

Undercarboxylated, But Not Carboxylated, Osteocalcin Suppresses TNF- α -Induced Inflammatory Signaling Pathway in Myoblasts

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Abstract

Undercarboxylated osteocalcin (ucOCN) has been considered to be an important endocrine factor, especially to regulate bone and energy metabolism. Even with the mounting evidence showing the consistent inverse correlation of ucOCN levels in chronic inflammatory diseases, however, the mechanism underlying the involvement of ucOCN in the muscular inflammation has not been fully understood. In the present study, we explored 1) the endocrine role of ucOCN in the regulation of inflammation in C2C12 myoblasts and primary myoblasts and the underlying intracellular signaling mechanisms, and 2) whether G protein-coupled receptor family C group 6 member A (GPRC6A) is the ucOCN-sensing receptor associated with the ucOCN-mediated anti-inflammatory signaling pathway in myoblasts. ucOCN suppressed the tumor necrosis factor- α (TNF- α)-induced expressions of major inflammatory cytokines, including interleukin-1 β (IL-1 β) and inhibited the TNF- α -stimulated activities of transcription factors, including NF- κ B, in C2C12 and primary myoblasts. Both knockdown and knockout of GPRC6A, by using siRNA or a CRISPR/CAS9 system, respectively, did not reverse the effect of ucOCN on IL-1 β expression in myoblasts. Interestingly, TNF- α -induced IL-1 β expression was inhibited by knockdown or deletion of GPRC6A itself, regardless of the ucOCN treatment. ucOCN was rapidly internalized into the cytoplasmic region via caveolae-mediated endocytosis, suggesting the presence of new target proteins in the cell membrane and/or in the cytoplasm for interaction with ucOCN in myoblasts. Taken together, these findings indicate that ucOCN suppresses the TNF- α -induced inflammatory signaling pathway in myoblasts. GPRC6A is not a sensing receptor associated with the ucOCN-mediated anti-inflammatory signaling pathway in myoblasts.

Key Words: undercarboxylated osteocalcin, C2C12, anti-inflammation, GPRC6A, sarcopenia, IL-1 β

Abbreviations: ATF2, activating transcription factor 2; BSA, bovine serum albumin; cAMP, cyclic adenosine monophosphate; DAPI, 4',6-diamidino-2-phenylindole; DMEM, Dulbecco's Modified Eagle Medium; FBS, fetal bovine serum; GPRC6A, G protein-coupled receptor family C group 6 member A; IL-1 β , interleukin-1 β ; IL-6, interleukin-6; NF κ B, nuclear factor kappa B; OCN, osteocalcin; PBS, phosphate-buffered saline; PCR, polymerase chain reaction; ROS, reactive oxygen species; siCON, nontargeting control small interfering RNA; siGPRC6A, small interfering RNA targeting GPRC6A; TNF- α , tumor necrosis factor- α ; ucOCN, undercarboxylated osteocalcin.

Osteocalcin (OCN) is the most abundant noncollagenous protein primarily produced by osteoblasts; however, it is also produced in smaller amounts by odontoblasts or hypertrophic chondrocytes [1, 2]. Osteocalcin is a bone protein containing γ -carboxyglutamic acid (Gla) with a size of 5.6 kDa (46 and 49 amino acids in mouse and human, respectively). In osteoblasts, the carboxylation process involves the addition of a carboxyl group at glutamic acid (Glu) residues in positions 17, 21, and 24, which is completed with vitamin K-dependent posttranslational modifications [3]. With these 3 γ -carboxyglutamic acid residues, osteocalcin binds to hydroxyapatite crystals in the bone matrix via a disulfide bond formed between cysteine residues [4]. Osteocalcin containing one or more “not carboxylated” glutamic acid residues is

denoted as undercarboxylated osteocalcin (ucOCN) [5]. Approximately 40% to 60% of the total osteocalcin released into the circulation exists in either a partially or completely uncarboxylated form, which exhibits endocrine functions, including regulation of energy metabolism, fertilization, and cognitive functions [5–13].

Muscle wasting, defined as the loss of skeletal muscle tissue, occurs naturally under physiological conditions, such as aging [14]. Muscle wasting is a feature associated with chronic wasting syndromes, such as AIDS, cancer, and diabetes, and neuroinflammatory disorders such as amyotrophic lateral sclerosis [15]. It is an independent predictor of mortality. In many such conditions, muscle wasting is associated with variable degrees of local and/or systemic chronic

inflammation, in particular, chronic elevations in circulating inflammatory cytokines, including tumor necrosis factor (TNF)- α [16-19]. Elevated levels of inflammatory mediators are known to trigger muscle wasting events. Carnio et al demonstrated that chronic administration of TNF- α or interleukin-1 β (IL-1 β) resulted in weight loss due to skeletal muscle wasting in rats [20]. Studies using diabetic rat models have reported that muscle wasting is closely associated with increased expression of TNF- α , IL-1 β , and IL-6 in skeletal muscle [21]. In a cross-sectional clinical study, sarcopenia in older adults is associated with increased levels of pro-inflammatory mediators [22, 23]. In vitro studies have demonstrated that inflammatory cytokines play a crucial role in the onset and development of muscle wasting. Ye J et al reported that TNF- α inhibited the expression of α -actin and myosin heavy chain in primary cultures of human myoblasts [24]. TNF- α administration depleted myosin heavy chain in the murine skeletal muscle cell line C2C12 and primary cultures of rat skeletal muscle [25].

Previous studies have demonstrated that serum osteocalcin levels decrease with obesity or diabetes, which are associated with chronic inflammation [26]. In addition, low serum levels of ucOCN have been reported in patients with bone-related inflammatory diseases such as rheumatoid arthritis, osteoporosis, and ankylosing spondylitis [27-30]. Inspired by the consistent inverse correlation of ucOCN levels in chronic inflammatory diseases, we hypothesized that ucOCN has another endocrine role in the regulation of inflammation.

G protein-coupled receptor family C group 6 member A (GPC6A) was identified as the ucOCN-sensing receptor [31]. GPCR6A-mediated osteocalcin signaling has been demonstrated in various tissues, including adipose, pancreas, testes, and skeletal muscle [26, 32, 33]. To probe the structural basis of osteocalcin binding to GPCR6A, Pi et al performed computational modeling experiments [34]. Predictions based on the modeling demonstrated the docking of the C-terminal hexapeptide of osteocalcin to the extracellular side of the transmembrane domain of GPCR6A. Thereafter, GPCR6A-mediated osteocalcin signaling has been demonstrated in pancreatic β -cells [35] and pancreatic acinar cells [36]. In skeletal muscle, fat, and hepatic cells, GPCR6A-mediated osteocalcin signaling has also been proposed. Liu et al demonstrated that osteocalcin induces proliferation and promotes differentiation via the activation of the GPCR6A-ERK1/2 pathway in C2C12 myoblast cells [37]. White fat accumulation and glucose intolerance/insulin resistance were observed in GPCR6A^{-/-} mice, but not in wild-type mice [26, 32, 38-42]. Hepatic steatosis, as well as an increase in triglycerides and a decrease in glycogen storage/cholesterol levels, were observed in GPCR6A^{-/-} mice. Pi et al [43] and De Toni et al [44] reported on a GPCR6A-dependent osteocalcin signaling pathway in testicular Leydig cells.

This study aimed to investigate 1) the endocrine role of ucOCN in the regulation of inflammation in C2C12 myoblasts and explore the underlying intracellular signaling mechanisms; and 2) whether GPCR6A is the ucOCN-sensing receptor associated with the ucOCN-mediated anti-inflammatory signaling pathway in C2C12 myoblasts.

Materials and Methods

Cell Culture and Experimental Design

C2C12 cells were cultured in Dulbecco's Modified Eagle's Medium (DMEM) (Hyclone, MD, USA) supplemented with

10% fetal bovine serum (FBS), 100 U/mL penicillin, and 100 μ g/mL streptomycin (Hyclone) at 37 °C in a humidified atmosphere containing 5% CO₂. The cells were pretreated for 30 minutes by adding mouse ucOCN (0.5, 5, or 50 ng/mL) (Bachem, CA, USA) to DMEM containing 5% FBS. Subsequently, the cells were incubated with TNF- α (10 ng/mL) (Peprotech, NJ, USA) for 8, 24, and 48 hours.

Primary myoblasts were prepared from 4 mice (C57BL/6) at 8 weeks of age, as previously published [45, 46]. Skeletal muscle from the hindlimbs was isolated for the preparation. Muscle tissue was torn gently into small but distinguishable pieces (approximately > 0.5 mm²) with sterile scissors and transferred into a 50 mL tube with the remaining 2 mL of the collagenase-dispase-CaCl₂. Tissue was incubated at 37 °C up to 30 to 40 minutes, then moved by gently agitating the tube every 5 to 10 minutes. Two volumes of proliferation medium were added and cells were released from the muscle fiber by pipetting up and down several times. The muscle solution was filtered using a 70- μ m cell strainer and the cells were centrifuged and resuspended. The primary myoblast cells were seeded in each well of collagen-coated 6-well plates and cultured in F-12 media (Ham's F-12 Nutrient Mix), 20% FBS (Gibco), 10% horse serum (Gibco) at 37 °C in a humidified atmosphere containing 5% CO₂. The 5 \times 10⁵ seeded cells were pretreated for 30 minutes by adding mouse ucOCN (0.5, 5, or 50 ng/mL) (Bachem, CA, USA) to F-12 media containing 2% FBS and 1% horse serum. Subsequently, the cells were incubated with TNF- α (10 ng/mL) (Peprotech, NJ, USA) for 8 hours.

