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# Interferon Gamma Induces Reversible Metabolic Reprogramming of M1 Macrophages to Sustain Cell Viability and Pro-Inflammatory Activity



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Feilong Wang <sup>a</sup>, Song Zhang <sup>a</sup>, Ryounghoon Jeon <sup>a</sup>, Ivan Vuckovic <sup>a</sup>, Xintong Jiang <sup>c</sup>, Amir Lerman <sup>a</sup>, Clifford D. Folmes <sup>b</sup>, Petras D. Dzeja <sup>a</sup>, Joerg Herrmann <sup>a,\*</sup>

<sup>a</sup> Department of Cardiovascular Diseases, Mayo Clinic, Rochester, MN, United States

<sup>b</sup> Mayo Clinic, Scottsdale, AZ, United States

<sup>c</sup> Karolinska Institutet, Stockholm, Sweden

#### ARTICLE INFO

Article history: Received 12 September 2017 Received in revised form 25 January 2018 Accepted 9 February 2018 Available online 13 February 2018

Keywords: Immunometabolism Inflammation Interleukin-1 beta Interferon gamma Macrophage

# ABSTRACT

Classical activation of M1 macrophages with lipopolysaccharide (LPS) is associated with a metabolic switch from oxidative phosphorylation to glycolysis. However, the generalizability of such metabolic remodeling to other modes of M1 macrophage stimulation, e.g. type II interferons (IFNs) such as IFN $\gamma$ , has remained unknown as has the functional significance of aerobic glycolysis during macrophage activation. Here we demonstrate that IFN $\gamma$  induces a rapid activation of aerobic glycolysis followed by a reduction in oxidative phosphorylation in M1 macrophages. Elevated glycolytic flux sustains cell viability and inflammatory activity, while limiting reliance on mitochondrial oxidative metabolism. Adenosine triphosphate (ATP) distributed by aerobic glycolysis is critical for sustaining IFN- $\gamma$  triggered JAK (Janus tyrosine kinase)-STAT-1 (Signal Transducer and Activator of Transcription 1) signaling with phosphorylation of the transcription factor STAT-1 as its signature trait. Inhibition of aerobic glycolysis not only blocks the M1 phenotype and pro-inflammatory cytokine/chemokine production in murine macrophages and also human monocytes/macrophages. These findings extend on the potential functional role of immuno-metabolism from LPS- to IFN $\gamma$ -linked diseases such as atherosclerosis and autoimmune disease.

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## 1. Introduction

The observation that cancer cells utilize aerobic glycolysis despite sufficient oxygen availability was first reported by Otto Warburg in 1923 (Warburg, 1923). Since then this phenotype has been observed in a number of highly proliferative cell types (Hsu and Sabatini, 2008; Vander Heiden et al., 2009). Moreover, it has recently been described that classically (lipopolysaccharide (LPS)) stimulated macrophages also display a Warburg metabolic phenotype (Tannahill et al., 2013; Palsson-McDermott et al., 2015; Yang et al., 2014; Mills et al., 2016). Macrophages are critical for both innate nonspecific host defense and the adaptive specific immune response (Akira et al., 2006), which broadly impacts diverse disease entities. Accordingly, glucose metabolism and aerobic glycolysis specifically may be of significance not only for LPS-linked infectious disease processes, but also interferon (IFN)  $\gamma$ -linked disease processes such as atherosclerosis and autoimmune diseases (McLaren and Ramji, 2009; Galkina and Ley, 2009, Shirai et al., 2016). This is of relevance as a "switch" from oxidative phosphorylation (OXPHOS) to aerobic glycolysis is not only a hallmark of T cell activation but required for T cell effector functions such as IFN- $\gamma$  production (Chang et al., 2013; Peng et al., 2016). Of interest, while type II IFNs are known to lead to classical M1 macrophages, it is less well known if they induce a metabolic switch similar to LPS. Importantly, type I IFNs such as IFN- $\alpha$  have been shown induce alternative changes in the cellular metabolism of plasmacytoid dendritic cells consisting of increased fatty acid oxidation and OXPHOS (Wu et al., 2016).

Macrophages are not one homogenous cell population; in fact, various subtypes have been identified. The classical distinction is between the so-called classically activated M1 subtype and the so-called alternative activated M2 subtype, each with a seemingly different metabolic response to activation (Galván-Peña and O'Neill, 2015; Rodríguez-Prados et al., 2010). M1 macrophages rely on glycolysis (Tannahill et al., 2013; Palsson-McDermott et al., 2015; Yang et al., 2014; Mills et al., 2016), whereas M2 macrophages obtain energy from OXPHOS (Vats et al., 2006; Haschemi et al., 2012). Interestingly, the switch to aerobic glycolysis in M1 macrophages is accompanied by alterations in mitochondrial tricarboxylic acid (TCA) cycle activity leading to metabolite accumulation and increase in mitochondrial reactive oxygen species (ROS) production. This metabolic phenotype is associated with activation of

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<sup>\*</sup> Correspondence author at: Department of Cardiovascular Diseases, Mayo Clinic, 200 First Street SW, Rochester, MN 55905, United States.

E-mail address: herrmann.joerg@mayo.edu (J. Herrmann).

hypoxia inducible factor-1 $\alpha$  (HIF-1 $\alpha$ )-responsive gene expression including those encoding for pro-inflammatory cytokines such as interleukin (IL)-1 $\beta$  (Liu et al., 2016; Tannahill et al., 2013; Mills et al., 2016). However, why macrophages switch to aerobic glycolysis, an energetically less efficient mode of metabolism, is likewise incompletely understood.

Here we report that IFN- $\gamma$  increases aerobic glycolysis within minutes, followed by a decline in OXPHOS after several hours. This metabolic reprogramming is reversible, independent of nitric oxide (NO) production and alterations in mitochondrial TCA cycle metabolite accu-

# 2. Materials and Methods

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mulations. The metabolic switch allows for M1 macrophages to tolerate a reduction in mitochondrial adenosine triphosphate (ATP) production, and even more, it allows for mitochondrial ROS production, which stabilizes HIF-1 $\alpha$  and contributes to the inflammatory response. Furthermore, intracellular glycolytic ATP is critical for the phosphorylation and pro-inflammatory activity of Signal Transducer and Activator of Transcription 1 (STAT-1) in the activation loop of the Janus tyrosine kinase (JAK)-STAT-1 pathway after IFN- $\gamma$  stimulation. Finally, glycolysis inhibition not only blocked the M1 phenotype in murine cell lines but also in human monocytes and macrophages.

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	Natural Streptolysin O (Hemolytic streptococcus) protein	Abcam	Cat# ab63978			
IAK inhibitor I EMD Millipore Cat# 420097	JAK inhibitor I	EMD Millipore	Cat# 420097			
7-AAD Viability Staining Solution BioLegend Cat# 420403	7-AAD Viability Staining Solution	BioLegend	Cat# 420403			
MitoSOX™ Red Mitochondrial Superoxide Indicator Thermo Fisher Scientific Cat# M36008	MitoSOX™ Red Mitochondrial Superoxide Indicator	Thermo Fisher Scientific	Cat# M36008			
Fluoroshield Mounting Medium With DAPIAbcamCat# ab104139	Fluoroshield Mounting Medium With DAPI	Abcam	Cat# ab104139			
Ficoll-Paque PLUSGE Healthcare Life SciencesCat# 17-1440-03	Ficoll-Paque PLUS	GE Healthcare Life Sciences	Cat# 17-1440-03			
Critical commercial assays						
Proteome Profiler Mouse Cytokine Array Kit R&D systems Cat# ARY006	Proteome Profiler Mouse Cytokine Array Kit	R&D systems	Cat# ARY006			
Proteome Profiler Human Cytokine Array Kit R&D systems Cat# ARY005B	Proteome Profiler Human Cytokine Array Kit	R&D systems	Cat# ARY005B			
Avidin/Biotin Blocking Kit Vector Laboratories Cat# SP-2001	Avidin/Biotin Blocking Kit	Vector Laboratories	Cat# SP-2001			
A I P ASSAY KIT MYBIOSOURCE Cat# MBS841498	ATP assay Kit	мувюропсе	Cat# MBS841498			

