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## Gene delivery to the spinal cord using MRI-guided focused ultrasound

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### Abstract

Non-invasive gene delivery across the blood-spinal cord barrier (BSCB) remains a challenge for treatment of spinal cord injury or disease. Here, we demonstrate the use of magnetic resonance imaging-guided focused ultrasound (MRIgFUS) to mediate non-surgical gene delivery to the spinal cord, using self-complementary adeno-associated virus serotype 9 (scAAV9). scAAV9 encoding green fluorescent protein (GFP) was injected intravenously in rats. MRIgFUS allows for transient, targeted permeabilization of the BSCB through the interaction of FUS with systemically-injected Definity® lipid-shelled microbubbles. scAAV9-GFP was delivered at 3 dosages:  $4 \times 10^8$ ,  $2 \times 10^9$ , and  $7 \times 10^9$  vector genomes per gram (VG/g). Viral delivery at  $2 \times 10^9$  and  $7 \times 10^9$  VG/g leads to robust GFP expression in the targeted length and side of the spinal cord. At a dose of  $2 \times 10^9$  VG/g, GFP expression was found in 36% of oligodendrocytes, and in 87% of

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neurons in FUS-treated areas. FUS applications to the spinal cord could address a long-term goal of gene therapy: delivering vectors from the circulation to diseased areas in a noninvasive manner.

## Keywords

AAV; adeno-associated virus; GFP; green-fluorescent protein; MRIFUS; non-invasive gene delivery

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## Introduction

Gene therapy has entered clinical trials for the treatment of neurodegenerative disorders and chronic pain,<sup>1</sup> and has shown promise in preclinical animal models for the treatment of spinal cord injury (SCI),<sup>2,3</sup> spinal muscular atrophy,<sup>4-7</sup> and amyotrophic lateral sclerosis (ALS).<sup>3,8</sup> Gene therapy directed to the central nervous system (CNS) could realize its full potential upon the development of safe and effective delivery methods capable of targeting gene transfer to the desired location non-invasively.

Both the blood-brain barrier (BBB) and the blood-spinal cord barrier (BSCB) are characterized by the presence of tight junctions and reduced active transport.<sup>9</sup> Large molecules (>500 Da) of low lipid solubility, and with no active transporter, do not readily pass the BBB and BSCB.<sup>10</sup> The development of non-invasive approaches to increase the delivery of therapeutics from the blood to the brain and spinal cord has been an area of great research interest.

Transcranial focused ultrasound (FUS), when used in conjunction with systemically circulating microbubbles,<sup>11</sup> has the ability to transiently open the BBB causing a downregulation of tight-junctional proteins (e.g. ZO-1, claudin-1, claudin-5, occludin),<sup>12-14</sup> and an upregulation of active transport proteins such as caveolin-1.<sup>15,16</sup> This permeabilization is transient, lasting for approximately 4-6 h after sonication.<sup>17</sup> FUS-mediated BBB disruption has been used to deliver large agents, such as antibodies (~150 kDa),<sup>18-20</sup> viral vectors (~20 nm)<sup>21,22</sup> and stem cells (8-10  $\mu$ m)<sup>23</sup> to targeted brain areas. Positive therapeutic response to agents delivered using FUS BBB disruption has been observed in mouse models of cancer<sup>24</sup> and neurodegenerative diseases.<sup>20,25</sup> Additionally, previous studies show that microbubble-mediated FUS treatment alone increases adult neurogenesis and dendritic plasticity.<sup>26,27</sup>

FUS-mediated BSCB opening has the potential to facilitate drug, cell and gene therapies for spinal cord ailments such as tumors, injury, or diseases like ALS. However, ultrasound can be scattered by heterogeneous materials such as bone, and the complexity of the vertebrae represents a challenge for the translation of FUS-mediated BSCB opening to the spinal cord.<sup>28,29</sup> Advances in the field have led to a preliminary investigation demonstrating the feasibility of transient opening of the BSCB.<sup>30</sup> Here, we demonstrate FUS-mediated BSCB opening in a rat model under magnetic resonance imaging (MRI)-guidance and its application for gene delivery using self-complementary adeno-associated virus serotype 9 (scAAV9).

## Results

FUS treatments were performed with an ultrasound transducer located below the animal placed in dorsal recumbency, producing BSCB disruption at the level of the cervical spine (Figure 1a and b). scAAV9-GFP was injected intravenously at doses of  $4 \times 10^8$ ,  $2 \times 10^9$  and  $7 \times 10^9$  vector genomes per gram (VG/g). Contrast-enhanced MRI was used to target the spine (Figure 1c) and confirm the increase in BSCB permeability post-FUS treatment (Figure 1d and e). Immunohistochemistry data were obtained from longitudinal and transverse sections of the FUS-targeted area (Figure 1f).

MRI-guided focused ultrasound (MRIgFUS) treatment was successful in mediating gene delivery of scAAV9-GFP, administered intravenously at  $2$  and  $7 \times 10^9$  VG/g, to the unilateral targeted region of the spinal cord (Figure 2). This resulted in GFP expression in oligodendrocytes (Figure 3) and neurons (Figure 4). At a dose of  $2 \times 10^9$  VG/g scAAV9-GFP, we found that 36% of oligodendrocytes and 87% of neurons expressed GFP in FUS-targeted areas of the spinal cord. GFP expression was evident in the liver, minimal in the heart, and marginally detected in the muscle (Figure 5).

