

Case Report

# Effect of Repetitive Transcranial Magnetic Stimulation on the Right Superior Temporal Gyrus for Severe Aphasia Caused by Damage to the Left Inferior Frontal Gyrus

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## Keywords

Aphasia · rTMS · Superior temporal gyrus

## Abstract

Several reports on repetitive transcranial magnetic stimulation (rTMS) for the treatment of aphasia caused by damage to the left inferior frontal gyrus state that low-frequency rTMS therapy for the right inferior frontal gyrus, which is contralateral to the focus area, is effective for improving verbal expression. However, most of these reports have studied the effects of rTMS therapy for comparatively mild aphasia. This study attempted to perform low-frequency rTMS on the right posterior superior temporal gyrus (BA22), which is the center for language reception for aphasia patients with a drastic decline in verbal expression due to damage to the left inferior frontal gyrus and a considerable decline in language perception. The participants performed a language task that was displayed on a computer monitor during rTMS. In addition, intensive speech-language and hearing therapy was performed by the therapist after rTMS. This study reports that a resultant improvement in language perception was observed

in the activated brain regions based on neuropsychological tests and functional magnetic resonance imaging. This study is considered to be significant as it highlights a new method of rTMS treatment for severe aphasia.

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## Introduction

Repetitive transcranial magnetic stimulation (rTMS) can alter the excitability of the cerebral cortex by altering the stimulus intensity, stimulus frequency, and the number of applications. Low-frequency rTMS with a maximum of 1 Hz effectively suppresses the stimulation site, and high-frequency rTMS with a minimum of 5 Hz can effectively excite it. In this manner, rTMS can alter the excitability of the cerebral cortex. There are reports on the practical applications of rTMS for treating various central nervous system diseases, by stimulating the cerebrum, which has a complex network that responds to excitability and suppression, using combinations of different methods.

Heiss and Thiel [1] reported that the right inferior frontal gyrus (RIFG) becomes overactive in aphasia due to damage to the left inferior frontal gyrus (LIFG). They extrapolated that this overactivation of the RIFG is a maladaptive response caused by interhemispheric suppression of the LIFG, which hinders its functional recovery. Naeser et al. [2] performed low-frequency rTMS on the right frontal lobe for chronic stroke patients with aphasia due to damage to the left frontal lobe. Results indicated that low-frequency rTMS improved aphasia in such patients, confirmed by neuropsychological tests. This improvement is thought to result from the liberation of the left hemisphere from interhemispheric suppression, leading to its appropriate activation brought about by suppressing activation of the right frontal lobe. Recent reports have confirmed a significant recovery in speech mechanisms when rTMS and intensive speech-language and hearing therapy (iST) were used for the RIFG of chronic stroke patients, which is contralateral to the area of focus, in comparison with chronic stroke patients, in whom sham rTMS and iST were used [3]. Furthermore, coadministration of low-frequency rTMS to the RIFG (BA45) and language training for patients exhibiting conduction aphasia caused by damage to the left posterior region has led to reports that confirm activation of not only the left frontal language region, but also the left posterior region (surrounding BA22) [4]. Although these methods recognize the effectiveness of rTMS to the RIFG, it is limited to treating comparatively mild aphasia with nonfluent utterances that limit language expression, rather than language reception. There are fewer reports on its curative effects in aphasia patients with a considerable decline in language reception. Language processing within the brain was conventionally thought to include language reception (input) functions, such as listening and reading and language expression (output) functions, such as speaking and writing. The bidirectional input and output network enables smooth language communication. Anatomically, the arcuate fasciculus is a bundle of nerve fibers that are essential for this network. Several patients with expressive aphasia, with minimum-to-moderate damage to the frontal region, experience difficulty in both output and input functions. Considering the hierarchical nature of language, it is preferable that rehabilitation programs prioritize the improvement of input abilities in these patients. For the recovery of aphasia after stroke, it is crucial to mobilize the functions of the left superior temporal gyrus (BA22) and its

surrounding regions during the recovery of input abilities. Therefore, we assume that the application of inhibitory stimulation to the contralateral side, that is the superior temporal gyrus (BA22), similar to the inhibitory application of rTMS to BA45, contralateral to the focus area, for aphasia patients with input and output speech restrictions may potentially improve their input abilities. In this study, we observed improved language reception due to inhibitory rTMS on BA22, contralateral to the focus area, in chronic stroke patients with moderate-to-severe aphasia.

