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Serum long noncoding RNA urothelial carcinomaassociated I: A novel biomarker for diagnosis and prognosis of hepatocellular carcinoma

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### Abstract

**Objective:** Long noncoding RNAs (lncRNAs) offer great potential as cancer biomarkers. This study was performed to assess the applicability of serum lncRNA urothelial carcinomaassociated I (UCAI) as a diagnostic and/or prognostic biomarker for hepatocellular carcinoma (HCC). **Methods:** We examined UCAI expression in serum samples from 105 patients with HCC, 105 patients with benign liver disease (BLD), and 105 healthy volunteers using reverse-transcription polymerase chain reaction and analyzed the relationship between serum UCAI and clinicopathological parameters of HCC as well as survival.

**Results:** Expression of serum UCAI was significantly higher in patients with HCC and allowed for discrimination of HCC from BLD and healthy controls. High expression of serum UCAI was significantly associated with a high tumor grade, large tumor size, positive vascular invasion, and advanced TNM stage. Multivariate analysis revealed that a high serum UCAI level was an independent unfavorable prognostic factor for HCC.

**Conclusions:** Our results confirm the upregulation of serum UCA1 expression in HCC and indicate its clinical value as a noninvasive biomarker for HCC screening and prognostic prediction.

#### **Keywords**

LncRNAs, UCAI, hepatocellular carcinoma, biomarkers, diagnosis, polymerase chain reaction

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# Introduction

Hepatocellular carcinoma (HCC) is one of the most aggressive carcinomas and the third major cause of cancer-related mortality worldwide.<sup>1</sup> Despite recent progress in clinical treatment, the 5-year overall survival rate in patients with HCC is still far from satisfactory, largely because of delayed diagnosis, frequent cancer metastasis, and high recurrence rates.<sup>2</sup> At present, the combination of serum alpha-fetoprotein measurement and an imaging technique such as computed tomography or magnetic resonance imaging is the most widely used strategy for evaluation of suspicious HCC nodules. However, the sensitivity of serum alpha-fetoprotein for the detection of early-stage HCC is only 39% to 65%.<sup>3</sup> Additionally, upregulation of serum alphafetoprotein can also occur in patients with benign liver diseases such as hepatitis and cirrhosis. Thus, reliable noninvasive biomarkers for HCC are needed.

Long noncoding RNAs (lncRNAs) are a large family of transcripts longer than 200 bp with no protein-coding function.<sup>4</sup> Previous studies have confirmed that lncRNAs play critical roles in tumorigenesis and cancer development.<sup>5</sup> Moreover, lncRNAs are detectable and relatively stable in cell-free body fluids, indicating great potential of circulating lncRNAs for biomarker applications.<sup>6</sup> In one study, for example, lncRNA H19 expression was upregulated in plasma samples from patients with gastric cancer and significantly associated with the TNM stage.<sup>7</sup> The combination of serum lncRNA XIST and HIF1A-AS1 was successfully used for non-small cell lung cancer diagnosis in another study.<sup>8</sup> Moreover, increased circulating lncRNA HOTAIR expression was shown to possibly serve as an unfavorable prognostic marker for colorectal cancer.9

LncRNA urothelial carcinoma-associated 1 (UCA1), located in chromosome 19p13.12,

was originally identified in bladder cancer and suggested to induce cell proliferation and migration and confer drug resistance.<sup>10</sup> Subsequent studies revealed UCA1 overexpression and its role as an oncogene in many malignancies, such as HCC,<sup>11</sup> prostate cancer,<sup>12</sup> gastric cancer,<sup>13</sup> breast cancer,<sup>14</sup> colorectal cancer,<sup>15</sup> pancreatic cancer,<sup>16</sup> and osteosarcoma.<sup>17</sup> Three UCA1 isoforms have been reported: 1.4, 2.2 and 2.7 kb in length. The 1.4-kb isoform is contained in the 2.2-kb isoform, the biological function of which is unclear. High levels of UCA1 in HCC tumor tissues are closely related to large tumor size, vascular invasion. advanced TNM stage, and poor postoperative survival.<sup>11,18</sup> UCA1 was recently found to be significantly upregulated in the serum/ plasma of patients with osteosarcoma,<sup>19</sup> lung cancer,<sup>20</sup> and gastric cancer<sup>21</sup> and might be used for discrimination between patients with cancer and healthy controls. However, the potential significance of serum UCA1 in HCC remains elusive. This prompted us to investigate the serum levels of UCA1 (1.4-kb isoform) in patients with HCC patients explore the clinical value of UCA1 as a noninvasive biomarker for early diagnosis and prognostic prediction of HCC.