#### (continued)

Reagent or resource	Source	Identifier	
Lactate Colorimetric/Fluorometric Assay Kit	BioVision	Cat# K607-100	
Deproteinizing Sample Preparation Kit	BioVision	Cat# K808-200	
ADP/ATP Ratio Assay Kit	Sigma-Aldrich	Cat# MAK135	
Griess Reagent Kit	Thermo Fisher Scientific	Cat# G-7921	
XTT Cell Viability Kit	Cell Signaling Technology	Cat# 9095	
Deposited data			
NMR spectral data			
Experimental models: cell lines			
RAW 264.7	ATCC	Cat# ATCC® TIB-71™	
Human monocytes	Mayo clinic	N/A	
Experimental models: organisms/strains			
C57BL/6J mice	The Jackson Laboratory	Cat# 000664	
Human carotid plaque	Mayo clinic	N/A	
Software and algorithms			
GraphPad Prism	GraphPad Software (version 7)	https://www.graphpad.	
		com/scientific-software/prism/	
BD CellQuest™ Pro (Version 6.0)	BD Biosciences	https://www.bdbiosciences.	
		com/documents/15_cellquest_prosoft_analysis.pdf	

# 3. Experimental Model and Subject Details

# 3.1. Mouse Strains

Female wild-type C57BL/6J mice, 8–12 weeks of age, were used in this study. The mice were bred and maintained under pathogen free conditions under a protocol approved by the Mayo Clinic Institutional Animal Use and Care Committee (IACUC).

## 3.2. Bone Marrow Derived Macrophages Isolation

Bone marrow-derived macrophages (BMDMs) were isolated from mice as previously described (Zhang et al., 2008). Briefly, bone marrow cells were flushed out from femur and tibia, resuspended and then grown in RPMI 160 (10% FBS and 1% penicillin and streptomycin) containing 10 ng/ml M-CSF. Fresh growth medium was added on day 3. Macrophages were harvested on day 7 and replated for further experimentation. All animal experiments were performed with Mayo Clinic Institutional Animal Use and Care Committee (IACUC) approval.

#### 3.3. Raw264.7 Culture

Mouse leukemic monocyte/macrophage cell line (Raw264.7) was purchased from ATCC. Raw264.7 cells were cultured in high glucose DMEM containing 10% FBS and 1% penicillin and streptomycin.

Both BMDMs and RAW264.7 were used at  $1\times 10^6/\text{ml}$  unless otherwise stated.

#### 3.4. Human Monocytes and Macrophages

Human monocytes/macrophages were derived from patients undergoing carotid endarterectomy. Whole blood was collected at the time of the procedure and processed immediately. Peripheral blood mononuclear cells (PBMCs) were isolated by density gradient centrifugation (Ficoll-Paque, GE) and subsequently incubated in RPMI 160 (10% FBS and 1% penicillin and streptomycin) for 2 h (Zhou et al., 2012). The floating cells were then washed out and remaining adherent cells were treated with or without 2-DG (10 mM) for 1 h, followed by IFN- $\gamma$  stimulation for the indicated time periods. In order to derive human macrophages, monocytes were incubated in medium containing 20 ng/ml recombinant human M-CSF for 7 days. These macrophage were then similarly treated with or without 2-DG (10 mM) for 1 h, followed by IFN- $\gamma$  stimulation for the indicated time periods. These human studies were approved by the Ethical Committee of Mayo Clinic and informed consent was obtained from all subjects.

# 4. Method Details

# 4.1. Macrophage Differentiation

BMDMs and Raw264.7 were plated for 24 h before the experiments. The cells were then stimulated with LPS or IFN- $\gamma$  for 18–24 h to induce M1 macrophages. A concentration of 100 ng/ml was used for both, LPS and IFN- $\gamma$ . For the recombinant IFN- $\gamma$  used in this study, endotoxin level was of <0.10 EU per 1 µg of the protein, i.e. it was undetectable by the LAL method.

In order to derive human macrophages, monocytes from peripheral blood were incubated in medium containing 20 ng/ml recombinant human M-CSF for 7 days. Macrophages were then stimulated with 100 ng/ml human IFN- $\gamma$  for the indicated time periods.

## 4.2. Metabolism Assay

ECAR and OCR of BMDMs were analyzed with an XF-24 Extracellular Flux Analyzer (Seahorse Bioscience) as described (Chang et al., 2013; Everts et al., 2014). For the real-time measurements, BMDMs were switched to seahorse media containing glucose, galactose or glucose plus different reagents (10 Mm 2-DG or 5 mM L-NAME) and incubated for 1 h. ECAR and OCR were measured 3–4 times at baseline and kinetics were recorded for the indicated times after injection with the different stimulators. For the endpoint measurements, BMDMs were stimulated in culture medium containing glucose or galactose, and other agents as indicated. After 24 h of stimulation with IFN- $\gamma$ , BMDMs were switched to seahorse media containing either glucose or galactose and analyzed with the XF-24 Extracellular Flux Analyzer.

Metabolite levels were analyzed by NMR spectroscopy.  $6 \times 10^6$  BMDMs in 10 ml culture medium were seeded in 100 mm petri dishes. These cells were stimulated with IFN- $\gamma$  in the presence of glucose or galactose for 24 h. Cells were then rinsed with saline three times, quenched by adding 0.6 M HClO4 solution and finally frozen in liquid nitrogen. After neutralization with 2 M KHCO3 the extracts were spun down and the supernatants were collected.

In 500  $\mu$ L of neutralized cell extract, 100  $\mu$ L of phosphate buffer (pH 7.4) and 50  $\mu$ L 0.1 M solution of TSP-d4 in D<sub>2</sub>O were added. Samples were vortexed for 20 s and transferred to 5 mm NMR tubes. NMR spectra were acquired on a Bruker 500 MHz Avance III HD spectrometer equipped with BBO cryoprobe and SampleCase auto sampler (Bruker Biospin, Rheinstetten, Germany). <sup>1</sup>H NMR spectra were recorded using 1D noesy pulse sequence with presaturation (noesygppr1d), with 90° pulse (~13  $\mu$ s), 4.68 s acquisition time, and 4 s relaxation delay. Spectra were referenced and phase and baseline corrected using the Topspin, version 3.5.

Metabolites were identified and quantified using the software program Chenomx NMR suite 8.2, by fitting the spectral lines of library compounds into the recorded NMR spectrum of the cell extracts. The quantification was based on peak area of TSP-d4 signal, and the metabolite concentrations were reported as µmol/mg protein.

#### 4.3. Cytokines and Chemokines Measurement

The cytokine production from BMDMs after IFN- $\gamma$  stimulation was measured using a mouse cytokine array (ARY006, R&D system) per manufacturer's instructions. Briefly, the cytokine array membranes were incubated with block buffer for 1 h at room temperature. In the meantime, the culture medium of BMDMs with different treatments was mixed with reconstituted cytokine detection antibody cocktail for 1 h. The culture medium was then added to the cytokine array membranes and incubated overnight at 4 °C. The next day, the membranes were washed three times and incubated with streptavidin-HRP for 30 min at room temperature. After washing three more times, the membranes were incubated with Chemi Reagent Mix for 1 min. The cytokines/chemokines expression density was developed by exposing membranes to a standard X-ray film.

#### 4.4. Flow Cytometry

BMDMs were seeded in 24-well plate and stimulated with IFN- $\gamma$  for 24 h in the presence of different reagents. Cells were collected by pipetting in PBS with 1 mM EDTA. Cells were then blocked by anti-mouse CD16/32 to reduce unspecific bindings. After incubation with different antibodies on ice for 15–20 min in the dark, cells were washed two times and resuspended in staining buffer. Cells were further stained with 7-AAD to exclude dead cells. Cells were analyzed by flow cytometry immediately. The final analysis only includes 7-AAD negative cells.