Real-Time Polymerase Chain Reaction Analysis

Quantitative real-time polymerase chain reaction (PCR) was performed to evaluate mRNA expression. Total RNA was isolated using easy-BLUE RNA extraction reagents (iNtRON Biotechnology, Kyungki-Do, Korea) according to the manufacturer's instructions. Complementary DNA was synthesized from 2.5 μ g of total RNA using the AccuPower RT-PreMix MasterMix (Bioneer, Daejeon, Korea) under the following conditions: 42 °C for 60 minutes and 94 °C for 5 minutes. The sequences were amplified with quantitative real-time PCR using a mixture of AccuPower 2X GreenStar PCR MasterMix (Bioneer) and primers and were detected using Step One Plus Real-Time PCR System (Thermo Fisher Scientific, MA, USA) and then analyzed. The sequences of PCR primers used for real-time PCR analysis are provided in supplementary data (Supplemental Table 1) [47]. The target gene expressions were normalized using GAPDH expression.

Western Blot Analysis

The cells were washed with phosphate-buffered saline (PBS) and scraped using PRO-PREP Protein Extraction Solution (iNtRON Biotechnology). The amount of each sample was measured using the Bradford reagent (Sigma-Aldrich) and by measuring absorbance at 540 nm using a microplate spectrophotometer (BioTek, VT, USA) based on bovine serum albumin (BSA). A standard curve was obtained based on the serial dilutions of BSA. Equal amounts of protein were subjected to SDS-PAGE and subsequently electro-transferred onto a nitrocellulose membrane. The membranes were washed with 1 \times Tris-buffered saline containing 0.1% Tween 20 (1 \times TBST). The membranes were blocked with 5% nonfat dry milk for 1 hour and incubated for 3 hours at 4 °C with 1:1000 diluted anti-IL-1 β (SC-520125, Santa Cruz

Biotechnology, TX, USA, [RRID:AB_629741](#)), anti-IL-6 (SC-130326, Santa Cruz Biotechnology, [RRID:AB_2127596](#)), anti-ERK (9102S, Cell Signaling Technology, MA, USA, [RRID:AB_330744](#)), anti-phospho-ERK (9101S, Cell Signaling Technology, [RRID:AB_331646](#)), anti-JNK (9252S, Cell Signaling Technology, [RRID:AB_2250373](#)), anti-phospho-JNK (9251S, Cell Signaling Technology, [RRID:AB_331659](#)), anti-p38 MAPK (9212S, Cell Signaling Technology, [RRID:AB_330713](#)), anti-phospho-p38 MAPK (9211S, Cell Signaling Technology, [RRID:AB_331641](#)), anti-p65 NF- κ B (SC-8008, Santa Cruz Biotechnology, [RRID:AB_628017](#)), and anti-phospho-p65 NF- κ B (SC-136548, Santa Cruz Biotechnology, [RRID:AB_10610391](#)), anti-GPRC6A (SC-67302, Santa Cruz Biotechnology, [RRID:AB_2114007](#)), anti-Elk-1 (9182S, Cell Signaling Technology, [RRID:AB_2277936](#)), anti-phospho-Elk-1 (9186S, Cell Signaling Technology, [RRID:AB_2277933](#)), anti-c-Jun (SC-166540, Santa Cruz Biotechnology, [RRID:AB_2280720](#)), anti-phospho-c-Jun (3270S, Cell Signaling Technology, [RRID:AB_2129575](#)), anti-ATF2 (35031S, Cell Signaling Technology, [RRID:AB_2799069](#)), anti-phospho-ATF2 (SC-8398, Santa Cruz Biotechnology, [RRID:AB_626709](#)), or anti- β -actin-HRP (SC-8432, Santa Cruz Biotechnology, [RRID:AB_6266030](#)) antibodies. This was followed by incubation with horseradish peroxidase (HRP)-conjugated secondary antibody for 1 hour at room temperature. β -Actin was used as a loading control. The membranes were washed with 1 \times Tris-buffered saline containing 0.1% Tween 20. Protein bands were visualized using Luminata Forte (Millipore, MA, USA) and detected with a ChemiDoc (Bio-Rad, CA, USA). The reproducibility of the results was confirmed after repeating at least 3 times, and the results of 1 experiment are presented.

Cell Fractionation

Cytoplasmic membrane and nuclear fractions were separated and extracted using a subcellular protein fractionation kit for cultured cells (Thermo Fisher Scientific) according to the manufacturer's instructions. The same amount of protein extracted from each site was analyzed by Western blot using an anti-ucOCN antibody (Enzo Life Sciences, NY, USA, [RRID:AB_2064899](#)).

To analyze the anti-I κ B α / β (SC-166231, Santa Cruz Biotechnology, [RRID:AB_2260487](#)), anti-phospho-I κ B α / β (2694S, Cell Signaling Technology, [RRID:AB_2122296](#)), anti-I κ B (9242S, Cell Signaling Technology, [RRID:AB_331623](#)), anti-phospho-I κ B (2859S, Cell Signaling Technology, [RRID:AB_561111](#)), anti-p65 NF- κ B (SC-8008, Santa Cruz Biotechnology, [RRID:AB_628017](#)), and anti-phospho-p65 NF- κ B (SC-136548, Santa Cruz Biotechnology, [RRID:AB_10610391](#)), cytoplasmic and nuclear fractions were extracted from the cells using the NE-PER nuclear and cytoplasmic extraction reagents (Thermo Fisher Scientific).

Detection of Intracellular Reactive Oxygen Species

C2C12 cells were seeded in 12-well culture plates at a density of 1×10^5 cells per well. After 24 hours, the cells were pretreated with 0.5 ng/mL ucOCN for 30 minutes and then treated with 10 ng/mL TNF- α . After 8 hours of exposure, CellROX Orange reagent (Invitrogen) was added to a final concentration of 5 μ M for 30 minutes. Nuclear counterstaining was performed with NucBlue Live ReadyProbes reagent (Invitrogen), according to the manufacturer's instructions. The samples

were examined using an Axio Imager.A2 microscope (Zeiss, Oberkochen, Germany). Fluorescence signals were visualized with EVOS FL Auto Imaging System (Thermo Fisher Scientific).

Immunocytochemistry

C2C12 cells were grown on sterile cover glasses placed in 24-well culture plates and treated with 0.5 ng/mL of ucOCN for 0, 1, 5, 10 and 15 minutes. The cover glass was washed thrice with PBS and fixed with 3.7% formaldehyde for 15 minutes at room temperature. Cells were treated with PBS containing 0.1% Triton X-100 for 5 minutes. Nonspecific binding sites were blocked with 3% BSA in PBS for 1 hour at room temperature. The cells were incubated with an anti-ucOCN antibody (Enzo Life Sciences, [RRID:AB_2064899](#)) diluted 1:500 in 1% BSA for overnight at 4 $^{\circ}$ C. The cells were subsequently incubated for 90 minutes with an Alexa Fluor 488-conjugated goat anti-mouse IgG H&L antibody (Abcam, Cambridge, UK, [RRID:AB_2576208](#)) diluted 1:1000 in 1% BSA at room temperature. Cell nuclei were stained with 4',6-diamidino-2-phenylindole (DAPI) solution (Enzo Life Sciences) and ucOCN-stained signal was analyzed by confocal microscopy. To identify the ucOCN endocytosis pathway, C2C12 cells were incubated with 200 μ M genistein (caveolae-mediated endocytosis inhibitor) or 20 μ M Pitstop2 (clathrin-mediated endocytosis inhibitor) for 15 minutes and then treated with 0.5 ng/mL ucOCN for 15 minutes. Immunocytochemical analysis was used for ucOCN localization. To confirm the colocalization of internalized ucOCN with caveola, C2C12 cells were grown on sterile cover glasses placed in 24-well culture dishes for 16 hours, washed with PBS, incubated with DMEM containing 0.1% FBS for 16 hours, and treated with 0.5 ng/mL of ucOCN for 15 minutes. Subcellular localization of ucOCN and Cav-1 (3267S, Cell Signaling Technology, [RRID:AB_2275453](#)) were analyzed by confocal microscopy.

RNA Interference of GPRC6A

siGENOME smartpool mouse GPRC6A siRNA and nontargeting control siRNA were purchased from Santa Cruz Biotechnology. C2C12 cells were transfected using Lipofectamine 2000 (Thermo Fisher Scientific) according to the manufacturer's instructions. C2C12 cells were transfected with siRNA targeting GPRC6A (siGPRC6A) or nontargeting control siRNA (siCON). C2C12 cells transfected with siCON or siGPRC6A were incubated with TNF- α (10 ng/mL) and/or ucOCN (0.5 ng/mL) for 8 hours.

