

REVIEW ARTICLE

Maintenance of *Mest* imprinted methylation in blastocyst-stage mouse embryos is less stable than other imprinted loci following superovulation or embryo culture

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Abstract

Assisted reproductive technologies are fertility treatments used by subfertile couples to conceive their biological child. Although generally considered safe, these pregnancies have been linked to genomic imprinting disorders, including Beckwith–Wiedemann and Silver–Russell Syndromes. Silver–Russell Syndrome is a growth disorder characterized by pre- and post-natal growth retardation. The *Mest* imprinted domain is one candidate region on chromosome 7 implicated in Silver–Russell Syndrome. We have previously shown that maintenance of imprinted methylation was disrupted by superovulation or embryo culture during pre-implantation mouse development. For superovulation, this disruption did not originate in oogenesis as a methylation acquisition defect. However, in comparison to other genes, *Mest* exhibits late methylation acquisition kinetics, possibly making *Mest* more vulnerable to perturbation by environmental insult. In this study, we present a comprehensive evaluation of the effects of superovulation and *in vitro* culture on genomic imprinting at the *Mest* gene. Superovulation resulted in disruption of imprinted methylation at the maternal *Mest* allele in blastocysts with an equal frequency of embryos having methylation errors following low or high hormone treatment. This disruption was not due to a failure of imprinted methylation acquisition at *Mest* in oocytes. For cultured embryos, both the Fast and Slow culture groups experienced a significant loss of maternal *Mest* methylation compared to *in vivo*-derived controls. This loss of methylation was independent of development rates in culture. These results indicate that *Mest* is more susceptible to imprinted methylation maintenance errors compared to other imprinted genes.

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Key words: genomic imprinting; DNA methylation; mouse; assisted reproduction; *Mest*

Introduction

Assisted reproductive technologies (ARTs) are fertility treatments used by infertile/subfertile couples to conceive their biological child. Although generally considered safe, ART pregnancies exhibit increased risk for preterm birth, low birth weight, intrauterine growth restriction [1] and have been linked to genomic imprinting disorders including Beckwith–Wiedemann Syndrome [2–10], Angelman Syndrome [11–13], and Silver–Russell Syndrome [7, 14–20].

Silver–Russell Syndrome (SRS) is an imprinting disorder characterized by pre- and post-natal growth retardation, relative macrocephaly at birth, protruding forehead, body asymmetry, and low body mass index and/or feeding difficulties [21]. Up to 44% of SRS cases observed in the general population are associated with hypomethylation at the *H19* imprinted domain, which is located within the 11p15 region. By comparison, from the limited number of SRS patients conceived by ARTs that were studied, 92% possess *H19* hypomethylation, indicating a higher incidence of imprinted methylation perturbations in SRS patients in ART versus the general population [7, 14–19]. Maternal uniparental disomy of chromosome 7 (two maternal and no paternal copies of chromosome 7) has been implicated in 5–10% of SRS cases, indicating that the absence of chromosome 7 imprinted genes of paternal origin and/or double the number of chromosome 7 imprinted genes of maternal origin leads to SRS [22]. The *MEST* (mesoderm-specific transcript; also known as paternally expressed gene 1) imprinted domain is one of the primary SRS candidate regions on chromosome 7 (7q32) [15, 23–26]. In mice, paternal inheritance of a *Mest* targeted deletion results in severe intrauterine growth restriction [27].

The *Mest* imprinted domain is located on mouse chromosome 6 in a region syntenic to human chromosome 7 [28, 29]. A gametic differentially methylated region (gDMR) spans the *Mest* putative promoter region and exon 1. The *Mest* gDMR is methylated on the maternal allele while the paternal allele is unmethylated [30–32]. During oogenesis, DNA methylation acquisition at imprinted, maternal gDMRs occurs in an oocyte diameter/size-, days postpartum-, and/or follicular stage-dependent manner, with imprinted gDMRs showing differential acquisition kinetics [33–36]. Compared to other imprinted gDMRs, the *Mest* gDMR methylation exhibits the latest acquisition kinetics [34, 37].

Late acquisition of *de novo* methylation has led to the suggestion that the *Mest* gDMR may be more vulnerable to perturbation by environmental insult [38]. To investigate the requirement for methyl donors during follicle development, Anckaert et al. [38] cultured preantral follicles in medium with low methyl donors. While acquisition of DNA methylation at the *Snrpn* and *Igf2r* gDMRs was not impeded, there was a reduced level of DNA methylation at the *Mest* gDMR. We also analyzed *de novo* methylation in connexin 43 (*Gja4*) deficient oocytes under the premise that gap junction communication provides important metabolites for DNA methylation acquisition. In contrast to the *Snrpn* and *Peg3* gDMRs, we observed a loss or delay in methylation acquisition at the *Mest* gDMR, possibly due to its late methylation acquisition [36].

Additional consideration should be given to the grand-parental alleles with regard to environmental insult. Acquisition of *Mest* gDMR methylation occurs differentially with the grand-maternal allele acquiring methylation prior to the

grand-paternal *Mest* allele [33, 34, 36]. This may place the grand-paternal *Mest* gDMR at a higher risk for methylation acquisition errors.

In this study, we characterize the effects of superovulation or embryo culture on the acquisition and maintenance of genomic imprinting at the *Mest* locus. Superovulation, also known as ovarian stimulation, is used to recover large numbers of mature oocytes at one time to increase the chances of generating diploid fertilized zygotes. Embryo culture allows the identification and selection of developmental competent *in vitro* produced embryos for transfer to the patient as a strategy to increase the chances of implantation. To provide a comprehensive allelic analysis of the response of the *Mest* gene to superovulation and embryo culture, and to avoid confounding factors such as intrinsic patient sub-fertility and sample pooling, our analysis was performed on individual oocytes and embryos in a mouse model. Here, we demonstrate that the *Mest* gDMR was hypermethylated on the grand-maternal and grand-paternal alleles in MII oocytes following low or high doses of superovulation similar to control oocytes, indicating that acquisition of DNA methylation at the *Mest* gDMR in the growing oocyte was not affected by hormonal stimulation. By comparison, significant methylation loss occurred at the maternal *Mest* gDMR in blastocysts following superovulation regardless of hormone dosage. For *in vitro* culture, both fast and slow developing embryos experienced a significant loss of maternal *Mest* gDMR methylation compared to *in vivo*-derived controls. These results contrast with our previous studies, where greater numbers of embryos in the high hormone treatment group and in the fast-developing culture group showed loss of maternal *Snrpn* and paternal *H19* gDMR methylation compared to the high hormone treatment and slow-developing culture groups [39, 40]. These results indicate that *Mest* gDMR is more susceptible to imprinted methylation maintenance errors.

