

# Nanobacteria in the pathogenesis of urolithiasis: Myth or reality?

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## ABSTRACT

Stone formation in the urinary tract is a common phenomenon with associated morbidity. The exact physicochemical factors responsible for stone formation are not clearly known. Over the past decade considerable interest has been generated in defining the role of nanobacteria in urinary stone formation. A review of the available literature has been carried out to give insights into their nature and outline their role in stone formation. The two aspects of nanobacteria that need to be considered include its biological nature and the other merely as mineralo-protein complexes. Though the current literature favors the concept of mineralo-protein particles, further research is needed to clearly define their nature. Whether living or nonliving, these apatite forming nanoparticles appear to play role in kidney stone formation.

**Key words:** Calcifying nanoparticles, fetuin, kidney stones, mineralo-protein complexes, nanobacteria

## INTRODUCTION

Stones in the urinary system are known since antiquity with the earliest report in an Egyptian mummy and a reference to stone disease in the Hippocratic oath.<sup>[1]</sup> The exact pathogenesis or physicochemical mechanism for urolithiasis is still not firmly established. Randall first described interstitial crystal plaques of calcium phosphate (CaP) in the papillary tips of stone formers.<sup>[2]</sup> The presence of CaP plaques even in calcium oxalate (CaOx) stone formers gave the nucleation concept where the former served as the nucleation surface for initiation and propagation of CaOx crystallization. Over the past decade, there have been several reports on the role of nanobacteria (NB) in urolithiasis but there exists a controversy over their nature.<sup>[3-9]</sup> In this article, we review the changing

concepts about the nature of nanobacteria along with the available evidence for their role in urolithiasis.

A Pubmed search was made in August 2013 using key words nanobacteria (145 citations) and calcifying nanoparticles (34 citations). After excluding duplicates, all English language articles were reviewed by title and abstract. Studies describing methods of cultivation, isolation, *in vitro* or *in vivo* properties of nanobacteria, and articles investigating their role in nephrolithiasis were selected for the review. Articles on association of nanobacteria with other pathologic conditions were excluded. Full text of selected articles was obtained for detailed evaluation. These articles were cross-referenced to find any relevant article that was undetected during initial search. All articles fulfilling above-mentioned criteria were reviewed.

## NANOBACTERIA ONTOLOGY

### Origin and nomenclature

In mathematics “nano” is defined as  $10^{-9}$ . Folk first reported “nannobacteria”, (0.1  $\mu$ m dwarf forms) in the sediments of hot springs in Italy and felt that they played a prominent role in the precipitation of carbonate minerals.<sup>[10]</sup> Similar forms were discovered on the Martian meteorite ALH84001.<sup>[11]</sup> A Finnish group claimed isolating such forms from blood and blood products and described their properties in detail [Table 1].<sup>[7]</sup> The same authors had worked for years on purported nanobacteria, but their reports were turned down by the microbiology world due to the controversies surrounding their size and form.<sup>[12,13]</sup> Over the years,

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**Table 1: Characteristics of Nanobacteria as described by Kajander *et al.*<sup>[7]</sup>**

Morphology	0.08-0.5 micrometer in diameter Cocci, Cocobacillar, or bacillar forms Found in clusters Form thermoresistant biofilm Have shell of carbonate or hydroxyl apatite
Staining	Gram negative Stain with Hoechst 33258 (DNA specific dye) Stain with Von Kossa (for CaP)
Resistance	Resistant to heat Resistant to $\gamma$ radiations Resistant to 5% NaCl
Culture properties	Medium: DMEM; Dulbecco's modified Eagle's medium Grow @ 1/100 of ordinary bacteria Doubling time of 3 days Optimal condition: 5% CO <sub>2</sub> and 95% air Cytotoxic for fibroblasts Calcify at <5% serum concentration in culture media
Detection methods	Scanning electron microscopy Transmission electron microscopy Von Kossa staining Spectrophotometry analysis of growth in culture
Classification	Alpha-2 subgroup of Proteobacteria containing including Brucella, Bartonella, Rhizobium
Biochemical properties	Very slow metabolism Incorporate methionine Calcify at physiologic pH (7.4) Negative for urease
Genome	16S rRNA

DNA = Deoxyribonucleic acid, rRNA = ribosomal ribonucleic acid

attempts have been made to isolate nanobacteria and study their behavior in detail.<sup>[8,9,14-19]</sup>