### Case Presentation

A 60-year-old male had right hemiplegia caused by left internal carotid artery occlusion secondary to cardiogenic embolism (time after onset: 42 months). The Brunnstrom stages of recovery were as follows: upper limb, II; finger, II; and lower limb, II. He exhibited language processing disorders with severe expressive aphasia and moderate receptive aphasia (Table 1, SLTA Pre). The subject is right-handed but uses his left hand. T1 axial image confirmed a large area of damage around the LIFG (Fig. 1).

#### *Pre- and Post-Tests*

##### Neuropsychological Examination

We performed the Standard Language Test of Aphasia (SLTA) [5]. We also performed a deep test for language reception (listening) by testing noun recognition based on the semantic category, which is a subset of the Test of Lexical Processing in Aphasia (TLPA). We calculated the correct answer rate and z-score [6]. The pre-test was performed 2–3 days before the patient received treatment, and the post-test 1–2 days after completion of treatment.

##### Brain Function Measurement

To measure language processing activities in the brain, before and after treatment, we performed fMRI using the 1.5T Optima MR360 (GE Healthcare, USA). The imaging parameters were: repetition time 3,000 ms (1 scan), echo time = 40 ms, axial slice = 32 slices, flip angle 90°, field of view 256 × 256 mm, matrix = 64 × 64, slice thickness = 4 mm, slice gap = 0 mm, and 135 volumes/session. We excluded the first 5 volumes from the data analysis in an attempt to stabilize the magnetic susceptibility.

We implemented a six-block block design (two conditions, three blocks) with 30 s of tasks and 30 s of rest. We tested the following two conditions: (i) listening to meaningful words was the task condition, and (ii) listening to meaningless sounds (clicking sounds) was the control condition. Using headphones (Serene Sound; Resonance Technology), we checked the sound volume before proceeding with the measurements. Task conditions included an interval of 2 s for 15 words. We used high-frequency words, which were chosen from a total of 27,596 words between 5.001 and 7.000 for word familiarity in the NTT Database Series Nihongo-no Goi-Tokusei [7]. The spoken words were recorded in standard Japanese by a professional (female) narrator.

We conducted an analysis using SPM8 (Statistical Parametric Mapping). As preprocessing, we performed realignment, estimation of normalization, smoothing (full width half

maximum:  $x = 6$  mm,  $y = 6$  mm,  $z = 6$  mm), and temporal filtering (high-pass filter, 0.01 Hz). We calculated the activation site by subtracting the control conditions from the task conditions. The level of significance was 1% (uncorrected), and the coordinates where the cluster size had a level of significance of approximately 5% were related areas. Second, the coordinates of related areas were converted from Montreal Neurological Institute (MNI) coordinates to Talairach coordinates [8], and the corresponding brain regions were isolated.

#### Repetitive Transcranial Magnetic Stimulation

We used figure-8 coils (Magstim, UK) to perform low-frequency rTMS (1 Hz), with 1,200 applications, twice a day for 10 days. The stimulation intensity was 90% of the threshold of the motor-evoked potentials during rest, which was derived through the abductor pollicis brevis muscle of the left hand. The stimulation threshold was BA22, which was identified by the navigation system. Moreover, we provided language stimulation from a computer monitor to stimulate language reception during rTMS. We encouraged the subject to watch the computer monitor, where a series of words were displayed, with 1 word displayed for 20 s (picture-naming cards A [4 s]; Chinese characters that indicate A [4 s]; kana syllabaries that indicate A [4 s]; picture-naming cards [4 s]; and blank cards [4 s]). We auto-played 60 words for 20 min using Microsoft Office PowerPoint.

#### Administration of iST

We conducted iST for 60 min, twice a day for 10 days, based on the results of the neuropsychological examinations. Speech-language-hearing therapists conducted iST immediately after rTMS. We conducted iST for the following: (1) auditory comprehension issues; (2) semantic therapy (nouns, verbs); and (3) language reception (listening, reading) such as semantic word problems. The content and difficulty level were changed, whenever appropriate.

### Results

The SLTA pretest confirmed a severe decline in language expression for speaking and writing. It also indicated a moderate decline in language reception for listening and reading. The post-test did not demonstrate any remarkable changes in comparison to the pretest (Table 1). However, the TLPA, which is a deep test for listening, confirmed a clear improvement for all categories, excluding body regions and color. The correct answer rate for the pretest was 53.5% with a  $z$ -score of  $-1.66$ , whereas the post-test had a correct answer rate of 69.5%, with a  $z$ -score of  $-0.73$ , which confirms a remarkable improvement in listening grades (Table 2).

