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ORIGINAL RESEARCH

Determining Anterior Fontanel Size and Associated Factors Among Term Neonates on the First Day of Life Born at Jimma University Medical Center (JUMC), Southwest Ethiopia: A Linear Regression Model

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Correspondence: Merga Sheleme School of Medicine, College of Health and Medical Science, Haramaya University, P.O. Box, 235, Harar, Ethiopia Tel +251920963059 Email mergasheleme2014@gmail.com **Background:** Knowledge of the normal variation in AF size may be helpful to cue early diagnosis of congenital hypothyroidism, hyperthyroidism, cardiac disease, meningitis, degree of dehydration or provide a clue to disorders of neural and skeletal development. However, the data is scarce. Therefore, this study was aimed to determine AF size and associated factors among term neonates on the first day of life born in Jimma University Medical Center (JUMC), Southwest Ethiopia.

Methodology: An institution-based cross-sectional study design was used to consecutively sample term and health newborns. Descriptive statistics, one-way ANOVA, independent samples *t*-test and correlation were implemented. Finally, multiple Linear regressions were used to see the association of the dependent and independent variables at 95% confidence interval. The significance level was declared at <0.05 p-value.

Results: The mean AF size of the study population was 3.018 cm with standard deviation (\pm SD) of 0.909 cm (range 0.4–5.50cm). A multiple linear regression analysis revealed that neonatal birth weight (B=0.001, 95% CI: 0.000–0.001, p=0.000), crown heel length (B=0.048, 95% CI, 0.018–0.078, p=0.002), labor duration (B= –0.028, p=0.001, 95% CI: –0.45; –0.012), and gender of the neonates (B=–0.275, 95% CI: –.441; –.109, p=0.001) were statistically significantly associated with AF size. In a multiple linear regression analysis AF size was explained by independent variables by 54.3%.

Conclusions: AF size of the study population was 3.018 cm with a standard deviation (±SD) of 0.909 cm. Birth weight, crown heel length, duration of labor, and gender of the neonate were significantly associated with AF size.

Keywords: anterior fontanel, associated factors, linear regression, term neonate, Ethiopia

Introduction

The fontanels are area of calvarium that appear as membrane-covered gaps between adjoined cranial bones. It is located where more than two cranial bones are juxta-posed.^{1,2} Anterior fontanel (AF) is the most prominent, variable and largest fontanelles, measures approximately 4cm in anteroposterior and 2.5cm in transverse dimension.³ The variation in size, shape and closure time is a key feature of normal AF,^{4,5}

269

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Assessing the size of anterior fontanelles is an important component of the routine neonatal examination. These neonatal anthropometric measurements carried out at birth as routine neonatal evaluation could provide several valuable information regarding the health state of the newborn.^{5,6} In this regard, the importance of AF size determination at birth is recently gaining attention. In several pieces of literature,^{7–12} abnormally large fontanels were associated with many clinical conditions including:hypothyroidism, including intrauterine malnutrition, neonatal meningitis, down syndrome, cardiac disease, osteogenic imperfecta. Moreover, abnormally low AF size is also suggestive of-hyperthyroidism, craniosynostosis, and brain growth retardation.^{13–16} Therefore, AF size measured may provide sufficient clue to the possibility of risky in the neonate and so call for further diagnosis, special care, and treatment and hence, the diagnosis of an abnormally large or small AF at birth possess an alarming threat to the clinicians for interventional therapies.¹⁷

Worldwide, many researches were conducted on determination of AF by different researchers and come up with different results and shown that the size of AF varies by race, gender, geographic location.^{3,24,29} Most of those researches agreed up on that - maternal (race, geographic location, socio-demography),^{3,24,27} neonatal-related factors like: gender, birth weight, head circumference²⁸ and, labor and pregnancy-related outcomes^{3,24,27–29} are associated with AF size.

For meaningful interpretation of fontanelles size, normal reference values are essential.¹⁸ However, fontanel size substantially varies between different populations and therefore population-specific normal range is required. According to the study done in Nigeria,¹⁹ there is a need for different populations to have their reference values.

Nevertheless, mean AF and its associated factors related to data are extremely scarce in developing countries including Ethiopia. It is the reason that the current study is imperative. Therefore, the present study proposed in an attempt to fill the gap by providing information on the mean AF size and associated factors of neonates born at JUMC.

