

1 Model design for non-parametric phylodynamic inference  
2 and applications to pathogen surveillance

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## 12 ABSTRACT

13 Inference of effective population size from genomic data can provide unique information about  
14 demographic history, and when applied to pathogen genetic data can also provide insights into  
15 epidemiological dynamics. The combination of non-parametric models for population dynamics with  
16 molecular clock models which relate genetic data to time has enabled phylodynamic inference based  
17 on large sets of time-stamped genetic sequence data. The methodology for non-parametric inference  
18 of effective population size is well-developed in the Bayesian setting, but here we develop a frequentist  
19 approach based on non-parametric latent process models of population size dynamics. We appeal to  
20 statistical principles based on out-of-sample prediction accuracy in order to optimize parameters that  
21 control shape and smoothness of the population size over time. We demonstrate the flexibility and  
22 speed of this approach in a series of simulation experiments, and apply the methodology to reconstruct  
23 the previously described waves in the seventh pandemic of cholera. We also estimate the impact of non-  
24 pharmaceutical interventions for COVID-19 in England using thousands of SARS-CoV-2 sequences.  
25 By incorporating a measure of the strength of these interventions over time within the phylodynamic  
26 model, we estimate the impact of the first national lockdown in the UK on the epidemic reproduction  
27 number.

## 28 INTRODUCTION

29 Past fluctuation in the size of a population are reflected in the genealogy of a sample of individuals  
30 from that population. For example, under the coalescent model, two distinct lines of ancestry coalesce  
31 (i.e. find a common ancestor) at a rate that is inversely proportional to the effective population size at  
32 any given time (Kingman 1982; Griffiths and Tavaré 1994; Donnelly and Tavaré 1995). More coalescent  
33 events are therefore likely when the population size is small compared to when the population size is  
34 large. This causal effect of population size on genealogies can be reversed in an inferential framework  
35 to recover past population size dynamics from a given pathogen genealogy. This approach to inference  
36 of past demographic changes was first proposed 20 years ago (Pybus et al. 2000, 2001; Strimmer and  
37 Pybus 2001) and has been fruitfully applied to many disease systems (Pybus and Rambaut 2009; Ho  
38 and Shapiro 2011; Baele et al. 2016).

39 Population size analysis is often performed within the Bayesian BEAST framework (Suchard et al. 2018;  
40 Bouckaert et al. 2019) which jointly infers a phylogeny and demographic history from genetic data. Here  
41 we focus on an alternative approach in which the dated phylogeny is inferred first, for example using  
42 *treedater* (Volz and Frost 2017), *TreeTime* (Sagulenko et al. 2018) or *BactDating* (Didelot et al. 2018),  
43 and demography is investigated on the basis of the phylogeny. Although potentially less sensitive,  
44 this approach has the advantage of scalability to very large sequence datasets. This post-processing  
45 approach also allows more focus on models and assumptions involved in the demographic inference  
46 itself as previously noted in studies following the same strategy (Lan et al. 2015; Karcher et al. 2017;  
47 Volz and Didelot 2018; Volz et al. 2020). However, some of the methodology and results we describe  
48 here should be applicable in a joint inferential setting as well.

49 The reconstruction of past population size dynamics is usually based on a non-parametric model, since  
50 the choice of any parametric function for the past population size would cause restrictions and be  
51 hard to justify in many real-life applications (Drummond et al. 2005; Ho and Shapiro 2011). However,  
52 even if a non-parametric approach offers a lot more flexibility than a parametric one, it does not fully  
53 circumvent the question of how to design the demographic model to use as the basis of inference. For  
54 example, the *skygrid* model considers that the logarithm of the effective population size is piecewise  
55 constant, with values following a Gaussian Markov chain, in which each value is normally distributed  
56 around neighbouring values and standard deviation determined by a precision hyperparameter (Gill

57 et al. 2013). This model can be justified as the discretisation of a continuous *skyride* model in which the  
58 logarithm of the population size is ruled by a Brownian motion (Minin et al. 2008). Alternatively, the  
59 *skygrowth* model is a similar Gaussian Markov chain on the growth rate of the population size (Volz  
60 and Didelot 2018). Both models can be conveniently extended to explore the association between  
61 population size dynamics and covariate data (Gill et al. 2016; Volz and Didelot 2018).

62 The *skygrid*, *skygrowth* or other similar models can be assumed when performing the inference of  
63 the demographic function, and the effect of this model choice has not been formally investigated.  
64 Furthermore, these non-parametric models require several model design choices which are often  
65 given little consideration in practice. This includes the number of pieces in the piecewise constant  
66 demographic function, the location of boundaries between pieces, and the prior expectation for the  
67 difference from one piece to another. All of these model design choices may have significant effect on  
68 the inference results. Here we propose several statistical procedures to optimise these variables. In  
69 particular, the parameter controlling the smoothness of the population size function is usually assumed  
70 to have an arbitrary non-informative prior distribution in a Bayesian inferential setting (Minin et al.  
71 2008; Gill et al. 2013), whereas we show here that it can be selected using a frequentist statistical  
72 approach based on out-of-sample prediction accuracy. We tested the effect of these procedures on  
73 simulated datasets, where the correct demographic function is known and can be used to assess the  
74 relative accuracy of inference under various conditions. We applied our methodology to a previously  
75 published dataset of *Vibrio cholerae*, the causative agent of cholera. We also analysed a state-of-the-art  
76 real dataset and show how our methodology can be used to estimate the impact of non-pharmaceutical  
77 interventions for SARS-CoV-2 in England.

## 78 MATERIALS AND METHODS

### 79 Demographic Models

80 Let the demographic function  $N_e(t)$  denote the effective population size of a pathogen at time  $t$ . Let  
81 us consider that  $N_e(t)$  is piecewise linear with  $R$  pieces of equal lengths  $h$  over the timescale of interest.  
82 Let  $\gamma_i$  denote the logarithm of the effective population size in the  $i$ -th piece. In the *skygrid* model  
83 (Gill et al. 2013), the values of  $\gamma_i$  follow a Gaussian Markov chain, with the conditional distribution  
84 of  $\gamma_{i+1}$  given  $\gamma_i$  equal to:

$$\gamma_{i+1} \sim \mathcal{N}(\gamma_i, h/\tau) \quad (1)$$

85 By contrast, the *skygrowth* model (Volz and Didelot 2018) is defined using the effective population size  
86 growth rates  $\rho_i$  which are assumed constant in each interval and are equal to:

$$\rho_i = \frac{\exp(\gamma_{i+1}) - \exp(\gamma_i)}{h \exp(\gamma_i)} \quad (2)$$

87 These growth rate values form a Gaussian Markov chain, with:

$$\rho_{i+1} \sim \mathcal{N}(\rho_i, h/\tau) \quad (3)$$

88 We also define a new model which we call *skysigma* based on the values  $\sigma_i$  of the second order differences  
89 of the logarithm of the effective population size:

$$\sigma_i = (\gamma_{i+1} - \gamma_i) - (\gamma_i - \gamma_{i-1}) = \gamma_{i+1} - 2\gamma_i + \gamma_{i-1} \quad (4)$$

90 Once again we consider a Gaussian Markov chain in which:

$$\sigma_{i+1} \sim \mathcal{N}(\sigma_i, h/\tau) \quad (5)$$

91 Dependency on known covariate time series can be easily incorporated into these models as previously

described (Gill et al. 2016; Volz and Didelot 2018). Let there be a  $m \times p$  matrix  $X_{1:m,1:p}$  of  $p$  covariate measurements for each of  $m$  time points. Ideally these time points would correspond to the  $R + 1$  boundaries between pieces of the demographic function, but otherwise linear interpolation can be used to make it so. We model the effect of this covariate data as a modification of the expected change in the demographic variables defined above ( $\gamma_i, \rho_i$  or  $\sigma_i$ ). For example, in the *skysigma* model (Equation 5), the kernel of the Markov chain becomes:

$$\sigma_{i+1} \sim \mathcal{N}(\sigma_i + (X_{i+1,1:p} - X_{i,1:p})\beta, h/\tau) \quad (6)$$

where  $\beta_{1:p}$  is a vector of coefficients for a linear model of the covariate data on the expected value of the increments. Note in particular that if a term in the  $\beta$  vector is equal to zero, then this covariate measurement has no effect on the demographic function, so that to test the significance of covariate requires to test whether the corresponding value in the  $\beta$  vector is non-zero.

