Treatment Modalities and Survival Analysis

Therapeutic modalities were divided into 4 types: surgery alone (group A), chemotherapy and/without radiotherapy (non-surgery) (group B), surgery plus chemotherapy and/without radiotherapy (group C), and supportive care (group D). Overall survival (OS) was measured from the date of diagnosis to death from any cause. Progression-free survival (PFS) was measured from the date of diagnosis to disease progression, disease relapse, or death from any cause.

### Systematic Review of Chinese PGIL Patients

We searched for all published studies concerning Chinese PGIL patients using the following electronic databases: WAN-FANG (database in Chinese), CNKI (database in Chinese), and PubMed. The following medical search headings and free text words were used: "primary," "gastrointestinal," and "lymphoma." We checked the reference lists of all relevant studies obtained from our search.

Studies were considered for inclusion based upon the following criteria: the patient was diagnosed with PGIL; all patients involved were Chinese; and studies concerning age of patient, sex, initial symptoms, diagnosis, phenotype, site of lesion, performance status (PS) score, International Prognostic Index (IPI) score, method of diagnosis-making, treatment, and outcome. The main exclusion criteria were as follows: studies reported not in the English or Chinese language; studies with irretrievable or unclear data; studies that were reviews, comments or replies, and meta-analyses; and studies used a considerable overlap data between authors and centers. Data on age of patient, sex, initial symptoms, diagnosis, phenotype, site of lesion, PS score, IPI score, method of diagnosis-making, treatment, and outcome were extracted.

The methodological quality of included studies was critically appraised using the Newcastle-Ottawa scale. The Newcastle-Ottawa scale is a quality assessment tool based on selection of cases and controls (0–4 points for cohort studies), comparability (0–2 points), and outcome (0–3 points in cohort studies). We defined the studies with <4 points as low quality, and these were excluded from the meta-analysis.

### Statistical Analysis

OS and PFS rates were calculated by the Kaplan–Meier method, and the value was compared using the log-rank test. Prognostic factors ( $P < 0.1$ ) were put into multivariate analysis using the Cox proportional hazards model.<sup>7</sup> Other statistical differences were evaluated using the  $\chi^2$  test and the Mann–Whitney  $U$  test.  $P$  value of <0.05 for each test was statistically significant. The statistical analyses above were performed using SPSS 19.0. The comparisons of mortalities in patients of PGIL from systematic review treated with different therapeutic modalities were calculated by meta-analysis using Review Manager 5.2. Treatment effects are represented as the odds ratio (OR) with 95% confidence interval. Heterogeneity across trials was evaluated using a standard  $\chi^2$  test set at  $P < 0.05$  and also assessed via  $I^2$  statistic set at  $I^2 > 30\%$ . Publication bias was estimated by visual inspection of a funnel plot.  $P$  value of <0.05 was statistically significant.

## RESULTS

### Patients

This study comprised 415 patients, and 355 (85.8%) were of B-cell and 60 (14.5%) were of T-cell. The B-cell lymphoma

patients had a median age of 57 years (range, 19–92 years), and the T-cell patients had a median age of 44 years (range, 21–88 years). B-cell lymphoma patients comprised 221 male and 134 female (male:female, 1.65:1.00), and T-cell lymphoma patients comprised 39 male and 21 female (male:female, 1.86:1.00). There was no significant difference between B-cell and T-cell in sex distributions ( $P = 0.684$ ). For 62 patients, cause of death or status at the last follow-up was unknown and these patients were excluded from survival analysis. The median follow-up after diagnosis was 14 months (range, 0.25–185 months).

**Clinical Features**

The most common clinical presentation was abdominal pain with a frequency of 65.5%, followed by bloody stools with a frequency of 20.2% (Fig. 1). As shown in Table 1, pathological subtypes were closely related with the age, incidence of emergency operation, B symptoms, PS score, LDH, IPI score, and lesion. Patients with T-cell lymphoma had younger onset age than patients with B-cell lymphoma ( $P = 0.000$ ). There were totally 37 patients (8.9%) underwent emergency operations because of complications. The incidence of emergency operation in the B-cell group and T-cell group was 8.6% (19/221) and 43.9% (18/41), respectively ( $P = 0.000$ ). B-cell group (10.4% [37/355]) had a lower incidence of B symptoms than T-cell group (33.3% [20/60]) ( $P = 0.000$ ); 73.0% (259/355) B-cell group patients had  $PS \leq 1$ , whereas 31.7% (19/60) T-cell group patients had a  $PS \leq 1$  ( $P = 0.000$ ). Elevated LDH was observed in 91 (30.8%) patients of B-cell group and 27 (50.9%) patients of T-cell group ( $P = 0.004$ ). One hundred seventy-seven (52.7%) patients in the B-cell group had  $IPI \leq 1$ , whereas 16 (28.1%) patients in the T-cell group had  $IPI \leq 1$  ( $P = 0.001$ ). Multiple lesions appeared in 19.7% B-cell group patients, whereas it exhibited in 38.8% T-cell group ( $P = 0.001$ ). No significant difference of sex, albumin levels, beta2 microglobulin levels, macroscopic types, or stage was found between B-cell group and T-cell group.

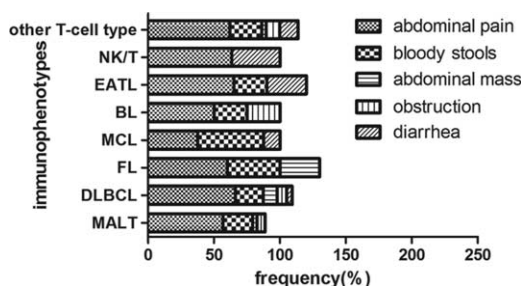
**Histologic Classification and Primary Site**

The histologic classification and primary site are shown in Table 2. In the B-cell group, 299 patients had been classified histologically, consisting of 32.4% MALT lymphoma, 60.5% DLBCL, 3.3% follicular lymphoma, 2.7% mantle cell lymphoma, and 1.3% Burkitt lymphoma. The T-cell group comprised 33.3% patients who were classified as EATL, 18.3% as NK/T-cell lymphoma, and 48.3% as other T-cell types. The most frequent primary site of B-cell lymphoma was the stomach (169 patients [56.5%]), whereas T-cell lymphoma was the large intestine (21 patients [35.0%]). In the gastric group, DLBCL was the most frequent histologic type (52.0%), followed by MALT (37.9%). In the small intestinal group, DLBCL and

**TABLE 1.** Comparison of Clinicopathologic Features and Histologic Type

Characteristics	No.	Histologic Types and $\chi^2$ Value		$\chi$	P
		B cell	T cell		
Median age (Yrs)	415	57	44	—	0.000*
Sex					
Male	260	221	39	0.165	0.684
Female	155	134	21		
Emergency operation					
Yes	37	19	18	35.544	0.000
No	225	202	23		
B symptoms					
Yes	57	37	20	22.738	0.000
No	358	318	40		
PS score					
0–1	278	259	19	39.571	0.000
$\geq 2$	137	96	41		
LDH					
Elevated	118	91	27	8.096	0.004
Normal	230	204	26		
IPI score					
0–1	193	177	16	11.808	0.001
$\geq 2$	200	159	41		
Albumin					
Abnormal	179	145	34	7.452	0.006
Normal	212	192	20		
$\beta 2$ -MG					
Elevated	46	38	8	1.992	0.158
Normal	41	38	3		
Lesion					
One lesion	322	285	37	10.229	0.001
Multiple lesion	93	70	23		
Macroscopic type					
Superficial	33	27	6	3.328	0.344
Mass-forming	199	174	25		
Diffuse infiltrating	144	124	20		
Unclassified	39	30	9		
Stage					
I/II	296	251	45	0.463	0.496
III/IV	119	104	15		
Treatment					
S	88	73	15	0.675	0.879
C $\pm$ R	121	105	16		
S + C $\pm$ R	173	149	24		
Supportive care	21	18	3		

\* Mann–Whitney U test.  $\beta 2$ -MG = beta2 microglobulin, C = chemotherapy, IPI = International Prognostic Index, LDH = lactate dehydrogenase, PS = performance status, R = radiotherapy, S = surgery, U = unclassified B-cell lymphoma.