Methods and Materials

Study Area and Period

The institutional-based cross-sectional study design was implemented in Jimma University Medical Center

(JUMC). The study was conducted from April to October 2019.

Study Variables

The dependent variable is AF size

Independent variables: maternal socio-demographic variables: age, place of residence, marital status, educational status, occupation, monthly income; Condition during pregnancy and labor: birth order (number of pregnancy), the onset of labor, duration of labor, mode of delivery, gestational age; newborn related variables: gender of the neonate, birth weight, crown heel length, head circumference, age of neonate.

Sample Size and Sampling Technique/ Procedure

A sample size of 417 was calculated using single population proportion formula using the pilot study of 50 respondents before data collection for the main study at the same setup and taking SD=0.63 from a pilot study at 95% level of confidence $Z_{\alpha/2}$ = (95%=1.96) and 5% marginal error (E), and adding 10% non-response rate were included to the study as a sample. Mothers of the neonates were randomly selected to collect data from periods of 24 hours.

Eligibility Criteria

Inclusion Criteria

All term and apparently health neonates on the first day of life with gestational age between 37–42 weeks, birth weight 2500 gm. to 4000 gm. and neonates with written or verbal informed consent from their mothers were included in this study.

Exclusion Criteria

All neonates with cephalohaematoma, caput succedaneum, severe molding, abnormal presentation of labor and birth injury of the head region. Babies with neurological problems (eg, severe birth asphyxia, congenital neurological defects) and babies delivered outside JUMC were excluded in this study. Pregnancies affected by the maternal disease (eg, hypertension, diabetes mellitus, and renal disease) that might have an impact on fetal growth were also excluded in this study. Neonate with congenital anomalies, multiple pregnancies, and maternal TORCH (tetanus, syphilis, rubella, cytomegalovirus, and herpes simplex) infection that normally cause variation in size of AF during pregnancy were excluded. Neonates with any medical and physical disorders (apparent neurological,

skeletal or congenital problems) and obvious chromosomal abnormalities were also excluded.

Data Collection Procedure, Tools, and Neonatal Measurement Procedure

The interview questionnaire (S3) was adapted after a review of different pieces of literature. It consisted of sociodemographic, condition during pregnancy and labor, and neonatal characteristics. AF size was measured in term newborn babies using the method proposed by Popich and Smith and measurements were taken within 24 hours after birth. They were first prepared in English, then translated to the local language, then translated back to English to check for consistency of the meaning. Data on the medical condition of the neonates were collected from the attending physician and mother of the newborn while data on other newborn-related variables were collected from measuring the parameters. Data on maternal conditions were collected using a questionnaire with a direct face-to-face interview with the mother. The conditions during delivery, birth order, the onset of labor, duration of labor and mode of delivery (Spontaneous vertex delivery or Cesarean Section) of the neonate were obtained from the mother and attending physician.

The AF was examined when the neonate was calm and held in the upright position by an $assistant^{20}$ and the index finger was introduced in turn into each of the four corners of the baby's AF as proposed by Davies et al 1975²¹ (Figure 1). Then, a small dot was made with washable ink on the scalp immediately distal to the fingertip. Then, a piece of white paper was firmly pressed over the fontanel so that the four dots were transferred onto the paper as traced and marked. The distance between the anterior and posterior points and between the transversal points was measured and recorded with a fresh ruler with an accuracy of the closest millimeter. The size of the fontanel was then calculated as a mean sum of these diameters. The head circumference of each baby was measured with calibrated non-stretchable plastic tape around neonate's head at the same level from occipital prominence to supra-orbital ridge approximately at glabella of the neonate (Figure 2).

Birth weight was measured using the infant weight scale in grams, while head circumference and AF size in centimeters. To measure crown heel length, one of the midwives was gently held the crown of the head and positioned the head so that the upper margin of the external auditory meatus and the lower margin of the orbit of the eye was perpendicular. The other midwife was stretch the body and the legs of the neonate with the sole of feet, and then the plastic tape was used to measure the length from head to the sole²² (Figure 3).

All measurements were recorded in the questionnaires $(\underline{S3})$ designed for the study. Data collection instruments used were a data collection questionary, non-stretchable



Figure 1 Showing Popich and Smith method of calculating AF size and Locating the boundaries and vertices of AF in neonate by gently introducing tip of finger to aid in delineation of extent of the fontanel (Davies et. al, 1975) among neonate born at JUMC, Southwest Ethiopia, 2019.



