Supplemental Online Content

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eReferences.

This supplemental material has been provided by the authors to give readers additional information about their work.

eAppendix. Methods and Results

Methods

Systematic review and meta-analysis

We conducted a systematic search to examine the age at onset, age at death, and duration of Alzheimer disease among persons with Down syndrome. The terms "age at onset" and "age at diagnosis" were considered interchangeable. The following databases were used: PubMed/Medline, Embase, Web of Science, and CINAHL. OpenGray was used for gray literature. A medical librarian was consulted for the development of the search strategy (eTable 1). The first search was done on August 10, 2020, and a final search was completed on February 7, 2021.

Study selection and data extraction

Only peer-reviewed, original research studies written in English were eligible. No time restrictions were applied. We excluded pre-prints, reviews, abstracts, case reports, systematic reviews, or articles with a sample size <5. We excluded studies not available for full-text review after searching in three different international libraries. Regarding the full-text review process, a database compiling all decisions was created and the reason(s) for exclusion of a study were recorded. Data extraction of eligible studies was performed independently by each reviewer (MFI and DGC) and then compared for consensus. Besides the primary outcome data, we also included variables on the data source (population cohort or clinical/epidemiological records), study type (cross-sectional, longitudinal), geographic location, as well as details on the patient population including sample size, sex distribution, and availability of karyotype and/or *APOE* genotype.

Quality and risk of bias

We employed a quality assessment tool (eTable 2), adapted from the scale of McGrath and colleagues¹ to assess the methodological quality of eligible studies. Studies were assigned quality points (0, 1, 2, 3) for certain methodological characteristics and/or data descriptors (data source, quality of method for Alzheimer disease diagnosis, use of diagnostic criteria, confirmation of Down syndrome by genetic screening, sample size, number of outcomes available). The maximum was 12 points. Two researchers (MFI, DGC) performed this assessment independently.

Risk of bias of included studies was assessed using the quality scale to classify studies into low, moderate, and high risk of bias. Cohort studies, with face-to-face diagnostic interviews, and large sample sizes were considered at low risk of bias (quality score 10-12); studies with data from clinical records with a diagnostic assignment based on hospital notes or case note reviews were considered at moderate risk (score 8-9) and studies with data and diagnoses from epidemiological registries were considered at high risk of bias (score 6-7).

Data synthesis and analysis

When the outcome of interest was found in the same cohort across different studies, the largest cohort was considered for data synthesis and analysis. When a study only provided data on individual subgroups (e.g., men and women), a weighted mean and standard deviation for the combined sample were calculated, based on the formula for combining groups stated in the Cochrane Handbook for Systematic Reviews of Interventions. Interventions.²

Analyses of subgroups were conducted to examine the influence of study-level characteristics on the overall estimate of age at Alzheimer disease onset (e.g., data from population-based or convenience cohorts versus clinical records/registries, geographic location, sex, *APOE* genotype). These analyses were not performed for age at death and disease duration due to the limited number of studies (9 and 7 studies, respectively). Except for data concerning our population-based study³, which was accessible

to us, authors were not contacted to seek additional information on sex or *APOE* genotype if they were not available in the published study.

Results

Systematic review and meta-analysis

Description of included studies

A total of 44 studies had data on age at onset, with 38 (86%) containing data from population-based or convenience cohorts, and 6 (14%) from epidemiological registries or clinical records. Alzheimer disease diagnosis was based on specific clinical criteria (68%) or expert clinical judgement (32%). A total of 2595 individuals were included (median of 26 individuals per study; range 5-353). 53% were women and 12 studies did not have this information available. Additional study characteristics including confirmation of trisomy 21, study region, and design are described in eTable 4).

We found data on age at death and disease duration of Alzheimer disease in 9 and 7 studies, respectively, mainly from population-based or convenience cohorts. We included a total of 324 and 226 individuals, respectively (median of 20 individuals per study; range 6-108). 53% were women, and 3 studies did not have this information available. Further study details are available in eTable 4.

All the included studies had good methodologically quality and rigor, and risk of bias was assessed in all studies individually (eTables 5-7). For the three outcomes of interest (onset, death, duration), most studies (52%, 67%, 71%, respectively) were ranked at low risk of bias. Of note age at onset did not vary significantly between studies ranked at high, low or moderate risk of bias (eFigure 2).

We assessed the influence of biological sex, *APOE* genotype and data source on age at onset. Females and males had similar ages at onset (53.9 vs. 54.3 years) (eFigure 3). The estimate for age at onset was lower in *APOE* & carriers than in non-carriers (51.4 vs. 53.1 years) (eFigure 4) and in studies of population cohorts vs. registry data or clinical records (53.5 vs. 55.5 years) (eFigure 5). eFigure 6 also shows a sub-analysis by geographic location.

To formally investigate if the sample size the studies affected the estimate of age at onset, we computed the meta-analysis estimates iteratively using subsets of studies based on their sample size. As can be seen in the eFigure 7, the estimates of age at onset were very comparable, regardless of the sample size of the study.

Mortality analyses

US mortality data

We selected all cases with ICD codes for Down syndrome listed as the underlying cause of death and in the record axis. We excluded records that contained a code for abortion or pregnancy termination and 0 years (eTable 3). We retrieved demographic information (sex, race) and up to 20 health conditions listed on the death certificates. To evaluate potential race differences, we compared data between individuals based on the race identified on the record (black or white).

Diagnostic evaluation in the DABNI cohort

DABNI is a prospective longitudinal cohort to screen for Alzheimer disease in Down syndrome. All adults with Down syndrome living in Catalonia are invited to participate and the recruitment is part of a public health plan developed to screen and early diagnose Alzheimer disease.

Prior to data collection, all participants or their legal representatives were required to give written informed consent. The diagnostic classification of study participants was performed independently, by

the neuropsychologists and neurologists who assessed them, and it was debated during a consensus meeting masked to biomarker data. Functional status to differentiate prodromal Alzheimer disease and Alzheimer disease dementia was assessed on the basis of anamnesis, the Dementia Questionnaire for Persons with Mental retardation, and the CAMDEX-DS (CAMDEX-DS: The Cambridge Examination for Mental Disorders of Older People with Down's Syndrome and Others with Intellectual Disabilities) to differentiate decline due to cognitive impairment from pre-existing intellectual disability, placing a particular emphasis on establishing change from the individual's best level of functioning.

A diagnosis of asymptomatic was given when there was no clinical or neuropsychological suspicion of Alzheimer disease (i.e., absence of cognitive impairment beyond the intellectual and developmental disabilities, or functional decline compared to the previous functioning).