**FIGURE 1.** Initial clinical symptoms and immunophenotypes.

MALT were the most frequent types (45.2% and 28.8%). DLBCL was the most frequent type in the ileocecal (53.8%) and large intestinal (48.0%) groups. As for the multiple regions involved group, DLBCL, MALT, and EATL were the most frequent types (47.4%, 15.8%, and 15.8%).

**Diagnosis of Gastrointestinal Lymphoma**

A total of 369 patients underwent endoscopy. Ulcer (47.0%) and mass (19.3%) were the most frequent gross endoscopic

**TABLE 2.** Histologic Classification and Sites of Origin

Histologic Type	Stomach, n (%)	Small Intestine, n (%)	Ileocecus, n (%)	Large Intestine, n (%)	Esophagus, n (%)	Multiregion, n (%)	Total n
B-cell lymphoma							
MALT	67 (69.1)	21 (21.6)	4 (4.1)	2 (2.1)	0 (0.0)	3 (3.1%)	97
DLBCL	92 (50.8)	33 (18.2)	21 (11.6)	24 (13.2)	2 (1.1)	9 (5.0)	181
FL	5 (50.0)	3 (30.0)	1 (10.0)	0 (0.0)	0 (0.0)	1 (10.0)	10
MCL	1 (12.5)	1 (12.5)	2 (25.0)	3 (37.5)	0 (0.0)	1 (12.5)	8
BL	4 (100.0)	0 (0.00)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	4
T-cell lymphoma							
EATL	1 (5.0)	4 (20.0)	3 (15.0)	9 (45.0)	0 (0.0)	3 (15.0)	20
NK/T	0 (0.0)	1 (9.1)	2 (18.2)	6 (54.5)	0 (0.0)	2 (18.2)	11
Other T cell	7 (24.1)	10 (34.5)	6 (20.7)	6 (20.7)	0 (0.0)	0 (0.0)	29

BL = Burkitt lymphoma, DLBCL = diffuse large B-cell lymphoma, EATL = enteropathy-associated T-cell lymphoma, FL = follicular lymphoma, MALT = mucosa-associated lymphoid tissue, MCL = mantle cell lymphoma.

appearances. Endoscopic biopsy diagnosis was made in 214 patients (51.6%), including 187 B-cell lymphoma patients and 27 T-cell lymphoma patients. For B-cell group, 314 cases performed endoscopy, 124 (39.5%), 50 (55.4%), and 11 (58.9%) of these cases were respectively diagnosed at the first, second, and third time. On the contrary, 52 patients of T-cell lymphoma underwent endoscopy. Among these patients, 12 (23.1%), 12 (46.2%), and 3 (51.9%) cases were diagnosed at the first, second, and third time, respectively. In addition, 201 patients (48.4%) were diagnosed by surgery, and 18.4% of them received emergency operations. Out of the 201 patients diagnosed by surgery, 161 (80.1%) received radical surgery, 27 (13.4%) took palliative surgery, and 13 (6.5%) cases were lack of details on surgery. Among different immunophenotypes, patients of follicular lymphoma had the highest rate of being diagnosed by surgery. Patients of NK/T-cell lymphoma were the most probable to take emergency operations with a frequency of 54.5%, followed by those of other T-cell types with a frequency of 31.0%. Table 3 shows the characteristics of diagnosis-making.

### Survival Analysis of B-Cell Lymphoma

The 5-year OS and PFS rate of B-cell lymphoma was 72.3% and 72.5%, respectively. Patients of B-cell lymphoma with the following characteristics had significantly better OS

and PFS rates: younger onset age (<60 years), female sex, tumors origin restricting to one region, one lesion, early stage, IPI  $\leq 1$ , normal LDH, normal albumin, nonemergency operation, and chemotherapy with or without surgery (Table 4). Female had better PFS than male ( $P = 0.043$ ), but such a result was not found in OS ( $P = 0.056$ ). OS and PFS were poorer in patients with tumors origin from multiple regions than from one region (OS,  $P = 0.004$ ; PFS,  $P = 0.002$ ). Meanwhile, OS and PFS did not differ significantly among stomach, small intestine, ileocecal region, and large intestine (OS,  $P = 0.184$ ). Therapeutic group D had poorer OS and PFS rates than other 3 groups (OS,  $P = 0.006$ ). No significant difference of OS or PFS was found in the univariate analysis on B symptoms, immunophenotype, PS score, and beta2 microglobulin. The Cox proportional hazard model was used for multivariate analysis of risk factors ( $P < 0.1$ ) in single-factor analysis. The results demonstrated that site of origin (OS,  $P = 0.017$ , RR = 1.195, 95% CI [1.032, 1.384]) and IPI score ( $\geq 2$  vs  $\leq 1$ ; OS,  $P = 0.000$ , RR = 0.311, 95% CI [0.177, 0.545]) were independent prognostic factors for B-cell lymphoma.

For B-cell lymphoma, 73 patients received surgery alone (group A), and 149 patients received surgery plus chemotherapy with or without radiotherapy (group C). Sixty-four (87.7%) patients of group A received radical surgery, and 9 (12.3%)

**TABLE 3.** Characteristics of Diagnosis-Making: Endoscopic Features, Stage at Diagnosis and Ways of Diagnosis-Making

Histologic Type	No.	Endoscopic Aspect, n (%)		Stage I/II E, n (%)	By Endoscopy and Biopsy, n (%)	Times of Endoscopy Performed, n (No. of Positive)			By Surgery, n (%)	Emergency Operation, n (%)
		Tumor	Ulcer			1	2	3		
MALT	97	17 (17.5)	47 (48.4)	79 (81.4)	54 (55.7)	58 (33)	23 (14)	6 (5)	43 (44.3)	5 (5.2)
DLBCL	181	52 (28.7)	91 (50.3)	120 (66.3)	98 (54.1)	111 (68)	41 (27)	4 (2)	83 (45.9)	8 (4.4)
FL	10	5 (50.0)	2 (20.0)	6 (60.0)	3 (30.0)	5 (2)	3 (1)	0 (0)	7 (70.0)	0 (0.0)
MCL	8	2 (25.0)	4 (50.0)	6 (75.0)	5 (62.5)	6 (3)	1 (1)	1 (1)	3 (37.5)	1 (12.5)
BL	4	1 (25.0)	3 (75.0)	3 (75.0)	2 (50.0)	3 (2)	1 (00)	0 (0)	2 (50.0)	0 (0.0)
Unclassified	56	19 (33.9)	20 (35.7)	37 (66.1)	25 (44.6)	36 (15)	11 (7)	3 (2)	30 (55.4)	5 (8.9)
EATL	20	5 (25.0)	9 (45.0)	15 (75.0)	9 (45.0)	10 (3)	7 (5)	1 (1)	11 (55.0)	3 (15.0)
NK/T	11	1 (9.1)	7 (63.3)	9 (81.8)	5 (45.4)	3 (1)	4 (2)	2 (2)	6 (54.6)	6 (54.5)
Other T cell	29	5 (17.2)	11 (37.9)	21 (72.4)	13 (44.8)	19 (8)	5 (5)	1 (0)	16 (55.2)	9 (31.0)
Total	415	107 (25.8)	194 (46.7)	296 (71.3)	214 (51.6)	251 (135)	96 (62)	18 (13)	201 (48.4)	37 (8.9)

