## Pharmacological study of the mechanisms involved in the vasodilator effect produced by the acute application of triiodothyronine to rat aortic rings

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## **Abstract**

A relationship between thyroid hormones and the cardiovascular system has been well established in the literature. The present *in vitro* study aimed to investigate the mechanisms involved in the vasodilator effect produced by the acute application of  $10^{-8}$ – $10^{-4}$  M triiodothyronine ( $T_3$ ) to isolated rat aortic rings. Thoracic aortic rings from 80 adult male Wistar rats were isolated and mounted in tissue chambers filled with Krebs-Henseleit bicarbonate buffer in order to analyze the influence of endothelial tissue, inhibitors and blockers on the vascular effect produced by  $T_3$ .  $T_3$  induced a vasorelaxant response in phenylephrine-precontracted rat aortic rings at higher concentrations ( $10^{-4.5}$ – $10^{-4.0}$  M). This outcome was unaffected by  $3.1 \times 10^{-7}$  M glibenclamide,  $10^{-3}$  M 4-aminopyridine (4-AP),  $10^{-5}$  M indomethacin, or  $10^{-5}$  M cycloheximide. Contrarily, vasorelaxant responses to  $T_3$  were significantly (P < 0.05) attenuated by endothelium removal or the application of  $10^{-6}$  M atropine,  $10^{-5}$  M L-NG-nitroarginine methyl ester (L-NAME),  $10^{-7}$  M 1H-(1,2,4)oxadiazolo[4,3-a]quinoxalin-1-one (ODQ),  $10^{-6}$  M (9S,10R,12R)-2,3,9,10,11,12-Hexahydro-10-methoxy-2,9-dimethyl-1-oxo-9,12-epoxy-1H-diindolo[1,2,3-fg:3',2',1'-k/]pyrrolo[3,4-f] (1,6)benzodiazocine-10-carboxylic acid, methyl ester KT 5823,  $10^{-2}$  M tetraethylammonium (TEA), or  $10^{-7}$  M apamin plus  $10^{-7}$  M charybdotoxin. The results suggest the involvement of endothelial mechanisms in the vasodilator effect produced by the acute *in vitro* application of  $T_3$  to rat aortic rings. Possible mechanisms include the stimulation of muscarinic receptors, activation of the NO-cGMP-PKG pathway, and opening of  $Ca^{2^+}$ -activated  $K^+$  channels.

Key words: Triiodothyronine; Rat aorta; Vasorelaxation; NO-cGMP/PKG pathway; K<sup>+</sup> channels

## Introduction

Numerous experimental and clinical studies have demonstrated a relationship between thyroid hormones and the cardiovascular system, including reports of significant changes in cardiac function in patients with persistent subclinical thyroid dysfunction (1-5). Triiodothyronine  $(T_3)$  and thyroxine  $(T_4)$  are thyroid hormones present in plasma and peripheral tissues (6). T<sub>3</sub> is mostly generated by 5'-monodeiodination of T<sub>4</sub> in peripheral tissues (6,7). The acute application of T<sub>3</sub> has been linked to a vasorelaxant effect (3,8-12), which has both an endothelium-independent and endothelium-dependent component. The endothelium-independent effect predominates in physiological concentrations and the endotheliumdependent effect in supraphysiological concentrations (13). The vasorelaxant endothelium-dependent effect produced by T<sub>3</sub> has been linked to the activation of the endothelial

nitric oxide synthase (eNOS), via thyroid hormone receptor/phosphatidylinositol 3-kinase/protein kinase-B pathway (TR/PI3-kinase/Akt pathway) (14). However, further research is needed about the possible involvement of muscarinic receptors, the nitric oxide-cyclic guanosine monophosphate-protein kinase G pathway (NO-cGMP-PKG pathway), and K<sup>+</sup> channels in this vasorelaxant effect.

The present study aimed to analyze the effect of endothelium removal as well as the application of atropine, L-NG-nitroarginine methyl ester (L-NAME), 1H-(1,2,4)oxadiazolo[4,3-a]quinoxalin-1-one (ODQ), KT 5823, glibenclamide, 4-aminopyridine (4-AP), tetraethylammonium (TEA), apamin plus charybdotoxin, indomethacin and cycloheximide on the vasorelaxant response produced by supraphysiological concentrations ( $10^{-8}$ – $10^{-4}$  M) of T<sub>3</sub> in phenylephrine-precontracted rat aortic rings.

