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# Fatal Diaphragmatic Hernia following Radiofrequency Ablation for Hepatocellular Carcinoma: A Case Report and Literature Review

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## Key Words

Hepatocellular carcinoma · Radiofrequency ablation · Diaphragmatic hernia · Liver cirrhosis

## Abstract

An 81-year-old man was admitted to our hospital because of right quadrant abdominal pain. On admission, his liver function was Child-Pugh grade C (10 points). Computed tomography (CT) revealed a diaphragmatic herniation of bowel loops into the right thoracic cavity, accompanied by pleural effusion. Although diaphragmatic hernia was successfully repaired by emergency surgery, he died of liver failure 23 days after the surgery. A retrospective reading of CT images revealed the presence of diaphragmatic injury after radiofrequency ablation (RFA) which had been conducted 33 months before the development of diaphragmatic hernia. Of importance, the lesion of the diaphragmatic injury was located on the estimated needle track of RFA for hepatocellular carcinomas in segment 5 and segment 5/8, but not adjacent to their ablation areas. Subsequently, diaphragmatic perforation had been observed 24 months before admission. This suggests that diaphragmatic hernia caused by RFA is not necessarily due to thermal damage of ablation and is possibly life-threatening, at least in some patients with an impaired liver function.

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## Introduction

Hepatocellular carcinoma (HCC) is the sixth most common malignancy in the world and the third most common cause of cancer-related death [1]. Recent progress in new therapeutic approaches has contributed to improvements in the survival and prognosis of patients with HCC. Radiofrequency ablation (RFA) has been widely applied for the local treatment of HCC [2]. The overall survival of patients treated with RFA was shown to be comparable to that of patients receiving hepatic resection [3]. Although RFA appears to be minimally invasive and comparatively safe, it sometimes causes severe complications due to thermal damage to organs adjacent to the liver [4].

Diaphragmatic hernias are defined as congenital or acquired defects in the diaphragm and present as a protrusion of an abdominal structure into the thoracic cavity. Acquired diaphragmatic hernias are generally caused by blunt or penetrating thoraco-abdominal trauma or iatrogenic injury [5]. This is associated with symptoms of ileus, dyspnea, chest pain, pleural effusion, and right shoulder pain. However, little is known about the clinical condition and the therapeutic approach of diaphragmatic hernia caused by RFA.

The current case report presents a case complicated by diaphragmatic hernia caused by RFA. Although the diaphragmatic hernia was immediately repaired surgically, the patient died of liver failure. We also reviewed reports of a total of 10 patients exhibiting diaphragmatic hernia after RFA and compared the clinical conditions of these and the present patient.

## Case Report

An 81-year-old man was admitted to our hospital because of right upper quadrant abdominal pain. He had been followed for hepatitis C virus-related liver cirrhosis and recurrent HCC. He had received RFA treatment for HCC located in segment 5 as an initial treatment for HCC 50 months before admission. Thirty-three months before admission, he had undergone RFA for recurrent HCCs located in segment 5, segment 8, and segment 5/8. Thereafter, he again received RFA for recurrent HCC in segment 3 at 28 months before admission. Because he had exhibited a large amount of right pleural effusion 3 months earlier, he had received best supportive care, including repeated thoracentesis and albumin administration.

On admission, the patient was afebrile and showed a normal consciousness level. Blood gas analysis showed modest hypoxemia caused by impaired pulmonary oxygenation (PaO<sub>2</sub>: 59 mm Hg, SaO<sub>2</sub>: 93.1%; table 1). Serum levels of liver transaminase, including aspartate transaminase and alanine transaminase, were within their normal ranges. However, serum levels of alkaline phosphatase and total bilirubin were abnormally high (468 IU/l and 3.0 mg/dl, respectively). Renal function markers, such as blood urea nitrogen and creatinine, were normal. The serum level of ammonia was 37 µg/dl. Blood count tests showed pancytopenia. The white blood cell count, hemoglobin concentration, and number of platelets were 2,000/µl, 9.8 g/dl, and 6.9 × 10<sup>4</sup>/µl, respectively. Both the prothrombin time and activated partial thromboplastin time were prolonged (12.8 and 47.2 s, respectively). Although anti-hepatitis C virus antibody was positive, hepatitis B surface antigen was negative. The levels of α-fetoprotein and protein induced by vitamin K absence or antagonist-II increased to 12.4 ng/ml and 171 mAU/ml, respectively. The Child-Pugh score of the patient was 10 (class C).