**TABLE 4.** Significant Prognostic Factors of B-Cell Lymphoma on Univariate Analysis

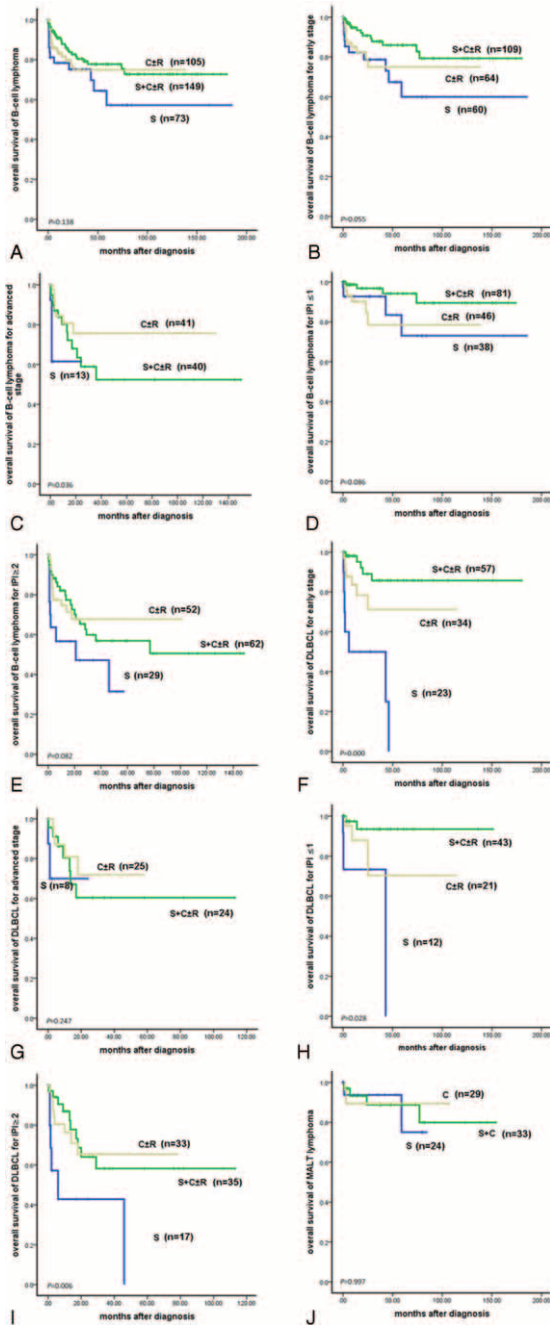
	No. of Patients	Overall Survival		Event-Free Survival	
		5 y, %	P	5 y, %	P
Age, y					
≥60	155	63.6	0.022	63.6	0.025
<60	200	79.1		79.8	
Sex					
Male	221	69.1	0.056	69.3	0.043
Female	134	85.8		77.5	
Site of origin					
Stomach	203	79.3	0.004	79.3	0.002
Small intestine	66	68.7		69.5	
Ileocecus	33	76.1		76.7	
Large intestine	35	60.2		58.6	
Multiregions	16	21.0		22.5	
Lesion					
One lesion	285	76.4	0.005	76.5	0.004
Multiple lesion	70	57.1		58.0	
Stage					
I/II E	251	76.7	0.005	77.0	0.005
III E/IV	104	64.5		59.9	
IPI					
0–1	177	84.1	0.000	84.3	0.000
≥2	159	56.1		56.3	
LDH					
Elevated	91	52.2	0.001	51.8	0.001
Normal	204	75.0		75.8	
Albumin					
Abnormal	145	65.9	0.012	66.8	0.011
Normal	192	76.2		76.1	
Emergency operation					
Emergency	19	51.1	0.013	51.1	0.011
Nonemergency	202	75.7		75.7	
Treatment					
S	73	57.3	0.006	56.5	0.010
S + C ± R	149	77.8		78.0	
C ± R	105	74.9		75.8	
Supportive care	18	50.0		50.0	

patients underwent palliative surgery. One hundred twenty-nine (86.6%) patients of group C received radical surgery, and 20 (13.4%) patients received palliative surgery. Among therapeutic groups A, B, and C, OS and PFS did not differ significantly in patients of B-cell lymphoma (Figure 2A; OS,  $P=0.138$ ), and similar result was observed when stratified with IPI score according to treatments (Figure 2D; OS, IPI  $\leq 1$ ,  $P=0.086$ ; Figure 2E; IPI  $\geq 2$ ,  $P=0.082$ ). When stratified with clinical stage, OS and PFS differed among these 3 therapeutic groups in stage III E/IV (Figure 2C; OS,  $P=0.036$ ). Patients in therapeutic group C showed better OS and PFS than group A (OS,  $P=0.009$ ), and OS and PFS rates did not differ between group B and C (OS,  $P=0.273$ ) and group A and B (OS,  $P=0.121$ ). And OS and PFS did not differ among groups A, B, and C in stage I/II E (Figure 2B; OS,  $P=0.055$ ). For DLBCL of stage I/II E, patients in therapeutic group A showed worse OS and PFS than group B and C (Figure 2F; OS,  $P=0.000$ ). OS and PFS rates did not differ between the latter 2 (OS,  $P=0.060$ ). Similar results were observed in patients with IPI  $\leq 1$  (Figure 2H; OS,  $P=0.028$ ), or in patients with IPI  $\geq 2$

(Figure 2I; OS,  $P=0.006$ ). For stage III E/IV, OS and PFS did not differ among therapeutic groups A, B, and C (Figure 2G; OS,  $P=0.247$ ). For MALT lymphoma, OS and PFS did not differ among therapeutic groups A, B, and C (Figure 2J; OS,  $P=0.997$ ). Similar results were observed when stratified with stage and IPI score.

