



# Narrative review of immunotherapy in thymic malignancies

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**Abstract:** Thymomas and thymic carcinomas (TCs) (also known as Thymic Epithelial Tumors or TETs) are rare cancers and the most frequent masses of the anterior mediastinum. These tumors appear in the epithelial component of the thymus, a primary lymphoid organ, and they have reported a high risk of autoimmunity due to a unique biology. Indeed, up to 30% of patients with TETs could present an autoimmune disorder (AID), the most frequent being Myasthenia Gravis (MG). Moreover, AIDs have been reported not only at tumor diagnosis but before and during the follow-up. These tumors have a lack of specific therapeutic targets for metastatic setting. Immune checkpoint inhibitors (ICI) may defeat cancer cells' capacity to evade the immune system and proliferate. The long-term benefit of ICIs in the metastatic setting in several tumors, such as melanoma or non-small cell lung cancer (NSCLC), let to evaluate ICI approaches in TETs. The high rate of AIDs and distribution of autoimmune events among TET's histological subtypes may have an influence on the decision regarding a treatment based on ICI due to the increased risk of toxicity. We summarize the current evidence for the efficacy of ICI in thymoma and TC and discuss several unresolved challenges and concerns for the use of this agents in TETs.

**Keywords:** Thymic epithelial tumors (TETs); immune checkpoint inhibitors (ICI); autoimmune disorders (AIDs); treatment related toxicity

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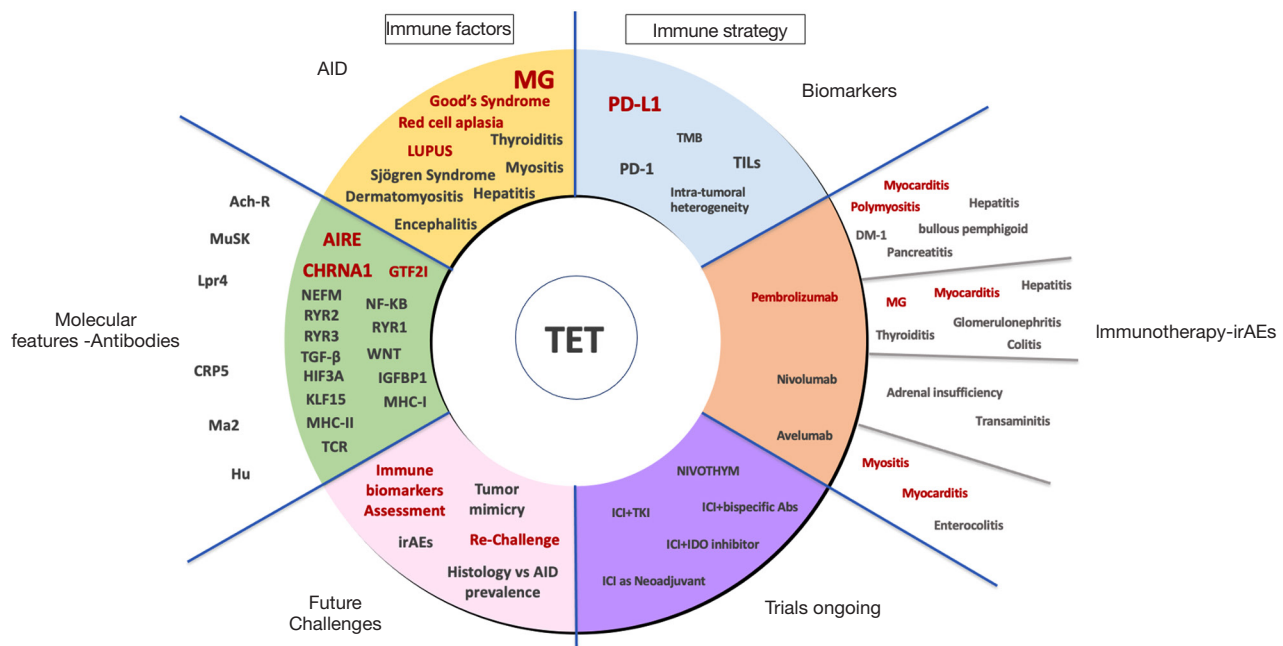
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## Introduction