## 4.5. Mitochondrial ROS Measurements

Mitochondrial ROS was measured as previously described (West et al., 2011; Xu et al., 2015). Cells were plated in chamber slides (confocal microscope analysis) or 24-well plate (FACS analysis) and stimulated with IFN- $\gamma$  in the presence of glycose or galactose for 24 h. After removal of the culture medium, cells were washed with warmed PBS and then incubated with MitoSOX red (Invitrogen) at 2.5uM for 30mins in phonel red- and serum-free DMEM (Invitrogen) at 37 °C. After washing with warm PBS (37 °C), cells were analyzed under the confocal microscope or by FACS immediately. Unstained cells were processed with same procedure but without stain with MitoSOX red.

#### 4.6. P-STAT-1 Nuclear Translocation

BMDMs were seeded in chamber slides and pre-treatment with or without 2-DG for 1 h. Cells were then stimulated with IFN- $\gamma$  for 30 min, washed with PBS and fixed with ½ methanol and ½ acetone for 15 mins. Blocking steps included Avidin/Biotin blocking kit (SP-2001, Vector) for 30 min followed by 5% normal horse serum in PBST for 30 min before staining. The primary antibody against p-STAT1 (Thermo Fisher 700,349) was prepared in PBST with 5% normal horse serum and incubated at 4 °C overnight; the fluorochrome-conjugated secondary antibody was incubated for 1 h. DAPI was used for nuclei staining. Images were analyzed using a laser scanning confocal microscope.

#### 4.7. Lactate and ATP/ADP Ratio Measurements

Lactate production was measured by a commercial lactate assay kit (K607-100, BioVision) according to the manufacturer's instructions. Briefly, fresh supernatant of BMDMs with various treatments was collected and deproteinized by using a deproteinization sample preparation kit (K808-200, BioVision). After incubating with kit components, lactate level was quantified by measuring absorbance (OD 570 nm).

ATP/ADP ratio was analyzed by a commercial ATP/ADP ratio kit (MAK135, Sigma) according to the manufacturer's protocol. BMDMs were stimulated with IFN- $\gamma$  in culture medium containing glucose or galactose for 24 h. After 30 min of treatment with DMSO or oligomycin (1  $\mu$ M), cells were incubated in ATP reagent for 1 min and luminescence was read as the reflection of the ATP amount. After an additional 10 min of incubation, luminescence was read again to provide the background prior to ADP measurement. The final luminescence was tested as the reflection of the ATP/ADP ration was calculated according to the manufacturer's protocol.

## 4.8. Nucleotide Measurements

Nucleotides were separated on a reversed-phase Discovery C18 columns (SIGMA, St. Louis, MO) with Hewlett-Packard series 1100 HPLC system (Agilent, Santa Clara, CA) as described previously (Dzeja et al., 2004). Briefly, a phosphate buffer with tetrabutylammonium sulfate and methanol mixture was used as mobile phase at 0.7 ml/min flow rate. Gradient elution was applied and the separation of nucleotides completed in 20 min. The nucleotide levels were normalized by protein amount.

#### 4.9. Nitrite Determination

Nitrite was measured by the Greiss reagent kit (G-7921, Invitrogen) according to the manufacturer's instructions. Briefly, fresh supernatant of BMDMs with various treatments was collected and incubated with 20ul of a 1:1 mixture of reagent A (0.1% N-(1-naphthyl) ethylenediamine dihydrochloride) and reagent B (1% sulfanilic acid in 5% phosphoric acid). Absorbance at 548 was read to determine nitrite level.

## 4.10. Cell Viability

Cell viability was tested by using an XTT assay (Cell Signaling). Cells were plated in 96-well plate, after different intervention, 50ul XTT detection solution was added to each well and absorbance was read at 450 nm after 3 h incubation at 37  $^{\circ}$ C.

#### 4.11. Western Blotting

Cells were lysed in RIPA buffer (9806, Cell signaling) supplemented with Complete Mini EDTA-Free protease inhibitor cocktail (Roche) and phosphatase inhibitor cocktail (Roche). Cell lysate was boiled in SDS sample buffer for 5 min, run on SDS gels, and transferred to PVDF membranes. The membranes were blocked for 1 h in TBS-T plus % nonfat dry milk and then incubated with primary antibodies overnight. After washing three to four times, the membranes were incubated with secondary antibodies for 1 h and washed three more times. ECL western blotting chemiluminescent substrates were added for 5 min. Bands of interest were developed by using an autoradiographic film.

#### 4.12. Permeabilization

Permeabilization was performed as previously described (Walev et al., 2001). Cells were permeabilized by the pore-forming toxin Natural *E. coli* Streptolysin O (SLO, Abcam ab63978), which allows for delivery of molecules with up to 100 kDa mass to the cytosol. Briefly, SLO solution was added to HBSS without Ca2+ containing 30 mM HEPES to make permeabilization solution. SLO was used at 100 ng/ml. Raw264.7 cells were incubated in permeabilization solution at 37 °C in present with differentiation of ATP (0-10 mM). After 15 min of incubation, permeabilization solution was taken out and fresh culture medium with/without 2-DG (10 mM) was added to the cells, followed by stimulation with IFN- $\gamma$  for 1 h. Cells were subsequently lysed for Western blotting.

# 4.13. Statistical Analysis

Results were presented as mean  $\pm$  standard error of the mean (sem). Unpaired Student's *t*-test was used to test the differences between two groups, based on the assessment of variance of the data. All data were analyzed by GraphPad Prism software (version 7). \*p < 0.05, \*\*p < 0.01, \*\*\*\*p < 0.001, \*\*\*\*p < 0.001. Detailed statistical values were provided in the figure legends.

#### 5. Results

# 5.1. Type II IFN Signaling Triggers Early, NO-independent, but Akt-Dependent Activation of Glycolysis

We first pursued a real-time analysis of the metabolic changes of bone marrow derived macrophages (BMDMs) activated with Type II IFN signaling. As shown in Fig. 1a, IFN- $\gamma$  stimulation triggered an increase in real-time extracellular acidification rate (ECAR, an indicator of aerobic glycolysis) in BMDMs rather rapidly, i.e. in <15 min. On the contrary, oxygen consumption rate (OCR, an indicator of oxidative phosphorylation) remained stable early on (Fig. 1a). This metabolic switch was not observed in BMDMs stimulated with IL-4 (Fig. 1a), which induces alternative macrophage activation, or in response to type I IFNs like IFN- $\beta$  (Fig. 1b). As outlined in Fig. 1c, IFN- $\gamma$  led to a significant reduction in the maximum respiratory capacity (Fig. 1c), similar to LPS (Mills et al., 2016) but distinctly different from the metabolic effects of type I IFNs in dendritic cells (Wu et al., 2016).

NO has been shown to inhibit OXPHOS and redirect dendritic cells to use glycolysis for ATP production and survival, as measured by an increase in ECAR and a decrease in OCR (Everts et al., 2012). Pretreatment of classically stimulated macrophages with the cell-permeable NO synthesis inhibitor L-NAME decreased NO production (Fig. S1) but did not alter early metabolic reprogramming (Fig. 1d). We next examined the role of Akt, a known master regulator of metabolism. As showed in Fig. 1d, the Akt inhibitor triciribine completely inhibited the rapid switch to glycolysis. This is in keeping with the role of the Akt pathway for the Warburg Effect in cancer cells and the early glycolytic burst in dendritic cells (Everts et al., 2014). After 24 h of stimulation, ECAR



**Fig. 1.** IFN $\gamma$  signaling triggers early, NO-independent, but Akt-dependent activation of glycolysis. (a) Real-time measurement of ECAR and OCR of BMDMs, unstimulated (control) or stimulated with IFN- $\gamma$  or IL-4, vertical line indicates time of cytokine injection. Data are representative of three independent experiments (n = 5, mean ± sem). (b) Real-time measurement of ECAR and OCR of BMDMs, unstimulated (control) or stimulated with LPS or IFN- $\beta$ , vertical line indicates time of cytokine injection. Data are representative of three independent experiments (n = 5, mean ± sem). (c) ECAR and OCR profiles of BMDMs, measured 24 h after unstimulated conditions (control) or stimulation with IFN- $\gamma$  (n = 5). (d) Real-time measurement of ECAR and OCR of BMDMs, unstimulated (control) or stimulated with IFN- $\gamma$  with or without 1-hour pretreatment with 5 mM L-NAME or 20 µM tricribine, vertical line indicates time of injection of IFN- $\gamma$ . Data are representative of two independent experiments (n = 4, mean ± sem). (e) ECAR, OCR and OCR/ECAR ratio of BMDMs, unstimulated (control) or stimulated with IFN- $\gamma$  tore independent experiments (n = 3-5, mean ± sem).

remained elevated, OCR decreased in IFN- $\gamma$  stimulated BMDMs, and the ECAR/OCR ratio remained unaffected by L-NAME (Fig. 1e). Thus, IFN- $\gamma$  induces a rapid increase in aerobic glycolysis followed by a decrease in OXPHOS, which in distinction from dendritic cells was independent of NO synthesis (Everts et al., 2012) but in manner similar to dendritic cells was regulated by Akt (Everts et al., 2014).