Figure 2 Measuring of head circumference among term neonate born at JUMC, Southwest Ethiopia, 2019.



Figure 3 Measuring crown heel length among term neonate born at JUMC, Southwest Ethiopia, 2019.

plastic tape, weight scale, washable ink, fresh ruler, surgical glove, gown, and pen.

Data Quality Control

A well-structured questionnaire prepared in English was used to collect data. Two B.Sc degree nurses were recruited into data collection and the data collection was supervised by experienced health personnel. In the case of measurement variation among two data collectors, average values were taken as the actual AF size. Two days of theoretical and three days of practical training were provided for data collectors before data collection. The collected data was checked for its completeness, accuracy, and clarity at the moments of data collection and every day by the principal investigator. The head circumference was measured with non-stretchable plastic tape with an accuracy of ± 1 mm and birth weight with an infantile weight scale with an accuracy of ±100gm. AP and transverse diameters were measured with a ruler from paper marked with a dot by washable ink with the accuracy of the closest mm. A pilot test was prior to data collection.

Data Processing and Analysis

The data was coded and entered into Epidata version 3.1 and then transported to SPSS version 20 for analysis after which the variables were checked for Homogeneity, Linearity, normality and homoscedasticity. Descriptive statistics like frequency, percentage, mean, standard deviation and range were used to describe dependent and independent variables. ANOVA (analysis of variance) was used to compare the mean AF size of neonates among groups of marital status, educational status, occupation and monthly income of the family. An independent sample *t*-test was

used to compare the difference in AF size between genders, mode of delivery, the onset of labor, and place of residence. Correlation of AF size with birth weight, crown heel length, duration of labor, and gender of the neonate was also done. The candidate variables (P-value <0.2) under simple linear regression were transferred to Multiple Linear regressions to see the association with mean AF size at 95% Confidence interval. The significance level was declared at <0.05 p-value.

Ethical Consideration

Ethical clearance was obtained from the Institutional Review Board (IRB) of Jimma University (Ref.no: RPSCMF 10/11/2011). This study was conducted in accordance with the Declaration of Helsinki. Data collection was started after the study protocol (participants (mothers of neonates)) under the age of 18 years were reviewed and approved by the IRB of Jimma University to provide informed consent on their own behalf. Permissions were obtained from hospital managers/medical directors and after written (S2) or (verbal for those unable to read and write) informed consent (S1) was obtained from mothers of the baby. The supportive letter was written to JUMC. The purpose of the study was briefly explained to the neonate's mothers. Data that were collected from the participants were kept in secured and order to maintain confidentiality. Voluntary participation was ensured and participants are free to out.

Results

Socio-Demographic Characteristics of Women Respondents

A total of 417 mothers of the neonates with singleton have participated in the study with a response rate 100%. Out of 417 women respondents, 149 (35.7%) women were within the age group 22–26 from whom 267 (64%) of them were Urban residents, while 150 (36%) were rural. Among total women respondents, 387 (92.8%) were married and more than half 243 (58.3%) were housewives in occupation. 124 (29.7%) of them unable to read and write (Table 1).

General Newborn Characteristics

During the study period, 1061 newborns (1043 live births and 18 stillbirths) were delivered from a total of 1026 women. A total of 417 term and healthy newborns (210 male and 207 females) with (male to female **Table I** Showing Frequency Distributions of Socio-DemographicStatus of the Mother Respondents That Gave Birth at JUMC,Southwest Ethiopia, 2019

Parameters N=417	Frequency (n)	Percent (%)
Maternal age (years)		
17–21	85	20.4
22–26	149	35.7
27–31	124	29.7
32–36	37	8.9
37–42	22	5.3
Place of residence		
Urban	267	64.0
Rural	150	36.0
Marital status		
Married	387	92.8
Single	9	2.2
Divorce	12	2.9
Widowed	7	1.7
Others	2	0.5
Educational status		
Unable to read and write	124	29.7
Only able to read and write	41	9.8
Primary school	112	26.9
High school	64	15.3
College	43	10.3
Degree/masters holders and above	33	7.9
Occupation of mother		
House wife	243	58.3
Governments employ		57
Merchant	44	10.6
Daily laborer	35	8.4
Farmer	17	4.1
Student	5	1.2
Others	16	3.8
Monthly income of mother		
≤600	90	21.6
601–1650	140	33.6
1651–3200	67	16.1
3201–5250	27	6.5
≥5251	15	3.6
No income	77	18.5

ratio 1.01: 1.0) were included in the study for final analysis. Of 417 newborns, 282 (67.6%) and 135 (32.4%) delivered Spontaneous vertex and cesarean section, respectively. The mean gestational age of the newborn was 39.29 weeks, which ranges from 37–42 weeks (Table 2).

