

Progesterone activates the cyclic AMP-protein kinase A signalling pathway by upregulating *ABHD2* in fertile men

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Abstract

Objective: This was a prospective study to investigate whether progesterone affects sperm activity by regulating the cyclic AMP-protein kinase A (cAMP-PKA) signalling pathway via α/β hydrolase domain-containing protein 2 (*ABHD2*).

Methods: Spermatozoa were collected from healthy and infertile men (with oligoasthenospermia or abnormal acrosome; $n = 30/\text{group}$). The expression of and mutations in *ABHD2* were detected by quantitative PCR, western blot, and gene sequencing. The expression of *ABHD2* in the presence of progesterone was detected in all groups, and cAMP and PKA levels were detected by ELISA in fertile men after treatment with *ABHD2* antibody and PKA inhibitor H-89, respectively.

Results: Expression of *ABHD2* mRNA and protein were reduced in spermatozoa from infertile compared with fertile men. Four gene mutation sites were detected in spermatozoa from the infertile groups. Progesterone increased mRNA and protein levels of *ABHD2* in healthy spermatozoa but not in spermatozoa from infertile men. The levels of cAMP and PKA were increased by progesterone in healthy spermatozoa, and the progesterone-increased cAMP and PKA were decreased by *ABHD2* antibody and H-89, respectively.

Conclusion: Progesterone regulates the *ABHD2*-mediated cAMP-PKA signalling pathway in healthy spermatozoa, which provides a new target for clinical diagnosis and treatment of infertility.

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Keywords

Sperm, progesterone, abhydrolase domain containing 2, acylglycerol lipase, cyclic AMP-protein kinase A signalling pathway, gene mutation, oligoasthenospermia

Date received: 8 January 2021; accepted: 9 February 2021

Introduction

Infertility usually refers to the failure of a couple to conceive within 1 year of normal sexual activity without contraceptive measures. The proportion of infertile couples in the world is about 15%, of which male factors account for 30% to 40%.¹ An increasing number of infertile couples have received or will receive assisted reproductive technology (ART) treatment.² Sperm selection is an important step in ART treatment because abnormal spermatozoa increase the risk of genetic defects in offspring.³ At present, a variety of sperm selection or preparation methods for ART have been developed, including the upstream method, density gradient centrifugation, electrophoresis technology, magnetic cell sorting with annexin V-coated beads, hyaluronic acid binding, microfluidic technology, and morphological examination of motile sperm organelles, among others.^{2,4} However, these sperm processing and preparation techniques only use the physical and chemical properties of sperm for selection, bypassing the natural selection process through biological properties during *in vivo* fertilisation.^{5,6}

Progesterone regulates various functions of human spermatozoa, including capacitation, motility, hyperactivation, acrosomal reaction, and chemotaxis.⁷⁻⁹ Because progesterone can stimulate capacitation in some spermatozoa, exposure to progesterone has been used as a chemokine to prepare the best spermatozoa.^{7,8,10}

Progesterone regulates sperm function through a variety of signal pathways, including phosphorylation of heat shock protein 90¹¹ and Ca²⁺ cation channels (CatSper).^{12,13} The CatSper-Ca²⁺ signalling pathway is very important for the regulation of human sperm function. Studies have shown that the hormones progesterone and prostaglandin in the reproductive system regulate the physiological function of human spermatozoa mainly through changes in Ca²⁺ concentration mediated by CatSper channels.¹⁴ In addition, many reports indicate that some synthetic fragrances and a variety of environmental endocrine disruptors can affect the physiological function of human sperm by activating CatSper channels.^{12,14}

Progesterone directly activates the spermatozoa-specific calcium channel CatSper; in addition, it induces extracellular calcium influx and ultimately regulates spermatozoa-related physiological functions. The CatSper inhibitor mibefradil cannot completely block the effect of progesterone on mature human spermatozoa.¹⁵ Recently, it was reported that progesterone could hydrolyse endogenous cannabinoid, which inhibits the CatSper channel, by binding and activating the highly expressed type II domain dehydrogenase ABHD2 (α/β hydrolase domain-containing protein 2) receptor on human spermatozoa.¹⁶⁻¹⁸ The intracellular signalling mechanism underlying the regulation of sperm function by progesterone remains to be elucidated.¹⁹

