Microvillus Inclusion Disease Associated with Necrotizing Enterocolitis in a Premature Infant

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Am J Perinatol Rep 2014;4:e61–e64.

Abstract

Keywords

- microvillus inclusion disease
- intractable diarrhea
- necrotizing enterocolitis
 premature

Microvillus inclusion disease is one of the congenital diarrheal disorders characterized by the appearance of inclusion bodies on the intestinal epithelium. To date there are a few cases and also a few other associated finding reports related to this life-threatening disease in literature. In this report, we present a premature infant with microvillus inclusion disease that was associated with necrotizing enterocolitis. Thus, we should be aware of the appearance of necrotizing enterocolitis in patients with microvillus inclusion disease, especially when contributing factors are present.

Microvillus inclusion disease (MVID) is a protracted or intractable diarrhea syndrome, which is characterized by an early onset secretory diarrhea. The diagnosis can be established with light and electron microscopic findings of small bowel biopsies.^{1,2} The outcome is poor due to complications of total parenteral nutrition. The only definitive treatment option is intestinal transplantation.³ MVID is so rare that there are a few cases and also only a few other associate finding reports in English literature to date. Therefore, we present a report of a premature infant diagnosed as MVID associated with necrotizing enterocolitis (NEC).

Case Presentation

A 30-day-old, premature (34 weeks of gestation) female infant was transferred to our hospital with diarrhea and 29% of weight loss from birth. Her mother had been observed regularly by an obstetrician and polyhydramnios was noticed. The patient was delivered via a normal vaginal delivery, with an Apgar score of 8, 9 and a birth weight of 1,975 g. At the 12th postnatal day she had been hospitalized in another center due to diarrhea that started on the 7th day, following dehydration and metabolic acidosis. Despite discontinuation of enteral nutrition, cholestyramine and fructose supplemented, carbohydrate-free formula usage, diarrhea became intractable (stool volume > 400 mL/kg/d) and she was transferred to our hospital.

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There was no family history of gastrointestinal disorders or immunodeficiency. Parents were second degree consanguineous. The patient had three healthy elder siblings. On physical examination, the patient did not have any dysmorphic feature. She was moderately dehydrated and malnourished. She had tachycardia and tachypnea. Her abdomen was distended and soft with normal bowel sounds and without masses. Other system examinations were normal.

Laboratory data revealed moderate metabolic acidosis. Stool osmotic gap was (46 mOsm/kg) indicating the secretory nature of diarrhea without selective chloride or sodium losses

received October 2, 2013 accepted after revision December 24, 2013 published online May 12, 2014 DOI http://dx.doi.org/ 10.1055/s-0034-1370353. ISSN 2157-6998. Copyright © 2014 by Thieme Medical Publishers, Inc., 333 Seventh Avenue, New York, NY 10001, USA. Tel: +1(212) 584-4662.





Fig. 1 Abdominal radiograph on lateral decubitus position reveals pneumoperitoneum with dilated bowel loops.

(stool: sodium, 77 mmol/L; potassium, 45 mmol/L; and chloride, 48 mmol/L). The stool pH was always > 6 and reducing substances were negative. Stool evaluations for infectious workup were all negative, including stool culture, parasite study, rotavirus, and adenovirus antigens, cryptosporidium and *Clostridium difficile* toxin, and cytomegalovirus DNA. She had a normal screen for inborn errors of metabolism including serum amino acids and urine organic acids. She required fluid intake (400 mL/kg/d) containing sodium (30 mmol/kg/d) to maintain hydration and electrolyte balance.

Septic workup was performed and antibiotic therapy was started due to possibility of NEC because of appearance of fixed intestinal loops on repeated abdominal roentgenograms. The stool volume reduced (from 400 to 100 mL/kg/d), abdominal distension regressed, and minimal enteral feeding begun following 10 days of bowel rest. At fourth day of enteral feeding gastrointestinal symptoms (nausea, tender and distended abdomen, bloody stool) occurred suddenly. Arterial blood gases exhibited metabolic acidosis. In several hours the symptoms worsened dramatically and abdominal skin discoloration was shown. Due to demonstration of pneumoperitoneum on abdominal radiograph (>Fig. 1) laparotomy was performed, which revealed necrotic intestinal tissue limited to 5 to 6 cm in jejunum. Total of 10 cm small bowel was resected including additional safety tissue from both sides. Histopathological examination, which gets prepared from middle of the material, confirmed wall necrosis and pneumatosis, while no findings in favor of NEC was shown from lateral sides. In a short time after operation she required mechanical ventilation support and died from probable sepsis.