A diagnosis of prodromal Alzheimer disease was given when there was suspicion of Alzheimer disease, but symptoms did not fulfill criteria for dementia (i.e., evidence of cognitive impairment without any functional changes).

A diagnosis of Alzheimer disease dementia required evidence of cognitive impairment beyond the intellectual and developmental disabilities and that interfered with everyday activities (i.e., presence of a functional decline compared to previous functioning).

The diagnostic procedures used in our clinic follow the recommendations of the "Working Group for the Establishment of the Criteria for the Diagnosis of Dementia in Individuals with Developmental Disability".

The mortality data was obtained based on a survey with the family and review of death certificate records and medical records when available. We used the diagnosis of the last follow-up to identify dementia status.

eTable 1. Pubmed Search Strategy and Hits Retrieved

Search	Query	Hits								
1	"Down Syndrome"[Mesh]	23665								
2	((("Down Syndrome"[Mesh]) OR (Down* syndrome)) OR	43138								
	(syndrome, Down*)) OR (trisomy 21)									
3	"Alzheimer Disease"[Mesh]	85762								
4	(((((((("Alzheimer Disease"[Mesh]) OR (Alzheimer* disease)) OR	203513								
	(dementia)) OR (dementia, Alzheimer* type)) OR (Alzheimer* type									
	dementia)) OR (Alzheimer*-Type dementia)) OR (Alzheimer*									
	dementia)) OR (presenile dementia)) OR (early onset Alzheimer*									
	disease)) OR (Alzheimer* disease, early onset)) OR (presenile									
	Alzheimer* dementia)									
5	(((("Down Syndrome"[Mesh]) OR (Down* syndrome)) OR									
	(syndrome, Down*)) OR (trisomy 21) AND (humans[Filter])) AND									
	((((((((("Alzheimer Disease"[Mesh]) OR (Alzheimer* disease))									
	OR (dementia)) OR (dementia, Alzheimer* type)) OR (Alzheimer*									
	type dementia)) OR (Alzheimer*-type dementia)) OR (Alzheimer*									
	dementia)) OR (presenile dementia)) OR (early onset Alzheimer*									
	disease)) OR (Alzheimer* disease, early onset)) OR (presenile									
	Alzheimer* dementia) AND (humans[Filter]))									

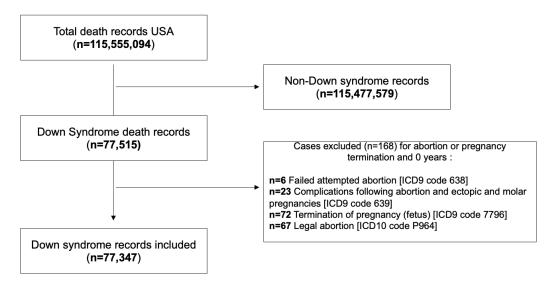
Restrictions applied: human studies. Initial search: August 10, 2021. A final search was carried out on February 7, 2021, retrieving a total of 2742 records to screen. The Pubmed search string was adapted to fit the syntax criteria of each of the other search databases.

eTable 2. Quality and Rigor Assessment of Included Studies

	Points
Source of patient data	
Clinical cohort (population-based; convenience)	3
Hospital or clinical records	2
Epidemiological registries	1
Not specified	0
Diagnosis	
Diagnostic system reported (e.g., DSM, ICD, NIA-AA, NINDS-ADRDA, local	2
guidelines)	
Own system/symptoms adequately and systematically described	1
Insufficient details on diagnostic criteria (exclusion criteria)	0
Method of diagnostic assignment	
Diagnostic interview (face to face)	3
Case note review	2
Diagnosis recorded in hospital notes or registries	1
Not specified	0
Patient selection	
Karyotype confirmation of chromosome 21 trisomy	1
No karyotype confirmation/not specified	0
Sample size	
Sample size > 50	1
Sample size <50	0
Additional 'merits'	
Data available on both outcomes (age of onset/diagnosis and age at death/duration)	2
Data available on only one outcome	1
Total	12

For risk of bias assessment, quality scores 10-12 were considered low risk, scores 8-9 were considered moderate risk and scores 6-7 were considered high risk. Age at onset/diagnosis and duration refer to the onset and duration of Alzheimer's disease dementia. Age at death refers to those who died with a diagnosis of Alzheimer disease dementia. DSM = Diagnostic and Statistical Manual of Mental Disorders; ICD = International Classification of Diseases; NIA-AA = National Institute on Aging and Alzheimer's Association; NINDS-ADRDA = National Institute of Neurological and Communicative Disorders and Stroke and the Alzheimer's Disease and Related Disorders Association.

eTable 3. Extraction of Death Certificate Data of Down Syndrome From CDC Records A) Flowchart of included and excluded records



B) Deaths associated with specific health conditions in Down syndrome

Health condition	ICD codes	ICD version	Total records
Abortion	640-645	ICD8	0
Missed abortion	632	ICD9	0
Legal abortion	P964	IC10	67
Termination of pregnancy	773; 779.6	ICD8, ICD9	72
Pregnancy with abortive outcome	634-639	ICD9	29
	O00-O08	ICD10	0
Congenital anomalies of heart	745.0-747.9	ICD8, ICD9	13259
	Q20.0-	ICD10	4554
	Q28.9		
Dementia/Alzheimer disease	331.0-331.9	ICD8, ICD9	840
	290.0-290.9	ICD8, ICD9	320
	294.0-294.9	ICD8, ICD9	117
	G30	ICD10	4654
	F03	ICD10	5078

 $\overline{ICD} = \underline{International\ classification\ of\ diseases}$

eTable 4. Summary Characteristics of Eligible Studies

Study characteristics, N (%)	Onset	Death	Duration
Total eligible studies	44	9	7
Data source			
Cohort	38 (86)	6 (67)	6 (86)
Records/registries	6 (14)	3 (33)	1 (14)
Study design			
Cross-sectional	23 (52)	2 (22)	1 (14)
Longitudinal	21 (48)	7 (78)	6 (86)
Diagnosis			
Defined criteria	30 (68)	4 (44)	4 (57)
Clinical judgement	14 (32)	5 (56)	3 (43)
Karyotype T21			
Yes	28 (64)	6 (67)	3 (43)
No	16 (36)	3 (33)	4 (57)
Region			
Europe	24 (55)	6 (67)	4 (57)
North America	17 (39)	3 (33)	3 (43)
South America	1 (2)	0	0
Asia	1 (2)	0	0
Oceania	1(1)	0	0
Quality points			
10-12	23 (52)	6 (67)	5 (71)
8-9	13 (30)	1 (11)	1 (14)
6-7	8 (18)	2 (22)	1 (14)