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## **Material and Methods**

#### **Animals**

Experiments were performed on isolated thoracic aortic rings of adult male Wistar rats (body weight 250–300 g). Rats (n=80) were purchased from the bioterium of the Higher School of Medicine in the National Polytechnic Institute (Mexico City, Mexico). Animals were housed in plastic cages in a special temperature-controlled room ( $22\pm2^{\circ}$ C, 50% humidity) on a 12:12 h light/dark cycle (lights on at 7:00 a.m.). The study was approved by the Animal Care Committee of the Higher School of Medicine and the protocol is in agreement with the 1986 Animals (Scientific Procedures) Act of the British Parliament (http://www.legislation.gov.uk/ukpga/1986/14/contents, accessed April 5, 2016).

### Preparation of aortic rings

Animals were euthanized by decapitation and the aortas were immediately excised and placed in cold buffer, cleaned and freed from surrounding connective tissue. The isolated arteries were cut into rings (4–5 mm long) and placed in 10 mL tissue chambers filled with Krebs-Henseleit bicarbonate buffer (1.18  $\times$  10<sup>-1</sup> M NaCl;  $4.7\times10^{-3}$  M KCl;  $1.2\times10^{-3}$  M KH2 PO4;  $1.2\times10^{-3}$  M MgSO4.7H2O;  $2.5\times10^{-2}$  M OaCl2 · 2H2O;  $2.5\times10^{-2}$  M NaHCO3;  $1.17\times10^{-2}$  M dextrose, and  $2.6\times10^{-5}$  M calcium disodium EDTA). In some experiments, the KCl concentration was increased to  $8\times10^{-2}$  M and that of Na+decreased to maintain osmotic equilibrium. Tissue baths, maintained at 37°C and pH 7.4, were bubbled with a mixture of 95% O2 and 5% CO2.

Aortic rings were mounted on two stainless steel hooks, one fixed to the bottom of the chamber and the other to a BIOPAC TSD125C-50g force transducer connected to a BIOPAC MP100A-CE data acquisition system (Biopac Systems, Inc., USA) in order to record the isometric tension. Optimal tension, selected from preliminary experiments, was the one that gave the greatest response to  $10^{-6}$  M phenylephrine. The rings were given 2 g (100%) of initial tension and allowed to equilibrate for 2 h. Thirty minutes after setting up the organ bath, tissues were contracted with  $10^{-6}$  M phenylephrine to test their contractile responses.

Endothelium-denuded aortic strips were prepared by turning the rings gently several times on the distal portion of small forceps. Endothelial integrity was pharmacologically assessed with acetylcholine-induced vaso-dilatation (10<sup>-6</sup> M). Segments showing no relaxation to acetylcholine were considered to be endothelium-denuded. After exposure to 10<sup>-6</sup> M phenylephrine or 10<sup>-6</sup> M acetylcholine, tissues were rinsed three times with Krebs solution to restore basal tension.

## **Drugs**

All drugs except T3 were purchased from Sigma-Aldrich Co. (USA).  $T_3$  was a gift from Productos Medix, S.A. de C.V (Mexico). Atropine, L-NAME, 4-AP, TEA and

cycloheximide were dissolved in distilled water. Solutions of  $10^{\text{-5}}$  M ODQ,  $10^{\text{-4}}$  M KT 5823,  $10^{\text{-5}}$  M apamin plus  $10^{\text{-5}}$  M charybdotoxin and  $10^{\text{-3}}$  M indomethacin were prepared by using 1.39 M dimethyl sulfoxide, 1.01 M ethyl acetate, 1.73 M acetic acid and  $9.4\times10^{\text{-3}}$  M sodium bicarbonate, respectively. Solutions of  $T_3$  were prepared with serial dilutions as follows: a stock solution of  $10^{\text{-2}}$  M  $T_3$  was made in an aqueous solution of 2.5 M NaOH, and subsequently dilutions of  $10^{\text{-2.5}}$ ,  $10^{\text{-3}}$ ,  $10^{\text{-3.5}}$ ,  $10^{\text{-4}}$ ,  $10^{\text{-4.5}}$ ,  $10^{\text{-5}}$ ,  $10^{\text{-5.5}}$  and  $10^{\text{-6}}$  M  $T_3$  were prepared in  $1.38\times10^{\text{-3}}$ ,  $1.38\times10^{\text{-1}}$ ,  $1.38\times10^{\text{-2}}$ ,  $1.38\times10^{\text{-2}}$ ,  $1.38\times10^{\text{-3}}$  and  $1.38\times10^{\text{-4}}$  M NaOH, respectively. Fresh solutions were made for each experiment.