GPRC6A Knockout by CRISPR/CAS9 System

To generate the plasmid containing a single guide RNA that targets the GPRC6A locus, a pair of oligos (5'-CACCGAAA CATCCATCGCGGTCTCA-3' and 5'-AAACTGAGACCGC GATGGATGTTTC-3') were annealed and then inserted into a BsmBI-digested lentiCRISPRv2 vector. The lentiCRISPRv2 was a gift from Feng Zhang (Addgene plasmid # 52961; <http://n2t.net/addgene:52961>; [RRID: Addgene_52961](#)) [48]. To generate GPRC6A-deficient C2C12 cells, the plasmid targeting GPRC6A was transfected into C2C12 cells by using Lipofectamine 3000 (Thermo Fisher Scientific) according to the manufacturer's instructions. To generate control cells, a lentiCRISPRv2 plasmid targeting GFP was introduced to the C2C12 cells. To select control and GPRC6A-deficient

C2C12 cells, 2 $\mu\text{g}/\text{mL}$ puromycin was added at 48 hours posttransfection. GPRC6A deficiency was confirmed with immunoblotting.

Luciferase Reporter Assays

HEK 293 cells were seeded in a 96-well plate at a density of 1×10^4 cells/well and transiently transfected with the reporter plasmids using Lipofectamine 2000 (Thermo Fisher Scientific). During each transfection, 0.01 μg of the expression vector (p65 NF- κB or pGL3) and 0.01 μg Renilla luciferase plasmid were used as indicated. After 24 hours, the cells were harvested, and luciferase activity was measured using the Dual-Luciferase Reporter Assay System (Promega, WI, USA) according to the manufacturer's instructions. The relative luciferase activity was calculated after normalizing the transfection efficiency by Renilla luciferase activity.

Statistical Analysis

Statistical significance was determined using Student's *t* test. For the multiple comparisons, one-way ANOVA was performed. In those cases where a significant interaction ($P < 0.05$) was detected, the appropriate post hoc least significant difference (LSD) test was performed. Differences or changes were considered significant at $P < 0.05$. Data were analyzed by using the SAS program.

Results

ucOCN Mitigates the Expression of TNF- α -induced IL-1 β in C2C12 Cells

To examine whether ucOCN regulates the expression of TNF- α -induced inflammatory factors, C2C12 cells were pretreated with ucOCN (0.5, 5, or 50 ng/mL) for 30 minutes, followed by treatment with TNF- α (10 ng/mL) for 8, 24, and 48 hours. C2C12 cells treated with TNF- α for 8, 24, and 48 hours demonstrated significantly increased IL-1 β expression at both the mRNA and protein levels. TNF- α -induced IL-1 β expression was significantly decreased upon treatment with 0.5, 5, and 50 ng/mL ucOCN at both the mRNA and protein levels (Fig. 1). At 24 hours, TNF- α -induced IL-1 β expression was significantly increased by treatment with 50 ng/mL ucOCN temporarily; however, this increase was suppressed at 48 hours. In addition, the expression of IL-6, COX, and TNF- α was also analyzed. Although the level of expression and expression time point varies, ucOCN also demonstrated a downregulation of the expression of these genes (Supplemental Figure 1) [47]. The ucOCN treatment alone did not induce any regulating effect on IL-1 β expression at 8 or 24 hours in C2C12 cells (Supplemental Figure 2) [47].

Subsequent experiments were conducted focusing on IL-1 β , whose expression was most inhibited, and the expression inhibition was maintained consistently by ucOCN. These results suggest that ucOCN significantly mitigated the expression of TNF- α -induced inflammatory cytokines.

We also examined whether ucOCN regulates the expression of TNF- α -induced inflammatory factors in primary myoblasts. Primary Myoblasts were pretreated with ucOCN (0.5, 5, or 50 ng/mL) for 30 minutes, followed by treatment with TNF- α (10 ng/mL) for 8 hours. Primary myoblasts treated with TNF- α for 8 hours demonstrated significantly increased IL-1 β expression at both the mRNA and protein levels. TNF- α -induced IL-1 β expression was significantly

decreased upon treatment with 0.5, 5, and 50 ng/mL ucOCN at both the mRNA and protein levels (Fig. 1J-1K).

In addition, we compared the effect of carboxylated osteocalcin (OCN) and ucOCN on TNF- α induced IL-1 β expressions in C2C12. The OCN did not exhibit regulatory effects on TNF- α -induced IL-1 β expression in C2C12 (Supplemental Figure 3) [47].

ucOCN Inhibits the Phosphorylation of TNF- α -Mediated Transcription Factors in C2C12 Cells

We then explored whether the effect of ucOCN on pro-inflammatory cytokine expression was mediated via the inhibition of the nuclear factor kappa B (NF κB) pathway. In the canonical NF κB activation pathway, a cytoplasmic IKK α/β complex is phosphorylated, thereby leading to I κB phosphorylation and degradation and subsequent nuclear translocation of NF κB . TNF- α -stimulated C2C12 cells demonstrated enhanced phosphorylation of p65 NF- κB , which was markedly inhibited by treatment with ucOCN at 1, 10, and 30 minutes (Fig. 2A). TNF- α -stimulated primary myoblasts also demonstrated enhanced phosphorylation of p65 NF- κB , which was markedly inhibited by treatment with ucOCN (Supplemental Figure 4) [47]. In addition, the expression of phosphorylated p65 NF- κB increased by TNF- α stimulation in cytoplasmic and nuclear fractions was investigated during ucOCN treatment. TNF- α -stimulated C2C12 cells demonstrated nuclear translocation and the phosphorylation of p65 NF κB , which was markedly inhibited by treatment with ucOCN at 3 and 30 minutes (Fig. 2B). We used the luciferase reporter assay to investigate whether ucOCN treatment transactivates the p65 NF- κB promoter. The results showed that TNF- α -induced transcriptional activation of p65 NF- κB was blocked by a dose-dependent increase in ucOCN (Fig. 2C).

Additionally, the phosphorylation of ERK, p38 MAPK, and JNK, as well as the phosphorylation of Elk-1, ATF2, and c-Jun, which are pivotal mediators of the ERK, p38 MAPK, and JNK signaling pathways, respectively, were investigated. As shown in Fig. 3, among the MAPKs signaling pathways, p38 MAPK activation was the most prominently suppressed by ucOCN treatment (Fig. 3A-3C). The phosphorylation of p38 MAPK by TNF- α stimulation was reduced by ucOCN treatment at 1 and 10 minutes (Fig. 3B). ERK activation by ucOCN treatment was mostly observed only at 1 minute (Fig. 3A-3C). The phosphorylation of Elk-1, ATF2, and c-Jun transcription factors was also investigated (Supplemental Figure 5) [47]. The results of this study suggest that ucOCN downregulates IL-1 β expression via the inhibition of the TNF- α -mediated downstream signaling pathway in C2C12 cells.

ucOCN Mitigates the TNF- α -Induced Production of Reactive Oxygen Species

TNF- α not only mediates the inflammatory response by regulating associated signaling pathways, including MAPK and NF- κB , but also functions as a regulator of the generation of reactive oxygen species (ROS), which may result in a vicious cycle, with aggravation of the inflammatory response. Thus, we investigated whether ucOCN regulates TNF- α -induced ROS production.

As shown in Fig. 4, TNF- α treatment enhanced ROS production, which was inhibited by ucOCN (Fig. 4).

