ORIGINAL RESEARCH

Knowledge, Attitude, Behavior, and Socioeconomic Conditions of People Living with HIV in Indonesia During the COVID-19 Pandemic: A Cross-Sectional Study

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Correspondence: Suzy Maria Allergy and Clinical Immunology Division, Internal Medicine Department, Faculty of Medicine of Universitas Indonesia, Jalan Pangeran Diponegoro No. 71, Senen, Central Jakarta, Indonesia Tel +62 21 3141160 Fax +62 21 3904546 Email suzyduri@gmail.com **Purpose:** This study aimed to analyze the knowledge, attitude, and behavior of people living with HIV (PLWH) during the COVID-19 pandemic and the pandemic's impact on their socioeconomic conditions, antiretroviral adherence, and worries.

Materials and Methods: This cross-sectional study was conducted in May–August 2020 at the Integrated HIV Center of Dr. Cipto Mangunkusumo General Hospital, Indonesia. The data were collected using an online questionnaire and an offline paper-based questionnaire. **Results:** A total of 545 subjects participated in this study, 72.8% (397) of which were male. Most subjects were middle-aged (36–55 years old) (66.5%). Many subjects reported to have experienced reduced incomes (49.2%) or losses of income (22.4%), while 15.6% reported losing their job during the COVID-19 pandemic. Most subjects (97%) wished to continue treatment despite the many obstacles, and the subjects' knowledge about COVID-19 and its prevention was considerably good. More than 70% of subjects reported that they have been implementing the general precautions of the COVID-19 pandemic: maintaining distance, wearing a mask, washing hands, and avoiding crowds.

Conclusion: This study provides an overview of what PLWH are experiencing, which will allow for policy-making that can help them continue their treatment with consideration of the possibility of having to live a "new normal" future.

Keywords: knowledge, attitude, behavior, PLWH, COVID-19

Introduction

The first cases of coronavirus disease 2019 (COVID-19) infection were announced by the Indonesian government on March 2, 2020.¹ Prior to this, the World Health Organization (WHO) had declared a global health emergency on January 30, 2020, due to the COVID-19 infection, which originated in China's Wuhan province. By November 17, 2021, 4,251,945 cases had been confirmed in Indonesia.² COVID-19 is an infectious disease caused by a coronavirus with symptoms ranging from mild to severe respiratory disease. Those who experience mild disease can recover without special treatment; however, the elderly, people with comorbidities, such as hypertension, diabetes mellitus, cardiovascular disease, chronic lung disease, and immunocompromised conditions are at risk of severe disease that often leads to death. Therefore, people living with HIV (PLWH) are at higher risk for COVID-19 complications.^{3–5} The first reported patient with coinfection of severe acute

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© 2021 Karjadi et al. This work is published and licensed by Dove Medical Press Limited. The full terms of this license are available at https://www.dovepress.com/terms. work you hereby accept the Terms. Non-commercial uses of the work are permitted without any further permission form Dove Medical Press Limited, provided the work is properly attributed. For permission for commercial use of this work, logas ese paragraphs 4.2 and 5 of our Terms (https://www.dovepress.com/terms.php). respiratory syndrome coronavirus 2 (SARS-CoV-2) and human immunodeficiency virus (HIV) was diagnosed with HIV positivity after acquiring the coronavirus infection.⁶ Other case reports, case series, and comments followed this report.⁷ A case series obtained from Barcelona, Spain, reported that 1% (5 out of 543 cases) of hospitalized COVID-19 patients were PLWH.⁸ Aydın et al reported four cases of PLWH coinfected with SARS-CoV-2 in Turkey.⁹ Another study found a rate of coinfection in PLWH of 1.2–1.8% and its results did not support previous suggestions that PLWH might be protected from worse outcomes.¹⁰

Over the previous three decades, there has been a sixfold increase in the number of HIV counselling and testing clinics, a three-fold increase in the number of people screened for HIV, and a nearly three-fold increase in the number of clinics providing antiretroviral therapy (ART) services in Indonesia.^{11,12} However, the fear of contracting COVID-19 has led to lower engagement in care among PLWH in several countries. The reasons for this are not unexpected. People who live under the burden of a chronic virus are hesitant to engage in care when the prospect of being infected with a possibly more deadly virus is real.¹³ This fear has even led some patients to question the safety of going to hospitals or clinics to get ART. Since March 2020, the Indonesian government has implemented the social distancing policy through largescale social restrictions to reduce the transmission of COVID-19.14 These large-scale social restrictions have also significantly hindered access to care. Even when people can access hospitals and clinics, the financial stress from loss of livelihoods makes it harder for them to pay for care. These conditions may considerably impact behavioral and mental health.¹⁵