#### **Experimental protocol**

To determine the mechanisms involved in the relaxant effect induced by  $\mathsf{T}_3$  on phenylephrine-precontracted rat aortic rings, two main sets of experiments were performed.

First set of experiments. Thirty minutes after restoration of basal tension (see Preparation of aortic rings section). 10<sup>-6</sup> M phenylephrine was added to rat aortic rings with or without endothelium. Twenty minutes later, the phenylephrine-induced contraction plateaued. Thirty minutes after adding phenylephrine, T<sub>3</sub> began to be cumulatively added (10<sup>-8</sup>–10<sup>-4</sup> M) in intervals of around 4 min. Tension is reported as a percentage of the phenylephrineinduced contraction  $(3.79 \pm 0.16 \, a = 100\% \, for endothelium$ intact rat aortic rings and  $4.21 \pm 0.13$  g = 100% for endothelium-denuded rings). With cumulative addition into the tissue chambers, dilutions of T<sub>3</sub> (prepared in aqueous solutions of NaOH; see Drugs section) reached concentrations of  $2.5 \times 10^{-2}$ ,  $1.38 \times 10^{-2}$ ,  $1.38 \times 10^{-3}$ ,  $1.38 \times 10^{-3}$ ,  $1.38 \times 10^{-4}$ ,  $1.38 \times 10^{-4}$ ,  $1.38 \times 10^{-5}$ ,  $1.38 \times 10^{-5}$ ,  $1.38 \times 10^{-6}$ and  $1.38 \times 10^{-6}$  M NaOH.

Second set of experiments. Thirty min after adding 10<sup>-6</sup> M phenylephrine (see first set of experiments), rat aortic rings with intact endothelium were preincubated for 30 min with one of the inhibitors, blockers or vehicles: i) 10<sup>-6</sup> M atropine, ii) 10<sup>-5</sup> M L-NAME, iii) 10<sup>-7</sup> M ODQ, iv)  $10^{-6}$  M KT 5823, v)  $3.1 \times 10^{-7}$  M glibenclamide, vi)  $10^{-3}$ M 4-AP, vii)  $10^{-2}$  M TEA, viii)  $10^{-7}$  M apamin plus  $10^{-7}$  M charybdotoxin, ix)  $10^{-5}$  M indomethacin, x)  $10^{-5}$  M cycloheximide, xi) distilled water (vehicle of atropine, L-NAME, 4-AP, TEA, and cycloheximide), xii)  $1.39 \times 10^{-2}$ M dimethyl sulfoxide (vehicle of ODQ), xiii)  $1.01 \times 10^{-2}$  M ethyl acetate (vehicle of KT 5823), xiv)  $1.73 \times 10^{-2}$  M acetic acid (vehicle of apamin plus charybdotoxin), or xv)  $9.4 \times 10^{-5}$  M sodium bicarbonate (vehicle of indomethacin). Subsequently, T3 was cumulatively added in approximately 4-min intervals to reach a concentration between 10<sup>-8</sup> and 10<sup>-4</sup> M. Once reaching the desired concentration, the vasorelaxant response of the rings was assessed.

## Data analysis and statistics

Data are reported as means ± SE. In all experiments, n equals the number of animals from which aortic segments

were obtained (8 in each case). Values of maximal vasorelaxation ( $E_{max}$ ) were analyzed by Student's *t*-test. Effects of inhibitors/blockers on the vasorelaxant responses produced by  $T_3$  on phenylephrine-precontracted aortic segments were analyzed by a two-way analysis of variance (ANOVA), which was followed by a Student-Newman-Keul's *post hoc* test. Statistical significance was considered at P<0.05 (15). Statistical analyses were performed with the SigmaPlot 12 program (Systat Software Inc., USA).

### Results

## Effect of T3 on endothelium-intact and -denuded phenylephrine-precontracted rat aortic rings

Figure 1A and B shows typical traces of the effect produced by the *in vitro* application of dilutions of NaOH (vehicle of  $T_3$ ) and  $10^{-8}$ – $10^{-4}$  M  $T_3$  on phenylephrine-precontracted rat aortic rings with intact endothelium. The addition of  $10^{-6}$  M phenylephrine to rat aortic rings produced a sustained contraction. The cumulative addition of  $T_3$  ( $10^{-8}$ – $10^{-4}$  M) produced a concentration-dependent vasorelaxant response, which was not observed with the vehicle (dilutions of NaOH). Figure 1C shows the effect