ABHD2 (a member of the metabolic serine hydrolases superfamily) is considered a membrane receptor of progesterone¹⁶ and the core functional protein of the nongenomic effects of progesterone in spermatozoa.²⁰ Activation of the cyclic adenosine monophosphate (cAMP)-protein kinase A (PKA) pathway is an early event during capacitation.²¹ Recently, it was demonstrated that the Ca^{2+} channel CatSper is not activated by cAMP-PKA signalling: CatSper was not activated directly by intracellular cAMP or indirectly by the cAMP-PKA pathway.²² However, there is no further direct evidence that ABHD2 is a human sperm progesterone receptor. Because progesterone and ABHD2 are both involved in the regulation of sperm function, in this study, we aimed to test whether progesterone differentially regulates ABHD2 expression in normal and abnormal spermatozoa, and to assess the involvement of cAMP-PKA signalling pathway. Male infertility as it relates to sperm motility is a complicated disease, with mutations and polymorphisms in multiple genes. We also detected mutations in the *ABHD2* gene, which could be useful in determining the failure of sperm-egg binding and explaining some unknown aspects of infertility.

Material and methods

Ethics statement

This work was approved by the reproductive medicine ethics committee of Shanghai Ji'AI Genetic and Infertility Diagnosis and Treatment Center (JIAIE2017-08). All patients provided written informed consent.

Specimens

Semen samples were taken from infertile patients (duration of infertility longer than 1 year) and classified by the Shanghai Ji'ai

Genetic and Infertility Center into two groups: (1) oligoasthenospermia: spermatozoa concentration of 5 to $15 \times 10^6/\text{mL}$ and progressive motility rate (PR) $<32\%$ or PR+ normal morphology (NR) $<40\%$; and (2) abnormal sperm acrosome reaction: normal morphology, abnormal sperm function (spontaneous) detected based on fluorescein isothiocyanate and *Pisum sativum* agglutinin (FITC-PSA) staining, the World Health Organization standard. The control group (volunteers) were fertile (normal morphology $\geq 4\%$) men who met the spermatozoa donation standard of the National Health Commission Human Sperm Bank. Thirty participants ($n=30$) were included in each group, and all participants were younger than 35 years of age. This trial followed the CONSORT statement (<http://www.consort-statement.org/>). The patients and volunteers were abstinent for 2 to 7 days, and spermatozoa were obtained through masturbation.

Purification, separation, and treatment of spermatozoa

Spermatozoa were purified by Percoll density gradient centrifugation.²³ Spermatozoa samples from the control, oligoasthenospermia, and abnormal acrosome groups were collected. Then, 100% and 50% equal volumes of Percoll separation solution and spermatozoa sample (a 1:1 mix of Percoll plus spermatozoa and a 1:2 mix of Percoll plus spermatozoa, respectively) were added into the tube from bottom to top and centrifuged at $500 \times g$ for 20 minutes at room temperature. The white sperm precipitations were isolated, washed twice with phosphate-buffered saline (PBS), resuspended in HEPES buffer (#15630106, Thermo Fisher Scientific, Waltham, MA, USA), and placed in a 37°C incubator for subsequent experimental studies.

Sensitivity of spermatozoa to progesterone

Spermatozoa from oligoasthenospermia and control samples were incubated in a 5% CO₂ incubator at 37°C for 3.5 hours to enable sperm capacitation. Then, 3 μM progesterone was added and samples were incubated for 2 hours. Finally, expression levels of ABHD2 were assessed.

Effects of ABHD2 and PKA on progesterone-regulated sperm function

To detect the role of ABHD2 in sperm capacitation, spermatozoa from fertile (control) participants were incubated in a 5% CO₂ incubator at 37°C for 3.5 hours to enable sperm capacitation. Then, the spermatozoa were incubated with 3 μM progesterone for 2 hours with or without pretreatment with 100 μmol/L ABHD2 antibody (ab230417, Abcam, Cambridge, UK) or the PKA inhibitor H89 (MCE, Shanghai, China) for 15 minutes. Then, the effects of progesterone on cAMP, PKA, and acrosome reaction in spermatozoa were studied.

