



Article GeneAnalytics Pathway Analysis and Genetic Overlap among Autism Spectrum Disorder, Bipolar Disorder and Schizophrenia

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Abstract: Bipolar disorder (BPD) and schizophrenia (SCH) show similar neuropsychiatric behavioral disturbances, including impaired social interaction and communication, seen in autism spectrum disorder (ASD) with multiple overlapping genetic and environmental influences implicated in risk and course of illness. GeneAnalytics software was used for pathway analysis and genetic profiling to characterize common susceptibility genes obtained from published lists for ASD (792 genes), BPD (290 genes) and SCH (560 genes). Rank scores were derived from the number and nature of overlapping genes, gene-disease association, tissue specificity and gene functions subdivided into categories (e.g., diseases, tissues or functional pathways). Twenty-three genes were common to all three disorders and mapped to nine biological Superpathways including Circadian entrainment (10 genes, score = 37.0), Amphetamine addiction (five genes, score = 24.2), and Sudden infant death syndrome (six genes, score = 24.1). Brain tissues included the medulla oblongata (11 genes, score = 2.1), thalamus (10 genes, score = 2.0) and hypothalamus (nine genes, score = 2.0) with six common genes (BDNF, DRD2, CHRNA7, HTR2A, SLC6A3, and TPH2). Overlapping genes impacted dopamine and serotonin homeostasis and signal transduction pathways, impacting mood, behavior and physical activity level. Converging effects on pathways governing circadian rhythms support a core etiological relationship between neuropsychiatric illnesses and sleep disruption with hypoxia and central brain stem dysfunction.

Keywords: mental illness; genetic profiling; GeneAnalytics molecular pathway analysis; circadian entrainment

1. Introduction

Severe neuropsychiatric disorders collectively present with similar behavioral, social, cognitive and perceptual disturbances including autism spectrum disorder (ASD). ASD includes classical autism, Asperger syndrome and pervasive developmental disorder with problems in social interaction and communication or repetitive behavior. Schizophrenia (SCH) presents with delusions, hallucinations, disorganized thinking and behavior with negative symptoms. Bipolar disorder (BPD) is considered a developmental disorder characterized by progressive cognitive impairment, residual symptoms, sleep disturbance, and emotional dysregulations with cycles of depression and mania. Schizophrenia and bipolar disorders share many common traits with ASD, including social and cognitive dysfunction and impaired ability to function, live and work independently [1]. Considerable overlap has been identified between the molecular mechanisms implicated in the etiology of schizophrenia, bipolar disorder, and autism, suggesting similar root causes [2]. Up to 30% of patients diagnosed with ASD during childhood

will develop schizophrenia during adulthood [3]. Further, the presence of schizophrenia or bipolar disorder in first-degree relatives is a consistent and significant risk factor for ASD [4]. These three neuropsychiatric illnesses have complex inheritance patterns with >80% estimate for each disorder with multiple genetic and environmental factors influencing disease risk and course [2,4].

A recent large collaborative genetic study of families with schizophrenia and ASD showed significant overlap in candidate genes and susceptibility regions for both disorders using traditional karyotyping, genome-wide association studies (GWAS) and comparative genome hybridization (CGH) analyses by identifying chromosomal deletions and duplications in individuals with ASD [5–8]. ASD and SCH risk alleles appear to impact growth-signaling pathways with autism associated with loss of function in many genes [9–11], whereas schizophrenia tends to be associated with reduced function or activity of genes that up-regulate growth-related pathways [12–16].

Cytogenetic, linkage and association studies have identified common copy number variants (CNVs, deletions, duplications) between ASD and SCH which may produce dosage-dependent gain or loss of expression of genes contributing to phenotypic variation in presentation and course of illness. A large number of autism-specific CNVs have been found but with low recurrence (<1%) and they show a high level of genetic heterogeneity. For example, when the 15q11.2 BP1–BP2 region or 15q13.3 band contains a deletion or duplication in patients, then autism or a variety of neuropsychiatric traits including schizophrenia are identified [3,17–19]. Gene expression disturbances were found using postmortem cortical brain tissue from patients with autism, schizophrenia and bipolar disorder and they have shown a high correlation between the transcriptomes of ASD and schizophrenia, but not in BPD [5]. Hence, a large number of possible genetic and environmental factors do influence disease risk, expression and treatment.