Anterior Fontanel Size Measurements

The mean AF size for apparently healthy term neonate for the study populations was 3.018cm with a standard deviation (\pm SD) of 0.909 cm. The mean AP diameter in the study populations was 3.307cm \pm SD (1.04) whereas the mean TD (transverse diameter) was 2.729cm \pm SD (0.88) in the total sample. A statistically significant difference between mean AP and TD was found (p<0.001). The 3rd and 97th percentile for mean AP diameter were 0.954cm and 5.00cm, respectively, while for TD (transverse diameter) 0.954cm and 4.3cm in the total sample (Table 3).

Independent sample *T*-test analysis between gender of the neonate (t=-5.225 p=0.000) showed a significant difference between groups. However, mean AF size between neonate of mother different in place of residence (t=1.468 p=0.7621), the onset of labor (t=-0.0446 p=0.658), and mode of deliveries (t=-.397 p=0.181) showed hardly significant association (Table 4).

The one-way ANOVA (analysis of variance) analysis results among neonate born from the mother different in educational status (F=3.601; p= 0.003), occupation (F= 3. 232; p= 0.004) and monthly income (F= 4.97; p=0.000) showed significant difference among groups. However, the mean AF size of a newborn delivered from a mother with a different marital status showed a non-significant difference (p=0.352) (Table 5).

The predictor birth weight (r=0.673, p=0.000), crown heel length (r=0.774, p=0.000) were significantly correlated with AF size while the correlation of head circumference is not significant (r=0.023, p=0.069).

Factors Associated with AF Size

After checking for regression assumption A multiple linear regression analysis revealed that an increasing of neonatal birth weight by one gram, increased AF size by 0.001cm (B=0.001, 95% CI: 0.000–0.001, p=0.000), an increasing of crown heel length by one cm, increased AF size by 0.048 (B=0.048, 95% CI, 0.018–0.078, p=0.002), an increasing of labor duration by one hour, decreased AF size by 0.028cm (B= -0.028, p=0.001, 95% CI: -0.45; -0.012), and being female reduced AF size by 0.275cm as compared to being male (B=-0.275, 95% CI: -.441; -.109, p=0.001) (Table 6). The analytical results showed that the model regression coefficient R2=0.561 and R2 adjusted =0.543 indicated that the AF size is explained by independent variables by 54.3% (Table 7).

Table 2 General Character	istics of New-Born at JUM	1C, Southwest, Ethiopia, 2019
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Variables N=417	Valid No	Mean	SD	Mínimum	QI (25%)	Q2(Median)	Q3 (75%)	Maximum
Age at measurement (hours)	417	13.97	3.364	6	12	13	15	24
Body weight (gram)	"	3275.6	428.4	2500	3000	3210	3600	4000
Crown heel length (cm)	"	46.85	2.862	36	45	47	49	55
Head circumference (cm)	"	34.75	1.701	32	33.50	34	36	39
Gestational age (weeks)	"	39.29	1.313	37	38	39	40	42

Abbreviations: Q1, first quartile; Q2, second quartile; Q3, third quartile; SD, standard deviation.

Table 3 Distribution of AF Dimension with Respect to Sex and Percentile

	Total		Male		Female	
Parameters	APD (cm)	TD (cm)	AP (cm)	Transvers(cm)	AP (cm)	Transvers(cm)
Sample size	417	417	210	210	207	207
Mean	3.307	2.729	3.49	2.46	3.12	2.460
SD	1.0352	0.8810	0.89	0.89	1.14	0.8864
3rd percentile	0.954	0.954	1.866	1.533	0.624	0.524
l0th"	2.000	1.580	2.100	2.000	1.280	1.100
50th''	3.500	3.000	3.750	3.000	3.300	2.600
75th"	4.000	3.300	4.100	3.500	4.000	3.000
90th''	4.500	4.000	4.500	4.100	4.220	3.500
97th"	5.000	4.300	4.934	4.300	5.000	4.000

Abbreviations: APD, antero-posterior diameter; TD, transverse diameter; SD, standard deviation; cm, centimeter.