eTable 5. Extracted Data From 44 Studies on Age at Onset of Alzheimer Disease

study	country	data_source	%_female	mean_onset	SD	N	quality_rate	ROB
Martins RN, et al. 1995	Australia	cohort	50	45.7	5	6	6	High
Margallo-Lana M, et al. 2004	UK	cohort	NA	48.9	7.2	49	10	Low
Sekijima Y, et al. 1998	Japan	cohort	56	49.1	5.4	16	9	Moderate
Jones EL, et al. 2011	UK	cohort	NA	50-5	7.9	103	10	Low
Fonseca LM, et al. 2019	Brazil	cohort	23	50.5	10.3	13	9	Moderate
Wisniewski KE, et al. 1985	Ireland	cohort	75	51.0	6.0	20	7	High
Vaughan RM, et al. 2016	USA	cohort	17	51.0	6.2	6	10	Low
Raghavan R, et al. 1994	UK	clinical records	53	51.0	5.1	15	7	High
Evenhuis HM, et al 1990	Netherlands	cohort	57	51.8	4.4	14	11	Low
Hithersay R, et al. 2019	UK	cohort	55	52.0	7.1	65	12	Low
Prasher VP et al. 2008	UK	cohort	43	52.2	7.1	100	11	Low
Janicki MP, et al. 2000	USA	cohort	NA	52.8	5.2	160	11	Low
Tsiouris JA, et al. 2014	USA	cohort	55	52.8	8.2	268	8	Moderate
Prasher VP, et al. 1998	UK	cohort	71	53.0	9.9	17	9	Moderate
Colacott RA, et al. 1993	UK	clinical records	NA	53.5	7.4	18	6	High
Zigman WB, et al. 2007	USA	cohort	71	53.5	5.5	38	10	Low
Lai F, et al. 2020	USA	cohort	37	53.6	5.8	155	10	Low
Lin AL, et al. 2016	USA	cohort	100	53.7	3.2	5	9	Moderate
Naude PJ, et al. 2015	Netherlands	cohort	39	53.7	5.6	151	11	Low
Fortea J, et al. 2020	Spain, UK	cohort	4 7	53.8	6.2	83	11	Low
Prasher VP, et al. 1995a	UK	clinical records	60	54.0	1.7	20	7	High
Prasher VP, et al. 1994	UK	cohort	59	54.1	8.3	27	10	Low
Lai F, et al. 1989	USA	cohort	45	54.2	6.1	49	10	Low
Prasher VP, et al. 1995b	UK	cohort	80	54.2	8.6	15	10	Low
Aylward EH, et al. 1999	USA	cohort	50	54.2	2.9	8	9	Moderate
Startin CM, et al. 2019	UK	cohort	NA	54.5	7.0	56	11	Low
Krinsky-McHale SJ, et al. 2002	USA	cohort	71	54.5	6.9	14	9	Moderate
Coppus A, et al. 2006	Netherlands	cohort	41	54.5	5.5	85	11	Low
Tyrell J, et al. 2001	Ireland	cohort	NA	54.7	7.5	38	10	Low
Zhao Q, et al. 2011	USA	cohort	100	54.7	5.1	72	11	Low
Devenny DA, et al. 2000	USA	cohort	NA	55.0	6.3	24	9	Moderate
Ball SL, et al. 2008	Ireland	cohort	100	55.0	7.1	75	11	Low
McCarron M, et al. 2017	UK	cohort	NA	55.0	5.6	25	9	Moderate
Schupf N, et al. 2008	USA	cohort	100	55.5	6.5	74	10	Low
Sinai A, et al. 2016	UK	cohort	37	55.6	6.8	19	9	Moderate
Lee JH, et al. 2012	USA	cohort	100	55.7	6.4	74	10	Low
Krinsky-McHale SJ, et al. 2008	USA	cohort	NA	55.8	5.1	5	10	Low
Sinai A, et al. 2018	UK	clinical records	45	55.8	6.3	251	8	Moderate
Schupf N, et al. 2001	USA	cohort	NA	56.0	6 .7	11	9	Moderate
Visser FE, et al. 1997	Netherlands	cohort	NA	56.1	7.4	56	11	Low
Lao PJ, ct al. 2020	USA	cohort	47	56.3	7.2	19	8	Moderate
Hodgkins PS, et al. 1993	UK	cohort	33	56.8	19.3	6	7	High
Royston MC, ct al. 1994	UK	clinical records	NA	58.5	3.7	17	7	High
Bayen E, et al. 2018	USA	clinical records	49	58.7	7.1	353	6	High

Mean_onset = mean age at Alzheimer disease onset or diagnosis (years) in adults with Down syndrome; N = sample size; NA = not available; SD = standard deviation; ROB = risk of bias. The term cohort represents population-based or convenience cohorts. The term clinical records refers to data extracted from epidemiological registers, medical files and/or hospital records. The maximum number of points in the quality scale is 12.

eTable 6. Extracted Data From 9 Studies on Age at Death of Alzheimer Disease

study	country	data_source	% female	mean_death	SD	N	quality_rate	ROB
Raghavan R, et al. 1994	UK	clinical records	53	54.8	5.0	15	7	High
Hithersay R, et al. 2019	UK	cohort	4 7	56.1	7.0	19	12	Low
Wisniewski KE, et al. 1985	USA	cohort	17	56.6	6.5	6	10	Low
Prasher VP, et al. 1995a	UK	clinical records	60	57.7	7.4	20	7	High
Lai F, et al. 2020	USA	cohort	35	59.1	5.8	94	10	Low
Margallo-Lana M, et al. 2007	UK	cohort	NA	59.1	9.6	19	11	Low
Lai F, et al. 1989	USA	cohort	39	59.6	6.0	23	10	Low
Sinai A, et al. 2018	UK	clinical records	45	60.0	6.0	108	8	Moderate
Visser FE, et al. 1997	Netherlands	cohort	NA	61.0	7.8	20	11	Low