Thymic epithelial tumors (TETs) are rare and potentially aggressive malignant cancers of the anterior mediastinum (1). A low Incidence (1.3 and 1.7/million inhabitants per year) has been reported with around 1,500 cases in Europe (2,3) and a mean age at diagnosis of 40 to 50 years (2). The World Health Organization (WHO) differentiates two entities, thymoma and thymic carcinoma (TC) (4) based on the rate and morphology of the two components of the thymic gland, lymphocytes and epithelial cells. The epithelial component is the only one that could develop cancer. At the International Thymic Malignancy Interest Group (ITMIG) consensus meeting in 2011 (5), the WHO classification was validated as the standard for clinical

practice (6) defining six main histological subtypes according to proportion of non-malignant appearing thymic epithelial cells and the rate of lymphocytes (7) (thymomas A, AB, B1, B2 and B3). Less common than thymoma, TC comprises approximately 10–15% of TETs and are highly associated with a poor prognostic and the development of distance metastases (1), the most common histology assessed in this subgroup of TETs is squamous cell carcinoma. TC harbors phenotypes expression of CD5 and CD117/KIT by immunohistochemistry (IHC) and reports specific molecular features that differs from thymomas and from squamous cell lung cancer (8).

Regarding the clinical setting, TETs could appear as encapsulated tumors or stage I based on surgical classification by Masaoka and Koga (MK), 65% of cases,



**Figure 1** Graphic representation of 'TETs' immune factors and strategies. The use of immune checkpoint inhibitors (ICIs) for patients with TETs remains a challenge. The high rate of AIDs and the lack of proved biomarkers to select the patients make difficult the inclusion of patients within clinical trials. Several studies of TETs and AID landscape have been performed but no solid results were reported. Aggressive histological subgroups (thymoma B3 and TC) have been treated with ICI, with noted toxicity; several clinical trials are currently ongoing.

or invasive tumors (stages II–IV in the MK classification, 35% of cases) (9-11). Surgery represents the keystone step for the curative-intent treatment in MK I/II and some stage III tumors, as complete resection represents the most important prognostic factor in terms of survival (12,13), in addition to MK stage (10) and histological features (14), for which a correlation has been found (15). However, between 8% and one third of patients reporting a thymoma or 25% to 59% of TCs will present a recurrence depending on MK surgical classification (14,16-18). Platinum-based combination chemotherapy regimens are the standard treatment for metastatic, unresectable or refractory disease although options are limited in this setting (16) with response rates ranging from 69% in thymoma to 42% in TC (19). Furthermore, the efficacy of other targeted therapies such as sunitinib (20) and everolimus (21) has been demonstrated. Exceptionally, others targeted pathways such as *c-KIT* and *PI3KCA* genes as well as epigenetic pathways have been explored (22-24). The estimated five years OS is 80%, and 40% for thymoma and TC respectively (25).

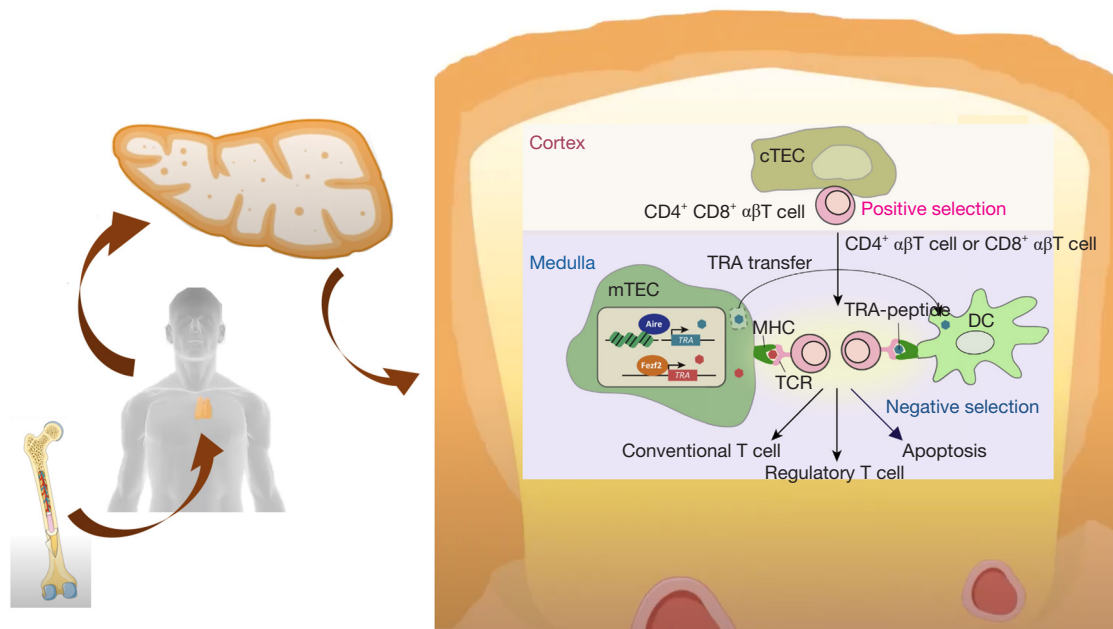
ICIs have changed the paradigm of cancer care becoming