The fMRI results are shown in Table 3. The pretest confirmed significant stimulation in the superior, middle, and inferior temporal gyrus (STG, MTG, ITG) for the left hemisphere ( $p < 0.001$ , uncorrected). Significant stimulation was observed in the MTG for the right hemisphere ( $p < 0.001$ , uncorrected). The post-test confirmed greater stimulation in the left and right temporal gyrus. However, significant stimulation was confirmed in a wider brain region for the ITG in the post-test than in the pretest ( $p < 0.001$ , uncorrected). Furthermore, significant stimulation was also confirmed in the posterior cingulate gyrus (BA31) and thalamus for the left hemisphere ( $p < 0.001$ , uncorrected).

## Discussion

Language function in the brain is hierarchical. The frontal region of the brain controls the output function, while the posterior region controls the input function. This bidirectional network enables smooth language communication. Therefore, many patients with motor aphasia caused by damage to the frontal region have difficulty in output and input functions. Considering this structure of language, training programs should prioritize improving input function for rehabilitation.

We conducted rTMS and iST by prioritizing the sim to enhance the functions of the posterior region, rather than focusing on improving the functions originally possessed by the frontal region. Hence, we obtained a remarkable improvement in input functions, as shown by the improved TLPA score. Neuroscientific evidence was provided by the fMRI as well, which showed increased intensity and expansion of range in the periphery of Wernicke's area, which is the center of input function, as well in activities in MTG and ITG, which store long-term language information.

The post-test recognized stimulation in the posterior cingulate gyrus (BA31) and thalamus. According to Pandya and Yeterian [9], BA31 has fibers that intermingle with the multi-sensory association cortex, such as the MTG, with the thalamus. Furthermore, fiber intermingling is seen with the limbic system, which is closely related to long-term memory [10, 11]. Grasby et al. [12] observed increased blood flow in the posterior cingulate gyrus including BA31 when subjects were assigned the task of memorizing and recalling words that have been read out loud [12]. Thus, BA31 controls long-term memory and contributes to understanding input information. Moreover, damage to the left thalamus causes semantic memory disorders and hinders access to stored vocabulary [13, 14]. The activation of the left thalamus in this study is considered to be scientific evidence that it controls the access to stored vocabulary.

rTMS with language stimulation is a new method, which has not been reported previously. Meanwhile, external language stimulation was provided so that the language center could be stimulated efficiently, which may have produced stable and more efficient plastic changes to the nerves. Future studies are needed, as this is currently conjecture.

Finally, this report performed rTMS to BA22 for patients with severe aphasia due to left-anterior-region injury. In addition, speech therapy was performed during and after rTMS. A similar attempt has never been reported, and this could be a significant future treatment for aphasia.

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### Statement of Ethics

Informed consent was obtained from the patient and the family for the publication of this report. This study was conducted ethically in accordance with the Helsinki Declaration. In addition, the research protocol has been approved by the ethics committee to which it belongs.

### Disclosure Statement

The authors declare that they have no conflicts of interest to disclose.

### Author Contributions

All persons who meet authorship criteria are listed as authors, and all authors certify that they have participated sufficiently in the work to take public responsibility for the content, including participation in the concept, design, analysis, writing, or revision of the manuscript. Furthermore, each author certifies that this material or similar material has not been and will not be submitted to or published in any other publication before its appearance in *Case Reports in Neurology*.

Mimpei Kawamura (corresponding author) contributed to the following four conditions.

- 1 Substantial contributions to the conception or design of the work; or the acquisition, analysis, or interpretation of data for the work.
- 2 Drafting the work or revising it critically for important intellectual content.
- 3 Final approval of the version to be published.
- 4 Agreement to be accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved.

Nobuhiro Takahashi (co-author) contributed to the following four conditions.

- 1 Substantial contributions to the conception or design of the work; or the acquisition, analysis, or interpretation of data for the work.
- 2 Drafting the work or revising it critically for important intellectual content.
- 3 Final approval of the version to be published.
- 4 Agreement to be accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved.

Yasutaka Kobayashi (co-author) contributed to the following four conditions.

- 1 Substantial contributions to the conception or design of the work; or the acquisition, analysis, or interpretation of data for the work.
- 2 Drafting the work or revising it critically for important intellectual content.
- 3 Final approval of the version to be published.
- 4 Agreement to be accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved.