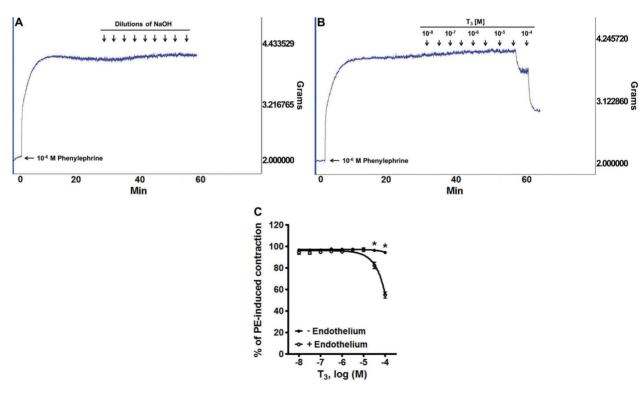
of the cumulative addition of  $10^{\text{-8}}$ – $10^{\text{-4}}$  M T $_3$  to phenylephrine-precontracted rat aortic rings. When comparing endothe-lium-intact and -denuded rings, the E $_{\text{max}}$  was  $45.09 \pm 2.77$  vs  $5.44 \pm 0.97\%$ , respectively, representing a significant difference (P < 0.05).

## Effect of atropine on the vasorelaxation induced by T3 in phenylephrine-precontracted rat aortic rings

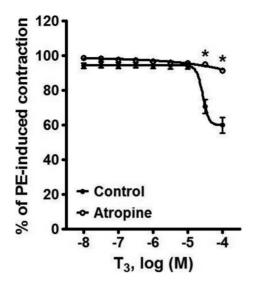
Figure 2 shows the effect of  $10^{-6}$  M atropine on the vasorelaxation induced by  $10^{-8}$ – $10^{-4}$  M T $_3$  in phenylephrine-precontracted rat aortic rings. When comparing the absence and presence of atropine, the values of  $E_{max}$  were  $40.10 \pm 4.64$  vs  $8.51 \pm 1.07$ , respectively, representing a significant difference (P < 0.05).

## Effect of L-NAME, ODQ and KT 5823 on the vasorelaxation induced by T3 in phenylephrine-precontracted rat aortic rings

Figure 3 shows the effect of  $10^{-5}$  M L-NAME (A),  $10^{-7}$  M ODQ (B) and  $10^{-6}$  M KT 5823 (C) on the vasorelaxation induced by  $10^{-8}$ – $10^{-4}$  M T<sub>3</sub> in phenylephrine-precontracted rat aortic rings. The values of E<sub>max</sub> from segments treated with T<sub>3</sub> yielded a significant difference (P<0.05) when



**Figure 1.** Original experimental tracings illustrating the *in vitro* effect in phenylephrine (PE)-precontracted rat aortic rings produced by the application of: A, dilutions of NaOH (vehicle of  $T_3$ ), B,  $10^{-8}$ – $10^{-4}$  M  $T_3$ . A  $T_3$ -induced vasorelaxant response can be seen at the highest concentrations of this hormone. Similar results were obtained in all assays (n=8). Endothelial denudation blocked the vasorelaxation produced by higher concentrations of  $T_3$  in PE-precontracted rat aortic rings (C). Data are reported as means  $\pm$  SE (n=8 for each group). \*P < 0.05 vs control (two-way ANOVA).



**Figure 2.** Pre-incubation with  $10^{-6}$  M atropine blocked the vasorelaxation produced by higher concentrations of  $T_3$  in phenylephrine (PE)-precontracted rat aortic rings. Data are reported as means  $\pm$  SE (n=8). \*P<0.05 vs control (two-way ANOVA).

comparing the absence and presence, respectively, of each compound:  $49.03\pm3.29~vs~7.74\pm2.62\%$  for L-NAME,  $47.42\pm1.74~vs~5.75\pm1.51\%$  for ODQ, and  $48.90\pm2.59~vs~4.43\pm1.33\%$  for KT 5823.