Herein, we use the GeneAnalytics [20] program pathway analysis to further profile and characterize the underlying molecular architecture of clinically and etiologically relevant genes common to ASD [21], bipolar disorder [22] and schizophrenia [23] and associated diseases.

2. Results

The original gene lists reported in the literature included 792 genes for ASD [21], 290 genes for bipolar disorder [22] and 560 genes for schizophrenia [23], and of these, 23 genes were found in common in all three conditions (see Table 1). Functional analysis of the 23 genes identified from the submitted list of genes showed a high match for schizophrenia (17 genes, score = 15.1) with medium-match scores representing 25 other disorders including bipolar disorder (nine genes, score = 9.6) and autism spectrum disorder (10 genes, score = 9.1). Additional diseases identified were related to disorders of mental health including mood and personality disorders (see Table 2A). Tissues and cell types profiled for these 23 overlapping genes identified five common types of brain tissues which achieved high match scores (see Table 2B). These included the medulla oblongata (11 genes, score = 2.1), thalamus (10 genes, score = 2.0), hypothalamus (nine genes, score = 2.0), hippocampus (nine genes, score = 1.9) and cerebellum (eight genes, score = 1.9). Six (BDNF, DRD2, CHRNA7, HTR2A, SLC6A3, and TPH2) of the overlapping genes were matched to all five tissues types. Sixteen of the overlapping genes matched to a total of 36 Biological Superpathways with a total of nine Superpathways achieving significantly high match scores according to the GeneAnalytics pathway analysis and algorithm [20]. The Circadian entrainment pathway showed the highest match score involving 10 genes (score = 37.0), followed by Amphetamine addiction involving five genes (score = 24.3) and Sudden infant death syndrome (SIDS) susceptibility pathways (six genes, score = 24.1) (see Table 3).

Gene Symbol	Gene Name	Chromosome Location
BDNF	Brain-derived neurotrophic factor	11p14.1
ANK3	Ankyrin 3	10q21.2
CACNA1C	Ca^{2} + channel, voltage-dependent, L type, $\alpha 1C$ subunit	12p13.33
CACNB2	Ca+ channel, voltage dependent, β 2 subunit	10p12.33
CHRNA7	Cholinergic receptor, nicotinic, α 7 (neuronal)	15q13.3
CNTNAP5	Contactin associated protein-like 5	2q14.3
CSMD1	CUB and sushi multiple domains 1	8p23.2
DISC1	Disruption in schizophrenia 1	1q42.2
DPP10	Dipeptidyl-peptidase 10 (non-functional)	2q14.1
DRD2	Dopamine receptor D2	11q23.2
FOXP2	Forkhead box P2	7q31.1
GSK3B	Glycogen synthase kinase 3β	3q13.33
HTR2A	5-Hydroxytryptamine (serotonin) receptor 2A, G-protein-coupled	13q14.2
MAOA	Monoamine oxidase A	Xp11.3
MTHFR	Methylenetetrahydrofolate reductase	1p36.22
NOS1AP	Nitric oxide synthase 1 (neuronal) adaptor protein	1q23.3
NRG1	Neuregulin 1	8p12
PDE4B	Phosphodiesterase 4B, CAMP-specific	1p31.3
SLC6A3	Solute carrier family 6 (neurotransmitter transporter, dopamine), member 3	5p15.33
SYN3	Synapsin III	22q12.3
TCF4	Transcription factor 4	18q21.1
TPH2	Tryptophan hydroxylase 2	12q21.1
ZNF804A	Zinc finger protein 804 A	2q32.1

Table 1. Twenty-three clinically relevant genes common to ASD, BPD and schizophrer	nia
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Table 2. GeneAnalytics program mapping of diseases, tissues and cells that were significantly matched to 23 overlapping genes for autism spectrum disorder, bipolar disorder and schizophrenia.