### Changing concepts

After the initial report on the biologic nature of nanobacteria by Kajander *et al.*, Cisar *et al.*, attempted isolation of NB using the conventional method described earlier and reached a completely different conclusion about their nature.<sup>[8]</sup> Cisar *et al.*, through their experiment, provided alternative interpretation of nanobacteria isolates from human kidney stones. In their experiment, the coccoid bodies, similar in morphology to those described by Kajander, were seen under scanning electron microscope (SEM), Calcium phosphate (CaP) was detected by energy-dispersive x-ray microanalysis (EDX), and apatite presence in them was established by X-ray diffraction. These coccoid bodies were also stained with Hoechst 33258 (dye used to stain DNA) as earlier. However, the nucleic acid could not be isolated after decalcification. Polymerase chain reaction (PCR) performed with 16S rDNA primers yielded nucleotide sequence that was found to be identical to 16S rDNA of *Phyllobacterium myrsinacearum*, a contaminant in PCR studies.<sup>[8]</sup> The authors concluded that the 16S rDNA reported earlier in nanobacteria may actually be due to environmental contamination. Presence of apatite forming coccoid bodies in the absence of any credible evidence of biologic material (DNA or

RNA) was explained by the nucleating property of apatite. Dulbecco's modified Eagle's medium (DMEM) is rich in calcium (Ca) and phosphorous (P). In the presence of high concentration of Ca and P in DMEM, apatite crystals can account for initiation, sustenance, and transferability of biomineralization.<sup>[8,20]</sup> Following this report, many successful and a few unsuccessful attempts were made to cultivate these nanoparticles but their exact nature remained undefined.<sup>[4,9,21,22]</sup> Presence of immune response against these particles supported their biologic nature despite unsuccessful attempts to isolate DNA or RNA from them.<sup>[3]</sup>

In order to better define the nature of these propagating calcifying agents, a comprehensive analysis was undertaken with Nanobacterium sp. the original strain provided by Kajander.<sup>[23]</sup> After 10 days, biomineralization was clearly visible in DMEM culture. PCR products were similar to contaminants, attempts to extract RNA failed, DNase and RNase did not affect culture, propagation was suppressed following treatment with UV radiations, acidic pH, and trypsin (protein denaturation), and antibiotics failed to significantly alter growth. After demineralization with Ethylenediaminetetraacetic acid (EDTA) the core was analyzed with Sodium dodecyl sulfate polyacrylamide gel electrophoresis (SDS-PAGE). Proteins were identified in the core, including a high concentration of bovine fetuin that can incite immune response.<sup>[23]</sup> In fact, soluble extract from kidney stones positive for anti nanon antibodies showed the presence of fetuin on SDS-PAGE and western blot analysis.<sup>[23]</sup> This report refuted the whole literature on nanobacteria. Kajander, who coined the term nanobacteria, used the term calcifying nanoparticles in a later report.<sup>[24]</sup>

Subsequently, protein-apatite interactions were studied *in vitro* and *in vivo* in human and fetal bovine serum.<sup>[25]</sup> Serum proteins progressively bind with Ca and P in serum and upon reaching saturation form mineralo-protein complexes resembling NB, both chemically and morphologically.<sup>[25]</sup> Addition of precipitating ions to cell culture medium also generated mineral nanoparticles resembling NB.<sup>[26]</sup> Albumin, fetuin, and apolipoprotein A1 were the main constituent proteins and antibodies previously deemed specific for NB in fact reacted with albumin and/or fetuin.<sup>[26]</sup> It is possible that addition of proteins as serum to DMEM culture medium that is rich in Ca and P might have resulted in precipitation of apatite-protein complexes. Earlier literature on CNP was based on the assumption that gamma treatment of serum sterilizes the fluid entirely. But critical evaluation of gamma irradiated serum showed that it retains capability to form complexes in the presence of high ion concentration.<sup>[27]</sup>

Proteomic evaluation of these CNP revealed many other proteins as constituents: albumin, fetuin A, fetuin B, fetal hemoglobin, and EF-Tu, EF-G.<sup>[28]</sup> Demonstration of EF-Tu in these CNP added heat to the controversy. The source of other proteins can be traced to human or bovine serum,

unlike the prokaryotic protein EF-Tu. The presence of elongation factors (EF-Tu, EF-G) in an apparently lifeless particle was an enigma. This revived the concept of biologic nature of nano particles.<sup>[19,28]</sup> There have been claims of successful treatment of NB associated diseases with anti NB therapy, comET® (Nanobac Life Sciences, Tampa, Florida) and antibiotics.<sup>[21,29,30]</sup> Unfortunately, these studies were not randomized and were poorly blinded. Tetracycline and ampicillin that claimed to possess antiNB activity are calcium chelators.<sup>[29]</sup> Even patented comET consists of 500 mg tetracycline, a proprietary nutraceutical, and EDTA.

