rare tumors

A nonrandom association of sarcoidosis in patients with gastrointestinal stromal tumor and other sarcomas

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Abstract

In patients with sarcoma, concomitant malignancy is found in 1.2% -2.5% of cases. Previous studies have demonstrated conflicting results in terms of positive or negative effects on cancer prognosis with comorbid sarcoidosis. Additionally, there are no data determining whether an association between sarcoidosis and sarcomas exists. Finding an association between the two entities could prevent inadvertent upstaging of a primary sarcoma based on pulmonary nodularity mistaken for metastatic disease. Here, we will describe eight sarcoma patients with concomitant occurrence of sarcoidosis identified since 2007. Eight patients with diagnosis of both sarcoma and sarcoidosis were identified over the period of 2007 -2016 at a single sarcoma center. Clinical and historical data including presentation, histology, treatment, and outcome was tabulated for analysis. The standardized incidence ratio was calculated for the state of Florida and our hospital catchment area. We compared the observed incidence to the expected incidence if the two entities were to be unrelated. Sarcoma subtype was gastrointestinal stromal tumor in five patients, the remaining three cases were unclassified spindled and epithelioid cell sarcoma, uterine leiomyosarcoma, and myxofibrosarcoma. Sarcoidosis was diagnosed before sarcoma in three patients, after sarcoma in four patients, and at the same time of sarcoma diagnosis in one patient. From our series, three patients have shown no progression of sarcoma, two are alive with sarcoma, two died due to progression of sarcoma, and one was lost to follow up. Statistical analyses showed a standardized incidence ratio of 305 (95% confidence interval: 131 -556) for the state of Florida and standardized incidence ratio of 950 (95% CI: 407 -1727) for our catchment area. This case series points to a statistically robust, nonrandom association between sarcoma and sarcoidosis that has not been previously described. Presumed metastatic sarcoma should be considered for biopsy particularly with demographic characteristics or imaging features suggestive of sarcoidosis.

Keywords

Sarcoma, sarcoidosis, soft tissue sarcoma, metastatic sarcoma, gastrointestinal stromal tumor

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Introduction

Sarcomas are a rare group of malignant tumors that arise from mesenchymal tissues. They compromise less than 1% of all cancers in adults with 15,600 new cases diagnosed in the United States in 2016.1 Histopathology of sarcomas is highly heterogeneous with over 200 distinct histologic subtypes described.^{1,2} The most prevalent subtype is gastrointestinal stromal tumor (GIST) followed by fibrosarcoma, liposarcoma, leiomyosarcoma, synovial sarcoma, and malignant peripheral nerve sheath tumor (MPNST).^{2,3} Most sarcomas are sporadic; however, there are key environmental causative factors including history of ionizing radiation, exposure to vinyl chloride, and human herpes virus 8 (HHV-8).⁴ Known genetic syndromes associated with a predisposition to sarcoma include Li-Fraumeni syndrome, retinoblastoma, neurofibromatosis type 1, Carney's triad, and familial adenomatous polyposis syndrome. In addition, the association of GIST with multiple other malignancies and desmoid tumor is well documented.5,6

On the contrary, sarcoidosis is a multisystem disease of unknown etiology. The incidence of sarcoidosis has been estimated at approximately 1-35 cases per 100,000 with the highest rates among Northern Europe and African American populations.⁷ Any organ may be involved, but the most common presenting sites are the lung and lymphatic system.8 It is thought that sarcoidosis occurs after antigen exposure induces recruitment, activation, and aggregation of macrophages with granulomatous inflammation. Subsequently, the disease follows one of two pathways: resolution or progression leading to fibrosis. The susceptibility and spectrum of manifestations is driven by genetic susceptibility; strong association has been found for MHC-2 alleles HLA DRB1*3 for remitting disease and HLA DRB1*14 and 15 for a chronic course. Co-stimulator molecules and cytokine polymorphisms have also been linked with different clinical manifestations.7,9