The search for pharmacological therapies against SARS-CoV-2 has initially focused mainly on repurposing drugs targeting other viruses, including antiretroviral drugs (ARV) used to treat HIV. Initial genomic analysis of SARS-CoV-2 has indicated that viral enzymes are similar in sequence to the respective enzymes in SARS and Middle East Respiratory Syndrome (MERS). Early optimism about protease inhibitors, such as lopinavir/ritonavir (LPV/r), arose from early guidance from Wuhan and prior data suggesting efficacy against SARS and MERS.¹⁶ It has been suggested that PLWH are not very likely to develop a severe form of COVID-19 infection because some ART regimens may have some activity against the coronavirus. These early findings may affect the attitude and behavior

of PLWH during the COVID-19 pandemic. This study aimed to analyze the knowledge, attitude, and behavior of PLWH during the COVID-19 pandemic and the pandemic's impact on their socioeconomic conditions, ARV adherence, and worries.^{13,17,18}

Materials and Methods

This cross-sectional study was conducted in May-August 2020 on PLWH of the integrated HIV center of Dr. Cipto Mangunkusumo General Hospital, Indonesia. The integrated HIV center of Dr. Cipto Mangunkusumo General Hospital is a tertiary healthcare center, which provides care for PLWH who are referred from primary and secondary healthcare centers. Data collection was done using an online questionnaire through Google Form and an offline paper-based questionnaire, both of which were in the Indonesian language. The questionnaire is displayed in Supplementary File 1. Information about the study was given to the patients through chat messenger and those who were interested in joining the study registered via an online link. Paper-based questionnaires were also given to patients attending the clinic. A paper-based consent form or an e-consent form needed to be signed with signature or clicking a box before joining the study. The consent form included a disclaimer, which states that participation is voluntary and no penalties are involved in refusal to participate.

All patients diagnosed with HIV/AIDS (based on medical records) were eligible to participate in this study with no exclusion criteria. Data was collected on participant demographics including age, gender, medical record number, education, occupation, marital status, income in the past 1 year, income after the beginning of the COVID-19 pandemic, co-morbidities, ART regimens, CD4 count in the past 3 months, history of pneumococcal and influenza vaccines, and history of smoking. The groups are divided according to the standard of Indonesian Ministry of Education, where the obligated length of schooling, or "Wajib Belajar" is 12 years (equal to high-school graduate). To assess their knowledge of COVID-19, subjects were asked about COVID-19 transmission, symptoms, available therapies, and how to protect themselves and their family from COVID-19. There were five questions in this section. Subjects who had three or more correct answers were grouped into a good level of knowledge, while those having two or less correct answers were grouped into the poor level of knowledge. For behavior, subjects were asked about what precautions they took to avoid contracting COVID-19. Subjects were also asked about their COVID-19 concerns in multiple choice and scale questions, as well as their ART adherence and their efforts to sustain their ARV stock during the pandemic.

Data were analyzed using SPSS[®] 25 for Mac software (IBM Corp., Armonk, New York, USA). Variables were analyzed using chi-square test, Kruskall–Wallis test, and Mann–Whitney *U*-test (when data were not normally distributed). This study was conducted in accordance with the Declaration of Helsinki. The study was approved by the Ethics Committee of Faculty of Medicine, University of Indonesia.

Results

A total of 545 subjects participated in this study. There were 143 participants who took paper-based survey (26.2%). Dominant characteristics of the subjects included being male (72.8%), middle-aged (36–55 years old) (66.5%), married (49.5%), and a high-school graduate (49.5%). Only 26.5% of the subjects reported to have comorbidities, with hypertension (9.5%), tuberculosis (7.2%), and diabetes mellitus (3.5%) being the most reported. Most of the subjects (42.6%) claimed to have no history of smoking. Only 4.2% and 3.3% of the subjects had received pneumonia and influenza vaccinations, respectively. Detailed characteristics of the subjects are displayed in Table 1.