# 5.2. Glycolysis Inhibition With 2-DG Blocks IFN-γ Induced Macrophages Differentiation and Activation

We next tested the functional implications of the metabolic switch in IFN- $\gamma$ -activated BMDMs by using the glucose analog 2-deoxy-D-glucose (2-DG) as done extensively in previous studies to inhibit glycolysis (Tannahill et al., 2013; Yang et al., 2014; Everts et al., 2014; Mills et al., 2016). As outlined in Fig. 2a and b, 2-DG reduced not only ECAR and lactate production but also OCR. The reduction in OCR was noted even before stimulation and showed a plateau over the course of 120 min of real-time measurements. Importantly, 2-DG blocked the production of IL-1 $\beta$  in IFN- $\gamma$  -activated BMDMs (Fig. 2c). The expression of IL-1 $\beta$ has been shown to be HIF-1 $\alpha$ -dependent in LPS-stimulated macrophages (Tannahill et al., 2013). Likewise, we found that IFN- $\gamma$  induced IL-1 $\beta$  production in BMDMs (Fig. 2d) and this response could be enhanced by the HIF-1 $\alpha$  stabilizer DMOG (Fig. 2e). On the contrary, 2-DG decreased HIF-1 $\alpha$  levels and IL-1 $\beta$  production in response to IFN- $\gamma$ . IFN- $\gamma$  firstly triggers the activation of the JAK-STAT-1 signaling pathway, but this was not the responsible pathway for IL-1beta expression. While potently reducing STAT-1 phosphorylation, JAK inhibition did not decrease IL-1 $\beta$  expression (Fig. 2f).

Inducible NO synthase (iNOS) is another key marker of classically activated macrophages and the key controlling element of NO production of M1 macrophages. Intriguingly, a clear dose-response relationship was found between the concentration of glucose in the medium, IFN-



**Fig. 2.** 2-DG blocks IFN- $\gamma$  induced macrophage activation. (a) Real-time measurement of ECAR and OCR of BMDMs, unstimulated (control) or stimulated with IFN- $\gamma$  with or without 1-hour pretreatment with 10 mM 2-DG, vertical line indicates initiation injection of IFN- $\gamma$ . Data are representative of two independent experiments (n = 3-5, mean  $\pm$  sem). (b) Lactate production of Raw264.7 cells after stimulation with IFN- $\gamma$  for 3 h  $\pm$  1 hour pre-treatment with 2-DG. \*\*\*\*p < .0001. Data are representative of two independent experiments (n = 4, mean  $\pm$  sem). (c) Immunoblot analysis of specified proteins in BMDMs after stimulation with IFN- $\gamma$  for 6 and 12 h  $\pm$  1 hour pre-treatment with 2-DG (10 mM). Data are representative of three independent experiments. (d) Immunoblot analysis of specified proteins in BMDMs after stimulation with IFN- $\gamma$  for 12 h  $\pm$  1 hour pre-treatment with 2-DG (10 mM). Data are representative of three independent experiments. (e) Immunoblot analysis of specified proteins in BMDMs after stimulation with IFN- $\gamma$  for 12 h  $\pm$  1 hour pre-treatment with 2-DG (10 mM). Data are representative of three independent experiments. (e) Immunoblot analysis of specified proteins in BMDMs after stimulation with IFN- $\gamma$  for 12 h  $\pm$  1 hour pre-treatment with 2-DG (10 mM). Data are representative of three independent experiments. (e) Immunoblot analysis of specified proteins in BMDMs after stimulation with IFN- $\gamma$  for 18 h  $\pm$  3 hour pre-treatment with DMOG (200  $\mu$ M). (f) Immunoblot analysis of specified proteins in BMDMs after stimulation with IFN- $\gamma$  for 18 h  $\pm$  1 hour pre-treatment with 2-DG (10 mM). \*\*p < 0.01, \*\*\*p < 0.001. Data are representative of two independent experiments (n = 4, mean  $\pm$  sem). (h) Cytokine production of BMDMs after stimulation with IFN- $\gamma$  for 18 h  $\pm$  1 hour pre-treatment with 2-DG (10 mM). (j) ELISA analysis of IL-1 $\beta$  production in BMDMs stimulated for 24 h with or without IFN- $\gamma$ , LPS and ATP at indicated doses. \*\*p < 0.001, \*\*\*\*p < 0.001, \*\*\*\*\*p < 0.001. Data are represe

 $\gamma$ -induced lactate production, and NO production (Fig. S2a and b). Moreover, iNOS expression time-dependently increased after IFN- $\gamma$  as it does with LPS (Fig. 2c and d).

These responses to classical stimulation were blocked by 2-DG in a concentration-dependent manner (Fig. S2c and d and Fig. 2c, d, and g). Importantly, iNOS expression was not increased by the HIF-1 $\alpha$  stabilizer DMOG (Fig. 2e) but potently blocked by JAK inhibition (Fig. 2f). Accordingly, IFN- $\gamma$  mediates two key features of M1 activation, IL-1 $\beta$  and NO production, via two different transcription factor-signaling pathways, HIF-1 $\alpha$  and STAT-1, respectively.

A comprehensive analysis of cytokine levels in the macrophage culture medium indicated that IFN- $\gamma$  stimulated the release of several other key M1 macrophage-associated cytokines (e.g. IL-6 and MCP-1) and chemokines (CCL-3, CCL-4, CCL-5, CCL-9, and CCL-12) from murine BMDMs and this IFN- $\gamma$  response was inhibited by 2-DG (Fig. 2h).

These data indicate that IL-1 $\beta$  expression aligns with HIF-1 $\alpha$ - but not JAK-STAT-1-dependent gene expression whereas the opposite is true for iNOS. The expression of both of these as well as other cytokines/chemokines is blocked by 2-DG, indicating a possible link between metabolic reprogramming and both HIF-1 $\alpha$  stabilization and JAK-STAT-1 activation. Although IFN- $\gamma$  can induce pro-IL-1 $\beta$  expression (Schindler et al., 1990; Collart et al., 1986), studies have showed that it can inhibit IL-1 $\beta$  production in macrophages stimulated by LPS and other cytokines (Mishra et al., 2013). Consistently, cleaved IL-1 $\beta$  production was reduced by IFN- $\gamma$  in LPS-stimulated macrophages (Fig. 2j). Intriguingly, unlike LPS, IFN- $\gamma$  stimulation did not induce cleaved IL-1 $\beta$  production in BMDMs unless combined with a second agent such as ATP (Fig. 2i), indicating that IFN- $\gamma$  by itself cannot trigger inflammasome activation.

#### 5.3. Glycolysis Inhibition With 2-DG Reduces IFN-γ-induced JAK-STAT1 Pathway Activation by Reducing ATP Production

Based on the above findings, we next tested if glycolysis affected the activity of the JAK-STAT-1 pathway after IFN-γ stimulation. The JAK-STAT-1 pathway is unique in involving only one phosphorylation step of STAT-1 to directly activate gene transcription (Shuai and Liu, 2003). Intriguingly, 2-DG decreased STAT-1 phosphorylation in an immediate and sustained manner (Fig. 3a and Fig. S3a) and decreased the nuclear translocation of phosphorylated STAT-1 after IFN-γ stimulation (Fig. 3b). These findings were confirmed at different 2-DG and glucose concentrations (Fig. S3b–d).