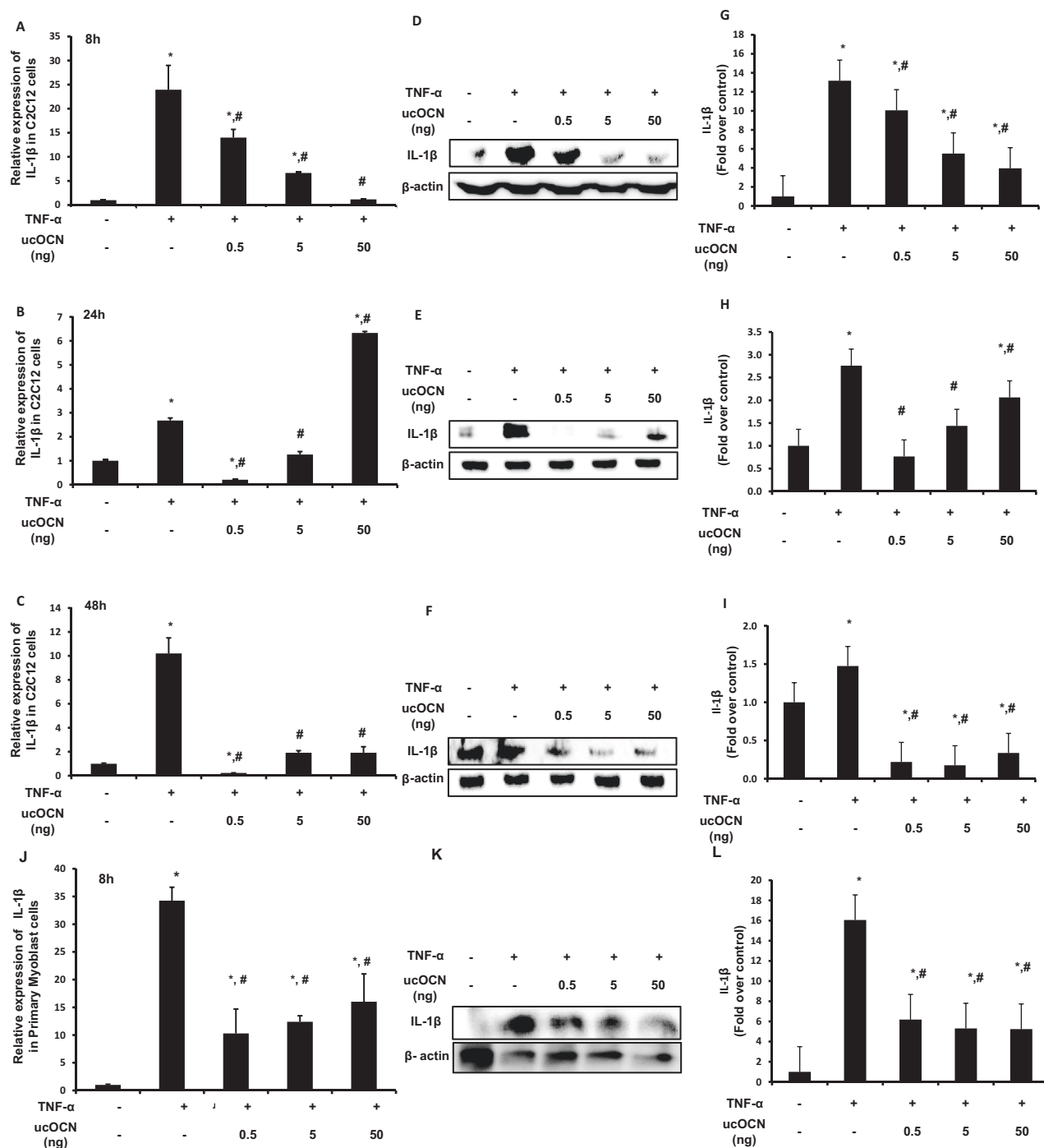


Figure 1. ucOCN mitigates the expression of TNF- α -induced IL-1 β in C2C12 cells. C2C12 cells were pretreated with ucOCN (0.5, 5, or 50 ng/mL) for 30 minutes. The cells were then treated with TNF- α (10 ng/mL) for 8, 24, and 48 hours. The mRNA (A-C) and protein levels (D-F) of IL-1 β were analyzed using real-time PCR and Western blot, respectively. (G-I) Quantification of the Western blot bands. (J-K) Primary myoblasts were pretreated with ucOCN (0.5, 5, or 50 ng/mL) for 30 minutes. The cells were then treated with TNF- α (10 ng/mL) for 8 and 48 hours. The mRNA (J) and protein levels (K) of IL-1 β were analyzed using real-time PCR and Western blot, respectively. (L) Quantification of the Western blot bands. β -Actin was used as a loading control. Data represent the mean \pm SD of triplicates. * P < 0.05 compared to CON; # P < 0.05 compared to TNF- α .

GPRC6A Does Not Mediate ucOCN Signal in C2C12 Cells During the Regulation of Inflammation

Next, we performed experiments to verify a receptor transducing OCN signaling that mediates anti-inflammatory signaling in C2C12 cells. GPRC6A, a G-protein-coupled receptor, has been demonstrated as an osteocalcin-sensing receptor in various tissues [31-33, 49]. To determine whether

this receptor plays a role in myoblast cell biology, we first tested GPRC6A expression in C2C12 cells. As shown in Fig. 5A, GPRC6A is expressed in C2C12 cells. GPRC6A expression is relatively high in skeletal tissue [41]. To further verify the role of GPRC6A in mediating OCN signaling, we knocked down GPRC6A expression in C2C12 cells using siRNA. GPRC6A levels were efficiently reduced by GPRC6A-specific

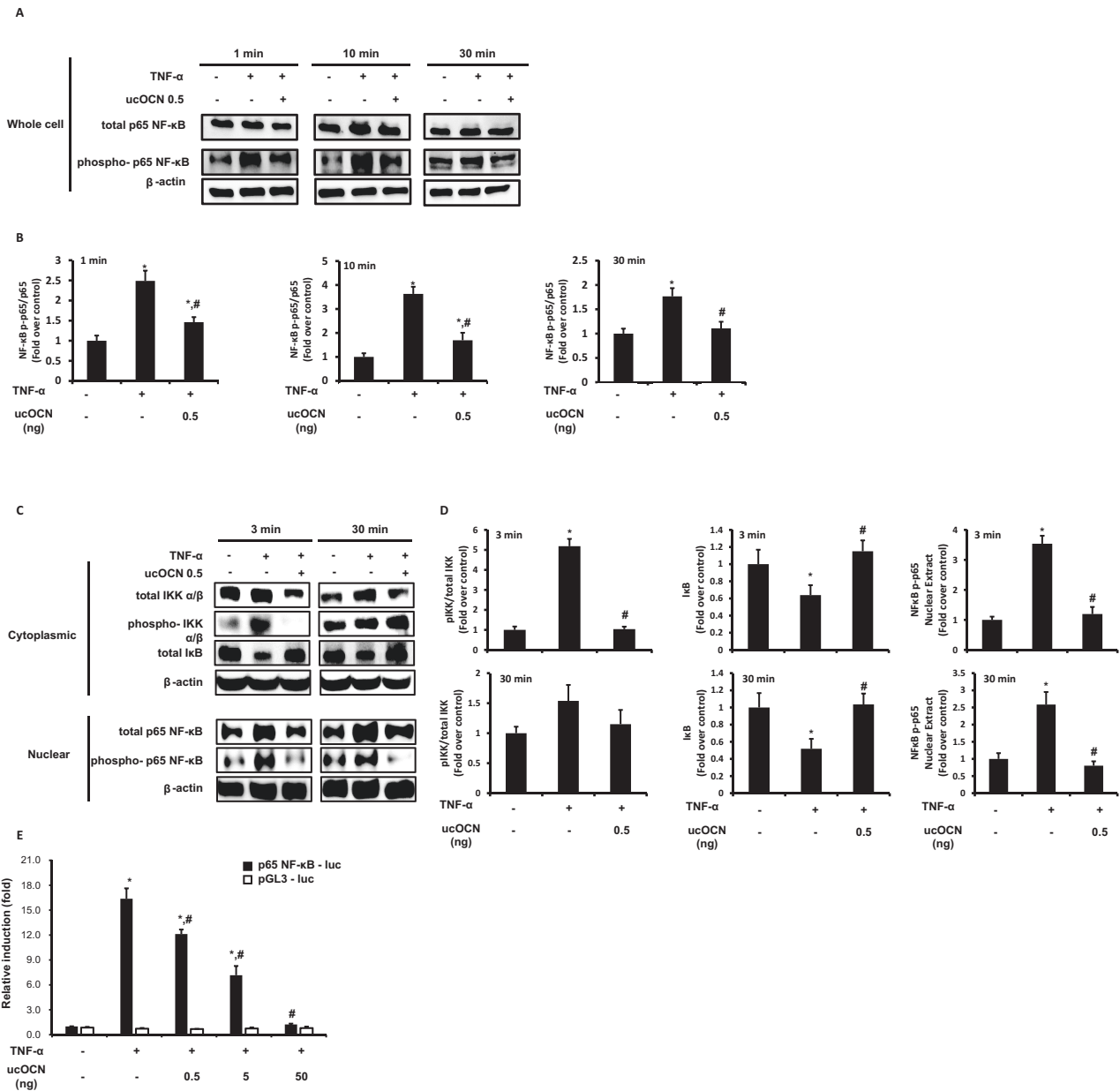


Figure 2. ucOCN inhibits the phosphorylation of TNF- α -mediated transcription factors. (A) C2C12 cells were treated with 10 ng/mL TNF- α and/or 0.5 ng/mL ucOCN for 1, 10 and 30 minutes. The extracted whole lysate was subjected to Western blot and analyzed using anti-p65 NF- κ B antibody or anti-phospho-p65 NF- κ B antibody. (B) Quantification of the Western blot bands. (C) C2C12 cells were treated with 10 ng/mL TNF- α and/or 0.5 ng/mL ucOCN. After 3 and 30 minutes, cytoplasmic and nuclear fraction lysates were extracted, and the expression of each antibody was analyzed using Western blot. (D) Quantification of the Western blot bands. (E) HEK 293 cells were transfected with pGL3 (control vector) or p65 NF- κ B expression plasmids. After 24 hours, cells were treated with 10 ng/mL TNF- α and/or 0.5, 5, and 50 ng/mL ucOCN for 15 minutes. Subsequently, luciferase activity was measured. The resulting value is presented as firefly luciferase activity in comparison to the activity of Renilla. * $P < 0.05$ compared to p65 NF- κ B-luc without TNF- α /ucOCN groups; # $P < 0.05$ compared to p65 NF- κ B-luc with TNF- α groups.

siRNA. However, the knockdown of GPRC6A did not reverse the anti-inflammatory effect of ucOCN on IL-1 β expression at either the mRNA or protein level (Fig. 5B and C).

