

Article

# Influence of Ceria Addition on Crystallization Behavior and Properties of Mesoporous Bioactive Glasses in the $\text{SiO}_2\text{-CaO-P}_2\text{O}_5\text{-CeO}_2$ System

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**Abstract:** Knowledge of the crystallization stability of bioactive glasses (BGs) is a key factor in developing porous scaffolds for hard tissue engineering. Thus, the crystallization behavior of three mesoporous bioactive glasses (MBGs) in the  $70\text{SiO}_2\text{-(}26\text{-}x\text{)CaO-}4\text{P}_2\text{O}_5\text{-}x\text{CeO}_2$  system ( $x$  stands for 0, 1 and 5 mol. %, namely MBG(0/1/5)Ce), prepared using the sol–gel method coupled with the evaporation-induced self-assembly method (EISA), was studied. A thermal analysis of the multiple-component crystallization exotherms from the DSC scans was performed using the Kissinger method. The main crystalline phases of  $\text{Ca}_5(\text{PO}_4)_2.823(\text{CO}_3)_{0.22}\text{O}$ ,  $\text{CaSiO}_3$  and  $\text{CeO}_2$  were confirmed to be generated by the devitrification of the MBG with 5%  $\text{CeO}_2$ , MBG5Ce. Increasing the ceria content triggered a reduction in the first crystallization temperature while ceria segregation took place. The amount of segregated ceria of the annealed MBG5Ce decreased as the annealing temperature increased. The optimum processing temperature range to avoid the crystallization of the MBG(0/1/5)Ce powders was established.



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**Keywords:** sol–gel processes; spectroscopy; X-ray methods; thermal properties; bioactive glass; silicate; biomedical applications

## 1. Introduction

Since their discovery in the late 1960s, bioactive glasses have been intensively studied due to their excellent bioactive response in hard tissue engineering [1]. However, the main limitation of the use of bioactive glass (BG) in obtaining porous scaffolds that mimic the structure of human bones [2] consists of improper mechanical characteristics, especially brittleness. Additionally, crystallized glass-ceramics show a lower surface reactivity in physiological solutions as a consequence of the reduction in the surface Si-OH linkages in comparison with the glassy counterparts [3]. Both brittleness and bioactivity are influenced by the crystallization (devitrification) behavior of BGs [1]. To overcome the limitation of BG crystallization during scaffold preparation [2], few solutions are used, e.g., tailoring BG composition, sol–gel preparation, understanding crystallization behavior and obtaining polymer-bioactive glass composites. The silica content, type of glass modifier (Na, K, Ca, Mg and Ba [4]) and doping oxides ( $\text{ZnO}$ ,  $\text{Ce}_2\text{O}_3$ ,  $\text{Ga}_2\text{O}_3$ ,  $\text{Bi}_2\text{O}_3$ ,  $\text{Nb}_2\text{O}_5$  [5–8], etc.) are critical factors determining the ability of BGs to crystallize [9,10]. Although BGs with a silica content of up to 80% are still bioactive [11], they are denser than the Hench’s 45S5 Bioglass<sup>®</sup> with 45%  $\text{SiO}_2$  [1]. A better workability was reported for alkali-free BGs developing wollastonite ( $\text{CaSiO}_3$ ) during crystallization in comparison with sodium–calcium–silicate phases, such as combeite ( $\text{Na}_2\text{Ca}_2\text{Si}_3\text{O}_9$ ) [12,13]. To inhibit the crystallization of sodium–calcium–silicate phases in 45S5 while preserving their sintering and fiber-drawing abilities, magnesium and zinc were partially substituted for calcium [14]. The latter ions enabled the processing range to be widened, namely, the temperature range within the glass transition

( $T_g$ ) and crystallization onset,  $T_x$ . Except for BG formulation, the synthesis method highly influences the surface area and pore architecture, which are essential for an adequate surface reactivity in physiological fluids required by scaffolds in bone regeneration [2,15,16]. In contrast with melt and sol-gel-derived BGs, an enhanced bioactivity of the MBGs obtained by the sol-gel method coupled with the surfactant method is influenced by their pore architecture [15–19]. The ability to form ordered mesopores (2–50 nm sized pores) is mainly affected by the  $\text{SiO}_2$  content and selected surfactant [15]. The most well known method for tuning the pore architecture of a BG obtained using sol-gel processing is the evaporation-induced self-assembly method (EISA) [16,17]. No correlation between the ordered mesoporosity and devitrification tendency has been previously reported in the literature.

Differential thermal analysis (DTA) and differential scanning calorimetry (DSC) are useful techniques for studying the crystallization of BGs [1,9], while the kinetic analysis of the thermal data provides information on the reactivity and stability of BGs. Although richer silica BGs do not easily crystallize [11,20], the few kinetics reports on crystallization in BGs are mostly conducted on the 45S5 Bioglass<sup>®</sup> [1,12,21]. In comparison to richer-silica BGs 1-98(53 $\text{SiO}_2$ -22 $\text{CaO}$ -6 $\text{Na}_2\text{O}$ -11 $\text{K}_2\text{O}$ -5 $\text{MgO}$ -2 $\text{P}_2\text{O}_5$ -1 $\text{B}_2\text{O}_3$ , wt.%) and 13-93(53 $\text{SiO}_2$ -20 $\text{CaO}$ -6 $\text{Na}_2\text{O}$ -12 $\text{K}_2\text{O}$ -5 $\text{MgO}$ -4 $\text{P}_2\text{O}_5$ , wt. %) with surface nucleation [11], the crystallization of the 45S5 Bioglass<sup>®</sup> suddenly proceeds from the surface to bulk phase [1]. The kinetics of the thermally simulated devitrification of BGs and their corresponding energy barrier has been very often studied by using the Kissinger method for the  $n^{\text{th}}$  order reactions [22,23].

Since the thermal behavior of MBGs obtained using sol-gel process helps when choosing parameters for fiber and bioactive scaffold preparation, this work presents the non-isothermal crystallization kinetics of Ce-containing MBGs in the 70 $\text{SiO}_2$ -(26-x) $\text{CaO}$ -4 $\text{P}_2\text{O}_5$ -x $\text{CeO}_2$  system (x stands for 0, 1 and 5 mole %) by using DSC data. The identification of the crystallization mechanism and crystalline phases was assessed.