There are arguments in favor and against the biologic nature of these CNP [Table 2] and current understanding is that these are actually mineralo-protein complexes. Whether they are biologic or physicochemical phenomenon, do they have any role in renal stone formation? This review will elaborate on their association with stones with the available evidence.

## CALCIFYING NANOPARTICLES AND STONE DISEASE: WHAT IS THE EVIDENCE

### Role of apatite in stone disease

Renal stone formation is a form of biomineralization. Biomineralization can be conceptualized as incorporation of inorganic minerals into organic structural macromolecules (carbohydrates, lipids, and proteins) to form hard structures like bone, teeth, shells, spicules etc., The mineral phase of these tissues is hydroxylapatite (HA).<sup>[31]</sup> CaOx stones are the most common renal stones. Majority of idiopathic CaOx stones arise attached to Randall's plaque that itself is composed of apatite.<sup>[2]</sup> It has been observed that

the majority of CaOx stones also contain CaP in the form of apatite at its core.<sup>[32,33]</sup> Experimental studies demonstrated that Randall's plaques begin in the basement membrane of the thin loop of Henle and extend into the interstitium.<sup>[34,35]</sup> Apatite has crucial role in pathogenesis of renal stones.

### Direct evidence

Early experiments made it clear that these new nano particles form an apatite shell around them. In experimental studies they exerted cytotoxic effect on 3T6 fibroblasts and were localized in intracellular space.<sup>[36]</sup> Akerman *et al.*, radio labeled CNP with <sup>99m</sup>Tc and injected it intravenously into rabbits to study their *in vivo* distribution with single photon emission computed tomography (SPECT) imaging.<sup>[37]</sup> There was tissue specific distribution and high accumulation was achieved in kidneys and urine 10 min after injection.<sup>[37]</sup> These CNP accessed urine through tubular cells using endocytic transport mechanism. Tubular cells take these cytotoxic CNP and we know from the previous studies that apatite plaque originates in the basement membrane of the thin loop of Henle.<sup>[34]</sup>

Investigators have isolated these nanoparticles from the majority of kidney stones.<sup>[3,4,9,38-40]</sup> Each one has differently interpreted the nature of these particles but isolation of coccoid nanoparticles with apatite shell has been reported unanimously. Taking a step nearer to prove their role in nephrolithiasis these particles have been isolated specifically from Randall's plaques.<sup>[41]</sup> CNP multiply 4.6 times faster in conditions of zero gravity. The increased incidence of renal stones in astronauts has been linked with CNP after their isolation from a stone recovered from the urine of an astronaut.<sup>[5,39]</sup> It is likely that CNP play crucial role in nephrolithiasis.

### Indirect evidence

There is indirect evidence that CNPs play an important role in nephrolithiasis. An association between atherosclerosis, coronary artery disease, carotid artery stenosis and kidney stones has recently been found.<sup>[42,43]</sup> CNPs and fetuin-A are present in atherosclerotic plaques in human arteries and cardiac valves.<sup>[14]</sup> The central role of CNP in stone formation and atherosclerosis explains the association between kidney stones and myocardial infarction, hypertension, and cerebral stroke.

### Probable mechanism of promoting nephrolithiasis

#### Fetuin: Inhibitor of mineralization

Fetuin (fetuin-A, alpha-2-HS-glycoprotein, or alpha-2-Heremans-Schmid glycoprotein) was discovered from fetal bovine serum nearly 70 years ago in 1944, but its physiologic importance has only recently been recognized.<sup>[44]</sup> Fetuin-A is a 45-kDa plasma protein secreted by the liver.<sup>[45]</sup> It acts as an inhibitor of calcium phosphate mineral (apatite) precipitation by formation of complexes with Ca and P.<sup>[46]</sup> It is the key protein in the core of CNP. Low urinary levels of fetuin have been found in patients with documented urolithiasis<sup>[47]</sup> and those with fetuin-A gene polymorphism