A. Diseases	Genes Matched to Disease Type (Highmatch Score)	No. of Genes in Disease Type	Score
Schizophrenia	ANK3, BDNF, CACNA1C, CHRNA7, DISC1, NRG1, DRD2, GSK3B, HTR2A, MAOA, MTHFR, NOS1AP, PDE4B, SLC6A3, SYN3, TPH2, ZNF804A	249	15.1
	(Mediummatch scores > 6.0)		
Bipolar disorder	BDNF, DISC1, DRD2, GSK3B, HTR2A, MAOA, NRG1, SLC6A3, ZNF804A	39	9.6
Autism spectrum disorder	BDNF, CHRNA7, DISC1, DRD2, FOXP2, HTR2A, MAOA, MTHFR, SLC6A3, TPH2	103	9.1
Disease of mental health	BDNF, DISC1, DRD2, HTR2A, MAOA, NRG1, SLC6A3, ZNF804A	57	8.0
Attention deficit hyperactivity disorder	BDNF, CHRNA7, DRD2, HTR2A, MAOA, SLC6A3, TPH2, ZNF804A	63	7.8
Mood disorder	BDNF, CACNA1C, DISC1, DRD2, HTR2A, MAOA, TPH2	31	7.7
Psychotic disorder	BDNF, CHRNA7, DISC1, DRD2, HTR2A, NRG1, SLC6A3	37	7.5
Anxiety disorder	BDNF, DRD2, HTR2A, MAOA, SLC6A3, TPH2	21	7.1
Obsessive compulsive disorder	BDNF, DRD2, HTR2A, MAOA, SLC6A3, TPH2	29	6.8
Personality disorder	DRD2, HTR2A, MAOA, SLC6A3, TPH2	14	6.4
B. Tissues and Cells	Genes Matched to Tissues and Cells	No. of Genes in Tissues And Cells	Score
Medulla oblongata	BDNF, CHRNA7, DRD2, FOXP2, HTR2A, MAOA, NRG1, PDE4B, SLC6A3, TCF4, TPH2	2179	2.1
Thalamus	BDNF, CHRNA7, DRD2, HTR2A, MTHFR, PDE4B, SLC6A3, TCF4, TPH2	1736	2.0
Hypothalamus	BDNF, CHRNA7, DRD2, FOXP2, HTR2A, MTHFR, PDE4B, SLC6A3, TCF4, TPH2	1666	2.0
Hippocampus	ANK3, BDNF, CHRNA7, DISC1, DRD2, FOXP2, HTR2A, SLC6A3, TPH2	3335	1.9
Cerebellum	ANK3, BDNF, CHRNA7, DRD2, FOXP2, HTR2A, SLC6A3, TPH2	2609	1.9

Superpathways	Genes Matched to Superpathways	No. of Genes in Superpathways	Score
Circadian entrainment	SLC6A3, GSK3B, HTR2A, MAOA, NOS1AP, PDE4B, TPH2, CACNA1C, CHRNA7, DRD2	390	37.0
Amphetamine addiction	SLC6A3, MAOA, BDNF, CACNA1C, DRD2	87	24.3
SID susceptibility pathways	HTR2A, MAOA, NOS1AP, TPH2, BDNF, CHRNA7	185	24.1
Selective serotonin reuptake inhibitor pathways	HTR2A, MAOA, TPH2	29	17.5
Monoamine transport	SLC6A3, MAOA, TPH2	36	16.6
Transmission across chemical synapses	SLC6A3, MAOA, SYN3, CACNB2, CHRNA7	316	15.2
CREB pathways	HTR2A, NRG1, BDNF, CACNA1C, CACNB2, CHRNA7	562	14.9
Neurotransmitter clearance in the synaptic cleft	SLC6A3, MAOA	8	14.6
CAMP signaling pathways	PDE4B, BDNF, CACNA1C, DRD2	211	13.4

Table 3. GeneAnalytics program mapping of superpathways with high match scores for 23 overlapping genes for autism spectrum disorder, bipolar disorder and schizophrenia.