Several case reports and descriptive studies have suggested an increased risk of malignancy in patients with sarcoidosis. Concomitant occurrence of cancer is found in 1.2%-2.5% of patients with sarcoidosis.¹⁰ In 2015, a metaanalysis of 16 studies (10 cohorts and 6 case-control studies) involving a total of 27,268 patients and 1952 cancer cases reported a relative risk (RR) of 1.19 (confidence interval (CI): 1.07-1.32) for the development of any invasive cancer. The association was stronger for skin (RR: 2.00) and hematologic malignancies (RR: 1.92) during the first 10 years after diagnosis.11 The implications of sarcoidosis development following the diagnosis of malignancy are also reported. A descriptive study found 64 patients (from 1980 to 2011) with a cancer diagnosis who subsequently developed sarcoidosis. In this cohort, the associated malignancies were breast, lymphoma, lung, and testicular cancer. Results showed that among patients developing sarcoidosis, 53% developed recurrence of the primary cancer and 67% developed a secondary malignancy. These findings showed that sarcoidosis is often discovered before or at diagnosis of cancer. Still, it is associated with recurrence or second malignancy in a significant proportion of patients.¹²

The association of sarcoma and sarcoidosis is quite rare in the literature; there are no published series, and the implications of this coexistence are not known. We found single patient case reports (six since 1978) describing an association of sarcoidosis with two cases of osteosarcoma and one case each of GIST, gastric leiomyosarcoma, angiosarcoma, and one reported as low-grade sarcoma.^{13–18} Herein, we describe the concomitant occurrence of sarcoidosis in eight patients diagnosed with sarcoma at a comprehensive sarcoma center since 2007. This case series constitutes the largest of its kind, suggests a nonrandom association of these two conditions, and will directly impact clinical practice by raising awareness of a potential mimic of metastasis.

Materials and methods

Patients and pathology tissues

This case series includes eight patients with concomitant soft-tissue sarcoma and sarcoidosis. After initial protocol review by University of Miami Institutional Review Board, approval to proceed was given and further review waved according to the size and retrospective nature of the study. The data supporting the findings of this study are available from the corresponding author, A.P.E., on request.

Clinical characteristics and pathology data were retrieved from patient records at The University of Miami, Sylvester Comprehensive Cancer Center. Five of the eight tissue samples were available and evaluated by an experienced sarcoma pathologist who confirmed sarcoidosis and sarcoma histology. Unavailable samples correspond to the cases were sarcoidosis was diagnosed several years prior to sarcoma. Demographic and clinical information including presentation, treatment, histology, and outcome-related variables were tabulated for analysis.

Statistical analyses

The standardized incidence ratio (SIR) was used to determine whether the association between sarcoma and sarcoidosis was due to chance. This ratio is calculated by the number of events observed divided by the number of events expected. The overall population used was the hospital catchment area (6.5 million people) and the state of Florida (20.2 million people). SIR has shown to be a useful tool to analyze incidence data prior to large, expensive, population-based studies.¹⁹ We calculated 95% CIs of SIR using the Vandenbroucke²⁰ method. Descriptive statistics were used to analyze demographic, tumor, and treatment data.

Results

Clinical characteristics

Eight patients with diagnosis of soft-tissue sarcoma and sarcoidosis seen between 2007 and 2016 were analyzed in this case series. Table 1 shows the clinical characteristics of these patients, which includes six females (75%) and two males (25%). Ethnicity was Caucasian in five patients, two African American, and one Hispanic. Pain was the most common presenting symptom; three cases presented as painless mass, two as abdominal pain, two cases as incidental finding, there was no data on presentation for one patient.

Sarcoma histology

Sarcoma subtypes included GIST in five patients with one patient also diagnosed with concurrent breast cancer and a metanephric adenoma. Mutation analysis of GIST cases revealed mutation of KIT exon 11 in two patients, PDGFR exon 12 in one patient, PDGFR exon 18 in one patient, and one patient had no mutational analysis done. Another case was an unclassified spindled and epithelioid cell sarcoma that coexisted with tenosynovial giant cell tumor. Finally, there was one patient with uterine leiomyosarcoma, and one diagnosed at stage I, two at stage II, two at stage III, and two at stage IV.