Table 4 7-Test Analysis with Frequency and Percentage E	Between Neonate of Mother	Different in Place of Residence,	Gender,
Onset of Labour and Mode of Deliveries			

Parameters	Frequency	Percent (%)	Percent (%) Mean ±SD		P-value
Place of residence					
Urban	267	64.0	3.0670±0.92	1.468	0.7621
Rural	150	36.0	2.9240±0.89		
Gender					
Male	210	50.4	3.2421 ±0.78	5.225	0.000
Female	207	49.6	2.7908 ±0.97		
Onset of labor					
Spontaneous	375	89.9	3.0128±0.93	-0.0446	0.658
Induced	42	10.1	3.0655±0.69		
Mode of delivery					
SVD	282	67.6	3.0059± 0.93	-0.397	0.181
C/s	135	32.4	3.0437±0.88		

Discussion

The mean AF size for apparently healthy term neonate for the study populations was 3.018cm with a standard deviation (\pm SD) of 0.909 cm. The finding was approximate with a study done for Black American (3.08 \pm 0.8 cm), Gondar

Ethiopia $(3.00 \pm 0.62 \text{ cm})$ and Nigeria $(2.97 \text{ cm}\pm0.71)^{4,23,24}$ respectively. However, the result was founded to be inconsistent with the study done for Caucasian America $(2.67 \pm 0.7 \text{ cm})$, Popich and Smith $(2.1 \text{ cm}\pm1.5)$, Kanpur India $(3.37 \pm 0.61)^{.20,23,25}$ The discrepancy might be due to measuring

Parameters	Frequency	Percent (%)	Mean ±SD	F-value	p-value
Marital status					
Married	387	92.8	3.0271± 0.90269	1.109	0.352
Single	9	2.2	3.1833± 1.025		
Divorce	12	2.9	2.9333±.86375		
Widowed	7	1.7	2.8000± 1.234		
Others	2	0.5	1.8000± 0.071		
Educational status					
Unable to read and write	124	29.7	2.8520 ± 0.938	3.601	0.003
Only able to read and write	41	9.8	3.1098± 0.878		
Primary school	112	26.9	3.2259± 0.775		
High school	64	15.3	3.1484± 0.943		
College	43	10.3	2.6860± 0.869		
Degree/masters holders and above	33	7.9	3.0030± 1.056		
Occupation of mother					
House wife	243	58.3	3.09± 1.983	3.232	0.004
Governments employ	57	13.7	3.02± 0.954		
Merchant	44	10.6	2.30± 0.978		
Daily laborer	35	8.4	2.23± 1.437		
Farmer	17	4.1	2.53± 1.663		
Student	5	1.2	2.40± 2.074		
Others	16	3.8	3.81± 1.797		
Monthly income of family					
601–1650	140	33.6	3.2171± 0.696		
1651–3200	67	16.1	3.0627± 0.922		
3201–5250	27	6.5	3.4148± 0.693		
≥5251	15	3.6	2.9033± 1.62		
No income	77	18.5	2.7981± 0.839		

Table 5 Showing ANOVA Analysis of Mean AF Size with Frequency and Percentage of Among Women Different in Maternal MaritalStatus, Educational Status, Occupation and Monthly Income

instrument, race and geographical variations. In Popich and Smith study steel tape was used to measure AF dimensions after 48 hours.

In the current study mean the difference between the two genders was established and showed statistically significant difference (p<0.05) in mean AF size between male ($3.24 \pm .784$) and Female ($2.79 \pm .97$). The finding was in agreement with Caucasian and Black American,²³ Gondar,⁴ Hispanic,²⁷ Iranian neonates.²⁸ The discrepancies might be due to female lead in skeletal maturation as evidenced by a previous study in Nigeria.¹⁹ However, this finding is in agreement with a study conducted in the USA,²⁰ Iraq neonate,²⁹ Iranian,¹⁶ Sri Lankan,¹⁸ Nigeria²⁴ show a non-significant difference in mean AF size between male and female. The difference may be due to differences in sample size, measuring instrument and race.