## Coalescent framework

Each of the models above defines a demographic function  $N_e(t)$  from which the likelihood of the genealogy  $\mathcal{G}$  can be calculated as briefly described below. Let  $n$  denote the number of tips in  $\mathcal{G}$ , let  $s_{1:n}$  denote the dates of the leaves and  $c_{1:(n-1)}$  denote the dates of the internal nodes. Let  $A(t)$  denote the number of extant lineages at time  $t$  in  $\mathcal{G}$  which is easily computed as the number of leaves dated after  $t$  minus the number of internal nodes dated after  $t$ :

$$A(t) = \sum_{i=1}^n \mathbb{1}[s_i > t] - \sum_{i=1}^{n-1} \mathbb{1}[c_i > t] \quad (7)$$

This quantity is important because in the coalescent model, each pair of lineages finds a common ancestor at rate  $1/N_e(t)$ , so that the total coalescent rate at time  $t$  is equal to:

$$\lambda(t) = \begin{cases} \frac{A(t)(A(t)-1)}{2N_e(t)}, & \text{if } A(t) \geq 2 \\ 0, & \text{otherwise.} \end{cases} \quad (8)$$

110 The full likelihood of the coalescent process is therefore computed as (Griffiths and Tavaré 1994;  
 111 Donnelly and Tavaré 1995):

$$L(\mathcal{G}|N_e(t)) = \exp\left(-\int_{-\infty}^{\infty} \mathbb{1}[A(t) \geq 2] \frac{A(t)(A(t)-1)}{2N_e(t)} dt\right) \prod_{i=1}^{n-1} \frac{1}{N_e(c_i)} \quad (9)$$

112 This computation is straightforward for the models considered here where the demographic function  
 113  $N_e(t)$  is piecewise constant.

## 114 Selection of the precision parameter

The demographic models described above (*skygrid*, *skygrowth* and *skysigma*) all rely on a precision parameter  $\tau$  (also known as the 'smoothing' parameter). The value of  $\tau$  controls how much consecutive values of the effective population size will vary when the data is uninformative. The selection of this parameter is therefore shaped by competing aims of optimising the fit to observed data and maximizing explanatory power and avoidance of overfitting. In frequentist statistics, a standard approach to selecting smoothing parameters is to minimize the out-of-sample prediction error. Here, we pursue a  $k$ -fold cross-validation strategy where genealogical data is partitioned into  $k$  sets,  $k-1$  of which are used for fitting, and the last one is used for prediction. This procedure is equivalent to maximizing the following objective function:

$$f(\tau) = \prod_{j=1}^k L(\mathcal{G} \setminus X_j | \hat{N}_e(X_j, \tau)), \quad (10)$$

115 where  $\hat{N}_e(X_j, \tau)$  is the maximum likelihood estimates of  $N_e$  on the partial data  $X_j \subset \mathcal{G}$  and assuming  
 116 the precision parameter is  $\tau$ . In this case  $X_{j=1:k}$  represents a subset of the sample times and internal  
 117 node times of the genealogy  $\mathcal{G}$ .

118 This is a standard formulation of the cross-validation method, but the implementation depends on how  
 119 genealogical data is partitioned. We use the strategy of discretizing the coalescent likelihood (Equation  
 120 9) into intervals bordered by the time of nodes (tips  $s_i$  or internal nodes  $c_i$  of the tree) and/or the  $R-1$   
 121 times when the piecewise-constant  $N_e$  changes value. Given  $R-1$  change points,  $n$  tips, and  $n-1$   
 122 internal nodes of  $\mathcal{G}$ , there are  $R+2n-3$  intervals  $(\iota_1, \dots, \iota_{R+2n-3})$ . Each cross-validation training set

123 is formed by taking a staggered sequence of intervals and collecting the genealogical data contained in  
124 each, so that  $X_k = \{\iota_{j=1:R+2n-3} \mid \text{modulo}(j, k) \neq 0\}$ .

## 125 Selection of the grid resolution

126 Before any of the non-parametric models described above can be fitted, the number  $R$  of pieces in the  
127 piecewise demographic function needs to be specified. Setting  $R$  too low may lead to an oversimplified  
128 output that does not capture all the information on past population changes suggested by the genealogy,  
129 whereas setting  $R$  too high can lead to overfitting.

130 We therefore propose to use well established statistical methods to select the optimal value of  $R$ . First  
131 the model is fitted for multiple proposed values of  $R$ , and then for each output we compute the Akaike  
132 information criterion (AIC), which is equal to:

$$\text{AIC}_R = 2R - 2\log(L_R) \quad (11)$$

133 where  $L_R$  is the maximum value of the likelihood when using  $R$  pieces. The value of  $R$  giving the  
134 smallest value of  $\text{AIC}_R$  is selected. We also implemented the Bayesian information criterion (BIC),  
135 which is equal to:

$$\text{BIC}_R = R\log(n - 1) - 2\log(L_R) \quad (12)$$

## 136 Simulation of testing data

137 In order to test the accuracy of our methodology, we implemented a new simulator of coalescent  
138 genealogies given sampling dates and a past demographic function  $N_e(t)$ . When the demographic  
139 function is constant, the simulation of coalescent genealogies is equivalent to simulating from a  
140 homogeneous Poisson process, in which the waiting times from one event to the next are exponentially  
141 distributed. To extend this to the situation where the demographic function is non-constant requires to  
142 simulate from an equivalent non-homogeneous Poisson process. The approach we used to achieve this  
143 is to consider a homogeneous Poisson process with a population size  $N_m$  which is lower than any value  
144 of  $N_e(t)$ , i.e.  $\forall t, N_e(t) \geq N_m$ . We simulate this process using exponential waiting times, but filter an



145 event happening at time  $t$  according to the ratio  $N_m/N_e(t)$ . Specifically, we draw  $u \sim \text{Unif}(0, 1)$  and  
146 if  $u < N_m/N_e(t)$  the event is accepted and otherwise rejected. The resulting filtered Poisson process  
147 simulates from the non-homogeneous Poisson process as required (Ross 2014). The disadvantage of  
148 this approach over other methods of simulations is that there may be many rejections if  $N_e(t)$  takes  
149 small values so that  $N_m$  needs to be small too. However, efficiency of simulation is not important for  
150 our purpose here, and this method has the advantage to avoid the computation of integrals on the  
151  $N_e(t)$  function which other methods would require.