Patient presentations

In three patients, sarcoidosis was diagnosed before the onset sarcoma, four patients were diagnosed with sarcoidosis after the sarcoma diagnosis, and one patient was diagnosed with sarcoidosis at presentation of sarcoma with coexistent metastatic disease and sarcoidosis in the lungs. When sarcoidosis was diagnosed after sarcoma, the average time for diagnosis was 16 months (range: 7 months to 2.5 years). Sarcoidosis was diagnosed after abnormal chest imaging for surveillance in three patients. In one patient, sarcoidosis was found incidentally after undergoing imaging for suspected pulmonary embolism, and in one patient sarcoidosis was found by pathology in all abdominal lymph nodes and the spleen resected at surgery for recurrence. Data regarding presentation were unavailable in the three patients with history of sarcoidosis prior to the diagnosis of cancer. Seven cases were of pulmonary sarcoidosis and one was found in abdominal lymph nodes and spleen. Figure 1 shows the imaging and pathology findings of patient number 2. The surveillance positron emission tomography/computed tomography (PET/CT) scan was initially thought to represent metastasis, but subsequent biopsy revealed the diagnosis of sarcoidosis.

Treatment and outcomes

All GIST cases were treated with imatinib and two of them were subsequently treated with sunitinib. The patient with unclassified spindled and epithelioid cell sarcoma that coexisted with tenosynovial giant cell tumor was treated with resection and local radiation. The patient with uterine leiomyosarcoma was treated with surgical resection plus multiple lines of chemotherapy including gemcitabine/docetaxel, doxorubicin, ifosfamide, and palliative radiation. Finally, the case of myxofibrosarcoma was given doxorubicin plus cyclophosphamide followed by resection and local radiation.

With a median follow-up period of 29.5 months, three of our sarcoma cases have not shown progression, two patients are alive with current evidence of sarcoma, two patients died due to complications from the primary tumor, and one patient was lost to follow-up. Four out of five patients with GIST are alive on follow-up, two with no evidence of disease and two alive with disease, the remaining case was lost to follow-up. Regarding non-GIST STS, 2 patients are deceased, and one is alive with no evidence of disease.

Statistical analysis

The annual incidence of sarcoidosis is estimated at 1-35 cases per 100,0007 and the incidence of soft-tissue sarcoma is 3.7 cases per 100,000 in the general US population.¹ By December 2016, the catchment area of our hospital was 6.5 million individuals and the population of the state of Florida 20.2 million. Assuming independence, the expected number of patients with both sarcoma and sarcoidosis is 2.6 for the state of Florida and 0.84 for our catchment area in the period of 2007-2016, corresponding to the time interval when our cases were initially seen. Assuming all sarcoma patients in the state of Florida were to be seen at our center, the estimated risk of having sarcoma and sarcoidosis was significantly higher than expected (SIR=305; 95% CI: 131–556), indicating the probability of coexistence of these two entities is 205% higher than expected. Similarly, the estimated risk of both diseases was even greater if one were to consider our catchment area of five counties in South Florida (SIR=950; 95% CI: 407-1727), indicating an incidence 850% higher than expected.

Discussion

The objective of this retrospective case series was to determine whether there was evidence of an association between soft-tissue sarcoma and sarcoidosis or if this observation is due to chance alone. Sarcoidosis has been previously associated with a twofold increased risk of development of cancer, most commonly lung, cutaneous, and hematologic malignancies.^{11,22} Some hypothesize the finding of sarcoidosis following cancer diagnosis may represent an