**Survival Analysis of T-Cell Lymphoma**

The median OS and PFS time of T-cell lymphoma was 5.0 months. Patients of T-cell lymphoma had worse OS and PFS than those of B-cell lymphoma (OS,  $P=0.000$ ; PFS,  $P=0.000$ ). For T-cell lymphoma, patients with the following characteristics had significantly longer median OS and PFS time: no B symptom, tumors origin restricting to gastric or ileocecal region, one lesion, PS  $\leq 1$ , normal LDH, surgery plus chemotherapy, or chemotherapy alone (Table 5). Patients with B symptoms had shorter OS and PFS time than those without B symptoms (OS,  $P=0.015$ ). OS and PFS differed significantly among the 5 groups classified by site of origin (OS,  $P=0.023$ ). Furthermore, the gastric group and the ileocecal group did not



**FIGURE 2.** (A) Overall survival of B-cell lymphoma according to treatments ( $P=0.138$ ). (B) Overall survival of B-cell lymphoma for early stage (I/II E) according to treatments ( $P=0.055$ ). (C) Overall survival of B-cell lymphoma for advanced stage (III E/IV) according to treatments ( $P=0.036$ ). (D) Overall survival of B-cell lymphoma for IPI  $\leq 1$  according to treatments ( $P=0.086$ ). (E) Overall survival of B-cell lymphoma for IPI  $\geq 2$  according to treatments ( $P=0.082$ ). (F) Overall survival of DLBCL in an early stage (I/II E) according to treatments ( $P=0.000$ ). (G) Overall survival of DLBCL in advanced stage (III E/IV) according to treatments ( $P=0.247$ ). (H) Overall survival of DLBCL for IPI  $\leq 1$  according to treatments ( $P=0.028$ ). (I) Overall survival of DLBCL for IPI  $\geq 2$  according to treatments ( $P=0.006$ ). (J) Overall survival of MALT according to treatments ( $P=0.997$ ). C = chemotherapy, R = radiotherapy, S = surgery.

differ significantly in the OS and PFS time (OS,  $P=0.945$ ), and the small intestine group and the large intestine group did not differ significantly (OS,  $P=0.669$ ). Patients undergoing emergency operations had shorter median OS time than those undergoing selective operation ( $P=0.017$ ). However, such a difference was not found in the PFS ( $P=0.068$ ). OS and PFS differed significantly among the 4 therapeutic groups (OS,  $P=0.000$ ), such a difference was not found between group B and C (OS,  $P=0.873$ ), or between group A and D (OS,  $P=0.934$ ). No significant difference of OS or PFS was found in the univariate analysis on age, sex, immunophenotype, stage, IPI score, or albumin. The Cox proportional hazard model showed that PS score ( $\geq 2$  vs  $\leq 1$ ; OS,  $P=0.045$ , RR = 0.325, 95% CI [0.108, 0.977]) was independent prognostic factors for T-cell lymphoma.

For T-cell lymphoma, 15 patients received surgery alone (group A), and 24 patients received surgery plus chemotherapy with or without radiotherapy (group C). Eleven (73.7%) patients of group A received radical surgery, and 4 (26.3%) patients underwent palliative surgery. Seventeen (70.8%) patients of group C received radical surgery, and 7 (29.2%) patients took palliative surgery. Among therapeutic groups A, B, and C, OS and PFS differed significantly in patients of T-cell lymphoma ( $P=0.000$ ). Stratified with PS  $\geq 2$ , there were significant differences among therapeutic groups A, B, and C for OS and PFS (OS,  $P=0.008$ ). Furthermore, OS and PFS were better for patients in therapeutic group C than A (OS,  $P=0.005$ ). There was no significant difference for OS or PFS between group A and B (OS,  $P=0.051$ ), or between group B and C (OS,  $P=0.550$ ). For patients with PS  $\leq 1$ , no significant difference of OS or PFS was found between group B and C (OS,  $P=0.255$ ) (Fig. 3).

### Characteristics and Mortality of Gastrointestinal Lymphoma in China

Using the search strategy listed above, 118 publications were identified, including 22 retrospective controlled studies (Fig. 4) comparing treatments (surgery alone vs chemotherapy alone vs surgery plus chemotherapy).<sup>13,19-25,32-57</sup>

The 118 studies contained 5075 patients. Three thousand nine hundred eighty-six (98.6%) patients were confirmed as non-Hodgkin lymphoma (NHL), and 58 (1.4%) as Hodgkin lymphoma (HL); 3323 (87.0%) patients were identified as B-cell lymphoma, and 496 (13.0%) as T-cell lymphoma; and 2340 patients of B-cell lymphoma had immunophenotyping tests. Of the 2340 patients, 826 (35.3%) were MALT lymphoma, 1290 (55.1%) were DLBCL, 38 (1.6%) were follicular lymphoma, 41 (1.8%) were mantle cell lymphoma, and 14 (0.6%) were Burkitt lymphoma. One hundred forty-one patients of T-cell lymphoma had immunophenotyping tests, 43 (30.5%) were EATL, 18 (12.8%) were NK/T-cell lymphoma, and 69 (48.9%) were peripheral T-cell lymphoma, not Otherwise Specified (NOS). The sex ratio was 1.57:1 (male:female, 3087: 1963). Abdominal pain (72.7%, 2385/3282) was the most common present symptom, followed by melena or hematochezia (27.1%), abdominal mass (25.6%), and weight loss (23.9%). Stomach (56.9%) was the most common site of origin, and the small intestine (16.1%) was the most common site of origin for intestinal lymphoma. One thousand seven hundred ninety-one out of 2904 patients (61.7%) were diagnosed by surgery. Three thousand forty-six patients had detail information on treatment, 644 patients (21.1%) received surgery alone (group A), 486 (16.0%) received chemotherapy and/without radiotherapy (group B), and 1916 (62.9%) received surgery plus chemotherapy and/

**TABLE 5.** Significant Prognostic Factors of T-Cell Lymphoma on Univariate Analysis

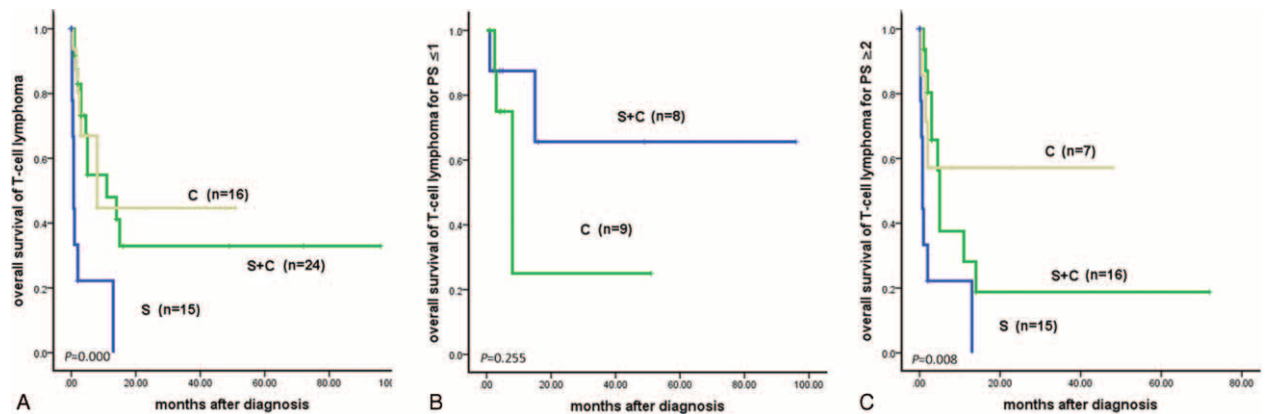
	No. of Patients	Overall Survival		Event-Free Survival	
		Median Survival (M)	P	Median Survival (M)	P
B symptoms					
Yes	20	2.5	0.015	1.5	0.019
No	40	11.0		8.0	
Site of origin					
Stomach	8	8.0	0.023	8.0	0.041
Small intestine	15	3.0		2.5	
Ileocecus	11	15.0		13.0	
Large intestine	21	5.0		4.0	
Multiregions	5	1.0		1.0	
Lesion					
One lesion	37	13.0	0.024	11.0	0.027
Multiple lesion	23	1.5		1.5	
PS					
0–1	19	15.0	0.027	8.0	0.025
≥2	41	3.0		2.5	
LDH					
Elevated	27	2.0	0.009	2.0	0.023
Normal	26	11.0		8.0	
Emergency operation					
Emergency	18	1.4	0.017	2.0	0.068
Nonemergency	23	7.4		11.0	
Treatment					
S	15	0.75	0.000	0.75	0.004
C	16	8.0		8.0	
C + S	24	11.0		7.0	
Supportive care	3	0.25		0.25	

without radiotherapy (group C). Table 6 shows the comparisons of characteristics between data from systematic review group and that from retrospective study group. No obvious publication bias was found. The 2 groups did not differ in distribution of immunophenotype, sex, PS score, IPI score, or stage.