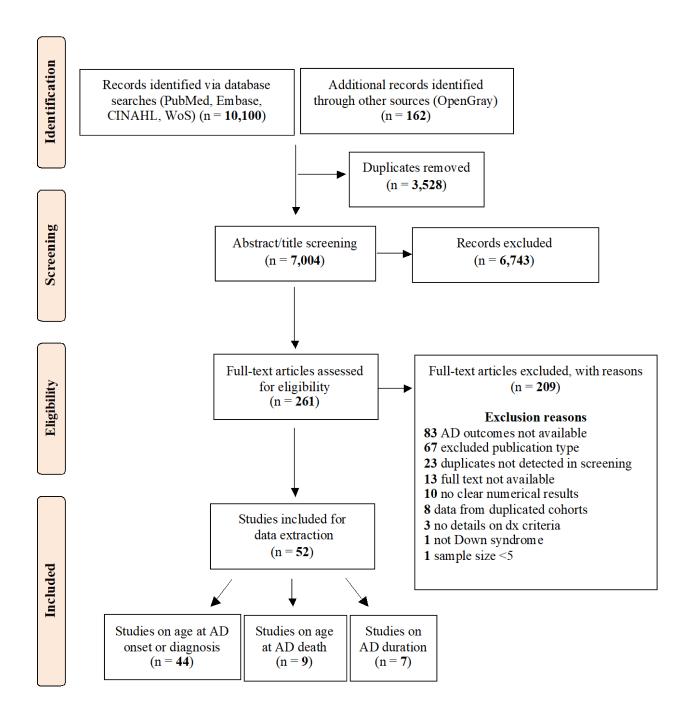
Mean_death = mean age at death (years) in those with a diagnosis of Alzheimer disease dementia among adults with Down syndrome; N = sample size; NA = not available; SD = standard deviation; ROB = risk of bias. The term cohort represents population-based or convenience cohorts. The term clinical records refers to data extracted from epidemiological registers, medical files and/or hospital records. The maximum number of points in the quality scale is 12.

eTable 7. Extracted Data From 7 Studies on Duration of Alzheimer Disease

study	country	data_source	%_female	mean_duration	SD	N	quality_rate	ROB
Margallo-Lana M, et al. 2007	UK	cohort	NA	3.2	2.0	19	11	Low
Cosgrave MP, et al. 2000	Ireland	cohort	100	3.5	2.2	8	9	Moderate
Prasher VP, et al. 1995a	UK	clinical records	60	3.7	1.3	20	7	High
Lai F, et al. 1989	USA	cohort	39	4.6	3.2	23	10	Low
McCarron M, et al. 2017	Ireland	cohort	100	5.6	3.3	56	11	Low
Lai F, et al. 2020	USA	cohort	35	5.7	3.2	94	10	Low
Wisniewski KE, et al. 1985	USA	cohort	17	5.9	2.4	6	10	Low

Mean_duration = mean duration (years) from Alzheimer disease onset or diagnosis to death in adults with Down syndrome; N = sample size; NA = not available; SD = standard deviation; ROB = risk of bias. The term cohort represents population-based or convenience cohorts. The term clinical records refers to epidemiological registers, medical files and/or hospital records. The maximum number of points in the quality scale is 12.

eFigure 1. PRISMA Flow Diagram



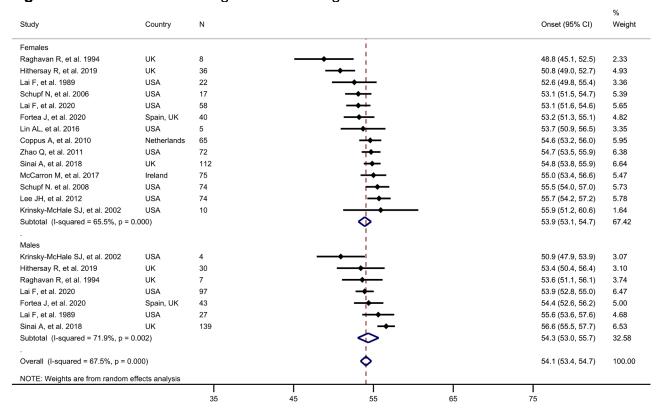
eFigure 1. PRISMA flow diagram adapted from Page et al. Systematic Reviews (2021) 10:89. AD = Alzheimer disease. Note that some eligible studies contained information on more than one outcome of interest (onset, duration, death).