Light microscopy on preserved small bowel biopsies with periodic acid-Schiff (PAS) staining showed lack of the normal brush border and PAS-positive diastase resistant densities at the apex of the enterocytes (**~Fig. 2**). Electron microscopy studies revealed that most of microvilli were absent and the rest were stubby at the apical surface of an enterocyte.



Fig. 2 (a) The periodic acid-Schiff (PAS) stain with diastase demonstrates the intestinal brush border is not well outlined as in normal mucosa. In contrast, PAS-positive diastase resistant densities at the apex of the enterocytes are noted (arrows). (b) Similar findings are observed using immunohistochemical staining for carcinoembryonic antigen (CEA). CEA-positive densities are present at the apex of the cytoplasm and brush border remains negative (arrows). Magnification (a) D-PAS, ×400; (b) CEA immunostaining, counterstained with Harris hematoxylin, $\times 200$.

Vesicular structures located toward the apex were present (**Fig. 3**). Thus, MVID diagnosis was made. We could not provide genetic study for the *MYO5B* gene mutation due to rejection of the family for further research.

Discussion

The term "congenital diarrheal disorders" is used for patients usually present with life-threatening diarrhea due to dehydration and metabolic acidosis, in the first days or weeks of life. One of them MVID, which appears at first days (early onset form) or first months (late onset form) of life, is characterized by life-threatening secretory diarrhea.^{1,2}

MVID is an autosomal recessive disease caused by *MYO5B* gene mutations that disrupt epithelial cell polarity. *MYO5B* gene encodes myosin Vb that regulates membrane trafficking along the recycling pathway in polarized epithelial cells.^{4,5} Prenatal diagnosis could be possible and first prenatal



Fig. 3 Ultrastructural findings. (a) At the apical surface of an enterocyte most of microvilli are absent (arrow head) and the remaining are stubby (arrows). Vesicular structures located toward the apex are present (asterisk). (b) In higher magnification any microvilli is not observed at the apex (arrow) of another enterocyte. Dilated spaces (asterisks) containing vesicular structure and a few round forms resembling microvilli are present. Magnification (a) ×7,750 and (b) ×16,700.

diagnosis has been recently published.⁶ Intestinal histology shows villous atrophy without marked crypt hyperplasia and abnormal PAS-positive inclusion material in the apical cytoplasm. In electron microscopy atrophic or completely absent microvilli and secretory granules appear in the same distribution as the abnormal PAS-positive accumulation.¹ Light and electron microscopic findings in our patient's jejunum specimens are consistent with stated above. But distinct histological diagnosis made from surgically resected small bowel specimens.

To our knowledge there are not any data reported about MVID and NEC association or their relationship. Three key contributing factors have been identified about pathophysiology of NEC; early enteral feeding, bacterial colonization, and prematurity.⁷ Colonization of the newborn's intestine is affected by a variety of factors such as delivery method, gestational age, breast- or formula-feeding, and using of

broad-spectrum antibiotics.⁸ Prematurity, formula feeding, and broad-spectrum antibiotics usage might lead to bacterial colonization related to NEC, in our patient. It was expressed that mainly prolonged catheter-related sepsis is the major cause of death in MVID. Similarly, the reason of death in our patient could be probable sepsis secondary to NEC; despite we did not prove it with cultures.¹

Few other disease associations with MVID are reported in literature. One patient diagnosed as dihydropyrimidinase deficient.⁹ One had severe mental retardation of unspecified etiology.¹⁰ It was debated whether hypophosphatemic rickets and renal insufficiency were results of complications from stool losses in two patients.^{10,11} Another one was associated with coarctation of the aorta and bicuspid aortic valve.¹²

There is no report of MVID and NEC association and also no data to determine a link between the two conditions. Although, the association may be coincidental, we should be aware of appearing NEC in patients with MVID especially when contributing factors present.

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