Western blot analysis

The spermatozoa samples were precipitated and lysed using cooled radioimmunoprecipitation assay (RIPA) buffer containing protease inhibitor to lyse the cells and then centrifuged at 10,000 × *g* and 4°C for 12 minutes to collect the protein. The protein was quantified by the bicinchoninic acid (BCA) method (Beyotime Biotechnology, Shanghai, China), and the loading buffer was added. After mixing, the cells were soaked in 100°C water for 5 minutes and cooled on ice. After sodium dodecyl sulfate-PAGE, the protein was transferred onto a polyvinylidene difluoride membrane, blocked in 5% nonfat milk for 1 hour, incubated with ABHD2 antibody (1:1000, ab230417, Abcam) overnight at

4°C, washed in PBS 3 times (10 minutes each), and incubated with horseradish peroxidase (HRP)-labelled goat anti-rabbit IgG secondary antibody for 1 hour at room temperature. Then, enhanced chemiluminescence (ECL) with a substrate chromogenic solution (Thermo Fisher Scientific) was used to detect the signal by using the Bio-Rad Gel Doc XR+ (BioRad Laboratories, Hercules, CA, USA), and intensity was quantified using ImageJ (National Institutes for Health, Bethesda, MD, USA).

Gene expression by reverse transcription quantitative PCR

RNA was extracted from spermatozoa using the Trizol reagent (Sigma-Aldrich Co., St. Louis, MO, USA) and centrifuged at 12,000 × *g* and 4°C for 5 minutes. Reverse transcription (in a total reaction of 20 μL) was performed according to the instructions of the Takara reverse transcription kit (RR047A; Takara, Dalian, China), with the following protocol: 42°C for 5 minutes, 37°C for 20 minutes, and 80°C for 1 minute. Quantitative (q)PCR was performed on a Roche 480 fluorescence quantitative PCR instrument (Roche, Mannheim, Germany) in a 25-μL reaction system containing 2.5 μL of 200 μM dNTPs, 4 μL of 6 mM Mg²⁺, 1 μL of 600 nM primers, 0.5 μL of 200 nM SYBR Green, 0.3 μL of 1.5 U Taq, and 5 μL (100 ng) of template. The primer sequences were as follows: *ACTB* (β-actin) forward: 5'-ATCTCCTTCTGCATCCTGTCGG-3', reverse: 5'-CATGGAGTCCTGGCATCCACGA-3'; *ABHD2* forward: 5'-CCTCATGTTGCCTTCTTTGC-3', reverse: 5'-GGCGGGTACATTTCTCCATC-3'. The protocol was 95°C for 15 minutes; 95°C for 20 s, 60°C for 45 s, with 40 cycles.

Detection of cAMP content in spermatozoa

A human cAMP ELISA Kit (Suzhou Calvin Biotechnology Co. Ltd., Suzhou, China) was used. The kit was removed from a 4°C refrigerator and equilibrated at room temperature for 20 minutes. Then, 50 µL of 0, 1.5, 3, 6, 12, and 24 nmo1/L concentrations of the standard sample, 10 µL of sperm sample (2×10^5 spermatozoa), and 40 µL of distilled, deionised H₂O (ddH₂O) were added into the wells of a six-well plate. Then, 100 µL of HRP was added into each well, and the plates were incubated in a 37°C water bath for 60 minutes before being washed five times in ddH₂O. Finally, 50 µL of substrates A and B were added to each well and incubated at 37°C for 15 minutes in the dark. The reactions were stopped by adding 50 µL of termination solution. The absorbance was immediately detected at 450 nm using a microplate reader, and the concentration of cAMP was calculated according to a standard curve.

Detection of PKA activity

A GENMED kit was used for the quantitative detection of cell PKA activity (GMS5059.1, Shanghai Jiemei Gene Pharmaceutical Technology Co. Ltd. Shanghai, China). After centrifugation of the original sperm samples from all three groups at $300 \times g$ and 4°C for 5 minutes, the supernatant (2×10^5 spermatozoa) was carefully aspirated. First, 3 mL of GENMED lysis solution (reagent B) was added to each pellet, vortexed vigorously for 15 s, incubated in an ice tank for 30 minutes, and centrifuged at $16,000 \times g$ and 4°C for 5 minutes. Then, 23 µL of GENMED buffer (reagent C) and 2 µL of GENMED substrate solution (reagent D) were added into each centrifuge tube with 50 µL of standard solution or sample and

25 µL of GENMED reaction solution (reagent E), and incubated for 30 minutes at 4°C. Finally, 25 µL of GENMED enzymatic solution (reagent F) was added and incubated for 30 minutes at room temperature. The reaction was terminated by adding 25 µL of GENMED termination solution (reagent G) and fluorescence was immediately detected by fluorescence microplate reader. The relative fluorescence reading (in relative fluorescence units, RFU) was obtained at 25°C with excitation and emission wavelengths of 485 and 530 nm. The PKA concentration and activity of samples were calculated according to a standard curve.