eFigure 2. Association of Risk of Bias and Age at Onset Estimate

Study	Country	N				Onset (95% CI)	% Weigh
High							
Martins RN, et al. 1995	Australia	6		i		45.7 (41.7, 49.7)	1.56
Wisniewski KE, et al. 1985	Ireland	20	· →	— i		51.0 (48.4, 53.6)	2.16
Raghavan R, et al. 1994	UK	15	—	— i		51.0 (48.5, 53.6)	2.20
Colacott RA, et al. 1993	UK	18		-		53.5 (50.1, 56.9)	1.79
Prasher VP, et al. 1995a	UK	20		÷		54.0 (53.3, 54.7)	2.99
Hodgkins PS, et al. 1993	UK	6				56.8 (41.4, 72.2)	0.20
Royston MC, et al. 1994	UK	17		i —		58.5 (56.7, 60.3)	2.59
Bayen E. et al. 2018	USA	353		· •		58.7 (58.0, 59.4)	2.99
Subtotal (I-squared = 95.1%, p =		000				53.6 (50.9, 56.3)	16.49
Low							
Margallo-Lana M, et al. 2004	UK	49				48.9 (46.9, 50.9)	2.47
Jones EL, et al. 2011	UK	103		_ ;		50.5 (48.9, 52.0)	2.71
Vaughan RM, et al. 2016	USA	6				51.0 (46.0, 56.0)	1.22
	Netherlands	14					2.33
Evenhuis HM, et al 1990	1100101101100		_	$ldsymbol{\square}$		51.8 (49.5, 54.1)	
Hithersay R, et al. 2019	UK	65		$\mathbf{\Sigma}$		52.0 (50.3, 53.7)	2.61
Prasher VP et al. 2008	UK	100	-	 :		52.2 (50.8, 53.6)	2.76
Janicki MP, et al. 2000	USA	160		- -		52.8 (52.0, 53.6)	2.97
Zigman WB, et al. 2007	USA	38				53.5 (51.8, 55.2)	2.60
Lai F, et al. 2020	USA	155		*		53.6 (52.7, 54.5)	2.94
Naude PJ, et al. 2015	Netherlands	151		+		53.7 (52.8, 54.6)	2.95
Fortea J, et al. 2020	Spain, UK	83		-		53.8 (52.5, 55.2)	2.79
Prasher VP, et al. 1994	UK	27	-			54.1 (51.0, 57.2)	1.92
Lai F, et al. 1989	USA	49		→		54.2 (52.5, 55.9)	2.62
Prasher VP, et al. 1995b	UK	15	_	-		54.2 (49.8, 58.6)	1.42
Startin CM, et al. 2019	UK	56		→		54.5 (52.6, 56.3)	2.56
Coppus A, et al. 2006	Netherlands	85		++-		54.5 (53.3, 55.7)	2.85
Tyrell J, et al. 2001	Ireland	38				54.7 (52.3, 57.1)	2.29
Zhao Q, et al. 2011	USA	72		++-		54.7 (53.5, 55.9)	2.85
Ball SL, et al. 2008	Ireland	75				55.0 (53.4, 56.6)	2.67
Schupf N, et al. 2008	USA	74		-		55.5 (54.0, 57.0)	2.72
Lee JH, et al. 2012	USA	74		· 		55.7 (54.2, 57.2)	2.73
Krinsky-McHale SJ, et al. 2008	USA	5		\longrightarrow		55.8 (51.3, 60.3)	1.37
Visser FE, et al. 1997	Netherlands	56		I —		56.1 (54.2, 58.0)	2.51
Subtotal (I-squared = 74.0%, p =	0.000)			•		53.6 (53.0, 54.3)	56.84
Moderate				i			
Sekijima Y, et al. 1998	Japan	16	—			49.1 (46.5, 51.7)	2.16
Fonseca LM, et al. 2019	Brazil	13	→			50.5 (44.9, 56.1)	1.05
Tsiouris JA, et al. 2014	USA	268		→		52.8 (51.8, 53.8)	2.92
Prasher VP, et al. 1998	UK	17	_			53.0 (48.3, 57.7)	1.30
Lin AL, et al. 2016	USA	5	-			53.7 (50.9, 56.5)	2.08
Aylward EH, et al. 1999	USA	8		—		54.2 (52.2, 56.2)	2.47
Krinsky-McHale SJ, et al. 2002	USA	14	-			54.5 (50.9, 58.1)	1.71
Devenny DA, et al. 2000	USA	24		—		55.0 (52.5, 57.5)	2.22
McCarron M, et al. 2017	UK	25		—		55.0 (52.8, 57.2)	2.38
Sinai A, et al. 2016	UK	19				55.6 (52.6, 58.6)	1.96
Sinai A, et al. 2018	UK	251		1 -		55.8 (55.0, 56.6)	2.98
Schupf N, et al. 2001	USA	11				56.0 (52.0, 60.0)	1.57
Lao PJ, et al. 2020	USA	19		1		56.3 (53.0, 59.6)	1.87
Subtotal (I-squared = 72.6%, p =		1.5				54.1 (52.9, 55.3)	26.67
Overall (I-squared = 87.2%, p = 6	0.000)			\$		53.8 (53.1, 54.5)	100.0
NOTE: Weights are from random	effects analysis						
		35	45	55	65	75	

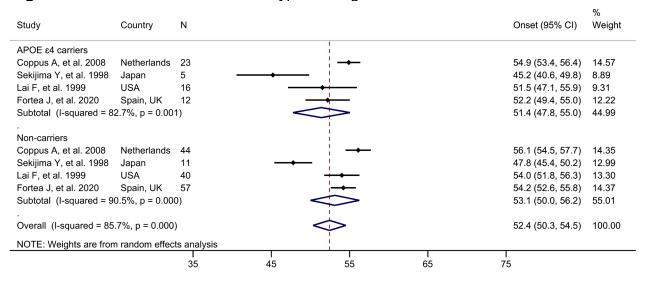
eFigure 2. Forest plot of mean age at onset or diagnosis (years) of Alzheimer disease dementia in adults with Down syndrome according to risk of bias assessment. The black diamond represents the mean with the arms reflecting the 95% confidence intervals (CIs). The unfilled blue diamond represents the overall pooled estimate, and its width represents the confidence interval.

eFigure 3. Association of Biological Sex and Age at Onset Estimate



eFigure 3. Forest plot of mean age at onset or diagnosis (years) of Alzheimer disease dementia in adults with Down syndrome according to biological sex. The black diamond represents the mean with the arms reflecting the 95% confidence intervals (CIs). The unfilled blue diamond represents the overall pooled estimate, and its width represents the confidence interval.

eFigure 4. Association of APOE Genotype and Age at Onset Estimate



eFigure 4. Forest plot of mean age at onset or diagnosis (years) of Alzheimer disease dementia in adults with Down syndrome according to *APOE* genotype. The black diamond represents the mean with the arms reflecting the 95% confidence intervals (CIs). The unfilled blue diamond represents the overall pooled estimate, and its width represents the confidence interval.