### MRI-Enhancement and Blood-Spinal Cord Barrier Permeability

1.5T MRI was used to visualize and target the cervical area of the spinal cord (Figure 1c). Following FUS treatment, BSCB opening was confirmed by the entry of MRI contrast agent in localized areas of the spinal cord (Figure 1d, arrows). Using these FUS parameters, enhancement in the soft tissue surrounding the targeted spinal cord was occasionally noted (Figure 1d). In order to assess long-term safety of MRIgFUS treatment, 2 animals were reimaged using 7T MRI 13 days post treatment (Figure 1e). No indications of fluid retention, or structural abnormalities were observed on MRI (Supplementary Figure 1a).

In 11 out of the 12 rats treated, tissue collected 13 days post treatment showed no signs of red blood cell infiltration, damage, or other histopathological abnormalities at the gross anatomy level (Supplementary Figure 1b). The temperature of liquid-lipid suspension used to form the microbubbles through mechanical agitation has been shown to affect bubble size distribution, and at lower temperatures results in the formation of larger bubbles.<sup>31</sup> We found that in one animal treated at the same FUS parameters, but with microbubbles pre-activated at approximately  $4^\circ\text{C}$ , as opposed to room temperature, resulted in damage of the spinal cord. After FUS treatment, this animal demonstrated front limb paresis, and 7T MRI imaging, performed 13 days post treatment, showed significant structural abnormalities in the spinal cord tissue (Supplementary Figure 1c). Hematoxylin and eosin stained sections from the FUS-treated area of this animal showed damage (Supplementary Figure 1d). There were no clinical symptoms in the remaining 11 animals post treatment with microbubbles at room temperature.

### Gene Expression Following Unilateral MRIgFUSscAAV9-GFP Delivery to the Spinal Cord

This experiment aimed to establish that MRIgFUS could be used to target one side of the cervical spinal cord in adult rats and deliver systemically-injected scAAV9-GFP to that FUS-treated location, where GFP would then be expressed.

At the lowest dose of scAAV9-GFP ( $4 \times 10^8$  VG/g), low levels of GFP expression were detected as illustrated in a longitudinal spinal cord section (Figure 2a), and transverse section of the targeted area (Figure 2b and c). GFP expression was below detection levels on the contralateral side (Figure 2d). At the middle dose of scAAV9-GFP ( $2 \times 10^9$  VG/g), strong GFP expression was observed in longitudinal (Figure 2e), and transverse sections of the spinal cord within the FUS-treated area (Figure 2f). At higher magnification, GFP expression is evident on the treated side (Figure 2g), but not the contralateral side (Figure 2h). At the highest dose of scAAV9-GFP ( $7 \times 10^9$  VG/g), the longitudinal (Figure 2i) and transverse views (Figure 2j) of the FUS-treated area of the spinal cord showed the most abundant GFP expression compared to the middle and low doses. At higher magnification, GFP is more prominent on the treated side (Figure 2k) than on the contralateral side (Figure 2l).

### scAAV9-Mediated GFP Expression by Oligodendrocytes

In order to assess which cell types within the spinal cord express GFP after delivery of scAAV9-GFP with MRIGFUS, tissue samples were stained with oligodendrocyte lineage transcription factor 2 (Olig2). At the lowest dose of scAAV9-GFP ( $4 \times 10^8$  VG/g), GFP expression in Olig2-positive cells was not detected (Figure 3a-c). At the middle dose ( $2 \times 10^9$  VG/g), GFP expression was abundant (Figure 3d) and present in some Olig2-positive cells (Figure 3e and f, arrow). At this dose,  $36 \pm 3$  % (mean  $\pm$  SD, n=4) of Olig2-positive cells in FUS-treated regions of the spinal cord, were GFP-positive. At the highest dose ( $7 \times 10^9$  VG/g), GFP expression in the targeted area of the spinal cord was increased compared to the low and middle dose (Figure 3g-i).

### scAAV9 Mediated GFP Expression by Neurons

For assessment of GFP expression in neurons, tissue sections were stained with antibodies against the neuronal nuclear antigen (NeuN), and choline acetyltransferase (ChAT). Images were taken within the ventral horn of transverse sections from the treated cervical spine. At the lowest dose of scAAV9-GFP ( $4 \times 10^8$  VG/g), GFP expression was below detection levels in NeuN-positive (blue) and ChAT-positive (red) neurons (Figure 4a-e). Conversely, at the middle ( $2 \times 10^9$  VG/g; Figure 4f-j) and high ( $7 \times 10^9$  VG/g; Figure 4k-o) doses of scAAV9-GFP, ChAT- and NeuN-positive cells were found to express GFP (Figure 4h-j and m-o, arrows). At  $2 \times 10^9$  VG/g scAAV9-GFP,  $87 \pm 4$  % (mean  $\pm$  SD, n=4) of NeuN-positive cells were GFP-positive in FUS-treated areas. Few cells positive for NeuN and weakly stained for ChAT did not express significant levels of GFP (Figure 4m-o, arrowheads). GFP expression was restricted to the FUS-treated side at  $2 \times 10^9$  and  $7 \times 10^9$  VG/g, and under the same imaging parameters, no background was detected on the contralateral side with no FUS treatment (Figure 4a'-c'; f'-h'; k'-m').