A higher mortality (5 years) was revealed in the therapeutic group B compared with group C (42.7% vs 35.0%,  $P=0.02$ ) (Fig. 5). Similar result was found in comparison of mortalities between group A and group C (67.5% vs 45.1%,  $P<0.00001$ ) (Fig. 6). A higher mortality (5 years) was

observed in the group A compared with group C (65.5% vs 46.8%,  $P=0.02$ ) (Fig. 7).

The methodological quality of the included studies was moderate. Scores on the Newcastle–Ottawa scales were 5 to 6 points in cohort studies. Base on the results of the quality assessment, none of studies was excluded from the meta-analysis. As for the publication bias about the included studies, the funnel plot did not present obviously bias for mortality comparison between therapeutic group B and group C (Fig. 8A), or between therapeutic group A and group C (Fig. 8B).



**FIGURE 3.** (A) Overall survival of T-cell lymphoma according to treatments ( $P=0.000$ ). (B) Overall survival of T-cell lymphoma with PS (0–1) according to treatments ( $P=0.255$ ). (C) Overall survival of T-cell lymphoma with PS  $\geq 2$  according to treatments ( $P=0.008$ ). C = chemotherapy, R = radiotherapy, S = surgery.

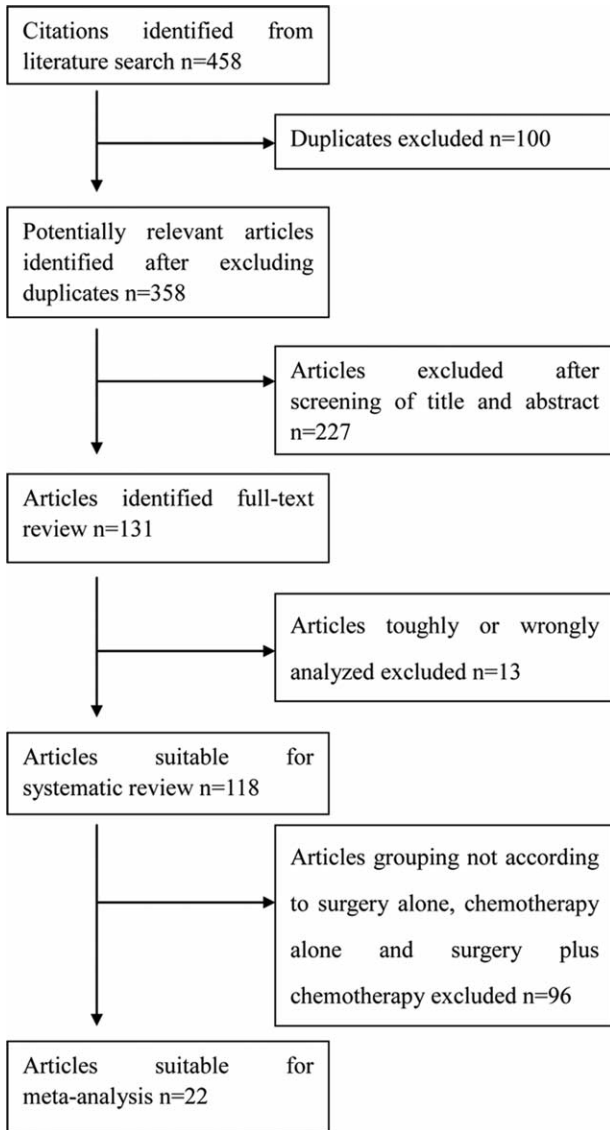


FIGURE 4. Flow chart showing literature search strategies.

However, there might be publication bias for mortality comparison between therapeutic group A and group B (Fig. 8C). As there was no obviously heterogeneity ( $P=0.56$ ,  $I^2=0\%$ ) or methodological quality, the reason for the asymmetrical funnel plot might be that the number of studies included was small, or that the sample of included studies was small.

Base on the findings on the diagnosis, prognostic factors including independent prognostic factors, outcomes, and mortalities of different therapeutic modalities as mentioned above, a flow chart of diagnosis and treatment process for PGIL was approximately drew out (Fig. 9).

### DISCUSSION

There are many publications concerning PGIL, as is true for China. However, most of them are in small scale.<sup>22,23,26,27</sup> The current study is probably the largest series in China.

TABLE 6. Comparison of Characteristics Between Data From Systematic Review Study Group and Retrospective Study Group

	No.	Systematic Review	Retrospective	$P^*$
Subtypes				
BCL	3678	3323	355	0.400
TCL	556	496	60	
BCL				
MALT	923	826	97	0.082
DLBCL	1471	1290	181	
FL	48	38	10	
MCL	49	41	8	
BL	18	14	4	
TCL				
EATL	63	43	20	0.560
NKT	29	18	11	
Sex				
Male	3347	3087	260	0.541
Female	2118	1963	155	
Site of origin				
Stomach	2634	2423	211	0.000
Small intestine	766	685	81	
Ileocecus	556	512	44	
Large intestine	641	585	56	
Multiregions	74	53	21	
PS				
0-1	542	264	278	0.872
≥2	264	127	137	
IPI				
0-1	372	179	193	0.351
≥2	412	212	200	
Stage				
I/IIe	2714	2418	296	0.465
IIIe/IV	1176	1057	119	
Diagnosis-making				
Surgery	1992	1791	201	0.000
Endoscopy	1327	1113	214	
Treatments				
S	732	644	88	0.000
S + C ± R	2089	1916	173	
C ± R	607	486	121	

BCL = B-cell lymphoma, TCL = T-cell lymphoma.  
\*  $\chi^2$  test.