Methods

B6(CAST7p6) Mice

Previous studies from our lab utilized a mouse model suited for imprinting analyses, namely C57BL/6(CAST7) [B6(CAST7)] mice, which contains two *Mus musculus castaneus* chromosome 7s on a B6 background [41]. Since *Mest* is located on chromosome 6, we screened our B6(CAST7) colony using satellite markers, or single nucleotide polymorphisms (SNPs) plus restriction digestion (refer to Table 1 for PCR primers and annealing temperatures) to identify a subset of mice that harbored a partial region of *Mus musculus castaneus* chromosome 6. The proximal crossover was mapped between SNP4 (rs3090864) at 22.8 MB and SNP5 (rs3088527) at 23.7 MB (Fig. 1). SNP4 is a polymorphic site between B6 (A) and CAST (G), which distinguished the parental alleles via HpyCH4III restriction digestion (B6, 181 and 12 bp; CAST, 101, 80, and 12 bp). SNP5, a polymorphic site between B6 (C) and CAST (A), identified parental alleles though CviKI-1 restriction digestion (B6, 74, 54, and 38 bp; CAST, 112 and 54 bp). The distal crossover was first mapped to a region between D6Mit140 (30.60 MB) and D6Mit341 (32.05 MB), and then narrowed to a region between SNP10 (rs6183467) (31.02 MB) and D6Mit341 (32.05 MB). For SNP10, a polymorphic site distinguished B6 (T) and CAST (G) alleles though HincII restriction

Table 1. Mest primers

Region	Accession	Primer/probe	Primer sequence (5'-3')	Annealing Temperature (°C)
<i>Imprinted methylation analysis</i>				
D6Mit140	MGI: 702660	F	TGCCAACTAAGGTACATCTATAGCC	55
		R	TGGTTCAAAAAATAAGATTCTGAGC	
D6Mit34	MGI: 705219	F	TGTGTGTGTTCCTCCTCTC	58
		R	ACCAGTTTTTACCTTTCAAATAATG	
SNP4	rs3090864	F	GTGCCAGATTGTCTTCCC	55
		R	ACCCTCAGGACAGTTCCG	
SNP5	rs3088527	F	ATGCCTCATTGGAGTCTG	55
		R	AGCATCCTCTGGGAGTGTA	
SNP10	rs6183467	F	CAGGATGGGTCTGGAGTGA	55
		R	CTTAGTAGCAACTGGGTGGTG	
<i>Imprinted expression analysis</i>				
1380-1920	NM_008590	F	CACATTGGTGAACAACTACAGG	50
		R	AGAGTGCTGGGAAGTGAACC	
<i>Imprinted methylation analysis</i>				
1309-1651	AF017994	OF	MestB TTTTAGATTTTGGGGTTTTAGGTTG	50
		OR	MestE TCATTAACAAACACAACCTCCTTTAC	
		IF	MestC GGTGTTGGTATTTTGTAGTGTAGTTG	
		IR	MestD AATCCCTTAAAAATCATCTTTCACAC	

F, forward; R, reverse; OF, outer forward, OR, outer reverse; IF, inner forward; IR, inner reverse.

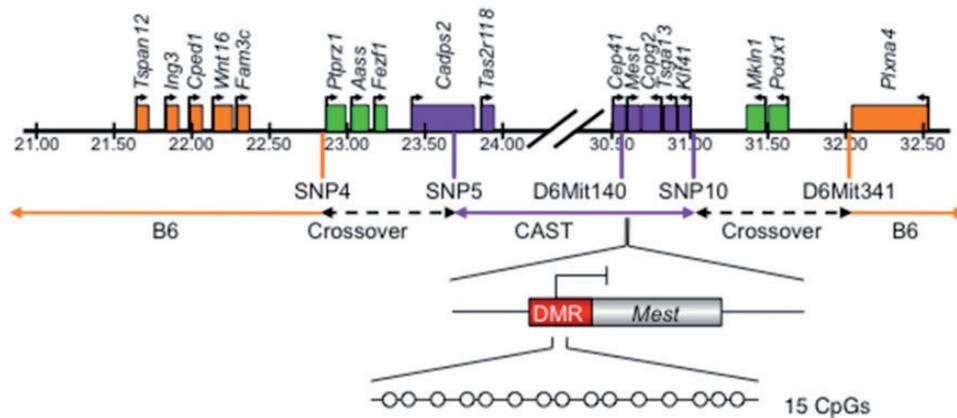


Figure 1: crossover sites in the B6(CAST7p6) mouse model. Graphical representation of chromosome 6 in the B6(CAST7p6) mouse model. Genes in orange are located within the B6 region, genes in purple are located within the *Mus musculus castaneus* region, and genes in green fall within the crossover region. Orange and purple vertical lines represent satellite markers (D6Mit140 and D6Mit341) and single nucleotide polymorphisms (SNPs)/restriction digestion that were used to determine genotypes. The *Mest* imprinted domain was found to reside in a *Mus musculus castaneus* 9.25 MB region between 22.8–23.7 and 31.02–32.05 MB. The region analyzed for imprinted Mest methylation is indicated. Red box, maternally methylated *Mest* gDMR; blunted-ended arrow, repressed transcription start site; white circles, CpG dinucleotides

digestion (B6, 316 bp; CAST, 232 and 84 bp). Thus, crossover events were mapped to 22.8–23.7 and 31.02–32.05 MB, which encompassed a 9.25 MB region containing the *Mest* imprinted domain (Fig. 1). All polymorphisms were confirmed by sequencing of PCR products. B6(CAST7p6) intercrosses were used to generate a B6(CAST7p6) mouse colony. This B6(CAST7p6) mouse model was used for all subsequent experiments. Experiments were performed in compliance with the guidelines set by the Canadian Council for Animal Care, and the policies and procedures approved by the Western University Council on Animal Care.