CRISPR/CAS9-mediated deletion of GPRC6A in C2C12 showed the same result. We performed GPRC6A gene editing using the CRISPR/Cas9 system in order to knockout GPRC6A expression in C2C12 (Fig. 6A). To confirm the efficiency of intracellular GPRC6A receptor knockout, Western blot analysis was performed using an anti-GPRC6A antibody (Fig. 6B). The deletion of GPRC6A did not reverse the anti-inflammatory effect of ucOCN on IL-1 β expression at either the

mRNA or protein level (Fig. 6C). These data suggest that the GPRC6A receptor does not transduce the OCN signal during inflammatory signaling in C2C12 cells (Fig. 6A). Interestingly, GPRC6A itself seemed to regulate TNF- α -induced IL-1 β expression, regardless of the treatment with ucOCN. TNF- α -induced IL-1 β expression was inhibited by knockdown or deletion of GPRC6A itself (Figs. 5B-5C and 6C). The anti-inflammatory effect of ucOCN was not significantly affected by the presence of GPRC6A, as observed when comparing the results in GPRC knockdown only or knockout only group and GPRC knockdown or knockout with ucOCN

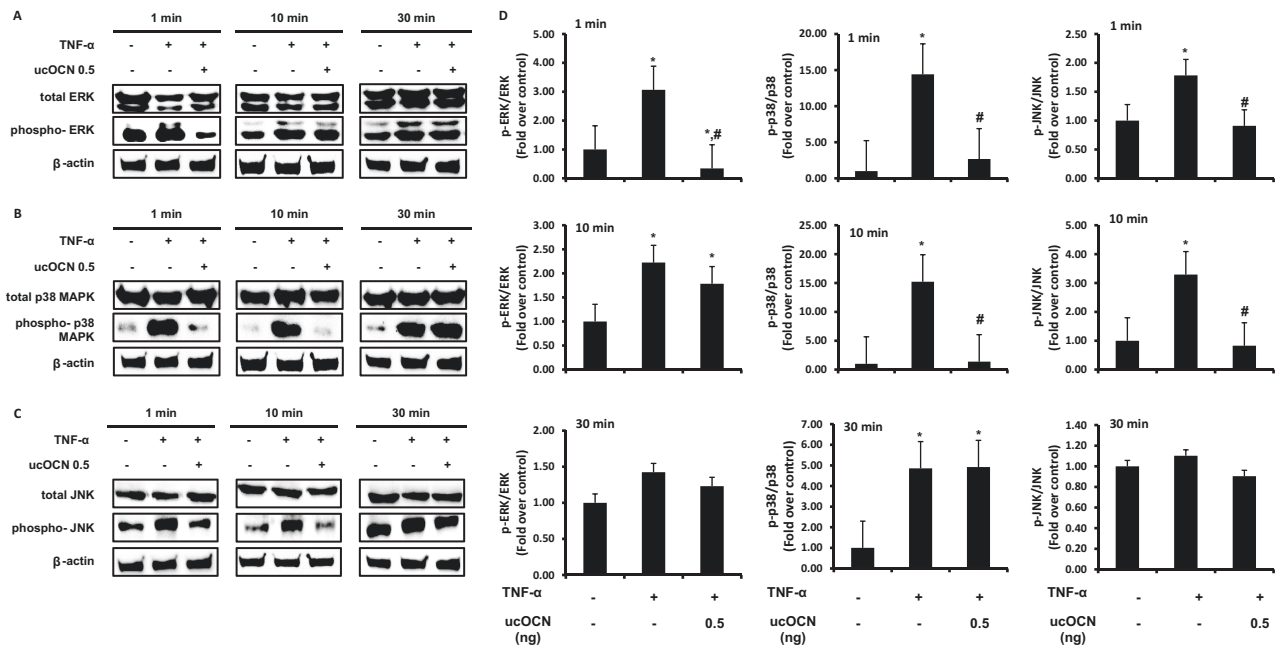


Figure 3. ucOCN inhibits the phosphorylation of TNF- α -mediated transcription factors. (A-C) C2C12 cells were treated with 10 ng/mL TNF- α and/or 0.5 ng/mL ucOCN for 1, 10, and 30 minutes. The extracted whole lysate was subjected to Western blot and analyzed using the anti-ERK antibody, anti-phospho-ERK antibody, anti-p38 MAPK antibody, anti-phospho-p38 MAPK antibody, anti-JNK antibody, or anti-phospho-JNK antibody. The blots were stripped and re-probed to visualize different proteins. (D) Quantification of the Western blot bands.

treatment group. Taken together, the GPRC6A receptor present in the C2C12 cells is not involved in the role of ucOCN-mediated inflammation regulation.

ucOCN Is Localized to the Cytoplasmic Region in C2C12 Cells

We investigated the subcellular localization of ucOCN protein over time in C2C12 cells using an anti-ucOCN antibody. As shown in Figs. 7A and 7B, ucOCN cytoplasmic localization started at 5 minutes after ucOCN treatment and was maintained by 15 minutes. Cells were incubated with genistein (caveolae-mediated endocytosis inhibitor) or Pitstop2 (clathrin-mediated endocytosis inhibitor) for 15 minutes to identify the ucOCN endocytosis pathway. As shown in Fig. 7C, Pitstop2 pretreated cells were localized inside the cytoplasm, which is the same as untreated cells. However, the ucOCN cytoplasmic localization was obviously inhibited by genistein. Colocalization of caveolae and ucOCN were observed under the stimulation of ucOCN treatment (Fig. 7D).

These results suggest that ucOCN was internalized and acted as an anti-inflammatory regulator when present in the cytoplasmic region. In addition, data indicate that ucOCN cytoplasmic localization is involved with caveolae-mediated endocytosis and is independent of the clathrin-mediated endocytic pathway.

Discussion

Our primary hypotheses that undercarboxylated osteocalcin (ucOCN) suppresses TNF- α -induced inflammatory responses and that GPRC6A mediates this inflammation regulatory function of ucOCN were set based on the following reasoning: 1) several clinical and animal studies show an inverse relationship between the serum level of ucOCN and chronic inflammation [26-30, 50, 51]; 2) GPRC6A is mainly expressed

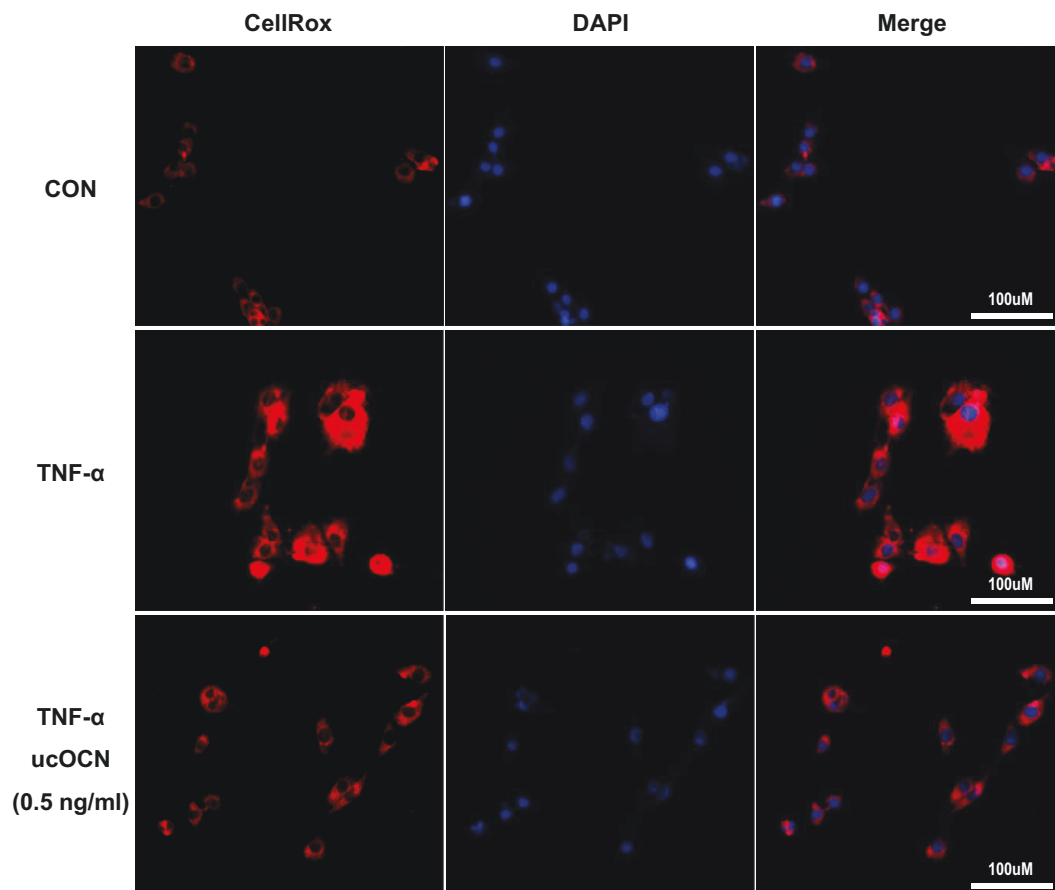
in myocytes; and 3) GPRC6A-mediated ucOCN signaling has been demonstrated in skeletal muscles as well as adipose, pancreas, and testes [52-54]

We demonstrated that ucOCN inhibits TNF- α -induced expression of pro-inflammatory cytokines, including IL-1 β , in an NF κ B- and MAPK-dependent manner in myoblasts. Our data revealed that GPRC6A is not the receptor that transduces OCN signaling that mediates anti-inflammatory signaling in C2C12 cells. To our knowledge, this is the first study to demonstrate the regulatory role of osteocalcin in the inflammatory response in myoblastic cells and investigating the sensing receptor that transduces OCN signaling during inflammatory signaling in C2C12 cells.