The remaining Superpathways identified did emphasize monoamine signaling and cellular re-uptake/transport. There was little intrinsic overlap between the 36 biological Superpathways with only one gene (*DRD2*) common to all nine Superpathways.

Examination of gene ontology pathways identified 17 genes that matched to a total of 32 GO-molecular functions but high match scores were found for only three molecular functions involving six genes: Serotonin binding with two genes (*HTR2*, *MAOA*) out of nine total pathway genes, score = 14.3; Dopamine binding with two genes (*SLC6A3*, *DRD2*) out of 10 total pathway genes, score = 14) and High Voltage-gated Calcium Channel Activity with two genes (*CACNA1C*, *CACNB2*) out of 10 total pathway genes, score = 14. The 23 overlapping genes mapped to a total of 55 GO-biological processes with high match scores identified for 16 biological processes involving 19 genes (see Table 4). These processes involved a variety of behavioral constructs including axon guidance, synaptic transmission, and particularly the activity of ion channels and dopamine homeostasis.

Genes Matched to GO-Biological No. of Genes in **GO-Biological Processes** Score **GO-Biological Processes** Processes NRG1, CSMD1, DRD2 Startle response 20 19.1 GSK3B, NRG1, DISC1 Positive regulation of axon extension 30 17.4 Cellular calcium ion homeostasis HTR2A, CACNA1C, CHRNA7, DRD2 107 172SLC6A3, HTR2A, MAOA, CACNA1C, 432 17.0 Synaptic transmission CACNB2, CHRNA7 Dopamine catabolic process SLC6A3, MAOA 5 16.0 GSK3B, NRG1, ANK3, BDNF, 537 15.3 Axon guidance CACNA1C, CACNB2 NRG1, BDNF, DRD2 52 15.0Synapse assembly Regulation of high voltage-gated calcium 7 NOS1AP, PDE4B 15.0 channel activity ANK3, DRD2 7 Regulation of potassium Ion transport 15.0 MTHFR, BDNF, CHRNA7, DRD2 180 Response to hypoxia 14.3 Negative regulation of synaptic HTR2A, DRD2 9 14.3 transmission, glutamatergic SLC6A3, DRD2 9 14.3 Adenohypophysis development SYN3, DRD2 10 Regulation of synaptic transmission, GABAergic 140Behavioral response to ethanol CHRNA7, DRD2 11 13.7 SLC6A3, CHRNA7 11 13.7 Regulation of dopamine secretion Dopamine biosynthetic process HTR2A, DRD2 12 13.4

Table 4. GeneAnalytics program mapping of gene ontology (GO) biological processes with high match scores to 23 overlapping genes for autism spectrum disorder, bipolar disorder and schizophrenia.

A total of 106 phenotypes were mapped to the 23 overlapping genes with 36 phenotypes involving 18 genes having high match scores (see Table 5). The highest-matched phenotypes were behavioral despair (four genes, score = 24.8), hypoactivity (seven genes, score = 24.4), abnormal serotonin levels (four genes, score = 24.1) and abnormal response to novel objects (four genes, score = 22.2). Additionally, phenotypes impacted GABAergic neuron morphology, synaptic transmission and response to hypoxia and risk of death.