### scAAV9-Mediated GFP Expression in Peripheral Organs

GFP expression was evaluated in peripheral organs and in the brain after tail vein injection of scAAV9-GFP, paired with MRIGFUS targeted to the spinal cord. GFP expression within the liver, heart, and muscle was evaluated (Figure 5). The highest level of GFP expression was seen in the liver (Figure 5a), whereas the fluorescence signal in the heart (Figure 5b) at the same confocal parameters was considerably lower. GFP expression in the muscle tissue

(Figure 5c) when evaluated at these same confocal parameters was undetectable (data not shown). For this reason, the GFP signal in muscle tissue was enhanced using a GFP antibody coupled to Cy3, and confocal settings were optimized for the detection of this fluorochrome (Figure 5c). GFP expression was not detected in the kidney or brain, despite signal enhancement with GFP antibody (data not shown). Topro3 iodide was used as a nuclear stain.

## Discussion

Direct injection of therapeutic agents into the spinal cord carries the risks of complication due to needle placement, infection, nerve trauma, air embolism, disc entry, hematoma, and hypersensitivity reaction.<sup>32</sup> Using MRIgFUS, delivery of therapeutic agents to the spinal cord can be done non-surgically, greatly reducing the risks associated with direct injection. The current study is a proof-of-concept that MRIgFUS can be used for non-invasive gene delivery to the spinal cord. Briefly, a viral vector carrying a reporter protein (scAAV9-GFP) was injected intravenously and MRIgFUS was used to target one side of the cervical spinal cord in adult rats, delivering the transgene across the BSCB at that location.

Systemic injection of AAV9 is an efficient method for gene delivery to the spinal cord in neonate rodents<sup>33</sup>. This is due to the properties of the neonatal BSCB, which does not fully mature until approximately 14 days after birth.<sup>34,35</sup> In animals with a mature BSCB, the dose of AAV9 injected intravenously needs to be much higher to effectively permeate the BSCB and reach the spinal cord (e.g.  $4 \times 10^{12}$  DNase resistant particles;<sup>36</sup> and  $1 \times 10^{11}$  VG/g).<sup>37</sup> Here, we show that the use of MRIgFUS, as a means to increase BSCB permeability, decreased the dose required for gene delivery to the spinal cord to  $2 \times 10^9$  VG/g, representing a 50-fold reduction from the previously reported minimum values.<sup>37</sup> FUS-mediated gene delivery could therefore provide an alternative or complement to current intrathecal and intravascular strategies.<sup>7</sup>

As observed in the mouse brain,<sup>21</sup> FUS-mediated gene delivery to the spinal cord did not influence the tropism of scAAV9 towards a particular cell type. scAAV9-GFP injected intravenously at 2 and  $7 \times 10^9$  VG/g and combined with MRIgFUS, resulted in GFP expression in neurons, including ChAT-positive motor neurons, oligodendrocytes. Previous studies using higher dosages of intravenous AAV9, but without FUS, have shown gene transfer in a maximum of 28% of motor neurons,<sup>37</sup> and 7% of oligodendrocytes.<sup>38</sup> In addition, intravenous delivery of scAAV9 was shown to result in GFP expression in cells that were neither NeuN-positive, nor Olig2 positive. Previous studies suggest that these cells may be astrocyte-perivascular endfeet,<sup>36</sup> or endothelial cells, which the virus would have been exposed to while crossing the BSCB.<sup>39</sup> Identification of other GFP-positive cell types will be evaluated in future studies.

In addition to reducing the required effective dose of scAAV9 for gene delivery, MRIgFUS is able to target a localized area or side of the spinal cord. This is of significant value towards the design of therapeutic approaches for spinal cord disorders or injury. Additionally, the ability to target one side of the spinal cord could eventually be used for the treatment of hemisection lesions, such as in Brown-Séquard syndrome,<sup>40</sup> in that a

therapeutic agent could be non-invasively delivered to only the injured side of the spinal cord. The non-FUS targeted areas of the spinal cord in our study showed no GFP expression, allowing us to conclude that the delivery of the vector was mediated by MRIgFUS and not by the innate ability of scAAV9 to cross the BSCB. Furthermore, the lack of GFP expression in the brain indicates that scAAV9, at the doses tested, did not cross the BBB in an appreciable amount.

In order to assess gene expression in peripheral organs, the liver, kidney, quadriceps muscle, and heart tissue were analyzed, with only the liver, heart, and muscle showing GFP expression. These results are in agreement with previous studies in rats that found systemic scAAV9 delivery resulted in gene expression in the liver,<sup>41</sup> and heart.<sup>41,42</sup> Studies investigating the systemic delivery of scAAV9 in mice also found abundant gene expression in skeletal muscle with some expression in the kidney.<sup>21,36,37</sup> Our study is consistent with the findings that scAAV9 delivery does not result in significant gene expression in the rat kidney.<sup>41</sup> This variance in gene expression by peripheral organs in mice and rat studies can be due to the dosages, preparations of scAAV9, and potential interspecies differences in cell surface expression of terminal N-linked galactose, which is the primary receptor for AAV9.<sup>43</sup> One strategy that could be implemented to decrease peripheral gene expression would be the use of neural-specific promoters. In the case of scAAV9, there have been significant differences observed in motor neuron gene delivery after intrathecal injection in mice, when the promoter was varied between a cytomegalovirus promoter (CMV) or a chicken- $\beta$ -actin (CBA) promoter, with scAAV9-CMV inducing the greatest amount of gene expression in motor neurons.<sup>44</sup> By varying the promoter, further regulation of gene expression after MRIgFUS-mediated gene delivery may be possible.