ART in PLWH

Most subjects were on Tenofovir/TDF-based (53.2%) and Efavirenz-based (47.3%) regimens. Most subjects also reported regular ARV consumption (good ARV adherence) and CD4 counts of >200 cells/ μ L (84.5%). More than half of the subjects (51.6%) did not have HIV viral load data, while the available data varied between <1000 copy/mL in 44.5% of the subjects and >1000 copy/mL in 3.9% of the subjects. The detailed characteristics of ART and treatment response of the study subjects can be seen in Table 1.

The Influence of the Pandemic on the Jobs and Incomes of PLWH

About 49.2% of the subjects reported to have reduced income during the COVID-19 pandemic, while 22.4% of the subjects lost their incomes. Most subjects (97%) wished to continue treatment despite the many obstacles (loss of income, loss of jobs, and issues about transportation to clinic) they were facing.

Table I Demographics of the Study Subjects

Characteristics	N = 545
Age (mean; SD)	39 (9.2)
Age groups	N (%)
18–35	165 (30.3)
36–55	362 (66.4)
>55	18 (3.3)
Sex, male	397 (72.8)
Marital status	()
Single	175 (32.1)
Married	270 (49.5)
Widowed	100 (18.3)
Education	. ,
Low level (primary school or did not finish)	51 (9.4)
High school	270 (49.5)
Undergraduate	83 (15.2)
Graduate	128 (23.5)
Post-graduate	128 (23.3)
	15 (2.7)
Comorbidities	
Diabetes mellitus	19 (3.5)
Hypertension	52 (9.5)
Tuberculosis	39 (7.2)
Coronary heart disease	5 (0.9)
Bronchitis	8 (1.5)
Cancer	4 (0.7)
Kidney disease	9 (1.7)
	0 (1 F)
Other comorbidities (hepatitis B, hepatitis C, SLE)	8 (1.5)
Other comorbidities (hepatitis B, hepatitis C, SLE) Current CD4 count	8 (1.5)
	8 (1.5)
Current CD4 count	
Current CD4 count	508
Current CD4 count (mean; SD)	508 (297.8)
Current CD4 count (mean; SD) <200	508 (297.8) 84 (15.4)
Current CD4 count (mean; SD) <200 200–500	508 (297.8) 84 (15.4) 204 (37.4)
Current CD4 count (mean; SD) <200 200-500 >500	508 (297.8) 84 (15.4) 204 (37.4)
Current CD4 count (mean; SD) <200 200–500 >500 HIV viral load	508 (297.8) 84 (15.4) 204 (37.4) 257 (47.1)
Current CD4 count (mean; SD) <200 200–500 >500 HIV viral load <50	508 (297.8) 84 (15.4) 204 (37.4) 257 (47.1) 195 (35.7)
Current CD4 count (mean; SD) <200 200-500 >500 HIV viral load <50 50-1000	508 (297.8) 84 (15.4) 204 (37.4) 257 (47.1) 195 (35.7) 48 (8.8)
Current CD4 count (mean; SD) <200 200-500 >500 HIV viral load <50 50-1000 > 1000	508 (297.8) 84 (15.4) 204 (37.4) 257 (47.1) 195 (35.7) 48 (8.8) 21 (3.9)
Current CD4 count (mean; SD) <200 200–500 >500 HIV viral load <50 50–1000 > 1000 No data	508 (297.8) 84 (15.4) 204 (37.4) 257 (47.1) 195 (35.7) 48 (8.8) 21 (3.9)
Current CD4 count (mean; SD) <200 200-500 >500 HIV viral load <50 50-1000 > 1000 No data ARV combination	508 (297.8) 84 (15.4) 204 (37.4) 257 (47.1) 195 (35.7) 48 (8.8) 21 (3.9)
Current CD4 count (mean; SD) <200 200-500 >500 HIV viral load <50 50-1000 > 1000 No data ARV combination NRTI-	508 (297.8) 84 (15.4) 204 (37.4) 257 (47.1) 195 (35.7) 48 (8.8) 21 (3.9) 281 (51.6)
Current CD4 count (mean; SD) <200 200-500 >500 HIV viral load <50 50-1000 > 1000 No data ARV combination NRTI- AZT	508 (297.8) 84 (15.4) 204 (37.4) 257 (47.1) 195 (35.7) 48 (8.8) 21 (3.9) 281 (51.6) 218 (40)
Current CD4 count (mean; SD) <200 200-500 >500 HIV viral load <50 50-1000 > 1000 No data ARV combination NRTI- AZT TDF	508 (297.8) 84 (15.4) 204 (37.4) 257 (47.1) 195 (35.7) 48 (8.8) 21 (3.9) 281 (51.6) 218 (40) 290 (53.2)
Current CD4 count (mean; SD) <200	508 (297.8) 84 (15.4) 204 (37.4) 257 (47.1) 195 (35.7) 48 (8.8) 21 (3.9) 281 (51.6) 218 (40) 290 (53.2)
Current CD4 count (mean; SD) <200	508 (297.8) 84 (15.4) 204 (37.4) 257 (47.1) 195 (35.7) 48 (8.8) 21 (3.9) 281 (51.6) 218 (40) 290 (53.2) 2 (0.4)
Current CD4 count (mean; SD) <200	508 (297.8) 84 (15.4) 204 (37.4) 257 (47.1) 195 (35.7) 48 (8.8) 21 (3.9) 281 (51.6) 218 (40) 290 (53.2) 2 (0.4) 164 (30.1)