Phenotypes	Genes Matched to Phenotypes	No. of Genes	Score
Behavioral despair	GSK3B, CACNA1C, CSMD1, DISC1	28	24.8
Hypoactivity	MAOA, FOXP2, ANK3, BDNF, CACNA1C, CHRNA7, DRD2	314	24.4
Abnormal serotonin level	MAOA, FOXP2, TPH2, BDNF	32	24.1
Abnormal response to novel object	SLC6A3, FOXP2, TPH2, DISC1	44	22.2
Abnormal GABAergic neuron morphology	BDNF, CHRNA7, DRD2	11	21.7
Abnormal prepulse inhibition	NRG1, DISC1, DRD2	14	20.7
Abnormal social Investigation	MAOA, SYN3, CACNA1C, DISC1	14	20.7
Increase aggression towards males	MAOA, TPH2, BDNF	64	20.1
Small cerebellum	MTHFR, FOXP2, ANK3, DISC1	67	19.8
Decrease exploration in new environment	GSK3B, FOXP2, BDNF, CACNA1C	79	18.9
Abnormal CNS synaptic transmission	SLC6A3, BDNF, CACNA1C, DRD2	79	18.9
Premature death	SLC6A3, MTHFR, FOXP2, ANK3, TPH2, BDNF, CACNA1C, DRD2	830	18.6
Decrease startle reflex	FOXP2, CSMD1, DISC1, DRD2	84	18.6
Decrease anxiety-related response	HTR2A, CHRNA7, DISC1, DRD2	89	18.2
Increase dopamine level	SLC6A3, MAOA, FOXP2	31	17.2
Abnormal vocalization	FOXP2, CACNA1C, DRD2	37	16.5
Hyperactivity	SLC6A3, NRG1, BDNF, CSMD1, DISC1	272	16.3
Increased thigmotaxis	SLC6A3, CACNA1C, CSMD1	45	15.6
Abnormal serotonergic neuron morphology	TPH2, BDNF	6	15.4
Abnormal response to novel odor	SLC6A3, DRD2	6	15.4
Abnormal latent inhibition of conditioning	DISC1, DRD2	6	15.4
Impaired coordination	SLC6A3, FOXP2, BDNF, CACNA1C, DRD2	309	15.4
Abnormal learning/memory/conditioning	GSK3B, CACNA1C, DISC1	49	15.3
Limp posture	NRG1, DRD2	7	15.0
Decreased serotonin Level	TPH2, DISC1	7	15.0
Postnatal growth retardation	SLC6A3, MTHFR, FOXP2, TPH2, BDNF, DRD2	581	14.6
Abnormal pituitary gland physiology	SLC6A3, DRD2	8	14.6
Abnormal inhibitory postsynaptic currents	SLC6A3, SYN3, BDNF	60	14.4
Small nodose ganglion	NRG1, BDNF	9	14.3
Complete postnatal lethality	FOXP2, ANK3, TCF4, BDNF, CACNA1C	375	14.1
Small petrosal ganglion	NRG1, BDNF	10	14.0
Decreased somatotroph cell number	SLC6A3, DRD2	11	13.7
Abnormal grooming behavior	SLC6A3, MAOA	11	13.7
Abnormal excitatory postsynaptic currents	NRG1, SYN3, DRD2	72	13.6
Decreased left ventricle systolic pressure	MAOA, NRG1	12	13.4
Hunched posture	MAOA, BDNF, DRD2	78	13.3

Table 5. GeneAnalytics profiling of high match score phenotypes to 23 overlapping genes for autism spectrum disorder, bipolar disorder and schizophrenia.

3. Discussion

The molecular and genetic architecture of ASD, BPD and SCH with the identified 23 overlapping candidate susceptibility genes common to the three neuropsychiatric illnesses were analyzed

to assess shared etiological factors and phenotypes to facilitate mechanistic understanding and potential development of new treatment approaches. Interestingly, the genetic architecture of the overlapping genes for the three disorders converged on brain structures (e.g., medulla oblongata, thalamus), neurotransmitter systems (e.g., dopamine, serotonin) and signal transduction pathways primarily involved in the regulation of circadian oscillations and sleep disturbances. GO-molecular processes were mapped to the neurotransmitter pathways (dopamine, andserotonin) and ion channels (high voltage–gated calcium channels) implicated in mood, addiction and psychotic disorders with regulatory function and expression in brain centers controlling Circadian entrainment.