With regards to the animal which experienced post-treatment spinal cord injury, it has been shown that pre-activation vial temperature effects microbubble size distribution.<sup>31</sup> Definity® microbubbles are activated by mechanical agitation, which generates bubbles from a vial containing an aqueous solution of lipids with octofluoropropane gas; vials activated at a colder temperature produce a greater number of larger bubbles.<sup>31</sup> Larger microbubbles can result in greater barrier opening.<sup>45</sup> The histology results of the remaining 11 animals, treated at the same FUS parameters, showed no signs of tissue damage, which further suggests that the injury seen in the first animal was caused by larger microbubbles, generated through activation of the vial at a lower temperature. A recent study that used FUS to intentionally generate a spinal cord injury model in rats, demonstrated that FUS applied at an acoustic power of at least 1.3-1.6 W in the presence of microbubbles would result in such damage.<sup>46</sup> When the acoustic power is limited to 0.73 W, as it was here, there was no evidence of spinal cord damage, when using microbubbles brought to room temperature before activation. The MRI enhancement in soft tissue immediately surrounding the FUS-treated area of the spinal cord is due to the small size of the animal relative to the focal characteristics of the transducer used in this study. In a clinical setting, a wider aperture transducer could be used, which would allow for a tighter focal spot.<sup>47</sup> To provide additional safety to FUS-mediated BSCB opening, real-time monitoring techniques developed to tune the exposure parameters for a controlled BBB opening in transcranial FUS treatment<sup>48,49</sup> could be adapted for application to the spinal cord.

Finally, it is known that FUS alone in other regions of the CNS can enhance neurogenesis, dendritic complexity<sup>26,27</sup> and glial activation.<sup>25</sup> Therefore, it will be of interest to evaluate the impact of FUS alone on neuronal and glial plasticity in the spinal cord, and assess the long-term benefits or risks of such potential remodeling.

In summary, an intravenous dose of  $2 \times 10^9$  VG/g was sufficient for targeted delivery of scAAV9-GFP to the rat cervical spinal cord, resulting in significant gene expression in 87% of neurons and 36% of oligodendrocytes in the FUS-targeted region. MRlgFUS has the potential to be further developed for targeted, non-invasive gene therapy to the spinal cord.

## Materials and Methods

### Animals

This experiment used 12, approximately 300g-male Wistar rats (Charles River, Canada). All of the animal procedures were carried out in compliance with the Canadian Council on Animal Care and the Animals for Research Act of Ontario guidelines, and with the approval of the Sunnybrook Research Institute Animal Care Committee.

### Virus

scAAV9 was produced using a transient transfection procedure and a double-stranded AAV2-ITR-based CB promoter-green fluorescent protein (GFP) vector, with a plasmid encoding Rep2Cap9 sequence as previously described,<sup>36</sup> as well as an adenoviral helper plasmid pHelper (Stratagene, Santa Clara, CA). The vector was then sequenced to verify that it was identical to that of the previously described AAV serotype 9. Vector purification was done with two cesium chloride density gradient purification steps, dialyzation against phosphate-buffered saline (PBS), and formulation with 0.001% Pluronic-F68 to prevent virus aggregation, before storage at 4°C.<sup>36</sup> Viral preparations were titered via quantitative-PCR and Taq-Man technology. The vector purity was analyzed via 4–12% sodium dodecyl sulfate-acrylamide gel electrophoresis and silver staining (Invitrogen, Carlsbad, CA).

The 3 dosages of scAAV9-GFP used for this study were  $4 \times 10^8$  (n=4),  $2 \times 10^9$  (n=6) and  $7 \times 10^9$  (n=2) VG/g of treated animal.

### MRlgFUS

Rats were anesthetized with isoflurane, and then with an additional mixture of ketamine (40-50 mg/kg) and xylazine (10 mg/kg) delivered via intramuscular injection. The hair was removed from the neck and back using an electric razor followed by depilatory cream. A 22G angio-catheter was placed in the tail vein to facilitate delivery of microbubbles and the MRI contrast agent. Animals were placed in dorsal recumbency on the top plate of a three-axis positioner, operationally similar to that described by Chopra *et al.*,<sup>50</sup> with their necks contacting a water bath. The ultrasound transducer was located on a positioning arm below the animal (Figure 1a).

Animals were imaged using a 1.5T MRI (1.5T Signa, General Electric, Milwaukee, WI). Pre-treatment T2 weighted images were used for selecting the ultrasound targets. Contrast-enhanced baseline T1 weighted images were captured before sonication (Figure 1c). The

cervical spine was selected for targeting to minimize MRI artifacts from heart motion. Ultrasound was generated using a 1.114 MHz spherically focused transducer (Aperture: 7 cm, F-number: 0.8), driven using a function generator and radio frequency (RF) power-amplifier. Sonications consisted of 10 ms ultrasound bursts at a repetition rate of 0.5 Hz, for a total of 5 min, targeted to the cervical spine. The acoustic power during the burst was kept below inertial cavitation threshold (based on earlier experiments) and set to 0.73 W. Definity microbubbles (0.02 ml/kg, Lantheus Medical Imaging) were injected into the tail vein catheter at the start of the sonication, followed by 0.5 ml saline. During each sonication, 6 spots were sonicated at 1 mm spacing to produce a band of BSCB opening in the cervical spine (Figure 1b). Gadodiamide (0.2 ml/kg Omniscan, GE Healthcare) contrast-enhanced T1 weighted images were captured post FUS to assess the permeability of the BSCB (Figure 1d). Some animals received a second sonication if the first did not result in BSCB opening, as assessed by MRI enhancement.

5-30 min following ultrasound treatment, rats received an injection of 0.3 ml of viral solution via tail vein catheter, followed by 0.5 ml of saline to clear the catheter of any residual virus and ensure transfer into the bloodstream. After recovery, rats were returned to individual cages for 13 days.