**Fig. 3.** 2-DG reduces IFN- $\gamma$ -induced JAK-STAT1 pathway activation by reducing ATP production. (a) Immunoblot analysis of specified proteins in BMDMs as a function of time of IFN- $\gamma$  stimulation  $\pm 1$  hour pre-treatment with 2-DG (10 mM). Data are representative of two independent experiments. (b) Immunofluorescence staining of p-STAT-1 in BMDMs after incubation with IFN- $\gamma$  for 30 min  $\pm 1$  hour pre-treatment with 2-DG (10 mM). Data are representative of two independent experiments. (c) to (e) ATP production, ADP/ATP, AMP/ATP ratio of Raw264.7 cells, measured by HPLC after stimulation with IFN- $\gamma$  for 30 min  $\pm 1$  hour pre-treatment with 2-DG (10 mM). \*p < 0.05, \*\*p < 0.01, \*\*\*\*p < 0.001, \*\*\*\*p < 0.001, NS: no significant difference. Data are represented as mean  $\pm$  sem (n = 6). (f) Immunoblot analysis of specified proteins in Raw264.7 cells after stimulation with IFN- $\gamma$  for 30 min  $\pm 1$  hour pre-treatment with SLO (100 ng/ml), incubation with ATP (0–10 mM) for 15 min and 1-hour stimulation with IFN- $\gamma$  ( $\pm 10$  mM 2-DG). Data are representative of two independent experiments. (h) Immunoblot analysis of specified proteins in Raw264.7 cells after stimulation with IFN- $\gamma$  (rol 0 mM) to 15 min and 1-hour stimulation with IFN- $\gamma$  ( $\pm 10$  mM 2-DG). Data are representative of two independent experiments. (h) Immunoblot analysis of specified proteins in Raw264.7 cells after stimulation with IFN- $\gamma$  (rol 0 mM). Data are representative of two independent experiments. (h) Immunoblot analysis of specified proteins in Raw264.7 cells after stimulation with IFN- $\gamma$  (rol 0 mM). Data are representative of three independent experiments. (i) Immunoblot analysis of specified proteins in Raw264.7 cells after stimulation with IFN- $\gamma$  (rol 0 mM). Data are representative of three independent experiments. (i) Immunoblot analysis of specified proteins in Raw264.7 cells after stimulation with IFN- $\gamma$  for 1 hi medium containing different concentrations of glucose  $\pm 1$  hour pre-treatment with JAK inhibitor I (100 nM). Data are

As JAK is an ATP-dependent kinase (Hammarén et al., 2015), we next tested the hypothesis that ATP production links aerobic glycolysis to the activation of the JAK-STAT-1 pathway by analyzing intercellular energy change and STAT-1 phosphorylation at different concentrations of 2-DG. As shown in Fig. 3c to e, 2-DG significantly decreased ATP and the ratios of ATP/ADP and ATP/AMP in a dose-dependent manner, correlating with a dose-dependent decrease in STAT-1 phosphorylation (Fig. 3f). Importantly, intracellular ATP delivery by transient membrane permeabilization was able to fully restore the decrease in STAT-1 phosphorylation by 2-DG (Fig. 3g). In contrast, extracellular ATP did not affect JAK-STAT-1 pathway activation and NO production (Fig. S3f-h). This observation supports the view that intracellular ATP generation is critical for downstream cell signaling in IFN- $\gamma$  stimulated M1 cells. While 2-DG has been used as a glycolysis inhibitor, the current finding of the additional inhibitory effects of 2-DG on mitochondrial OXPHOS foils the conclusion that the rate of glycolysis is the main regulatory of the ATP pool for intracellular signaling in M1 macrophages. This point, however, is made by the observation that the inhibitory effect of an ATP-competitive JAK inhibitor on signature traits of M1 macrophages such as STAT-1 phosphorylation and iNOS expression could be overcome by increasing the extracellular glucose concentration, which translates into increased glycolytic throughput under conditions of IFN- $\gamma$  stimulation (Fig. 3h). Moreover, we used oligomycin to block mitochondrial ATP production, which would commit the cell to intercellular ATP production from glycolysis. As a result, if there were to be a link, the dependency of STAT-1 phosphorylation on glycolysis should become much clearer. As shown in Fig. 3i, neither replacing glucose with galactose nor using oligomycin in isolation affected STAT-1 phosphorylation, indicating that both glycolytic ATP and mitochondrial ATP can support STAT-1 phosphorylation. STAT-1 phosphorylation was, however, blocked by galactose or glucose withdrawal after oligomycin treatment. Inhibition of STAT-1 phosphorylation in this setting could be overcome by increasing the extracellular glucose concentration (Fig. S3i). These data support ATP as the link between 2-DG treatment and STAT-1 phosphorylation.

# 5.4. Galactose Allows for Selective Glycolysis Interference and Confirms Its Significance in M1 Macrophages

Although 2-DG is widely used in the field of immuno-metabolism and cancer as an inhibitor of hexokinase and glycolysis (Tannahill et al., 2013; Yang et al., 2014; Everts et al., 2014; Mills et al., 2016; Pelicano et al., 2006), it can exert effects beyond the metabolic block (Kurtoglu et al., 2007; Ralser et al., 2008; Wolf et al., 2016)). As described above, 2-DG also decreased oxygen consumption in IFN-y activated macrophages, thereby confounding the ability to differentiate between the role of glycolysis and OXPHOS in M1 macrophages. As an alternative approach, glucose in the cell culture medium was replaced with galactose, which must be metabolized by the Leloir pathway in order to enter into glycolysis (Bustamante et al., 1977; Weinberg et al., 2010; Chang et al., 2013). The slower kinetics for galactose uptake versus direct entry of glucose into glycolysis potently reduces glycolytic flux. Furthermore, the Leloir pathway consumes ATP, and thus the net ATP yield from the conversion of galactose to pyruvate is zero. As shown by real-time metabolic monitoring (Fig. 4a and b), galactose rapidly reduced ECAR similar to 2-DG; but acute treatment with galactose did not reduce, in fact slightly increased OCR of IFN- $\gamma$ -stimulated BMDMs (Fig. 4a and b). After 24 h of stimulation, BMDMs cultured in galactose maintained a significantly lower ECAR than cells activated in glucose or control BMDMs (Fig. 4c). Importantly, the OCR of BMDMs activated in galactose-containing medium was comparable to control BMDMs and significantly higher than the OCR of cells activated in glucose-containing medium (Fig. 4d and e). Under galactose conditions, IFN- $\gamma$  stimulated macrophages had suppressed rates of glycolysis but unimpaired OXPHOS despite much higher than normal NO/nitrite levels. Aerobic glycolysis, however, does become critical for M1 macrophages when OXPHOS is impaired as noted with 2-DG. This is supported by the change of cell viability, which was reduced by 2-DG over time, but unaffected by galactose or even glucose depletion (Fig. S4a and b).

#### 5.5. Classically Activated Macrophages Display Metabolic Plasticity

As IFN- $\gamma$  stimulated macrophages reprogram their metabolism by rapidly increasing aerobic glycolysis and decreasing OXPHOS over time, we next asked if these macrophages rely on glycolysis for their survival after IFN- $\gamma$  stimulation. To then further test the metabolic flexibility of classically activated macrophages, we stimulated BMDMs in media with either glucose or galactose in the presence or absence of the OXPHOS inhibitor oligomycin. We found that BMDMs had similar viability when cultured in medium with glucose compared with galactose over 48 h (Fig. 4f). After 6 days of stimulation, cells cultured in galactose-containing medium displayed better viability than their counterparts grown in glucose-containing medium. Importantly, cells cultured in glucose-containing medium did not show reduced viability when treated with oligomycin (Fig. 4f), indicating that IFN-y stimulated macrophages switched ATP production from OXPHOS to glycolysis as reported for LPS-activated macrophages (Mills et al., 2016). However, cells cultured in galactose died rapidly after oligomycin treatment (Fig. 4f), indicating that these cells relied on OXPHOS for their survival. In agreement, short exposure to oligomycin significantly reduced the ATP/ADP ratio in cells differentiated in galactose but not in those cells cultured in glucose (Fig. 4g). Thus, following classical activation with IFN-γ, M1 macrophages are not permanently committed to aerobic glycolysis and their metabolic reprogramming is reversible.