Assessment of acrosome integrity by FITC-PSA staining

A sperm acrosome staining kit (Anhui Anke Bioengineering, Beijing, China) was used. First, 0.2 to 0.4 mL of Biggers–Whitten–Whittingham (BWW) culture medium was added to the spermatozoa and placed at 37°C for 1 hour. Then, the top 1 mL was pipetted into a conical test tube, 5 mL of saline was added, and the mixture was centrifuged at $1000 \times g$ for 10 minutes. After centrifugation, slides were prepared with 5 µL of spermatozoa suspension, dried naturally, and fixed in 95% alcohol for 30 minutes. The FITC-PSA staining solution was added to the slides and placed at 4°C for 1 hour. The slides were then washed in ddH₂O, sealed, and observed under a confocal laser microscope with excitation at 450 to 490 nm. The proportion of spermatozoa with intact acrosomes was scored through fluorescence. There were three to four spermatozoa in each field of view, and for each group of samples, we examined five fields of view, and calculated the acrosome reaction rate by counting the fluorescence intensity of each sperm acrosome.

DNA extraction and ABHD2 sequencing analysis

The gene extraction kit (4202050, Simgen, Hangzhou, China) and DNA purification kit were used with second-generation sequencing (ABI3730; Applied Biosystems, Foster City, CA, USA). The sequencing results were compared with GenBank to evaluate mutations.

Statistical analysis

Spermatozoa samples from infertile patients ($n=30$ for each of two groups) and fertile controls ($n=30$) were included. We did not perform a sample size calculation; thus, the limited number of samples may affect the statistical significance of the results. Statistical analyses were performed using ANOVA with pairwise *t*-tests. Post hoc analysis was conducted using SPSS software version 19.0 (IBM Corp., Armonk, NY, USA). Data are expressed as mean \pm standard deviations from four independent experiments ($n=4$). The significance threshold (*p*-value) was set at 0.05.

Results

ABHD2 was significantly decreased in infertile men

The expression of *ABHD2* mRNA in spermatozoa in the control, oligoasthenospermia, and abnormal acrosome groups was detected by quantitative reverse transcription (qRT)-PCR (Figure 1a). Compared with that of the control group (1.06 ± 0.25), the relative expression of *ABHD2* mRNA in the oligoasthenospermia (0.73 ± 0.25) and abnormal acrosome (0.31 ± 0.12) groups was significantly decreased ($p < 0.01$).

Western blot was used to detect the expression of *ABHD2* protein in

spermatozoa from the control, oligoasthenospermia, and abnormal acrosome groups (Figure 1b). Compared with the control group, the level of *ABHD2* in the oligoasthenospermia and abnormal acrosome groups was significantly decreased ($p < 0.01$) (Figure 1b).

Four gene mutation sites were detected in spermatozoa from infertile men

The sequencing results of *ABHD2* in DNA from infertile men and controls in our study were compared with the sequence of *ABHD2* in Genbank (accession number: AC013565.10). No mutations were found in spermatozoa from controls. In spermatozoa from men with oligoasthenospermia, a C to G mutation at position 480 was found, with the codon mutated from CTC to CTG, but this change did not alter the encoded amino acid (Leu). Another mutation, deletion of a T at position 803, resulted in a change in the amino acid sequence. Three mutations in *ABHD2* were found in spermatozoa with abnormal acrosomes, including a deletion of G at position 477, and deletions at positions 804 and 805, which caused a frameshift mutation in the *ABHD2* coding region and a change in the amino acid sequence (Figure 2).