the standard treatment for several tumor types such as melanoma (26), lung cancer (27) or, bladder cancer (28). Their role is not clear for TETs due to the high frequency of autoimmunity leading a high risk of toxicity. This review aims to show the available evidence in this setting and the potential challenges with related autoimmune disorders (AIDs) and possible predictive biomarkers (*Figure 1*). We present the following article in accordance with the narrative review reporting checklist (available at <https://dx.doi.org/10.21037/tlcr-20-1222>).

## Autoimmunity and tumors of the thymus

### *Thymic physiology and pathogenesis in TETs*

The thymic gland is a keystone for the development of immune tolerance. After having been generated in the bone marrow, immature thymocytes (T cell progenitors) undergo maturation in the thymus through interactions with cortical and medullary thymic epithelial cells (mTECs). The presentation of tissue-specific self-antigens (TSAs) through major histocompatibility complex class II (MHC-



**Figure 2** Schematic diagram of positive and negative T Cell selection in the thymus. Immature thymocytes leave the bone marrow and undergo maturation in the thymus through interactions with cortical and medullary thymic epithelial cells. Autoreactive T cells are negatively selected in the medulla through mTEC expression of self-antigens such as tissue-restricted antigens (TRAs). TRAs are promiscuously expressed under the control of the autoimmune regulator Aire, but also regulated by the transcription factor Fezf2 in mTECs. Adapted from: Takaba, H., & Takayanagi, H. *Trends in Immunology*, 2017 (31).

II) is regulated by two transcription factors, autoimmune regulator (*AIRE*) and Fez family zinc finger 2 (*Fezf2*) genes (29,30). The passage through the thymic cortex and corticomedullary junction of T thymocytes implies phenotypic modifications resulting in a functioning T cell. Immature T cells reacting with MHC-II are able to enter the thymic medulla whereas those with no interaction are eliminated. In the medulla of the thymus, we can find both dendritic cells and mTECs, those mTECs expressing *AIRE* suffer different changes and undergo apoptosis, setting free TSAs to dendritic cells of the thymus. T cells reacting against TSAs also undergo apoptosis carrying out the immune tolerance (29) (Figure 2). This phenomenon occurs mainly during childhood but it is still present in adults (32) and could be deregulated along with thymic carcinogenesis.

In TETs, the normal thymic structure is altered with abnormal thymic epithelial cells, downregulation of MHC class II and, of *AIRE* expression. *AIRE* has a unique capability to express all TSAs at mTECs cell surface. The defusing of the gene *AIRE* leads to the absence of expression for some TSAs and the release of self-reactive lymphocytes out of the thymus resulting in an increased predisposition

towards development of AIDs (33,34). Moreover, autoreactive T cells modify self-antigens expression on TETs' cells liberating interferon-gamma (*IFN-γ*) so, upregulating PD-L1 expression in tumor cells (35). These findings explain the high tumor cell PD-L1 expression in thymic tumors, up to 92% and 100% in thymoma and TC respectively (36). This rationale supports the use of Immune Checkpoints Inhibitors (ICIs) in TETs although it must be balanced with the increased risk of treatment-related adverse events (TRAEs).

### *AIDs in TETs*

Autoimmune events must be differentiated from paraneoplastic syndromes. Their pathophysiology, clinical management and survival outcomes are different. Paraneoplastic disorders generally result from production of hormones, cytokines or peptides by tumor cells leading to metabolic derangements and peripheral induction of autoantibodies produced by tumor cells (37). Thus, successful treatment of the tumor should improve paraneoplastic symptoms whether AIDs may rest beside a

radical treatment due to a deregulation in the physiological role of the thymus and faulty selection of immature T cells, as meant above.