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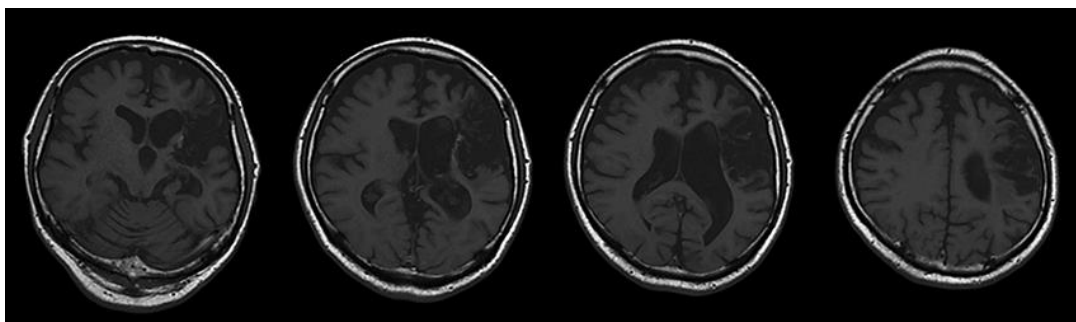


Fig. 1. T1 axial image (time after onset: 42 months).

**Table 1.** Neuropsychological examination: SLTA

			Correct answers, %	
			pre	post
I	1	Auditory word recognition	100	80
	2	Sentence comprehension	60	60
	3	Follow verbal commands	0	0
	4	Kana letter discrimination	10	30
II	5	Speaking object naming	0	0
	6	Word repetition	30	20
	7	Describe behaviors	0	0
	8	Explain picture story	0	20
	9	Sentence repetition	0	0
	10	Word fluency	0	0
	11	Read aloud kanji words	0	20
	12	Read aloud kana letters	0	0
	13	Read aloud kana words	20	0
	14	Read aloud short sentence	0	0
III	15	Kanji word – picture matching	80	100
	16	Kana word – picture matching	70	80
	17	Sentence – picture matching	70	50
	18	Follow written commands	0	0
IV	19	Write kanji words	0	20
	20	Write kana words	0	0
	21	Narrative writing	0	0
	22	Dictate kana letters	20	0
	23	Dictate kanji words	0	20
	24	Dictate kana words	0	0
	25	Dictate short sentence	0	0

I, listening; II, speaking; III, reading; IV, writing.



**Table 2.** Noun recognition based on semantic category: TLPA

	All words, <i>n</i>	Pre			Post		
		correct answer, <i>n</i>	correct answer, %	z-score	correct answer, <i>n</i>	correct answer, %	z-score
Indoor objects	20	11	55.0	-0.78	13	65.0	-0.30
Structures	20	16	80.0	-0.12	17	85.0	0.14
Vehicles	20	11	55.0	-2.35	17	85.0	-0.25
Tools	20	11	55.0	-1.69	18	90.0	0.18
Processed foods	20	14	70.0	-1.08	16	80.0	-0.46
Vegetables and fruits	20	8	40.0	-2.39	12	60.0	-1.32
Plants	20	10	50.0	-1.36	16	80.0	0.00
Animals	20	11	55.0	-2.07	16	80.0	-0.56
Body parts	20	6	30.0	-1.87	5	25.0	-2.08
Colors	20	9	45.0	-1.35	9	45.0	-1.35
Total amount	200	107	53.5	-1.66	139	69.5	-0.73

z- scores were calculated based on the test data of 68 patients with aphasia, as indicated in the TLPA manual.

**Table 3.** Activated brain areas on fMRI

Brain area	BA	Talairach coordinate, mm			z-score	t-score	Cluster size
		x	y	z			
<b>Pre</b>							
<i>Left hemisphere</i>							
STG	22	-62	-36	2	4.12	4.28	19
MTG	21	-58	-22	-14	4.50	4.70	95
		-62	-27	-2	3.73	3.85	
ITG	20	-58	-32	-23	4.20	4.37	48
<i>Right hemisphere</i>							
MTG	21	60	-18	-11	4.35	4.53	51
		53	-19	-16	3.80	3.93	
		64	-25	-1	4.17	4.33	
<b>Post</b>							
<i>Left hemisphere</i>							
STG	22	-62	-23	0	3.51	3.61	13
MTG	21	-56	-20	-8	4.96	5.24	93
		-60	-15	-12	3.74	3.86	
ITG	20	-58	-28	-21	3.84	3.97	39
		-51	-15	-23	3.80	3.92	
Posterior cingulate gyrus	31	-6	-26	38	4.69	4.93	23
Thalamus		-1	-17	12	3.90	4.03	7
<i>Right hemisphere</i>							
MTG	21	55	-20	-13	4.81	5.06	56

$p < 0.001$  uncorrected.