The progesterone-induced increase of sperm ABHD2 was decreased in men with oligoasthenospermia

Spermatozoa from men in the oligoasthenospermia and control groups were treated with progesterone, and expression of *ABHD2* was detected by western blot (Figure 3). Results showed that expression of *ABHD2* protein in the oligoasthenospermia group was significantly decreased ($p < 0.01$) compared with that of the control group (Figure 3a and b). Progesterone significantly enhanced ($p < 0.01$) expression of *ABHD2* protein in the control group, but

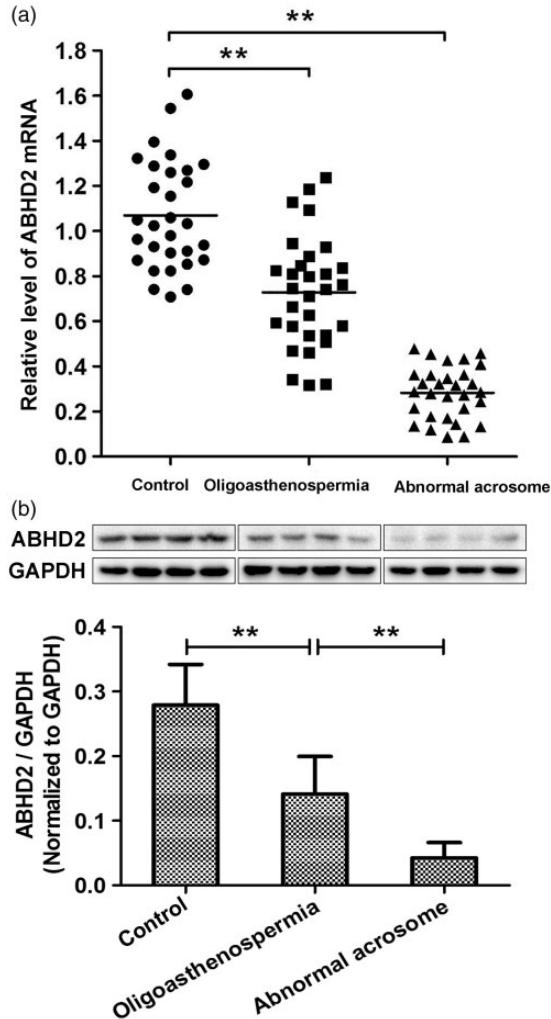


Figure 1. Expression of ABHD2 in spermatozoa from men in the fertile control, oligoasthenospermia, and abnormal acrosome groups. (a) Quantitative reverse transcription-PCR detection of *ABHD2* mRNA; (b) western blot detection and quantitation of ABHD2. n = 30 per group; **p < 0.01; error bars represent standard deviations.

ABHD2, abhydrolase domain containing 2, acylglycerol lipase; GAPDH, glyceraldehyde 3-phosphate dehydrogenase.

not in the oligoasthenospermia group (Figure 3A and B), suggesting that the sensitivity of spermatozoa to progesterone was decreased in infertile men with oligoasthenospermia.

Progesterone regulates the ABHD2-mediated cAMP-PKA signalling pathway

The levels of PKA and cAMP in spermatozoa from fertile controls in the presence of

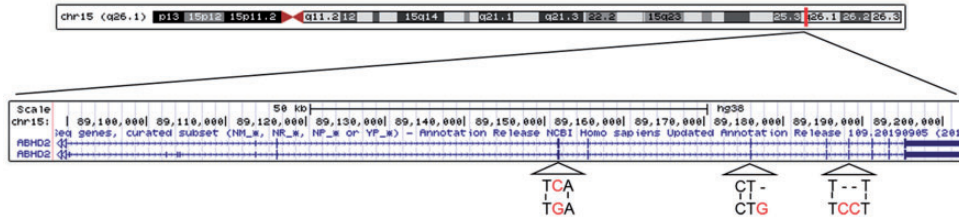


Figure 2. Mutation sites of *ABHD2* gene in spermatozoa from men in the fertile control, oligoasthenospermia, and abnormal acrosome groups, including a C to G at position 480 in the oligoasthenospermia group, and a G deletion at 477 and a CC deletion at bases 804 and 805 in the abnormal acrosome group. No mutations in *ABHD2* were detected in the healthy control group. *ABHD2*, abhydrolase domain containing 2, acylglycerol lipase.