eFigure 5. Association of Data Source and Age at Onset Estimate

Study	Country	N	Onset (95% CI)	% Weigh
Cohort			I	
Martins RN, et al. 1995	Australia	6	45.7 (41.7, 49.7)	1.56
Margallo-Lana M, et al. 2004	UK	49	48.9 (46.9, 50.9)	2.47
Sekijima Y, et al. 1998	Japan	16	49.1 (46.5, 51.7)	2.16
Jones EL, et al. 2011	UK	103	50.5 (48.9, 52.0)	2.71
Fonseca LM, et al. 2019	Brazil	13	50.5 (44.9, 56.1)	1.05
Wisniewski KE, et al. 1985	Ireland	20	51.0 (48.4, 53.6)	2.16
Vaughan RM, et al. 2016	USA	6	51.0 (46.0, 56.0)	1.22
Evenhuis HM, et al. 1990	Netherlands	14	51.8 (49.5, 54.1)	2.33
		65	· · · · · · · · · · · · · · · · · · ·	
Hithersay R, et al. 2019	UK		52.0 (50.3, 53.7)	2.61
Prasher VP et al. 2008	UK	100	52.2 (50.8, 53.6)	2.76
Janicki MP, et al. 2000	USA	160	52.8 (52.0, 53.6)	2.97
Tsiouris JA, et al. 2014	USA	268	52.8 (51.8, 53.8)	2.92
Prasher VP, et al. 1998	UK	17	53.0 (48.3, 57.7)	1.30
Zigman WB, et al. 2007	USA	38	53.5 (51.8, 55.2)	2.60
Lai F, et al. 2020	USA	155	53.6 (52.7, 54.5)	2.94
Lin AL, et al. 2016	USA	5	53.7 (50.9, 56.5)	2.08
Naude PJ, et al. 2015	Netherlands	151	→ 53.7 (52.8, 54.6)	2.95
Fortea J, et al. 2020	Spain, UK	83	53.8 (52.5, 55.2)	2.79
Prasher VP, et al. 1994	UK	27	54.1 (51.0, 57.2)	1.92
Lai F, et al. 1989	USA	49	54.2 (52.5, 55.9)	2.62
Prasher VP, et al. 1995b	UK	15	54.2 (49.8, 58.6)	1.42
Aylward EH, et al. 1999	USA	8	54.2 (52.2, 56.2)	2.47
Startin CM, et al. 2019	UK	56	54.5 (52.6, 56.3)	2.56
Krinsky-McHale SJ, et al. 2002	USA	14	54.5 (50.9, 58.1)	1.71
Coppus A, et al. 2006	Netherlands	85	54.5 (53.3, 55.7)	2.85
Tyrell J, et al. 2001	Ireland	38	54.7 (52.3, 57.1)	2.29
Zhao Q, et al. 2011	USA	72	54.7 (53.5, 55.9)	2.85
Devenny DA, et al. 2000	USA	24	55.0 (52.5, 57.5)	2.22
Ball SL, et al. 2008	Ireland	75	55.0 (53.4, 56.6)	2.67
McCarron M, et al. 2017	UK	25	55.0 (52.8, 57.2)	2.38
Schupf N, et al. 2008	USA	74	55.5 (54.0, 57.0)	2.72
Sinai A, et al. 2016	UK	19	55.6 (52.6, 58.6)	1.96
Lee JH, et al. 2012	USA	74	55.7 (54.2, 57.2)	2.73
Krinsky-McHale SJ, et al. 2008	USA	5	55.8 (51.3, 60.3)	1.37
Schupf N, et al. 2001	USA	11	56.0 (52.0, 60.0)	
Visser FE, et al. 1997	Netherlands	56	56.1 (54.2, 58.0)	1.57 2.51
Lao PJ, et al. 2020	USA	19 6	56.3 (53.0, 59.6)	1.87
Hodgkins PS, et al. 1993 Subtotal (I-squared = 70.9%, p =	UK : 0.000)	0	56.8 (41.4, 72.2) 53.5 (52.9, 54.1)	0.20 84.45
Clinical records			 	
Raghavan R, et al. 1994	UK	15	51.0 (48.5, 53.6)	2.20
Colacott RA, et al. 1993	UK	18	53.5 (50.1, 56.9)	1.79
Prasher VP, et al. 1995a	UK	20	→ 54.0 (53.3, 54.7)	2.99
Sinai A, et al. 2018	UK	251	55.8 (55.0, 56.6)	2.98
Royston MC, et al. 1994	UK	17	58.5 (56.7, 60.3)	2.59
Bayen E, et al. 2018	USA	353	58.7 (58.0, 59.4)	2.99
Subtotal (I-squared = 95.2%, p =		333	55.5 (53.4, 57.6)	15.5
Overall (I-squared = 87.2%, p =	0.000)		53.8 (53.1, 54.5)	100.0
NOTE: Weights are from random	effects analysi	s	 	
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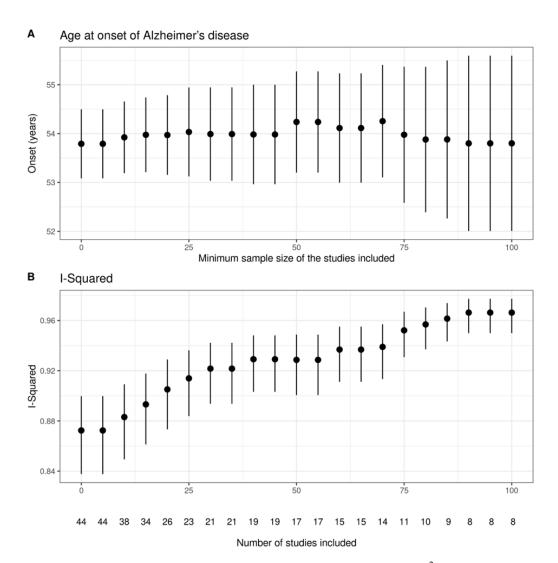
eFigure 5. Forest plot of mean age at onset or diagnosis (years) of Alzheimer disease dementia in adults with Down syndrome according to data source. The black diamond represents the mean with the arms reflecting the 95% confidence intervals (CIs). The unfilled blue diamond represents the overall pooled estimate, and its width represents the confidence interval.