5.6. TCA Cycle Metabolites Accumulation Is Independent of Aerobic Glycolysis

Increased rates of glycolysis and suppressed OXPHOS in LPS-stimulated macrophages leads to accumulation of TCA cycle metabolites (Tannahill et al., 2013; Jha et al., 2015; Mills et al., 2016), among which succinate has been deemed critical for HIF- $\alpha$  stabilization and its related IL-1 $\beta$  production. However whether IFN- $\gamma$  stimulation also changes the levels of TCA cycle metabolites and whether this is by association or causal interaction has remained unknown. We therefore next performed targeted metabolic profiling of macrophages stimulated with IFN- $\gamma$  in the presence of glucose or galactose. Cells stimulated in galactose displayed a reduction in lactate production associated with reduced rates of glycolysis (Fig. 5a). Importantly, IFN- $\gamma$  stimulation resulted in significant accumulation of the TCA cycle metabolites citrate, succinate and fumarate (Fig. 5a). Intriguingly, this pattern of TCA cycle metabolites accumulation was fairly comparable under glucose and galactose conditions. Moreover, the levels of glutamine and glutamate, which feed into the TCA cycle in LPS-stimulated macrophages (Tannahill et al., 2013), were also significantly increased after FN- $\gamma$ stimulation, and unaffected by galactose (Fig. 5a). Importantly, as shown in Fig. 5b and c, macrophages activated in galactose-containing medium produced significantly less mitochondrial ROS than cells activated in glucose-containing medium. Taken together, these findings indicate that galactose prevented the decrease in OXPHOS and increase in mitochondrial ROS production otherwise seen in M1 macrophages with classical stimulation without preventing an increase in succinate and fumarate levels while reducing citrate and glutamine levels.

# 5.7. Metabolic Reprogramming Allows for Repurposing of the Mitochondria to Sustain HIF-1 $\alpha$ Signaling

As outlined above, galactose reduced glycolysis but not OXPHOS, which allowed for a much better differentiation between the effects of aerobic glycolysis and those of OXPHOS in activated M1 macrophages. Importantly, we found that the effect size of galactose was much smaller



**Fig. 4.** Galactose allows for selective interference with aerobic glycolysis and inhibits key aspects of activated M1 macrophages, which show metabolic plasticity. (a) Real-time measurement of ECAR of BMDMs, unstimulated (control) or stimulated with IFN- $\gamma$  after incubation in medium containing glucose, galactose or glucose +10 mM 2-DG for 1 h, vertical line indicates time of injection of IFN- $\gamma$ . Data are representative of three independent experiments (n = 4–5, mean  $\pm$  sem). (b) Real-time measurement of OCR of BMDMs, unstimulated (control) or stimulated minimum containing glucose, galactose or glucose +10 mM 2-DG for 1 h, vertical line indicates time of injection of IFN- $\gamma$ . Data are representative of three independent experiments (n = 4–5, mean  $\pm$  sem). (c) ECAR of BMDMs, unstimulated (control) or stimulated with IFN- $\gamma$  after incubation in medium containing glucose or galactose or glucose +10 mM 2-DG for 1 h, vertical line indicates time of injection of IFN- $\gamma$ . Data are representative of three independent experiments (n = 4–5, mean  $\pm$  sem). (c) ECAR of BMDMs, unstimulated (control) or stimulated with IFN- $\gamma$  after incubation in medium containing glucose or galactose for 1 h. \*p < 0.05, \*\*\*p < 0.001, NS: no significant difference. Data are representative of two independent experiments (n = 3–4, mean  $\pm$  sem). (c) OCR/ECAR ratio of BMDMs, unstimulated (control) or stimulated with IFN- $\gamma$  after incubation in medium containing glucose or galactose for 1 h. \*p < 0.05, \*\*\*p < 0.001, NS: no significant difference. Data are representative of two independent experiments (n = 3–4, mean  $\pm$  sem). (c) OCR/ECAR ratio of BMDMs, unstimulated (control) or stimulated with IFN- $\gamma$  in medium containing glucose or galactose or glucose or galactose for 1 h. \*p < 0.05, \*\*\*p < 0.001, NS: no significant difference. Data are representative of two independent experiments (n = 3–4, mean  $\pm$  sem). (f) Cell viability of BMDMs after stimulation with IFN- $\gamma$  in medium containing glucose or galactose or galactose. ATP/ADP ratio was

than that of 2-DG. Specifically, there was no difference in the production of several cytokines/chemokines including TNF- $\alpha$  and IL-6 (Fig. 6a) or expression of M1 macrophage signature surface makers in BMDMs stimulated in galactose versus glucose containing medium (Fig. 6b). As illustrated in Fig. 6c and d, galactose led to a reduction in STAT-1 phosphorylation as well as iNOS expression and NO production over time (Fig. 6g). Likewise, HIF-1 $\alpha$  and IL-1 $\beta$  levels were significantly reduced under galactose conditions over time (Figs. 6e). These

observations are different from 2-DG, whose effects were of much faster onset (Figs. 2c, d, and 3a).

Similar to the differential dynamics of the activity of the JAK-STAT-1 pathway changes in intracellular ATP levels became evident within minutes with 2-DG and only within hours with galactose (Fig. S6a–h). These dynamics seemingly run in parallel with the activity of the JAK-STAT-1 pathway as outlined above. With regards to HIF-1 $\alpha$  and IL-1 $\beta$  expression, prior work has pointed out the functional relevance of a



Fig. 5. TCA cycle metabolites accumulation is independent of aerobic glycolysis contrary to mitochondrial ROS production. (a) BMDMs were incubated in in medium containing glucose or galactose for 1 h, followed by stimulation with IFN- $\gamma$  for 24 h. Lysed cells were analyzed by NMR spectroscopy to determine metabolite levels. \*p < 0.05, \*\*p < 0.01, \*\*\*p < 0.001, \*\*\*\*p < 0.0001. NS no significant difference. The data represent mean  $\pm$  sem (n = 4). (b) MitoSOX staining of Raw264.7 cells simulated with IFN- $\gamma$  for 24 h in medium containing glucose or galactose. Data are representative of two independent experiments. (c) MitoSOX FACS analysis of BMDMs simulated with IFN- $\gamma$  for 24 h in medium containing glucose or galactose. Data are representative of two independent experiments.



**Fig. 6.** Galactose inhibits IFN $\gamma$ -induced JAK-STAT-1 and HIF-1 $\alpha$  pathway activation in M1 macrophages by modulating ATP and mitochondrial ROS production. (a) Cytokine production of BMDMs after stimulation with IFN- $\gamma$  for 24 h in medium containing glucose or galactose. (b) FACS analysis of the M1 macrophage surface marker CD86 of BMDMs after stimulation with IFN- $\gamma$  for 24 h in medium containing glucose or galactose. (c) FACS analysis of the M1 macrophage surface marker CD86 of BMDMs after stimulation with IFN- $\gamma$  for 24 h in medium containing glucose or galactose. (c, d, and e) Immunoblot analysis of specified proteins in BMDMs stimulated with IFN- $\gamma$  for indicated time intervals in medium containing glucose or galactose. (f) Immunoblot analysis of specified proteins in BMDMs stimulated with IFN- $\gamma$  for indicated time intervals with or without mito-tempo (1 mM) pretreatment for 2 h. Data are representative of two independent experiments. (g) Nitric oxide (NO) production by BMDMs after stimulation with IFN- $\gamma$  for 24 h in medium containing glucose or galactose. Data are representative of two independent experiments (n = 4, mean  $\pm$  sem).

switch from ATP to ROS production on mitochondrial level in classically stimulated macrophages, and ROS-induced stabilization of HIF-1 $\alpha$  and related gene expression (Jha et al., 2015, Tannahill et al., 2013; Mills et al., 2016). In agreement and as mentioned above, galactose prevented the increase in mitochondrial ROS production otherwise so prominently noticed with classical stimulation under glucose conditions (Fig. 5b and c). Moreover, the mitochondrial ROS scavenger mito-tempo reduced IL-1 $\beta$  production in BMDMs stimulated with IFN- $\gamma$  (Fig. 6f). Metabolic reprogramming to aerobic glycolysis in response to IFN- $\gamma$  therefore seems to link to (and allow for) mitochondrial ROS production, HIF-1 $\alpha$  stabilization and IL-1 $\beta$  expression as it does for ATP production and JAK-STAT-1 pathway activation with iNOS expression and NO production.