**Table 2: Arguments on the nature of nanobacteria**

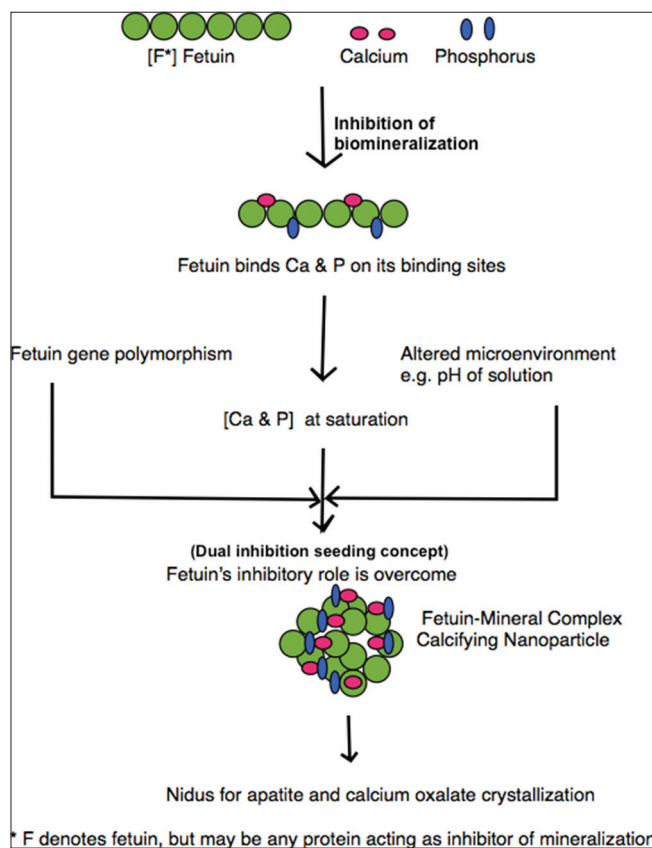
In favor of NB as exotic life form	In favor of mineralo-protein complexes
Morphology resembles bacteria	Size less than minimal possible size to sustain cell
Staining with Hoechst 33258	Inability to isolate and sequence genome
Identification of 16S rRNA	Homology of isolated RNA to PCR contaminants Resistance to RNase
Cultivation on DMEM medium	Apatite can act as nucleator
Susceptibility to antibiotics	Extreme resistance to heat, gamma radiations, susceptibility to calcium chelating antibiotics
Detection by specific antibodies	These antibodies are against proteins as albumin and fetuin-A
Presence of proteins including bacterial proteins (EF-Tu etc)	Proteins (fetuin-A, albumin etc) play role in mineralization in functional studies
Incorporation of methionine, uridine during culture	Resistance to DNase

DNA = Deoxyribonucleic acid, RNA = ribosomal ribonucleic acid, PCR = Polymerase chain reaction, NB = nanobacteria

are at a higher risk of CaOx nephrolithiasis.<sup>[45]</sup> In addition to nephrolithiasis fetuin has been linked to other calcification related pathologies in the body. The patients on dialysis have low serum fetuin-A levels and they are more prone to coronary or other calcifications.<sup>[48]</sup> Fetuin-A has been isolated from kidney stones and calcified vascular foci.<sup>[23]</sup>

*Dual inhibition-seeding concept*

This is a phenomenon where the presence of inhibitory proteins suppresses apatite nucleation, until inhibitory influences are overcome with time in the presence of excess calcium or phosphate present in culture medium or in body fluids, when mineral-protein complexes precipitate and seed apatite propagation.<sup>[49]</sup> It is known that serum derived proteins; fetuin, albumin, are the main constituents of CNB. The role of fetuin and to a lesser extent albumin is to inhibit mineralization by binding with ions and making them more soluble.<sup>[46]</sup> [Figure 1] However, at saturation or at near saturation concentration this inhibition is overcome and fetuin gets precipitated as mineralo-protein complexes.<sup>[25,26,49]</sup> These apatite nuclei can grow in size and form crystals resembling those seen in Randall's plaques. [Figure 1] Dual inhibitory-seeding concept explains that CNP are formed predominantly by deployment of calcium inhibitory pathways and how inhibitors can act as seeding nuclei in the presence of favorable mineral concentrations.



**Figure 1:** Flow chart showing proposed pathway of formation of calcifying nanoparticles and their role in nephrolithiasis

**CONCLUSION**

Nanoparticles have come a long way from fossils of Martian life, to exotic life forms on earth and finally mineralo-protein complexes. Though the current understanding is that they are mineralo-protein complexes, the finding of prokaryotic proteins on proteomics puts a query on their exact nature.

Whether these calcifying nanoparticles are exotic life forms or simply mineralo-protein complexes, there is enough evidence to show that CNP plays a pivotal role in inducing calcification and stone formation. They are cytopathic, localized in high concentration in kidneys, excreted in urine, isolated from kidney stones, found in Randall's plaques, associated with atherosclerotic diseases, and form apatite that is the component of Randall's plaques and majority of renal stones. They also cause stone formation in animal models. Continued research is needed to solve the controversy of whether they are living or nonliving.

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