## Effect of glibenclamide, 4-AP, TEA, and apamin plus charybdotoxin on the vasorelaxation induced by T3 in phenylephrine-precontracted rat aortic rings

Figure 4 shows the effect of  $3.1\times10^{-7}$  M glibenclamide (A),  $10^{-3}$  M 4-AP (B),  $10^{-2}$  M TEA (C), and  $10^{-7}$  M apamin plus  $10^{-7}$  M charybdotoxin (D) on the vasorelaxation induced by  $10^{-8}$ – $10^{-4}$  M T $_3$  in phenylephrine-precontracted rat aortic rings. The values of  $E_{max}$  represented a significant difference (P < 0.05) only when comparing the absence and presence, respectively, of the latter two compounds:  $39.87\pm2.29~vs$   $47.97\pm4.54\%$  for glibenclamide,  $42.97\pm2.44~vs$   $43.20\pm2.65\%$  for 4-AP, 47.11  $\pm2.12~vs$   $5.34\pm1.50\%$  for TEA, and  $41.44\pm3.82~vs$   $8.69\pm1.97\%$  for apamin plus charybdotoxin.

## Effect of indomethacin and cycloheximide on the vasorelaxation induced by T3 in phenylephrine-precontracted rat aortic rings

Figure 5 shows the effect of  $10^{-5}$  M indomethacin (A) and  $10^{-5}$  M cycloheximide (B) on the vasorelaxation induced by  $10^{-8}$ – $10^{-4}$  M T $_3$  in phenylephrine-precontracted rat aortic rings. The difference in the values of  $E_{max}$  when comparing the absence and presence, respectively, of each compound were not significant:  $33.54 \pm 1.80$  vs  $37.77 \pm 1.85\%$  for indomethacin and  $45.44 \pm 2.88$  vs  $42.08 \pm 1.50\%$  for cycloheximide.

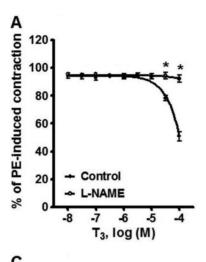
# Effect of distilled water, dimethyl sulfoxide, ethyl acetate, acetic acid and sodium bicarbonate on the vasorelaxation induced by T3 in phenylephrine-precontracted rat aortic rings

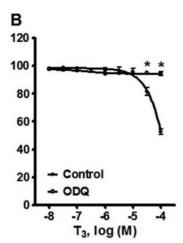
Figure 6 shows the effect on the vasorelaxation induced by  $10^{-8}$ – $10^{-4}$  M T $_3$  in phenylephrine-precontracted rat aortic rings produced by distilled water (vehicle of atropine, L-NAME, 4-AP, TEA and cycloheximide (A),  $1.39 \times 10^{-2}$  M dimethyl sulfoxide (vehicle of ODQ; B),  $1.01 \times 10^{-2}$  M acetate (vehicle of KT 5823; C),  $1.73 \times 10^{-2}$  M acetic acid (vehicle of apamin plus charybdotoxin; D), and  $9.4 \times 10^{-5}$  M sodium bicarbonate (vehicle of indomethacin; E). The difference in the values of  $E_{max}$  in the absence and presence, respectively, of each compound was not significant in any case:  $39.56 \pm 1.27$  vs  $42.36 \pm 1.31\%$  for distilled water,  $38.73 \pm 0.48$  vs  $33.47 \pm 1.10\%$  for dimethyl sulfoxide,  $41.45 \pm 1.51$  vs  $44.12 \pm 1.60\%$  for ethyl acetate,  $36.31 \pm 2.58$  vs  $34.99 \pm 1.01\%$  for acetic acid, and  $37.20 \pm 1.89$  vs  $31.93 \pm 4.67\%$  for sodium bicarbonate.

#### **Discussion**

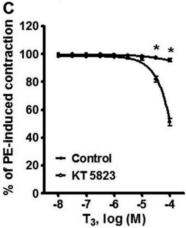
The acute (immediate) application of T<sub>3</sub> produced an immediate vasorelaxant effect in endothelium-intact but not in endothelium-denuded phenylephrine-precontracted rat aortic rings, suggesting that this thyroid hormone produces an endothelium-dependent vasorelaxation. This vasorelaxant effect was statistically significant at higher concentrations of T<sub>3</sub> (10<sup>-4.5</sup>–10<sup>-4.0</sup> M), in line with previous findings in which the endothelium-dependent effect produced by T<sub>3</sub> was most obvious in supraphysiological concentrations (13). However, our findings are in contrast with a previous report in segments of endothelium-denuded rat thoracic aorta, in which incubation for 30 min with 10<sup>-7</sup> M T<sub>3</sub> decreased the phenylephrine-induced contractile response (16). A possible explanation for this discrepancy could be that 10<sup>-7</sup> M T<sub>3</sub> cannot produce an immediate endothelium-dependent vasorelaxation and it is necessary to incubate for 30 min to see endothelium-independent vasorelaxant effects on the aortic tissues. Since the vehicle did not produce a concentration-dependent vasorelaxant effect in phenylephrine-precontracted rat aortic rings, it can be ruled out that the T<sub>3</sub>-induced vasorelaxation was due to tachyphylactic effects caused by the repeated application of dilutions of NaOH to aortic segments.