## 152 **Implementation**

153 We implemented the simulation and inference methods described in this paper into a new R  
154 package entitled *mlesky* which is available at <https://github.com/emvolz-phylogenetics/mlesky>. The  
155 optimisation of the demographic function makes use of the quasi-Newton Broyden-Fletcher-Goldfarb-  
156 Shanno (BFGS) method implemented in the `optim` command (Nash 2014). Confident intervals are  
157 computed based on an approximation of the curvature of the likelihood surface around its maximum.  
158 If multiple CPU cores are available, these resources are exploited within the procedure of selection  
159 of the smoothing parameter where the computation can be split between the different cross values  
160 in the cross-validation. Multicore processing is also applied in the procedure of selection of the grid  
161 resolution where computation can be split between different values of the resolution parameter  $R$ .  
162 All the code and data needed to reproduce our results on simulated and real datasets is available at  
163 <https://github.com/mrc-ide/mlesky-experiments>.

## 164 **RESULTS**

### 165 **Application to simulated phylogeny with constant population size**

166 A dated phylogeny was simulated with 200 tips sampled at regular intervals between 2000 and 2020,  
167 and a constant past population size function  $N_e(t) = 20$  (Figure S1). To illustrate the importance of  
168 the resolution  $R$  and precision  $\tau$  parameters, we inferred the demographic function under the *skygrid*

169 model (cf Equation 1) for a grid of values with  $R \in \{5, 20, 50\}$  and  $\tau \in \{1, 10, 20\}$  (Figure 1). The  
170 results look quite different depending on the parameters used, and in particular when  $R$  is large and  $\tau$   
171 is small, fluctuation in the population size are incorrectly inferred. When applying the AIC procedure  
172 to this dataset, the correct value of  $R = 1$  was inferred for which the parameter  $\tau$  becomes irrelevant.  
173 In these conditions the effective population size was estimated to be 19.65 with confidence interval  
174 ranging from 17.10 to 22.57 which includes the correct value of 20 used in the simulation. We repeated  
175 the AIC procedure for 100 different phylogenies all which had been simulated under the same constant  
176 population size conditions described above. For 65 of these phylogenies the AIC procedure selected  
177  $R = 1$ , with the third quartile falling on  $R = 3$  and 94% of the simulations giving  $R \leq 5$ . We also  
178 applied the BIC procedure for the same 100 phylogenies, and found that  $R = 1$  was selected in all but  
179 one instance for which  $R = 2$  was inferred. However, the BIC is well known to be overly conservative  
180 (Kuha 2004; Weakliem 1999) and so the rest of results make use of the AIC procedure.

## 181 **Application to simulated phylogeny with varying population size**

182 Next we simulated a dated phylogeny with the same number and dates of the tips as previously,  
183 but using a demographic function  $N_e(t)$  that was sinusoidal with minimum 2 and maximum 22, with  
184 period 6.28 years. Figure S2 shows both the demographic function used and the resulting simulated  
185 phylogeny. We attempted to reconstruct the demographic function based on the phylogeny under the  
186 three models *skygrid*, *skygrowth* and *skysigma* described in Equations 1, 3 and 5, respectively. For  
187 each model the precision parameter  $\tau$  was optimised using our new cross-validation procedure and the  
188 number of pieces was set to be  $R = 20$  for ease of comparison. The results obtained in these conditions  
189 were very similar under the three models (Figure 2). This suggests that when the precision parameter is  
190 optimised using the cross-validation method, the choice between these three models becomes relatively  
191 unimportant. The same conclusions when reached when comparing the results of inference based on  
192 the three models to other simulated phylogenies. The choice of using one model rather than another is  
193 therefore mostly guided by the presence of covariate data and whether these are expected to correlate  
194 with the effective population size directly or some other function of it such as the population growth  
195 rates (Gill et al. 2016; Volz and Didelot 2018).

196 One situation in which all models are expected to perform poorly is when then there are sudden changes

197 to the demographic function. To exemplify this, we simulated another dated phylogeny with the same  
198 and dates of the tips as before, but using a bottleneck function for  $N_e(t)$  which was equal to 10 at all  
199 times except between 2005 and 2010 when it was equal to 1 (Figure 3A). The phylogeny simulated  
200 using this bottleneck function is shown in Figure 3B. We reconstructed the demographic function using  
201 the *skygrid* model. The lowest value of the AIC was obtained for  $R = 14$ , and the precision parameter  
202 was optimised using the cross-validation procedure to  $\tau = 0.87$ . The inferred demographic function is  
203 shown in Figure 3C, where the bottleneck between 2005 and 2010 has been accurately detected.

## 204 Application to simulated phylogeny with covariate data

205 Finally, we used simulations to test our procedure for the analysis of association between demography  
206 and covariate data. An example is shown in Figure S3 where the covariate data follows a simple  
207 quadratic function in order to create a boom and bust dynamic (Figure S3A). The growth rate of  
208 the population however does not follow exactly this function, and is subjected to monthly Gaussian  
209 noise with standard deviation 0.4 in this case (Figure S3B). From this growth rate we compute the  
210 effective population size function over time (Figure S3C) and simulate a phylogenetic tree as previously,  
211 with 200 tips sampled at regular intervals between 2000 and 2020 (Figure S3D). We then analysed  
212 this simulated phylogeny alongside the covariate data, and found in this case a strong association  
213 with coefficient  $\beta = 0.77$ . We repeated this procedure 100 times with increasing values of the noise  
214 standard deviation and the results are summarised in Figure S4. As expected, we found that as the  
215 noise increases, the coefficient of association  $\beta$  between growth rate and the covariate decreases, and  
216 eventually the association becomes non-significant with an estimated coefficient of association close to  
217 zero.

## 218 Application to *Vibrio cholerae* dataset

219 We applied our methodology to a previously described collection of 260 genomes from the seventh  
220 pandemic of *Vibrio cholerae* (Didelot et al. 2015). A genealogy was estimated in this previous study  
221 using an early version of BactDating (Didelot et al. 2018), and it is reproduced in Figure 4A. We  
222 applied the AIC procedure to determine that the demographic function would be modelled using

223  $R = 16$  pieces. The precision parameter was optimised to a value of  $\tau = 1.84$  using the cross-validation  
224 procedure. The whole analysis took less than 20 seconds on a standard laptop computer. The inferred  
225 demographic function is shown in Figure 4B. A first peak was detected in the 1960s, followed by a  
226 second peak in the 1970s and finally a third peak in the 1990s. This demographic function follows  
227 closely on the previously described three “waves” of cholera spreading globally from the Bay of Bengal  
228 (Mutreja et al. 2011; Didelot et al. 2015; Weill et al. 2017). However, these three waves had previously  
229 been described based on phylogeographic reconstructions of the spread of the pandemic around the  
230 world. The fact that we found a similar wave pattern in our analysis which did not include any  
231 information about the geographical origin of the genomes provides further support for the validity of  
232 this phylodynamic reconstruction.

## 233 **Estimating the impact of non-pharmaceutical interventions for COVID-19** 234 **in England**

235 We applied our methodology to the SARS-CoV-2 epidemic in England using data from the first  
236 epidemic wave spanning the spring of 2020. By incorporating data on timing of public health measures  
237 such as lockdowns, we estimated the association on non-pharmaceutical interventions (NPIs) with viral  
238 transmission. The COVID-19 Genomics UK Consortium (COG-UK) was established on 23rd March  
239 2020 and has coordinated a large-scale sequencing and bioinformatics effort to assist with COVID-19  
240 surveillance and response (COG-UK Consortium 2020). The proportion of cases with a virus genome  
241 has varied over time and increased rapidly in April 2020 following the establishment of large-scale  
242 national sequencing laboratories. In order to facilitate molecular clock dating, we carried out a stratified  
243 random sample of genomes between 1st January and 30th April 2020 ensuring good representation of  
244 sequences across a wide range of calendar time. Sequences were ordered by sample date, binned by  
245 day, and randomly selected from each bin. Duplicate sequences were removed. Repeating this process  
246 ten times resulted in ten distinct sequence sub-samples with a mean of 4,217 sequences each.