Computed tomography (CT) on admission revealed a right diaphragmatic hernia containing loops of the bowel and pleural effusion (fig. 1). Of importance, retrospective reading of CT images after the second RFA, conducted 33 months before admission, showed an inadequately enhanced lesion at the diaphragm along the needle track to the segment 5 and seg-

ment 5/8 tumors (fig. 2a, b). Furthermore, the lesion showed diaphragm perforation 24 months before the onset of diaphragmatic hernia (fig. 2c). The diaphragm perforation was also observed 4 months before admission (fig. 2d).

The patient underwent emergent surgery to repair the diaphragmatic herniation. The hernia hole was 4 cm in diameter and successfully closed. Because intestinal necrosis was not observed, bowel resection was not required. There were no severe postoperative complications, such as infection or ileus. Although the postoperative course was uneventful, his hepatic function gradually became exacerbated. Eventually, he died of liver failure 23 days after the operation.

## Discussion

According to the algorithm for treatment specified in the Japan Society of Hepatology HCC guidelines, RFA is an appropriate therapeutic approach for patients with early-stage HCC who are not suitable for surgical resection [6]. Although RFA shows satisfactory local tumor control and minimal invasiveness, it often causes complications, including death, hemorrhage, needle-track seeding, intrahepatic abscess, perforation of gastrointestinal viscus, liver failure, biloma, biliary stricture, portal vein thrombosis, hemothorax, and pneumothorax [4, 7–10]. Recently, iatrogenic diaphragmatic hernia accompanied by RFA, a rare but important complication, has been reported [11–20]. Therefore, we reviewed a total of 10 case reports (articles written in English obtained from PubMed) documenting diaphragmatic hernia following RFA for HCC and compared the clinical conditions of these and the present patient (table 2).

The tumor location is closely related to the risk of injury to organs adjacent to the liver due to the thermal damage caused by RFA. All 10 previous patients had a history of RFA treatment for HCCs with right dome lesions of segment 7 or segment 8 and showed right-sided diaphragmatic hernia. Although no information was available for 1 patient, the remaining 9 patients had an RFA-treated lesion adjacent to the diaphragm. To avoid injury of the diaphragm, RFA targeting tumors near the diaphragmatic surface upon the liver might be performed with the introduction of subphrenic artificial ascites and carbon dioxide to separate the tumor from the diaphragm [21, 22]. In the present patient, it was speculated that diaphragmatic injury had been caused by RFA performed 33 months before admission. Notably, the diaphragmatic area of injury appeared to be on the needle track to the tumors located in segment 5 or segment 5/8, but it was not in direct contact with the diaphragm. Head et al. [23] demonstrated that diaphragmatic thickening was the most common imaging finding observed in patients receiving RFA for HCC adjacent to the diaphragm. However, postablation CT images in our patient revealed diaphragmatic thinning along the needle track. Taken together, it is possible that the diaphragmatic injury was caused by a factor other than thermal damage.

In addition, the interval between RFA therapy and diaphragmatic herniation ranged from 7 to 96 months (mean: 24 months). This indicates that diaphragmatic hernia is a late-onset complication of RFA for HCC. Consistent with this, the present patient showed diaphragmatic damage and diaphragmatic perforation 33 and 24 months before the development of diaphragmatic hernia, respectively. Taken together, it is possible that additional factors are necessary to develop diaphragmatic hernia. It has been reported that a poor liver function, hepatic cirrhosis, the use of an expandable type of RFA needle, pleural effusion, and other complications with an elevated abdominal pressure, including ascites and ileus, are related to the risk of diaphragmatic hernia [18]. The 10 previous diaphragmatic hernia pa-

tients reported were complicated by cirrhosis. Concordant with this finding, the liver function of our patient was Child-Pugh grade C (10 points). Additionally, both pleural effusion and ascites were observed after the second RFA. Chilaiditi syndrome is characterized by the interpositioning of the intestine between the atrophic liver and diaphragm [24]. Although this is also responsible for diaphragmatic hernia, the present patient exhibited no Chilaiditi sign until the occurrence of diaphragmatic hernia.