Oocyte and Embryo Collection, and Embryo Culture

Ovulated oocytes were collected from B6(CAST7p6)XB6 F₁ females following spontaneous ovulation or superovulation as previously prescribed [42, 43]. Briefly, for superovulation,

females were injected with either 6.25 IU or 10 IU equine chorionic gonadotropin (eCG, Intervet Canada) followed 40–44 h later by the same dose of human chorionic gonadotropin (hCG, Intervet Canada). Females in the estrus stage of spontaneous ovulation cycles were used as unstimulated controls. Oocyte-cumulus cell complexes were flushed from the oviducts at approximately 12 PM the following day (22 h post-hCG) into M2 media (Sigma). For the spontaneously ovulated group, we obtained 9.7 ± 1.6 oocytes/female ($n = 15$). For the 6.25 IU and 10 IU hormone-treated groups, 25.6 ± 5.7 and 29.7 ± 7.1 oocytes/female were obtained, respectively ($n = 7-8$ females). MII stage oocytes were dissociated from surrounding cumulus cells using 0.3 mg/ml hyaluronidase (Sigma) and washed three times in M2 media. Oocytes were treated with acidic tyrode's solution (Sigma) at room temperature to remove the zona pellucida, washed twice more in M2 media, and placed individually on a glass slide in minimal media for agarose embedding.

To obtain B6(CAST7p6)XB6 F₁ embryos following superovulation, B6(CAST7p6) females were mated with B6 males (Charles River, St Constant, Canada) the same day as the hCG injection as previously described [39]. Mating was determined by the presence of a vaginal plug at 0.5 days post-coitum (dpc). For embryo culture experiments, 2-cell embryos were flushed from the oviducts at 1.5 dpc, washed twice and cultured in Whitten's medium. Embryo culture drops (10–20 µl) with a filter-sterilized mineral oil overlay (Sigma) were prepared prior to 9 AM and allowed to equilibrate. Embryos were cultured at a concentration of 1 embryo per microliter. Embryos were separated into four groups based on rate of development over the course of the 3-day culture period as previously described [40]. For *in vivo*-derived embryos, B6(CAST7p6) females were checked for estrus, and then mated with B6 males. Blastocyst stage embryos were flushed from uteri in M2 medium (Sigma) at 3.5 dpc. Blastocysts from control and experimental groups were placed in individual tubes, snap frozen on dry ice and stored at –80 °C.

Analysis of Imprinted *Mest* Methylation on Single Oocytes

Processing, agarose embedding, and bisulfite mutagenesis of individual oocytes was performed as previously described [42, 43]. Each oocyte sample was directly added as a solid agarose bead to an Illustra ready-to-go PCR bead (GE) containing 0.2 µM final concentration of *Mest* outer primers and 9.6 ng/ml final concentration of tRNA in a 15 µl solution, with 25 µl of mineral oil overlay. Negative controls (agarose bead without oocyte) were processed alongside each sample. For the second round, 5 µl of first round was added to a second 25 µl ready-to-go PCR bead containing 0.2 µM final concentration of *Mest* inner primers, with 25 µl of mineral oil overlay. Primers were designed within a previously described region [38], allowing for the analysis of 15 CpGs within the *Mest* gDMR (Fig. 1) (Accession number, AF017994; primer positions outer, *Mest*BE 1088–1744, inner, *Mest*CD 1309–1651; nucleotide 1343, A in B6, C in CAST). Refer to Table 1 for primers and annealing temperatures. For each oocyte, 5 clones were sequenced. Samples having two or more clones with different methylation patterns and different non-CpG conversion rates were excluded from analysis, as cumulus cell contamination could not be ruled out. Sequences with conversion rates <85% were not included. Following the bisulfite mutagenesis and PCR amplification process, 36% (10/28) of spontaneous, 38% (17/45) of 6.25 IU, and 40% (20/50) of 10 IU

ovulated oocytes successfully amplified. Of these, 0, 12, and 25%, respectively, were excluded from analysis due to a conversion rate below 85%, or having more than two methylation patterns suggestive of cumulus cell contamination.

Analysis of Imprinted *Mest* Expression and Methylation in Blastocysts

The combined analysis of imprinted expression and methylation in individual blastocysts was performed as previously described [40]. For the analysis of imprinted *Mest* expression, amplification of a 541 bp fragment was tested using SYBR green to allow determination of the range of cycles located in log-phase amplification. PCR on subsequent embryos was performed to ensure that amplification was in the log-phase upon completion of the PCR program. Following PCR amplification using ready-to-go PCR Beads (GE; 0.2 µM final concentration *Mest* primers), embryos were digested with the BsiHKA1 restriction enzyme to determine allelic identity. Densitometry was performed using the Opticon Monitor Software.

For imprinted methylation analysis, bisulfite mutagenesis, nested PCR (0.2 µM final concentration *Mest* outer and inner primers; first round PCR was split in half to allow for two independent PCR reactions), cloning and sequencing was performed as described previously [40]. At least 40 clones per embryo were sequenced. Sequences with conversion rates <85% were not included. Identical clones (identical location and number of unconverted CpG-associated cytosines and identical location and number of unconverted non-CpG-associated cytosines) were included only once. Percent methylation was calculated as number of methylated CpGs over the total number of CpGs. Refer to Table 1 for primers and annealing temperature.

Statistical Analysis

Statistical analysis was performed comparing maternal *Mest* methylation between *in vivo*-derived embryos, and embryos generated via superovulation (6.25 IU, low; 10 IU, high) or *in vitro* culture (Fast, Slow, FF, FS, SF, and SS). To account for variability among blastocysts within a given condition, random and mixed effects logistic regression models with random blastocyst effects were used. Models were fit through maximum pseudo-likelihood in SAS v9, estimated average group maternal methylation levels and odds ratios (OR) between groups were reported, 95% Wald based confidence intervals (CI) were computed, and two-sided level 5% Wald tests were used to test significance.

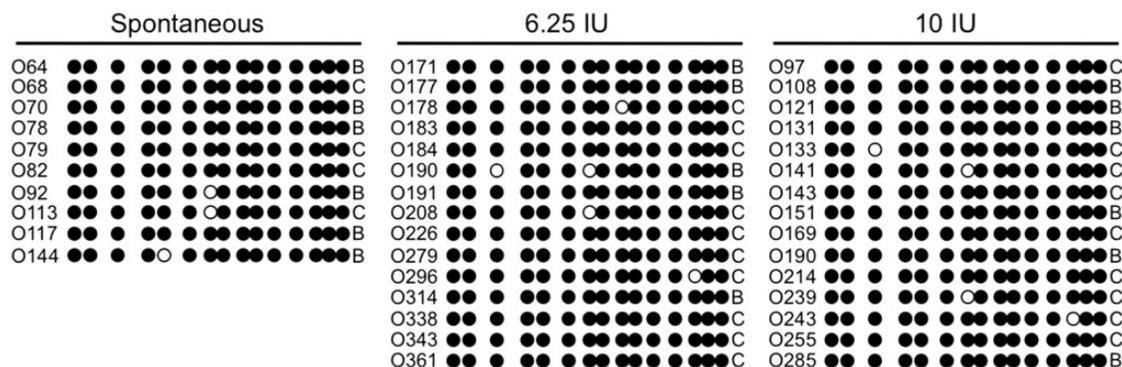


Figure 2: methylation of the *Mest* gDMR in individual oocytes derived from spontaneously ovulated and superovulated (6.25 and 10 IU) B6(CAST7p6)XB6 F₁ females. Unmethylated CpGs are represented as white circles, while methylated CpGs are depicted as black circles. Each line denotes an individual strand of DNA from a single oocyte. Oocyte designations are indicated on the left of each DNA strand, and the grand-parental allele is indicated on the right of each strand (B, B6 grand-paternal; C, CAST grand-maternal)