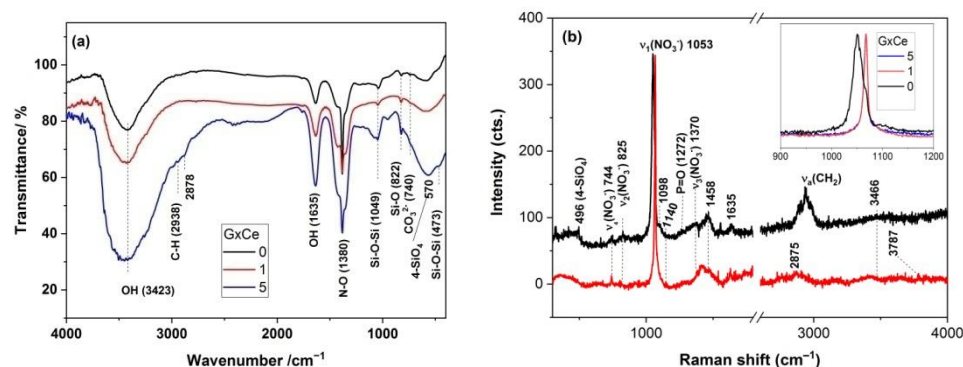
## 2. Results and Discussion

### 2.1. Phase Evaluation in the G(0/1/5)Ce Gels

The FT-IR spectra of the dried G(0/1/5)Ce gels, which are the un-stabilized MBGs, as illustrated in Figure 1a and exhibited characteristics of a silicate structure at 473, 825 and 1049  $\text{cm}^{-1}$  due to the rocking, bending and stretching modes of the Si-O-Si bonds that formed into coalesced silica particles during condensation processes. The band located at  $\sim 570 \text{ cm}^{-1}$  [24] might be assigned to four-fold rings, i.e.,  $\text{Si}(\text{OSi})_3(\text{OR})$  (R stands for  $\text{C}_2\text{H}_5$  or H) and/or four-fold silanol rings, as well as to the stretching and bending modes of the P-O bonds. Nitrate ions, depictable by the intense band at 1380  $\text{cm}^{-1}$  and smaller bands at 822 and 740  $\text{cm}^{-1}$  [25], indicated the non-incorporation of calcium ions into the silica network [26]. Calcium nitrate, covering silica nanoparticles, was reported to exist in dried gels of 70S30C (70 $\text{SiO}_2$ -30 $\text{CaO}$ , mol. %) up to 350 °C [26,27]. Hence, the IR spectra of the dried 70S30C gels resembled those of calcium nitrate, but the 1047  $\text{cm}^{-1}$  band was thinner for the latter compound, and the shoulder at approximately 1080  $\text{cm}^{-1}$  indicates the formation of Si-O-Si [27]. The coexistence of the 1049 and 1079  $\text{cm}^{-1}$  spectral features is easier to observe for the G5Ce sample in Figure 1a. The O-H presence in  $\text{H}_2\text{O}$  and alcohols [24,28] was indicated by the 1635 and 3423  $\text{cm}^{-1}$  bands. The small band at approximately 950  $\text{cm}^{-1}$  of the G5Ce spectrum was due to Si-OH linkages [28]. The organic residue was identified by the C-H stretching modes of the  $\text{CH}_2$  and  $\text{CH}_3$  groups at 2938 and 2878  $\text{cm}^{-1}$  [28].

UV-Raman spectroscopy, enabling fluorescence avoidance, as well as the selectively enhanced detection of nitrates [29], was used for the first time, in the present study, to investigate the surface of the cerium-doped gels in the CaO-SiO<sub>2</sub>-P<sub>2</sub>O<sub>5</sub> system. The  $\nu_1(\text{NO}_3^-)$  band [30] in Figure 1b (inset) was up-shifted for the G(1/5)Ce in comparison with that for cerium-free gel, which is very likely due to hydrated water and metal cation (calcium and cerium cations) effects [31]. This behavior confirmed a lack of calcium nitrate incorporation, as already depicted by IR, as well as the lack of cerium nitrate, which covers

the already formed  $\text{Si}(\text{OSi})_3(\text{OR})$  network. Additionally, hydroxyl from molecular  $\text{H}_2\text{O}$  ( $1600\text{--}1650\text{ cm}^{-1}$  and  $3350\text{--}3500\text{ cm}^{-1}$  ranges), organic residue (symmetric and asymmetric C-H stretching modes of the methylene,  $\text{CH}_2$ , and methyl,  $\text{CH}_3$ , within  $2600\text{--}3100\text{ cm}^{-1}$ ) and the silicophosphate network of four-fold rings at approximately  $490\text{ cm}^{-1}$  [24,32] are depicted in Figure 1b. Bands at approximately  $1415$  and  $1460\text{ cm}^{-1}$  are attributable to bending vibrations of the  $\text{CH}_2$  and  $\text{CH}_3$  groups [32]. The tinny band at  $1140\text{ cm}^{-1}$  indicated the formation of the Si-O-P bonds [32]. Symmetric vibrations of the P=O [32] were observed at  $1279\text{ cm}^{-1}$ . In order to stabilize these dried gels, namely, to remove the organic and nitrate residue, their thermal behavior should be assessed.