(Continued)

Table I (Continued).

Characteristics	N = 545	
LPV/r	75 (13.8)	
DRV/r	I (0.2)	
INSTI		
DTG	I (0.2)	
No data	33 (6.1)	
Not on ART yet	2 (0.4)	
ART adherence		
Always regular	435 (79.8)	
Irregular	110 (20.2)	
Smoking status (current vs past)		
Never smoked	232 (42.6)	
Smoked in the past	195 (35.7)	
Currently smoke	118 (21.6)	
Monthly income before COVID-19 pandemic		
(IDR) ≤2 million (≤ 140 USD)	104 (19.1)	
2–4 million (140–280 USD)	159 (29.2)	
4–10 million (280–701 USD)	139 (29.2)	
>10 million (>701 USD)	26 (4.8)	
Not willing to answer	144 (26.4)	
5	(20.1)	
Change of income during the pandemic No change	151 (27.7)	
Increase	4 (0.7)	
Reduced by up to 10%	53 (9.7)	
Reduced by 10% to 50%	112 (20.6)	
	, ,	
Reduced by more than 50% Loss of income	103 (18.9)	
	122 (22.4)	
Change in job during the pandemic		
Unchanged	212 (38.9)	
Work from home	132 (24.2)	
Sometimes work in office or business location	116 (21.3)	
Lost job during the pandemic	85 (15.6)	

Abbreviation: NRTI, nucleoside reverse transcriptase inhibitors; AZT, zidovudine; TDF, tenofovir disoproxil fumarate; NNRTI, non-nucleoside reverse transcriptase inhibitors; NVP, nevirapine; EFV, efavirenz; RPV, rilpivirine; PI, protease inhibitors; LPV/r, lopinavir/ritonavir; DRV/r, darunavir/ritonavir; INSTI, Integrase strand transfer inhibitors; DTG, Dolutegravir.

In terms of employment, around 38.9% of the subjects did not experience any changes. However, 15.6% of the subjects lost their jobs. The detailed report can be seen in Table 1.

Knowledge of COVID-19 Infection and Its Impact on PLWH

Most subjects were able to answer questions about COVID-19 infection. Around 90.6% of the subjects

 Table 2 Knowledge of COVID-19 and Impact of HIV Infection

 on COVID-19

Knowledge Questions About COVID-19 Answered Correctly	N (%)
Medium of COVID-19 transmission	494 (90.6)
COVID-19 symptoms	439 (80.6)
How to protect oneself and family from COVID-19	300 (55)
What to do in the event of flu symptoms	243 (44.6)
Treatment for COVID-19	167 (30.6)
Knowledge About Impact of HIV Infection on COVID-19	N (%)
ART can prevent COVID-19 infection	
Yes	247 (45.3)
No	298 (54.7)
Current condition increases susceptibility to	
COVID-19 infection	
Yes	278 (51)
No	112 (20.6)
Not sure	155 (28.4)
If infected with COVID-19, symptoms will be	
worse	
Yes	244 (44.8)
No	56 (10.3)
Not sure	245 (45)

answered the questions about COVID-19 transmission correctly and 80.6% of the subjects answered questions about symptoms correctly. However, when they were questioned about the impact of HIV infection on COVID-19, their responses were more varied. Interestingly, almost half of the subjects (45.3%) answered yes when they were asked, "Can ART prevent COVID-19 infection?". The detailed results can be seen in Table 2.