Among the 10 previous patients, 8 received surgery and the remaining 2 patients underwent conservative treatment, including diuretic administration and albumin preparations to decrease the pleural effusion. Although 1 patient died of ruptured HCC, the remaining 9 patients survived after the operation for diaphragmatic hernia. The present patient underwent emergent surgical repair after providing informed consent but, unexpectedly, died only 23 days after the operation. It has been reported that decompensated cirrhosis is closely associated with perioperative complications and mortality when performing surgical procedures under anesthesia [25]. Further analyses are necessary to determine the indication of surgery for diaphragmatic hernia in patients with decompensated cirrhosis.

In conclusion, we report a fatal case of diaphragmatic hernia caused by RFA. Our case suggests that diaphragmatic hernia could be a delayed adverse event after RFA and a complication, at least in some patients with decompensated cirrhosis. Additionally, it is suggested that diaphragmatic injury is possible even if the ablated tumor is not adjacent to the diaphragm. If the diaphragmatic defect is recognized after RFA, prophylactic surgical repair might be considered.

### Statement of Ethics

This study complied with the guidelines for human studies. Informed consent was not obtained because of the retrospective design (case report). The patient records/information were anonymized to protect the confidentiality of the personal information.

### Disclosure Statement

The authors have no conflicts of interest.

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Saito et al.: Fatal Diaphragmatic Hernia following Radiofrequency Ablation for Hepatocellular Carcinoma: A Case Report and Literature Review

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**Table 1.** Laboratory data on admission

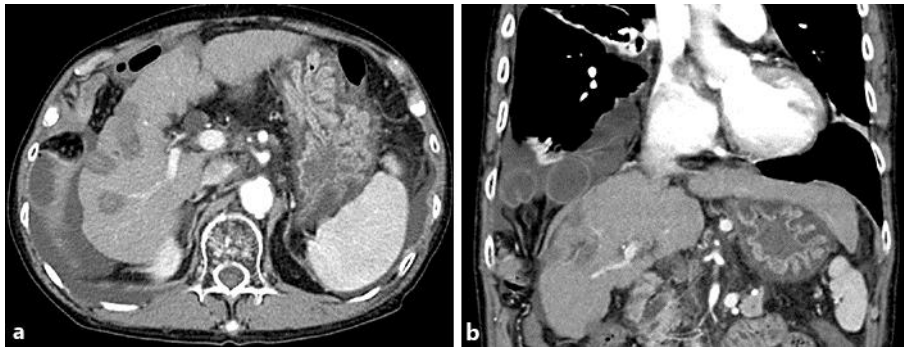
Blood cell count	
WBC, / $\mu$ l	2,000
RBC, $\times 10^4$ / $\mu$ l	2.77
Hb, g/dl	9.8
Ht, %	28.3
Plt, $\times 10^4$ / $\mu$ l	6.9
Coagulation	
PT, s	12.8
PT-INR	1.06
APTT, s	47.2
Tumor markers	
AFP, ng/ml	12.4
AFP-L3, %	30.9
PIVKA-II, mAU/ml	171
Blood chemistry	
TP, g/dl	7.5
Alb, g/dl	3.2
T-Bil, mg/dl	3.0
AST, IU/l	53
ALT, IU/l	23
LDH, IU/l	164
ALP, IU/l	468
$\gamma$ -GTP, IU/l	23
T-Cho, mg/dl	146
BUN, mg/dl	18
Cre, mg/dl	0.99
NH <sub>3</sub> , $\mu$ g/dl	37
Serology	
CRP, mg/dl	0.2
HBsAg	(-)
HCV-Ab	(+)
HIV-Ab	(-)
Blood gas analysis	
pH	7.44
PaCO <sub>2</sub> , mm Hg	32
PaO <sub>2</sub> , mm Hg	59
HCO <sub>3</sub> , mEq/l	21.7
BE, mmol/l	-2.5
SaO <sub>2</sub> , %	93.1

WBC = White blood cell count; RBC = red blood cell count; Hb = hemoglobin; Ht = hematocrit; Plt = platelets; PT = prothrombin time; PT-INR = prothrombin time-international normalized ratio; APTT = activated partial thromboplastin time; AFP =  $\alpha$ -fetoprotein; AFP-L3 =  $\alpha$ -fetoprotein L3; PIVKA-II = protein induced by vitamin K absence or antagonist-II; TP = total protein; Alb = albumin; T-Bil = total bilirubin; AST = aspartate transaminase; ALT = alanine transaminase; LDH = lactate dehydrogenase; ALP = alkaline phosphatase;  $\gamma$ -GTP = gamma glutamyl transferase; T-Cho = total cholesterol; BUN = blood urea nitrogen; Cre = creatinine; NH<sub>3</sub> = ammonia; CRP = C-reactive protein; HBsAg = hepatitis B surface antigen; HCV-Ab = anti-hepatitis C virus antibody; HIV-Ab = HIV antibody; BE = base excess.