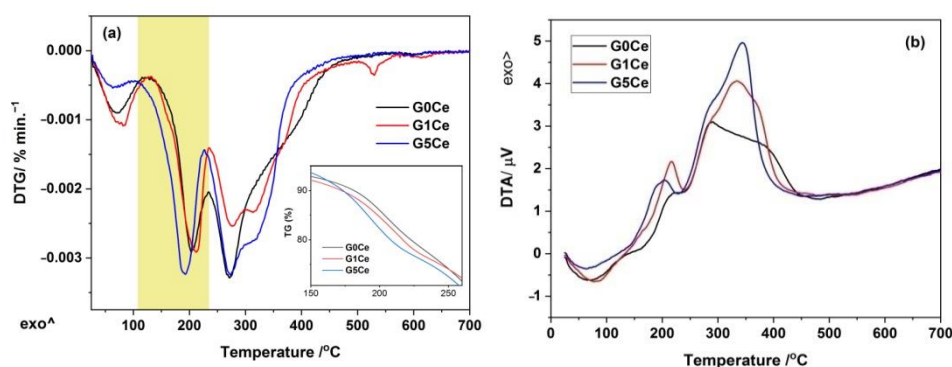


**Figure 1.** (a) IR and (b) UV-Raman spectra of the GxCe gels (x stands for 0, 1 and 5% ceria).

## 2.2. DTA/DTG/TG Analysis of the G(0/1/5)Ce Gels

The DTA/DTG/TG curves of the G(0/1/5)Ce materials are illustrated in Figure 2a,b. The TG curves in the inset of Figure 2 indicate the lowest thermal stability of the G1Ce sample up to  $160\text{ }^\circ\text{C}$ , intermediate behavior over the  $160\text{--}250\text{ }^\circ\text{C}$  range, while above  $250\text{ }^\circ\text{C}$ , its stability improved more than the other two gels. Hence, the rate of the mass loss was not solely dependent on the gel composition for the whole temperature range investigated. The overall mass loss ranged from 58.39% (G1Ce) to 60.80% (G5Ce). The first stage, at approximately  $70\text{ }^\circ\text{C}$ , with a mass loss  $<8\text{ wt. }%$ , for all the gels investigated, corresponded to the physically adsorbed water [33–35] and ethanol [32,36]. The next two stages (Table 1) record a mass loss of a maximum of 37%, up to  $300\text{ }^\circ\text{C}$ , corresponded to the vaporization of water and decomposition of organic residue. Chemisorbed water resulted from precursor condensation was removed at approximately  $230\text{ }^\circ\text{C}$  [13]. The third stage was due to the alkoxy group decomposition [37,38].

Above  $100\text{ }^\circ\text{C}$ , the weight loss stages were accompanied by two exothermic events on the corresponding DTA curves (Figure 2b). The second DTA exotherm had left and/or right sided shoulders due to the complex decomposition process. Ethyl groups of the TEOS and TEP along with un-hydrolyzed precursor vaporization [32] were responsible for the first exothermic event at approximately  $200\text{ }^\circ\text{C}$ .



**Figure 2.** (a) DTG/TG curves of the G(0/1/5)Ce gels and (b) DTA curves of the G(0/1/5)Ce gels.

**Table 1.** Thermogravimetric decomposition data of the G(0/1/5)Ce gels.

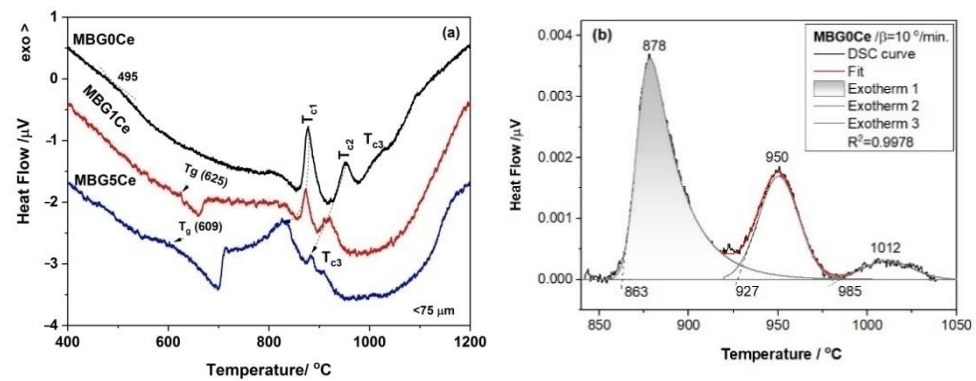
Gel Code	Stage No	$\Delta T/^\circ\text{C}$	Mass/%	Assignment	Total Loss/%
0Ce	1	25–132	6.30	Physically absorbed water [34,35]	59.91
	2	132–234	16.16	Chemisorbed water and	
	3	234–301	18.05	organic oxidation [13]	
	4	301–497	18.93	Pluronic and nitrate decomposition [26,35]	
1Ce	1	25–134	7.14	Physically absorbed water	58.39
	2	134–236	16.63	Chemisorbed water and	
	3	236–298	12.94	organic oxidation	
	4	298–390	13.85	Pluronic and	
	5	390–640	6.96	nitrate decomposition	
5Ce	1	25–106	3.39	Physically absorbed water	60.85
	2	106–227	20.17	Chemisorbed water and	
	3	227–293	16.11	organic oxidation	
	4	293–620	20.04	Pluronic and nitrate decomposition	

The degradation of Pluronic P-123 and nitrate by-products [26] accounted for the last (fourth and fifth) mass loss stages. The removal of the nitrate byproducts confirmed incorporation by the diffusion of the calcium [26] and cerium ions into the silica network. The calcium diffusion process in the 70S30C gels takes place above 400 °C. Thus, the thermal events at 531 and 608 °C, of the DTG curve for the G1Ce in Figure 2a, correspond, are very likely due to loss of the remnant surfactant and nitrates, respectively [26,35]. A tiny endotherm event at 600 °C was present on the DTG curve of the G5Ce (Figure 2a).

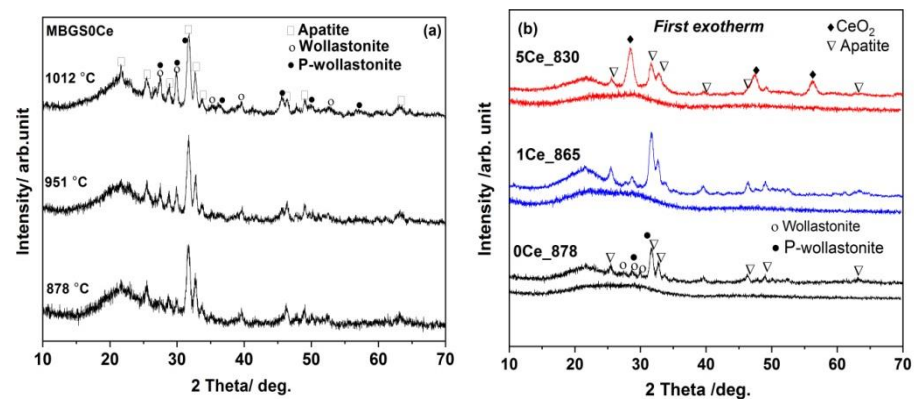
According to the thermal features above, the obtained gels were two-step thermally treated to obtain MBGs. The first step at 300 °C (1 h) was required for water and organic residue removal, while the second one was carried out at 700 °C (3 h) when no mass loss occurred and calcium and cerium incorporation in the phosphosilicate network took place. To evaluate the stabilization efficiency of the Ce-containing MBGs under discussion, FT-IR and XRD measurements were carried out. The XRD patterns of the MBG(0/1/5)Ce samples calcined at 700 °C [33] showed the presence of halos specific to the glassy phase.