247 As part of the COG-UK bioinformatics pipeline, a maximum likelihood tree is estimated at regular  
248 intervals on the MRC-CLIMB infrastructure (Nicholls et al. 2021). We pruned these trees to retain  
249 samples in each of our sequence sub-samples. Each of these sub-trees was then converted into time-  
250 scaled phylogenies using *treedater* v0.5.1 (Volz and Frost 2017) by randomly resolving polytomies in the

251 tree and sampling a molecular clock rate of evolution from a normal distribution with mean  $5.91 \times 10^{-4}$   
252 substitutions per site per year and standard deviation  $1.92 \times 10^{-5}$ , based on previous analysis of SARS-  
253 CoV-2 in the UK (Volz et al. 2021). In all, 100 time trees were estimated representing uncertainty in  
254 phylogenetic dating and sampling variation. The *skysigma* model was fitted to the trees by maximizing  
255 the combined (average) likelihood. Maximum likelihood estimates were also computed for each tree  
256 and 95% quantiles were used to quantify the uncertainty in the parameter estimates. The results are  
257 shown in Figure 5A for the estimation of the effective population size function and in Figure 5B for the  
258 estimation of the basic reproduction number over time. The latter is calculated as  $R(t) = \rho(t)\Psi + 1$   
259 where  $\rho(t)$  is the growth rate of the effective population size  $N_e(t)$  estimated through time and  $\Psi$  is  
260 the mean of the serial interval (Wallinga and Lipsitch 2007; Volz and Didelot 2018). The value  $\Psi = 6.5$   
261 days was used based on previous studies of infector-infectees pairs (Chan et al. 2020; Bi et al. 2020;  
262 Wu et al. 2020).

263 The estimated peak of the epidemic occurred on 1st April 2020, eight days after the imposition of the  
264 first national lockdown, illustrated by the red boxes in Figure 5. The rise and fall in  $N_e(t)$  precedes a  
265 similar dynamic in the number of confirmed cases by several weeks (Figure 5A), which is as expected  
266 since the case ascertainment rate was initially very low and improved dramatically in April. On the  
267 other hand, the estimated  $N_e(t)$  is approximately consistent with the number of genomic sequences  
268 available over time (Figure 5C). The estimated  $R(t)$  decreased gradually in the three weeks preceding  
269 the start of the national lockdown (Figure 5B). This may be due to changing behaviour prior to the  
270 national lockdown and a changing proportion of cases due to travel-related importation. Travel-linked  
271 cases declined while internal transmission increased throughout March and April (du Plessis et al.  
272 2021).

273 To test for association between growth rates and NPIs, we also fitted the model to both the genealogical  
274 data and the OxCGRT health containment index (Hale et al. 2020), a time series representing the  
275 intensity of the public health response. A higher value of this index indicates more stringent NPIs.  
276 The model was fitted under the assumption that the differential of the logarithm of  $N_e(t)$  follows  
277 differential of the OxCGRT index, which approximately corresponds to the hypothesis that the basic  
278 reproduction number  $R(t)$  follows the daily change in the index (Volz and Didelot 2018). The median  
279 estimated epidemic trajectories are very similar when including this covariate (Figure 5A), and we  
280 observe improved precision in the estimate of the reproduction number (Figure 5B).

281 Figure 6 shows the coefficient  $\beta$  which represents the estimated strength of association between the  
282 reproduction number and the daily change in the OxCGRT index. A negative value of  $\beta$  indicates  
283 a negative association between changes in NPIs and the reproduction number. We investigated how  
284 the estimate of  $\beta$  depends on a lag (back-shift) between the value of the index and the demographic  
285 function. The largest effects (most negative values) were found when shifting the index back 8 days,  
286 which means relating the values of the index to the reproduction number 8 days later. In contrast,  
287 when changes in NPIs are compared to growth rates that precede them by several days (negative  
288 delay), the coefficient  $\beta$  is not significant.

## 289 DISCUSSION

290 Non-parametric phylodynamic inference of population size dynamics is usually carried out in a Bayesian  
291 framework (Drummond et al. 2005; Minin et al. 2008; Gill et al. 2013). Here we presented methods  
292 for performing such inference in a frequentist setting with a particular view towards model selection  
293 and avoiding over-fitting. Optimal smoothing can be obtained in a natural way using standard cross-  
294 validation methods, and the optimal resolution of the discretised demographic function is achieved  
295 using the well-established AIC criterion. This approach can be advantageous when prior distributions  
296 are difficult to design or results are sensitive to arbitrarily chosen priors. Methods based on likelihood  
297 maximization are also fast and scalable to datasets much larger than is conventionally studied with  
298 Bayesian methods, and the selection of smoothing parameters does not require arbitrarily chosen  
299 hyperparameters. Conventional AIC metrics also alleviate the difficulty of model selection. In most of  
300 our simulations, we find relatively little difference in our estimates when parameterizing the model in  
301 terms of  $\log(N_e(t))$  (Equation 1), the growth rate of  $N_e(t)$  (Equation 3) or the second order variation  
302 of  $\log(N_e(t))$  (Equation 5), as long as the precision parameter  $\tau$  for each model is optimized as we  
303 proposed.

304 Our methodology assumed that a dated phylogeny has been previously reconstructed from the genetic  
305 data. It is therefore well suited for the post-processing analysis of the outputs from *treedater* (Volz  
306 and Frost 2017) or *TreeTime* (Sagulenko et al. 2018). A key assumption of our method, as with  
307 its Bayesian counterparts, is that all samples in the phylogeny come from a single population ruled

308 by a unique demographic function. To ensure that this is indeed the case, complementary methods  
309 are emerging that can test for the presence or asymmetry or hidden population structure in dated  
310 phylogenies (Dearlove and Frost 2015; Volz et al. 2020). Conversely, if multiple phylogenies follow the  
311 same demographic dynamic, they can be analysed jointly to provide a more precise reconstruction  
312 of the demographic function and epidemiological parameters (Xu et al. 2019), and our software  
313 implementation is able to perform such a joint analysis when appropriate.

314 Past variations in the effective population size of a pathogen population can reveal key insights into  
315 past epidemiological dynamics and help make predictions about the future. It is important to note  
316 that the effective population size is not generally equal to or even proportional to the number of  
317 infections over time (Volz et al. 2009; Dearlove and Wilson 2013). On the other hand, the growth rate  
318 of the effective population size can be used to estimate the basic reproduction number over time  $R(t)$   
319 (Wallinga and Lipsitch 2007; Volz et al. 2013; Volz and Didelot 2018) as we used in our application  
320 to COVID-19 in England. Having good estimates of this quantity is especially important for assessing  
321 the effect of infectious disease control measures (Fraser 2007), and phylodynamic approaches provide  
322 a useful complementary approach to more traditional methods of estimation based on case report data  
323 (Cori et al. 2013).