The human thalamus, hypothalamus and hippocampus have been extensively targeted in relation to relaying and processing sensory and motor information, as well as regulating consciousness and sleep [24]. The central and peripheral circadian molecular clock is entrained through a complex and highly regulated molecular cascade in the suprachiasmatic nuclei (SCN) of the hypothalamus driven by the cyclical expression of *PER* and *CRY* [25–27]. The master lists of susceptibility genes for BPD and SCH contain *CLOCK*, an integral part of the Circadian entrainment pathway, and the identified ASD master gene list contains additional circadian-regulatory genes (e.g., *PER1, PER2, NPAS2, MTNR1A*, and *MTNR1B*). The master clock located in the suprachiasmatic nuclei of the hypothalamus synchronizes mainly by light signals, and releases glutamate and pituitary adenylate cyclase-activating polypeptide (PACAP) with the activation of signal transduction cascades, including nNOS activity, cAMP- and cGMP-dependent protein kinases. Additionally, multiple entrainment pathways converge to phosphorylate CREB and to activate *CLOCK* gene expression [25–27] (see Figure 1 for circadian pathways and related features).



Figure 1. Circadian entrainment is an intrinsic, internal biological clock entrained by exogenous signals, such as endocrine and behavioral rhythms synchronized to environmental cues. The master clock located in the suprachiasmatic nuclei (SCN) of the hypothalamus synchronizes circadian oscillators in peripheral tissues. The main photic input to the suprachiasmatic nuclei comes from the retinal ganglion cells which use glutamate and PACAP, which leads to activation of AMPA and NMDA receptors. The release of glutamate and PACAP triggers the activation of signal transduction cascades including CamKII and nNOS activity, cAMP- and cGMP-dependent protein kinases and mitogen-activated protein kinase (MAPK). Also, melatonin affects non-photic entrainment by inhibiting light-induced phase shifts through inhibition of adenylate cyclase (AC). Additionally, multiple entrainment pathways converge to phosphorylate CREB and to activate *CLOCK* gene expression [28–31]. Solid and dotted lines indicate direct and indirect relationships, respectively.

Arousal and cortical responsiveness are modulated by a complex regulatory network including serotonergic feedback from the median raphe nuclei involved in the regulation of rapid eye movement (REM) sleep patterning [24]. Depletion of serotonin receptors and feedback are implicated in the pathology of Sudden infant death syndrome (SIDS), a secondary Superpathway identified in our study [32]. *BDNF*, a neurotrophic factor, and *CHRNA7* genes involved in the SIDS Superpathway were also implicated in the biological processes impacting the response to hypoxia and may reflect underlying vulnerability to neurological/physiological injury secondary to apnea, thereby influencing neurocognition and/or behavior. Mesencephalic dopaminergic neurons from the ventral tegmental area also project to the thalamic nuclei to directly modulate sleep induction and wakefulness through opposing effects of *DRD1* and *DRD2* receptors on adenylyl cyclase activity.

Neuronal activity and plasticity during brain development is sensitive to both neurotransmitter signaling of serotonin and dopamine and responsive to common genetic and environmental factors influencing brain maturation. Monoamine-sensitive periods also modulate select neurodevelopmental processes (e.g., neuron division, migration and dendritic connectivity) involved in the development of behavioral regulation and control as well as sleep patterns, which may reflect core etiological relationships linking neuropsychiatric illnesses to sleep disruption and hypoxia [28,33–38]. Additionally, the homeostatic value of sleep and circadian rhythmicity impact physiology and behavior in important ways, including the response to stress. Rhythmic circadian oscillations in glucocorticoid levels can modulate adult hippocampal growth and functioning through inhibitory effects of glucocorticoid hormones on neural stem cell and progenitor cell proliferation [39]. Thus, the disruption of circadian entrainment or loss of circadian regulation of glucocorticoid release could directly influence hippocampal neuroplasticity, learning and memory throughout life, which may play a role in psychopathology such as schizophrenia [40,41].

Our analyses are limited by the current status of research and availability of published literature reports on candidate genes as well as the reliability of the curated databases and integrated pathway analyses produced by the GeneAnalytics algorithms. Advances in genomic technology and bioinformatics will continue to identify and characterization new candidate genes, but not all identified genes will be equally important or certain to be causative. The relative contributions of any individual gene to the general disease prevalence must be assessed individually. Further, intrinsic bias in the curated literature may result from imbalances in the allocation of resources for study which may overemphasize some disease states or scientific disciplines over others (e.g., genetics of cancer over psychiatry). Nevertheless, the convergence of these model systems and overlaid genetic mechanisms provides relevant insight into the key macro systems involved in pathogenesis and the overlap of these three severe neuropsychiatric disorders.