### 2.3. Phase Identification in the Devitrified Ce-Containing MBGs

The DSC curves of the stabilized BGs powders, MBG(0/1/5)Ce, collected by heating with a 10 °C/min. rate (Figure 3a), had multiple crystallization exotherms. Thus, two crystallization effects were recorded for MBG1Ce, while three components were required for MBG(0/5)Ce (Figure 3b). The peculiar behavior of MBG1Ce regarding higher pore interconnectivity was determined [33] from the wider hysteresis loop of the nitrogen adsorption/desorption isotherms of the MBG(0/1/5) samples. Hence, except for MBG formulation, the textural data can influence thermal behavior. Three exotherms of crystallization were also reported for the 70S26C4P (70SiO<sub>2</sub>-26CaO-4P<sub>2</sub>O<sub>5</sub>, mol. %) BG obtained using the sol-gel method in the absence of surfactants and stabilized in a single step at 700 °C [36]. Decreasing temperature for the first crystallization exotherm in Figure 3a was noticeable as ceria content increased. Jones et al. [39] reported a crystallization peak at 873 °C for  $\beta$ -wollastonite in the foamed and unfoamed monoliths of 70S30C, while Siqueira and Zanotto [36] found apatite in primary phase crystallizing at 900 °C. In the case of the MBG0Ce powders, the first exotherm of crystallization (onset temperature,  $T_x$ , of 863 °C and peak temperature,  $T_{c1}$ , of 878 °C) was assignable to an apatite phase (XRD data in Figure 4a and Table 2), whereas the other two exotherms belonged to wollastonite ( $\beta$ -phase) and higher temperature wollastonite, pseudowollastonite or  $\alpha$ -wollastonite [25]. The crystallization of wollastonite phases was accompanied by the enhancement of mechanical properties [40].



**Figure 3.** (a) DSC runs at a heating rate of 10 °C/min. for the stabilized MBG(0/1/5)Ce and (b) three-component fitted DSC curve of the MBG0Ce crystallization.



**Figure 4.** XRD patterns of the annealed: (a) MBG0Ce\_(878/951/1012) and (b) MBG(0/1/5)\_T<sub>c1</sub> samples at first crystallization exotherm.

**Table 2.** List of thermal treatment holds for 24 h at DSC exotherms of crystallization and corresponding XRD data of MBGs (particle size 75 µm).

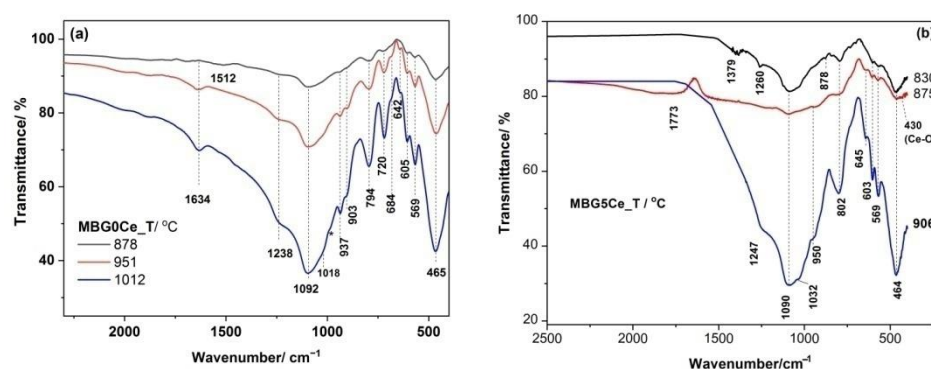
MBG Code	T <sub>c1</sub> (°C/Phases)	T <sub>c2</sub> (°C/Phases)	T <sub>c3</sub> (°C/Phases)
0Ce	878/ A (68.01%), W (20.72%) PW (11.27%)	951/ A (68.34%), W (10.04%), PW (21.62%)	1012/ A (70.98), W (17.69%), PW (11.33%)
1Ce	865/ A (90.10%), W (9.90%)	900/ A (85.88%), W (15.12%)	-
5Ce	830/ A (38.21%), C (14.10%), PW (47.68)	876/ A (54.15%), C (13.41%) PW (32.44%)	906/ A (59.05%), C (7.80%), PW (33.14%)

A = apatite (JCPDS 01-073-1731), W = wollastonite (JCPDS 00-900-8151), PW = pseudowollastonite (JCPDS 01-074-0874), C = ceria (JCPDS 00-043).

The formation of the  $\text{Ca}_5(\text{PO}_4)_2.823(\text{CO}_3)_{.22}\text{O}$  (64.45% crystallinity) was noticeable in the X-ray pattern of the MBG1Ce isothermally treated at 865 °C (MBG1Ce\_865 in Table 2), which is similar to the MBG0Ce\_878 sample (Figure 4b). Hence, the annealed samples at the first crystallization effect, MBG(0/1)\_T<sub>c1</sub>, showed the presence of an apatite phase, although only amorphous phases were shown prior to thermal treatments (Figure 4b). Ceria prevailed in the annealed MBG5Ce\_T<sub>c1</sub> (Figure 4b and Table 2). The annealing of the MBG(0/1/5)Ce BGs at approximately 870 °C (Table 2) induced the formation of apatite phase.

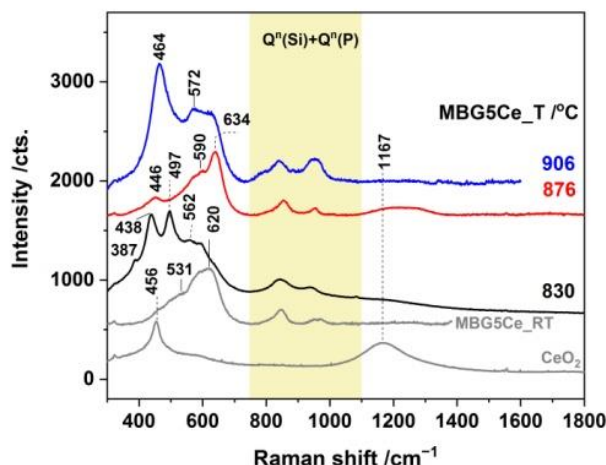
Crystalline phosphates were observed in the IR spectra of the two annealed BGs with three crystallization effects, MBGS(0/5)\_(T<sub>c1</sub>/T<sub>c2</sub>/T<sub>c3</sub>), as shown in Figure 5, due to its bands at ~570 and 609 cm<sup>-1</sup> as a result of the P-O bending vibrations of the orthophosphate

