

Images in Infectious Diseases

Cryptococcal meningoradiculitis presenting with acute flaccid paralysis

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A 38-year-old man with newly diagnosed advanced acquired immunodeficiency syndrome (AIDS) (CD4 count = 17 cells/mm^3) presented with bilateral lower limb weakness associated with bowel and urinary incontinence. Neurological examination revealed hypotonia, areflexia, paralysis of bilateral lower limbs (power = 0/5), and sensory loss below the level of T12. Magnetic resonance imaging (MRI) showed spinal meningeal enhancement surrounding the conus medullaris from the upper T12 level with enhancement of the cauda equina nerve roots (Figure 1). Lumbar puncture revealed elevated opening pressure (40 cm H₂O) and colorless cerebrospinal fluid (CSF) with normal glucose and protein levels. Cryptococcal antigen was present in high titer in the CSF (1:1024), and CSF culture revealed Cryptococcus neoformans. The nerve conduction study demonstrated mixed sensory and motor axonal neuropathy of the bilateral lower limbs, sparing the upper limbs. The clinical, electrophysiological, and radiological findings were suggestive of cryptococcal meningoradiculitis. Intravenous amphotericin B and flucytosine were started. However, the patient did not achieve neurologic improvement and eventually succumbed to nosocomial infection.

Cryptococcal meningitis is an important opportunistic infection caused by the encapsulated yeast *C. neoformans*¹. Neurological manifestations of cryptococcal disease include meningitis, myelitis, encephalitis, and cryptococcoma². Meningoradiculitis is a rare form of involvement in cryptococcal infection, involving the meninges and nerve roots. Cryptococcal meningoradiculitis can manifest as immune reconstitution inflammatory syndrome in patients with AIDS following initiation of antiretroviral therapy³. Cryptococcal meningoradiculitis is a rare condition that should be suspected in HIV-infected individuals presenting with acute flaccid paralysis.

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FIGURE 1: MRI revealing spinal meningeal enhancement surrounding the conus medullaris from the upper T12 level downwards (arrow) with an enhancement of the cauda equina nerve roots.

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AUTHOR'S CONTRIBUTION

CYC: Conception and design of the study, acquisition of data, drafting the article, final approval of the version to be submitted.

CONFLICT OF INTEREST

The author declares that there is no conflict of interest.

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