AIDs are present in more than 30% of TETs (38,39). The most common syndrome is myasthenia gravis (MG) (38), which can vary from 17% in thymoma A to 71% in thymoma B2 (13). In addition, endocrine, rheumatologic, gastrointestinal, renal, cutaneous affectations may be associated (40-42). Data from RYTHMIC (Réseau tumeurs THYMIques et Cancer), one of the biggest registries of TETs in Europe, showed a 20.2% (590/2,909) of AID prevalence with 3.8% (n=21) of the patients presenting more than one event. Most of patients had MG (69.6%), followed by Good's syndrome (5.6%), pure red cell aplasia (2.8%), thyroiditis (3.4%) and systemic erythematous lupus (4.4%). The AIDs were presented before (12.6%) and after (6.4%) besides the diagnosis (81%). Concerning histologic subtypes, more than 40% of prevalence were assessed in B2 and B3 subtypes (45% and 41% respectively) (43,44). Thymomas AB, B1 and B2 are rich with lymphocyte agglomerates, suggesting that those tumors are most frequently associated with AIDs than TC and B3 thymomas (45). However, several series have found a high prevalence of autoimmune events in thymoma B3 (13,14,43). Importantly, TC are rarely associated with AIDs (41,46). Several series have reported no MG in TC (14,47) with a small representation of AIDs overall (44) maybe due to the presence of non-immature T-cells. The high incidence of AIDs in TETs in addition of the presentation of autoimmune symptoms afterward diagnosis of cancer (43,44) requires an extremely close monitoring during treatment with ICI.

### *Molecular features of AIDs and TETs*

The unique biology of TETs confers them a special interest for the study of autoimmunity due to the strong association with AIDs, especially with MG. Indeed, the knowledge about the molecular characteristics of thymoma-related MG (TRMG) is limited. It is well understood that antibodies against acetyl-choline receptor (AChR) are essential for the development of MG, anti-AChR can block the post-synaptic membrane as well as reduce the quantity of AChR at the neuromuscular junction leading to a decrease response to Ach, thus a fluctuating skeletal muscle weakness and fatigue (48). Immunoregulation deficiency and central tolerance induced by tumor microenvironment may be a cause for

the pathogenesis of tumor-associated AIDs, such as MG.

Several studies have investigated whether different subunits of Ach are expressed in the thymus and if some are associated with the development of TRMG (49). Low levels of *AIRE* and AChR expression by tumor cells have been associated with higher risk of developing MG (50). Moreover, relative RNA expression levels of *Foxp3* were significantly higher in tissue samples from patients without AIDs compared to those suffering MG and/or other AIDs (50). Of note, *AIRE* and *Foxp3* are transcription factors with an important role in T-reg lymphocytes differentiation, which have an important role to down-regulate autoimmunity, but also can promote tumor growth (50,51). Interestingly, AIDs can be associated with specific genomic alterations such as *NF-KappaB/AIRE* pathway deregulation, related with TRMG (52). One of the largest molecular studies concerning TETs have been made by the TCGA, Radovich and colleagues analyzed 117 TETs reporting a higher rate of aneuploidy in thymomas from patients reporting MG (22). Furthermore, some genes have been correlated to MG; expression levels of the ACh-R  $\alpha$ -subunit gene (*CHRNA1*) was higher in samples from patients with TRMG. In addition, the medium-sized neurofilament (*NEFM*), with similar immunogenic properties of its protein with the AChR  $\alpha$ -subunit (53) and titin (54), was mainly overexpressed in thymomas A and AB subgroups showing TRMG, while types B1/B2 and B3 thymomas overexpressed the neuronal *RYR3*, with likeliness to muscular *RYR1* and cardiac *RYR2* (22). Regarding TC, with more aggressive behavior, several tumor suppressors including *CYLD*, *CBFB*, *CDH1*, *CDH11*, *CTCF*, and *ZFH3* was found, as well as a higher Tumor Mutational Burden (TMB) compared to thymomas (22). Those findings support the hypothesis that TC and thymoma are distinguished by their genetic and epigenetic profiles. Indeed, recent results of a French study after a huge transcriptomic analyses of 2,560 genes in 194 TETs samples are in this line. The authors found two different clusters of genes differentiating TC from thymoma (55).

A Chinese study with a cohort of 105 patients reporting and not MG found that patients suffering MG showed elevated inflammatory responses and metabolic related pathways, whereas those patients with no autoimmune event were presented with mesenchymal characteristics (56). Of note, *GTF2I* mutations were assessed at significantly higher frequency in patients with no autoimmunity (56). Indeed, *GTF2I* mutation have been correlated with better survival outcomes (57); thus, we could hypothesize that



patients with GTF2I alterations would be good candidates for immunotherapy; however, GTF2I mutations have been detected in type A (82%) and type AB (74%) and rarely in the aggressive subtypes (22,57), such as TC, where recurrent mutations of known cancer genes have been identified including TP53, CYLD, CDKN2A, BAP1 and PBRM1 (22,57). Highlighting, GTF2I have been associated to severe toxicity to immunotherapy (58). Therefore, further analysis regarding GTF2I as a biomarker are warrant.