$\text{PO}_4^{3-}$  groups [39,40]. These bands were used to monitor glass bioactivity [41] since the other P-O vibrations overlapped with the Si-O vibrations. Only the  $565\text{ cm}^{-1}$  band was observed for the MBGS1Ce\_(Tc1/TC2) in Figure S1. A small band at  $\sim 428\text{ cm}^{-1}$  might have belonged to Ce-O [42] in MBG5Ce\_(830/876). The asymmetric Si-O-Si stretching mode at  $\sim 1092\text{ cm}^{-1}$  [43], and symmetric stretching and bending bands at  $794\text{ cm}^{-1}$  and  $465\text{ cm}^{-1}$  were also present in the IR spectra of all the thermally treated MBG0Ce as shown Figure 5a. Moreover, IR bands located at 1018, 937, 903, 720, 684, and  $642\text{ cm}^{-1}$  of the samples treated at a higher temperature, MBG0Ce\_(951/1012), belonged to  $\beta$ -wollastonite [44]. IR data reported for the sol-gel 70S26C4P bioglass annealed at  $1000\text{ }^\circ\text{C}$  [44] revealed the formation of quartz ( $798/780$  doublet and  $697\text{ cm}^{-1}$ ). Quartz absence in the XRD pattern of MBG0Ce\_1012 might be due to its low quantity under the XRD detection limit. Barely perceptible shoulder at  $984\text{ cm}^{-1}$  for the MBG0Ce\_1012 sample belonged to pseudowollastonite (PW). This finding, supported by the XRD pattern in Figure 5a, was also reported for the sintered BG of 58S (58 wt. %  $\text{SiO}_2$ , 33 wt. % CaO and 9 wt. %  $\text{P}_2\text{O}_5$ ) at  $1100\text{ }^\circ\text{C}$  [44].



**Figure 5.** FTIR spectra of the annealed (a) MBG0Ce\_T and (b) MBG5Ce\_T samples at all crystallization exotherms (\* stands for the  $984\text{ cm}^{-1}$  shoulder).

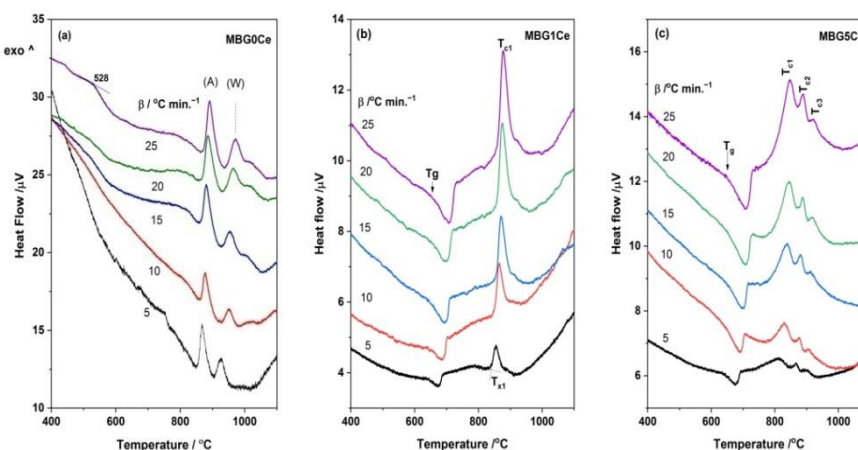
Raman spectroscopy is a powerful technique for studying nucleation and growth in annealed glasses [45]. Moreover, UV-Raman spectroscopy accesses the surface information of BGs. The annealed MBGS5Ce\_T samples showed distinct Raman features below  $750\text{ cm}^{-1}$  (Figure 6 and Table S1). Thus, the band at  $438\text{ cm}^{-1}$  of the MBG5Ce\_830 is attributable to rocking modes of the bridging oxygen atoms located perpendicular to the P–O–P plane and of the  $\text{F}_{2g}$  modes of  $\text{CeO}_2$  [46]. More intense bands of defects,  $\text{D}_1$  and  $\text{D}_2$ , of the MBG5Ce\_(830/876) samples in comparison with commercial ceria were due to oxygen vacancies associated with  $\text{Ce}^{3+}$  and  $\text{Ce}^{4+}$  sites [46]. The defect bands were either thermally and/or dopant activated [46]. The overtones (2LO) of ceria at approximately  $1167\text{ cm}^{-1}$  were also shown for the first exotherm-annealed MBG5Ce\_(830/876). The symmetric stretch of the  $\text{Q}^0(\text{P})$  units ( $595\text{ cm}^{-1}$ ) [8] indicated the formation of a crystalline phosphate phase in the MBG5Ce\_(RT/830/876). The band at  $464\text{ cm}^{-1}$  [47] revealed the presence of quartz in the MBG5Ce\_906 sample. The wollastonite band (Si-O bending [48]) at approximately  $635\text{ cm}^{-1}$  (Si-O-Si bonds [8] in  $\text{Q}^2(\text{Si})$ ) supported by XRD and IR data for the second exotherm-annealed sample MBG5Ce\_876. A band at  $620\text{ cm}^{-1}$  was reported [49] for cerium phosphate. UV-Raman spectra of the annealed MBGS5Ce\_T sample showed the  $\nu_1(\text{PO}_4^{3-})$  band at approximately  $950\text{ cm}^{-1}$ , as observed in Figure 6 [24,45]. The same band could also belong to the  $\text{Q}^2(\text{Si})$  units ( $\text{SiO}_4$  tetrahedra with two non-bridging oxygen atoms, NBOs) of the metasilicate chains ( $\text{Si}_2\text{O}_6^{2-}$ ) [24]. The abundance of the  $\text{Q}^2(\text{Si})$  units influenced the glass bioactivity. The band at approximately  $846\text{ cm}^{-1}$ , which was seen in all the samples (Figure 6), corresponds to the  $\text{Q}^0(\text{Si})$  units that provided information about the devitrified glass structure.