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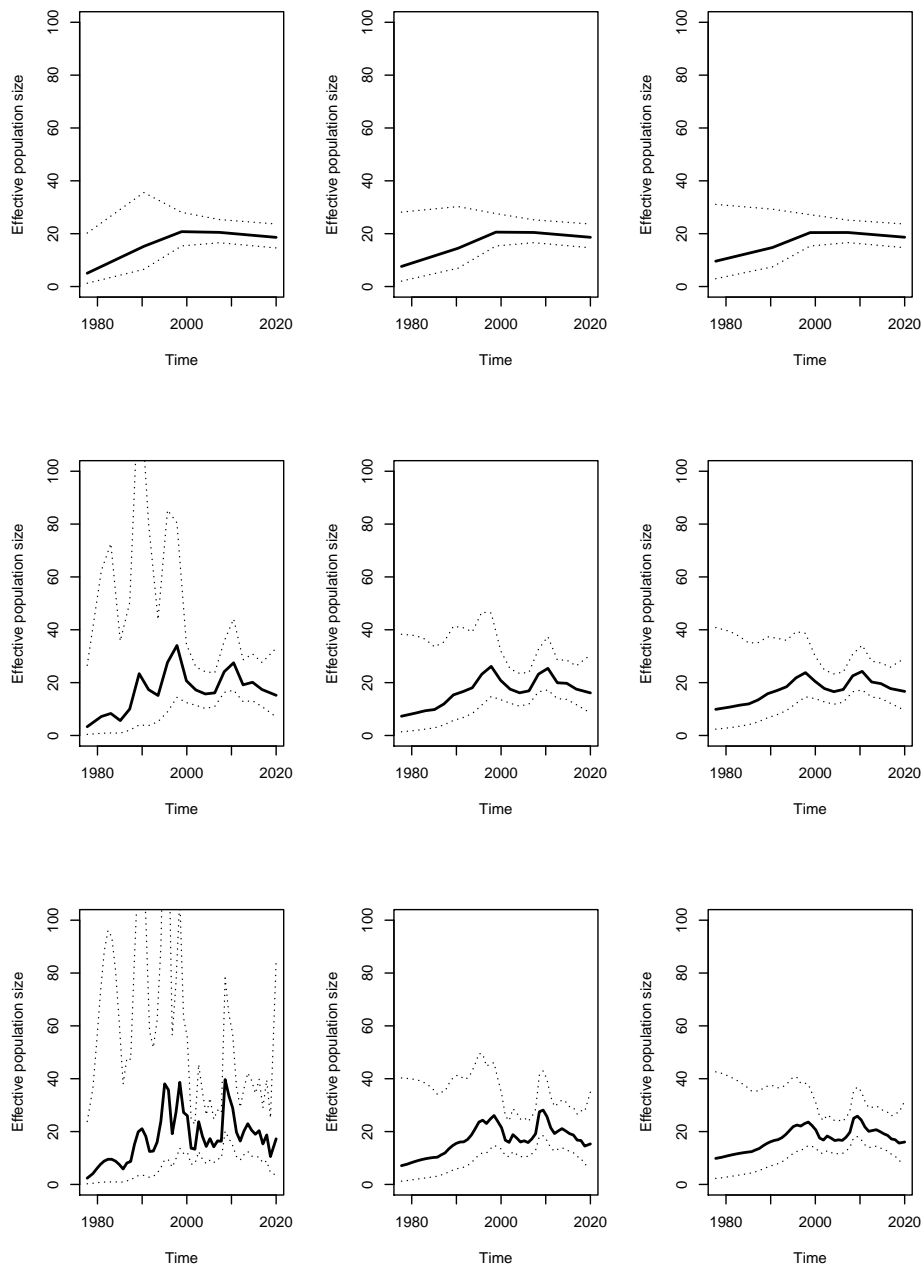


Figure 1: Result on simulated phylogeny shown in Figure S1 using the skyline model, from top to bottom  $R = 5, 20, 50$  and from left to right  $\tau = 1, 10, 20$ .

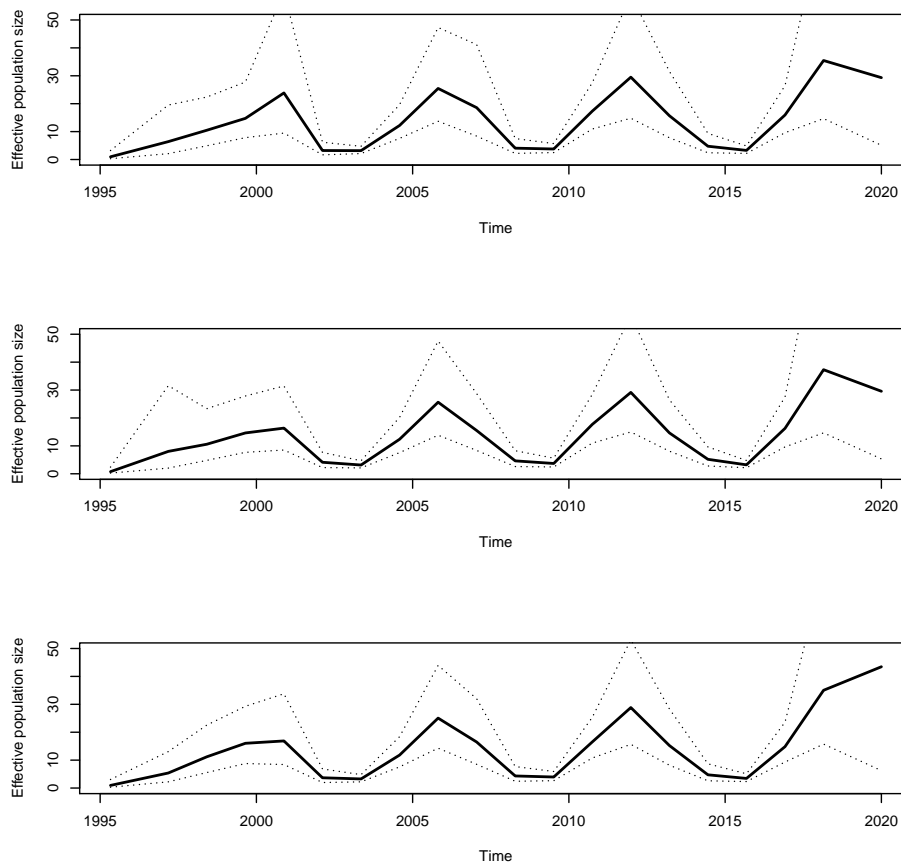


Figure 2: Result of applying the three different models (from top to bottom, *skygrid*, *skygrowth* and *skysigma*) to the phylogeny shown in Figure S2 which was simulated using a sinusoidal demographic function.