In the present study, we explored the intracellular anti-inflammatory signaling mechanisms of ucOCN in TNF- α -stimulated C2C12 cells. ucOCN suppressed the activities of multiple TNF- α -stimulated transcriptional effectors, including NF- κ B and MAPKs such as p38.

In C2C12 cells, TNF- α -induced increase in IL-1 β expression was significantly mitigated by ucOCN (Fig. 1). Upon stimulation by inflammatory cytokines such as TNF- α , the NF- κ B signaling pathway is activated [55]. Therefore, as a result of confirming the p65 NF- κ B pathway in the cytoplasmic and nuclear site, it was determined that ucOCN inhibits nuclear translocation of p65 NF- κ B (Fig. 2). Elk-1 is a downstream transcription factor that is activated by ERK-dependent phosphorylation and causes transcriptional activation of target genes in the nucleus [56]. p38 MAPK activates its downstream effector, the activating transcription factor 2 (ATF2). ATF2 transcriptional activity can be regulated in response to various stimuli, such as genotoxic agents, serum, and ionizing radiation, via phosphorylation of Thr69 and Thr71 residues by p38 MAPK and JNK [57, 58]. Activation of JNK induces the phosphorylation of c-Jun at residues Ser63 and Ser73 and inhibits ubiquitination and

A



B

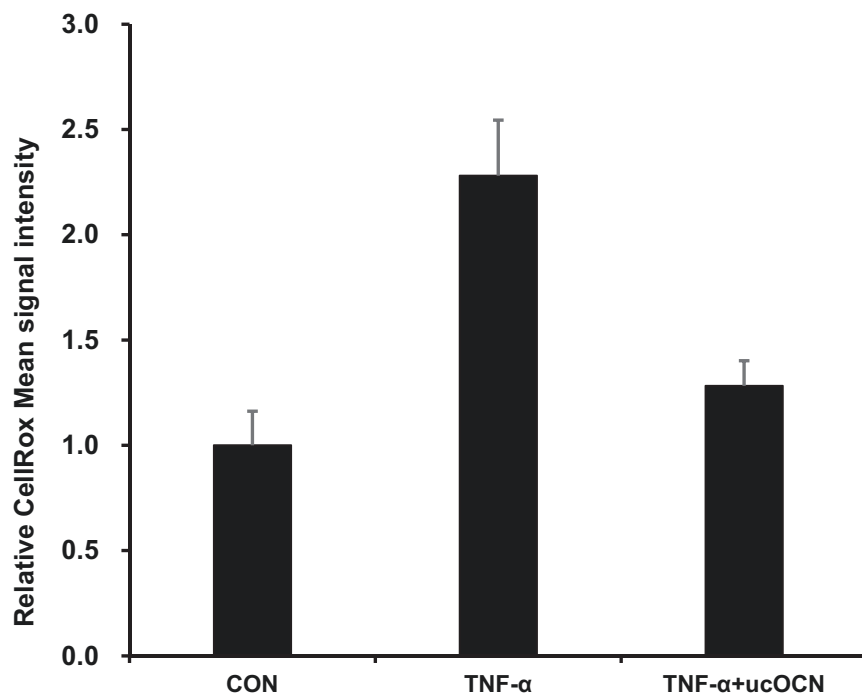


Figure 4. ucOCN mitigates the TNF- α -induced production of reactive oxygen species (ROS). (A) Measurement and (B) quantification of intracellular ROS levels with CellROX Orange staining. Cells were treated with 10 ng/mL TNF- α for 8 hours, with (lower panels) or without (middle panels) pretreatment with 0.5 ng/mL ucOCN for 30 minutes. Untreated control cells are shown in the upper panels. Nuclear staining is shown in blue. Scale bar 100 μ m.

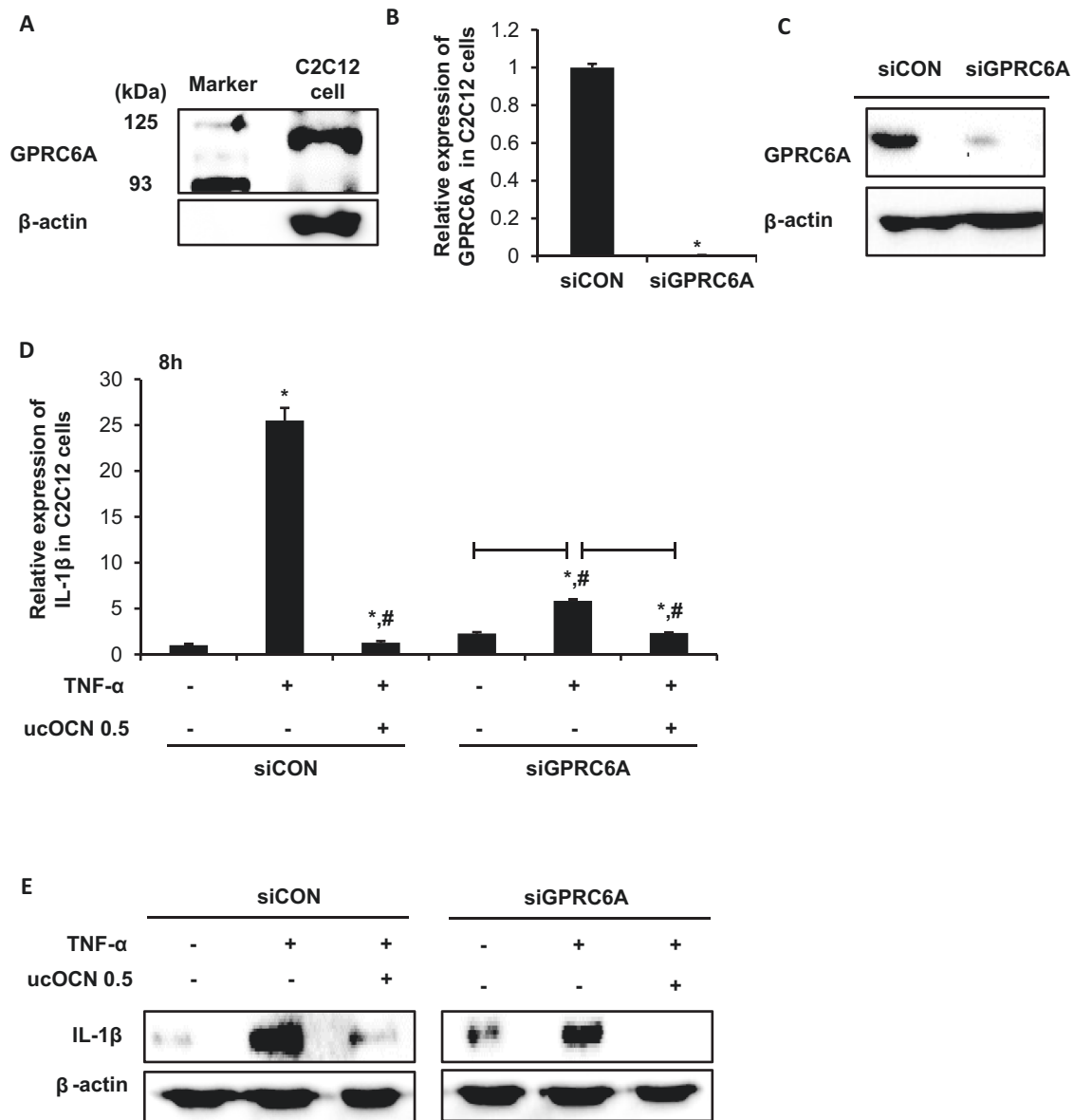


Figure 5. GPRC6A knockdown does not restore ucOCN-mediated IL-1 β downregulation. (A) Western blot analysis was performed to determine the expression of GPRC6A using the whole lysate in C2C12 cells. (B, C) The C2C12 cells were transfected with nontargeting control siRNA (siCON) or siRNA targeting Gprc6a (siGPRC6A). The efficiency of GPRC6A knockdown was confirmed by quantitative RT-PCR and Western blot analysis. (D-E) C2C12 cells transfected with siCON or siGPRC6A were incubated with TNF- α (10 ng/mL) and/or ucOCN (0.5 ng/mL) for 8 hours. The effect of GPRC6A knockdown on mRNA and protein levels corresponding to IL-1 β was analyzed using quantitative real-time PCR and Western blot, respectively. The data represent the mean \pm SD of triplicates. * P < 0.05 compared to siCON-transfected cells without treatment; # P < 0.05 compared to siCON-transfected cells with TNF- α treatment; Brackets show a significant difference (P < 0.05) between indicated groups.

degradation of c-Jun [59-62]. As shown in Fig. 3, ucOCN blocked ERK, MAPK, and JNK phosphorylation; among the MAPK signaling pathways, p38 MAPK activation was most prominently suppressed by ucOCN treatment (Fig. 3). ucOCN also blocked the phosphorylation of Elk-1, ATF2, and c-Jun that mediate their anti-inflammatory effects. Although the ERK, p38, JNK, and NF- κ B signals were partially regulated by ucOCN, further studies are needed to determine the time difference required for the regulation of each inflammatory factor or the degree of suppression.