Some other molecular features have been further described for patients not reporting TRMG, such as upregulated TGF- $\beta$  and WNT pathways (56), nonetheless those routes hardly respond to immunotherapy. Finally, several other biomarkers have been evaluated to differentiate thymomas from TCs (55,59) and to understand the pathogenesis of MG such as IGFBP1, KLF15, PDK4 and, HIF3A (60). Indeed, other AIDs such as encephalitis or polymyositis has been correlated with the enhance of anti-Hu antibodies, Ma2 antibodies and CRP5 antibodies (61) or deregulation of T-cell-receptor (TCR) and upregulated MHC-I expression on muscle fibers (62); but MG and AID landscape is still unknown.

### Immune strategy in TETs

In recent years, ICIs have revolutionized treatment strategies and prognosis of several solid tumors. In pre-treated patients, ICI yielded 5-year OS of 34% in melanoma, 28% in renal cell carcinoma, and 16% in non-small cell lung cancer (NSCLC) (26), leading to approval of anti-Programmed cell Death protein 1 inhibitor (anti-PD1), anti-Programmed Death Ligand 1 inhibitor (anti-PDL1), and anti-Cytotoxic T Lymphocyte Antigen 4 inhibitor (anti-CTLA4) for metastatic disease in several tumors. Considering the long-term benefit of ICI in many solid tumors, these and other immune related strategies have been proposed with hope for patients with TETs to derive similar meaningful benefit.

### Immune-related and predictive biomarkers

Several biomarkers have been analyzed as predictors of ICI efficacy, nonetheless only two have been established as biomarkers of response for ICI: (I) PD-L1 expression in tumor cells and, (II) Tumor Mutational Burden (TMB) that shows the number of non-synonymous single nucleotide variants in a tumor genome coding area. Tumors with

high TMB have more neoantigens enhancing immune response thus leading to better efficacy of ICI as it was shown in previous studies (63,64). Recently, intra-tumoral heterogeneity has been described as a good predictive factor for immunotherapy outcomes in melanoma, in fact high intra-tumoral heterogeneity yields better responses to ICIs compared to those developed from a single clone (65). Further, for adequate activation of immune system a high presence of tumor-infiltrating lymphocytes (TILs) in tumor tissue is required to reach better treatment response (66).

Expression of PD-L1 have been observed in more than 90% of epithelial cells of the normal thymus (67) and have been widely evaluated in TETs being assessed in thymoma and TC with direct relation with histology aggressiveness. High expression of PD-L1, IDO and FOXP3+ Tregs have been associated with a higher grade of tumor histology in patients with TC in a large series of 100 thymomas and 69 TC (68). In other studies PD-L1 expression ranged, in thymoma, from 23% to 92% of tumor cells, and in TC, from 36% to 100% of tumor cells (36,67,69-73). This upregulated expression of PD-L1 in TETs may be led by *IFN- $\gamma$*  presence in TETs' cells (35). Indeed, clinical and pathological elements have been correlated with high PD-L1 expression, such as young age, advanced MK stage, no complete resection and history of neoadjuvant therapy for thymoma (74). By contrast, correlation with histology subgroups remains unclear (70,71,75). Actually, there are no solid results regarding survival outcomes considering that some of the studies have correlated a high PD-L1 expression with better survival (71,74) but others with poor outcomes (70). Furthermore, TILs have been analyzed besides PD-L1 although poor evidence is available. Higuchi and colleagues reached PD-L1 and TILs in surgical samples from 39 patients with thymomas and TC. PD-L1 higher than 1% was reported in 54% of the specimens with no same distribution among TETs' subgroups (B2>B3>TC>B1>AB>A). High CD8+ (84%) among CD3+ TILs infiltration was assessed and diffusely distributed in all cases (73). High PD-1 expression in TILs have been found in 23% to 62% of TCs as well, with no prognostic nor predictive correlation (36,75). Interestingly, TETs TMB has been demonstrated to be one of the lowest among tumors (22). Whether PD-L1 is the best predictive biomarker remains controversial due to the impairment of many patients notwithstanding the use of ICI. More beneficial treatment effects seem better for aggressive thymomas such as type B2 or B3 although

**Table 1** Clinical trials with immune checkpoint inhibitors in thymic epithelial tumors

Author	Phase	Treatment	N	RR/DCR (%)	PFS (mo)	OS (mo)	irAEs G $\geq$ 3 (%)
Giaccone <i>et al.</i> (58,76)	II	Pembrolizumab	40 TC	23/76%	4.2 mo (2.9–10.3)	24.9 mo (15.5–NR)	15%
Cho <i>et al.</i> (77)	II	Pembrolizumab	26 TC 7 T	19/73% 29/100%	6.1 mo	14.5 mo NR	15.4% 71.4%
Katsuya <i>et al.</i> (78)	II	Nivolumab*	13 TC	0/38%	3.8 mo (1.9–5.6)	Nt R (11.3–NA)	13%
Heery <i>et al.</i> (79)	I	Avelumab	7 T 1 TC	5%	50 mo/Nt R	Nt R	68%