**Table 2.** Characteristics of 11 diaphragmatic hernia patients following RFA for HCC

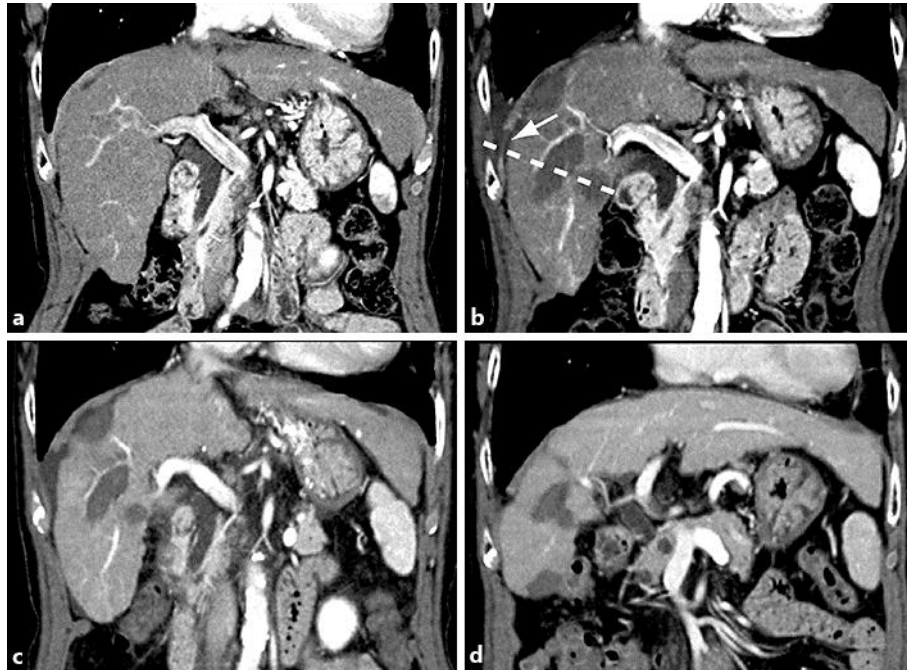
Age, years	Sex	Tumor location	Period from RFA to DH onset, months	Treatment	Prognosis	Reference
61	F	S6 and S8	13	surgical repair	dead (HCC rupture)	[11]
72	M	S4/8	18	surgical repair	alive	[12]
49	M	right lobe	17	surgical repair	alive	[13]
65	F	S8	7	surgical repair/bowel resection	alive	[14]
46	F	S2/3 and S5/8	19	laparoscopic surgical repair	alive	[15]
71	F	S7	9	conservative treatment	alive	[16]
61	M	S5 and S8	22	conservative treatment	alive	[17]
61	F	S8	12	surgical repair/bowel resection	alive	[18]
62	M	S8	96	laparoscopic surgical repair	alive	[19]
81	M	S4 and S8	18	surgical repair/bowel resection	alive	[20]
81	M	S5, S7 and S5/8	33	surgical repair	dead (liver failure)	present case

S = Segment; DH = diaphragmatic hernia.



**Fig. 1.** CT on admission. Diaphragmatic herniation of bowel loops into the right thorax is observed in horizontal (a) and coronal (b) images.





**Fig. 2.** Findings on coronal CT. Preablation (**a**) and postablation (**b**) images of RFA performed 33 months before the onset of diaphragmatic hernia. The dotted line indicates the estimated needle track for RFA. Diaphragmatic thinning along the needle track is shown (arrow). **c** Diaphragmatic perforation is depicted 24 months before the onset of diaphragmatic hernia. **d** Both the progression of the liver atrophy and diaphragmatic perforation are demonstrated 4 months before admission.