**Figure 6.** UV-Raman spectra of annealed MBG5Ce\_T at crystallization exotherms and commercial CeO<sub>2</sub>.

#### 2.4. Crystallization Behavior of the Stabilized Ce-Containing MBGs

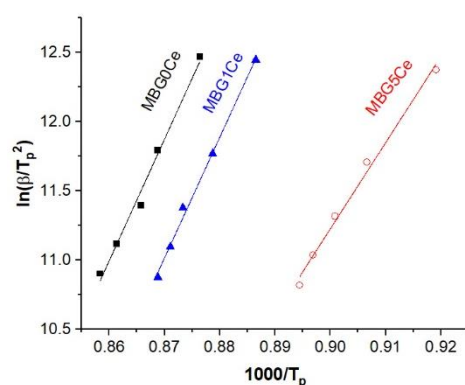
To obtain workability information (processing range,  $T_x$ - $T_g$ , reactivity, and stability) of the MBGs kinetic approach of the DSC runs were collected at various rates (Figure 7). Although glasses can show multiple crystallization exotherms only the first one was used in the calculation of glass stability defined as the crystallization resistance of glass upon heating [9]. The most simplified estimation of the glass stability is to obtain the  $T_x$ - $T_g$  quantity from DSC measurements [1], i.e., temperature range where crystallization is avoided. A value of higher than 100 °C of this quantity implies good thermal stability, which was the case for all MBGs presented here (Figure 7 and Table S2). The lowest  $T_x$ - $T_g$  value was recorded for the MBG5Ce (149 °C at 10 K/min.). Other parameters (Hruby, Weinberg, etc.) for measuring glass stability imply the use of glass melting temperature [9]. However, the measurement of the melting temperature of the broad endothermal DSC effect is rather inaccurate.



**Figure 7.** DSC runs with various heating rates of: (a) MBG0Ce, (b) MBG1Ce and (c) MBG5Ce (A and W stand for apatite and wollastonite).

Therefore, considering crystallization exotherm dependence on the DSC heating rate, activation energy ( $E_a$ ) was derived using the Kissinger equation (Equation (1)) for the first exotherm of crystallization. Plots of  $[-\ln(\beta/T_{C1})]$  as functions of  $[1000/T_{C1}]$  for the first crystallization exotherm of the MBG(0/1/5)Ce samples are presented in Figure 8. The straight lines used to fit these plots represent  $E_a/R$  activation energy for crystallization and gas constant. The high activation energy of apatite crystallization in MBG(0/1)Ce samples (Table 3) indicates the good thermal stability of the two samples. Larger  $E_{a1}$  values of the MBG(0/1)Ce than those reported for coarse and fine apatite particles, 514 and 482 KJ/mol

K, crystallized in lime- and magnesia- containing silicate glasses [40], indicate a lower tendency for the crystallization of these MBGs. The Avrami exponent,  $n$ , calculated using Equation (2) indicates the surface crystallization of the ceria (MBG5Ce) and apatite phase (MBG(0/1)Ce). As well as size, the shapes of the glass particles influence crystallization kinetics [9]. Thus, the wide FWHM of the first crystallization exotherm ( $\sim 40$  °C in Table S2) for the MBG5Ce might originate from spherical and/or cuboid glass particles, whereas much narrower MBG(0/1)Ce exotherms ( $\sim 20$  °C) can be due to prolate and needle-like apatite particles [9]. Smaller  $E_a$  and  $T_x - T_g$  values were obtained for the MBG5Ce compared with MBG(0/1)Ce samples. Surface area values,  $S_{BET}$ , as reported elsewhere [33], decreased in the same succession as  $E_a$  for the first crystallization, namely, MBG0Ce ( $307 \text{ m}^2/\text{g}$ ) > MBG1Ce ( $230 \text{ m}^2/\text{g}$ ) > MBG5Ce ( $223 \text{ m}^2/\text{g}$ ), and inversely proportional to the increase in ceria content.



**Figure 8.** Linear fit of the Kissinger plots for the first exotherm of crystallization ( $T_{c1}$ ) of the MBG(0/1/5)Ce.

**Table 3.** Linear fit of the Kissinger plots for the first crystallization exotherms of stabilized MBG(0/1/5)Ce.

Sample	Intercept	Slope	$E_a$	$n$	$R^2$
MBG0Ce	64.5969	$87.8985 \pm 5.22$	$730.82 \pm 43.40$	1.5979	0.9860
MBG1Ce	64.9096	$87.2713 \pm 3.23$	$725.61 \pm 26.85$	1.8879	0.9959
MBG5Ce	-44.7813	$62.2325 \pm 3.17$	$517.43 \pm 26.35$	1.1871	0.9922

Given the distinct thermal behavior and segregation of  $\text{CeO}_2$  in the MBG5Ce the bioactivity study focused on this composition.

### 2.5. Bioactivity of the MBG5Ce\_T

Multiple steps were identified in developing a hydroxy-carbonate apatite (HCA) layer on the surface of BGs when treated with simulated biological fluid, SBF [1]. This complex process of obtaining an HCA layer that is well-matched with natural bones and teeth relies on three stages: leaching, dissolution, and precipitation. The leaching of  $\text{Ca}^{2+}$  from BGs and exchanging with  $\text{H}^+$  and  $\text{H}_3\text{O}^+$  from SBF was followed by the dissolution process when the breaking the Si-O-Si bonds caused the formation of Si-OH at the surface and as well as the release of  $\text{Si}(\text{OH})_4$  into SBF. Superficial Si-OH underwent polycondensation into a silica gel layer. Glass-released and SBF-originating calcium and phosphate ions migrated to the silica gel layer and precipitated as an amorphous Ca-P-rich layer which subsequently crystallized into HCA due to carbonate incorporation. The dissolution process is highly dependent on glass and/or glass-ceramic composition, structure, and morphology. For instance,  $\text{Ce}^{3+}$  ions released by the glass surface can compete with  $\text{Ca}^{2+}$  for phosphate ions in SBF to form insoluble  $\text{CePO}_4$  and hence delay HCA formation [50,51].

The surface reactions of the MBG particles can be also monitored using UV-Raman spectroscopy with a low penetration depth. To assess mineralization ability, SEM, UV-



Raman, and IR investigations were carried out after 14-day immersion of the annealed MBG5Ce\_(RT/830/876) samples in SBF. The FTIR spectrum shown in Figure 9a of the 14-day soaked MBG5Ce\_830 in SBF was dominated by the 1060 and 466  $\text{cm}^{-1}$  bands of the Si-O-Si stretching, and bending modes. The lack of bands at approximately 602  $\text{cm}^{-1}$  for the MBG5Ce\_(830/875)\_14 samples showed either that the crystalline phosphate phase existing in these samples prior to immersion was soluble in SBF or an amorphous phosphate phase was formed, despite the segregation of  $\text{CeO}_2$  (see XRD data in Figure 4b and Table 2) in the MBG5Ce sample, which is known to hinder bioactivity [33,52]. IR and Raman spectra of the sample without thermal treatment indicated the formation of HCA (intense peak of  $\text{PO}_4^{3-}$  and  $\text{CO}_3^{2-}$  at 954 and 1100  $\text{cm}^{-1}$  [41,51,52] in Figure 9b and 602  $\text{cm}^{-1}$  in Figure 9a) after 14 days of immersion in SBF (MBG5Ce\_RT\_14). Instead, the wide band peaking at approximately 1200  $\text{cm}^{-1}$  (Figure 9b) in the MBG5Ce\_(830/876)\_14 samples provided evidence of ceria. Except fluorescence removal, UV-Raman spectroscopy is a very sensitive technique to identify the defective structure of ceria at a lower penetration depth.