T, thymoma; TC, thymic carcinoma; TRAE, treatment-related adverse events. G  $\geq$ 3: Grade  $\geq$ 3. Mo, months; NR, not reached; Nt R, not reported. \*, study was closed prematurely and no responses were found. Note: In Giaccone *et al.* trial, CT-scans were performed every 6 weeks, whereas in Cho *et al.* trial every 9 weeks.

the high prevalence of AIDs aware the difficulty for the use of ICI.

### ICIs efficacy in clinical trials

ICIs have been assessed in several clinical trials in TETs. Giaccone and colleagues carried out a single-arm phase II study where patients with recurrent TC were treated with pembrolizumab (a fully humanized IgG4 antibody targeting PD-1 receptor). Patients with history of AIDs were excluded from this trial. Among 40 evaluable patients, an overall response rate (ORR) of 22.5% was observed. Disease control was achieved in 30 (75%, 95% CI, 59–87%) patients with a median duration of response of 3 years. Median progression-free survival (mPFS) was 4.2 months (95% CI, 2.9–10.3) and mOS was 24.9 months (95% CI, 15.5–not reached). One-year PFS and OS were 29% and 71%, respectively and, five-year survival of 8%. Ten (25%) patients presented a high PD-L1 expression in tumor cells (at least 50%), it was associated with longer survival (mPFS 24 *vs.* 2.9 months; mOS not reached *vs.* 15.5 months); only three of the 27 patients with PD-L1 expression by tumor cells less than 50% had a response. *IFN- $\gamma$*  signature assessed using the Nanostring assay correlated with response to pembrolizumab, as well as *TP53* mutations, reached in the 36% of tumors, were associated to lower expression of PD-L1 and shorter OS. Interestingly, 4 patients were rechallenged with pembrolizumab after relapse with 2 responses to the treatment, one of them after 2 years completion therapy with pembrolizumab (58,76) (Table 1).

Cho *et al.* conducted a second clinical trial with similar design evaluating pembrolizumab in 26 patients with

recurrent TC and in 7 patients with recurrent thymoma (four subtype B1, one subtype B2/B3 and one subtype B3). Three patients had a history of MG, but patients with active AID under systemic treatment or suffering severe AIDs were excluded. The ORR was 19.2% in patients with TC and 28.6% in patients with thymoma. Likewise, of 26 patients with TC, 5 (19%) had a partial response and 14 (54%) had stable disease. Tumors with high PD-L1 were more likely to respond to treatment. The median duration of response was not reached in patients with thymoma and was 9.7 months (95% CI, 0.0–19.8) in patients with TC. mPFS was 6.1 months in both groups (95% CI, 4.3–7.9 and 5.1–7.1 for thymoma and TC, respectively). Median OS was 14.5 months for TC and not reached in patients with thymoma (77) (Table 1).

Avelumab (a fully human IgG1 anti-PD-L1 antibody) was evaluated in 7 and 1 patients diagnosed of thymoma and TC with no history of autoimmune disease, respectively. Among the thymomas, 2 patients with subtype B3, 1 with subtype B2/B3, 2 with subtype B2 and 1 with subtype B1 were reported. Four of 7 patients (57%) with thymoma had an objective response including a confirmed partial response in 2 (29%) patients. Of note, significant tumor shrinkage was observed after one dose of avelumab in three patients (79,80) (Table 1).

Finally, a phase II Japanese trial assessed the role of nivolumab (IgG4 antibody that targets the PD-1 receptor) in the treatment of patients with unresectable or recurrent TCs. Of the 15 patients included, 11 patients had stable disease, including five patients for 24 or more weeks. Median PFS and median OS was 3.8 months (95% CI, 1.9–7.0) and 14.1 months (95% CI, 11.1–not-reach), respectively. Patient accrual was terminated during the first

stage due to none of the patients reached a response (78) (*Table 1*).

### *Increase of Autoimmune toxicity in clinical trials*

Activation of the immunity increases the risk of developing immune-related adverse events (irAE). The incidence of TRAE in these trials is relatively high compared with the results of ICIs in other pathologies like melanoma, non-small-cell lung cancer, head and neck squamous cell carcinoma and urothelial carcinoma, where an incidence of grade  $\geq 3$  irAE range between 3% and 9.7% have been assessed (81).