eFigure 6. Association of Geographic Location and Age at Onset Estimate

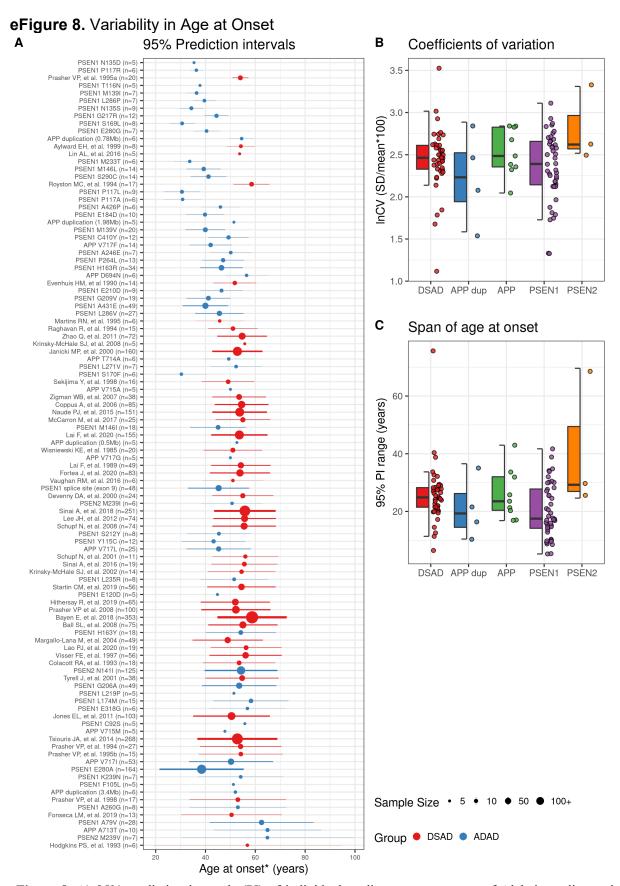
Study	Country	N				Onset (95% CI)	% Weigh
Asia-Oceania				i			
Martins RN, et al. 1995	Australia	6		1		45.7 (41.7, 49.7)	1.56
Sekijima Y, et al. 1998	Japan	16	·	– i		49.1 (46.5, 51.7)	2.16
Subtotal (I-squared = 48.6%, p =				• i		47.7 (44.5, 51.0)	3.72
Europe				-			
Margallo-Lana M, et al. 2004	UK	49	—	. i		48.9 (46.9, 50.9)	2.47
Jones EL, et al. 2011	UK	103	· · ·	– i		50.5 (48.9, 52.0)	2.71
Wisniewski KE, et al. 1985	Ireland	20	<u></u> `	— i		51.0 (48.4, 53.6)	2.16
Raghavan R, et al. 1994	UK	15		- -i		51.0 (48.5, 53.6)	2.20
Evenhuis HM, et al 1990	Netherlands	14	_	<u>`</u>		51.8 (49.5, 54.1)	2.33
Hithersay R, et al. 2019	UK	65		<u> </u>		52.0 (50.3, 53.7)	2.61
Prasher VP et al. 2008	UK	100		\perp		52.2 (50.8, 53.6)	2.76
Prasher VP, et al. 1998	UK	17		<u> </u>		53.0 (48.3, 57.7)	1.30
Colacott RA, et al. 1993	UK	18				53.5 (50.1, 56.9)	1.79
			-			, , ,	
Naude PJ, et al. 2015	Netherlands	151		$\overline{}$		53.7 (52.8, 54.6)	2.95
Fortea J, et al. 2020	Spain, UK	83				53.8 (52.5, 55.2)	2.79
Prasher VP, et al. 1995a	UK	20		*		54.0 (53.3, 54.7)	2.99
Prasher VP, et al. 1994	UK	27				54.1 (51.0, 57.2)	1.92
Prasher VP, et al. 1995b	UK	15	-	 		54.2 (49.8, 58.6)	1.42
Startin CM, et al. 2019	UK	56				54.5 (52.6, 56.3)	2.56
Coppus A, et al. 2006	Netherlands	85		++-		54.5 (53.3, 55.7)	2.85
Tyrell J, et al. 2001	Ireland	38				54.7 (52.3, 57.1)	2.29
Ball SL, et al. 2008	Ireland	75				55.0 (53.4, 56.6)	2.67
McCarron M, et al. 2017	UK	25				55.0 (52.8, 57.2)	2.38
Sinai A, et al. 2016	UK	19		\rightarrow		55.6 (52.6, 58.6)	1.96
Sinai A, et al. 2018	UK	251		I 🔷		55.8 (55.0, 56.6)	2.98
Visser FE, et al. 1997	Netherlands	56		I——		56.1 (54.2, 58.0)	2.51
Hodgkins PS, et al. 1993	UK	6		- + + -		56.8 (41.4, 72.2)	0.20
Royston MC, et al. 1994	UK	17				58.5 (56.7, 60.3)	2.59
Subtotal (I-squared = 81.9%, p =	0.000)			•		53.7 (52.9, 54.5)	55.38
Americas				- 1			
Fonseca LM, et al. 2019	Brazil	13				50.5 (44.9, 56.1)	1.05
Vaughan RM, et al. 2016	USA	6				51.0 (46.0, 56.0)	1.22
Janicki MP, et al. 2000	USA	160		` <u>-</u>		52.8 (52.0, 53.6)	2.97
Tsiouris JA, et al. 2014	USA	268		—		52.8 (51.8, 53.8)	2.92
Zigman WB, et al. 2007	USA	38				53.5 (51.8, 55.2)	2.60
Lai F, et al. 2020	USA	155				53.6 (52.7, 54.5)	2.94
Lin AL, et al. 2016	USA	5				53.7 (50.9, 56.5)	2.08
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Lai F, et al. 1989	USA	49				54.2 (52.5, 55.9)	2.62
Aylward EH, et al. 1999	USA	8				54.2 (52.2, 56.2)	2.47
Krinsky-McHale SJ, et al. 2002	USA	14				54.5 (50.9, 58.1)	1.71
Zhao Q, et al. 2011	USA	72				54.7 (53.5, 55.9)	2.85
Devenny DA, et al. 2000	USA	24				55.0 (52.5, 57.5)	2.22
Schupf N, et al. 2008	USA	74		<u> </u>		55.5 (54.0, 57.0)	2.72
Lee JH, et al. 2012	USA	74		! —		55.7 (54.2, 57.2)	2.73
Krinsky-McHale SJ, et al. 2008	USA	5		\rightarrow	•	55.8 (51.3, 60.3)	1.37
Schupf N, et al. 2001	USA	11				56.0 (52.0, 60.0)	1.57
Lao PJ, et al. 2020	USA	19				56.3 (53.0, 59.6)	1.87
Bayen E, et al. 2018	USA	353		→		58.7 (58.0, 59.4)	2.99
Subtotal (I-squared = 89.7%, p =	0.000)					54.5 (53.3, 55.7)	40.90
Overall (I-squared = 87.2%, p = 0	0.000)			\dot		53.8 (53.1, 54.5)	100.0
NOTE: Weights are from random	effects analysis						
		I			1	I	

eFigure 6. Forest plot of mean age at onset or diagnosis (years) of Alzheimer disease dementia in adults with Down syndrome according to geographic location. The black diamond represents the mean with the arms reflecting the 95% confidence intervals (CIs). The unfilled blue diamond represents the overall pooled estimate, and its width represents the confidence interval.

eFigure 7. Association of Sample Size With Age at Onset Estimate



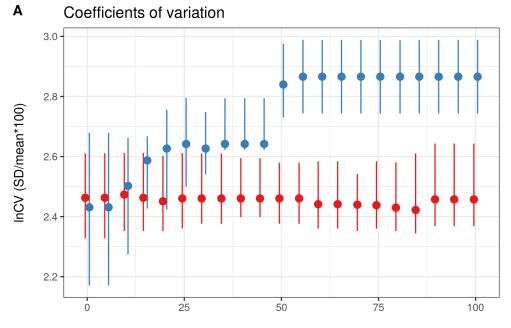
eFigure 7. Variation in the estimate of age at onset and heterogeneity (I^2) calculated in the meta-analysis according to sample size and number of studies.