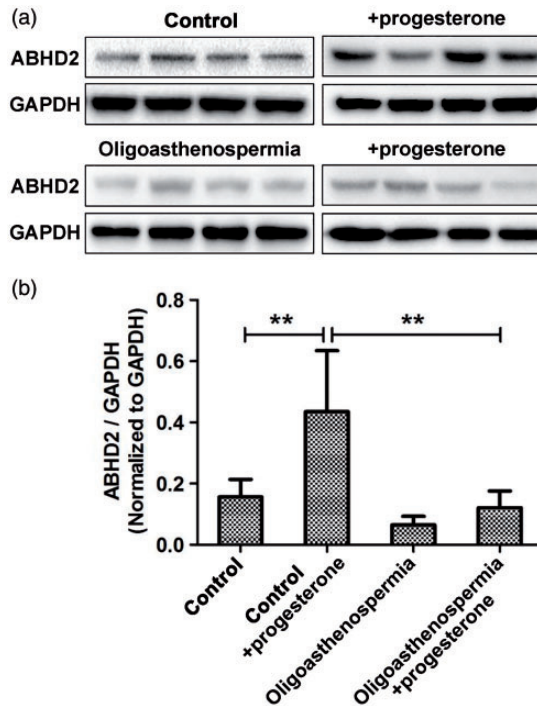


Figure 3. Effect of progesterone on expression of *ABHD2* in spermatozoa from men in the fertile control and oligoasthenospermia groups. Spermatozoa were treated with progesterone for 2 hours. (A) Western blot; (b) quantitative data. $n = 30$ per group; $**p < 0.01$; error bars represent standard deviations. *ABHD2*, abhydrolase domain containing 2, acylglycerol lipase; *GAPDH*, glyceraldehyde 3-phosphate dehydrogenase.

progesterone were detected using *ABHD2* antibody (Figure 4A) and PKA inhibitor H89 (Figure 4B). Compared with that in the control group without progesterone,

PKA activity was significantly increased after progesterone treatment (17.51 ± 2.25 vs. 10.44 ± 2.08 , with vs. without progesterone; $p < 0.01$). Anti-*ABHD2* antibody

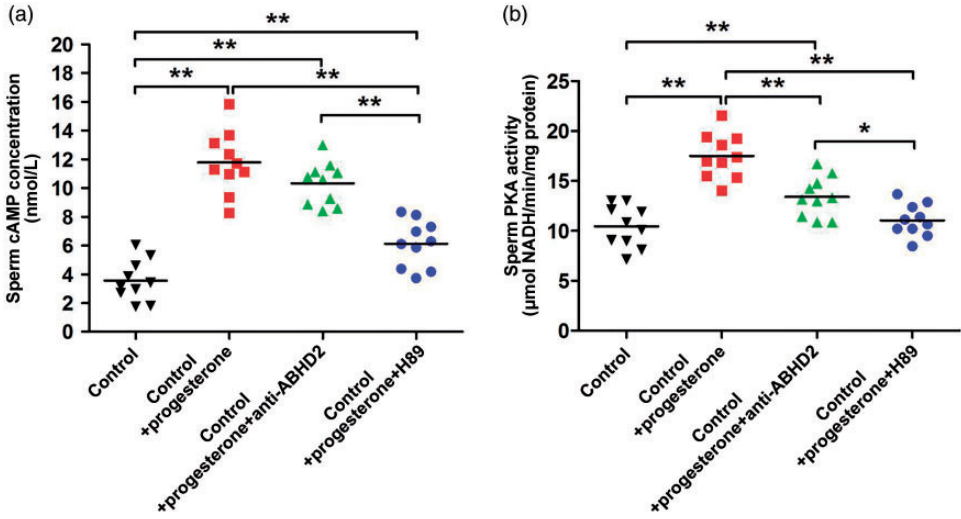


Figure 4. Levels of PKA and cAMP in spermatozoa in the presence of progesterone. Spermatozoa were treated with progesterone with or without ABHD2 antibody or PKA inhibitor H89 for 2 hours. (A) ELISA detection of cAMP, (B) cell PKA activity. n = 10 per group, *p < 0.05; **p < 0.01; error bars represent standard deviations.

PKA, protein kinase A; cAMP, cyclic adenosine monophosphate; ABHD2, abhydrolase domain containing 2, acylglycerol lipase; NADH, nicotinamide adenine dinucleotide.

(13.41 ± 2.00) and H89 inhibitor (11.05 ± 1.59) significantly decreased the PKA levels in spermatozoa treated with progesterone (p < 0.01).

Compared with that in the control group without progesterone, cAMP activity was significantly increased after treatment with progesterone (11.78 ± 2.16 vs. 3.57 ± 1.41, with vs. without progesterone; p < 0.01). Anti-ABHD2 antibody (10.33 ± 1.49) and H89 inhibitor (6.13 ± 1.62) significantly decreased cAMP levels in normal spermatozoa treated with progesterone (p < 0.01).