Among the 40 patients treated with pembrolizumab by Giaccone and colleges, 6 (15%) developed serious AIDs reporting two cases of polymyositis and myocarditis; one case of pancreatitis, hepatitis and type 1 diabetes mellitus; one case of bullous pemphigoid; one case of polymyositis and hepatitis; and one case of transaminitis. Three patients had to discontinue treatment due to the toxicity. Patients affected by myocarditis and polymyositis and the one with bullous pemphigoid needed steroids to recover (58,76). Of note, one of the patients who reported myositis, myocarditis and MG was under complete response for 40 months and 10% of patients shown more than one severe irAEs (76). In the Korean study, 5 (71%) of seven patients with thymomas and four (15%) of 26 patients with TC reported grade 3 or greater irAEs including hepatitis (12.1%), myocarditis (9.1%) and MG (6.1%) (some the patients had previous history of MG); in addition, other patients presented thyroiditis, antineutrophil cytoplasmic antibody-associated rapidly progressive glomerulonephritis, colitis and subacute myoclonus. Eight patients (24.2%) discontinued the treatment. Treatment of these toxicities was mainly based on steroids and immunoglobulins (77). Moreover, only two patients treated with nivolumab presented with severe AID (elevated transaminases and adrenal insufficiency (78). Patients under treatment with avelumab reported TRAEs in more than 15% of the cases (all grades) which were potential irAEs in 5 (63%) patients. All responders reported irAEs, myositis in 3 patients (all after 1 dose of avelumab) and enteritis in 1 patient (79,80) (*Table 1*).

The incidence of myocarditis in these trials is a concern, as myocarditis is associated with TETs in less than 1% (34). Myocarditis was observed in 5% patients with TC and 43–57% patients with thymoma enrolled in clinical trials under treatment with ICIs (58,77,79). This fact has also been assessed in several case reports of the use of ICIs in

TETs (82,83). Myositis was observed in 8% of patients with TC treated with pembrolizumab and more than half of thymoma patients enrolled on a dose-escalation trial of avelumab (58,80). Toxicity reported at the muscle could be explained due to the existence of increased TCR clones and upregulated MHC-I expression on muscle fibers with inflammatory infiltrates of macrophages and lymphocytes after treatment with ICI; of note, patients who developed myositis had no specific antibodies before and after ICI treatment (84). More frequent in TETs, up to 30% (38), MG have been reported as an irAE in 3–14% of TET patients treated with pembrolizumab (58,77). Antibodies against the AchR are essential for the development of MG, as explained above, but also MuSK and Lrp4 antibodies (85). Interestingly, pure red cell aplasia has been described as the most common AID besides MG (43), however it has not been reported in these trials with ICI.

### *Ongoing trials*

Immunotherapy is not evoked in type B1/B2 thymoma due to the high rate of AIDs (13,14,43) and should not be delivered in an off-label setting without full disclosure of risks in the multidisciplinary tumor board. Several clinical trials with ICI alone or in combination are ongoing. In Europe, the European Organization for Research and Treatment of Cancer (EORTC) and the European Thoracic Oncology Platform have commenced a phase II study (the NIVO THYM trial) to assess the efficacy of nivolumab or its combination with ipilimumab in patients with advanced, refractory type B3 thymoma or TC. A strict autoimmune follow-up is planned (NCT03134118). A phase I/II trial with pembrolizumab in TC and thymomas is also underway at MD Anderson Cancer Center (NCT03295227). The National Cancer Institute have designed a phase II trial to assess efficacy and toxicity in thymoma and TC treated with avelumab (NCT03076554). Recently, preliminary results from CAVEATT study (avelumab + axitinib) have been reported with promising outcomes (partial response and stable disease of 40% and 60% respectively and, PFS of 7.9 months) and acceptable safety profile (86). Furthermore, combinations of ICI with tyrosine kinase inhibitor (sunitinib or lenvatinib) or with IDO (indoleamina 2,3-dioxygenase-1) inhibitor (Epacadostat) are under study beside the importance of these pathways in TETs. Of note, no responses have been reported for patients treated with pembrolizumab and epacadostat combination before study cancellation due to unexpected results reported