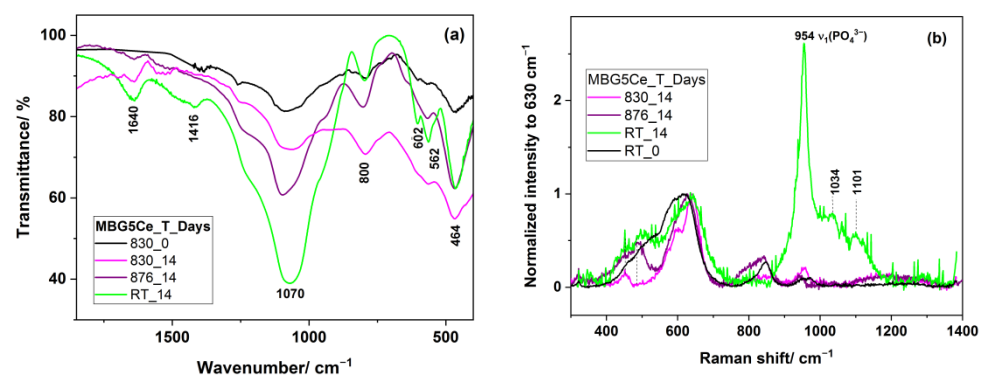


Figure 9. (a) FT-IR and (b) Raman of the MBG5Ce\_(RT/830/875) soaked in SBF for 14.

The silica gel layer obtained in the early stages of the bioglass immersed in SBF [38] was subsequently penetrated by calcium and phosphate ions and an amorphous calcium phosphate layer covered the sample surface (Stage 4) [53]. Hydroxyl, phosphate, carbonate and calcium ions formed an outer hydroxyapatite layer.

Delayed bioactivity was confirmed by IR, UV-Raman and SEM data (Figure 10) collected on the annealed MBG5Ce at the second crystallization event corresponding to wollastonite crystallization. Shoulders at approximately 642 and 953  $\text{cm}^{-1}$  of the 14-day soaked MBG5Ce\_875 spectrum indicated  $\beta$ -wollastonite phase.

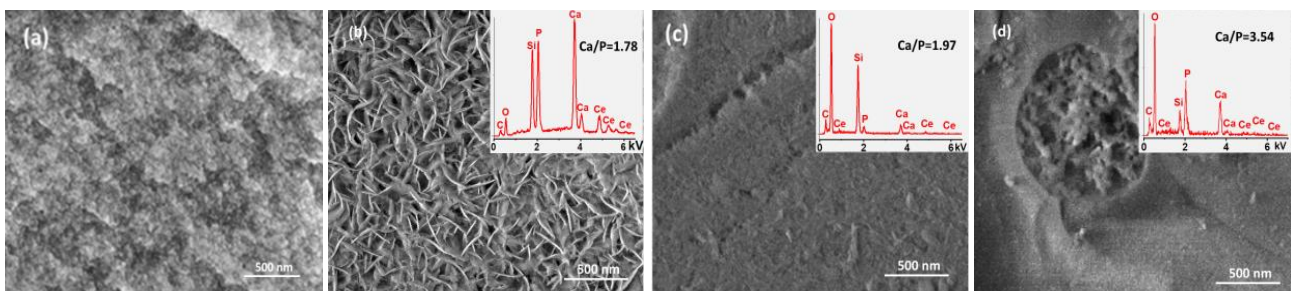


Figure 10. SEM images of the MBG5Ce sample: (a,b) untreated, and 14-day SBF soaked; (c) MBG5Ce\_830\_14 and (d) MBG5Ce\_876\_14.

The SEM micrograph of the sample without annealing treatment immersed for 14 days in SBF, MBG5Ce\_14, showed the formation of hydroxyapatite. Moreover, its Ca/P ratio of 1.78 (EDS spectrum illustrated in the inset of Figure 10b) was closer to that of the natural hydroxyapatite (1.67). Cerium and phosphorous depicted in the inset of Figure 10 confirmed the presence of segregated ceria and apatite phase crystallized at the first crystallization peak of the MBG5Ce\_830 prior to immersion in SBF. Tinny needle crystals on the

surface of the MBG5Ce\_830\_14 sample might point out incipient apatite phase formation. Conversely, the MBG5Ce\_876\_14 micrograph (Figure 10d) is evidence of the prevention of hydroxyapatite formation in samples containing crystallized wollastonite at the surface. The highest Ca/P ratio of 3.54 is further proof of this.

Delayed bioactivity was confirmed by IR, UV-Raman and SEM data (Figure 10) collected for the annealed MBG5Ce at the second crystallization event corresponding to wollastonite crystallization. Shoulders at approximately 642 and 953  $\text{cm}^{-1}$  of the 14-day immersed MBG5Ce\_875 spectrum indicated  $\beta$ -wollastonite phase.

### 3. Conclusions

Information on the crystallization avoidance, i.e., thermal stability and temperature processing window (Tx-Tg range) of some cerium-containing MBGs, MBG(0/1/5), was obtained in this study. Double and triple crystallization events of the DSC curves were recorded for the MBG(0/1/5)Ce powders. The XRD findings of the annealed samples at the crystallization peak temperatures revealed the crystallization of apatite, wollastonite, and ceria phases. The large activation energy (>500 KJ/mol) corresponding to the first crystallization event, derived by using the Kissinger method, indicated a low crystallization tendency which is appropriate for the thermal processing of the MBGs. The addition of 5% ceria to the MBGs, MBG5Ce, caused the lowering of the first crystallization exotherm from 876 °C to 830 °C and the narrowing of the processing window to ~100 °C while ceria segregation took place. Conversely slower bioactivity was seen for the annealed MBG5Ce at its first crystallization exotherm. According to these results, the MBG(0/1/5)Ce powders presented here are suitable for the production of porous biomedical scaffolds. Further cellular tests are needed to investigate the biological response of the annealed MBGs.