For PGIL, B-cell lymphoma is far more frequent (85.5%) than T-cell lymphoma. This is also demonstrated by the systematic review of previous studies in China in which the proportion of B-cell lymphoma was 87.0%. Among the different immunophenotypes of PGIL, DLBCL is the most frequent in our study as indicated by several previous studies.<sup>14,28,29</sup> Stomach is the most frequently involved site varied from 66.7% to 76.1%, followed by the small intestine,<sup>4,7</sup> which is consisted of the results in our study. As was reported by Nakamura et al,<sup>7</sup> stomach was the most common primary site involved with a frequency of 60% to 70%, followed by the small intestine (20%–30%). In our study, the frequency of stomach involving was 56.4%, followed by the small intestine (16.4%), slightly lower than that reported in Japan. More patients received chemotherapy



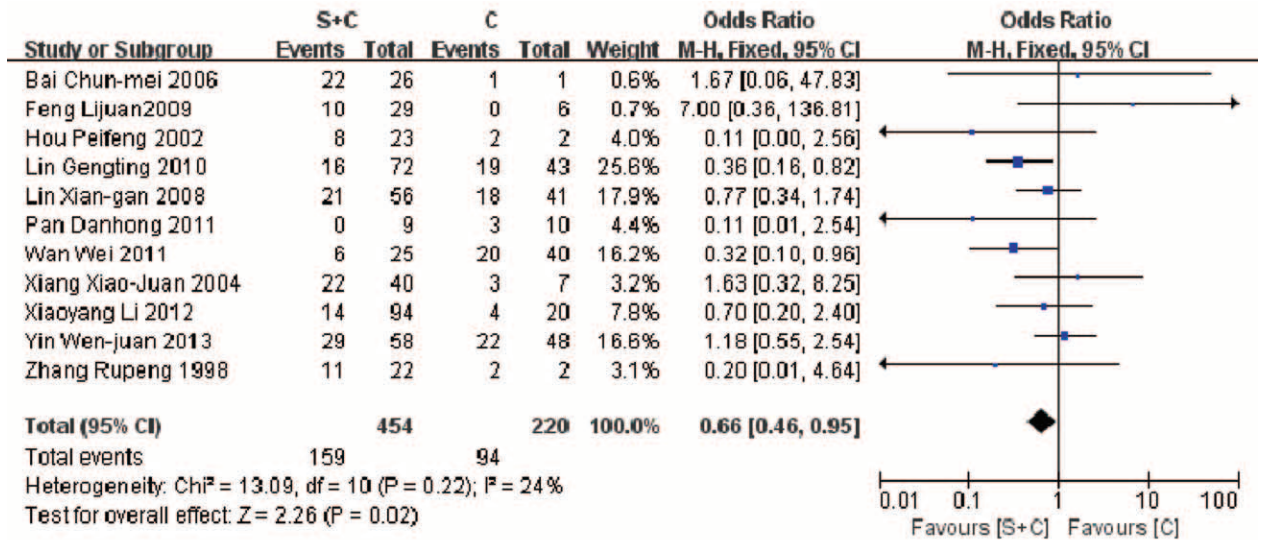


FIGURE 5. Comparison of mortality in patients of PGIL treated with surgery plus chemotherapy vs chemotherapy alone (35.0% vs 42.7%, P=0.02).

and/without radiotherapy in the retrospective study group than that in the systematic review group (31.7% vs 16.0%), which could be explained by the improved diagnosis ability, efficacy of chemotherapy, and that chemotherapy was increasingly an optimal treatment.<sup>7</sup>

The clinical presentations of PGIL in our study were dominated by abdominal pain, followed by bloody stools and abdominal mass, but differed depending on the histological type. The most common endoscopic appearances of PGIL are ulcerative and massive. However, the appearances are

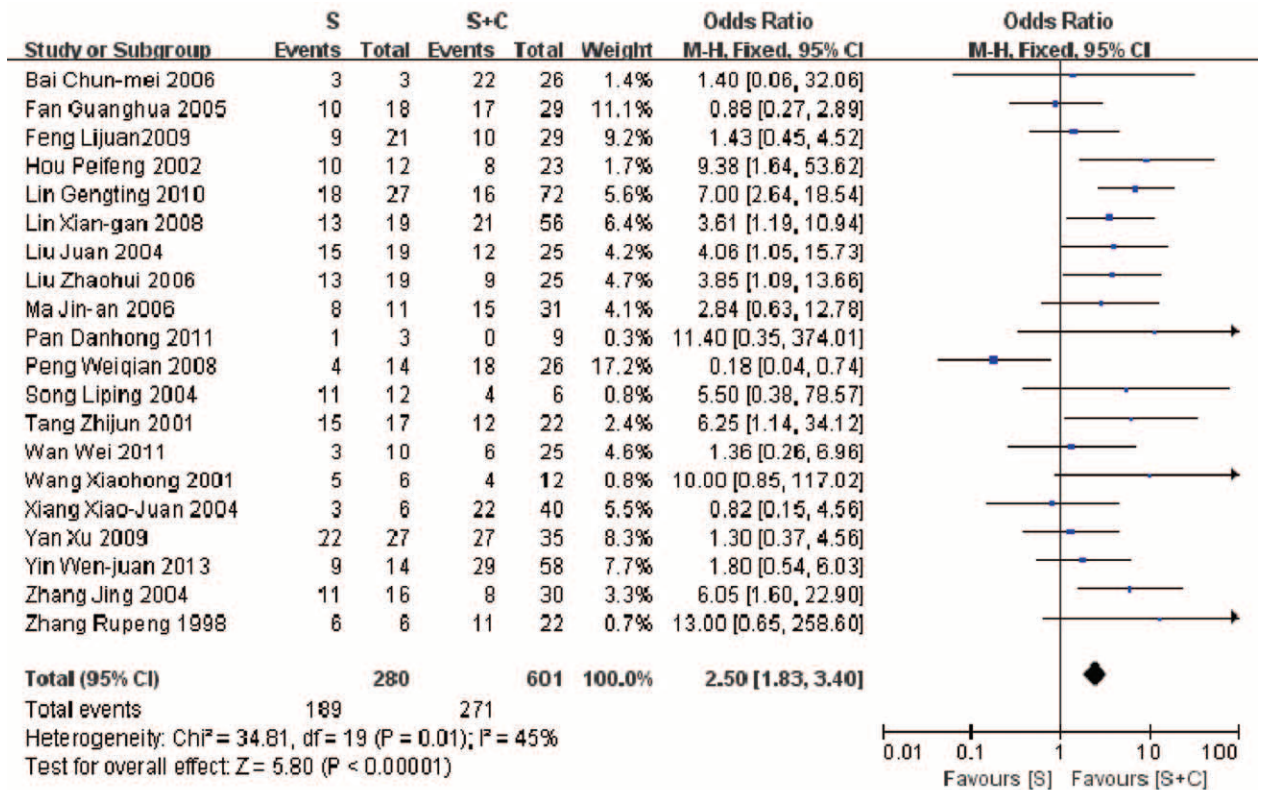


FIGURE 6. Comparison of mortality in patients of PGIL treated with surgery alone vs. surgery plus chemotherapy (67.5% vs 45.1%, P<0.00001).