### High Resolution MRI

Images were acquired using a 7T Bruker Biospin (Bruker BioSpin MRI GmbH, Ettlingen, Germany) post FUS, at a resolution of  $0.15 \times 0.15$  mm/pixel, and 1 mm slice thickness in order to more precisely localize BSCB opening. Contrast enhanced axial images were acquired using a 2D FLASH sequence, (TE 2.47ms, TR 200ms, 10 averages, FA 65°, resolution  $0.15 \times 0.15$  mm/pixel, 1mm slice thickness). Six of the animals were imaged immediately following ultrasound treatment (Figure 1e), and 2 of these animals were imaged 13 days post treatment to confirm that the BSCB was no longer permeable (Supplementary Figure 1a).

### Histological processing

13 days after FUS treatment, rats were deeply anesthetized with ketamine (75 mg/kg) and xylazine (10 mg/kg), and transcardially perfused with 0.9% saline solution, followed by 4% paraformaldehyde (PFA) in 0.1M  $\text{PO}_4$ . The spinal cord, brain, and organs including: heart, kidney, quadriceps muscle and liver, were collected and post fixed in 4% PFA solution for 24h, and stored at 4°C in 30% sucrose solution. Spinal cord sections were cut in either transverse or longitudinal orientation on a vibratome at room temperature. The distance to the treatment area was estimated, in millimeters from the brain stem, using the MRI enhancement images and ImageJ software. For transverse sections, each spine was first sectioned into 8, 3 mm-thick pieces, with the 4th piece (P4) representing the treatment target area (Figure 1f). Then 12, 50  $\mu\text{m}$ -thick sections were cut from the top of each piece for analysis. The bottom of each piece was marked with blue tissue dye (Davidson Marking System, Bradley Products, 1013-5, Bloomington, MN, USA) to indicate orientation. The brain and peripheral organs were mounted onto a sliding microtome with Tissue-Tek OCT and frozen with dry ice for cutting into 40  $\mu\text{m}$ -thick sections. Sections were stored at -20°C in cryoprotective glycerol solution.



## Histology

Hematoxylin and eosin (H&E) staining was used on 50  $\mu\text{m}$ -thick (n=11) and 5  $\mu\text{m}$ -thick (n=7) spinal cord sections as previously described.<sup>51,52</sup> 50  $\mu\text{m}$ , free floating sections were mounted on paraffin-coated microscope slides and allowed to adhere for 72 h, before staining by standard H&E procedures. Tissue integrity of the spinal cord in 11 animals was assessed from both within and outside the targeted region.

## Immunohistochemistry

Free-floating spinal cord sections were washed 3 times for 10 min in PBS, and incubated for 1 h in blocking solution containing PBS with 10% donkey serum and 0.4% Triton X100 (PBS++). Sections were then incubated for 72 h at 4°C in rabbit anti-GFP (1:500, Millipore, AB3080, Bedford, MA, USA), mouse anti-oligodendrocyte lineage transcription factor 2 (Olig2)(1:500, Millipore, MABN50), mouse anti-neuronal nuclear antigen (NeuN)(1:500, Millipore, MAB377), or goat anti-choline acetyltransferase (ChAT)(1:100, Millipore, AB144P) diluted in PBS++. The sections were then washed 3 times for 10 min in PBS. This was followed by incubation at room temperature for 1 h in the following secondary antibodies in PBS++: Biotin-conjugated donkey anti-rabbit IgG (1:80 Jackson ImmunoResearch, 711-065-152, West Grove, PA, USA), Cy3-conjugated donkey anti-goat IgG (1:200, Jackson ImmunoResearch, 705-165-147), and Cy5-conjugated donkey anti-mouse IgG (1:200, Jackson ImmunoResearch, 715-175-150). After washing the sections twice for 10 min in PBS, they were incubated at room temperature in PBS++ with Alexa488-conjugated Streptavidin (1:200, Jackson ImmunoResearch, 016-540-084) for 2 h. After washing 3 times in PBS, sections were rinsed in 0.1M PO<sub>4</sub> and mounted on a microscope slide with polyvinyl alcohol and 1,4-diazabicyclo[2.2.2]octane (PVA-DABCO) and a coverslip.

40  $\mu\text{m}$ -thick brain, heart, and quadriceps muscle sections were washed 3 times in tris-buffered saline (TBS) for 10 min, before a 1 h incubation in blocking solution (TBS, donkey serum 7.5%, and triton X-100 0.5%) at room temperature. Sections were incubated in rabbit anti-GFP antibody (1:500, AB3080, Millipore) in blocking solution overnight at 4°C. Sections were washed 2 times with TBS for 15 min before a 2 h incubation with donkey anti-rabbit IgG biotin (1:500, Jackson ImmunoResearch, 711-065-152), diluted in blocking solution. After two 15 min washes in TBS, the sections were incubated with Cy3-conjugated Streptavidin (1:500, Jackson ImmunoResearch, 016-160-084) and Topro3 iodide (1:500, Invitrogen, T3605, Eugene, OR, USA) for 2 h at room temperature. Sections were then rinsed 3 times in TBS, and once in 0.1M PO<sub>4</sub> before mounting on a microscope slide with PVA-DABCO and a coverslip.

Liver and kidney sections, of 40  $\mu\text{m}$  thickness, were washed 3 times for 10 min in TBS, and then incubated for 1 h in blocking solution at room temperature. Sections were then incubated with Topro3 iodide (1:500, Invitrogen, T3605) in blocking solution at room temperature for 2 h. The sections were rinsed 3 times in TBS, and once in 0.1M PO<sub>4</sub> before mounting on a microscope slide with PVA-DABCO and a coverslip.