To generate the box plot in Fig. 4, we used BoxPlotR; <http://shiny.chemgrid.org/boxplotr/> (1 June 2017, date last accessed).

Results

Effects of Superovulation at the Mest gDMR in Ovulated Oocytes

To determine the methylation status of the Mest gDMR in spontaneously ovulated and superovulated oocytes, we performed the single oocyte bisulfite mutagenesis and clonal sequencing assay developed by our group [42, 43]. Imprinted methylation was assessed at 15 CpGs within the Mest gDMR (Fig. 1). Individual oocytes from spontaneously ovulating B6(CAST7p6)XB6 females displayed 93–100% methylation at the Mest gDMR (Fig. 2). Similar to untreated controls, oocytes in the low and high dosage groups possessed 93–100% methylation at the Mest gDMR (Fig. 2), with mean methylation levels of 98.0, 97.8, and 98.2% in the spontaneous, 6.25 and 10IU groups, respectively. Thus, superovulation did not alter acquisition of imprinted methylation at the Mest gDMR, at either the grand-maternal [B6(CAST7p6)] or the grand-paternal (B6) alleles during oogenesis.

Imprinted Mest gDMR Methylation in In Vivo-Derived Blastocyst-Stage Embryos

Prior to our investigation of superovulated or cultured embryos, we set out to determine the normal levels of DNA methylation

at the Mest gDMR in our mouse model. Using our combined imprinted expression and methylation assay [40] to obtain information for individual blastocysts, we determined the methylation patterns of 10 in vivo-derived B6(CAST7p6)XB6 embryos. The mean maternal Mest methylation level in in vivo-derived blastocysts was 73.2%. The first quartile of the in vivo group (70%) was used as a cut-off, such that 70% and above was classified as normal (N) and below 70% was categorized as abnormal (A) methylation levels. Using this cut-off, 8/10 in vivo-derived blastocysts displayed normal methylation levels (70–

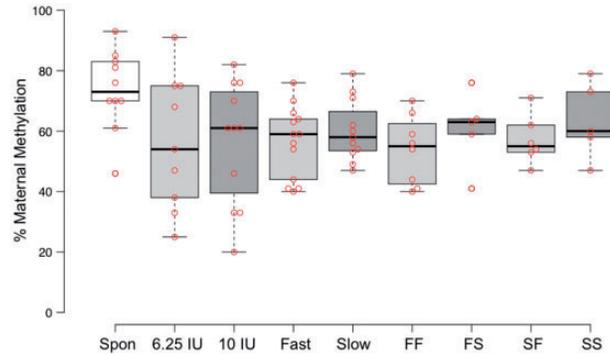


Figure 4: box plot of maternal Mest gDMR methylation levels in control and experimental blastocysts. Each red circle represents the maternal Mest gDMR methylation levels for one embryo. Spon, spontaneous; and FF, fast-fast; FS, fast-slow; SF, slow-fast; SS, slow-slow developmental rates

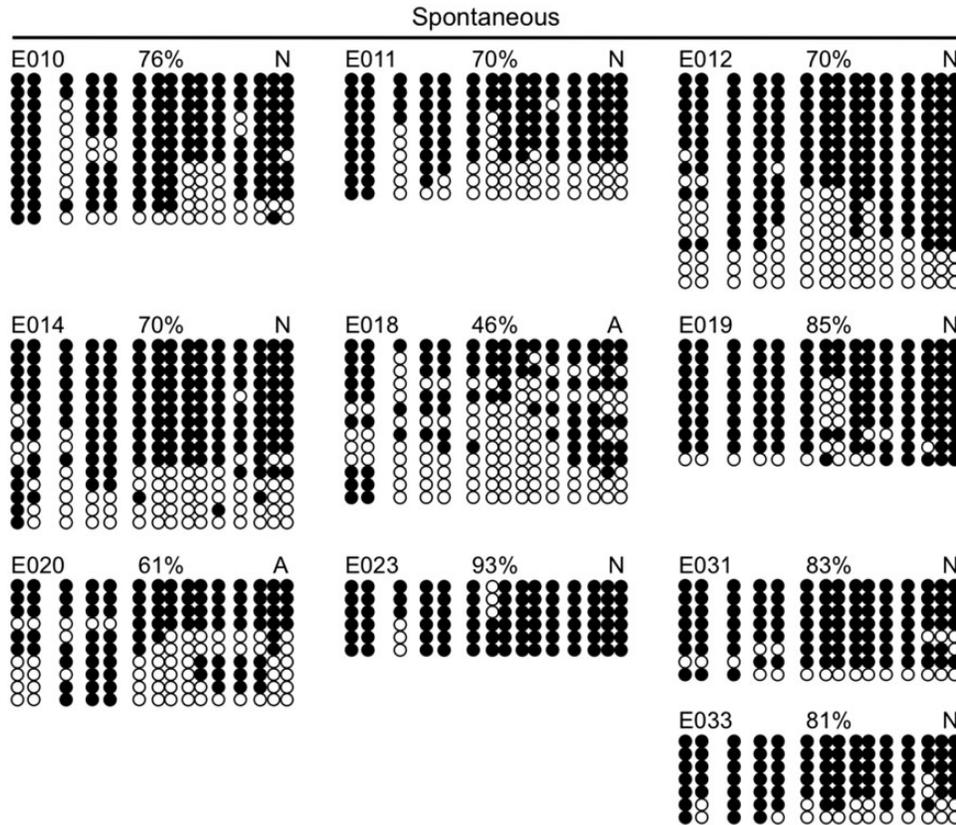


Figure 3: methylation of the maternal Mest gDMR in embryos derived from spontaneously ovulating females. Each group of DNA strands represents one blastocyst. Unmethylated CpGs are represented as white circles while methylated CpGs are depicted as black circles. Each line denotes an individual strand of DNA, and each group of strands represents an individual blastocyst. Blastocyst designations are indicated at the top left, percent maternal methylation is indicated at the top center, and normal (N) or abnormal (A) methylation levels are indicated at the top right of each group. Percentage methylation was calculated as the number of methylated CpGs/total number of CpGs

93%), while 2/10 *in vivo*-derived embryos (46%; 61%) displayed abnormal methylation levels (Figs 3 and 4).