Based on the bivariate analysis, it was found that the level of knowledge of COVID-19 was closely related to age (p value = 0.045). Interestingly, education was not directly associated with the level of knowledge of COVID-19 in this study. The detailed report can be seen in Table 3.

Behavior of Subjects During the COVID-19 Pandemic

Worry of Contracting the COVID-19 Virus

Around 56% of the subjects were worried about contracting COVID-19 to the point that it interfered with their

Table 3 Characteristics of PLWH Based on Their Level of Knowledge of COVID-19

Variables	Poor Level of Knowledge (n = 166)	Good Level of Knowledge (n = 379)	P value
Age (years)			
Mean, SD	39 (6.5)	41 (8.2)	0.045*
CD4 count			
Mean, SD	474 (284.2)	523 (303.2)	0.061
Sex			
Male, n (%)	123 (31)	274 (69)	0.741
Female, n (%)	43 (29.1)	105 (70.9)	
Marital status			
Single, n (%)	59 (33.7)	116 (66.3)	0.398
Married, n (%)	81 (30)	189 (70)	
Widowed, n (%)	26 (26)	74 (74)	
Education			
Low, n (%)	98 (30.6)	222 (69.4)	0.995
High, n (%)	68 (30.2)	157 (69.8)	
Income			
Below minimum wage, n (%)	88 (33.2)	177 (66.8)	0.141
Equal or above minimum wage, n (%)	44 (31.9)	94 (68.1)	
No data, n (%)	34 (23.9)	108 (76.1)	
Having comorbidities as risk factors of COVID-19			
Yes, n (%)	25 (31.3)	55 (68.8)	0.972
No, n (%)	141 (30.3)	324 (69.7)	
Usage of LPV/r			
Yes, n (%)	20 (27.4)	53 (72.6)	0.635
No, n (%)	146 (30.9)	326 (69.1)	
ART adherence			
Always regular, n (%)	139 (32)	296 (68)	0.164
Irregular, n (%)	27 (24.5)	83 (75.5)	
Smoking status			
Yes, n (%)	100 (31.9)	213 (68.1)	0.433
No, n (%)	66 (28.4)	166 (71.6)	

Note: *Statistically significant at p value <0.05.

daily activities. Another 37% stated that they worried but continued their daily activities, and 7% of the subjects reported not feeling worried. Interestingly, only the usage of LPV/r had a significant correlation with worrying about COVID-19 infection (p value = 0.042). The results of bivariate analysis can be seen in Table 4.

Desire to Get Influenza and Pneumococcal Vaccines Up to 55% of the subjects expressed wishes to get the influenza or pneumococcal vaccination, whereas the remaining 45% did not want to get these vaccinations.

Actions Taken During the COVID-19 Pandemic

Some subjects (25.1%) reported consistently consuming herbal medicine during the pandemic. In general, most subjects reported following the general precautions of the COVID-19 pandemic. More detailed responses provided by subjects can be seen in Figure 1.

Behavior Associated with HIV Treatment During the COVID-19 Pandemic

Up to 97% of the subjects have continued to take ART during the pandemic, leaving only 3% who stopped taking

Table 4 Characteristics of PLWH Based on Level of Worry of COVID-19 Infection

Variables	Not Worried About COVID-19 Infection (n = 342)	Worried About COVID-19 Infection (n = 203)	P value
Age (years)			
Mean, SD	39.34 (8.9)	39.27 (9.6)	0.874
CD4 Count			
Mean, SD	514.89 (291.8)	496.97 (308.1)	0.303
Sex			
Male, n (%)	245 (61.7)	152 (38.3)	0.470
Female, n (%)	97 (65.5)	51 (34.5)	
Marital status			
Single, n (%)	102 (58.3)	73 (41.7)	0.075
Married, n (%)	168 (62.2)	102 (37.8)	
Widowed, n (%)	72 (72)	28 (28)	
Education			
Low, n (%)	201 (62.8)	119 (37.2)	0.972
High, n (%)	141 (62.7)	84 (37.3)	
Income			
Below minimum wage, n (%)	163 (61.5)	102 (38.5)	0.842
Equal or above minimum wage, n (%)	88 (63.8)	50 (36.2)	
No data, n (%)	91 (64.1)	51 (35.9)	
Having comorbidities that are risk factors of			
COVID-19			
Yes, n (%)	56 (70.9)	23 (29.1)	0.136
No, n (%)	286 (61.4)	180 (38.6)	
Usage of LPV/r			
Yes, n (%)	38 (52.1)	35 (47.9)	0.042*
No, n (%)	304 (64.4)	168 (35.6)	
ART adherence			
Always regular, n (%)	279 (64.1)	156 (35.9)	0.183
Irregular, n (%)	63 (57.3)	47 (42.7)	
Smoking status			
Yes, n (%)	200 (63.9)	113 (36.1)	0.521
No, n (%)	142 (61.2)	90 (38.8)	1