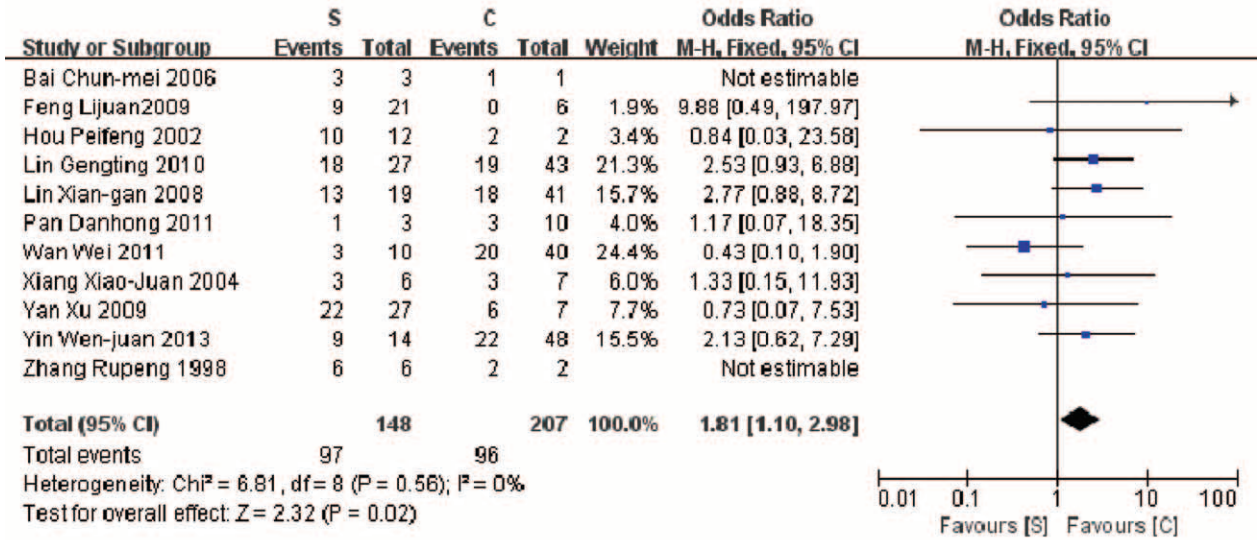


FIGURE 7. Comparison of mortality in patients of PGIL treated with surgery alone versus chemotherapy alone (65.5% vs 46.8%, P=0.02).

nonspecific and indistinguishable from carcinoma.<sup>14,30</sup> 51.6% of patients in our retrospective study group were diagnosed by endoscopic biopsy, which was consistent with a previous study.<sup>28</sup> Furthermore, 36.9% of the patients diagnosed by endoscopic biopsy underwent repeated endoscopy. Therefore, our study reflects that repeat endoscopic biopsy is necessary when a malignant lesion is visualized; in addition, multiple biopsies of the tumor and multilevel biopsies are suggested. Apart from that, only 38.3% of patients of the systematic review group were diagnosed by endoscopic biopsy, which may reflect a selection bias existing in that our institutions are reference centers in general.

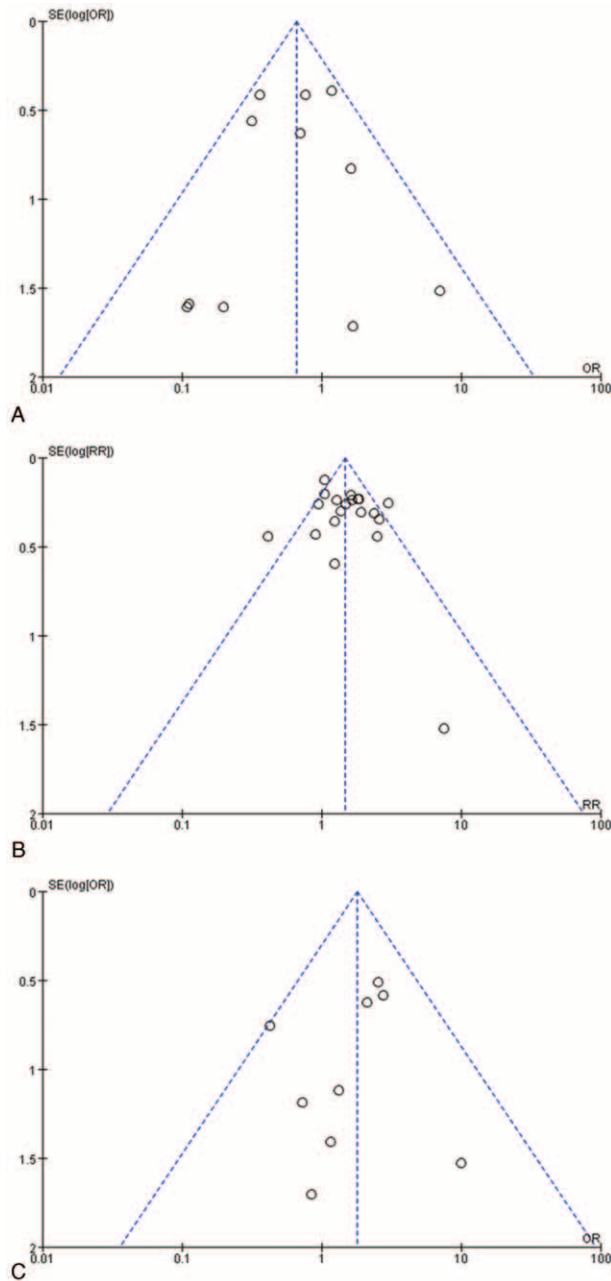
In our study, 201 patients (48.4%) were diagnosed by surgery, which makes surgery an important method for diagnosis of PGIL. Reasons for that surgery became a diagnosis method are as follows. On one hand, the lesions of PGIL mainly locate submucosa, which improves the difficulty of diagnosis through endoscopic biopsy. Sometimes, when we still cannot confirm the diagnosis of a visualized malignant lesion after repeating endoscopic biopsy, surgery can be the choice. On the other hand, part of PGIL patients came to hospital because of acute abdomen, especially patients of T-cell lymphoma. Diagnosis could be confirmed after emergency operation. In our study, out of the 201 patients diagnosed by surgery, 37 (18.4%) patients received emergency operations, making surgery an essential method for diagnosis of PGIL, especially for the diagnosis of T-cell lymphoma because of its high frequency of acute abdomen.

The best OS and PFS were achieved in MALT lymphoma and follicular lymphoma, followed by DLBCL, and the poorest in EATL and other T-cell types. This observation is in concordance with previously published reports.<sup>4,14</sup> Li et al<sup>13</sup> identified treatment response, and elevated serum LDH level and PS score as independent prognostic factors of survival for DLBCL. Nakamura et al demonstrated that an earlier stage, younger age, gastric localization, B-cell phenotype, and absence of B symptoms were independent prognostic factors for better OS and EFS for PGIL.<sup>7</sup> Gou et al<sup>12</sup> reported that female, radical surgery, and B-cell phenotype were independent prognostic factors for better

OS for primary intestinal non-Hodgkin lymphoma. Zhang et al<sup>29</sup> identified PS score, and modified Ann Arbor stage and albumin as independent prognostic factors for primary gastric non-Hodgkin lymphoma. Delabie et al<sup>17</sup> found that clinical sprue was a predictor of EFS for peripheral T-cell lymphoma and EATL (type1). Our multivariate analysis revealed site of multiple regions involved, IPI  $\geq 2$  to be independent prognostic factors for worse OS and PFS for B-cell lymphoma, and PS  $\geq 2$  to be independent prognostic factor for worse OS and PFS for T-cell lymphoma.