# 5.8. Conversion of Pyruvate to Lactate Is a Defining Step for Aerobic Glycolysis and IFN- $\gamma$ M1 Activation

As the glycolytic cascade diverts at the level of pyruvate, we next performed experiments to test the significance of downstream pyruvate metabolism for IFN- $\gamma$  activated macrophages. We first used the pyruvate analogue oxamate, a competitive inhibitor of lactate dehydrogenase A (LDHa), which rapidly blocked the switch to aerobic glycolysis (Fig. S7a and b) and significantly reduced HIF-1 $\alpha$  and iNOS expression as well as NO production in IFN- $\gamma$ -stimulated macrophages (Fig. S7c and d). However, oxamate has also been demonstrated to inhibit the carboxylation and entry of pyruvate into the mitochondria. We therefore utilized the more selective inhibitor FX-11 (O'Neill et al., 2016), which is a NADH competitive inhibitor of LDHa that does not affect the activities of LDHb and glyceraldehyde-3-phosphate dehydrogenase (GADPH) even at higher concentrations (Le et al., 2010). Using this inhibitor, we observed a reduction in ECAR (Fig. S7e and f) and in the production of several key M1 macrophage-associated cytokines including IL-1 $\alpha$ , IL-1 $\beta$ , G-CSF, and IL-27, and chemokines including C5/C5a, CCL-12, CXCL-1, and CXCL-13 (Fig. S7g) as well as iNOS (Fig. S7h and i) and NO production (Fig. S7j and k). Furthermore, FX11 pretreatment reduced STAT-1 phosphorylation in IFN- $\gamma$  stimulated BMDMs (Fig. S7l). We also examined the effect of Uk-5099, an inhibitor of mitochondrial pyruvate carrier activity, which had no effect on the IFN- $\gamma$ -stimulated pathways (Fig. S7m). Collectively, these findings indicate that the last step in the aerobic glycolysis cascade is defining not only for this metabolic pathway but also for the signature traits of M1 macrophages.

# 5.9. 2-DG Reduces Pro-Inflammatory Cytokines/Chemokines Production in Human Monocytes/Macrophages

Finally, we addressed the question how translational the outlined observations are. To further test this, we isolated peripheral blood monocytes and cultured macrophages from patients with atherosclerotic cardiovascular disease. As shown in Fig. 7a, 2-DG reduced IL-1 $\beta$  expression and STAT-1 phosphorylation in IFN- $\gamma$  activated human peripheral blood monocytes. Moreover, 2-DG had the same effects on IFN- $\gamma$  stimulated human macrophages (Fig. 7b). Thus, these data support the translation of the findings made in murine cell lines to human monocytes and macrophages. This may be of significance for disease processes influenced by IFN- $\gamma$  and macrophages such atherosclerosis and might be of particular relevance for patients with diabetes, who are known to be prone to much more diffuse and complicated atherosclerosis.

## 6. Discussion

Metabolic reprogramming of macrophages has been known for decades (Hard, 1970; Fukuzumi et al., 1996), but its implications for inflammatory cell function have emerged just in recent years (Tannahill et al., 2013; Palsson-McDermott et al., 2015; Yang et al., 2014; Gubser et al., 2013; Chang et al., 2013; Everts et al., 2014; Mills et al., 2016). In order to define the role of aerobic glycolysis in M1 macrophages, studies have relied on 2-DG as a competitive inhibitor to glucose in the first reaction step of glycolysis, which, may, however, not be as specific (Ralser et al., 2008). Indeed, here we found that 2-DG decreased both aerobic glycolysis and OXPHOS and had a profound dose-dependent effect on cellular ATP levels and cell viability. These findings challenge conclusions regarding the role of aerobic glycolysis reached by the use of 2-DG. As an alternative we used galactose, which is metabolized to glucose-6-phosphate at a very slow rate, thereby profoundly reducing glycolytic throughput. In agreement, we found that galactose reduced ECAR with little acute effect on OCR, thereby allowing for a much more specific evaluation of the role of aerobic glycolysis in M1 macrophages. Even under these conditions, IFN-y differentiated macrophages into the M1 type phenotype based on the expression of signature surface markers and cytokines such as TNF- $\alpha$  and IL-6. However, HIF-1 $\alpha$ and IL-1  $\beta$  levels were significantly reduced by galactose, as was iNOS expression and NO production. Compared with 2-DG, the onset of these effects was more protracted and mirrored changes in cellular ATP levels, which declined much faster with 2-DG than with galactose. Taken together, these findings indicate that aerobic glycolysis is of particular significance for two gene transcription pathways in IFN-y-stimulated macrophages: HIF-1 $\alpha$  and STAT-1 (Tannahill et al., 2013; Mills et al 2016)

Prior studies in dendritic cells indicated that the switch to aerobic glycolysis is vital to compensate for NO's inhibitory effect on mitochondrial ATP production (Everts et al., 2012 and Everts et al., 2014). Furthermore, in astrocytes NO increases glycolytic throughput via AMPactivated kinase (Almeida et al., 2004). However, no study has yet evaluated if glycolysis influences NO production and how NO production influences glycolysis in macrophages. This is of relevance though as NO is part of the cytotoxic activity of macrophages against invading microorganisms (MacMicking et al., 1997). Herein we found that NO production of activated M1 macrophages is dependent on aerobic glycolysis and increases as a function of extracellular glucose concentration. Furthermore, we found that NO production in M1 macrophages mirrored and followed an increase in iNOS expression (MacMicking et al., 1997). In keeping with the iNOS expression profile, there was no effect of iNOS inhibition with L-NAME on ECAR and OCR early after stimulation. Similarly, later on, contrary to what would be expected and what was shown for dendritic cells, iNOS inhibition with L-NAME did not increase OCR or changed the OCR/ECAR ratio. Thus, NO is not involved in the glycolytic reprogramming of M1 macrophages and is not as potent of a stimulus for aerobic glycolysis in these cells than it is in others (Albina and Mastrofrancesco, 1993; Mateo et al., 1995; Everts et al., 2014).

The JAK/STAT-1 pathway activated by IFN- $\gamma$  entails the dimerization of the IFN receptor leading to the activation of JAK-1/JAK-2, which phosphorylates and thereby activates the transcription factor STAT-1. P-STAT-1 translocates into the nucleus and binds to IFN-response elements in the promoter region of different genes encoding for various cytokines, chemokines, and iNOS (Shuai and Liu, 2003). In agreement with previous studies, IFN-y increased STAT-1 phosphorylation in M1 macrophages and this response was inhibited by 2-DG. Similarly, galactose had a profound inhibitory effect on STAT-1 phosphorylation, supporting the significance of aerobic glycolysis for the JAK/STAT-1 pathway. Glucose itself was unable to stimulate the activity of the JAK/STAT-1 pathway in the absence of IFN- $\gamma$ . Accordingly, the activity of JAK needs to be primed and is upregulated (but not induced) by glucose and glycolytic throughput. While numerous molecular links are conceivable and were tested in an extensive series of experiments (Table S1), ATP was identified as the most likely pivotal link between glycolysis and JAK/ STAT-1 pathway activity. Providing intracellular ATP overcame the inhibitory effect of 2-DG on STAT-1 phosphorylation. Furthermore, the inhibitory response of an ATP-competitive JAK inhibitor could be overcome by increasing the extracellular glucose concentration, which translates into increased glycolytic throughput under conditions of IFN- $\gamma$  stimulation. Indeed, as an ATP-dependent kinase (Kesarwani et