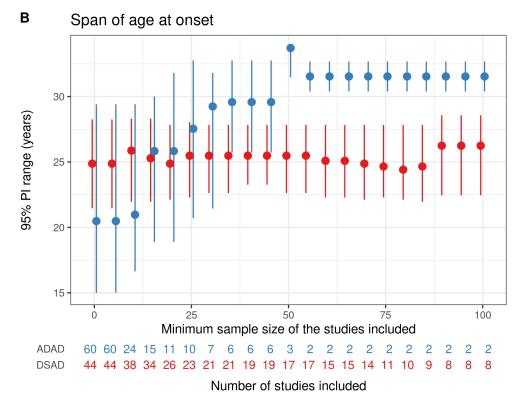


eFigure 8. A) 95% prediction intervals (PI) of individual studies on age at onset of Alzheimer disease in Down syndrome (DSAD) from our systematic review (44 studies), and from 60 studies on autosomal dominant Alzheimer disease (ADAD), as available in the systematic review of Ryman et al. 2014. B) Natural logarithm (Ln) of coefficients of variation (SD/mean*100) of the 44 included studies on DSAD, and from the 60 studies on ADAD separated by

pathogenic variant. C) The span of age at onset was calculated by computing the 95% PI range of the same studies included in (A) by subtracting the lower 95%PI to the upper 95%PI. A larger PI range indicates a wider interval (in years) in which 95% of individuals develop symptoms. Data is displayed in box and whiskers plot where the median is represented by the line and the lower and upper hinges correspond to the 25th and 75th percentiles. The upper whisker extends from the hinge to the largest value no further than 1.5*IQR (inter-quartile range) of the hinge. The lower whisker extends from the hinge to the smallest value no further than 1.5*IQR. The size of the dots in the distribution accounts for the sample size of the study. For all studies, sample size (N) was \geq 5. APP dup = APP duplications; PSEN1 = presenilin 1; PSEN2: presenilin 2.

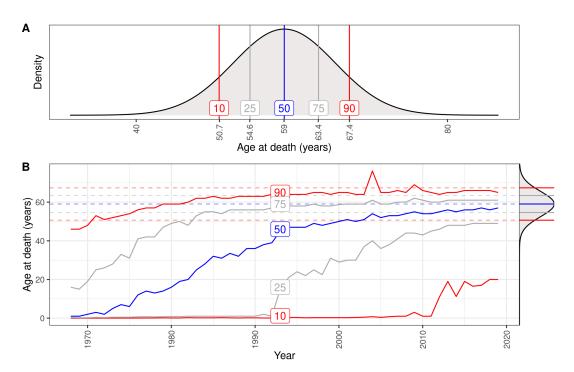
eFigure 9. Effect of Sample Size on Variability Estimates





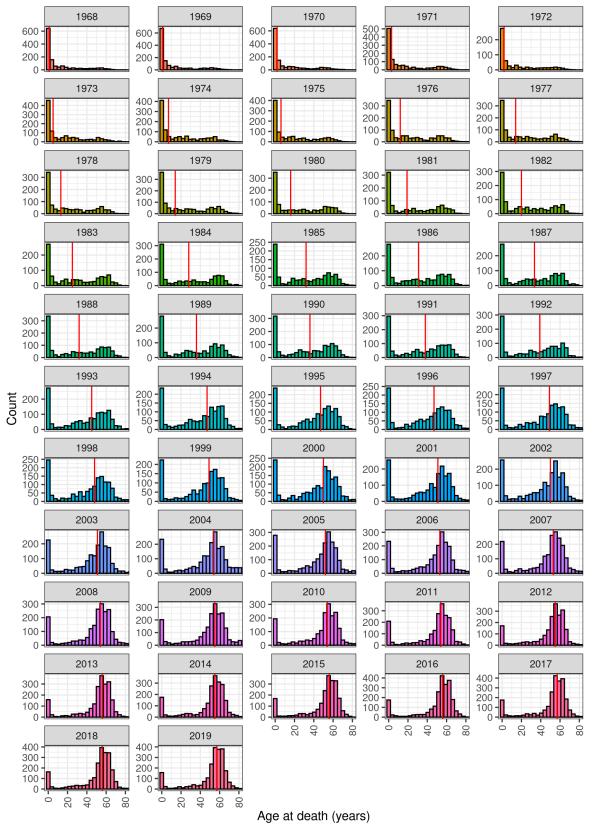
eFigure 9. A) Natural logarithm (Ln) of coefficients of variation (CV; SD/mean*100) and B) 95% prediction interval (PI) range of studies on age at onset of Alzheimer disease in Down syndrome (DSAD) from our systematic review (44 studies) and from the 60 studies on autosomal dominant Alzheimer disease (ADAD), as available in the systematic review of Ryman et al. 2014. In both cases, the minimal sample size for a study to be eligible for this analysis was ≥5. Representation of the change in CV and 95%PI range (y axis) with increasing minimal sample size of the studies included (x axis).

eFigure 10. Concordance Between Estimated and Real Distribution of Age at Death



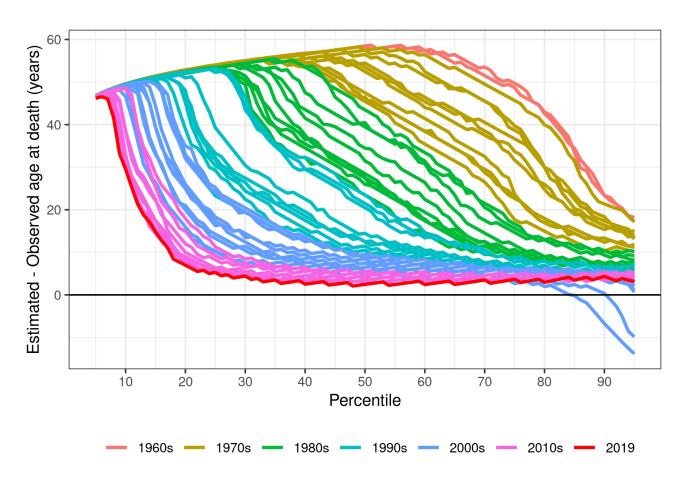
eFigure 10. A) Distribution of age at death in adults with Down syndrome based on the pooled estimate on age at death of Alzheimer disease calculated from the systematic review. B) Age at death in individuals with Down syndrome in the USA between 1968-2019. Red lines represent the 10th and 90th percentiles, gray lines represent the 25th and 75th percentiles and the median is depicted in blue. Top right: overlay of the predicted percentiles based on the distribution shown in (A).

eFigure 11. Distribution of Age at Death in Persons With Down Syndrome in the USA



eFigure 11. Frequency distribution of age at death of individuals with Down syndrome between 1968-2019 obtained from US death certificates. Counts represent the number of deaths occurring each year in each age interval. The median is depicted by the red line. Note the dramatic increase in median age at death in the past decades from age 1 (1968) to age 57 (2019).

eFigure 12. Difference Between the Estimated and Observed Age at Death of People With Down Syndrome in the USA Between 1968-2018



eFigure 12. Representation of the difference between the estimated age at death based on the hypothetical model of full Alzheimer disease penetrance (built with data from age at Alzheimer disease onset and duration) and the observed age at death obtained in US death certificates for each percentile and across each year.

eReferences.

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