Progesterone may regulate sperm fertilisation via ABHD2 and cAMP-PKA signalling pathway

The acrosome reaction of spermatozoa was detected by FITC-PSA staining (Figure 5). Results showed that the acrosome was intact in spermatozoa from the control group with or without progesterone.

The fluorescence of the sperm head was bright and uniform, and the equatorial zone also showed fluorescent bands (Figure 5A). Anti-ABHD2 antibody and H89 inhibitor inhibited fluorescence of the sperm head and fluorescent bands of equatorial zone, respectively (Figure 5B).

Discussion

In the present study, we demonstrated higher expression of ABHD2 in normal sperm and when adding P4 compared with spermatozoa from infertile men with oligoasthenospermia or abnormal acrosome reaction. Moreover, addition of progesterone increased levels of cAMP and PKA in normal spermatozoa, but not in spermatozoa from men with oligoasthenospermia or abnormal acrosome reaction. We found that expression of ABHD2 in spermatozoa from the oligoasthenospermia and abnormal acrosome reaction groups was

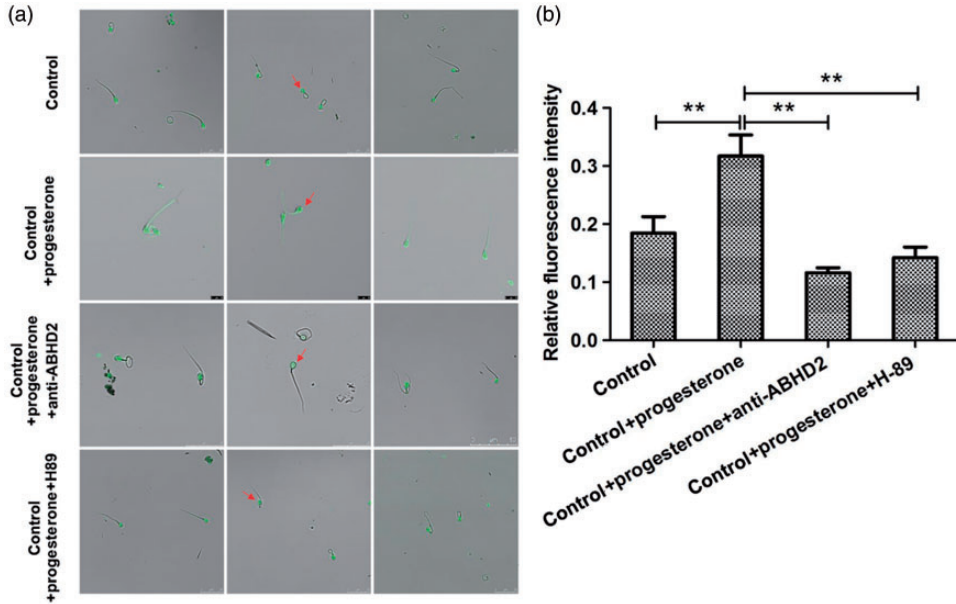


Figure 5. Sperm acrosome reaction was detected by FITC-PSA staining. Spermatozoa from fertile controls were treated with progesterone with or without ABHD2 antibody or the PKA inhibitor H89 for 2 hours. (A) Confocal images (arrows indicate the differences between spermatozoa); and (B) quantification of intensity. $**p < 0.01$; error bars represent standard deviations. FITC, fluorescein isothiocyanate; PSA, *Pisum sativum* agglutinin; ABHD2, abhydrolase domain containing 2, acylglycerol lipase; PKA, protein kinase A.

decreased compared with that of the control group, in accordance with the low fertilisation rate associated with these groups in clinic-assisted reproduction. ABHD2 may be a useful new indicator for evaluating sperm fertility and sperm-egg binding function in assisted reproduction.