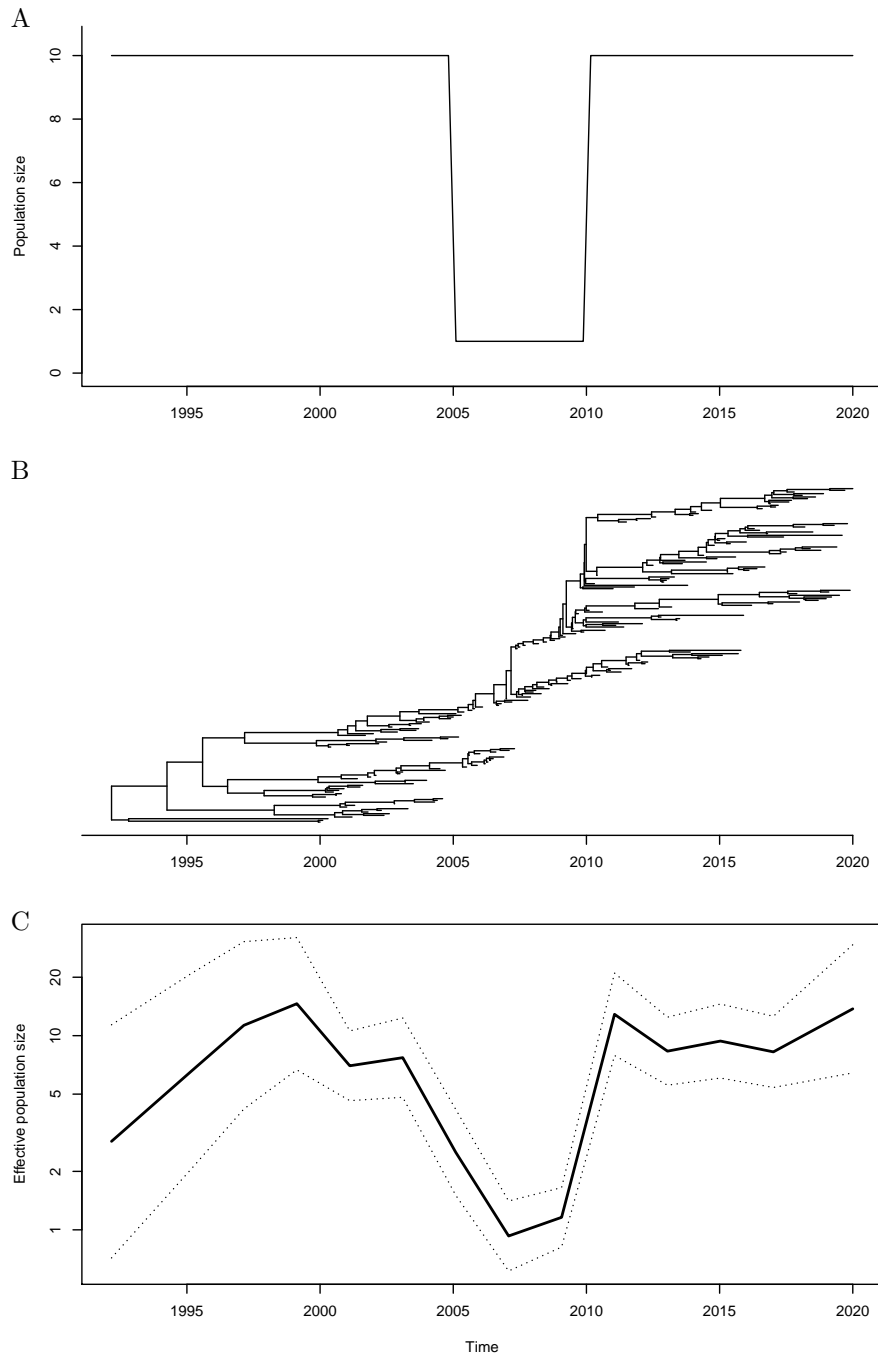
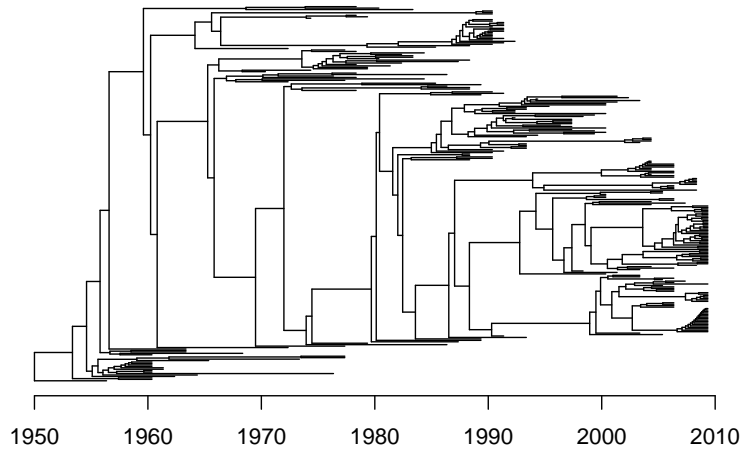


Figure 3: Demographic function (A), phylogeny (B) and inferred demographic function (C) for a simulated dataset under a bottleneck model.

A



B

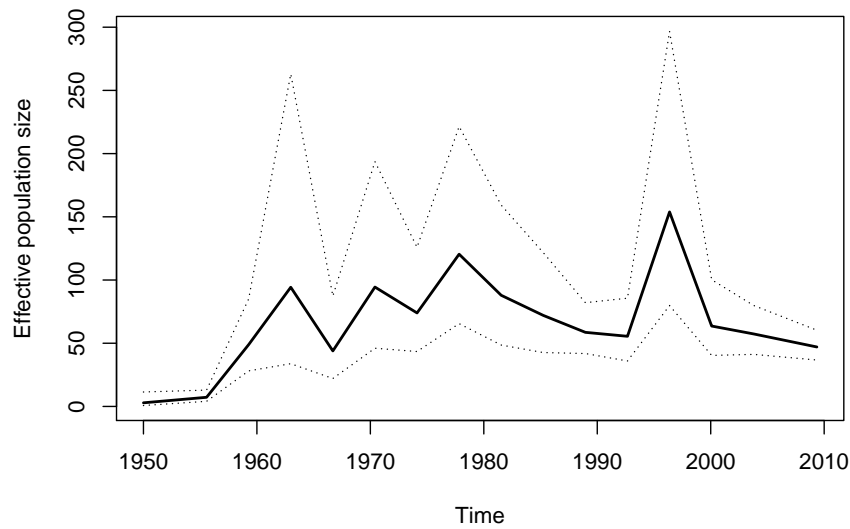


Figure 4: Analysis of the seventh pandemic of *Vibrio cholerae*. (A). Dated phylogeny used as the starting point of past population size inference. (B). Demographic function reconstructed based on the phylogeny above.