Note: *Statistically significant at p value <0.05.

ART. 60% of the subjects reported being worried about running out of ART stocks due to the pandemic. The COVID-19 pandemic has also resulted in a fear of visiting the hospital for 48% of the subjects. The subjects' responses can be seen in detail in Figure 2. Those who fear visiting the hospital have made various efforts to avoid the interruption of ART consumption. Some have gone to other healthcare facilities to obtain ART, while others tried to contact the clinic or use telemedicine to have their ART delivered. These efforts can be seen in Figure 3.

Discussion

During this COVID-19 pandemic, which has been ongoing for more than a year, the Indonesian government has implemented the social distancing policy through large-scale social restrictions to reduce the transmission of COVID-19. This policy, while beneficial for COVID-19 prevention, has had negative effects on the daily lives of PLWH. Difficulties, in particular, relate to the ability to maintain ART consumption and worries of contracting the COVID-19. A study by Fodjo et al in Belgium and Brazil reported that COVID-19 and its



Figure I Actions that are taken during the COVID-19 pandemic.



Figure 2 Behaviors regarding HIV treatment.

associated restrictive measures have adversely affected the well-being and follow-up of PLWH.¹⁹

The subjects that took our survey were mostly men and most of them were married. For monthly income, the percentages of subjects with incomes above and below the regional minimum wage were 51% and 49%, respectively. This indicates that half the subjects were in the lower economic class.²⁰



Keeping routine control to the hospital
Going to another healthcare facility (not the usual one)
Reducing the dose of medicine so that it is enough and don't need to go to the hospital frequently
Contacting the clinic through telemedicine / telephone
Borrowing from friends or acquaintances with AIDS
Combination of various efforts

Figure 3 Efforts to prevent stop taking ART interruption.

The majority of subjects in this study were in first-line ART (86.2%) as reflected by the use of Lopinavir/r (a protease inhibitor) as the second line in Indonesia at as much as 13.8%. For CD4 lymphocyte levels in the last 3 months, most subjects had >200 cells/ μ L: 37.4% of the subjects had CD4 counts of 200–500 cells/ μ L (advanced to mild immune deficiency) and 47.1% of the subjects had CD4 counts of >500 cells/ μ L. In regards to how regularly the subjects took ARV, 79.8% took it regularly (exhibited good adherence). In general, the results of the therapy above were quite good, although the analysis must be cross-checked with the results of viral load suppression. In this study, most subjects did not remember their last viral load (51.6%) or had not had it checked in the last 3 months.

COVID-19 has also impacted on the income and work of the subjects. Most have experienced decreases in income (71.6%) and work (45.5% did receive full working hours but did not get a full income), and in fact 15.6% of the subjects had lost their jobs. Considering that half the subjects were from the lower economic class and experienced decreases in income or even loss of job, the government needs to address the impacts of this pandemic; citizens are being burdened with additional costs to buy masks and other means of self-protection, as well as living costs and health costs if they are sick.