The vasorelaxant effect produced by  $10^{-8}$ – $10^{-4}$  M T<sub>3</sub> in phenylephrine-precontracted rat aortic rings is in agreement with numerous studies. It has been reported that: i) the bolus injection of T<sub>3</sub> elicited an immediate and transient dose-dependent vasodilator effect in rat coronary arteries (11), ii) the acute application of  $10^{-8}$ – $10^{-4}$  M L-T<sub>3</sub> or  $10^{-8}$ – $10^{-4}$  M D-T<sub>3</sub> on rat mesenteric arteries produced a concentration-dependent vasorelaxant effect (10), iii) the acute application of  $10^{-10}$ – $10^{-7}$  M T<sub>3</sub> on rat skeletal muscle resistance arteries produced a concentration-dependent vasorelaxant effect (13), and iv) the acute application of





**Figure 3.** Vasorelaxation produced by  $10^{-8}$ – $10^{-4}$  M T<sub>3</sub> in phenylephrine (PE)-precontracted rat aortic rings. Assays were carried out to test the effect of: *A*,  $10^{-5}$  M L-NG-nitroarginine methyl ester (L-NAME), *B*,  $10^{-7}$  M 1H-(1,2,4)oxadiazolo[4,3-a]quinoxalin-1-one (ODQ), and *C*,  $10^{-6}$  M (9S,10*R*, 12R)-2,3,9,10,11,12-hexahydro-10-methoxy-2,9-dimethyl-1-oxo-9,12-epoxy-1*H*-diindolo[1,2,3-fg: 3',2',1'-k/]pyrrolo[3,4-i](1,6) benzodiazocine-10-carboxylic acid, methyl ester (KT 5823). Data are reported as means  $\pm$  SE (n=8). \*P<0.05 vs control (two-way ANOVA).



 $10^{-6}$ – $10^{-4}$  M L-T $_3$  or  $10^{-6}$ – $10^{-4}$  M D-T $_3$  on rabbit mesenteric arteries produced a concentration-dependent vasorelaxant effect (8). However, the current results are in contrast with a previous study in which the cumulative application of  $10^{-7}$ – $10^{-4.5}$  M T $_3$  did not produce significant changes in rat aortic segments (3). Discrepancies in the reported vascular effect of T $_3$  may be related to differences in experimental conditions, such as the concentrations of T $_3$  applied and the type of vascular tissue studied (i.e., conductance or resistance vessels).

The current findings suggest that endothelium-independent mechanisms were not involved in this vasorelaxant effect. These findings contrast with two previous studies in which: after endothelial denudation,  $10^{-10}$ – $10^{-7}$  M T $_3$  produced a moderate vasorelaxant effect in rat skeletal muscle arteries (13), and the endothelial denudation of rat mesenteric and femoral arteries did not modify the vasorelaxant effect produced by  $3 \times 10^{-7}$ – $3 \times 10^{-5}$  M T $_3$  (3). These discrepancies could be due to: i) the time frame for the T $_3$  stimulation of the endothelium-independent mechanisms (the application of all concentrations of T $_3$ 

was herein performed in about 40 min, while previous studies took over 60 min for  $T_3$  application), and ii) the endothelium-independent mechanisms are more sensitive to  $T_3$  in resistance than in capacitance vessels.

An attempt was made to determine the endothelial mechanisms involved in the vasorelaxant effect found in endothelium-intact but not -denuded aortic rings. It is known that in the vasculature, the endothelial stimulation of muscarinic M3 and M5 receptors produces a vasorelaxant effect (17). The concentration of atropine employed herein (10<sup>-6</sup> M), known to completely block muscarinic receptors (18), impeded the vasorelaxation produced by the acute application of supraphysiological concentrations of T<sub>3</sub> in endothelium-intact aortic rings. However, distilled water (vehicle of atropine) did not impede such vasorelaxation (Figure 2), suggesting the possible involvement of muscarinic receptors. Further experiments, which fall beyond the scope of this investigation, are needed to identify the specific muscarinic receptor subtype(s) involved in the vasorelaxant effect produced by T<sub>3</sub>.