Effects of Superovulation at the Imprinted *Mest* gDMR in Blastocyst-Stage Embryos

Next, we investigated imprinted methylation at the *Mest* gDMR in 20 blastocysts from superovulated females, using 6.25 IU (low) or 10 IU (high) hormone dosages. The estimated mean maternal methylation level in the low hormone group was 56.2%

(CI=42.3–69.2%) and was significantly less than that of *in vivo*-derived blastocysts (OR=0.47, CI=0.23–0.94, P=0.03) (Figs 4 and 5). Of these embryos, 6/9 (25%; 33%; 38%; 47%; 54%; 68%) displayed loss of maternal *Mest* gDMR methylation. The estimated mean maternal methylation level in the high hormone group was 56.3% (CI=44.8–67.2%) and was also significantly less than that of the *in vivo*-derived blastocysts (OR=0.47, CI=0.24–0.91, P=0.02) (Figs 4 and 6). Of these blastocysts, 7/11 (20%; 33%; 33%; 46%; 61%; 61%; 61%) exhibited loss of maternal *Mest* gDMR methylation. No significant difference was found in maternal

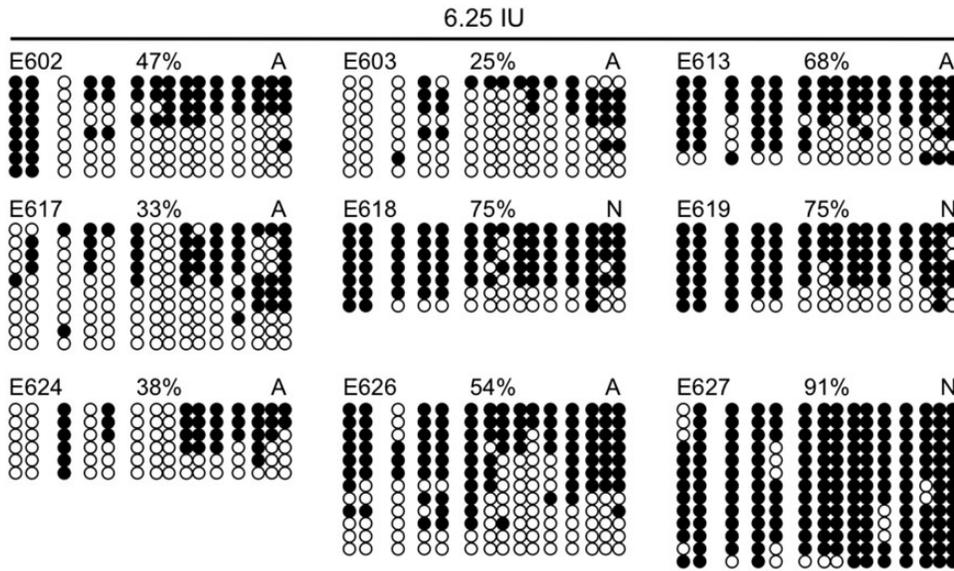


Figure 5: methylation of the maternal *Mest* gDMR in embryos derived from superovulated females treated with a low hormone dosage (6.25 IU). See Fig. 3 for details

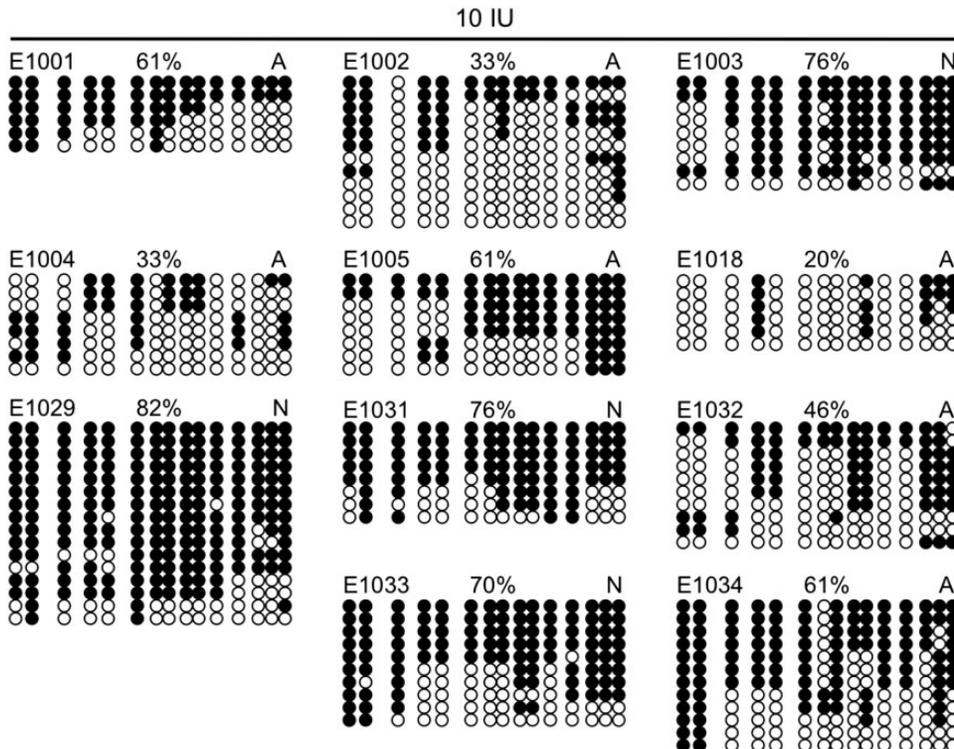


Figure 6: methylation of the maternal *Mest* gDMR in embryos derived from superovulated females treated with a high hormone dosage (10 IU). See Fig. 3 for details