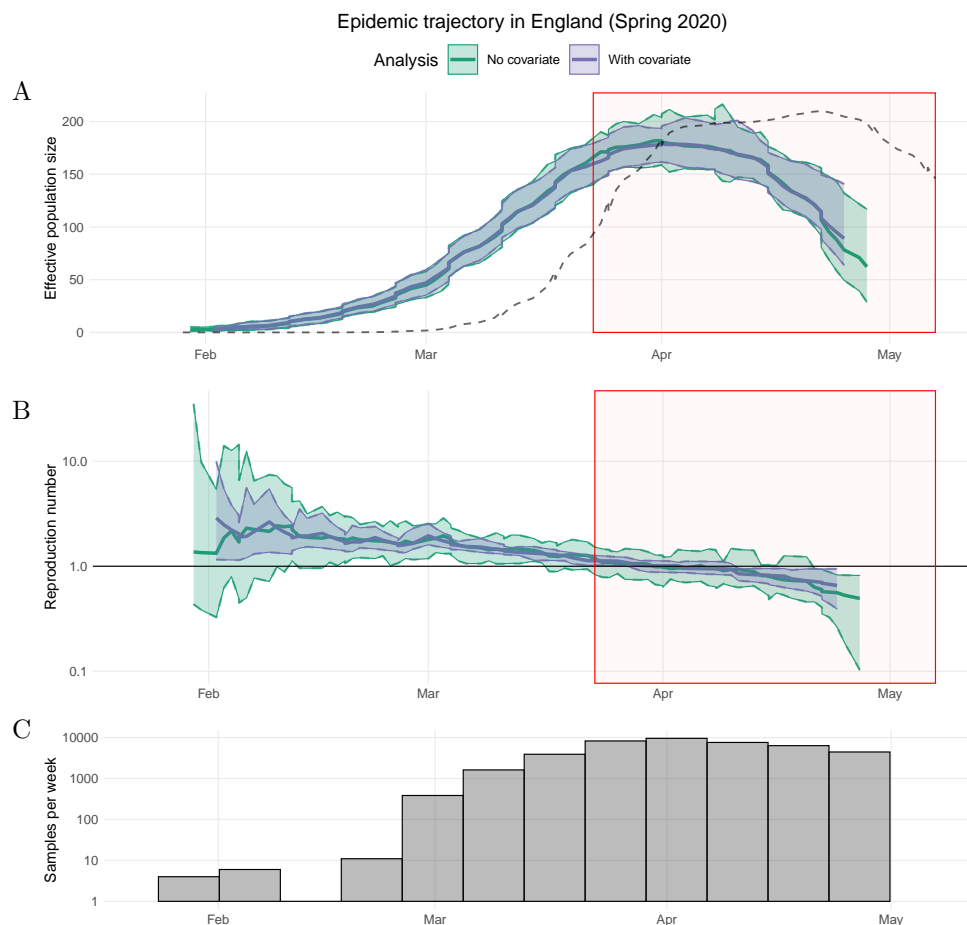


Figure 5: The epidemiological trajectory of SARS-CoV-2 in England during spring 2020. Thick solid lines and shaded areas represent the median and 95% quantiles of  $N_e(t)$  with (purple) and without (green) the OxCGRT health containment index as a covariate of  $N_e(t)$  growth rates. The model is fitted with no back-shift in the covariate. Red shaded area represents period of first national lockdown in England. Black dotted line represents daily confirmed cases (smoothed and rescaled). (A) Effective population size  $N_e(t)$  through time. (B) Reproduction number  $R(t)$  through time. (C) Frequencies of sample dates for tips in each sample week in the SARS-CoV-2 phylogenies.



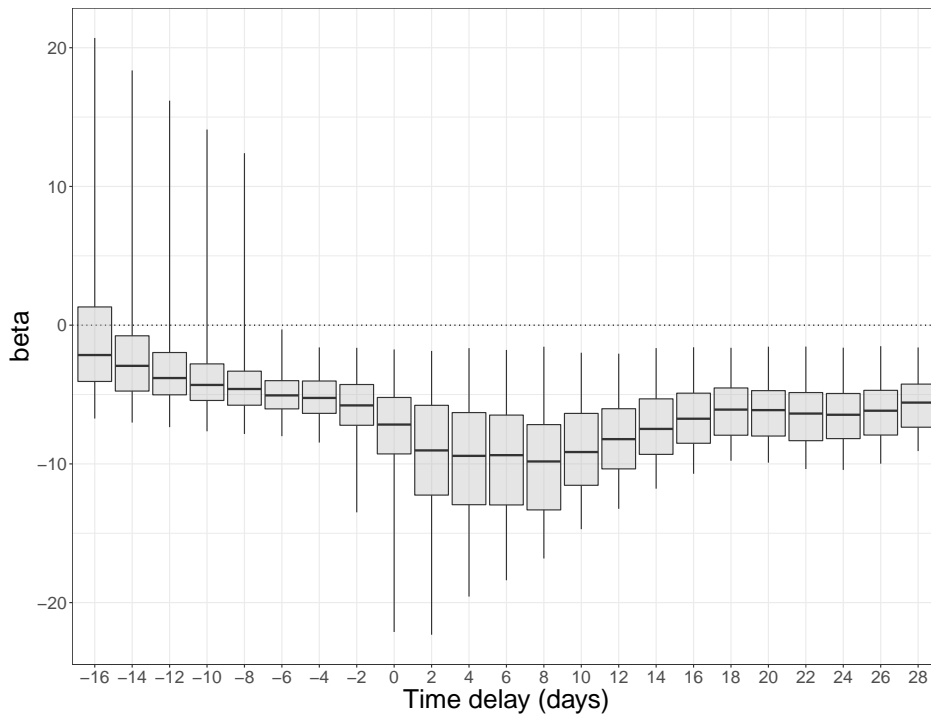


Figure 6: Distribution of association coefficients when testing for univariate association between daily changes in the OxCGRT health containment index and daily changes in the reproduction number of SARS-CoV-2 in England. Boxes represent the median and interquartile range; whiskers show 95% quantiles. A positive delay of 10 represents testing an association between the OxCGRT index at time  $t$  and the reproduction number at time  $t + 10$  days.

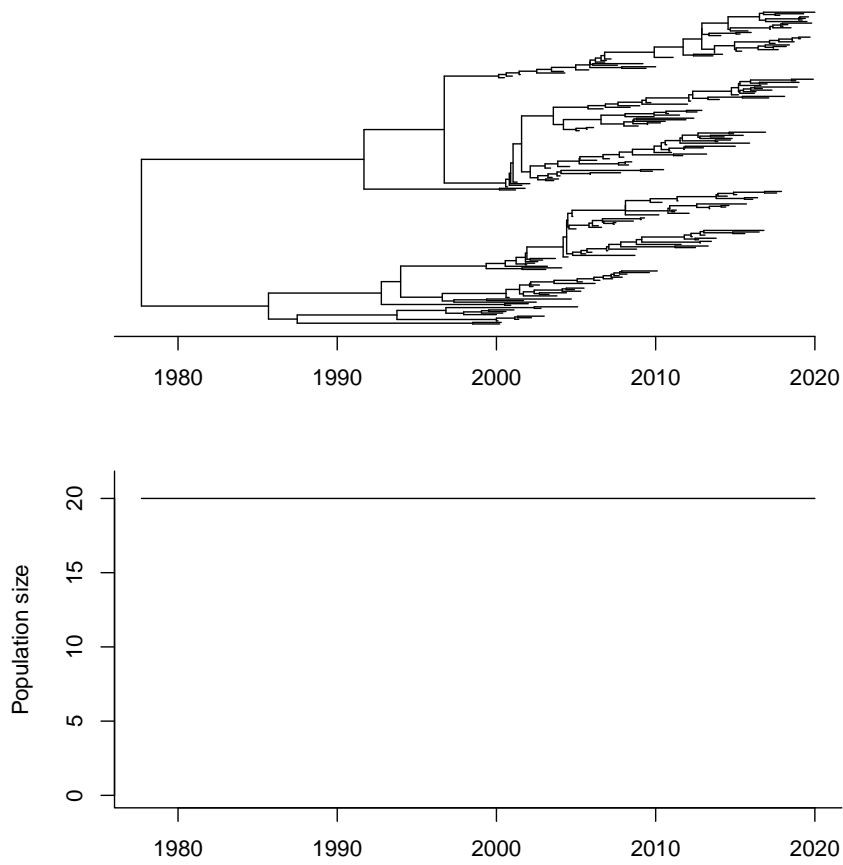


Figure S1: Simulated phylogeny using a constant demographic function.