**Table 2** Ongoing clinical trials with immune checkpoint inhibitors with or without other agents in TET setting

Trial	NCT	Tumor type	Drug	Target accrual	Phase	Endpoint
National Cancer Institute	NCT03076554	TC, T	Avelumab	55	II	Safety, RR
NIVOTHYM	NCT03134118	TC, Type B3 T	Nivolumab/Nivolumab+Ipilimumab	50/50	II	6-month PFS
MD Anderson Cancer Center	NCT03295227	TC, T	Pembrolizumab	30	I/II	DLT
ML41253	NCT04321330	TC	Atezolizumab	34	II	ORR
Maryland	NCT04417660	TC, T	Bintrafusp Alfa	38	II	RR
National Cancer Institute	NCT03463460	TC	Pembrolizumab and Sunitinib	40	II	RR
PECATI	NCT04710628		Pembrolizumab and Lenvatinib	43	II	PFS
CAVEATT (86)		TC, Type B3 T	Avelumab and Axitinib	33	II	RR
Georgetown University	NCT02364076	TC	Pembrolizumab and Epacadostat	45	II	RR
Vanderbilt-Ingram Cancer Center	NCT03583086	TC	Nivolumab and Vorolanib (VEGFR/PDGFR dual kinase inhibitor X-82)	177	I/II	Safety, ORR
Sotio	NCT04234113	TC	Pembrolizumab and SO-C101 (IL-15/IL-15R $\alpha$ )	96	I/b	DLT, TRAE, SAE
Jiangsu	NCT04469725	TC	KN046 (PD-L1/CTLA4 bispecific single domain Fc protein antibody)	66	II	ORR
Samsung Medical Center	NCT03858582	TC, T	Pembrolizumab (neoadjuvant concomitant with CT and adjuvant)	40	II	MPR

TETs, thymic epithelial tumors; TC, thymic carcinoma; T, thymoma; CT, chemotherapy; RR, response rate; ORR, objective response rate; PFS, progression-free survival; DLT, dose limiting toxicity; TRAE, treatment-related adverse events; SAEs, serious adverse events; MPR, mayor pathology response.

for melanoma (76,87). New explored combinations in agnostic, are also under research in TETs, such as bispecific single domain Fc fusion antibody (PD-L1/CTLA4) KN046 (NCT04469725). Finally, the benefit of ICIs in the neoadjuvant and adjuvant setting in several tumors led to evaluate ICI approaches in TETs as a study with pembrolizumab is exploring (NCT03858582) (Table 2).

## Future challenges

### *Is it possible to reduce the risk of irAEs in TETs?*

As TETs patients have an increased risk to develop TRAE, it is an important aspect to consider for selection of candidates for ICI treatment. Some strategies to reduce this risk and enhance the safety used of immunotherapy in TET population are needed.

Depending on the histological characteristics for each histological subtype, the probability of developing AIDs is different. Gradation of lymphocyte infiltration differs from B1 (lymphocyte rich) to B3 (lymphocyte poor) (8).

Furthermore, different molecular profiles are related to each histological subtype (22). It has been reported that pre-existing autoantibodies against AchR and B cell lymphopenia assessed in thymoma correlates with higher risk of myositis with avelumab (88). In addition, the overexpression of CHRNA1 and RYR3 is present in thymomas with clinical history of MG (22), it has been related with the capacity of tumor cells to secrete mimicry physiological proteins to non-malignant cells (85). A hallmark of these tumors is their association with autoimmunity linked through overexpression of muscle autoantigens and increased aneuploidy (22).

ICIs re-challenges, in patients presenting irAE with the first intent with immunotherapy, have been reported. Some retrospective series have assessed up to 55% of irAE in this setting but not as severe as the initial treatment (89). However, this scenario has not been well examined in thymoma since the high probability of AIDs in this entity. Tight monitoring and molecular profiling of AIDs in TETs may open an opportunity to incorporate this strategy not to exclude them from clinical trials. It was explored in a study



with patients with melanoma treated with ipilimumab; of 30 patients with advanced disease and several AIDs (Grave's disease, inflammatory bowel disease or rheumatoid arthritis), 27% presented exacerbation of AIDs and 33% reported new irAEs, moreover 50% of the patients did not reported neither flare nor new irAE (90). Finally, combining ICIs with a selective immunosuppressant have been proposed as preventing flare of AID approach (91), however it may be deeply studied for TETs.

## Conclusions

Immune checkpoint inhibitors may represent a new option and show up new challenges in the field of advanced TETs, although the implementation in the clinical management remains a challenge based on the special biology of thymic cancers. Although the incidence of TRAEs is higher in association with thymoma compared to TC, patients with TC are also at risk of developing immune-related toxicity even during the follow-up; nevertheless, ICI setting may be kept for this entity but requiring a very tight monitoring. New combinations of ICI and targeted therapies are promising. Understanding biological and immune landscape of thymic epithelial cells and the interaction with immune system, is likely the key to prevent autoimmune adverse events of ICIs to be able to find new therapeutic options for this rare disease.

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