# Materials and methods

## Sample collection

The research protocol was approved by the ethics committee of Xijing Hospital Affiliated to The Fourth Military Medical University (No. 2013036), and each participant provided signed, written informed consent.

From June 2008 to July 2012, a total of 105 patients with histologically confirmed HCC were included in this study. Patients with a history of previous cancer were excluded. Serum samples were drawn before surgery. No chemotherapy, radiotherapy, or targeted therapy was used prior to blood collection. For each patient, 8 mL of peripheral blood was obtained by venous puncture, followed by centrifugation at  $3000 \times g$  for 10 min at 4°C. Cellfree serum was then stored at  $-80^{\circ}$ C until RNA extraction. Control samples were obtained from 105 patients with benign liver disease (BLD) (75 patients with alcoholic liver disease and 30 patients with nonalcoholic fatty liver disease, all without hepatitis B infection) and 105 healthy volunteers (both age- and sex-matched). Clinical follow-up data were available for all patients with HCC. Patients with incomplete medical records or prior chemotherapy/radiotherapy were excluded from this study.

# RNA isolation and quantitative reversetranscription polymerase chain reaction

Total RNA in serum was extracted using a miRNeasy Micro Kit (QIAGEN, Valencia, CA, USA). The isolated RNA (100 ng) was reverse-transcribed into complementary DNA (cDNA) using the High Capacity cDNA Reverse Transcription Kit (Takara, Dalian, China). Next, 2 µL of cDNA was used as a template, and polymerase chain reaction (PCR) was performed with the iTaq Universal SYBR Green One-Step Kit (Bio-Rad, Hercules, CA, USA) on a CFX96 Real-Time PCR Detection System (Bio-Rad). The cycling conditions were 95°C for 30 s (predenaturation), followed by 40 cycles at 95°C for 10 s (denaturation) and 65°C for 30 s (annealing/extension). Glyceraldehyde 3-phosphate dehydrogenase (GAPDH) was employed as an endogenous control. The sequences of the PCR primers for UCA1 and GAPDH were as follows: UCA1, 5'-TTC CTT ATT ATC TCT TCTG-3' (forward) and 5'-TCC ATC ATA CGA ATA GTA-3' (reverse); GAPDH, 5'-CTC GCT TTG GCA GCA CA-3' 5'-AAC GCT (forward) and TCA CGA ATT TGC GT-3' (reverse). The relative quantitative value was determined by the  $2^{-\Delta\Delta Ct}$  method.

## **Statistics**

All data were processed with SPSS 18.0 software (IBM Corp., Armonk, NY, USA). The serum levels of UCA1 were compared between the groups using the Mann–Whitney U-test. Categorical data were analyzed using the chi-square test. Receiver-operating characteristic (ROC) curves were used to evaluate the diagnostic value of serum UCA1 for HCC. Overall survival was compared by the Kaplan–Meier method. Univariate and multivariate Cox regression analyses were performed to examine the relationships between patient survival and prognostic variables. A *P*-value of <0.05 was considered statistically significant.

# Results

# Increased serum UCA1 expression in patients with HCC and its diagnostic value

The relative expression of serum UCA1 was detected and analyzed in each sample using reverse-transcription PCR. We found that the serum UCA1 levels in the 105 patients with HCC were significantly higher than those in the 105 patients with BLD and 105 healthy volunteers (both P < 0.01) (Figure 1(a)). There was no significant difference between the BLD group and healthy volunteers with respect to serum UCA1 expression (Figure 1(a)).