Table	. Р	atient and tur	or properties, summary o	of eight patie	ents who deve	loped soft-tissue	e sarcomas and sarco	idosis.				
Case no.	Age	Sex Ethnicity	 Histology of sarcoma and additional tumors 	Histologic grade	Tumor markers	Staging at presentation	Treatments used	Onset of sarcoidosis	Presentation of sarcoidosis	Length of follow- up (months)	Date of progression	Patient status
_	40	F Caucasi	an Unclassified spindled and epithelioid cell sarcoma	Grade 3	CD10, TFE- 3, Inhibin	Stage IIA (T1aN0M0G3)	Surgical resection radiation	l .5 years after diagnosis	Chest X-ray surveillance	39	No progression	NED
			Tenosynovial giant cell tumor	AN	QN	NA	Surgical resection	1				
7	57	F Hispanic	: Gastrointestinal stromal tumor	High risk ^a	Kit exon mutation	Stage IV (T4NIMI)	lmatinib Sunitinib	l year after diagnosis	Chest X-ray surveillance	65	l year after diagnosis	AWD
m	47	M Caucasi	an Gastrointestinal stromal tumor	QN	Kit exon II mutation	Stage I	lmatinib	Before diagnosis	QN	73	No progression	NED
4	63	F Caucasia	an Uterine	QN	QN	Stage IV	Gemcitabine	Before	QN	23	At best	۵
			leiomyosarcoma			(T2bNIMI)	Docetaxel Doxorubicin Adriamycin Ifosfamide NOTCH inhibitor	diagnosis			mixed response during treatment	
							Palliative radiation					
ъ.	66	F African America	Myxofibrosarcoma .n	Grade 3	Negative	Stage IIB (T2bN0M0)	Surgical resection doxorubicin Cyclophospham ide radiation	7 months after diagnosis	CT chest surveillance	15	2 months after diagnosis	Δ
6	76	F African America	Invasive moderately in differentiated mammary carcinoma	Grade 2	ER/PR	Stage I	None	Before diagnosis	QN	58	DN	QN
			Gastrointestinal stromal tumor	Very low risk ^a	QN	Stage I A (TIbN0M0)	Surgical resection imatinib					
			Metanephric adenoma	٩N	QN	NA	Surgical resection					
~	55	M Caucasia	an Gastrointestinal stromal fumor	High risk ^a	PDGFR exon 12	Stage IIIB (T4N0M0)	Surgical resection Imatinib	At the time of	CTA incidental	6	No progression	NED
	:							diagnosis	finding		0	
õ	68	F Caucasi;	an Gastrointestinal stromal tumor	High risk ^a	PDGFR exon 18	Stage IIIB (T4N0M0)	lmatinib Sunitinib	2.5 years after	Surgical pathology	56	2.5 years after	AWD
								diagnosis			diagnosis	
NA: no	applic	cable; ND: no d	ata; NED: no evidence of dis	ease; AWD: a	live with diseas	e; D: deceased; C1	T: computed tomograph	hy; CTA: comp	outed tomography	/ angiography; NIH: N	National Institut	es of

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Health; GIST: gastrointestinal stromal tumors. ªNIH 2002 consensus approach to GIST risk stratification.²¹



Figure 1. PET/CT and pathology slides of case no. 2. (a, b) Initial PET/CT and chest CT showing para-hilar lymph nodes involvement. (c, d) PET/CT and chest CT at 6 months showing stability of the lymph nodes. Patient subsequently underwent endobronchial biopsy showing non-caseating granulomas consistent with sarcoidosis. (e) Lymph node diffusely replaced by compact non-necrotizing granulomas (4×). (f) Granulomas are formed of clusters of epithelioid histiocytes and have well demarcated margins (10×).

immunologic response to the underlying tumor. This "sarcoid-like reaction" predominantly occurs in patients with Hodgkin disease and, to a lesser extent, in individuals with other hematologic malignancies and solid tumors.²³ Our results represent the first series of patients with soft-tissue sarcoma and sarcoidosis and point to a novel, nonrandom, statistically robust association between these two entities. Moreover, our results likely underestimate the association as we are likely missing patients with occult sarcoidosis not detected on routine imaging as well as the fact our center does not see all sarcoma patients in our state nor in our catchment area.