## Imaging

Images of spinal cord in Figure 2a, b, e, f, i, j were acquired using an Axioplan 2 imaging system (Carl Zeiss, Toronto, ON). Series of adjacent images were captured using a 10× objective, which were then assembled into a single mosaic with Virtual Slice (Stereo Investigator; Bioscience, Williston, VT, USA).

All other images were taken using either a Zeiss Axiovert 100/LSM 510, Zeiss Axio Observer Z1/LSM 700 or a Zeiss Z1 Observer/Yokogawa Spinning Disk (Carl Zeiss, Toronto, ON) microscope. Excitation wavelengths of 488nm (GFP), 561nm (Cy3), and 633nm (Cy5) were used. Spinal cord images are shown as single confocal plane. Liver, muscle, and heart images as shown are a projection of five, 1.13 μm Z-stacks. Image montages were prepared with Adobe Photoshop CS5 (Adobe Systems Incorporated).

## Cell Counts

The percentages of Olig2-positive and NeuN-positive cells expressing GFP were quantified under stereology-based principles using Stereo Investigator™ (MBF Biosciences) on a Zeiss AxioImager M2 microscope. Three representative sections at the FUS-treated level of the spinal cord from animals receiving  $2 \times 10^9$  VG/g (n=4) were used. Quantification was done with a 63× oil objective, using the optical fractionator probe, from z stacks collected following systematic, random sampling. Regions of interest were at the FUS-treated level and included visible areas of GFP expression in the spinal cord at 5× magnification. The average coefficient of error (Gundersen m=1) was 0.04 for the number of Olig2-positive cells expressing GFP, and 0.06 for the number of NeuN-positive cells expressing GFP.

## Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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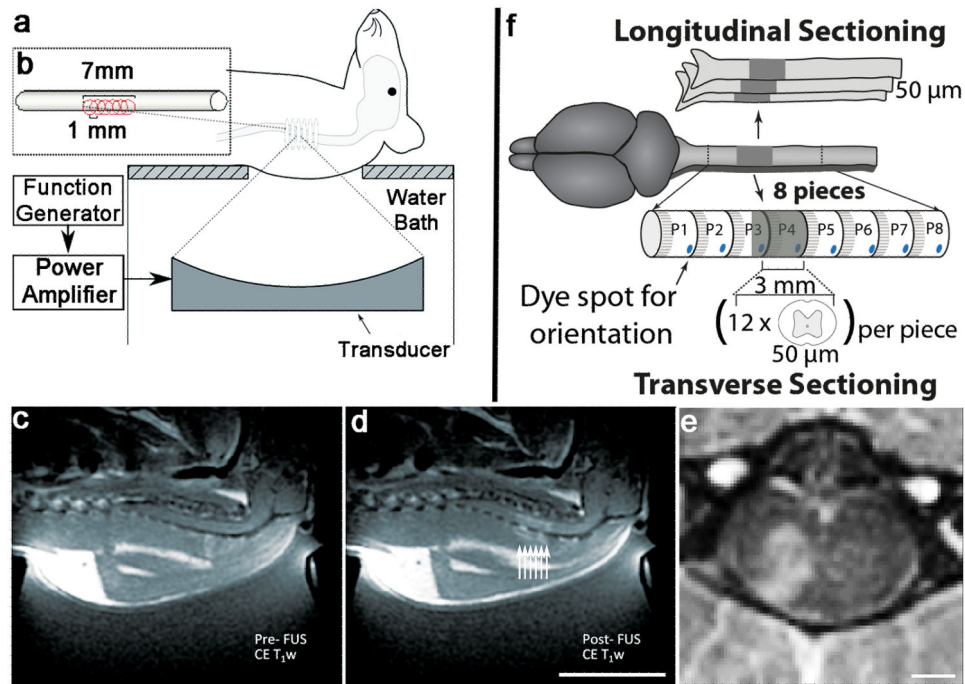
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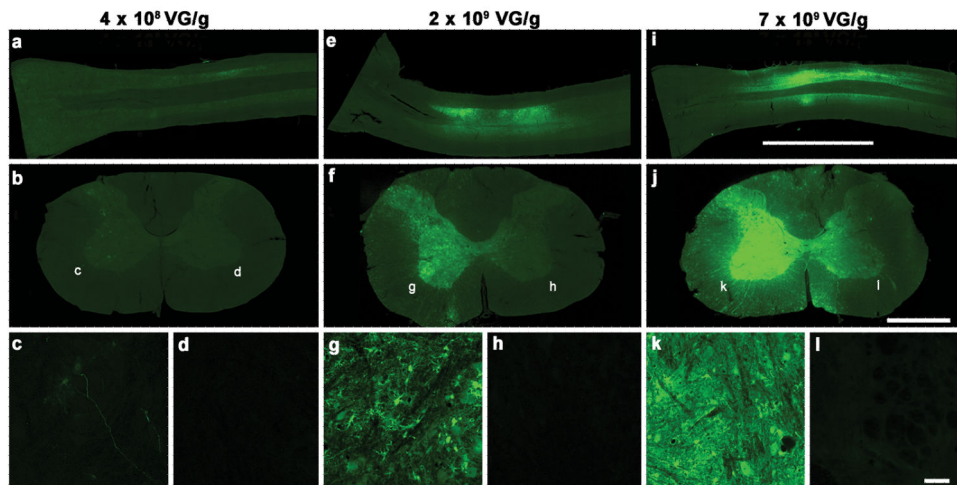
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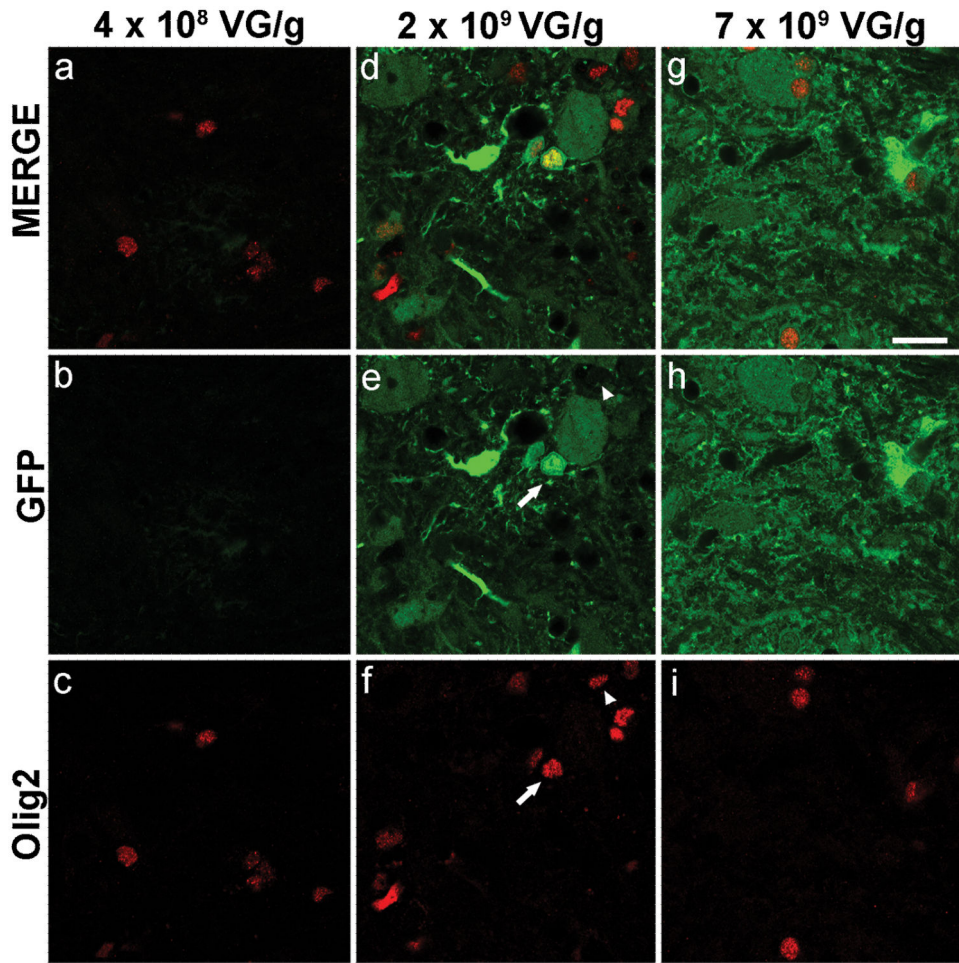
### Figure 1. Experimental Setup