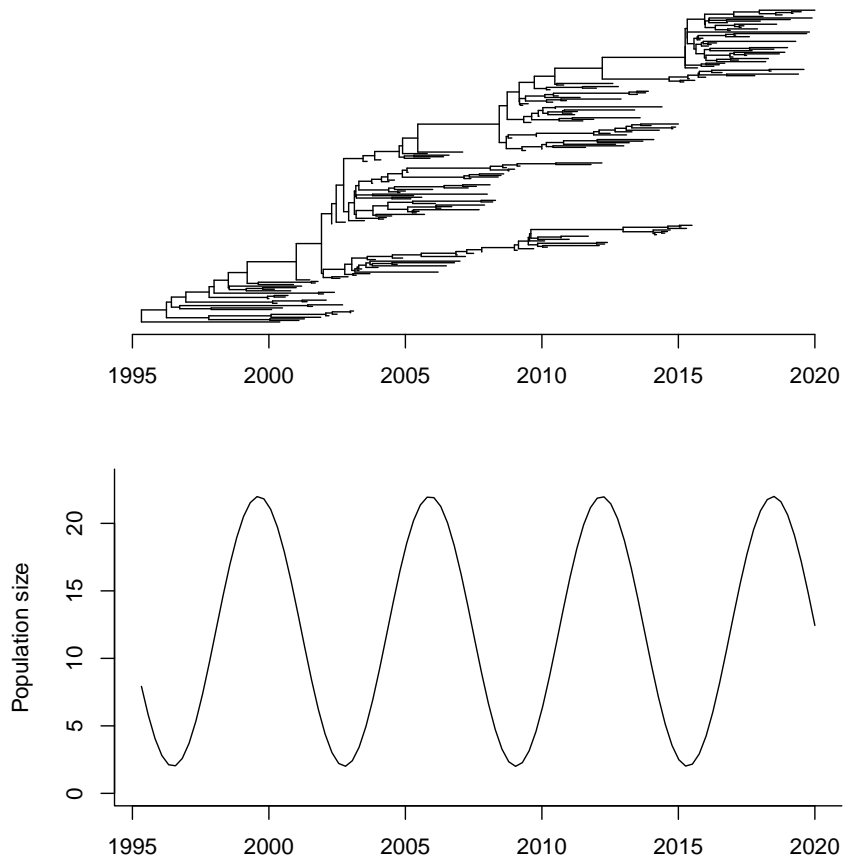
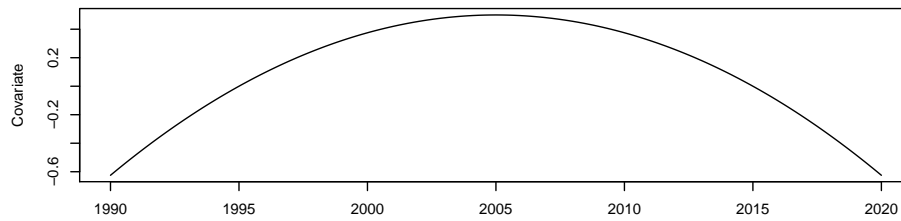
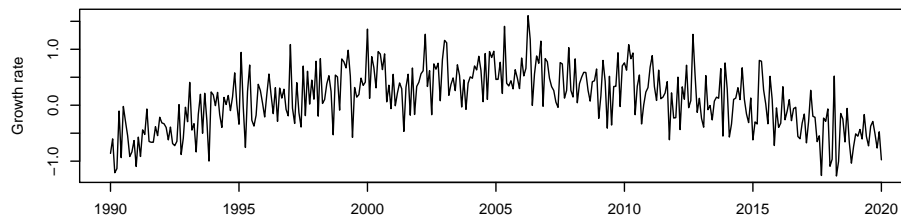


Figure S2: Simulated phylogeny using a sinusoidal demographic function.

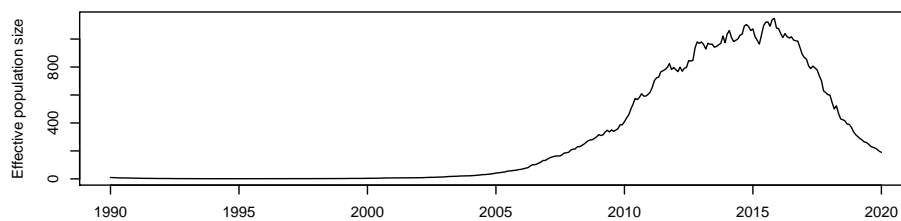
A



B



C



D

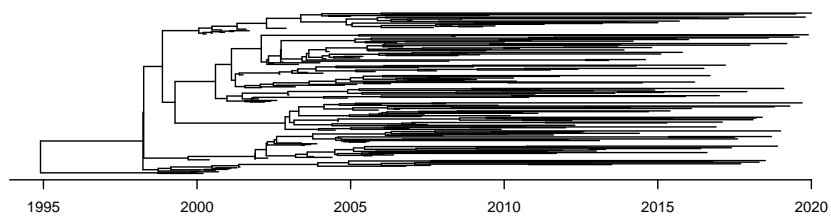


Figure S3: Example of simulation with covariate data driving the growth rate. (A) Covariate data following a quadratic function. (B) Growth rate equal to the covariate data plus some Gaussian noise. (C) Effective population size. (D) Dated phylogeny.

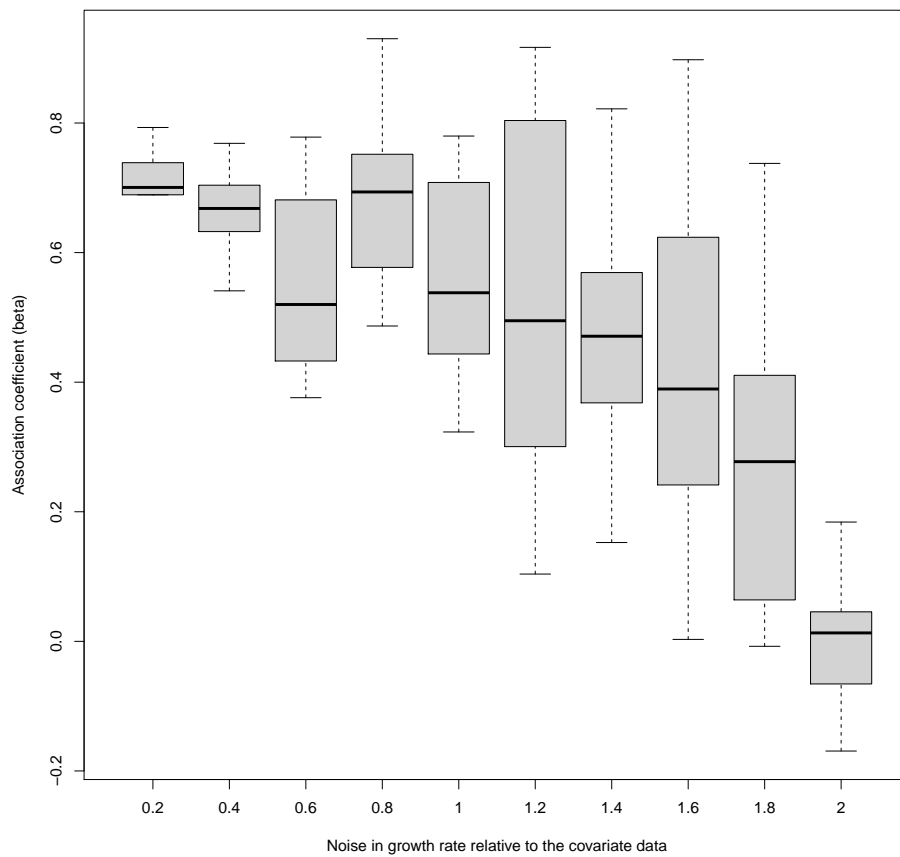


Figure S4: Results of the covariate analysis. For each value of the Gaussian noise (x-axis) ten simulations were performed and the inferred values of the association coefficient  $\beta$  are shown (y-axis) as boxplots.