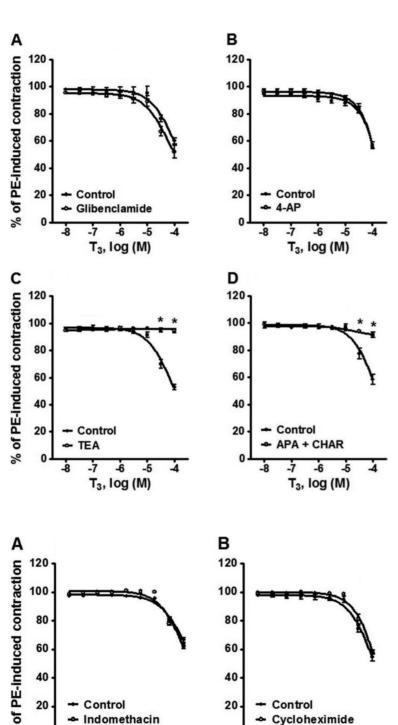


Figure 4. Vasorelaxation produced by 10<sup>-8</sup>–10<sup>-4</sup> M T<sub>3</sub> in phenylephrine (PE)-precontracted rat aortic rings. Assays were carried out to test the effect of: A,  $3.1 \times 10^{-7}$  M glibenclamide, B,  $10^{-3}$  M 4-aminopyridine (4-AP), C,  $10^{-2}$  M tetraethylammonium (TEA), and D,  $10^{-7}$  M apamin plus  $10^{-7}$  M charybdotoxin (APA+CHAR). Data are reported as means ± SE (n=8). \*P<0.05 vs control (twoway ANOVA).

Figure 5. Vasorelaxation produced by 10<sup>-8</sup>–10<sup>-4</sup> M T<sub>3</sub> in phenylephrine (PE)-precontracted rat aortic rings. Assays were carried out to test the effect of: A, 10<sup>-5</sup> M indomethacin, and B, 10<sup>-5</sup> M cycloheximide. Data are reported as means ± SE (n=8).

The current results also suggest the involvement of the NO-cGMP-PKG pathway in the vasorelaxant effect produced by 10<sup>-8</sup>–10<sup>-4</sup> M T<sub>3</sub> in rat aortic rings, since this

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Control

Cycloheximide -6

 $T_3$ , log (M)

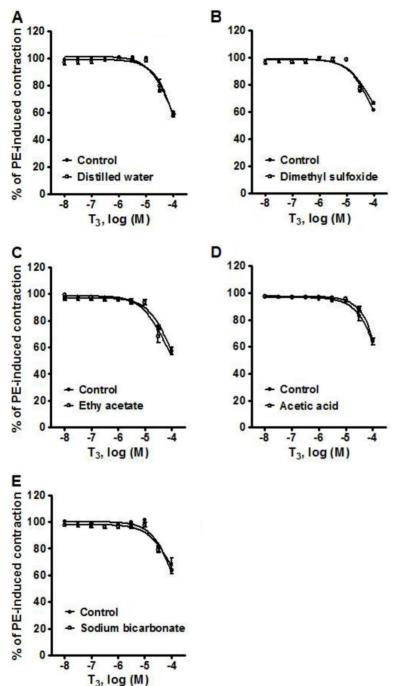
effect was significantly attenuated by 10<sup>-5</sup> M L-NAME (a direct inhibitor of NOS) (19), 10<sup>-7</sup> M ODQ (an inhibitor of nitric oxide-sensitive guanylyl cyclase) (20), and 10<sup>-6</sup> MKT

Control

Indomethacin

-Ġ  $T_3$ , log (M)

20



**Figure 6.** Vasorelaxation produced by  $10^{-8}$ – $10^{-4}$  M  $T_3$  in phenylephrine (PE)-precontracted rat aortic rings. Assays were carried out to test the effect of: A: distilled water, B,  $1.39 \times 10^{-2}$  M dimethyl sulfoxide, C,  $1.01 \times 10^{-2}$  M ethyl acetate, D,  $1.73 \times 10^{-2}$  M acetic acid, and E,  $9.4 \times 10^{-5}$  M sodium bicarbonate. Data are reported as means  $\pm$  SE (n=8).

5823 (an inhibitor of protein kinase G) (21), but unaffected by the respective vehicles (distilled water),  $1.39 \times 10^{-2}$  M dimethyl sulfoxide) and  $1.01 \times 10^{-2}$  M ethyl acetate. These findings exclude the possibility that the attenuating effect produced by L-NAME, ODQ and KT 5823 were due to tachyphylactic effects induced by their respective vehicles.