Nowadays, there is still no consensus on whether surgery should be a first-line treatment for PGIL. To evaluate the efficacy of surgery alone (group A), chemotherapy and/without radiotherapy (group B), and surgery plus chemotherapy and/without radiotherapy (group C), we performed a series of survival analysis according to subtypes of PGIL, lesion location, stage, and independent prognostic factors. In our study, the type of therapeutic modality did not influence OS or PFS of B-cell lymphoma as demonstrated in previous study, and the results were similar when regarding stage, IPI score.<sup>7</sup> Such result was also found in patients of intestinal B-cell lymphoma, which was in concordance with that reported by Li et al.<sup>8</sup> However, Kim et al found that therapeutic group C showed better survival in patients of intestinal B-cell lymphoma than group B; furthermore, Gou et al revealed that radical surgery was an independent prognostic index for primary intestinal non-Hodgkin lymphoma.<sup>9,12</sup>

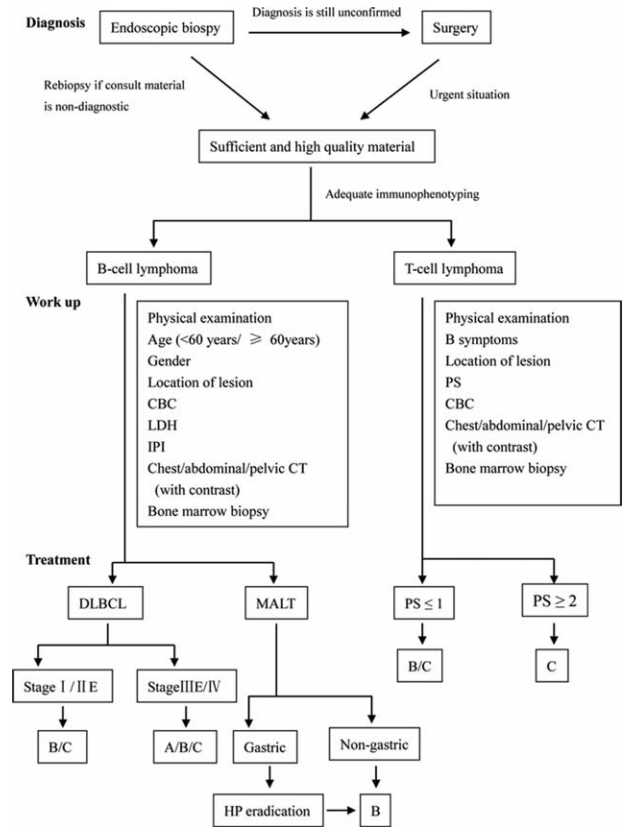
Pathologically, therapeutic group A showed worse OS and PFS of DLBCL in an early stage (I/II E) than group B and C; type of therapeutic modality did not influence OS or PFS of DLBCL in advanced stage. Because of the chemo-sensitivity, chemotherapy is optimal for gastric DLBCL.<sup>4,6</sup> OS and PFS in patients of intestinal DLBCL did not differ significantly between group B and C in our study, as was also indicated by Li et al,<sup>13</sup> whereas Kim et al<sup>11</sup> reported that therapeutic group C showed better OS than group B. According to Matysiak-Budnik et al,<sup>14</sup> surgery may be the first-line treatment for intestinal DLBCL because of the probability of complications. Based on the survival results in our study and opinion of



**FIGURE 8.** Funnel plot for comparisons of mortality in patients of PGIL treated by different therapeutic modalities. (A) Surgery plus chemotherapy versus surgery alone. (B) Surgery alone versus surgery plus chemotherapy. (C) Surgery alone versus chemotherapy alone.

previous studies, surgery alone is not optimal for patients of DLBCL in an early stage.

Because stomach is the most common organ of MALT lymphoma, and gastric MALT lymphoma is closely related to *H. pylori* infection, which makes that *H. pylori* eradication therapy is the first-line treatment of gastric MALT lymphoma.<sup>6</sup> Few patients of MALT lymphoma in our study first received *H. pylori* eradication therapy, making our study shot of evidence to evaluate it. In our study, therapeutic groups A, B, and C did not



**FIGURE 9.** Flow chart of diagnosis and treatment process for PGIL. A = surgery alone, B = surgery plus chemotherapy and/without radiotherapy, C = chemotherapy and/without radiotherapy, CBC = count of blood cell, LDH = lactate dehydrogenase, IPI = International Prognostic Index, PS = performance status.

differ in OS or PFS for MALT lymphoma; surgery did not significantly improve the prognosis of MALT lymphoma. As an indolent lymphoma, MALT lymphoma can be excellently controlled by chemoimmunotherapy.<sup>58</sup>

Patients of T-cell lymphoma receiving therapeutic A presented worse OS and PFS than those of therapeutic group B and C, which was the same for those with lesion located in intestine, with PS  $\geq 2$ . For patients of T-cell lymphoma with PS  $\leq 1$ , therapeutic B and C showed equivalent efficacy. These findings demonstrated that therapeutic group C had an equivalent efficacy compared with group B as indicated by the previous studies.<sup>9,31</sup> Despite that over half of patients of T-cell lymphoma were diagnosed by surgery, and 30% of patients of T-cell lymphoma received emergency operations; surgery is often mandatory as first-line treatment. Chemotherapy may improve the prognosis for patients with PS  $\leq 1$ . A retrospective study of EATL (37 cases) reported by Malamut et al<sup>32</sup> revealed that chemotherapy and surgical resection were predictors of good prognosis.

When performing the meta-analysis on the comparison of mortalities in patients treated with group A vs group C, sensitivity test identified that the article reported by Weiqian et al was heterogeneous from the other articles included. Because the article meet our including criteria, and it did not influence significantly the overall effect, this article was still included for meta-analysis. Our study revealed that patients in therapeutic group C had a lower mortality than those in group A and B,

whereas group B showed lower mortality than group A. Taking the survival results into consideration, treatment of surgery plus chemotherapy promises the best prognosis for PGIL. Because the mortality analysis disregarded the subtypes, value of the results is limited. Patients' quality of life is a point that is increasingly considered. Nonsurgical therapeutic modality is becoming increasingly optimal for PGIL<sup>6,7</sup>; 48.4% of patients in the retrospective study group of our study and 61.7% in the systematic review group were diagnosed by surgery; however, 8.9% of patients in the retrospective study group underwent emergency operations. From those above, surgery plays an important role in the diagnosis and treatment of PGIL, especially in patients of T-cell lymphoma.

Based on the results of our study, we propose a flow chart of diagnosis and treatment procedure for PGIL in China (Fig. 9). Endoscopic biopsy diagnosis and surgery diagnosis are the 2 main methods of confirming diagnosis of PGIL. Because of the limited successful rate of endoscopic biopsy diagnosis, we suggest repeat endoscopy and biopsy if necessary. Surgery plays an important role in diagnosing, especially for T-cell lymphoma. When it comes to the workup, we further make sure whether the GI lymphoma is "primary," and emphasize prognostic factors for different subtypes of PGIL. As for treatment, chemotherapy alone or combined with surgery is the first choice for DLBCL of stage I/II E. For MALT lymphoma, our study showed that surgery did not significantly improve the prognosis; Hp eradication and chemotherapy are of great importance. For patients of T-cell lymphoma with PS  $\geq 2$ , surgery plus chemotherapy shows the best OS and PFS, and for those with PS  $\leq 1$ , chemotherapy and surgery plus chemotherapy show equivalent efficacy in OS and PFS.

Because our study is retrospective, this makes the observations of a limited value. Second, PGIL is a group of heterogeneity diseases, and each kind of phenotype presents certain characteristics, showing different clinical manifestations, effect to treatment, and survival. The case number of our study was not large enough for us to perform analysis completely according to the phenotypes. Third, the previous studies in China were usually of small scale, disregard the subtypes, leading to that our meta-analysis on mortality analysis of PGIL could not be further analyzed according to different subtypes. Further randomized prospective studies of large scale are needed.

### ACKNOWLEDGMENTS

The authors thank the staff of the First, Third, and Fifth Affiliated Hospitals of Sun Yat-Sen University, and Guangdong General Hospital for their partnership in this study.

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