We performed ROC curve analyses to evaluate whether serum UCA1 can be used as a potential diagnostic biomarker for HCC. The results showed that serum UCA1 could differentiate patients with HCC from healthy controls, with an area under the ROC curve of 0.902 (95% confidence interval, 0.862–0.942). At the cut-off value of 1.85, the sensitivity and specificity



**Figure 1.** Relative serum urothelial carcinoma-associated I (UCAI) expression levels and their diagnostic value in patients with hepatocellular carcinoma (HCC). (a) The expression of serum UCAI was significantly higher in patients with HCC than in patients with benign liver disease (BLD) and healthy controls (HCs). (b) Receiver operating characteristic (ROC) curve analysis of serum UCAI for discriminating patients with HCC from HCs. (c) ROC curve analysis of serum UCAI for discriminating patients with BLD.

were 73.3% and 99.0%, respectively (Figure 1(b)). Serum UCA1 could also differentiate patients with HCC from those with BLD, with an area under the curve of 0.848 (95% confidence interval, 0.795–0.902). At the cut-off value of 1.99, the sensitivity and specificity were 71.4% and 94.3%, respectively (Figure 1(c)).

## Relationship of serum UCA1 with clinicopathological characteristics and patients' prognosis

Associations between the serum UCA1 level and clinicopathological features of the patients with HCC are summarized in Table 1. All patients were subdivided into high- and low-expression groups according to the median serum UCA1 level. High serum UCA1 expression was found to be significantly associated with a high tumor (P = 0.011),grade large tumor size (P = 0.01),positive vascular invasion (P = 0.014), and advanced TNM stage (P = 0.003). Kaplan–Meier curve analysis revealed that the 5-year overall survival in patients with HCC with high serum UCA1 levels was inferior to that in patients with low serum UCA1 levels (P < 0.001) (Figure 2). Univariate Cox regression analysis also showed a statistically significant correlation between overall survival and tumor size, vascular invasion, and clinical stage (Table 2). The multivariate Cox

	Cases (n)	Serum UCA1 expression		
features		Low (n, %)	High (n, %)	P-value
Age (years)				
<60	51	28 (54.9)	23 (45.1)	0.437
≥60	54	25 (46.3)	29 (53.7)	
Sex			· · ·	
Male	78	38 (48.7)	40 (51.3)	0.656
Female	27	15 (55.6)	12 (44.4)	
Tumor grade				
GI	34	23 (67.6)	(32.4)	0.011
G2+G3	71	30 (42.3)	41 (57.7)	
AFP (ng/L)				
≥ <b>400</b>	59	26 (44.1)	33 (55.9)	0.170
<400	46	27 (58.7)	19 (41.3)	
Tumor diameter (cm)			· · ·	
<5	67	40 (59.7)	27 (40.3)	0.010
≥5	38	13 (34.2)	25 (65.8)	
Tumor nodes				
Multiple	35	14 (40.0)	21 (60.0)	0.151
Single	70	39 (55.7)	31 (44.3)	
Cirrhosis				
Negative	24	II (45.8)	13 (54.2)	0.648
Positive	81	42 (51.9)	39 (48.1)	
Venous infiltration				
Present	36	12 (33.3)	24 (66.7)	0.014
Absent	69	41 (59.4)	28 (40.6)	
TNM stage			× ,	
I+II	50	33 (66.0)	17 (34.0)	0.003
	55	20 (36.4)	35 (63.6)	

 Table 1. Correlations between serum long noncoding RNA UCAI and clinicopathological variables of hepatocellular carcinoma

UCAI, urothelial carcinoma-associated I; AFP, alpha-fetoprotein.

regression analysis confirmed the independent effects of serum UCA1 (P = 0.016), tumor size (P = 0.037), vascular invasion (P = 0.028), and TNM stage (P = 0.001) on the prognosis of patients with HCC (Table 2).