**Fig. 7.** 2-DG reduces pro-inflammatory cytokines/chemokines production in human monocytes/macrophages. (a) Immunoblot analysis of specified proteins in human monocytes after stimulation with IFN- $\gamma$  for indicated time intervals,  $\pm 1$  hour pre-treatment with 2-DG (10 mM). (b) Immunoblot analysis of specified proteins in human macrophages after stimulation with IFN- $\gamma$  for indicated time intervals,  $\pm 1$  hour pre-treatment with 2-DG (10 mM). (c) Conceptual outline. Under resting conditions, oxidative phosphorylation (OXPHOS) dominates macrophage cell metabolism even though a baseline level of aerobic glycolysis is present. (d) Conceptual outline. Under conditions of M1 macrophage activation with IFN- $\gamma$ , aerobic glycolysis is markedly increased and oxidative phosphorylation (OXPHOS) is markedly decreased. ATP generated from aerobic glycolysis feeds into the JAK-STAT1 signaling pathway and iNOS expression whereas the mitochondrial metabolic derangement feeds into reactive oxygen species (ROS) generation, HIF-1 $\alpha$  stabilization, and IL-1 $\beta$  expression.

al., 2015), the activity of JAK increases as a function of intracellular ATP concentration until a plateau is reached. While aerobic glycolytic throughput can upregulate JAK activity by providing ATP, the initial activation of JAK is still required and relies on IFN- $\gamma$ -induced receptor dimerization. Thus, aerobic glycolysis has a unique amplifying role for the signature signaling pathway triggered by IFN- $\gamma$  in M1 macrophages: JAK/STAT-1, which translates into key M1 traits such as iNOS expression.

Previous studies identified HIF-1 $\alpha$  as an important transcription factor for the classical phenotype of LPS-stimulated M1 macrophages. This was related to alterations in the TCA cycle with accumulation of succinate that then leads to the stabilization of HIF-1 $\alpha$  and transcriptional activity (Tannahill et al., 2013). More recent studies indicate that it might not be succinate by itself that activates HIF-1 $\alpha$  but rather succinate oxidation and mitochondrial ROS production (Lampropoulou et al., 2016; Mills et al., 2016). Indeed, one very unique observation of the current studies is the lack of differences in the TCA cycle metabolites succinate and fumarate between cells stimulated with glucose and galactose. The growth and stimulation of M1 macrophages in galactose-containing

medium therefore, while inhibiting aerobic glycolysis, did seemingly not affect a TCA cycle point considered very critical for M1 macrophage activation and left OXPHOS unimpaired, allowing for ATP rather than ROS production. Future studies will have to define further the relationship between aerobic glycolysis, TCA cycle changes, OXPHOS and mitochondrial ROS production. The current results would suggest that M1 macrophage activation in response to IFN- $\gamma$  is accomplished by different signaling pathways that include JAK/STAT-1 in a classical manner via the IFN- $\gamma$  receptor as well as HIF-1 $\alpha$  via so-called "repurposing" of the mitochondria.

As outlined, M1 macrophages just like other inflammatory cells and cancer cells are said to rely on aerobic glycolysis for their functional phenotype. Whether the switch to aerobic glycolysis is a terminal metabolic differentiation step in these cells has remained unknown. Herein we were able to show that a significant fraction of M1 macrophages is able to survive in glucose-containing conditions without a change of cell culture medium for 6 days. They remain inert to the effects of oligomycin early on, but become sensitive later on, indicating that these cells utilize aerobic glycolysis initially but revert to OXPHOS

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with glucose depletion. In marked distinction, M1 macrophages grown in galactose-containing medium survive longer but are sensitive to oligomycin from the beginning in keeping with the view that OXPHOS is their main mode of energy metabolism. Thus, there is plasticity in the metabolism of M1 macrophages, and these cells are able to conduct a metabolic switch not just once but multiple times and in either direction.

Previous studies in cancer cells indicated that the inhibition of the last step of aerobic glycolysis has a functional effect that is as profound as inhibition of the first, hexokinase-dependent step (Le et al., 2010). Herein we made similar observations using three different inhibitory approaches: oxamate, Uk-5099, and FX-11. The results with these three drugs were in agreement: pyruvate metabolism is of significance and it is the LDHa-catalyzed conversion step that defines aerobic glycolysis and its impact on M1 macrophages. These findings, in agreement with the classical Warburg effect, differ from studies on other immune cells such as dendritic cells, whose activation is not as sensitive to LDHa inhibition by oxamate (Everts et al., 2014). Accordingly, the functional significance of metabolic pathways differs among different inflammatory cell types. For the activation of M1 macrophages, the aerobic glycolytic cascade in its entity is seemingly of importance.

In summary (Fig. 7c and d), stimulation of resting macrophages with type II but not type I IFNs leads to a rapid increase in aerobic glycolysis and a protracted decrease in OXPHOS. This metabolic switch maintains M1 macrophage viability, ATP production to maximize JAK-STAT-1 pathway activity, and repurposing of the mitochondria for ROS production, stabilizing HIF-1a and its transcriptional activity. IFN-γ-activated M1 macrophages retain metabolic plasticity and can revert back to OXPHOS, and inhibition of aerobic glycolysis (at its first or last step) blocks M1 phenotype signature traits in murine and human monocyte/macrophage cell lines. These immuno-metabolic effects of IFN- $\gamma$ independent of LPS may have important translational implications as they corroborate that IFN- $\gamma$  can restore, at least partially, the immunometabolic paralysis to LPS that can evolve in monocytes from patients with sepsis and correlate with worse clinical outcomes (Cheng et al., Nature Immunology 2016; 17:406-413) In other clinical scenarios such as atherosclerosis, however, the impact may not be as beneficial (Chinetti-Gbaguidi et al., 2015; Shirai et al., 2016). Based on the current findings, high extracellular glucose concentrations, as seen in patients with (poorly controlled) diabetes mellitus, would be expected to translate into higher glycolytic and thus greater pro-inflammatory and pro-atherosclerotic activity of M1 macrophages, which may relate to the more aggressive nature of atherosclerosis in these patients. These redundancies and diversities underscore the complexity of the field and challenges its suitability as a target for therapeutic intervention. Indeed, the very recently published Canakinumab Anti-inflammatory Thrombosis Outcomes Study (CANTOS) showed that IL-1Bdirected therapy can reduce the risk of fatal and non-fatal myocardial infarction and stroke but at an increased risk of fatal sepsis (Ridker et al., 2017). Accordingly, any therapeutic approaches directed specifically at immunometabolism (and not only at one of its products as in the CANTOS trial) will require very careful evaluation.

#### **Conflicts of Interest**

The authors declared no conflict of interest.

#### **Authorship Contributions**

Feilong Wang, MD, designed and conducted experiments for this study, analyzed and interpreted the data, and drafted and edited the manuscript.

Song Zhang, PhD, designed and conducted experiments for this study, analyzed and interpreted the data, and provided critical input and review for the manuscript. Ryounghoon Jeon, PhD, designed and conducted experiments for this study, analyzed and interpreted the data, and provided critical input and review for the manuscript.

Ivan Vuckovic, PhD, designed and conducted experiments for this study, analyzed and interpreted the data, and provided critical input and review for the manuscript.

Xintong Jiang, MD, conducted experiments for this study, analyzed and interpreted the data, and provided critical input and review for the manuscript.

Amir Lerman, MD, interpreted the data and provided critical input and review for the manuscript.

Clifford D. Folmes, PhD, conceptualized parts of the study, interpreted the data and provided critical input and review for the manuscript.

Petras, D. Dzeja, PhD, secured funding, conceptualized parts of the study, interpreted the data and provided critical input and review for the manuscript.

Joerg Herrmann, MD, secured funding, conceptualized the study and its experiments, interpreted the data and drafted and edited the manuscript.

#### Acknowledgments

This work was supported by the National Institute of Health/National Heart Lung Blood Institute (HL116952-03 and HL 85744-09, HL 121079-02), and U24DK100469 (Mayo Clinic Metabolomics Resource Core), a fellowship grant of the Department of Cardiovascular Diseases, Mayo Clinic, Rochester, MN, USA, and an endowment by the Sachs family.

#### Appendix A. Supplementary data

Supplementary data to this article can be found online at https://doi. org/10.1016/j.ebiom.2018.02.009.

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