Regarding COVID-19 infection, most subjects quite understood the way in which this virus is transmitted; however, their knowledge on how to respond to being infected was almost equally split between accurate and inaccurate information. In terms of the behavior of the subjects during this pandemic, 56% of the subjects reported feeling anxious but said it did not affect their daily life and a further 7% of the subjects reported not feeling worried at all. Thus, a total of 63% of the subjects still had the courage to carry out their daily activities. On the other hand, there was a fairly large portion, 37% of the subjects, who felt worried to the point that it affected their daily activities and even made them refrain from visiting health facilities. This was evident in the next question in which 48% of the subjects reported being afraid to go to the hospital. Fear of visiting the hospital could disrupt the subjects' ART continuity. This problem could be addressed by administering multi-month dispensing ARV, utilizing online media to communicate with health services, and sending ARV via courier services, so that treatment continuity can be guaranteed. Indonesian Ministry of Health created a new set of policies in April 2020, which allows PLWH in a stable condition and without opportunistic infections or comorbidities to access multi-month ARV dispensing, up to 3 months.²¹

The majority of subjects took appropriate actions to avoid COVID-19 infection. Seventy percent of the subjects avoided COVID-19 infection by always wearing a mask, washing their hands, maintaining their distance, and avoiding crowds. Meanwhile, other efforts, such as taking vitamins, herbal medicines, consuming fruits and vegetables, and getting adequate rest were done by less than 60% of the subjects. The 26.5% of the subjects with comorbid diseases were at a greater risk of getting severe disease if they were infected with the COVID-19 virus. The government's message to the public has been in accordance with the recommendations of WHO: to maintain distance, avoid crowds, wash hands, and wear masks.

This study found that age was closely related to the level of knowledge of COVID-19 (p value = 0.045), even though the difference in mean age between the groups was not clinically important (39 years old for poor level of knowledge and 41 years old for a good level of knowledge). In a study by

Stephenson et al of US gay, bisexual, and other men who have sex with men (GBMSMs), subjects aged over 25 reported COVID-19 to be more severe than HIV than subjects aged 18–24. This study mentioned that younger subjects might have a greater sense of optimism bias and did not feel at risk of COVID-19 infection.²² Interestingly, education was not directly associated with level of knowledge of COVID-19 in this study.

A positive finding from this study is that 97% of the subjects were still committed to take ART during this pandemic, and 77% did visit healthcare facilities or accessed assistance in various other wise ways, such as having official online hospital consultations and getting medicines through expeditions. However, a small proportion of subjects did things that were not recommended, such as reducing the dose and frequency of taking ARV, borrowing ARV from friends, and even deciding to stop taking the drugs until the pandemic was over. These methods will cause resistance, which will lead to treatment failure. It can be concluded that the ART adherence of PLWH in this study is considerably high. This high adherence can be explained by an increased engagement in healthy behavior, which has been prompted by a high-risk perception of COVID-19, using the health belief model.²³ Furthermore, it has been suggested that ARV may be effective against SARS-CoV-216,23,24,25 and this information may also be known by the PLWH yielding an improvement in their compliance. The belief that ARV is a cure for COVID-19 can be seen in this study-the bivariate analysis of the use of LPV/r was significantly associated with the absence of fear of being infected with COVID-19.

The concern of the subjects about the depletion of ARV stocks (60%) needs to be addressed by the clinic manager through the provision of sound information regarding the stock of ARV. This thought may arise because ARV in Indonesia is provided free of charge, but the handling of COVID-19 has depleted large amounts of money from the government budget.

Around 55% of the subjects had received pneumococcal and influenza vaccinations. This is important to note as a study in Brazil showed that COVID-19 patients with a history of influenza vaccination were not likely to have severe clinical conditions when they were infected.²⁶ A similar analogy has been applied to a history of pneumococcal vaccination. These two vaccines will reduce the number of patients being treated for respiratory problems and, in a state of COVID-19 pandemic, facilities for the treatment of respiratory diseases can be maximized if influenza and pneumococcal morbidity rates are reduced.²⁷ There are several limitations to this study. Some of the data were collected online and therefore only represents those with access to the internet. Because this study did not include a healthy control group, it is impossible to distinguish between healthy people and PLWH in some non-HIV-related characteristics, such as economic status. The study also had self-reporting bias. Face-to-face interviews may be able to decrease answer falsification, however during an outbreak, online surveys are safer for the subjects and provide the chance to access a large sample of a specific stigmatized population, such as PLWH.

Conclusion

This COVID-19 pandemic is still ongoing and many PLWH are still experiencing difficulties in continuing their treatment. Our results fill gaps on data about the knowledge, attitude, behavior, and socioeconomic conditions of people living with HIV in Indonesia during the COVID-19 pandemic. As we discussed in our study, future policies and interventions should take into account the socioeconomic conditions and misunderstandings that PLWH confront in order to assist them in continuing their treatment and improving retention in care.

Disclosure

The authors report no conflicts of interest in this work.

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