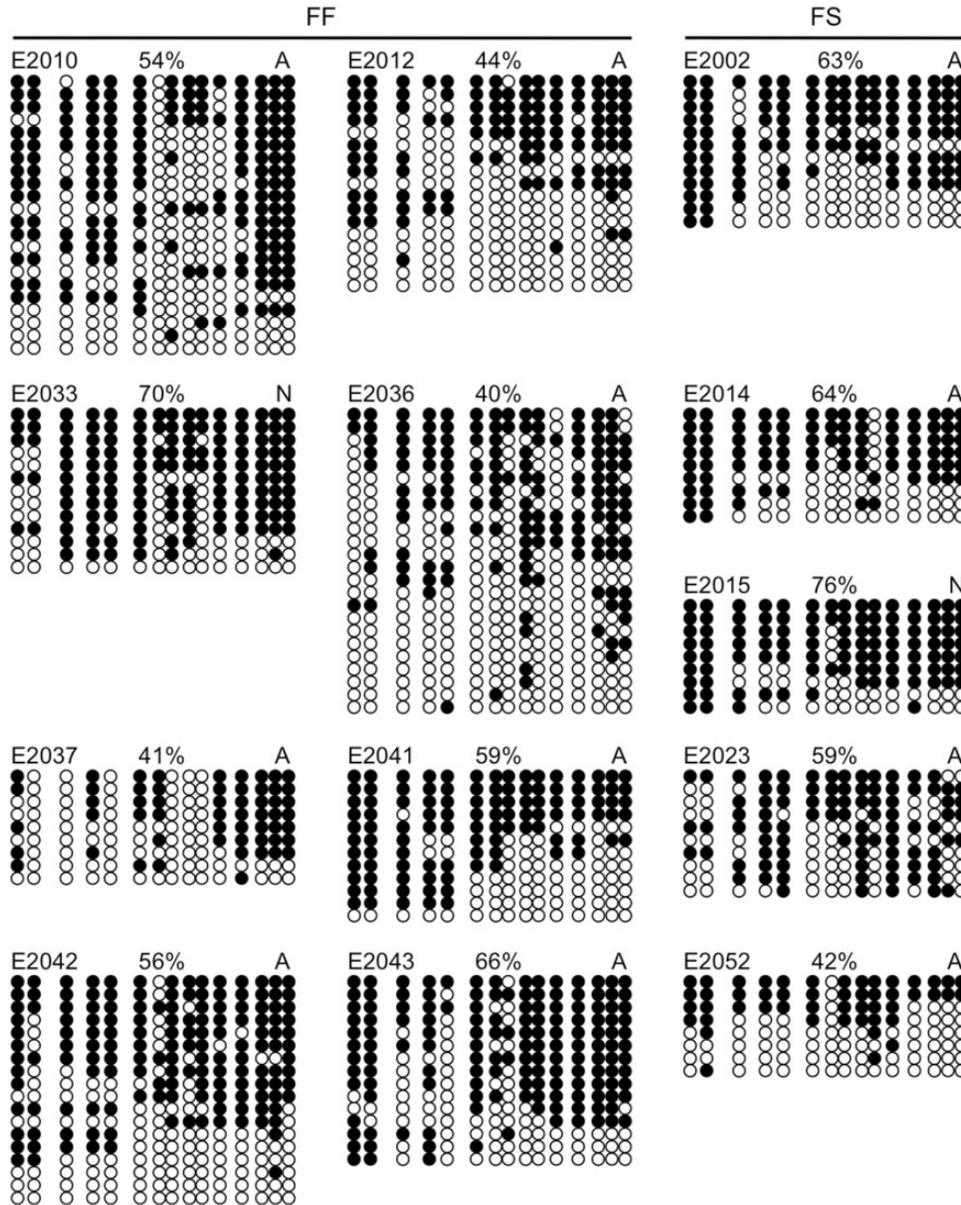


Figure 7: methylation of the maternal *Mest* gDMR in blastocysts from the fast (FF and FS) culture groups. See Fig. 3 for details

methylation levels between the low and high hormone groups (OR = 1.00, CI = 0.51–1.97, $P = 0.99$), indicating that methylation loss was not dose-dependent.

Effects of *In Vitro* Culture at the Imprinted *Mest* gDMR in Blastocyst-Stage Embryos

In a previous study [40] and here, we utilized Whitten’s, a sub-optimal culture medium, since it produces imprinting methylation defects, allowing us to investigate the relationship between developmental rates and imprint methylation maintenance. To evaluate the effects of embryo culture on imprinted methylation at the *Mest* gDMR in relation to rates of development, we analyzed 23 individual embryos cultured from the 2-cell to the blastocyst stage in Whitten’s medium. Embryos were separated based on rates of pre-implantation development [40]. Two-cell embryos were cultured for 24 h, after which embryos with 8 or more cells were placed in the Fast group, while those with less

than 8 cells were placed in the Slow group. After another 24 h of culture, a second separation was performed with embryos in the Fast group split into fast-fast (FF) and fast-slow (FS) groups based on whether they were cavitating or compacted, respectively. Embryos in the Slow group were divided based on whether or not they had compacted [slow-fast (SF) or slow-slow (SS) groups, respectively]. Embryos were cultured for another 24 h to the expanded blastocyst-stage. At the first separation, the Fast (FF and FS) group displayed a mean maternal methylation level of 56.5% (CI = 50.4–62.5%), which was significantly less than *in vivo*-derived embryos (OR = 0.48, CI = 0.31–0.73, $P < 0.01$), while the Slow (SF and SS) group displayed a mean maternal methylation level of 59.5% (CI = 53.7–65.6%), which was also significantly less than *in vivo*-derived embryos (OR = 0.55, CI = 0.35–0.84, $P < 0.01$). The Fast (FF and FS) group displayed 11/13 embryos with loss of maternal *Mest* methylation, while the Slow (SF and SS) group had 8/11 blastocysts with abnormal maternal *Mest* methylation levels. At the second separation, the