4. Materials and Methods

We used recently published list of genes found to be clinically relevant and known to play a role in ASD [21], bipolar disorder [22] and schizophrenia [23] for molecular profiling and pathway analysis of genes common to all three neuropsychiatric conditions with similar features. GeneAnalytics (http://geneanalytics.genecards.org/ [20]) computer program and genomic databases are part of the GeneCards Suite developed by LifeMap Sciences (http://www.lifemapsc.com/products/genecards-suite-premium-tools/) and were used to map the resultant list of common genes to characterize molecular pathways, biological processes, molecular functions, phenotypes, tissues and cells, diseases and compounds affected by overlapping neuropsychiatric genes.

GeneAnalytics is powered by GeneCards, LifeMap Discovery, MalaCards and PathCards, which combine >100 archived data sources [20]. The databases contain gene lists for tissues and cells, diseases, phenotypes pathways and compounds curated from published literature reports to develop the best matched list of genes, scored and subdivided into their biological categories such as diseases or pathways. These applications are integrated with GeneCards human gene database, Malacards human disease database, PathCards, human biological pathways database, and LifeMap Discovery tissues

and cells database in order to provide an extensive universe of data from human genes, proteins, cells, biological pathways, diseases and their relationships with integration valuable for research and discovery purposes.

Disease matching scores were derived based upon the number of overlapping genes found and the nature of the gene-disease associations. Tissues and cells were scored using a matching algorithm that weighs tissue specificity, abundance and function of the gene. Related pathways were then grouped into Superpathways to improve inferences and pathway enrichment, reduce redundancy and rank genes within a biological mechanism via the multiplicity of constituent pathways with the methodology and algorithm generated by the GeneAnalytics computer-based program. Superpathways were scored based upon transformation of the binomial *p*-value which was equivalent to a corrected *p*-value with significance defined at <0.0001.

5. Conclusions

Genetic overlap among autism spectrum disorder, bipolar disorder and schizophrenia was most strongly mapped to Superpathways and brain tissue types guiding Circadian entrainment. The results illustrate the converging effects of dopamine, serotonin and the signal transduction pathways involved in mood, behavior, cognition and impaired social functions; learning and memory are affected in these neuropsychiatric disorders which also guide brain development and sleep patterning disturbances. Thus, under-recognized sleep dysregulation as a common component of psychiatric illness appears to reflect the underlying molecular and genetic architecture of disease pathology in psychiatric illnesses. The convergence of pathways governing circadian rhythms supports the existence of a common core etiological relationship between neuropsychiatric illness and sleep disruption possibly related to central brain stem dysfunction impacting the presentation and underlying pathology and course of illness. This observation opens a new avenue to pursue for treatment modalities in order to change the clinical outcome and natural history of those affected with these relatively common mental health disorders in our current society.

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Author Contributions: Naveen Khanzada performed the literature review, compiled information for the GeneAnalytics analysis and primarily composed the manuscript. Merlin Butler contributed to the generation and interpretation of genetic data and the preparation of the manuscript. Ann Manzardo was responsible for the oversight of the study design, implementation, data analysis and interpretation, and manuscript preparation. All of the authors contributed to the final revision and accepted the manuscript.

Conflicts of Interest: The authors declare no conflict of interest.

Abbreviations

ASD	Autism spectrum disorder
BPD	Bipolar disorder
SCH	Schizophrenia
GWAS	Genome-wide association studies
CGH	Comparative genomic hybridization
CNV	Copy number variants
SIDS	Sudden infant death syndrome
SCN	Suprachiasmatic nuclei
PACAP	Pituitary adenylate cyclase-activating polypeptide
cAMP	Cyclic adenosine monophosphate
cGAMP	Cyclic guanosine monophosphate-adenosine monophosphate
nNOS	Nitric oxide synthase
CREB	cAMP response element-binding protein

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