### Discussion

Despite recent progression in cancer research, the pathogenesis of HCC remains largely unknown. Recent studies have demonstrated that dysregulation of lncRNAs is involved in tumorigenesis and progression of HCC. For example, ectopic expression of SNHG6-003 in HCC cells promotes cell proliferation and induces drug resistance.<sup>22</sup> The knockdown of nuclear enriched abundant transcript 1 reduces HCC cell invasion and migration.<sup>23</sup> A high level of BRAF-activated non-protein coding RNA expression in HCC tissues is correlated with poor cancer differentiation and advanced TNM stages and predicts unfavorable patient survival.<sup>24</sup>

Early diagnosis of HCC can improve clinical outcomes. Because of their easy



**Figure 2.** Kaplan–Meier overall survival curves by serum urothelial carcinoma-associated 1 (UCA1) level. Patients with hepatocellular carcinoma with high serum UCA1 expression showed lower overall survival than patients with low serum UCA1 expression (log-rank test; P < 0.001).

	Univariate analysis		Multivariate analysis	
Variables	Hazard ratio	P-value	Hazard ratio	P-value
Age, years ( $\geq$ 60/<60)	1.173	0.383	_	_
Sex (male/female)	1.154	0.406	_	_
Tumor grade (GI/G2+G3)	1.855	0.097	_	-
AFP, ng/L (≥400/<400)	1.261	0.214	_	-
Tumor diameter, cm ( $>5/<5$ )	3.247	0.011	2.387	0.037
Tumor nodes (multiple/single)	1.498	0.122	_	_
Venous infiltration (present/absent)	3.866	0.004	3.126	0.028
TNM stage (I–II/III)	4.457	0.002	4.783	0.001
Serum UCAI expression (low/high)	4.891	<0.001	3.649	0.016

 Table 2. Univariate and multivariate regression analyses of parameters associated with prognosis of patients with hepatocellular carcinoma

AFP, alpha fetoprotein; UCAI, urothelial carcinoma-associated I.

accessibility, high stability, and crucial roles in carcinogenesis and cancer progression, circulating lncRNAs have been regarded as promising candidate biomarkers for cancer detection and/or prognosis. In the present study, we showed that increased serum UCA1 expression is correlated with high tumor grade, large tumor size, positive vascular invasion, and advanced TNM stage. Notably, serum UCA1 was found to be a potential diagnostic biomarker and independent prognostic factor for HCC. To the best of our knowledge, this is the first study to detect serum UCA1 expression and evaluate its clinical significance in patients with HCC.

Interestingly, upregulation of serum/ plasma UCA1 also occurs in several other malignancies. Serum UCA1 expression in patients with osteosarcoma is closely related to clinical stage and metastasis and might serve as a prognostic biomarker.<sup>19</sup> Plasma UCA1 is also upregulated in patients with non-small cell lung cancer and gastric cancer and shows good diagnostic value.<sup>20,21</sup> Thus, UCA1 does not appear to be a specific marker for HCC, and the clinical significance of serum UCA1 in other human malignancies is worthy of further investigation.

Previous studies have shown that UCA1 can promote tumor progression through multiple mechanisms in various types of cancer. UCA1 may function as a sponge for several tumor suppressor microRNAs, such as miR-184,<sup>12</sup> miR-204-5p,<sup>15</sup> and miR-182.<sup>25</sup> Some downstream pathways have also been identified, including the AKT/mTOR,<sup>26</sup> p27Kip1/CDK2,<sup>27</sup> KLF4-KRT6/13,<sup>28</sup> and Wnt signaling pathways.<sup>29</sup> Xiao et al.<sup>11</sup> revealed that upregulation of UCA1 increased epithelial-mesenchymal transition in HCC via sponging to miR-203 and thereby activating the expression of transcription factor Snail2. Wang et al.<sup>18</sup> reported that UCA1 overexpression promoted HCC progression through inhibition of miR-216b and activation of the FGFR1/ERK signaling pathway. Taken together, these findings indicate that UCA1 might be involved in an extensive regulatory network, and more potential targets should be identified to further clarify the mechanisms of how UCA1 acts as an oncogene in HCC.

The current study indicates that upregulation of serum UCA1 might be a valuable biomarker for HCC screening and prognostic prediction. Prospective studies with large sample sizes are encouraged to confirm our conclusions.

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### **Declaration of conflicting interests**

The authors declare that there is no conflict of interest.

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