Each rat was positioned on the focused ultrasound (FUS) apparatus, with the target location of the spinal cord pre-identified using MRI guidance (a). FUS treatment was administered along 6, overlapping focal points across an approximately 7 mm section of spinal cord (b). T1-weighted 1.5T MRI images following gadolinium contrast agent injection were used to assess BSCB disruption by focused ultrasound (FUS). Images were obtained before (c, Pre-FUS) and after (d, Post-FUS) treatment. Enhancement (d, arrows) indicates successful BSCB disruption. Each arrow represents the approximate location of each ultrasound focal point. Gadolinium-enhanced 7T MRI images were taken immediately following FUS treatment, and show transverse distribution of the contrast agent within the treated side of the spinal cord (e). For histological assessment 13 days post-treatment, the isolated spinal cords were sectioned longitudinally, or cut into 8 pieces of 3 mm each as demonstrated in the schematic (f). Using previously obtained T1-weighted MRI images (d), the distance from the top of the spine to the area showing enhancement (BSCB disruption) was estimated. For transverse sectioning, each spinal cord was cut such that the 4<sup>th</sup> piece (P4) would represent roughly the beginning of the treated area. Thereafter, 12 transverse sections at a 50 µm thickness were cut, starting from the rostral position of the treated area, for further analysis.