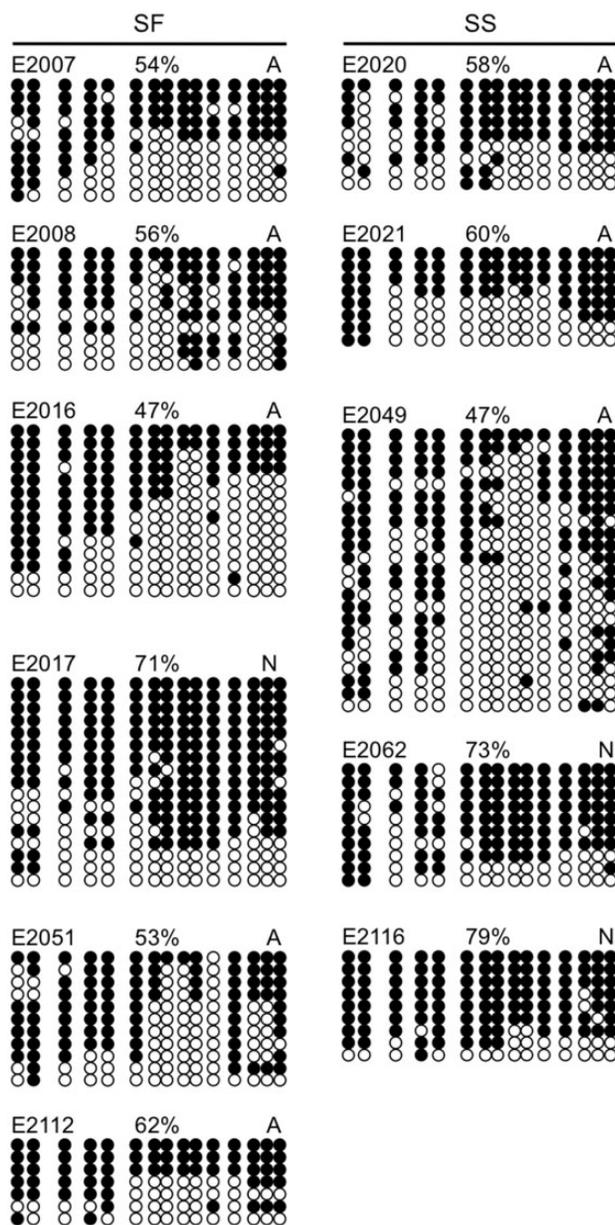


Figure 8: methylation of the maternal *Mest* gDMR in blastocysts from the slow (SF and SS) culture groups. See Fig. 3 for details

estimated mean maternal methylation levels in the FF and FS groups were 53.8% (CI = 46.6–60.8%) and 61.1% (CI = 51.1–70.2%), respectively, while in the SF and SS groups, the estimated mean maternal methylation levels were 57.1% (CI = 50.7–63.3%) and 63.1% (CI = 52.5–72.6%), respectively (Figs 7 and 8). In the FF group, 7/8 embryos (40%; 41%; 44%; 54%; 56%; 59%; 66%) displayed loss of maternal *Mest* gDMR methylation levels, as did 4/5 blastocysts (42%; 59%; 63%; 64%) in the FS group. In the SF and SS groups, 5/6 blastocysts (47%; 53%; 54%; 56%; 62%) and 3/5 embryos (47%; 58%; 60%) experienced a loss of maternal *Mest* gDMR methylation. We did not observe any significant difference in maternal *Mest* gDMR methylation between the Fast and Slow (OR = 0.87, CI = 0.58–1.31, $P = 0.51$), or FF and FS (OR = 0.74, CI = 0.43–1.29, $P = 0.29$), and SF and SS groups (OR = 0.78, CI = 0.43–1.40, $P = 0.40$).

Effects of Superovulation and Embryo Culture on Imprinted *Mest* Expression

Embryos in the *in vivo*-derived, 6.25 and 10 IU superovulated, and FF, FS, SF, and SS cultured groups, which were assayed for methylation analysis, were also analyzed for imprinted expression. Additional embryos in each group were also analyzed. Of the 102 blastocysts, *Mest* was expressed primarily from the paternal B6 allele (95–100%) in all embryos, where *Mest* expression was detectable, except for FF 2053 where expression was from the maternal B6(CAST7p6) allele (Fig. 9). Expression of *Snrpn* was also analyzed in these samples as a control for generation of the cDNA library, and exhibited normal paternal-specific expression in all samples (data not shown). These results are consistent with our previous observations, where paternal-specific *Snrpn* and *Peg3* expression was not altered in superovulated or cultured blastocysts with imprinted methylation loss [41, 44, 45].

Discussion

In this study, we present a comprehensive evaluation of the effects of superovulation and embryo culture on genomic imprinting at the *Mest* gene. Superovulation resulted in disruption of imprinted methylation at the maternal *Mest* gDMR in blastocyst-stage embryos compared to *in vivo*-derived controls, with a roughly equal loss in methylation in the low and high hormone treated groups. This disruption was not due to a failure of imprinted methylation acquisition at the *Mest* gDMR in the oocyte, on either grand-parental alleles. Cultured embryos also experienced a significant loss of maternal *Mest* methylation compared to *in vivo*-derived controls, with roughly an equal amount of methylation loss in the Fast and Slow culture groups.

To date, investigations of the effects of ARTs on imprinted methylation at gDMRs in mouse oocytes indicate that imprinted methylation acquisition is not perturbed by superovulation [42, 46], *in vitro* oocyte maturation [38, 47–49], or vitrification [50, 51]. Consistent with these reports, we found that acquisition of imprinted methylation at the *Mest* gDMR was not affected by superovulation. By comparison, Sato et al. [35] found that individual human germinal vesicle and metaphase I oocytes from women undergoing multiple hormone stimulations possessed aberrant imprinted methylation at *MEST*. It is important to acknowledge that human oocytes may be more susceptible to imprinted methylation errors following multiple ART procedures including ovarian stimulation and advanced maternal age [49, 52, 53]. Future investigations are required to assess methylation acquisition of *Mest* and other imprinted gDMRs in natural aged oocytes in mice.

By comparison, maintenance of imprinted methylation in pre-implantation embryos was disrupted by superovulation [39, 54], *in vitro* embryo culture [40, 41, 44, 45, 55], and vitrification [51]. In our previous study on the effects of superovulation at other imprinted gDMRs, loss of methylation was observed at both hormone dosages, with a greater loss of methylation at the high hormone treatment [39]. Here, the maternal *Mest* gDMR experienced methylation loss at roughly equal amounts at the low (56.2%) and high (56.3%) hormone dosage compared to *in vivo*-derived controls (73.2%), indicating that methylation loss was not hormone dose-dependent.