The analytical results among neonates born from the mother difference in educational status occupation and monthly income showed a significant difference (p<0.05) between groups. Our finding is inconsistent with the previous study in Gondar,⁴ Addis Ababa,²⁶ Nigeria.¹⁹ The discrepancies might be due to the difference in their level of knowledge to accomplish their daily activity. Further study was recommended on a previous study in Nigeria¹⁹ to establish relationships between AF size and maternal economic status.

A statistically significant difference between AF size and durations of labor (p<0.05) was in agreement with the Hispanic neonate,²⁷ Gondar.⁴ The possible explanations might be due to the probability of increased molding resulted from the increased duration of labor as evidenced by a Hispanic study.

Model	Unstandardized Coefficients		Standardized Coefficients	T-value	Sig.	Collinearity Statistics	95% Confidence Interval for B	
	В	Std. Error	Beta			VIF	Lower Bound	Upper Bound
(Constant)	-0.275	0.747		368	0.713	1.008	-I.743	1.193
Duration of labor in hours	-0.028	0.008	-0.148	-3.344	0.001	1.148	-0.045	012
Gender of the neonate	-0.275	0.084	-0.152	-3.262	0.001	1.143	-0.441	109
Birth weight in grams	0.001	0.000	0.255	5.352	0.000	1.172	0.000	0.001
Crown heel length in centimeter	0.048	0.015	0.150	3.147	0.002	1.008	0.018	0.078

Table 6 Showing Multiple Linear Regression Analysis of the Variables

In our finding, there were significant positive correlations between AF size and birth weight (r=0.673 p<0.05) was matched with a previous study done in Hispanic,²⁷ Gondar⁴ and Switzerland.²² But, the finding contrary to the previous report from in Iranian,^{16,28} India²⁵ they report significant negative correlations. The studies in Nigeria reported a non-significant difference.^{19,24} The difference might be due to differences in race, geographical locations and measuring instruments. A significant positive correlation was also seen in the case of crown heel length (r=0.774 p<0.05) was consistent with the study done on Sri Lankan²⁴ neonate. This finding was contrary to a previous report in South Eastern Nigeria,²⁴ Brazil³⁰ and make reference link reported no significant correlation, Iranian²⁸ reported significant negative correlations. This difference might be due to a difference in the measuring instrument used.

In this study, a multiple linear regression analysis revealed that neonatal birth weight (B=0.001, p=0.000), crown heel length (B=0.048, p=0.002), labor duration (B=-0.028, p=0.001), and gender of the neonates (B=-0.275, p=0.001) were statistically significantly associated with AF size.

 Table 7 Model Summary for Multiple Linear Regression Analysis

Model Summary									
Model	R	R Square	Adjusted R Square	Std. Error of the Estimate	Durbin- Watson				
I	0.749	0.561	0.543	0.70265	1.021				

Conclusions and Recommendations

This study demonstrated that the mean AF size of the study population was 3.018 cm with a standard deviation (±SD) of 0.909 cm (range 0.4–5.50cm). The study demonstrated that the normal range of AF size was between 0.954 (3rd percentile) and 4.30cm (97th percentiles) among neonates born in JUMC. This normal range can serve as reference values for clinical purposes. A multiple linear regression analysis revealed that birth weight, crown heel length, duration of labor, and neonatal gender had a statistically significant association with AF size. Researchers should generate more information by using more advanced study design. Estimation of AF size by tans-fontanel ultrasound may give more accurate results than manual estimation.

Strength and Limitations of the Study

Strength

The study might provide the valuable information due to the scarcity of well-characterized information on the topic. Besides, unlike other studies, the study used a linear regression model to enhance the AF size measurement quality.

Limitation

The result of the study would be very interesting to conduct the study after the effect of molding resolved. However, the study is limited to newborns delivered on their first day of life because of routine hospital discharge of healthy neonates within 24 hours that is not reliable to get on the next day. Besides, as the study was cross-sectional, it does not provide information on AF size trends over time. Any of the data used for analysis in the study is available from the corresponding author and ready in case of reasonable request.

Informed Consent

Informed consent was obtained.

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Disclosure

The authors declare no conflicts of interest.

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