On the other hand, 10<sup>-7</sup> M ODQ and 10<sup>-6</sup> M KT 5823, but not 10<sup>-5</sup> M L-NAME inhibited the vasorelaxant

responses to 10<sup>-11</sup>–10<sup>-5</sup> M sodium nitroprusside (data not shown). These results suggest that the concentrations of ODQ and KT 5823 were high enough to inhibit the nitric oxide-sensitive guanylyl cyclase and the protein kinase G, respectively. Moreover, the fact that L-NAME did not modify the vasorelaxant effect to sodium nitroprusside suggests that this inhibitor acts specifically on the vasorelaxation dependent of the synthesis of nitric oxide.

The probable involvement of NO in the vasorelaxation produced by  $10^{-8}$ – $10^{-4}$  M T $_3$  in rat aortic rings is in line with previous studies suggesting that T $_3$  exerts a direct effect on the regulation of vascular tone through non-genomic activation of eNOS, via the TR/Pl3-kinase/Akt pathway (14). NO produced in endothelial cells by eNOS diffuses into vascular smooth muscle and directly activates soluble guanylate cyclase (22,23), leading to increased formation of cGMP. The resulting synthesis of cGMP is critical in mediating vasodilation through activation of PKG (24,25).

The present findings suggest the involvement of yet another mechanism – that of Ca<sup>2+</sup>-activated K<sup>+</sup> channels – in the vasorelaxant response produced by 10<sup>-8</sup>–10<sup>-4</sup> M T<sub>3</sub> in phenylephrine-precontracted rat aortic rings. Vasorelaxation was unaffected by  $3.1 \times 10^{-7}$  M glibenclamide (an ATPsensitive K<sup>+</sup> channel blocker) (26) and 10<sup>-3</sup> M 4-AP (a voltage-activated K<sup>+</sup> channel blocker) (27,28), but was significantly (P<0.05) attenuated by 10<sup>-2</sup> M TEA (a Ca<sup>2+</sup>-activated K<sup>+</sup> channel blocker and non-specific voltage-activated K<sup>+</sup> channel blocker) (27.29) and 10<sup>-7</sup> M apamin plus 10<sup>-7</sup> M charybdotoxin (blockers of small- and large-conductance Ca<sup>2+</sup>-activated K<sup>+</sup> channels, respectively) (30-32). Moreover, the vasorelaxant response was unaffected by distilled water (vehicle of L-NAME, 4-AP and TEA) and acetic acid (vehicle of apamin plus charybdotoxin). This emphasizes the reproducibility of these results and rules out the possibility that attenuations produced by the K+ channel blockers are due to tachyphylactic effects.

The combination of apamin plus charybdotoxin was used because it was previously reported that a complete blockage of  $Ca^{2+}$ -activated  $K^+$  channels is necessary to produce a pharmacological response (31–33). In this sense, a pilot experiment conducted in our laboratory showed that apamin alone did not modify the vasorelaxant response to  $10^{-8}$ – $10^{-4}$  M  $T_3$  (data not shown). These

observations suggest, but do not prove, that  $T_3$  produces vascular hyperpolarization attributable to the release of an endothelium-dependent hyperpolarizing factor. The above effect and mechanism was previously reported for acetylcholine (34,35). Certainly, this idea is still speculative and requires additional experiments that are beyond the scope of the present study.

There is a large body of evidence suggesting that prostacyclins (36) and protein synthesis (37) are involved in the endothelial control of vascular tone. However, the possible involvement of prostaglandin/protein synthesis in the vasorelaxation produced by  $T_3$  (38) is excluded by the current results in regard to indomethacin (a prostaglandin synthesis inhibitor) (39) and cycloheximide (a general protein synthesis inhibitor). Moreover, the lack of effect of cycloheximide on  $T_3$ -induced vasorelaxation suggests that genomic mechanisms are not involved.

The present study showed that an acute *in vitro* application of supraphysiological concentrations of  $T_3$  in endothelium-intact rat aortic rings produced an immediate vasorelaxant effect. The *in vitro* character of this study represents a limitation. Although the current findings suggest an immediate vasorelaxant effect of  $T_3$ , *in vivo* studies are needed to establish whether the administration of higher doses of  $T_3$  produces vasodepressor effects. Overall, the present results suggest some possible nongenomic mechanisms for the vasorelaxant effect observed – the NO-cGMP-PKG pathway and  $Ca^{2+}$ -activated  $K^+$  channels via activation of muscarinic receptors.

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