Genetic methods have been used for some time to study the impact of male infertility, but the specific mechanisms underlying gene regulation and diagnosis and treatment methods remain unclear.²⁴ For example, mutations in the *CatSper1* or *CatSper2* genes cause male genetic infertility.²⁵ At present, it is believed that the regulatory effect of progesterone on sperm function is closely related to the sperm-specific Ca^{2+} channel *CatSper*.^{14,15} Moreover, progesterone activates the *CatSper* channels of human spermatozoa

through ABHD2, which increases the influx of Ca^{2+} ions and activates downstream signals.²⁶ We performed Sanger sequencing of the *ABHD2* gene on semen DNA samples and found no mutations in the control group, one mutation in each of two patients with oligoasthenospermia, and three mutations in two patients with abnormal acrosome reactions. The pathogenicity of these mutations needs to be further studied by functional experiments. ABHD2 is the core protein that mediates the nongenomic effects of progesterone in spermatozoa.¹⁸ However, it is not known how ABHD2 activates intracellular signalling molecules. Expression of ABHD2 protein in normal spermatozoa was increased after the addition of progesterone. Although spermatozoa are transcriptionally and translationally silent, our results are

consistent with progesterone upregulating the membrane progesterone receptor within a short time (2 hours) without nuclear gene expression.²⁰ However, the expression of ABHD2 was not significantly increased by addition of progesterone in abnormal spermatozoa compared with that without progesterone. The same incubation duration has been used in other published studies.²⁷

The cAMP-PKA pathway is an intracellular signalling pathway involved in nongenomic effects of steroid hormone regulation and mammalian sperm capacitation.²⁸ Its regulation is mainly through activation of adenylate cyclase to increase the intracellular content of cAMP, activating cAMP-dependent PKA, and leading to phosphorylation of serine, threonine, and tyrosine in spermatozoa, which in turn regulates sperm capacitation, hyperactivity, and acrosome reaction.¹⁸ At present, the specific mechanism of the progesterone membrane receptor in spermatozoa and the effects of progesterone on spermatozoa are not clear. It has been confirmed that ABHD2 is a membrane receptor of progesterone, and the core functional protein of the nongenomic effects of progesterone in spermatozoa.²⁰ In the present study, we found that progesterone can activate the sperm acrosome reaction, allowing sperm to pass through the zona pellucida and oocyte membrane and finally complete fertilisation. Progesterone activates the CatSper channel of human spermatozoa through ABHD2 and then causes hyperactivity, chemotaxis, and acrosome reaction.^{17,29,30} It was recently found, using mass spectrometry, that ABHD2 inhibitor could reduce the occurrence of acrosome reaction.¹⁸ Thus, reduced levels of ABHD2 might be responsible for abnormal acrosome reaction. Progesterone increases cAMP content in a Ca^{2+} -dependent manner through the ABHD2 receptor.^{17,18} In the current study, progesterone increased

PKA activity and cAMP levels in spermatozoa from controls. After addition of ABHD2 antibody and PKA inhibitor H89, both PKA activity and cAMP induced by progesterone were decreased. Anti-ABHD2 antibody reduces the level of Ca^{2+} in spermatozoa,^{31,32} which might decrease the cAMP content and thus inhibit sperm hyperactivity. In addition, FITC-PSA staining was used to detect the acrosome reaction of spermatozoa. ABHD2 antibody and PKA inhibitor H89 inhibited the increase in PSA fluorescent staining of sperm heads after addition of progesterone, suggesting that the binding progesterone and ABHD2 protein contributes to the regulation of cAMP-PKA signalling pathway and activation of sperm Ca^{2+} -dependent physiological functions such as acrosome reaction. However, the PKA inhibitor could target CatSper,²² and the role of PKA or CatSper should be assessed in future studies by using other tools.

Early findings have shown that progesterone can regulate CatSper channels through competitive analogues such as testosterone and hydrocortisone.²⁴ The results for ABHD2 presented in the current study help explain some cases of unexplained infertility. Progesterone regulates spermatozoa via the ABHD2-mediated intracellular cAMP-PKA pathway. The ABHD2 signalling pathway is an important component in the evaluation of fertilisation and male infertility. Future studies should include a larger number of cases. CatSper has also been associated with motility and hyperactivation^{7,33–35} and, considering the localisation of human ABHD2, it seems that ABHD2 is involved in capacitation, motility, and hyperactivity, although further studies are needed to clarify these roles.


Declaration of conflicting interest

The authors declare that there is no conflict of interest.

Funding

This research was supported by scientific research project of Shanghai Municipal Commission of health and family planning (grant no. 201740158) and Shanghai Municipal Science and Technology Major Project (grant no. 2017SHZDZX01).

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