**Figure 2. Gene Expression Following Unilateral MRIgFUS scAAV9-GFP Delivery to the Spinal Cord**

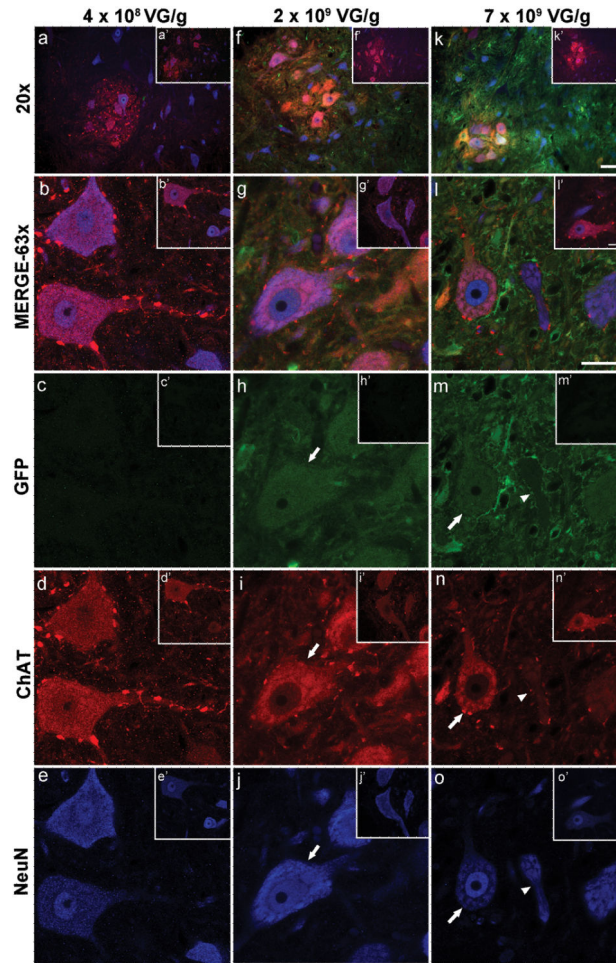
MRIgFUS gene delivery to the spinal cord was done unilaterally at dosages of  $4 \times 10^8$  VG/g (a-d),  $2 \times 10^9$  VG/g (e-h), and  $7 \times 10^9$  VG/g (i-l). The expression of scAAV9-GFP was located within the 7 mm FUS-treated area, and was largely found on the FUS-treated side of the spinal cord, as seen in both longitudinal (a, e, i) and transverse sections at the cervical, FUS-treated level of the spinal cord (b, f, j). Details at higher magnification of the FUS-ipsilateral side (c, g, k) and FUS-contralateral side (d, h, l) are also shown here. At all doses tested, viral-mediated GFP expression was mainly found on the treated side of the spinal cord, and not evident on the contralateral side (d, h, l). The lowest dose ( $4 \times 10^8$  VG/g) shows limited gene expression (a-c). At the middle dose ( $2 \times 10^9$  VG/g), GFP expression is evident (e-g), and remains within the treated side of the spinal cord (untreated side h). At the highest dose ( $7 \times 10^9$  VG/g), GFP expression is abundant (i-k) on the treated side of the spinal cord (k), but not on the contralateral side (l). Longitudinal scale bar (a, e, i): 6 mm. Transverse scale bar (b, f, j) 1 mm. Lower panels (c, d, g, h, k, l) scale bar: 50  $\mu$ m



**Figure 3. scAAV9-Mediated GFP Expression by Oligodendrocytes**

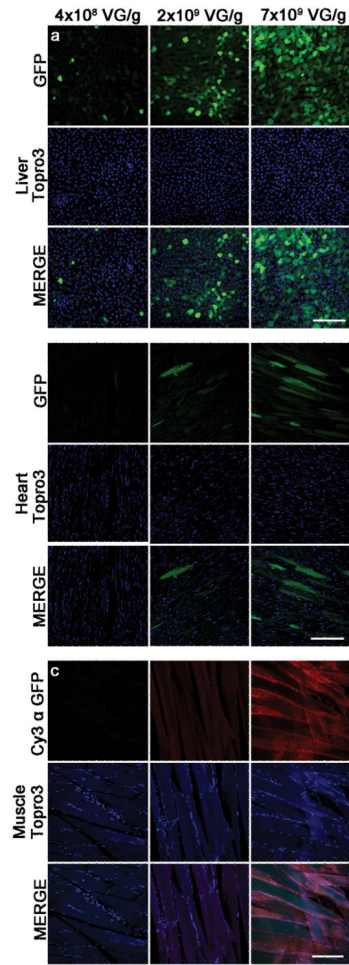
GFP expression at the lowest dose (**a-c**) of scAAV9-GFP was not detectable in Olig2-positive cells (oligodendrocytes, red). At the middle (**d-f**) and high (**g-i**) doses of scAAV9-GFP, expression of GFP by Olig2-positive cells is evident in some cells (**e and f** arrow). At these doses, Olig2-positive cells that did not express GFP are also visible (**e and f** arrowhead). At the middle dose, and within the FUS-treated area of the spinal cord,  $36\% \pm 3\%$  (mean  $\pm$  SD, n=4) of Olig2-positive cells expressed GFP. Scale bar:  $20\mu\text{m}$





#### Figure 4. scAAV9- Mediated GFP Expression by Neurons

At the lowest dose of scAAV9-GFP, GFP expression within the treated area of the spinal cord was below detection levels in ChAT (red)- and NeuN (blue)-positive cells (**a-e**). Images of the untreated side of the spinal cord also show no detectable GFP expression (**a'-e'**). At the middle dose, GFP expression was observed in ChAT- and NeuN-positive cells (**f** and **g**; **h-j**, arrow). On the contralateral side of the spinal cord, no GFP background expression was detected (**f'-j'**). At this dose, and within the FUS treated area of the spinal cord, 87% + 4% (mean + SD, n=4) of NeuN-positive cells expressed GFP. At the highest dose, most (**k** and **l**; **m-o**, arrow), but not all (**m-o**, arrowhead), ChAT- and NeuN-positive cells, expressed GFP. GFP expression on the untreated side was below detection levels (**k'-o'**). Scale bar (**a, f, k**): 50  $\mu$ m; Scale bar (**b-e, g-j, l-o**): 20  $\mu$ m



**Figure 5. scAAV9-Mediated GFP Expression in Peripheral Organs**

scAAV9-mediated GFP expression in the liver (**a**), heart (**b**), and muscle (**c**). GFP detection in the muscle was enhanced using an antibody against GFP coupled to Cy3 (red). Topro3 iodide nuclear stain is shown here in blue. Scale bar: 50  $\mu$ m