## 4. Materials and Methods

### 4.1. Materials

Tetraethylorthosilicate (TEOS of >98% from Merck, Darmstadt, Germany), pluronic<sup>®</sup> P123 (Sigma-Aldrich, Darmstadt, Germany), triethylphosphate (TEP of 99% from Aldrich), calcium nitrate tetrahydrate (99% p.a., Carl Roth, Karlsruhe, Germany) and cerium nitrate hexahydrate (99%, Aldrich) were the starting materials. Cerium oxide (99.9% from Loba-Chemie, Mumbai, India) was used for comparison.

### 4.2. Sol–Gel Preparation Methods

The sol–gel synthesis coupled with the evaporation-induced self-assembly method (EISA) using Pluronic<sup>®</sup> P123 as a structure-directing agent was employed to obtain cerium-doped MBGs in the  $70\text{SiO}_2-(26-x)\text{CaO}-4\text{P}_2\text{O}_5-x\text{CeO}_2$  system ( $x$  stands for 0, 1 and 5 mole %) as described elsewhere [33]. The obtained dried gels, denominated G(0/1/5)Ce gels according to the molar percent of  $\text{CeO}_2$ , were two-step thermally treated according to the thermal effects indicated by the corresponding TG/DTG/DTA curves in Figure 2.

Further, the glass powders were isothermally crystallized separately in a Pt crucible in air at the temperature (T) corresponding the DSC exotherms of crystallization, MBG(0/1/5)\_T for 3h and 24 h, respectively.

### 4.3. Bioactivity of the Devitrified Glasses

The in vitro bioactivity of the devitrified MBG(0/1/5)\_T powders was checked in simulated body fluid (SBF) for 14 days, as described elsewhere [5].

### 4.4. Characterization

#### 4.4.1. Thermal Characterization

The thermal behavior of the G(0/1/5)Ce gels was determined through differential thermal analysis and thermo-gravimetric analysis using Mettler Toledo TGA/SDTA 851e equipment, in  $\text{Al}_2\text{O}_3$  crucibles and in a flowing air atmosphere. The maximum temperature was set at 1000 °C and the heating rate was 10 °C/min.

Thermal stability analysis of the calcined MBGs, MBG(0/1/5)Ce, was performed by means of a LabSysEvo in a platinum crucible in an argon atmosphere. Approximately 26 mg of grounded glass with a particle size below 75  $\mu\text{m}$  was used for DSC measurement within 25–1200  $^{\circ}\text{C}$ . Crystallization kinetics analysis was conducted with heating rates,  $\beta$ , of 5, 10, 15, 20 and 25  $^{\circ}\text{C}/\text{min}$ . after appropriate equipment calibration for each rate with In, Sn, Zn, Al and Ag. The glass transition temperature ( $T_g$ ) established based on the inflection point and peak temperature of crystallization ( $T_p$ ) were determined by using Calisto 1.051 software from the DSC curves of the respective glasses.

The activation energy ( $E_a$ ) was calculated using the Kissinger equation [22,23] according to the DSC data:

$$\ln\left(\frac{\beta}{T_c^2}\right) = \text{constant} - \frac{E_a}{RT_c} \quad (1)$$

where:  $T_c$  is crystallization temperature measured at various heating rates,  $\beta$ , and  $R$  is the gas constant. The activation energy,  $E_a$ , for crystallization is derived from slope ( $-E_a/R$ ) of the straight line of the  $\ln(\beta/T_c^2)$  versus ( $1000/T_c$ ) representation.

The Avrami exponent ( $n$ ), an indicator of crystal growth dimensionality, was determined using Equation (2) proposed by Augis and Bennett [54,55]:

$$n = \frac{2.5}{\Delta T_{\text{FWHM}}} \frac{T_c^2}{\frac{E_a}{R}} \quad (2)$$

where:  $\Delta T_{\text{FWHM}}$  is the full width at the half maximum of the crystallization exotherm from the DSC curve.

#### 4.4.2. Structural Characterization

The structures of the G(0/1/5) gels were investigated using IR and UV-Raman spectroscopies. Additionally, crystalline phases obtained through isothermal devitrification in accordance with the DSC exotherms of crystallization were identified by means of X-ray Diffraction (XRD), IR and UV-Raman spectroscopies. Thus, the XRD patterns of glassy and devitrified counterparts were recorded using a RigakuUltima IV diffractometer (Rigaku Corporation, Tokyo, Japan) equipped with  $\text{CuK}\alpha$  radiation, with  $2^{\circ}/\text{min}$  and a step size of  $0.02^{\circ}$ . Fourier transform infrared (FTIR) spectra of the were recorded without additional slice preparations, in the  $400\text{--}4000\text{ cm}^{-1}$  domain with a sensitivity of  $4\text{ cm}^{-1}$  by using a Thermo Nicolet 6700 spectrometer (Thermo Fisher Scientific Inc., Waltham, MA, USA). UV-Raman spectra of the gels, stabilized and thermally devitrified MBGs were collected by means of a Labram HR 800 spectrometer (HORIBA FRANCE SAS, Palaiseau, France) equipped with a UV laser line (325 nm from Kimmon Koha Co., Ltd., Tokyo, Japan), grating of 2400 lines and a 40x/0.47 NUV objective, assuring a laser spot on the sample smaller than 1  $\mu\text{m}$ .

The morphology and EDS characterization of the MBGs samples were carried out by using a FEI Quanta3DFEG (FEI, Brno, Czech Republic) microscope equipped with an Octane Elect EDS system. Secondary electron images were recorded at an accelerating voltage of 5 and 10 kV in high-vacuum mode. Samples were recorded without sputter coating with conductive material.

**Supplementary Materials:** The following supporting information can be downloaded at: <https://www.mdpi.com/article/10.3390/gels8060344/s1>, Figure S1: FT-IR spectra of the MBG1Ce annealed at 865 and 900  $^{\circ}\text{C}$ ; Table S1: UV-Raman band positions of the annealed MBG5Ce\_T spectra and assignments within  $330\text{--}1200\text{ cm}^{-1}$  spectral range; Table S2: Results ( $T_x$  and  $T_{c1}$ ) of fitted DSC curves of the MBG(0/1/5Ce).

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