Accumulating studies have demonstrated the osteocalcin signaling pathway and its transcriptional effector in various cell types. Zhou et al reported the p65-NF κ B-dependent osteocalcin signaling pathway in vascular tissues,

demonstrating that osteocalcin reverses obesity-induced endoplasmic reticulum stress and autophagic dysfunction [63]. The ERK (Gq pathway)-dependent osteocalcin signaling pathway was implicated in a GPRC6A transfected HEK 293 study conducted by Pi et al [64]. In contrast, Jacobsen et al showed that osteocalcin does not induce the activation of the ERK signaling pathway or any of the other G-protein signaling pathways that were tested in the GPRC6A-transfected Chinese hamster ovary cell line [65]. The Karsenty group has reported that osteocalcin does not induce the activation of the ERK pathway in TM3 Leydig cells. Rather, they showed that osteocalcin leads to cyclic AMP (cAMP) accumulation (Gs coupling) in TM3 Leydig cells [66]. The Quarles group also reported that 4 GPRC6A

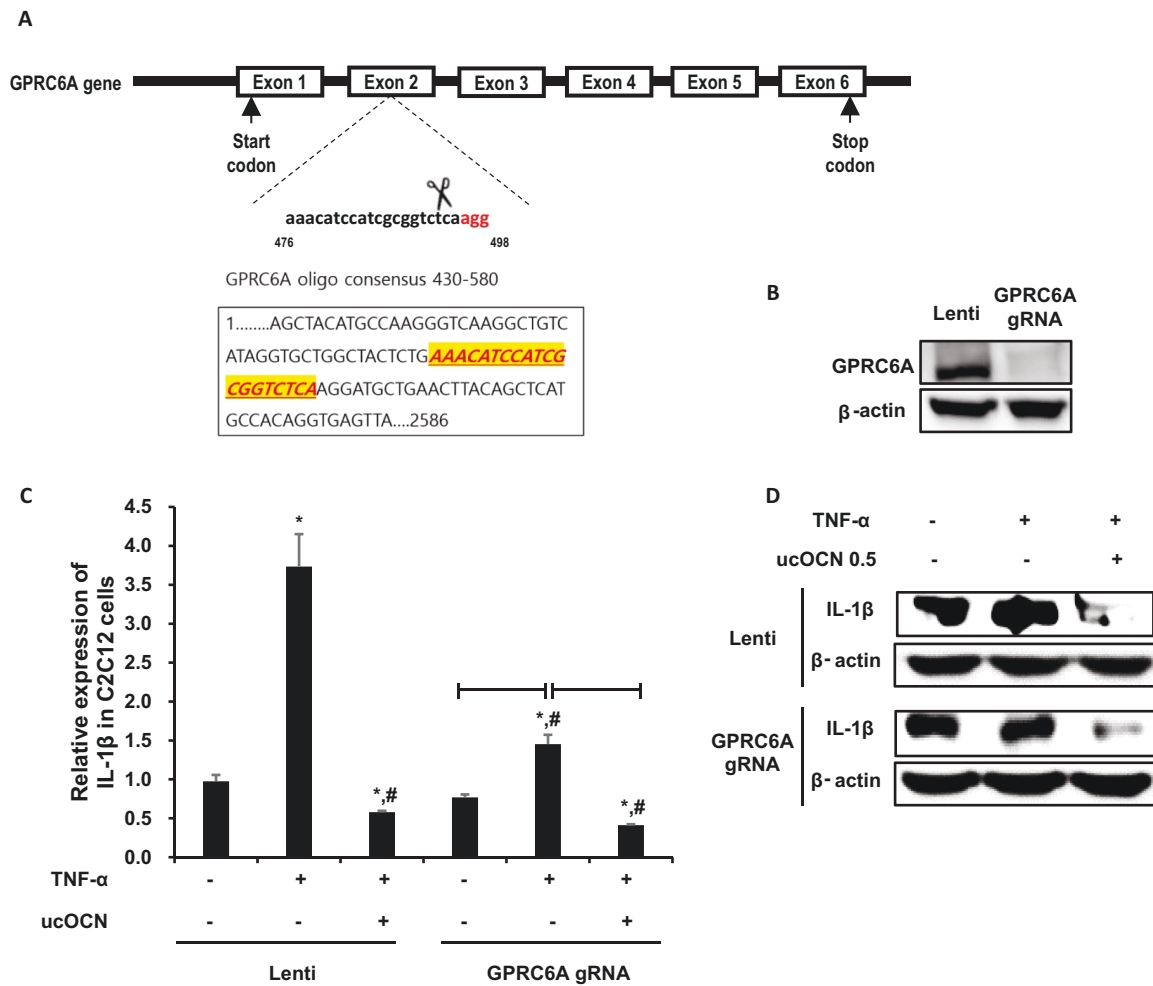


Figure 6. GPRC6A knockout does not restore ucOCN-mediated IL1 β downregulation. (A) Schematic illustration of the CRISPR/CAS9 system design. The highlighted bar shows the nucleotide sequences of the gRNA/cas9 (476-495). (B) The efficiency of CRISPR/Cas9-driven GPRC6A knockout was confirmed using Western blot. β -actin was used as a loading control. (C) After treatment with 10 ng/mL of TNF- α with or without ucOCN pretreatment, the effect of GPRC6A knockout on mRNA and protein levels corresponding to IL-1 β was analyzed using quantitative real-time PCR and Western blot, respectively. The data represent the mean \pm SD of triplicates. * $P < 0.05$ compared lentiCON-transfected cells without TNF- α treatment; # $P < 0.05$ compared to lentiCON-transfected cells with TNF- α treatment; Brackets show a significant difference ($P < 0.05$) between indicated groups.

agonists (osteocalcin, testosterone, L-arginine, and divalent cations) can induce G coupling by showing cAMP accumulation in GPRC6A-transfected HEK 293 cells [49, 67]. Our laboratory [36] demonstrated that ucOCN downregulates pancreatic lipase expression in a cAMP/PKA/ATF4-dependent pathway, indicating Gs coupling in pancreatic acinar cells. In myofibers, the CREB pathway has been reported as a mediator of osteocalcin signaling; CREB phosphorylation in myotubes is weaker after exercise, which was demonstrated using muscle-specific GPRC6A knockout mice [68]. In the present study, we demonstrated that ucOCN simultaneously inhibited the activities of TNF- α -stimulated multiple inflammatory regulators, including NF- κ B, MAPKs such as JNK, p38, and ERK. Furthermore, ucOCN significantly suppressed ROS production, which implies that it may play a role in cellular antioxidant defense. These observations establish that osteoblasts and muscle cells are closely connected in various ways to regulate inflammatory reactions. Although ucOCN can exert effects on multiple pathways, the direct targets of ucOCN should be explored further in the future. In the present study, we explored the intracellular anti-inflammatory signaling mechanisms of OCN in conjunction with

the TNF- α -induced signaling pathway in C2C12 cells. Thus, further studies are also needed to explore the direct targets of ucOCN, regardless of TNF- α stimulation.

Interestingly, TNF- α -induced IL-1 β expression was significantly increased by treatment with 50 ng/mL ucOCN temporarily at 24 hours; however, this increase was suppressed at 48 hours (Fig 1). We conducted this experiment several times to confirm the reproducibility and the aspect of high ucOCN (50 ng) regulation on IL-1 β mRNA expression at 24 hours seemed somewhat inconsistent. In most of the data, TNF- α -induced IL-1 β mRNA expression was significantly suppressed with ucOCN 50 ng treatment, as shown in 8-hour and 48-hour time points, but sometimes an expression increment (or no suppression) was observed (25% out of total experiment cases to test reproducibility). It is conjectured that high concentration (50 ng) ucOCN does show oscillation in regulating TNF- α -induced IL-1 β mRNA expression in C2C12 cells.

Our results showed that ucOCN suppressed TNF- α -induced pro-inflammatory cytokine expressions. However, both knockdown and knockout of GPRC6A receptor did not reverse the anti-inflammatory effect of ucOCN on IL-1 β