Prior reports in other types of cancer have been inconsistent in terms of prognostic implications. In patients with Hodgkin lymphoma and gastric carcinoma, the presence of sarcoid reactions has been associated with favorable prognosis.^{22,23} On the contrary, as previously mentioned, a large retrospective cohort of sarcoidosis following the diagnosis of cancer showed that "sarcoid reactions" were associated with recurrence of disease in 53% of cases and secondary malignancies in 67%. The authors concluded that finding sarcoidosis in cancer patient should mandate closer cancer surveillance.12 The cases we presented have mixed outcomes from their sarcoma. Three of the patients have no evidence of disease, two with sarcoidosis discovered after diagnosis of cancer (follow-up 36 and 4 months, respectively) and one with history of sarcoidosis before diagnosis of sarcoma (follow-up of 8.8 years). In three of our cases, the presence of sarcoidosis coexisted with sarcoma progression.

Interestingly, five out of our eight patients have GIST which is significantly higher than expected for the relative incidence of GIST to other STS (1:6). A possible explanation is the role of colony-stimulating factor 1 (CSF-1) in the pathogenesis of both malignancy and sarcoidosis. CSF-1, and its receptor CSF-1R, is overexpressed and drives proliferation of many malignancies and tumor-associated macrophages (TAM) which are involved in tumor progression. In patients with sarcoidosis, CSF-1, CSF-1R, and interleukin (IL)-3 (another ligand of CSF-1R) are increased in bronchoalveolar lavage samples and decreases after treatment with steroids. CSF-1R is a receptor tyrosine kinase (RTK) and shares a significant proportion of amino acid identity with KIT, PGFR, and FLT3. This family of RTKs is an essential component of signaling transduction in cellular growth, differentiation, and motility.²⁴ In the case of GIST, there is also evidence that CSF-1R mutation (D802V) results in alteration at the binding site leading to resistance to imatinib.25 These findings illustrate the possibility of an immune reaction in sarcoma-related sarcoidosis that may be driven by oncogenic tumor pathways. For this reason, additional investigation into the molecular mechanism of sarcoidosis including the possibility of an immune response to occult metastatic sarcoma could provide better understanding of the disease and open new therapeutic approaches.

Clinically, our findings are particularly important as the lung is the most common site of sarcoma metastasis. Thus, not all patients with lung nodules are subjected to a biopsy to confirm metastatic sarcoma. Conversely, the results of this study support the idea that patients with presumed metastatic sarcoma should be considered for a biopsy to exclude other entities such as sarcoidosis. This could be critical as a patient with erroneously presumed metastatic sarcoma may not be treated with curative intent. On the contrary, we agree with previous recommendations stating that the presence of sarcoidosis dictates closer monitoring as it is not always an isolated benign finding. When sarcoidosis is discovered as part of surveillance, biopsy is not enough to secure that sarcoidosis is an isolated process as often not all suspicious sites are sampled. Noninvasive imaging techniques are under investigation to address this problem. Fluoride-18-methyltyrosine (18F-FMT) has been shown to have uptake by malignancy (lymphoma, brain tumors, and experimental tumor models) but not by sarcoidosis. A recent study of 24 patients with sarcoidosis and 17 patients with lung cancer found lung cancer lesions showed uptake of both 18F-FDG and 18F-FMT tracers, while patients with sarcoidosis had uptake of only 18F-FDG. Introduction of such techniques may be very important for better surveillance of cancer patients.²⁶

Conclusion

Although our results should be viewed as exploratory due to the small sample size, this series of eight sarcoma patients with sarcoidosis indicates an intriguing association which may be much more common than previously thought. This association may have impact on identification of patients falsely diagnosed with metastatic disease. Moreover, the association opens the door to additional studies to fully understand the molecular pathogenesis. Our observations highlight the importance of future investigation into sarcoma-related sarcoidosis.

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Conflict of interest

The author(s) declared no potential conflicts of interest with respect to the research, authorship, and/or publication of this article.

Ethical approval

University of Miami Institutional Review Board granted approval and waived further review after initial protocol submission.

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Previous presentations/publications

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