Embryo culture has also been shown to cause perturbation of imprinted methylation and imprinted expression of several imprinted genes [41, 44, 45, 56–58]. Consistent with these previous studies, we reported loss of maternal methylation at the

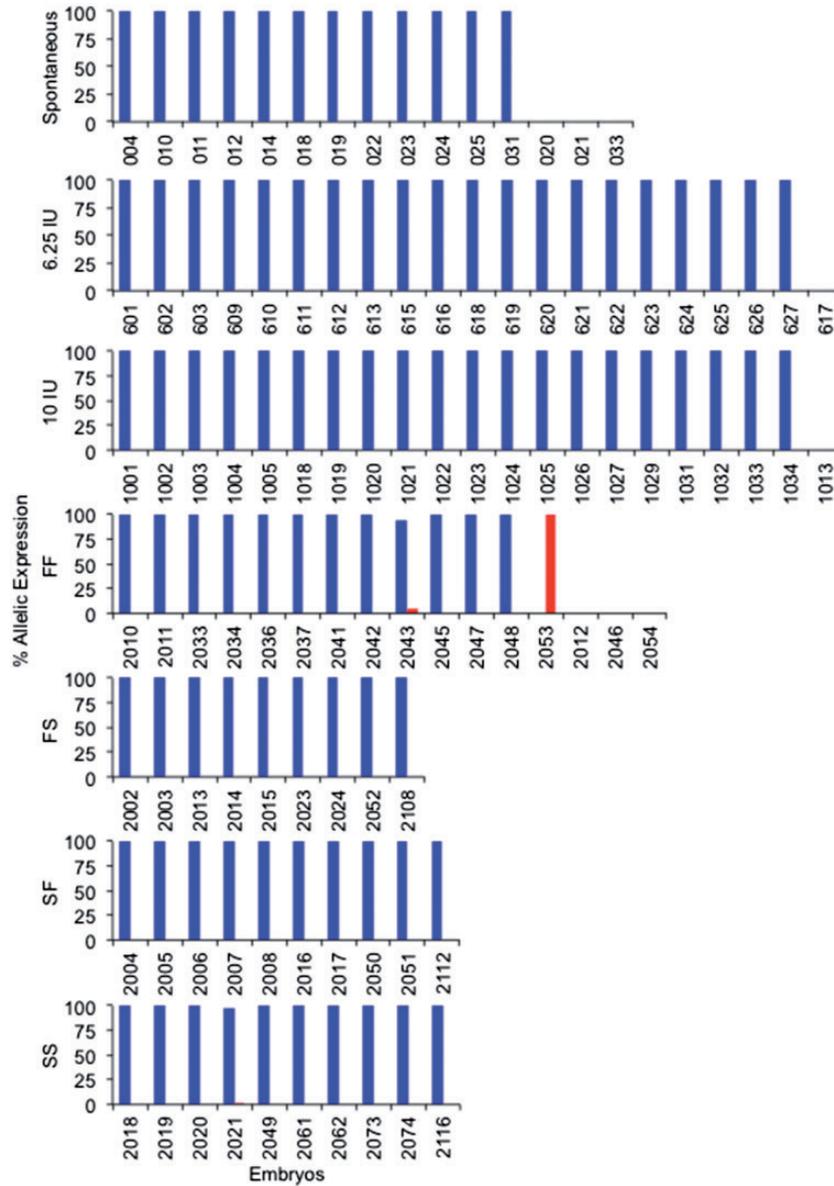


Figure 9: imprinted *Mest* expression in blastocysts produced spontaneously, or through superovulation and embryo culture. Imprinted expression was classified as >90% expression from the paternal allele. Blue, paternal B6 allele; red, maternal CAST allele

Mest gDMR following *in vitro* culture to the blastocyst stage in Whitten's medium. Moreover, we assessed imprinted methylation loss based on rates of pre-implantation development during *in vitro* culture. In our previous study, a greater number of embryos lost methylation at the *H19* and *Snrpn* gDMRs in the Fast developing group compared to the Slow developing group. Here, we found that loss of maternal methylation at the *Mest* gDMR was roughly equal in the Fast (56.5%) and Slow (59.5%) developing embryos, with no significant difference at the first separation between the Fast and Slow groups, or at the second separation between the FF and FS groups, and the SF and SS groups. Therefore, unlike *Snrpn* and *H19* gDMRs, methylation at the *Mest* gDMR does not correlate with rates of development. Instead, methylation loss may occur at stages earlier than the first separation. These results together with those from superovulation indicate that *Mest* imprinted methylation is more susceptible to perturbations than other imprinted gDMRs during pre-implantation development.

During oogenesis, gDMRs are thought to transition from protective to permissive chromatin states that enable *de novo* methylation in growing oocytes [59]. This transition may occur in a two-step process involving gene transcription and H3K36 methylation followed by removal of H3K4 di/trimethylation (H3K4me2/3) [59, 60]. It was speculated that *de novo* methylation kinetics at early and late acquiring imprinted gDMRs may be the result of initial H3K4me2/3 levels and the timing/rate of H3K4me2/3 demethylation [59]. Furthermore, the idea was proposed that reiterative cycles of transcription/H3K36 methylation and H3K4me2/3 demethylation may be required until *de novo* methylation has been completed. Consistent with this notion, *Mest* had a protracted transcription profile in growing oocytes compared to other imprinted genes [37]. This leads to the question of whether methylation acquisition kinetics at various gDMRs in growing oocytes produces different stabilities in the pre-implantation embryo under environmental insult. In a recent study, shifting methylation acquisition at gDMRs earlier in

growing oocytes by precocious *Dnmt3a2* and *Dnmt3l* expression resulted in loss of gDMR methylation in embryonic day 9.5 embryos [61]. These data were interpreted to mean that “functional” imprinted methylation is attained late in oocyte-growth. However, an alternative explanation is that a longer acquisition period produces more stable imprinted methylation in the developing embryo. Thus, *Mest* with the shortest and latest acquisition period may render imprinted methylation less stable in the pre-implantation embryo and thus, more susceptible to perturbations under certain environmental conditions.

Overall, we observed similar amounts of *Mest* gDMR methylation loss following superovulation with low and high hormone treatment as well as in embryos with fast and slow developmental rates in culture. This suggests that *Mest* gDMR methylation is less stable in ART-produced pre-implantation embryos than other imprinted gDMRs. Studies targeting known regulators of epigenetic phenomena will be invaluable in pinpointing the specific factors involved in maintenance of imprinted methylation during oogenesis and at each stage of pre-implantation development, as well as how these factors are disrupted by superovulation and embryo culture. On the other hand, continued investigations of mechanisms regulating specific imprinted gDMRs will be equally important, and will allow a more detailed explanation of the differential responses of individual imprinted loci to similar environmental insults.

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Author Contributions

M.R.W.M. conceived the study. M.R.W.M., B.A.M.V., and M.M.D. designed the study. B.A.M.V. and M.M.D. performed the experiments and acquired the data. All authors analyzed the data. R.T.K. performed the statistical analysis. All authors wrote, edited, and approved the manuscript.

Conflict of interest statement. None declared.

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