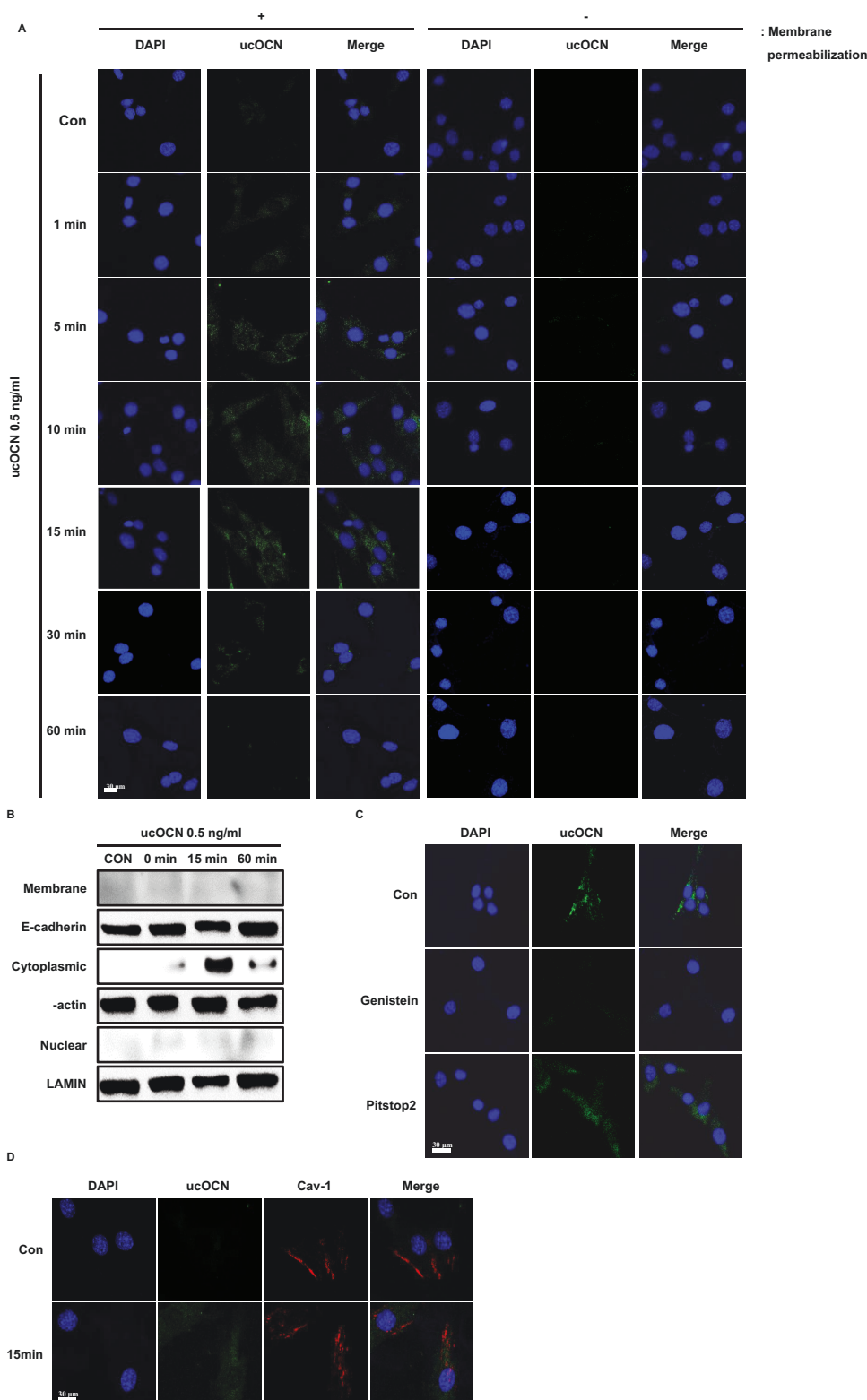


Figure 7. Time-dependent subcellular localization following ucOCN stimulation in C2C12 cells. (A) Time-dependent subcellular localization after ucOCN stimulation in C2C12 cells. C2C12 cells were grown on sterile cover glasses placed in 24-well culture dishes and stimulated with 0.5 ng/mL of ucOCN for the indicated times. Subcellular localization of ucOCN was confirmed using an anti-ucOCN antibody and an Alexa Fluor 488-conjugated goat anti-Mouse IgG H&L antibody. Cell nuclei were stained with DAPI solution (blue). (B) CON groups were treated with DMEM containing 10% FBS without ucOCN. Other groups were treated with 0.5 ng/mL ucOCN in DMEM containing 5% FBS for the indicated times. Proteins were extracted from cell membranes and the cytoplasmic and nuclear fractions. The extracted proteins were subjected to Western blot and analyzed using an anti-ucOCN antibody. (C) C2C12 cells were incubated with 200 μ M Genistein (caveolae-mediated endocytosis inhibitor) or 20 μ M Pitstop2 (clathrin-mediated endocytosis inhibitor) for 15 minutes and then treated with 0.5 ng/mL ucOCN for 15 minutes. ucOCN localization was analyzed by immunocytochemical analysis. Green fluorescence signal indicates ucOCN and DAPI staining was used as a nucleus counterstain. (D) Subcellular localization of ucOCN and Cav-1 (caveolin-1: caveolae-mediated endocytosis marker) were analyzed by confocal microscopy.

expression at either the mRNA or protein level, suggesting that the GPRC6A receptor present in the C2C12 cells is not involved in the role of ucOCN-induced inflammation regulation. In addition, as shown in Fig. 7, ucOCN localized to the cytoplasm in caveolae-mediated endocytic pathway. These results suggest that ucOCN was internalized in an intact form or as a bound form and also propose the possibility of the presence of new target proteins in the cell membranes and/or in the cytoplasm for interaction with ucOCN in C2C12 cells.

The endocrine paradigm implying that OCN activates a widely expressed G protein-coupled receptor, GPRC6A to exert its endocrine function is supported by recent reports [34]. Although class C GPCRs, also called “nutrient receptors,” are activated by numerous ligands, some studies do not show consistency in osteocalcin activation by class C GPCRs, including GPRC6A. In Chinese hamster ovary (CHO) cells, osteocalcin did not activate the GPRC6A-mediated signaling pathway [65]. Jacobsen et al demonstrated the internalization and constitutive recycling of GPRC6A in CHO cells; however, these events were not directly associated with the ligand-mediated signaling pathway. In addition, Oury et al [66] reported that osteocalcin signaling is not specifically mediated by GPRC6A in Leydig cells. Importantly, previous results obtained with GPRC6A-deficient mouse models are not consistent with respect to GPRC6A mediated signaling in glucose homeostasis [32, 69]. In addition to GPRC6A, an orphan class C G protein-coupled receptor (GPCR) Gpr158, which is expressed in the neurons of the hippocampal CA3 region, has been introduced as another osteocalcin-sensing receptor. Khramian et al [70] reported that Gpr158 mediates ucOCN-based regulation of cognitive function and memory. We also conducted studies to identify the ucOCN binding target protein concerning anti-inflammatory effect in myoblasts using biotin tag and liquid chromatography-tandem mass spectrometry (LC-MS/MS) methodology and found that GPR158 also is not an ucOCN-sensing receptor in myoblast (data not shown here). Further studies are required to identify additional osteocalcin-sensing receptors recognized by various cell types.

Interestingly, GPRC6A itself seems to regulate TNF- α -induced IL-1 β expression, regardless of ucOCN treatment. TNF- α -induced IL-1 β expression was inhibited by knockdown or deletion of GPRC6A.

Quandt et al have reported a significant decrease in Alum-induced IL-1 β expression in GPRC6A^{-/-} mice, suggesting that GPRC6A itself may mediate inflammatory signaling. However, the levels of IL-6 and TNF- α were not significantly affected, as demonstrated by ELISA [71]. Rossol et al demonstrated that extracellular Ca²⁺ acts as a signal that activates the NLRP3 inflammasome via GPRC6A. They also showed that under in vivo conditions, increased calcium concentrations can amplify the inflammatory response in a mouse model of carrageenan-induced footpad swelling. This effect was inhibited in GPRC6A^{-/-} mice [72]. In the present study, the increase in TNF- α induced IL-1 β expression was observed in the siGPRC6A group; however, the increment was not as high as that in the siCON group (5.8-fold vs 25.5-fold) (Fig. 5B). Moreover, in the group with GPRC6A receptor deficiency or deletion, a significant increase in TNF- α -induced IL-1 β expression was not detected at the protein level. Since ucOCN (0.5 ng/mL) reduced the TNF- α -induced IL-1 β expression to the control group baseline level, we could not confirm the additive or synergistic effect of GPRC6A in the ucOCN treatment group (Figs. 5C

and 6C). Beyond our results showing that GPRC6A is not the ucOCN-sensing receptor with respect to the ucOCN-mediated anti-inflammatory signaling pathway in C2C12 cells, further studies investigating the role of GPRC6A itself as an inflammatory mediator and the inhibition of GPRC6A as another anti-inflammatory mechanism is justified.

Besides the endocrine role of OCN in regulating glucose and energy metabolism and male fertility, ucOCN signaling also correlates with cognitive function and anxiety regulation in the brain. Previous studies have shown that ucOCN^{-/-} adult mice frequently show a spatial cognitive decline, memory deficits, and anxiety behavior. The hippocampal area is smaller and the corpus islet area is often missing in ucOCN^{-/-} adult mice. In addition, the acquisition of cognitive function and brain development of offspring is affected by maternal ucOCN [53, 54]. In ucOCN^{-/-} mice, reduced accumulation of dopamine, norepinephrine, and serotonin and increased accumulation of γ -aminobutyric acid have been observed in both the midbrain and brainstem [52]. With respect to ucOCN-mediated regulation of glucose and energy metabolism in muscles, Mera et al reported that chronically administered ucOCN improves the exercise capacity of young mice (3-month-old mice) and restores the exercise capacity in older mice (15-month-old mice) compared with that of young mice [68]. These results demonstrate that ucOCN plays a role in the muscle fibers, promoting the uptake and utilization of glucose and fatty acids, which contribute to muscle adaptation during exercise. Beyond this regulatory role in muscle energy metabolism, our study provides insights into the role of ucOCN in the inflammatory response in myoblastic cells.

In summary, circulating ucOCN suppressed inflammatory factor expression via the inhibition of the TNF- α -mediated downstream signaling pathway. GPRC6A did not mediate the ucOCN inflammation-regulating signaling pathway in C2C12 cells. This result is indicative of another endocrine and physiological role of the skeletal system. The results of the present study could be applied for the development of novel, bio-derived molecule-based drugs that mitigate the expression of various musculoskeletal inflammatory factors.

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Disclosures

None.

Data Availability

Original data generated and analyzed during this study are included in this published article or in the data repositories listed in References.

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